



# UNITED STATES SURVEY

2024 SURVEY (WAVE 8)

DECEMBER 2, 2025



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**SUGGESTED CITATION**

HAMMOND D. INTERNATIONAL FOOD POLICY STUDY: UNITED STATES SURVEY – 2024 SURVEY (WAVE 8). UNIVERSITY OF WATERLOO. DECEMBER 2025.

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## NIELSEN INVITATION & PRESCREENER

| DOMAIN<br>SOURCE   | ENGLISH  | SPANISH TRANSLATION   |
|--|--|---|
| <b>SAMPLE INVITATION</b><br><br><b>NEW 2019</b><br><b>REVISED 2023</b> | <p><b>We've found a survey for you!</b></p> <p>Simply click "Continue" to begin the survey.</p> <p>NOTE TO ETHICS: This is an email/dashboard app invitation sent to panelists by Nielsen and their partner panels. If panelists select 'continue' they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email/dashboard app invitations about panel incentives.</p> | <p><b>¡Hemos encontrado una encuesta para usted!</b></p> <p>Solo haga clic en "Continuar" para comenzar con la encuesta.</p> <p>NOTE TO ETHICS: This is an email/dashboard app invitation sent to panelists by Nielsen and their partner panels. If panelists select 'continue' they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email/dashboard app invitations about panel incentives.</p> |
| <b>PANELIST LANGUAGE</b><br><br><b>NEW 2023</b><br><br>LANG_PREF_USA   |  | <p><b>¿Preferiría continuar en español o inglés?</b><br/> <b>Would you prefer to continue in Spanish or English?</b></p> <p>Español / Spanish<br/> Inglés / English [TERMINATE]</p> <p>NOTE TO ETHICS: This is used for routing by Nielsen.</p>   |
| <b>PANELIST AGE</b><br><br><b>NEW 2019</b>                             | <p><b>What is your age?</b></p> <p>[numeric]<br/> [If &lt;18 or &gt;100: TERMINATE]</p> <p>NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers.</p>  | <p><b>Por favor, indique su edad.</b></p> <p>[numeric]<br/> [If &lt;18 or &gt;100: TERMINATE]</p> <p>NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers.</p>   |
| <b>PANELIST SEX</b><br><br><b>NEW 2019</b>                             | <p><b>What sex were you assigned at birth, meaning on your original birth certificate?</b></p> <p>Male<br/> Female</p> <p>NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers.</p>   | <p><b>¿Qué sexo se le asignó al nacer, es decir, en su acta de nacimiento original?</b></p> <p>Masculino<br/> Femenino</p> <p>NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers.</p>  |
| <b>SURVEY LENGTH CONFIRMATION</b><br><br><b>NEW 2020</b>               | <p><b>You MUST complete the survey in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later. Are you willing to participate?</b></p> <p>Yes<br/> No [TERMINATE]</p>   | <p><b>Usted DEBE completar la encuesta en una sola sesión. Si cierra la sesión o deja la encuesta inactiva durante más de 30 minutos, NO podrá reiniciarla ni continuarla más tarde. ¿Está dispuesto(a) a participar?</b></p> <p>Sí<br/> No [TERMINATE]</p>   |

|  |   |   |
|--|---|---|
| <p><b>PARENTAL STATUS</b></p> <p><b>NEW 2019</b></p> | <p><b>Please choose the options that best describe your household:</b></p> <p>[PROGRAMMER NOTE: Allow participants to select more than one of the first 3 options]</p> <p>I am pregnant/expecting a child within the next 9 months</p> <p>I am the parent/legal guardian for one or more children under the age of 18 living in my household</p> <p>I am the parent/legal guardian for one or more children aged 18 or older living in my household</p> <p>I have no children living in my household and I am not pregnant/expecting a child within the next 9 months</p> <p>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data is not provided to researchers.</p> | <p><b>Por favor elija las opciones que mejor describan su situación en su hogar:</b></p> <p>[PROGRAMMER NOTE: Allow participants to select more than one of the first 3 options]</p> <p>Estoy embarazada/esperando un/a hijo/a dentro de 9 meses.</p> <p>Tengo uno/a o más hijos/as menores de 18 años viviendo en mi hogar.</p> <p>Tengo uno/a o más hijos/as de 18 años o mayores viviendo en mi hogar.</p> <p>No tengo hijos/as viviendo en mi hogar y no estoy embarazada/esperando un/a dentro de 9 meses.</p> <p>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data is not provided to researchers.</p> |
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|---|---|--|
| <p><b>CHILD AGE AND GENDER</b></p> <p><b>NEW 2019</b><br/><b>REVISED 2020</b></p> | <p><i>UNIVERSE: Respondents who indicated they had a child under the age of 18 living in the household.</i></p> <p><b>Please indicate the age and gender of any children under the age of 18 living in your household:</b><br/>[PROGRAMMER NOTE: Allow participants to select more than one option]</p> <p>Boy under age 1<br/>Girl under age 1<br/>Boy age 1<br/>Girl age 1<br/>Boy age 2<br/>Girl age 2<br/>Boy age 3<br/>Girl age 3<br/>Boy age 4<br/>Girl age 4<br/>Boy age 5<br/>Girl age 5<br/>Boy age 6<br/>Girl age 6<br/>Boy age 7<br/>Girl age 7<br/>Boy age 8<br/>Girl age 8<br/>Boy age 9<br/>Girl age 9<br/>Boy age 10<br/>Girl age 10<br/>Boy age 11<br/>Girl age 11<br/>Boy age 12<br/>Girl age 12<br/>Boy age 13<br/>Girl age 13<br/>Boy age 14<br/>Girl age 14<br/>Boy age 15<br/>Girl age 15<br/>Boy age 16<br/>Girl age 16</p> | <p><i>UNIVERSE: Respondents who indicated they had a child under the age of 18 living in the household.</i></p> <p><b>Por favor, indique la edad y el sexo de los niños menores de 18 años que viven en su casa:</b><br/>[PROGRAMMER NOTE: Allow participants to select more than one option]</p> <p>Niño menor de 1 año<br/>Niña menor de 1 año<br/>Niño de 1 año<br/>Niña de 1 año<br/>Niño de 2 años<br/>Niña de 2 años<br/>Niño de 3 años<br/>Niña de 3 años<br/>Niño de 4 años<br/>Niña de 4 años<br/>Niño de 5 años<br/>Niña de 5 años<br/>Niño de 6 años<br/>Niña de 6 años<br/>Niño de 7 años<br/>Niña de 7 años<br/>Niño de 8 años<br/>Niña de 8 años<br/>Niño de 9 años<br/>Niña de 9 años<br/>Niño de 10 años<br/>Niña de 10 años<br/>Niño de 11 años<br/>Niña de 11 años<br/>Niño de 12 años<br/>Niña de 12 años<br/>Niño de 13 años<br/>Niña de 13 años<br/>Niño de 14 años<br/>Niña de 14 años<br/>Niño de 15 años<br/>Niña de 15 años<br/>Niño de 16 años</p> |
|---|---|--|

|  |   |   |
|--|---|---|
|  | <p>Boy age 17<br/>                 Girl age 17<br/>                 None of the above</p> <p>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data is not provided to researchers.</p> | <p>Niña de 16 años<br/>                 Niño de 17 años<br/>                 Niña de 17 años<br/>                 Ninguno de los anteriores</p> <p>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data is not provided to researchers.</p> |
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**ELIGIBILITY SCREENER & INFORMATION/CONSENT (IN ALCHEMER)**

| DOMAIN<br>SOURCE  | ENGLISH   | SPANISH TRANSLATION  |
|---|---|--|
| <p><b>ELIGIBILITY INTRO</b></p> <p>REVISED 2024</p> <p>RECAPTCHA</p>  | <p>Before you continue to the study information, we need to confirm your eligibility with a few short questions.</p> <p>Please check the box below, and click 'next' to proceed with the survey.</p> <div data-bbox="417 764 961 902" style="border: 1px solid #ccc; padding: 5px; text-align: center;"> <input type="checkbox"/> I'm not a robot  </div> <p><i>[PROGRAMMER NOTE: Utilize ReCAPTCHA and Duplicate Protection function based on IP address in Alchemer]</i></p> | <p>Antes de pasar a la información del estudio, necesitamos confirmar su elegibilidad con unas breves preguntas.</p> <p>Por favor marque la casilla que está a continuación, y haga clic en "siguiente" para ir a la encuesta.</p> <div data-bbox="1247 797 1791 935" style="border: 1px solid #ccc; padding: 5px; text-align: center;"> <input type="checkbox"/> I'm not a robot  </div> <p>[No soy un robot]</p> <p><i>[PROGRAMMER NOTE: Utilize ReCAPTCHA and Duplicate Protection function based on IP address in Alchemer]</i></p> |
| <p><b>AGE</b></p> <p>REVISED 2019</p> <p>AGE</p>  | <p><b>How old are you?</b><br/> <i>[numeric]</i><br/> <i>[Ineligible if &lt;18 or &gt;100: "Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company."]</i></p>  | <p><b>¿Qué edad tiene?</b><br/> <i>[numeric]</i><br/> <i>[Ineligible if &lt;18 or &gt;100: "Desafortunadamente, no es elegible para el estudio. Muchas gracias por su tiempo. Ahora usted será redirigido a la empresa de encuestas."]</i></p>   |
| <p><b>SEX AT BIRTH</b><br/>                 CIHR SUGGESTED METHOD (GRETA BAUER, WESTERN)</p> <p>REVISED 2024</p> <p>SEX</p> | <p><b>What sex were you assigned at birth, meaning on your original birth certificate?</b><br/>                 Male<br/>                 Female<br/>                 Don't know<br/>                 Refuse to answer</p>  | <p><b>¿Qué sexo se le asignó al nacer, es decir, en su acta de nacimiento original?</b><br/>                 Masculino<br/>                 Femenino<br/>                 No sabe<br/>                 Se negó a responder</p>   |

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| <p><b>SEX AT BIRTH FOLLOW-UP</b></p> <p><b>NEW 2024</b></p> <p>SEX2</p>   | <p><i>UNIVERSE: Sex = 'Don't know' or 'Refuse to answer'</i></p> <p>We know this can be a sensitive question for some people. We ask about sex-at-birth because it helps us to understand the profile of survey respondents. If you are not comfortable answering the question, you can choose 'Don't know' or 'Refuse to answer'. (We'll ask about your gender identity later in the survey).</p> <p><b>What sex were you assigned at birth, meaning on your original birth certificate?</b></p> <p>Male<br/>Female<br/>X (not specified on birth certificate)<br/>Don't know<br/>Refuse to answer</p>   | <p><i>UNIVERSE: Sex = 'Don't know' or 'Refuse to answer'</i></p> <p>Sabemos que esta puede ser una pregunta delicada para algunas personas. Preguntamos sobre el sexo al nacer porque esta información nos ayuda a comprender el perfil de los encuestados. Si le incomoda responder a la pregunta, puede elegir "No sabe" o " Se negó a responder". (Le preguntaremos sobre su identidad de género más adelante en la encuesta).</p> <p><b>¿Qué sexo se le asignó al nacer, es decir, en su acta de nacimiento original?</b></p> <p>Masculino<br/>Femenino<br/>X (no especificado en el acta de nacimiento)<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>DIETARY RECALL RANDOMIZATION</b></p> <p><b>NEW 2024</b></p>   | <p>[PROGRAMMER NOTE: Randomize 3400 respondents to complete main survey only; 500 respondents to "status quo" embedded recalls; 500 respondents to a stand-alone contact. Initially only randomize respondents to condition 2 or 3 (50:50) to fill those conditions first, and once have enough completes (who also pass the DQ_month and speed for condition 2), then shift to recruiting condition 1 (only).]</p> <p>Version 1: Main survey only<br/>Version 2: Stand-alone contacts<br/>Version 3: Status quo (one dietary recall immediately following main survey)</p>   | <p>[PROGRAMMER NOTE: Randomize 3400 respondents to complete main survey only; 500 respondents to "status quo" embedded recalls; 500 respondents to a stand-alone contact. Initially only randomize respondents to condition 2 or 3 (50:50) to fill those conditions first, and once have enough completes (who also pass the DQ_month and speed for condition 2), then shift to recruiting condition 1 (only).]</p> <p>Version 1: Main survey only<br/>Version 2: Stand-alone contacts<br/>Version 3: Status quo (one dietary recall immediately following main survey)</p>   |
| <p><b>INFO - NIELSEN</b></p> <p><b>REVISED 2021</b><br/><b>REVISED 2022</b><br/><b>REVISED 2023</b><br/><b>REVISED 2024</b></p> | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p><b>Before you start the survey, please read the following information and let us know if you agree to participate.</b></p> <ul style="list-style-type: none"> <li>- The survey will examine eating patterns. The study is being conducted by Professor David Hammond at the University of Waterloo, Canada.</li> <li>- You must be 18 years of age or older to participate in the study.</li> <li>- [V1+V2: main survey only &amp; stand-alone contact: The survey will ask you questions about your diet and nutrition, and other health-related behaviours such as smoking and alcohol use. The survey will take about 30 minutes]</li> <li>- [V3: status quo: The survey has two sections: the first section will ask you questions about your diet and nutrition, and other health-related behaviors such as smoking and alcohol use. The second section will ask you about the food you ate yesterday. To complete the second section, you'll be linked to a website run by the U.S. National Institutes of Health. Each section will take 20-30 minutes – about an hour for the entire survey.</li> </ul> | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p><b>Antes de iniciar la encuesta, lea por favor la siguiente información e indíquenos si está de acuerdo en participar.</b></p> <ul style="list-style-type: none"> <li>- La encuesta explorará patrones de alimentación. El estudio lo lleva a cabo el Profesor David Hammond de la Universidad de Waterloo en Canadá.</li> <li>- Debe tener 18 años de edad para participar en el estudio.</li> <li>- [V1+V2: main survey only &amp; stand-alone contact: La encuesta le hará preguntas sobre su dieta y nutrición, y otros tipos de comportamientos relacionados con la salud, como los hábitos en cuanto a fumar o consumir alcohol. La encuesta tomará unos 30 minutos.]</li> <li>- [V3: status quo: La encuesta tiene dos secciones: en la primera sección se le harán preguntas sobre su dieta y nutrición, y otros tipos de comportamientos relacionados con la salud, como los hábitos en cuanto a fumar o consumir alcohol. En la segunda sección se le harán preguntas sobre los alimentos que comió ayer. Para responder a la segunda sección, se le llevará a un sitio web dirigido por los Institutos Nacionales de Salud de Estados</li> </ul> |

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|  | <ul style="list-style-type: none"> <li>- You MUST complete the survey in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later.</li> <li>- Participation is voluntary. You can click 'refuse to answer' to any question you do not wish to answer. You can choose to stop the study at any time without penalty. If you choose to stop participating, you may receive your incentive by selecting 'refuse to answer' for all further questions until the end of the survey. Any data already collected may be used in the study, unless you contact the researcher to have it deleted.</li> <li>- We take your privacy very seriously and will make every effort to keep your information strictly confidential. We will never share your personal information with any company or marketing firm. The study data will be collected using Alchemer software [v3: and the ASA24 system operated by the U.S. National Institutes of Health]. Internet protocol (IP) addresses may be recorded by the software [v1/v2: program / v3: programs] used for this study to avoid duplicate responses in the dataset, but this information will not be used by the researchers or the owners of the [v1/v2: program / v3: programs] to identify you personally. When information is transmitted over the internet, privacy cannot be guaranteed. There is always a risk your responses may be intercepted by a third party (e.g., government agencies, hackers).</li> <li>- The data will be stored for a minimum of 7 years on a secure University of Waterloo server in Canada. Analyses may also be conducted by international research team members, but only using de-identified data stored on password-protected computers.</li> <li>- This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829) and the University of South Carolina Institutional Review Board. However, the final decision about participation is yours. Participants who have concerns or questions about their involvement in the project may contact the Office of Research Ethics in Canada at 1-519-888-4567, ext. 36005 or <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>.</li> <li>- If you have any questions about the study, please contact Professor David Hammond of the University of Waterloo in Canada, at 1-519-888-4567 ext. 46462 or <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, or Dr. James Thrasher, a local study researcher from the University of South Carolina in the United States at 1-803-777-4862 or <a href="mailto:thrasher@mailbox.sc.edu">thrasher@mailbox.sc.edu</a>.</li> </ul> | <p>Unidos. Cada sección tomará de 20 a 30 minutos y toda la encuesta tomará alrededor de una hora.</p> <ul style="list-style-type: none"> <li>- Usted DEBE completar la encuesta en una sola sesión. Si cierra la sesión o deja la encuesta inactiva durante más de 30 minutos, NO podrá reiniciarla ni continuarla más tarde.</li> <li>- La participación es voluntaria. Puede hacer clic en 'se negó a responder' a cualquier pregunta que no desee responder. Puede optar por salir del estudio en cualquier momento sin incurrir en ninguna penalidad. Si decide dejar de participar, puede recibir su incentivo seleccionando 'se negó a responder' para todas las preguntas restantes hasta el final de la encuesta. Todos los datos recopilados hasta ese momento se podrían usar en el estudio a menos que usted se ponga en contacto con el investigador para que los elimine.</li> <li>- Su privacidad es un asunto de mucha seriedad para nosotros y haremos todo lo posible para mantener su información con la más estricta confidencialidad. Nunca compartiremos sus datos personales con ninguna compañía, ni con ninguna empresa de mercadotecnia. Los datos del estudio se recogerán con el software Alchemer [v3: y el sistema ASA24 operado por los Institutos Nacionales de Salud de los Estados Unidos]. Las direcciones de protocolo de Internet (IP) podrían quedar registradas en [v1/v2: el programa de / v3: los programas de] software usados para este estudio para evitar respuestas duplicadas en la base de datos, pero esta información no será utilizada por los investigadores o los propietarios de los programas para identificarle a usted personalmente. Cuando se transmite información en Internet, no se puede garantizar la privacidad. Siempre existe el riesgo de que sus respuestas sean interceptadas por terceros (por ejemplo, agencias gubernamentales, piratas cibernéticos (hackers)).</li> <li>- Los datos se almacenarán 7 años como mínimo en un servidor seguro de la Universidad de Waterloo en Canadá. Los análisis también pueden ser realizados por los miembros de equipos de investigación internacionales, pero solo utilizando datos sin identificación almacenados en equipos de computación protegidos con contraseñas.</li> <li>- Los aspectos éticos del proyecto fueron revisados y aprobados por el Comité de Ética de la Investigación de la Universidad de Waterloo (REB #30829) y la Universidad de Carolina del Sur. Sin embargo, la decisión final para participar depende de usted. Las personas que entren al estudio y tengan inquietudes o preguntas</li> </ul> |
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|   |  | <p>sobre su participación en el proyecto pueden comunicarse con la Oficina de Ética de la Investigación, al teléfono en Canadá 1-519-888-4567, ext. 36005, o al correo electrónico <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>.</p> <p>- Si tiene preguntas sobre el estudio, favor de comunicarse con el Profesor David Hammond de la Universidad de Waterloo al teléfono en Canadá 1-519-888-4567 ext. 46462, o al correo electrónico <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, o bien con el Dr. James Thrasher, investigador local de la Universidad de Carolina del Sur en los Estados Unidos, al teléfono 1-803-777-4862 o por email a <a href="mailto:thrasher@mailbox.sc.edu">thrasher@mailbox.sc.edu</a>.</p> |
| <p><b>CONSENT</b></p> <p><b>REVISED 2021</b></p> <p>CONSENT</p> | <p><b>Based on the information you received, do you agree to take part in this research study?</b></p> <p>Yes → [continue to survey]</p> <p>No → Thank you for your time. You will now be redirected back to the survey company. [TERMINATE]</p> | <p><b>Con base en la información que recibió, ¿está de acuerdo en formar parte de este estudio de investigación?</b></p> <p>Sí → [pase a la encuesta]</p> <p>No → Gracias por su tiempo. Ahora usted se redirige a la empresa de encuestas. [TERMINAR]</p>  |

## DEMOGRAPHICS

| DOMAIN SOURCE  | ENGLISH  | SPANISH TRANSLATION  |
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| <p>PREAMBLE</p> <p><b>REVISED 2020</b></p>   | <p>First, we'd like to ask a few questions about your background.</p>  | <p>Primero, nos gustaría hacer algunas preguntas sobre sus antecedentes.</p>   |
| <p><b>GENDER</b></p> <p>CIHR SUGGESTED METHOD (GRETA BAUER, WESTERN)</p> <p>GENDER</p> <p>GENDER_OTEXT</p> | <p><b>What is your current gender identity?</b></p> <p>Man</p> <p>Woman</p> <p>Trans male/trans man</p> <p>Trans female/trans woman</p> <p>Gender queer/gender non-conforming</p> <p>Different identity → Please specify: [open-ended]</p> <p>Don't know</p> <p>Refuse to answer</p> | <p><b>Actualmente, ¿cuál es su identidad de género?</b></p> <p>Hombre</p> <p>Mujer</p> <p>Trans masculino/hombre trans</p> <p>Trans femenina/mujer trans</p> <p>Queer/persona que no se ajusta a las normas tradicionales del género</p> <p>Otra identidad → Favor de especificar: [respuesta abierta]</p> <p>No sabe</p> <p>Se negó a responder</p> |
| <p><b>STUDENT STATUS</b></p> <p>STUDENT</p>  | <p><b>Are you currently a student?</b></p> <p>No</p> <p>Yes, full-time</p> <p>Yes, part-time</p> <p>Don't know</p> <p>Refuse to answer</p>   | <p><b>¿Estudia actualmente?</b></p> <p>No</p> <p>Sí, tiempo completo</p> <p>Sí, medio tiempo</p> <p>No sabe</p> <p>Se negó a responder</p>   |

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| <p><b>OCCUPATION</b><br/>ADAPTED FROM CCHS</p> <p><i>OCCUP</i><br/><i>OCCUP_OTEXT</i></p>   | <p><b>What was your <u>main</u> activity in the <u>past week</u>?</b></p> <p>Working at a paid job or business<br/>         Vacation (from paid work)<br/>         Looking for paid work<br/>         Going to school (including vacation from school)<br/>         Caring for children<br/>         Household work<br/>         Retired<br/>         Maternity/paternity leave<br/>         Long term illness<br/>         Volunteering<br/>         Caregiving other than for children<br/>         Other (please specify): _____<br/>         Don't know<br/>         Refuse to answer</p> | <p><b>¿Cuál fue su actividad <u>principal</u> la <u>semana pasada</u>?</b></p> <p>Trabajar en un negocio o empleo remunerado<br/>         Vacaciones (de un trabajo remunerado)<br/>         Buscar trabajo remunerado<br/>         Ir a la escuela (incluyendo vacaciones de la escuela)<br/>         Cuidar a los niños<br/>         Trabajo doméstico<br/>         Retirado<br/>         Licencia de ausencia por maternidad/paternidad<br/>         Enfermedad larga<br/>         Trabajar como voluntario<br/>         Cuidar a personas que no son niños<br/>         Otros (especificar): _____<br/>         No sabe<br/>         Se negó a responder</p> |
| <p><b>CHILDREN – ANY</b></p> <p><b>REVISED 2024</b></p> <p><i>CHILD_ANY</i></p>   | <p><b>Do you have any children (including step-children)?</b></p> <p>Yes<br/>         No<br/>         Don't know<br/>         Refuse to answer</p>  | <p><b>¿Tiene hijos (incluidos hijastros)?</b></p> <p>Sí<br/>         No<br/>         No sabe<br/>         Se negó a responder</p>  |
| <p><b>CHILDREN IN HOME - NUMBER</b><br/>BRFSS ADAPTED</p> <p><b>REVISED 2024</b></p> <p><i>CHILD_HOME</i></p>   | <p><i>UNIVERSE: Respondents with children (child_any=yes)</i></p> <p><b>How many of your children <u>under the age of 18 live in your household (including step-children)?</u></b></p> <p><i>[dropdown with numbers from 0 to 10]</i><br/>         Don't know<br/>         Refuse to answer</p>   | <p><i>UNIVERSE: Respondents with children (child_any=yes)</i></p> <p><b>¿Cuántos de sus hijos <u>menores de 18 años viven en su hogar (incluyendo hijastros)?</u></b></p> <p><i>[dropdown with numbers from 0 to 10]</i><br/>         No sabe<br/>         Se negó a responder</p>   |
| <p><b>CHILDREN IN HOME – AGES</b></p> <p><b>REVISED 2019</b><br/><b>REVISED 2023</b><br/><b>(universe)</b></p> <p><i>CHILD#_AGE</i><br/><i>CHILD#_DKR</i></p> | <p><i>UNIVERSE: Respondents with at least 1 child &lt;18 in household (child_home&gt;0)</i></p> <p><b>Please enter the age[s] of your child[ren] who [is/are] <u>under 18 that live[s] in your household, in years, in the box(es) below.</u></b></p> <p>Child #1 Age: <i>[numeric, decimal allowed]</i><br/>         Child #2 Age: <i>[numeric, decimal allowed]</i><br/>         Child #... [PROGRAMMER NOTE: add rows based on response to number of children living in household, up to 10 children]<br/>         Don't know<br/>         Refuse to answer</p>                            | <p><i>UNIVERSE: Respondents with at least 1 child &lt;18 in household (child_home&gt;0)</i></p> <p><b>Introduzca [la edad/las edades] (en años) de [su hijo/sus hijos] que <u>[es menor/son menores] de 18 años y que [vive/viven] en su hogar, en las casillas que están a continuación.</u></b></p> <p>Hijo #1 Edad: <i>[numeric, decimal allowed]</i><br/>         Hijo #2 Edad: <i>[numeric, decimal allowed]</i><br/>         Hijo #: [PROGRAMMER NOTE: add rows based on response to number of children living in household, up to 10 children]<br/>         No sabe<br/>         Se negó a responder</p>  |

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| <p><b>CURRENT LIVING SITUATION</b></p> <p><b>REVISED 2019</b></p> <p>LIVE_PARENT<br/>LIVE_SPOUSE<br/>LIVE_CHILD<br/>LIVE_ADCHILD<br/>LIVE_RELATIVE<br/>LIVE_ROOM<br/>LIVE_SCHOOL<br/>LIVE_ALONE<br/>LIVE_OTHER<br/>LIVE_DK<br/>LIVE_R<br/>LIVE_OTEXT</p> | <p>[PROGRAMER NOTE: Only display “My child(ren) under the age of 18” if child_home&gt;0. Only display “My child(ren) age 18 or older” if child_any=yes]</p> <p><b>What is your current living situation? I live with...</b> (Select all that apply)</p> <p>My parent(s)/guardian(s)<br/>My partner / spouse<br/>My child(ren) under the age of 18<br/>My child(ren) age 18 or older<br/>Brother(s), sister(s), grandchild(ren), in-laws or other relative(s)<br/>People not related to me (roommates or housemates)<br/>I live in a residence at school, university or college<br/>I live alone<br/>Other → Please specify: <i>[open-ended]</i><br/>Don’t know<br/>Refuse to answer</p> | <p>[PROGRAMER NOTE: Only display “My child(ren) under the age of 18” if child_home&gt;0. Only display “My child(ren) age 18 or older” if child_any=yes]</p> <p><b>¿Con quién vive actualmente? Vivo con...</b> (Seleccione todas las opciones que apliquen)</p> <p>Mi padre y/o mi madre/tutor(es)<br/>Mi pareja/cónyuge<br/>Mi(s) hijo(s) menores de 18 años de edad<br/>Mi(s) hijo(s) de 18 años de edad o mayor(es)<br/>Hermano(s), hermana(s), nieto(s), parientes políticos u otro(s) pariente(s)<br/>Personas que no son familiares (compañeros de casa/habitación)<br/>Vivo en un dormitorio de la escuela, universidad o colegio<br/>Vivo solo(a)<br/>Otro → Favor de especificar: <i>[respuesta abierta]</i><br/>No sabe<br/>Se negó a responder</p> |
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**FOOD SOURCES**

| DOMAIN SOURCE  | ENGLISH  | SPANISH TRANSLATION  |
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| <p><b>FOOD SOURCE – EATING OUT FREQUENCY</b><br/>NHANES</p> <p>EATOUT<br/>EATOUT_DKR</p> | <p><b>Next, I’m going to ask you about meals. By meal, I mean BREAKFAST, LUNCH AND DINNER.</b></p> <p><b>During the PAST 7 DAYS, how many meals did you get that were PREPARED AWAY FROM HOME in places such as restaurants, fast food places, food stands, or from vending machines?</b></p> <p>Only include snacks if they counted as your meal.<br/>Do NOT include today.</p> <p>Enter number: _____ meals [numeric 0-21]<br/>Don’t know<br/>Refuse to answer</p> | <p><b>A continuación, le voy a preguntar sobre las comidas. Por “comida”, me refiero a DESAYUNO, ALMUERZO y CENA.</b></p> <p><b>Durante los ÚLTIMOS 7 DÍAS, ¿cuántas comidas consumió que fueron PREPARADAS FUERA DE LA CASA en lugares como restaurantes, restaurantes de comida rápida, puestos de comida, o máquinas dispensadoras?</b></p> <p>Solo incluya bocadillos si estos cuentan como su comida.<br/>NO incluir las comidas de hoy.</p> <p>Escriba el número: _____ comidas [numeric 0-21]<br/>No sabe<br/>Se negó a responder</p> |

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| <p><b>FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED OUTSIDE THE HOME</b></p> <p><i>EATOUT_LOC1...9</i><br/> <i>EATOUT_LOC9_OTEXT</i><br/> <i>EATOUT_LOC_DKR</i></p>  | <p><i>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout&gt;0)</i><br/> <b>You said you had [#] meal(s) prepared outside the home in the past 7 days.</b></p> <p><b>How many of these meals did you get from each of the following locations?</b></p> <p># of meals<br/> <i>[numeric]</i> <b>Fast food / quick service / coffee shop</b> (i.e., order from a counter, online, or by phone)<br/> <i>[numeric]</i> <b>Sit-down restaurant with a server</b><br/> <i>[numeric]</i> <b>Cafeteria</b> (NOT including fast food chains)<br/> <i>[numeric]</i> <b>Ready-to-eat / take-away from grocery store</b><br/> <i>[numeric]</i> <b>Food truck / food stand / ‘street food’</b><br/> <i>[numeric]</i> <b>Convenience store / gas station</b><br/> <i>[numeric]</i> <b>Sports, recreation, or entertainment venue</b><br/> <i>[numeric]</i> <b>Vending machine</b><br/> <i>[numeric]</i> <b>Some other kind of place (Please specify):</b><br/>                 Don't know<br/>                 Refuse to answer</p> | <p><i>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout&gt;0)</i><br/> <b>Usted mencionó que consumió [#] comida(s) preparada(s) fuera de la casa en los últimos 7 días.</b></p> <p><b>¿Cuántas de estas comidas consumió de cada uno de los siguientes lugares?</b></p> <p># de comidas<br/> <i>[numeric]</i> <b>Restaurante o cafetería de comida rápida / servicio rápido / cafetería</b> (que se pide en un mostrador, en línea o por teléfono, por ejem., Starbucks, McDonalds, Subway)<br/> <i>[numeric]</i> <b>Restaurante tradicional con meseros</b><br/> <i>[numeric]</i> <b>Cafetería</b> (SIN incluir cadenas de comida rápida como McDonalds)<br/> <i>[numeric]</i> <b>Comida lista para consumirse de tiendas de abarrotes</b> (por ejem., sandwiches, tortas, pan dulce)<br/> <i>[numeric]</i> <b>Puesto de comida ambulante / “comida en la calle”</b><br/> <i>[numeric]</i> <b>Tienda de conveniencia / gasolinería</b><br/> <i>[numeric]</i> <b>Centro deportivo, recreativo o de entretenimiento</b><br/> <i>[numeric]</i> <b>Máquina dispensadora</b><br/> <i>[numeric]</i> <b>Otro tipo de lugar (Favor de especificar):</b><br/>                 No sabe<br/>                 Se negó a responder</p> |
| <p><b>FOOD SOURCE – PURCHASE FORMAT FOR FOOD PREPARED OUTSIDE THE HOME</b></p> <p><b>REVISED 2019</b></p> <p><i>FROM_DELSERV</i><br/> <i>FROM_DELDIRECT</i><br/> <i>FROM_NEAR</i><br/> <i>FROM_FAR</i><br/> <i>FROM_DKR</i></p> | <p><i>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout&gt;0)</i><br/> <b>You said you had [#] meal(s) prepared outside the home in the past 7 days.</b></p> <p><b>How many of those meals were...</b></p> <p><i>[numeric]</i> Ordered using a food delivery service (e.g., UberEats, Grubhub) and delivered to you<br/> <i>[numeric]</i> Ordered directly from a restaurant and delivered to you<br/> <i>[numeric]</i> Purchased <b>in person at a restaurant / food outlet within 5 minutes of your home</b> (using your usual mode of transportation, e.g., walk, drive, or public transport), <b>excluding delivery</b><br/> <i>[numeric]</i> Purchased <b>in person at a restaurant / food outlet more than 5 minutes away from your home</b> (using your usual mode of transportation, e.g., walk, drive, or public transport), <b>excluding delivery</b><br/>                 Don't know<br/>                 Refuse to answer</p>  | <p><i>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout&gt;0)</i><br/> <b>Usted mencionó que consumió [#] comida(s) preparada(s) fuera de la casa en los últimos 7 días.</b></p> <p><b>¿Cuántas de esas comidas fueron...</b></p> <p><i>[numeric]</i> Pedidas por medio de un servicio de entrega de alimentos (por ejemplo, UberEats, Grubhub) y entregadas a usted<br/> <i>[numeric]</i> Pedidas directamente a un restaurante y entregadas a usted<br/> <i>[numeric]</i> Compradas <b>en persona en un restaurante / establecimiento de alimentos que está a 5 minutos ó menos de su casa</b> (en su medio de transporte habitual, como por ejemplo, caminando, conduciendo o en transporte público), <b>sin incluir la entrega</b><br/> <i>[numeric]</i> Compradas <b>en persona en un restaurante / establecimiento de alimentos que está a más de 5 minutos de su casa</b> (en su medio de transporte habitual, como por ejemplo, caminando, conduciendo o en transporte público), <b>sin incluir la entrega</b><br/>                 No sabe<br/>                 Se negó a responder</p>  |

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| <p><b>FOOD SOURCE – % PREPARED OUTSIDE HOME</b></p> <p><i>EATOUT_PERC</i><br/><i>EATOUT_PERC_DKR</i></p>   | <p>Thinking about <b>ALL THE FOOD YOU ATE</b> during the past 7 days, <b>INCLUDING SNACKS</b>, what percentage was prepared outside the home?<br/>Enter percentage: _____ [<i>numeric percentage, 0 to 100%</i>]<br/>Don't know<br/>Refuse to answer</p>  | <p>Pensando en <b>TODOS LOS ALIMENTOS QUE COMIÓ</b> en los últimos 7 días, <b>INCLUYENDO BOCADILLOS</b>, ¿qué porcentaje fueron preparados fuera de casa?<br/>Introduzca el porcentaje: [<i>porcentaje numérico de 0 a 100%</i>]<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>FOOD SOURCE – AT HOME INTRO</b></p>  | <p><b>We are now going to ask you about the food you ate during the past 7 days that was PREPARED AT HOME.</b></p> <p>For example: If you made lunch at home and brought it to work or school, this would be "prepared at home". If your food came from home - even if it needed little or no preparation (e.g., an apple or crackers) - that counts as "prepared at home". Include food prepared by you or someone else at home.</p> <p>DO NOT include drinks.</p>   | <p><b>Ahora le vamos a preguntar sobre los alimentos que comió durante los últimos 7 días que FUERON PREPARADOS EN CASA.</b></p> <p>Por ejemplo: si preparó su almuerzo en casa y lo llevó al trabajo o a la escuela, la respuesta sería que fue "preparado en casa". Si sus alimentos vinieron de su casa, incluso si necesitaron poca o ninguna preparación (por. ejem., una manzana o galletas saladas), se considerarán "preparados en casa". Incluya los alimentos preparados en casa por usted o por alguien más.</p> <p>NO incluya bebidas.</p>   |
| <p><b>FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME</b></p> <p><b>REVISED 2019</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p><i>HS_1...10, HS_14</i><br/><i>HS_DK</i><br/><i>HS_R</i><br/><i>HS_10_OTEXT</i><br/><i>HS_NONE</i></p> | <p><b>Please think about the food you ate that was PREPARED AT HOME DURING THE PAST 7 DAYS. Where was it PURCHASED?</b> Select all that apply.<br/>Grocery store or supercenter<br/>Warehouse club (e.g., Costco)<br/>Convenience / corner store<br/>Drugstore / pharmacy<br/>Farmer's market, produce stand, or CSA<br/>Ethnic or specialty food store / market<br/>Bulk food store<br/>Grocery delivery<br/>Food bank<br/>Grown by you or someone you know<br/>Some other place → Please specify: [<i>open-ended</i>]<br/>I have not prepared any food at home in the past 7 days<br/>Don't know<br/>Refuse to answer</p> | <p><b>Piense por favor en los alimentos que comió que fueron PREPARADOS EN CASA EN LOS ÚLTIMOS 7 DÍAS. ¿Dónde fueron COMPRADOS?</b> Seleccione todas las opciones que apliquen.<br/>Supermercado o « supercenter » (por ejem., Walmart)<br/>Club o almacén (por ejem., Costco)<br/>Tienda de conveniencia / tienda de abarrotes o tiendita de la esquina<br/>Farmacia<br/>Mercado sobre ruedas o mercado de agricultores<br/>Tienda de especialidades o comida étnica<br/>Tienda de alimentos a granel<br/>Entrega a domicilio<br/>"Food bank" o un lugar donde se distribuyen alimentos gratuitos<br/>Cultivados / criados por usted o alguien que conoce<br/>Otro tipo de lugar → Favor de especificar: [<i>respuesta abierta</i>]<br/>No he preparado ningún alimento en casa en los últimos 7 días<br/>No sabe<br/>Se negó a responder</p> |

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| <p><b>FOOD SOURCE –<br/>PURCHASE METHOD<br/>FOR FOOD PREPARED AT<br/>HOME</b></p> <p><b>NEW 2020</b></p> <p>PM_STORE<br/>PM_ONLINE<br/>PM_FRIEND<br/>PM_FBANK<br/>PM_GROW<br/>PM_OTHER<br/>PM_OTEXT<br/>PM_DK<br/>PM_R</p> | <p><i>UNIVERSE: Skip if previously selected “I have not prepared any food at home in the past 7 days” (HS14=Checked)</i></p> <p><b>Still thinking about the food PREPARED AT HOME IN THE PAST 7 DAYS, how/where did you get the food?</b></p> <p>Select all that apply.</p> <p>In-store<br/>Ordered online (delivery or pick-up)<br/>Someone outside my household (e.g., friend, relative) purchased my groceries and delivered them<br/>Food bank<br/>Grown by you or someone you know<br/>Some other source → Please specify: [open-ended]<br/>Don’t know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Skip if previously selected “I have not prepared any food at home in the past 7 days” (HS14=Checked)</i></p> <p><b>Pensando todavía en los alimentos PREPARADOS EN CASA EN LOS ÚLTIMOS 7 DÍAS, ¿cómo/dónde consiguió los alimentos?</b></p> <p>Seleccione todas las opciones que apliquen.</p> <p>En una tienda<br/>Pedido en línea (se entregó o fue recogida)<br/>Alguien fuera de mi casa (p. ej., amigo, pariente) compró mis comestibles y me los entregó<br/>Bodega de alimentos<br/>Cultivados / criados por usted o alguien que conoce<br/>Alguna otra fuente → Favor de especificar: [respuesta abierta]<br/>No sabe<br/>Se negó a responder</p> |
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| <p><b>READY-TO-EAT MEALS</b></p> <p>READY<br/>READY_DKR</p>  | <p><i>UNIVERSE: Respondents who did NOT indicate they “have not prepared any food at home in the past 7 days” (HS_none not selected)</i></p> <p><b>Thinking about the MEALS PREPARED AT HOME in the past 7 days, what percentage was “ready-to-eat” or “box food” (e.g., microwave, frozen or packaged meals)?</b></p> <p>This includes foods like frozen pizza, chicken fingers, Kraft dinner, minute rice, canned soup, baking mixes, instant oatmeal, toaster waffles, etc.</p> <p>Enter percentage: _____ [<i>numeric percentage, 0 to 100%</i>]</p> <p>Don’t know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Respondents who did NOT indicate they “have not prepared any food at home in the past 7 days” (HS_none not selected)</i></p> <p><b>Pensando en las COMIDAS PREPARADAS EN CASA en los últimos 7 días, ¿qué porcentaje estaban “listas para comer” o eran “alimentos en caja” (por ejem., para microondas, congelados o comidas empacadas)?</b></p> <p>Esto incluye alimentos como pizza congelada, nuggets de pollo, arroz instantáneo, sopa enlatada, avena instantánea, etc.</p> <p>Introduzca el porcentaje: [<i>porcentaje numérico de 0 a 100%</i>]</p> <p>No sabe<br/>Se negó a responder</p> |
| <p><b>FOOD SOURCE – MEAL DELIVERY SERVICE USE FOR FOOD PREPARED AT HOME</b></p> <p>NEW 2022</p> <p>COUNTRY SPECIFIC WORDING</p> <p>MEALKIT</p> <p><b>FOOD SOURCE – MEAL DELIVERY SERVICE USE PREVIOUSLY INCLUDED</b></p> <p>NEW 2022</p> <p>MEALKIT_INCL</p> | <p><b>One last question about the food prepared at home:</b></p> <p><b>Was any of the food purchased in the past 7 days from a meal kit delivery service (e.g., HelloFresh, Blue Apron)?</b></p> <p>Yes<br/>No<br/>Don’t know<br/>Refuse to answer</p> <p><i>UNIVERSE: Respondents who indicated they purchased food through a meal kit delivery service</i></p> <p><b>When answering questions about where you got your food, did you include the meal kits?</b></p> <p>Yes<br/>No<br/>Don’t know<br/>Refuse to answer</p>   | <p><b>Una última pregunta sobre los alimentos preparados en casa:</b></p> <p><b>¿Algunos de los alimentos comprados en los últimos 7 días era de un servicio de entrega de kits de comida (por ejemplo, HelloFresh, Blue Apron)?</b></p> <p>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p> <p><i>UNIVERSE: Respondents who indicated they purchased food through a meal kit delivery service</i></p> <p><b>Al responder a las preguntas sobre dónde obtuvo los alimentos, ¿incluyó los kits de comida?</b></p> <p>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>   |

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| <p><b>ONLINE ORDERING</b></p> <p><b>NEW 2022</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p>ONLN_REST<br/>ONLN_GSTORE<br/>ONLN_GONLN<br/>ONLN_CONV<br/>ONLN_ALC<br/>ONLN_NONE<br/>ONLN_DK<br/>ONLN_R</p> | <p><b>Have you ordered any of the following <u>online or using an app</u>, for pick-up or delivery in the past 30 days?</b></p> <p>We want to know if YOU have done this (don't include if your family or others have ordered for you).</p> <p>(Select all that apply).</p> <p>Meals/food/drinks from a restaurant<br/>Groceries from a supermarket or supercenter (e.g., Walmart)<br/>Groceries from an online-only store (e.g., Amazon)<br/>Snacks/food/drinks from a convenience store<br/>Alcohol<br/>None of the above<br/>Don't know<br/>Refuse to answer</p>   | <p><b>¿Ha pedido alguno de los siguientes productos <u>en línea o mediante una aplicación</u> para ir a recogerlos o a domicilio en los últimos 30 días?</b></p> <p>Queremos saber si USTED lo ha hecho (no incluya si su familia u otras personas la han pedido por usted).</p> <p>(Seleccione todas las opciones que apliquen).</p> <p>Comidas/alimentos/bebidas de un restaurante<br/>Alimentos/comestibles de un supermercado o « supercenter » (p. ej., Walmart)<br/>Alimentos/comestibles de una tienda en línea (p. ej., Amazon)<br/>Bocadillos/alimentos/bebidas de una tienda de conveniencia<br/>Alcohol<br/>Ninguna de las anteriores<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>ONLINE ORDERING FREQUENCY</b></p> <p><b>NEW 2022</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p>ONLN_REST_FREQ<br/>ONLN_GSTORE_FREQ<br/>ONLN_GONLN_FREQ<br/>ONLN_CONV_FREQ<br/>ONLN_ALC_FREQ</p>   | <p><i>UNIVERSE: Respondents who ordered food online/using an app from a convenience store and/or a restaurant, and/or groceries from a supermarket and/or groceries from an online-only stores, and/or alcohol</i></p> <p>[PROGRAMMER NOTE: Only show items selected in previous question.]</p> <p><b>How often have you ordered <u>meals/food/drinks from a restaurant</u> online or using an app in the past 30 days?</b></p> <p>Less than once a week<br/>Once a week<br/>A few times a week<br/>Every day<br/>Don't know<br/>Refuse to answer</p> <p><b>How often have you ordered <u>groceries from a supermarket or supercenter (e.g., Walmart)</u> online or using an app in the past 30 days?</b></p> <p>Less than once a week<br/>Once a week<br/>A few times a week<br/>Every day<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Respondents who ordered food online/using an app from a convenience store and/or a restaurant, and/or groceries from a supermarket and/or groceries from an online-only stores, and/or alcohol</i></p> <p>[PROGRAMMER NOTE: Only show items selected in previous question.]</p> <p><b>¿Con qué frecuencia ha pedido <u>comidas/alimentos/bebidas de un restaurante en línea o mediante una aplicación</u> en los últimos 30 días?</b></p> <p>Menos de una vez a la semana<br/>Una vez por semana<br/>Algunas veces a la semana<br/>Cada día<br/>No sabe<br/>Se negó a responder</p> <p><b>¿Con qué frecuencia ha pedido <u>alimentos/comestibles a un supermercado o « supercenter » (p. ej., Walmart)</u> en línea o mediante una aplicación en los últimos 30 días?</b></p> <p>Menos de una vez a la semana<br/>Una vez por semana<br/>Algunas veces a la semana<br/>Cada día<br/>No sabe<br/>Se negó a responder</p> |

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|   | <p><b>How often have you ordered <u>groceries from an online-only store (e.g., Amazon)</u> online or using an app in the past 30 days?</b><br/>                 Less than once a week<br/>                 Once a week<br/>                 A few times a week<br/>                 Every day<br/>                 Don't know<br/>                 Refuse to answer</p> <p><b>How often have you ordered <u>snacks/food/drinks from a convenience store online or using an app</u> in the past 30 days?</b><br/>                 Less than once a week<br/>                 Once a week<br/>                 A few times a week<br/>                 Every day<br/>                 Don't know<br/>                 Refuse to answer</p> <p><b>How often have you ordered <u>alcohol</u> online or using an app in the past 30 days?</b><br/>                 Less than once a week<br/>                 Once a week<br/>                 A few times a week<br/>                 Every day<br/>                 Don't know<br/>                 Refuse to answer</p> | <p><b>¿Con qué frecuencia ha pedido <u>alimentos/comestibles a una tienda en línea (p. ej., Amazon)</u> en línea o mediante una aplicación en los últimos 30 días?</b><br/>                 Menos de una vez a la semana<br/>                 Una vez por semana<br/>                 Algunas veces a la semana<br/>                 Cada día<br/>                 No sabe<br/>                 Se negó a responder</p> <p><b>¿Con qué frecuencia ha pedido <u>bocadillos/alimentos/bebidas a una tienda de conveniencia</u> en línea o mediante una aplicación en los últimos 30 días?</b><br/>                 Menos de una vez a la semana<br/>                 Una vez por semana<br/>                 Algunas veces a la semana<br/>                 Cada día<br/>                 No sabe<br/>                 Se negó a responder</p> <p><b>¿Con qué frecuencia ha pedido <u>alcohol</u> en línea o mediante una aplicación en los últimos 30 días?</b><br/>                 Menos de una vez a la semana<br/>                 Una vez por semana<br/>                 Algunas veces a la semana<br/>                 Cada día<br/>                 No sabe<br/>                 Se negó a responder</p> |
| <p><b>FOOD BANK USE</b><br/><br/>                 Adapted from <a href="#">Canadian Household Panel Survey – 2008</a><br/><br/>                 NEW 2022<br/>                 REVISED 2023<br/>                 REVISED 2024<br/><br/>                 COUNTRY SPECIFIC WORDING<br/><br/>                 FDBANK_USE<br/>                 COMSERV_USE</p> | <p><b>In the past 12 months, has anyone in your household used the following:</b><br/>                 [PROGRAMMER NOTE: Randomize each USA respondent to view either "Food bank" or "Food bank or food pantry".]<br/> <b>Food bank [US: or food pantry]</b><br/>                 Yes<br/>                 No<br/>                 Don't know<br/>                 Refuse to answer</p> <p><b>Other community service that provides free food to people in need</b><br/>                 Yes<br/>                 No<br/>                 Don't know<br/>                 Refuse to answer</p>  | <p><b>En los últimos 12 meses, ¿alguien de su hogar ha utilizado lo siguiente?</b><br/>                 [PROGRAMMER NOTE: Randomize each USA respondent to view either "Food bank" or "Food bank or food pantry".]<br/> <b>Banco de alimentos [US: o almacén de alimentos gratuitos]</b><br/>                 Sí<br/>                 No<br/>                 No sabe<br/>                 Se negó a responder</p> <p><b>Otro servicio comunitario que proporcione alimentos gratuitos a personas necesitadas</b><br/>                 Sí<br/>                 No<br/>                 No sabe<br/>                 Se negó a responder</p>   |



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| <p><b>FOOD AFFORDABILITY ACTIONS</b></p> <p><b>NEW 2022</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p>AFF_ACT_BRAND<br/>AFF_ACT_LESS<br/>AFF_ACT_TYPES<br/>AFF_ACT_CHAIN<br/>AFF_ACT_BULK<br/>AFF_ACT_DISC<br/>AFF_ACT_GREW<br/>AFF_ACT_SCRATCH<br/>AFF_ACT_FDBANK<br/>AFF_ACT_REST<br/>AFF_ACT_NONE<br/>AFF_ACT_DK<br/>AFF_ACT_R</p> | <p><i>UNIVERSE: Respondents who indicated that food is a little or much more expensive</i></p> <p><b>Have you done anything different in the last 12 months because food is more expensive?</b> (Select all that apply).<br/>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION.]</p> <p>Switched to less expensive brands<br/>Bought less food<br/>Changed the types of foods I buy<br/>Shopped at lower-priced grocery stores or discount chains<br/>Bought in bulk or value sizes<br/>Used more discount coupons or sales<br/>Grew more of my own food<br/>Baked or cooked from scratch more<br/>Used a food bank or other food assistance<br/>Bought less restaurant food<br/>None of the above<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Respondents who indicated that food is a little or much more expensive</i></p> <p><b>¿Ha hecho algo diferente en los últimos 12 meses porque los alimentos son más caros?</b> (Seleccione todas las opciones que apliquen).<br/>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION.]</p> <p>He cambiado a marcas más baratas<br/>He comprado menos alimentos<br/>He cambiado los tipos de alimentos que compro<br/>He comprado en tiendas de comestibles o cadenas de descuento más baratas<br/>He comprado a granel o en tamaños que rindan más<br/>He usado más cupones de descuento, ofertas o rebajas<br/>He cultivado más alimentos para mí<br/>He horneado o cocinado más desde cero<br/>Ha recurrido a un banco de alimentos u otro programa de asistencia alimentaria<br/>Compré menos comida de restaurantes<br/>Ninguna de las anteriores<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>FOOD AFFORDABILITY - FOOD PURCHASE IMPACT</b></p> <p><b>NEW 2022</b><br/><b>REVISED 2024 (universe)</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p>AFF_BUY_FV<br/>AFF_BUY_MEAT<br/>AFF_BUY_MILK<br/>AFF_BUY_SNACK<br/>AFF_BUY_DESSERT<br/>AFF_BUY_BEV<br/>AFF_BUY_READY</p>  | <p><i>UNIVERSE: Respondents who indicated that food is a little or much more expensive, or a little or much less expensive</i></p> <p><b>Has price affected how much you buy of these foods?</b><br/>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION.]</p> <p><b>Fresh fruits and vegetables</b><br/><b>Meat</b><br/><b>Milk and cheese</b><br/><b>Snacks</b> like crackers, chips or granola bars<br/><b>Desserts or treats</b> like cookies, ice cream or candy<br/><b>Non-alcoholic beverages</b> like soda and juice<br/><b>Microwave, frozen or pre-prepared meals</b></p> <p>[PROGRAMMER NOTE: Use table format]</p> <p>Buy less<br/>Buy more<br/>No change<br/>Don't know<br/>Refuse to answer</p>                                | <p><i>UNIVERSE: Respondents who indicated that food is a little or much more expensive, or a little or much less expensive</i></p> <p><b>¿El precio ha afectado la cantidad que compra de estos alimentos?</b><br/>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION.]</p> <p><b>Frutas y verduras frescas</b><br/><b>Carne</b><br/><b>Leche y queso</b><br/><b>Botanas</b> como galletas saladas, papas fritas/chips o barras de granola<br/><b>Postres o golosinas</b> como galletas, helados o dulces<br/><b>Bebidas no alcohólicas</b> como jugos, refrescos o gaseosas<br/><b>Comidas de microondas, congeladas o ya preparadas</b></p> <p>[PROGRAMMER NOTE: Use table format]</p> <p>Compra menos<br/>Compra más<br/>No ha cambiado<br/>No sabe<br/>Se negó a responder</p>  |

**BEVERAGE INTAKE**

| DOMAIN<br>SOURCE                    | ENGLISH  | SPANISH TRANSLATION   |
|-------------------------------------|--|---|
| <b>BEVERAGE<br/>FREQUENCY INTRO</b> | <p>Next, we'd like to ask you about the drinks you've had over the PAST 7 DAYS.</p> <p>We'll be asking you about different categories of drinks.</p> <p>First, we'll ask you the TOTAL NUMBER OF DRINKS you've had in each category.</p> <p>Second, we'll ask you about your USUAL SIZE OF DRINK in each category.</p> | <p>A continuación, quisiéramos preguntarle sobre las bebidas que ha tomado durante los ÚLTIMOS 7 DÍAS.</p> <p>Le preguntaremos acerca de diferentes categorías de bebidas.</p> <p>Primero le pediremos el NÚMERO TOTAL DE BEBIDAS que ha consumido de cada categoría.</p> <p>En segundo lugar, le preguntaremos acerca del TAMAÑO USUAL DE SU BEBIDA de cada categoría.</p> |

|  |   |   |
|--|---|---|
| <p><b>BEVERAGE FREQUENCY QUESTIONNAIRE (BFQ) – NUMBER OF DRINKS BY TYPE</b><br/>ADAPTED FROM SEVERAL OTHER PAPER FFQS FOR BEVERAGES.</p> <p><b>REVISED 2019</b></p> <p>BFQ_#_N<br/>BFQ_NONE<br/>BFQ_DK_N<br/>BFQ_R_N</p> | <p>During the PAST 7 DAYS, HOW MANY DRINKS did you have in each category below?</p> <p>For example, if you had 2 regular sodas or pops during the past 7 days, you would enter 2 in that box. If you had 1 regular soda or pop EACH day, you would enter 7 in that box.</p> <p>[PROGRAMMER NOTE: Responses must be numeric and between 0-100; only allow participant to select 1 of none of the above, DK or R]</p> <p><b># OF DRINKS</b></p> <p>[numeric] <b>Regular soda or pop</b> (Coke, Pepsi, 7-up, Sprite, root beer, etc) <b>*Not including diet pop</b></p> <p>[numeric] <b>Diet soda or pop</b> (Diet Pepsi, Coke Zero, etc.)</p> <p>[numeric] <b>100% fruit or vegetable juice</b> (orange juice, apple juice, etc.)</p> <p>[numeric] <b>Sweetened fruit drinks</b> (lemonade, iced tea, SunnyD, fruit punch/cocktail, etc.)</p> <p>[numeric] <b>Low-/no-calorie fruit drinks</b> (diet lemonade, unsweetened iced tea, etc.)</p> <p>[numeric] <b>Tap water</b></p> <p>[numeric] <b>Plain bottled water</b></p> <p>[numeric] <b>Regular flavored waters or vitamin waters <u>with</u> calories</b></p> <p>[numeric] <b>Low-/no-calorie flavored waters or vitamin waters</b> (Crystal Light, Mio, etc.)</p> <p>[numeric] <b>Regular sports drinks</b> (Gatorade, Powerade, etc.)</p> <p>[numeric] <b>Low-/no-calorie sports drinks</b> (G2, Powerade Zero, etc.)</p> <p>[numeric] <b>Regular energy drinks</b> (Red Bull, Rockstar, Monster, etc.)</p> <p>[numeric] <b>Low-/no-calorie energy drinks</b> (Red Bull Sugarfree, etc.)</p> <p>[numeric] <b>White milk</b> or unsweetened milk alternatives (unsweetened soy, almond, etc.) as a beverage<br/><b>*NOT including milk consumed in cereal, etc.</b></p> <p>[numeric] <b>Chocolate or flavored milk</b> (incl. hot chocolate), or sweetened milk alternatives (sweetened soy, almond, etc.)</p> <p>[numeric] <b>Coffee or tea, <u>with</u> sugar</b> (with or without milk)</p> <p>[numeric] <b>Coffee or tea, <u>no sugar</u></b> (with or without milk or artificial sweetener)</p> <p>[numeric] <b>Sweetened specialty coffees or teas</b> (mochas, frappuccinos, chai lattes, iced coffee, etc.)</p> <p>[numeric] <b>Sweetened smoothies, protein shakes, or drinkable yogurt</b></p> <p>[numeric] <b>Unsweetened smoothies, protein shakes, or drinkable yogurt</b></p> <p>[numeric] <b>Beer, cider, coolers</b></p> <p>[numeric] <b>Wine</b> (red or white)</p> <p>[numeric] <b>Hard alcohol <u>with mix</u>, cocktails that have calories</b> (rum &amp; coke, gin &amp; tonic, margarita, etc.)</p> | <p>En los ÚLTIMOS 7 DÍAS, ¿CUÁNTAS BEBIDAS tomó de cada una de las siguientes categorías?</p> <p>Por ejemplo, si bebió 2 refrescos normales durante los últimos 7 días, escriba “2” en esa casilla. Si tomó 1 refresco normal CADA día, escriba “7” en esa casilla.</p> <p>[PROGRAMMER NOTE: Responses must be numeric and between 0-100; only allow participant to select 1 of none of the above, DK or R]</p> <p><b># DE BEBIDAS</b></p> <p>[numeric] <b>Bebidas refrescos normal</b> (Coca-cola, Pepsi, 7-Up, Sprite, cerveza de raíz, etc.) <b>*No incluya bebidas refrescos de dieta</b></p> <p>[numeric] <b>Bebidas refrescos de dieta</b> (Pepsi de dieta, Coca-cola Zero, etc.)</p> <p>[numeric] <b>Jugo 100% de fruta o de verduras</b> (jugo de naranja, de manzana, etc.)</p> <p>[numeric] <b>Bebidas de fruta endulzadas</b> (limonada, té helado, SunnyD, ponche/coctel de frutas, etc.)</p> <p>[numeric] <b>Bebidas de fruta sin/bajas en calorías</b> (limonada de dieta, té helado sin azúcar, etc.)</p> <p>[numeric] <b>Agua de la llave</b></p> <p>[numeric] <b>Agua simple/natural embotellada</b></p> <p>[numeric] <b>Aguas de sabor o vitaminadas normales <u>con</u> calorías</b></p> <p>[numeric] <b>Aguas de sabor o vitaminadas sin/bajas en calorías</b> (Crystal Light, Mio, etc.)</p> <p>[numeric] <b>Bebidas deportivas</b> (Gatorade, Powerade, etc.)</p> <p>[numeric] <b>Bebidas deportivas sin/bajas en calorías</b> (G2, Powerade Zero, etc.)</p> <p>[numeric] <b>Bebidas energéticas normales</b> (Red Bull, Rockstar, Monster, etc.)</p> <p>[numeric] <b>Bebidas energéticas sin/bajas en calorías</b> (Red Bull Sugarfree, etc.)</p> <p>[numeric] <b>Leche de vaca</b> o alternativas a la leche, como la leche de soya o de almendras sin endulzante, consumidas como bebida<br/><b>*NO incluya leche consumida con cereal, etc.</b></p> <p>[numeric] <b>Leche con chocolate o algún otro sabor</b> (incluido chocolate caliente) y alternativas a la leche, como la leche de soya o de almendras con endulzante</p> <p>[numeric] <b>Café o té, <u>con</u> azúcar</b> (con o sin leche)</p> <p>[numeric] <b>Café o té, <u>sin azúcar</u></b> (con o sin leche o endulzante artificial)</p> <p>[numeric] <b>Cafés o té de especialidad endulzante</b> (mochas, frappuccinos, chai lattes, café helado, etc.)</p> <p>[numeric] <b>Smoothies, licuados de proteína o yogurt para beber con azúcar añadida</b></p> <p>[numeric] <b>Smoothies, licuados de proteína o yogurt para beber sin azúcar añadida</b></p> <p>[numeric] <b>Cerveza, sidra, bebidas a base de vino (coolers)</b></p> |
|--|---|---|

|   |   |   |
|---|---|---|
|   | <p>[numeric] <b>Hard alcohol <u>with no mix</u> or non-caloric mix</b> (shots, whiskey on the rocks, vodka &amp; soda, rum &amp; diet coke, etc.)</p> <p>None of the above</p> <p>Don't know</p> <p>Refuse to answer</p>                | <p>[numeric] <b>Vino</b> (tinto o blanco)</p> <p>[numeric] <b>Bebidas alcohólicas <u>mezcladas</u>, cocteles con calorías</b> (ron con Coca-cola, gin &amp; tonic, coctel Margarita, etc.)</p> <p>[numeric] <b>Bebidas alcohólicas <u>no mezcladas</u> o con mezclas no calóricas</b> (shots, whiskey en las rocas, vodka con soda, ron con Coca-cola dietetica, etc.)</p> <p>Ninguna de las anteriores</p> <p>No sabe</p> <p>Se negó a responder</p> |
| <p><b>BFQ SIZE INTRO</b></p> <p><b>NEW 2019</b></p> | <p><b>Now we'll ask you about your USUAL SIZE OF DRINK in each category.</b></p> <p>[PROGRAMMER NOTE: Hidden custom script identifies which drink categories were consumed and should be shown in the following usual size section]</p> | <p><b>Ahora le preguntaremos acerca del TAMAÑO USUAL DE SU BEBIDA de cada categoría.</b></p> <p>[PROGRAMMER NOTE: Hidden custom script identifies which drink categories were consumed and should be shown in the following usual size section]</p>   |

**BFQ – USUAL SIZE**  
 ADAPTED FROM  
 SEVERAL OTHER  
 PAPER FFQS FOR  
 BEVERAGES.

**REVISED 2019**

BFQ\_#\_SIZE\_USA  
 BFQ\_#\_SIZE\_DK\_USA  
 BFQ\_#\_SIZE\_R\_USA

[PROGRAMMER NOTE: For each category that there was at least one drink consumed, ask size question - images should only be shown for beverage categories selected above. Show each category on a separate page with the question header.]

**For each type of drink, what size did you USUALLY have?**

If you had different sizes, select the picture that is closest to the average size.

Regular soda or pop (Coke, Pepsi, 7-Up, Sprite, root beer, etc.) \*NOT including diet pop

|   |   |   |   |  |
|---|---|---|---|--|
| <b>Less</b>   |  |  |  |  |
| Less than 8 fl oz   | 1 cup (8 fl oz)   | Can (12 fl oz)  | Fountain cup (16 fl oz)   | Bottle (20 fl oz)  |
|  |  |  | <b>More</b>   |  |
| Fountain cup (20 fl oz)   | Fountain cup (24 fl oz)   | Large bottle (2 L)  | More than 2 L   |  |

Diet soda or pop (Diet Pepsi, Coke Zero, etc.)

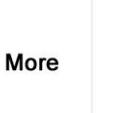
|   |   |   |   |   |
|---|---|---|---|---|
| <b>Less</b>   |  |  |  |  |
| Less than 8 fl oz   | 1 cup (8 fl oz)   | Can (12 fl oz)  | Fountain cup (16 fl oz)   | Bottle (20 fl oz)   |
|  |  |  | <b>More</b>   |   |
| Fountain cup (20 fl oz)   | Fountain cup (24 fl oz)   | Large bottle (2 L)  | More than 2 L   |   |

[PROGRAMMER NOTE: For each category that there was at least one drink consumed, ask size question - images should only be shown for beverage categories selected above. Show each category on a separate page with the question header.]

**Para cada tipo de bebida, especifique qué tamaño toma USUALMENTE.**

Si consumió distintos tamaños, seleccione la imagen más cercana al tamaño promedio de sus bebidas.

Bebidas refrescos normal (Coca-cola, Pepsi, 7-Up, Sprite, cerveza de raíz, etc.) \*No incluya bebidas refrescos de dieta

|   |   |   |   |  |
|---|---|---|---|--|
| <b>Menos</b>  |  |  |  |  |
| Menos de 8 fl oz  | 1 vaso (8 fl oz)  | Lata (12 fl oz)   | Vaso de fuente de sodas (16 fl oz)  | Botella (20 fl oz)   |
|  |  |  | <b>Más</b>  |  |
| Vaso de fuente de sodas (20 fl oz)  | Vaso de fuente de sodas (24 fl oz)  | Botella grande (2 L)  | Más de 2 L  |  |

Bebidas refrescos de dieta (Pepsi de dieta, Coca-cola Zero, etc.)

|   |   |   |   |   |
|---|---|---|---|---|
| <b>Menos</b>  |  |  |  |  |
| Menos de 8 fl oz  | 1 vaso (8 fl oz)  | Lata (12 fl oz)   | Vaso de fuente de sodas (16 fl oz)  | Botella (20 fl oz)  |
|  |  |  | <b>Más</b>  |   |
| Vaso de fuente de sodas (20 fl oz)  | Vaso de fuente de sodas (24 fl oz)  | Botella grande (2 L)  | Más de 2 L  |   |

100% fruit or vegetable juices (orange juice, apple juice, etc.)

|   |   |   |   |  |
|---|---|---|---|--|
| <b>Less</b>   |  |  |  |  |
| Less than 8 fl oz   | 1 cup (8 fl oz)   | Juicebox (8 fl oz)  | Can (12 fl oz)  | Bottle (12 fl oz)  |
|  | <b>More</b>   |   |   |  |
| Large bottle (16 fl oz)   | More than 16 fl oz  |   |   |  |

Sweetened fruit drinks (lemonade, iced tea, SunnyD, fruit punch/cocktail, etc.)

|   |   |   |   |  |
|---|---|---|---|--|
| <b>Less</b>   |  |  |  |  |
| Less than 8 fl oz   | 1 cup (8 fl oz)   | Juicebox (8 fl oz)  | Can (12 fl oz)  | Bottle (16 fl oz)  |
|  |  | <b>More</b>   |   |  |
| Large bottle (20 fl oz)   | Tall can (24 fl oz)   | More than 24 fl oz  |   |  |

Low-/no-calorie fruit drinks (diet lemonade, unsweetened iced tea, etc.)

|   |   |   |   |  |
|---|---|---|---|--|
| <b>Less</b>   |  |  |  |  |
| Less than 8 fl oz   | 1 cup (8 fl oz)   | Juicebox (8 fl oz)  | Can (12 fl oz)  | Bottle (16 fl oz)  |
|  |  | <b>More</b>   |   |  |
| Large bottle (20 fl oz)   | Tall can (24 fl oz)   | More than 24 fl oz  |   |  |

Jugo 100% de fruta o de verduras (jugo de naranja, de manzana, etc.)

|   |   |   |   |   |
|---|---|---|---|---|
| <b>Menos</b>  |  |  |  |  |
| Menos de 8 fl oz  | 1 vaso (8 fl oz)  | Cartón de jugo (8 fl oz)  | Lata (12 fl oz)   | Botella (12 fl oz)  |
|  | <b>Más</b>  |   |   |   |
| Botella grande (16 fl oz)   | Más de 16 fl oz   |   |   |   |

Bebidas de fruta endulzadas (limonada, té helado, SunnyD, ponche/coctel de frutas, etc.)

|   |   |   |   |   |
|---|---|---|---|---|
| <b>Menos</b>  |  |  |  |  |
| Menos de 8 fl oz  | 1 vaso (8 fl oz)  | Cartón de jugo (8 fl oz)  | Lata (12 fl oz)   | Botella (16 fl oz)  |
|  |  | <b>Más</b>  |   |   |
| Botella grande (20 fl oz)   | Lata grande (24 fl oz)  | Más de 24 fl oz   |   |   |

Bebidas de fruta sin/bajas en calorías (limonada de dieta, té helado sin azúcar, etc.)

|   |   |   |   |   |
|---|---|---|---|---|
| <b>Menos</b>  |  |  |  |  |
| Menos de 8 fl oz  | 1 vaso (8 fl oz)  | Cartón de jugo (8 fl oz)  | Lata (12 fl oz)   | Botella (16 fl oz)  |
|  |  | <b>Más</b>  |   |   |
| Botella grande (20 fl oz)   | Lata grande (24 fl oz)  | Más de 24 fl oz   |   |   |

|  |   |  |
|--|---|--|
|  | <p><b>Tap water</b></p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; width: 15%;"> <p><b>Less</b></p> <p>Less than 8 fl oz</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>1 cup (8 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>1.5 cups (12 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>2 cups (16 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Reusable bottle (25 fl oz)</p> </div> </div> <div style="border: 1px solid black; padding: 5px; width: 15%; margin-top: 10px;"> <p><b>More</b></p> <p>More than 25 fl oz</p> </div> <p><b>Plain bottled water</b></p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; width: 15%;"> <p><b>Less</b></p> <p>Less than 8 fl oz</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Small bottle (8 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Bottle (16 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Large bottle (33.8 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;"> <p><b>More</b></p> <p>More than 33.8 fl oz</p> </div> </div> <p><b>Regular flavored waters or vitamin waters <u>with</u> calories</b></p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; width: 15%;"> <p><b>Less</b></p> <p>Less than 8 fl oz</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>1 cup (8 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Small bottle (12 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Can (12 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Bottle (20 fl oz)</p> </div> </div> <div style="border: 1px solid black; padding: 5px; width: 15%; margin-top: 10px;">  <p>Extra large bottle (33.8 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;"> <p><b>More</b></p> <p>More than 33.8 fl oz</p> </div> | <p><b>Agua de la llave</b></p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; width: 15%;"> <p><b>Menos</b></p> <p>Menos de 8 fl oz</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>1 taza (8 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Taza y media (12 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>2 tazas (16 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Botella reutilizable (25 fl oz)</p> </div> </div> <div style="border: 1px solid black; padding: 5px; width: 15%; margin-top: 10px;"> <p><b>Más</b></p> <p>Más de 25 fl oz</p> </div> <p><b>Agua simple/natural embotellada</b></p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; width: 15%;"> <p><b>Menos</b></p> <p>Menos de 8 fl oz</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Botella pequeña (8 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Botella (16 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Botella grande (33.8 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;"> <p><b>Más</b></p> <p>Más de 33.8 fl oz</p> </div> </div> <p><b>Aguas de sabor o vitaminadas normales <u>con</u> calorías</b></p> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; width: 15%;"> <p><b>Menos</b></p> <p>Menos de 8 fl oz</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>1 vaso (8 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Botella pequeña (12 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Lata (12 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;">  <p>Botella (20 fl oz)</p> </div> </div> <div style="border: 1px solid black; padding: 5px; width: 15%; margin-top: 10px;">  <p>Botella extra grande (33.8 fl oz)</p> </div> <div style="border: 1px solid black; padding: 5px; width: 15%;"> <p><b>Más</b></p> <p>Más de 33.8 fl oz</p> </div> |
|--|---|--|

|                                   |   |                            |                                 |                    |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
|-----------------------------------|---|----------------------------|---------------------------------|--------------------|--|--|-------------------|-----------------|-------------------------|----------------|-------------------|--|-------------|--|--|--|---------------------------------|----------------------|--|--|--|-------------|--|--|--|-------------|-------------------|-----------------|-------------------|----------------------|--------------------|-------------|--|--|--|-------------|-------------------|-----------------|-------------------|----------------------|--------------------|--|--------------|--|--|--|--|------------------|------------------|----------------------------|-----------------|--------------------|--|------------|--|--|--|-----------------------------------|-------------------|--|--|--|--------------|--|--|--|------------|------------------|------------------|--------------------|---------------------------------|-----------------|--------------|--|--|--|------------|------------------|------------------|--------------------|---------------------------------|-----------------|
|                                   | <p><b>Low-/no-calorie flavored waters or vitamin waters (Crystal Light, Mio, etc.)</b></p> <table border="1"> <tr> <td data-bbox="367 186 493 341"><b>Less</b></td> <td data-bbox="504 186 630 341"></td> <td data-bbox="640 186 766 341"></td> <td data-bbox="777 186 903 341"></td> <td data-bbox="913 186 1039 341"></td> </tr> <tr> <td data-bbox="367 341 493 373">Less than 8 fl oz</td> <td data-bbox="504 341 630 373">1 cup (8 fl oz)</td> <td data-bbox="640 341 766 373">Small bottle (12 fl oz)</td> <td data-bbox="777 341 903 373">Can (12 fl oz)</td> <td data-bbox="913 341 1039 373">Bottle (20 fl oz)</td> </tr> <tr> <td data-bbox="367 389 493 544"></td> <td data-bbox="504 389 630 544"><b>More</b></td> <td colspan="3"></td> </tr> <tr> <td data-bbox="367 544 493 576">Extra large bottle (33.8 fl oz)</td> <td data-bbox="504 544 630 576">More than 33.8 fl oz</td> <td colspan="3"></td> </tr> </table> <p><b>Regular sports drinks (Gatorade, Powerade, etc.)</b></p> <table border="1"> <tr> <td data-bbox="367 649 493 820"><b>Less</b></td> <td data-bbox="504 649 630 820"></td> <td data-bbox="640 649 766 820"></td> <td data-bbox="777 649 903 820"></td> <td data-bbox="913 649 1039 820"><b>More</b></td> </tr> <tr> <td data-bbox="367 820 493 852">Less than 8 fl oz</td> <td data-bbox="504 820 630 852">1 cup (8 fl oz)</td> <td data-bbox="640 820 766 852">Bottle (20 fl oz)</td> <td data-bbox="777 820 903 852">XL Bottle (32 fl oz)</td> <td data-bbox="913 820 1039 852">More than 32 fl oz</td> </tr> </table> <p><b>Low-/no-calorie sports drinks (G2, Powerade Zero, etc.)</b></p> <table border="1"> <tr> <td data-bbox="367 909 493 1079"><b>Less</b></td> <td data-bbox="504 909 630 1079"></td> <td data-bbox="640 909 766 1079"></td> <td data-bbox="777 909 903 1079"></td> <td data-bbox="913 909 1039 1079"><b>More</b></td> </tr> <tr> <td data-bbox="367 1079 493 1112">Less than 8 fl oz</td> <td data-bbox="504 1079 630 1112">1 cup (8 fl oz)</td> <td data-bbox="640 1079 766 1112">Bottle (20 fl oz)</td> <td data-bbox="777 1079 903 1112">XL Bottle (32 fl oz)</td> <td data-bbox="913 1079 1039 1112">More than 32 fl oz</td> </tr> </table> | <b>Less</b>                |                                 |                    |  |  | Less than 8 fl oz | 1 cup (8 fl oz) | Small bottle (12 fl oz) | Can (12 fl oz) | Bottle (20 fl oz) |  | <b>More</b> |  |  |  | Extra large bottle (33.8 fl oz) | More than 33.8 fl oz |  |  |  | <b>Less</b> |  |  |  | <b>More</b> | Less than 8 fl oz | 1 cup (8 fl oz) | Bottle (20 fl oz) | XL Bottle (32 fl oz) | More than 32 fl oz | <b>Less</b> |  |  |  | <b>More</b> | Less than 8 fl oz | 1 cup (8 fl oz) | Bottle (20 fl oz) | XL Bottle (32 fl oz) | More than 32 fl oz | <p><b>Aguas de sabor o vitaminadas sin/bajas en calorías (Crystal Light, Mio, etc.)</b></p> <table border="1"> <tr> <td data-bbox="1218 186 1344 341"><b>Menos</b></td> <td data-bbox="1354 186 1480 341"></td> <td data-bbox="1491 186 1617 341"></td> <td data-bbox="1627 186 1753 341"></td> <td data-bbox="1764 186 1890 341"></td> </tr> <tr> <td data-bbox="1218 341 1344 373">Menos de 8 fl oz</td> <td data-bbox="1354 341 1480 373">1 vaso (8 fl oz)</td> <td data-bbox="1491 341 1617 373">Botella pequeña (12 fl oz)</td> <td data-bbox="1627 341 1753 373">Lata (12 fl oz)</td> <td data-bbox="1764 341 1890 373">Botella (20 fl oz)</td> </tr> <tr> <td data-bbox="1218 389 1344 544"></td> <td data-bbox="1354 389 1480 544"><b>Más</b></td> <td colspan="3"></td> </tr> <tr> <td data-bbox="1218 544 1344 576">Botella extra grande (33.8 fl oz)</td> <td data-bbox="1354 544 1480 576">Más de 33.8 fl oz</td> <td colspan="3"></td> </tr> </table> <p><b>Bebidas deportivas (Gatorade, Powerade, etc.)</b></p> <table border="1"> <tr> <td data-bbox="1218 673 1344 844"><b>Menos</b></td> <td data-bbox="1354 673 1480 844"></td> <td data-bbox="1491 673 1617 844"></td> <td data-bbox="1627 673 1753 844"></td> <td data-bbox="1764 673 1890 844"><b>Más</b></td> </tr> <tr> <td data-bbox="1218 844 1344 876">Menos de 8 fl oz</td> <td data-bbox="1354 844 1480 876">1 vaso (8 fl oz)</td> <td data-bbox="1491 844 1617 876">Botella (20 fl oz)</td> <td data-bbox="1627 844 1753 876">Botella extra grande (32 fl oz)</td> <td data-bbox="1764 844 1890 876">Más de 32 fl oz</td> </tr> </table> <p><b>Bebidas deportivas sin/bajas en calorías (G2, Powerade Zero, etc.)</b></p> <table border="1"> <tr> <td data-bbox="1218 933 1344 1104"><b>Menos</b></td> <td data-bbox="1354 933 1480 1104"></td> <td data-bbox="1491 933 1617 1104"></td> <td data-bbox="1627 933 1753 1104"></td> <td data-bbox="1764 933 1890 1104"><b>Más</b></td> </tr> <tr> <td data-bbox="1218 1104 1344 1136">Menos de 8 fl oz</td> <td data-bbox="1354 1104 1480 1136">1 vaso (8 fl oz)</td> <td data-bbox="1491 1104 1617 1136">Botella (20 fl oz)</td> <td data-bbox="1627 1104 1753 1136">Botella extra grande (32 fl oz)</td> <td data-bbox="1764 1104 1890 1136">Más de 32 fl oz</td> </tr> </table> | <b>Menos</b> |  |  |  |  | Menos de 8 fl oz | 1 vaso (8 fl oz) | Botella pequeña (12 fl oz) | Lata (12 fl oz) | Botella (20 fl oz) |  | <b>Más</b> |  |  |  | Botella extra grande (33.8 fl oz) | Más de 33.8 fl oz |  |  |  | <b>Menos</b> |  |  |  | <b>Más</b> | Menos de 8 fl oz | 1 vaso (8 fl oz) | Botella (20 fl oz) | Botella extra grande (32 fl oz) | Más de 32 fl oz | <b>Menos</b> |  |  |  | <b>Más</b> | Menos de 8 fl oz | 1 vaso (8 fl oz) | Botella (20 fl oz) | Botella extra grande (32 fl oz) | Más de 32 fl oz |
| <b>Less</b>                       |   |                            |                                 |                    |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
| Less than 8 fl oz                 | 1 cup (8 fl oz)   | Small bottle (12 fl oz)    | Can (12 fl oz)                  | Bottle (20 fl oz)  |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
|                                   | <b>More</b>   |                            |                                 |                    |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
| Extra large bottle (33.8 fl oz)   | More than 33.8 fl oz  |                            |                                 |                    |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
| <b>Less</b>                       |   |                            |                                 | <b>More</b>        |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
| Less than 8 fl oz                 | 1 cup (8 fl oz)   | Bottle (20 fl oz)          | XL Bottle (32 fl oz)            | More than 32 fl oz |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
| <b>Less</b>                       |   |                            |                                 | <b>More</b>        |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
| Less than 8 fl oz                 | 1 cup (8 fl oz)   | Bottle (20 fl oz)          | XL Bottle (32 fl oz)            | More than 32 fl oz |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
| <b>Menos</b>                      |   |                            |                                 |                    |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
| Menos de 8 fl oz                  | 1 vaso (8 fl oz)  | Botella pequeña (12 fl oz) | Lata (12 fl oz)                 | Botella (20 fl oz) |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
|                                   | <b>Más</b>  |                            |                                 |                    |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
| Botella extra grande (33.8 fl oz) | Más de 33.8 fl oz   |                            |                                 |                    |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
| <b>Menos</b>                      |   |                            |                                 | <b>Más</b>         |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
| Menos de 8 fl oz                  | 1 vaso (8 fl oz)  | Botella (20 fl oz)         | Botella extra grande (32 fl oz) | Más de 32 fl oz    |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
| <b>Menos</b>                      |   |                            |                                 | <b>Más</b>         |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |
| Menos de 8 fl oz                  | 1 vaso (8 fl oz)  | Botella (20 fl oz)         | Botella extra grande (32 fl oz) | Más de 32 fl oz    |  |  |                   |                 |                         |                |                   |  |             |  |  |  |                                 |                      |  |  |  |             |  |  |  |             |                   |                 |                   |                      |                    |             |  |  |  |             |                   |                 |                   |                      |                    |  |              |  |  |  |  |                  |                  |                            |                 |                    |  |            |  |  |  |                                   |                   |  |  |  |              |  |  |  |            |                  |                  |                    |                                 |                 |              |  |  |  |            |                  |                  |                    |                                 |                 |

Regular energy drinks (Rockstar, Red Bull, Monster, etc.)

|   |   |   |   |  |
|---|---|---|---|--|
| <b>Less</b>   |  |  |  |  |
| Less than 8 fl oz   | Small can (8 fl oz)   | Can (12 fl oz)  | Tall can (16 fl oz)   | Bottle (20 fl oz)  |
|  | <b>More</b>   |   |   |  |
| XL Can (24 fl oz)   | More than 24 fl oz  |   |   |  |

Low-/no-calorie energy drinks (Red Bull Sugarfree, etc.)

|   |   |   |   |  |
|---|---|---|---|--|
| <b>Less</b>   |  |  |  |  |
| Less than 8 fl oz   | Small can (8 fl oz)   | Can (12 fl oz)  | Tall can (16 fl oz)   | Bottle (20 fl oz)  |
|  | <b>More</b>   |   |   |  |
| XL Can (24 fl oz)   | More than 24 fl oz  |   |   |  |

White milk or unsweetened milk alternative (unsweetened soy, almond, etc.), as a beverage *\*NOT including milk consumed in cereal, etc.*

|                    |   |   |   |  |
|--------------------|---|---|---|--|
| <b>Less</b>        |  |  |  |  |
| Less than 8 fl oz  | 1 cup (8 fl oz)   | Box (8 fl oz)   | Small carton (8 fl oz)  | 1 quart (32 fl oz)   |
| <b>More</b>        |   |   |   |  |
| More than 32 fl oz |   |   |   |  |

Bebidas energéticas normales (Rockstar, Red Bull, Monster, etc.)

|   |   |   |   |   |
|---|---|---|---|---|
| <b>Menos</b>  |  |  |  |  |
| Menos de 8 fl oz  | Lata pequeña (8 fl oz)  | Lata (12 fl oz)   | Lata grande (16 fl oz)  | Botella (20 fl oz)  |
|  | <b>Más</b>  |   |   |   |
| Lata extra grande (24 fl oz)  | Más de 24 fl oz   |   |   |   |

Bebidas energéticas sin/bajas en calorías (Red Bull Sugarfree, etc.)

|   |   |   |   |   |
|---|---|---|---|---|
| <b>Menos</b>  |  |  |  |  |
| Menos de 8 fl oz  | Lata pequeña (8 fl oz)  | Lata (12 fl oz)   | Lata grande (16 fl oz)  | Botella (20 fl oz)  |
|  | <b>Más</b>  |   |   |   |
| Lata extra grande (24 fl oz)  | Más de 24 fl oz   |   |   |   |

Leche de vaca o alternativas a la leche, como la leche de soya o de almendras sin endulzante, consumida como bebida *\*NO incluya leche consumida con cereal, etc.*

|                  |   |   |   |   |
|------------------|---|---|---|---|
| <b>Menos</b>     |  |  |  |  |
| Menos de 8 fl oz | 1 vaso (8 fl oz)  | Cartón (8 fl oz)  | Cartón pequeño (8 fl oz)  | 1 cuarto (32 fl oz)   |
| <b>Más</b>       |   |   |   |   |
| Más de 32 fl oz  |   |   |   |   |

Chocolate or flavored milk (incl. hot chocolate), or sweetened milk alternative (sweetened soy, almond, etc.)

|                         |                    |                    |                        |                   |
|-------------------------|--------------------|--------------------|------------------------|-------------------|
| <b>Less</b>             |                    |                    |                        |                   |
| Less than 8 fl oz       | 1 cup (8 fl oz)    | Box (8 fl oz)      | Small carton (8 fl oz) | Bottle (11 fl oz) |
|                         |                    | <b>More</b>        |                        |                   |
| Large bottle (14 fl oz) | 1 quart (32 fl oz) | More than 32 fl oz |                        |                   |

Coffee or tea, with sugar (with or without milk)

|                        |                       |                     |                   |                  |
|------------------------|-----------------------|---------------------|-------------------|------------------|
| <b>Less</b>            |                       |                     |                   |                  |
| Less than 8 fl oz      | Small/short (8 fl oz) | 1.5 cups (12 fl oz) | Medium (12 fl oz) | Large (16 fl oz) |
|                        | <b>More</b>           |                     |                   |                  |
| Extra large (20 fl oz) | More than 20 fl oz    |                     |                   |                  |

Coffee or tea, no sugar (with or without milk or artificial sweetener)

|                        |                       |                     |                   |                  |
|------------------------|-----------------------|---------------------|-------------------|------------------|
| <b>Less</b>            |                       |                     |                   |                  |
| Less than 8 fl oz      | Small/short (8 fl oz) | 1.5 cups (12 fl oz) | Medium (12 fl oz) | Large (16 fl oz) |
|                        | <b>More</b>           |                     |                   |                  |
| Extra large (20 fl oz) | More than 20 fl oz    |                     |                   |                  |

Leche con chocolate o algún otro sabor (incluido chocolate caliente) y alternativas a la leche, como la leche de soya o de almendras con endulzante

|                           |                     |                  |                          |                    |
|---------------------------|---------------------|------------------|--------------------------|--------------------|
| <b>Menos</b>              |                     |                  |                          |                    |
| Menos de 8 fl oz          | 1 vaso (8 fl oz)    | Cartón (8 fl oz) | Cartón pequeño (8 fl oz) | Botella (11 fl oz) |
|                           |                     | <b>Más</b>       |                          |                    |
| Botella grande (14 fl oz) | 1 cuarto (32 fl oz) | Más de 32 fl oz  |                          |                    |

Café o té, con azúcar (con o sin leche)

|                             |                        |                         |                         |                        |
|-----------------------------|------------------------|-------------------------|-------------------------|------------------------|
| <b>Menos</b>                |                        |                         |                         |                        |
| Menos de 8 fl oz            | Vaso pequeño (8 fl oz) | Taza y media (12 fl oz) | Vaso mediano (12 fl oz) | Vaso grande (16 fl oz) |
|                             | <b>Más</b>             |                         |                         |                        |
| Vaso extra grade (20 fl oz) | Más de 20 fl oz        |                         |                         |                        |

Café o té, sin azúcar (con o sin leche o endulzante artificial)

|                             |                        |                         |                         |                        |
|-----------------------------|------------------------|-------------------------|-------------------------|------------------------|
| <b>Menos</b>                |                        |                         |                         |                        |
| Menos de 8 fl oz            | Vaso pequeño (8 fl oz) | Taza y media (12 fl oz) | Vaso mediano (12 fl oz) | Vaso grande (16 fl oz) |
|                             | <b>Más</b>             |                         |                         |                        |
| Vaso extra grade (20 fl oz) | Más de 20 fl oz        |                         |                         |                        |

Sweetened specialty coffees or teas (mochas, frappuccinos, chai lattes, iced coffees, etc.)

|   |   |   |   |   |
|---|---|---|---|---|
| <b>Less</b>   |  |  |  |  |
| Less than 8 fl oz   | Small/short (8 fl oz)   | 1.5 cups (12 fl oz)   | Medium (12 fl oz)   | Bottle (13.7 fl oz)   |
|  |  | <b>More</b>   |   |   |
| Large (16 fl oz)  | Extra large (20 fl oz)  | More than 20 fl oz  |   |   |

Sweetened smoothies, protein shakes, or drinkable yogurt

|   |   |   |   |   |
|---|---|---|---|---|
| <b>Less</b>   |  |  |  |  |
| Less than 3 fl oz   | Small bottle (3 fl oz)  | Bottle (6.7 fl oz)  | 1 cup (8 fl oz)   | 1.5 cups (12 fl oz)   |
|  |  | <b>More</b>   |   |   |
| 2 cups (16 fl oz)   | Large cup (24 fl oz)  | More than 24 fl oz  |   |   |

Unsweetened smoothies, protein shakes, or drinkable yogurt

|   |   |   |   |   |
|---|---|---|---|---|
| <b>Less</b>   |  |  |  |  |
| Less than 3 fl oz   | Small bottle (3 fl oz)  | Bottle (6.7 fl oz)  | 1 cup (8 fl oz)   | 1.5 cups (12 fl oz)   |
|  |  | <b>More</b>   |   |   |
| 2 cups (16 fl oz)   | Large cup (24 fl oz)  | More than 24 fl oz  |   |   |

Cafés o té de especialidad endulzante (mochas, frappuccinos, chai lattes, café helado, etc.)

|   |   |   |   |   |
|---|---|---|---|---|
| <b>Menos</b>  |  |  |  |  |
| Menos de 8 fl oz  | Vaso pequeño (8 fl oz)  | Taza y media (12 fl oz)   | Vaso mediano (12 fl oz)   | Botella (13.7 fl oz)  |
|  |  | <b>Más</b>  |   |   |
| Vaso grande (16 fl oz)  | Vaso extra grande (20 fl oz)  | Más de 20 fl oz   |   |   |

Smoothies, licuados de proteína o yogurt para beber con azúcar añadida

|   |   |   |   |   |
|---|---|---|---|---|
| <b>Menos</b>  |  |  |  |  |
| Menos de 3 fl oz  | Botella pequeña (3 fl oz)   | Botella (6.7 fl oz)   | 1 taza (8 fl oz)  | Taza y media (12 fl oz)   |
|  |  | <b>Más</b>  |   |   |
| 2 tazas (16 fl oz)  | Vaso grande (24 fl oz)  | Más de 24 fl oz   |   |   |

Smoothies, licuados de proteína o yogurt para beber sin azúcar añadida

|   |   |   |   |   |
|---|---|---|---|---|
| <b>Menos</b>  |  |  |  |  |
| Menos de 3 fl oz  | Botella pequeña (3 fl oz)   | Botella (6.7 fl oz)   | 1 taza (8 fl oz)  | Taza y media (12 fl oz)   |
|  |  | <b>Más</b>  |   |   |
| 2 tazas (16 fl oz)  | Vaso grande (24 fl oz)  | Más de 24 fl oz   |   |   |

Beer, cider, coolers

**Less**

Less than 12 fl oz    Bottle (12 fl oz)    Can (12 fl oz)    Tall can (16 fl oz)    Pint (16 fl oz)

**More**

More than 16 fl oz

Wine (red or white)

**Less**

Less than 5 fl oz    Standard glass (5 fl oz)    Large glass (9 fl oz)    **More**

More than 9 fl oz

Hard alcohol with mix, cocktails that have calories  
(rum & coke, gin & tonic, margarita, etc.)

**Less**

Less than 8 fl oz    1 cup (8 fl oz)    Can (12 fl oz)    1.5 cups (12 fl oz)    2 cups (16 fl oz)

**More**

More than 16 fl oz

Cerveza, sidra, bebidas a base de vino (coolers)

**Menos**

Menos de 12 fl oz    Botella (12 fl oz)    Lata (12 fl oz)    Lata grande (16 fl oz)    1 pinta (16 fl oz)

**Más**

Más de 16 fl oz

Vino (tinto o blanco)

**Menos**

Menos de 5 oz    Copa estándar (5 oz)    Copa grande (9 oz)    **Más**

Más de 9 oz

Bebidas alcohólicas mezcladas, cocteles con calorías  
(ron con Coca-cola, gin & tonic, coctel Margarita, etc.)

**Menos**

Menos de 8 fl oz    1 taza (8 fl oz)    Lata (12 fl oz)    Taza y media (12 fl oz)    2 tazas (16 fl oz)

**Más**

Más de 16 fl oz

|  |  |
|--|--|
| <p><b>Hard alcohol <u>with no mix</u> or non-caloric mix</b><br/>(shots, whiskey on the rocks, vodka &amp; soda, rum &amp; diet coke, etc.)</p> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> <br/> <b>Less</b><br/>             Shot (1 fl oz)         </div> <div style="text-align: center;"> <br/> <b>Less than 8 fl oz</b><br/>             Less than 8 fl oz         </div> <div style="text-align: center;"> <br/> <b>1 cup (8 fl oz)</b><br/>             1 cup (8 fl oz)         </div> <div style="text-align: center;"> <br/> <b>Can (12 fl oz)</b><br/>             Can (12 fl oz)         </div> <div style="text-align: center;"> <br/> <b>1.5 cups (12 fl oz)</b><br/>             1.5 cups (12 fl oz)         </div> </div> <div style="display: flex; justify-content: space-around; align-items: flex-start; margin-top: 20px;"> <div style="text-align: center;"> <br/> <b>More</b><br/>             2 cups (16 fl oz)         </div> <div style="text-align: center;"> <br/> <b>More than 16 fl oz</b><br/>             More than 16 fl oz         </div> </div> <p>Don't know [for each type]<br/>Refuse to answer [for each type]</p> | <p><b>Bebidas alcohólicas <u>no mezcladas</u>, o con mezclas no calóricas</b><br/>(shots, whiskey en las rocas, vodka y soda, ron con Coca-cola dietética, etc.)</p> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> <br/> <b>Menos</b><br/>             Shot (1 oz)         </div> <div style="text-align: center;"> <br/> <b>Menos de 8 fl oz</b><br/>             Menos de 8 fl oz         </div> <div style="text-align: center;"> <br/> <b>1 taza (8 fl oz)</b><br/>             1 taza (8 fl oz)         </div> <div style="text-align: center;"> <br/> <b>Lata (12 fl oz)</b><br/>             Lata (12 fl oz)         </div> <div style="text-align: center;"> <br/> <b>Taza y media (12 fl oz)</b><br/>             Taza y media (12 fl oz)         </div> </div> <div style="display: flex; justify-content: space-around; align-items: flex-start; margin-top: 20px;"> <div style="text-align: center;"> <br/> <b>Más</b><br/>             2 tazas (16 fl oz)         </div> <div style="text-align: center;"> <br/> <b>Más de 16 fl oz</b><br/>             Más de 16 fl oz         </div> </div> <p>No sabe [para cada tipo de bebidas]<br/>Se negó a responder [para cada tipo de bebidas]</p> |
|--|--|

|   |   |   |
|---|---|---|
| <p><b>BFQ – BULK SIZE CONFIRMATION</b></p> <p><b>NEW 2023</b></p> <p>BFQ_1_BULK<br/>BFQ_2_BULK<br/>BFQ_7_BULK<br/>BFQ_8_BULK<br/>BFQ_9_BULK<br/>BFQ_10_BULK<br/>BFQ_11_BULK<br/>BFQ_14_BULK<br/>BFQ_15_BULK</p> | <p>[PROGRAMMER NOTE: For each selection of a large bulk bottle size (2L soda, 2L diet soda, 33.8 fl oz bottled water OR &gt;33.8 fl oz bottled water, 33.8 fl oz regular flavored water, 33.8 fl oz low-no calorie flavored water, 32 fl oz regular sports drink, 32 fl oz low/no calorie sport drinks, 32 fl oz milk OR &gt;32 fl oz milk, 32 fl oz chocolate milk OR &gt;32 fl oz chocolate milk), ask a follow-up question about number of bottles consumed.]</p> <p><b>Just to check...</b></p> <p><b>About <u>how many of these [bottles/quarts]</u> did you drink in the past 7 days, in total?</b></p> <p>Don't include sharing with others. Only include the amount that you drank.</p> <p>[show image of bottle selected]<br/>[PROGRAMMER NOTE: refer to quart for milk and chocolate milk; elsewhere refer to bottle]</p> <p>Less than half a [bottle/quart]<br/>About half a [bottle/quart]<br/>1 [bottle/quart]<br/>2 [bottles/quarts]<br/>3 [bottles/quarts]<br/>4 [bottles/quarts]<br/>5 [bottles/quarts]<br/>6 [bottles/quarts]<br/>7 [bottles/quarts]<br/>8 [bottles/quarts]<br/>9 [bottles/quarts]<br/>10 [bottles/quarts]<br/>More than [10 bottles/quarts]<br/>Don't know<br/>Refuse to answer</p> | <p>[PROGRAMMER NOTE: For each selection of a large bulk bottle size (2L soda, 2L diet soda, 33.8 fl oz bottled water OR &gt;33.8 fl oz bottled water, 33.8 fl oz regular flavored water, 33.8 fl oz low-no calorie flavored water, 32 fl oz regular sports drink, 32 fl oz low/no calorie sport drinks, 32 fl oz milk OR &gt;32 fl oz milk, 32 fl oz chocolate milk OR &gt;32 fl oz chocolate milk), ask a follow-up question about number of bottles consumed.]</p> <p><b>Solo para verificar...</b></p> <p><b>¿Aproximadamente <u>[cuántas de estas botellas/ cuántos de estos cuartos]</u> bebió en total durante los últimos 7 días?</b></p> <p>No incluya las que haya compartido con otros. Incluya solo la cantidad que usted bebió.</p> <p>[show image of bottle selected]<br/>[PROGRAMMER NOTE: refer to quart for milk and chocolate milk; elsewhere refer to bottle]</p> <p>Menos de [media botella/medio cuarto]<br/>Aproximadamente [media botella/medio cuarto]<br/>1 [botella/cuarto]<br/>2 [botellas/cuartos]<br/>3 [botellas/cuartos]<br/>4 [botellas/cuartos]<br/>5 [botellas/cuartos]<br/>6 [botellas/cuartos]<br/>7 [botellas/cuartos]<br/>8 [botellas/cuartos]<br/>9 [botellas/cuartos]<br/>10 [botellas/cuartos]<br/>Más de 10 [botellas/cuartos]<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>BFQ - CONSUME DEALCOHOLIZED DRINKS</b></p> <p><b>NEW 2023</b></p> <p>NONALC_CONS</p>  | <p><b>During the PAST 7 DAYS, did you have any <u>non-alcoholic</u> beer, wine or spirits?</b></p> <p>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p>  | <p><b>Durante los ÚLTIMOS 7 DÍAS, ¿ha tomado bebidas <u>SIN alcohol</u>, incluyendo cerveza, vino o licores?</b></p> <p>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>   |

## FOOD PREPARATION AND FOOD SKILLS

| DOMAIN<br>SOURCE  | ENGLISH  | SPANISH TRANSLATION  |
|---|--|--|
| <b>FOOD SHOPPING ROLE</b><br>ADAPTED FROM<br><a href="#">USDA: AMERICAN TIME USE SURVEY - EATING &amp; HEALTH MODULE 2014-2016</a><br>REVISED 2019<br><i>SHOP</i> | <b>How much of the food shopping do you do in your household?</b><br>Most<br>Share equally with other(s)<br>Some, but less than other(s)<br>None<br>Don't know<br>Refuse to answer   | <b>¿Qué parte de las compras de alimentos de su hogar hace usted?</b><br>La mayor parte<br>Una parte equitativa con los demás<br>Algo, pero menos que otros<br>Ninguna<br>No sabe<br>Se negó a responder   |
| <b>FREQUENCY OF PREPARING MAIN MEALS</b><br>UK NATIONAL DIET AND NUTRITION SURVEY (NDNS)<br><br><i>PREP_FREQ</i>  | <b>How often do you prepare a main meal for yourself or others?</b><br>Never<br>Only for special occasions<br>Less than once a week<br>One or two days a week<br>Some days (3–4 a week)<br>Most days (5–6 a week)<br>Every day<br>Don't know<br>Refuse to answer | <b>¿Con qué frecuencia prepara la comida principal para usted o para otros?</b><br>Nunca<br>Solo en ocasiones especiales<br>Menos de una vez a la semana<br>Uno o dos días a la semana<br>Algunos días (3-4 a la semana)<br>La mayoría de los días (5-6 a la semana)<br>Cada día<br>No sabe<br>Se negó a responder |
| <b>COOKING SKILLS – GENERAL</b><br><br><i>SKILL_OVERALL</i>   | <b>Overall, how would you rate your cooking skills?</b><br>Poor<br>Fair<br>Good<br>Very good<br>Excellent<br>Don't know<br>Refuse to answer  | <b>En general, ¿cómo calificaría su habilidad para cocinar?</b><br>Deficiente<br>Aceptable<br>Buena<br>Muy buena<br>Excelente<br>No sabe<br>Se negó a responder  |

## FOOD SECURITY

| DOMAIN<br>SOURCE                          | ENGLISH  | SPANISH TRANSLATION  |
|---|--|--|
| <b>FOOD SECURITY – INTRO</b><br>USDA HFSM | <b>These next questions are about the food eaten in your household in the last 12 months, since [current month] of last year, and whether you were able to afford the food you need.</b> | <b>Las siguientes preguntas se refieren a los alimentos consumidos en su hogar en los últimos 12 meses, desde [mes actual] del año pasado, y si pudo costear los alimentos necesarios.</b> |

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| <p><b>FOOD SECURITY – HH1</b><br/>USDA HFSSM<br/><br/>HH1</p>  | <p><b>Which of these statements best describes the food eaten in your household in the last 12 months:</b><br/>You and other household members always had enough of the kinds of foods you wanted to eat.<br/>You and other household members had enough to eat, but not always the <u>kinds</u> of food you wanted.<br/>Sometimes you and other household members did <u>not</u> have <u>enough</u> to eat. <u>Often</u> you and other household members didn't have enough to eat.<br/>Don't know<br/>Refuse to answer</p> | <p><b>¿Cuál de los siguientes enunciados describe mejor los alimentos que se han consumido en su hogar en los últimos 12 meses?</b><br/>Usted y otros miembros del hogar siempre han tenido una cantidad suficiente del tipo de alimentos que querían<br/>Usted y otros miembros del hogar siempre han tenido una cantidad suficiente, aunque no siempre <u>del tipo</u> de alimentos que querían<br/>Algunas veces usted y otros miembros del hogar <u>no tuvieron suficientes</u> alimentos para comer<br/><u>Frecuentemente</u> usted y otros miembros del hogar no tuvieron suficientes alimentos para comer<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>FOOD SECURITY – HH INTRO</b></p>   | <p><b>Now you will see several statements that may be used to describe the food situation for a household. Please indicate if the statement was often true, sometimes true, or never true for you and other household members <u>IN THE LAST 12 MONTHS</u> – that is since last [name of current month].</b></p>   | <p><b>Ahora leerá varios enunciados que se podrían usar para describir la situación alimentaria en un hogar. Favor de indicar si el enunciado frecuentemente fue verdad, algunas veces fue verdad o nunca fue verdad para usted u otros miembros de su hogar <u>EN LOS ÚLTIMOS 12 MESES</u>, es decir, desde [name of current month] del año pasado.</b></p>   |
| <p><b>FOOD SECURITY – HH2</b><br/>USDA HFSSM<br/><br/>HH2</p>  | <p><b>You and other household members worried that food would run out before you got money to buy more.</b><br/>Often true<br/>Sometimes true<br/>Never true<br/>Don't know<br/>Refuse to answer</p>   | <p><b>Usted y otros miembros de su hogar se preocuparon de que la comida se terminara antes de tener dinero para comprar más.</b><br/>Frecuentemente fue verdad<br/>Algunas veces fue verdad<br/>Nunca fue verdad<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>FOOD SECURITY – HH3</b><br/>USDA HFSSM<br/><br/><b>REVISED 2024 (Spanish)</b><br/><br/>HH3</p> | <p><b>The food that you and other household members bought just didn't last, and there wasn't any money to get more.</b><br/>Often true<br/>Sometimes true<br/>Never true<br/>Don't know<br/>Refuse to answer</p>  | <p><b>Los alimentos que usted y otros miembros de su hogar compraron simplemente no alcanzaron y no hubo dinero para comprar más.</b><br/>Frecuentemente fue verdad<br/>Algunas veces fue verdad<br/>Nunca fue verdad<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>FOOD SECURITY – HH4</b><br/>USDA HFSSM<br/><br/>HH4</p>  | <p><b>You and other household members couldn't afford to eat balanced meals.</b><br/>Often true<br/>Sometimes true<br/>Never true<br/>Don't know<br/>Refuse to answer</p>  | <p><b>Usted y otros miembros de su hogar no tuvieron dinero para comidas balanceadas.</b><br/>Frecuentemente fue verdad<br/>Algunas veces fue verdad<br/>Nunca fue verdad<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>FIRST LEVEL SCREENING</b></p>  | <p>If affirmative response to one or more of HH1-HH4 (i.e., HH1=3 or 4, or HH2-HH4=1 ("often true") or 2 ("sometimes true"), then continue to AD1; otherwise, if children under age 18 are present in the household (child_home&gt;0), skip to CH1; otherwise skip to End of Food Security Module.</p>   | <p>If affirmative response to one or more of HH1-HH4 (i.e., HH1=3 or 4, or HH2-HH4=1 ("often true") or 2 ("sometimes true"), then continue to AD1; otherwise, if children under age 18 are present in the household (child_home&gt;0), skip to CH1; otherwise skip to End of Food Security Module.</p>   |

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| <p><b>FOOD SECURITY – AD1</b><br/>USDA HFISM<br/><br/>AD1</p>   | <p><i>UNIVERSE: Respondents who passed first level screening</i><br/><b>In the last 12 months, since last [name of current month], did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food?</b><br/>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Respondents who passed first level screening</i><br/><b>En los últimos 12 meses, desde el pasado mes de [nombre del mes actual], ¿usted u otros adultos de su hogar disminuyeron alguna vez el tamaño de sus comidas o dejaron de comer alguna porque no había suficiente dinero para comprar alimentos?</b><br/>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>FOOD SECURITY – AD1a</b><br/>USDA HFISM<br/><br/>AD1A</p> | <p><i>UNIVERSE: AD1=1 (yes)</i><br/><b>How often did this happen?</b><br/>Almost every month<br/>Some months but not every month<br/>Only 1 or 2 months<br/>Don't know<br/>Refuse to answer</p>   | <p><i>UNIVERSE: AD1=1 (yes)</i><br/><b>¿Cuántas veces le sucedió?</b><br/>Casi todos los meses<br/>Algunos meses pero no todos<br/>Sólo un mes o dos<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>FOOD SECURITY – AD2</b><br/>USDA HFISM<br/><br/>AD2</p>   | <p><i>UNIVERSE: Respondents who passed first level screening</i><br/><b>In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?</b><br/>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p>  | <p><i>UNIVERSE: Respondents who passed first level screening</i><br/><b>En los últimos 12 meses, ¿comió usted menos de lo que creyó que debía comer porque no había suficiente dinero para comprar alimentos?</b><br/>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>FOOD SECURITY – AD3</b><br/>USDA HFISM<br/><br/>AD3</p>   | <p><i>UNIVERSE: Respondents who passed first level screening</i><br/><b>In the last 12 months, were you ever hungry but didn't eat because there wasn't enough money for food?</b><br/>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p>   | <p><i>UNIVERSE: Respondents who passed first level screening</i><br/><b>En los últimos 12 meses, ¿tuvo hambre alguna vez pero no comió porque no había suficiente dinero para comprar alimentos?</b><br/>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>FOOD SECURITY – AD4</b><br/>USDA HFISM<br/><br/>AD4</p>   | <p><i>UNIVERSE: Respondents who passed first level screening</i><br/><b>In the last 12 months, did you lose weight because there wasn't enough money for food?</b><br/>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p>   | <p><i>UNIVERSE: Respondents who passed first level screening</i><br/><b>En los últimos 12 meses, ¿bajó de peso porque no había suficiente dinero para comprar alimentos?</b><br/>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>SECOND LEVEL SCREENING</b></p>                            | <p>If affirmative response to one or more of AD1-AD4, then continue to AD5; otherwise, if children under age 18 are present in the household (child_home &gt;0), skip to CH1, otherwise skip to End of Food Security Module.</p>  | <p>If affirmative response to one or more of AD1-AD4, then continue to AD5; otherwise, if children under age 18 are present in the household (child_home &gt;0), skip to CH1, otherwise skip to End of Food Security Module.</p>   |

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| <p><b>FOOD SECURITY – AD5</b><br/>USDA HFSM</p> <p>AD5</p>   | <p><i>UNIVERSE: Respondents who passed second level screening</i></p> <p><b>In the last 12 months, did you or other adults in your household ever not eat for a whole day because there wasn't enough money for food?</b></p> <p>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p>  | <p><i>UNIVERSE: Respondents who passed second level screening</i></p> <p><b>En los últimos 12 meses, ¿usted u otros adultos de su hogar dejaron de comer alguna vez todo un día porque no había suficiente dinero para comprar alimentos?</b></p> <p>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>FOOD SECURITY – AD5a</b><br/>USDA HFSM</p> <p>AD5A</p> | <p><i>UNIVERSE: AD5=1 (yes)</i></p> <p><b>How often did this happen?</b></p> <p>Almost every month<br/>Some months but not every month<br/>Only 1 or 2 months<br/>Don't know<br/>Refuse to answer</p>  | <p><i>UNIVERSE: AD5=1 (yes)</i></p> <p><b>¿Cuántas veces le sucedió?</b></p> <p>Casi todos los meses<br/>Algunos meses pero no todos<br/>Sólo un mes o dos<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>CHILD LEVEL 1 SCREENING</b></p>                        | <p>Households with no child under age 18 (child_home=0, DK/R), skip to End of Food Security Module.</p>  | <p>Hogares sin menores de 18 años (child_home=0, DK/R), pasar al Final del Módulo de Seguridad Alimentaria.</p>  |
| <p><b>FOOD SECURITY CHILD INTRO</b></p>                      | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>Now you will see several statements that people have made about the food situation of their children.</b></p>   | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>Ahora verá varios enunciados reportados por algunas personas acerca de la situación alimentaria de sus hijos.</b></p>   |
| <p><b>FOOD SECURITY – CH1</b><br/>USDA HFSM</p> <p>CH1</p>   | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>You or other adults in your household relied on only a few kinds of low-cost food to feed the children because you were running out of money to buy food.</b></p> <p>Often true<br/>Sometimes true<br/>Never true<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>Usted u otros adultos de su hogar utilizaron unos cuantos tipos de alimentos de bajo costo para alimentar a los niños porque se estaban quedando sin dinero para comprar comida.</b></p> <p>Frecuentemente fue verdad<br/>Algunas veces fue verdad<br/>Nunca fue verdad<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>FOOD SECURITY – CH2</b><br/>USDA HFSM</p> <p>CH2</p>   | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>You or other adults in your household couldn't feed the children a balanced meal, because you couldn't afford that.</b></p> <p>Often true<br/>Sometimes true<br/>Never true<br/>Don't know<br/>Refuse to answer</p>                                       | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>Usted u otros adultos de su hogar no pudieron alimentar a los niños con una comida balanceada porque no la pudieron pagar.</b></p> <p>Frecuentemente fue verdad<br/>Algunas veces fue verdad<br/>Nunca fue verdad<br/>No sabe<br/>Se negó a responder</p>   |

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| <p><b>FOOD SECURITY – CH3</b><br/>USDA HFSM</p> <p>CH3</p>   | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>The children were not eating enough because you or other adults in your household just couldn't afford enough food.</b></p> <p>Often true<br/>Sometimes true<br/>Never true<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>Los niños no comieron lo suficiente porque usted u otros integrantes adultos de su hogar simplemente no tuvieron dinero para comprar suficientes alimentos.</b></p> <p>Frecuentemente fue verdad<br/>Algunas veces fue verdad<br/>Nunca fue verdad<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>CHILD LEVEL 2 SCREENING</b></p>                        | <p>If affirmative response to one or more of CH1-CH3 (i.e., CH1-CH3= 1 ("often true") or 2 ("sometimes true")), then continue to CH4; otherwise skip to End of Food Security Module.</p>   | <p>If affirmative response to one or more of CH1-CH3 (i.e., CH1-CH3= 1 ("often true") or 2 ("sometimes true")), then continue to CH4; otherwise skip to End of Food Security Module.</p>  |
| <p><b>FOOD SECURITY – CH4</b><br/>USDA HFSM</p> <p>CH4</p>   | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i></p> <p><b>In the last 12 months, since last [current month] did you ever cut the size of any of the children's meals because there wasn't enough money for food?</b></p> <p>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p>              | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i></p> <p><b>En los últimos 12 meses, desde el pasado mes de [nombre del mes actual], ¿usted alguna redujo el tamaño de alguna de las comidas de los niños porque no había suficiente dinero para comprar alimentos?</b></p> <p>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>                                     |
| <p><b>FOOD SECURITY – CH5</b><br/>USDA HFSM</p> <p>CH5</p>   | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i></p> <p><b>In the last 12 months, did any of the children ever skip meals because there wasn't enough money for food?</b></p> <p>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p>  | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i></p> <p><b>En los últimos 12 meses, ¿alguno de los niños dejó de comer alguno de sus alimentos porque no había suficiente dinero para comprarlos?</b></p> <p>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>FOOD SECURITY – CH5a</b><br/>USDA HFSM</p> <p>CH5A</p> | <p><i>UNIVERSE: CH5=1 (yes)</i></p> <p><b>How often did this happen?</b></p> <p>Almost every month<br/>Some months but not every month<br/>Only 1 or 2 months<br/>Don't know<br/>Refuse to answer</p>  | <p><i>UNIVERSE: CH5=1 (yes)</i></p> <p><b>¿Cuántas veces le sucedió?</b></p> <p>Casi todos los meses<br/>Algunos meses pero no todos<br/>Sólo un mes o dos<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>FOOD SECURITY – CH6</b><br/>USDA HFSM</p> <p>CH6</p>   | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i></p> <p><b>In the last 12 months, were the children ever hungry but you just couldn't afford more food?</b></p> <p>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p>  | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i></p> <p><b>En los últimos 12 meses, ¿los niños se quedaron con hambre alguna vez pero usted simplemente no pudo comprar más alimentos?</b></p> <p>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>   |

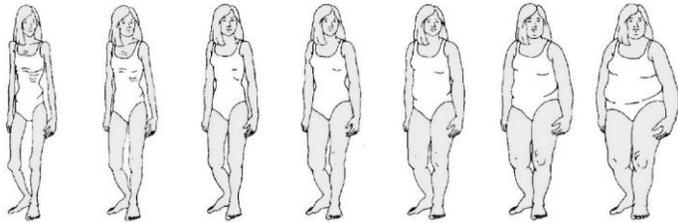
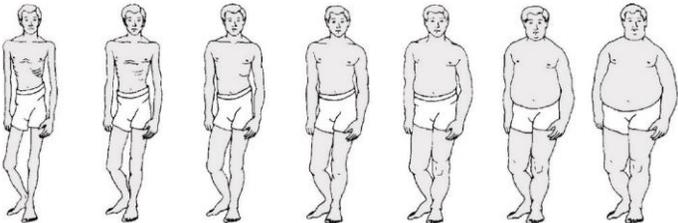
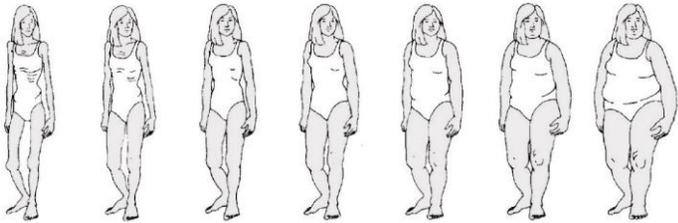
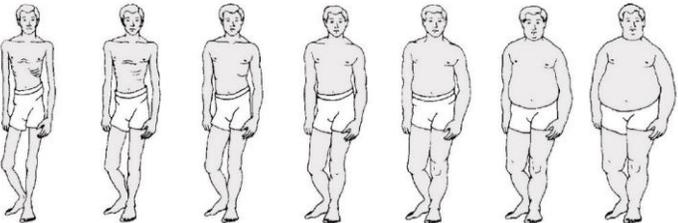
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| <p><b>FOOD SECURITY – CH7</b><br/>USDA HFISM<br/><br/>CH7</p>   | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i><br/><b>In the last 12 months, did any of the children ever not eat for a whole day because there wasn't enough money for food?</b><br/>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p>   | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i><br/><b>En los últimos 12 meses, ¿alguno de los niños dejó de comer todo un día porque no había suficiente dinero para comprar alimentos?</b><br/>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>DRINKING WATER SOURCE</b><br/><br/><b>NEW 2021</b><br/><b>REVISED 2022</b><br/><br/>COUNTRY SPECIFIC WORDING<br/><br/>WAT_SOURCE<br/>WAT_SOURCE_OTEXT</p> | <p><b>The next questions are about drinking water.</b><br/><br/><b>What is the MAIN type of water you drink in your home?</b><br/>Tap water (filtered or unfiltered)<br/>Boiled tap water (filtered or unfiltered)<br/>Bottled water (any size [MEX.; including garrafrones])<br/>Other (specify): _____<br/>Don't know<br/>Refuse to answer</p> | <p><b>Las siguientes preguntas son sobre agua para tomar.</b><br/><br/><b>¿Cuál es el PRINCIPAL tipo de agua que bebe en su hogar?</b><br/>Agua de la llave/del grifo (filtrada o sin filtrar)<br/>Agua hervida de la llave/del grifo (filtrada o sin filtrar)<br/>Agua embotellada (cualquier tamaño [MEX.; incluyendo garrafrones])<br/>Otro (especifique): _____<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>WATER SAFETY – DRINK</b><br/><br/><b>NEW 2022</b><br/><br/>WAT_SAFETY</p>   | <p><b>How safe is it to drink the <u>tap water</u> from your home? (Do not include filtered, boiled, or bottled water.)</b><br/>Not at all safe<br/>A little safe<br/>Somewhat safe<br/>Very safe<br/>Don't know<br/>Refuse to answer</p>  | <p><b>¿Hasta qué punto es seguro beber el <u>agua de la llave/del grifo</u> de su hogar? (No incluya el agua filtrada, hervida o embotellada).</b><br/>Nada seguro<br/>Un poco seguro<br/>Algo seguro<br/>Muy seguro<br/>No sabe<br/>Se negó a responder</p>  |

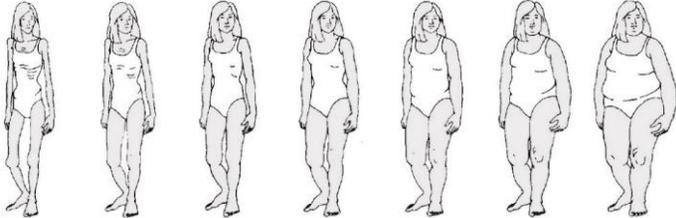
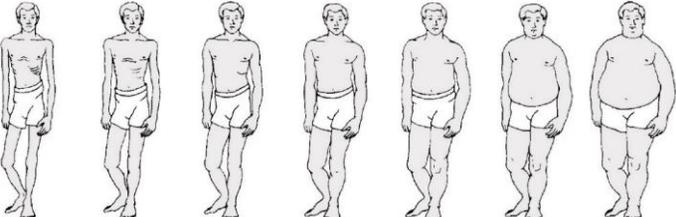
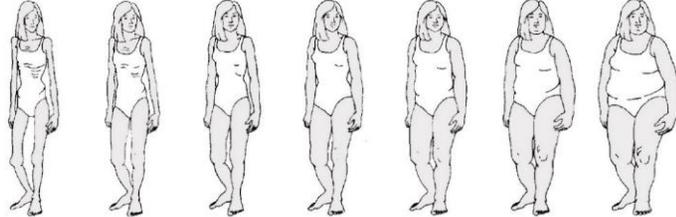
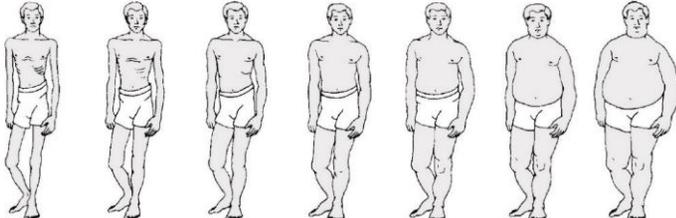
**DIETARY PATTERNS AND EFFORTS**

| DOMAIN<br>SOURCE  | ENGLISH  | SPANISH TRANSLATION   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
|---|--|---|-------------------------|--------------|---------------------|------------|------------------|----------|--|--|--|--|--|-----|--|--|--|--|--|---------------|--|--|--|--|--|---------|--|--|--|--|--|-------|--|--|--|--|--|---------------------|--|--|--|--|--|---------------|--|--|--|--|--|----------------------|--|--|--|--|--|--------------|--|--|--|--|--|----------------|--|--|--|--|--|-----------|--|--|--|--|--|--|--|--|--|--|--|---------------|--|--|--|--|--|------------------|--|--|--|--|--|--|--|---------------|-------------|-------------------------|---------|---------------------|----------|--|--|--|--|--|-------|--|--|--|--|--|------------------|--|--|--|--|--|----------|--|--|--|--|--|-------|--|--|--|--|--|-------------------------|--|--|--|--|--|-------------|--|--|--|--|--|-------------------|--|--|--|--|--|-------------------|--|--|--|--|--|---------|--|--|--|--|--|--------------------|--|--|--|--|--|--|--|--|--|--|--|--------------------|--|--|--|--|--|--------------------|--|--|--|--|--|
| <p><b>EATING RESTRICTIONS</b><br/>ADAPTED (HEAVILY) FROM TNT 2015</p> <p>REVISED 2022<br/>REVISED 2023<br/>(universe)</p> <p>RESTRICT2_[TYPE]<br/>RESTRICT2_NONE<br/>RESTRICT2_DK<br/>RESTRICT2_R<br/>RESTRICT2_RELTEXT</p> | <p><b>Would you describe yourself as:</b> (Select all that apply)</p> <p>Vegetarian (don't eat meat or fish)</p> <p>Vegan (don't eat animal products: no meat/fish, no dairy, no eggs)</p> <p>Pescatarian (eat fish, but no other meat)</p> <p>Following a religious practice for eating → Please specify: [open-ended]</p> <p>None of the above</p> <p>Don't know</p>   | <p><b>Se describiría como:</b> (Seleccione todas las opciones que apliquen)</p> <p>Vegetariano (no como carne o pescado)</p> <p>Vegano (no como productos animales: ni carne/pescado, ni lácteos, ni huevos)</p> <p>Pescetariano (como pescado, pero ningún otro tipo de carne)</p> <p>Se apega a una práctica religiosa relacionada con los alimentos → Favor de especificar: [respuesta abierta]</p> <p>Ninguna de las anteriores</p> <p>No sabe</p> <p>Se negó a responder</p> |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| <p><b>DIET MODIFICATION EFFORTS CONDITION</b><br/>REVISED 2024</p>  | <p>[PROGRAMMER NOTE: Randomize 3300 (75%) respondents/country to complete the original diet modification effort measure, and 1100 (25%) respondents/country to complete the modified version.]</p>   | <p>[PROGRAMMER NOTE: Randomize 3300 (75%) respondents/country to complete the original diet modification effort measure, and 1100 (25%) respondents/country to complete the modified version.]</p>  |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| <p><b>DIET MODIFICATION EFFORTS</b><br/>ADAPTED FROM TNT 2015</p> <p>REVISED 2019<br/>REVISED 2020<br/>REVISED 2022<br/>REVISED 2023</p> <p>COUNTRY SPECIFIC WORDING</p> <p>EFFORT_[TYPE]</p>                               | <p>UNIVERSE: Respondents randomized to original diet modification efforts measures</p> <p><b>Have you made an effort to consume more or less of the following in the past year?</b></p> <table border="1" data-bbox="331 802 1073 1451"> <thead> <tr> <th></th> <th>Consume LESS</th> <th>Consume MORE</th> <th>No effort made</th> <th>Don't Know</th> <th>Refuse to answer</th> </tr> </thead> <tbody> <tr><td>Calories</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Fat</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Saturated fat</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Protein</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Fiber</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Sugar / added sugar</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Salt / sodium</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Fruit and vegetables</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Whole grains</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Dairy products</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>All meats</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Red or processed meat (e.g., beef, pork, deli meat) only</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Sugary drinks</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>100% fruit juice</td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table> |   | Consume LESS            | Consume MORE | No effort made      | Don't Know | Refuse to answer | Calories |  |  |  |  |  | Fat |  |  |  |  |  | Saturated fat |  |  |  |  |  | Protein |  |  |  |  |  | Fiber |  |  |  |  |  | Sugar / added sugar |  |  |  |  |  | Salt / sodium |  |  |  |  |  | Fruit and vegetables |  |  |  |  |  | Whole grains |  |  |  |  |  | Dairy products |  |  |  |  |  | All meats |  |  |  |  |  | Red or processed meat (e.g., beef, pork, deli meat) only |  |  |  |  |  | Sugary drinks |  |  |  |  |  | 100% fruit juice |  |  |  |  |  | <p>UNIVERSE: Respondents randomized to original diet modification efforts measures</p> <p><b>¿Se ha esforzado por consumir más o menos de los siguientes alimentos en el último año?</b></p> <table border="1" data-bbox="1184 802 2016 1422"> <thead> <tr> <th></th> <th>Consume MENOS</th> <th>Consume MÁS</th> <th>No hizo ningún esfuerzo</th> <th>No sabe</th> <th>Se negó a responder</th> </tr> </thead> <tbody> <tr><td>Calorías</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Grasa</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Grasas saturadas</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Proteína</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Fibra</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Azúcar / azúcar añadida</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Sal / sodio</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Frutas y verduras</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Granos integrales</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Lácteos</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Todo tipo de carne</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Carne roja o procesada (p. ej., res, puerco, carnes frías) solamente</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Bebidas azucaradas</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Jugo 100% de fruta</td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table> |  | Consume MENOS | Consume MÁS | No hizo ningún esfuerzo | No sabe | Se negó a responder | Calorías |  |  |  |  |  | Grasa |  |  |  |  |  | Grasas saturadas |  |  |  |  |  | Proteína |  |  |  |  |  | Fibra |  |  |  |  |  | Azúcar / azúcar añadida |  |  |  |  |  | Sal / sodio |  |  |  |  |  | Frutas y verduras |  |  |  |  |  | Granos integrales |  |  |  |  |  | Lácteos |  |  |  |  |  | Todo tipo de carne |  |  |  |  |  | Carne roja o procesada (p. ej., res, puerco, carnes frías) solamente |  |  |  |  |  | Bebidas azucaradas |  |  |  |  |  | Jugo 100% de fruta |  |  |  |  |  |
|   | Consume LESS   | Consume MORE  | No effort made          | Don't Know   | Refuse to answer    |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Calories  |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Fat   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Saturated fat   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Protein   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Fiber   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Sugar / added sugar   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Salt / sodium   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Fruit and vegetables  |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Whole grains  |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Dairy products  |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| All meats   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Red or processed meat (e.g., beef, pork, deli meat) only  |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Sugary drinks   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| 100% fruit juice  |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
|   | Consume MENOS  | Consume MÁS   | No hizo ningún esfuerzo | No sabe      | Se negó a responder |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Calorías  |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Grasa   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Grasas saturadas  |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Proteína  |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Fibra   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Azúcar / azúcar añadida   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Sal / sodio   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Frutas y verduras   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Granos integrales   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Lácteos   |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Todo tipo de carne  |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Carne roja o procesada (p. ej., res, puerco, carnes frías) solamente  |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Bebidas azucaradas  |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |
| Jugo 100% de fruta  |  |   |                         |              |                     |            |                  |          |  |  |  |  |  |     |  |  |  |  |  |               |  |  |  |  |  |         |  |  |  |  |  |       |  |  |  |  |  |                     |  |  |  |  |  |               |  |  |  |  |  |                      |  |  |  |  |  |              |  |  |  |  |  |                |  |  |  |  |  |           |  |  |  |  |  |  |  |  |  |  |  |               |  |  |  |  |  |                  |  |  |  |  |  |  |  |               |             |                         |         |                     |          |  |  |  |  |  |       |  |  |  |  |  |                  |  |  |  |  |  |          |  |  |  |  |  |       |  |  |  |  |  |                         |  |  |  |  |  |             |  |  |  |  |  |                   |  |  |  |  |  |                   |  |  |  |  |  |         |  |  |  |  |  |                    |  |  |  |  |  |  |  |  |  |  |  |                    |  |  |  |  |  |                    |  |  |  |  |  |

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|---|---|---|-------------------------|--------------|---------------------|------------|------------------|--|--|--|--|--|--|---|--|----------------------|-------------|-------------------------|---------|--|--|--|--|--|--|--|---|--|--|--|--|--|---------------------------|--|--|--|--|--|
| 'Artificial' low-calorie sweeteners like aspartame  |   |   |                         |              |                     |            |                  |  |  |  |  |  |  |   |  |                      |             |                         |         |  |  |  |  |  |  |  |   |  |  |  |  |  |                           |  |  |  |  |  |
| 'Natural' low-calorie sweeteners like stevia  |   |   |                         |              |                     |            |                  |  |  |  |  |  |  |   |  |                      |             |                         |         |  |  |  |  |  |  |  |   |  |  |  |  |  |                           |  |  |  |  |  |
| Ultra-processed foods   |   |   |                         |              |                     |            |                  |  |  |  |  |  |  |   |  |                      |             |                         |         |  |  |  |  |  |  |  |   |  |  |  |  |  |                           |  |  |  |  |  |
| Endulzantes 'artificiales' bajos en calorías como el aspartame  |   |   |                         |              |                     |            |                  |  |  |  |  |  |  |   |  |                      |             |                         |         |  |  |  |  |  |  |  |   |  |  |  |  |  |                           |  |  |  |  |  |
| Endulzantes 'naturales' bajos en calorías como stevia   |   |   |                         |              |                     |            |                  |  |  |  |  |  |  |   |  |                      |             |                         |         |  |  |  |  |  |  |  |   |  |  |  |  |  |                           |  |  |  |  |  |
| Alimentos ultraprocesados   |   |   |                         |              |                     |            |                  |  |  |  |  |  |  |   |  |                      |             |                         |         |  |  |  |  |  |  |  |   |  |  |  |  |  |                           |  |  |  |  |  |
| <p><b>DIET MODIFICATION EFFORTS – V3</b></p> <p><b>NEW 2024</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p><i>EFFORT3_[TYPE]</i></p> | <p><i>UNIVERSE: Respondents randomized to revised diet modification efforts measures</i></p> <p><b>Do you make an effort to consume more or less of the following?</b></p> <p><i>If you don't have any, select 'Consume LESS / NONE'.</i></p> <table border="1"> <thead> <tr> <th></th> <th>Consume LESS / NONE</th> <th>Consume MORE</th> <th>No effort made</th> <th>Don't Know</th> <th>Refuse to answer</th> </tr> </thead> <tbody> <tr> <td>[same items as above]</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> |   | Consume LESS / NONE     | Consume MORE | No effort made      | Don't Know | Refuse to answer | [same items as above]                        |  |  |  |  |  | <p><i>UNIVERSE: Respondents randomized to revised diet modification efforts measures</i></p> <p><b>¿Se esfuerza por consumir más o menos de lo siguiente?</b></p> <p><i>Si no consume nada de algo, seleccione "Consume MENOS / NADA".</i></p> <table border="1"> <thead> <tr> <th></th> <th>Consume MENOS / NADA</th> <th>Consume MÁS</th> <th>No hizo ningún esfuerzo</th> <th>No sabe</th> <th>Se negó a responder</th> </tr> </thead> <tbody> <tr> <td>[same items as above]</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> |  | Consume MENOS / NADA | Consume MÁS | No hizo ningún esfuerzo | No sabe | Se negó a responder  | [same items as above]  |  |  |  |  |  |   |  |  |  |  |  |                           |  |  |  |  |  |
|   | Consume LESS / NONE   | Consume MORE  | No effort made          | Don't Know   | Refuse to answer    |            |                  |  |  |  |  |  |  |   |  |                      |             |                         |         |  |  |  |  |  |  |  |   |  |  |  |  |  |                           |  |  |  |  |  |
| [same items as above]   |   |   |                         |              |                     |            |                  |  |  |  |  |  |  |   |  |                      |             |                         |         |  |  |  |  |  |  |  |   |  |  |  |  |  |                           |  |  |  |  |  |
|   | Consume MENOS / NADA  | Consume MÁS   | No hizo ningún esfuerzo | No sabe      | Se negó a responder |            |                  |  |  |  |  |  |  |   |  |                      |             |                         |         |  |  |  |  |  |  |  |   |  |  |  |  |  |                           |  |  |  |  |  |
| [same items as above]   |   |   |                         |              |                     |            |                  |  |  |  |  |  |  |   |  |                      |             |                         |         |  |  |  |  |  |  |  |   |  |  |  |  |  |                           |  |  |  |  |  |
| <p><b>PLANT BASED PROTEIN – SPECIAL EFFORT</b></p> <p><b>NEW 2022</b></p> <p><b>REVISED 2023 (universe)</b></p> <p><i>PLANT2</i></p>    | <p><b>Do you make a <u>special effort</u> to eat <u>plant-based protein foods</u>, like beans, lentils, nuts, seeds, or soy products like tofu?</b></p> <p>Yes</p> <p>No</p> <p>I'm not sure what plant-based protein foods are [valid option]</p> <p>Don't know</p> <p>Refuse to answer</p>  | <p><b>¿Haces un <u>esfuerzo especial</u> para comer <u>alimentos proteicos de origen vegetal</u>, como frijoles, lentejas, nueces, semillas, o productos de soya como <u>tofu</u>?</b></p> <p>Sí</p> <p>No</p> <p>No estoy seguro de qué son los alimentos proteicos de origen vegetal [valid option]</p> <p>No sabe</p> <p>Se negó a responder</p> |                         |              |                     |            |                  |  |  |  |  |  |  |   |  |                      |             |                         |         |  |  |  |  |  |  |  |   |  |  |  |  |  |                           |  |  |  |  |  |

**WEIGHT LOSS EFFORTS, BODY PERCEPTIONS, AND WEIGHT STIGMA**

| DOMAIN<br>SOURCE   | ENGLISH  | SPANISH TRANSLATION  |
|--|--|--|
| <p><b>PERCEIVED BODY SIZE</b></p> <p>K. MAXIMOVA ET AL. THE ROLE OF UNDERESTIMATING BODY SIZE FOR SELF-ESTEEM AND SELF-EFFICACY AMONG GRADE FIVE CHILDREN IN CANADA. ANNALS OF EPIDEMIOLOGY 2015; 25:753-759.</p> <p>IMAGES FROM (COLLINS, 1991)</p> <p>REVISED 2020<br/>REVISED 2023<br/>(universe)</p> <p>WT_BODY_F<br/>WT_BODY_F_DK<br/>WT_BODY_F_R</p> <p>WT_BODY_M<br/>WT_BODY_M_DK<br/>WT_BODY_M_R</p> | <p>Which body is most like your own body?</p> <p><i>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</i></p>  <p><i>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</i></p>  <p>Don't know<br/>Refuse to answer</p> | <p>¿Qué cuerpo se parece más al de usted?</p> <p><i>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</i></p>  <p><i>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</i></p>  <p>No sabe<br/>Se negó a responder</p> |

|   |  |  |
|---|--|--|
| <p><b>BODY SIZE IDEAL</b><br/>ADAPTED FROM GUTS</p> <p>NEW 2022<br/>REVISED 2023<br/>(universe)</p> <p>WT_IDEAL_F<br/>WT_IDEAL_F_DK<br/>WT_IDEAL_F_R</p> <p>WT_IDEAL_M<br/>WT_IDEAL_M_DK<br/>WT_IDEAL_M_R</p> | <p><b>Which picture looks most like how you <u>WANT YOUR BODY TO LOOK?</u></b><br/><i>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</i></p>  <p><i>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</i></p>  <p>Don't know<br/>Refuse to answer</p> | <p><b>¿Cuál es la imagen que más se parece a cómo <u>QUIERE QUE LUZCA SU CUERPO?</u></b><br/><i>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</i></p>  <p><i>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</i></p>  <p>No sabe<br/>Se negó a responder</p> |
| <p><b>PERCEIVED WEIGHT</b><br/>CCHS</p> <p>WT_PERCEIVE</p>  | <p><b>Do you consider yourself to be...</b><br/>Obese<br/>Overweight<br/>Underweight<br/>Just about right<br/>Don't know<br/>Refuse to answer</p>  | <p><b>¿Usted se considera...?</b><br/>Obeso<br/>De peso mayor al normal<br/>De peso menor al normal<br/>De peso adecuado<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>WEIGHT BEHAVIOUR</b><br/>Adapted from:<br/>NHANES, 2009-2010</p> <p>WT_TRY_LOSS<br/>WT_TRY_GAIN<br/>WT_TRY_SAME<br/>WT_TRY_NOT<br/>WT_TRY_DK<br/>WT_TRY</p>   | <p><b>During the <u>past 12 months</u> have you tried to...</b><br/>(Select all that apply)<br/>Lose weight<br/>Gain weight<br/>Stay the same weight<br/>I have not tried to do anything about my weight<br/>Don't know<br/>Refuse to answer</p>   | <p><b>En los <u>últimos 12 meses</u> ha intentado....</b><br/>(Seleccione todas las opciones que apliquen)<br/>Bajar de peso<br/>Subir de peso<br/>Mantener el mismo peso<br/>No ha intentado hacer nada respecto a su peso<br/>No sabe<br/>Se negó a responder</p>  |

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| <p><b>WEIGHT LOSS METHODS</b><br/>NHANES DIET HISTORY QUESTIONNAIRE (ADAPTED)</p> <p>WT_LOSS_[TYPE]<br/>WT_LOSS_NONE<br/>WT_LOSS_DK<br/>WT_LOSS_R<br/>WT_LOSS_DIETTEXT<br/>WT_LOSS_OTEXT</p> <p>WT_SAME_[TYPE]<br/>WT_SAME_NONE<br/>WT_SAME_DK<br/>WT_SAME_R<br/>WT_SAME_DIETTEXT<br/>WT_SAME_OTEXT</p> <p>WT_LOSS_SAME_[TYPE]<br/>WT_LOSS_SAME_NONE<br/>WT_LOSS_SAME_DK<br/>WT_LOSS_SAME_R<br/>WT_LOSS_SAME_DIETTEXT<br/>WT_LOSS_SAME_OTEXT</p> | <p><i>UNIVERSE: Tried to lose weight, but did not try to stay the same weight (wt_try_loss=1 and wt_try_same=0)</i><br/><b>How did you try to lose weight <u>in the past 12 months</u>?</b> (Select all that apply)</p> <p><i>UNIVERSE: Did not try to lose weight, but tried to stay the same weight (wt_try_loss=0 and wt_try_same=1)</i><br/><b>How did you try to ‘stay the same weight’ <u>in the past 12 months</u>?</b> (Select all that apply)</p> <p><i>UNIVERSE: Tried to lose weight and tried to stay the same weight (wt_try_loss=1 and wt_try_same=1)</i><br/><b>How did you try to lose weight or ‘stay the same weight’ <u>in the past 12 months</u>?</b> (Select all that apply)</p> <p>Skipped meals or fasted<br/>Ate less food (amount)<br/>Ate less fat<br/>Ate less candy, sugar or sweets<br/>Ate fewer carbohydrates<br/>Ate more fruits, vegetables or salads<br/>Switched to foods with lower calories<br/>Followed a special diet or weight loss program (e.g., Atkins, Weight Watchers.) → Please specify: [open-ended]<br/>Used a liquid diet formula such as Slimfast or Optifast<br/>Did a cleanse or detox diet<br/>Exercised<br/>Drank a lot of water<br/>Got help from a health professional<br/>Took diet pills prescribed by a doctor<br/>Took other pills, medicines, herbs, or supplements not needing a prescription<br/>Took laxatives or vomited<br/>Started to smoke or began to smoke again<br/>Other → Please specify: [open-ended]<br/>None of the above<br/>Don’t know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Tried to lose weight, but did not try to stay the same weight (wt_try_loss=1 and wt_try_same=0)</i><br/><b>¿Cómo intentó bajar de peso <u>en los últimos 12 meses</u>?</b> (Seleccione todas las opciones que apliquen)</p> <p><i>UNIVERSE: Did not try to lose weight, but tried to stay the same weight (wt_try_loss=0 and wt_try_same=1)</i><br/><b>¿Cómo intentó “mantener el mismo peso” <u>en los últimos 12 meses</u>?</b> (Seleccione todas las opciones que apliquen)</p> <p><i>UNIVERSE: Tried to lose weight and tried to stay the same weight (wt_try_loss=1 and wt_try_same=1)</i><br/><b>¿Cómo intentó bajar de peso o “mantener el mismo peso” <u>en los últimos 12 meses</u>?</b> (Seleccione todas las opciones que apliquen)</p> <p>Dejó de hacer alguna comida o ayunó<br/>Comió menos (menor cantidad)<br/>Comió menos grasa<br/>Comió menos dulces o azúcar<br/>Comió menos carbohidratos<br/>Comió más frutas, verduras o ensaladas<br/>Cambió a alimentos de menos calorías<br/>Siguió una dieta especial o programa para bajar de peso (p. ej., Atkins, Weight Watchers) → Favor de especificar: [respuesta abierta]<br/>Usó preparados para bebidas dietéticas como Slimfast u Optifast<br/>Hizo una dieta de limpieza o desintoxicación<br/>Hizo ejercicio<br/>Tomó mucha agua<br/>Recibió ayuda de un profesional de la salud<br/>Tomó pastillas de dieta recetadas por un médico<br/>Tomó otras pastillas, medicinas, hierbas o suplementos que no requieren receta médica<br/>Tomó laxantes o se provocó el vómito<br/>Empezó o volvió a fumar<br/>Otro → Favor de especificar: [respuesta abierta]<br/>Ninguna de las anteriores<br/>No sabe<br/>Se negó a responder</p> |
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| <p><b>DOCTOR ADVICE</b></p> <p><b>NEW 2024</b></p> <p>DOC_ADV</p>  | <p><b>In the past 12 months, has a doctor or nurse advised you to do any of the following?</b><br/>                 [PROGRAMMER NOTE: Show table with yes/no/DK/R for each item]</p> <p>Lose weight<br/>                 Exercise more<br/>                 Reduce sodium or salt intake<br/>                 Reduce cholesterol in your diet<br/>                 Eat a healthy, balanced diet<br/>                 Take weight loss medication</p>   | <p><b>En los últimos 12 meses, algún doctor o enfermera le ha recomendado alguno de los siguientes:</b><br/>                 [PROGRAMMER NOTE: Show table with yes/no/DK/R for each item]</p> <p>Perder peso<br/>                 Ejercitarte más<br/>                 Reducir tu ingesta de sodio o sal<br/>                 Reducir el colesterol de tu dieta<br/>                 Llevar una dieta saludable y balanceada<br/>                 Tomar medicamentos para perder peso</p>  |
| <p><b>WEIGHT LOSS OR DIABETES MEDICATIONS – EVER USE</b></p> <p><b>NEW 2024</b></p> <p>RX_WTDB</p>   | <p><b>Have you EVER taken any prescription medications for weight loss and/or diabetes?</b></p> <p>Yes<br/>                 No<br/>                 Don't know<br/>                 Refuse to answer</p>   | <p><b>¿Alguna vez ha tomado algún medicamento recetado para perder peso y/o para la diabetes?</b></p> <p>Sí<br/>                 No<br/>                 No sabe<br/>                 Se negó a responder</p>  |
| <p><b>WEIGHT LOSS MEDICATIONS – EVER USE</b></p> <p><b>NEW 2024</b></p> <p>RX_EVER_SMINJ<br/>                 RX_EVER_SMTAB<br/>                 RX_EVER_TIRZ<br/>                 RX_EVER_LIRA<br/>                 RX_EVER_NALT<br/>                 RX_EVER_DULA<br/>                 RX_EVER_PHEN<br/>                 RX_EVER_ORL<br/>                 RX_EVER_EXEN<br/>                 RX_EVER_SET<br/>                 RX_EVER_OTH<br/>                 RX_EVER_OTEXT<br/>                 RX_EVER_NONE<br/>                 RX_EVER_DK<br/>                 RX_EVER_R</p> | <p><i>UNIVERSE: rx_wtdb=yes (ever taken a medication for weight loss or diabetes)</i></p> <p><b>Have you EVER taken any of the following prescription medications?</b><br/>                 (Select all that apply)</p> <p>Semaglutide injections (e.g., Ozempic, Wegovy)<br/>                 Semaglutide tablets (e.g., Rybelsus)<br/>                 Tirzepatide (e.g., Mounjaro, Zepbound)<br/>                 Liraglutide (e.g., Saxenda, Victoza)<br/>                 Naltrexone-bupropion (e.g., Contrave, Mysimba)<br/>                 Dulaglutide (e.g., Trulicity)<br/>                 Phentermine-topiramate (e.g., Qsymia)<br/>                 Orlistat (e.g., Xenical, Alli, Orlos)<br/>                 Exenatide (e.g., BYDUREON BCise)<br/>                 Setmelanotide (e.g., Imcivree)<br/>                 Other prescription weight loss medication (please specify): _____<br/>                 None of the above<br/>                 Don't know<br/>                 Refuse to answer</p> | <p><i>UNIVERSE: rx_wtdb=yes (ever taken a medication for weight loss or diabetes)</i></p> <p><b>¿ALGUNA VEZ ha tomado alguno de los siguientes medicamentos recetados?</b><br/>                 (Seleccione todas las opciones que apliquen)</p> <p>Inyecciones de Semaglutida (p.ej., Ozempic, Wegovy)<br/>                 Tabletas de Semaglutida (p. ej., Rybelsus)<br/>                 Tirzepatida (p.ej., Mounjaro, Zepbound)<br/>                 Liraglutida (p.ej., Saxenda, Victoza)<br/>                 Naltrexona-bupropión (p.ej., Contrave, Mysimba)<br/>                 Dulaglutida (p.ej., Trulicity)<br/>                 Fentermina-topiramato (p.ej., Qsymia)<br/>                 Orlistat (p.ej., Xenical, Alli, Orlos)<br/>                 Exenatida (p.ej., BYDUREON BCise)<br/>                 Setmelanotida (p.ej., Imcivree)<br/>                 Otro medicamento recetado para la pérdida de peso (favor de especificar):__<br/>                 Ninguno de los anteriores<br/>                 No sabe<br/>                 Se negó a responder</p> <p><b>NOTE: Fentermina-topiramato was written in English (Phentermine-topiramate) during the first day of data collection.</b></p> |

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| <p><b>WEIGHT LOSS MEDICATIONS – CURRENT</b></p> <p><b>NEW 2024</b></p> <p>RX_CURR_SMINJ<br/> RX_CURR_SMTAB<br/> RX_CURR_TIRZ<br/> RX_CURR_LIRA<br/> RX_CURR_NALT<br/> RX_CURR_DULA<br/> RX_CURR_PHEN<br/> RX_CURR_ORL<br/> RX_CURR_EXEN<br/> RX_CURR_SET<br/> RX_CURR_OTH<br/> RX_CURR_OTEXT<br/> RX_CURR_NONE<br/> RX_CURR_DK<br/> RX_CURR_R</p> | <p><i>UNIVERSE: rx_ever=ever taken any of 10 pre-specified medications or 'other'</i></p> <p><b>Are you CURRENTLY taking any of the following prescription medications?</b><br/> (Select all that apply)</p> <p>[PROGRAMMER NOTE: only list medications previously selected in 'rx_ever'; as well as 'other prescription weight loss medication', none of the above, don't know and refused].</p> <p>Semaglutide injections (e.g., Ozempic, Wegovy)<br/> Semaglutide tablets (e.g., Rybelsus)<br/> Tirzepatide (e.g., Mounjaro, Zepbound)<br/> Liraglutide (e.g., Saxenda, Victoza)<br/> Naltrexone-bupropion (e.g., Contrave, Mysimba)<br/> Dulaglutide (e.g., Trulicity)<br/> Phentermine-topiramate (e.g., Qsymia)<br/> Orlistat (e.g., Xenical, Alli, Orlos)<br/> Exenatide (e.g., BYDUREON BCise)<br/> Setmelanotide (e.g., Imcivree)<br/> Other prescription weight loss medication (please specify): _____</p> <p>None of the above<br/> Don't know<br/> Refuse to answer</p> | <p><i>UNIVERSE: rx_ever=ever taken any of 10 pre-specified medications or 'other'</i></p> <p><b>¿ACTUALMENTE está tomando alguno de los siguientes medicamentos recetados?</b><br/> (Seleccione todas las opciones que apliquen)</p> <p>[PROGRAMMER NOTE: only list medications previously selected in 'rx_ever'; as well as 'other prescription weight loss medication', none of the above, don't know and refused].</p> <p>Inyecciones de Semaglutida (p.ej., Ozempic, Wegovy)<br/> Tabletas de Semaglutida (p.ej., Rybelsus)<br/> Tirzepatida (p.ej., Mounjaro, Zepbound)<br/> Liraglutida (p.ej., Saxenda, Victoza)<br/> Naltrexona-bupropión (p.ej., Contrave, Mysimba)<br/> Dulaglutida (p.ej., Trulicity)<br/> Fentermina-topiramato (p.ej., Qsymia)<br/> Orlistat (p.ej., Xenical, Alli, Orlos)<br/> Exenatida (p.ej., BYDUREON BCise)<br/> Setmelanotida (p.ej., Imcivree)<br/> Otro medicamento recetado para la pérdida de peso (favor de especificar):__</p> <p>Ninguno de los anteriores<br/> No sabe<br/> Se negó a responder</p> <p><b>NOTE: Fentermina-topiramato was written in English (Phentermine-topiramate) during the first day of data collection.</b></p> |
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| <p><b>WEIGHT LOSS MEDICATIONS – LAST 12 MONTHS</b></p> <p><b>NEW 2024</b></p> <p>RX_12M_SMINJ<br/> RX_12M_SMTAB<br/> RX_12M_TIRZ<br/> RX_12M_LIRA<br/> RX_12M_NALT<br/> RX_12M_DULA<br/> RX_12M_PHEN<br/> RX_12M_ORL<br/> RX_12M_EXEN<br/> RX_12M_SET<br/> RX_12M_OTH<br/> RX_12M_OTEXT<br/> RX_12M_NONE<br/> RX_12M_DK<br/> RX_12M_R</p> | <p>UNIVERSE: <i>rx_curr=none</i> (ever took any of the 10 pre-specified medications or ‘other’, but not currently)<br/> [PROGRAMMER NOTE: Hide back button]</p> <p><b>In the PAST 12 MONTHS, did you take any of the following prescription medications?</b><br/> (Select all that apply)</p> <p>[PROGRAMMER NOTE: only list medications previously selected in ‘rx_ever’; as well as ‘other prescription weight loss medication’, none of the above, don’t know and refused].</p> <p>Semaglutide injections (e.g., Ozempic, Wegovy)<br/> Semaglutide tablets (e.g., Rybelsus)<br/> Tirzepatide (e.g., Mounjaro, Zepbound)<br/> Liraglutide (e.g., Saxenda, Victoza)<br/> Naltrexone-bupropion (e.g., Contrave, Mysimba)<br/> Dulaglutide (e.g., Trulicity)<br/> Phentermine-topiramate (e.g., Qsymia)<br/> Orlistat (e.g., Xenical, Alli, Orlos)<br/> Exenatide (e.g., BYDUREON BCise)<br/> Setmelanotide (e.g., Imcivree)<br/> Other prescription weight loss medication (please specify): _____<br/> None of the above<br/> Don’t know<br/> Refuse to answer</p> | <p>UNIVERSE: <i>rx_curr=none</i> (ever took any of the 10 pre-specified medications or ‘other’, but not currently)<br/> [PROGRAMMER NOTE: Hide back button]</p> <p><b>En los ÚLTIMOS 12 MESES, ¿tomó alguno de los siguientes medicamentos recetados?</b><br/> (Seleccione todas las opciones que apliquen)</p> <p>[PROGRAMMER NOTE: only list medications previously selected in ‘rx_ever’; as well as ‘other prescription weight loss medication’, none of the above, don’t know and refused].</p> <p>Inyecciones de Semaglutida (p.ej., Ozempic, Wegovy)<br/> Tabletas de Semaglutida (p.ej., Rybelsus)<br/> Tirzepatida (p.ej., Mounjaro, Zepbound)<br/> Liraglutida (p.ej., Saxenda, Victoza)<br/> Naltrexona-bupropión (p.ej., Contrave, Mysimba)<br/> Dulaglutida (p.ej., Trulicity)<br/> Fentermina-topiramato (p.ej., Qsymia)<br/> Orlistat (p.ej., Xenical, Alli, Orlos)<br/> Exenatida (p.ej., BYDUREON BCise)<br/> Setmelanotida (p.ej., Imcivree)<br/> Otro medicamento recetado para la pérdida de peso (favor de especificar): ___<br/> Ninguno de los anteriores<br/> No sabe<br/> Se negó a responder</p> <p><b>NOTE: Fentermina-topiramato was written in English (Phentermine-topiramate) during the first day of data collection.</b></p> |
| <p><b>WEIGHT LOSS MEDICATIONS – SEMAGLUTIDE BRAND</b></p> <p><b>NEW 2024</b></p> <p>RX_SM_BRD_OZ<br/> RX_SM_BRD_WE<br/> RX_SM_BRD_OTH<br/> RX_SM_BRD_OTEXT<br/> RX_SM_BRD_DK<br/> RX_SM_BRD_R</p>   | <p>UNIVERSE: <i>rx_curr=semaglutide injection</i><br/> <b>What is the name of the Semaglutide injection you are taking?</b><br/> UNIVERSE: <i>rx_12m=semaglutide injection</i><br/> <b>What was the name of the Semaglutide injection you took?</b><br/> (Select all that apply)</p> <p>[PROGRAMMER NOTE: Allow respondents to select all including “I don’t know the name” in combination with other brands (but refused=exclusive)]</p> <p>Ozempic<br/> Wegovy<br/> Other name(s) (please specify): _____<br/> I don’t know the name [valid answer]<br/> Refuse to answer</p>   | <p>UNIVERSE: <i>rx_curr=semaglutide injection</i><br/> <b>¿Cuál es el nombre de la inyección de Semaglutida que está utilizando?</b><br/> UNIVERSE: <i>rx_12m=semaglutide injection</i><br/> <b>¿Cuál era el nombre de la inyección de Semaglutida que utilizó?</b><br/> (Seleccione todas las opciones que apliquen)</p> <p>[PROGRAMMER NOTE: Allow respondents to select all including “I don’t know the name” in combination with other brands (but refused=exclusive)]</p> <p>Ozempic<br/> Wegovy<br/> Otro nombre (favor de especificar): _____<br/> No sé el nombre [valid answer]<br/> Se negó a responder</p>   |

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| <p><b>WEIGHT LOSS MEDICATIONS – TIRZEPATIDE BRAND</b></p> <p><b>NEW 2024</b></p> <p>RX_TR_BRD_MON<br/>RX_TR_BRD_ZEP<br/>RX_TR_BRD_OTH<br/>RX_TR_BRD_OTEXT<br/>RX_TR_BRD_DK<br/>RX_TR_BRD_R</p> | <p><i>UNIVERSE: rx_curr=tirzepatide injection</i><br/><b>What is the name of the Tirzepatide injection you are taking?</b><br/><i>UNIVERSE: rx_12m= tirzepatide injection</i><br/><b>What was the name of the Tirzepatide injection you took?</b><br/>(Select all that apply)<br/>[PROGRAMMER NOTE: Allow respondents to select all including “I don’t know the name” in combination with other brands (but refused=exclusive)]</p> <p>Mounjaro<br/>Zepbound<br/>Other name(s) (please specify): _____<br/>I don’t know the name [valid answer]<br/>Refuse to answer</p>  | <p><i>UNIVERSE: rx_curr=tirzepatide injection</i><br/><b>¿Cuál es el nombre de la inyección de Tirzepatida que está utilizando?</b><br/><i>UNIVERSE: rx_12m= tirzepatide injection</i><br/><b>¿Cuál era el nombre de la inyección de Tirzepatida que utilizó?</b><br/>(Seleccione todas las opciones que apliquen)<br/>[PROGRAMMER NOTE: Allow respondents to select all including “I don’t know the name” in combination with other brands (but refused=exclusive)]</p> <p>Mounjaro<br/>Zepbound<br/>Otro nombre (favor de especificar): _____<br/>No sé el nombre [valid answer]<br/>Se negó a responder</p>  |
| <p><b>WEIGHT LOSS MEDICATION OF INTEREST –</b></p> <p><b>NEW 2024</b></p> <p>RX_INT</p>  | <p><i>UNIVERSE: rx_curr= currently taking two or more of the 10 pre-specified medications</i><br/>Randomly select the name of 1 medication type from the types selected by the respondent as being ‘currently’ taken (to insert name in subsequent questions). Exclude any open-text ‘other’ response options from the randomization choices (i.e., if the respondent selected 1 (or more) of the 10 pre-specified medication types, AND entered an ‘other’ type, only include the types of medications that were pre-specified in the list in the randomization choices).</p> <p><i>UNIVERSE: rx_12m=took two or more of the 10 pre-specified medications in past 12 months but not currently</i><br/>Randomly select the name of 1 medication type from the types selected by the respondent as taken in the past 12 months (to insert name in subsequent questions). Exclude any open-text ‘other’ response options from the randomization choices (i.e., if the respondent selected 1 (or more) of the 10 pre-specified medication types, AND entered an ‘other’ type, only include the types of medications that were pre-specified in the list in the randomization choices).</p> | <p><i>UNIVERSE: rx_curr= currently taking two or more of the 10 pre-specified medications</i><br/>Randomly select the name of 1 medication type from the types selected by the respondent as being ‘currently’ taken (to insert name in subsequent questions). Exclude any open-text ‘other’ response options from the randomization choices (i.e., if the respondent selected 1 (or more) of the 10 pre-specified medication types, AND entered an ‘other’ type, only include the types of medications that were pre-specified in the list in the randomization choices).</p> <p><i>UNIVERSE: rx_12m=took two or more of the 10 pre-specified medications in past 12 months but not currently</i><br/>Randomly select the name of 1 medication type from the types selected by the respondent as taken in the past 12 months (to insert name in subsequent questions). Exclude any open-text ‘other’ response options from the randomization choices (i.e., if the respondent selected 1 (or more) of the 10 pre-specified medication types, AND entered an ‘other’ type, only include the types of medications that were pre-specified in the list in the randomization choices).</p> |
| <p><b>WEIGHT LOSS MEDICATIONS – REASON</b></p> <p><b>NEW 2024</b></p> <p>RX_RSN<br/>RX_RSN_OTEXT</p>   | <p><i>UNIVERSE: Using any of 10 pre-specified medications currently or in past 12 months (skip if only selected ‘other’)</i><br/>[PROGRAMMER NOTE: Hide back button. Insert name of randomly selected ‘medication of interest’ into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].</p> <p><b>We are going to ask you a few more questions about your use of [name of medication].</b></p> <p><b>Was the medication prescribed for diabetes, weight loss, or both?</b><br/>Diabetes only<br/>Weight loss only<br/>Diabetes and weight loss<br/>Other (please specify): _____<br/>Don’t know<br/>Refuse to answer</p>  | <p><i>UNIVERSE: Using any of 10 pre-specified medications currently or in past 12 months (skip if only selected ‘other’)</i><br/>[PROGRAMMER NOTE: Hide back button. Insert name of randomly selected ‘medication of interest’ into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].</p> <p><b>Vamos a hacerle algunas preguntas más sobre el uso de [name of medication].</b></p> <p><b>¿El medicamento fue recetado para diabetes, pérdida de peso o ambas?</b><br/>Solo diabetes<br/>Solo pérdida de peso<br/>Diabetes y pérdida de peso<br/>Otra (favor de especificar): _____<br/>No sabe<br/>Se negó a responder</p>   |

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| <p><b>WEIGHT LOSS MEDICATIONS – EXPERIENCE 1</b></p> <p><b>NEW 2024</b></p> <p>RX_EXPC_HLTH<br/> RX_EXPC_UHLTH<br/> RX_EXPC_ENJ<br/> RX_EXPC_PA<br/> RX_EXPC_THNK</p> | <p><i>UNIVERSE: rx_curr=currenty taking a pre-specified medication (skip if only selected 'other')</i><br/> [PROGRAMMER NOTE: Insert name of randomly selected 'medication of interest' into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].</p> <p><b>We'd like to ask you about your experience taking [name of medication].</b></p> <p><b>Since I've taken the medication...</b><br/> I eat healthy foods less often<br/> I eat healthy foods more often<br/> No change<br/> Don't know<br/> Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/> I eat unhealthy foods less often<br/> I eat unhealthy foods more often<br/> No change<br/> Don't know<br/> Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/> I get more enjoyment from food<br/> I get less enjoyment from food<br/> No change<br/> Don't know<br/> Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/> I get more physical activity<br/> I get less physical activity<br/> No change<br/> Don't know<br/> Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/> I spend more time thinking about food<br/> I spend less time thinking about food<br/> No change<br/> Don't know<br/> Refuse to answer</p> | <p><i>UNIVERSE: rx_curr=currenty taking a pre-specified medication (skip if only selected 'other')</i><br/> [PROGRAMMER NOTE: Insert name of randomly selected 'medication of interest' into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].</p> <p><b>Nos gustaría conocer su experiencia usando [name of medication].</b></p> <p><b>Desde que tomo el medicamento...</b><br/> Como alimentos saludables menos seguido<br/> Como alimentos saludables más seguido<br/> Sin cambio<br/> No sabe<br/> Se negó a responder</p> <p><b>Desde que tomo el medicamento...</b><br/> Como alimentos no saludables menos seguido<br/> Como alimentos no saludables más seguido<br/> Sin cambio<br/> No sabe<br/> Se negó a responder</p> <p><b>Desde que tomo el medicamento...</b><br/> Disfruto más la comida<br/> Disfruto menos la comida<br/> Sin cambio<br/> No sabe<br/> Se negó a responder</p> <p><b>Desde que tomo el medicamento...</b><br/> Hago más actividad física<br/> Hago menos actividad física<br/> Sin cambio<br/> No sabe<br/> Se negó a responder</p> <p><b>Desde que tomo el medicamento...</b><br/> Paso más tiempo pensando en comida<br/> Paso menos tiempo pensando en comida<br/> Sin cambio<br/> No sabe<br/> Se negó a responder</p> |
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| <p><b>WEIGHT LOSS MEDICATIONS – EXPERIENCE 2</b></p> <p><b>NEW 2024</b></p> <p>RX_EXPC_EMB<br/>RX_EXPC_JUD<br/>RX_EXPC_EFF<br/>RX_EXPC_COST<br/>RX_EXPC_QUAL</p> | <p><i>UNIVERSE: rx_curr=currenty taking a pre-specified medication (skip if only selected 'other')</i></p> <p><b>Since I've taken the medication...</b><br/>I feel embarrassed to tell people I am taking the medication<br/>I feel proud to tell people I am taking the medication<br/>Both<br/>Neither<br/>Don't know<br/>Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/>I feel like people judge me negatively for taking the medication<br/>I feel like people judge me positively for taking the medication<br/>Both<br/>Neither<br/>Don't know<br/>Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/>I worry about the long-term side effects of the medication<br/>I do not worry about the long-term side effects of the medication<br/>Don't know<br/>Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/>I worry about the costs / paying for the medication<br/>I do not worry about the costs / paying for the medication<br/>Don't know<br/>Refuse to answer</p> <p><b>Since I've taken the medication...</b><br/>My overall quality of life is better<br/>My overall quality of life is worse<br/>No change<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: rx_curr=currenty taking a pre-specified medication (skip if only selected 'other')</i></p> <p><b>Desde que tomo el medicamento...</b><br/>Me siento avergonzado(a) de contarle a otras personas que estoy tomando el medicamento<br/>Me siento orgulloso(a) de contarle a otras personas que estoy tomando el medicamento<br/>Ambas<br/>Ninguna<br/>No sabe<br/>Se negó a responder</p> <p><b>Desde que tomo el medicamento...</b><br/>Siento que las personas me juzgan negativamente por tomar el medicamento<br/>Siento que las personas me juzgan positivamente por tomar el medicamento<br/>Ambas<br/>Ninguna<br/>No sabe<br/>Se negó a responder</p> <p><b>Desde que tomo el medicamento...</b><br/>Me preocupan los efectos a largo plazo del medicamento<br/>No me preocupan los efectos a largo plazo del medicamento<br/>No sabe<br/>Se negó a responder</p> <p><b>Desde que tomo el medicamento...</b><br/>Me preocupan los costos / pagar por el medicamento<br/>No me preocupan los costos / pagar por el medicamento<br/>No sabe<br/>Se negó a responder</p> <p><b>Desde que tomo el medicamento...</b><br/>Mi calidad de vida es mejor<br/>Mi calidad de vida es peor<br/>Sin cambio<br/>No sabe<br/>Se negó a responder</p> |
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| <p><b>WEIGHT LOSS MEDICATIONS – PAST EXPERIENCE 1</b></p> <p><b>NEW 2024</b></p> <p>RX_EXP12_HLTH<br/>RX_EXP12_UN<br/>RX_EXP12_ENJ<br/>RX_EXP12_PA<br/>RX_EXP12_THNK</p> | <p><i>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently</i><br/>[PROGRAMMER NOTE: Insert name of randomly selected ‘medication of interest’ into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].</p> <p><b>We’d like to ask you about your experience taking [name of medication].</b></p> <p><b>When I took the medication...</b><br/>I ate healthy foods less often<br/>I ate healthy foods more often<br/>No change<br/>Don’t know<br/>Refuse to answer</p> <p><b>When I took the medication...</b><br/>I ate unhealthy foods less often<br/>I ate unhealthy foods more often<br/>No change<br/>Don’t know<br/>Refuse to answer</p> <p><b>When I took the medication...</b><br/>I got more enjoyment from food<br/>I got less enjoyment from food<br/>No change<br/>Don’t know<br/>Refuse to answer</p> <p><b>When I took the medication...</b><br/>I got more physical activity<br/>I got less physical activity<br/>No change<br/>Don’t know<br/>Refuse to answer</p> <p><b>When I took the medication...</b><br/>I spent more time thinking about food<br/>I spent less time thinking about food<br/>No change<br/>Don’t know<br/>Refuse to answer</p> | <p><i>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently</i><br/>[PROGRAMMER NOTE: Insert name of randomly selected ‘medication of interest’ into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].</p> <p><b>Nos gustaría conocer su experiencia usando [name of medication].</b></p> <p><b>Quando tomé el medicamento...</b><br/>Comí alimentos saludables menos seguido<br/>Comí alimentos saludables más seguido<br/>Sin cambio<br/>No sabe<br/>Se negó a responder</p> <p><b>Quando tomé el medicamento...</b><br/>Comí alimentos no saludables menos seguido<br/>Comí alimentos no saludables más seguido<br/>Sin cambio<br/>No sabe<br/>Se negó a responder</p> <p><b>Quando tomé el medicamento...</b><br/>Disfruté más la comida<br/>Disfruté menos la comida<br/>Sin cambio<br/>No sabe<br/>Se negó a responder</p> <p><b>Quando tomé el medicamento...</b><br/>Hice más actividad física<br/>Hice menos actividad física<br/>Sin cambio<br/>No sabe<br/>Se negó a responder</p> <p><b>Quando tomé el medicamento...</b><br/>Pasé más tiempo pensando en comida<br/>Pasé menos tiempo pensando en comida<br/>Sin cambio<br/>No sabe<br/>Se negó a responder</p> |
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| <p><b>WEIGHT LOSS MEDICATIONS – PAST EXPERIENCE 2</b></p> <p><b>NEW 2024</b></p> <p>RX_EXP12_EMB<br/>RX_EXP12_JUD<br/>RX_EXP12_EFF<br/>RX_EXP12_COST<br/>RX_EXP12_QUAL</p> | <p><i>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently</i></p> <p><b>When I took the medication...</b><br/>I felt embarrassed to tell people I was taking the medication<br/>I felt proud to tell people I was taking the medication<br/>Both<br/>Neither<br/>Don't know<br/>Refuse to answer</p> <p><b>When I took the medication...</b><br/>I felt like people judged me negatively for taking the medication<br/>I felt like people judged me positively for taking the medication<br/>Both<br/>Neither<br/>Don't know<br/>Refuse to answer</p> <p><b>When I took the medication...</b><br/>I worried about the long-term side effects of the medication<br/>I did not worry about the long-term side effects of the medication<br/>Don't know<br/>Refuse to answer</p> <p><b>When I took the medication...</b><br/>I worried about the costs / paying for the medication<br/>I did not worry about the costs / paying for the medication<br/>Don't know<br/>Refuse to answer</p> <p><b>When I took the medication...</b><br/>My overall quality of life was better<br/>My overall quality of life was worse<br/>No change<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently</i></p> <p><b>Cuando tomé el medicamento...</b><br/>Me sentí avergonzado(a) de contarle a otras personas que estaba tomando el medicamento<br/>Me sentí orgulloso(a) de contarle a otras personas que estaba tomando el medicamento<br/>Ambas<br/>Ninguna<br/>No sabe<br/>Se negó a responder</p> <p><b>Cuando tomé el medicamento...</b><br/>Sentí que las personas me juzgaban negativamente por tomar el medicamento<br/>Sentí que las personas me juzgaban positivamente por tomar el medicamento<br/>Ambas<br/>Ninguna<br/>No sabe<br/>Se negó a responder</p> <p><b>Cuando tomé el medicamento...</b><br/>Me preocupaban los efectos a largo plazo del medicamento<br/>No me preocupaban los efectos a largo plazo del medicamento<br/>No sabe<br/>Se negó a responder</p> <p><b>Cuando tomé el medicamento...</b><br/>Me preocupaban los costos / pagar por el medicamento<br/>No me preocupaban los costos / pagar por el medicamento<br/>No sabe<br/>Se negó a responder</p> <p><b>Cuando tomé el medicamento...</b><br/>Mi calidad de vida fue mejor<br/>Mi calidad de vida fue peor<br/>Sin cambio<br/>No sabe<br/>Se negó a responder</p> |
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| <p><b>WEIGHT LOSS MEDICATIONS – COST</b></p> <p><b>NEW 2024 COUNTRY SPECIFIC WORDING</b></p> <p>RX_COST</p>                         | <p><i>UNIVERSE: rx_curr=currenty taking a pre-specified medication (skip if only selected 'other')</i></p> <p><b>How much do you pay out of pocket for the medication per month?</b></p> <p><i>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently (skip if only selected 'other')</i></p> <p><b>How much did you pay out of pocket for the medication per month?</b></p> <p>Dollars:_____ [currency]<br/>                 Don't know [valid answer]<br/>                 Refuse to answer</p>  | <p><i>UNIVERSE: rx_curr=currenty taking a pre-specified medication (skip if only selected 'other')</i></p> <p><b>¿Cuánto paga de su bolsillo por el medicamento al mes?</b></p> <p><i>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently (skip if only selected 'other')</i></p> <p><b>¿Cuánto pagó de su bolsillo por el medicamento al mes?</b></p> <p>Dolares:_____ [currency]<br/>                 No sabe<br/>                 Se negó a responder</p>   |
| <p><b>WEIGHT LOSS MEDICATIONS – DURATION</b></p> <p><b>NEW 2024</b></p> <p>RX_DUR</p>   | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication</i></p> <p><b>How long have you been taking the medication?</b></p> <p><i>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently</i></p> <p><b>How long did you take the medication?</b></p> <p>Less than a month<br/>                 1-3 months<br/>                 4-6 months<br/>                 7-12 months<br/>                 1-2 years<br/>                 More than two years<br/>                 Don't know<br/>                 Refuse to answer</p>  | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication</i></p> <p><b>¿Cuánto tiempo lleva tomando el medicamento?</b></p> <p><i>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently</i></p> <p><b>¿Cuánto tiempo tomó el medicamento?</b></p> <p>Menos de un mes<br/>                 1-3 meses<br/>                 4-6 meses<br/>                 7-12 meses<br/>                 1-2 años<br/>                 Mas de 2 años<br/>                 No sabe<br/>                 Se negó a responder</p>  |
| <p><b>WEIGHT LOSS MEDICATIONS – WEIGHT CHANGE</b></p> <p><b>NEW 2024</b></p> <p>RX_WTCNG_CURR<br/>                 RX_WTCNG_12M</p> | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication</i></p> <p><b>Since starting the medication, have you...</b></p> <p>Lost weight<br/>                 Gained weight<br/>                 No change<br/>                 Don't know<br/>                 Refuse to answer</p> <p><i>UNIVERSE: wt_rx_12m= took pre-specified medication in past 12 months, but not currently</i></p> <p><b>When you took the medication, did you...</b></p> <p>Lose weight<br/>                 Gain weight<br/>                 No change<br/>                 Don't know<br/>                 Refuse to answer</p> | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication</i></p> <p><b>Desde que comenzó a tomar el medicamento, ¿usted ha...</b></p> <p>Perdido peso<br/>                 Aumentado de peso<br/>                 Ningún cambio<br/>                 No sabe<br/>                 Se negó a responder</p> <p><i>UNIVERSE: wt_rx_12m= took pre-specified medication in past 12 months, but not currently</i></p> <p><b>Cuando tomó el medicamento, ¿usted...</b></p> <p>Perdió peso<br/>                 Ganó peso<br/>                 No hubo cambio<br/>                 No sabe<br/>                 Se negó a responder</p> |

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| <p><b>WEIGHT LOSS MEDICATIONS – AMOUNT LOST</b></p> <p><b>NEW 2024</b></p> <p>RX_AMT_UNIT<br/>RX_AMT_LB<br/>RX_AMT_KG</p> | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication AND rx_wtcng_curr=lost weight</i><br/> <b>Since starting the medication, how much weight have you lost?</b></p> <p><i>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently AND rx_wtcng_12m=lose weight</i><br/> <b>When you took the medication, how much weight did you lose?</b></p> <p>Would you rather answer in:<br/> Pounds (lb)<br/> Kilograms (kg)<br/> Don't know<br/> Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: rx_amt_unit= pounds</i><br/> Enter the number of pounds lost: _____ lb [numeric]</p> <p><i>UNIVERSE: rx_amt_unit=kilograms</i><br/> Enter the number of kilograms lost: _____ kg [numeric]</p> | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication AND rx_wtcng_curr=lost weight</i><br/> <b>Desde que comenzó a tomar el medicamento, ¿cuánto peso ha perdido?</b></p> <p><i>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently AND rx_wtcng_12m=lose weight</i><br/> <b>Cuando tomó el medicamento, ¿cuánto peso perdió?</b></p> <p>¿Prefiere responder usando...?<br/> Libras (lb)<br/> Kilogramos (kg)<br/> No sabe<br/> Se negó a responder</p> <p>[PROGRAMMER: show based on response to above]</p> <p><i>UNIVERSE: rx_amt_unit= pounds</i><br/> Escriba el número de libras perdidas: _____ lb [numeric]</p> <p><i>UNIVERSE: rx_amt_unit=kilograms</i><br/> Escriba el número de kilogramos perdidos: _____ kg [numeric]</p> |
| <p><b>WEIGHT LOSS MEDICATIONS – WEIGHT REGAIN</b></p> <p><b>NEW 2024</b></p> <p>RX_REGAIN</p>                             | <p><i>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently AND rx_wtcng_12m=lose weight</i><br/> <b>Since you stopped the medication, did you regain any of the weight you lost?</b></p> <p>I didn't regain any of the weight<br/> I regained some of the weight<br/> I regained most of the weight<br/> I regained all of the weight<br/> I didn't lose weight while taking the medication<br/> Don't know<br/> Refuse to answer</p>  | <p><i>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently AND rx_wtcng_12m=lose weight</i><br/> <b>Desde que dejó de tomar el medicamento, ¿volvió a ganar peso?</b></p> <p>No volví a ganar peso<br/> Recuperé algo de peso<br/> Recuperé casi todo el peso perdido<br/> Recuperé todo el peso perdido<br/> No perdí peso mientras tomaba el medicamento<br/> No sabe<br/> Se negó a responder</p>   |

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| <p><b>WEIGHT LOSS MEDICATIONS – SIDE EFFECTS</b></p> <p><a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9486455/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9486455/</a></p> <p><b>NEW 2024</b></p> <p>RX_EFF<br/>RX_EFF_[type]</p> | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication</i></p> <p><b>Have you experienced any side effect(s) from taking the medication?</b></p> <p>No</p> <p>Yes – mild side effect(s)</p> <p>Yes – moderate effect(s)</p> <p>Yes - severe side effect(s)</p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>UNIVERSE: rx_eff= yes mild/moderate/severe</i></p> <p><b>What side effect(s) have you experienced?</b><br/>(Select all that apply)</p> <p>Nausea and/or vomiting</p> <p>Diarrhea</p> <p>Fatigue</p> <p>Constipation</p> <p>Abdominal pain</p> <p>Other side effect(s) (please specify): _____</p> <p>Don't know</p> <p>Refuse to answer</p> | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication</i></p> <p><b>¿Ha experimentado efecto(s) secundario(s) por tomar el medicamento?</b></p> <p>No</p> <p>Si - efectos secundarios leves</p> <p>Si - efectos secundarios moderados</p> <p>Si - efectos secundarios severos</p> <p>No sabe</p> <p>Se negó a responder</p> <p><i>UNIVERSE: rx_eff= yes mild/moderate/severe</i></p> <p><b>¿Qué efecto(s) secundarios ha experimentado?</b><br/>(Seleccione todas las opciones que apliquen)</p> <p>Nausea y/o vómito</p> <p>Diarrea</p> <p>Fatiga</p> <p>Estreñimiento</p> <p>Dolor abdominal</p> <p>Otro(s) efecto(s) secundarios (favor de especificar): _____</p> <p>No sabe</p> <p>Se negó a responder</p> |
| <p><b>WEIGHT LOSS MEDICATIONS – STOPPING REASON</b></p> <p><b>NEW 2024</b></p> <p>RX_STOP</p>  | <p><i>UNIVERSE: rx_curr=none (took pre-specified medication previously, but not currently)</i></p> <p><b>What was the main reason you stopped taking the medication?</b><br/>(Select all that apply)</p> <p>I didn't lose weight / it didn't work</p> <p>I lost enough weight / it worked</p> <p>Side effects</p> <p>Cost / too expensive</p> <p>I didn't bother to renew my prescription</p> <p>Other (please specify): _____</p> <p>Don't know</p> <p>Refuse to answer</p>   | <p><i>UNIVERSE: rx_curr=none (took pre-specified medication previously, but not currently)</i></p> <p><b>¿Cuál fue la razón principal para dejar de tomar el medicamento?</b><br/>(Seleccione todas las opciones que apliquen)</p> <p>No perdí peso / no funcionó</p> <p>Perdí suficiente peso / funcionó</p> <p>Efectos secundarios</p> <p>Costo / muy caro</p> <p>No me he molestado en renovar mi receta</p> <p>Otra (especifique): _____</p> <p>No sabe</p> <p>Se negó a responder</p>   |

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| <p><b>WEIGHT LOSS MEDICATIONS – ALCOHOL IMPACT</b></p> <p><b>NEW 2024</b></p> <p><i>RX_ALC_CURR</i></p> <p><i>RX_ALC_12M</i></p> | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication</i></p> <p><b>Has the medication affected how much alcohol you drink?</b></p> <p>I don't drink alcohol – not applicable</p> <p>I drink less</p> <p>I drink more</p> <p>No effect</p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently</i></p> <p><b>Did the medication affect how much alcohol you drank?</b></p> <p>I don't drink alcohol – not applicable</p> <p>I drank less</p> <p>I drank more</p> <p>No effect</p> <p>Don't know</p> <p>Refuse to answer</p>              | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication</i></p> <p><b>¿El medicamento ha modificado la cantidad de alcohol que consume?</b></p> <p>No tomo alcohol - no aplica</p> <p>Tomo menos</p> <p>Tomo más</p> <p>Sin efecto</p> <p>No sabe</p> <p>Se negó a responder</p> <p><i>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently</i></p> <p><b>¿El medicamento modificó la cantidad de alcohol que consumía?</b></p> <p>No tomo alcohol - no aplica</p> <p>Tomé menos</p> <p>Tomé más</p> <p>Sin efecto</p> <p>No sabe</p> <p>Se negó a responder</p> |
| <p><b>WEIGHT LOSS MEDICATIONS – SMOKING IMPACT</b></p> <p><b>NEW 2024</b></p> <p><i>RX_SMK_CURR</i></p> <p><i>RX_SMK_12M</i></p> | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication</i></p> <p><b>Has the medication affected how much you smoke?</b></p> <p>I don't smoke– not applicable</p> <p>I smoke less</p> <p>I quit smoking</p> <p>I smoke more</p> <p>No effect</p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently</i></p> <p><b>Did the medication affect how much you smoked?</b></p> <p>I don't smoke– not applicable</p> <p>I smoked less</p> <p>I quit smoking</p> <p>I smoked more</p> <p>No effect</p> <p>Don't know</p> <p>Refuse to answer</p> | <p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication</i></p> <p><b>¿El medicamento ha modificado cuánto fuma?</b></p> <p>No fumo - no aplica</p> <p>Fumo menos</p> <p>Dejé de fumar</p> <p>Fumo más</p> <p>Sin efecto</p> <p>No sabe</p> <p>Se negó a responder</p> <p><i>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently</i></p> <p><b>¿El medicamento modificó cuánto fumó?</b></p> <p>No fumo - no aplica</p> <p>Fumé menos</p> <p>Dejé de fumar</p> <p>Fumé más</p> <p>Sin efecto</p> <p>No sabe</p> <p>Se negó a responder</p>                      |

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| <p><b>EAT-3 BEHAVIOURAL ITEMS</b><br/>                 HAINES J, ZIYADEH NJ, FRANKO DL, MCDONALND J, MOND JM, AUSTIN SB. SCREENING HIGH SCHOOL STUDENTS FOR EATING DISORDERS: VALIDITY OF BRIEF BEHAVIORAL AND ATTITUDINAL MEASURES. JOURNAL OF SCHOOL HEALTH, 2011; 81(9):530-535.<br/> <b>REVISED 2023 (universe)</b><br/><br/> <i>EAT3_BINGE</i><br/> <i>EAT3_VOMIT</i></p> | <p><b>In the <u>past 3 months</u>, how often have you:</b><br/> <b>... gone on eating binges?</b> (<i>Eating a large amount of food while feeling out of control</i>).<br/> <b>... made yourself sick (vomited) to control your weight?</b></p> <p>Never<br/>                 Less than 1 time a month<br/>                 1 to 3 times a month<br/>                 Once a week<br/>                 2 to 6 times a week<br/>                 Once a day<br/>                 More than once a day<br/>                 Don't know<br/>                 Refuse to answer</p> | <p><b>En los <u>últimos 3 meses</u>, ¿cuántas veces:</b><br/> <b>... comió en exceso?</b> (<i>Comió una gran cantidad de alimentos y se sintió fuera de control</i>).<br/> <b>... se provocó el vómito para controlar su peso?</b></p> <p>Nunca<br/>                 Menos de 1 vez al mes<br/>                 1 a 3 veces al mes<br/>                 1 vez a la semana<br/>                 2 a 6 veces a la semana<br/>                 1 vez al día<br/>                 Más de 1 vez al día<br/>                 No sabe<br/>                 Se negó a responder</p> |
| <p><b>EAT-3 ATTITUDINAL ITEM</b><br/>                 HAINES J, ZIYADEH NJ, FRANKO DL, MCDONALND J, MOND JM, AUSTIN SB. SCREENING HIGH SCHOOL STUDENTS FOR EATING DISORDERS: VALIDITY OF BRIEF BEHAVIORAL AND ATTITUDINAL MEASURES. JOURNAL OF SCHOOL HEALTH, 2011; 81(9):530-535.<br/> <b>REVISED 2023 (universe)</b><br/><br/> <i>EAT3_THIN</i></p>                          | <p><b>I am preoccupied with a desire to be thinner.</b></p> <p>Always<br/>                 Usually<br/>                 Often<br/>                 Sometimes<br/>                 Rarely<br/>                 Never<br/>                 Don't know<br/>                 Refuse to answer</p>  | <p><b>Me absorbe el deseo de estar más delgado.</b></p> <p>Siempre<br/>                 Usualmente<br/>                 Frecuentemente<br/>                 Algunas veces<br/>                 Rara vez<br/>                 Nunca<br/>                 No sabe<br/>                 Se negó a responder</p>  |
| <p><b>EATING DISORDER</b><br/> <a href="#">CCHS 2024</a><br/><br/> <b>NEW 2024</b><br/><br/> <i>WT_ED</i><br/> <i>WT_ED_DX</i></p>   | <p><b>Do you have an eating disorder such as anorexia or bulimia?</b></p> <p>Yes<br/>                 No<br/>                 Don't know<br/>                 Refuse to answer</p> <p><i>UNIVERSE: WT_ED=yes</i></p> <p><b>Was the eating disorder ever diagnosed by a doctor, nurse, or other health professional?</b></p> <p>Yes<br/>                 No</p>   | <p><b>¿Padece algún trastorno alimentario, como anorexia o bulimia?</b></p> <p>Sí<br/>                 No<br/>                 No sabe<br/>                 Se negó a responder</p> <p><i>UNIVERSE: WT_ED=yes</i></p> <p><b>¿El trastorno alimentario fue diagnosticado alguna vez por un médico, personal de enfermería u otro profesional sanitario?</b></p> <p>Sí<br/>                 No</p>  |

|   |  |  |
|---|--|--|
|   | Don't know<br>Refuse to answer   | No sabe<br>Se negó a responder   |
| <b>WEIGHT TEASE</b><br>Adapted from Project<br>EAT 2003-2004 (B&W)<br><br><b>NEW 2022</b><br><br><i>WT_TEASE</i>  | <b>Do you get teased or made fun of because of your weight?</b><br>All the time<br>A lot<br>Sometimes<br>Rarely<br>Never<br>Don't know<br>Refuse to answer   | <b>¿Hacen comentarios o se burlan de usted debido a su peso?</b><br>Todo el tiempo<br>Mucho<br>Algunas veces<br>Rara vez<br>Nunca<br>No sabe<br>Se negó a responder  |
| <b>WEIGHT STIGMA</b><br>Adapted from Nutter<br>et al., 2018 Framing<br>obesity a disease:<br>Indirect effects of<br>affect and<br>controllability beliefs<br>on weight bias.<br>Weiner B. Judgments<br>of responsibility: a<br>foundation for a<br>theory of social<br>conduct. 1995.<br><br><b>NEW 2023</b><br><br><i>WT_BLAKE</i> | <b>Please tell us whether you agree or disagree with the following:</b><br><br><b>People are to blame for their body weight.</b><br>Strongly agree<br>Agree<br>Neither agree nor disagree<br>Disagree<br>Strongly disagree<br>Don't know<br>Refuse to answer | <b>Favor de indicarnos si está de acuerdo o en desacuerdo con lo siguiente:</b><br><br><b>Las personas son culpables por su peso corporal.</b><br>Completamente de acuerdo<br>De acuerdo<br>Ni de acuerdo ni en desacuerdo<br>En desacuerdo<br>Completamente en desacuerdo<br>No sabe<br>Se negó a responder |

**SUGARY DRINKS**

| DOMAIN<br>SOURCE   | ENGLISH  | SPANISH TRANSLATION  |
|--|--|--|
| <p><b>POP PERCEIVED HEALTHINESS</b></p> <p>SSB_HLTH_POP</p>              | <p>In your opinion, how unhealthy or healthy is this type of drink?</p>  <p>20 fl oz</p> <p>Very unhealthy<br/>Unhealthy<br/>A little unhealthy<br/>Neither unhealthy nor healthy<br/>A little healthy<br/>Healthy<br/>Very healthy<br/>Don't know<br/>Refuse to answer</p>                                     | <p>En su opinión, ¿qué tan saludable o poco saludable es este tipo de bebida?</p>  <p>20 fl oz</p> <p>Muy mala para la salud<br/>Mala para la salud<br/>Un poco mala para la salud<br/>Ni mala ni buena para la salud<br/>Poco saludable<br/>Saludable<br/>Muy saludable<br/>No sabe<br/>Se negó a responder</p>                  |
| <p><b>POP ACCEPTABLE FREQUENCY FOR CHILDREN</b></p> <p>SSB_CHILD_POP</p> | <p>Imagine that you have a 10-year old child. Is it okay for them to have this type of drink...</p>  <p>20 fl oz</p> <p>Never<br/>Once per month<br/>A few times per month<br/>Once per week<br/>A few times per week<br/>Once per day<br/>As often as they would like<br/>Don't know<br/>Refuse to answer</p> | <p>Imagine que tiene un hijo de 10 años de edad. ¿Le parece bien que tome este tipo de bebida?</p>  <p>20 fl oz</p> <p>Nunca<br/>Una vez al mes<br/>Unas cuantas veces al mes<br/>Una vez a la semana<br/>Unas cuantas veces a la semana<br/>Una vez al día<br/>Tantas veces como quiera<br/>No sabe<br/>Se negó a responder</p> |

**SSB PERCEPTIONS -  
CONDITION**

REVISED 2019

SSB\_CONDITION

[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following set of 2 questions with the same beverage image on screen for each question.]

- Diet soda
- 100% juice
- Energy drink
- Water
- Specialty coffee
- Sports drink
- Chocolate milk
- Iced tea
- Milk



[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following set of 2 questions with the same beverage image on screen for each question.]

- Bebida refrescos/gaseosas de dieta
- 100% jugo
- Bebida energética
- Agua
- Café de especialidad
- Bebida deportivas
- Leche con chocolate
- Té helado
- Leche



|   |  |  |
|---|--|--|
| <p><b>SSB PERCEIVED HEALTHINESS</b></p> <p><i>SSB_HLTH_[TYPE]</i></p>   | <p><b>In your opinion, how unhealthy or healthy is this type of drink?</b></p> <p><i>[show image with fl oz label]</i></p> <p>Very unhealthy<br/>                 Unhealthy<br/>                 A little unhealthy<br/>                 Neither unhealthy nor healthy<br/>                 A little healthy<br/>                 Healthy<br/>                 Very healthy<br/>                 Don't know<br/>                 Refuse to answer</p>                                    | <p><b>En su opinión, ¿qué tan saludable o poco saludable es este tipo de bebida?</b></p> <p><i>[show image with fl oz label]</i></p> <p>Muy mala para la salud<br/>                 Mala para la salud<br/>                 Un poco mala para la salud<br/>                 Ni mala ni buena para la salud<br/>                 Poco saludable<br/>                 Saludable<br/>                 Muy saludable<br/>                 No sabe<br/>                 Se negó a responder</p>                 |
| <p><b>SSB ACCEPTABLE FREQUENCY FOR CHILDREN</b></p> <p><i>SSB_CHILD_[TYPE]</i></p>                                | <p><b>Imagine that you have a 10-year old child. Is it okay for them to have this type of drink...</b></p> <p><i>[show image with fl oz label]</i></p> <p>Never<br/>                 Once per month<br/>                 A few times per month<br/>                 Once per week<br/>                 A few times per week<br/>                 Once per day<br/>                 As often as they would like<br/>                 Don't know<br/>                 Refuse to answer</p> | <p><b>Imagine que tiene un hijo de 10 años de edad. ¿Le parece bien que tome este tipo de bebida?</b></p> <p><i>[show image with fl oz label]</i></p> <p>Nunca<br/>                 Una vez al mes<br/>                 Unas cuantas veces al mes<br/>                 Una vez a la semana<br/>                 Unas cuantas veces a la semana<br/>                 Una vez al día<br/>                 Tantas veces como quiera<br/>                 No sabe<br/>                 Se negó a responder</p> |
| <p><b>SSB DEFINITION</b></p> <p>REVISED 2022<br/>                 REVISED 2024<br/>                 (Spanish)</p> | <p>The next few questions ask about <b>SUGAR AND SUGARY DRINKS</b>.</p> <p>Sugary drinks are drinks that contain added sugar, like soda, fruit drinks, sports drinks, energy drinks, chocolate milk, and specialty coffees that have added sugar.</p>  | <p>Las siguientes preguntas se refieren al <b>AZÚCAR Y A LAS BEBIDAS AZUCARADAS</b>.</p> <p>Las bebidas azucaradas son bebidas que contienen azúcar añadida, como los refrescos/gaseosas, bebidas de fruta, deportivas, energéticas, leche con chocolate y cafés de especialidad a los cuales se les añade azúcar.</p>   |

|   |   |   |
|---|---|---|
| <p><b>SSB SOCIAL NORMS – Q3</b></p> <p>REVISED 2021<br/>REVISED 2023<br/>REVISED 2024</p> <p>SSB_NORMS3_V1</p>                          | <p><b>People important to me <u>TRY NOT</u> to drink <u>SUGARY DRINKS</u>.</b></p> <p>Strongly agree<br/>Agree<br/>Neither agree nor disagree<br/>Disagree<br/>Strongly disagree<br/>Don't know<br/>Refuse to answer</p>  | <p><b>Las personas que me importan <u>TRATAN DE NO</u> tomar <u>BEBIDAS AZUCARADAS</u>.</b></p> <p>Completamente de acuerdo<br/>De acuerdo<br/>Ni de acuerdo ni en desacuerdo<br/>En desacuerdo<br/>Completamente en desacuerdo<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>SWEETENER ACCEPTABILITY FOR CHILDREN</b></p> <p>NEW 2020<br/>CYCLED OUT 2023</p> <p>COUNTRY SPECIFIC WORDING</p> <p>SWT_CHILD</p> | <p><b>Please tell us whether you agree or disagree with the following:</b></p> <p><b>Children should not consume foods or drinks with artificial or low-calorie sweeteners.</b></p> <p>Strongly agree<br/>Agree<br/>Neither agree nor disagree<br/>Disagree<br/>Strongly disagree<br/>Don't know<br/>Refuse to answer</p> | <p><b>Favor de indicarnos si está de acuerdo o en desacuerdo con lo siguiente:</b></p> <p><b>Los niños no deberían consumir alimentos o bebidas con edulcorantes (sustitutos del azúcar).</b></p> <p>Completamente de acuerdo<br/>De acuerdo<br/>Ni de acuerdo ni en desacuerdo<br/>En desacuerdo<br/>Completamente en desacuerdo<br/>No sabe<br/>Se negó a responder</p> |

## NUTRITION KNOWLEDGE

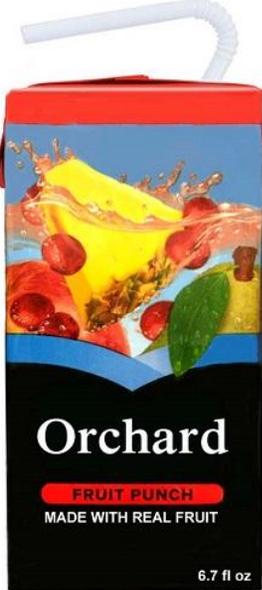
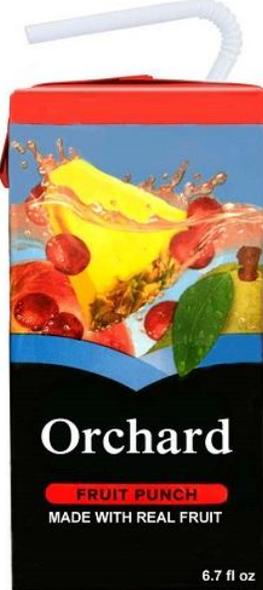
| DOMAIN SOURCE  | ENGLISH   | SPANISH TRANSLATION   |
|--|---|---|
| <p><b>SELF-REPORTED NUTRITION KNOWLEDGE</b></p> <p>ADAPTED FROM TNT 2015, HOBIN CFDR</p> <p>NUT_KNOW</p> | <p><b>How would you rate your nutrition knowledge?</b></p> <p>Not at all knowledgeable<br/>A little knowledgeable<br/>Somewhat knowledgeable<br/>Very knowledgeable<br/>Extremely knowledgeable<br/>Don't know<br/>Refuse to answer</p> | <p><b>¿Cómo calificaría sus conocimientos sobre nutrición?</b></p> <p>No sé nada del tema<br/>Sé muy poco del tema<br/>Tengo algunos conocimientos sobre el tema<br/>Conozco muy bien el tema<br/>Conozco extremadamente bien el tema<br/>No sabe<br/>Se negó a responder</p> |

## SOURCES OF NUTRITION INFORMATION

| DOMAIN<br>SOURCE  | ENGLISH   | SPANISH TRANSLATION   |
|---|---|---|
| <b>PUBLIC EDUCATON</b><br><br>REVISÉD 2020<br>(underline)<br><br>PUBLIC_ED1 | Do you remember seeing any educational messages or campaigns on <u>healthy eating</u> from the government or health authorities in the past 12 months?<br>Yes<br>No<br>Don't know<br>Refuse to answer | ¿Recuerda haber visto mensajes educativos o campañas del gobierno o de organismos de salud sobre <u>alimentación saludable</u> en los últimos 12 meses?<br>Sí<br>No<br>No sabe<br>Se negó a responder |

## FOOD PACKAGING &amp; LABELLING

| DOMAIN<br>SOURCE  | ENGLISH  | SPANISH TRANSLATION   |
|---|--|---|
| <b>NUTRITION INFO IN GROCERY STORES</b><br><br>INFO_GROCERY | In your opinion, is nutrition information easy or hard to find in <u>grocery stores</u> ?<br>Very hard to find<br>Hard to find<br>Neither hard nor easy<br>Easy to find<br>Very easy to find<br>Don't know<br>Refuse to answer | En su opinión, ¿la información nutricional es fácil o difícil de encontrar en <u>las tiendas de alimentos</u> (por ejem., supermercados, abarrotes)?<br>Muy difícil de encontrar<br>Difícil de encontrar<br>Ni fácil ni difícil<br>Fácil de encontrar<br>Muy fácil de encontrar<br>No sabe<br>Se negó a responder |

|   |   |   |
|---|---|---|
| <p><b>LABEL UNDERSTANDING (OBJECTIVE)</b></p> <p>NEW 2022<br/>REVISED 2024 (CAN)</p> <p>FOPL_OBJ_NO</p> | <p><b>In your opinion, is this product...</b></p> <p>[PROGRAMMER NOTE: Show juicebox image with country-specific FOPL (no FOPL in USA, Health Star Rating in Australia, Warning label in Chile/MEX, Traffic Light in UK; in Canada, randomize half the respondents to no FOPL and half to 'High In' label); no NFT to be shown in any country]</p>  <p>Very unhealthy<br/>Unhealthy<br/>In the middle<br/>Healthy<br/>Very healthy<br/>Don't know<br/>Refuse to answer</p> | <p><b>En su opinión, este producto es...</b></p> <p>[PROGRAMMER NOTE: Show juicebox image with country-specific FOPL (no FOPL in USA, Health Star Rating in Australia, Warning label in Chile/MEX, Traffic Light in UK; in Canada, randomize half the respondents to no FOPL and half to 'High In' label); no NFT to be shown in any country]</p>  <p>Muy mala para la salud<br/>Mala para la salud<br/>Medianamente saludable<br/>Saludable<br/>Muy saludable<br/>No sabe<br/>Se negó a responder</p> |
|---|---|---|

**NFT AWARENESS**

REVISED 2020

NFT\_AWARE\_USA

We would now like to ask you some questions about food labels on products.

How often have you seen this type of food label on packages or in stores?

| <b>Nutrition Facts</b>              |           |
|-------------------------------------|-----------|
| 11 servings per container           |           |
| <b>Serving size 4 cookies (23g)</b> |           |
| <b>Amount per serving</b>           |           |
| <b>Calories</b>                     | <b>95</b> |
| <small>% Daily Value*</small>       |           |
| <b>Total Fat</b> 2g                 | <b>3%</b> |
| Saturated Fat 0.3g                  | <b>2%</b> |
| Trans Fat 0g                        |           |
| <b>Cholesterol</b> 0mg              | <b>0%</b> |
| <b>Sodium</b> 110mg                 | <b>5%</b> |
| <b>Total Carbohydrate</b> 15g       | <b>3%</b> |
| Dietary Fiber 3g                    | <b>8%</b> |
| Total Sugars 1g                     |           |
| Includes 1g Added Sugars            | <b>2%</b> |
| <b>Protein</b> 3g                   |           |
| <hr/>                               |           |
| Vitamin D 0mcg                      | 0%        |
| Calcium 52mg                        | 4%        |
| Iron 0.7mg                          | 4%        |
| Potassium 0mg                       | 0%        |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

- Never
- Rarely
- Sometimes
- Often
- All the time
- Don't know
- Refuse to answer

Ahora nos gustaría hacerle algunas preguntas sobre las etiquetas de los productos alimenticios.

¿Con qué frecuencia ha visto este tipo de etiquetado en empaques de alimentos o en tiendas?

| <b>Nutrition Facts</b>              |           |
|-------------------------------------|-----------|
| 11 servings per container           |           |
| <b>Serving size 4 cookies (23g)</b> |           |
| <b>Amount per serving</b>           |           |
| <b>Calories</b>                     | <b>95</b> |
| <small>% Daily Value*</small>       |           |
| <b>Total Fat</b> 2g                 | <b>3%</b> |
| Saturated Fat 0.3g                  | <b>2%</b> |
| Trans Fat 0g                        |           |
| <b>Cholesterol</b> 0mg              | <b>0%</b> |
| <b>Sodium</b> 110mg                 | <b>5%</b> |
| <b>Total Carbohydrate</b> 15g       | <b>3%</b> |
| Dietary Fiber 3g                    | <b>8%</b> |
| Total Sugars 1g                     |           |
| Includes 1g Added Sugars            | <b>2%</b> |
| <b>Protein</b> 3g                   |           |
| <hr/>                               |           |
| Vitamin D 0mcg                      | 0%        |
| Calcium 52mg                        | 4%        |
| Iron 0.7mg                          | 4%        |
| Potassium 0mg                       | 0%        |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

- Nunca
- Rara vez
- Algunas veces
- Frecuentemente
- Todo el tiempo
- No sabe
- Se negó a responder

**NFT USE**  
ADAPTED FROM 2014  
FDA HEALTH AND DIET  
SURVEY

REVISED 2020

NFT\_USE\_USA

UNIVERSE: nft\_aware\_USA= 'rarely', 'sometimes', 'often', or 'all the time'

How often do you use this type of food label when deciding to buy a food product?

| Nutrition Facts                     |           |
|-------------------------------------|-----------|
| 11 servings per container           |           |
| Serving size <b>4 cookies (23g)</b> |           |
| Amount per serving                  |           |
| <b>Calories</b>                     | <b>95</b> |
| % Daily Value*                      |           |
| Total Fat 2g                        | 3%        |
| Saturated Fat 0.3g                  | 2%        |
| Trans Fat 0g                        |           |
| Cholesterol 0mg                     | 0%        |
| Sodium 110mg                        | 5%        |
| Total Carbohydrate 15g              | 3%        |
| Dietary Fiber 3g                    | 8%        |
| Total Sugars 1g                     |           |
| Includes 1g Added Sugars            | 2%        |
| <b>Protein 3g</b>                   |           |
| Vitamin D 0mcg                      | 0%        |
| Calcium 52mg                        | 4%        |
| Iron 0.7mg                          | 4%        |
| Potassium 0mg                       | 0%        |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

- Never
- Rarely
- Sometimes
- Often
- All the time
- Don't know
- Refuse to answer

UNIVERSE: nft\_aware\_USA= 'rarely', 'sometimes', 'often', or 'all the time'

¿Con qué frecuencia usa este tipo de etiquetado de productos alimenticios para decidir si compra algún producto alimenticio?

| Nutrition Facts                     |           |
|-------------------------------------|-----------|
| 11 servings per container           |           |
| Serving size <b>4 cookies (23g)</b> |           |
| Amount per serving                  |           |
| <b>Calories</b>                     | <b>95</b> |
| % Daily Value*                      |           |
| Total Fat 2g                        | 3%        |
| Saturated Fat 0.3g                  | 2%        |
| Trans Fat 0g                        |           |
| Cholesterol 0mg                     | 0%        |
| Sodium 110mg                        | 5%        |
| Total Carbohydrate 15g              | 3%        |
| Dietary Fiber 3g                    | 8%        |
| Total Sugars 1g                     |           |
| Includes 1g Added Sugars            | 2%        |
| <b>Protein 3g</b>                   |           |
| Vitamin D 0mcg                      | 0%        |
| Calcium 52mg                        | 4%        |
| Iron 0.7mg                          | 4%        |
| Potassium 0mg                       | 0%        |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

- Nunca
- Rara vez
- Algunas veces
- Frecuentemente
- Todo el tiempo
- No sabe
- Se negó a responder

|  |   |  |
|--|---|--|
| <p><b>NFT UNDERSTANDING</b></p> <p>REVISED 2020</p> <p>NFT_UNDERSTAND_U<br/>SA</p> | <p>Do you find this information...</p>  <p>Very hard to understand<br/>Hard to understand<br/>Neither hard nor easy<br/>Easy to understand<br/>Very easy to understand<br/>Don't know<br/>Refuse to answer</p> | <p>La información la considera...</p>  <p>Muy difícil de entender<br/>Difícil de entender<br/>Ni fácil ni difícil<br/>Fácil de entender<br/>Muy fácil de entender<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>NFT INFLUENCE</b></p> <p>LABEL_OVERALL</p>                                   | <p>Overall, how much do food labels influence what you eat?</p> <p>No influence at all<br/>A little influence<br/>Some influence<br/>A lot of influence<br/>Very strong influence<br/>Don't know<br/>Refuse to answer</p>   | <p>En general, ¿qué tanta influencia tiene el etiquetado en los alimentos que consume?</p> <p>Ningún tipo de influencia<br/>Poca influencia<br/>Algo de influencia<br/>Mucha influencia<br/>Una fuerte influencia<br/>No sabe<br/>Se negó a responder</p>                                    |

|  |   |   |
|--|---|---|
| <p><b>WL AWARENESS ON MEXICAN FOOD OR DRINK PRODUCTS</b></p> <p>NEW 2021<br/>REVISED 2024</p> <p>MX_WL_AWARE</p> | <p>UNIVERSE: US</p> <p><b>In the last month, how often have you seen this type of food label on food or drink products from Mexico?</b></p> <p>Include food labels you have seen at stores, at home or any other places.</p>  <p>Never<br/>Rarely<br/>Sometimes<br/>Often<br/>All the time<br/>Don't know<br/>Refuse to answer</p>   | <p>UNIVERSE: US</p> <p><b>En el último mes, ¿con qué frecuencia ha visto este tipo de etiquetado en alimentario en los productos de alimentos o bebidas procedentes de México?</b></p> <p>Incluya etiquetas de alimentos que haya visto en tiendas, en casa o en cualquier otro lugar.</p>  <p>Nunca<br/>Rara vez<br/>Algunas veces<br/>Frecuentemente<br/>Todo el tiempo<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>WL IMPACT</b></p> <p>NEW 2020<br/>REVISED 2021<br/>(universe)<br/>REVISED 2023</p> <p>WL_IMP_[TYPE]</p>    | <p>UNIVERSE: US and Mexico<br/>UNIVERSE: MX_WL_AWARE = 'rarely', 'sometimes', 'often', or 'all the time'</p> <p><b>Have the warning labels (black octagons) changed whether you buy the following packaged products for you or your family?</b></p> <p><b>Cola</b> (Coca-Cola, Pepsi, etc.)<br/><b>Sugary cereals</b><br/><b>Plain milk</b> (not flavored)<br/><b>Flavored milk</b> (chocolate, strawberry, etc.)<br/><b>Plain sparkling or mineral water</b> (not flavored)<br/><b>Sliced bread</b></p> <p>Buy less<br/>Buy more<br/>No change<br/>Don't know<br/>Refuse to answer</p> | <p>UNIVERSE: US and Mexico<br/>UNIVERSE: MX_WL_AWARE = 'rarely', 'sometimes', 'often', or 'all the time'</p> <p><b>¿Las etiquetas de advertencia (los octágonos negros) han cambiado su decisión de comprar los siguientes productos empaquetados para usted o su familia?</b></p> <p><b>Bebida refrescos de cola</b> (Coca-Cola, Pepsi, etc.)<br/><b>Cereales azucarados</b><br/><b>Leche entera o descremada</b> (no saborizada)<br/><b>Leche (entera o descremada) saborizada</b> (chocolate, fresa, etc.)<br/><b>Agua mineral o gasificada</b><br/><b>Pan de caja</b></p> <p>Compra menos<br/>Compra más<br/>No ha cambiado<br/>No sabe<br/>Se negó a responder</p> |

|   |  |   |
|---|--|---|
| <p><b>DISCUSS LABELS</b></p> <p><b>NEW 2020</b></p> <p><i>LABEL_DISCUSS</i></p> | <p><b>In the last month, how often have you talked to others about nutrition labels on foods or beverages?</b></p> <p>Not at all</p> <p>Once</p> <p>A few times</p> <p>Often</p> <p>Very often</p> <p>Don't know</p> <p>Refuse to answer</p> | <p><b>En el último mes, ¿con qué frecuencia ha hablado con otras personas sobre las etiquetas nutrimentales de los alimentos o bebidas?</b></p> <p>Nunca</p> <p>Una vez</p> <p>Unas cuantas veces</p> <p>Frecuentemente</p> <p>Muy a menudo</p> <p>No sabe</p> <p>Se negó a responder</p> |
|---|--|---|

**FOOD PROCESSING KNOWLEDGE**

REVISED 2019  
REVISED 2020  
REVISED 2022  
REVISED 2023

HLTH1... HLTH11  
HLTH1\_DKR...HLTH11\_DKR  
HLTH1V...HLTH11V  
HLTH\_ORDER  
HLTH\_ORDER\_V

Summary of revisions: 2019 corrected error in apple drink from 2018 (converted serving size to fl oz, and replaced deli ham with deli chicken. 2020 updated NFT images; deleted “Quaker” from oats ingredient list; corrected flipped scale for cheese slice (mobile version); added fish items. 2022 added sugar to applesauce ingredients; increased added sugar amount in apple drink; increased sodium in tuna. 2023 deleted 7 products (applesauce, cereal, cheese, deli meat, all 3 fish products). Refer to the User Guide for further information.

[PROGRAMMER NOTE: show country specific food categories. Randomize order of 8 food products, and record order of randomization. Prevent respondents from using back button to return to previous questions in set. Show scale horizontally on computer browsers, and vertically on smartphone and tablet browsers.]

**Overall, how healthy is this food product?**

Please answer on a scale from 0 to 10, where 0 = Not at all healthy, and 10 = Extremely healthy.

0 1 2 3 4 5 6 7 8 9 10

Not at all healthy

Extremely healthy

Don't know

Refuse to answer



| Nutrition Facts                |     |
|--------------------------------|-----|
| About 4 servings per container |     |
| Serving size 8 fl oz (240mL)   |     |
| Amount per serving             |     |
| <b>Calories 120</b>            |     |
| Total Fat 0g                   | 0%  |
| Saturated Fat 0g               | 0%  |
| Trans Fat 0g                   | 0%  |
| Cholesterol 0mg                | 0%  |
| Sodium 17g                     | 0%  |
| Total Carbohydrate 29g         | 11% |
| Dietary Fiber 0g               | 0%  |
| Total Sugars 29g               | 14% |
| Includes 7g Added Sugars       | 14% |
| Protein 0g                     | 0%  |
| Vitamin D 0mg                  | 0%  |
| Calcium 0mg                    | 0%  |
| Iron 0mg                       | 0%  |
| Potassium 200mg                | 4%  |
| Vitamin C 80mg                 | 90% |

INGREDIENTS: WATER, RECONSTITUTED APPLE JUICE (20% JUICE), SUGAR, FOOD ACIDS (MALIC ACID, POTASSIUM CITRATE), FLAVOR, VITAMIN C.



| Nutrition Facts            |     |
|----------------------------|-----|
| 25 servings per container  |     |
| Serving size 1/2 cup (40g) |     |
| Amount per serving         |     |
| <b>Calories 160</b>        |     |
| Total Fat 2.5g             | 5%  |
| Saturated Fat 0.5g         | 1%  |
| Trans Fat 0g               | 0%  |
| Cholesterol 0mg            | 0%  |
| Sodium 0mg                 | 0%  |
| Total Carbohydrate 27g     | 10% |
| Dietary Fiber 4g           | 14% |
| Total Sugars 0g            | 0%  |
| Includes 0g Added Sugars   | 0%  |
| Protein 5g                 | 10% |
| Vitamin D 0mg              | 0%  |
| Calcium 27mg               | 2%  |
| Iron 0mg                   | 0%  |
| Potassium 100mg            | 2%  |

INGREDIENTS: 100% WHOLE GRAIN ROLLED OATS.



| Nutrition Facts           |     |
|---------------------------|-----|
| 5 servings per container  |     |
| Serving size 1 bar (50g)  |     |
| Amount per serving        |     |
| <b>Calories 180</b>       |     |
| Total Fat 5g              | 10% |
| Saturated Fat 2g          | 4%  |
| Trans Fat 0g              | 0%  |
| Cholesterol 0mg           | 0%  |
| Sodium 100mg              | 2%  |
| Total Carbohydrate 33g    | 12% |
| Dietary Fiber 5g          | 19% |
| Total Sugars 15g          | 30% |
| Includes 11g Added Sugars | 22% |
| Protein 4g                | 8%  |
| Vitamin D 0mg             | 0%  |
| Calcium 30mg              | 2%  |
| Iron 0mg                  | 0%  |
| Potassium 100mg           | 2%  |

INGREDIENTS: GRANOLA CRUST: WHOLE GRAIN OATS, SUGAR, PALM OIL, WITH THING FOR FRESHNESS, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 THIAMIN, MONOPHOSPHATE, VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), CORN SYRUP, DRY FIBER, SOLATED SOY PROTEIN, MALTODEXTRIN, ACARIA GUM, GLYCERIN, CELLULOSE, INVERT SUGAR, MOJASSES, NATURAL FLAVORS, LACTINOS (BARRIS SODA, SODIUM ACID PYROPHOSPHATE), SALT, SOY LECTIN, BHT (PRESERVATIVE), PEANUT FLOUR, ROASTED MILK FILLING, INVERT SUGAR, CORN SYRUP, STRAWBERRY PUREE CONCENTRATE, GLYCERIN, SUGAR, MODIFIED CORN STARCH, SODIUM ALUMINATE, CITRIC ACID, SODIUM PHOSPHATE, MENTHOL CELLULOSE, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MALIC ACID, RED 40.

[PROGRAMMER NOTE: show country specific food categories. Randomize order of 8 food products, and record order of randomization. Prevent respondents from using back button to return to previous questions in set. Show scale horizontally on computer browsers, and vertically on smartphone and tablet browsers.]

**En general, ¿qué tan saludable es este producto alimenticio?**

Por favor responda usando la escala del 0 al 10, donde 0 = Nada saludable y 10 = Extremadamente saludable.

0 1 2 3 4 5 6 7 8 9 10

Nada saludable

Extremadamente saludable

No sabe

Se negó a responder



| Nutrition Facts                |     |
|--------------------------------|-----|
| About 4 servings per container |     |
| Serving size 8 fl oz (240mL)   |     |
| Amount per serving             |     |
| <b>Calories 120</b>            |     |
| Total Fat 0g                   | 0%  |
| Saturated Fat 0g               | 0%  |
| Trans Fat 0g                   | 0%  |
| Cholesterol 0mg                | 0%  |
| Sodium 17g                     | 0%  |
| Total Carbohydrate 29g         | 11% |
| Dietary Fiber 0g               | 0%  |
| Total Sugars 29g               | 14% |
| Includes 7g Added Sugars       | 14% |
| Protein 0g                     | 0%  |
| Vitamin D 0mg                  | 0%  |
| Calcium 0mg                    | 0%  |
| Iron 0mg                       | 0%  |
| Potassium 200mg                | 4%  |
| Vitamin C 80mg                 | 90% |

INGREDIENTS: WATER, RECONSTITUTED APPLE JUICE (20% JUICE), SUGAR, FOOD ACIDS (MALIC ACID, POTASSIUM CITRATE), FLAVOR, VITAMIN C.



| Nutrition Facts            |     |
|----------------------------|-----|
| 25 servings per container  |     |
| Serving size 1/2 cup (40g) |     |
| Amount per serving         |     |
| <b>Calories 160</b>        |     |
| Total Fat 2.5g             | 5%  |
| Saturated Fat 0.5g         | 1%  |
| Trans Fat 0g               | 0%  |
| Cholesterol 0mg            | 0%  |
| Sodium 0mg                 | 0%  |
| Total Carbohydrate 27g     | 10% |
| Dietary Fiber 4g           | 14% |
| Total Sugars 0g            | 0%  |
| Includes 0g Added Sugars   | 0%  |
| Protein 5g                 | 10% |
| Vitamin D 0mg              | 0%  |
| Calcium 27mg               | 2%  |
| Iron 0mg                   | 0%  |
| Potassium 100mg            | 2%  |

INGREDIENTS: 100% WHOLE GRAIN ROLLED OATS.



| Nutrition Facts           |     |
|---------------------------|-----|
| 5 servings per container  |     |
| Serving size 1 bar (50g)  |     |
| Amount per serving        |     |
| <b>Calories 180</b>       |     |
| Total Fat 5g              | 10% |
| Saturated Fat 2g          | 4%  |
| Trans Fat 0g              | 0%  |
| Cholesterol 0mg           | 0%  |
| Sodium 100mg              | 2%  |
| Total Carbohydrate 33g    | 12% |
| Dietary Fiber 5g          | 19% |
| Total Sugars 15g          | 30% |
| Includes 11g Added Sugars | 22% |
| Protein 4g                | 8%  |
| Vitamin D 0mg             | 0%  |
| Calcium 30mg              | 2%  |
| Iron 0mg                  | 0%  |
| Potassium 100mg           | 2%  |

INGREDIENTS: GRANOLA CRUST: WHOLE GRAIN OATS, SUGAR, PALM OIL, WITH THING FOR FRESHNESS, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 THIAMIN, MONOPHOSPHATE, VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), CORN SYRUP, DRY FIBER, SOLATED SOY PROTEIN, MALTODEXTRIN, ACARIA GUM, GLYCERIN, CELLULOSE, INVERT SUGAR, MOJASSES, NATURAL FLAVORS, LACTINOS (BARRIS SODA, SODIUM ACID PYROPHOSPHATE), SALT, SOY LECTIN, BHT (PRESERVATIVE), PEANUT FLOUR, ROASTED MILK FILLING, INVERT SUGAR, CORN SYRUP, STRAWBERRY PUREE CONCENTRATE, GLYCERIN, SUGAR, MODIFIED CORN STARCH, SODIUM ALUMINATE, CITRIC ACID, SODIUM PHOSPHATE, MENTHOL CELLULOSE, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MALIC ACID, RED 40.

|   |   |   |  |   |
|---|---|---|--|---|
|  <p><b>DAIRY FRESH</b><br/>1% Milk</p> | <p><b>Nutrition Facts</b><br/>About 8 servings per container<br/>Serving size 1 cup (240mL)<br/>Amount per serving<br/><b>Calories 100</b></p> <p>Total Fat 4.5g 9%<br/>Saturated Fat 1.5g 3%<br/>Trans Fat 0g<br/>Cholesterol 10mg 2%<br/>Sodium 110mg 5%<br/>Total Carbohydrate 13g 4%<br/>Dietary Fiber 0g 0%<br/>Total Sugars 11g<br/>Includes 1g Added Sugars 0%<br/>Protein 8g</p> <p>Vitamin D 40mg 20%<br/>Calcium 260mg 26%<br/>Iron 0mg 0%<br/>Potassium 270mg 6%<br/>Vitamin A 210mcg 42%</p> <p><small>*Percent Daily Values are based on a diet of other people's misdeeds.</small></p> <p>INGREDIENTS: PASTEURIZED, UHT, SKIMMED MILK, VITAMIN A PALMATE, VITAMIN D3.</p> |  <p><b>Jack's</b><br/>Protein 1% Milk</p> <p><b>Nutrition Facts</b><br/>16 servings per container<br/>Serving size 1 slice (21g)<br/>Amount per serving<br/><b>Calories 60</b></p> <p>Total Fat 4.5g 9%<br/>Saturated Fat 1.5g 3%<br/>Trans Fat 0g<br/>Cholesterol 10mg 2%<br/>Sodium 200mg 10%<br/>Total Carbohydrate 2g 1%<br/>Dietary Fiber 0g 0%<br/>Total Sugars 2g<br/>Includes 0g Added Sugars 0%<br/>Protein 12g</p> <p>Vitamin D 40mg 20%<br/>Calcium 260mg 26%<br/>Iron 0mg 0%<br/>Potassium 270mg 6%<br/>Vitamin A 210mcg 42%</p> <p><small>*Percent Daily Values are based on a diet of other people's misdeeds.</small></p> <p>INGREDIENTS: MILK, CHEDDAR CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WHIPPED MILK PROTEIN CONCENTRATE, MILK FAT, SODIUM CITRATE, CONTAINS LESS THAN 2% OF CALCIUM PHOSPHATE, MODIFIED FOOD STARCH, WHEAT FIBRE CONCENTRATE, SALT, LACTIC ACID, ANNATTO AND PAPRIKA EXTRACT, COCOA, NATURAL FLAVOR, NATURAL MILD SPICES, ENZYMES, CHEESE CULTURE, VITAMIN D3.</p> |  <p><b>DAIRY FRESH</b><br/>1% Milk</p>  |  <p><b>Jack's</b><br/>Protein 1% Milk</p> <p><b>Nutrition Facts</b><br/>About 8 servings per container<br/>Serving size 1 cup (240mL)<br/>Amount per serving<br/><b>Calories 100</b></p> <p>Total Fat 4.5g 9%<br/>Saturated Fat 1.5g 3%<br/>Trans Fat 0g<br/>Cholesterol 10mg 2%<br/>Sodium 110mg 5%<br/>Total Carbohydrate 13g 4%<br/>Dietary Fiber 0g 0%<br/>Total Sugars 11g<br/>Includes 1g Added Sugars 0%<br/>Protein 8g</p> <p>Vitamin D 40mg 20%<br/>Calcium 260mg 26%<br/>Iron 0mg 0%<br/>Potassium 270mg 6%<br/>Vitamin A 210mcg 42%</p> <p><small>*Percent Daily Values are based on a diet of other people's misdeeds.</small></p> <p>INGREDIENTS: PASTEURIZED, UHT, SKIMMED MILK, VITAMIN A PALMATE, VITAMIN D3.</p>  |
| <p><b>ULTRA-PROCESSED FOOD TERM AWARENESS</b></p> <p><b>NEW 2023</b></p> <p>UPF_AWARE</p>                               | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p>Have you heard of the term 'ultra-processed food'?</p> <p>Yes</p> <p>No</p> <p>Don't know</p> <p>Refuse to answer</p>   | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p>¿Ha oído hablar del término "alimentos ultraprocesados"?</p> <p>Sí</p> <p>No</p> <p>No sabe</p> <p>Se negó a responder</p>  |  <p><b>COUNTRY FARMS</b><br/>chicken breast fillets</p> <p><b>Nutrition Facts</b><br/>6 servings per container<br/>Serving size 1 fillet (151g)<br/>Amount per serving<br/><b>Calories 160</b></p> <p>Total Fat 13g 26%<br/>Saturated Fat 5g 10%<br/>Trans Fat 0g<br/>Cholesterol 20mg 4%<br/>Sodium 20mg 1%<br/>Total Carbohydrate 0g 0%<br/>Dietary Fiber 0g 0%<br/>Total Sugars 0g 0%<br/>Includes 0g Added Sugars 0%<br/>Protein 31g</p> <p>Vitamin D 0mg 0%<br/>Calcium 0mg 0%<br/>Iron 0mg 0%<br/>Potassium 0mg 0%</p> <p><small>*Percent Daily Values are based on a diet of other people's misdeeds.</small></p> <p>INGREDIENTS: CHICKEN BREAST, WATER, TOASTED WHEAT CRUMBS, WHOLE WHEAT FLOUR, WHEAT FLOUR, MODIFIED CORN STARCH, RICE STARCH, SALT, PEPPER, SPICES, SUGAR POWDER, ONION POWDER, SUGAR, BAKING POWDER, BROWNED IN CANOLA OIL.</p> |  <p><b>PHIL'S</b><br/>chicken Nuggets</p> <p><b>Nutrition Facts</b><br/>8 servings per container<br/>Serving size 4 nuggets (100g)<br/>Amount per serving<br/><b>Calories 240</b></p> <p>Total Fat 13g 26%<br/>Saturated Fat 5g 10%<br/>Trans Fat 0g<br/>Cholesterol 20mg 4%<br/>Sodium 20mg 1%<br/>Total Carbohydrate 21g 4%<br/>Dietary Fiber 0g 0%<br/>Total Sugars 1g<br/>Includes 1g Added Sugars 2%<br/>Protein 12g</p> <p>Vitamin D 0mg 0%<br/>Calcium 0mg 0%<br/>Iron 0mg 0%<br/>Potassium 0mg 0%</p> <p><small>*Percent Daily Values are based on a diet of other people's misdeeds.</small></p> <p>INGREDIENTS: CHICKEN BREAST, WATER, TOASTED WHEAT CRUMBS, WHOLE WHEAT FLOUR, WHEAT FLOUR, MODIFIED CORN STARCH, RICE STARCH, SALT, PEPPER, SPICES, SUGAR POWDER, ONION POWDER, SUGAR, BAKING POWDER, BROWNED IN CANOLA OIL.</p> |

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| <p><b>ULTRA PROCESSED FOOD IDENTIFICATION</b></p> <p><b>NEW 2024</b></p> <p>UPF_ID_APPLE<br/>UPF_ID_JUICE<br/>UPF_ID_OATS<br/>UPF_ID_BAR<br/>UPF_ID_MILK<br/>UPF_ID_CHEESE<br/>UPF_ID_CHICK<br/>UPF_ID_NUGG<br/>UPF_ID_NDKR</p> | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p><b>Which, if any, of the following products are ultra-processed?</b></p> <p><i>Select all that apply.</i></p> <p>[PROGRAMMER NOTE: Show 8 products on screen, in random order (no NFTs). Prevent respondents from using back button to return to previous question].</p>  <p>None of these are ultra-processed<br/>Don't know [valid answer]<br/>Refuse to answer</p> | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p><b>¿Cuál de los siguientes productos es ultraprocesado (si lo hay)?</b></p> <p><i>Seleccione todas las opciones que apliquen.</i></p> <p>[PROGRAMMER NOTE: Show 8 products on screen, in random order (no NFTs). Prevent respondents from using back button to return to previous question].</p>  <p>Ninguno de ellos es ultraprocesado<br/>No sabe [valid answer]<br/>Se negó a responder</p> |
|---|---|---|

## MENU LABELLING

| DOMAIN SOURCE   | ENGLISH  | SPANISH TRANSLATION  |
|---|--|--|
| <b>LAST RESTAURANT VISIT</b><br>FCMS<br><br><i>REST_VISIT</i>   | [PROGRAMMER NOTE: HIDE BACK BUTTON]<br><b>When was the last time you visited a restaurant (including a fast-food outlet or coffee shop)?</b><br>Within the last 24 hours<br>Within the last 7 days<br>Within the last month<br>Within the last 3 months<br>Within the last 6 months<br>Longer than 6 months ago<br>Don't know<br>Refuse to answer  | [PROGRAMMER NOTE: HIDE BACK BUTTON]<br><b>¿Cuándo fue la última vez que comió en un restaurante (incluidos establecimientos de comida rápida o cafeterías)?</b><br>En las últimas 24 horas<br>En los últimos 7 días<br>En el último mes<br>En los últimos 3 meses<br>En los últimos 6 meses<br>Hace más de 6 meses<br>No sabe<br>Se negó a responder   |
| <b>MENU LABELLING – NOTICING</b><br>FCMS (ADAPTED)<br><br><i>REST_INFO</i>  | <i>UNIVERSE: Visited restaurant within last 6 months (rest_visit=1-5)</i><br><b>The last time you visited a restaurant, did you notice any nutrition information?</b><br>Yes<br>No<br>Don't know<br>Refuse to answer   | <i>UNIVERSE: Visited restaurant within last 6 months (rest_visit=1-5)</i><br><b>La última vez que comió en un restaurante, ¿vio en algún lugar información nutricional?</b><br>Sí<br>No<br>No sabe<br>Se negó a responder  |
| <b>MENU LABELLING – NOTICING LOCATION</b><br><br><i>REST_INFO_[TYPE]</i><br><i>REST_INFO_DK</i><br><i>REST_INFO_R</i><br><i>REST_INFO_OTEXT</i> | <i>UNIVERSE: Noticed nutrition info (rest_info=yes)</i><br><b>Where was this information located? (Select all that apply)</b><br>On the menu/menu board<br>On a poster or sign<br>Next to a food item<br>On the item packaging/wrapper<br>On the tray liner<br>On a napkin<br>In a pamphlet or brochure<br>On a computer screen / At a kiosk<br>Other → Please specify: [open-ended]<br>Don't know<br>Refuse to answer | <i>UNIVERSE: Noticed nutrition info (rest_info=yes)</i><br><b>¿Dónde se encontraba esa información? (Seleccione todas las opciones que apliquen)</b><br>En el menú / pizarrón del menú<br>En un póster o letrero<br>Junto al nombre del alimento<br>En el empaque / envoltorio del alimento<br>En la manteleta de papel de la charola<br>En una servilleta<br>En un panfleto o folleto<br>En la pantalla de una computadora / En un kiosco<br>Otro → Favor de especificar: [respuesta abierta]<br>No sabe<br>Se negó a responder |

|  |   |   |
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| <p><b>ONLINE ORDERING: MENU LABELLING – NOTICING</b></p> <p>NEW 2023<br/>REVISED 2024 (USA)</p> <p>ONLN_INFO</p>         | <p><i>UNIVERSE: Ordered restaurant food online in the past 30 days (onln_rest=1)</i><br/>[PROGRAMMER NOTE: Randomize each respondent in USA to view either “nutrition information” or “calorie information”.]</p> <p><b>The last time you ordered restaurant food from a website or an app, did you notice any [nutrition/calorie] information?</b></p> <p>Yes<br/>No<br/>Don’t know<br/>Refuse to answer</p>   | <p><i>UNIVERSE: Ordered restaurant food online in the past 30 days (onln_rest=1)</i><br/>[PROGRAMMER NOTE: Randomize each respondent in USA to view either “nutrition information” or “calorie information”.]</p> <p><b>La última vez que pidió comida de un restaurante en un sitio web o aplicación, ¿vio alguna [información nutrimental/ información sobre las calorías]?</b></p> <p>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>ONLINE ORDERING: NUTRITION INFO ACCESSIBILITY</b></p> <p>NEW 2023<br/>REVISED 2024 (USA)</p> <p>ONLN_INFO_EASE</p> | <p><i>UNIVERSE: Ordered restaurant food online in the past 30 days (onln_rest=1)</i><br/>[PROGRAMMER NOTE: Randomize each respondent in USA to view either “nutrition information” or “calorie information”.]</p> <p><b>In your opinion, is [nutrition/calorie] information easy or hard to find when you are ordering restaurant food online?</b></p> <p>Very hard to find<br/>Hard to find<br/>Neither hard nor easy<br/>Easy to find<br/>Very easy to find<br/>Don’t know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Ordered restaurant food online in the past 30 days (onln_rest=1)</i><br/>[PROGRAMMER NOTE: Randomize each respondent in USA to view either “nutrition information” or “calorie information”.]</p> <p><b>En su opinión, ¿la [información nutrimental / información sobre las calorías] es fácil o difícil de encontrar cuando pide comida de restaurantes en línea?</b></p> <p>Muy difícil de encontrar<br/>Difícil de encontrar<br/>Ni difícil ni fácil<br/>Fácil de encontrar<br/>Muy fácil de encontrar<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>ONLINE GROCERY ORDERING: NUTRITION INFO ACCESSIBILITY</b></p> <p>NEW 2024</p> <p>ONLN_INFOGR_EASE</p>              | <p><i>UNIVERSE: Ordered groceries online in the past 30 days (onln_gstore=1 or onln_gonln=1)</i></p> <p><b>In your opinion, is nutrition information easy or hard to find when you are ordering GROCERIES ONLINE?</b></p> <p>Very hard to find<br/>Hard to find<br/>Neither hard nor easy<br/>Easy to find<br/>Very easy to find<br/>Don’t know<br/>Refuse to answer</p>  | <p><i>UNIVERSE: Ordered groceries online in the past 30 days (onln_gstore=1 or onln_gonln=1)</i></p> <p><b>En su opinión, ¿la información nutrimental es fácil o difícil de encontrar cuando pide COMESTIBLES EN LÍNEA?</b></p> <p>Muy difícil de encontrar<br/>Difícil de encontrar<br/>Ni fácil ni difícil<br/>Fácil de encontrar<br/>Muy fácil de encontrar<br/>No sabe<br/>Se negó a responder</p>  |

**FOOD GUIDE / DIETARY RECOMMENDATIONS**

| DOMAIN SOURCE  | ENGLISH  | SPANISH TRANSLATION  |
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| <p><b>FOOD GUIDE – LAST USE</b><br/>OTTAWA AND CFDR (ADAPTED TIME ANCHORS)</p> | <p><b>When was the <u>last time</u> you looked at MyPlate or the Food Guide Pyramid, if ever?</b></p> <p>In the last month<br/>In the last 6 months<br/>In the last year</p> | <p><b>¿Cuándo fue la <u>última vez</u> que leyó La Guía Nutricional “Mi Plato” o La Guía Pirámide de Alimentos, si alguna vez tuvo la oportunidad?</b></p> <p>En el último mes<br/>En los últimos 6 meses<br/>En el último año</p> |

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| <p>FG_LOOK</p>   | <p>More than a year ago<br/>Never<br/>Don't know<br/>Refuse to answer</p>   | <p>Hace más de un año<br/>Nunca<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>CHILD – SCHOOL FOOD PROGRAM PARTICIPATION</b><br/><br/>NEW 2023<br/><br/>SCH_PART</p>                | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i><br/><b>Does your child get food from a <u>free or reduced-price</u> breakfast or lunch program <u>at their school</u>?</b><br/>No<br/>Yes – from a breakfast program<br/>Yes – from a lunch program<br/>Yes – from a breakfast and lunch program<br/>Does not apply to me [valid answer]<br/>Don't know<br/>Refuse to answer</p>           | <p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i><br/><b>¿Su hijo(a) recibe alimentos de un programa de desayunos o almuerzos <u>gratuitos o a precio reducido en su escuela</u>?</b><br/>No<br/>Sí – de un programa de desayunos<br/>Sí – de un programa de almuerzos<br/>Sí – de un programa de desayunos y almuerzos<br/>No se aplica a mí [valid answer]<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>CHILD – SCHOOL FOOD PROGRAM PARTICIPATION FREQUENCY</b><br/><br/>NEW 2024<br/><br/>SCH_PART_FREQ</p> | <p><i>UNIVERSE: Child receives food from a free/reduced-price school food program (sch_part=2-4)</i><br/><b>How many days per week does your child get food from a <u>free or reduced-price</u> breakfast or lunch program <u>at their school</u>?</b><br/>Less than once a week<br/>1 day per week<br/>2 days per week<br/>3 days per week<br/>4 days per week<br/>5 days per week<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Child receives food from a free/reduced-price school food program (sch_part=2-4)</i><br/><b>¿Cuántos días a la semana recibe su hijo(a) alimentos de un programa de desayunos o almuerzos <u>gratuitos o a precio reducido en su escuela</u>?</b><br/><u>Menos de una vez a la semana</u><br/><u>1 día por semana</u><br/><u>2 días por semana</u><br/><u>3 días por semana</u><br/><u>4 días por semana</u><br/><u>5 días por semana</u><br/>No sabe<br/>Se negó a responder</p> |
| <p><b>CHILD – SCHOOL FOOD PROGRAM AVAILABILITY</b><br/><br/>NEW 2023<br/><br/>SCH_AVAIL</p>                | <p><i>UNIVERSE: Child participates in any school food program (child_home&gt;0 and sch_part=2-4)</i><br/><b>Can all students in your child's school get food from the <u>free or reduced-price</u> breakfast or lunch program?</b><br/>All students<br/>Only students from families who need extra financial help<br/>Don't know [valid answer]<br/>Refuse to answer</p>  | <p><i>UNIVERSE: Child participates in any school food program (child_home&gt;0 and sch_part=2-4)</i><br/><b>¿Pueden todos los alumnos de la escuela de su hijo(a) obtener alimentos del programa de desayunos o almuerzos <u>gratuitos o a precio reducido</u>?</b><br/>Todos los estudiantes<br/>Solo los estudiantes de familias que necesitan ayuda económica adicional<br/>No sabe [valid answer]<br/>Se negó a responder</p>   |

## FOOD MARKETING

| DOMAIN<br>SOURCE  | ENGLISH   | SPANISH TRANSLATION   |
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| <p><b>EXPOSURE TO UNHEALTHY FOOD MARKET-G - LOCATION</b></p> <p>REVISED 2020 (translation)<br/>REVISED 2022<br/>REVISED 2023</p> <p>COUNTRY SPECIFIC WORDING</p> <p>MKTG_LOC_[TYPE]<br/>MKTG_LOC_NONE<br/>MKTG_LOC_DK<br/>MKTG_LOC_R<br/>MKTG_LOC_OTEXT</p> | <p>In the last 30 days, have you seen or heard advertisements or promotions for <u>'unhealthy foods'</u> in the following places? (Select all that apply)</p> <p><i>Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p>TV (broadcast/cable TV, on-demand, streaming)<br/>Radio<br/>Online / internet<br/>Mobile app / video game<br/>Social media (e.g., Twitter/X, Facebook, Instagram)<br/>In a text message<br/>Magazine or newspaper<br/>Billboard or outdoor sign (e.g., posters)<br/>On buses, bus stops and other public transit<br/>In movies or at movie theaters<br/>At school / on campus<br/>Signs or displays in grocery or convenience stores or restaurants<br/>At a recreation/community center<br/>Sports event, concert or community event<br/>Giveaways, samples or special offers<br/>Other → Please specify: [open-ended]<br/>I haven't seen any advertising or promotions for unhealthy food in the last 30 days<br/>Don't know<br/>Refuse to answer</p> | <p>En los últimos 30 días, ¿ha visto o escuchado anuncios o promociones de <u>"alimentos no saludables"</u> en los siguientes lugares? (Seleccione todos los que correspondan)</p> <p><i>Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate.</i></p> <p>Televisión (teledifusión/TV por cable, on-demand, streaming)<br/>Radio<br/>En línea / Internet<br/>Apps móviles / videojuegos<br/>Redes sociales (por ejem., Twitter/X, Facebook, Instagram)<br/>En un mensaje de texto<br/>Revista o periódico<br/>Anuncio espectacular o letrero en exteriores (por ejem., posters)<br/>En autobuses, paradas de autobuses y otros transportes públicos<br/>En películas de cine o en cines<br/>En la escuela / universidad<br/>Letreros o exhibidores de tiendas de conveniencia o de alimentos o restaurantes<br/>En un centro recreativo / comunitario<br/>Evento deportivo, concierto o evento comunitario<br/>Regalos, muestras u ofertas especiales<br/>Otro → Favor de especificar: [respuesta abierta]<br/>No he visto ningún tipo de publicidad o promoción de alimentos no saludables en los últimos 30 días<br/>No sabe<br/>Se negó a responder</p> |

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| <p><b>EXPOSURE TO UNHEALTHY FOOD MARKETING – GIVEAWAYS VS SPECIAL OFFERS</b></p> <p><b>NEW 2022</b></p> <p>MKTG_LOC_SAMPOF</p>  | <p><i>UNIVERSE: Noticed "Giveaways, samples or special offers"</i></p> <p><b>In the last question you selected "Giveaway, samples, or special offers".</b></p> <p><b>Did you see...</b></p> <p>Giveaways or samples only</p> <p>Special offers only</p> <p>Both</p> <p>Don't know</p> <p>Refuse to answer</p>  | <p><i>UNIVERSE: Noticed "Giveaways, samples or special offers"</i></p> <p><b>En la última pregunta ha seleccionado "Regalos, muestras u ofertas especiales".</b></p> <p><b>¿Ha visto...?</b></p> <p>Regalos o muestras solamente</p> <p>Ofertas especiales solamente</p> <p>Ambos</p> <p>No sabe</p> <p>Se negó a responder</p>  |
| <p><b>EXPOSURE TO UNHEALTHY FOOD MARKETING - FREQUENCY</b></p> <p><b>REVISED 2019</b></p> <p><b>REVISED 2020</b></p> <p><b>(translation)</b></p> <p>MKTG_FREQ_SD</p> <p>MKTG_FREQ_FF</p> <p>MKTG_FREQ_CEREAL</p> <p>MKTG_FREQ_SNACK</p> <p>MKTG_FREQ_DESSERT</p> <p>MKTG_FREQ_CANDY</p> | <p><b>In the last 30 days, <u>how often</u> did you see or hear advertisements or promotions for the following?</b></p> <p><b>Ads for sugary drinks</b></p> <p><b>Ads for fast food</b></p> <p><b>Ads for sugary cereals</b></p> <p><b>Ads for snacks such as chips</b></p> <p><b>Ads for desserts such as cakes, cookies, and ice cream</b></p> <p><b>Ads for candy or chocolate bars</b></p> <p>[Show response options for each item as radio button list]</p> <p>Never</p> <p>Less than once a week</p> <p>Once a week</p> <p>A few times a week</p> <p>Every day</p> <p>More than once a day</p> <p>Don't know</p> <p>Refuse to answer</p> | <p><b>En los últimos 30 días, <u>¿con qué frecuencia</u> vio o escuchó anuncios o promociones para lo siguiente?</b></p> <p><b>Anuncios de bebidas azucaradas</b></p> <p><b>Anuncios de comida rápida</b></p> <p><b>Anuncios de cereales azucarados</b></p> <p><b>Anuncios de botanas como papas fritas/chips</b></p> <p><b>Anuncios de postres como pasteles, galletas y helados</b></p> <p><b>Anuncios de barras de chocolate o caramelos</b></p> <p>[Show response options for each item as radio button list]</p> <p>Nunca</p> <p>Menos de una vez a la semana</p> <p>Una vez por semana</p> <p>Algunas veces a la semana</p> <p>Cada día</p> <p>Más de una vez al día</p> <p>No sabe</p> <p>Se negó a responder</p> |

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| <p><b>EXPOSURE TO MARKETING STRATEGIES</b></p> <p>REVISED 2020 (translation)</p> <p>MKTG_LICENCED<br/>MKTG_COMPANY<br/>MKTG_CELEB<br/>MKTG_PROSPORT<br/>MKTG_RECSPORT<br/>MKTG_CULTURE<br/>MKTG_NONE<br/>MKTG_DK<br/>MKTG_R</p> | <p>[PROGRAMMER NOTE: show note in grey font]<br/><i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p><b>In the last 30 days, have you seen any of the following?</b> (Select all that apply)</p> <p>Unhealthy food or drinks promoted using characters from movies or TV (e.g., Star Wars, Disney characters)</p> <p>Unhealthy food or drinks with characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)</p> <p>Celebrity endorsements of unhealthy food/drinks</p> <p>Professional sport teams or sporting events sponsored by unhealthy food/drink companies</p> <p>Children’s/community sports teams sponsored by unhealthy food/drink companies</p> <p>Cultural or community events sponsored by unhealthy food/drink companies</p> <p>None of the above</p> <p>Don’t know</p> <p>Refuse to answer</p> | <p>[PROGRAMMER NOTE: show note in grey font]<br/><i>Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate.</i></p> <p><b>En los últimos 30 días, ¿ha visto alguno de los siguientes?</b> (Seleccione todas las que correspondan)</p> <p>Alimentos o bebidas no saludables promocionados con personajes de películas o TV (por ejemplo, Star Wars, personajes de Disney)</p> <p>Alimentos o bebidas no saludables con personajes creados por compañías de alimentos (por ejemplo, el Tigre Toño, Ronald McDonald)</p> <p>Celebridades que recomiendan comidas/bebidas no saludables</p> <p>Equipos deportivos profesionales o eventos deportivos patrocinados por compañías de alimentos/bebidas no saludables</p> <p>Equipos deportivos infantiles/comunitarios patrocinados por compañías de alimentos/bebidas no saludables</p> <p>Eventos culturales o comunitarios patrocinados por compañías de alimentos/bebidas no saludables</p> <p>Ninguna de las anteriores</p> <p>No sabe</p> <p>Se negó a responder</p> |
| <p><b>CHILD ASK - MARKETING STRATEGIES</b></p> <p>REVISED 2019 (response format)<br/>REVISED 2020 (translation)<br/>REVISED 2024 (Spanish correction)</p> <p>ASK_LICENCED<br/>ASK_COMPANY</p>                                   | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)<br/>[PROGRAMMER NOTE: show note in grey font]<br/><i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p><b>In the last 30 days, have your <u>children asked you to buy any unhealthy food or drinks with...</u></b></p> <p>Characters from movies or TV (e.g., Star Wars, Disney characters)</p> <p>Characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)</p> <p>[Show response options for each item as radio button list]</p> <p>Yes</p> <p>No</p> <p>Don’t know</p> <p>Refuse to answer</p>   | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)<br/>[PROGRAMMER NOTE: show note in grey font]<br/><i>Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate.</i></p> <p><b>En los últimos 30 días, ¿sus <u>hijos le han pedido que compre alimentos o bebidas no saludables con...</u></b></p> <p>Personajes de películas o TV (por ejemplo, Star Wars, personajes de Disney)</p> <p>Personajes creados por compañías de alimentos (por ejemplo, el Tigre Toño, Ronald McDonald)</p> <p>[Show response options for each item as radio button list]</p> <p>Sí</p> <p>No</p> <p>No sabe</p> <p>Se negó a responder</p>   |

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| <p><b>PARENT BUY-MARKETING STRATEGIES</b></p> <p>REVISED 2019 (response format)<br/>REVISED 2020 (translation)</p> <p>BUY_LICENCED<br/>BUY_COMPANY</p> | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)<br/>[PROGRAMMER NOTE: show note in grey font]<br/><i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p><b>In the last 30 days, did you buy your children any <u>unhealthy</u> food or drinks with...</b><br/> <b>Characters from movies or TV (e.g., Star Wars, Disney characters)</b><br/> <b>Characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)</b></p> <p>[Show response options for each item as radio button list]<br/>         Yes<br/>         No<br/>         Don't know<br/>         Refuse to answer</p> | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)<br/>[PROGRAMMER NOTE: show note in grey font]<br/><i>Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate.</i></p> <p><b>En los últimos 30 días, ¿les <u>compró</u> a sus hijos algún alimento o bebida <u>no saludables</u> con...</b><br/> <b>Personajes de películas o TV (por ejemplo, Star Wars, personajes de Disney)?</b><br/> <b>Personajes creados por compañías de alimentos (por ejemplo, el Tigre Toño, Ronald McDonald)?</b></p> <p>[Show response options for each item as radio button list]<br/>         Sí<br/>         No<br/>         No sabe<br/>         Se negó a responder</p> |
| <p><b>PESTER POWER</b></p> <p>NEW 2020</p> <p>PESTER</p>   | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)<br/>[PROGRAMMER NOTE: show note in grey font]<br/><i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p><b>How often do your children <u>ask</u> you to buy unhealthy food or drinks they've seen <u>advertised</u>?</b><br/>         Never<br/>         Only for special occasions<br/>         Less than once a week<br/>         Some days<br/>         Every day<br/>         Don't know<br/>         Refuse to answer</p>  | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)<br/>[PROGRAMMER NOTE: show note in grey font]<br/><i>Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate</i></p> <p><b>¿Con qué frecuencia le <u>piden</u> sus hijos que compre alimentos o bebidas no saludables que han visto en <u>anuncios</u>?</b><br/>         Nunca<br/>         Solo en ocasiones especiales.<br/>         Menos de una vez por semana<br/>         Algunos días<br/>         Cada día<br/>         No sabe<br/>         Se negó a responder</p>   |

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| <p><b>UNHEALTHY FOOD CONSUMPTION FREQUENCY</b></p> <p>REVISED 2019 (response format)<br/>REVISED 2020 (translation)</p> <p>EAT_SD<br/>EAT_FF<br/>EAT_CEREAL<br/>EAT_SNACK<br/>EAT_DESSERT<br/>EAT_CANDY</p> | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p>In a typical week, how often <u>do your children eat or drink...</u></p> <p>Sugary drinks<br/>Fast food<br/>Sugary cereals<br/>Snacks such as chips<br/>Desserts such as cakes, cookies, and ice cream<br/>Candy or chocolate bars</p> <p>[Show response options for each item as radio button list]</p> <p>More than once a day<br/>Every day<br/>A few times a week, but not every day<br/>Once a week<br/>Only on special occasions<br/>Never<br/>Don't know<br/>Refuse to answer</p> | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p>Introduzca la frecuencia con la que <u>sus hijos comen o beben en una semana típica...</u></p> <p>Bebidas azucaradas<br/>Comida rápida<br/>Cereales azucarados<br/>Botanas como papas fritas/chips<br/>Postres como pasteles, galletas y helados<br/>Barras de chocolate o caramelos</p> <p>[Show response options for each item as radio button list]</p> <p>Más de una vez al día<br/>Cada día<br/>Algunas veces a la semana, pero no todos los días<br/>Una vez por semana<br/>Solo en ocasiones especiales<br/>Nunca<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>CHILD – PRODUCTS</b></p> <p>REVISED 2020 (translation)</p> <p>MKTG_CHILD_PRODUCT</p>  | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p>[PROGRAMMER NOTE: show note in grey font]</p> <p>Remember: <i>Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p>Do any of your children own any <u>clothing, posters, stickers, or other products that show a logo or brand of unhealthy food or drinks?</u></p> <p>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p>   | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p>[PROGRAMMER NOTE: show note in grey font]</p> <p>Recuerde: <i>Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate.</i></p> <p>¿Alguno de sus hijos tiene <u>ropa, posters, calcomanías o demás productos que muestren algún logotipo o marca de alimentos o bebidas no saludables?</u></p> <p>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>        |
| <p><b>CHILD – TOY</b></p> <p>MKTG_CHILD_TOY</p>   | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p>Do any of your children own any <u>'Happy Meal' toys or other toys</u> from fast-food restaurants?</p> <p>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p>   | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p>¿Alguno de sus hijos tiene <u>juguete de 'cajita feliz' o algún otro juguete de restaurantes de comida rápida?</u></p> <p>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>  |

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| <p><b>CONCERN ABOUT CHILD'S EXPOSURE TO MARKETING</b></p> <p>MKTG_CHILD_CONCERN</p> <p>CYCLED OUT 2023</p>  | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p><b>Are you concerned about the amount of marketing for sugary drinks and fast food that your children see?</b></p> <p>Not at all concerned<br/>A little concerned<br/>Somewhat concerned<br/>Very concerned<br/>Don't know<br/>Refuse to answer</p>   | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p><b>¿Le preocupa la cantidad de comercialización de bebidas azucaradas y comida rápida que ven sus hijos?</b></p> <p>No me preocupa nada<br/>Me preocupa un poco<br/>Me preocupa algo<br/>Me preocupa mucho<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>SUPPORT FOR BAN ON MARKETING TO KIDS</b></p> <p>NEW 2023</p> <p>M2K_BAN_HSSF</p>  | <p><b>Would you support or oppose a government policy that would require...</b></p> <p><b>A ban on advertising to children for food and drinks that have too much sugar, salt or saturated fat.</b></p> <p>Support<br/>Neutral<br/>Oppose<br/>Don't know<br/>Refuse to answer</p>  | <p><b>¿Apoyaría o se opondría a una política gubernamental que exigiera...?</b></p> <p><b>Prohibir la publicidad de alimentos y bebidas con demasiada azúcar, sal o grasas saturadas dirigida a los niños y niñas.</b></p> <p>La apoyaría<br/>No la apoyaría ni me opondría<br/>Me opondría<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>CHILD MEDIA CHANNELS – TIME ON WEEKDAY</b></p> <p>NEW 2021<br/>REVISED 2022</p> <p>MEDIA_WD_YTB<br/>MEDIA_WD_SOC<br/>MEDIA_WD_SHOW<br/>MEDIA_WD_GAME<br/>MEDIA_WD_WEB</p> | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p><b>On a normal weekday, how much time does your youngest (or only) child spend:</b></p> <p>Watching YouTube<br/>On social media (including messaging, posting, or liking posts)<br/>Watching TV shows, series, or movies<br/>Playing games on smartphones, computers, or game consoles<br/>Browsing, reading websites, Googling, etc.</p> <p>[PROGRAMMER NOTE: Show options for each as radio buttons]</p> <p>0 hours (none)<br/>Up to 15 minutes<br/>Up to 30 minutes<br/>Up to 1 hour<br/>Up to 2 hours<br/>Up to 3 hours<br/>Up to 4 hours<br/>More than 4 hours<br/>Don't know<br/>Refuse to answer</p> | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p><b>En un día normal de lunes a viernes, ¿cuánto tiempo pasa su hijo/a menor (o único/a) ..?</b></p> <p>Viendo YouTube<br/>En las redes sociales (incluyendo mensajes, publicaciones o mensajes que te gusten)<br/>Viendo programas de televisión, series o películas<br/>Jugando con teléfonos inteligentes, computadoras o consolas de videojuegos<br/>Navegando o leyendo sitios web, usando Google, etc.</p> <p>[PROGRAMMER NOTE: Show options for each as radio buttons]</p> <p>0 horas (nada)<br/>Hasta 15 minutos<br/>Hasta 30 minutos<br/>Hasta 1 hora<br/>Hasta 2 horas<br/>Hasta 3 horas<br/>Hasta 4 horas<br/>Más de 4 horas<br/>No sabe<br/>Se negó a responder</p> |

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| <p><b>CHILD SOCIAL MEDIA PLATFORM USE</b></p> <p>NEW 2021<br/>REVISED 2023</p> <p>MEDIA_SOC_FB<br/>MEDIA_SOC_IG<br/>MEDIA_SOC_TIK<br/>MEDIA_SOC_TWT<br/>MEDIA_SOC_SC<br/>MEDIA_SOC_TWITCH<br/>MEDIA_SOC_NONE<br/>MEDIA_SOC_DK<br/>MEDIA_SOC_R</p> | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p><b>Does your youngest (or only) child use...?</b></p> <p>Select all that apply.</p> <p>Facebook<br/>Instagram<br/>TikTok<br/>Twitter/X<br/>Snapchat<br/>Twitch<br/>None of the above<br/>Don't know<br/>Refuse to answer</p>   | <p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p><b>¿Su su hijo/a menor (o único/a) usa...?</b></p> <p>Selecciona todos los que correspondan.</p> <p>Facebook<br/>Instagram<br/>TikTok<br/>Twitter/X<br/>Snapchat<br/>Twitch<br/>Ninguno de los anteriores<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>FAVOURITE SOCIAL MEDIA INFLUENCERS</b></p> <p>NEW 2022</p> <p>MEDIA_FAV1-3<br/>MEDIA_FAV_NDKR</p>   | <p><b>Who are your three favorite celebrities or influencers to watch or follow on social media?</b></p> <p>Please include entertainment, sports, and other public figures.</p> <p>[3 open text boxes]<br/>I don't have any favorites / I don't know [valid answer]<br/>Refuse to answer</p>  | <p><b>¿Quiénes son sus tres celebridades o influencers favoritos a quienes le gusta ver o seguir en las redes sociales?</b></p> <p>Por favor incluya personajes del mundo del espectáculo, del deporte y otros personajes públicos.</p> <p>[3 open text boxes]<br/>No tiene ningún favorito / No sabe [valid answer]<br/>Se negó a responder</p>   |
| <p><b>FAVOURITE SOCIAL MEDIA INFLUENCERS – UNHEALTHY PROMOTION</b></p> <p>NEW 2023</p> <p>MEDIA_FAV_PROM</p>  | <p>UNIVERSE: Skip respondents who indicated they had no favourites on social media/don't know or refused; allow to skip question</p> <p><b>Thinking about your favourite celebrities or influencers to watch or follow on social media, have you seen or heard them promote an unhealthy food or drink in the past 30 days?</b></p> <p>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p> | <p>UNIVERSE: Skip respondents who indicated they had no favourites on social media/don't know or refused; allow to skip question</p> <p><b>Con respecto a sus celebridades favoritas o los influencers que sigue en las redes sociales, ¿les ha visto u oído promocionar algún alimento o bebida poco saludable en los últimos 30 días?</b></p> <p>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p> |

## PRICE / TAXATION

| DOMAIN<br>SOURCE   | ENGLISH  | SPANISH TRANSLATION   |
|--|--|---|
| <b>SUGAR TAX</b><br>REVISÉD 2019<br>(Spanish)<br>REVISÉD 2021<br><br>DRINKS_COST | Do drinks with sugar (e.g., Coke) cost more than drinks without sugar (e.g., Diet Coke) in the city where you live?<br>No<br>Yes – a little more<br>Yes – a lot more<br>Don't know<br>Refuse to answer | ¿Las bebidas azucaradas (por ejem., Coca-cola) son más caras que las bebidas sin azúcar (por ejem., Coca-cola dietetica) en la ciudad donde usted vive?<br>No<br>Sí, un poco más<br>Sí, mucho más<br>No sabe<br>Se negó a responder |
| <b>SUGAR TAX - AWARENESS</b><br>NEW 2019<br>REVISÉD 2021<br><br>TAX_AWARENESS    | Is there a special tax on sugary drinks in the city where you live that makes them more expensive to buy?<br>No<br>Yes<br>Don't know<br>Refuse to answer   | ¿Hay un impuesto especial para bebidas azucaradas en la ciudad donde usted vive que las encarezca?<br>No<br>Sí<br>No sabe<br>Se negó a responder  |

**POLICY SUPPORT**

| DOMAIN<br>SOURCE   | ENGLISH  | SPANISH TRANSLATION  |
|--|--|--|
| <p><b>POLICY SUPPORT</b><br/>(items in second list from Policy Interventions to Reduce Obesity – Knowledge, Attitudes and Beliefs Survey of the Public (Raine))</p> <p>REVISED 2019<br/>REVISED 2020<br/>(translation)<br/>REVISED 2021<br/>REVISED 2022<br/>REVISED 2023<br/>REVISED 2024</p> <p>POL_TAX_SSB<br/>POL_TAX_SUB<br/>POL_TAX_PH<br/>POL_TAX_HSSF<br/>POL_SCH_PROG<br/>POL_BAN_DISC<br/>POL_BAN_DISCVOL<br/>POL_BAN_ONLINE<br/>POL_BAN_TV<br/>POL_BAN_OUT<br/>POL_BAN_CHAR</p> | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON.]</p> <p><b>We are interested in your opinion about food policies. For each statement, please indicate whether you would support or oppose the policy.</b></p> <p><b>Would you support or oppose a government policy that would require...</b></p> <p>Support<br/>Neutral<br/>Oppose<br/>Don't know<br/>Refuse to answer</p> <p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST.]</p> <p>Taxes on sugary drinks<br/>[PROGRAMMER NOTE: Randomize 50% of CAN/AUS/USA respondents and 25% of UK/MEX respondents to each answer one of next two items]<br/>Taxes on sugary drinks IF the money was spent on subsidizing healthy foods<br/>Taxes on sugary drinks IF the money raised was used to support public health</p> <p>Taxes on unhealthy foods (e.g., those high in sugar, salt, or saturated fat)<br/>Free breakfast or lunch programs in schools</p> <p>[PROGRAMMER NOTE: Randomize 50% of respondents to each answer one of next two items]<br/>A ban on price discounts for unhealthy food and beverages (e.g., 30% off, or 'buy-one-get-one-free')<br/>A ban on multibuy deals for unhealthy food and beverages (e.g., 'buy-one-get-one-free', '3 for 2', free soft drink refills)</p> <p>A ban on marketing of unhealthy food and beverages online/on the internet<br/>A ban on advertising of unhealthy food and beverages on TV before 9pm<br/>A ban on outdoor advertisements (e.g., at bus stops and billboards) for unhealthy food and beverages<br/>A ban on the use of cartoon characters and other elements that may appeal to children on the packaging of unhealthy foods</p> | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON.]</p> <p><b>Nos interesa su opinión sobre las políticas alimentarias. Por favor indique para cada enunciado si apoyaría o se opondría a la política.</b></p> <p><b>Apoyaría o se opondría a una política gubernamental que exigiera...</b></p> <p>La apoyaría<br/>No la apoyaría ni me opondría<br/>Me opondría<br/>No sabe<br/>Se negó a responder</p> <p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST.]</p> <p>Impuestos para bebidas azucaradas<br/>[PROGRAMMER NOTE: Randomize 50% of CAN/AUS/USA respondents and 25% of UK/MEX respondents to each answer one of next two items]<br/>Impuestos para bebidas azucaradas SI el dinero se gastara en subsidiar alimentos saludables<br/>Impuestos para bebidas azucaradas SI el dinero recaudado se usara para apoyar la salud pública</p> <p>Impuestos a los alimentos que dañan la salud (por ejemplo, los que tienen mucha azúcar, sal o grasas saturadas)<br/>Programas de desayunos o comidas escolares gratuitos</p> <p>[PROGRAMMER NOTE: Randomize 50% of respondents to each answer one of next two items]<br/>Prohibir descuentos en los precios de los alimentos y bebidas que no son sanos (por ejem., un 30% de descuento o "compre uno y llévese otro gratis")<br/>Prohibir ofertas para comprar más alimentos y bebidas que no son sanos por menos precio (por ejemplo, "compre uno y llévese otro gratis", "3 por 2", "volver a llenar refrescos gratis")</p> <p>Prohibir la publicidad en internet de alimentos y bebidas que dañan la salud<br/>Prohibir la publicidad en la televisión antes de las 9 pm de alimentos y bebidas que dañan la salud</p> |

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|   |   | <p>Prohibir la publicidad en exteriores (por ejemplo, en las paradas de autobús y vallas publicitarias/anuncios espectaculares) de alimentos y bebidas que dañan la salud</p> <p>Prohibir el uso de personajes dibujos animados y otros elementos que puedan resultar atractivos para los niños en el empaque de alimentos y bebidas que dañan la salud</p>  |
| <p><b>SUSTAINABILITY EFFORTS</b></p> <p><b>NEW 2022</b><br/><b>CYCLED OUT 2023</b></p> <p><i>SUS_EF_GHG</i><br/><i>SUS_EF_ORG</i><br/><i>SUS_EF_LOCAL</i><br/><i>SUS_EF_SEAS</i><br/><i>SUS_EF_FAIR</i><br/><i>SUS_EF_ETH</i><br/><i>SUS_EF_BIO</i><br/><i>SUS_EF_PKG</i></p> | <p><b>Do you make a <u>special effort</u> to purchase...</b></p> <p>Foods with low greenhouse gas emissions</p> <p>Organic foods</p> <p>Local foods (food grown in your area)</p> <p>Foods that are in season</p> <p>Fairtrade foods (e.g., fair wages and working conditions)</p> <p>Foods from ethically raised animals</p> <p>Foods with less impact on biodiversity (wildlife, habitat loss, soil health)</p> <p>Foods that have less packaging</p> <p>[PROGRAMMER NOTE: Use table format]</p> <p>Yes / No / Don't know / Refuse to answer</p>  | <p><b>¿Haces un <u>esfuerzo especial</u> para comprar...?</b></p> <p>Alimentos con bajas emisiones de gases de efecto invernadero</p> <p>Alimentos orgánicos</p> <p>Alimentos locales (alimentos cultivados en mi área)</p> <p>Alimentos que sean de temporada</p> <p>Alimentos de comercio justo (p. ej., condiciones de trabajo y salarios justos)</p> <p>Alimentos procedentes de animales criados de manera ética</p> <p>Alimentos con menos impacto en la biodiversidad (vida silvestre, pérdida de hábitat, salud del suelo)</p> <p>Alimentos con menos empaques o envases</p> <p>[PROGRAMMER NOTE: Use table format]</p> <p>Sí / No / No sabe / Se negó a responder</p>   |
| <p><b>BARRIERS TO SUSTAINABLE EATING</b></p> <p><b>NEW 2022</b><br/><b>CYCLED OUT 2023</b></p> <p><i>SUS_BAR_FAM</i><br/><i>SUS_BAR_TASTE</i><br/><i>SUS_BAR_PROT</i><br/><i>SUS_BAR INGR</i><br/><i>SUS_BAR_COST</i><br/><i>SUS_BAR_SKILL</i><br/><i>SUS_BAR_TIME</i></p>    | <p><b>Some people are trying to eat less meat, other people are not. How much do you agree or disagree with the following statements?</b></p> <p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST]</p> <p>My closest family members do not want to eat less meat</p> <p>I don't like the taste of vegetarian or vegan meals</p> <p>I need to eat meat to get enough iron and protein</p> <p>Ingredients for vegetarian or vegan meals are not always available in shops and supermarkets</p> <p>Meals with less meat are more expensive</p> <p>I don't know how to make meals with less meat</p> <p>I don't have time to prepare meals with less meat</p> <p>Strongly agree</p> <p>Somewhat agree</p> <p>Neither agree nor disagree</p> <p>Somewhat disagree</p> <p>Strongly disagree</p> <p>Don't know</p> <p>Refuse to answer</p> | <p><b>Algunas personas intentan comer menos carne, otras no. ¿En qué medida está de acuerdo o en desacuerdo con las siguientes afirmaciones?</b></p> <p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST]</p> <p>Mis familiares más cercanos no quieren comer menos carne</p> <p>No me gusta el sabor de las comidas vegetarianas o veganas</p> <p>Necesito comer carne para obtener suficientes proteínas y hierro</p> <p>Los ingredientes para las comidas vegetarianas o veganas no siempre están disponibles en los supermercados y tiendas</p> <p>Las comidas con menos carne son más caras</p> <p>No sé cómo preparar comidas con menos carne</p> <p>No tengo tiempo para preparar comidas con menos carne</p> <p>Completamente de acuerdo</p> <p>De acuerdo</p> <p>Ni de acuerdo ni en desacuerdo</p> <p>En desacuerdo</p> <p>Completamente en desacuerdo</p> <p>No sabe</p> <p>Se negó a responder</p> |

HEALTH LITERACY

| DOMAIN SOURCE   | ENGLISH   | SPANISH TRANSLATION  |
|---|---|--|
| <p><b>NEWEST VITAL SIGN</b><br/>PFIZER</p> <p>REVISED 2022 (NFT format)<br/>REVISED 2023 (new NFT only)</p> | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON.]<br/>This information is on the back of a container of ice cream.</p>  <p>INGREDIENTS: CREAM, SKIM MILK, LIQUID SUGAR, WATER, EGG YOLKS, BROWN SUGAR, MILKFAT, PEANUT OIL, SUGAR, BUTTER, SALT, CARRAGEENAN, VANILLA EXTRACT.</p> | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON.]<br/>Esta información está en la parte posterior de un envase de helado.</p>  <p>INGREDIENTS: CREAM, SKIM MILK, LIQUID SUGAR, WATER, EGG YOLKS, BROWN SUGAR, MILKFAT, PEANUT OIL, SUGAR, BUTTER, SALT, CARRAGEENAN, VANILLA EXTRACT.</p> |
| <p>NVS_CAL<br/>7NVS_CAL_N</p>   | <p><b>If you eat the entire container, how many calories will you eat?</b><br/>Enter number of calories: <i>[open-ended]</i><br/>Don't know<br/>Refuse to answer</p> <p><i>[Answer: 1000 is the only correct answer]</i></p>  | <p><b>Si se come todo el helado del recipiente, ¿cuántas calorías comerá?</b><br/>Introduzca el número de calorías: <i>[abierto]</i><br/>No sabe<br/>Se negó a responder</p> <p><i>[Respuesta: 1000]</i></p>   |
| <p>NVS_CARB<br/>NVS_CARB_N</p>  | <p><b>If you are allowed to eat 60 grams of carbohydrates as a snack, how much ice cream could you have?</b><br/>Enter number of cup(s): <i>[open-ended]</i><br/>Don't know<br/>Refuse to answer</p> <p><i>[Answer: Any of the following is correct: 1 cup, 2 servings, "half the container" (not "half" or "250")]</i></p>                               | <p><b>Si se le permite comer 60 gramos de carbohidratos como bocadillo, ¿cuánto helado podría tomar?</b><br/>Introduzca el número de taza (s): <i>[abierto]</i><br/>No sabe<br/>Se negó a responder</p> <p><i>[Answer: Any of the following is correct: 1 cup, 2 servings, "half the container" (not "half" or "250")]</i></p>                                     |

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| <p>NVS_SAT<br/>NVS_SAT_N</p>                       | <p>Your doctor advises you to reduce the amount of saturated fat in your diet. You usually have 42 g of saturated fat each day, which includes one serving of ice cream. If you stop eating ice cream, how many grams of saturated fat would you be consuming each day?<br/>Enter number of grams: <i>[open-ended]</i><br/>Don't know<br/>Refuse to answer</p> <p><i>[Answer: 33 is the only correct answer]</i></p>   | <p>Su médico le recomienda reducir la cantidad de grasa saturada en su dieta. Por lo general, consume 42 g de grasa saturada cada día, que incluyen una porción de helado. Si deja de comer helado, ¿cuántos gramos de grasa saturada consumiría cada día?<br/>Introduzca la cantidad de gramos: <i>[abierto]</i><br/>No sabe<br/>Se negó a responder</p> <p><i>[Respuesta: 33]</i></p>   |
| <p>NVS_DV<br/>NVS_DV_N</p>                         | <p>If you usually eat 2,500 calories in a day, what percentage of your daily value of calories will you be eating if you eat one serving?<br/>Enter percentage: <i>[numeric percentage]</i><br/>Don't know<br/>Refuse to answer</p> <p><i>[Answer: 10% is the only correct answer]</i></p>   | <p>Si normalmente consume 2,500 calorías en un día, ¿qué porcentaje de su valor diario de calorías consumiría si come una porción?<br/>Introduzca el porcentaje: <i>[porcentaje numérico]</i><br/>No sabe<br/>Se negó a responder</p> <p><i>[Respuesta: 10%]</i></p>  |
| <p>NVS_ALG<br/>NVS_ALG_WHY<br/>NVS_ALG_WHYTEXT</p> | <p>Pretend that you are allergic to the following substances: penicillin, peanuts, latex gloves, and bee stings.<br/>Is it safe for you to eat this ice cream?<br/>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p> <p><i>[Answer: No]</i></p> <p>[If "no", ask:]<br/><b>Why not?</b><br/>Enter reason: <i>[open-ended]</i><br/>Don't know<br/>Refuse to answer</p> <p><i>[Answer: Because it has peanut oil or because you might have an allergic reaction]</i></p> | <p>Haga de cuenta que es alérgico a las siguientes sustancias: penicilina, maní, guantes de látex y picaduras de abeja.<br/>¿Es seguro para usted comer este helado?<br/>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p> <p><i>[Respuesta: No]</i></p> <p>[Si responde "no", pregunte:]<br/><b>¿Por qué no?</b><br/>Introduzca el motivo: <i>[abierto]</i><br/>No sabe<br/>Se negó a responder</p> <p><i>[Respuesta: Porque tiene aceite de maní o porque podría tener una reacción alérgica]</i></p> |

**GENERAL HEALTH STATUS**

| DOMAIN<br>SOURCE   | ENGLISH   | SPANISH TRANSLATION  |
|--|---|--|
| <p><b>FRUIT CONSUMPTION</b><br/>BRFSS</p> <p>FRUIT_PREFER<br/>FRUIT_DAY_NUM<br/>FRUIT_DAY_DK_R</p> <p>(DAY/WEEK/MONTH)</p> | <p>Now think about the foods you ate or drank during the past month, that is, the past 30 days, including meals and snacks.</p> <p><b>Not including juices, how often did you eat fruit?</b><br/><i>Include fresh, frozen or canned fruit. Do not include dried fruits.</i></p> <p><b>Do you prefer to answer by the number of times per day, week or month?</b><br/>Day<br/>Week<br/>Month<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i><br/><b>Enter the number of times you eat fruit per day:</b><br/>___ per day<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i><br/><b>Enter the number of times you eat fruit per week:</b><br/>___ per week<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i><br/><b>Enter the number of times you eat fruit per month:</b><br/>___ per month<br/>Don't know<br/>Refuse to answer</p> | <p>Ahora piense en todo lo que comió y bebió durante el último mes, es decir, durante los últimos 30 días, incluyendo comidas y bocadillos.</p> <p><b>Sin contar los jugos, ¿con qué frecuencia come frutas?</b><br/><i>Incluya la fruta fresca, congelada o enlatada. No incluya frutas secas.</i></p> <p><b>¿Prefiere responder con el número de veces al día, a la semana o al mes?</b><br/>Al día<br/>A la semana<br/>Al mes<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Day" is selected.]</i><br/><b>Escriba el número de veces al día que usted come fruta:</b><br/>___ al día<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Week" is selected.]</i><br/><b>Escriba el número de veces a la semana que usted come fruta:</b><br/>___ a la semana<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Month" is selected.]</i><br/><b>Escriba el número de veces al mes que usted come fruta:</b><br/>___ al mes<br/>No sabe<br/>Se negó a responder</p> |

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| <p><b>FRUIT JUICE CONSUMPTION</b><br/>BRFSS</p> <p>JUICE_PREFER<br/>JUICE_DAY_NUM<br/>JUICE_DAY_DK_R</p> <p>(DAY/WEEK/MONTH)</p> | <p><b>Not including fruit-flavored drinks or fruit juices with added sugar, how often did you drink 100% fruit juice such as apple or orange juice?</b><br/><i>Do not include fruit-flavored drinks with added sugar like cranberry cocktail, Hi-C, lemonade, Kool-Aid, Gatorade, Tampico, and Sunny Delight. Include only 100% pure juices or 100% juice blends.</i></p> <p><b>Do you prefer to answer by the number of times per day, week or month?</b><br/>Day<br/>Week<br/>Month<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i><br/><b>Enter the number of times you drink 100% fruit juice per day:</b><br/>___ per day<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i><br/><b>Enter the number of times you drink 100% fruit juice per week:</b><br/>___ per week<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i><br/><b>Enter the number of times you drink 100% fruit juice per month:</b><br/>___ per month<br/>Don't know<br/>Refuse to answer</p> | <p><b>Sin incluir bebidas con sabor a fruta ni jugos de frutas a los que se agrega azúcar, ¿con qué frecuencia bebió jugo 100% de fruta como jugo de manzana o naranja?</b><br/><i>No incluya bebidas con sabor a fruta a las que se agrega azúcar, como bebidas con arándano (cranberry cocktail), Hi-C, lemonade, Kool-Aid, Gatorade, Tampico y Sunny Delight. Incluye solamente jugos 100% puros o mezclas de jugos 100% puros.</i></p> <p><b>¿Prefiere responder con el número de veces al día, a la semana o al mes?</b><br/>Al día<br/>A la semana<br/>Al mes<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Day" is selected.]</i><br/><b>Escriba el número de veces al día que usted toma jugo 100% de fruta:</b><br/>___ al día<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Week" is selected.]</i><br/><b>Escriba el número de veces a la semana que usted toma jugo 100% de fruta:</b><br/>___ a la semana<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Month" is selected.]</i><br/><b>Escriba el número de veces al mes que usted toma jugo 100% de fruta:</b><br/>___ al mes<br/>No sabe<br/>Se negó a responder</p> |
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| <p><b>SALAD CONSUMPTION</b><br/>BRFSS</p> <p>SALAD_PREFER<br/>SALAD_DAY_NUM<br/>SALAD_DAY_DK_R</p> <p>(DAY/WEEK/MONTH)</p> | <p><b>How often did you eat a green leafy or lettuce salad, with or without vegetables?</b><br/><i>Include spinach salads.</i></p> <p><b>Do you prefer to answer by the number of times per day, week or month?</b><br/>Day<br/>Week<br/>Month<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i><br/><b>Enter the number of times you eat a salad per day:</b><br/>___ per day<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i><br/><b>Enter the number of times you eat a salad per week:</b><br/>___ per week<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i><br/><b>Enter the number of times you eat a salad per month:</b><br/>___ per month<br/>Don't know<br/>Refuse to answer</p> | <p><b>¿Con qué frecuencia comió una ensalada de hojas verdes o lechuga, con o sin verduras?</b><br/><i>Incluya las ensaladas de espinacas.</i></p> <p><b>¿Prefiere responder con el número de veces al día, a la semana o al mes?</b><br/>Al día<br/>A la semana<br/>Al mes<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Day" is selected.]</i><br/><b>Escriba el número de veces al día que usted come ensalada:</b><br/>___ al día<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Week" is selected.]</i><br/><b>Escriba el número de veces a la semana que usted come ensalada:</b><br/>___ a la semana<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Month" is selected.]</i><br/><b>Escriba el número de veces al mes que usted come ensalada:</b><br/>___ al mes<br/>No sabe<br/>Se negó a responder</p> |
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| <p><b>FRIED POTATO CONSUMPTION</b><br/>BRFSS</p> <p>POTATO_PREFER<br/>POTATO_DAY_NUM<br/>POTATO_DAY_DK_R</p> <p>(DAY/WEEK/MONTH)</p> | <p>How often did you eat any kind of fried potatoes, including french fries, home fries, or hash browns?<br/><i>Do not include potato chips.</i></p> <p>Do you prefer to answer by the number of times per day, week or month?<br/>Day<br/>Week<br/>Month<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i><br/><b>Enter the number of times you eat fried potatoes per day:</b><br/>___ per day<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i><br/><b>Enter the number of times you eat fried potatoes per week:</b><br/>___ per week<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i><br/><b>Enter the number of times you eat fried potatoes per month:</b><br/>___ per month<br/>Don't know<br/>Refuse to answer</p> | <p>¿Con qué frecuencia comió usted algún tipo de papa frita, incluyendo las papas a la francesa, las papas salteadas (home fries) o papas en gajos (hash browns)?<br/><i>No incluya las papitas fritas tipo sabritas.</i></p> <p>¿Prefiere responder con el número de veces al día, a la semana o al mes?<br/>Al día<br/>A la semana<br/>Al mes<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Day" is selected.]</i><br/><b>Escriba el número de veces al día que usted come papas fritas:</b><br/>___ al día<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Week" is selected.]</i><br/><b>Escriba el número de veces a la semana que usted come papas fritas:</b><br/>___ a la semana<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Month" is selected.]</i><br/><b>Escriba el número de veces al mes que usted come papas a fritas:</b><br/>___ al mes<br/>No sabe<br/>Se negó a responder</p> |
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| <p><b>OTHER POTATO CONSUMPTION</b><br/>BRFSS</p> <p>OTH_POT_PREFER<br/>OTH_POT_DAY_NUM<br/>OTH_POT_DAY_DK_R</p> <p>(DAY/WEEK/MONTH)</p> | <p><b>How often did you eat any other kind of potatoes, or sweet potatoes, such as baked, boiled, mashed potatoes, or potato salad?</b><br/><i>Include all types of potatoes except fried. Include potatoes au gratin and scalloped potatoes.</i></p> <p><b>Do you prefer to answer by the number of times per day, week or month?</b><br/>Day<br/>Week<br/>Month<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i></p> <p><b>Enter the number of times you eat other kinds of potatoes per day:</b><br/>___ per day<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i></p> <p><b>Enter the number of times you eat other kinds of potatoes per week:</b><br/>___ per week<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i></p> <p><b>Enter the number of times you eat other kinds of potatoes per month:</b><br/>___ per month<br/>Don't know<br/>Refuse to answer</p> | <p><b>¿Con qué frecuencia comió usted algún otro tipo de papa o camote, como papas al horno, hervidas, en puré o en ensalada?</b><br/><i>Incluya todos los tipos de papa excepto las fritas. Incluya las papas gratinadas y las papas al escalope.</i></p> <p><b>¿Prefiere responder con el número de veces al día, a la semana o al mes?</b><br/>Al día<br/>A la semana<br/>Al mes<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Day" is selected.]</i></p> <p><b>Escriba el número de veces al día que usted come otro tipo de papas:</b><br/>___ al día<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Week" is selected.]</i></p> <p><b>Escriba el número de veces a la semana que usted come otro tipo de papas:</b><br/>___ a la semana<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Month" is selected.]</i></p> <p><b>Escriba el número de veces al mes que usted come otro tipo de papas:</b><br/>___ al mes<br/>No sabe<br/>Se negó a responder</p> |
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| <p><b>OTHER VEGETABLE CONSUMPTION</b><br/>BRFSS</p> <p>VEG_PREFER</p> <p>VEG_DAY_NUM<br/>VEG_DAY_DK_R</p> <p>(DAY/WEEK/MONTH)</p> | <p><b>Not including lettuce salads and potatoes, how often did you eat other vegetables?</b><br/><i>Include</i> tomatoes, green beans, carrots, corn, cabbage, bean sprouts, collard greens, and broccoli.<br/><i>Include</i> raw, cooked, canned, or frozen vegetables.<br/><i>Do not include</i> rice.</p> <p><b>Do you prefer to answer by the number of times per day, week or month?</b><br/>Day<br/>Week<br/>Month<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i><br/><b>Enter the number of times you eat other types of vegetables per day:</b><br/>___ per day<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i><br/><b>Enter the number of times you eat other types of vegetables per week:</b><br/>___ per week<br/>Don't know<br/>Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i><br/><b>Enter the number of times you eat other types of vegetables per month:</b><br/>___ per month<br/>Don't know<br/>Refuse to answer</p> | <p><b>Sin incluir ensaladas de lechuga ni papas, ¿con qué frecuencia comió otras verduras?</b><br/><i>Incluya</i> tomates, ejotes, zanahorias, maíz, repollo o col rizada, brotes o germinados de frijol, berza o kale, y brócoli.<br/><i>Incluya</i> verduras crudas, cocidas, enlatadas o congeladas.<br/><i>No incluya</i> el arroz.</p> <p><b>¿Prefiere responder con el número de veces al día, a la semana o al mes?</b><br/>Al día<br/>A la semana<br/>Al mes<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Day" is selected.]</i><br/><b>Escriba el número de veces al día que usted comió otro tipo de verduras:</b><br/>___ al día<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Week" is selected.]</i><br/><b>Escriba el número de veces a la semana que usted come otro tipo de verduras:</b><br/>___ a la semana<br/>No sabe<br/>Se negó a responder</p> <p><i>[Programmer: Show if "Month" is selected.]</i><br/><b>Escriba el número de veces al mes que usted come otro tipo de verduras:</b><br/>___ al mes<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>GENERAL HEALTH</b><br/>CCHS<br/>BRFSS<br/>CHMS</p> <p>HLTH_GENERAL</p>  | <p><b>In general, would you say your health is...</b><br/>Poor<br/>Fair<br/>Good<br/>Very good<br/>Excellent<br/>Don't know<br/>Refuse to answer</p>   | <p><b>En general, ¿diría usted que su salud es...?</b><br/>Mala<br/>Satisfactoria<br/>Buena<br/>Muy buena<br/>Excelente<br/>No sabe<br/>Se negó a responder</p>   |

| <p><b>OVERALL DIET</b><br/>NHANES AND USED IN FCMS</p> <p><i>DIET</i></p>   | <p><b>In general, how healthy is your overall diet?</b></p> <p>Poor<br/>Fair<br/>Good<br/>Very good<br/>Excellent<br/>Don't know<br/>Refuse to answer</p>   | <p><b>En general, ¿cuán saludable es su dieta considerando todos sus alimentos?</b></p> <p>Mala<br/>Satisfactoria<br/>Buena<br/>Muy buena<br/>Excelente<br/>No sabe<br/>Se negó a responder</p>   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
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| <p><b>MENTAL HEALTH</b><br/>CCHS AND CHMS</p> <p><i>MENTAL</i></p>  | <p><b>In general, would you say your mental health is...</b></p> <p>Poor<br/>Fair<br/>Good<br/>Very good<br/>Excellent<br/>Don't know<br/>Refuse to answer</p>  | <p><b>En general, ¿diría usted que su salud mental es...?</b></p> <p>Mala<br/>Satisfactoria<br/>Buena<br/>Muy buena<br/>Excelente<br/>No sabe<br/>Se negó a responder</p>   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| <p><b>STRESS</b><br/>CHMS</p> <p><i>STRESS</i></p>  | <p><b>Thinking about the amount of stress in your life, would you say that most days are...</b></p> <p>Not at all stressful<br/>Not very stressful<br/>A bit stressful<br/>Very stressful<br/>Extremely stressful<br/>Don't know<br/>Refuse to answer</p>   | <p><b>Pensando en la cantidad de estrés en su vida, ¿diría usted que la mayoría de sus días son...?</b></p> <p>Nada estresantes<br/>No muy estresantes<br/>Un poco estresantes<br/>Muy estresantes<br/>Extremadamente estresantes<br/>No sabe<br/>Se negó a responder</p> |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| <p><b>CHRONIC DISEASES</b><br/>ADAPTED FROM BRFS<br/>CVDINFR4</p> <p><b>NEW 2021</b><br/><b>REVISED 2024</b></p> <p><i>HBP</i><br/><i>MI</i><br/><i>CHD</i><br/><i>STROKE</i><br/><i>DIABETES</i><br/><i>CHOLEST</i><br/><i>OB</i><br/><i>CA</i><br/><i>DEPRESS</i></p> | <p><b>Has a doctor, nurse, or other health professional ever told you that you have or had ...?</b></p> <table border="1" data-bbox="386 1032 1163 1365"> <thead> <tr> <th></th> <th>Yes</th> <th>No</th> <th>Don't know</th> <th>Refuse to answer</th> </tr> </thead> <tbody> <tr> <td>Hypertension or high blood pressure</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Heart attack (myocardial infarction)</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Angina or coronary heart disease</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Stroke</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Diabetes</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>High cholesterol</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Obesity</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Cancer</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Depression</td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> |   | Yes        | No                  | Don't know | Refuse to answer | Hypertension or high blood pressure |  |  |  |  | Heart attack (myocardial infarction) |  |  |  |  | Angina or coronary heart disease |  |  |  |  | Stroke |  |  |  |  | Diabetes |  |  |  |  | High cholesterol |  |  |  |  | Obesity |  |  |  |  | Cancer |  |  |  |  | Depression |  |  |  |  | <p><b>¿Alguna vez un médico(a), enfermera(o) u otro profesional de la salud le ha dicho que tiene o tuvo...?</b></p> <table border="1" data-bbox="1209 1032 2003 1365"> <thead> <tr> <th></th> <th>Sí</th> <th>No</th> <th>No sabe</th> <th>Se negó a responder</th> </tr> </thead> <tbody> <tr> <td>Hipertensión o presión alta</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Ataque cardiaco (infarto al miocardio)</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Angina de pecho o enfermedad coronaria</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Accidente cerebrovascular</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Diabetes</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Colesterol alto</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Obesidad</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Cáncer</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Depresión</td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> |  | Sí | No | No sabe | Se negó a responder | Hipertensión o presión alta |  |  |  |  | Ataque cardiaco (infarto al miocardio) |  |  |  |  | Angina de pecho o enfermedad coronaria |  |  |  |  | Accidente cerebrovascular |  |  |  |  | Diabetes |  |  |  |  | Colesterol alto |  |  |  |  | Obesidad |  |  |  |  | Cáncer |  |  |  |  | Depresión |  |  |  |  |
|   | Yes   | No  | Don't know | Refuse to answer    |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Hypertension or high blood pressure   |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Heart attack (myocardial infarction)  |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Angina or coronary heart disease  |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Stroke  |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Diabetes  |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| High cholesterol  |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Obesity   |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Cancer  |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Depression  |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
|   | Sí  | No  | No sabe    | Se negó a responder |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Hipertensión o presión alta   |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Ataque cardiaco (infarto al miocardio)  |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Angina de pecho o enfermedad coronaria  |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Accidente cerebrovascular   |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Diabetes  |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Colesterol alto   |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Obesidad  |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Cáncer  |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |
| Depresión   |   |   |            |                     |            |                  |                                     |  |  |  |  |                                      |  |  |  |  |                                  |  |  |  |  |        |  |  |  |  |          |  |  |  |  |                  |  |  |  |  |         |  |  |  |  |        |  |  |  |  |            |  |  |  |  |  |  |    |    |         |                     |                             |  |  |  |  |  |  |  |  |  |  |  |  |  |  |                           |  |  |  |  |          |  |  |  |  |                 |  |  |  |  |          |  |  |  |  |        |  |  |  |  |           |  |  |  |  |

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| <p><b>DIABETES TYPE</b><br/><a href="#">CCHS 2024</a></p> <p><b>NEW 2024</b></p> <p>DB_T1<br/>DB_T2<br/>DB_GEST<br/>DB_PRE<br/>DB_OTH<br/>DB_DK<br/>DB_R</p> | <p><i>UNIVERSE: Respondents diagnosed with diabetes</i></p> <p><b>What type of diabetes were you diagnosed with?</b><br/>Select all that apply.<br/>Type 1 diabetes<br/>Type 2 diabetes<br/>Gestational diabetes (diabetes that develops during pregnancy)<br/>Pre-diabetes<br/>Other types of diabetes<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: Respondents diagnosed with diabetes</i></p> <p><b>¿Qué tipo de diabetes le diagnosticaron?</b><br/>Seleccione todas las opciones que apliquen.<br/>Diabetes de tipo 1<br/>Diabetes de tipo 2<br/>Diabetes gestacional (diabetes desarrollada durante el embarazo)<br/>Pre-diabetes<br/>Otros tipos de diabetes<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>PREGNANCY</b><br/><a href="#">CCHS 2024</a></p> <p><b>NEW 2024</b></p> <p>PREG</p>   | <p><i>UNIVERSE: Female respondents (SEX=2 or SEX2=2)</i></p> <p><b>To better understand your health information, it is important to know if you are pregnant.</b></p> <p><b>Are you pregnant?</b><br/>Yes<br/>No<br/>Don't know [valid answer]<br/>Refuse to answer</p>   | <p><i>UNIVERSE: Female respondents (SEX=2 or SEX2=2)</i></p> <p><b>Para comprender mejor la información sobre su salud, es importante saber si está embarazada.</b></p> <p><b>¿Está embarazada?</b><br/>Sí<br/>No<br/>No sabe [valid answer]<br/>Se negó a responder</p>   |

## OTHER HEALTH BEHAVIOURS

| DOMAIN SOURCE   | ENGLISH   | SPANISH TRANSLATION   |
|---|---|---|
| <b>DATA QUALITY CHECK – MONTH</b><br><br><i>DQ_MONTH</i>        | <b>What is the current month?</b><br>January<br>February<br>March<br>April<br>May<br>June<br>July<br>August<br>September<br>October<br>November<br>December<br>Don't know<br>Refuse to answer   | <b>¿Cuál es el mes en curso?</b><br>Enero<br>Febrero<br>Marzo<br>Abril<br>Mayo<br>Junio<br>Julio<br>Agosto<br>Septiembre<br>Octubre<br>Noviembre<br>Diciembre<br>No sabe<br>Se negó a responder   |
| <b>SMOKING – PAST 30 DAYS</b><br>CTADS<br><br><i>SMK_30</i>     | <b>Have you smoked cigarettes in the past 30 days?</b><br>No<br>Yes, occasionally<br>Yes, every day<br>Don't know<br>Refuse to answer   | <b>¿Ha fumado cigarrillos en los últimos 30 días?</b><br>No<br>Sí, ocasionalmente<br>Sí, todos los días<br>No sabe<br>Se negó a responder   |
| <b>MARIJUANA USE – FREQUENCY</b><br>CSTADS<br><br><i>MJ_USE</i> | <b>In the last 12 months, how often did you use marijuana or cannabis (a joint, pot, weed, hash)?</b><br>I have never used marijuana<br>I have used marijuana but not in the last 12 months<br>Less than once a month<br>Once a month<br>2 or 3 times a month<br>Once a week<br>2 or 3 times a week<br>4 to 6 times a week<br>Every day<br>Don't know<br>Refuse to answer | <b>En los últimos 12 meses, ¿con qué frecuencia usó marihuana o cannabis (un churro, mota, hierba, hash)?</b><br>Nunca he usado marihuana<br>He usado marihuana pero no en los últimos 12 meses<br>Menos de una vez al mes<br>Una vez al mes<br>2 ó 3 veces al mes<br>Una vez a la semana<br>2 ó 3 veces a la semana<br>4 a 6 veces a la semana<br>Todos los días<br>No sabe<br>Se negó a responder |

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| <p><b>ALCOHOL USE – FREQUENCY</b><br/>CSTADS</p> <p>CYCLED OUT 2023</p> <p>COUNTRY SPECIFIC WORDING</p> <p>ALC_FREQ</p> | <p><b>In the last 12 months, how often did you have a drink of alcohol that was more than just a sip?</b></p> <p><i>A DRINK means: 1 regular sized bottle, can, or draft of beer; 1 glass of wine; 1 bottle or can of cooler; 1 shot of liquor (rum, whiskey, etc.); or 1 mixed drink (1 shot of liquor with pop, juice, energy drink, etc.).</i></p> <p>I have never drank alcohol<br/>         I did not drink alcohol in the last 12 months<br/>         I have only had a sip of alcohol<br/>         Less than once a month<br/>         Once a month<br/>         2 or 3 times a month<br/>         Once a week<br/>         2 or 3 times a week<br/>         4 to 6 times a week<br/>         Every day<br/>         I do not know <i>[valid answer]</i><br/>         Refuse to answer</p> | <p><b>En los últimos 12 meses, ¿con qué frecuencia tomó más de un trago de una bebida alcohólica?</b></p> <p><i>UNA BEBIDA ALCOHÓLICA significa: 1 botella, lata o tarro de cerveza de tamaño normal; 1 copa de vino; 1 botella o lata de bebida a base de vino (cooler); 1 shot de alguna bebida alcohólica fuerte (ron, whiskey, etc.), o 1 bebida mezclada (1 shot de bebida alcohólica fuerte con refresco/gaseosa, jugo, bebida energética, etc.).</i></p> <p>Nunca he tomado alcohol<br/>         No he tomado alcohol en los últimos 12 meses<br/>         Sólo he tomado un trago de alcohol<br/>         Menos de una vez al mes<br/>         Una vez al mes<br/>         2 ó 3 veces al mes<br/>         Una vez a la semana<br/>         2 ó 3 veces a la semana<br/>         4 a 6 veces a la semana<br/>         Todos los días<br/>         No sabe <i>[respuesta válida]</i><br/>         Se negó a responder</p> |
|---|---|--|

**US FOPL EXPERIMENT CONDITIONS**

**NEW 2024**

*UNIVERSE: US only*

[PROGRAMMER NOTE: Randomize respondents to one of three FOPL conditions:

- 1) Facts up front calorie label (status quo; label shown on all packages)
- 2) "High in" FDA front-of-package label
- 3) Traffic light "nutrition info" FDA front-of-package label

After being randomized to one of these three conditions, participants should see all four images (granola bar, juice, plant-based nuggets, and yogurt) for their assigned condition, one at a time (randomized). On each page with each image, the following questions should appear:



*UNIVERSE: US only*

[PROGRAMMER NOTE: Randomize respondents to one of three FOPL conditions:

- 1) Facts up front calorie label (status quo; label shown on all packages)
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After being randomized to one of these three conditions, participants should see all four images (granola bar, juice, plant-based nuggets, and yogurt) for their assigned condition, one at a time (randomized). On each page with each image, the following questions should appear:



|   |   |   |
|---|---|---|
| <p><b>US FOPL EXPERIMENT – PERCEIVED HEALTH AND STIGMA</b></p> <p><b>NEW 2024</b></p> <p>FOPL_HLTH[1-3][a-d]</p> <p>FOPL_FEEL[1-3][a-d]</p> | <p><i>UNIVERSE: US only</i><br/>[PROGRAMMER NOTE: Hide back button].</p> <p><b>In your opinion, how unhealthy or healthy is this product?</b></p> <p>Very unhealthy<br/>Moderately unhealthy<br/>Slightly unhealthy<br/>Neither unhealthy nor healthy<br/>Slightly healthy<br/>Moderately healthy<br/>Very healthy<br/>Don't know<br/>Refuse to answer</p> <p><b>How much do you agree or disagree with the following statement?</b><br/><b>I would feel embarrassed to purchase this product in a store.</b></p> <p>Strongly agree<br/>Somewhat agree<br/>Neither agree nor disagree<br/>Somewhat disagree<br/>Strongly disagree<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: US only</i><br/>[PROGRAMMER NOTE: Hide back button].</p> <p><b>En su opinión, ¿qué tan malo para la salud o saludable es este producto?</b></p> <p>Muy malo para la salud<br/>Moderadamente malo para la salud<br/>Ligeramente malo para la salud<br/>Ni malo ni bueno para la salud<br/>Ligeramente saludable<br/>Moderadamente saludable<br/>Muy saludable<br/>No sabe<br/>Se negó a responder</p> <p><b>¿En qué medida está de acuerdo o en desacuerdo con las siguientes afirmaciones?</b><br/><b>Me daría vergüenza comprar este producto en una tienda.</b></p> <p>Completamente de acuerdo<br/>De acuerdo<br/>Ni de acuerdo ni en desacuerdo<br/>En desacuerdo<br/>Completamente en desacuerdo<br/>No sabe<br/>Se negó a responder</p> |
|---|---|---|

**SOCIODEMOGRAPHIC MEASURES**

| DOMAIN SOURCE   | ENGLISH  | SPANISH TRANSLATION  |
|---|--|--|
| <p><b>ETHNICITY</b><br/>ITC ADAPTED</p> <p><b>REVISED 2019</b><br/>(Spanish)<br/><b>REVISED 2023</b></p> <p>ETH_USA_WHITE<br/>ETH_USA_BLACK<br/>ETH_USA_HISPANIC<br/>ETH_USA_NATIVE<br/>ETH_USA_ASIAN<br/>ETH_USA_PACIFIC<br/>ETH_USA_OTHER<br/>ETH_USA_OTEXT</p> | <p><i>UNIVERSE: US</i><br/>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p><b>People living in the United States come from many different cultural and racial backgrounds. Are you... (Select all that apply)</b></p> <p>White<br/>Black or African American<br/>Hispanic or Latino<br/>American Indian or Alaska Native<br/>Asian<br/>Native Hawaiian or Other Pacific Islander<br/>Other (please specify): _____<br/>Don't know</p> | <p><i>UNIVERSE: US</i><br/>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p><b>Gente que vive en los Estados Unidos pertenece a diferentes raíces culturales y étnicas. ¿Qué grupo le describe mejor...? (Seleccione todas las opciones que apliquen)</b></p> <p>Blanco<br/>Negro o Afroamericano<br/>Hispano o Latino<br/>Indio Americano o nativo de Alaska<br/>Asiático<br/>Nativo de Hawai u otras islas del Pacífico<br/>Otro (especificar) _____</p> |

|  |   |   |
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| <p>ETH_USA_DK<br/>ETH_USA_R</p>  | <p>Refuse to answer</p>   | <p>No sabe<br/>Se negó a responder</p>  |
| <p><b>HISPANIC</b><br/><br/>HISP_USA_MEX<br/>HISP_USA_MEXAM<br/>HISP_USA_PUERTO<br/>HISP_USA_CUBAN<br/>HISP_USA_CUBANAM<br/>HISP_USA_OTHER<br/>HISP_USA_OTEXT<br/>HISP_USA_DK<br/>HISP_USA_R</p> | <p><i>UNIVERSE: Hispanic or Latino (eth_USA_hispanic=yes)</i><br/><b>Hispanics and Latinos use different terms to describe themselves. In general, which one of the following terms do you use to describe yourself most often?</b> (Select all that apply)<br/>Mexican<br/>Mexican American or Chicano<br/>Puerto Rican<br/>Cuban<br/>Cuban American<br/>Other (please specify): _____<br/>Don't know<br/>Refuse to answer</p>   | <p><i>UNIVERSE: Hispanic or Latino (eth_USA_hispanic=yes)</i><br/><b>Hispanos y Latinos usan diferentes términos para describirse a ellos mismos. Por lo general, ¿cuál de los siguientes términos usa con mayor frecuencia para describirse a usted mismo?</b> (Seleccione todas las opciones que apliquen)<br/>Mexicano/a<br/>Mexicano/a Americano/a o Chicano/a<br/>Puertorriqueño/a<br/>Cubano/a<br/>Cubano/a Americano/a<br/>Otro (especificar) _____<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>COUNTRY OF BIRTH</b><br/><br/>BIRTH_USA</p>  | <p><b>Were you born in the United States?</b><br/>Yes<br/>No<br/>Don't know<br/>Refuse to answer</p>  | <p><b>¿Nació usted en los Estados Unidos?</b><br/>Sí<br/>No<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>HIGHEST EDUCATION</b><br/>ADAPTED FROM <a href="#">ITC 4CV1, NHANES 2015-2016, CCHS 2014</a><br/><br/>EDUC_COMP_USA<br/>EDUC_COMP_USA_OTEXT</p>  | <p><i>UNIVERSE: USA <del>main sample only</del></i><br/><b>What is the highest level of formal education that you have completed?</b><br/>8<sup>th</sup> Grade or lower<br/>9<sup>th</sup> Grade<br/>10<sup>th</sup> Grade<br/>11<sup>th</sup> Grade<br/>12<sup>th</sup> Grade / high school diploma<br/>Associate's degree or vocational / technical certificate<br/>Bachelor's degree<br/>University degree above the bachelor's level (e.g., Master's, professional school, doctorate)<br/>Other (please specify): _____<br/>Don't know<br/>Refuse to answer</p> | <p><i>UNIVERSE: USA <del>main sample only</del></i><br/><b>¿Cuál es el nivel más alto de estudios formales que usted ha concluido?</b><br/>Secundaria completa o menos<br/>Primer año de preparatoria/bachillerato (9º. grado de high school)<br/>Segundo año de preparatoria/bachillerato (10º. grado de high school)<br/>Tercer año de preparatoria/bachillerato (11º. grado de high school)<br/>Preparatoria / bachillerato completo (12º. grado / diplomado de high school)<br/>Estudios técnicos o comerciales<br/>Licenciatura o Universidad completa<br/>Título universitario más allá del nivel de licenciatura (por ejem., maestría, escuela profesional, doctorado)<br/>Otro (especificar): _____<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>PERCEIVED INCOME ADEQUACY</b><br/><a href="#">LITWIN &amp; SAPIR 2009</a><br/><br/>INCOME_ADEQ</p>   | <p><b>Thinking about your total monthly income, how difficult or easy is it for you to make ends meet?</b><br/>Very difficult<br/>Difficult<br/>Neither easy nor difficult<br/>Easy</p>   | <p><b>Pensando en sus ingresos mensuales totales, ¿qué tan difícil o fácil le resulta ganar suficiente dinero para vivir sin deudas?</b><br/>Muy difícil<br/>Difícil<br/>Ni fácil ni difícil<br/>Fácil</p>  |

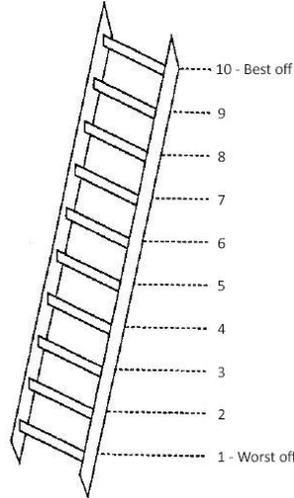
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|   | <p>Very easy<br/>Don't know<br/>Refuse to answer</p>  | <p>Muy fácil<br/>No sabe<br/>Se negó a responder</p>   |
| <p><b>HOUSEHOLD SIZE</b></p> <p>ADAPTED FROM NHANES; FCMS; ONTARIO HEALTH STUDY (OHS) COVID-19 QUESTIONNAIRE, 2020; WATERLOO REGION MATTERS SURVEY – COVID-19 EDITION</p> <p><b>NEW 2020</b></p> <p>HHLDSIZE_CH<br/>HHLDSIZE_AD</p> | <p><b>How many children (under 18 years of age) currently live in your household?</b><br/>[dropdown with numbers from 0 to 10, more than 10, DK/R]</p> <p>Don't know<br/>Refuse to answer</p> <p><b>How many adults (age 18 or older), including yourself, currently live in your household?</b><br/>[dropdown with numbers from 1 to 10, more than 10, DK/R]</p> <p>Don't know<br/>Refuse to answer</p> <p><i>Include all family members who live with you all or most of the time.</i></p> <p><i>Do NOT include roommates unless you share income.</i></p>  | <p><b>¿Cuántos niños (menores de 18 años) viven actualmente en su hogar?</b><br/>[dropdown with numbers from 0 to 10, more than 10, DK/R]</p> <p>No sabe<br/>Se negó a responder</p> <p><b>¿Cuántos adultos (de 18 años o más), incluyéndose usted, viven actualmente en su hogar?</b><br/>[dropdown with numbers from 1 to 10, more than 10, DK/R]</p> <p>No sabe<br/>Se negó a responder</p> <p><i>Incluya a todos los miembros de la familia que viven con usted todo el tiempo o la mayor parte del tiempo.</i></p> <p><i>NO incluya a otros que vivan con usted a menos que compartan los ingresos.</i></p>   |
| <p><b>HOUSEHOLD INCOME</b></p> <p>ADAPTED FROM CANADIAN COMMUNITY HEALTH SURVEY (CCHS) 2020; US CPS CURRENT POPULATION SURVEY (CPS); INTERNATIONAL CANNABIS POLICY STUDY (ICPS) 2020</p> <p><b>NEW 2020</b></p> <p>INCOME_USA</p>   | <p><b>What was your <u>total household income</u>, from all sources, before taxes, over the past 12 months?</b></p> <p><i>Include income from work, investments, pensions or government.</i></p> <p><i>Include income from all family members living with you all, or most of the time. Do NOT include roommates unless you share income.</i></p> <p>Less than \$10,000<br/>\$10,000 to less than \$20,000<br/>\$20,000 to less than \$30,000<br/>\$30,000 to less than \$40,000<br/>\$40,000 to less than \$50,000<br/>\$50,000 to less than \$60,000<br/>\$60,000 to less than \$70,000<br/>\$70,000 to less than \$80,000<br/>\$80,000 to less than \$90,000<br/>\$90,000 to less than \$100,000<br/>\$100,000 to less than \$150,000<br/>\$150,000 and over<br/>Don't know<br/>Refuse to answer</p> | <p><b>¿Cuál fue el <u>ingreso total de su hogar</u>, de todas las fuentes, antes de impuestos, durante los últimos 12 meses?</b></p> <p><i>Incluya los ingresos del trabajo, inversiones, pensiones y del gobierno.</i></p> <p><i>Incluya los ingresos de todos los miembros de la familia que viven con usted todo el tiempo o la mayor parte del tiempo. NO incluya a otros que vivan con usted a menos que compartan los ingresos.</i></p> <p>Menos de \$10 000<br/>De \$10 000 a menos de \$20 000<br/>De \$20 000 a menos de \$30 000<br/>De \$30 000 a menos de \$40000<br/>De \$40 000 a menos de \$50 000<br/>De \$50 000 a menos de \$60 000<br/>De \$60 000 a menos de \$70 000<br/>De \$70 000 a menos de \$80 000<br/>De \$80 000 a menos de \$90 000<br/>De \$90 000 a menos de \$100 000<br/>De \$100 000 a menos de \$150 000<br/>\$150 000 y más<br/>No sabe<br/>Se negó a responder</p> |

**SUBJECTIVE SOCIAL STATUS**  
 MACARTHUR SCALES OF SUBJECTIVE SOCIAL STATUS (Bradshaw et al, 2017)

REVISED 2019  
 (response format)

SOC\_STATUS

Think of this ladder as representing where people stand in the United States. At the top of the ladder (step 10) are the people who have the most money and education, and the most respected jobs. At the bottom of the ladder (step 1) are the people who have the least money and education, and the least respected jobs or no job.

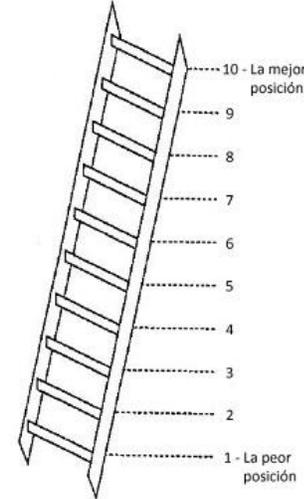


Where would you place yourself on this ladder? Pick the number for the step that shows where you think you stand at this time in your life, relative to other people in the United States.

[SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST]

- 10 – Best off
- 9
- 8
- 7
- 6
- 5
- 4
- 3
- 2
- 1 – Worst off
- Don't know
- Refuse to answer

Piense que esta escalera es una representación de la posición económica y educativa de las personas en Estados Unidos. En la parte superior de la escalera (escalón 10) están las personas que tienen más dinero y educación, y los trabajos más respetados. En la parte inferior de la escalera (escalón 1) están las personas que tienen menos dinero y educación, y los trabajos menos respetados o ningún trabajo.



¿Dónde cree que estaría usted en esta escalera? Elija el número del escalón que muestra dónde cree que se encuentra en este momento de su vida en relación con otras personas en Estados Unidos.

[SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST]

- 10 - La mejor posición
- 9
- 8
- 7
- 6
- 5
- 4
- 3
- 2
- 1 - La peor posición
- No sabe
- Se negó a responder

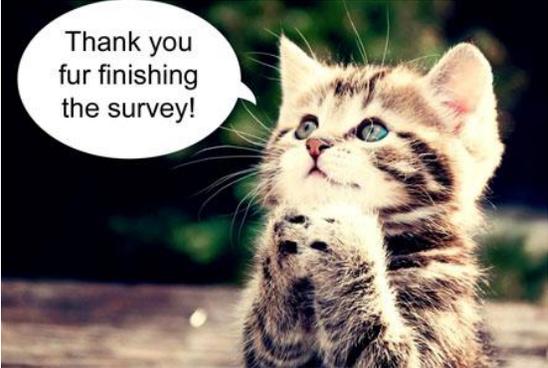
| REGION  | What state do you live in?   | ¿En qué estado vive usted?   |
|---|--|--|
| REVISÉD 2019<br>(response format)<br><br>REGION_USA<br>REGION_USA_OTEXT | 1. Alabama (AL)<br>2. Alaska (AK)<br>3. Arizona (AZ)<br>4. Arkansas (AR)<br>5. California (CA)<br>6. Colorado (CO)<br>7. Connecticut (CT)<br>8. Delaware (DE)<br>9. District of Columbia (DC)<br>10. Florida (FL)<br>11. Georgia (GA)<br>12. Hawaii (HI)<br>13. Idaho (ID)<br>14. Illinois (IL)<br>15. Indiana (IN)<br>16. Iowa (IA)<br>17. Kansas (KS)<br>18. Kentucky (KY)<br>19. Louisiana (LA)<br>20. Maine (ME)<br>21. Maryland (MD)<br>22. Massachusetts (MA)<br>23. Michigan (MI)<br>24. Minnesota (MN)<br>25. Mississippi (MS)<br>26. Missouri (MO)<br>27. Montana (MT)<br>28. Nebraska (NE)<br>29. Nevada (NV)<br>30. New Hampshire (NH)<br>31. New Jersey (NJ)<br>32. New Mexico (NM)<br>33. New York (NY)<br>34. North Carolina (NC)<br>35. North Dakota (ND)<br>36. Ohio (OH)<br>37. Oklahoma (OK)<br>38. Oregon (OR)<br>39. Pennsylvania (PA)<br>40. Rhode Island (RI)<br>41. South Carolina (SC) | 1. Alabama (AL)<br>2. Alaska (AK)<br>3. Arizona (AZ)<br>4. Arkansas (AR)<br>5. California (CA)<br>6. Colorado (CO)<br>7. Connecticut (CT)<br>8. Delaware (DE)<br>9. District of Columbia (DC)<br>10. Florida (FL)<br>11. Georgia (GA)<br>12. Hawaii (HI)<br>13. Idaho (ID)<br>14. Illinois (IL)<br>15. Indiana (IN)<br>16. Iowa (IA)<br>17. Kansas (KS)<br>18. Kentucky (KY)<br>19. Louisiana (LA)<br>20. Maine (ME)<br>21. Maryland (MD)<br>22. Massachusetts (MA)<br>23. Michigan (MI)<br>24. Minnesota (MN)<br>25. Mississippi (MS)<br>26. Missouri (MO)<br>27. Montana (MT)<br>28. Nebraska (NE)<br>29. Nevada (NV)<br>30. New Hampshire (NH)<br>31. New Jersey (NJ)<br>32. New Mexico (NM)<br>33. New York (NY)<br>34. North Carolina (NC)<br>35. North Dakota (ND)<br>36. Ohio (OH)<br>37. Oklahoma (OK)<br>38. Oregon (OR)<br>39. Pennsylvania (PA)<br>40. Rhode Island (RI)<br>41. South Carolina (SC) |

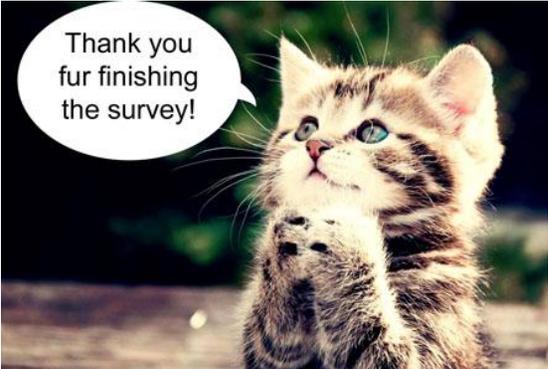
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|  | <p>42. South Dakota (SD)<br/>                 43. Tennessee (TN)<br/>                 44. Texas (TX)<br/>                 45. Utah (UT)<br/>                 46. Vermont (VT)<br/>                 47. Virginia (VA)<br/>                 48. Washington (WA)<br/>                 49. West Virginia (WV)<br/>                 50. Wisconsin (WI)<br/>                 51. Wyoming (WY)<br/>                 52. Other (please specify): _____<br/>                 -77 Don't know<br/>                 -88 Refuse to answer</p> | <p>42. South Dakota (SD)<br/>                 43. Tennessee (TN)<br/>                 44. Texas (TX)<br/>                 45. Utah (UT)<br/>                 46. Vermont (VT)<br/>                 47. Virginia (VA)<br/>                 48. Washington (WA)<br/>                 49. West Virginia (WV)<br/>                 50. Wisconsin (WI)<br/>                 51. Wyoming (WY)<br/>                 52. Otro (especificar): _____<br/>                 -77 No sabe<br/>                 -88 Se negó a responder</p> |
| <p><b>POSTAL CODE</b><br/><br/>                 COUNTRY SPECIFIC WORDING<br/><br/>                 REVISED 2022 (zip code programming)<br/><br/>                 POSTAL<br/>                 POSTAL_TEXT_USA</p> | <p><b>Please enter your zip code:</b><br/> <i>Zip codes help us to understand the food environment where you live. As a reminder, all information you provide will be kept strictly confidential and will never be shared.</i><br/><br/>                 Enter: _____ [format: 5 numeric digits]<br/>                 Don't know<br/>                 Refuse to answer</p>   | <p><b>Por favor introduzca su código postal:</b><br/> <i>Los códigos postales nos ayudan a comprender el entorno alimentario en el que vive. Como recordatorio, toda la información que proporcione se mantendrá estrictamente confidencial y nunca se compartirá.</i><br/><br/>                 Introduzca: _____ [format: 5 numeric digits]<br/>                 No sabe<br/>                 Se negó a responder</p>  |
| <p><b>US COUNTY</b><br/><br/>                 US CENSUS<br/><br/>                 NEW 2023<br/><br/>                 COUNTY_USA</p>  | <p><i>UNIVERSE: USA; Respondents who selected a state (skip if region_USA=other, DK, R)</i><br/> <b>What county do you live in?</b><br/>                 Please select: [drop-down list for counties based on state]<br/>                 Other<br/>                 Don't know<br/>                 Refuse to answer</p>  | <p><i>UNIVERSE: USA; Respondents who selected a state (skip if region_USA=other, DK, R)</i><br/> <b>¿En qué condado vive?</b><br/>                 Por favor selecciona: [drop-down list for counties based on state]<br/>                 Otro<br/>                 No sabe<br/>                 Se negó a responder</p>  |

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| <p><b>SELF-REPORTED HEIGHT</b></p> <p><i>HT_UNIT</i><br/><i>HT_CM</i><br/><i>HT_FT</i><br/><i>HT_IN</i></p> | <p><b>It is helpful to know the height and weight of survey participants.</b></p> <p><b>How tall are you without shoes?</b><br/>Would you rather answer in:<br/>Feet and inches<br/>Centimeters<br/>Don't know<br/>Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: ht_unit=feet and inches</i><br/><i>Enter feet: _____ ft [numeric, 2-7]</i><br/>AND<br/><i>Enter inches: _____ in [numeric, 0-11]</i></p> <p><i>UNIVERSE: ht_unit= centimetres</i><br/><i>Enter centimeters: _____ cm [numeric, 60-250]</i></p> | <p><b>Es útil saber la altura y el peso de los participantes de la encuesta.</b></p> <p><b>¿Cuánto mide sin zapatos?</b><br/>¿Prefiere responder usando...?<br/>Pies y pulgadas<br/>Centímetros<br/>No sabe<br/>Se negó a responder</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: ht_unit=feet and inches</i><br/><i>Escriba los pies: _____ pies [numeric, 2-7]</i><br/>Y<br/><i>Escriba las pulgadas: _____ pulgadas [numeric, 0-11]</i></p> <p><i>UNIVERSE: ht_unit= centimetres</i><br/><i>Escriba los centímetros: _____ cm [numeric, 60-250]</i></p> |
| <p><b>SELF-REPORTED HEIGHT CONFIRMATION</b></p> <p><i>HT_FTIN_CONF</i><br/><i>HT_CM_CONF</i></p>            | <p><i>UNIVERSE: ht_unit=feet and inches</i><br/><b>You entered [X] feet and [X] inches. Is that correct?</b><br/>Yes<br/>No – I need to make a correction<br/>Don't know<br/>Refuse to answer</p> <p><i>UNIVERSE: ht_unit= centimetres</i><br/><b>You entered [X] centimeters. Is that correct?</b><br/>Yes<br/>No – I need to make a correction<br/>Don't know<br/>Refuse to answer</p>   | <p><i>UNIVERSE: ht_unit=feet and inches</i><br/><b>Usted introdujo [X] pies y [X] pulgadas. ¿Es correcto?</b><br/>Sí<br/>No, necesito hacer una corrección<br/>No sabe<br/>Se negó a responder</p> <p><i>UNIVERSE: ht_unit= centimetres</i><br/><b>Usted introdujo [X] centímetros. ¿Es correcto?</b><br/>Sí<br/>No, necesito hacer una corrección<br/>No sabe<br/>Se negó a responder</p>   |

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| <p><b>SELF-REPORTED HEIGHT CORRECTION</b></p> <p>HTC_UNIT<br/>HTC_FT<br/>HTC_IN<br/>HTC_CM</p> | <p><i>UNIVERSE: ht_ftin_conf, or ht_cm_conf= No – I need to make a correction</i></p> <p><b>How tall are you without shoes?</b></p> <p>Would you rather answer in:</p> <p>Feet and inches<br/>Centimetres<br/>Don't know<br/>Refuse to answer</p> <p>[PROGRAMMER: show based on response to above]</p> <p><i>UNIVERSE: htc_unit=feet and inches</i><br/>Enter feet: _____ ft [numeric, 2-7]<br/>AND<br/>Enter inches: _____ in [numeric, 0-11]</p> <p><i>UNIVERSE: htc_unit= centimetres</i><br/>Enter centimetres: _____ cm [numeric, 60-250]</p>  | <p><i>UNIVERSE: ht_ftin_conf, or ht_cm_conf= No – I need to make a correction</i></p> <p><b>¿Cuánto mide sin zapatos?</b></p> <p>¿Prefiere responder usando...?</p> <p>Pies y pulgadas<br/>Centímetros<br/>No sabe<br/>Se negó a responder</p> <p>[PROGRAMMER: show based on response to above]</p> <p><i>UNIVERSE: htc_unit=feet and inches</i><br/>Escriba los pies: _____ pies [numeric, 2-7]<br/>Y<br/>Escriba las pulgadas: _____ pulgadas [numeric, 0-11]</p> <p><i>UNIVERSE: htc_unit= centimetres</i><br/>Escriba los centímetros: _____ cm [numeric, 60-250]</p>  |
| <p><b>SELF-REPORTED WEIGHT</b></p> <p>REVISED 2024</p> <p>WT_UNIT<br/>WT_LB<br/>WT_KG</p>      | <p><i>UNIVERSE: All male respondents (SEX=1); females who are not pregnant (SEX=2 and PREG#1)</i></p> <p><b>How much do you weigh without clothes or shoes?</b></p> <p><i>UNIVERSE: Female respondents who are pregnant (SEX=2 and PREG=1)</i></p> <p><b>How much did you weigh without clothes or shoes <u>before</u> your pregnancy?</b></p> <p>Would you rather answer in:</p> <p>Pounds (lb)<br/>Kilograms (kg)<br/>Don't know<br/>Refuse to answer</p> <p>[PROGRAMMER: show based on response to above]</p> <p><i>UNIVERSE: wt_unit= pounds</i><br/>Enter pounds: _____ lb [numeric]</p> <p><i>UNIVERSE: wt_unit=kilograms</i><br/>Enter kilograms: _____ kg [numeric]</p> | <p><i>UNIVERSE: All male respondents (SEX=1); females who are not pregnant (SEX=2 and PREG#1)</i></p> <p><b>¿Cuánto pesa sin ropa ni zapatos?</b></p> <p><i>UNIVERSE: Female respondents who are pregnant (SEX=2 and PREG=1)</i></p> <p><b>¿Cuánto pesaba sin ropa ni zapatos <u>antes</u> del embarazo?</b></p> <p>¿Prefiere responder usando...?</p> <p>Libras (lb)<br/>Kilogramos (kg)<br/>No sabe<br/>Se negó a responder</p> <p>[PROGRAMMER: show based on response to above]</p> <p><i>UNIVERSE: wt_unit= pounds</i><br/>Escriba las libras: _____ lb [numeric]</p> <p><i>UNIVERSE: wt_unit=kilograms</i><br/>Escriba los kilogramos: _____ kg [numeric]</p> |

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| <p><b>SELF-REPORTED WEIGHT CONFIRMATION</b></p> <p>WT_LB_CONF<br/>WT_KG_CONF</p>                               | <p><i>UNIVERSE: wt_unit= pounds</i><br/> <b>You entered [X] pounds. Is that correct?</b><br/>                 Yes<br/>                 No – I need to make a correction<br/>                 Don’t know<br/>                 Refuse to answer</p> <p><i>UNIVERSE: wt_unit=kilograms</i><br/> <b>You entered [X] kilograms. Is that correct?</b><br/>                 Yes<br/>                 No – I need to make a correction<br/>                 Don’t know<br/>                 Refuse to answer</p>   | <p><i>UNIVERSE: wt_unit= pounds</i><br/> <b>Usted introdujo [X] libras. ¿Es correcto?</b><br/>                 Sí<br/>                 No, necesito hacer una corrección<br/>                 No sabe<br/>                 Se negó a responder</p> <p><i>UNIVERSE: wt_unit=kilograms</i><br/> <b>Usted introdujo [X] kilogramos. ¿Es correcto?</b><br/>                 Sí<br/>                 No, necesito hacer una corrección<br/>                 No sabe<br/>                 Se negó a responder</p>  |
| <p><b>SELF-REPORTED WEIGHT CORRECTION</b></p> <p><b>REVISED 2024</b></p> <p>WTC_UNIT<br/>WTC_LB<br/>WTC_KG</p> | <p><i>UNIVERSE: wt_lb_conf, or wt_kg_conf= No – I need to make a correction</i></p> <p><i>UNIVERSE: All male respondents (SEX=1); females who are not pregnant (SEX=2 and PREG≠1)</i><br/> <b>How much do you weigh without clothes or shoes?</b></p> <p><i>UNIVERSE: Female respondents who are pregnant (SEX=2 and PREG=1)</i><br/> <b>How much did you weigh without clothes or shoes <u>before</u> your pregnancy?</b><br/>                 Would you rather answer in:<br/>                 Pounds (lb)<br/>                 Kilograms (kg)<br/>                 Don’t know<br/>                 Refuse to answer</p> <p>[PROGRAMMER: show based on response to above]</p> <p><i>UNIVERSE: wtc_unit= pounds</i><br/>                 Enter pounds: _____ lb [numeric]</p> <p><i>UNIVERSE: wtc_unit=kilograms</i><br/>                 Enter kilograms: _____ kg [numeric]</p> | <p><i>UNIVERSE: wt_lb_conf, or wt_kg_conf= No – I need to make a correction</i></p> <p><i>UNIVERSE: All male respondents (SEX=1); females who are not pregnant (SEX=2 and PREG≠1)</i><br/> <b>¿Cuánto pesa sin ropa ni zapatos?</b></p> <p><i>UNIVERSE: Female respondents who are pregnant (SEX=2 and PREG=1)</i><br/> <b>¿Cuánto pesaba sin ropa ni zapatos antes del embarazo?</b><br/>                 ¿Prefiere responder usando...?<br/>                 Libras (lb)<br/>                 Kilogramos (kg)<br/>                 No sabe<br/>                 Se negó a responder</p> <p>[PROGRAMMER: show based on response to above]</p> <p><i>UNIVERSE: wtc_unit= pounds</i><br/>                 Escriba las libras: _____ lb [numeric]</p> <p><i>UNIVERSE: wtc_unit=kilograms</i><br/>                 Escriba los kilogramos: _____ kg [numeric]</p> |

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| <p><b>END SCREEN</b></p> <p><b>REVISED 2024 (universe)</b></p> | <p><i>UNIVERSE: Respondents randomized to survey version 1 (main survey only) AND respondents randomized to version 2 (main survey and follow-up) who fail the DQ_month question and/or survey_time_TS &lt;600 seconds (&lt;10 minutes)</i></p> <p><b>You're finished—thank you!</b></p> <p>As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829) and the University of South Carolina Institutional Review Board. If you have any comments or concerns resulting from your involvement please contact the Office of Research Ethics in Canada at 1-519-888-4567, ext. 36005 or <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>, or Professor David Hammond from the University of Waterloo in Canada at 1-519-888-4567 ext. 46462 or <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, or Dr. James Thrasher, a local study researcher from the University of South Carolina in the United States at 1-803-777-4862 or <a href="mailto:thrasher@mailbox.sc.edu">thrasher@mailbox.sc.edu</a>.</p> <p><b>Click NEXT to return to the survey company's website.</b></p> <p>Thanks again for your help.</p>  | <p><i>UNIVERSE: Respondents randomized to survey version 1 (main survey only) AND respondents randomized to version 2 (main survey and follow-up) who fail the DQ_month question and/or survey_time_TS &lt;900 seconds (&lt;15 minutes)</i></p> <p><b>¡Ha terminado! ¡Gracias!</b></p> <p>Permítame recordarle que los aspectos éticos del presente estudio fueron revisados y autorizados por el Comité de Ética de la Investigación de la Universidad de Waterloo (REB #30829) y de la Universidad de Carolina del Sur. Si tiene comentarios o preguntas resultantes de su participación en el proyecto, favor de comunicarse con la Oficina de Ética de la Investigación, al teléfono en Canadá 1-519-888-4567, ext. 36005 o al correo electrónico <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a> o con el Profesor David Hammond de la Universidad de Waterloo, al teléfono en Canadá 1-519-888-4567 ext. 46462 o al correo electrónico <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, o bien con el Dr. James Thrasher, investigador local de la Universidad de Carolina del Sur en los Estados Unidos, al teléfono 1-803-777-4862 ó por email a <a href="mailto:thrasher@mailbox.sc.edu">thrasher@mailbox.sc.edu</a>.</p> <p><b>Haga clic en "SIGUIENTE" para regresar al sitio web de la empresa de encuestas.</b></p> <p>Una vez más, gracias por su ayuda.</p>  |
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| <p><b>END SCREEN WITH NOTE ABOUT FOLLOW-UP SURVEY</b></p> <p><b>REVISED 2024</b></p> | <p><i>UNIVERSE: Respondents randomized to version 2 (main survey and follow-up), who correctly select the month (DQ_month=11 or 12) and survey_time_TS ≥600 seconds (10 minutes)</i></p> <p><b>You're finished—thank you!</b></p> <p>As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829) and the University of South Carolina Institutional Review Board. If you have any comments or concerns resulting from your involvement please contact the Office of Research Ethics in Canada at 1-519-888-4567, ext. 36005 or <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>, or Professor David Hammond from the University of Waterloo in Canada at 1-519-888-4567 ext. 46462 or <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, or Dr. James Thrasher, a local study researcher from the University of South Carolina in the United States at 1-803-777-4862 or <a href="mailto:thrasher@mailbox.sc.edu">thrasher@mailbox.sc.edu</a>.</p> <p>We'd like to invite you to do another survey in about 1 week from now. The survey will be shorter – about 15-20 minutes. Please keep an eye out for an invitation to complete our next nutrition survey.</p> <p><b>Click NEXT to return to the survey company's website.</b></p> <p>Thanks again for your help.</p>  | <p><i>UNIVERSE: Respondents randomized to version 2 (main survey and follow-up), who correctly select the month (DQ_month=11 or 12) and survey_time_TS ≥900 seconds (15 minutes)</i></p> <p><b>¡Ha terminado! ¡Gracias!</b></p> <p>Permítame recordarle que los aspectos éticos del presente estudio fueron revisados y autorizados por el Comité de Ética de la Investigación de la Universidad de Waterloo (REB #30829) y de la Universidad de Carolina del Sur. Si tiene comentarios o preguntas resultantes de su participación en el proyecto, favor de comunicarse con la Oficina de Ética de la Investigación, al teléfono en Canadá 1-519-888-4567, ext. 36005 o al correo electrónico <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a> o con el Profesor David Hammond de la Universidad de Waterloo, al teléfono en Canadá 1-519-888-4567 ext. 46462 o al correo electrónico <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, o bien con el Dr. James Thrasher, investigador local de la Universidad de Carolina del Sur en los Estados Unidos, al teléfono 1-803-777-4862 ó por email a <a href="mailto:thrasher@mailbox.sc.edu">thrasher@mailbox.sc.edu</a>.</p> <p>Nos gustaría invitarle a realizar otra encuesta en aproximadamente 1 semana. La encuesta será más corta: unos 15-20 minutos. Por favor, esté atento a la invitación para completar nuestra próxima encuesta sobre nutrición.</p> <p><b>Haga clic en "SIGUIENTE" para regresar al sitio web de la empresa de encuestas.</b></p> <p>Una vez más, gracias por su ayuda.</p>  |
| <p><b>REDIRECT TO NIELSEN</b></p> <p><b>REVISED 2024</b></p>                         | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 1 (MAIN SURVEY ONLY) OR VERSION 2 (MAIN SURVEY AND FOLLOW-UP)</i></p> <p><b>You will now be redirected back to the survey company.</b></p>  | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 1 (MAIN SURVEY ONLY) OR VERSION 2 (MAIN SURVEY AND FOLLOW-UP)</i></p> <p><b>Ahora usted se redirige a la empresa de encuestas.</b></p>   |

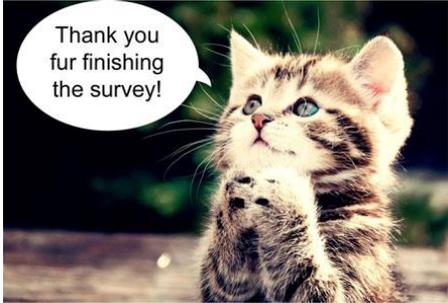
**DIETARY RECALL & FEEDBACK SCREEN**

RESPONDENT WILL BE REDIRECTED TO ASA24-2022(USA).

UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)

| DOMAIN SOURCE   | ENGLISH   | SPANISH TRANSLATION  |
|---|---|--|
| <p><b>KOALA</b></p> <p>NEW 2020<br/>REVISED 2024<br/>(universe)</p> | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)<br/>UNIVERSE: Australia, Canada, United Kingdom, United States</p> <p><b>Getting tired of the survey? Don't give up, there's just one more section!</b></p>    | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)<br/>UNIVERSE: Australia, Canada, United Kingdom, United States</p> <p><b>¿Se está cansando de la encuesta? No se rinda, ¡solo hay una sección más!</b></p>   |
| <p><b>ASA24-REDIRECT</b></p> <p>NEW 2020<br/>REVISED 2024</p>       | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)<br/>UNIVERSE: Australia, Canada, United Kingdom, United States</p> <p>To complete the next section of the survey, click on the link below. The link will take you to a website run by the US National Institutes of Health which asks about the food you ate yesterday. Typically, this takes 15-20 minutes.</p> <p>After you have finished telling us about the food you ate, you will be redirected to this website for a few final study details.</p> <p><a href="#">Click HERE</a> to continue to the next section of the survey.</p> <p><b>**NOTE: Once you start the next section of the survey, you MUST complete it in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later.**</b></p> <p>[PROGRAMMING NOTE: REDIRECT RESPONDENT TO ASA24-2022 (USA).]</p> | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)<br/>UNIVERSE: Australia, Canada, United Kingdom, United States</p> <p>Para completar la siguiente sección de la encuesta, haga clic en el siguiente enlace. El enlace le llevará a un sitio web dirigido por US National Institutes of Health (Institutos Nacionales de Salud de EE.UU.) que le preguntará sobre los alimentos que comió ayer. Típicamente, esto toma de 15 a 20 minutos.</p> <p>Después de que haya terminado de contarnos sobre los alimentos que comió, la página se redirigirá a este sitio web para terminar algunos detalles finales del estudio.</p> <p>Haga clic <a href="#">AQUÍ</a> para continuar con la siguiente sección de la encuesta.</p> <p><b>**NOTA: Una vez que comience la siguiente sección de la encuesta, DEBE terminarla en una sola sesión. Si cierra la sesión o deja la encuesta inactiva durante más de 30 minutos, NO podrá reiniciar ni continuar más tarde.**</b></p> <p>[PROGRAMMING NOTE: REDIRECT RESPONDENT TO ASA24-2022 (USA).]</p> |

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| <p><b>WELCOME</b><br/>NEW 2020<br/>REVISED 2024<br/>(universe)</p>    | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)</i><br/><i>UNIVERSE: Australia, Canada, United Kingdom, United States</i><br/>Welcome back! To record your progress, please click NEXT.</p>  | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)</i><br/><i>UNIVERSE: Australia, Canada, United Kingdom, United States</i><br/>¡Bienvenido de nuevo! Para registrar su avance, por favor haga clic en SIGUIENTE.</p>  |
| <p><b>INCOMPLETE</b><br/>NEW 2020<br/>REVISED 2024<br/>(universe)</p> | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)</i><br/><i>UNIVERSE: Australia, Canada, United Kingdom, United States</i><br/>If ASAstatus=incomplete:<br/>It looks like you didn't finish the last section (i.e., entering your food information). Unfortunately, you are not eligible to continue the survey.<br/><br/>The survey company will be notified that you did NOT finish the survey.<br/><br/>Thank you for your time.<br/><br/>You will now be redirected back to the survey company.</p> | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)</i><br/><i>UNIVERSE: Australia, Canada, United Kingdom, United States</i><br/>If ASAstatus=incomplete:<br/>Parece que no ha terminado la última sección (es decir, la introducción de la información de sus alimentos). Desafortunadamente no es elegible para seguir con la encuesta.<br/><br/>Se notificará a la empresa de encuestas que usted NO ha terminado la encuesta.<br/><br/>Gracias por tu tiempo.<br/><br/>Ahora la página será redirigida de vuelta a la empresa de encuestas.</p> |

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| <p><b>END SCREEN - NIELSEN</b></p> <p>REVISED 2019<br/>REVISED 2021<br/>REVISED 2024</p> | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)</i><br/><i>UNIVERSE: If ASAstatus= complete (Australia, Canada, United Kingdom, United States):</i></p> <p><b>You're finished—thank you!</b></p> <p>As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829) and the University of South Carolina Institutional Review Board. If you have any comments or concerns resulting from your involvement please contact the Office of Research Ethics in Canada at 1-519-888-4567, ext. 36005 or <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>, or Professor David Hammond from the University of Waterloo in Canada at 1-519-888-4567 ext. 46462 or <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, or Dr. James Thrasher, a local study researcher from the University of South Carolina in the United States at 1-803-777-4862 or <a href="mailto:thrasher@mailbox.sc.edu">thrasher@mailbox.sc.edu</a>.</p> <p><b>Click NEXT to return to the survey company's website.</b></p> <p>Thanks again for your help.</p>  | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)</i><br/><i>UNIVERSE: If ASAstatus= complete (Australia, Canada, United Kingdom, United States):</i></p> <p><b>¡Ha terminado! ¡Gracias!</b></p> <p>Permítame recordarle que los aspectos éticos del presente estudio fueron revisados y autorizados por el Comité de Ética de la Investigación de la Universidad de Waterloo (REB #30829) y de la Universidad de Carolina del Sur. Si tiene comentarios o preguntas resultantes de su participación en el proyecto, favor de comunicarse con la Oficina de Ética de la Investigación, al teléfono en Canadá 1-519-888-4567, ext. 36005 o al correo electrónico <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a> o con el Profesor David Hammond de la Universidad de Waterloo, al teléfono en Canadá 1-519-888-4567 ext. 46462 o al correo electrónico <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, o bien con el Dr. James Thrasher, investigador local de la Universidad de Carolina del Sur en los Estados Unidos, al teléfono 1-803-777-4862 ó por email a <a href="mailto:thrasher@mailbox.sc.edu">thrasher@mailbox.sc.edu</a>.</p> <p><b>Haga clic en "SIGUIENTE" para regresar al sitio web de la empresa de encuestas.</b></p> <p>Una vez más, gracias por su ayuda.</p>  |
| <p><b>REDIRECT TO NIELSEN</b></p> <p>REVISED 2024<br/>(universe)</p>                     | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)</i></p> <p><b>You will now be redirected back to the survey company.</b></p>  | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)</i></p> <p><b>Ahora usted se redirige a la empresa de encuestas.</b></p>  |

**FOLLOW-UP SURVEY: SEPARATE DIETARY RECALL**

UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)

| DOMAIN SOURCE  | ENGLISH  | FRENCH TRANSLATION  |
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| <p><b>SAMPLE INVITATION</b></p> <p>NEW 2024</p>                  | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</p> <p><b>We've found a survey for you!</b></p> <p>Simply click "Continue" to begin the survey.</p> <p>NOTE TO ETHICS: This is an email and dashboard app invitation sent to panelists by Nielsen and their partner panels. If panelists select 'continue' they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email/dashboard app invitations about panel incentives.</p> | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</p> <p><b>¡Hemos encontrado una encuesta para usted!</b></p> <p>Solo haga clic en "Continuar" para comenzar con la encuesta.</p> <p>NOTE TO ETHICS: This is an email and dashboard app invitation sent to panelists by Nielsen and their partner panels. If panelists select 'continue' they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email/dashboard app invitations about panel incentives.</p> |
| <p><b>SURVEY LENGTH CONFIRMATION</b></p> <p>NEW 2024</p>         | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</p> <p><b>You MUST complete the survey in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later. Are you willing to participate?</b></p> <p>Yes<br/>No [TERMINATE]<br/>[PROGRAMMING NOTE: Nielsen to route respondents to Alchemer.]</p>  | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</p> <p><b>Usted DEBE completar la encuesta en una sola sesión. Si cierra la sesión o deja la encuesta inactiva durante más de 30 minutos, NO podrá reiniciarla ni continuarla más tarde. ¿Está dispuesto(a) a participar?</b></p> <p>Sí<br/>No [TERMINATE]<br/>[PROGRAMMING NOTE: Nielsen to route respondents to Alchemer.]</p>  |
| <p><b>ELIGIBILITY INTRO</b></p> <p>NEW 2024</p> <p>RECAPTCHA</p> | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</p> <p><b>Before you continue to the study information, we need to confirm your eligibility with a few short questions.</b></p> <p>Please check the box below, and click 'Next' to proceed with the survey.</p> <div data-bbox="369 937 913 1076" data-label="Image"> </div> <p>[PROGRAMMER NOTE: Utilize ReCAPTCHA and Duplicate Protection function based on IP address in Alchemer]</p>   | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</p> <p><b>Antes de pasar a la información del estudio, necesitamos confirmar su elegibilidad con unas breves preguntas.</b></p> <p>Por favor marque la casilla que está a continuación, y haga clic en "Siguiente" para ir a la encuesta.</p> <div data-bbox="1205 969 1749 1109" data-label="Image"> </div> <p>[No soy un robot]</p> <p>[PROGRAMMER NOTE: Utilize ReCAPTCHA and Duplicate Protection function based on IP address in Alchemer]</p>                                 |
| <p><b>AGE</b></p> <p>NEW 2024</p> <p>AGE</p>                     | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</p> <p><b>How old are you?</b><br/>[numeric]</p> <p>[If &lt;18 or &gt;100: "Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company."]</p>   | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</p> <p><b>¿Qué edad tiene?</b><br/>[numeric]</p> <p>[Ineligible if &lt;18 or &gt;100: "Desafortunadamente, no es elegible para el estudio. Muchas gracias por su tiempo. Ahora usted será redirigido a la empresa de encuestas."]</p>   |

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| <p><b>SEX AT BIRTH</b><br/>CIHR SUGGESTED METHOD (GRETA BAUER, WESTERN)</p> <p><b>REVISED 2024</b></p> <p>SEX</p> | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i></p> <p><b>What sex were you assigned at birth, meaning on your original birth certificate?</b><br/>Male<br/>Female<br/>Don't know<br/>Refuse to answer</p>   | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i></p> <p><b>¿Qué sexo se le asignó al nacer, es decir, en su acta de nacimiento original?</b><br/>Masculino<br/>Femenino<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>SEX AT BIRTH FOLLOW-UP</b></p> <p><b>NEW 2024</b></p> <p>SEX2</p>   | <p><i>UNIVERSE: Sex = 'Don't know' or 'Refuse to answer'</i></p> <p>We know this can be a sensitive question for some people. We ask about sex-at-birth because it helps us to understand the profile of survey respondents. If you are not comfortable answering the question, you can choose 'Don't know' or 'Refuse to answer'. (We'll ask about your gender identity later in the survey).</p> <p><b>What sex were you assigned at birth, meaning on your original birth certificate?</b><br/>Male<br/>Female<br/>X (not specified on birth certificate)<br/>Don't know<br/>Refuse to answer</p>  | <p><i>UNIVERSE: Sex = 'Don't know' or 'Refuse to answer'</i></p> <p>Sabemos que esta puede ser una pregunta delicada para algunas personas. Preguntamos sobre el sexo al nacer porque esta información nos ayuda a comprender el perfil de los encuestados. Si le incomoda responder a la pregunta, puede elegir "No sabe" o " Se negó a responder". (Le preguntaremos sobre su identidad de género más adelante en la encuesta).</p> <p><b>¿Qué sexo se le asignó al nacer, es decir, en su acta de nacimiento original?</b><br/>Masculino<br/>Femenino<br/>X (no especificado en el acta de nacimiento)<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>INFO LETTER FOR FOLLOW-UP SURVEY (SEPARATE RECALL CONTACT)</b></p> <p><b>NEW 2024</b></p>                   | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i></p> <p><b>Before you start the survey, please read the following information and let us know if you agree to participate.</b></p> <ul style="list-style-type: none"> <li>- The survey will examine eating patterns, and will ask you about the food you ate yesterday.</li> <li>- The survey will take 15-20 minutes.</li> <li>- The study is being conducted by Professor David Hammond at the University of Waterloo, Canada. You'll be linked to a website run by the U.S. National Institutes of Health.</li> <li>- You must be 18 years of age or older to participate in the study.</li> <li>- You MUST complete the survey in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later.</li> <li>- Participation is voluntary. You can click 'refuse to answer' to any question you do not wish to answer. You can choose to stop the study at any time without penalty. If you choose to stop participating, you may receive your incentive by selecting 'refuse to answer' for all further questions until the end of the survey. Any data already collected may be used in the study, unless you contact the researcher to have it deleted.</li> </ul> | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i></p> <p><b>Antes de iniciar la encuesta, lea por favor la siguiente información e indíquenos si está de acuerdo en participar.</b></p> <ul style="list-style-type: none"> <li>- La encuesta explorará patrones de alimentación, y se le preguntará sobre los alimentos que comió ayer.</li> <li>- La encuesta tomará 15-20 minutos.</li> <li>- El estudio lo lleva a cabo el Profesor David Hammond de la Universidad de Waterloo en Canadá. Se le llevará a un sitio web dirigido por los Institutos Nacionales de Salud de Estados Unidos.</li> <li>- Debe tener 18 años de edad para participar en el estudio.</li> <li>- Usted DEBE completar la encuesta en una sola sesión. Si cierra la sesión o deja la encuesta inactiva durante más de 30 minutos, NO podrá reiniciarla ni continuarla más tarde.</li> <li>- La participación es voluntaria. Puede hacer clic en 'se negó a responder' a cualquier pregunta que no desee responder. Puede optar por salir del estudio en cualquier momento sin incurrir en ninguna penalidad. Si decide dejar de participar, puede recibir su incentivo seleccionando 'se negó a responder' para todas las preguntas restantes hasta el final de la encuesta. Todos los datos recopilados hasta ese momento se podrían usar en el estudio a</li> </ul> |

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|  | <ul style="list-style-type: none"> <li>- We take your privacy very seriously and will make every effort to keep your information strictly confidential. We will never share your personal information with any company or marketing firm. The study data will be collected using Alchemer software and the ASA24 system operated by the U.S. National Institutes of Health. Internet protocol (IP) addresses may be recorded by the software programs used for this study to avoid duplicate responses in the dataset, but this information will not be used by the researchers or the owners of the programs to identify you personally. When information is transmitted over the internet, privacy cannot be guaranteed. There is always a risk your responses may be intercepted by a third party (e.g., government agencies, hackers).</li> <li>- The data will be stored for a minimum of 7 years on a secure University of Waterloo server in Canada. Analyses may also be conducted by international research team members, but only using de-identified data stored on password-protected computers.</li> <li>- This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Board (REB # 30829) and the University of South Carolina Institutional Review Board. However, the final decision about participation is yours. Participants who have concerns or questions about their involvement in the project may contact the Office of Research Ethics in Canada at 1-519-888-4567, ext. 36005 or <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>.</li> <li>- If you have any questions about the study, please contact Professor David Hammond of the University of Waterloo in Canada, at 1-519-888-4567 ext. 46462 or <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, or Dr. James Thrasher, a local study researcher from the University of South Carolina in the United States at 1-803-777-4862 or <a href="mailto:thrasher@mailbox.sc.edu">thrasher@mailbox.sc.edu</a>.</li> </ul> | <p>menos que usted se ponga en contacto con el investigador para que los elimine.</p> <ul style="list-style-type: none"> <li>- Su privacidad es un asunto de mucha seriedad para nosotros y haremos todo lo posible para mantener su información con la más estricta confidencialidad. Nunca compartiremos sus datos personales con ninguna compañía, ni con ninguna empresa de mercadotecnia. Los datos del estudio se recogerán con el software Alchemer y el sistema ASA24 operado por los Institutos Nacionales de Salud de los Estados Unidos. Las direcciones de protocolo de Internet (IP) podrían quedar registradas en los programas de software usados para este estudio para evitar respuestas duplicadas en la base de datos, pero esta información no será utilizada por los investigadores o los propietarios de los programas para identificarle a usted personalmente. Cuando se transmite información en Internet, no se puede garantizar la privacidad. Siempre existe el riesgo de que sus respuestas sean interceptadas por terceros (por ejemplo, agencias gubernamentales, piratas cibernéticos (hackers)).</li> <li>- Los datos se almacenarán 7 años como mínimo en un servidor seguro de la Universidad de Waterloo en Canadá. Los análisis también pueden ser realizados por los miembros de equipos de investigación internacionales, pero solo utilizando datos sin identificación almacenados en equipos de computación protegidos con contraseñas.</li> <li>- Los aspectos éticos del proyecto fueron revisados y aprobados por el Comité de Ética de la Investigación de la Universidad de Waterloo (REB #30829) y la Universidad de Carolina del Sur. Sin embargo, la decisión final para participar depende de usted. Las personas que entren al estudio y tengan inquietudes o preguntas sobre su participación en el proyecto pueden comunicarse con la Oficina de Ética de la Investigación, al teléfono en Canadá 1-519-888-4567, ext. 36005, o al correo electrónico <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>.</li> <li>- Si tiene preguntas sobre el estudio, favor de comunicarse con el Profesor David Hammond de la Universidad de Waterloo al teléfono en Canadá 1-519-888-4567 ext. 46462, o al correo electrónico <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, o bien con el Dr. James Thrasher, investigador local de la Universidad de Carolina del Sur en los Estados Unidos, al teléfono 1-803-777-4862 o por email a <a href="mailto:thrasher@mailbox.sc.edu">thrasher@mailbox.sc.edu</a>.</li> </ul> |
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| <p><b>CONSENT</b><br/>NEW 2024<br/>CONSENT</p>  | <p>Based on the information you received, do you agree to take part in this research study?<br/>Yes → [continue to survey]<br/>No → Thank you for your time. You will now be redirected back to the survey company. [TERMINATE]</p>   | <p>Con base en la información que recibió, ¿está de acuerdo en formar parte de este estudio de investigación?<br/>Sí → [pase a la encuesta]<br/>No → Gracias por su tiempo. Ahora usted se redirige a la empresa de encuestas. [TERMINAR]</p>   |
| <p><b>PREAMBLE</b><br/>NEW 2024</p>   | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)<br/>First, we'd like to ask a few questions about your background.</p>  | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)<br/>Primero, nos gustaría hacer algunas preguntas sobre sus antecedentes.</p>   |
| <p><b>HIGHEST EDUCATION</b><br/>ADAPTED FROM ITC 4CV1, NHANES 2015-2016, CCHS 2014<br/>NEW 2024<br/>EDUC_COMP_USA<br/>EDUC_COMP_USA_OTEXT</p>   | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)<br/>UNIVERSE: USA<br/>What is the highest level of formal education that you have <u>completed</u>?<br/>8<sup>th</sup> Grade or lower<br/>9<sup>th</sup> Grade<br/>10<sup>th</sup> Grade<br/>11<sup>th</sup> Grade<br/>12<sup>th</sup> Grade / high school diploma<br/>Associate's degree or vocational / technical certificate<br/>Bachelor's degree<br/>University degree above the bachelor's level (e.g., Master's, professional school, doctorate)<br/>Other (please specify): _____<br/>Don't know<br/>Refuse to answer</p> | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)<br/>UNIVERSE: USA<br/>¿Cuál es el nivel más alto de estudios formales que usted ha <u>concluido</u>?<br/>Secundaria completa o menos<br/>Primer año de preparatoria/bachillerato (9º. grado de high school)<br/>Segundo año de preparatoria/bachillerato (10º. grado de high school)<br/>Tercer año de preparatoria/bachillerato (11º. grado de high school)<br/>Preparatoria / bachillerato completo (12º. grado / diplomado de high school)<br/>Estudios técnicos o comerciales<br/>Licenciatura o Universidad completa<br/>Título universitario más allá del nivel de licenciatura (por ejem., maestría, escuela profesional, doctorado)<br/>Otro (especificar): _____<br/>No sabe<br/>Se negó a responder</p> |
| <p><b>ETHNICITY</b><br/>ITC ADAPTED<br/>NEW 2024<br/>ETH_USA_WHITE<br/>ETH_USA_BLACK<br/>ETH_USA_HISPANIC<br/>ETH_USA_NATIVE<br/>ETH_USA_ASIAN<br/>ETH_USA_PACIFIC<br/>ETH_USA_OTHER<br/>ETH_USA_OTEXT<br/>ETH_USA_DK<br/>ETH_USA_R</p> | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)<br/>People living in the United States come from many different cultural and racial backgrounds. Are you... (Select all that apply)<br/>White<br/>Black or African American<br/>Hispanic or Latino<br/>American Indian or Alaska Native<br/>Asian<br/>Native Hawaiian or Other Pacific Islander<br/>Other (please specify): _____<br/>Don't know<br/>Refuse to answer</p>   | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)<br/>Gente que vive en los Estados Unidos pertenece a diferentes raíces culturales y étnicas. ¿Qué grupo le describe mejor...? (Seleccione todas las opciones que apliquen)<br/>Blanco<br/>Negro o Afroamericano<br/>Hispano o Latino<br/>Indio Americano o nativo de Alaska<br/>Asiático<br/>Nativo de Hawai u otras islas del Pacífico<br/>Otro (especificar) _____<br/>No sabe<br/>Se negó a responder</p>  |

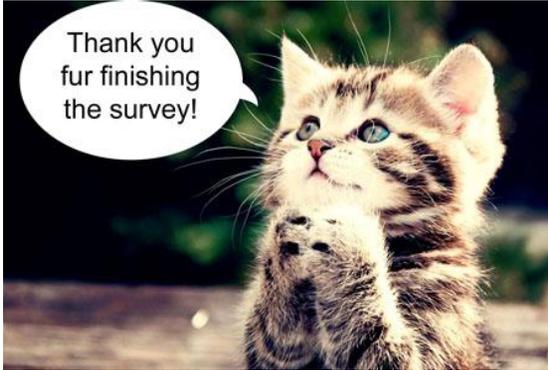
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| <p><b>HISPANIC</b></p> <p><b>NEW 2024</b></p> <p>HISP_USA_MEX<br/>HISP_USA_MEXAM<br/>HISP_USA_PUERTO<br/>HISP_USA_CUBAN<br/>HISP_USA_CUBANAM<br/>HISP_USA_OTHER<br/>HISP_USA_OTEXT<br/>HISP_USA_DK<br/>HISP_USA_R</p> | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)<br/>UNIVERSE: Hispanic or Latino (eth_USA_hispanic=yes)</p> <p><b>Hispanics and Latinos use different terms to describe themselves. In general, which one of the following terms do you use to describe yourself most often?</b> (Select all that apply)</p> <p>Mexican<br/>Mexican American or Chicano<br/>Puerto Rican<br/>Cuban<br/>Cuban American<br/>Other (please specify): _____<br/>Don't know<br/>Refuse to answer</p>   | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)<br/>UNIVERSE: Hispanic or Latino (eth_USA_hispanic=yes)</p> <p><b>Hispanos y Latinos usan diferentes términos para describirse a ellos mismos. Por lo general, ¿cuál de los siguientes términos usa con mayor frecuencia para describirse a usted mismo?</b> (Seleccione todas las opciones que apliquen)</p> <p>Mexicano/a<br/>Mexicano/a Americano/a o Chicano/a<br/>Puertorriqueño/a<br/>Cubano/a<br/>Cubano/a Americano/a<br/>Otro (especificar) _____<br/>No sabe<br/>Se negó a responder</p>  |
| <p><b>REGION</b></p> <p><b>NEW 2024</b></p> <p>REGION_USA<br/>REGION_USA_OTEXT</p>  | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)<br/>UNIVERSE: USA</p> <p><b>What state do you live in?</b></p> <ol style="list-style-type: none"> <li>1. Alabama (AL)</li> <li>2. Alaska (AK)</li> <li>3. Arizona (AZ)</li> <li>4. Arkansas (AR)</li> <li>5. California (CA)</li> <li>6. Colorado (CO)</li> <li>7. Connecticut (CT)</li> <li>8. Delaware (DE)</li> <li>9. District of Columbia (DC)</li> <li>10. Florida (FL)</li> <li>11. Georgia (GA)</li> <li>12. Hawaii (HI)</li> <li>13. Idaho (ID)</li> <li>14. Illinois (IL)</li> <li>15. Indiana (IN)</li> <li>16. Iowa (IA)</li> <li>17. Kansas (KS)</li> <li>18. Kentucky (KY)</li> <li>19. Louisiana (LA)</li> <li>20. Maine (ME)</li> <li>21. Maryland (MD)</li> <li>22. Massachusetts (MA)</li> <li>23. Michigan (MI)</li> <li>24. Minnesota (MN)</li> <li>25. Mississippi (MS)</li> </ol> | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)<br/>UNIVERSE: USA</p> <p><b>¿En qué estado vive usted?</b></p> <ol style="list-style-type: none"> <li>1. Alabama (AL)</li> <li>2. Alaska (AK)</li> <li>3. Arizona (AZ)</li> <li>4. Arkansas (AR)</li> <li>5. California (CA)</li> <li>6. Colorado (CO)</li> <li>7. Connecticut (CT)</li> <li>8. Delaware (DE)</li> <li>9. District of Columbia (DC)</li> <li>10. Florida (FL)</li> <li>11. Georgia (GA)</li> <li>12. Hawaii (HI)</li> <li>13. Idaho (ID)</li> <li>14. Illinois (IL)</li> <li>15. Indiana (IN)</li> <li>16. Iowa (IA)</li> <li>17. Kansas (KS)</li> <li>18. Kentucky (KY)</li> <li>19. Louisiana (LA)</li> <li>20. Maine (ME)</li> <li>21. Maryland (MD)</li> <li>22. Massachusetts (MA)</li> <li>23. Michigan (MI)</li> <li>24. Minnesota (MN)</li> <li>25. Mississippi (MS)</li> </ol> |

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|   | <p>26. Missouri (MO)<br/>                 27. Montana (MT)<br/>                 28. Nebraska (NE)<br/>                 29. Nevada (NV)<br/>                 30. New Hampshire (NH)<br/>                 31. New Jersey (NJ)<br/>                 32. New Mexico (NM)<br/>                 33. New York (NY)<br/>                 34. North Carolina (NC)<br/>                 35. North Dakota (ND)<br/>                 36. Ohio (OH)<br/>                 37. Oklahoma (OK)<br/>                 38. Oregon (OR)<br/>                 39. Pennsylvania (PA)<br/>                 40. Rhode Island (RI)<br/>                 41. South Carolina (SC)<br/>                 42. South Dakota (SD)<br/>                 43. Tennessee (TN)<br/>                 44. Texas (TX)<br/>                 45. Utah (UT)<br/>                 46. Vermont (VT)<br/>                 47. Virginia (VA)<br/>                 48. Washington (WA)<br/>                 49. West Virginia (WV)<br/>                 50. Wisconsin (WI)<br/>                 51. Wyoming (WY)<br/>                 52. Other (please specify): _____<br/>                 -77 Don't know<br/>                 -88 Refuse to answer</p> | <p>26. Missouri (MO)<br/>                 27. Montana (MT)<br/>                 28. Nebraska (NE)<br/>                 29. Nevada (NV)<br/>                 30. New Hampshire (NH)<br/>                 31. New Jersey (NJ)<br/>                 32. New Mexico (NM)<br/>                 33. New York (NY)<br/>                 34. North Carolina (NC)<br/>                 35. North Dakota (ND)<br/>                 36. Ohio (OH)<br/>                 37. Oklahoma (OK)<br/>                 38. Oregon (OR)<br/>                 39. Pennsylvania (PA)<br/>                 40. Rhode Island (RI)<br/>                 41. South Carolina (SC)<br/>                 42. South Dakota (SD)<br/>                 43. Tennessee (TN)<br/>                 44. Texas (TX)<br/>                 45. Utah (UT)<br/>                 46. Vermont (VT)<br/>                 47. Virginia (VA)<br/>                 48. Washington (WA)<br/>                 49. West Virginia (WV)<br/>                 50. Wisconsin (WI)<br/>                 51. Wyoming (WY)<br/>                 52. Otro (especificar): _____<br/>                 -77 No sabe<br/>                 -88 Se negó a responder</p> |
| <p><b>POSTAL CODE</b><br/><br/>                 COUNTRY SPECIFIC WORDING<br/><br/>                 NEW 2024<br/><br/>                 POSTAL<br/>                 POSTAL_TEXT_USA</p> | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i><br/> <b>Please enter your zip code:</b><br/> <i>Zip codes help us to understand the food environment where you live. As a reminder, all information you provide will be kept strictly confidential and will never be shared.</i><br/><br/>                 Enter: _____ [format: 5 numeric digits]<br/>                 Don't know<br/>                 Refuse to answer</p>  | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i><br/> <b>Por favor introduzca su código postal:</b><br/> <i>Los códigos postales nos ayudan a comprender el entorno alimentario en el que vive. Como recordatorio, toda la información que proporcione se mantendrá estrictamente confidencial y nunca se compartirá.</i><br/><br/>                 Introduzca: _____ [format: 5 numeric digits]<br/>                 No sabe<br/>                 Se negó a responder</p>   |

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| <p><b>ASA24-REDIRECT</b></p> <p><b>NEW 2024</b></p> | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i><br/> <i>UNIVERSE: Australia, Canada, United Kingdom, United States</i></p> <p>To complete the next section of the survey, click on the link below. The link will take you to a website run by the US National Institutes of Health which asks about the food you ate yesterday. Typically, this takes 15-20 minutes.</p> <p>After you have finished telling us about the food you ate, you will be redirected to this website for a few final study details.</p> <p>Click <a href="#">HERE</a> to continue to the next section of the survey.</p> <p><b>**NOTE: Once you start the next section of the survey, you MUST complete it in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later.**</b></p> <p><i>[PROGRAMMING NOTE: REDIRECT RESPONDENT TO ASA24-2022 (USA).]</i></p> | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i><br/> <i>UNIVERSE: Australia, Canada, United Kingdom, United States</i></p> <p>Para completar la siguiente sección de la encuesta, haga clic en el siguiente enlace. El enlace le llevará a un sitio web dirigido por US National Institutes of Health (Institutos Nacionales de Salud de EE.UU.) que le preguntará sobre los alimentos que comió ayer. Típicamente, esto toma de 15 a 20 minutos.</p> <p>Después de que haya terminado de contarnos sobre los alimentos que comió, la página se redirigirá a este sitio web para terminar algunos detalles finales del estudio.</p> <p>Haga clic <a href="#">AQUÍ</a> para continuar con la siguiente sección de la encuesta.</p> <p><b>**NOTA: Una vez que comience la siguiente sección de la encuesta, DEBE terminarla en una sola sesión. Si cierra la sesión o deja la encuesta inactiva durante más de 30 minutos, NO podrá reiniciar ni continuar más tarde.**</b></p> <p><i>[PROGRAMMING NOTE: REDIRECT RESPONDENT TO ASA24-2022 (USA).]</i></p> |
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| <p><b>WELCOME</b></p> <p><b>NEW 2024</b></p>    | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i></p> <p>Welcome back! To record your progress, please click NEXT.</p>  | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i></p> <p>¡Bienvenido de nuevo! Para registrar su avance, por favor haga clic en SIGUIENTE.</p>   |
| <p><b>INCOMPLETE</b></p> <p><b>NEW 2024</b></p> | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i></p> <p>If ASAsatus=incomplete:<br/>         It looks like you didn't finish the last section (i.e., entering your food information). Unfortunately, you are not eligible to continue the survey.</p> <p>The survey company will be notified that you did NOT finish the survey.</p> <p>Thank you for your time.</p> <p>You will now be redirected back to the survey company.</p> | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i></p> <p>If ASAsatus=incomplete:<br/>         Parece que no ha terminado la última sección (es decir, la introducción de la información de sus alimentos). Desafortunadamente no es elegible para seguir con la encuesta.</p> <p>Se notificará a la empresa de encuestas que usted NO ha terminado la encuesta.</p> <p>Gracias por tu tiempo.</p> <p>Ahora la página será redirigida de vuelta a la empresa de encuestas</p> |

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| <p><b>SURVEY EXPERIENCE</b></p> <p><b>NEW 2024</b></p> <p>SRV_LENGTH<br/>SRV_EASE<br/>SRV_FINDEASE<br/>SRV_MATCH<br/>SRV_SKIP</p> | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)<br/>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p><b>We’d like to ask some questions about your experience with the last section where you told us what food you ate yesterday.</b></p> <p>Please give us your honest answers - our feelings won’t be hurt 😊</p> <p><b>How was the length of this survey?</b><br/>Fine<br/>A little too long<br/>Much too long<br/>Don’t know<br/>Refuse to answer</p> <p><b>How easy or difficult was it to complete?</b><br/>Very easy<br/>Somewhat easy<br/>In the middle<br/>Somewhat difficult<br/>Very difficult<br/>Don’t know<br/>Refuse to answer</p> <p><b>How easy or difficult was it to find the foods you wanted to enter?</b><br/>Very easy<br/>Somewhat easy<br/>In the middle<br/>Somewhat difficult<br/>Very difficult<br/>Don’t know<br/>Refuse to answer</p> <p><b>How often were you able to find the right match for the food and drinks you ate?</b><br/>Never<br/>Only a few food/drink items<br/>A quarter of the food/drink items<br/>About half of the food/drink items<br/>About three-quarters of the food/drink items<br/>All food items<br/>Don’t know<br/>Refuse to answer</p> | <p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)<br/>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p><b>Nos gustaría hacerle algunas preguntas sobre su experiencia con la última sección en la que nos dijo qué alimentos comió ayer.</b><br/><b>Por favor responda sinceramente, no nos vamos a ofender 😊</b></p> <p><b>¿Qué le pareció la duración de esta encuesta?</b><br/>Bien<br/>Un poco larga<br/>Demasiado larga<br/>No sabe<br/>Se negó a responder</p> <p><b>¿Fue fácil o difícil responderla?</b><br/>Muy fácil<br/>Algo fácil<br/>Regular<br/>Algo difícil<br/>Muy difícil<br/>No sabe<br/>Se negó a responder</p> <p><b>¿Le resultó fácil o difícil encontrar los alimentos que quería introducir?</b><br/>Muy fácil<br/>Algo fácil<br/>Regular<br/>Algo difícil<br/>Muy difícil<br/>No sabe<br/>Se negó a responder</p> <p><b>¿Con qué frecuencia pudo encontrar la combinación adecuada para los alimentos y bebidas que consumió?</b><br/>Nunca<br/>Solo para unos pocos alimentos/bebidas<br/>Una cuarta parte de los alimentos/bebidas<br/>Aproximadamente la mitad de los alimentos/bebidas<br/>Aproximadamente tres cuartas partes de los alimentos/bebidas<br/>Todos los alimentos<br/>No sabe<br/>Se negó a responder</p> |
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|   | <p><b>Which of the following applies to you...</b><br/>         I reported all the food/drinks that I ate yesterday<br/>         I skipped a few food/drink items<br/>         I skipped a lot of food/drink items<br/>         Don't know<br/>         Refuse to answer</p>   | <p><b>¿Cuál de las siguientes opciones se aplica a su caso?</b><br/>         Escribí todos los alimentos/bebidas que comí ayer<br/>         Me salté algunos alimentos/bebidas<br/>         Me salté muchos alimentos/bebidas<br/>         No sabe<br/>         Se negó a responder</p>   |
| <p><b>END SCREEN</b><br/><br/> <b>NEW 2024</b></p>          | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i><br/>         If ASAstatus= complete:<br/>         You're finished—thank you!</p> <p>As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829) and the University of South Carolina Institutional Review Board. If you have any comments or concerns resulting from your involvement please contact the Office of Research Ethics in Canada at 1-519-888-4567, ext. 36005 or <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>, or Professor David Hammond from the University of Waterloo in Canada at 1-519-888-4567 ext. 46462 or <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, or Dr. James Thrasher, a local study researcher from the University of South Carolina in the United States at 1-803-777-4862 or <a href="mailto:thrasher@mailbox.sc.edu">thrasher@mailbox.sc.edu</a>.</p> <p>Click <b>NEXT</b> to return to the survey company's website.</p> <p>Thanks again for your help.</p>  | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i><br/>         If ASAstatus= complete:<br/>         ¡Ha terminado! ¡Gracias!</p> <p>Permítame recordarle que los aspectos éticos del presente estudio fueron revisados y autorizados por el Comité de Ética de la Investigación de la Universidad de Waterloo (REB #30829) y la Universidad de Carolina del Sur. Si tiene comentarios o preguntas resultantes de su participación en el proyecto, favor de comunicarse con la Oficina de Ética de la Investigación, al teléfono en Canadá 1-519-888-4567, ext. 36005 o al correo electrónico <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a> o con el Profesor David Hammond de la Universidad de Waterloo, al teléfono en Canadá 1-519-888-4567 ext. 46462 o al correo electrónico <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, o bien con el Dr. James Thrasher, investigador local de la Universidad de Carolina del Sur en los Estados Unidos, al teléfono 1-803-777-4862 ó por email a <a href="mailto:thrasher@mailbox.sc.edu">thrasher@mailbox.sc.edu</a>.</p> <p>Haga clic en <b>"SIGUIENTE"</b> para regresar al sitio web de la empresa de encuestas.</p> <p>Una vez más, gracias por su ayuda.</p>  |
| <p><b>REDIRECT TO NIELSEN</b><br/><br/> <b>NEW 2024</b></p> | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i><br/>         You will now be redirected back to the survey company.</p>   | <p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE DIETARY RECALL)</i><br/>         Ahora usted se redirige a la empresa de encuestas.</p>  |