



# CANADA SURVEY

2025 SURVEY (WAVE 9)

DECEMBER 16, 2025



### ACKNOWLEDGEMENTS

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### SUGGESTED CITATION

HAMMOND D. INTERNATIONAL FOOD POLICY STUDY: CANADA SURVEY – 2025 SURVEY (WAVE 9). UNIVERSITY OF WATERLOO. DECEMBER 2025.

### CONTACT

DAVID HAMMOND PhD  
SCHOOL OF PUBLIC HEALTH SCIENCES  
UNIVERSITY OF WATERLOO  
WATERLOO, ON CANADA N2L 3G1  
DHAMMOND@UWATERLOO.CA  
WWW.DAVIDHAMMOND.CA



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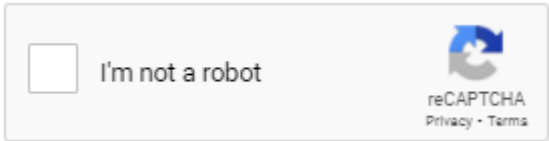
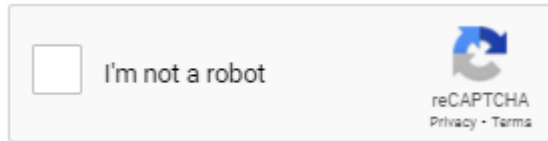
## NIELSEN INVITATION & PRESCREENER

| DOMAIN<br>SOURCE                                                       | ENGLISH                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>SAMPLE INVITATION</b><br><br><b>REVISED 2023</b>                    | <b>We've found a survey for you!</b><br><br><b>Simply click “Continue” to begin the survey.</b><br><br>NOTE TO ETHICS: This is an email and dashboard app invitation sent to panelists by Nielsen and their partner panels. If panelists select ‘continue’ they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email/dashboard app invitations about panel incentives.                                                                                                                                                                                                                                                                                                                                                                      | <b>Nous avons un sondage pour vous!</b><br><br><b>Cliquez sur « Continuer » pour commencer le sondage.</b><br><br>NOTE TO ETHICS: This is an email and dashboard app invitation sent to panelists by Nielsen and their partner panels. If panelists select ‘continue’ they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email/dashboard app invitations about panel incentives.                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>PANELIST LANGUAGE</b><br><br><b>NEW 2023</b><br><b>REVISED 2024</b> | <i>UNIVERSE: Canada English</i><br><b>Would you prefer to continue in English or French?</b><br><b>Préférez-vous continuer en anglais ou en français?</b><br>English / Anglais<br>French / Français<br><br>NOTE TO ETHICS: This is used for routing by Nielsen.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <i>UNIVERSE: Canada French and US Spanish</i><br><b>Préférez-vous continuer en français ou en anglais?</b><br><b>Would you prefer to continue in French or English?</b><br>Français / French<br>Anglais / English<br><br>NOTE TO ETHICS: This is used for routing by Nielsen.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b>PANELIST AGE</b><br><br><b>NEW 2019</b>                             | <b>What is your age?</b><br><i>[numeric]</i><br><i>[If &lt;18 or &gt;100: TERMINATE]</i><br><br>NOTE TO ETHICS: This is used as a quota screener by Nielsen.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <b>Quel est votre âge?</b><br><i>[numeric]</i><br><i>[If &lt;18 or &gt;100: TERMINATE]</i><br><br>NOTE TO ETHICS: This is used as a quota screener by Nielsen.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
| <b>PANELIST SEX</b><br><br><b>NEW 2019</b><br><b>REVISED 2021</b>      | <b>What sex were you assigned at birth, meaning on your original birth certificate?</b><br>Male<br>Female<br><br>NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>Quel sexe vous a-t-on attribué à la naissance, soit sur votre certificat de naissance?</b><br>Masculin<br>Féminin<br><br>NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| <b>PARENTAL STATUS</b><br><br><b>NEW 2019</b>                          | <b>Please choose the options that best describe your household:</b><br>[PROGRAMMER NOTE: Allow participants to select more than one of the first 3 options]<br>I am pregnant/expecting a child within the next 9 months<br>I have one or more children under the age of 18 living in my household<br>I have one or more children aged 18 or older living in my household<br>I have no children living in my household and I am not pregnant/expecting a child within the next 9 months<br><br>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study ‘International Food Policy Study – Youth’. This question is not used to determine eligibility for the present study. The data will not be provided to researchers. | <b>Merci de choisir les réponses correspondant à la situation de votre foyer :</b><br>[PROGRAMMER NOTE: Allow participants to select more than one of the first 3 options]<br>Je suis enceinte ou j'attends un enfant dans les 9 prochains mois.<br>Je suis le parent/tuteur légal d'un ou de plusieurs enfants de moins de 18 ans vivant dans mon ménage.<br>Je suis le parent/tuteur légal d'un ou de plusieurs enfants âgés de 18 ans ou plus vivant dans mon ménage.<br>Je n'ai pas d'enfant à la maison et je ne suis pas enceinte ou n'attends pas d'enfant au cours des 9 prochains mois.<br><br>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study ‘International Food Policy Study – Youth’. This question is not used to determine eligibility for the present study. The data will not be provided to researchers. |

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|---------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>CHILD AGE AND GENDER</b></p> <p>NEW 2019<br/>REVISED 2020</p> | <p><i>UNIVERSE: Respondents who indicated they had a child under the age of 18 living in the household.</i></p> <p><b>Please indicate the age and gender of any children under the age of 18 living in your household:</b></p> <p>[PROGRAMMER NOTE: Allow participants to select more than one option]</p> <p>Boy under age 1<br/>Girl under age 1<br/>Boy age 1<br/>Girl age 1<br/>Boy age 2<br/>Girl age 2<br/>Boy age 3<br/>Girl age 3<br/>Boy age 4<br/>Girl age 4<br/>Boy age 5<br/>Girl age 5<br/>Boy age 6<br/>Girl age 6<br/>Boy age 7<br/>Girl age 7<br/>Boy age 8<br/>Girl age 8<br/>Boy age 9<br/>Girl age 9<br/>Boy age 10<br/>Girl age 10<br/>Boy age 11<br/>Girl age 11<br/>Boy age 12<br/>Girl age 12<br/>Boy age 13<br/>Girl age 13<br/>Boy age 14<br/>Girl age 14<br/>Boy age 15</p> | <p><i>UNIVERSE: Respondents who indicated they had a child under the age of 18 living in the household.</i></p> <p><b>Veillez indiquer l'âge et le sexe des enfants de moins de 18 ans vivant dans votre ménage :</b></p> <p>[PROGRAMMER NOTE: Allow participants to select more than one option]</p> <p>Garçon âgé de moins de 1 an<br/>Fille âgée de moins de 1 an<br/>Garçon âgé de 1 an<br/>Fille âgée de 1 an<br/>Garçon âgé de 2 ans<br/>Fille âgée de 2 ans<br/>Garçon âgé de 3 ans<br/>Fille âgée de 3 ans<br/>Garçon âgé de 4 ans<br/>Fille âgée de 4 ans<br/>Garçon âgé de 5 ans<br/>Fille âgée de 5 ans<br/>Garçon âgé de 6 ans<br/>Fille âgée de 6 ans<br/>Garçon âgé de 7 ans<br/>Fille âgée de 7 ans<br/>Garçon âgé de 8 ans<br/>Fille âgée de 8 ans<br/>Garçon âgé de 9 ans<br/>Fille âgée de 9 ans<br/>Garçon âgé de 10 ans<br/>Fille âgée de 10 ans<br/>Garçon âgé de 11 ans<br/>Fille âgée de 11 ans<br/>Garçon âgé de 12 ans<br/>Fille âgée de 12 ans<br/>Garçon âgé de 13 ans<br/>Fille âgée de 13 ans<br/>Garçon âgé de 14 ans<br/>Fille âgée de 14 ans</p> |
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|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>Girl age 15<br/>Boy age 16<br/>Girl age 16<br/>Boy age 17<br/>Girl age 17<br/>None of the above</p> <p>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data will not be provided to researchers.</p> | <p>Garçon âgé de 15 ans<br/>Fille âgée de 15 ans<br/>Garçon âgé de 16 ans<br/>Fille âgée de 16 ans<br/>Garçon âgé de 17 ans<br/>Fille âgée de 17 ans<br/>Aucune de ces réponses.</p> <p>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data will not be provided to researchers.</p> |
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## ELIGIBILITY SCREENER & INFORMATION/CONSENT (IN ALCHEMER)

| DOMAIN<br>SOURCE                                                     | ENGLISH                                                                                                                                                                                                                                                                                                                                                                                                                                                | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| <b>ELIGIBILITY INTRO</b><br><br><b>REVISED 2024</b><br><br>RECAPTCHA | <p>Before you continue to the study information, we need to confirm your eligibility with a few short questions.</p> <p>Please check the box below, and click 'Next' to proceed with the survey.</p> <div data-bbox="344 873 888 1013">  </div> <p><i>[PROGRAMMER NOTE: Utilize ReCAPTCHA and Duplicate Protection function based on IP address in Alchemer]</i></p> | <p>Avant de passer à l'information sur l'enquête, nous devons confirmer votre admissibilité en vous posant quelques courtes questions.</p> <p>Veuillez cocher la case ci-dessous et cliquer sur « Suivant » pour commencer l'enquête.</p> <div data-bbox="1192 906 1736 1045">  </div> <p>[Je ne suis pas un robot]</p> <p><i>[PROGRAMMER NOTE: Utilize ReCAPTCHA and Duplicate Protection function based on IP address in Alchemer]</i></p> |
| <b>AGE</b><br><br><b>REVISED 2019</b><br><br>AGE                     | <p>How old are you?<br/>[numeric]<br/>[If &lt;18 or &gt;100: "Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company."]</p>                                                                                                                                                                                                                                                 | <p>Quel âge avez-vous?<br/>[numeric]<br/>[If &lt;18 or &gt;100: Malheureusement, vous n'êtes pas admissible à participer à l'étude. Merci de votre temps. Vous serez maintenant redirigé vers l'agence de sondage.]</p>                                                                                                                                                                                                                                                                                                          |

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| <b>SEX AT BIRTH</b><br>CIHR SUGGESTED<br>METHOD (GRETA<br>BAUER, WESTERN)<br><br><b>REVISED 2024</b><br><br>SEX | <b>What sex were you assigned at birth, meaning on your original birth certificate?</b><br>Male<br>Female<br>Don't know<br>Refuse to answer                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <b>Quel sexe vous a-t-on attribué à la naissance, soit sur votre certificat de naissance?</b><br>Masculin<br>Féminin<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| <b>SEX AT BIRTH FOLLOW-UP</b><br><br><b>NEW 2024</b><br><br>SEX2                                                | <i>UNIVERSE: Sex = 'Don't know' or 'Refuse to answer'</i><br>We know this can be a sensitive question for some people. We ask about sex-at-birth because it helps us to understand the profile of survey respondents. If you are not comfortable answering the question, you can choose 'Don't know' or 'Refuse to answer'. (We'll ask about your gender identity later in the survey).<br><br><b>What sex were you assigned at birth, meaning on your original birth certificate?</b><br>Male<br>Female<br>X (not specified on birth certificate)<br>Don't know<br>Refuse to answer                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <i>UNIVERSE: Sex = 'Don't know' or 'Refuse to answer'</i><br>Nous savons qu'il peut s'agir d'une question sensible pour certaines personnes. Le sexe à la naissance est demandé afin de nous aider à comprendre le profil des répondants à l'enquête. Si vous n'êtes pas à l'aise de répondre à cette question, vous pouvez choisir « Je ne sais pas » ou « Je refuse de répondre ». (Nous vous demanderons votre identité de genre plus tard dans l'enquête.)<br><br><b>Quel sexe vous a-t-on attribué à la naissance, soit sur votre certificat de naissance?</b><br>Masculin<br>Féminin<br>X (non spécifié sur le certificat de naissance)<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>INFO</b><br><br><b>REVISED 2019-2025</b>                                                                     | <b>Before you start the survey, please read the following information and let us know if you agree to participate.</b> <ul style="list-style-type: none"> <li>- The survey will examine eating patterns in different countries. The study is being conducted by Professor David Hammond at the University of Waterloo, Canada.</li> <li>- You must be 18 years of age or older to participate in the study.</li> <li>- The survey will ask you questions about your diet and nutrition, and other health-related behaviours such as smoking and alcohol use. The survey will take about 30 minutes.</li> <li>- Participation is voluntary. You can click 'refuse to answer' to any question you do not wish to answer. You can choose to stop the study at any time without penalty. If you choose to stop participating, you may receive your incentive by selecting 'refuse to answer' for all further questions until the end of the survey. Any data already collected may be used in the study, unless you contact the researcher to have it deleted.</li> <li>- We take your privacy very seriously and will make every effort to keep your information strictly confidential. We will never share your</li> </ul> | <b>Avant que vous commenciez à répondre à l'enquête, veuillez lire les renseignements suivants et nous indiquer si vous acceptez d'y participer.</b> <ul style="list-style-type: none"> <li>- L'enquête traite des habitudes alimentaires dans différents pays. L'étude est dirigée par le professeur David Hammond de l'Université de Waterloo au Canada.</li> <li>- Vous devez être âgé de 18 ans et plus pour participer à l'étude.</li> <li>- L'enquête comporte des questions sur votre alimentation et sur d'autres comportements liés à la santé tels que le tabagisme ou la consommation d'alcool. L'enquête durera environ 30 minutes.</li> <li>- La participation est volontaire. Vous pouvez sélectionner « Je refuse de répondre » pour toute question à laquelle vous ne souhaitez pas répondre. Vous pouvez choisir d'interrompre l'étude à tout moment sans pénalité. Si vous décidez d'arrêter votre participation, vous pouvez tout de même recevoir votre compensation en sélectionnant « Je refuse de répondre » à toutes les questions suivantes jusqu'à la fin de l'enquête. Toutes les données déjà collectées peuvent être utilisées dans le cadre de l'étude, à moins que vous ne communiquiez avec le chercheur pour demander qu'elles soient supprimées.</li> </ul> |

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|                                                                           | <p>personal information with any company or marketing firm. The study data will be collected using Alchemer software. Internet protocol (IP) addresses may be recorded by the software program used for this study to avoid duplicate responses in the dataset, but this information will not be used by the researchers or the owners of the program to identify you personally. When information is transmitted over the internet, privacy cannot be guaranteed. There is always a risk your responses may be intercepted by a third party (e.g., government agencies, hackers).</p> <ul style="list-style-type: none"> <li>- The data will be stored for a minimum of 7 years on a secure University of Waterloo server in Canada. Analyses may also be conducted by international research team members, but only using de-identified data stored on password-protected computers.</li> <li>- This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Board (REB # 30829). However, the final decision about participation is yours. Participants who have concerns or questions about their involvement in the project may contact the Office of Research Ethics toll-free at 1-833-643-2379 (Canada and USA), 1-519-888-4440 or <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>.</li> <li>- If you have any questions about the study, please contact Professor David Hammond of the University of Waterloo, at 519-888-4567 ext. 46462 or <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>.</li> </ul> | <ul style="list-style-type: none"> <li>- Le respect de votre vie privée est très important pour nous, et nous ferons tout en notre pouvoir pour préserver la confidentialité de vos renseignements. Nous ne communiquerons jamais vos renseignements personnels à une entreprise ou à un cabinet de marketing quelconque. Les données de l'étude seront recueillies à l'aide du logiciel Alchemer. Les adresses de protocole Internet (IP) peuvent être enregistrées par les logiciels de l'étude afin d'éviter les doublons de réponses dans le jeu de données, mais cette information ne sera pas utilisée par les chercheurs ou les propriétaires des programme pour vous identifier personnellement. Lorsque des renseignements sont transmis sur Internet, la confidentialité ne peut être garantie. Il y a toujours un risque qu'une tierce partie intercepte vos réponses (p. ex., des organismes gouvernementaux, des pirates informatiques).</li> <li>- Les données seront conservées pendant au moins sept ans, et ce, sur un serveur sécurisé à l'Université de Waterloo au Canada. Les analyses peuvent également être effectuées par des membres d'équipes de recherche internationales, mais uniquement à l'aide de données dépersonnalisées entreposées sur des ordinateurs protégés par un mot de passe.</li> <li>- Ce projet a été examiné par un conseil d'éthique de la recherche de l'Université de Waterloo, lequel l'a avalisé (REB #30829). Cependant, la décision définitive d'y participer vous appartient entièrement. Les participantes et les participants qui éprouvent des préoccupations ou qui ont des questions au sujet de leur participation au projet sont invités à communiquer avec le bureau d'éthique de la recherche en composant le 1-833-643-2379 (numéro gratuit - Canada et USA), le 1-519-888-4440, ou en écrivant à <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>.</li> <li>- Si vous avez des questions au sujet de cette étude, veuillez communiquer avec le professeur David Hammond de l'Université de Waterloo en composant le 519-888-4567, poste 46462, ou en écrivant à <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>.</li> </ul> |
| <p><b>CONSENT</b></p> <p>REVISED 2021<br/>REVISED 2025</p> <p>CONSENT</p> | <p><i>By providing your consent, you are not waiving your legal rights or releasing the investigator(s) or involved institution(s) from their legal and professional responsibilities.</i></p> <p><b>Based on the information you received, do you agree to take part in this research study?</b></p> <p>Yes → [continue to survey]</p> <p>No → Thank you for your time. You will now be redirected back to the survey company. [TERMINATE]</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <p><i>En fournissant votre accord, vous ne renoncez pas à vos droits légaux ni ne libérez les chercheurs ou les institutions participantes de leurs responsabilités légales et professionnelles.</i></p> <p><b>Selon les renseignements que vous avez obtenus, acceptez-vous de participer à cette étude de recherche?</b></p> <p>Oui → [continue to survey]</p> <p>Non → Merci de votre temps. Vous serez maintenant redirigé vers l'agence de sondage.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |

## DEMOGRAPHICS

| DOMAIN<br>SOURCE                                                                                                        | ENGLISH                                                                                                                                                                                                                                                 | FRENCH TRANSLATION                                                                                                                                                                                                                                                                       |
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| <b>PREAMBLE</b><br>REVISED 2020<br>REVISED 2023                                                                         | First, we'd like to ask a few questions about your background.                                                                                                                                                                                          | Premièrement, nous aimerions vous poser quelques questions concernant certains renseignements contextuels.                                                                                                                                                                               |
| <b>GENDER</b><br>CIHR SUGGESTED METHOD<br>(GRETA BAUER, WESTERN)<br><br>REVISED 2025 (FR)<br><br>GENDER<br>GENDER_OTEXT | What is your current gender identity?<br>Man<br>Woman<br>Trans male/trans man<br>Trans female/trans woman<br>Gender queer/gender non-conforming<br>Different identity → Please specify: <i>[open-ended]</i><br>Don't know<br>Refuse to answer           | Quelle est votre identité de genre actuelle?<br>Masculin<br>Féminin<br>Trans masculin / homme trans<br>Trans féminine / femme trans<br>Queer / non conforme dans le genre<br>Autre identité → Veuillez préciser :<br>Je ne sais pas<br>Je refuse de répondre                             |
| <b>STUDENT STATUS</b><br><br>STUDENT                                                                                    | Are you currently a student?<br>No<br>Yes, full-time<br>Yes, part-time<br>Don't know<br>Refuse to answer                                                                                                                                                | Êtes-vous aux études actuellement?<br>Non<br>Oui, à temps plein<br>Oui, à temps partiel<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                       |
| <b>CHILDREN – ANY</b><br><br>REVISED 2024<br><br>CHILD_ANY                                                              | Do you have any children (including step-children)?<br>Yes<br>No<br>Don't know<br>Refuse to answer                                                                                                                                                      | Avez-vous des enfants (y compris des beaux-fils et des belles-filles)?<br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                          |
| <b>CHILDREN IN HOME - NUMBER</b><br>BRFSS ADAPTED<br><br>REVISED 2024<br><br>CHILD_HOME                                 | UNIVERSE: Respondents with children ( <i>child_any=yes</i> )<br>How many of your children <u>under the age of 18 live in your household (including step-children)?</u><br><i>[dropdown with numbers from 0 to 10]</i><br>Don't know<br>Refuse to answer | UNIVERSE: Respondents with children ( <i>child_any=yes</i> )<br>Combien de vos enfants <u>âgés de moins de 18 ans vivent dans votre ménage</u> (y compris des beaux-fils et de belles-filles)?<br><i>[dropdown with numbers from 0 to 10]</i><br>Je ne sais pas<br>Je refuse de répondre |

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| <b>CHILDREN IN HOME – AGES</b><br><br><b>REVISED 2019</b><br><br>CHILD#_AGE<br>CHILD#_DKR | UNIVERSE: Respondents with at least 1 child <18 in household (child_home>0)<br><b>Please enter the age[s] of your child[ren] who [is/are] under 18 that live[s] in your household, in years, in the box(es) below.</b><br>Child #1 Age: [numeric, decimal allowed]<br>Child #2 Age: [numeric, decimal allowed]<br>Child #... [PROGRAMMER NOTE: add rows based on response to number of children living in household, up to 10 children]<br>Don't know<br>Refuse to answer | UNIVERSE: Respondents with at least 1 child <18 in household (child_home>0)<br><b>Veuillez indiquer l'âge de [votre enfant/vos enfants] de moins de 18 ans qui [vit/vivent] avec vous dans la ou les cases ci-dessous.</b><br>Enfant #1 Âge: [numeric, decimal allowed]<br>Enfant #2 Âge: [numeric, decimal allowed]<br>Enfant #... [PROGRAMMER NOTE: add rows based on response to number of children living in household, up to 10 children]<br>Je ne sais pas<br>Je refuse de répondre |
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## FOOD SOURCES

| DOMAIN<br>SOURCE                                                                                                                                  | ENGLISH                                                                                                                                                                                                                                                                                                                                                                                                                                                  | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
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| <b>FOOD SOURCE – EATING OUT FREQUENCY</b><br>NHANES adapted<br><br><b>REVISED 2024</b><br><b>(French translation)</b><br><br>EATOUT<br>EATOUT_DKR | <p>Next, I'm going to ask you about meals. By meal, I mean BREAKFAST, LUNCH AND DINNER.</p> <p>During the PAST 7 DAYS, how many meals did you get that were PREPARED AWAY FROM HOME in places such as restaurants, fast food places, food stands, or from vending machines?</p> <p>Only include snacks if they counted as your meal.<br/>Do NOT include today.</p> <p>Enter number: _____ meals [numeric 0-21]<br/> Don't know<br/> Refuse to answer</p> | <p>Ensuite, nous allons vous poser des questions sur les repas (LE DÉJEUNER, LE DÎNER, LE SOUPER).</p> <p>Pendant les 7 DERNIERS JOURS, combien de repas avez-vous mangé qui étaient préparés à L'EXTÉRIEUR DE LA MAISON, dans des endroits tels que des restaurants avec service à la table, des établissements de restauration rapide, des camion-restaurants, ou des machines distributrices?</p> <p>Incluez les collations seulement si elles étaient considérées comme un repas.<br/>N'incluez PAS aujourd'hui.</p> <p>Veillez en inscrire le nombre: _____ repas [numérique 0-21]<br/> Je ne sais pas<br/> Je refuse de répondre</p> |

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| <p><b>FOOD SOURCE –<br/>PURCHASE FORMAT FOR<br/>FOOD PREPARED<br/>OUTSIDE THE HOME</b></p> <p><b>REVISED 2019<br/>REVISED 2025</b></p> <p>FROM_DELSERV<br/>FROM_DELDIRECT<br/>FROM_NEAR<br/>FROM_FAR<br/>FROM_INPERSON<br/>FROM_DKR</p> | <p><i>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout&gt;0)</i></p> <p><b>You said you had [#] meal(s) prepared outside the home in the past 7 days.</b></p> <p><b>How many of those meals were...</b></p> <p>[numeric] Ordered using a food delivery service (e.g., UberEats, Just Eat, Skip the Dishes) and delivered to you</p> <p>[numeric] Ordered directly from a restaurant and delivered to you</p> <p>[PROGRAMMER NOTE: Randomize 50% of respondents to complete both of the ‘in-person’ items with specifications on distance, and the other 50% to complete a general ‘in-person’ item (no distance specification).]</p> <p>[numeric] Purchased <b>in person at a restaurant / food outlet within 5 minutes of your home</b> (using your usual mode of transportation, e.g., walk, drive, or public transit), <b>excluding delivery</b></p> <p>[numeric] Purchased <b>in person at a restaurant / food outlet more than 5 minutes away from your home</b> (using your usual mode of transportation, e.g., walk, drive, or public transit), <b>excluding delivery</b></p> <p>[numeric] Purchased in person at a restaurant / food outlet, excluding delivery</p> <p>Don't know</p> <p>Refuse to answer</p> | <p><i>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout&gt;0)</i></p> <p><b>Vous avez indiqué que [#] repas a/ont été préparé(s) hors de chez vous pendant les 7 derniers jours.</b></p> <p><b>Combien de ces repas étaient...</b></p> <p>[numeric] Commandés avec un service de livraison de nourriture (e.g. UberEats, Just Eat, Skip du resto jusqu'à vous)</p> <p>[numeric] Commandés d'un restaurant et livré chez vous</p> <p>[PROGRAMMER NOTE: Randomize 50% of respondents to complete both of the ‘in-person’ items with specifications on distance, and the other 50% to complete a general ‘in-person’ item (no distance specification).]</p> <p>[numeric] Achetés <b>en personne dans un restaurant ou un point de vente alimentaire à 5 minutes de chez vous</b> (avec votre mode de transport typique, p. ex. à pied, en voiture, transports en commun) <b>et non pas livrés</b></p> <p>[numeric] Achetés <b>en personne dans un restaurant ou un point de vente alimentaire à plus de 5 minutes de chez vous</b> (avec votre mode de transport typique, p. ex. à pied, en voiture, transports en commun) <b>et non pas livrés</b></p> <p>[numeric] Achetés en personne dans un restaurant ou un point de vente alimentaire et non pas livrés</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> |
| <p><b>FOOD SOURCE – %<br/>PREPARED OUTSIDE<br/>HOME</b></p> <p>EATOUT_PERC<br/>EATOUT_PERC_DKR</p>                                                                                                                                      | <p><b>Thinking about ALL THE FOOD YOU ATE during the past 7 days, INCLUDING SNACKS, what percentage was prepared outside the home?</b></p> <p>Enter percentage: _____ [numeric percentage, 0 to 100%]</p> <p>Don't know</p> <p>Refuse to answer</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <p><b>En pensant à TOUTE LA NOURRITURE que vous avez mangé pendant les 7 derniers jours, INCLUANT LES COLLATIONS, quel pourcentage a été préparé à l'extérieur de la maison?</b></p> <p>Indiquez le pourcentage : [] %</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <p><b>FOOD SOURCE – AT<br/>HOME INTRO</b></p>                                                                                                                                                                                           | <p><b>We are now going to ask you about the food you ate during the past 7 days that was PREPARED AT HOME.</b></p> <p>For example: If you made lunch at home and brought it to work or school, this would be "prepared at home". If your food came from home - even if it needed little or no preparation (e.g., an apple or crackers) - that counts as "prepared at home". Include food prepared by you or someone else at home.</p> <p>DO NOT include drinks.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | <p><b>Nous allons maintenant vous poser des questions sur la nourriture que vous avez mangée pendant les 7 derniers jours qui était préparée à la maison.</b></p> <p>Par exemple : un dîner préparé à la maison et apporté au travail ou à l'école est considéré comme « préparé à la maison ». Si la nourriture provenait de votre maison, même si elle ne demande pas de préparation (p. ex. une pomme ou des craquelins) – elle est considérée comme « préparée à la maison ». Incluez la nourriture préparée par vous ou par quelqu'un d'autre chez vous.</p> <p>N'incluez PAS les boissons.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |

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| <p><b>FOOD SOURCE –<br/>PURCHASE LOCATIONS<br/>FOR FOOD PREPARED AT<br/>HOME</b></p> <p>REVISED 2019</p> <p>COUNTRY SPECIFIC<br/>WORDING</p> <p>HS_1...10, HS_14<br/>HS_DK<br/>HS_R<br/>HS_10_OTEXT<br/>HS_NONE</p> | <p>Please think about the food you ate that was <u>PREPARED AT HOME DURING THE PAST 7 DAYS</u>.</p> <p><b>Where was it PURCHASED?</b></p> <p>Select all that apply.</p> <p>Grocery store or supercenter</p> <p>Warehouse club (e.g., Costco)</p> <p>Convenience / corner store</p> <p>Drugstore / pharmacy</p> <p>Farmer's market, produce stand, or CSA</p> <p>Ethnic or specialty food store / market</p> <p>Bulk food store</p> <p>Grocery delivery</p> <p>Food bank</p> <p>Grown by you or someone you know</p> <p>Some other place → Please specify: [open-ended]</p> <p>I have not prepared any food at home in the past 7 days</p> <p>Don't know</p> <p>Refuse to answer</p> | <p><b>Veillez réfléchir aux aliments que vous avez mangés qui étaient <u>PRÉPARÉS À LA MAISON AU COURS DES 7 DERNIERS JOURS</u>.</b></p> <p><b>Où ont-ils été ACHETÉS?</b></p> <p>Sélectionnez toutes les réponses pertinentes.</p> <p>Épicerie ou centre commercial</p> <p>Club-entrepôt (p. ex., Costco)</p> <p>Dépanneur / magasin du coin</p> <p>Pharmacie</p> <p>Marché fermier, kiosque de fruits et de légumes ou agriculteur soutenu par la communauté</p> <p>Magasin / marché d'alimentation ethnique ou de spécialité</p> <p>Magasin d'aliments en vrac</p> <p>Livraison d'une épicerie</p> <p>Banque alimentaire</p> <p>Cultivés par vous ou une personne que vous connaissez</p> <p>Ailleurs→ Veuillez préciser : [Question ouverte]</p> <p>Je n'ai préparé aucune nourriture à la maison pendant les 7 derniers jours</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> |
| <p><b>FOOD SOURCE –<br/>PURCHASE METHOD<br/>FOR FOOD PREPARED AT<br/>HOME</b></p> <p>NEW 2020</p> <p>PM_STORE<br/>PM_ONLINE<br/>PM_FRIEND<br/>PM_BANK<br/>PM_GROW<br/>PM_OTHER<br/>PM_OTEXT<br/>PM_DK<br/>PM_R</p>  | <p><i>UNIVERSE: Skip if previously selected "I have not prepared any food at home in the past 7 days" (HS14=Checked)</i></p> <p><b>Still thinking about the food PREPARED AT HOME IN THE PAST 7 DAYS, how/where did you get the food?</b></p> <p>Select all that apply.</p> <p>In-store</p> <p>Ordered online (delivery or pick-up)</p> <p>Someone outside my household (e.g., friend, relative) purchased my groceries and delivered them</p> <p>Food bank</p> <p>Grown by you or someone you know</p> <p>Some other source → Please specify: [open-ended]</p> <p>Don't know</p> <p>Refuse to answer</p>                                                                           | <p><i>UNIVERSE: Skip if previously selected "I have not prepared any food at home in the past 7 days" (HS14=Checked)</i></p> <p><b>En pensant toujours aux aliments PRÉPARÉS À LA MAISON AU COURS DES 7 DERNIERS JOURS, comment et où avez-vous obtenu cette nourriture?</b></p> <p>Sélectionnez toutes les réponses pertinentes.</p> <p>En magasin</p> <p>Commande en ligne (livraison ou cueillette)</p> <p>Une personne extérieure à mon ménage (p. ex. un ami, un parent) a acheté mes courses et les a livrées</p> <p>Banque alimentaire</p> <p>Cultivés par vous ou une personne que vous connaissez</p> <p>Une autre source→ Veuillez préciser : [Question ouverte]</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p>                                                                                                                                                         |

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| <b>READY-TO-EAT MEALS</b><br><br>READY<br>READY_DKR                                                                                                                         | <p><i>UNIVERSE: Respondents who did NOT indicate they “have not prepared any food at home in the past 7 days” (HS_none not selected)</i></p> <p><b>Thinking about the MEALS PREPARED AT HOME in the past 7 days, what percentage was “ready-to-eat” or “box food” (e.g., microwave, frozen or packaged meals)?</b></p> <p>This includes foods like frozen pizza, chicken fingers, Kraft dinner, minute rice, canned soup, baking mixes, instant oatmeal, toaster waffles, etc.</p> <p>Enter percentage: _____ [<i>numeric percentage, 0 to 100%</i>]<br/> Don’t know<br/> Refuse to answer</p>                                                       | <p><i>UNIVERSE: Respondents who did NOT indicate they “have not prepared any food at home in the past 7 days” (HS_none not selected)</i></p> <p><b>En réfléchissant aux REPAS PRÉPARÉS À LA MAISON au cours des 7 derniers jours, quel pourcentage de ces derniers correspondait à des aliments « prêts-à-manger » ou à des « aliments en boîte » (p. ex., des repas à cuire au four à micro-ondes, congelés ou emballés)?</b></p> <p>Ceci inclut la pizza congelée, les doigts de poulet, le Kraft Dinner, le riz instantané, les soupes en boîte, les mélanges à pâte, le gruau instantané, les gaufres à cuire au grille-pain, etc.</p> <p>Indiquez le pourcentage : [] %<br/> Je ne sais pas<br/> Je refuse de répondre</p>                                                     |
| <b>FOOD SOURCE – MEAL DELIVERY SERVICE USE FOR FOOD PREPARED AT HOME</b><br><br>NEW 2022<br><br>COUNTRY SPECIFIC WORDING<br><br>MEALKIT<br><br>NEW 2025<br><br>MEALKIT_FREQ | <p><b>One last question about the food prepared at home:</b></p> <p><b>Was any of the food purchased in the past 7 days from a meal kit delivery service (e.g., HelloFresh, Goodfood)?</b></p> <p>Yes<br/> No<br/> Don’t know<br/> Refuse to answer</p> <p><i>UNIVERSE: Respondents who indicated they purchased food through a meal kit delivery service</i></p> <p><b>In the past 7 days, how many days did you eat food from a meal kit delivery service (e.g., HelloFresh, Goodfood)?</b></p> <p>0 days<br/> 1 day<br/> 2 days<br/> 3 days<br/> 4 days<br/> 5 days<br/> 6 days<br/> 7 days (every day)<br/> Don’t know<br/> Refuse to answer</p> | <p><b>Une dernière question concernant les aliments préparés à la maison :</b></p> <p><b>Au cours des 7 derniers jours, avez-vous acheté certains aliments auprès d’un service de livraison de boîtes-repas (p. ex., HelloFresh, Goodfood)?</b></p> <p>Oui<br/> Non<br/> Je ne sais pas<br/> Je refuse de répondre</p> <p><i>UNIVERSE: Respondents who indicated they purchased food through a meal kit delivery service</i></p> <p><b>Au cours des 7 derniers jours, combien de jours avez-vous mangé des aliments provenant d’un service de livraison de boîtes-repas (ex. HelloFresh, Goodfood)?</b></p> <p>0 jour<br/> 1 jour<br/> 2 jours<br/> 3 jours<br/> 4 jours<br/> 5 jours<br/> 6 jours<br/> 7 jours (tous les jours)<br/> Je ne sais pas<br/> Je refuse de répondre</p> |

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| <p><b>ONLINE ORDERING</b></p> <p><b>NEW 2022</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p>ONLN_REST<br/>ONLN_GSTORE<br/>ONLN_GONLN<br/>ONLN_CONV<br/>ONLN_ALC<br/>ONLN_NONE<br/>ONLN_DK<br/>ONLN_R</p> | <p>Have you ordered any of the following <u>online or using an app</u>, for pick-up or delivery in the past 30 days?</p> <p>We want to know if YOU have done this (don't include if your family or others have ordered for you).<br/>(Select all that apply).</p> <p>Meals/food/drinks from a restaurant<br/>Groceries from a supermarket or supercentre (e.g., Walmart)<br/>Groceries from an online-only store (e.g., Amazon)<br/>Snacks/food/drinks from a convenience store<br/>Alcohol<br/>None of the above<br/>Don't know<br/>Refuse to answer</p>                                                                                                                                                                                                                                                             | <p>Avez-vous commandé l'un des produits suivants <u>en ligne ou à l'aide d'une application</u>, pour la cueillette ou la livraison au cours des 30 derniers jours?</p> <p>Nous voulons savoir si VOUS avez fait cela (ne comptez pas les cas où un membre de votre famille ou une autre personne a commandé pour vous).<br/>(Sélectionnez toutes les réponses pertinentes.)</p> <p>Repas/aliments/boissons d'un restaurant<br/>Épicerie d'un supermarché ou d'un magasin à grande surface (p. ex., Walmart)<br/>Épicerie d'une boutique en ligne uniquement (p. ex., Amazon)<br/>Collations/aliments/boissons d'un dépanneur<br/>Alcool<br/>Aucune des réponses ci-dessus<br/>Je ne sais pas<br/>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                    |
| <p><b>ONLINE ORDERING FREQUENCY</b></p> <p><b>NEW 2022</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p>ONLN_REST_FREQ<br/>ONLN_GSTORE_FREQ<br/>ONLN_GONLN_FREQ<br/>ONLN_CONV_FREQ<br/>ONLN_ALC_FREQ</p>   | <p><i>UNIVERSE: Respondents who ordered food online/using an app from a convenience store and/or a restaurant, and/or groceries from a supermarket and/or groceries from an online-only stores, and/or alcohol</i></p> <p>[PROGRAMMER NOTE: Only show items selected in previous question.]</p> <p>How often have you ordered <u>meals/food/drinks from a restaurant</u> online or using an app in the past 30 days?</p> <p>Less than once a week<br/>Once a week<br/>A few times a week<br/>Every day<br/>Don't know<br/>Refuse to answer</p> <p>How often have you ordered <u>groceries from a supermarket or supercentre (e.g., Walmart)</u> online or using an app in the past 30 days?</p> <p>Less than once a week<br/>Once a week<br/>A few times a week<br/>Every day<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Respondents who ordered food online/using an app from a convenience store and/or a restaurant, and/or groceries from a supermarket and/or groceries from an online-only stores, and/or alcohol</i></p> <p>[PROGRAMMER NOTE: Only show items selected in previous question.]</p> <p>À quelle fréquence avez-vous commandé en ligne ou à l'aide d'une application des <u>repas/aliments/boissons provenant d'un restaurant</u> au cours des 30 derniers jours?</p> <p>Moins d'une fois par semaine<br/>Une fois par semaine<br/>Quelques fois par semaine<br/>Tous les jours<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p>À quelle fréquence avez-vous commandé en ligne ou à l'aide d'une application des <u>produits d'épicerie d'un supermarché ou d'un magasin à grande surface (p. ex., Walmart)</u> au cours des 30 derniers jours?</p> <p>Moins d'une fois par semaine<br/>Une fois par semaine<br/>Quelques fois par semaine<br/>Tous les jours<br/>Je ne sais pas<br/>Je refuse de répondre</p> |

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|  | <p><b>How often have you ordered <u>groceries from an online-only store (e.g., Amazon)</u> online or or using an app in the past 30 days?</b></p> <p>Less than once a week<br/>Once a week<br/>A few times a week<br/>Every day<br/>Don't know<br/>Refuse to answer</p> <p><b>How often have you ordered <u>snacks/food/drinks from a convenience store</u> online or using an app in the past 30 days?</b></p> <p>Less than once a week<br/>Once a week<br/>A few times a week<br/>Every day<br/>Don't know<br/>Refuse to answer</p> <p><b>How often have you ordered <u>alcohol</u> online or using an app in the past 30 days?</b></p> <p>Less than once a week<br/>Once a week<br/>A few times a week<br/>Every day<br/>Don't know<br/>Refuse to answer</p> | <p><b>À quelle fréquence avez-vous commandé en ligne ou à l'aide d'une application des <u>produits d'épicerie d'une boutique en ligne uniquement (p. ex., Amazon)</u> au cours des 30 derniers jours?</b></p> <p>Moins d'une fois par semaine<br/>Une fois par semaine<br/>Quelques fois par semaine<br/>Tous les jours<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><b>À quelle fréquence avez-vous commandé en ligne ou à l'aide d'une application des <u>collations/aliments/boissons d'un dépanneur</u> au cours des 30 derniers jours?</b></p> <p>Moins d'une fois par semaine<br/>Une fois par semaine<br/>Quelques fois par semaine<br/>Tous les jours<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><b>À quelle fréquence avez-vous commandé en ligne ou à l'aide d'une application <u>de l'alcool</u> au cours des 30 derniers jours?</b></p> <p>Moins d'une fois par semaine<br/>Une fois par semaine<br/>Quelques fois par semaine<br/>Tous les jours<br/>Je ne sais pas<br/>Je refuse de répondre</p> |
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| <p><b>FOOD BANK USE</b><br/>Adapted from <a href="#">Canadian Household Panel Survey – 2008</a></p> <p><b>NEW 2022</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p>FDBANK_USE<br/>COMSERV_USE</p> | <p>In the past 12 months, has anyone in your household used the following:</p> <p><b>Food bank</b><br/>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p> <p><b>Other community service that provides free food to people in need</b><br/>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p>                                                                                                                                                                                                                                                                                                                                                                  | <p>Au cours des 12 derniers mois, quelqu'un de votre foyer a-t-il eu recours aux ressources suivantes :</p> <p><b>Banque alimentaire</b><br/>Oui<br/>Non<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><b>Un service offert par un autre organisme communautaire qui fournit de la nourriture gratuite aux personnes dans le besoin</b><br/>Oui<br/>Non<br/>Je ne sais pas<br/>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <p><b>FOOD BANK USE FREQUENCY</b></p> <p><b>NEW 2022</b></p> <p>FDBANK_FREQ</p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p>COMSERV_FREQ</p>                                                          | <p><i>UNIVERSE: Respondents who indicated they used a food bank</i></p> <p><b>How many times did anyone in your household use a <u>food bank in the past 30 days</u>?</b><br/>None<br/>Once<br/>Twice<br/>Three times<br/>Four or more times<br/>Don't know<br/>Refuse to answer</p> <p><i>UNIVERSE: Respondents who indicated they used a community service to access free food</i></p> <p><b>How many times did anyone in your household use <u>another community service that provides free food to people in need in the past 30 days</u>?</b><br/>None<br/>Once<br/>Twice<br/>Three times<br/>Four or more times<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Respondents who indicated they used a food bank</i></p> <p><b>Combien de fois une personne de votre foyer a-t-elle eu recours à une <u>banque alimentaire au cours des 30 derniers jours</u>?</b><br/>Aucune<br/>Une fois<br/>Deux fois<br/>Trois fois<br/>Quatre fois ou plus<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><i>UNIVERSE: Respondents who indicated they used a community service to access free food</i></p> <p><b>Combien de fois une personne de votre foyer a-t-elle eu recours à <u>un service offert par un autre organisme communautaire qui fournit de la nourriture gratuite aux personnes dans le besoin au cours des 30 derniers jours</u>?</b><br/>Aucune<br/>Une fois<br/>Deux fois<br/>Trois fois<br/>Quatre fois ou plus<br/>Je ne sais pas<br/>Je refuse de répondre</p> |

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| <b>FOOD AFFORDABILITY</b><br><br><b>NEW 2022</b><br><br>AFF                                                                                                                                                                                                                                                            | <b>Has food become more expensive for you in the last 12 months?</b><br>Much less expensive<br>A little less expensive<br>No change<br>A little more expensive<br>Much more expensive<br>Don't know<br>Refuse to answer                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <b>La nourriture est-elle devenue plus dispendieuse pour vous au cours des 12 derniers mois?</b><br>Beaucoup moins dispendieuse<br>Un peu moins dispendieuse<br>Aucun changement<br>Un peu plus dispendieuse<br>Beaucoup plus dispendieuse<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>FOOD AFFORDABILITY ACTIONS</b><br><br><b>NEW 2022</b><br><br><b>COUNTRY SPECIFIC WORDING</b><br><br>AFF_ACT_BRAND<br>AFF_ACT_LESS<br>AFF_ACT_TYPES<br>AFF_ACT_CHAIN<br>AFF_ACT_BULK<br>AFF_ACT_DISC<br>AFF_ACT_GREW<br>AFF_ACT_SCRATCH<br>AFF_ACT_FDBANK<br>AFF_ACT_REST<br>AFF_ACT_NONE<br>AFF_ACT_DK<br>AFF_ACT_R | <i>UNIVERSE: Respondents who indicated that food is a little or much more expensive</i><br><b>Have you done anything different in the last 12 months because food is more expensive?</b> (Select all that apply).<br>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION.]<br>Switched to less expensive brands<br>Bought less food<br>Changed the types of foods I buy<br>Shopped at lower-priced grocery stores or discount chains<br>Bought in bulk or value sizes<br>Used more discount coupons or sales<br>Grew more of my own food<br>Baked or cooked from scratch more<br>Used a food bank or other food assistance<br>Bought less restaurant food<br>None of the above<br>Don't know<br>Refuse to answer | <i>UNIVERSE: Respondents who indicated that food is a little or much more expensive</i><br><b>Avez-vous fait quelque chose de différent au cours des 12 derniers mois parce que la nourriture est plus dispendieuse?</b><br>(Sélectionnez toutes les réponses pertinentes.)<br>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION.]<br>Je suis passé à des marques moins dispendieuses<br>J'ai acheté moins de nourriture<br>J'ai changé les types d'aliments que j'achète<br>J'ai fait mes achats dans des épiceries à bas prix ou des chaînes de rabais<br>J'ai acheté en vrac ou en formats bon marché<br>J'ai utilisé plus de coupons rabais ou recherché les soldes<br>J'ai cultivé plus d'aliments par moi-même<br>J'ai cuisiné et préparé plus de repas<br>J'ai eu recours à une banque alimentaire ou à un autre organisme d'aide alimentaire<br>J'ai acheté moins d'aliments de restaurants<br>Aucune des réponses ci-dessus<br>Je ne sais pas<br>Je refuse de répondre |

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| <b>FOOD AFFORDABILITY -<br/>FOOD PURCHASE<br/>IMPACT</b><br><br><b>NEW 2022</b><br><b>REVISED 2024 (universe<br/>&amp; French translation)</b><br><br><b>COUNTRY SPECIFIC<br/>WORDING</b><br><br>AFF_BUY_FV<br>AFF_BUY_MEAT<br>AFF_BUY_MILK<br>AFF_BUY_SNACK<br>AFF_BUY_DESSERT<br>AFF_BUY_BEV<br>AFF_BUY_READY | <p><i>UNIVERSE: Respondents who indicated that food is a little or much more expensive, or a little or much less expensive</i></p> <p><b>Has price affected how much you buy of these foods?</b><br/>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION.]</p> <p><b>Fresh fruits and vegetables</b></p> <p><b>Meat</b></p> <p><b>Milk and cheese</b></p> <p><b>Snacks</b> like crackers, chips or granola bars</p> <p><b>Desserts or treats</b> like cookies, ice cream or candy</p> <p><b>Non-alcoholic beverages</b> like pop and juice</p> <p><b>Microwave, frozen or pre-prepared meals</b></p> <p>[PROGRAMMER NOTE: Use table format]</p> <p>Buy less<br/>Buy more<br/>No change<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Respondents who indicated that food is a little or much more expensive, or a little or much less expensive</i></p> <p><b>Le prix a-t-il affecté la quantité que vous achetez des aliments suivants :</b><br/>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION.]</p> <p><b>Fruits et légumes frais</b></p> <p><b>Viande</b></p> <p><b>Lait et fromage</b></p> <p><b>Collations</b> comme des craquelins, des croustilles ou des barres granola</p> <p><b>Desserts ou gâteries</b> comme des biscuits, de la crème glacée ou des bonbons</p> <p><b>Boissons non alcoolisées</b> comme les boissons gazeuses et les jus de fruits</p> <p><b>Repas au micro-ondes, surgelés ou préparés</b></p> <p>[PROGRAMMER NOTE: Use table format]</p> <p>J'en ai acheté moins<br/>J'en ai acheté plus<br/>Aucun changement<br/>Je ne sais pas<br/>Je refuse de répondre</p> |
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## BEVERAGE INTAKE

| DOMAIN<br>SOURCE                                               | ENGLISH                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
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| <b>BEVERAGE<br/>FREQUENCY<br/>CONDITION</b><br><b>NEW 2025</b> | [PROGRAMMER NOTE: Randomize 50% of respondents to complete the original Beverage Frequency Questionnaire, and 50% to complete the modified Beverage Frequency Questionnaire.]                                                                                                                                                                                                                                                                                                              | [PROGRAMMER NOTE: Randomize 50% of respondents to complete the original Beverage Frequency Questionnaire, and 50% to complete the modified Beverage Frequency Questionnaire.]                                                                                                                                                                                                                                                                                                                                                                                                             |
| <b>BEVERAGE<br/>FREQUENCY INTRO</b>                            | <p><i>UNIVERSE: Respondents randomized to the original Beverage Frequency Questionnaire</i><br/>[PROGRAMMER NOTE: Hide back button]</p> <p><b>Next, we'd like to ask you about the drinks you've had over the PAST 7 DAYS.</b></p> <p><b>We'll be asking you about different categories of drinks.</b></p> <p><b>First, we'll ask you the TOTAL NUMBER OF DRINKS you've had in each category.</b></p> <p><b>Second, we'll ask you about your USUAL SIZE OF DRINK in each category.</b></p> | <p><i>UNIVERSE: Respondents randomized to the original Beverage Frequency Questionnaire</i><br/>[PROGRAMMER NOTE: Hide back button]</p> <p><b>Ensuite, nous aimerons vous poser des questions sur les boissons que vous avez bues pendant les 7 derniers jours.</b></p> <p><b>Nous allons vous poser des questions sur des catégories différentes de boissons.</b></p> <p><b>D'abord, nous vous demandons le NOMBRE TOTAL DE BOISSONS que vous avez bues dans chaque catégorie.</b></p> <p><b>Ensuite, nous vous demandons la TAILLE DE BOISSON HABITUELLE dans chaque catégorie.</b></p> |

|                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>BEVERAGE FREQUENCY QUESTIONNAIRE (BFQ) – NUMBER OF DRINKS BY TYPE</b></p> <p>REVISED 2019<br/>REVISED 2025 (FR)</p> <p>BFQ_#_N<br/>BFQ_NONE<br/>BFQ_DK_N<br/>BFQ_R_N</p> | <p>UNIVERSE: Respondents randomized to the original Beverage Frequency Questionnaire</p> <p><b>During the PAST 7 DAYS, HOW MANY DRINKS did you have in each category below?</b></p> <p>For example, if you had 2 regular sodas or pops during the past 7 days, you would enter 2 in that box. If you had 1 regular soda or pop EACH day, you would enter 7 in that box.</p> <p>[PROGRAMMER NOTE: Responses must be numeric and between 0-100; only allow participant to select 1 of none of the above, DK or R]</p> <p><b># OF DRINKS</b></p> <p>[numeric] <b>Regular soda or pop</b> (Coke, Pepsi, 7-up, Sprite, root beer, etc.) <b>*Not including diet pop</b></p> <p>[numeric] <b>Diet soda or pop</b> (Diet Pepsi, Coke Zero, etc.)</p> <p>[numeric] <b>100% fruit or vegetable juice</b> (orange juice, apple juice, etc.)</p> <p>[numeric] <b>Sweetened fruit drinks</b> (lemonade, iced tea, SunnyD, fruit punch/cocktail, etc.)</p> <p>[numeric] <b>Low-/no-calorie fruit drinks</b> (diet lemonade, unsweetened iced tea, etc.)</p> <p>[numeric] <b>Tap water</b></p> <p>[numeric] <b>Plain bottled water</b></p> <p>[numeric] <b>Regular flavoured waters or vitamin waters <u>with</u> calories</b></p> <p>[numeric] <b>Low-/no-calorie flavoured waters or vitamin waters</b> (Crystal Light, Mio, etc.)</p> <p>[numeric] <b>Regular sports drinks</b> (Gatorade, Powerade, etc.)</p> <p>[numeric] <b>Low-/no-calorie sports drinks</b> (G2, Powerade Zero, etc.)</p> <p>[numeric] <b>Regular energy drinks</b> (Red Bull, Rockstar, Monster, etc.)</p> <p>[numeric] <b>Low-/no-calorie energy drinks</b> (Red Bull Sugarfree, etc.)</p> <p>[numeric] <b>White milk</b> or unsweetened milk alternatives (unsweetened soy, almond, etc.) as a beverage<br/><b>*NOT including milk consumed in cereal, etc.</b></p> <p>[numeric] <b>Chocolate or flavoured milk</b> (incl. hot chocolate), or sweetened milk alternatives (sweetened soy, almond, etc.)</p> <p>[numeric] <b>Coffee or tea, <u>with</u> sugar</b> (with or without milk)</p> <p>[numeric] <b>Coffee or tea, <u>no sugar</u></b> (with or without milk or artificial sweetener)</p> <p>[numeric] <b>Sweetened specialty coffees or teas</b> (mochas, frappuccinos, chai lattes, iced coffees, etc.)</p> <p>[numeric] <b>Sweetened smoothies, protein shakes, or drinkable yogurt</b></p> <p>[numeric] <b>Unsweetened smoothies, protein shakes, or drinkable yogurt</b></p> | <p>UNIVERSE: Respondents randomized to the original Beverage Frequency Questionnaire</p> <p><b>Au cours des 7 DERNIERS JOURS, combien de boissons avez-vous bues parmi les catégories suivantes?</b></p> <p>Par exemple, si vous avez bu 2 boissons gazeuses ordinaires pendant les 7 derniers jours, vous mettriez '2' dans la case. Si vous avez bu 1 boisson gazeuse CHAQUE JOUR, vous mettriez '7' dans la case.</p> <p>[PROGRAMMER NOTE: Responses must be numeric and between 0-100; only allow participant to select 1 of none of the above, DK or R]</p> <p><b>N<sup>bre</sup> DE BOISSONS</b></p> <p>[numeric] <b>Boissons gazeuses ordinaires</b> (Coke, Pepsi, 7-up, Sprite, racinette, etc.) <b>*En excluant les boissons diètes</b></p> <p>[numeric] <b>Boissons diètes</b> (Pepsi Diète, Coca-Cola Zero, etc.)</p> <p>[numeric] <b>Jus de fruits ou de légumes purs</b> (jus d'orange, de pomme, etc.)</p> <p>[numeric] <b>Boissons aux fruits sucrées</b> (limonade, thé glacé, SunnyD, punch / cocktail aux fruits, etc.)</p> <p>[numeric] <b>Boissons aux fruits faibles en calories/hypocaloriques</b> (limonade hypocalorique, thé glacé non édulcoré, etc.)</p> <p>[numeric] <b>Eau du robinet</b></p> <p>[numeric] <b>Eau embouteillée non aromatisée</b></p> <p>[numeric] <b>Eaux aromatisées ordinaires ou eaux vitaminées <u>contenant</u> des calories</b></p> <p>[numeric] <b>Eaux ou eaux aromatisées ou eaux vitaminées sans calories ou hypocaloriques</b> (Crystal Light, Mio, etc.)</p> <p>[numeric] <b>Boissons pour sportifs ordinaires</b> (Gatorade, Powerade, etc.)</p> <p>[numeric] <b>Boissons pour sportifs sans calories ou faibles en calories</b> (G2, Powerade Zero, etc.)</p> <p>[numeric] <b>Boissons énergisantes ordinaires</b> (Red Bull, Rockstar, Monster, etc.)</p> <p>[numeric] <b>Boissons énergisantes hypocaloriques ou sans calories</b> (Red Bull Sugarfree, etc.)</p> <p>[numeric] <b>Lait non aromatisé ou substituts de lait non sucrés</b> (boissons de soya non sucrées, d'amandes, etc.) comme boisson <b>*EN EXCLUANT le lait consommé dans les céréales, etc.</b></p> <p>[numeric] <b>Lait au chocolat ou lait aromatisé</b> (y compris le chocolat chaud), ou alternatives au lait sucré (boissons de soya sucrées, d'amandes, etc.)</p> <p>[numeric] <b>Café ou thé, <u>avec</u> sucre</b> (avec ou sans lait)</p> <p>[numeric] <b>Café ou thé, <u>sans sucre</u></b> (avec ou sans lait ou édulcorant artificiel)</p> |
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|                                              |                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|----------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                              | <p>[numeric] <b>Beer, cider, coolers</b></p> <p>[numeric] <b>Wine</b> (red or white)</p> <p>[numeric] <b>Hard alcohol <u>with mix</u>, cocktails that have calories</b> (rum &amp; coke, gin &amp; tonic, margarita, caesar, etc.)</p> <p>[numeric] <b>Hard alcohol <u>with no mix</u> or non-caloric mix</b> (shots, whiskey on the rocks, vodka &amp; soda, rum &amp; diet, etc.)</p> <p>None of the above</p> <p>Don't know</p> <p>Refuse to answer</p> | <p>[numeric] <b>Cafés ou thé de spécialité édulcoré</b> (moka, frappuccinos, lattés chai, cafés glacés, etc.)</p> <p>[numeric] <b>Smoothies (boissons fouettées, protéinées) ou yogourt à boire édulcorés</b></p> <p>[numeric] <b>Smoothies (boissons fouettées, protéinées) ou yogourt à boire non édulcorés</b></p> <p>[numeric] <b>Bière, cidre, vins panachés (coolers)</b></p> <p>[numeric] <b>Vin</b> (rouge ou blanc)</p> <p>[numeric] <b>Spiritueux <u>avec autre boisson</u>, cocktails contenant des calories</b> (rhum et coca, gin tonic, margarita, caesar, etc.)</p> <p>[numeric] <b>Spiritueux <u>sans autre boisson</u> ou avec boissons non caloriques</b> (verres, scotch sur glace, vodka et soda, rhum et boisson diète, etc.)</p> <p>Aucune des réponses ci-dessus</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> |
| <p><b>BFQ SIZE INTRO</b></p> <p>NEW 2019</p> | <p><i>UNIVERSE: Respondents randomized to the original Beverage Frequency Questionnaire</i></p> <p><b>Now we'll ask you about your USUAL SIZE OF DRINK in each category.</b></p> <p>[PROGRAMMER NOTE: Hidden custom script identifies which drink categories were consumed and should be shown in the following usual size section]</p>                                                                                                                    | <p><i>UNIVERSE: Respondents randomized to the original Beverage Frequency Questionnaire</i></p> <p><b>Maintenant nous vous demandons la TAILLE DE BOISSON HABITUELLE dans chaque catégorie.</b></p> <p>[PROGRAMMER NOTE: Hidden custom script identifies which drink categories were consumed and should be shown in the following usual size section]</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |

**BFQ – USUAL SIZE**

ADAPTED FROM  
SEVERAL OTHER  
PAPER FFQS FOR  
BEVERAGES.

REVISED 2019  
REVISED 2023 (milk)  
REVISED 2025 (FR)

BFQ\_#\_SIZE\_CAN  
BFQ\_#\_SIZE\_DK\_CAN  
BFQ\_#\_SIZE\_R\_CAN

*UNIVERSE: Respondents randomized to the original Beverage Frequency Questionnaire*  
[PROGRAMMER NOTE: For each category that there was at least one drink consumed, ask size question - images should only be shown for beverage categories selected above. Show each category on a separate page with the question header.]

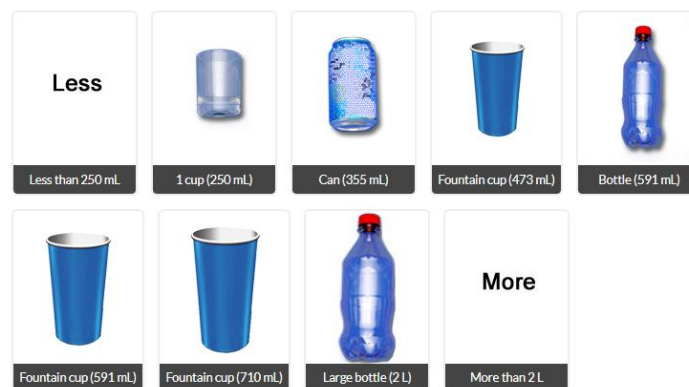
**For each type of drink, what size did you USUALLY have?**

If you had different sizes, select the picture that is closest to the average size.

Regular soda or pop (Coke, Pepsi, 7-Up, Sprite, root beer, etc.) \*NOT including diet pop



Diet soda or pop (Diet Pepsi, Coke Zero, etc.)



*UNIVERSE: Respondents randomized to the original Beverage Frequency Questionnaire*  
[PROGRAMMER NOTE: For each category that there was at least one drink consumed, ask size question - images should only be shown for beverage categories selected above. Show each category on a separate page with the question header.]

**À l'égard de chaque type de boisson, combien en consommez-vous HABITUELLEMENT ?**

Si vous en avez consommé différentes quantités, veuillez sélectionner l'image qui se rapproche le plus de la quantité que vous consommez en moyenne.

Boisson gazeuse ordinaire (Coke, Pepsi, 7-up, Sprite, racinette, etc.) \*EN EXCLUANT les boissons-diète



Boissons diètes (Pepsi Diète, Coca-Cola Zero, etc.)



## 100% fruit or vegetable juices (orange juice, apple juice, etc.)

|                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| <b>Less</b>                                                                       |  |  |  |  |
| Less than 250 mL                                                                  | 1 cup (250 mL)                                                                    | Juicebox (250 mL)                                                                 | Can (355 mL)                                                                      | Bottle (355 mL)                                                                    |
|  | <b>More</b>                                                                       |                                                                                   |                                                                                   |                                                                                    |
| Large bottle (473 mL)                                                             | More than 473 mL                                                                  |                                                                                   |                                                                                   |                                                                                    |

## Sweetened fruit drinks (lemonade, iced tea, SunnyD, fruit punch/cocktail, etc.)

|                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| <b>Less</b>                                                                       |  |  |  |  |
| Less than 250 mL                                                                  | 1 cup (250 mL)                                                                    | Juicebox (250 mL)                                                                 | Can (355 mL)                                                                      | Bottle (473 mL)                                                                    |
|  |  | <b>More</b>                                                                       |                                                                                   |                                                                                    |
| Large bottle (591 mL)                                                             | Tall can (710 mL)                                                                 | More than 710 mL                                                                  |                                                                                   |                                                                                    |

## Low-/no-calorie fruit drinks (diet lemonade, unsweetened iced tea, etc.)

|                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                      |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <b>Less</b>                                                                         |  |  |  |  |
| Less than 250 mL                                                                    | 1 cup (250 mL)                                                                      | Juicebox (250 mL)                                                                   | Can (355 mL)                                                                        | Bottle (473 mL)                                                                      |
|  |  | <b>More</b>                                                                         |                                                                                     |                                                                                      |
| Large bottle (591 mL)                                                               | Tall can (710 mL)                                                                   | More than 710 mL                                                                    |                                                                                     |                                                                                      |

## Jus de fruits ou de légumes purs (jus d'orange, de pomme, etc.)

|                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <b>Less / Moins</b>                                                                 |  |  |  |  |
| Moins de 250 mL                                                                     | 1 Tasse (250 mL)                                                                    | Jus en boîte (250 mL)                                                               | Boîte (355 mL)                                                                      | Bouteille (355 mL)                                                                  |
|  | <b>More / Plus</b>                                                                  |                                                                                     |                                                                                     |                                                                                     |
| Grande bouteille (473 mL)                                                           | Plus de 473 mL                                                                      |                                                                                     |                                                                                     |                                                                                     |

## Boissons aux fruits sucrées (limonade, thé glacé, SunnyD, punch / cocktail aux fruits, etc.)

|                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <b>Less / Moins</b>                                                                 |  |  |  |  |
| Moins de 250 mL                                                                     | 1 Tasse (250 mL)                                                                    | Jus en boîte (250 mL)                                                               | Boîte (355 mL)                                                                      | Bouteille (473 mL)                                                                  |
|  |  | <b>More / Plus</b>                                                                  |                                                                                     |                                                                                     |
| Grande bouteille (591 mL)                                                           | Grande boîte (710 mL)                                                               | Plus de 710 mL                                                                      |                                                                                     |                                                                                     |

## Boissons aux fruits faibles en calories/hypocaloriques (limonade hypocalorique, thé glacé non édulcoré, etc.)

|                                                                                       |                                                                                       |                                                                                       |                                                                                       |                                                                                       |
|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <b>Less / Moins</b>                                                                   |  |  |  |  |
| Moins de 250 mL                                                                       | 1 Tasse (250 mL)                                                                      | Jus en boîte (250 mL)                                                                 | Boîte (355 mL)                                                                        | Bouteille (473 mL)                                                                    |
|  |  | <b>More / Plus</b>                                                                    |                                                                                       |                                                                                       |
| Grande bouteille (591 mL)                                                             | Grande boîte (710 mL)                                                                 | Plus de 710 mL                                                                        |                                                                                       |                                                                                       |

## Tap water

|                  |                                                                                   |                                                                                   |                                                                                   |                                                                                   |
|------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| Less             |  |  |  |  |
|                  | Less than 250 mL                                                                  | 1 cup (250 mL)                                                                    | 1.5 cups (375 mL)                                                                 | 2 cups (500 mL)                                                                   |
| More             |                                                                                   |                                                                                   |                                                                                   |                                                                                   |
| More than 750 mL |                                                                                   |                                                                                   |                                                                                   |                                                                                   |

## Plain bottled water

|               |                                                                                   |                                                                                   |                                                                                   |      |
|---------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------|
| Less          |  |  |  | More |
|               | Less than 250 mL                                                                  | Small bottle (250 mL)                                                             | Bottle (500 mL)                                                                   |      |
| More than 1 L |                                                                                   |                                                                                   |                                                                                   |      |

Regular flavoured waters or vitamin waters with calories

|                          |                                                                                   |                                                                                   |                                                                                   |                                                                                    |
|--------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| Less                     |  |  |  |  |
|                          | Less than 250 mL                                                                  | 1 cup (250 mL)                                                                    | Small bottle (325 mL)                                                             | Can (355 mL)                                                                       |
| Bottle (591 mL)          |                                                                                   |                                                                                   |                                                                                   |                                                                                    |
| More                     |                                                                                   |                                                                                   |                                                                                   |                                                                                    |
| Extra large bottle (1 L) | More than 1 L                                                                     |                                                                                   |                                                                                   |                                                                                    |

## Eau du robinet

|                |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|----------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Less / Moins   |  |  |  |  |
|                | Moins de 250 mL                                                                     | 1 tasse (250 mL)                                                                    | 1.5 tasses (375 mL)                                                                 | 2 tasses (500 mL)                                                                   |
| More / Plus    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Plus de 750 mL |                                                                                     |                                                                                     |                                                                                     |                                                                                     |

## Eau embouteillée non aromatisée

|              |                                                                                     |                                                                                     |                                                                                     |             |
|--------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------|
| Less / Moins |  |  |  | More / Plus |
|              | Moins de 250 mL                                                                     | Petite bouteille (250 mL)                                                           | Bouteille (500 mL)                                                                  |             |
| Plus de 1 L  |                                                                                     |                                                                                     |                                                                                     |             |

Eaux aromatisées ou eaux vitaminées contenant des calories

|                             |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|-----------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Less / Moins                |  |  |  |  |
|                             | Moins de 250 mL                                                                     | 1 Tasse (250 mL)                                                                    | Petite bouteille (325 mL)                                                           | Boîte (355 mL)                                                                      |
| Grande bouteille (591 mL)   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| More / Plus                 |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
| Très grande bouteille (1 L) | Plus de 1 L                                                                         |                                                                                     |                                                                                     |                                                                                     |

### Low-/no-calorie flavoured waters or vitamin waters (Crystal Light, Mio, etc.)

|                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| <b>Less</b>                                                                       |  |  |  |  |
| Less than 250 mL                                                                  | 1 cup (250 mL)                                                                    | Small bottle (325 mL)                                                             | Can (355 mL)                                                                      | Bottle (591 mL)                                                                    |
|  | <b>More</b>                                                                       |                                                                                   |                                                                                   |                                                                                    |
| Extra large bottle (1 L)                                                          | More than 1 L                                                                     |                                                                                   |                                                                                   |                                                                                    |

### Regular sports drinks (Gatorade, Powerade, etc.)

|                  |                                                                                   |                                                                                   |                                                                                   |                  |
|------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------|
| <b>Less</b>      |  |  |  | <b>More</b>      |
| Less than 250 mL | 1 cup (250 mL)                                                                    | Bottle (591 mL)                                                                   | XL Bottle (946 mL)                                                                | More than 946 mL |

### Low-/no-calorie sports drinks (G2, Powerade Zero, etc.)

|                  |                                                                                    |                                                                                    |                                                                                    |                  |
|------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|------------------|
| <b>Less</b>      |  |  |  | <b>More</b>      |
| Less than 250 mL | 1 cup (250 mL)                                                                     | Bottle (591 mL)                                                                    | XL Bottle (946 mL)                                                                 | More than 946 mL |

### Eaux ou eaux aromatisées ou eaux vitaminées sans calories ou hypocaloriques (Crystal Light, Mio, etc.)

|                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <b>Less / Moins</b>                                                                 |  |  |  |  |
| Moins de 250 mL                                                                     | 1 Tasse (250 mL)                                                                    | Petite bouteille (325 mL)                                                           | Boîte (355 mL)                                                                      | Grande bouteille (591 mL)                                                           |
|  | <b>More / Plus</b>                                                                  |                                                                                     |                                                                                     |                                                                                     |
| Très grande bouteille (1 L)                                                         | Plus de 1 L                                                                         |                                                                                     |                                                                                     |                                                                                     |

### Boissons pour sportifs ordinaires (Gatorade, Powerade, etc.)

|                     |                                                                                     |                                                                                     |                                                                                     |                    |
|---------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------|
| <b>Less / Moins</b> |  |  |  | <b>More / Plus</b> |
| Moins de 250 mL     | 1 Tasse (250 mL)                                                                    | Bouteille (591 mL)                                                                  | Très grande bouteille (946 mL)                                                      | Plus de 946 mL     |

### Boissons pour sportifs sans calories ou faibles en calories (G2, Powerade Zero, etc.)

|                     |                                                                                     |                                                                                      |                                                                                      |                    |
|---------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|--------------------|
| <b>Less / Moins</b> |  |  |  | <b>More / Plus</b> |
| Moins de 250 mL     | 1 Tasse (250 mL)                                                                    | Bouteille (591 mL)                                                                   | Très grande bouteille (946 mL)                                                       | Plus de 946 mL     |

|  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|  | <p>Regular energy drinks (Rockstar, Red Bull, Monster, etc.)</p> <div><div>Less</div><div>Less than 250 mL</div><div></div><div>Small can (250 mL)</div><div></div><div>Can (355 mL)</div><div></div><div>Tall can (473 mL)</div><div></div><div>Bottle (591 mL)</div><div></div><div>XL Can (710 mL)</div><div>More</div><div>More than 710 mL</div></div> <p>Low-/no-calorie energy drinks (Red Bull Sugarfree, etc.)</p> <div><div>Less</div><div>Less than 250 mL</div><div></div><div>Small can (250 mL)</div><div></div><div>Can (355 mL)</div><div></div><div>Tall can (473 mL)</div><div></div><div>Bottle (591 mL)</div><div></div><div>XL Can (710 mL)</div><div>More</div><div>More than 710 mL</div></div> | <p>Boissons énergisantes ordinaires (Red Bull, Rockstar, Monster, etc.)</p> <div><div>Less / Moins</div><div>Moins de 250 mL</div><div></div><div>Petite boîte (250 mL)</div><div></div><div>Boîte (355 mL)</div><div></div><div>Grande Boîte (473 mL)</div><div></div><div>Bouteille (591 mL)</div><div></div><div>Très grande Boîte (710 mL)</div><div>More / Plus</div><div>Plus de 710 mL</div></div> <p>Boissons énergisantes hypocaloriques ou sans calories (Red Bull Sugarfree, etc.)</p> <div><div>Less / Moins</div><div>Moins de 250 mL</div><div></div><div>Petite boîte (250 mL)</div><div></div><div>Boîte (355 mL)</div><div></div><div>Grande Boîte (473 mL)</div><div></div><div>Bouteille (591 mL)</div><div></div><div>Très grande Boîte (710 mL)</div><div>More / Plus</div><div>Plus de 710 mL</div></div> |
|--|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

White milk or unsweetened milk alternative (unsweetened soy, almond, etc.), as a beverage *\*NOT including milk consumed in cereal, etc.*

|                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| Less                                                                              |  |  |  |  |
| Less than 250 mL                                                                  | 1 cup (250 mL)                                                                    | Box (250 mL)                                                                      | Small carton (250 mL)                                                             | Medium carton (500 mL)                                                             |
|  | More                                                                              |                                                                                   |                                                                                   |                                                                                    |
| Large carton (1 L)                                                                | More than 1 L                                                                     |                                                                                   |                                                                                   |                                                                                    |

Chocolate or flavoured milk (incl. hot chocolate), or sweetened milk alternatives (sweetened soy, almond, etc.)

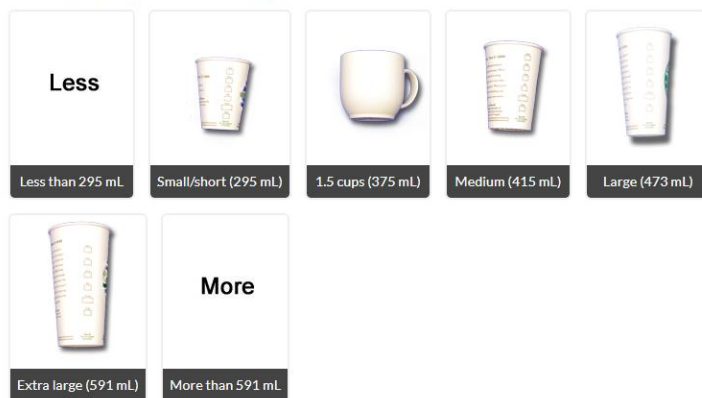
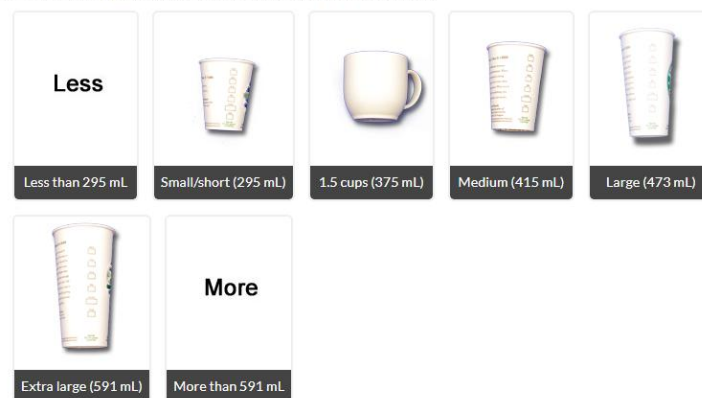
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|------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| Less                                                                               |  |  |  |  |
| Less than 250 mL                                                                   | 1 cup (250 mL)                                                                    | Small carton (250 mL)                                                             | Bottle (500 mL)                                                                   | Medium carton (500 mL)                                                             |
|  | More                                                                              |                                                                                   |                                                                                   |                                                                                    |
| Large carton (1 L)                                                                 | More than 1 L                                                                     |                                                                                   |                                                                                   |                                                                                    |

Lait non aromatisé ou substituts de lait non sucrés (boissons de soya non sucrées, d'amandes, etc.) comme boisson *\*EN EXCLUANT le lait consommé dans les céréales, etc.*

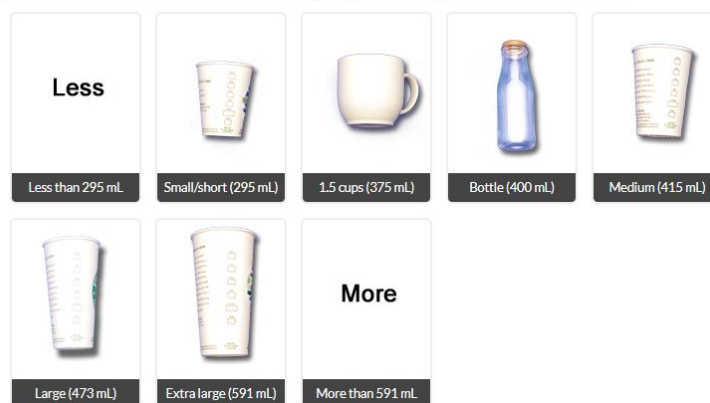
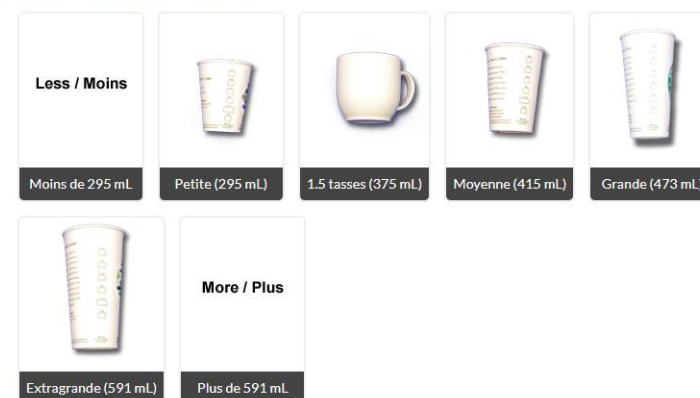
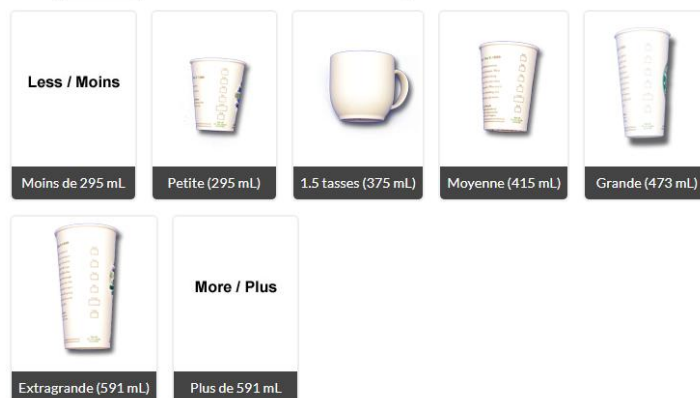
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|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Less / Moins                                                                        |  |  |  |  |
| Moins de 250 mL                                                                     | 1 Tasse (250 mL)                                                                    | Boîte (250 mL)                                                                      | Petit carton (250 mL)                                                               | Moyen carton (500 mL)                                                               |
|  | More / Plus                                                                         |                                                                                     |                                                                                     |                                                                                     |
| Grand carton (1 L)                                                                  | Plus de 1 L                                                                         |                                                                                     |                                                                                     |                                                                                     |

Lait au chocolat ou lait aromatisé (y compris le chocolat chaud), ou alternatives au lait sucré (boissons de soya sucrées, d'amandes, etc.)

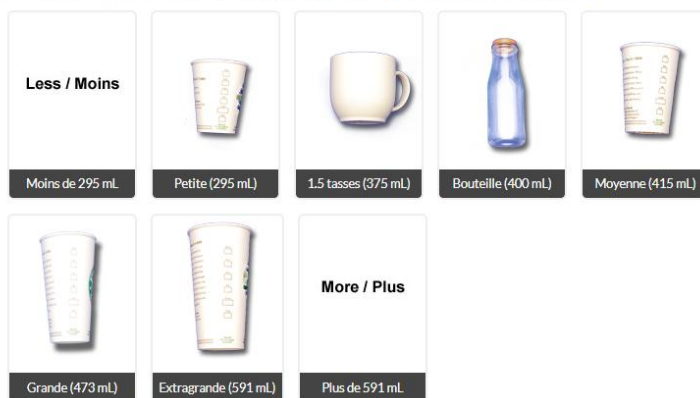
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|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| Less / Moins                                                                         |  |  |  |  |
| Moins de 250 mL                                                                      | 1 Tasse (250 mL)                                                                    | Petit carton (250 mL)                                                               | Bouteille (500 mL)                                                                  | Moyen carton (500 mL)                                                               |
|  | More / Plus                                                                         |                                                                                     |                                                                                     |                                                                                     |
| Grand carton (1 L)                                                                   | Plus de 1 L                                                                         |                                                                                     |                                                                                     |                                                                                     |

Coffee or tea, with sugar (with or without milk)Coffee or tea, no sugar (with or without milk or artificial sweetener)

## Sweetened specialty coffees or teas (mochas, frappuccinos, chai lattes, iced coffees, etc.)

Café ou thé, avec sucre (avec ou sans lait)Café ou thé, sans sucre (avec ou sans lait ou édulcorant artificiel)

## Cafés ou thé de spécialité édulcoré (moka, frappuccinos, lattés chai, cafés glacés, etc.)



## Sweetened smoothies, protein shakes, or drinkable yogurt

|                                                                                   |                                                                                   |                                                                                   |                                                                                   |                                                                                    |
|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| <b>Less</b>                                                                       |  |  |  |  |
| Less than 93 mL                                                                   | Small bottle (93 mL)                                                              | Bottle (200 mL)                                                                   | 1 cup (250 mL)                                                                    | 1.5 cups (375 mL)                                                                  |
|  |  | <b>More</b>                                                                       |                                                                                   |                                                                                    |
| 2 cups (500 mL)                                                                   | Large cup (710 mL)                                                                | More than 710 mL                                                                  |                                                                                   |                                                                                    |

## Unsweetened smoothies, protein shakes, or drinkable yogurt

|                                                                                    |                                                                                    |                                                                                   |                                                                                   |                                                                                    |
|------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------|
| <b>Less</b>                                                                        |   |  |  |  |
| Less than 93 mL                                                                    | Small bottle (93 mL)                                                               | Bottle (200 mL)                                                                   | 1 cup (250 mL)                                                                    | 1.5 cups (375 mL)                                                                  |
|  |  | <b>More</b>                                                                       |                                                                                   |                                                                                    |
| 2 cups (500 mL)                                                                    | Large cup (710 mL)                                                                 | More than 710 mL                                                                  |                                                                                   |                                                                                    |

## Beer, cider, coolers

|                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                      |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <b>Less</b>                                                                         |  |  |  |  |
| Less than 285 mL                                                                    | Half pint (285 mL)                                                                  | Bottle (341 mL)                                                                     | Can (355 mL)                                                                        | Tall can (473 mL)                                                                    |
|  | <b>More</b>                                                                         |                                                                                     |                                                                                     |                                                                                      |
| Pint (570 mL)                                                                       | More than 570 mL                                                                    |                                                                                     |                                                                                     |                                                                                      |

## Smoothies (boissons fouettées, protéinées) ou yogourt à boire édulcorés

|                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |
|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <b>Less / Moins</b>                                                                 |  |  |  |  |
| Moins de 93 mL                                                                      | Petite bouteille (93 mL)                                                            | Bouteille (200 mL)                                                                  | 1 tasse (250 mL)                                                                    | 1.5 tasses (375 mL)                                                                 |
|  |  | <b>More / Plus</b>                                                                  |                                                                                     |                                                                                     |
| 2 tasses (500 mL)                                                                   | Grande tasse (710 mL)                                                               | Plus de 710 mL                                                                      |                                                                                     |                                                                                     |

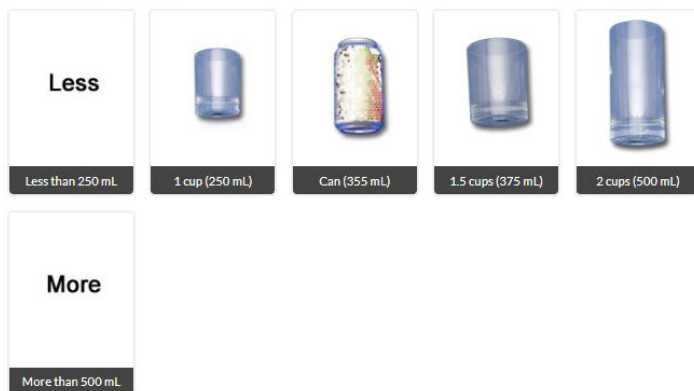
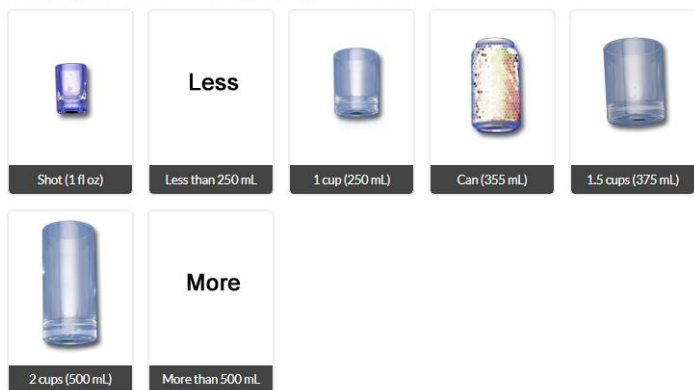
## Smoothies (boissons fouettées, protéinées) ou yogourt à boire non édulcorés

|                                                                                      |                                                                                      |                                                                                     |                                                                                     |                                                                                     |
|--------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <b>Less / Moins</b>                                                                  |   |  |  |  |
| Moins de 93 mL                                                                       | Petite bouteille (93 mL)                                                             | Bouteille (200 mL)                                                                  | 1 tasse (250 mL)                                                                    | 1.5 tasses (375 mL)                                                                 |
|  |  | <b>More / Plus</b>                                                                  |                                                                                     |                                                                                     |
| 2 tasses (500 mL)                                                                    | Grande tasse (710 mL)                                                                | Plus de 710 mL                                                                      |                                                                                     |                                                                                     |

## Bière, cidre, vins panachés (coolers)

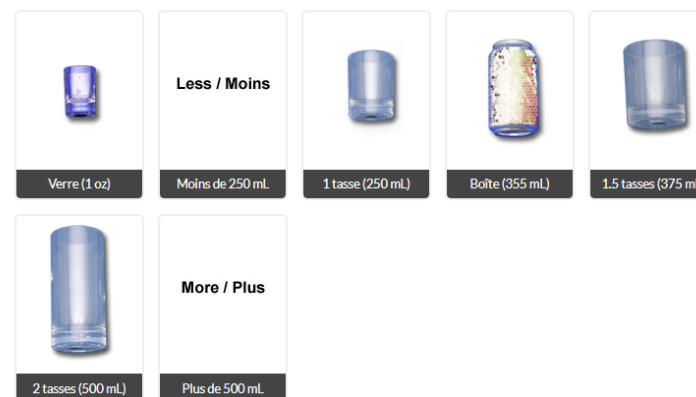
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|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|
| <b>Less / Moins</b>                                                                   |  |  |  |  |
| Moins de 285 mL                                                                       | Demiard (285 mL)                                                                      | Bouteille (341 mL)                                                                    | Boîte (355 mL)                                                                        | Grande Boîte (473 mL)                                                                 |
|  | <b>More / Plus</b>                                                                    |                                                                                       |                                                                                       |                                                                                       |
| Chopine (570 mL)                                                                      | Plus de 570 mL                                                                        |                                                                                       |                                                                                       |                                                                                       |

## Wine (red or white)

Hard alcohol with mix, cocktails that have calories  
(rum & coke, gin & tonic, margarita, caesar, etc.)Hard alcohol with no mix or non-caloric mix  
(shots, whiskey on the rocks, vodka & soda, rum & diet coke, etc.)

Don't know [for each type]  
Refuse to answer [for each type]

## Vin (rouge ou blanc)

Spiritueux avec autre boisson, cocktails contenant des calories  
(rhum et coca, gin tonic, margarita, caesar, etc.)Spiritueux sans autre boisson ou avec boissons non caloriques  
(verres, scotch sur glace, vodka et soda, rhum et boisson diète, etc.)

Je ne sais pas [pour chaque type]  
Je refuse de répondre [pour chaque type]

|                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
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| <b>BFQ – BULK SIZE CONFIRMATION</b><br><br><b>NEW 2023</b><br><br>BFQ_1_BULK<br>BFQ_2_BULK<br>BFQ_7_BULK<br>BFQ_8_BULK<br>BFQ_9_BULK<br>BFQ_10_BULK<br>BFQ_11_BULK<br>BFQ_14_BULK<br>BFQ_15_BULK | <p><i>UNIVERSE: Respondents randomized to the original Beverage Frequency Questionnaire</i><br/>         [PROGRAMMER NOTE: For each selection of a large bulk bottle size (2L pop, 2L diet pop, 1L bottled water OR &gt;1L bottled water, 1L regular flavoured water, 1L low-no calorie flavoured water, 946mL regular sports drink, 946mL low/no calorie sport drinks, 1L milk OR &gt;1L milk, 1L chocolate milk OR &gt;1L chocolate milk), ask a follow-up question about number of bottles consumed.]</p> <p><b>Just to check...</b><br/> <b>About <u>how many of these [bottles/cartons]</u> did you drink in the past 7 days, in total?</b><br/>         Don't include sharing with others. Only include the amount that you drank.<br/>         [show image of bottle selected]<br/>         [PROGRAMMER NOTE: refer to carton for milk and chocolate milk; elsewhere refer to bottle]</p> <p>Less than half a [bottle/carton]<br/>         About half a [bottle/carton]<br/>         1 [bottle/carton]<br/>         2 [bottles/cartons]<br/>         3 [bottles/cartons]<br/>         4 [bottles/cartons]<br/>         5 [bottles/cartons]<br/>         6 [bottles/cartons]<br/>         7 [bottles/cartons]<br/>         8 [bottles/cartons]<br/>         9 [bottles/cartons]<br/>         10 [bottles/cartons]<br/>         More than 10 [bottles/cartons]<br/>         Don't know<br/>         Refuse to answer</p> | <p><i>UNIVERSE: Respondents randomized to the original Beverage Frequency Questionnaire</i><br/>         [PROGRAMMER NOTE: For each selection of a large bulk bottle size (2L pop, 2L diet pop, 1L bottled water OR &gt;1L bottled water, 1L regular flavoured water, 1L low-no calorie flavoured water, 946mL regular sports drink, 946mL low/no calorie sport drinks, 1L milk OR &gt;1L milk, 1L chocolate milk OR &gt;1L chocolate milk), ask a follow-up question about number of bottles consumed.]</p> <p><b>Simplement pour vérifier...</b><br/> <b>Environ <u>combien de ces bouteilles/cartons</u> avez-vous consommé au total au cours des 7 derniers jours?</b><br/>         Ne pas compter les [bouteilles/cartons] partagées. N'inclure que la quantité que vous avez bue.<br/>         [show image of bottle selected]<br/>         [PROGRAMMER NOTE: refer to carton for milk and chocolate milk; elsewhere refer to bottle]</p> <p>Moins [d'une demi-bouteille/d'un demi-carton]<br/>         Environ [une demi-bouteille/un demi-carton]<br/>         1 [bouteille/carton]<br/>         2 [bouteilles/cartons]<br/>         3 [bouteilles/cartons]<br/>         4 [bouteilles/cartons]<br/>         5 [bouteilles/cartons]<br/>         6 [bouteilles/cartons]<br/>         7 [bouteilles/cartons]<br/>         8 [bouteilles/cartons]<br/>         9 [bouteilles/cartons]<br/>         10 [bouteilles/cartons]<br/>         Plus de 10 [bouteilles/cartons]<br/>         Je ne sais pas<br/>         Je refuse de répondre</p> |
| <b>BFQ - CONSUME DEALCOHOLIZED DRINKS</b><br><br><b>NEW 2023</b><br><br>NONALC_CONS                                                                                                              | <p><i>UNIVERSE: Respondents randomized to the original Beverage Frequency Questionnaire</i><br/> <b>During the PAST 7 DAYS, did you have any <u>non-alcoholic</u> beer, wine or spirits?</b><br/>         Yes<br/>         No<br/>         Don't know<br/>         Refuse to answer</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | <p><i>UNIVERSE: Respondents randomized to the original Beverage Frequency Questionnaire</i><br/> <b>Au cours des 7 DERNIERS JOURS, avez-vous consommé de la bière, du vin ou des spiritueux <u>sans alcool</u>?</b><br/>         Oui<br/>         Non<br/>         Je ne sais pas<br/>         Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <b>BFQ V2 – INTRO</b><br><br><b>NEW 2025</b>                                                                                                                                                     | <p><i>UNIVERSE: Respondents randomized to the modified Beverage Frequency Questionnaire</i><br/>         [PROGRAMMER NOTE: Hide back button]<br/> <b>Next, we're going to ask you about the drinks you had in the <u>last 7 days</u>.</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <p><i>UNIVERSE: Respondents randomized to the modified Beverage Frequency Questionnaire</i><br/>         [PROGRAMMER NOTE: Hide back button]<br/> <b>Nous allons maintenant vous poser des questions sur les boissons que vous avez bues pendant les <u>7 derniers jours</u>.</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

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| <p><b>BFQ V2 – NON-ALCOHOLIC BEVERAGE CONSUMPTION</b></p> <p><b>NEW 2025</b></p> <p>BFQ2_[1-14]</p> | <p><i>UNIVERSE: Respondents randomized to the modified Beverage Frequency Questionnaire</i></p> <p><b>Did you have any of these drinks in the last 7 days?</b></p> <p><b>Regular soda or pop</b> like Coke, Pepsi, 7-up, Sprite, root beer</p> <p><b>Diet soda or pop</b> like Diet Pepsi, Coke Zero</p> <p><b>100% fruit or vegetable juice</b> like orange juice, apple juice</p> <p><b>Fruit drinks</b> like lemonade, fruit punch/cocktail, SunnyD, iced tea, flavoured/vitamin waters</p> <p><b>Tap water</b> including from a filter or water cooler</p> <p><b>Plain bottled water</b></p> <p><b>Carbonated or sparkling water (low or no-calorie)</b> like Bubly, Perrier</p> <p><b>Sports drinks</b> like Gatorade, Powerade</p> <p><b>Energy drinks</b> like Red Bull, Rockstar, Monster</p> <p><b>White milk or alternatives</b> like unsweetened soy or almond milk <i>*Don't include milk in cereal, coffee or tea.</i></p> <p><b>Chocolate or flavoured milk or alternatives</b> like sweetened soy or almond milk</p> <p><b>Coffee or tea</b></p> <p><b>Sweetened specialty coffees or teas</b> like mochas, frappuccinos, chai lattes, iced coffees, bubble tea</p> <p><b>Smoothies, protein shakes, or drinkable yogurt</b></p> <p>[PROGRAMMER NOTE: Use table with 'Yes'/'No'/'Don't know'/'Refuse to answer' for each drink type]</p> <p>Yes</p> <p>No</p> <p>Don't know</p> <p>Refuse to answer</p> | <p><i>UNIVERSE: Respondents randomized to the modified Beverage Frequency Questionnaire</i></p> <p><b>Avez-vous bu l'une de ces boissons pendant les 7 derniers jours?</b></p> <p><b>Boissons gazeuses ordinaires</b> comme Coke, Pepsi, 7-up, Sprite, racinette</p> <p><b>Boissons diètes</b> comme Pepsi Diète, Coca-Cola Zero</p> <p><b>Jus de fruits ou de légumes purs</b> comme jus d'orange, de pomme</p> <p><b>Boissons aux fruits</b> comme limonade, punch / cocktail aux fruits, SunnyD, thé glacé, eaux aromatisées/vitaminées</p> <p><b>Eau du robinet</b>, y compris celle provenant d'un filtre ou d'une fontaine d'eau</p> <p><b>Eau embouteillée non aromatisée</b></p> <p><b>Eau gazeuse ou pétillante (faible en calories ou hypocaloriques)</b> comme Bubly, Perrier</p> <p><b>Boissons pour sportifs</b> comme Gatorade, Powerade</p> <p><b>Boissons énergisantes</b> comme Red Bull, Rockstar, Monster</p> <p><b>Lait ou substituts de lait non aromatisé</b> comme le lait de soya ou d'amande non sucré <i>*Ne pas inclure le lait dans les céréales, le café ou le thé.</i></p> <p><b>Lait au chocolat ou lait aromatisé ou substituts de lait aromatisé</b> comme le lait de soya ou d'amande sucré</p> <p><b>Café ou thé</b></p> <p><b>Café ou thé de spécialité sucré</b> comme moka, frappuccinos, lattés chai, cafés glacés, thé aux perles</p> <p><b>Smoothies, boissons protéinées, ou yogourt à boire</b></p> <p>[PROGRAMMER NOTE: Use table with 'Yes'/'No'/'Don't know'/'Refuse to answer' for each drink type]</p> <p>Oui</p> <p>Non</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> |
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| <b>BFQ V2 - ALCOHOLIC BEVERAGE CONSUMPTION</b><br><br><b>NEW 2025</b><br><br><i>BFQ2_[15-20]</i> | <p><i>UNIVERSE: Respondents randomized to the modified Beverage Frequency Questionnaire</i></p> <p><b>Did you have any of these drinks in the last 7 days?</b></p> <p>Beer<br/>Wine<br/>Cider (alcoholic)<br/>Mixed drinks, coolers, hard seltzers, or cocktails<br/>Hard alcohol with <u>no mix</u><br/>Non-alcoholic beer, wine or spirits or mocktails</p> <p>[PROGRAMMER NOTE: Use table with ‘Yes’/‘No’/‘Don’t know’/‘Refuse to answer’ for each drink type]</p> <p>Yes<br/>No<br/>Don’t know<br/>Refuse to answer</p>                                                                                                                                                                                                                                                                   | <p><i>UNIVERSE: Respondents randomized to the modified Beverage Frequency Questionnaire</i></p> <p><b>Avez-vous bu l'une de ces boissons pendant les 7 derniers jours?</b></p> <p>Bière<br/>Vin<br/>Cidre (alcoolisé)<br/>Spiritueux avec autre boisson, coolers, hard seltzers ou cocktails<br/>Spiritueux <u>sans autre boisson</u><br/>Bière, vin, spiritueux ou cocktails sans alcool</p> <p>[PROGRAMMER NOTE: Use table with ‘Yes’/‘No’/‘Don’t know’/‘Refuse to answer’ for each drink type]</p> <p>Oui<br/>Non<br/>Je ne sais pas<br/>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                                                    |
| <b>BFQ V2 - AMOUNT PREAMBLE</b><br><br><b>NEW 2025</b>                                           | <p><i>UNIVERSE: Respondents randomized to the modified Beverage Frequency Questionnaire</i></p> <p><b>Next, we’re going to ask about <u>how much</u> you drank in the last 7 days for each category.</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <p><i>UNIVERSE: Respondents randomized to the modified Beverage Frequency Questionnaire</i></p> <p><b>Ensuite, nous allons vous demander <u>combien</u> de chaque catégorie vous avez bu pendant les 7 derniers jours.</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>BFQ V2 – ANY DIET FRUIT DRINKS</b><br><br><b>NEW 2025</b><br><br><i>BFQ2_4_ANYDIET</i>        | <p>[PROGRAMMER NOTE: Ask the following ‘ANY DIET...’ questions <u>immediately before</u> the corresponding ‘BFQ – CONTAINER SIZE’ and ‘BFQ – NUMBER OF DRINKS’ questions for Fruit drinks, Sports drinks, Energy drinks, Smoothies/protein shakes/drinkable yogurt, and Mixed drinks/coolers/seltzers/cocktails.]</p> <p><i>UNIVERSE: Selected “Yes” for ‘Fruit drinks’ in last 7 days.</i></p> <p><b>You told us you had FRUIT DRINKS in the last 7 days.</b></p> <p><b>Were any of the fruit drinks <u>diet, low-calorie or no-calorie</u>?</b><br/>(like diet lemonade, diet cranberry juice, unsweetened iced tea)</p> <p>No<br/>Some fruit drinks were diet, low-calorie or no-calorie<br/>All fruit drinks were diet, low-calorie or no-calorie<br/>Don’t know<br/>Refuse to answer</p> | <p>[PROGRAMMER NOTE: Ask the following ‘ANY DIET...’ questions <u>immediately before</u> the corresponding ‘BFQ – CONTAINER SIZE’ and ‘BFQ – NUMBER OF DRINKS’ questions for Fruit drinks, Sports drinks, Energy drinks, Smoothies/protein shakes/drinkable yogurt, and Mixed drinks/coolers/seltzers/cocktails.]</p> <p><i>UNIVERSE: Selected “Yes” for ‘Fruit drinks’ in last 7 days.</i></p> <p><b>Vous nous avez dit avoir bu des BOISSONS AUX FRUITS pendant les 7 derniers jours.</b></p> <p><b>Certaines de ces boissons aux fruits étaient-elles <u>allégées, hypocaloriques ou sans calories</u>?</b><br/>(comme la limonade hypocalorique, le jus de canneberge allégé, le thé glacé non sucré)</p> <p>Non<br/>Certaines boissons fruitées étaient allégées, hypocaloriques ou sans calorie<br/>Toutes les boissons fruitées étaient allégées, hypocaloriques ou sans calorie<br/>Je ne sais pas<br/>Je refuse de répondre</p> |

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| <p><b>BFQ V2 – ANY DIET SPORTS DRINKS</b></p> <p><b>NEW 2025</b></p> <p>BFQ2_8_ANYDIET</p> | <p>UNIVERSE: Selected “Yes” for ‘Sports drinks’ in last 7 days.</p> <p>You told us you had SPORTS DRINKS in the last 7 days.</p> <p>Were any of the sports drinks <u>diet, low-calorie or no-calorie?</u><br/>(like G2, Powerade Zero)</p> <p>No<br/>Some sports drinks were diet, low-calorie or no-calorie<br/>All sports drinks were diet, low-calorie or no calorie<br/>Don’t know<br/>Refuse to answer</p>  | <p>UNIVERSE: Selected “Yes” for ‘Sports drinks’ in last 7 days.</p> <p>Vous nous avez dit avoir bu des BOISSONS POUR SPORTIFS pendant les 7 derniers jours.</p> <p>Certaines de ces boissons pour sportifs étaient-elles <u>allégées, hypocaloriques ou sans calories?</u><br/>(comme G2, Powerade Zero)</p> <p>Non<br/>Certaines boissons pour sportifs étaient allégées, hypocaloriques ou sans calorie<br/>Toutes les boissons pour sportifs étaient allégées, hypocaloriques ou sans calorie<br/>Je ne sais pas<br/>Je refuse de répondre</p>       |
| <p><b>BFQ V2 – ANY DIET ENERGY DRINKS</b></p> <p><b>NEW 2025</b></p> <p>BFQ2_9_ANYDIET</p> | <p>UNIVERSE: Selected “Yes” for ‘Energy drinks’ in last 7 days.</p> <p>You told us you had ENERGY DRINKS in the last 7 days.</p> <p>Were any of the energy drinks <u>diet, low-calorie or no-calorie?</u><br/>(like Red Bull Sugarfree)</p> <p>No<br/>Some energy drinks were diet, low-calorie or no-calorie<br/>All energy drinks were diet, low-calorie or no calorie<br/>Don’t know<br/>Refuse to answer</p> | <p>UNIVERSE: Selected “Yes” for ‘Energy drinks’ in last 7 days.</p> <p>Vous nous avez dit avoir bu des BOISSONS ÉNERGISANTES pendant les 7 derniers jours.</p> <p>Certaines de ces boissons énergisantes étaient-elles <u>allégées, hypocaloriques ou sans calories?</u><br/>(comme Red Bull Sugarfree, Celsius)</p> <p>Non<br/>Certaines boissons énergisantes étaient allégées, hypocaloriques ou sans calorie<br/>Toutes les boissons énergisantes étaient allégées, hypocaloriques ou sans calorie<br/>Je ne sais pas<br/>Je refuse de répondre</p> |

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| <p><b>BFQ V2 – ANY DIET SMOOTHIES</b></p> <p><b>NEW 2025</b></p> <p><i>BFQ2_14_ANYDIET</i></p>    | <p><i>UNIVERSE: Selected “Yes” for ‘Smoothies, protein shakes or drinkable yogurt’ in last 7 days.</i></p> <p><b>You told us you had SMOOTHIES, PROTEIN SHAKES, OR DRINKABLE YOGURT in the last 7 days.</b></p> <p><b>Were any of the smoothies, protein shakes, or drinkable yogurt <u>unsweetened, diet or low-calorie</u>?</b><br/>(like low-sugar protein shakes, low-sugar drinkable yogurt)</p> <p>No<br/>Some were unsweetened, diet or low-calorie<br/>All were unsweetened, diet or low-calorie<br/>Don’t know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Selected “Yes” for ‘Smoothies, protein shakes or drinkable yogurt’ in last 7 days.</i></p> <p><b>Vous nous avez dit avoir bu des SMOOTHIES, BOISSONS PROTÉINÉES, OU YOGOURT À BOIRE pendant les 7 derniers jours.</b></p> <p><b>Certaines de ces smoothies, boissons protéinées, ou yogourt à boire étaient-ils <u>non sucrés, allégés ou hypocaloriques</u>?</b><br/>(comme les boissons protéinées à faible teneur en sucre, les yogourts à boire à faible teneur en sucre)</p> <p>Non<br/>Certaines étaient non sucrées, allégées ou hypocaloriques<br/>Toutes étaient non sucrées, allégées ou hypocaloriques<br/>Je ne sais pas<br/>Je refuse de répondre</p> |
| <p><b>BFQ V2 – ANY DIET MIXED DRINKS</b></p> <p><b>NEW 2025</b></p> <p><i>BFQ2_18_ANYDIET</i></p> | <p><i>UNIVERSE: Selected “Yes” for ‘Mixed drinks/coolers/seltzers/cocktails’ in last 7 days.</i></p> <p><b>You told us you had MIXED DRINKS, COOLERS, HARD SELTZERS, OR COCKTAILS in the last 7 days.</b></p> <p><b>Were any of the mixed drinks, coolers, hard seltzers or cocktails <u>diet or low-calorie</u>?</b><br/>(like vodka &amp; soda, rum &amp; diet coke, White Claw, other sugar-free cocktails or seltzers)</p> <p>No<br/>Some were diet or low-calorie<br/>All were diet or low-calorie<br/>Don’t know<br/>Refuse to answer</p>  | <p><i>UNIVERSE: Selected “Yes” for ‘Mixed drinks/coolers/seltzers/cocktails’ in last 7 days.</i></p> <p><b>Vous nous avez dit avoir bu des SPIRITUEUX AVEC AUTRE BOISSON, COOLERS, HARD SELTZERS OU COCKTAILS pendant les 7 derniers jours.</b></p> <p><b>Certains de ces spiritueux avec autre boisson, coolers, hard seltzers ou cocktails étaient-ils <u>allégés ou hypocaloriques</u>?</b><br/>(comme vodka et soda, rhum et boisson diète, White Claw, autres cocktails ou seltzers sans sucre)</p> <p>Non<br/>Certaines étaient allégées ou hypocaloriques<br/>Toutes étaient allégées ou hypocaloriques<br/>Je ne sais pas<br/>Je refuse de répondre</p>                    |

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| <div>BFQ2_V2 – CONTAINER SIZE</div> <div>NEW 2025</div> <div>BFQ2_[1-20]_SIZE_CA</div> <div>BFQ2_#_SIZE_CA_DKR</div> <div>BFQ2_4DIET_SIZE_CA</div> <div>BFQ2_4REG_SIZE_CA</div> <div>BFQ2_8DIET_SIZE_CA</div> <div>BFQ2_8REG_SIZE_CA</div> <div>BFQ2_9DIET_SIZE_CA</div> <div>BFQ2_9REG_SIZE_CA</div> <div>BFQ2_14DIET_SIZE_CA</div> <div>BFQ2_14REG_SIZE_CA</div> <div>BFQ2_18DIET_SIZE_CA</div> <div>BFQ2_18REG_SIZE_CA</div> | <div>UNIVERSE: Selected “Yes” for the corresponding beverage categories, as indicated below.</div> <div>[PROGRAMMER NOTE: Ask this container size question for each beverage category previously selected, using category specific text/images shown below. Ask about each relevant category on a separate screen. Images will be clickable. Respondents may select <u>one</u> container image, or DK/R.]</div> <div>We want to know how much [BEVERAGE CATEGORY] you had in the last 7 days.</div> <div>(like [examples of beverage category, where relevant])</div> <div>What size container would you like to use to report this?</div> <div>[Display array of container images corresponding to the beverage category, as illustrated below.]</div> <div>Don’t know</div> <div>Refuse to answer</div> <div>[PROGRAMMER NOTE: Ask above question for relevant categories using the below text/image]</div> <div>UNIVERSE: Selected “Yes” for ‘Regular soda or pop’ in last 7 days.</div> <div>REGULAR SODA OR POP</div> <div>(like Coke, Pepsi, 7-Up, Sprite, root beer)</div> <div><div><div></div><div>Mini can (222 mL)</div></div><div><div></div><div>1 cup (250 mL)</div></div><div><div></div><div>Can (355 mL)</div></div><div><div></div><div>Fountain cup (473 mL)</div></div><div><div></div><div>Bottle (591 mL)</div></div><div><div></div><div>Fountain cup (591 mL)</div></div><div><div></div><div>Fountain cup (710 mL)</div></div><div><div></div><div>Large bottle (2 L)</div></div></div> <div>UNIVERSE: Selected “Yes” for ‘Diet soda or pop’ in last 7 days.</div> <div>DIET SODA OR POP</div> <div>(like Diet Pepsi, Coke Zero)</div> <div><div><div></div><div>Mini can (222 mL)</div></div><div><div></div><div>1 cup (250 mL)</div></div><div><div></div><div>Can (355 mL)</div></div><div><div></div><div>Fountain cup (473 mL)</div></div><div><div></div><div>Bottle (591 mL)</div></div><div><div></div><div>Fountain cup (591 mL)</div></div><div><div></div><div>Fountain cup (710 mL)</div></div><div><div></div><div>Large bottle (2 L)</div></div></div> | <div>UNIVERSE: Selected “Yes” for the corresponding beverage categories, as indicated below.</div> <div>[PROGRAMMER NOTE: Ask this container size question for each beverage category previously selected, using category specific text/images shown below. Ask about each relevant category on a separate screen. Images will be clickable. Respondents may select <u>one</u> container image, or DK/R.]</div> <div>Nous voulons savoir quelle quantité de [BEVERAGE CATEGORY] vous avez bu pendant les 7 derniers jours.</div> <div>(comme [examples of beverage category, where relevant])</div> <div>Quelle taille de contenant souhaitez-vous utiliser pour indiquer cette quantité?</div> <div>[Display array of container images corresponding to the beverage category, as illustrated below.]</div> <div>Je ne sais pas</div> <div>Je refuse de répondre</div> <div>[PROGRAMMER NOTE: Ask above question for relevant categories using the below text/image]</div> <div>UNIVERSE: Selected “Yes” for ‘Regular soda or pop’ in last 7 days.</div> <div>BOISSONS GAZEUSES ORDINAIRES</div> <div>(comme Coke, Pepsi, 7-up, Sprite, racinette)</div> <div><div><div></div><div>Mini-canette (222 mL)</div></div><div><div></div><div>1 tasse (250 mL)</div></div><div><div></div><div>Canette (355 mL)</div></div><div><div></div><div>Verre de distributeur à boisson (473 mL)</div></div><div><div></div><div>Bouteille (591 mL)</div></div><div><div></div><div>Verre de distributeur à boisson (591 mL)</div></div><div><div></div><div>Verre de distributeur à boisson (710 mL)</div></div><div><div></div><div>Grande bouteille (2 L)</div></div></div> <div>UNIVERSE: Selected “Yes” for ‘Diet soda or pop’ in last 7 days.</div> <div>BOISSONS DIÈTES</div> <div>(comme Pepsi Diète, Coca-Cola Zero)</div> <div><div><div></div><div>Mini-canette (222 mL)</div></div><div><div></div><div>1 tasse (250 mL)</div></div><div><div></div><div>Canette (355 mL)</div></div><div><div></div><div>Verre de distributeur à boisson (473 mL)</div></div><div><div></div><div>Bouteille (591 mL)</div></div><div><div></div><div>Verre de distributeur à boisson (591 mL)</div></div><div><div></div><div>Verre de distributeur à boisson (710 mL)</div></div><div><div></div><div>Grande bouteille (2 L)</div></div></div> |
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UNIVERSE: Selected “Yes” for ‘100% fruit or vegetable juice’ in last 7 days.

### 100% FRUIT OR VEGETABLE JUICE

(like orange juice, apple juice)



UNIVERSE: Selected “Some...” or “All...” for ‘Diet/low cal fruit drinks’ in last 7 days.

### DIET, LOW-CALORIE OR NO-CALORIE FRUIT DRINK

(like diet lemonade, diet cranberry juice, unsweetened iced tea)



UNIVERSE: Selected “None” or “Some...” for ‘Diet/low cal fruit drinks’ in last 7 days.

### SWEETENED FRUIT DRINK

(like lemonade, fruit punch/cocktail, SunnyD, iced tea, flavoured/vitamin waters)



UNIVERSE: Selected “Yes” for ‘Tap water’ in last 7 days.

### TAP WATER

(including from a filter or water cooler)



UNIVERSE: Selected “Yes” for ‘100% fruit or vegetable juice’ in last 7 days.

### JUS DE FRUITS OU DE LÉGUMES PURS

(comme jus d’orange, de pomme)



UNIVERSE: Selected “Some...” or “All...” for ‘Diet/low cal fruit drinks’ in last 7 days.

### BOISSONS AUX FRUITS ALLÉGÉES, HYPOCALORIQUES OU SANS CALORIES

(comme la limonade hypocalorique, le jus de canneberge allégé, le thé glacé non sucré)



UNIVERSE: Selected “None” or “Some...” for ‘Diet/low cal fruit drinks’ in last 7 days.

### BOISSONS AUX FRUITS SUCRÉES

(comme limonade, punch / cocktail aux fruits, SunnyD, thé glacé, eaux aromatisées/vitaminées)



UNIVERSE: Selected “Yes” for ‘Tap water’ in last 7 days.

### EAU DU ROBINET

(y compris celle provenant d’un filtre ou d’une fontaine d’eau)



UNIVERSE: Selected "Yes" for 'Plain bottled water' in last 7 days.

### PLAIN BOTTLED WATER



UNIVERSE: Selected "Yes" for 'Carbonated or sparkling water' in last 7 days.

### CARBONATED OR SPARKLING WATER (LOW OR NO-CALORIE) (like Bubly, Perrier)



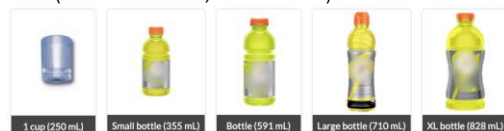
UNIVERSE: Selected "Some..." or "All..." for 'Diet/low cal sports drinks' in last 7 days.

### DIET, LOW-CALORIE OR NO-CALORIE SPORTS DRINK (like G2, Powerade Zero)



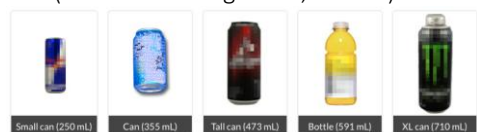
UNIVERSE: Selected "None" or "Some..." for 'Diet/low cal sports drinks' in last 7 days.

### REGULAR SPORTS DRINK (like Gatorade, Powerade)



UNIVERSE: Selected "Some..." or "All..." for 'Diet/low cal energy drinks' in last 7 days.

### DIET, LOW-CALORIE OR NO-CALORIE ENERGY DRINK (like Red Bull Sugarfree, Celsius)



UNIVERSE: Selected "Yes" for 'Plain bottled water' in last 7 days.

### EAU EMBOUEILLÉE NON AROMATISÉE



UNIVERSE: Selected "Yes" for 'Carbonated or sparkling water' in last 7 days.

### EAU GAZEUSE OU PÉTILLANTE (FAIBLE EN CALORIES OU HYPOCALORIQUES) (comme Bubly, Perrier)



UNIVERSE: Selected "Some..." or "All..." for 'Diet/low cal sports drinks' in last 7 days.

### BOISSONS POUR SPORTIFS ALLÉGÉES, HYPOCALORIQUES OU SANS CALORIES (comme G2, Powerade Zero)



UNIVERSE: Selected "None" or "Some..." for 'Diet/low cal sports drinks' in last 7 days.

### BOISSONS POUR SPORTIFS ORDINAIRES (comme Gatorade, Powerade)



UNIVERSE: Selected "Some..." or "All..." for 'Diet/low cal energy drinks' in last 7 days.

### BOISSONS ÉNERGISANTES ALLÉGÉES, HYPOCALORIQUES OU SANS CALORIES (comme Red Bull Sugarfree, Celsius)



UNIVERSE: Selected “None” or “Some...” for ‘Diet/low cal energy drinks’ in last 7 days.

### REGULAR ENERGY DRINK

(like Red Bull, Rockstar, Monster)



UNIVERSE: Selected “Yes” for ‘White milk or alternatives’ in last 7 days.

### WHITE MILK OR ALTERNATIVES

(like unsweetened soy or almond milk)

\*Don’t include milk in cereal, coffee or tea.



UNIVERSE: Selected “Yes” for ‘Chocolate or flavoured milk’ in last 7 days.

### CHOCOLATE OR FLAVOURED MILK OR ALTERNATIVES

(like sweetened soy or almond milk)



UNIVERSE: Selected “Yes” for ‘Coffee or tea’ in last 7 days.

### COFFEE OR TEA



UNIVERSE: Selected “Yes” for ‘Sweetened specialty coffee or tea’ in last 7 days.

### SWEETENED SPECIALTY COFFEE OR TEA

(like mochas, frappuccinos, chai lattes, iced coffees, bubble tea)



UNIVERSE: Selected “None” or “Some...” for ‘Diet/low cal energy drinks’ in last 7 days.

### BOISSONS ÉNERGISANTES ORDINAIRES

(comme Red Bull, Rockstar, Monster)



UNIVERSE: Selected “Yes” for ‘White milk’ in last 7 days.

### LAIT OU SUBSTITUTS DE LAIT NON AROMATISÉ

(comme le lait de soya ou d’amande non sucré)

\*Ne pas inclure le lait dans les céréales, le café ou le thé.



UNIVERSE: Selected “Yes” for ‘Chocolate or flavoured milk’ in last 7 days.

### LAIT AU CHOCOLAT OU LAIT AROMATISÉ OU SUBSTITUTS DE LAIT AROMATISÉ

(comme le lait de soya ou d’amande sucré)



UNIVERSE: Selected “Yes” for ‘Coffee or tea’ in last 7 days.

### CAFÉ OU THÉ



UNIVERSE: Selected “Yes” for ‘Sweetened specialty coffee or tea’ in last 7 days.

### CAFÉ OU THÉ DE SPÉCIALITÉ SUCRÉ

(comme moka, frappuccinos, lattés chai, cafés glacés, thé aux perles)



UNIVERSE: Selected “Some...” or “All...” for ‘Unsweetened/diet smoothies/protein shakes/yogurt’ in last 7 days.

### UNSWEETENED, DIET OR LOW-CALORIE SMOOTHIES, PROTEIN SHAKES, OR DRINKABLE YOGURT

(like low-sugar protein shakes, low-sugar drinkable yogurt)



UNIVERSE: Selected “None” or “Some...” for ‘Unsweetened/diet smoothies/protein shakes/yogurt’ in last 7 days.

### SWEETENED SMOOTHIES, PROTEIN SHAKES, OR DRINKABLE YOGURT



UNIVERSE: Selected “Yes” for ‘Beer’ in last 7 days.

### BEER



UNIVERSE: Selected “Yes” for ‘Wine’ in last 7 days.

### WINE



UNIVERSE: Selected “Yes” for ‘Cider’ in last 7 days.

### CIDER (ALCOHOLIC)



UNIVERSE: Selected “Some...” or “All...” for ‘Unsweetened/diet smoothies/protein shakes/yogurt’ in last 7 days.

### SMOOTHIES, BOISSONS PROTÉINÉES, OU YOGOURT À BOIRE NON SUCRÉS, ALLÉGÉS OU HYPOCALORIQUES

(comme les boissons protéinées à faible teneur en sucre, les yogourts à boire à faible teneur en sucre)



UNIVERSE: Selected “None” or “Some...” for ‘Unsweetened/diet smoothies/protein shakes/yogurt’ in last 7 days.

### SMOOTHIES, BOISSONS PROTÉINÉES, OU YOGOURT À BOIRE SUCRÉS



UNIVERSE: Selected “Yes” for ‘Beer’ in last 7 days.

### BIÈRE



UNIVERSE: Selected “Yes” for ‘Wine’ in last 7 days.

### VIN



UNIVERSE: Selected “Yes” for ‘Cider’ in last 7 days.

### CIDRE (ALCOOLISÉ)



UNIVERSE: Selected “Some...” or “All...” for ‘Diet/low cal mixed drinks’ in last 7 days.

**DIET OR LOW-CALORIE MIXED DRINKS, COOLERS, HARD SELTZERS, OR COCKTAILS**

(like vodka & soda, rum & diet coke, White Claw, other sugar-free cocktails or seltzers)



UNIVERSE: Selected “None” or “Some...” for ‘Diet/low cal mixed drinks’ in last 7 days.

**SUGARY MIXED DRINKS, COOLERS, HARD SELTZERS, OR COCKTAILS**

(like rum & coke, Smirnoff Ice, Twisted Tea, gin & tonic, margaritas)



UNIVERSE: Selected “Yes” for ‘Hard alcohol with no mix’ in last 7 days.

**HARD ALCOHOL WITH NO MIX**



UNIVERSE: Selected “Yes” for ‘Non-alcoholic beer/wine/spirits/mocktails’ in last 7 days.

**NON-ALCOHOLIC BEER, WINE, SPIRITS OR MOCKTAILS**



UNIVERSE: Selected “Some...” or “All...” for ‘Diet/low cal premixes’ in last 7 days.

**SPIRITUEUX AVEC AUTRE BOISSON, COOLERS, HARD SELTZERS OU COCKTAILS ALLÉGÉES OU HYPOCALORIQUES**

(comme vodka et soda, rhum et boisson diète, White Claw, autres cocktails ou seltzers sans sucre)



UNIVERSE: Selected “None” or “Some...” for ‘Diet/low cal mixed drinks’ in last 7 days.

**SPIRITUEUX AVEC AUTRE BOISSON, COOLERS, HARD SELTZERS OU COCKTAILS SUCRÉS**

(comme rhum et coca, Smirnoff Ice, Twisted Tea, gin tonic, margaritas)



UNIVERSE: Selected “Yes” for ‘Hard alcohol with no mix’ in last 7 days.

**SPIRITUEUX SANS AUTRE BOISSON**



UNIVERSE: Selected “Yes” for ‘Non-alcoholic beer/wine/spirits/mocktails’ in last 7 days.

**BIÈRE, VIN, SPIRITUEUX OU COCKTAILS SANS ALCOOL**



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| <p><b>BFQ V2 – NUMBER OF DRINKS</b></p> <p><b>NEW 2025</b></p> <p>BFQ2_[1-20]_N_CA#<br/>BFQ2_[1-20]_N_CA#_N</p> | <p><i>UNIVERSE: Respondents who selected a container size in the corresponding ‘BFQ – CONTAINER SIZE’ question). Skip for categories where the respondent selected DK/R for the size.</i></p> <p>[PROGRAMMER NOTE: Ask respondents to specify the number of drinks for each relevant beverage category (if a container size was selected) using the following question.]</p> <p><b>In total, about HOW MANY of these did you drink in the last 7 days?</b></p> <p>[Name and examples of beverage category]</p> <p><i>If you also had [beverage category] from other container sizes, please estimate how many of <u>this container size</u> that would equal.</i></p> <p>[Display the container image selected in corresponding ‘BFQ V2 – CONTAINER SIZE’ question]</p> <p>Number of [glasses/cans/cups/bottles]: _____ [numeric; allow decimals]<br/>Don’t know<br/>Refuse to answer</p> <p>[PROGRAMMER NOTE: Ask above question for each relevant category, using below descriptor]</p> <p><b>Regular soda or pop</b> like Coke, Pepsi, 7-Up, Sprite or root beer<br/><b>Diet soda or pop</b> like Diet Pepsi or Coke Zero<br/><b>100% fruit or vegetable juice</b> like orange juice or apple juice<br/><b>Diet, low-calorie or no-calorie fruit drinks</b> like diet lemonade, diet cranberry juice or unsweetened iced tea<br/><b>Sweetened fruit drinks</b> like lemonade, fruit punch/cocktail, SunnyD, iced tea or flavoured/vitamin waters<br/><b>Tap water</b> including from a filter or water cooler<br/><b>Plain bottled water</b><br/><b>Carbonated or sparkling water (low or no-calorie)</b> like Bubly or Perrier<br/><b>Diet, low-calorie or no-calorie sports drinks</b> like G2 or Powerade Zero<br/><b>Regular sports drinks</b> like Gatorade or Powerade<br/><b>Diet, low-calorie or no-calorie energy drinks</b> like Red Bull Sugarfree or Celsius<br/><b>Regular energy drinks</b> like Red Bull, Rockstar or Monster<br/><b>White milk or alternatives</b> like unsweetened soy or almond milk<br/><i>*Don’t include milk in cereal, coffee or tea.</i><br/><b>Chocolate or flavoured milk or alternatives</b> like sweetened soy or almond milk<br/><b>Coffee or tea</b><br/><b>Sweetened specialty coffees or teas</b> like mochas, frappuccinos, chai lattes, iced coffees or bubble tea<br/><b>Unsweetened, diet or low-calorie smoothies, protein shakes, or drinkable yogurt</b> like low-sugar protein shakes or low-sugar drinkable yogurt</p> | <p><i>UNIVERSE: Respondents who selected a container size in the corresponding ‘BFQ – CONTAINER SIZE’ question). Skip for categories where the respondent selected DK/R for the size.</i></p> <p>[PROGRAMMER NOTE: Ask respondents to specify the number of drinks for each relevant beverage category (if a container size was selected) using the following question.]</p> <p><b>Au total, environ COMBIEN avez-vous bu pendant des 7 derniers jours?</b></p> <p>[Name and examples of beverage category]</p> <p><i>Si vous aviez aussi bu [beverage category] provenant d’autres contenants, veuillez estimer combien de <u>cette taille de contenant</u> cela représenterait.</i></p> <p>[Display the container image selected in corresponding ‘BFQ V2 – CONTAINER SIZE’ question]</p> <p>Nombre de [verres/canettes/tasses/bouteilles]: _____<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p>[PROGRAMMER NOTE: Ask above question for each relevant category, using below descriptor]</p> <p><b>Boissons gazeuses ordinaires</b> comme Coke, Pepsi, 7-up, Sprite ou racinette<br/><b>Boissons diètes</b> comme Pepsi Diète ou Coca-Cola Zero<br/><b>Jus de fruits ou de légumes purs</b> comme jus d’orange ou de pomme<br/><b>Boissons aux fruits allégées, hypocaloriques ou sans calories</b> comme la limonade hypocalorique, le jus de canneberge allégé ou le thé glacé non sucré<br/><b>Boissons aux fruits sucrées</b> comme limonade, punch/cocktail aux fruits, SunnyD, thé glacé ou eaux aromatisées/vitaminées<br/><b>Eau du robinet</b>, y compris celle provenant d’un filtre ou d’une fontaine d’eau<br/><b>Eau embouteillée non aromatisée</b><br/><b>Eau gazeuse ou pétillante (faible en calories ou hypocaloriques)</b> comme Bubly ou Perrier<br/><b>Boissons pour sportifs allégées, hypocaloriques ou sans calories</b> comme G2 ou Powerade Zero<br/><b>Boissons pour sportifs ordinaires</b> comme Gatorade ou Powerade<br/><b>Boissons énergisantes allégées, hypocaloriques ou sans calories</b> comme Red Bull Sugarfree ou Celsius<br/><b>Boissons énergisantes ordinaires</b> comme Red Bull, Rockstar, Monster<br/><b>Lait ou substituts de lait non aromatisé</b> comme le lait de soya ou d’amande non sucré *Ne pas inclure le lait dans les céréales, le café ou le thé.<br/><b>Lait au chocolat ou lait aromatisé ou substituts de lait aromatisé</b> comme le lait de soya ou d’amande sucré<br/><b>Café ou thé</b></p> |
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|  | <p><b>Sweetened smoothies, protein shakes, or drinkable yogurt</b></p> <p><b>Beer</b></p> <p><b>Wine</b></p> <p><b>Cider</b> (alcoholic)</p> <p><b>Diet or low-calorie mixed drinks, coolers, hard seltzers, or cocktails</b> like vodka &amp; soda, rum &amp; diet coke, White Claw, or other sugar-free cocktails or seltzers</p> <p><b>Sugary mixed drinks, coolers, hard seltzers, or cocktails</b> like rum &amp; coke, Smirnoff Ice, Twisted Tea, gin &amp; tonic or margaritas</p> <p><b>Hard alcohol with <u>no mix</u></b></p> <p><b>Non-alcoholic beer, wine or spirits or mocktails</b></p> | <p><b>Café ou thé de spécialité sucré</b> comme moka, frappuccinos, lattés chai, cafés glacés ou thé aux perles</p> <p><b>Smoothies, boissons protéinées, ou yogourt à boire non sucrés, allégés ou hypocaloriques</b> comme les boissons protéinées à faible teneur en sucre ou les yogourts à boire à faible teneur en sucre</p> <p><b>Smoothies boissons protéinées, ou yogourt à boire sucrés</b></p> <p><b>Bière</b></p> <p><b>Vin</b></p> <p><b>Cidre</b> (alcoolisé)</p> <p><b>Spiritueux avec autre boisson, coolers, hard seltzers ou cocktails allégés ou hypocaloriques</b> comme vodka et soda, rhum et boisson diète, White Claw ou autres cocktails ou seltzers sans sucre</p> <p><b>Spiritueux avec autre boisson, coolers, hard seltzers ou cocktails sucrés</b> comme rhum et coca, Smirnoff Ice, Twisted Tea, gin tonic, margaritas</p> <p><b>Spiritueux <u>sans autre boisson</u></b></p> <p><b>Bière, vin, spiritueux ou cocktails sans alcool</b></p> |
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## FOOD PREPARATION AND FOOD SKILLS

| DOMAIN<br>SOURCE                                                                                                                                                                       | ENGLISH                                                                                                                                                                                                                                                          | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                     |
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| <b>FOOD SHOPPING ROLE</b><br>ADAPTED FROM<br><a href="#">USDA: AMERICAN TIME USE SURVEY - EATING &amp; HEALTH MODULE 2014-2016</a><br>REVISED 2019<br>REVISED 2025 (FR)<br><i>SHOP</i> | <b>How much of the food shopping do you do in your household?</b><br>Most<br>Share equally with other(s)<br>Some, but less than other(s)<br>None<br>Don't know<br>Refuse to answer                                                                               | <b>Quelle proportion des achats de nourriture faites-vous dans votre ménage?</b><br>Une grande partie<br>Partagé à parts égales avec d'autres<br>Un peu, mais moins que d'autres<br>Aucun<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                   |
| <b>FREQUENCY OF PREPARING MAIN MEALS</b><br>UK NATIONAL DIET AND NUTRITION SURVEY (NDNS)<br><i>PREP_FREQ</i>                                                                           | <b>How often do you prepare a main meal for yourself or others?</b><br>Never<br>Only for special occasions<br>Less than once a week<br>One or two days a week<br>Some days (3–4 a week)<br>Most days (5–6 a week)<br>Every day<br>Don't know<br>Refuse to answer | <b>À quelle fréquence préparez-vous un repas principal pour vous ou les autres?</b><br>Jamais<br>Seulement pour les occasions spéciales<br>Moins d'une fois par semaine<br>Une ou deux fois par semaine<br>Quelques jours (3 à 4 par semaine)<br>La plupart des jours (5 à 6 par semaine)<br>Tous les jours<br>Je ne sais pas<br>Je refuse de répondre |
| <b>COOKING SKILLS – GENERAL</b><br><i>SKILL_OVERALL</i>                                                                                                                                | <b>Overall, how would you rate your cooking skills?</b><br>Poor<br>Fair<br>Good<br>Very good<br>Excellent<br>Don't know<br>Refuse to answer                                                                                                                      | <b>En général, comment évaluez-vous vos compétences en cuisine?</b><br>Faibles<br>Passables<br>Bonnes<br>Très bonnes<br>Excellentes<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                         |

## FOOD SECURITY

| DOMAIN<br>SOURCE                                                                               | ENGLISH                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| <b>FOOD SECURITY – INTRO</b><br>USDA HFSM                                                      | These next questions are about the food eaten in your household in the last 12 months, since [current month] of last year, and whether you were able to afford the food you need.                                                                                                                                                                                                                                                                                                                         | Les questions qui suivent concernent les aliments qui ont été consommés dans votre ménage au cours des 12 derniers mois, depuis [mois en cours] de l'an dernier, et votre capacité financière de vous procurer les aliments dont vous avez besoin.                                                                                                                                                                                                                                                                                                                               |
| <b>FOOD SECURITY – HH1</b><br>USDA HFSM<br><br>REVISED 2024<br>(French translation)<br><br>HH1 | Which of these statements best describes the food eaten in your household in the last 12 months:<br>You and other household members always had enough of the kinds of foods you wanted to eat.<br>You and other household members had enough to eat, but not always the <u>kinds</u> of food you wanted.<br>Sometimes you and other household members did <u>not</u> have <u>enough</u> to eat. <u>Often</u> you and other household members didn't have enough to eat.<br>Don't know<br>Refuse to answer | Lequel des énoncés suivants décrit le mieux les aliments consommés dans votre ménage au cours des 12 derniers mois?<br>Vous/les membres de votre ménage avez toujours eu suffisamment d'aliments que vous vouliez manger<br>Vous/les membres de votre ménage aviez assez à manger, mais pas toujours les <u>types</u> d'aliments que vous vouliez<br>Parfois vous/les membres de votre ménage n'avez <u>pas suffisamment</u> de quoi manger<br><u>Souvent</u> vous/les membres de votre ménage n'avez pas suffisamment de quoi manger<br>Je ne sais pas<br>Je refuse de répondre |
| <b>FOOD SECURITY – HH INTRO</b><br>USDA HFSM                                                   | Now you will see several statements that may be used to describe the food situation for a household. Please indicate if the statement was often true, sometimes true, or never true for you and other household members <u>IN THE LAST 12 MONTHS</u> – that is since last [name of current month].                                                                                                                                                                                                        | Maintenant, voici plusieurs énoncés pouvant être utilisés pour décrire la situation d'un ménage en ce qui concerne l'alimentation. Veuillez indiquer si, <u>AU COURS DES 12 DERNIERS MOIS</u> (depuis [name of current month] dernier), l'énoncé s'est avéré souvent vrai, parfois vrai ou jamais vrai pour vous et les autres membres de votre ménage.                                                                                                                                                                                                                          |
| <b>FOOD SECURITY – HH2</b><br>USDA HFSM<br><br>REVISED 2024<br>(French translation)<br><br>HH2 | You and other household members worried that food would run out before you got money to buy more.<br>Often true<br>Sometimes true<br>Never true<br>Don't know<br>Refuse to answer                                                                                                                                                                                                                                                                                                                         | Vous et les autres membres de votre ménage craigniez de manquer de nourriture avant d'obtenir de l'argent pour vous réapprovisionner.<br>Souvent vrai<br>Parfois vrai<br>Jamais vrai<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                                                                                                                                                                  |
| <b>FOOD SECURITY – HH3</b><br>USDA HFSM<br><br>HH3                                             | The food that you and other household members bought just didn't last, and there wasn't any money to get more.<br>Often true<br>Sometimes true<br>Never true<br>Don't know<br>Refuse to answer                                                                                                                                                                                                                                                                                                            | Les aliments que vous et les autres membres de votre ménage avez achetés n'ont tout simplement pas suffi et vous n'aviez pas les moyens de vous réapprovisionner.<br>Souvent vrai<br>Parfois vrai<br>Jamais vrai<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                                                                                                                                      |

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| <b>FOOD SECURITY – HH4</b><br>USDA HFSM<br><br><i>HH4</i>                                                           | <b>You and other household members couldn't afford to eat balanced meals.</b><br>Often true<br>Sometimes true<br>Never true<br>Don't know<br>Refuse to answer                                                                                                                                                         | <b>Vous et les autres membres de votre ménage n'aviez pas les moyens de vous offrir des repas équilibrés.</b><br>Souvent vrai<br>Parfois vrai<br>Jamais vrai<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                      |
| <b>FIRST LEVEL SCREENING</b>                                                                                        | If affirmative response to one or more of HH1-HH4 (i.e., HH1=3 or 4, or HH2-HH4=1 ("often true") or 2 ("sometimes true")), then continue to AD1; otherwise, if children under age 18 are present in the household (child_home>0), skip to CH1; otherwise skip to End of Food Security Module.                         | If affirmative response to one or more of HH1-HH4 (i.e., HH1=3 or 4, or HH2-HH4=1 ("often true") or 2 ("sometimes true")), then continue to AD1; otherwise, if children under age 18 are present in the household (child_home>0), skip to CH1; otherwise skip to End of Food Security Module.                                                                                |
| <b>FOOD SECURITY – AD1</b><br>USDA HFSM<br><br><b>REVISED 2024</b><br><b>(French translation)</b><br><br><i>AD1</i> | <i>UNIVERSE: Respondents who passed first level screening</i><br><b>In the last 12 months, since last [name of current month], did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food?</b><br>Yes<br>No<br>Don't know<br>Refuse to answer | <i>UNIVERSE: Respondents who passed first level screening</i><br><b>Au cours des 12 derniers mois, depuis [mois en cours] dernier, est-ce que vous ou d'autres membres de votre ménage avez réduit la taille de vos portions ou sauté des repas parce que vous manquiez d'argent pour acheter de la nourriture?</b><br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre |
| <b>FOOD SECURITY – AD1a</b><br>USDA HFSM<br><br><i>AD1A</i>                                                         | <i>UNIVERSE: AD1=1 (yes)</i><br><b>How often did this happen?</b><br>Almost every month<br>Some months but not every month<br>Only 1 or 2 months<br>Don't know<br>Refuse to answer                                                                                                                                    | <i>UNIVERSE: AD1=1 (yes)</i><br><b>À quelle fréquence cela s'est-il produit?</b><br>Presque chaque mois<br>Certains mois, mais pas chaque mois<br>Seulement un mois ou deux<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                       |
| <b>FOOD SECURITY – AD2</b><br>USDA HFSM<br><br><i>AD2</i>                                                           | <i>UNIVERSE: Respondents who passed first level screening</i><br><b>In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?</b><br>Yes<br>No<br>Don't know<br>Refuse to answer                                                                              | <i>UNIVERSE: Respondents who passed first level screening</i><br><b>Au cours des 12 derniers mois, avez-vous déjà mangé moins que vous estimez que vous auriez dû parce que vous manquiez d'argent pour acheter de la nourriture?</b><br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre                                                                               |

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| <b>FOOD SECURITY – AD3</b><br>USDA HFSM<br><br>AD3                           | <i>UNIVERSE: Respondents who passed first level screening</i><br><b>In the last 12 months, were you ever hungry but didn't eat because there wasn't enough money for food?</b><br>Yes<br>No<br>Don't know<br>Refuse to answer                                     | <i>UNIVERSE: Respondents who passed first level screening</i><br><b>Au cours des 12 derniers mois, avez-vous déjà eu faim, mais n'avez pas mangé parce que vous manquiez d'argent pour acheter de la nourriture?</b><br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre                                                   |
| <b>FOOD SECURITY – AD4</b><br>USDA HFSM<br><br>AD4                           | <i>UNIVERSE: Respondents who passed first level screening</i><br><b>In the last 12 months, did you lose weight because there wasn't enough money for food?</b><br>Yes<br>No<br>Don't know<br>Refuse to answer                                                     | <i>UNIVERSE: Respondents who passed first level screening</i><br><b>Au cours des 12 derniers mois, avez-vous perdu du poids parce que vous manquiez d'argent pour acheter de la nourriture?</b><br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre                                                                        |
| <b>SECOND LEVEL SCREENING</b>                                                | If affirmative response to one or more of AD1-AD4, then continue to AD5; otherwise, if children under age 18 are present in the household (child_home >0), skip to CH1, otherwise skip to End of Food Security Module.                                            | If affirmative response to one or more of AD1-AD4, then continue to AD5; otherwise, if children under age 18 are present in the household (child_home >0), skip to CH1, otherwise skip to End of Food Security Module.                                                                                                          |
| <b>FOOD SECURITY – AD5</b><br>USDA HFSM<br><br>AD5                           | <i>UNIVERSE: Respondents who passed second level screening</i><br><b>In the last 12 months, did you or other adults in your household ever not eat for a whole day because there wasn't enough money for food?</b><br>Yes<br>No<br>Don't know<br>Refuse to answer | <i>UNIVERSE: Respondents who passed second level screening</i><br><b>Au cours des 12 derniers mois, est-ce que vous ou d'autres adultes de votre ménage n'avez pas mangé pendant toute une journée parce que vous manquiez d'argent pour acheter de la nourriture?</b><br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre |
| <b>FOOD SECURITY – AD5a</b><br>USDA HFSM<br><br>AD5A                         | <i>UNIVERSE: AD5=1 (yes)</i><br><b>How often did this happen?</b><br>Almost every month<br>Some months but not every month<br>Only 1 or 2 months<br>Don't know<br>Refuse to answer                                                                                | <i>UNIVERSE: AD5=1 (yes)</i><br><b>À quelle fréquence cela s'est-il produit?</b><br>Presque chaque mois<br>Certains mois, mais pas chaque mois<br>Seulement un mois ou deux<br>Je ne sais pas<br>Je refuse de répondre                                                                                                          |
| <b>CHILD LEVEL 1 SCREENING</b>                                               | Households with no child under age 18 (child_home=0, DK/R), skip to End of Food Security Module.                                                                                                                                                                  | Ménages ne comptant pas d'enfants de moins de 18 ans (child_home=0, DK/R), passez à la Fin du module sur la sécurité alimentaire.                                                                                                                                                                                               |
| <b>FOOD SECURITY CHILD INTRO</b><br><br>REVISED 2024<br>(French translation) | <i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i><br><b>Now you will see several statements that people have made about the food situation of their children.</b>                                                                     | <i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i><br><b>Voici plusieurs énoncés que des gens ont formulés au sujet de la situation alimentaire de leurs enfants.</b>                                                                                                                                |

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| <b>FOOD SECURITY – CH1</b><br>USDA HFSM<br><br><i>CH1</i>                                                           | <i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i><br><b>You or other adults in your household relied on only a few kinds of low-cost food to feed the children because you were running out of money to buy food.</b><br>Often true<br>Sometimes true<br>Never true<br>Don't know<br>Refuse to answer | <i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i><br><b>Vous ou d'autres adultes de votre ménage ne pouviez offrir aux enfants que des aliments bon marché peu diversifiés parce que vous manquiez d'argent pour acheter de la nourriture.</b><br>Souvent vrai<br>Parfois vrai<br>Jamais vrai<br>Je ne sais pas<br>Je refuse de répondre |
| <b>FOOD SECURITY – CH2</b><br>USDA HFSM<br><br><i>CH2</i>                                                           | <i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i><br><b>You or other adults in your household couldn't feed the children a balanced meal, because you couldn't afford that.</b><br>Often true<br>Sometimes true<br>Never true<br>Don't know<br>Refuse to answer                                       | <i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i><br><b>Vous ou d'autres adultes de votre ménage n'avez pas pu offrir aux enfants un repas équilibré parce que vous n'en aviez pas les moyens.</b><br>Souvent vrai<br>Parfois vrai<br>Jamais vrai<br>Je ne sais pas<br>Je refuse de répondre                                             |
| <b>FOOD SECURITY – CH3</b><br>USDA HFSM<br><br><b>REVISED 2024</b><br><b>(French translation)</b><br><br><i>CH3</i> | <i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i><br><b>The children were not eating enough because you or other adults in your household just couldn't afford enough food.</b><br>Often true<br>Sometimes true<br>Never true<br>Don't know<br>Refuse to answer                                       | <i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i><br><b>Les enfants n'ont pas mangé suffisamment parce que vous ou d'autres adultes de votre ménage n'aviez simplement pas les moyens d'acheter suffisamment de nourriture.</b><br>Souvent vrai<br>Parfois vrai<br>Jamais vrai<br>Je ne sais pas<br>Je refuse de répondre                |
| <b>CHILD LEVEL 2 SCREENING</b>                                                                                      | If affirmative response to one or more of CH1-CH3 (i.e., CH1-CH3= 1 ("often true") or 2 ("sometimes true")), then continue to CH4; otherwise skip to End of Food Security Module.                                                                                                                                                 | If affirmative response to one or more of CH1-CH3 (i.e., CH1-CH3= 1 ("often true") or 2 ("sometimes true")), then continue to CH4; otherwise skip to End of Food Security Module.                                                                                                                                                                                    |
| <b>FOOD SECURITY – CH4</b><br>USDA HFSM<br><br><i>CH4</i>                                                           | <i>UNIVERSE: Respondents who passed child level 2 screening</i><br><b>In the last 12 months, since last [current month] did you ever cut the size of any of the children's meals because there wasn't enough money for food?</b><br>Yes<br>No<br>Don't know<br>Refuse to answer                                                   | <i>UNIVERSE: Respondents who passed child level 2 screening</i><br><b>Au cours des 12 derniers mois, depuis [mois en cours] dernier, est-ce que vous avez réduit la taille des portions des repas de l'un de vos enfants parce que vous manquiez d'argent pour acheter de la nourriture?</b><br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre                |

|                                                                                                                                        |                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                               |
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| <b>FOOD SECURITY – CH5</b><br>USDA HFSM<br><br><b>REVISED 2023 (translation)</b><br><br>CH5                                            | <i>UNIVERSE: Respondents who passed child level 2 screening</i><br><b>In the last 12 months, did any of the children ever skip meals because there wasn't enough money for food?</b><br>Yes<br>No<br>Don't know<br>Refuse to answer                                                                 | <i>UNIVERSE: Respondents who passed child level 2 screening</i><br><b>Au cours des 12 derniers mois, est-il arrivé qu'un de vos enfants saute un repas parce que vous manquiez d'argent pour acheter de la nourriture?</b><br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre                                                                           |
| <b>FOOD SECURITY – CH5a</b><br>USDA HFSM<br><br>CH5A                                                                                   | <i>UNIVERSE: CH5=1 (yes)</i><br><b>How often did this happen?</b><br>Almost every month<br>Some months but not every month<br>Only 1 or 2 months<br>Don't know<br>Refuse to answer                                                                                                                  | <i>UNIVERSE: CH5=1 (yes)</i><br><b>À quelle fréquence cela s'est-il produit?</b><br>Presque chaque mois<br>Certains mois, mais pas chaque mois<br>Seulement un mois ou deux<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                        |
| <b>FOOD SECURITY – CH6</b><br>USDA HFSM<br><br>CH6                                                                                     | <i>UNIVERSE: Respondents who passed child level 2 screening</i><br><b>In the last 12 months, were the children ever hungry but you just couldn't afford more food?</b><br>Yes<br>No<br>Don't know<br>Refuse to answer                                                                               | <i>UNIVERSE: Respondents who passed child level 2 screening</i><br><b>Au cours des 12 derniers mois, est-il arrivé que les enfants aient faim, mais que vous n'ayez pas les moyens d'acheter plus de nourriture?</b><br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre                                                                                 |
| <b>FOOD SECURITY – CH7</b><br>USDA HFSM<br><br>CH7                                                                                     | <i>UNIVERSE: Respondents who passed child level 2 screening</i><br><b>In the last 12 months, did any of the children ever not eat for a whole day because there wasn't enough money for food?</b><br>Yes<br>No<br>Don't know<br>Refuse to answer                                                    | <i>UNIVERSE: Respondents who passed child level 2 screening</i><br><b>Au cours des 12 derniers mois, est-il arrivé qu'un enfant ne mange pas pendant toute une journée parce que vous manquiez d'argent pour acheter de la nourriture?</b><br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre                                                           |
| <b>DRINKING WATER SOURCE</b><br><br><b>NEW 2021 REVISED 2022</b><br><br>COUNTRY SPECIFIC WORDING<br><br>WAT_SOURCE<br>WAT_SOURCE_OTEXT | <b>The next questions are about drinking water.</b><br><br><b>What is the MAIN type of water you drink in your home?</b><br>Tap water (filtered or unfiltered)<br>Boiled tap water (filtered or unfiltered)<br>Bottled water (any size)<br>Other (specify): _____<br>Don't know<br>Refuse to answer | <b>Les prochaines questions portent sur l'eau potable.</b><br><br><b>Quel est le PRINCIPAL type d'eau que vous buvez dans votre maison?</b><br>Eau du robinet (filtrée ou non filtrée)<br>Eau du robinet bouillie (filtrée ou non filtrée)<br>Eau embouteillée (tous formats)<br>Autre (veuillez préciser) : _____<br>Je ne sais pas<br>Je refuse de répondre |

|                                                                      |                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                               |
|----------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>WATER SAFETY – DRINK</b><br><br><b>NEW 2022</b><br><br>WAT_SAFETY | How safe is it to drink the <u>tap water</u> from your home?<br>(Do not include filtered, boiled, or bottled water.)<br><br>Not at all safe<br>A little safe<br>Somewhat safe<br>Very safe<br>Don't know<br>Refuse to answer | Dans quelle mesure est-il sécuritaire de boire <u>l'eau du robinet</u> de votre maison?<br>(Ne pas inclure l'eau filtrée, bouillie ou embouteillée)<br>Pas sécuritaire du tout<br>Quelque peu sécuritaire<br>Assez sécuritaire<br>Très sécuritaire<br>Je ne sais pas<br>Je refuse de répondre |
|----------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

## DIETARY PATTERNS AND EFFORTS

| DOMAIN<br>SOURCE                                                                                                                                                                                                               | ENGLISH                                                                                                                                                                                                                                                                                                                                                            | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>EATING RESTRICTIONS</b><br>ADAPTED (HEAVILY)<br>FROM TNT 2015<br><br><b>REVISED 2022</b><br><b>REVISED 2023</b><br>(universe)<br><br>RESTRICT2_[TYPE]<br>RESTRICT2_NONE<br>RESTRICT2_DK<br>RESTRICT2_R<br>RESTRICT2_RELTEXT | <b>Would you describe yourself as:</b> (Select all that apply)<br>Vegetarian (don't eat meat or fish)<br>Vegan (don't eat animal products: no meat/fish, no dairy, no eggs)<br>Pescatarian (eat fish, but no other meat)<br>Following a religious practice for eating → Please specify: <i>[open-ended]</i><br>None of the above<br>Don't know<br>Refuse to answer | <b>Vous décririez-vous comme:</b> (Sélectionnez toutes les réponses pertinentes.)<br>Végétarienne ou végétarien (je ne mange pas de viande ni de poisson)<br>Végétalienne ou végétalien (je ne mange pas de produits animaux : ni viande/poisson, ni produits laitiers, ni œufs)<br>Pesco-végétarienne ou pesco-végétarien (je mange du poisson, mais pas d'autres viandes)<br>Observant une pratique religieuse en matière alimentaire → Veuillez préciser: <i>[Question ouverte]</i><br>Aucune des réponses ci-dessus<br>Je ne sais pas<br>Je refuse de répondre |

**DIET MODIFICATION –  
EFFORTS – V3**

NEW 2024

COUNTRY SPECIFIC  
WORDING

EFFORT3\_[TYPE]

**Do you make an effort to consume more or less of the following?**

*If you don't have any, select 'Consume LESS / NONE'.*

|                                                                   | Consume<br>LESS /<br>NONE | Consume<br>MORE | No<br>effort<br>made | Don't<br>Know | Refuse<br>to<br>answer |
|-------------------------------------------------------------------|---------------------------|-----------------|----------------------|---------------|------------------------|
| Calories                                                          |                           |                 |                      |               |                        |
| Fat                                                               |                           |                 |                      |               |                        |
| Saturated fat                                                     |                           |                 |                      |               |                        |
| Protein                                                           |                           |                 |                      |               |                        |
| Fibre                                                             |                           |                 |                      |               |                        |
| Sugar / added sugar                                               |                           |                 |                      |               |                        |
| Salt / sodium                                                     |                           |                 |                      |               |                        |
| Fruit and vegetables                                              |                           |                 |                      |               |                        |
| Whole grains                                                      |                           |                 |                      |               |                        |
| Dairy products                                                    |                           |                 |                      |               |                        |
| All meats                                                         |                           |                 |                      |               |                        |
| Red or processed<br>meat (e.g., beef,<br>pork, deli meat)<br>only |                           |                 |                      |               |                        |
| Sugary drinks                                                     |                           |                 |                      |               |                        |
| 100% fruit juice                                                  |                           |                 |                      |               |                        |
| 'Artificial' low-<br>calorie sweeteners<br>like aspartame         |                           |                 |                      |               |                        |
| 'Natural' low-calorie<br>sweeteners like<br>stevia                |                           |                 |                      |               |                        |
| Ultra-processed<br>foods                                          |                           |                 |                      |               |                        |

[PROGRAMMER: Split on two screens, with first 9 items on screen 1, next 8 items on screen 2]

**Faites-vous un effort pour consommer plus ou moins de ce qui suit?**

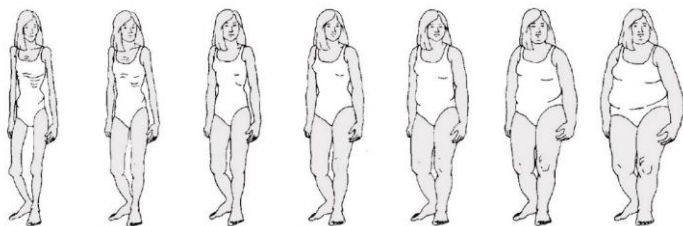
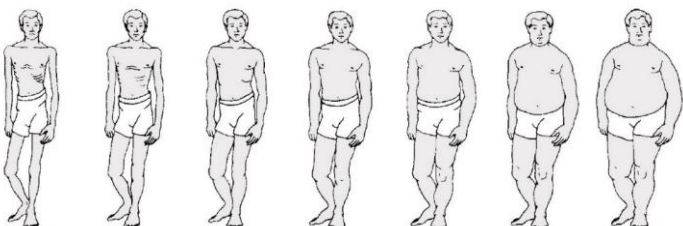
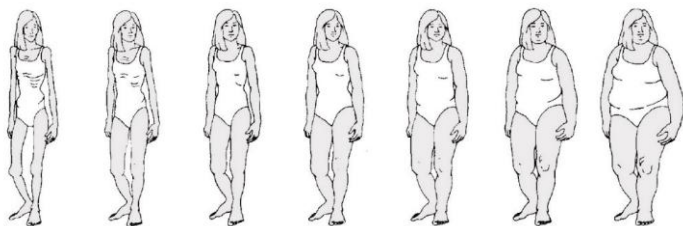
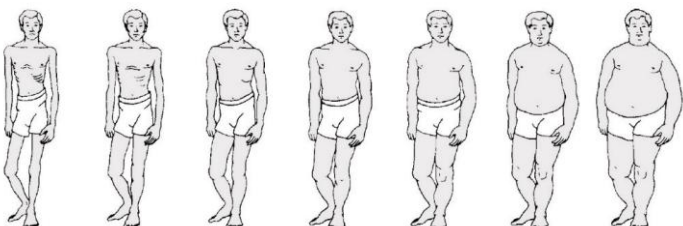
*Si vous n'en consommez pas, sélectionnez « Pour en consommer MOINS / AUCUN ».*

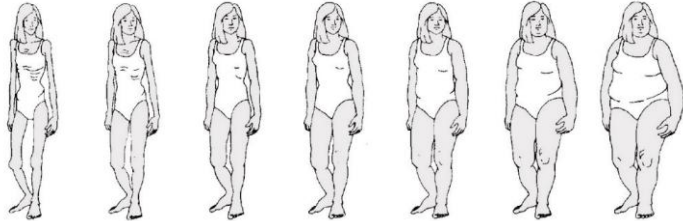
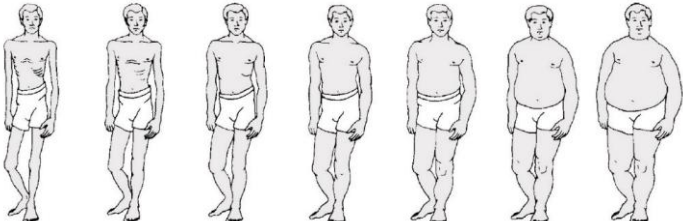
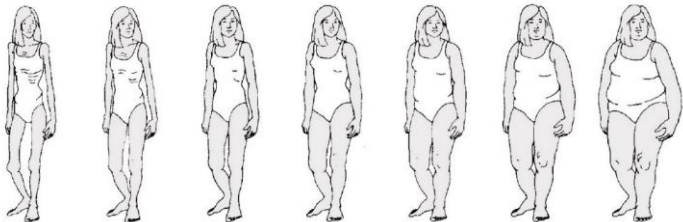
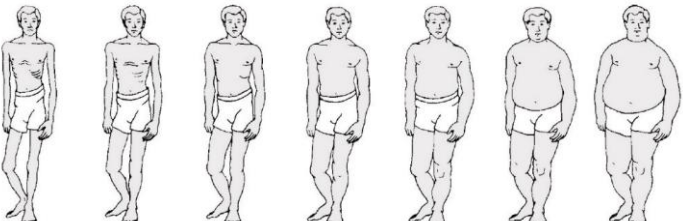
|                                                                                      | Pour en<br>consomm<br>er MOINS<br>/ AUCUN | Pour en<br>consomm<br>er PLUS | Je n'ai<br>fait<br>aucun<br>effort | Je ne<br>sais pas | Je refuse de<br>répondre |
|--------------------------------------------------------------------------------------|-------------------------------------------|-------------------------------|------------------------------------|-------------------|--------------------------|
| Calories                                                                             |                                           |                               |                                    |                   |                          |
| Lipides                                                                              |                                           |                               |                                    |                   |                          |
| Gras saturés                                                                         |                                           |                               |                                    |                   |                          |
| Protéines                                                                            |                                           |                               |                                    |                   |                          |
| Fibres                                                                               |                                           |                               |                                    |                   |                          |
| Sucre / sucre ajouté                                                                 |                                           |                               |                                    |                   |                          |
| Sel / sodium                                                                         |                                           |                               |                                    |                   |                          |
| Fruits et légumes                                                                    |                                           |                               |                                    |                   |                          |
| Grains entiers                                                                       |                                           |                               |                                    |                   |                          |
| Produits laitiers                                                                    |                                           |                               |                                    |                   |                          |
| Toutes les viandes                                                                   |                                           |                               |                                    |                   |                          |
| Viande rouge ou<br>transformée (p. ex.,<br>bœuf, porc,<br>charcuteries)<br>seulement |                                           |                               |                                    |                   |                          |
| Boissons sucrées                                                                     |                                           |                               |                                    |                   |                          |
| Jus de fruits purs                                                                   |                                           |                               |                                    |                   |                          |
| Édulcorants<br>hypocaloriques «<br>artificiels » comme<br>l'aspartame                |                                           |                               |                                    |                   |                          |
| Édulcorants<br>hypocaloriques «<br>naturels » comme la<br>stevia                     |                                           |                               |                                    |                   |                          |
| Aliments ultra-<br>transformés                                                       |                                           |                               |                                    |                   |                          |

[PROGRAMMER: Split on two screens, with first 9 items on screen 1, next 8 items on screen 2]

|                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
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| <p><b>PLANT BASED PROTEIN – SPECIAL EFFORT</b></p> <p>NEW 2022<br/>REVISED 2023<br/>(universe and French underlining)</p> <p>PLANT2</p> <p>NEW 2025</p> <p>PLANT3_MEAT<br/>PLANT3_NUT<br/>PLANT3_NONE<br/>PLANT3_DK<br/>PLANT3_R</p> | <p>[PROGRAMMER NOTE: Randomize 50% of respondents to complete existing ‘plant2’ measure and the other 50% to complete the revised ‘plant3’ measure]</p> <p><b>Do you make a <u>special effort</u> to eat <u>plant-based protein foods</u>, like beans, lentils, nuts, seeds, or soy products like tofu?</b></p> <p>Yes<br/>No<br/>I’m not sure what plant-based protein foods are [valid option]<br/>Don’t know<br/>Refuse to answer</p> <p><b>Do you make an effort to eat the following plant-based protein foods?</b><br/><i>Select all that apply.</i></p> <p>Packaged plant-based meats or veggie burgers.<br/>Nuts, seeds, beans and lentils, soy products like tofu, or peanut butter and other nut-butters. <b>Do not</b> include green beans.<br/>None of the above<br/>Don’t know<br/>Refuse to answer</p> | <p>[PROGRAMMER NOTE: Randomize 50% of respondents to complete existing ‘plant2’ measure and the other 50% to complete the revised ‘plant3’ measure]</p> <p><b>Faites-vous un <u>effort spécial</u> pour manger des aliments protéinés d’origine <u>végétale</u>, comme les haricots, les lentilles, les noix, les graines ou les produits à base de soya comme le tofu?</b></p> <p>Oui<br/>Non<br/>Je ne suis pas certain de savoir ce que sont les aliments protéinés d’origine végétale [valid option]<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><b>Faites-vous des efforts pour manger les aliments protéinés d’origine végétale suivants ?</b><br/><i>Sélectionnez toutes les réponses pertinentes.</i></p> <p>Simili-viandes d’origine végétale ou hamburgers végétariens, préparés du commerce.<br/>Des noix, des graines, des lentilles ou autres légumineuses, des produits de soya comme du tofu, du beurre d’arachides ou autres beurres de noix.<br/><b>N’incluez pas</b> les haricots verts.<br/>Aucune des réponses ci-dessus<br/>Je ne sais pas<br/>Je refuse de répondre</p> |
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## WEIGHT LOSS EFFORTS, BODY PERCEPTIONS, AND WEIGHT STIGMA

| DOMAIN<br>SOURCE                                                                                                                                                                                                                                                                                                                                                                                     | ENGLISH                                                                                                                                                                                                                                                                                                                                                                                                       | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                       |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>PERCEIVED BODY SIZE</b><br><br>K. MAXIMOVA ET AL.<br>THE ROLE OF<br>UNDERESTIMATING<br>BODY SIZE FOR SELF-<br>ESTEEM AND SELF-<br>EFFICACY AMONG<br>GRADE FIVE CHILDREN<br>IN CANADA. ANNALS<br>OF EPIDEMIOLOGY<br>2015; 25:753-759.<br><br>IMAGES FROM<br>(COLLINS, 1991)<br><b>REVISED 2020</b><br><br>WT_BODY_F<br>WT_BODY_F_DK<br>WT_BODY_F_R<br><br>WT_BODY_M<br>WT_BODY_M_DK<br>WT_BODY_M_R | <b>Which body is most like your own body?</b><br><i>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</i><br><br><br><i>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</i><br><br><br><br>Don't know<br>Refuse to answer | <b>Quel corps ressemble le plus au vôtre?</b><br><i>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</i><br><br><br><i>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</i><br><br><br><br>Je ne sais pas<br>Je refuse de répondre |

|                                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>BODY SIZE IDEAL</b><br/>ADAPTED FROM GUTS</p> <p><b>NEW 2022</b></p> <p>WT_IDEAL_F<br/>WT_IDEAL_F_DK<br/>WT_IDEAL_F_R</p> <p>WT_IDEAL_M<br/>WT_IDEAL_M_DK<br/>WT_IDEAL_M_R</p> | <p>Which picture looks most like how you <u>WANT YOUR BODY TO LOOK?</u><br/><i>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</i></p>  <p><i>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</i></p>  <p>Don't know<br/>Refuse to answer</p> | <p>Quelle image ressemble le plus à ce à quoi <u>VOUS VOULEZ QUE VOTRE CORPS RESSEMBLE?</u><br/><i>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</i></p>  <p><i>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</i></p>  <p>Je ne sais pas<br/>Je refuse de répondre</p> |
| <p><b>PERCEIVED WEIGHT</b><br/>CCHS</p> <p>WT_PERCEIVE</p>                                                                                                                           | <p>Do you consider yourself to be...</p> <p>Obese<br/>Overweight<br/>Underweight<br/>Just about right<br/>Don't know<br/>Refuse to answer</p>                                                                                                                                                                                                                                                                                       | <p><b>Vous considérez-vous...</b></p> <p>Obèse<br/>D'un poids excessif<br/>D'un poids insuffisant<br/>D'un poids plutôt santé<br/>Je ne sais pas<br/>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                     |
| <p><b>WEIGHT BEHAVIOUR</b><br/>Adapted from:<br/>NHANES, 2009-2010</p> <p>WT_TRY_LOSS<br/>WT_TRY_GAIN<br/>WT_TRY_SAME<br/>WT_TRY_NOT<br/>WT_TRY_DK<br/>WT_TRY_R</p>                  | <p>During the <u>past 12 months</u> have you tried to.... (Select all that apply)</p> <p>Lose weight<br/>Gain weight<br/>Stay the same weight<br/>I have not tried to do anything about my weight<br/>Don't know<br/>Refuse to answer</p>                                                                                                                                                                                           | <p><b>Au cours des <u>12 derniers mois</u>, avez-vous tenté de...</b> (Sélectionnez toutes les réponses pertinentes.)</p> <p>Perdre du poids<br/>Gagner du poids<br/>Maintenir mon poids<br/>Je n'ai aucunement tenté d'agir sur mon poids<br/>Je ne sais pas<br/>Je refuse de répondre</p>                                                                                                                                                                        |

|                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
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| <b>DOCTOR ADVICE</b><br><br><b>NEW 2024</b><br><br>DOC_ADV                                                                                                                                                                                                                                                                             | <b>In the past 12 months, has a doctor or nurse advised you to do any of the following?</b><br>[PROGRAMMER NOTE: Show table with yes/no/DK/R for each item]<br>Lose weight<br>Exercise more<br>Reduce sodium or salt intake<br>Reduce cholesterol in your diet<br>Eat a healthy, balanced diet<br>Take weight loss medication                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>Au cours des 12 derniers mois, un médecin ou une infirmière vous a-t-il recommandé de faire l'une des actions suivantes?</b><br>[PROGRAMMER NOTE: Show table with yes/no/DK/R for each item]<br>Perdre du poids<br>Faire plus d'exercice<br>Réduire votre consommation de sodium ou de sel<br>Réduire la consommation d'aliments riches en cholestérol<br>Avoir un régime alimentaire sain et équilibré<br>Prendre un médicament pour la perte de poids<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                                                                                                                                                                       |
| <b>WEIGHT LOSS OR DIABETES MEDICATIONS – EVER USE</b><br><br><b>NEW 2024</b><br><br>RX_WTDB                                                                                                                                                                                                                                            | <b>Have you EVER taken any prescription medications for weight loss and/or diabetes?</b><br>Yes<br>No<br>Don't know<br>Refuse to answer                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>Avez-vous DÉJÀ pris un ou des médicaments sur ordonnance pour la perte de poids et/ou le diabète?</b><br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>WEIGHT LOSS MEDICATIONS – EVER USE</b><br><br><b>NEW 2024</b><br><b>REVISED 2025</b><br><br>RX_EVER_SMINJ<br>RX_EVER_SMTAB<br>RX_EVER_TIRZ<br>RX_EVER_LIRA<br>RX_EVER_NALT<br>RX_EVER_DULA<br>RX_EVER_PHEN<br>RX_EVER_ORL<br>RX_EVER_EXEN<br>RX_EVER_SET<br>RX_EVER_OTH<br>RX_EVER_OTEXT<br>RX_EVER_NONE<br>RX_EVER_DK<br>RX_EVER_R | UNIVERSE: rx_wtdb=yes (ever taken a medication for weight loss or diabetes)<br><b>Have you EVER taken any of the following prescription medications?</b><br>(Select all that apply)<br><br>Semaglutide injections (e.g., Ozempic, Wegovy)<br>Semaglutide tablets (e.g., Rybelsus)<br>Tirzepatide (e.g., Mounjaro, Zepbound)<br>Liraglutide (e.g., Saxenda, Victoza)<br>Naltrexone-bupropion (e.g., Contrave, Mysimba)<br>Dulaglutide (e.g., Trulicity)<br>Phentermine and/or topiramate (e.g., Qsymia, Duromine)<br>Orlistat (e.g., Xenical, Alli, Orlos)<br>Exenatide (e.g., BYDUREON BCise)<br>Setmelanotide (e.g., Imcivree)<br>Other prescription weight loss medication (please specify): _____<br>None of the above<br>Don't know<br>Refuse to answer | UNIVERSE: rx_wtdb=yes (ever taken a medication for weight loss or diabetes)<br><b>Avez-vous DÉJÀ pris l'un des médicaments sur ordonnance suivants?</b><br>(Sélectionnez toutes les réponses pertinentes.)<br><br>Injections de Sémaglutide (p. ex., Ozempic, Wegovy)<br>Comprimés de Sémaglutide (p. ex., Rybelsus)<br>Tirzépatide (p. ex., Mounjaro, Zepbound)<br>Liraglutide (p. ex., Saxenda, Victoza)<br>Naltrexone-bupropion (p. ex., Contrave, Mysimba)<br>Dulaglutide (p. ex., Trulicity)<br>Phentermine et/ou topiramate (p. ex., Qsymia, Duromine)<br>Orlistat (p. ex., Xenical, Alli, Orlos)<br>Exénatide (p. ex., BYDUREON BCise)<br>Setmélanotide (p. ex., Imcivree)<br>Autre médicament pour la perte de poids délivré sur ordonnance (veuillez préciser) : _____<br>Aucune des réponses ci-dessus<br>Je ne sais pas<br>Je refuse de répondre |

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| <p><b>WEIGHT LOSS MEDICATIONS – CURRENT</b></p> <p><b>NEW 2024<br/>REVISED 2025</b></p> <p>RX_CURR_SMINJ<br/>RX_CURR_SMTAB<br/>RX_CURR_TIRZ<br/>RX_CURR_LIRA<br/>RX_CURR_NALT<br/>RX_CURR_DULA<br/>RX_CURR_PHEN<br/>RX_CURR_ORL<br/>RX_CURR_EXEN<br/>RX_CURR_SET<br/>RX_CURR_OTH<br/>RX_CURR_OTEXT<br/>RX_CURR_NONE<br/>RX_CURR_DK<br/>RX_CURR_R</p> | <p><i>UNIVERSE: rx_ever=ever taken any of 10 pre-specified medications or 'other'</i></p> <p><b>Are you CURRENTLY taking any of the following prescription medications?</b><br/>(Select all that apply)</p> <p>[PROGRAMMER NOTE: only list medications previously selected in 'rx_ever'; as well as 'other prescription weight loss medication', none of the above, don't know and refused].</p> <p>Semaglutide injections (e.g., Ozempic, Wegovy)</p> <p>Semaglutide tablets (e.g., Rybelsus)</p> <p>Tirzepatide (e.g., Mounjaro, Zepbound)</p> <p>Liraglutide (e.g., Saxenda, Victoza)</p> <p>Naltrexone-bupropion (e.g., Contrave, Mysimba)</p> <p>Dulaglutide (e.g., Trulicity)</p> <p>Phentermine and/or topiramate (e.g., Qsymia, Duromine)</p> <p>Orlistat (e.g., Xenical, Alli, Orlos)</p> <p>Exenatide (e.g., BYDUREON BCise)</p> <p>Setmelanotide (e.g., Imcivree)</p> <p>Other prescription weight loss medication (please specify): _____</p> <p>None of the above</p> <p>Don't know</p> <p>Refuse to answer</p> | <p><i>UNIVERSE: rx_ever=ever taken any of 10 pre-specified medications or 'other'</i></p> <p><b>Prenez-vous ACTUELLEMENT l'un des médicaments sur ordonnance suivants?</b><br/>(Sélectionnez toutes les réponses pertinentes.)</p> <p>[PROGRAMMER NOTE: only list medications previously selected in 'rx_ever'; as well as 'other prescription weight loss medication', none of the above, don't know and refused].</p> <p>Injectons de Sémaglutide (p. ex., Ozempic, Wegovy)</p> <p>Comprimés de Sémaglutide (p. ex., Rybelsus)</p> <p>Tirzépatide (p. ex., Mounjaro, Zepbound)</p> <p>Liraglutide (p. ex., Saxenda, Victoza)</p> <p>Naltrexone-bupropion (p. ex., Contrave, Mysimba)</p> <p>Dulaglutide (p. ex., Trulicity)</p> <p>Phentermine et/ou topiramate (p. ex., Qsymia, Duromine)</p> <p>Orlistat (p. ex., Xenical, Alli, Orlos)</p> <p>Exénatide (p. ex., BYDUREON BCise)</p> <p>Setmélanotide (p. ex., Imcivree)</p> <p>Autre médicament pour la perte de poids délivré sur ordonnance (veuillez préciser) : _____</p> <p>Aucune des réponses ci-dessus</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> |
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| <p><b>WEIGHT LOSS MEDICATIONS – LAST 12 MONTHS</b></p> <p><b>NEW 2024<br/>REVISED 2025</b></p> <p>RX_12M_SMINJ<br/>RX_12M_SMTAB<br/>RX_12M_TIRZ<br/>RX_12M_LIRA<br/>RX_12M_NALT<br/>RX_12M_DULA<br/>RX_12M_PHEN<br/>RX_12M_ORL<br/>RX_12M_EXEN<br/>RX_12M_SET<br/>RX_12M_OTH<br/>RX_12M_OTEXT<br/>RX_12M_NONE<br/>RX_12M_DK<br/>RX_12M_R</p> | <p>UNIVERSE: <i>rx_curr=none</i> (ever took any of the 10 pre-specified medications or ‘other’, but not currently)<br/>[PROGRAMMER NOTE: Hide back button]</p> <p><b>In the PAST 12 MONTHS, did you take any of the following prescription medications?</b><br/>(Select all that apply)</p> <p>[PROGRAMMER NOTE: only list medications previously selected in ‘rx_ever’; as well as ‘other prescription weight loss medication’, none of the above, don’t know and refused].</p> <p>Semaglutide injections (e.g., Ozempic, Wegovy)<br/>Semaglutide tablets (e.g., Rybelsus)<br/>Tirzepatide (e.g., Mounjaro, Zepbound)<br/>Liraglutide (e.g., Saxenda, Victoza)<br/>Naltrexone-bupropion (e.g., Contrave, Mysimba)<br/>Dulaglutide (e.g., Trulicity)<br/>Phentermine and/or topiramate (e.g., Qsymia, Duromine)<br/>Orlistat (e.g., Xenical, Alli, Orlos)<br/>Exenatide (e.g., BYDUREON BCise)<br/>Setmelanotide (e.g., Imcivree)<br/>Other prescription weight loss medication (please specify): _____<br/>None of the above<br/>Don’t know<br/>Refuse to answer</p> | <p>UNIVERSE: <i>rx_curr=none</i> (ever took any of the 10 pre-specified medications or ‘other’, but not currently)<br/>[PROGRAMMER NOTE: Hide back button]</p> <p><b>Au cours des 12 DERNIERS MOIS, avez-vous pris l’un des médicaments sur ordonnance suivants?</b><br/>(Sélectionnez toutes les réponses pertinentes.)</p> <p>[PROGRAMMER NOTE: only list medications previously selected in ‘rx_ever’; as well as ‘other prescription weight loss medication’, none of the above, don’t know and refused].</p> <p>Injections de Sémaglutide (p. ex., Ozempic, Wegovy)<br/>Comprimés de Sémaglutide (p. ex., Rybelsus)<br/>Tirzépatide (p. ex., Mounjaro, Zepbound)<br/>Liraglutide (p. ex., Saxenda, Victoza)<br/>Naltrexone-bupropion (p. ex., Contrave, Mysimba)<br/>Dulaglutide (p. ex., Trulicity)<br/>Phentermine et/ou topiramate (p. ex., Qsymia, Duromine)<br/>Orlistat (p. ex., Xenical, Alli, Orlos)<br/>Exénatide (p. ex., BYDUREON BCise)<br/>Setmélanotide (p. ex., Imcivree)<br/>Autre médicament pour la perte de poids délivré sur ordonnance (veuillez préciser) : _____<br/>Aucune des réponses ci-dessus<br/>Je ne sais pas<br/>Je refuse de répondre</p> |
| <p><b>WEIGHT LOSS MEDICATIONS – SEMAGLUTIDE BRAND</b></p> <p><b>NEW 2024</b></p> <p>RX_SM_BRD_OZ<br/>RX_SM_BRD_WE<br/>RX_SM_BRD_OTH<br/>RX_SM_BRD_OTEXT<br/>RX_SM_BRD_DK<br/>RX_SM_BRD_R</p>                                                                                                                                                 | <p>UNIVERSE: <i>rx_curr=semaglutide injection</i></p> <p><b>What is the name of the Semaglutide injection you are taking?</b></p> <p>UNIVERSE: <i>rx_12m=semaglutide injection</i></p> <p><b>What was the name of the Semaglutide injection you took?</b><br/>(Select all that apply)</p> <p>[PROGRAMMER NOTE: Allow respondents to select all including “I don’t know the name” in combination with other brands (but refused=exclusive)]</p> <p>Ozempic<br/>Wegovy<br/>Other name(s) (please specify): _____<br/>I don’t know the name [valid answer]<br/>Refuse to answer</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <p>UNIVERSE: <i>rx_curr=semaglutide injection</i></p> <p><b>Quel est le nom de l’injection de Sémaglutide que vous prenez?</b></p> <p>UNIVERSE: <i>rx_12m=semaglutide injection</i></p> <p><b>Quel était le nom de l’injection de Sémaglutide que vous preniez?</b><br/>(Select all that apply)</p> <p>[PROGRAMMER NOTE: Allow respondents to select all including “I don’t know the name” in combination with other brands (but refused=exclusive)]</p> <p>Ozempic<br/>Wegovy<br/>Autre(s) nom(s) (veuillez préciser) : _____<br/>Je ne connais pas le nom [valid answer]<br/>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |

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| <b>WEIGHT LOSS MEDICATIONS – TIRZEPATIDE BRAND</b><br><br><b>NEW 2024</b><br><br>RX_TR_BRD_MON<br>RX_TR_BRD_ZEP<br>RX_TR_BRD_OTH<br>RX_TR_BRD_OTEXT<br>RX_TR_BRD_DK<br>RX_TR_BRD_R | UNIVERSE: rx_curr=tirzepatide injection<br><b>What is the name of the Tirzepatide injection you are taking?</b><br>UNIVERSE: rx_12m= tirzepatide injection<br><b>What was the name of the Tirzepatide injection you took?</b><br>(Select all that apply)<br>[PROGRAMMER NOTE: Allow respondents to select all including “I don’t know the name” in combination with other brands (but refused=exclusive)]<br>Mounjaro<br>Zepbound<br>Other name(s) (please specify): _____<br>I don’t know the name [valid answer]<br>Refuse to answer                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | UNIVERSE: rx_curr=tirzepatide injection<br><b>Quel est le nom de l’injection de Tirzépate que vous prenez?</b><br>UNIVERSE: rx_12m= tirzepatide injection<br><b>Quel était le nom de l’injection de Tirzépate que vous preniez?</b><br>(Select all that apply)<br>[PROGRAMMER NOTE: Allow respondents to select all including “I don’t know the name” in combination with other brands (but refused=exclusive)]<br>Mounjaro<br>Zepbound<br>Autre(s) nom(s) (veuillez préciser) : _____<br>Je ne connais pas le nom [valid answer]<br>Je refuse de répondre                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <b>WEIGHT LOSS MEDICATION OF INTEREST – NEW 2024</b><br><br>RX_INT                                                                                                                 | UNIVERSE: rx_curr= currently taking two or more of the 10 pre-specified medications<br>Randomly select the name of 1 medication type from the types selected by the respondent as being ‘currently’ taken (to insert name in subsequent questions). Exclude any open-text ‘other’ response options from the randomization choices (i.e., if the respondent selected 1 (or more) of the 10 pre-specified medication types, AND entered an ‘other’ type, only include the types of medications that were pre-specified in the list in the randomization choices).<br><br>UNIVERSE: rx_12m=took two or more of the 10 pre-specified medications in past 12 months but not currently<br>Randomly select the name of 1 medication type from the types selected by the respondent as taken in the past 12 months (to insert name in subsequent questions). Exclude any open-text ‘other’ response options from the randomization choices (i.e., if the respondent selected 1 (or more) of the 10 pre-specified medication types, AND entered an ‘other’ type, only include the types of medications that were pre-specified in the list in the randomization choices). | UNIVERSE: rx_curr= currently taking two or more of the 10 pre-specified medications<br>Randomly select the name of 1 medication type from the types selected by the respondent as being ‘currently’ taken (to insert name in subsequent questions). Exclude any open-text ‘other’ response options from the randomization choices (i.e., if the respondent selected 1 (or more) of the 10 pre-specified medication types, AND entered an ‘other’ type, only include the types of medications that were pre-specified in the list in the randomization choices).<br><br>UNIVERSE: rx_12m=took two or more of the 10 pre-specified medications in past 12 months but not currently<br>Randomly select the name of 1 medication type from the types selected by the respondent as taken in the past 12 months (to insert name in subsequent questions). Exclude any open-text ‘other’ response options from the randomization choices (i.e., if the respondent selected 1 (or more) of the 10 pre-specified medication types, AND entered an ‘other’ type, only include the types of medications that were pre-specified in the list in the randomization choices). |
| <b>WEIGHT LOSS MEDICATIONS – REASON</b><br><br><b>NEW 2024</b><br><br>RX_RSN<br>RX_RSN_OTEXT                                                                                       | UNIVERSE: Using any of 10 pre-specified medications currently or in past 12 months (skip if only selected ‘other’)<br>[PROGRAMMER NOTE: Hide back button. Insert name of randomly selected ‘medication of interest’ into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].<br><br><b>We are going to ask you a few more questions about your use of [name of selected/only medication].</b><br><br><b>Was the medication prescribed for diabetes, weight loss, or both?</b><br>Diabetes only<br>Weight loss only<br>Diabetes and weight loss<br>Other (please specify): _____<br>Don’t know<br>Refuse to answer                                                                                                                                                                                                                                                                                                                                                                                                                                                                | UNIVERSE: Using any of 10 pre-specified medications currently or in past 12 months (skip if only selected ‘other’)<br>[PROGRAMMER NOTE: Hide back button. Insert name of randomly selected ‘medication of interest’ into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].<br><br><b>Nous allons vous poser quelques questions supplémentaires au sujet de votre utilisation [votre prise de/votre prise d’ /vos] [name of selected/only medication].</b><br><br><b>Le médicament a-t-il été prescrit pour le diabète, la perte de poids ou les deux?</b><br>Diabète seulement<br>Perte de poids seulement<br>Diabète et perte de poids<br>Autre (veuillez préciser) : _____<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                                                                                                                                                                        |

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| <p><b>WEIGHT LOSS MEDICATIONS – EXPERIENCE 1</b></p> <p><b>NEW 2024</b></p> <p>RX_EXPC_HLTH<br/>RX_EXPC_UHLTH<br/>RX_EXPC_ENJ<br/>RX_EXPC_PA<br/>RX_EXPC_THNK</p> | <p><i>UNIVERSE: rx_curr=currently taking a pre-specified medication (skip if only selected 'other')</i><br/>[PROGRAMMER NOTE: Insert name of randomly selected 'medication of interest' into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].</p> <p><b>We'd like to ask you about your experience taking [name of selected/only medication].</b></p> <p><b>Since I've taken the medication...</b><br/>I eat healthy foods less often<br/>I eat healthy foods more often<br/>No change<br/>Don't know<br/>Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/>I eat unhealthy foods less often<br/>I eat unhealthy foods more often<br/>No change<br/>Don't know<br/>Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/>I get more enjoyment from food<br/>I get less enjoyment from food<br/>No change<br/>Don't know<br/>Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/>I get more physical activity<br/>I get less physical activity<br/>No change<br/>Don't know<br/>Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/>I spend more time thinking about food<br/>I spend less time thinking about food<br/>No change<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: rx_curr=currently taking a pre-specified medication (skip if only selected 'other')</i><br/>[PROGRAMMER NOTE: Hide back button. Insert name of randomly selected 'medication of interest' into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].</p> <p><b>Nous souhaitons en savoir plus sur votre expérience liée à la prise [de/d'] [name of selected/only medication].</b></p> <p><b>Depuis que je prends ce médicament...</b><br/>Je consomme des aliments santé moins souvent<br/>Je consomme des aliments santé plus souvent<br/>Aucun changement<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><b>Depuis que je prends ce médicament...</b><br/>Je consomme des aliments malsains moins souvent<br/>Je consomme des aliments malsains plus souvent<br/>Aucun changement<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><b>Depuis que je prends ce médicament...</b><br/>J'ai plus de plaisir à manger<br/>J'ai moins de plaisir à manger<br/>Aucun changement<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><b>Depuis que je prends ce médicament...</b><br/>Je fais plus d'activité physique<br/>Je fais moins d'activité physique<br/>Aucun changement<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><b>Depuis que je prends ce médicament...</b><br/>Je passe plus de temps à penser aux aliments<br/>Je passe moins de temps à penser aux aliments<br/>Aucun changement<br/>Je ne sais pas<br/>Je refuse de répondre</p> |
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| <p><b>WEIGHT LOSS MEDICATIONS – EXPERIENCE 2</b></p> <p><b>NEW 2024</b></p> <p>RX_EXPC_EMB<br/>RX_EXPC_JUD<br/>RX_EXPC_EFF<br/>RX_EXPC_COST<br/>RX_EXPC_QUAL</p> | <p><i>UNIVERSE: rx_curr=currently taking a pre-specified medication (skip if only selected 'other')</i></p> <p><b>Since I've taken the medication...</b><br/> I feel embarrassed to tell people I am taking the medication<br/> I feel proud to tell people I am taking the medication<br/> Both<br/> Neither<br/> Don't know<br/> Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/> I feel like people judge me negatively for taking the medication<br/> I feel like people judge me positively for taking the medication<br/> Both<br/> Neither<br/> Don't know<br/> Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/> I worry about the long-term side effects of the medication<br/> I do not worry about the long-term side effects of the medication<br/> Don't know<br/> Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/> I worry about the costs / paying for the medication<br/> I do not worry about the costs / paying for the medication<br/> Don't know<br/> Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/> My overall quality of life is better<br/> My overall quality of life is worse<br/> No change<br/> Don't know<br/> Refuse to answer</p> | <p><i>UNIVERSE: rx_curr=currently taking a pre-specified medication (skip if only selected 'other')</i></p> <p><b>Depuis que je prends ce médicament...</b><br/> Je suis gêné de dire aux gens que je prends ce médicament<br/> Je suis fier de dire aux gens que je prends ce médicament<br/> Les deux<br/> Ni l'un ni l'autre<br/> Je ne sais pas<br/> Je refuse de répondre</p> <p><b>Depuis que je prends ce médicament...</b><br/> J'ai l'impression d'être jugé négativement parce que je prends ce médicament<br/> J'ai l'impression d'être jugé positivement parce que je prends ce médicament<br/> Les deux<br/> Ni l'un ni l'autre<br/> Je ne sais pas<br/> Je refuse de répondre</p> <p><b>Depuis que je prends ce médicament...</b><br/> Je m'inquiète des effets secondaires à long terme liés à la prise de ce médicament<br/> Je ne m'inquiète pas des effets secondaires à long terme liés à la prise de ce médicament<br/> Je ne sais pas<br/> Je refuse de répondre</p> <p><b>Depuis que je prends ce médicament...</b><br/> Je m'inquiète des coûts/du paiement du médicament<br/> Je ne m'inquiète pas des coûts/du paiement du médicament<br/> Je ne sais pas<br/> Je refuse de répondre</p> <p><b>Depuis que je prends ce médicament...</b><br/> Ma qualité de vie globale est meilleure<br/> Ma qualité de vie globale est pire<br/> Aucun changement<br/> Je ne sais pas<br/> Je refuse de répondre</p> |
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| <p><b>WEIGHT LOSS MEDICATIONS – PAST EXPERIENCE 1</b></p> <p><b>NEW 2024</b></p> <p>RX_EXP12_HLTH<br/>RX_EXP12_UN<br/>RX_EXP12_ENJ<br/>RX_EXP12_PA<br/>RX_EXP12_THNK</p> | <p><i>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently</i><br/>[PROGRAMMER NOTE: Insert name of randomly selected ‘medication of interest’ into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].</p> <p><b>We’d like to ask you about your experience taking [name of selected/only medication].</b></p> <p><b>When I took the medication...</b><br/>I ate healthy foods less often<br/>I ate healthy foods more often<br/>No change<br/>Don’t know<br/>Refuse to answer</p> <p><b>When I took the medication...</b><br/>I ate unhealthy foods less often<br/>I ate unhealthy foods more often<br/>No change<br/>Don’t know<br/>Refuse to answer</p> <p><b>When I took the medication...</b><br/>I got more enjoyment from food<br/>I got less enjoyment from food<br/>No change<br/>Don’t know<br/>Refuse to answer</p> <p><b>When I took the medication...</b><br/>I got more physical activity<br/>I got less physical activity<br/>No change<br/>Don’t know<br/>Refuse to answer</p> <p><b>When I took the medication...</b><br/>I spent more time thinking about food<br/>I spent less time thinking about food<br/>No change<br/>Don’t know<br/>Refuse to answer</p> | <p><i>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently</i><br/>[PROGRAMMER NOTE: Insert name of randomly selected ‘medication of interest’ into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].</p> <p><b>Nous souhaitons en savoir plus sur votre expérience liée à la prise [de/d’] [name of selected/only medication].</b></p> <p><b>Quand je prenais le médicament...</b><br/>Je consommait des aliments santé moins souvent<br/>Je consommait des aliments santé plus souvent<br/>Aucun changement<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><b>Quand je prenais le médicament...</b><br/>Je consommait des aliments malsains moins souvent<br/>Je consommait des aliments malsains plus souvent<br/>Aucun changement<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><b>Quand je prenais le médicament...</b><br/>J’avais plus de plaisir à manger<br/>J’avais moins de plaisir à manger<br/>Aucun changement<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><b>Quand je prenais le médicament...</b><br/>Je faisais plus d’activité physique<br/>Je faisais moins d’activité physique<br/>Aucun changement<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><b>Quand je prenais le médicament...</b><br/>Je passais plus de temps à penser aux aliments<br/>Je passais moins de temps à penser aux aliments<br/>Aucun changement<br/>Je ne sais pas<br/>Je refuse de répondre</p> |
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| <p><b>WEIGHT LOSS MEDICATIONS – PAST EXPERIENCE 2</b></p> <p><b>NEW 2024</b></p> <p>RX_EXP12_EMB<br/>RX_EXP12_JUD<br/>RX_EXP12_EFF<br/>RX_EXP12_COST<br/>RX_EXP12_QUAL</p> | <p><i>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently</i></p> <p><b>When I took the medication...</b></p> <p>I felt embarrassed to tell people I was taking the medication</p> <p>I felt proud to tell people I was taking the medication</p> <p>Both</p> <p>Neither</p> <p>Don't know</p> <p>Refuse to answer</p> <p><b>When I took the medication...</b></p> <p>I felt like people judged me negatively for taking the medication</p> <p>I felt like people judged me positively for taking the medication</p> <p>Both</p> <p>Neither</p> <p>Don't know</p> <p>Refuse to answer</p> <p><b>When I took the medication...</b></p> <p>I worried about the long-term side effects of the medication</p> <p>I did not worry about the long-term side effects of the medication</p> <p>Don't know</p> <p>Refuse to answer</p> <p><b>When I took the medication...</b></p> <p>I worried about the costs / paying for the medication</p> <p>I did not worry about the costs / paying for the medication</p> <p>Don't know</p> <p>Refuse to answer</p> <p><b>When I took the medication...</b></p> <p>My overall quality of life was better</p> <p>My overall quality of life was worse</p> <p>No change</p> <p>Don't know</p> <p>Refuse to answer</p> | <p><i>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently</i></p> <p><b>Quand je prenais le médicament...</b></p> <p>J'étais gêné de dire aux gens que je prenais le médicament</p> <p>J'étais fier de dire aux gens que je prenais le médicament</p> <p>Les deux</p> <p>Ni l'un ni l'autre</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> <p><b>Quand je prenais le médicament...</b></p> <p>J'ai eu l'impression d'avoir été jugé négativement parce que je prenais ce médicament</p> <p>J'ai eu l'impression d'avoir été jugé positivement parce que je prenais ce médicament</p> <p>Les deux</p> <p>Ni l'un ni l'autre</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> <p><b>Quand je prenais le médicament...</b></p> <p>Je me suis inquiété des effets secondaires à long terme liés à la prise de ce médicament</p> <p>Je ne me suis pas inquiété des effets secondaires à long terme liés à la prise de ce médicament</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> <p><b>Quand je prenais le médicament...</b></p> <p>Je me suis inquiété des coûts/du paiement du médicament</p> <p>Je ne me suis pas inquiété des coûts/du paiement du médicament</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> <p><b>Quand je prenais le médicament...</b></p> <p>Ma qualité de vie globale était meilleure</p> <p>Ma qualité de vie globale était pire</p> <p>Aucun changement</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> |
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| <p><b>WEIGHT LOSS MEDICATIONS – INSURANCE COVERAGE</b></p> <p><b>NEW 2025</b></p> <p>RX_INSC<br/>RX_INS12<br/>RX_INSC_LIM<br/>RX_INS12_LIM</p> | <p><i>UNIVERSE: rx_curr=currently taking a pre-specified medication (skip if only selected 'other')</i></p> <p><b>Does insurance cover the cost of the medication?</b></p> <p>None of the cost is covered by insurance<br/>Some of the cost is covered by insurance<br/>All of the cost is covered by insurance<br/>Don't know [valid answer]<br/>Refuse to answer</p> <p><i>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently (skip if only selected 'other')</i></p> <p><b>Did insurance cover the cost of the medication?</b></p> <p>None of the cost was covered by insurance<br/>Some of the cost was covered by insurance<br/>All of the cost was covered by insurance<br/>Don't know [valid answer]<br/>Refuse to answer</p> <p><i>UNIVERSE: rx_curr=currently taking a pre-specified medication (skip if only selected 'other') and some or all of the cost of the medication is covered by insurance</i></p> <p><b>Is there a limit to how long the insurance will cover the medication?</b></p> <p>Yes<br/>No<br/>Don't know [valid answer]<br/>Refuse to answer</p> <p><i>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently (skip if only selected 'other') and some or all of the cost of the medication was covered by insurance</i></p> <p><b>Was there a limit to how long the insurance covered the medication?</b></p> <p>Yes<br/>No<br/>Don't know [valid answer]<br/>Refuse to answer</p> | <p><i>UNIVERSE: rx_curr=currently taking a pre-specified medication (skip if only selected 'other')</i></p> <p><b>L'assurance couvre-t-elle le coût du médicament ?</b></p> <p>Aucun coût n'est couvert par l'assurance<br/>Une partie des coûts est couverte par l'assurance<br/>Tous les coûts sont couverts par l'assurance<br/>Je ne sais pas [valid answer]<br/>Je refuse de répondre</p> <p><i>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently (skip if only selected 'other')</i></p> <p><b>L'assurance a-t-elle couvert le coût du médicament ?</b></p> <p>Aucun coût n'a été couvert par l'assurance<br/>Une partie des coûts a été couverte par l'assurance<br/>Tous les coûts ont été couverts par l'assurance<br/>Je ne sais pas [valid answer]<br/>Je refuse de répondre</p> <p><i>UNIVERSE: rx_curr=currently taking a pre-specified medication (skip if only selected 'other') and some or all of the cost of the medication is covered by insurance</i></p> <p><b>Y a-t-il une limite à la durée pendant laquelle l'assurance couvrira le médicament ?</b></p> <p>Oui<br/>Non<br/>Je ne sais pas [valid answer]<br/>Je refuse de répondre</p> <p><i>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently (skip if only selected 'other') and some or all of the cost of the medication was covered by insurance</i></p> <p><b>Y avait-il une limite à la durée pendant laquelle l'assurance couvrait le médicament ?</b></p> <p>Oui<br/>Non<br/>Je ne sais pas [valid answer]<br/>Je refuse de répondre</p> |
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| <b>WEIGHT LOSS MEDICATIONS – COST</b><br><br><b>NEW 2024 COUNTRY SPECIFIC WORDING</b><br><br>RX_COST       | UNIVERSE: rx_curr=currently taking a pre-specified medication (skip if only selected 'other')<br><b>How much do you pay out of pocket for the medication per month?</b><br><br>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently (skip if only selected 'other')<br><b>How much did you pay out of pocket for the medication per month?</b><br><br>Dollars:_____ [currency]<br>Don't know [valid answer]<br>Refuse to answer | UNIVERSE: rx_curr=currently taking a pre-specified medication (skip if only selected 'other')<br><b>Combien payez-vous de votre poche pour le médicament chaque mois?</b><br><br>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently (skip if only selected 'other')<br><b>Combien avez-vous payé de votre poche pour le médicament chaque mois?</b><br><br>Dollars: _____ [currency]<br>Je ne sais pas [valid answer]<br>Je refuse de répondre                       |
| <b>WEIGHT LOSS MEDICATIONS – DURATION</b><br><br><b>NEW 2024</b><br><br>RX_DUR                             | UNIVERSE: rx_curr= currently taking a pre-specified medication<br><b>How long have you been taking the medication?</b><br><br>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently<br><b>How long did you take the medication?</b><br>Less than a month<br>1-3 months<br>4-6 months<br>7-12 months<br>1-2 years<br>More than two years<br>Don't know<br>Refuse to answer                                                          | UNIVERSE: rx_curr= currently taking a pre-specified medication<br><b>Depuis combien de temps prenez-vous ce médicament?</b><br><br>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently<br><b>Combien de temps avez-vous pris ce médicament?</b><br>Moins d'un mois<br>1—3 mois<br>4—6 mois<br>7—12 mois<br>1—2 ans<br>Plus de deux ans<br>Je ne sais pas<br>Je refuse de répondre                                                                                       |
| <b>WEIGHT LOSS MEDICATIONS – WEIGHT CHANGE</b><br><br><b>NEW 2024</b><br><br>RX_WTCNG_CURR<br>RX_WTCNG_12M | UNIVERSE: rx_curr= currently taking a pre-specified medication<br><b>Since starting the medication, have you...</b><br>Lost weight<br>Gained weight<br>No change<br>Don't know<br>Refuse to answer<br><br>UNIVERSE: wt_rx_12m= took pre-specified medication in past 12 months, but not currently<br><b>When you took the medication, did you...</b><br>Lose weight<br>Gain weight<br>No change<br>Don't know<br>Refuse to answer                                 | UNIVERSE: rx_curr= currently taking a pre-specified medication<br><b>Depuis que vous avez commencé à prendre ce médicament, avez-vous...</b><br>Perdu du poids<br>Pris du poids<br>Aucun changement<br>Je ne sais pas<br>Je refuse de répondre<br><br>UNIVERSE: wt_rx_12m= took pre-specified medication in past 12 months, but not currently<br><b>Quand vous preniez ce médicament, avez-vous...</b><br>Perdu du poids<br>Pris du poids<br>Aucun changement<br>Je ne sais pas<br>Je refuse de répondre |

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| <p><b>WEIGHT LOSS MEDICATIONS – AMOUNT LOST</b></p> <p><b>NEW 2024</b></p> <p>RX_AMT_UNIT<br/>RX_AMT_LB<br/>RX_AMT_KG</p> | <p>UNIVERSE: rx_curr= currently taking a pre-specified medication AND rx_wtcng_curr=lost weight</p> <p><b>Since starting the medication, how much weight have you lost?</b></p> <p>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently AND rx_wtcng_12m=lose weight</p> <p><b>When you took the medication, how much weight did you lose?</b></p> <p>Would you rather answer in:</p> <p>Pounds (lb)</p> <p>Kilograms (kg)</p> <p>Don't know</p> <p>Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p>UNIVERSE: rx_amt_unit= pounds</p> <p>Enter the number of pounds lost: _____ lb [numeric]</p> <p>UNIVERSE: rx_amt_unit=kilograms</p> <p>Enter the number of kilograms lost: _____ kg [numeric]</p> | <p>UNIVERSE: rx_curr= currently taking a pre-specified medication AND rx_wtcng_curr=lost weight</p> <p><b>Depuis que vous avez commencé à prendre ce médicament, combien de poids avez-vous perdu ?</b></p> <p>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently AND rx_wtcng_12m=lose weight</p> <p><b>Lorsque vous preniez ce médicament, combien de poids avez-vous perdu ?</b></p> <p>Souhaitez-vous répondre en :</p> <p>Livres (lb)</p> <p>Kilogrammes (kg)</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p>UNIVERSE: rx_amt_unit= pounds</p> <p>Veillez inscrire le nombre de livres perdues: _____ lb [numeric]</p> <p>UNIVERSE: rx_amt_unit=kilograms</p> <p>Veillez inscrire le nombre de kilogrammes perdus: _____ kg [numeric]</p> |
| <p><b>WEIGHT LOSS MEDICATIONS – WEIGHT REGAIN</b></p> <p><b>NEW 2024</b></p> <p>RX_REGAIN</p>                             | <p>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently AND rx_wtcng_12m=lose weight</p> <p><b>Since you stopped the medication, did you regain any of the weight you lost?</b></p> <p>I didn't regain any of the weight</p> <p>I regained some of the weight</p> <p>I regained most of the weight</p> <p>I regained all of the weight</p> <p>I didn't lose weight while taking the medication</p> <p>Don't know</p> <p>Refuse to answer</p>                                                                                                                                                                                                                                                                                             | <p>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently AND rx_wtcng_12m=lose weight</p> <p><b>Depuis que vous avez arrêté de prendre ce médicament, avez-vous repris le poids que vous aviez perdu ?</b></p> <p>Je n'ai pas repris le poids</p> <p>J'ai repris une partie du poids</p> <p>J'ai repris la majorité du poids</p> <p>J'ai repris tout le poids</p> <p>Je n'ai pas perdu de poids pendant la prise du médicament</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                   |

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| <p><b>WEIGHT LOSS MEDICATIONS – SIDE EFFECTS</b></p> <p><a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9486455/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9486455/</a></p> <p><b>NEW 2024</b></p> <p><i>RX_EFF</i><br/><i>RX_EFF_[type]</i></p> | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication (skip if only selected 'other')</i></p> <p><b>Have you experienced any side effect(s) from taking the medication?</b></p> <p>No</p> <p>Yes – mild side effect(s)</p> <p>Yes – moderate effect(s)</p> <p>Yes - severe side effect(s)</p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>UNIVERSE: rx_eff=yes mild/moderate/severe</i></p> <p><b>What side effect(s) have you experienced?</b></p> <p>(Select all that apply)</p> <p>Nausea and/or vomiting</p> <p>Diarrhea</p> <p>Fatigue</p> <p>Constipation</p> <p>Abdominal pain</p> <p>Other side effect(s) (please specify): _____</p> <p>Don't know</p> <p>Refuse to answer</p> | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication (skip if only selected 'other')</i></p> <p><b>Avez-vous ressenti un ou des effets secondaires liés à la prise de ce médicament?</b></p> <p>Non</p> <p>Oui — effet(s) secondaire(s) léger(s)</p> <p>Oui — effet(s) secondaire(s) modéré(s)</p> <p>Oui — effet(s) secondaire(s) sévère(s)</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> <p><i>UNIVERSE: rx_eff= yes mild/moderate/severe</i></p> <p><b>Quels effet(s) secondaire(s) avez-vous ressenti(s) ?</b></p> <p>(Sélectionnez toutes les réponses pertinentes.)</p> <p>Nausée et/ou vomissement</p> <p>Diarrhée</p> <p>Fatigue</p> <p>Constipation</p> <p>Douleurs abdominales</p> <p>Autre(s) effet(s) secondaire(s) (veuillez préciser) : _____</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> |
| <p><b>WEIGHT LOSS MEDICATIONS – STOPPING REASON</b></p> <p><b>NEW 2024</b><br/><b>REVISED 2025</b></p> <p><i>RX_STOP</i></p>                                                                                                                               | <p><i>UNIVERSE: rx_curr=none (took pre-specified medication previously, but not currently)</i></p> <p><b>What was the main reason you stopped taking the medication?</b></p> <p>(Select all that apply)</p> <p>I didn't lose weight / it didn't work</p> <p>I lost enough weight / it worked</p> <p>Side effects</p> <p>Cost / too expensive / not covered by insurance</p> <p>I didn't bother to renew my prescription</p> <p>Not in stock / supply issues</p> <p>Other (please specify): _____</p> <p>Don't know</p> <p>Refuse to answer</p>                                                                                                                                                             | <p><i>UNIVERSE: rx_curr=none (took pre-specified medication previously, but not currently)</i></p> <p><b>Quelle a été la raison principale pour l'arrêt de ce médicament?</b></p> <p>(Sélectionnez toutes les réponses pertinentes.)</p> <p>Je n'ai pas perdu de poids / il n'a pas fonctionné</p> <p>J'ai perdu assez de poids / il a fonctionné</p> <p>Effets secondaires</p> <p>Coûts / trop cher / non couvert par l'assurance</p> <p>J'ai n'ai pas pris la peine de renouveler ma prescription</p> <p>Pas en stock / problèmes d'approvisionnement</p> <p>Autre(s) (veuillez préciser) : _____</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p>                                                                                                                                                                                  |

|                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
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| <div>WEIGHT LOSS MEDICATIONS – ALCOHOL IMPACT</div> <div>NEW 2024</div> <div>RX_ALC_CURR</div> <div>RX_ALC_12M</div> | <div>UNIVERSE: rx_curr= currently taking a pre-specified medication</div> <div>Has the medication affected how much alcohol you drink?</div> <div>I don't drink alcohol – not applicable</div> <div>I drink less</div> <div>I drink more</div> <div>No effect</div> <div>Don't know</div> <div>Refuse to answer</div> <div>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently</div> <div>Did the medication affect how much alcohol you drank?</div> <div>I don't drink alcohol – not applicable</div> <div>I drank less</div> <div>I drank more</div> <div>No effect</div> <div>Don't know</div> <div>Refuse to answer</div>                      | <div>UNIVERSE: rx_curr= currently taking a pre-specified medication</div> <div>Le médicament a-t-il affecté votre consommation d'alcool ?</div> <div>Je ne bois pas d'alcool — ne s'applique pas</div> <div>Je bois moins</div> <div>Je bois plus</div> <div>Aucun effet</div> <div>Je ne sais pas</div> <div>Je refuse de répondre</div> <div>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently</div> <div>Le médicament avait-il affecté votre consommation d'alcool ?</div> <div>Je ne bois pas d'alcool — ne s'applique pas</div> <div>Je buvais moins</div> <div>Je buvais plus</div> <div>Aucun effet</div> <div>Je ne sais pas</div> <div>Je refuse de répondre</div>                                       |
| <div>WEIGHT LOSS MEDICATIONS – SMOKING IMPACT</div> <div>NEW 2024</div> <div>RX_SMK_CURR</div> <div>RX_SMK_12M</div> | <div>UNIVERSE: rx_curr= currently taking a pre-specified medication</div> <div>Has the medication affected how much you smoke?</div> <div>I don't smoke– not applicable</div> <div>I smoke less</div> <div>I quit smoking</div> <div>I smoke more</div> <div>No effect</div> <div>Don't know</div> <div>Refuse to answer</div> <div>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently</div> <div>Did the medication affect how much you smoked?</div> <div>I don't smoke– not applicable</div> <div>I smoked less</div> <div>I quit smoking</div> <div>I smoked more</div> <div>No effect</div> <div>Don't know</div> <div>Refuse to answer</div> | <div>UNIVERSE: rx_curr= currently taking a pre-specified medication</div> <div>Le médicament a-t-il changé vos habitudes tabagiques ?</div> <div>Je ne fume pas — ne s'applique pas</div> <div>Je fume moins</div> <div>J'ai arrêté de fumer</div> <div>Je fume plus</div> <div>Aucun effet</div> <div>Je ne sais pas</div> <div>Je refuse de répondre</div> <div>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently</div> <div>Le médicament avait-il changé vos habitudes tabagiques ?</div> <div>Je ne fume pas — ne s'applique pas</div> <div>Je fumais moins</div> <div>J'ai arrêté de fumer</div> <div>Je fumais plus</div> <div>Aucun effet</div> <div>Je ne sais pas</div> <div>Je refuse de répondre</div> |

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| <p><b>EAT-3 BEHAVIOURAL ITEMS</b><br/> HAINES J, ZIYADEH NJ, FRANKO DL, MCDONALD J, MOND JM, AUSTIN SB. SCREENING HIGH SCHOOL STUDENTS FOR EATING DISORDERS: VALIDITY OF BRIEF BEHAVIORAL AND ATTITUDINAL MEASURES. JOURNAL OF SCHOOL HEALTH, 2011; 81(9):530-535.<br/> <b>REVISED 2025 (SP)</b></p> <p><i>EAT3_BINGE</i><br/> <i>EAT3_VOMIT</i></p> | <p>In the <u>past 3 months</u>, how often have you:</p> <p>... <b>gone on eating binges?</b> (<i>Eating a large amount of food while feeling out of control</i>).</p> <p>... <b>made yourself sick (vomited) to control your weight?</b></p> <p>Never</p> <p>Less than 1 time a month</p> <p>1 to 3 times a month</p> <p>Once a week</p> <p>2 to 6 times a week</p> <p>Once a day</p> <p>More than once a day</p> <p>Don't know</p> <p>Refuse to answer</p> | <p>Au cours des <u>trois derniers mois</u>, à combien de reprises:</p> <p>... <b>avez-vous vécu des épisodes d'hyperphagie?</b> (<i>Manger une grande quantité d'aliments en ayant un sentiment de perte de contrôle.</i>)</p> <p>... <b>vous êtes-vous infligé de vomissements pour maîtriser votre poids?</b></p> <p>Jamais</p> <p>Moins d'une fois par mois</p> <p>Une à trois fois par mois</p> <p>Une fois par semaine</p> <p>Deux à six fois par semaine</p> <p>Une fois par jour</p> <p>Plus d'une fois par jour</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> |
| <p><b>EAT-3 ATTITUDINAL ITEM</b><br/> HAINES J, ZIYADEH NJ, FRANKO DL, MCDONALD J, MOND JM, AUSTIN SB. SCREENING HIGH SCHOOL STUDENTS FOR EATING DISORDERS: VALIDITY OF BRIEF BEHAVIORAL AND ATTITUDINAL MEASURES. JOURNAL OF SCHOOL HEALTH, 2011; 81(9):530-535.<br/> <b>REVISED 2025 (FR)</b></p> <p><i>EAT3_THIN</i></p>                          | <p><b>I am preoccupied with a desire to be thinner.</b></p> <p>Always</p> <p>Usually</p> <p>Often</p> <p>Sometimes</p> <p>Rarely</p> <p>Never</p> <p>Don't know</p> <p>Refuse to answer</p>                                                                                                                                                                                                                                                                 | <p><b>Le désir de maigrir me tracasse.</b></p> <p>Toujours</p> <p>Habituellement</p> <p>Souvent</p> <p>Parfois</p> <p>Rarement</p> <p>Jamais</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                                                            |

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| <p><b>EATING DISORDER</b><br/> <a href="#">CCHS 2024</a></p> <p><b>NEW 2024</b></p> <p>WT_ED<br/> WT_ED_DX</p>                                                                                                                                                                                                                                                      | <p><b>Do you have an eating disorder such as anorexia or bulimia?</b></p> <p>Yes<br/> No<br/> Don't know<br/> Refuse to answer</p> <p><i>UNIVERSE: WT_ED=yes</i></p> <p><b>Was the eating disorder ever diagnosed by a doctor, nurse, or other health professional?</b></p> <p>Yes<br/> No<br/> Don't know<br/> Refuse to answer</p> | <p><b>Avez-vous des troubles de l'alimentation tels que l'anorexie ou la boulimie?</b></p> <p>Oui<br/> Non<br/> Je ne sais pas<br/> Je refuse de répondre</p> <p><i>UNIVERSE: WT_ED=yes</i></p> <p><b>Le trouble alimentaire a-t-il déjà été diagnostiqué par un médecin, une infirmière ou un autre professionnel de la santé?</b></p> <p>Oui<br/> Non<br/> Je ne sais pas<br/> Je refuse de répondre</p> |
| <p><b>WEIGHT TEASE</b><br/> Adapted from Project EAT 2003-2004 (B&amp;W)</p> <p><b>NEW 2022</b></p> <p><b>REVISED 2024</b><br/> (French translation)</p> <p>WT_TEASE</p>                                                                                                                                                                                            | <p><b>Do you get teased or made fun of because of your weight?</b></p> <p>All the time<br/> A lot<br/> Sometimes<br/> Rarely<br/> Never<br/> Don't know<br/> Refuse to answer</p>                                                                                                                                                    | <p><b>Est-ce qu'on se moque de vous à cause de votre poids?</b></p> <p>Tout le temps<br/> Très souvent<br/> Parfois<br/> Rarement<br/> Jamais<br/> Je ne sais pas<br/> Je refuse de répondre</p>                                                                                                                                                                                                           |
| <p><b>WEIGHT STIGMA</b><br/> Adapted from Nutter et al., 2018 Framing obesity a disease: Indirect effects of affect and controllability beliefs on weight bias. Weiner B. Judgments of responsibility: a foundation for a theory of social conduct. 1995.</p> <p><b>NEW 2023</b><br/> <b>REVISED 2024</b><br/> (French translation of preamble)</p> <p>WT_BLAKE</p> | <p><b>Please tell us whether you agree or disagree with the following:</b></p> <p><b>People are to blame for their body weight.</b></p> <p>Strongly agree<br/> Agree<br/> Neither agree nor disagree<br/> Disagree<br/> Strongly disagree<br/> Don't know<br/> Refuse to answer</p>                                                  | <p><b>Veuillez indiquer si vous êtes d'accord ou non avec cet énoncé.</b></p> <p><b>Les individus sont principalement à blâmer pour leur poids corporel.</b></p> <p>Entièrement d'accord<br/> D'accord<br/> Ni d'accord ni en désaccord<br/> En désaccord<br/> Entièrement en désaccord<br/> Je ne sais pas<br/> Je refuse de répondre</p>                                                                 |

SUGARY DRINKS

| DOMAIN<br>SOURCE                                                                   | ENGLISH                                                                                                                                                                                                                                                                                                                                                              | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                           |
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| <b>POP PERCEIVED<br/>HEALTHINESS</b><br><br>REVISED 2025 (CAN)<br><br>SSB_HLTH_POP | <p>In your opinion, how unhealthy or healthy is this type of drink?</p> <div><p>500 mL</p></div> <p>Very unhealthy<br/>Unhealthy<br/>A little unhealthy<br/>Neither unhealthy nor healthy<br/>A little healthy<br/>Healthy<br/>Very healthy<br/>Don't know<br/>Refuse to answer</p> | <p>À votre avis, dans quelle mesure ce type de boisson est-il sain ou malsain?</p> <div><p>500 mL</p></div> <p>Très malsain<br/>Malsain<br/>Un peu malsain<br/>Ni malsain ni sain<br/>Un peu sain<br/>Sain<br/>Très sain<br/>Je ne sais pas<br/>Je refuse de répondre</p> |

**POP ACCEPTABLE  
FREQUENCY FOR  
CHILDREN**

REVISED 2025 (CAN)

SSB\_CHILD\_POP

Imagine that you have a 10-year old child. Is it okay for them to have this type of drink...



500 mL

- Never
- Once per month
- A few times per month
- Once per week
- A few times per week
- Once per day
- As often as they would like
- Don't know
- Refuse to answer

Imaginez que vous avez une ou un enfant de 10 ans. Croyez-vous qu'il est acceptable pour lui ou elle de consommer ce type de boisson...



500 mL

- Jamais
- Une fois par mois
- Quelquefois par mois
- Une fois par semaine
- Quelquefois par semaine
- Une fois par jour
- Aussi souvent que vous le souhaitez
- Je ne sais pas
- Je refuse de répondre

**SSB PERCEPTIONS -  
CONDITION**

REVISED 2019

SSB\_CONDITION

[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following set of 2 questions with the same beverage image on screen for each question.]

Diet pop  
100% juice  
Energy drink  
Water  
Specialty coffee  
Sports drink  
Chocolate milk  
Iced tea  
Milk



500 mL



355 mL



250 mL



355 mL



405 mL



591 mL



473 mL



500 mL



355 mL

[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following set of 2 questions with the same beverage image on screen for each question.]

Boisson gazeuse légère  
100 % jus d'orange  
Boissons énergisantes  
Eau  
Café de spécialité  
Boisson pour sportifs  
Lait au chocolat  
Thé glacé  
Lait



500 mL



355 mL



250 mL



355 mL



405 mL



591 mL



473 mL



500 mL



355 mL

|                                                                                            |                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                  |
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| <b>SSB PERCEIVED HEALTHINESS</b><br><br><i>SSB_HLTH_[TYPE]</i>                             | <p><b>In your opinion, how unhealthy or healthy is this type of drink?</b><br/> <i>[show image with mL label]</i></p> <p>Very unhealthy<br/> Unhealthy<br/> A little unhealthy<br/> Neither unhealthy nor healthy<br/> A little healthy<br/> Healthy<br/> Very healthy<br/> Don't know<br/> Refuse to answer</p>                                    | <p><b>À votre avis, dans quelle mesure ce type de boisson est-il sain ou malsain?</b><br/> <i>[show image with mL label]</i></p> <p>Très malsain<br/> Malsain<br/> Un peu malsain<br/> Ni malsain ni sain<br/> Un peu sain<br/> Sain<br/> Très sain<br/> Je ne sais pas<br/> Je refuse de répondre</p>                                                                                                                           |
| <b>SSB ACCEPTABLE FREQUENCY FOR CHILDREN</b><br><br><i>SSB_CHILD_[TYPE]</i>                | <p><b>Imagine that you have a 10-year old child. Is it okay for them to have this type of drink...</b><br/> <i>[show image with mL label]</i></p> <p>Never<br/> Once per month<br/> A few times per month<br/> Once per week<br/> A few times per week<br/> Once per day<br/> As often as they would like<br/> Don't know<br/> Refuse to answer</p> | <p><b>Imaginez que vous avez une ou un enfant de 10 ans. Croyez-vous qu'il est acceptable pour lui ou elle de consommer ce type de boisson...</b><br/> <i>[show image with mL label]</i></p> <p>Jamais<br/> Une fois par mois<br/> Quelquefois par mois<br/> Une fois par semaine<br/> Quelquefois par semaine<br/> Une fois par jour<br/> Aussi souvent qu'ils le souhaitent<br/> Je ne sais pas<br/> Je refuse de répondre</p> |
| <b>SSB DEFINITION</b>                                                                      | <p>The next few questions ask about <u>SUGAR AND SUGARY DRINKS</u>.</p> <p>Sugary drinks are drinks that contain added sugar, like pop, fruit drinks, sports drinks, energy drinks, chocolate milk, and specialty coffees that have added sugar.</p>                                                                                                | <p>Les quelques prochaines questions portent sur <u>LE SUCRE ET LES BOISSONS SUCRÉES</u>.</p> <p>Les boissons sucrées contiennent des sucres ajoutés, par exemple les boissons gazeuses, les boissons aux fruits, les boissons pour sportifs, les boissons énergisantes, le lait au chocolat et les cafés de spécialité sucrés.</p>                                                                                              |
| <b>SSB SOCIAL NORMS – Q3</b><br><br>REVISÉ 2021<br>REVISÉ 2023<br><br><i>SSB_NORMS3_V1</i> | <p>People important to me <u>TRY NOT</u> to drink <u>SUGARY DRINKS</u>.</p> <p>Strongly agree<br/> Agree<br/> Neither agree nor disagree<br/> Disagree<br/> Strongly disagree<br/> Don't know<br/> Refuse to answer</p>                                                                                                                             | <p>Des personnes qui comptent pour moi <u>S'EFFORCENT DE NE PAS</u> consommer de <u>BOISSONS SUCRÉES</u>.</p> <p>Entièrement d'accord<br/> D'accord<br/> Ni d'accord ni en désaccord<br/> En désaccord<br/> Entièrement en désaccord<br/> Je ne sais pas<br/> Je refuse de répondre</p>                                                                                                                                          |

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| <b>SWEETENER ACCEPTABILITY FOR CHILDREN</b><br><br>NEW 2020<br>CYCLED OUT 2023<br>REVISED 2024<br>(French translation of preamble)<br><br>COUNTRY SPECIFIC<br>WORDING<br><br>SWT_CHILD | Please tell us whether you agree or disagree with the following:<br><br>Children should not consume foods or drinks with artificial or low-calorie sweeteners.<br><br>Strongly agree<br>Agree<br>Neither agree nor disagree<br>Disagree<br>Strongly disagree<br>Don't know<br>Refuse to answer | Veuillez indiquer si vous êtes d'accord ou non avec cet énoncé.<br><br>Les enfants ne devraient pas consommer d'aliments ou de boissons contenant des édulcorants artificiels ou hypocaloriques.<br><br>Entièrement d'accord<br>D'accord<br>Ni d'accord ni en désaccord<br>En désaccord<br>Entièrement en désaccord<br>Je ne sais pas<br>Je refuse de répondre |
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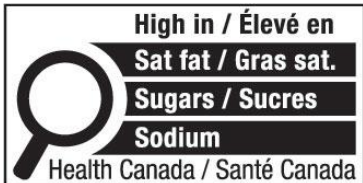
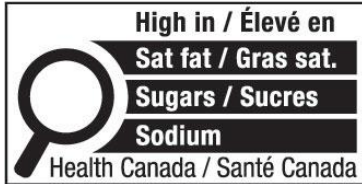
## NUTRITION KNOWLEDGE

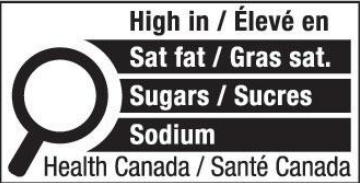
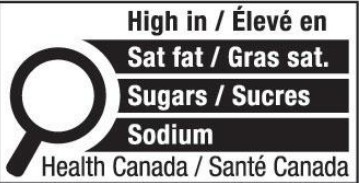
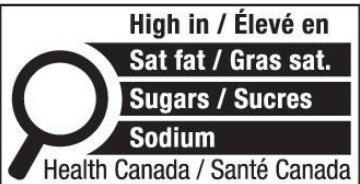
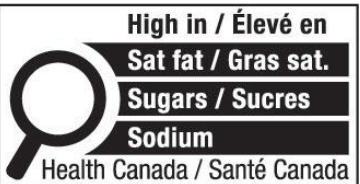
| DOMAIN<br>SOURCE                                                                                 | ENGLISH                                                                                                                                                                                                                | FRENCH TRANSLATION                                                                                                                                                                                                                                 |
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| <b>SELF-REPORTED NUTRITION KNOWLEDGE</b><br>ADAPTED FROM TNT<br>2015, HOBIN CFDR<br><br>NUT_KNOW | <b>How would you rate your nutrition knowledge?</b><br>Not at all knowledgeable<br>A little knowledgeable<br>Somewhat knowledgeable<br>Very knowledgeable<br>Extremely knowledgeable<br>Don't know<br>Refuse to answer | <b>Comment évaluez-vous vos connaissances en nutrition?</b><br>Je n'y connais rien<br>Je m'y connais un peu<br>Je m'y connais moyennement<br>Je m'y connais beaucoup<br>Je m'y connais extrêmement bien<br>Je ne sais pas<br>Je refuse de répondre |

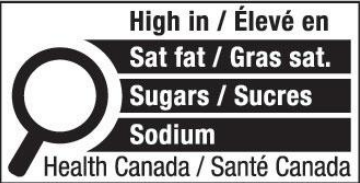
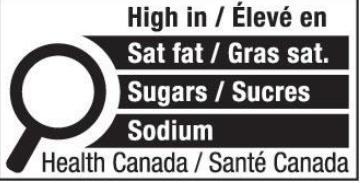
## SOURCES OF NUTRITION INFORMATION

| DOMAIN<br>SOURCE                                                             | ENGLISH                                                                                                                                                                                               | FRENCH TRANSLATION                                                                                                                                                                                                                                                          |
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| <b>PUBLIC EDUCATION</b><br><br>REVISED 2020<br>(underline)<br><br>PUBLIC_ED1 | Do you remember seeing any educational messages or campaigns on <u>healthy eating</u> from the government or health authorities in the past 12 months?<br>Yes<br>No<br>Don't know<br>Refuse to answer | Vous souvenez-vous d'avoir vu des messages éducatifs ou des campagnes de promotion en <u>matière d'alimentation saine</u> diffusés par le gouvernement ou les autorités de la santé au cours des 12 derniers mois?<br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre |

## FOOD PACKAGING &amp; LABELLING

| DOMAIN<br>SOURCE                                                                  | ENGLISH                                                                                                                                                                                                                                                                                                                                                          | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                    |
|-----------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>NUTRITION INFO IN GROCERY STORES</b><br><br><i>INFO_GROCERY</i>                | <p>In your opinion, is nutrition information easy or hard to find in <u>grocery stores</u>?</p> <p>Very hard to find<br/>Hard to find<br/>Neither hard nor easy<br/>Easy to find<br/>Very easy to find<br/>Don't know<br/>Refuse to answer</p>                                                                                                                   | <p>À votre avis, l'information nutritionnelle est-elle facile ou difficile à trouver dans les <u>épiceries</u>?</p> <p>Très difficile à trouver<br/>Difficile à trouver<br/>Ni difficile ni facile à trouver<br/>Facile à trouver<br/>Très facile à trouver<br/>Je ne sais pas<br/>Je refuse de répondre</p>                                                                                                                          |
| <b>LABEL AWARENESS</b><br><br><b>NEW 2024 (CAN)</b><br><br><i>LABEL_AWARE_CAN</i> | <p>We would now like to ask you some questions about food labels on products.</p> <p>How often have you <u>seen</u> this type of food label on packages or in stores?</p>  <p>Never<br/>Rarely<br/>Sometimes<br/>Often<br/>All the time<br/>Don't know<br/>Refuse to answer</p> | <p>Nous aimerions maintenant vous poser des questions sur les étiquettes des produits alimentaires.</p> <p>À quelle fréquence avez-vous <u>vu</u> ce genre d'étiquette alimentaire sur des emballages ou dans les magasins?</p>  <p>Jamais<br/>Rarement<br/>Parfois<br/>Souvent<br/>Tout le temps<br/>Je ne sais pas<br/>Je refuse de répondre</p> |

|                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| <p><b>LABEL USE</b></p> <p>NEW 2024 (CAN)</p> <p>LABEL_USE_CAN</p>                  | <p>UNIVERSE: label_aware_CAN = 'rarely', 'sometimes', 'often', or 'all the time'</p> <p>How often do you <u>use</u> this type of food label <u>when deciding to buy a food product?</u></p>  <p>Never<br/>Rarely<br/>Sometimes<br/>Often<br/>All the time<br/>Don't know<br/>Refuse to answer</p> | <p>UNIVERSE: label_aware_CAN= 'rarely', 'sometimes', 'often', or 'all the time'</p> <p>À quelle fréquence <u>utilisez-vous</u> ce type d'étiquette <u>au moment de décider de l'achat d'un produit alimentaire?</u></p>  <p>Jamais<br/>Rarement<br/>Parfois<br/>Souvent<br/>Tout le temps<br/>Je ne sais pas<br/>Je refuse de répondre</p> |
| <p><b>LABEL UNDERSTANDING</b></p> <p>NEW 2024 (CAN)</p> <p>LABEL_UNDERSTAND_CAN</p> | <p>Do you find this information...</p>  <p>Very hard to understand<br/>Hard to understand<br/>Neither hard nor easy<br/>Easy to understand<br/>Very easy to understand<br/>Don't know<br/>Refuse to answer</p>                                                                                    | <p>Cette information vous semble-t-elle...</p>  <p>Très difficile à comprendre<br/>Difficile à comprendre<br/>Ni difficile, ni facile<br/>Facile à comprendre<br/>Très facile à comprendre<br/>Je ne sais pas<br/>Je refuse de répondre</p>                                                                                                |

|                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|----------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>WL SUPPORT</b></p> <p>NEW 2020 (MX)<br/>NEW 2025 (USA/CAN)</p> <p>COUNTRY SPECIFIC<br/>WORDING</p> <p>WL_SUPPORT</p> | <p>UNIVERSE: Mexico &amp; USA (later in survey), Canada</p> <p>Do you support or oppose the government policy requiring this type of label on food products?</p>  <p>Support<br/>Neutral<br/>Oppose<br/>Don't know<br/>Refuse to answer</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <p>UNIVERSE: Mexico &amp; USA (later in survey), Canada</p> <p>Soutenez-vous ou vous opposez-vous à la politique gouvernementale exigeant ce type d'étiquette sur les produits alimentaires ?</p>  <p>Je la soutiens<br/>Ni l'un ni l'autre<br/>Je m'y oppose<br/>Je ne sais pas<br/>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <p><b>WL IMPACT</b></p> <p>NEW 2025 (CAN)</p> <p>COUNTRY SPECIFIC<br/>WORDING</p> <p>WL_IMP_[TYPE]</p>                     | <p>UNIVERSE: USA, Mexico, Canada<br/>UNIVERSE: LABEL_AWARE_CAN= 'rarely', 'sometimes', 'often', or 'all the time'</p> <p>Have the labels changed whether you buy the following packaged products for you or your family?</p> <p><b>Regular soda or pop</b> (Coke, Pepsi, Sprite, Orange Crush, etc.)<br/> <b>Diet soda or pop</b> (Coke Zero, Diet Pepsi, etc.)<br/> <b>100% fruit or vegetable juice</b><br/> <b>Sweetened fruit drinks</b> (lemonade, iced tea, SunnyD, fruit punch/cocktail, etc.)<br/> <b>Carbonated or sparkling water</b> (low or no-calorie like Bubly, Perrier, etc.) [Canada only]<br/> <b>Candy or chocolate bars</b><br/> <b>Snacks</b> such as chips<br/> <b>Desserts</b> such as cakes, cookies, and ice cream<br/> <b>Sugary cereals</b></p> <p>Buy less<br/>Buy more<br/>No change<br/>Don't know<br/>Refuse to answer</p> | <p>UNIVERSE: USA, Mexico, Canada<br/>UNIVERSE: LABEL_AWARE_CAN= 'rarely', 'sometimes', 'often', or 'all the time'</p> <p>Les étiquettes ont-elles eu un effet sur le fait que vous achetiez les produits emballés suivantes pour votre famille ou pour vous-même ?</p> <p><b>Boissons gazeuses ordinaires</b> (Coke, Pepsi, Sprite, Orange Crush, etc.)<br/> <b>Boissons diètes</b> (Coca-Cola Zero, Pepsi Diète, etc.)<br/> <b>Jus de fruits ou de légumes purs</b><br/> <b>Boissons aux fruits sucrées</b> (limonade, thé glacé, SunnyD, punch / cocktail aux fruits, etc.)<br/> <b>Eau gazeuse ou pétillante</b> (faible en calories ou hypocaloriques comme Bubly, Perrier, etc.) [Canada only]<br/> <b>Friandises ou barres de chocolat</b><br/> <b>Collations</b> comme les croustilles<br/> <b>Desserts</b> comme les gâteaux, les biscuits et la crème glacée<br/> <b>Céréales sucrées</b></p> <p>J'en ai acheté moins<br/>J'en ai acheté plus<br/>Aucun changemen<br/>Je ne sais pas<br/>Je refuse de répondre</p> |

**LABEL  
UNDERSTANDING  
(OBJECTIVE)**

NEW 2022  
REVISED 2024 (CA)  
REVISED 2025 (CA/US)

FOPL\_OBJ\_HI

**In your opinion, is this product...**

[PROGRAMMER NOTE: Show juicebox image with country-specific FOPL (Health Star Rating in Australia, Warning label in Chile/MEX, Traffic Light in UK; 'High In' label in Canada; randomize half the respondents to no FOPL and half to proposed FDA label in USA); no NFT to be shown in any country.]



Very unhealthy  
Unhealthy  
In the middle  
Healthy  
Very healthy  
Don't know  
Refuse to answer

**Selon vous, est-ce que ce produit est...**

[PROGRAMMER NOTE: Show juicebox image with country-specific FOPL (Health Star Rating in Australia, Warning label in Chile/MEX, Traffic Light in UK; 'High In' label in Canada; randomize half the respondents to no FOPL and half to proposed FDA label in USA); no NFT to be shown in any country]

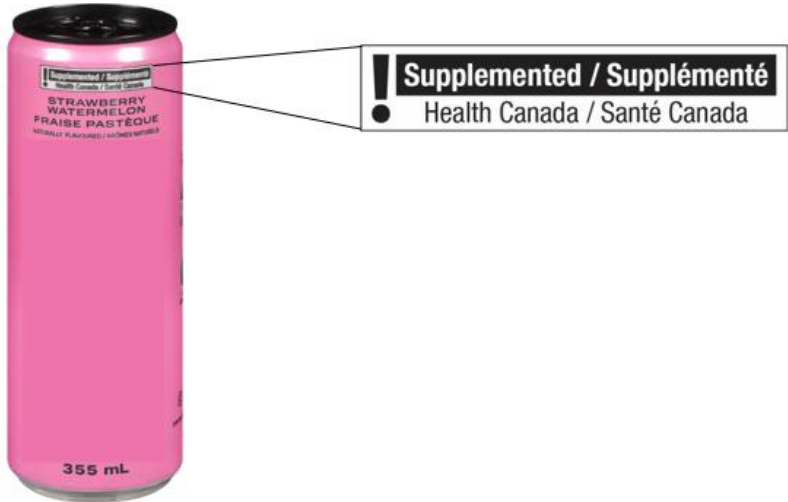
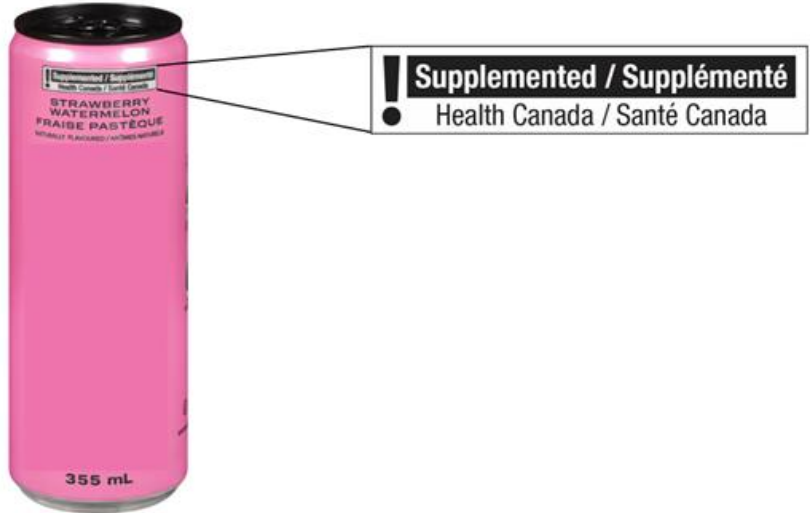


Très malsain  
Malsain  
Entre les deux  
Sain  
Très sain  
Je ne sais pas  
Je refuse de répondre

|                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
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| <div>NFT AWARENESS</div> <div>REVISED 2020<br/>REVISED 2024 (CAN)</div> <div>NFT_AWARE_CAN</div> | <div>How often have you <u>seen</u> this type of food label on packages or in stores?</div> <div><table><tr><td colspan="2"><b>Nutrition Facts</b></td></tr><tr><td colspan="2">Per 4 cookies (23 g)</td></tr><tr><td><b>Calories 95</b></td><td>% Daily Value*</td></tr><tr><td><b>Fat</b> 2 g</td><td>3 %</td></tr><tr><td>Saturated 0.3 g</td><td></td></tr><tr><td>+ Trans 0 g</td><td>3 %</td></tr><tr><td><b>Carbohydrate</b> 15 g</td><td></td></tr><tr><td>Fibre 3 g</td><td>8 %</td></tr><tr><td>Sugars 1 g</td><td>1 %</td></tr><tr><td><b>Protein</b> 3 g</td><td></td></tr><tr><td><b>Cholesterol</b> 0 mg</td><td></td></tr><tr><td><b>Sodium</b> 110 mg</td><td>5 %</td></tr><tr><td>Potassium 0 mg</td><td>0 %</td></tr><tr><td>Calcium 50 mg</td><td>4 %</td></tr><tr><td>Iron 0.75 mg</td><td>4 %</td></tr><tr><td colspan="2">*5% or less is <b>a little</b>, 15% or more is <b>a lot</b></td></tr></table><div>Never<br/>Rarely<br/>Sometimes<br/>Often<br/>All the time<br/>Don't know<br/>Refuse to answer</div></div> | <b>Nutrition Facts</b> |  | Per 4 cookies (23 g) |  | <b>Calories 95</b> | % Daily Value* | <b>Fat</b> 2 g | 3 % | Saturated 0.3 g |  | + Trans 0 g | 3 % | <b>Carbohydrate</b> 15 g |  | Fibre 3 g | 8 % | Sugars 1 g | 1 % | <b>Protein</b> 3 g |  | <b>Cholesterol</b> 0 mg |  | <b>Sodium</b> 110 mg | 5 % | Potassium 0 mg | 0 % | Calcium 50 mg | 4 % | Iron 0.75 mg | 4 % | *5% or less is <b>a little</b> , 15% or more is <b>a lot</b> |  | <div>À quelle fréquence avez-vous <u>vu</u> ce genre d'étiquette alimentaire sur des emballages ou dans des magasins...</div> <div><table><tr><td colspan="2"><b>Valeur nutritive</b></td></tr><tr><td colspan="2">pour 4 biscuits (23 g)</td></tr><tr><td><b>Calories 95</b></td><td>% valeur quotidienne*</td></tr><tr><td><b>Lipides</b> 2 g</td><td>3 %</td></tr><tr><td>saturés 0.3 g</td><td></td></tr><tr><td>+ trans 0 g</td><td>3 %</td></tr><tr><td><b>Glucides</b> 15 g</td><td></td></tr><tr><td>Fibres 3 g</td><td>8 %</td></tr><tr><td>Sucres 1 g</td><td>1 %</td></tr><tr><td><b>Protéines</b> 3 g</td><td></td></tr><tr><td><b>Cholestérol</b> 0 mg</td><td></td></tr><tr><td><b>Sodium</b> 110 mg</td><td>5 %</td></tr><tr><td>Potassium 0 mg</td><td>0 %</td></tr><tr><td>Calcium 50 mg</td><td>4 %</td></tr><tr><td>Fer 0.75 mg</td><td>4 %</td></tr><tr><td colspan="2">*5% ou moins c'est <b>peu</b>, 15% ou plus c'est <b>beaucoup</b></td></tr></table><div>Jamais<br/>Rarement<br/>Parfois<br/>Souvent<br/>Tout le temps<br/>Je ne sais pas<br/>Je refuse de répondre</div></div> | <b>Valeur nutritive</b> |  | pour 4 biscuits (23 g) |  | <b>Calories 95</b> | % valeur quotidienne* | <b>Lipides</b> 2 g | 3 % | saturés 0.3 g |  | + trans 0 g | 3 % | <b>Glucides</b> 15 g |  | Fibres 3 g | 8 % | Sucres 1 g | 1 % | <b>Protéines</b> 3 g |  | <b>Cholestérol</b> 0 mg |  | <b>Sodium</b> 110 mg | 5 % | Potassium 0 mg | 0 % | Calcium 50 mg | 4 % | Fer 0.75 mg | 4 % | *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b> |  |
| <b>Nutrition Facts</b>                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| Per 4 cookies (23 g)                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| <b>Calories 95</b>                                                                               | % Daily Value*                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| <b>Fat</b> 2 g                                                                                   | 3 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| Saturated 0.3 g                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| + Trans 0 g                                                                                      | 3 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| <b>Carbohydrate</b> 15 g                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| Fibre 3 g                                                                                        | 8 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| Sugars 1 g                                                                                       | 1 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| <b>Protein</b> 3 g                                                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| <b>Cholesterol</b> 0 mg                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| <b>Sodium</b> 110 mg                                                                             | 5 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| Potassium 0 mg                                                                                   | 0 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| Calcium 50 mg                                                                                    | 4 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| Iron 0.75 mg                                                                                     | 4 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| *5% or less is <b>a little</b> , 15% or more is <b>a lot</b>                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| <b>Valeur nutritive</b>                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| pour 4 biscuits (23 g)                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| <b>Calories 95</b>                                                                               | % valeur quotidienne*                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| <b>Lipides</b> 2 g                                                                               | 3 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| saturés 0.3 g                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| + trans 0 g                                                                                      | 3 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| <b>Glucides</b> 15 g                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| Fibres 3 g                                                                                       | 8 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| Sucres 1 g                                                                                       | 1 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| <b>Protéines</b> 3 g                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| <b>Cholestérol</b> 0 mg                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| <b>Sodium</b> 110 mg                                                                             | 5 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| Potassium 0 mg                                                                                   | 0 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| Calcium 50 mg                                                                                    | 4 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| Fer 0.75 mg                                                                                      | 4 %                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |
| *5% ou moins c'est <b>peu</b> , 15% ou plus c'est <b>beaucoup</b>                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                        |  |                      |  |                    |                |                |     |                 |  |             |     |                          |  |           |     |            |     |                    |  |                         |  |                      |     |                |     |               |     |              |     |                                                              |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                         |  |                        |  |                    |                       |                    |     |               |  |             |     |                      |  |            |     |            |     |                      |  |                         |  |                      |     |                |     |               |     |             |     |                                                                   |  |

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|-------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div><div>NFT USE</div><div>ADAPTED FROM 2014<br/>FDA HEALTH AND DIET<br/>SURVEY</div><div>REVISED 2020</div><div>NFT_USE_CAN</div></div> | <div><div>UNIVERSE: nft_aware_CAN= ‘rarely’, ‘sometimes’, ‘often’, or ‘all the time’</div><div>How often do you <u>use</u> this type of food label <u>when deciding to buy a food product?</u></div><div><div><div><div>Nutrition Facts</div><div>Per 4 cookies (23 g)</div><div><div>Calories 95</div><div>% Daily Value*</div></div><div><div>Fat 2 g</div><div>3 %</div></div><div><div>Saturated 0.3 g</div><div>+ Trans 0 g</div><div>3 %</div></div><div><div>Carbohydrate 15 g</div><div>Fibre 3 g</div><div>Sugars 1 g</div><div>8 %</div><div>1 %</div></div><div><div>Protein 3 g</div></div><div><div>Cholesterol 0 mg</div></div><div><div>Sodium 110 mg</div><div>5 %</div></div><div><div>Potassium 0 mg</div><div>0 %</div></div><div><div>Calcium 50 mg</div><div>4 %</div></div><div><div>Iron 0.75 mg</div><div>4 %</div></div></div><div><div>*5% or less is a <b>little</b>, 15% or more is a <b>lot</b></div></div></div><div>Never</div><div>Rarely</div><div>Sometimes</div><div>Often</div><div>All the time</div><div>Don’t know</div><div>Refuse to answer</div></div></div> | <div><div>UNIVERSE: nft_aware_CAN= ‘rarely’, ‘sometimes’, ‘often’, or ‘all the time’</div><div>À quelle fréquence <u>utilisez-vous</u> ce type d’étiquette <u>au moment de décider de l’achat d’un produit alimentaire?</u></div><div><div><div><div>Valeur nutritive</div><div>pour 4 biscuits (23 g)</div><div><div>Calories 95</div><div>% valeur quotidienne*</div></div><div><div>Lipides 2 g</div><div>3 %</div></div><div><div>saturés 0,3 g</div><div>+ trans 0 g</div><div>3 %</div></div><div><div>Glucides 15 g</div><div>Fibres 3 g</div><div>Sucres 1 g</div><div>8 %</div><div>1 %</div></div><div><div>Protéines 3 g</div></div><div><div>Cholestérol 0 mg</div></div><div><div>Sodium 110 mg</div><div>5 %</div></div><div><div>Potassium 0 mg</div><div>0 %</div></div><div><div>Calcium 50 mg</div><div>4 %</div></div><div><div>Fer 0.75 mg</div><div>4 %</div></div></div><div><div>*5% ou moins c’est <b>peu</b>, 15% ou plus c’est <b>beaucoup</b></div></div></div><div>Jamais</div><div>Rarement</div><div>Parfois</div><div>Souvent</div><div>Tout le temps</div><div>Je ne sais pas</div><div>Je refuse de répondre</div></div></div> |
| <div><div>NFT UNDERSTANDING</div><div>REVISED 2020</div><div>NFT_UNDERSTAND_CAN</div></div>                                               | <div><div>Do you find this information...</div><div><div><div><div>Nutrition Facts</div><div>Per 4 cookies (23 g)</div><div><div>Calories 95</div><div>% Daily Value*</div></div><div><div>Fat 2 g</div><div>3 %</div></div><div><div>Saturated 0.3 g</div><div>+ Trans 0 g</div><div>3 %</div></div><div><div>Carbohydrate 15 g</div><div>Fibre 3 g</div><div>Sugars 1 g</div><div>8 %</div><div>1 %</div></div><div><div>Protein 3 g</div></div><div><div>Cholesterol 0 mg</div></div><div><div>Sodium 110 mg</div><div>5 %</div></div><div><div>Potassium 0 mg</div><div>0 %</div></div><div><div>Calcium 50 mg</div><div>4 %</div></div><div><div>Iron 0.75 mg</div><div>4 %</div></div></div><div><div>*5% or less is a <b>little</b>, 15% or more is a <b>lot</b></div></div></div><div>Very hard to understand</div><div>Hard to understand</div><div>Neither hard nor easy</div><div>Easy to understand</div><div>Very easy to understand</div><div>Don’t know</div><div>Refuse to answer</div></div></div>                                                                                    | <div><div>Cette information vous semble-t-elle...</div><div><div><div><div>Valeur nutritive</div><div>pour 4 biscuits (23 g)</div><div><div>Calories 95</div><div>% valeur quotidienne*</div></div><div><div>Lipides 2 g</div><div>3 %</div></div><div><div>saturés 0.3 g</div><div>+ trans 0 g</div><div>3 %</div></div><div><div>Glucides 15 g</div><div>Fibres 3 g</div><div>Sucres 1 g</div><div>8 %</div><div>1 %</div></div><div><div>Protéines 3 g</div></div><div><div>Cholestérol 0 mg</div></div><div><div>Sodium 110 mg</div><div>5 %</div></div><div><div>Potassium 0 mg</div><div>0 %</div></div><div><div>Calcium 50 mg</div><div>4 %</div></div><div><div>Fer 0.75 mg</div><div>4 %</div></div></div><div><div>*5% ou moins c’est <b>peu</b>, 15% ou plus c’est <b>beaucoup</b></div></div></div><div>Très difficile à comprendre</div><div>Difficile à comprendre</div><div>Ni difficile, ni facile</div><div>Facile à comprendre</div><div>Très facile à comprendre</div><div>Je ne sais pas</div><div>Je refuse de répondre</div></div></div>                                                                                                 |

|                                                                                            |                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                          |
|--------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>NFT INFLUENCE</b><br><br><i>LABEL_OVERALL</i>                                           | <b>Overall, how much do food labels influence what you eat?</b><br>No influence at all<br>A little influence<br>Some influence<br>A lot of influence<br>Very strong influence<br>Don't know<br>Refuse to answer                                                                | <b>Dans l'ensemble, dans quelle mesure l'étiquette des aliments influe-t-elle sur ce que vous mangez?</b><br>Aucunement<br>Peu d'influence<br>Une certaine influence<br>Beaucoup d'influence<br>Une grande influence<br>Je ne sais pas<br>Je refuse de répondre                                                          |
| <b>SUPPLEMENTED FOODS LABEL AWARENESS</b><br><br><b>NEW 2024</b><br><br><i>SUPPL_AWARE</i> | <i>UNIVERSE: Canada</i><br><b>How often have you <u>seen</u> this label on food or drinks?</b><br><br>Never<br>Rarely<br>Sometimes<br>Often<br>All the time<br>Don't know<br>Refuse to answer | <i>UNIVERSE: Canada</i><br><b>À quelle fréquence avez-vous <u>vu</u> cette étiquette sur un aliment ou une boisson...</b><br><br>Jamais<br>Rarement<br>Parfois<br>Souvent<br>Tout le temps<br>Je ne sais pas<br>Je refuse de répondre |

|                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
|-----------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>SUPPLEMENTED FOODS LABEL MEANING</b></p> <p><b>NEW 2024</b></p> <p>SUPPL_MEAN</p> | <p>UNIVERSE: Canada</p> <p><b>What does this label mean?</b><br/>(Select all that apply).<br/>[PROGRAMMER NOTE: Allow respondent to choose select all that apply from the first 3 options]</p>  <p>The product includes ingredients that might pose a risk to my health<br/>The product includes ingredients that might improve my health<br/>I don't know what this means<br/>Refuse to answer</p> | <p>UNIVERSE: Canada</p> <p><b>Quelle est la signification de cette étiquette?</b><br/>(Sélectionnez toutes les réponses pertinentes).<br/>[PROGRAMMER NOTE: Allow respondent to choose select all that apply from the first 3 options]</p>  <p>Le produit contient des ingrédients pouvant présenter un risque pour ma santé<br/>Le produit contient des ingrédients pouvant améliorer ma santé<br/>Je ne connais pas la signification<br/>Je refuse de répondre</p> |
| <p><b>DISCUSS LABELS</b></p> <p><b>NEW 2020</b></p> <p>LABEL_DISCUSS</p>                | <p><b>In the last month, how often have you talked to others about nutrition labels on foods or beverages?</b><br/>Not at all<br/>Once<br/>A few times<br/>Often<br/>Very often<br/>Don't know<br/>Refuse to answer</p>                                                                                                                                                                                                                                                               | <p><b>Au cours du dernier mois, combien de fois avez-vous parlé à d'autres personnes des étiquettes nutritionnelles sur les aliments ou les boissons?</b><br/>Pas du tout<br/>Une fois<br/>Quelques fois<br/>Souvent<br/>Très souvent<br/>Je ne sais pas<br/>Je refuse de répondre</p>                                                                                                                                                                                                                                                                  |

**FOOD PROCESSING KNOWLEDGE**

REVISED 2019  
REVISED 2020  
REVISED 2022  
REVISED 2023  
REVISED 2025 (CAN)

HLTH1... HLTH11  
HLTH1\_DKR...HLTH11\_DKR  
HLTH1V...HLTH11V  
HLTH\_ORDER  
HLTH\_ORDER\_V

Summary of revisions:  
2019 corrected error in chicken breast NFT from 2018 (29 g protein not 0g); and replaced deli ham with deli chicken. 2020 updated NFT format; deleted “Quaker” from oats ingredient list; added fish products. 2022 added sugar to applesauce ingredients; increased sodium in tuna. 2023 deleted 7 products (applesauce, cereal, cheese, deli meat, all 3 fish products). 2025 added High In warnings in Canada. Refer to the User Guide for further information.

[PROGRAMMER NOTE: Randomize order of 8 food products, and record order of randomization. Prevent respondents from using back button to return to previous questions in set. Show scale horizontally on computer browsers, and vertically on smartphone and tablet browsers.]

**Overall, how healthy is this food product?**

Please answer on a scale from 0 to 10, where 0 = Not at all healthy, and 10 = Extremely healthy.  
[Show one image with NFT per screen]

0 1 2 3 4 5 6 7 8 9 10  
Not at all healthy Extremely healthy

Don't know  
Refuse to answer



| Nutrition Facts                                                                                                                            |                       |
|--------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
| Per 1 cup (250 mL)                                                                                                                         |                       |
| <b>Calories 120</b>                                                                                                                        | <b>% Daily Value*</b> |
| <b>Fat 0 g</b>                                                                                                                             | <b>0 %</b>            |
| <b>Saturated 0 g</b>                                                                                                                       | <b>0 %</b>            |
| <b>Carbohydrate 27 g</b>                                                                                                                   | <b>9 %</b>            |
| Fibre 0 g                                                                                                                                  | 0 %                   |
| Sugars 27 g                                                                                                                                | 27 %                  |
| <b>Protein 0 g</b>                                                                                                                         | <b>0 %</b>            |
| <b>Cholesterol 0 mg</b>                                                                                                                    | <b>0 %</b>            |
| <b>Sodium 0 mg</b>                                                                                                                         | <b>0 %</b>            |
| <b>Potassium 250 mg</b>                                                                                                                    | <b>6 %</b>            |
| <b>Calcium 0 mg</b>                                                                                                                        | <b>0 %</b>            |
| <b>Iron 0 mg</b>                                                                                                                           | <b>0 %</b>            |
| <b>Vitamin C 75 mg</b>                                                                                                                     | <b>83 %</b>           |
| *10% or less is a little, 10% or more is a lot                                                                                             |                       |
| <b>Ingredients:</b> Water, Sugars, reconstituted apple juice (25%), sugar, Food acids (malic acid, potassium citrate), Flavour, Vitamin C. |                       |



| Nutrition Facts                                   |                       |
|---------------------------------------------------|-----------------------|
| Per 1/2 cup (40 g)                                |                       |
| <b>Calories 160</b>                               | <b>% Daily Value*</b> |
| <b>Fat 2.5 g</b>                                  | <b>4 %</b>            |
| Saturated 0.5 g                                   | 0 %                   |
| Trans 0 g                                         | 0 %                   |
| <b>Carbohydrate 27 g</b>                          | <b>14 %</b>           |
| Fibre 4 g                                         | 9 %                   |
| Sugars 0 g                                        | 0 %                   |
| <b>Protein 5 g</b>                                | <b>10 %</b>           |
| <b>Cholesterol 0 mg</b>                           | <b>0 %</b>            |
| <b>Sodium 0 mg</b>                                | <b>0 %</b>            |
| <b>Potassium 150 mg</b>                           | <b>3 %</b>            |
| <b>Calcium 30 mg</b>                              | <b>2 %</b>            |
| <b>Iron 1.5 mg</b>                                | <b>4 %</b>            |
| *10% or less is a little, 10% or more is a lot    |                       |
| <b>Ingredients:</b> 100% whole grain rolled oats. |                       |



| Nutrition Facts                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                       |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|
| Per 1 bar (80 g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                       |
| <b>Calories 180</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <b>% Daily Value*</b> |
| <b>Fat 1 g</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>7 %</b>            |
| Saturated 2 g                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 10 %                  |
| <b>Carbohydrate 33 g</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | <b>18 %</b>           |
| Fibre 5 g                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | 10 %                  |
| Sugars 15 g                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | 15 %                  |
| <b>Protein 4 g</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>8 %</b>            |
| <b>Cholesterol 0 mg</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>0 %</b>            |
| <b>Sodium 100 mg</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <b>2 %</b>            |
| <b>Potassium 100 mg</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | <b>2 %</b>            |
| <b>Calcium 20 mg</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | <b>0 %</b>            |
| <b>Iron 0 mg</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | <b>0 %</b>            |
| *10% or less is a little, 10% or more is a lot                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                       |
| <b>Ingredients:</b> Granola crust: Whole grain oats, Sugars (sugar, corn syrup, molasses), Palm oil with TBHQ for freshness, Enriched flour (wheat flour, niacin, reduced iron, Vitamin B1 [thiamin mononitrate], Vitamin B2 [riboflavin], folic acid), Oat fiber, Isolated soy protein, Maltodextrin, Acacia gum, Glycine, Cellulose, Wheat gluten, Natural Flavour, Leavening (baking soda, sodium acid pyrophosphate), Salt, Soy lecithin, BHT (preservative), Peanut flour, Nonfat milk, Filling: Sugar (invert sugar, corn syrup, strawberry puree concentrate, starch, Sodium alginate, Citric acid, strawberry puree concentrate, sugar), Phosphoric acid, Methylcellulose, Natural and artificial Flavour, Caramel color, Malic acid, Red 40. |                       |

[PROGRAMMER NOTE: Randomize order of 8 food products, and record order of randomization. Prevent respondents from using back button to return to previous questions in set. Show scale horizontally on computer browsers, and vertically on smartphone and tablet browsers.]

**En général, à quel point ce produit est-il santé?**

Veillez répondre sur une échelle de 0 à 10, 0 = Pas du tout santé et 10 = Extrêmement santé.  
[Show one image with NFT per screen]

0 1 2 3 4 5 6 7 8 9 10  
Pas du tout santé Extrêmement santé

Je ne sais pas  
Je refuse de répondre



| Valeur nutritive                                                                                                                                        |                              |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| pour 1 tasse (250 mL)                                                                                                                                   |                              |
| <b>Calories 120</b>                                                                                                                                     | <b>% valeur quotidienne*</b> |
| <b>Lipides 0 g</b>                                                                                                                                      | <b>0 %</b>                   |
| saturés 0 g                                                                                                                                             | 0 %                          |
| trans 0 g                                                                                                                                               | 0 %                          |
| <b>Glucides 27 g</b>                                                                                                                                    | <b>9 %</b>                   |
| Fibres 0 g                                                                                                                                              | 0 %                          |
| Sucres 27 g                                                                                                                                             | 27 %                         |
| <b>Protéines 0 g</b>                                                                                                                                    | <b>0 %</b>                   |
| <b>Cholestérol 0 mg</b>                                                                                                                                 | <b>0 %</b>                   |
| <b>Sodium 0 mg</b>                                                                                                                                      | <b>0 %</b>                   |
| <b>Potassium 250 mg</b>                                                                                                                                 | <b>6 %</b>                   |
| <b>Calcium 0 mg</b>                                                                                                                                     | <b>0 %</b>                   |
| <b>Fer 0 mg</b>                                                                                                                                         | <b>0 %</b>                   |
| <b>Vitamine C 75 mg</b>                                                                                                                                 | <b>83 %</b>                  |
| *10% ou moins c'est peu, 10% ou plus c'est beaucoup                                                                                                     |                              |
| <b>Ingredients:</b> Eau, Sucres (jus de pomme reconstitué (25%), sucre), Acides alimentaires (acide malique, citrate de potassium), Saveur, Vitamine C. |                              |



| Valeur nutritive                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                              |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| pour 1/2 tasse (40 g)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                              |
| <b>Calories 160</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>% valeur quotidienne*</b> |
| <b>Lipides 2,5 g</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>4 %</b>                   |
| saturés 0,5 g                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 0 %                          |
| trans 0 g                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 0 %                          |
| <b>Glucides 27 g</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>14 %</b>                  |
| Fibres 4 g                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 9 %                          |
| Sucres 0 g                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 0 %                          |
| <b>Protéines 5 g</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>10 %</b>                  |
| <b>Cholestérol 0 mg</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>0 %</b>                   |
| <b>Sodium 0 mg</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <b>0 %</b>                   |
| <b>Potassium 150 mg</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>3 %</b>                   |
| <b>Calcium 30 mg</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <b>2 %</b>                   |
| <b>Fer 1,5 mg</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>4 %</b>                   |
| *10% ou moins c'est peu, 10% ou plus c'est beaucoup                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                              |
| <b>Ingredients:</b> Croûte à base de céréales: Avoine entière, Sucres (sucre, sirop de maïs, maltosé), Huile de palme avec BHT* pour la fraîcheur, Farine enrichie (farine de blé, maltine, fer réduit, vitamine B1 [concentrate de thiamine], vitamine B2 [riboflavine], acide folique), Fibre d'avoine, Protéines de soya isolées, Maltodextrine, Acacia gomme arabique, Cellulose, Glucose, Glutén de blé, Arômes naturels, Levain bicarbonate de soude, pyrophosphate acide de sodium, Sel, Lécithine de soya, BHT (agent de conservation), Farine d'arachides, Lait écrémé, Gomme de Soya (sucre inverti, sirop de maïs, concentré de purée de fraises, sucre), Glycérine, Amidon de maïs modifié, Alginate de sodium, Acide citrique, Phosphate bicalcique, Méthylcellulose, Arômes naturel et artificiel, Colorant caramel, Acide malique, Rouge 40. |                              |



| Valeur nutritive                                                                                    |                              |
|-----------------------------------------------------------------------------------------------------|------------------------------|
| pour 1/2 tasse (40 g)                                                                               |                              |
| <b>Calories 160</b>                                                                                 | <b>% valeur quotidienne*</b> |
| <b>Lipides 2,5 g</b>                                                                                | <b>4 %</b>                   |
| saturés 0,5 g                                                                                       | 0 %                          |
| trans 0 g                                                                                           | 0 %                          |
| <b>Glucides 27 g</b>                                                                                | <b>14 %</b>                  |
| Fibres 4 g                                                                                          | 9 %                          |
| Sucres 0 g                                                                                          | 0 %                          |
| <b>Protéines 5 g</b>                                                                                | <b>10 %</b>                  |
| <b>Cholestérol 0 mg</b>                                                                             | <b>0 %</b>                   |
| <b>Sodium 0 mg</b>                                                                                  | <b>0 %</b>                   |
| <b>Potassium 150 mg</b>                                                                             | <b>3 %</b>                   |
| <b>Calcium 30 mg</b>                                                                                | <b>2 %</b>                   |
| <b>Fer 1,5 mg</b>                                                                                   | <b>4 %</b>                   |
| *10% ou moins c'est peu, 10% ou plus c'est beaucoup                                                 |                              |
| <b>Ingredients:</b> Flocons d'avoine à grain entier à 100%, Confiant naturellement du son d'avoine. |                              |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | <div><div><table><tr><th colspan="2">Nutrition Facts</th></tr><tr><td colspan="2">Per 1 cup (250 mL)</td></tr><tr><td><b>Calories 100</b></td><td>% Daily Value*</td></tr><tr><td>Fat 2.5 g</td><td>3 %</td></tr><tr><td>Saturated 1.5 g</td><td>7 %</td></tr><tr><td>+ Trans 0 g</td><td>0 %</td></tr><tr><td>Fibre 0 g</td><td>0 %</td></tr><tr><td>Sugars 11 g</td><td>11 %</td></tr><tr><td><b>Protein 9 g</b></td><td></td></tr><tr><td><b>Cholesterol 15 mg</b></td><td></td></tr><tr><td>Sodium 115 mg</td><td>5 %</td></tr><tr><td>Potassium 400 mg</td><td>8 %</td></tr><tr><td>Calcium 350 mg</td><td>25 %</td></tr><tr><td>Iron 0 mg</td><td>0 %</td></tr><tr><td>Vitamin A 150 µg</td><td>17 %</td></tr><tr><td>Vitamin D 2.5 µg</td><td>15 %</td></tr><tr><td colspan="2">*% Daily Value is based on a diet of 100% milk.</td></tr><tr><td colspan="2"><b>Ingredients:</b> Partly skimmed milk, Vitamin A palmitate, Vitamin D3.</td></tr></table></div><div><table><tr><th colspan="2">Nutrition Facts</th></tr><tr><td colspan="2">Per 1 slice (19 g)</td></tr><tr><td><b>Calories 60</b></td><td>% Daily Value*</td></tr><tr><td>Fat 4.5 g</td><td>6 %</td></tr><tr><td>Saturated 2.5 g</td><td>13 %</td></tr><tr><td>+ Trans 0 g</td><td>0 %</td></tr><tr><td>Fibre 0 g</td><td>0 %</td></tr><tr><td>Sugars 2 g</td><td>2 %</td></tr><tr><td><b>Protein 4 g</b></td><td></td></tr><tr><td><b>Cholesterol 15 mg</b></td><td></td></tr><tr><td>Sodium 200 mg</td><td>10 %</td></tr><tr><td>Potassium 0 mg</td><td>0 %</td></tr><tr><td>Calcium 225 mg</td><td>17 %</td></tr><tr><td>Iron 0 mg</td><td>0 %</td></tr><tr><td>Vitamin A 40 µg</td><td>4 %</td></tr><tr><td colspan="2">*% Daily Value is based on a diet of 100% cheese.</td></tr><tr><td colspan="2"><b>Ingredients:</b> Milk, Cheddar cheese (milk, cheese culture, salt, enzymes), Whey, Milk protein concentrate, Maltodextrin, Sodium citrate. Contains less than 2% of Calcium phosphate, Modified food starch, Whey protein concentrate, Salt, Lactic acid, Annatto and paprika extract (color), Natamycin (a natural mold inhibitor), Enzymes, Cheese culture, Vitamin D3.</td></tr></table></div><div><table><tr><th colspan="2">Nutrition Facts</th></tr><tr><td colspan="2">Per 1 fillet (151 g)</td></tr><tr><td><b>Calories 160</b></td><td>% Daily Value*</td></tr><tr><td>Fat 2 g</td><td>3 %</td></tr><tr><td>Saturated 0 g</td><td>0 %</td></tr><tr><td>+ Trans 0 g</td><td>0 %</td></tr><tr><td>Fibre 0 g</td><td>0 %</td></tr><tr><td>Sugars 0 g</td><td>0 %</td></tr><tr><td><b>Protein 39 g</b></td><td></td></tr><tr><td><b>Cholesterol 95 mg</b></td><td></td></tr><tr><td>Sodium 60 mg</td><td>3 %</td></tr><tr><td>Potassium 500 mg</td><td>11 %</td></tr><tr><td>Calcium 0 mg</td><td>0 %</td></tr><tr><td>Iron 0.75 mg</td><td>4 %</td></tr><tr><td colspan="2">*% Daily Value is based on a diet of 100% chicken.</td></tr><tr><td colspan="2"><b>Ingredients:</b> Chicken breast, Water, Salted wheat crumbles, White wheat flour, Wheat flour, Modified corn starch, Rice starch, Salt, Pea fibre, Spices, Garlic powder, Onion powder, Sugar, Baking powder, Browned in canola oil.</td></tr></table></div><div><table><tr><th colspan="2">Nutrition Facts</th></tr><tr><td colspan="2">Per 3 nuggets (89 g)</td></tr><tr><td><b>Calories 170</b></td><td>% Daily Value*</td></tr><tr><td>Fat 9 g</td><td>12 %</td></tr><tr><td>Saturated 0.3 g</td><td>2 %</td></tr><tr><td>+ Trans 0 g</td><td>0 %</td></tr><tr><td>Fibre 1 g</td><td>4 %</td></tr><tr><td>Sugars 1 g</td><td>1 %</td></tr><tr><td><b>Protein 8 g</b></td><td></td></tr><tr><td><b>Cholesterol 15 mg</b></td><td></td></tr><tr><td>Sodium 360 mg</td><td>16 %</td></tr><tr><td>Potassium 0 mg</td><td>0 %</td></tr><tr><td>Calcium 0 mg</td><td>0 %</td></tr><tr><td>Iron 0.75 mg</td><td>4 %</td></tr><tr><td>Vitamin C 0.8 mg</td><td>1 %</td></tr><tr><td colspan="2">*% Daily Value is based on a diet of 100% nuggets.</td></tr><tr><td colspan="2"><b>Ingredients:</b> Chicken breast, Water, Salted wheat crumbles, White wheat flour, Wheat flour, Modified corn starch, Rice starch, Salt, Pea fibre, Spices, Garlic powder, Onion powder, Sugar, Baking powder, Browned in canola oil.</td></tr></table></div></div> <td><div><div><table><tr><th colspan="2">Valeur nutritive</th></tr><tr><td colspan="2">pour 1 tasse (250 mL)</td></tr><tr><td><b>Calories 100</b></td><td>% valeur quotidienne*</td></tr><tr><td>Lipides 2.5 g</td><td>3 %</td></tr><tr><td>saturés 1.5 g</td><td>7 %</td></tr><tr><td>+ trans 0 g</td><td>0 %</td></tr><tr><td>Glucides 12 g</td><td>0 %</td></tr><tr><td>Fibres 0 g</td><td>11 %</td></tr><tr><td>Sucres 11 g</td><td></td></tr><tr><td><b>Protéines 9 g</b></td><td></td></tr><tr><td><b>Cholestérol 15 mg</b></td><td></td></tr><tr><td>Sodium 115 mg</td><td>5 %</td></tr><tr><td>Potassium 400 mg</td><td>8 %</td></tr><tr><td>Calcium 350 mg</td><td>25 %</td></tr><tr><td>Fer 0 mg</td><td>0 %</td></tr><tr><td>Vitamine A 150 µg</td><td>17 %</td></tr><tr><td>Vitamine D 2.5 µg</td><td>15 %</td></tr><tr><td colspan="2">*% des besoins c'est basé sur 100% de lait.</td></tr><tr><td colspan="2"><b>Ingredients:</b> Lait partiellement écrémé, Palmistes de vitamine A, Vitamine D3.</td></tr></table></div><div><table><tr><th colspan="2">Valeur nutritive</th></tr><tr><td colspan="2">pour 1 tranche (19 g)</td></tr><tr><td><b>Calories 60</b></td><td>% valeur quotidienne*</td></tr><tr><td>Lipides 4.5 g</td><td>6 %</td></tr><tr><td>saturés 2.5 g</td><td>13 %</td></tr><tr><td>+ trans 0 g</td><td>0 %</td></tr><tr><td>Glucides 2 g</td><td>0 %</td></tr><tr><td>Fibres 0 g</td><td>0 %</td></tr><tr><td>Sucres 2 g</td><td>2 %</td></tr><tr><td><b>Protéines 4 g</b></td><td></td></tr><tr><td><b>Cholestérol 15 mg</b></td><td></td></tr><tr><td>Sodium 200 mg</td><td>10 %</td></tr><tr><td>Potassium 0 mg</td><td>0 %</td></tr><tr><td>Calcium 225 mg</td><td>17 %</td></tr><tr><td>Fer 0 mg</td><td>0 %</td></tr><tr><td>Vitamine A 40 µg</td><td>4 %</td></tr><tr><td colspan="2">*% des besoins c'est basé sur 100% de fromage.</td></tr><tr><td colspan="2"><b>Ingredients:</b> Lait, Fromage cheddar (lait, culture de fromage, sel, enzymes, Petit-sal, Concentré de protéines de lait, Matière grasse du lait, Citrate de sodium, Contient moins de 2% de Phosphate de calcium, Amidon modifié d'usage alimentaire, Concentré de protéines de petit-sal, Sel, Acide lactique, Extraits de racine et de paprika (colorant), Natamycine (un inhibiteur de moisissures naturelles), Enzymes, Culture de fromage, Vitamine D3.</td></tr></table></div><div><table><tr><th colspan="2">Valeur nutritive</th></tr><tr><td colspan="2">pour 3 pépites (89 g)</td></tr><tr><td><b>Calories 170</b></td><td>% valeur quotidienne*</td></tr><tr><td>Lipides 9 g</td><td>12 %</td></tr><tr><td>saturés 0.3 g</td><td>2 %</td></tr><tr><td>+ trans 0 g</td><td>0 %</td></tr><tr><td>Glucides 14 g</td><td>4 %</td></tr><tr><td>Fibres 1 g</td><td>1 %</td></tr><tr><td>Sucres 1 g</td><td></td></tr><tr><td><b>Protéines 8 g</b></td><td></td></tr><tr><td><b>Cholestérol 15 mg</b></td><td></td></tr><tr><td>Sodium 360 mg</td><td>16 %</td></tr><tr><td>Potassium 0 mg</td><td>0 %</td></tr><tr><td>Calcium 0 mg</td><td>0 %</td></tr><tr><td>Fer 0.75 mg</td><td>4 %</td></tr><tr><td>Vitamine C 0.8 mg</td><td>1 %</td></tr><tr><td colspan="2">*% des besoins c'est basé sur 100% de poulet.</td></tr><tr><td colspan="2"><b>Ingredients:</b> Poitrine de poulet, Eau, chapelure de blé grillé, Farine de blé entier, Farine de blé, Amidon de maïs modifié, Amidon de riz, Sel, Farine de petit pois, Epices, Poudre d'ail, Poudre d'oignon, Sucre, Poudre à pâte, Dorées dans l'huile de canola.</td></tr></table></div><div><table><tr><th colspan="2">Valeur nutritive</th></tr><tr><td colspan="2">pour 1 fillet (151 g)</td></tr><tr><td><b>Calories 160</b></td><td>% valeur quotidienne*</td></tr><tr><td>Lipides 2 g</td><td>3 %</td></tr><tr><td>saturés 0 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BUTTON]</p><p>Have you heard of the term ‘ultra-processed food’?</p><p>Yes</p><p>No</p><p>Don’t know</p><p>Refuse to answer</p></div></td> <td><div><p>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p><p>Avez-vous déjà entendu le terme « aliment ultra-transformé »?</p><p>Oui</p><p>Non</p><p>Je ne sais pas</p><p>Je refuse de répondre</p></div></td> | Nutrition Facts |  | Per 1 cup (250 mL) |  | <b>Calories 100</b> | % Daily Value* | Fat 2.5 g | 3 % | Saturated 1.5 g | 7 % | + Trans 0 g | 0 % | Fibre 0 g | 0 % | Sugars 11 g | 11 % | <b>Protein 9 g</b> |  | <b>Cholesterol 15 mg</b> |  | Sodium 115 mg | 5 % | Potassium 400 mg | 8 % | Calcium 350 mg | 25 % | Iron 0 mg | 0 % | Vitamin A 150 µg | 17 % | Vitamin D 2.5 µg | 15 % | *% Daily Value is based on a diet of 100% milk. |  | <b>Ingredients:</b> Partly skimmed milk, Vitamin A palmitate, Vitamin D3. |  | Nutrition Facts |  | Per 1 slice (19 g) |  | <b>Calories 60</b> | % Daily Value* | Fat 4.5 g | 6 % | Saturated 2.5 g | 13 % | + Trans 0 g | 0 % | Fibre 0 g | 0 % | Sugars 2 g | 2 % | <b>Protein 4 g</b> |  | <b>Cholesterol 15 mg</b> |  | Sodium 200 mg | 10 % | Potassium 0 mg | 0 % | Calcium 225 mg | 17 % | Iron 0 mg | 0 % | Vitamin A 40 µg | 4 % | *% Daily Value is based on a diet of 100% cheese. |  | <b>Ingredients:</b> Milk, Cheddar cheese (milk, cheese culture, salt, enzymes), Whey, Milk protein concentrate, Maltodextrin, Sodium citrate. Contains less than 2% of Calcium phosphate, Modified food starch, Whey protein concentrate, Salt, Lactic acid, Annatto and paprika extract (color), Natamycin (a natural mold inhibitor), Enzymes, Cheese culture, Vitamin D3. |  | Nutrition Facts |  | Per 1 fillet (151 g) |  | <b>Calories 160</b> | % Daily Value* | Fat 2 g | 3 % | Saturated 0 g | 0 % | + Trans 0 g | 0 % | Fibre 0 g | 0 % | Sugars 0 g | 0 % | <b>Protein 39 g</b> |  | <b>Cholesterol 95 mg</b> |  | Sodium 60 mg | 3 % | Potassium 500 mg | 11 % | Calcium 0 mg | 0 % | Iron 0.75 mg | 4 % | *% Daily Value is based on a diet of 100% chicken. |  | <b>Ingredients:</b> Chicken breast, Water, Salted wheat crumbles, White wheat flour, Wheat flour, Modified corn starch, Rice starch, Salt, Pea fibre, Spices, Garlic powder, Onion powder, Sugar, Baking powder, Browned in canola oil. |  | Nutrition Facts |  | Per 3 nuggets (89 g) |  | <b>Calories 170</b> | % Daily Value* | Fat 9 g | 12 % | Saturated 0.3 g | 2 % | + Trans 0 g | 0 % | Fibre 1 g | 4 % | Sugars 1 g | 1 % | <b>Protein 8 g</b> |  | <b>Cholesterol 15 mg</b> |  | Sodium 360 mg | 16 % | Potassium 0 mg | 0 % | Calcium 0 mg | 0 % | Iron 0.75 mg | 4 % | Vitamin C 0.8 mg | 1 % | *% Daily Value is based on a diet of 100% nuggets. |  | <b>Ingredients:</b> Chicken breast, Water, Salted wheat crumbles, White wheat flour, Wheat flour, Modified corn starch, Rice starch, Salt, Pea fibre, Spices, Garlic powder, Onion powder, Sugar, Baking powder, Browned in canola oil. |  | <div><div><table><tr><th colspan="2">Valeur nutritive</th></tr><tr><td colspan="2">pour 1 tasse (250 mL)</td></tr><tr><td><b>Calories 100</b></td><td>% valeur quotidienne*</td></tr><tr><td>Lipides 2.5 g</td><td>3 %</td></tr><tr><td>saturés 1.5 g</td><td>7 %</td></tr><tr><td>+ trans 0 g</td><td>0 %</td></tr><tr><td>Glucides 12 g</td><td>0 %</td></tr><tr><td>Fibres 0 g</td><td>11 %</td></tr><tr><td>Sucres 11 g</td><td></td></tr><tr><td><b>Protéines 9 g</b></td><td></td></tr><tr><td><b>Cholestérol 15 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quotidienne*</td></tr><tr><td>Lipides 9 g</td><td>12 %</td></tr><tr><td>saturés 0.3 g</td><td>2 %</td></tr><tr><td>+ trans 0 g</td><td>0 %</td></tr><tr><td>Glucides 14 g</td><td>4 %</td></tr><tr><td>Fibres 1 g</td><td>1 %</td></tr><tr><td>Sucres 1 g</td><td></td></tr><tr><td><b>Protéines 8 g</b></td><td></td></tr><tr><td><b>Cholestérol 15 mg</b></td><td></td></tr><tr><td>Sodium 360 mg</td><td>16 %</td></tr><tr><td>Potassium 0 mg</td><td>0 %</td></tr><tr><td>Calcium 0 mg</td><td>0 %</td></tr><tr><td>Fer 0.75 mg</td><td>4 %</td></tr><tr><td>Vitamine C 0.8 mg</td><td>1 %</td></tr><tr><td colspan="2">*% des besoins c'est basé sur 100% de poulet.</td></tr><tr><td colspan="2"><b>Ingredients:</b> Poitrine de poulet, Eau, chapelure de blé grillé, Farine de blé entier, Farine de blé, Amidon de maïs modifié, Amidon de riz, Sel, Farine de petit pois, Epices, Poudre d'ail, Poudre d'oignon, Sucre, Poudre à pâte, Dorées dans l'huile de canola.</td></tr></table></div><div><table><tr><th 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Dorées dans l'huile de canola.</td></tr></table></div></div> | Valeur nutritive |  | pour 1 tasse (250 mL) |  | <b>Calories 100</b> | % valeur quotidienne* | Lipides 2.5 g | 3 % | saturés 1.5 g | 7 % | + trans 0 g | 0 % | Glucides 12 g | 0 % | Fibres 0 g | 11 % | Sucres 11 g |  | <b>Protéines 9 g</b> |  | <b>Cholestérol 15 mg</b> |  | Sodium 115 mg | 5 % | Potassium 400 mg | 8 % | Calcium 350 mg | 25 % | Fer 0 mg | 0 % | Vitamine A 150 µg | 17 % | Vitamine D 2.5 µg | 15 % | *% des besoins c'est basé sur 100% de lait. |  | <b>Ingredients:</b> Lait partiellement écrémé, Palmistes de vitamine A, Vitamine D3. |  | Valeur nutritive |  | pour 1 tranche (19 g) |  | <b>Calories 60</b> | % valeur quotidienne* | Lipides 4.5 g | 6 % | saturés 2.5 g | 13 % | + trans 0 g | 0 % | Glucides 2 g | 0 % | Fibres 0 g | 0 % | Sucres 2 g | 2 % | <b>Protéines 4 g</b> |  | <b>Cholestérol 15 mg</b> |  | Sodium 200 mg | 10 % | Potassium 0 mg | 0 % | Calcium 225 mg | 17 % | Fer 0 mg | 0 % | Vitamine A 40 µg | 4 % | *% des besoins c'est basé sur 100% de fromage. |  | <b>Ingredients:</b> Lait, Fromage cheddar (lait, culture de fromage, sel, enzymes, Petit-sal, Concentré de protéines de lait, Matière grasse du lait, Citrate de sodium, Contient moins de 2% de Phosphate de calcium, Amidon modifié d'usage alimentaire, Concentré de protéines de petit-sal, Sel, Acide lactique, Extraits de racine et de paprika (colorant), Natamycine (un inhibiteur de moisissures naturelles), Enzymes, Culture de fromage, Vitamine D3. |  | Valeur nutritive |  | pour 3 pépites (89 g) |  | <b>Calories 170</b> | % valeur quotidienne* | Lipides 9 g | 12 % | saturés 0.3 g | 2 % | + trans 0 g | 0 % | Glucides 14 g | 4 % | Fibres 1 g | 1 % | Sucres 1 g |  | <b>Protéines 8 g</b> |  | <b>Cholestérol 15 mg</b> |  | Sodium 360 mg | 16 % | Potassium 0 mg | 0 % | Calcium 0 mg | 0 % | Fer 0.75 mg | 4 % | Vitamine C 0.8 mg | 1 % | *% des besoins c'est basé sur 100% de poulet. |  | <b>Ingredients:</b> Poitrine de poulet, Eau, chapelure 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| Nutrition Facts                                                                                                                                                                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    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| Per 1 cup (250 mL)                                                                                                                                                                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    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| <b>Ingredients:</b> Milk, Cheddar cheese (milk, cheese culture, salt, enzymes), Whey, Milk protein concentrate, Maltodextrin, Sodium citrate. Contains less than 2% of Calcium phosphate, Modified food starch, Whey protein concentrate, Salt, Lactic acid, Annatto and paprika extract (color), Natamycin (a natural mold inhibitor), Enzymes, Cheese culture, Vitamin D3.                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    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| <b>Ingredients:</b> Chicken breast, Water, Salted wheat crumbles, White wheat flour, Wheat flour, Modified corn starch, Rice starch, Salt, Pea fibre, Spices, Garlic powder, Onion powder, Sugar, Baking powder, Browned in canola oil.                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    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| <b>Ingredients:</b> Chicken breast, Water, Salted wheat crumbles, White wheat flour, Wheat flour, Modified corn starch, Rice starch, Salt, Pea fibre, Spices, Garlic powder, Onion powder, Sugar, Baking powder, Browned in canola oil.                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    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| <b>Ingredients:</b> Poitrine de poulet, Eau, chapelure de blé grillé, Farine de blé entier, Farine de blé, Amidon de maïs modifié, Amidon de riz, Sel, Farine de petit pois, Epices, Poudre d'ail, Poudre d'oignon, Sucre, Poudre à pâte, Dorées dans l'huile de canola.                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    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| <p><b>ULTRA PROCESSED FOOD IDENTIFICATION</b></p> <p>NEW 2024<br/>REVISED 2025 (CAN)</p> <p>UPF_ID_APPLE<br/>UPF_ID_JUICE<br/>UPF_ID_OATS<br/>UPF_ID_BAR<br/>UPF_ID_MILK<br/>UPF_ID_CHEESE<br/>UPF_ID_CHICK<br/>UPF_ID_NUGG<br/>UPF_ID_NDK</p> | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p><b>Which, if any, of the following products are ultra-processed?</b></p> <p><i>Select all that apply.</i></p> <p>[PROGRAMMER NOTE: Show 8 products on screen, in random order (no NFTs).<br/>Prevent respondents from using back button to return to previous question].</p> <div></div> <p>None of these are ultra-processed<br/>Don't know [valid answer]<br/>Refuse to answer</p> | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p><b>Parmi les aliments suivants, lesquels sont, s'il y a lieu, ultra-transformés ?</b></p> <p><i>Sélectionnez toutes les réponses pertinentes.</i></p> <p>[PROGRAMMER NOTE: Show 8 products on screen, in random order (no NFTs).<br/>Prevent respondents from using back button to return to previous question].</p> <div></div> <p>Aucun de ces aliments n'est ultra-transformé<br/>Je ne sais pas [valid answer]<br/>Je refuse de répondre</p> |
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## MENU LABELLING

| DOMAIN<br>SOURCE                                                                                                               | ENGLISH                                                                                                                                                                                                                                                                                                                                                 | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                             |
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| <b>ONLINE ORDERING:<br/>MENU LABELLING –<br/>NOTICING</b><br><br>NEW 2023<br><br><i>ONLN_INFO</i>                              | <i>UNIVERSE: Ordered restaurant food online in the past 30 days (onln_rest=1)</i><br><b>The last time you ordered restaurant food from a website or an app, did you notice any nutrition information?</b><br><br>Yes<br>No<br>Don't know<br>Refuse to answer                                                                                            | <i>UNIVERSE: Ordered restaurant food online in the past 30 days (onln_rest=1)</i><br><b>La dernière fois que vous avez commandé un plat d'un restaurant / café / fast-food à partir d'un site web ou d'une application, avez-vous remarqué la présence d'information nutritionnelle?</b><br><br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre                                                                                          |
| <b>ONLINE ORDERING:<br/>NUTRITION INFO<br/>ACCESSIBILITY</b><br><br>NEW 2023<br><br><i>ONLN_INFO_EASE</i>                      | <i>UNIVERSE: Ordered restaurant food online in the past 30 days (onln_rest=1)</i><br><b>In your opinion, is nutrition information easy or hard to find when you are ordering restaurant food online?</b><br><br>Very hard to find<br>Hard to find<br>Neither hard nor easy<br>Easy to find<br>Very easy to find<br>Don't know<br>Refuse to answer       | <i>UNIVERSE: Ordered restaurant food online in the past 30 days (onln_rest=1)</i><br><b>À votre avis, l'information nutritionnelle est-elle facile ou difficile à trouver lorsque vous commandez des plats en ligne d'un restaurant / café / fast-food?</b><br><br>Très difficile à trouver<br>Difficile à trouver<br>Ni difficile ni facile à trouver<br>Facile à trouver<br>Très facile à trouver<br>Je ne sais pas<br>Je refuse de répondre |
| <b>ONLINE GROCERY<br/>ORDERING:<br/>NUTRITION INFO<br/>ACCESSIBILITY</b><br><br><b>NEW 2024</b><br><br><i>ONLN_INFOGR_EASE</i> | <i>UNIVERSE: Ordered groceries online in the past 30 days (onln_gstore=1 or onln_gonln=1)</i><br><b>In your opinion, is nutrition information easy or hard to find when you are ordering GROCERIES ONLINE?</b><br><br>Very hard to find<br>Hard to find<br>Neither hard nor easy<br>Easy to find<br>Very easy to find<br>Don't know<br>Refuse to answer | <i>UNIVERSE: Ordered groceries online in the past 30 days (onln_gstore=1 or onln_gonln=1)</i><br><b>À votre avis, l'information nutritionnelle est-elle facile ou difficile à trouver lorsque vous commandez votre ÉPICERIE EN LIGNE?</b><br><br>Très difficile à trouver<br>Difficile à trouver<br>Ni difficile ni facile à trouver<br>Facile à trouver<br>Très facile à trouver<br>Je ne sais pas<br>Je refuse de répondre                   |

## FOOD GUIDE / DIETARY RECOMMENDATIONS

| DOMAIN<br>SOURCE                                                                                                          | ENGLISH                                                                                                                                                                                                                                                                                                                                                                                                    | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
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| <b>FOOD GUIDE – LAST USE</b><br>OTTAWA AND CFDR<br>(ADAPTED TIME ANCHORS)<br><br><b>REVISED 2024 (CAN)</b><br><br>FG_LOOK | <b>When was the <u>last time</u> you looked at Canada Food Guide, if ever?</b><br>In the last month<br>In the last 6 months<br>In the last year<br>More than a year ago<br>Never<br>Don't know<br>Refuse to answer                                                                                                                                                                                         | <b>À quand remonte la <u>dernière fois</u> où vous avez consulté le Guide alimentaire canadien, le cas échéant?</b><br>Au cours du mois dernier<br>Au cours des 6 derniers mois<br>Au cours de l'année qui s'est écoulée<br>Il y a plus d'un an<br>Jamais<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                               |
| <b>CHILD – SCHOOL FOOD PROGRAM PARTICIPATION</b><br><br><b>NEW 2023</b><br><br>SCH_PART                                   | <i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i><br><b>Does your child get food from a <u>free or reduced-price</u> breakfast or lunch program <u>at their school</u>?</b><br>No<br>Yes – from a breakfast program<br>Yes – from a lunch program<br>Yes – from a breakfast and lunch program<br>Does not apply to me [valid answer]<br>Don't know<br>Refuse to answer         | <i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i><br><b>Votre enfant reçoit-il des aliments dans le cadre d'un programme de petits-déjeuners ou de dîners <u>gratuits ou à prix réduit</u> à l'école?</b><br>Non<br>Oui – dans le cadre d'un programme de petits-déjeuners<br>Oui – dans le cadre d'un programme de diners<br>Oui – dans le cadre d'un programme de petits-déjeuners et de diners<br>Ne s'applique pas à moi [valid answer]<br>Je ne sais pas<br>Je refuse de répondre |
| <b>CHILD – SCHOOL FOOD PROGRAM PARTICIPATION FREQUENCY</b><br><br><b>NEW 2024</b><br><br>SCH_PART_FREQ                    | <i>UNIVERSE: Child receives food from a free/reduced-price school food program (sch_prg=2-4)</i><br><b>How many days per week does your child get food from a <u>free or reduced-price</u> breakfast or lunch program <u>at their school</u>?</b><br>Less than once a week<br>1 day per week<br>2 days per week<br>3 days per week<br>4 days per week<br>5 days per week<br>Don't know<br>Refuse to answer | <i>UNIVERSE: Child receives food from a free/reduced-price school food program (sch_prg=2-4)</i><br><b>Combien de fois par semaine votre enfant reçoit-il des aliments dans le cadre d'un programme de petits-déjeuners ou de dîners <u>gratuits ou à prix réduit</u> à l'école?</b><br>Moins d'une fois par semaine<br>1 jour par semaine<br>2 jours par semaine<br>3 jours par semaine<br>4 jours par semaine<br>5 jours par semaine<br>Je ne sais pas<br>Je refuse de répondre                                  |

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| <b>CHILD – SCHOOL FOOD PROGRAM AVAILABILITY</b><br><br><b>NEW 2023</b><br><br>SCH_AVAIL | <i>UNIVERSE: Child participates in any school food program (child_home&gt;0 and sch_prg=2-4)</i><br><b>Can all students in your child’s school get food from the free or reduced-price breakfast or lunch program?</b><br>All students<br>Only students from families who need extra financial help<br>Don’t know [valid answer]<br>Refuse to answer | <i>UNIVERSE: Child participates in any school food program (child_home&gt;0 and sch_prg=2-4)</i><br><b>Est-ce que tous les élèves de l’école de votre enfant sont admissibles au programme de petits-déjeuners ou de dîners gratuits ou à prix réduit?</b><br>Tous les élèves<br>Seuls les élèves de familles ayant besoin de soutien financier<br>Je ne sais pas [valid answer]<br>Je refuse de répondre |
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## FOOD MARKETING

| DOMAIN<br>SOURCE                                                                                                                                                                                                                                              | ENGLISH                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |
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| <b>EXPOSURE TO UNHEALTHY FOOD MARKETING - LOCATION</b><br><br><b>REVISED 2019</b><br><b>REVISED 2022</b><br><b>REVISED 2023</b><br><br><b>COUNTRY SPECIFIC WORDING</b><br><br>MKTG_LOC_[TYPE]<br>MKTG_LOC_NONE<br>MKTG_LOC_DK<br>MKTG_LOC_R<br>MKTG_LOC_OTEXT | <p><b>In the last 30 days, have you seen or heard advertisements or promotions for ‘<u>unhealthy foods</u>’ in the following places? (Select all that apply)</b></p> <p><i>Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p>TV (broadcast/cable TV, on-demand, streaming)<br/>         Radio<br/>         Online / internet<br/>         Mobile app / video game<br/>         Social media (e.g., Twitter/X, Facebook, Instagram)<br/>         In a text message<br/>         Magazine or newspaper<br/>         Billboard or outdoor sign (e.g., posters)<br/>         On buses, bus stops and other public transit<br/>         In movies or at movie theatres<br/>         At school / on campus<br/>         Signs or displays in grocery or convenience stores or restaurants<br/>         At a recreation/community centre<br/>         Sports event, concert or community event<br/>         Giveaways, samples or special offers<br/>         Other → Please specify: [<i>open-ended</i>]<br/>         I haven’t seen any advertising or promotions for unhealthy food in the last 30 days<br/>         Don’t know<br/>         Refuse to answer</p> | <p><b>Au cours des 30 derniers jours, avez-vous vu ou entendu des messages publicitaires ou promotionnels sur des « <u>aliments malsains</u> » dans les endroits suivants? (Sélectionnez toutes les réponses pertinentes)</b></p> <p><i>Les aliments malsains comprennent les aliments transformés à teneur élevée en sucre, sel ou gras saturé comme les boissons gazeuses, les fast-foods, les croustilles, les céréales sucrées, les biscuits et les barres de chocolat.</i></p> <p>Télévision (en direct/par câble, sur demande, en diffusion en continu)<br/>         Radio<br/>         En ligne / sur Internet<br/>         Application mobile / jeu vidéo<br/>         Médias sociaux (p. ex., Facebook, Twitter/X, Instagram)<br/>         Texto<br/>         Magazine ou journal<br/>         Panneau-réclame ou enseigne extérieure (p. ex., affiches)<br/>         Autobus, arrêts d’autobus ou autres moyens de transport en commun<br/>         Dans les films ou au cinéma<br/>         À l’école / sur le campus<br/>         Enseignes ou affichages dans les épiceries, dépanneurs ou restaurants<br/>         Centre récréatif / communautaire<br/>         Événements sportifs ou communautaires, concerts<br/>         Cadeaux publicitaires, échantillons ou offres spéciales<br/>         Autre → Veuillez préciser :<br/>         Au cours des 30 derniers jours, je n’ai vu aucune publicité au sujet d’aliments malsains<br/>         Je ne sais pas<br/>         Je refuse de répondre</p> |

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| <p><b>EXPOSURE TO UNHEALTHY FOOD MARKETING – GIVEAWAYS VS SPECIAL OFFERS</b></p> <p><b>NEW 2022</b></p> <p><i>MKTG_LOC_SAMPOF</i></p>                                                                                                                            | <p><i>UNIVERSE: Noticed “Giveaways, samples or special offers”</i></p> <p>In the last question you selected “Giveaway, samples, or special offers”. Did you see...</p> <p>Giveaways or samples only</p> <p>Special offers only</p> <p>Both</p> <p>Don’t know</p> <p>Refuse to answer</p>                                                                                                                                                                                                                                                                                                      | <p><i>UNIVERSE: Noticed “Giveaways, samples or special offers”</i></p> <p>À la dernière question, vous avez sélectionné « Cadeaux, échantillons ou offres spéciales ».</p> <p>Avez-vous vu...</p> <p>Des cadeaux ou des échantillons seulement</p> <p>Des offres spéciales seulement</p> <p>Les deux</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| <p><b>EXPOSURE TO UNHEALTHY FOOD MARKETING – FREQUENCY</b></p> <p><b>REVISED 2019</b></p> <p><i>MKTG_FREQ_SD</i><br/> <i>MKTG_FREQ_FF</i><br/> <i>MKTG_FREQ_CEREAL</i><br/> <i>MKTG_FREQ_SNACK</i><br/> <i>MKTG_FREQ_DESSERT</i><br/> <i>MKTG_FREQ_CANDY</i></p> | <p>In the last 30 days, <u>how often</u> did you see or hear advertisements or promotions for the following?</p> <p>Ads for sugary drinks</p> <p>Ads for fast food</p> <p>Ads for sugary cereals</p> <p>Ads for snacks such as chips</p> <p>Ads for desserts such as cakes, cookies, and ice cream</p> <p>Ads for candy or chocolate bars</p> <p>[Show response options for each item as radio button list]</p> <p>Never</p> <p>Less than once a week</p> <p>Once a week</p> <p>A few times a week</p> <p>Every day</p> <p>More than once a day</p> <p>Don’t know</p> <p>Refuse to answer</p> | <p>Au cours des 30 derniers jours, <u>à combien de reprises</u> avez-vous vu ou entendu des publicités au sujet des produits suivants?</p> <p>Publicités pour des boissons sucrées</p> <p>Publicités pour de la restauration rapide</p> <p>Publicités pour des céréales sucrées</p> <p>Publicités pour des collations comme des croustilles</p> <p>Publicités pour des desserts comme des gâteaux, des biscuits et de la crème glacée</p> <p>Publicités pour des barres de chocolat ou des friandises</p> <p>[Show response options for each item as radio button list]</p> <p>Jamais</p> <p>Moins d’une fois par semaine</p> <p>Une fois par semaine</p> <p>Quelques fois par semaine</p> <p>Tous les jours</p> <p>Plus d’une fois par jour</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> |

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| <p><b>EXPOSURE TO MARKETING STRATEGIES</b></p> <p>MKTG_LICENCED<br/>MKTG_COMPANY<br/>MKTG_CELEB<br/>MKTG_PROSPORT<br/>MKTG_RECSPORT<br/>MKTG_CULTURE<br/>MKTG_NONE<br/>MKTG_DK<br/>MKTG_R</p> | <p>[PROGRAMMER NOTE: show note in grey font]</p> <p><i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p><b>In the last 30 days, have you seen any of the following?</b> (Select all that apply)</p> <p>Unhealthy food or drinks promoted using characters from movies or TV (e.g., Star Wars, Disney characters)</p> <p>Unhealthy food or drinks with characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)</p> <p>Celebrity endorsements of unhealthy food/drinks</p> <p>Professional sport teams or sporting events sponsored by unhealthy food/drink companies</p> <p>Children's/community sports teams sponsored by unhealthy food/drink companies</p> <p>Cultural or community events sponsored by unhealthy food/drink companies</p> <p>None of the above</p> <p>Don't know</p> <p>Refuse to answer</p> | <p>[PROGRAMMER NOTE: show note in grey font]</p> <p><i>Les aliments malsains comprennent les aliments transformés à teneur élevée en sucre, sel ou gras saturé comme les boissons gazeuses, les fast-foods, les croustilles, les céréales sucrées, les biscuits et les barres de chocolat.</i></p> <p><b>Au cours des 30 derniers jours, lesquels des énoncés suivants avez-vous vus?</b> (Veuillez sélectionner toutes les réponses pertinentes)</p> <p>Aliments ou boissons malsains promus par un personnage de film ou à la télévision (personnages de Star Wars ou de Disney par exemple)</p> <p>Aliments ou boissons malsains promus par des personnages créés par des entreprises alimentaires (Tony le Tigre ou Ronald McDonald par exemple)</p> <p>Des célébrités faisant des recommandations publicitaires d'aliments/boissons malsains</p> <p>Des équipes de sport professionnelles ou des événements sportifs commandités par des entreprises d'aliments/boissons malsains</p> <p>Des équipes de sport pour les jeunes ou communautaires commanditées par des entreprises d'aliments/boissons malsains</p> <p>Des événements culturels ou communautaires commandités par des entreprises d'aliments/boissons malsains</p> <p>Aucune des réponses ci-dessus</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> |
| <p><b>PESTER POWER</b></p> <p>NEW 2020<br/>REVISED 2021<br/>(underlining)</p> <p>PESTER</p>                                                                                                   | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p>[PROGRAMMER NOTE: show note in grey font]</p> <p><i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p><b>How often do your children <u>ask</u> you to buy unhealthy food or drinks they've seen <u>advertised</u>?</b></p> <p>Never</p> <p>Only for special occasions</p> <p>Less than once a week</p> <p>Some days</p> <p>Every day</p> <p>Don't know</p> <p>Refuse to answer</p>                                                                                                                                                                                                                                                                                                                                                                   | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p>[PROGRAMMER NOTE: show note in grey font]</p> <p><i>Les aliments malsains comprennent les aliments transformés à teneur élevée en sucre, sel ou gras saturé comme les boissons gazeuses, les fast-foods, les croustilles, les céréales sucrées, les biscuits et les barres de chocolat.</i></p> <p><b>Combien de fois vos enfants vous <u>demandent-ils</u> d'acheter des aliments ou des boissons malsains qu'ils ont vu <u>en publicité</u>?</b></p> <p>Jamais</p> <p>Seulement lors d'occasions spéciales</p> <p>Moins d'une fois par semaine</p> <p>Certains jours</p> <p>Tous les jours</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |

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| <p><b>UNHEALTHY FOOD CONSUMPTION FREQUENCY</b></p> <p>REVISED 2019<br/>(response format)<br/>REVISED 2023<br/>(translation)</p> <p>EAT_SD<br/>EAT_FF<br/>EAT_CEREAL<br/>EAT_SNACK<br/>EAT_DESSERT<br/>EAT_CANDY</p> | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p>In a typical week, how often <u>do your children eat or drink...</u></p> <p>Sugary drinks<br/>Fast food<br/>Sugary cereals<br/>Snacks such as chips<br/>Desserts such as cakes, cookies, and ice cream<br/>Candy or chocolate bars</p> <p>[Show response options for each item as radio button list]</p> <p>More than once a day<br/>Every day<br/>A few times a week, but not every day<br/>Once a week<br/>Only on special occasions<br/>Never<br/>Don't know<br/>Refuse to answer</p> | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p>Au cours d'une semaine typique, à quelle fréquence <u>vos enfants mangent ou boivent des...</u></p> <p>Boissons sucrées<br/>Repas de fast-food<br/>Céréales sucrées<br/>Collations comme les croustilles<br/>Desserts comme les gâteaux, les biscuits et la crème glacée<br/>Barres de chocolat ou friandises</p> <p>[Show response options for each item as radio button list]</p> <p>Plus d'une fois par jour<br/>Tous les jours<br/>Quelques fois par semaine, mais pas tous les jours<br/>Une fois par semaine<br/>Seulement pour les occasions spéciales<br/>Jamais<br/>Je ne sais pas<br/>Je refuse de répondre</p> |
| <p><b>CONCERN ABOUT CHILD'S EXPOSURE TO MARKETING</b></p> <p>MKTG_CHILD_CONCERN</p> <p>CYCLED OUT 2023<br/>REVISED 2024<br/>(French translation)</p>                                                                | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p>Are you concerned about the amount of marketing for sugary drinks and fast food that your children see?</p> <p>Not at all concerned<br/>A little concerned<br/>Somewhat concerned<br/>Very concerned<br/>Don't know<br/>Refuse to answer</p>                                                                                                                                                                                                                                             | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p>La quantité de publicités au sujet de boissons sucrées et de restauration rapide que vos enfants voient vous préoccupe-t-elle?</p> <p>Aucunement<br/>Un peu<br/>Oui<br/>Oui, beaucoup<br/>Je ne sais pas<br/>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                                                                    |
| <p><b>SUPPORT FOR BAN ON MARKETING TO KIDS</b></p> <p>NEW 2023</p> <p>M2K_BAN_HSSF</p>                                                                                                                              | <p>Would you support or oppose a government policy that would require...</p> <p>A ban on advertising <u>to children</u> for food and drinks that have too much sugar, salt or saturated fat</p> <p>Support<br/>Neutral<br/>Oppose<br/>Don't know<br/>Refuse to answer</p>                                                                                                                                                                                                                                                                                                 | <p>Soutiendriez-vous une politique gouvernementale qui exigerait ce qui suit ou vous y opposeriez-vous?</p> <p>L'interdiction de toute publicité destinée <u>aux enfants</u> pour des aliments et des boissons qui contiennent trop de sucre, de sel ou de gras saturés</p> <p>Je la soutiendrais<br/>Ni l'un ni l'autre<br/>Je m'y opposerais<br/>Je ne sais pas<br/>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                            |

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| <p><b>CHILD'S TOTAL SCREEN TIME</b></p> <p>Adapted from <a href="#">National Survey of Children's Health (NSCH)</a></p> <p><b>NEW 2025</b></p> <p><i>MEDIA_WD_TOTAL</i></p>                                                                                                                       | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>Thinking about your youngest (or only) child's screen time...</b></p> <p>On a <u>normal weekday</u>, about how much time does your youngest (or only) child spend in front of a TV, computer, cellphone or other electronic device watching programs, playing games, accessing the internet or using social media?</p> <p><i>Do not include time spent doing schoolwork.</i></p> <p>Less than 1 hour<br/>1 hour<br/>2 hours<br/>3 hours<br/>4 hours<br/>5 hours<br/>6 or more hours<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>Réfléchissez au temps d'écran de votre plus jeune (ou unique) enfant...</b></p> <p>Lors d'un <u>jour de semaine normal</u>, combien de temps environ votre plus jeune (ou unique) enfant passe-t-il devant la télévision, un ordinateur, un téléphone cellulaire ou un autre appareil électronique, à écouter des émissions, jouer à des jeux, utiliser internet ou utiliser les médias sociaux?</p> <p><i>N'incluez pas le temps consacré aux travaux scolaires.</i></p> <p>Moins de 1 heure<br/>1 heure<br/>2 heures<br/>3 heures<br/>4 heures<br/>5 heures<br/>6 heures ou plus<br/>Je ne sais pas<br/>Je refuse de répondre</p> |
| <p><b>CHILD SOCIAL MEDIA PLATFORM USE</b></p> <p><b>NEW 2021<br/>REVISED 2023<br/>REVISED 2025</b></p> <p><i>MEDIA_SOC_FB<br/>MEDIA_SOC_IG<br/>MEDIA_SOC_TIK<br/>MEDIA_SOC_TWT<br/>MEDIA_SOC_SC<br/>MEDIA_SOC_TWITCH<br/>MEDIA_SOC_YT<br/>MEDIA_SOC_NONE<br/>MEDIA_SOC_DK<br/>MEDIA_SOC_R</i></p> | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>Does your youngest (or only) child use...?</b></p> <p><i>Select all that apply.</i></p> <p>Facebook<br/>Instagram<br/>TikTok<br/>Twitter/X<br/>Snapchat<br/>Twitch<br/>YouTube<br/>None of the above<br/>Don't know<br/>Refuse to answer</p>                                                                                                                                                                                                                                                                                | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>Votre plus jeune enfant (ou enfant unique) utilise-t-il...?</b></p> <p><i>Sélectionnez tout ce qui s'applique.</i></p> <p>Facebook<br/>Instagram<br/>TikTok<br/>Twitter/X<br/>Snapchat<br/>Twitch<br/>YouTube<br/>Aucune de ces réponses<br/>Je ne sais pas<br/>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                           |
| <p><b>FAVOURITE SOCIAL MEDIA INFLUENCERS</b></p> <p><b>NEW 2022</b></p> <p><i>MEDIA_FAV1-3<br/>MEDIA_FAV_NDKR</i></p>                                                                                                                                                                             | <p><b>Who are your three favourite celebrities or influencers to watch or follow on social media?</b></p> <p>Please include entertainment, sports, and other public figures.</p> <p>[3 open text boxes]</p> <p>I don't have any favourites / I don't know [valid answer]<br/>Refuse to answer</p>                                                                                                                                                                                                                                                                                                                      | <p><b>Qui sont les trois célébrités, influenceurs ou influenceuses que vous aimez le plus voir ou suivre sur les médias sociaux?</b></p> <p>Cela peut comprendre les personnalités du monde du divertissement, des sports, ou toute autre personnalité publique.</p> <p>[3 open text boxes]</p> <p>Je n'ai pas de favoris / Je ne sais pas [valid answer]<br/>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                        |

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| <b>FAVOURITE SOCIAL MEDIA INFLUENCERS – UNHEALTHY PROMOTION</b><br><br><b>NEW 2023</b><br><br><i>MEDIA_FAV_PROM</i> | <i>UNIVERSE: Skip respondents who indicated they had no favourites on social media/don't know or refused; allow to skip question</i><br><b>Thinking about your favourite celebrities or influencers to watch or follow on social media, <u>have you seen or heard them promote an unhealthy food or drink in the past 30 days?</u></b><br>Yes<br>No<br>Don't know<br>Refuse to answer | <i>UNIVERSE: Skip respondents who indicated they had no favourites on social media/don't know or refused; allow to skip question</i><br><b>En pensant à vos célébrités, influenceurs ou influenceuses préféré(e)s que vous regardez ou suivez sur les médias sociaux, <u>les avez-vous vus ou entendus faire la promotion d'un aliment ou d'une boisson malsaine au cours des 30 derniers jours?</u></b><br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre |
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## PRICE / TAXATION

| DOMAIN<br>SOURCE                                                                                                                    | ENGLISH                                                                                                                                                                                                          | FRENCH TRANSLATION                                                                                                                                                                                                                                                |
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| <b>SUGAR TAX</b><br><br><b>REVISED 2019</b><br><b>REVISED 2021</b><br><br><b>COUNTRY SPECIFIC WORDING</b><br><br><i>DRINKS_COST</i> | <b>Do drinks with sugar (e.g., Coke) cost more than drinks without sugar (e.g., Diet Coke) in your province or territory?</b><br>No<br>Yes – a little more<br>Yes – a lot more<br>Don't know<br>Refuse to answer | <b>Les boissons contenant du sucre (p. ex. le Coke) coûtent-elles plus cher que les boissons sans sucre (p. ex. le Coke Diète) dans votre province ou territoire?</b><br>Non<br>Oui, un peu plus<br>Oui, beaucoup plus<br>Je ne sais pas<br>Je refuse de répondre |
| <b>SUGAR TAX - AWARENESS</b><br><br><b>REVISED/NEW 2021</b><br><br><b>COUNTRY SPECIFIC WORDING</b><br><br><i>TAX_AWARENESS</i>      | <b>Is there a special tax on sugary drinks in your province or territory that makes them more expensive to buy?</b><br>No<br>Yes<br>Don't know<br>Refuse to answer                                               | <b>Dans votre province ou territoire, y a-t-il une taxe spéciale sur les boissons sucrées qui les rend plus chères à l'achat?</b><br>Non<br>Oui<br>Je ne sais pas<br>Je refuse de répondre                                                                        |

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| <p><b>SUGAR TAX - IMPACT</b></p> <p>REVISED/NEW 2021<br/>REVISED 2023<br/>(universe)<br/>REVISED 2025 (FR)</p> <p>TAX_[TYPE]</p> | <p><i>UNIVERSE: Canada only; and aware of tax on sugary drinks (tax.awareness=yes)</i><br/>[PROGRAMMER NOTE: use table format]</p> <p><b>Has the tax changed whether you buy the following drinks for you or your family?</b></p> <p>Regular soda or pop<br/>Diet soda or pop<br/>100% fruit or vegetable juice<br/>Sweetened fruit drinks<br/>Low-/no-calorie fruit drinks<br/>Plain bottled water<br/>Regular flavored waters or vitamin waters <u>with</u> calories<br/>Low-/no-calorie flavored waters or vitamin waters<br/>Regular sports drinks<br/>Low-/no-calorie sports drinks<br/>Regular energy drinks<br/>Low-/no-calorie energy drinks<br/>White milk or unsweetened milk alternatives<br/>Chocolate or flavored milk, or sweetened milk alternatives</p> <p>Buy less<br/>Buy more<br/>No change<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Canada only; and aware of tax on sugary drinks (tax.awareness=yes)</i><br/>[PROGRAMMER NOTE: use table format]</p> <p><b>La taxe a-t-elle eu un effet sur le fait que vous achetiez les boissons suivantes pour votre famille ou pour vous-même ?</b></p> <p>Boissons gazeuses ordinaires<br/>Boissons diètes<br/>Jus de fruits ou de légumes purs<br/>Boissons aux fruits sucrées<br/>Boissons aux fruits faibles en calories/hypocaloriques<br/>Eau embouteillée non aromatisée<br/>Eaux aromatisées ordinaires ou eaux vitaminées <u>contenant</u> des calories<br/>Eaux ou eaux aromatisées ou eaux vitaminées sans calories ou hypocaloriques<br/>Boissons pour sportifs ordinaires<br/>Boissons pour sportifs sans calories ou faibles en calories<br/>Boissons énergisantes ordinaires<br/>Boissons énergisantes hypocaloriques ou sans calories<br/>Lait non aromatisé ou substituts de lait non sucrés comme boisson<br/>Lait au chocolat ou lait aromatisé ou alternatives au lait sucré</p> <p>J'en ai acheté moins<br/>J'en ai acheté plus<br/>Aucun changement<br/>Je ne sais pas<br/>Je refuse de répondre</p> |
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## POLICY SUPPORT

| DOMAIN<br>SOURCE                                                                                                                                                                                                                                                                                                                                                                                                   | ENGLISH                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
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| <b>POLICY SUPPORT</b><br>(items in second list from Policy Interventions to Reduce Obesity – Knowledge, Attitudes and Beliefs Survey of the Public (Raine))<br><br>REVISED 2019<br>REVISED 2021<br>REVISED 2022<br>REVISED 2023<br>REVISED 2023<br>REVISED 2024<br>REVISED 2025<br><br>POL_TAX_SSB<br>POL_TAX_PH<br>POL_SCH_PROG<br>POL_BAN_DISC<br>POL_BAN_DISCVOL<br>POL_BAN_ONLINE<br>POL_BAN_TV<br>POL_BAN_OUT | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON.]</p> <p><b>We are interested in your opinion about food policies. For each statement, please indicate whether you would support or oppose the policy.</b></p> <p><b>Would you support or oppose a government policy that would require...</b></p> <p>Support</p> <p>Neutral</p> <p>Oppose</p> <p>Don't know</p> <p>Refuse to answer</p> <p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST]</p> <p>PROGRAMMER NOTE: Randomize respondents to each answer one of the next two taxes on sugary drinks items]</p> <p>Taxes on sugary drinks</p> <p>Taxes on sugary drinks IF the money raised was used to support public health</p> <p>Free breakfast or lunch programs in schools</p> <p>[PROGRAMMER NOTE: Randomize 50% of respondents to each answer one of next two items]</p> <p>A ban on price discounts for unhealthy food and beverages (e.g., 30% off, or 'buy-one-get-one-free')</p> <p>A ban on multibuy deals for unhealthy food and beverages (e.g., 'buy-one-get-one-free', '3 for 2', free soft drink refills)</p> <p>A ban on marketing of unhealthy food and beverages online/on the internet</p> <p>A ban on advertising of unhealthy food and beverages on TV before 9pm</p> <p>A ban on outdoor advertisements (e.g., at bus stops and billboards) for unhealthy food and beverages</p> | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON.]</p> <p><b>Nous aimerions connaître votre opinion concernant certaines politiques alimentaires. Pour chaque énoncé, veuillez indiquer si vous soutiendriez la politique ou si vous vous y opposeriez.</b></p> <p><b>Soutiendriez-vous une politique gouvernementale qui exigerait ce qui suit ou vous y opposeriez-vous...</b></p> <p>Je la soutiendrais</p> <p>Ni l'un ni l'autre</p> <p>Je m'y opposerais</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> <p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST.]</p> <p>PROGRAMMER NOTE: Randomize respondents to each answer one of the next two taxes on sugary drinks items]</p> <p>L'application de taxes sur les boissons sucrées</p> <p>L'application de taxes sur les boissons sucrées SI l'argent recueilli était utilisé pour soutenir la santé publique</p> <p>Les programmes de déjeuners ou de dîners gratuits dans les écoles</p> <p>[PROGRAMMER NOTE: Randomize 50% of respondents to each answer one of next two items]</p> <p>L'interdiction de faire des rabais sur les aliments et les boissons malsains (p. ex., rabais de 30%, ou achetez-en un et obtenez-en un gratuit)</p> <p>L'interdiction des offres d'achat multiples pour les aliments et les boissons malsains (p. ex., achetez-en un et obtenez-en un gratuit, 3 pour le prix de 2, remplissage gratuit de boisson gazeuse)</p> <p>L'interdiction de la publicité en ligne/sur Internet pour les boissons et les aliments malsains</p> <p>L'interdiction de la publicité télévisée pour les boissons et les aliments malsains avant 21 h</p> <p>L'interdiction de la publicité pour les boissons et les aliments malsains à l'extérieur (p. ex., aux arrêts d'autobus et sur les panneaux d'affichage)</p> |

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| <p><b>REASONS FOR BEHAVIOUR CHANGE EFFORTS – ALL MEAT</b></p> <p>NEW 2023<br/>CYCLED OUT 2024<br/>REVISED 2025</p> <p>SUS_MT2_COST<br/>SUS_MT2_ENV<br/>SUS_MT2_HLTH<br/>SUS_MT2_ANIM<br/>SUS_MT2_SOC<br/>SUS_MT2_OTH<br/>SUS_MT2_DK<br/>SUS_MT2_R</p> | <p>UNIVERSE: Canada, Australia, UK, USA (asked in Belgium earlier)<br/>UNIVERSE: Respondents who made an effort to consume less 'red or processed meat' (effort3_red=1) or less 'all meats' (effort3_meat=1)</p> <p><b>Earlier you said you've made an effort to consume less meat.</b></p> <p><b>Can you tell us why you were trying to eat less meat?</b></p> <p><b>Eating less meat is...</b><br/>(Select all that apply.)<br/>[PROGRAMMING NOTE: Show response options in random order, allow multiple selections]</p> <p>... cheaper<br/>... better for the environment<br/>... better for my health<br/>... better for animal welfare<br/>...popular among the people close to me<br/>Other reasons<br/>Don't know<br/>Refuse to answer</p> | <p>UNIVERSE: Canada, Australia, UK, USA (asked in Belgium earlier)<br/>UNIVERSE: Respondents who made an effort to consume less 'red or processed meat' (effort3_red=1) or less 'all meats' (effort3_meat=1)</p> <p><b>Vous avez indiqué précédemment faire des efforts pour consommer moins de viande.</b></p> <p><b>Pourriez-vous nous dire pourquoi vous tentez de consommer moins de viande?</b></p> <p><b>Manger moins de viande est :</b><br/>(Sélectionnez toutes les réponses pertinentes)<br/>[PROGRAMMING NOTE: Show response options in random order, allow multiple selections]</p> <p>...moins cher<br/>...meilleur pour l'environnement<br/>...meilleur pour ma santé<br/>...meilleur pour le bien-être animal<br/>...populaire parmi mes proches<br/>Autres raisons<br/>Je ne sais pas<br/>Je refuse de répondre</p> |
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| <p>NVS_SAT<br/>NVS_SAT_N</p>                       | <p>Your doctor advises you to reduce the amount of saturated fat in your diet. You usually have 42 g of saturated fat each day, which includes one serving of ice cream. If you stop eating ice cream, how many grams of saturated fat would you be consuming each day?</p> <p>Enter number of grams: <i>[open-ended]</i></p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>[Answer: 33 is the only correct answer]</i></p>                                                              | <p>Votre médecin vous recommande de réduire la quantité de gras saturé dans votre alimentation. Habituellement, vous consommez 42 g de gras saturés chaque jour, ce qui comprend une portion de crème glacée. Si vous cessez de manger de la crème glacée, combien de grammes de gras saturés consommeriez-vous chaque jour?</p> <p>Indiquez le nombre de grammes : <i>[open-ended]</i></p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> |
| <p>NVS_DV<br/>NVS_DV_N</p>                         | <p>If you usually eat 2,500 calories in a day, what percentage of your daily value of calories will you be eating if you eat one serving?</p> <p>Enter percentage: <i>[numeric percentage]</i></p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>[Answer: 10% is the only correct answer]</i></p>                                                                                                                                                                                        | <p>Si vous consommez habituellement 2 500 calories par jour, quel pourcentage de la valeur de vos calories quotidiennes consommerez-vous en prenant une portion?</p> <p>Indiquez le pourcentage : <i>[numeric percentage]</i> %</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p>                                                                                                                                                         |
| <p>NVS_ALG<br/>NVS_ALG_WHY<br/>NVS_ALG_WHYTEXT</p> | <p>Pretend that you are allergic to the following substances: penicillin, peanuts, latex gloves, and bee stings. Is it safe for you to eat this ice cream?</p> <p>Yes</p> <p>No</p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>[Answer: No]</i></p> <p>[If “no”, ask:]</p> <p><b>Why not?</b></p> <p>Enter reason: <i>[open-ended]</i></p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>[Answer: Because it has peanut oil or because you might have an allergic reaction]</i></p> | <p>Imaginez que vous êtes allergique aux substances suivantes : à la pénicilline, aux arachides, aux gants de latex et aux piqûres d'abeille. Pouvez-vous consommer cette crème glacée sans danger?</p> <p>Oui</p> <p>Non</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> <p>[If “no”, ask:]</p> <p><b>Pourquoi non?</b></p> <p>Entrez la raison: <i>[open-ended]</i></p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p>            |

## FOOD INTAKE SCREENER

| DOMAIN<br>SOURCE                                                                                                        | ENGLISH                                                                                                                                                                                                                                                                                                                                                                                                                                               | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
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| <b>FOOD INTAKE SCREENER</b><br><a href="#">Adapted from the Canadian Food Intake Screener (2023)</a><br><b>NEW 2025</b> | <p>These next questions are about foods and beverages you ate or drank in the <u>past month</u>, that is, the past 30 days. When answering, please include meals and snacks consumed at home, at work or school, in restaurants, and anyplace else.</p>                                                                                                                                                                                               | <p>Les questions suivantes portent sur les aliments et les boissons que vous avez consommés <u>au cours du dernier mois</u>, c'est-à-dire au cours des 30 derniers jours. Lorsque vous répondez, veuillez inclure dans vos réponses tous les repas et toutes les collations consommés à la maison, au travail, à l'école, au restaurant et à tout autre endroit.</p>                                                                                                                                                                                 |
| <b>FOOD INTAKE SCREENER – FRUIT</b><br><b>NEW 2025</b><br><b>COUNTRY SPECIFIC WORDING</b><br><i>FIS_FRUIT</i>           | <p>Over the <u>past month</u>, how often did you eat <b>fresh, frozen, canned, or dried fruit</b>?</p> <p><b>Do not include</b> fruit juices and drinks.</p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p> | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>des fruits frais, congelés, en conserve ou séchés</b>?</p> <p><b>N'incluez pas</b> les jus de fruits et les boissons aux fruits.</p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p> |

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| <p><b>FOOD INTAKE SCREENER – POTATOES</b></p> <p><b>NEW 2025</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p><i>FIS_POT</i></p>   | <p>Over the <u>past month</u>, how often did you eat <b>potatoes, including baked, boiled, or mashed potatoes, or sweet potatoes?</b></p> <p><b>Do not include</b> french fries, poutine, home fries, or hash browns.</p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p>                  | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>des pommes de terre, y compris des pommes de terre au four, bouillies ou en purée, ou des patates douces?</b></p> <p><b>N'incluez pas</b> les frites, les frites maison, la poutine, les pommes de terre rissolées et les galettes de pommes de terre (hash browns).</p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p> |
| <p><b>FOOD INTAKE SCREENER – VEGETABLES</b></p> <p><b>NEW 2025</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p><i>FIS_VEG</i></p> | <p>Over the <u>past month</u>, how often did you eat <b>fresh, cooked, frozen, or canned vegetables?</b></p> <p><b>Do not include</b> potatoes, french fries, poutine, or other deep-fried vegetables, or vegetable juices and drinks.</p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p> | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>des légumes crus, cuits, congelés ou en conserve?</b></p> <p><b>N'incluez pas</b> les pommes de terre, les frites ou autres légumes frits, la poutine, les jus de légumes et les boissons de légumes.</p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p>                                                                |

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| <b>FOOD INTAKE SCREENER – FAST FOOD</b><br><br><b>NEW 2025</b><br><br><b>COUNTRY SPECIFIC WORDING</b><br><br><i>FIS_FF</i>          | <p>Over the <u>past month</u>, how often did you eat <b>food from fast food restaurants, such as burgers, french fries, poutine, pizza, subs, fried chicken, burritos, or tacos?</b></p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p>                                                                            | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>de la nourriture provenant d'un restaurant de type <i>fast-food</i>, comme des hamburgers, des frites, de la poutine, de la pizza, des sous-marins, du poulet frit, des burritos ou des tacos?</b></p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p>                                                                                                                                                               |
| <b>FOOD INTAKE SCREENER – PROCESSED MEAT</b><br><br><b>NEW 2025</b><br><br><b>COUNTRY SPECIFIC WORDING</b><br><br><i>FIS_PRMEAT</i> | <p>Over the <u>past month</u>, how often did you eat <b>hot dogs, sausages, beef jerky, bacon, ham, or other deli or luncheon meats?</b></p> <p><b>Do not include</b> fast food, canned fish, canned poultry, or packaged veggie burgers and plant-based meats.</p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p> | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>des hot-dogs, des saucisses, du boeuf séché (<i>beef jerky</i>), du bacon, du jambon ou autres viandes de charcuterie ou froides?</b></p> <p><b>N'incluez pas</b> le fast-food, le poisson en conserve, le poulet ou autre volaille en conserve, les hamburgers végétariens préparés du commerce et les simili-viandes d'origine végétale préparées du commerce.</p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p> |

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| <p><b>FOOD INTAKE SCREENER – MEAT</b></p> <p><b>NEW 2025</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p><i>FIS_MEAT</i></p>                 | <p>Over the <u>past month</u>, how often did you eat <b>eggs, beef, pork, wild meat, chicken or other poultry, fish, shellfish, or other animal-based sources of protein?</b> Include <b>canned fish and canned poultry</b>.</p> <p><b>Do not include</b> fast food, hot dogs, sausages, beef jerky, bacon, ham, or other deli or luncheon meats.</p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p> | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>des oeufs, du boeuf, du porc, du gibier, du poulet ou autre volaille, du poisson, des fruits de mer ou d'autres sources de protéines d'origine animale?</b><br/> Incluez <b>le poisson en conserve et le poulet ou autre volaille en conserve</b>.</p> <p><b>N'incluez pas</b> le fast-food, les hot-dogs, les saucisses, le boeuf séché, le bacon, le jambon et autres viandes de charcuterie ou froides.</p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p> |
| <p><b>FOOD INTAKE SCREENER – PLANT-BASED PROTEIN</b></p> <p><b>NEW 2025</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p><i>FIS_PLANT</i></p> | <p>Over the <u>past month</u>, how often did you eat <b>nuts, seeds, tofu, beans and lentils, peanut butter or other nut butters, or other plant-based sources of protein?</b></p> <p><b>Do not include</b> green beans or packaged veggie burgers and plant-based meats.</p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p>                                                                         | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>des arachides, des noix, des graines, du tofu, des lentilles ou autres légumineuses, du beurre d'arachides ou autres beurres de noix, ou d'autres sources de protéines d'origine végétale?</b></p> <p><b>N'incluez pas</b> les haricots verts et les hamburgers végétariens préparés du commerce et les simili-viandes d'origine végétale préparées du commerce.</p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p>                                           |

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| <b>FOOD INTAKE SCREENER – DAIRY PRODUCTS</b><br><b>NEW 2025</b><br><i>FIS_DAIRY</i>                               | <p>Over the <u>past month</u>, how often did you eat <b>yogurt, kefir, or cheese</b>?</p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p>                                                                                                                                                                    | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>du yogurt, du kéfir ou du fromage</b>?</p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p>                                                                                                                                                                                                                                         |
| <b>FOOD INTAKE SCREENER – WHITE MILK</b><br><b>NEW 2025</b><br><b>COUNTRY SPECIFIC WORDING</b><br><i>FIS_MILK</i> | <p>Over the <u>past month</u>, how often did you have <b>white cows' milk or unsweetened plant-based beverages (e.g., soy, almond, or oat milk)</b>?</p> <p><b>Do not include</b> small amounts in coffee or tea, or chocolate and other sweetened milk.</p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p> | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>du lait de vache ou des boissons d'origine végétale non sucrées (par exemple, du lait de soya, du lait aux amandes, du lait d'avoine)</b>?</p> <p><b>N'incluez pas</b> les petites quantités dans le café ou le thé, ni le lait au chocolat et autres laits aromatisés sucrés.</p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p> |

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| <p><b>FOOD INTAKE SCREENER – FLAVOURED MILK</b></p> <p><b>NEW 2025</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p><i>FIS_FLVMILK</i></p> | <p>Over the <u>past month</u>, how often did you have <b>chocolate milk or other flavoured milk or sweetened plant-based beverages (e.g., soy, almond, or oat milk)</b>?</p> <p><b>Do not include</b> small amounts in coffee or tea, or diet/artificially-sweetened or sugar-free beverages.</p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p>                     | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>du lait au chocolat ou autres laits aromatisés sucrés ou des boissons d'origine végétale sucrées</b> (par exemple, du lait de soya, du lait aux amandes, du lait d'avoine)?</p> <p><b>N'incluez pas</b> les petites quantités dans le café ou le thé, les boissons diètes, les boissons sucrées avec des édulcorants et les boissons sans sucre.</p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p>                                                            |
| <p><b>FOOD INTAKE SCREENER – SUGARY DRINKS</b></p> <p><b>NEW 2025</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p><i>FIS_SDRINK</i></p>   | <p>Over the <u>past month</u>, how often did you drink <b>fruit juice, fruit-flavoured drinks, soda or pop, sweetened sports or energy drinks, sweetened hot or iced coffee or tea, or sweetened waters</b>?</p> <p><b>Do not include</b> diet/artificially-sweetened or sugar-free beverages, such as diet soda.</p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p> | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>des jus de fruits, des boissons aromatisées aux fruits, des boissons gazeuses contenant du sucre, des boissons sportives sucrées, des boissons énergisantes sucrées, des cafés sucrés ou thés sucrés, chauds ou glacés, ou des eaux sucrées</b>?</p> <p><b>N'incluez pas</b> les boissons diètes, les boissons sucrées avec des édulcorants et les boissons sans sucre, comme les boissons gazeuses diètes.</p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p> |

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| <b>FOOD INTAKE SCREENER – SUGARY FOODS</b><br><br><b>NEW 2025</b><br><br><b>COUNTRY SPECIFIC WORDING</b><br><br><i>FIS_SFOOD</i> | <p>Over the <u>past month</u>, how often did you eat <b>cookies, cakes, muffins, pastries, granola bars, protein bars, ice cream, candy, chocolate, sugary breakfast cereals, or other sugary foods?</b></p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p> | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>des biscuits, des gâteaux, des muffins, des pâtisseries, des barres tendres, des barres protéinées, de la crème glacée, des bonbons, du chocolat, des céréales à déjeuner sucrées ou d'autres aliments sucrés?</b></p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p> |
| <b>FOOD INTAKE SCREENER – SALTY SNACKS</b><br><br><b>NEW 2025</b><br><br><b>COUNTRY SPECIFIC WORDING</b><br><br><i>FIS_SNACK</i> | <p>Over the <u>past month</u>, how often did you eat <b>crackers, chips, pretzels, popcorn, or other salty snacks?</b></p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p>                                                                                   | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>des craquelins, des croustilles, des bretzels, du maïs soufflé ou autres collations salées?</b></p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p>                                                                                                                    |

|                                                                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
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| <p><b>FOOD INTAKE SCREENER – REFINED GRAINS (WHITE)</b></p> <p>NEW 2025</p> <p>COUNTRY SPECIFIC WORDING</p> <p>FIS_WHITEGRN</p> | <p>Over the <u>past month</u>, how often did you eat <u>white breads, bagels, rice, pasta, noodles, or other refined grains, such as breakfast cereals</u>?</p> <p><b>Do not include</b> whole wheat or whole grain foods.</p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p>                                                                                                    | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <u>du pain blanc, des bagels blancs, du riz blanc, des pâtes et des nouilles blanches ou d'autres grains raffinés, comme les céréales à déjeuner raffinées</u>?</p> <p><b>N'incluez pas</b> les aliments à base de blé entier ou de grains entiers.</p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p>                                                                                           |
| <p><b>FOOD INTAKE SCREENER – WHOLE GRAINS</b></p> <p>NEW 2025</p> <p>COUNTRY SPECIFIC WORDING</p> <p>FIS_WHOLEGRN</p>           | <p>Over the <u>past month</u>, how often did you eat <u>whole wheat or whole grain breads, bagels, pasta, noodles, quinoa, oats, brown or wild rice, breakfast cereals, or other whole wheat or whole grain foods</u>?</p> <p><b>Do not include</b> white breads, bagels, pasta, noodles, rice, or refined breakfast cereals.</p> <p>Never<br/> 1 time in the past month<br/> 2-3 times in the past month<br/> 1-2 times per week<br/> 3-4 times per week<br/> 5-6 times per week<br/> 1 time per day<br/> 2-3 times per day<br/> 4-5 times per day<br/> 6 or more times per day<br/> Don't know<br/> Refuse to answer</p> | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <u>du pain, des bagels, des pâtes, des nouilles, du quinoa, du gruau, du riz brun ou sauvage, des céréales à déjeuner ou tout autre aliment fait de blé entier ou de grains entiers</u>?</p> <p><b>N'incluez pas</b> le pain blanc, les bagels blancs, les pâtes et les nouilles blanches, le riz blanc et les céréales à déjeuner raffinées.</p> <p>Jamais<br/> 1 fois au cours du dernier mois<br/> 2 - 3 fois au cours du dernier mois<br/> 1 - 2 fois par semaine<br/> 3 - 4 fois par semaine<br/> 5 - 6 fois par semaine<br/> 1 fois par jour<br/> 2 - 3 fois par jour<br/> 4 - 5 fois par jour<br/> 6 fois ou plus par jour<br/> Je ne sais pas<br/> Je refuse de répondre</p> |

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| <p><b>FOOD INTAKE SCREENER – OILS</b></p> <p><b>NEW 2025</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p><i>FIS_OILS</i></p> | <p>Over the <u>past month</u>, how often did you have <b>margarine, olive oil, or other vegetable oils (e.g., canola, or sunflower oil)</b>?</p> <p><b>Do not include</b> lard, coconut oil, palm oil, or butter.</p> <p>Never</p> <p>1 time in the past month</p> <p>2-3 times in the past month</p> <p>1-2 times per week</p> <p>3-4 times per week</p> <p>5-6 times per week</p> <p>1 time per day</p> <p>2-3 times per day</p> <p>4-5 times per day</p> <p>6 or more times per day</p> <p>Don't know</p> <p>Refuse to answer</p> | <p>Au cours du <u>dernier mois</u>, à quelle fréquence avez-vous consommé <b>de la margarine, de l'huile d'olive, ou d'autres huiles végétales (par exemple, de l'huile de canola, ou de l'huile de tournesol)</b>?</p> <p><b>N'incluez pas</b> le saindoux, l'huile de coco, l'huile de palme et le beurre.</p> <p>Jamais</p> <p>1 fois au cours du dernier mois</p> <p>2 - 3 fois au cours du dernier mois</p> <p>1 - 2 fois par semaine</p> <p>3 - 4 fois par semaine</p> <p>5 - 6 fois par semaine</p> <p>1 fois par jour</p> <p>2 - 3 fois par jour</p> <p>4 - 5 fois par jour</p> <p>6 fois ou plus par jour</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> |
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## GENERAL HEALTH STATUS

|                                                                           |                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                           |
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| <b>GENERAL HEALTH</b><br>CCHS<br>BRFSS<br>CHMS<br><br><i>HLTH_GENERAL</i> | <b>In general, would you say your health is...</b><br>Poor<br>Fair<br>Good<br>Very good<br>Excellent<br>Don't know<br>Refuse to answer                                                                                                   | <b>De façon générale, diriez-vous que votre santé est...</b><br>Mauvaise<br>Passable<br>Bonne<br>Très bonne<br>Excellente<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                      |
| <b>OVERALL DIET</b><br>NHANES AND USED IN FCMS<br><br><i>DIET</i>         | <b>In general, how healthy is your overall diet?</b><br>Poor<br>Fair<br>Good<br>Very good<br>Excellent<br>Don't know<br>Refuse to answer                                                                                                 | <b>En général, jusqu'à quel point votre alimentation est-elle saine?</b><br>Mauvaise<br>Passable<br>Bonne<br>Très bonne<br>Excellente<br>Je ne sais pas<br>Je refuse de répondre                                                                                                          |
| <b>MENTAL HEALTH</b><br>CCHS AND CHMS<br><br><i>MENTAL</i>                | <b>In general, would you say your mental health is...</b><br>Poor<br>Fair<br>Good<br>Very good<br>Excellent<br>Don't know<br>Refuse to answer                                                                                            | <b>De façon générale, diriez-vous que votre santé mentale est...</b><br>Mauvaise<br>Passable<br>Bonne<br>Très bonne<br>Excellente<br>Je ne sais pas<br>Je refuse de répondre                                                                                                              |
| <b>STRESS</b><br>CHMS<br><br><i>STRESS</i>                                | <b>Thinking about the amount of stress in your life, would you say that most days are...</b><br>Not at all stressful<br>Not very stressful<br>A bit stressful<br>Very stressful<br>Extremely stressful<br>Don't know<br>Refuse to answer | <b>En pensant au stress que vous vivez, diriez-vous que la plupart des journées...</b><br>Ne sont pas stressantes du tout<br>Ne sont pas très stressantes<br>Sont un peu stressantes<br>Sont assez stressantes<br>Sont extrêmement stressantes<br>Je ne sais pas<br>Je refuse de répondre |

| <b>CHRONIC DISEASES</b><br>ADAPTED FROM BRFS<br>CVDINFR4<br><br><b>NEW 2024 (CAN/AUS/UK)</b><br><br>HBP<br>MI<br>CHD<br>STROKE<br>DIABETES<br>CHOLEST<br>OB<br>CA<br>DEPRESS | <b>Has a doctor, nurse, or other health professional ever told you that you have or had ...?</b><br><table border="1"> <thead> <tr> <th></th> <th>Yes</th> <th>No</th> <th>Don't know</th> <th>Refuse to answer</th> </tr> </thead> <tbody> <tr><td>Hypertension or high blood pressure</td><td></td><td></td><td></td><td></td></tr> <tr><td>Heart attack (myocardial infarction)</td><td></td><td></td><td></td><td></td></tr> <tr><td>Angina or coronary heart disease</td><td></td><td></td><td></td><td></td></tr> <tr><td>Stroke</td><td></td><td></td><td></td><td></td></tr> <tr><td>Diabetes</td><td></td><td></td><td></td><td></td></tr> <tr><td>High cholesterol</td><td></td><td></td><td></td><td></td></tr> <tr><td>Obesity</td><td></td><td></td><td></td><td></td></tr> <tr><td>Cancer</td><td></td><td></td><td></td><td></td></tr> <tr><td>Depression</td><td></td><td></td><td></td><td></td></tr> </tbody> </table> |                                                                                                                                                                                                                                                                                                                                                                                | Yes            | No                    | Don't know | Refuse to answer | Hypertension or high blood pressure |  |  |  |  | Heart attack (myocardial infarction) |  |  |  |  | Angina or coronary heart disease |  |  |  |  | Stroke |  |  |  |  | Diabetes |  |  |  |  | High cholesterol |  |  |  |  | Obesity |  |  |  |  | Cancer |  |  |  |  | Depression |  |  |  |  | <b>Un médecin, une infirmière ou un autre professionnel de la santé vous a-t-il déjà dit que vous avez ou avez eu ...?</b><br><table border="1"> <thead> <tr> <th></th> <th>Oui</th> <th>Non</th> <th>Je ne sais pas</th> <th>Je refuse de répondre</th> </tr> </thead> <tbody> <tr><td>Hypertension ou hypertension artérielle</td><td></td><td></td><td></td><td></td></tr> <tr><td>Crise cardiaque (infarctus du myocarde)</td><td></td><td></td><td></td><td></td></tr> <tr><td>Angine de poitrine ou coronaropathie</td><td></td><td></td><td></td><td></td></tr> <tr><td>Accident vasculaire cérébral (AVC)</td><td></td><td></td><td></td><td></td></tr> <tr><td>Diabète</td><td></td><td></td><td></td><td></td></tr> <tr><td>Taux élevé de cholestérol</td><td></td><td></td><td></td><td></td></tr> <tr><td>Obésité</td><td></td><td></td><td></td><td></td></tr> <tr><td>Cancer</td><td></td><td></td><td></td><td></td></tr> <tr><td>Dépression</td><td></td><td></td><td></td><td></td></tr> </tbody> </table> |  | Oui | Non | Je ne sais pas | Je refuse de répondre | Hypertension ou hypertension artérielle |  |  |  |  | Crise cardiaque (infarctus du myocarde) |  |  |  |  | Angine de poitrine ou coronaropathie |  |  |  |  | Accident vasculaire cérébral (AVC) |  |  |  |  | Diabète |  |  |  |  | Taux élevé de cholestérol |  |  |  |  | Obésité |  |  |  |  | Cancer |  |  |  |  | Dépression |  |  |  |  |
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|                                                                                                                                                                              | Yes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | No                                                                                                                                                                                                                                                                                                                                                                             | Don't know     | Refuse to answer      |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Hypertension or high blood pressure                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Heart attack (myocardial infarction)                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Angina or coronary heart disease                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Stroke                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Diabetes                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| High cholesterol                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Obesity                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Cancer                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Depression                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
|                                                                                                                                                                              | Oui                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Non                                                                                                                                                                                                                                                                                                                                                                            | Je ne sais pas | Je refuse de répondre |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Hypertension ou hypertension artérielle                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Crise cardiaque (infarctus du myocarde)                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Angine de poitrine ou coronaropathie                                                                                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Accident vasculaire cérébral (AVC)                                                                                                                                           |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Diabète                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Taux élevé de cholestérol                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Obésité                                                                                                                                                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Cancer                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| Dépression                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| <b>DIABETES TYPE</b><br><a href="#">CCHS 2024</a><br><br><b>NEW 2024</b><br><br>DB_T1<br>DB_T2<br>DB_GEST<br>DB_PRE<br>DB_OTH<br>DB_DK<br>DB_R                               | <i>UNIVERSE: Respondents diagnosed with diabetes</i><br><b>What type of diabetes were you diagnosed with?</b><br>Select all that apply.<br>Type 1 diabetes<br>Type 2 diabetes<br>Gestational diabetes (diabetes that develops during pregnancy)<br>Pre-diabetes<br>Other types of diabetes<br>Don't know<br>Refuse to answer                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | <i>UNIVERSE: Respondents diagnosed with diabetes</i><br><b>Avec quel type de diabète avez-vous été diagnostiqué?</b><br>Sélectionnez toutes les réponses pertinentes.<br>Diabète de type 1<br>Diabète de type 2<br>Diabète gestationnel (le diabète qui se développe pendant la grossesse)<br>Prédiabète<br>Autres types de diabète<br>Je ne sais pas<br>Je refuse de répondre |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |
| <b>PREGNANCY</b><br><a href="#">CCHS 2024</a><br><br><b>NEW 2024</b><br><br>PREG                                                                                             | <i>UNIVERSE: Female respondents (SEX=2 or SEX2=2)</i><br><b>To better understand your health information, it is important to know if you are pregnant.</b><br><br><b>Are you pregnant?</b><br>Yes<br>No<br>Don't know [valid answer]<br>Refuse to answer                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <i>UNIVERSE: Female respondents (SEX=2 or SEX2=2)</i><br><b>Afin de mieux comprendre les renseignements sur votre santé, il est important que nous sachions si vous êtes enceinte.</b><br><br><b>Êtes-vous enceinte?</b><br>Oui<br>Non<br>Je ne sais pas [valid answer]<br>Je refuse de répondre                                                                               |                |                       |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |  |     |     |                |                       |                                         |  |  |  |  |                                         |  |  |  |  |                                      |  |  |  |  |                                    |  |  |  |  |         |  |  |  |  |                           |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |

## OTHER HEALTH BEHAVIOURS

| DOMAIN<br>SOURCE                                                | ENGLISH                                                                                                                                                                                                                                                                                                                                                                   | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                                             |
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| <b>DATA QUALITY CHECK – MONTH</b><br><br><i>DQ_MONTH</i>        | <b>What is the current month?</b><br>January<br>February<br>March<br>April<br>May<br>June<br>July<br>August<br>September<br>October<br>November<br>December<br>Don't know<br>Refuse to answer                                                                                                                                                                             | <b>Actuellement, en quel mois sommes-nous?</b><br>Janvier<br>Février<br>Mars<br>Avril<br>Mai<br>Juin<br>Juillet<br>Août<br>Septembre<br>Octobre<br>Novembre<br>Décembre<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                                                             |
| <b>SMOKING – PAST 30 DAYS</b><br>CTADS<br><br><i>SMK_30</i>     | <b>Have you smoked cigarettes in the past 30 days?</b><br>No<br>Yes, occasionally<br>Yes, every day<br>Don't know<br>Refuse to answer                                                                                                                                                                                                                                     | <b>Au cours des 30 derniers jours, avez-vous fumé des cigarettes?</b><br>Non<br>Oui, occasionnellement<br>Oui, chaque jour<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                                                                                                          |
| <b>MARIJUANA USE – FREQUENCY</b><br>CSTADS<br><br><i>MJ_USE</i> | <b>In the last 12 months, how often did you use marijuana or cannabis (a joint, pot, weed, hash)?</b><br>I have never used marijuana<br>I have used marijuana but not in the last 12 months<br>Less than once a month<br>Once a month<br>2 or 3 times a month<br>Once a week<br>2 or 3 times a week<br>4 to 6 times a week<br>Every day<br>Don't know<br>Refuse to answer | <b>Au cours des 12 derniers mois, à quelle fréquence avez-vous fumé de la marijuana ou du cannabis (un joint, du pot, du hash)?</b><br>Je n'ai jamais consommé de la marijuana<br>J'en ai déjà consommé, mais pas au cours des 12 derniers mois<br>Moins d'une fois par mois<br>Une fois par mois<br>2 à 3 fois par mois<br>Une fois par semaine<br>2 à 3 fois par semaine<br>4 à 6 fois par semaine<br>Chaque jour<br>Je ne sais pas<br>Je refuse de répondre |

|                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |
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| <p><b>ALCOHOL USE –<br/>FREQUENCY</b><br/>CSTADS</p> <p><b>CYCLED OUT 2023</b></p> <p>ALC_FREQ</p> | <p><b>In the last 12 months, how often did you have a drink of alcohol that was more than just a sip?</b><br/> <i>A DRINK means: 1 regular sized bottle, can, or draft of beer; 1 glass of wine; 1 bottle or can of cooler; 1 shot of liquor (rum, whiskey, etc.); or 1 mixed drink (1 shot of liquor with pop, juice, energy drink, etc.).</i><br/>                     I have never drank alcohol<br/>                     I did not drink alcohol in the last 12 months<br/>                     I have only had a sip of alcohol<br/>                     Less than once a month<br/>                     Once a month<br/>                     2 or 3 times a month<br/>                     Once a week<br/>                     2 or 3 times a week<br/>                     4 to 6 times a week<br/>                     Every day<br/>                     I do not know <i>[valid answer]</i><br/>                     Refuse to answer</p> | <p><b>Au cours des 12 derniers mois, à quelle fréquence avez-vous consommé plus d’une gorgée d’une boisson alcoolisée?</b><br/> <i>Une BOISSON correspond à : 1 bouteille, cannette ou verre de bière en fût de format ordinaire; 1 verre de vin; 1 bouteille ou une cannette de panaché au vin (cooler); 1 verre de spiritueux (rhum, whisky, etc.); ou 1 boisson mélangée (1 verre de spiritueux avec de la boisson gazeuse, un jus, une boisson énergisante, etc.).</i><br/>                     Je n’ai jamais bu d’alcool<br/>                     Je n’ai pas bu d’alcool au cours des 12 derniers mois<br/>                     J’ai bu une seule gorgée d’alcool<br/>                     Moins d’une fois par mois<br/>                     Une fois par mois<br/>                     2 à 3 fois par mois<br/>                     Une fois par semaine<br/>                     2 à 3 fois par semaine<br/>                     4 à 6 fois par semaine<br/>                     Chaque jour<br/>                     Je ne sais pas<br/>                     Je refuse de répondre</p> |
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## SOCIODEMOGRAPHIC MEASURES

| DOMAIN<br>SOURCE                                                                                                                                                                                                                                                                                                                             | ENGLISH                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | FRENCH TRANSLATION                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
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| <b>ETHNICITY</b><br><a href="#">ONTARIO: DATA STANDARDS FOR THE IDENTIFICATION AND MONITORING OF SYSTEMIC RACISM</a><br><br><b>REVISED 2019</b><br><br>ETH_CAN_WHITE<br>ETH_CAN_SEASIAN<br>ETH_CAN_SASIAN<br>ETH_CAN_BLACK<br>ETH_CAN_ABORIG<br>ETH_CAN_LATIN<br>ETH_CAN_MDEAST<br>ETH_CAN_OTHER<br>ETH_CAN_OTEXT<br>ETH_CAN_DK<br>ETH_CAN_R | <i>UNIVERSE: Canada only</i><br><br>In our society, people are often described by their race or racial background. For example, some people are considered “White” or “Black” or “East/Southeast Asian”.<br><br><b>Which race category best describes you?</b><br>(Select all that apply)<br><br><b>White</b> (European descent)<br><b>East/Southeast Asian</b> (Chinese, Korean, Japanese, Taiwanese descent; Filipino, Vietnamese, Cambodian, Thai, Indonesian, other Southeast Asian descent)<br><b>South Asian</b> (South Asian descent, e.g. East Indian, Pakistani, Bangladeshi, Sri Lankan, Indo-Caribbean)<br><b>Black</b> (African, Afro-Caribbean, African-Canadian descent)<br><b>Indigenous</b> (First Nations, Métis, Inuit descent)<br><b>Latino</b> (Latin American, Hispanic descent)<br><b>Middle Eastern</b> (Arab, Persian, West Asian descent, e.g. Afghan, Egyptian, Iranian, Lebanese, Turkish, Kurdish)<br><b>Another race category</b> (please specify): _____<br>Don’t know<br>Refuse to answer | <i>UNIVERSE: Canada only</i><br><br>Dans notre société, les gens sont souvent décrits par leur race ou leurs antécédents raciaux. Par exemple, certaines personnes sont considérées « blanches » ou « noires » ou « asiatiques de l’Est/asiatiques du Sud-Est ».<br><br><b>Quelle catégorie raciale vous décrit le mieux?</b><br>(Choisissez toutes celles qui s’appliquent)<br><br><b>Blanche</b> (Personne d’ascendance européenne)<br><b>Est-asiatique/asiatique du Sud-Est</b> (Personne d’ascendance chinoise, coréenne, japonaise, taïwanaise Personne d’ascendance philippine, vietnamienne, cambodgienne, thaïlandaise, indonésienne ou d’une autre ascendance asiatique du Sud-Est)<br><b>Sud-Asiatique</b> (Personne d’ascendance sud-asiatique, p. ex. indo-orientale, pakistanaise, bangladaise, sri-lankaise, indo-antillaise)<br><b>Noire</b> (Personne d’ascendance africaine, afro-antillaise, afro-canadienne)<br><b>Autochtone</b> (Personne d’ascendance des Premières Nations, métisse, inuite)<br><b>Latino</b> (Personne d’ascendance latino-américaine, hispanique)<br><b>Moyen-Orient</b> (Personne d’ascendance arabe, perse, de l’Asie occidentale, p. ex. afghane, égyptienne, iranienne, libanaise, turque, kurde)<br><b>Une autre catégorie de race (veuillez préciser):</b> _____<br>Je ne sais pas<br>Je refuse de répondre |
| <b>COUNTRY OF BIRTH</b><br><br>BIRTH_CAN                                                                                                                                                                                                                                                                                                     | <b>Were you born in Canada?</b><br>Yes<br>No<br>Don’t know<br>Refuse to answer                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>Le Canada est-il votre pays de naissance?</b><br>Oui<br>Non<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |

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| <p><b>HIGHEST EDUCATION</b><br/>ADAPTED FROM <a href="#">CCHS 2014</a> &amp; <a href="#">NHANES 2015-2016</a></p> <p>EDUC_COMP_CAN</p>                                                                                           | <p><i>UNIVERSE: Canada only</i></p> <p><b>What is the highest level of formal education that you have <u>completed</u>?</b></p> <p>Less than high school diploma<br/>High school diploma or equivalent<br/>Trade certificate or diploma from a technical/vocational school or apprenticeship training<br/>Diploma or certificate from community college or CEGEP (other than trades certificates or diplomas)<br/>Some university, or university certificate/diploma below the bachelor's level<br/>Bachelor's degree (e.g., BA, BSc)<br/>University degree above the bachelor's level (e.g., Master's, professional school, doctorate)<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Canada only</i></p> <p><b>Quel est le plus haut niveau de scolarité que vous ayez <u>complété</u>?</b></p> <p>Moins qu'un diplôme d'études secondaires<br/>Un diplôme d'études secondaires ou l'équivalent<br/>Certificat ou diplôme d'une école de métier délivré par une école technique / de formation professionnelle ou programme d'apprentissage<br/>Diplôme ou certificat délivré par un collège communautaire ou un cégep (autre qu'un certificat ou un diplôme d'une école de métier)<br/>Des études universitaires ou un certificat / diplôme universitaire inférieur au baccalauréat<br/>Baccalauréat (p. ex., B.A., B. Sc.)<br/>Diplôme universitaire d'un niveau supérieur au baccalauréat (p. ex., maîtrise, doctorat, école professionnelle)<br/>Je ne sais pas<br/>Je refuse de répondre</p> |
| <p><b>PERCEIVED INCOME ADEQUACY</b></p> <p>LITWIN &amp; SAPIR 2009</p> <p>INCOME_ADEQ</p>                                                                                                                                        | <p><b>Thinking about your total monthly income, how difficult or easy is it for you to make ends meet?</b></p> <p>Very difficult<br/>Difficult<br/>Neither easy nor difficult<br/>Easy<br/>Very easy<br/>Don't know<br/>Refuse to answer</p>                                                                                                                                                                                                                                                                                                                                                                                                                                    | <p><b>En pensant à votre revenu mensuel total, jusqu'à quel point est-il difficile ou facile de joindre les deux bouts?</b></p> <p>Très difficile<br/>Difficile<br/>Ni facile ni difficile<br/>Facile<br/>Très facile<br/>Je ne sais pas<br/>Je refuse de répondre</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
| <p><b>HOUSEHOLD SIZE</b><br/>ADAPTED FROM NHANES; FCMS; ONTARIO HEALTH STUDY (OHS) COVID-19 QUESTIONNAIRE, 2020; WATERLOO REGION MATTERS SURVEY – COVID-19 EDITION</p> <p><b>NEW 2020</b></p> <p>HHLDSIZE_CH<br/>HHLDSIZE_AD</p> | <p><b>How many children (under 18 years of age) currently live in your household?</b><br/>[dropdown with numbers from 0 to 10, more than 10, DK/R]<br/>Don't know<br/>Refuse to answer</p> <p><b>How many adults (age 18 or older), including yourself, currently live in your household?</b><br/>[dropdown with numbers from 1 to 10, more than 10, DK/R]<br/>Don't know<br/>Refuse to answer</p> <p><i>Include all family members who live with you all or most of the time.<br/>Do NOT include roommates unless you share income.</i></p>                                                                                                                                    | <p><b>Combien d'enfants (de moins de 18 ans) vivent actuellement dans votre ménage?</b><br/>[dropdown with numbers from 0 to 10, more than 10, DK/R]<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><b>Combien d'adultes (âgés de 18 ans ou plus), y compris vous-même, vivent actuellement dans votre ménage?</b><br/>[dropdown with numbers from 1 to 10, more than 10, DK/R]<br/>Je ne sais pas<br/>Je refuse de répondre</p> <p><i>Incluez tous les membres de votre famille qui vivent avec vous tout le temps ou la plupart du temps.<br/>N'incluez PAS les colocataires, sauf si vous partagez les revenus.</i></p>                                                                                                                                                                                              |

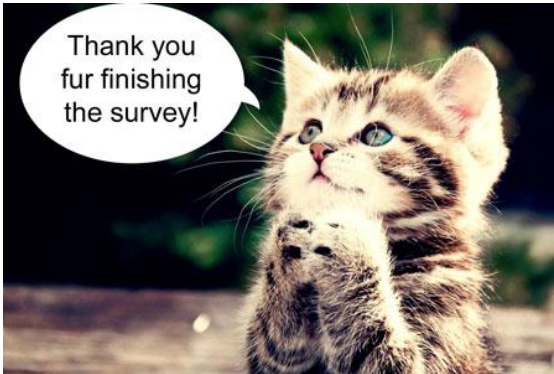
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| <p><b>HOUSEHOLD INCOME</b><br/> ADAPTED FROM<br/> CANADIAN COMMUNITY<br/> HEALTH SURVEY (CCHS)<br/> 2020; US CPS CURRENT<br/> POPULATION SURVEY<br/> (CPS); INTERNATIONAL<br/> CANNABIS POLICY STUDY<br/> (ICPS) 2020;</p> <p>NEW 2020<br/> REVISED 2021<br/> (underlining)</p> <p>INCOME_CAN/AUS/USA</p> | <p>UNIVERSE: Canada, Australia, USA</p> <p><b>What was your <u>total household income</u>, from all sources, before taxes, over the past 12 months?</b></p> <p><i>Include income from work, investments, pensions or government.</i></p> <p><i>Include income from all family members living with you all, or most of the time. Do NOT include roommates unless you share income.</i></p> <p>Less than \$10,000<br/> \$10,000 to less than \$20,000<br/> \$20,000 to less than \$30,000<br/> \$30,000 to less than \$40,000<br/> \$40,000 to less than \$50,000<br/> \$50,000 to less than \$60,000<br/> \$60,000 to less than \$70,000<br/> \$70,000 to less than \$80,000<br/> \$80,000 to less than \$90,000<br/> \$90,000 to less than \$100,000<br/> \$100,000 to less than \$150,000<br/> \$150,000 and over<br/> Don't know<br/> Refuse to answer</p> | <p>UNIVERSE: Canada, Australia, USA</p> <p><b>Quel a été le <u>revenu total de votre ménage</u>, toutes sources confondues et avant impôts, au cours des 12 derniers mois?</b></p> <p><i>Incluez les revenus du travail, des investissements, des pensions ou de l'État.</i></p> <p><i>Incluez les revenus de tous les membres de votre famille vivant avec vous tout le temps ou la plupart du temps. N'incluez PAS les colocataires, sauf si vous partagez les revenus.</i></p> <p>Moins de 10 000 \$<br/> De 10 000 \$ à moins de 20 000 \$<br/> De 20 000 \$ à moins de 30 000 \$<br/> De 30 000 \$ à moins de 40 000 \$<br/> De 40 000 \$ à moins de 50 000 \$<br/> De 50 000 \$ à moins de 60 000 \$<br/> De 60 000 \$ à moins de 70 000 \$<br/> De 70 000 \$ à moins de 80 000 \$<br/> De 80 000 \$ à moins de 90 000 \$<br/> De 90 000 \$ à moins de 100 000 \$<br/> De 100 000 \$ à moins de 150 000 \$<br/> 150 000 \$ et plus<br/> Je ne sais pas<br/> Je refuse de répondre</p> |
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| <b>REGION</b><br>CAD PROVINCE<br><br>REVISÉ 2024<br><br>REGION_CAN                     | UNIVERSE: Canada<br><b>What province or territory do you live in?</b><br>Alberta<br>British Columbia<br>Manitoba<br>New Brunswick<br>Newfoundland and Labrador<br>Northwest Territories<br>Nova Scotia<br>Nunavut<br>Ontario<br>Prince Edward Island<br>Quebec<br>Saskatchewan<br>Yukon<br>Other (Please specify): _____<br>Don't know<br>Refuse to answer | UNIVERSE: Canada<br><b>Dans quelle province ou dans quel territoire vivez-vous?</b><br>Alberta<br>Colombie-Britannique<br>Manitoba<br>Nouveau-Brunswick<br>Terre-Neuve-et-Labrador<br>Territoires du Nord-Ouest<br>Nouvelle-Écosse<br>Nunavut<br>Ontario<br>Île-du-Prince-Édouard<br>Québec<br>Saskatchewan<br>Yukon<br>Autre (veuillez préciser): _____<br>Je ne sais pas<br>Je refuse de répondre |
| <b>POSTAL CODE</b><br><br>COUNTRY SPECIFIC<br>WORDING<br><br>POSTAL<br>POSTAL_TEXT_CAN | <b>Please enter your postal code:</b><br><i>Postal codes help us to understand the food environment where you live. As a reminder, all information you provide will be kept strictly confidential and will never be shared.</i><br><br>Enter: _____ [format A1A 1A1]<br>Don't know<br>Refuse to answer                                                     | <b>Veuillez indiquer votre code postal:</b><br><i>Les codes postaux nous aident à comprendre l'environnement alimentaire où vous vivez. Nous vous rappelons que toute l'information que vous nous communiquerez restera strictement confidentielle et ne sera jamais partagée avec quiconque.</i><br><br>Entrez : _____ [format A1A 1A1]<br>Je ne sais pas<br>Je refuse de répondre                 |
| <b>YEAR OF BIRTH</b><br><br>NEW 2025<br><br>BIRTH_YR                                   | <b>What year were you born?</b><br>Enter: _____ [format YYYY; 1900-2025]<br>Don't know<br>Refuse to answer                                                                                                                                                                                                                                                 | <b>En quelle année êtes-vous né(e)?</b><br>Entrez : _____ [format YYYY; 1900-2025]<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                                                                                       |

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| <b>SELF-REPORTED HEIGHT</b><br><br>HT_UNIT<br>HT_CM<br>HT_FT<br>HT_IN      | <p>It is helpful to know the height and weight of survey participants.</p> <p><b>How tall are you without shoes?</b><br/> Would you rather answer in:<br/> Feet and inches<br/> Centimetres<br/> Don't know<br/> Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p>UNIVERSE: ht_unit=feet and inches<br/> Enter feet: _____ ft [numeric, 2-7]<br/> AND<br/> Enter inches: _____ in [numeric, 0-11]</p> <p>UNIVERSE: ht_unit= centimetres<br/> Enter centimetres: _____ cm [numeric, 60-250]</p> | <p>Il nous sera utile de connaître la taille et le poids des participantes et des participants à l'enquête.</p> <p><b>Quelle est votre taille sans chaussures?</b><br/> Souhaitez-vous répondre en :<br/> Pieds et en pouces<br/> Centimètres<br/> Je ne sais pas<br/> Je refuse de répondre</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p>UNIVERSE: ht_unit=feet and inches<br/> Veuillez inscrire les pieds : _____ pi<br/> ET<br/> Veuillez inscrire les pouces : _____ po</p> <p>UNIVERSE: ht_unit= centimetres<br/> Veuillez inscrire les centimètres : _____ cm</p> |
| <b>SELF-REPORTED HEIGHT CONFIRMATION</b><br><br>HT_FTIN_CONF<br>HT_CM_CONF | <p>UNIVERSE: ht_unit=feet and inches<br/> <b>You entered [X] feet and [X] inches. Is that correct?</b><br/> Yes<br/> No – I need to make a correction<br/> Don't know<br/> Refuse to answer</p> <p>UNIVERSE: ht_unit= centimetres<br/> <b>You entered [X] centimetres. Is that correct?</b><br/> Yes<br/> No – I need to make a correction<br/> Don't know<br/> Refuse to answer</p>                                                                                                                                            | <p>UNIVERSE: ht_unit=feet and inches<br/> <b>Vous avez inscrit [X] pieds et [X] pouces. Est-ce correct?</b><br/> Oui<br/> Non – Je dois faire une correction<br/> Je ne sais pas<br/> Je refuse de répondre</p> <p>UNIVERSE: ht_unit= centimetres<br/> <b>Vous avez inscrit [X] centimètres. Est-ce correct?</b><br/> Oui<br/> Non – Je dois faire une correction<br/> Je ne sais pas<br/> Je refuse de répondre</p>                                                                                                                                                                         |

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| <b>SELF-REPORTED HEIGHT CORRECTION</b><br><br>HTC_UNIT<br>HTC_CM<br>HTC_FT<br>HTC_IN | <p><i>UNIVERSE: ht_ftin_conf, or ht_cm_conf= No – I need to make a correction</i></p> <p><b>How tall are you without shoes?</b></p> <p>Would you rather answer in:</p> <p>Feet and inches</p> <p>Centimetres</p> <p>Don't know</p> <p>Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: htc_unit=feet and inches</i><br/>         Enter feet: _____ ft [numeric, 2-7]<br/>         AND<br/>         Enter inches: _____ in [numeric, 0-11]</p> <p><i>UNIVERSE: htc_unit= centimetres</i><br/>         Enter centimetres: _____ cm [numeric, 60-250]</p>                                                                                                            | <p><i>UNIVERSE: ht_ftin_conf, or ht_cm_conf= No – I need to make a correction</i></p> <p><b>Quelle est votre taille sans chaussures?</b></p> <p>Souhaitez-vous répondre en :</p> <p>Pieds et en pouces</p> <p>Centimètres</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: htc_unit=feet and inches</i><br/>         Veuillez inscrire les pieds : _____ pi<br/>         ET<br/>         Veuillez inscrire les pouces : _____ po</p> <p><i>UNIVERSE: htc_unit= centimetres</i><br/>         Veuillez inscrire les centimètres: _____ cm</p>                                                                                                                                              |
| <b>SELF-REPORTED WEIGHT</b><br><br>REVISÉ 2024<br><br>WT_UNIT<br>WT_LB<br>WT_KG      | <p><i>UNIVERSE: All male respondents (SEX=1); females who are not pregnant (SEX=2 and PREG#1)</i></p> <p><b>How much do you weigh without clothes or shoes?</b></p> <p><i>UNIVERSE: Female respondents who are pregnant (SEX=2 and PREG=1)</i></p> <p><b>How much did you weigh without clothes or shoes <u>before</u> your pregnancy?</b></p> <p>Would you rather answer in:</p> <p>Pounds (lb)</p> <p>Kilograms (kg)</p> <p>Don't know</p> <p>Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: wt_unit= pounds</i><br/>         Enter pounds: _____ lb [numeric]</p> <p><i>UNIVERSE: wt_unit=kilograms</i><br/>         Enter kilograms: _____ kg [numeric]</p> | <p><i>UNIVERSE: All male respondents (SEX=1); females who are not pregnant (SEX=2 and PREG#1)</i></p> <p><b>Quel est votre poids sans vêtements ni chaussures?</b></p> <p><i>UNIVERSE: Female respondents who are pregnant (SEX=2 and PREG=1)</i></p> <p><b>Quel est votre poids, sans vêtements et sans chaussures <u>avant</u> votre grossesse?</b></p> <p>Souhaitez-vous répondre en :</p> <p>Livres (lb)</p> <p>Kilogrammes (kg)</p> <p>Je ne sais pas</p> <p>Je refuse de répondre</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: wt_unit= pounds</i><br/>         Veuillez inscrire les livres: _____ lb [numeric]</p> <p><i>UNIVERSE: wt_unit=kilograms</i><br/>         Veuillez inscrire les kilogrammes: _____ kg [numeric]</p> |

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| <b>SELF-REPORTED WEIGHT CONFIRMATION</b><br><br>WT_LB_CONF<br>WT_KG_CONF                      | UNIVERSE: wt_unit= pounds<br><b>You entered [X] pounds. Is that correct?</b><br>Yes<br>No – I need to make a correction<br>Don't know<br>Refuse to answer<br><br>UNIVERSE: wt_unit=kilograms<br><b>You entered [X] kilograms. Is that correct?</b><br>Yes<br>No – I need to make a correction<br>Don't know<br>Refuse to answer                                                                                                                                                                                                                                                                                                                                                                             | UNIVERSE: wt_unit= pounds<br><b>Vous avez inscrit [X] livres. Est-ce correct?</b><br>Oui<br>Non – Je dois faire une correction<br>Je ne sais pas<br>Je refuse de répondre<br><br>UNIVERSE: wt_unit=kilograms<br><b>Vous avez inscrit [X] kilogrammes. Est-ce correct?</b><br>Oui<br>Non – Je dois faire une correction<br>Je ne sais pas<br>Je refuse de répondre                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>SELF-REPORTED WEIGHT CORRECTION</b><br><br>REVISÉ 2024<br><br>WTC_UNIT<br>WTC_LB<br>WTC_KG | UNIVERSE: wt_lb_conf, or wt_kg_conf= No – I need to make a correction<br><br>UNIVERSE: All male respondents (SEX=1); females who are not pregnant (SEX=2 and PREG≠1)<br><b>How much do you weigh without clothes or shoes?</b><br><br>UNIVERSE: Female respondents who are pregnant (SEX=2 and PREG=1)<br><b>How much did you weigh without clothes or shoes <u>before</u> your pregnancy?</b><br>Would you rather answer in:<br>Pounds (lb)<br>Kilograms (kg)<br>Don't know<br>Refuse to answer<br><br>[PROGRAMMER NOTE: show based on response to above]<br><br>UNIVERSE: wtc_unit= pounds<br>Enter pounds: _____ lb [numeric]<br><br>UNIVERSE: wtc_unit=kilograms<br>Enter kilograms: _____ kg [numeric] | UNIVERSE: wt_lb_conf, or wt_kg_conf= No – I need to make a correction<br><br>UNIVERSE: All male respondents (SEX=1); females who are not pregnant (SEX=2 and PREG≠1)<br><b>Quel est votre poids sans vêtements ni chaussures?</b><br><br>UNIVERSE: Female respondents who are pregnant (SEX=2 and PREG=1)<br><b>Quel est votre poids, sans vêtements et sans chaussures <u>avant</u> votre grossesse?</b><br>Souhaitez-vous répondre en :<br>Livres (lb)<br>Kilogrammes (kg)<br>Je ne sais pas<br>Je refuse de répondre<br><br>[PROGRAMMER NOTE: show based on response to above]<br><br>UNIVERSE: wtc_unit= pounds<br>Veuillez en inscrire les livres: _____ lb [numeric]<br><br>UNIVERSE: wtc_unit=kilograms<br>Veuillez en inscrire les kilogrammes: _____ kg [numeric] |

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| <p><b>END SCREEN</b></p> <p>REVISED 2024 (universe)<br/>REVISED 2025</p> | <p>You're finished—thank you!</p> <p>As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829). If you have any comments or concerns resulting from your involvement please contact the Office of Research Ethics toll-free at 1-833-643-2379 (Canada and USA), at 1-519-888-4440 or <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>, or Professor David Hammond at 519-888-4567 ext. 46462 or <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>.</p> <p>Click NEXT to return to the survey company's website.</p> <p>Thanks again for your help.</p>  | <p>Vous avez terminé – merci!</p> <p>Nous vous rappelons que cette étude a été examinée par un conseil d'éthique de la recherche de l'Université de Waterloo, lequel l'a avalisée (REB #30829). Si vous avez des commentaires ou des préoccupations découlant de votre participation, veuillez communiquer avec le bureau d'éthique de la recherche en composant le 1-833-643-2379 (numéro gratuit - Canada et USA), le 1-519-888-4440, ou en écrivant à <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a> ou avec le professeur David Hammond en composant le 519-888-4567, poste 46462, ou en écrivant à <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>.</p> <p>Cliquez sur SUIVANT pour revenir au site Web de la firme d'enquête.</p> <p>Encore une fois, nous vous remercions de votre aide.</p>  |
| <p><b>REDIRECT TO NIELSEN</b></p>                                        | <p>You will now be redirected back to the survey company.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | <p>Vous serez maintenant redirigé vers l'agence de sondage</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |