



# AUSTRALIA SURVEY

2024 SURVEY (WAVE 8)

DECEMBER 2, 2025



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**SUGGESTED CITATION**

HAMMOND D. INTERNATIONAL FOOD POLICY STUDY: AUSTRALIA SURVEY – 2024 SURVEY (WAVE 8). UNIVERSITY OF WATERLOO. DECEMBER 2025.

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## LIST OF MEASURES

<b>NIelsen INVITATION &amp; PRESCREENER .....</b>	<b>8</b>
SAMPLE INVITATION	8
PANELIST AGE	8
PANELIST SEX	8
SURVEY LENGTH CONFIRMATION	8
PARENTAL STATUS	8
CHILD AGE AND GENDER	8
<b>ELIGIBILITY SCREENER &amp; INFORMATION/CONSENT (IN ALCHEMER).....</b>	<b>10</b>
ELIGIBILITY INTRO	10
AGE	10
SEX AT BIRTH	10
SEX AT BIRTH FOLLOW-UP	10
DIETARY RECALL RANDOMIZATION	10
INFO	11
CONSENT	11
<b>DEMOGRAPHICS.....</b>	<b>12</b>
GENDER	12
STUDENT STATUS	12
OCCUPATION	12
CHILDREN – ANY	12
CHILDREN IN HOME - NUMBER	13
CURRENT LIVING SITUATION	13
<b>FOOD SOURCES .....</b>	<b>13</b>
FOOD SOURCE – EATING OUT FREQUENCY	13
FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED OUTSIDE THE HOME	14
FOOD SOURCE – PURCHASE FORMAT FOR FOOD PREPARED OUTSIDE THE HOME	14
FOOD SOURCE – PERCENTAGE EAT OUT% PREPARED OUTSIDE HOME	14
FOOD SOURCE – AT HOME INTRO	14
FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME	15
FOOD SOURCE – PURCHASE METHOD FOR FOOD PREPARED AT HOME	15
READY-TO-EAT MEALS	15
FOOD SOURCE – MEAL DELIVERY SERVICE USE FOR FOOD PREPARED AT HOME	16
FOOD SOURCE – MEAL DELIVERY SERVICE USE PREVIOUSLY INCLUDED	16
ONLINE ORDERING	16
ONLINE ORDERING FREQUENCY	16
FOOD BANK USE	17
FOOD AFFORDABILITY	18
FOOD AFFORDABILITY ACTIONS	18
FOOD AFFORDABILITY - FOOD PURCHASE IMPACT	19
<b>BEVERAGE INTAKE.....</b>	<b>19</b>
BEVERAGE FREQUENCY INTRO	19
BEVERAGE FREQUENCY QUESTIONNAIRE (BFQ) – NUMBER OF DRINKS BY TYPE	20
BFQ SIZE INTRO	20
BFQ – USUAL SIZE	21
BFQ – BULK SIZE CONFIRMATION	29
BFQ - CONSUME DEALCOHOLIZED DRINKS	30
<b>FOOD PREPARATION AND FOOD SKILLS .....</b>	<b>30</b>
FOOD SHOPPING ROLE	30
FREQUENCY OF PREPARING MAIN MEALS	30
COOKING SKILLS – GENERAL	30
<b>FOOD SECURITY.....</b>	<b>31</b>
FOOD SECURITY – INTRO	31

FOOD SECURITY – HH1	31
FOOD SECURITY – HH INTRO	31
FOOD SECURITY – HH2	31
FOOD SECURITY – HH3	31
FOOD SECURITY – HH4	31
FIRST LEVEL SCREENING	31
FOOD SECURITY – AD1	31
FOOD SECURITY – AD1a	32
FOOD SECURITY – AD2	32
FOOD SECURITY – AD3	32
FOOD SECURITY – AD4	32
SECOND LEVEL SCREENING	32
FOOD SECURITY – AD5	32
FOOD SECURITY – AD5a	32
CHILD LEVEL 1 SCREENING	32
FOOD SECURITY CHILD INTRO	33
FOOD SECURITY – CH1	33
FOOD SECURITY – CH2	33
FOOD SECURITY – CH3	33
CHILD LEVEL 2 SCREENING	33
FOOD SECURITY – CH4	33
FOOD SECURITY – CH5	33
FOOD SECURITY – CH5a	34
FOOD SECURITY – CH6	34
FOOD SECURITY – CH7	34
DRINKING WATER SOURCE	34
WATER SAFETY – DRINK	34
<b>DIETARY PATTERNS AND EFFORTS .....</b>	<b>35</b>
BODY IMAGE AND WEIGHT INTRO	35
EATING RESTRICTIONS	35
DIET MODIFICATION EFFORTS CONDITION	35
DIET MODIFICATION EFFORTS	36
DIET MODIFICATION EFFORTS – V3	36
PLANT BASED PROTEIN – SPECIAL EFFORT	37
<b>WEIGHT LOSS EFFORTS, BODY PERCEPTIONS, AND WEIGHT STIGMA .....</b>	<b>37</b>
PERCEIVED BODY SIZE	37
BODY SIZE IDEAL	38
PERCEIVED WEIGHT	38
WEIGHT BEHAVIOUR	38
WEIGHT LOSS METHODS	39
DOCTOR ADVICE	39
WEIGHT LOSS OR DIABETES MEDICATIONS – EVER USE	40
WEIGHT LOSS MEDICATIONS – EVER USE	40
WEIGHT LOSS MEDICATIONS – CURRENT	40
WEIGHT LOSS MEDICATIONS – LAST 12 MONTHS	41
WEIGHT LOSS MEDICATIONS – SEMAGLUTIDE BRAND	41
WEIGHT LOSS MEDICATIONS – TIRZEPATIDE BRAND	42
WEIGHT LOSS MEDICATION OF INTEREST	42
WEIGHT LOSS MEDICATIONS – REASON	42
WEIGHT LOSS MEDICATIONS – EXPERIENCE 1	43
WEIGHT LOSS MEDICATIONS – EXPERIENCE 2	44
WEIGHT LOSS MEDICATIONS – PAST EXPERIENCE 1	45
WEIGHT LOSS MEDICATIONS – PAST EXPERIENCE 2	46
WEIGHT LOSS MEDICATIONS – COST	47
WEIGHT LOSS MEDICATIONS – DURATION	47
WEIGHT LOSS MEDICATIONS –WEIGHT CHANGE	47

WEIGHT LOSS MEDICATIONS –AMOUNT LOST	48
WEIGHT LOSS MEDICATIONS –WEIGHT REGAIN	48
WEIGHT LOSS MEDICATIONS – SIDE EFFECTS	48
WEIGHT LOSS MEDICATIONS – STOPPING REASON	49
WEIGHT LOSS MEDICATIONS – ALCOHOL IMPACT	49
WEIGHT LOSS MEDICATIONS – SMOKING IMPACT	50
EAT-3 BEHAVIOURAL ITEMS	50
EAT-3 ATTITUDINAL ITEM	50
EATING DISORDER	51
WEIGHT TEASE	51
WEIGHT STIGMA	51
<b>SUGARY DRINKS .....</b>	<b>52</b>
POP PERCEIVED HEALTHINESS	52
POP ACCEPTABLE FREQUENCY FOR CHILDREN	52
SSB PERCEPTIONS - CONDITION	53
SSB PERCEIVED HEALTHINESS	53
SSB ACCEPTABLE FREQUENCY FOR CHILDREN	53
SSB DEFINITION	54
SSB SOCIAL NORMS – Q3	54
SWEETENER ACCEPTABILITY FOR CHILDREN	54
<b>NUTRITION KNOWLEDGE .....</b>	<b>54</b>
SELF-REPORTED NUTRITION KNOWLEDGE	54
<b>SOURCES OF NUTRITION INFORMATION .....</b>	<b>55</b>
PUBLIC EDUCATON	55
<b>FOOD PACKAGING &amp; LABELLING .....</b>	<b>55</b>
NUTRITION INFO IN GROCERY STORES	55
LABEL AWARENESS	55
LABEL USE	56
LABEL UNDERSTANDING	56
LABEL UNDERSTANDING (OBJECTIVE)	57
NFT AWARENESS	58
NFT USE	58
NFT UNDERSTANDING	59
NFT INFLUENCE	59
DISCUSS LABELS	59
FOOD PROCESSING KNOWLEDGE	60
ULTRA-PROCESSED FOOD TERM AWARENESS	61
ULTRA PROCESSED FOOD IDENTIFICATION	61
<b>MENU LABELLING .....</b>	<b>62</b>
LAST RESTAURANT VISIT	62
MENU LABELLING – NOTICING	62
MENU LABELLING – NOTICING LOCATION	62
ONLINE ORDERING: MENU LABELLING – NOTICING	62
ONLINE ORDERING: NUTRITION INFO ACCESSIBILITY	63
ONLINE GROCERY ORDERING: NUTRITION INFO ACCESSIBILITY	63
<b>FOOD GUIDE / DIETARY RECOMMENDATIONS .....</b>	<b>63</b>
FOOD GUIDE – LAST USE	63
CHILD – SCHOOL FOOD PROGRAM PARTICIPATION	63
CHILD – SCHOOL FOOD PROGRAM PARTICIPATION FREQUENCY	64
CHILD – SCHOOL FOOD PROGRAM AVAILABILITY	64
<b>FOOD MARKETING.....</b>	<b>65</b>
EXPOSURE TO UNHEALTHY FOOD MARKETING – LOCATION	65
EXPOSURE TO UNHEALTHY FOOD MARKETING – GIVEAWAYS VS SPECIAL OFFERS	65
EXPOSURE TO UNHEALTHY FOOD MARKETING - FREQUENCY	66
EXPOSURE TO MARKETING STRATEGIES	66

CHILD ASK - MARKETING STRATEGIES	67
PARENT BUY- MARKETING STRATEGIES	67
PESTER POWER	68
UNHEALTHY FOOD CONSUMPTION FREQUENCY	68
CHILD – PRODUCTS	68
CHILD – TOY	69
CONCERN ABOUT CHILD’S EXPOSURE TO MARKETING	69
SUPPORT FOR BAN ON MARKETING TO KIDS	69
CHILD MEDIA CHANNELS – TIME ON WEEKDAY	69
CHILD SOCIAL MEDIA PLATFORM USE	70
FAVOURITE SOCIAL MEDIA INFLUENCERS	70
FAVOURITE SOCIAL MEDIA INFLUENCERS – UNHEALTHY PROMOTION	70
<b>PRICE / TAXATION .....</b>	<b>70</b>
SUGAR TAX	70
SUGAR TAX - AWARENESS	70
<b>POLICY SUPPORT .....</b>	<b>71</b>
POLICY SUPPORT	71
SUSTAINABILITY EFFORTS	72
BARRIERS TO SUSTAINABLE EATING	72
<b>HEALTH LITERACY .....</b>	<b>73</b>
<b>GENERAL HEALTH STATUS .....</b>	<b>75</b>
FRUIT CONSUMPTION	75
FRUIT JUICE CONSUMPTION	76
SALAD CONSUMPTION	77
FRIED POTATO CONSUMPTION	78
OTHER POTATO CONSUMPTION	79
OTHER VEGETABLE CONSUMPTION	80
GENERAL HEALTH	80
OVERALL DIET	81
MENTAL HEALTH	81
STRESS	81
CHRONIC DISEASES	81
DIABETES TYPE	82
PREGNANCY	82
<b>OTHER HEALTH BEHAVIOURS.....</b>	<b>82</b>
DATA QUALITY CHECK – MONTH	82
SMOKING – PAST 30 DAYS	83
MARIJUANA USE – FREQUENCY	83
ALCOHOL USE – FREQUENCY	83
<b>SOCIODEMOGRAPHIC MEASURES.....</b>	<b>84</b>
ABORIGINAL STATUS	84
ETHNICITY	84
COUNTRY OF BIRTH	84
HIGHEST EDUCATION	85
PERCEIVED INCOME ADEQUACY	85
HOUSEHOLD SIZE	85
HOUSEHOLD INCOME	86
SUBJECTIVE SOCIAL STATUS	87
REGION	88
POSTAL CODE	88
SELF-REPORTED HEIGHT	88
SELF-REPORTED HEIGHT CONFIRMATION	89
SELF-REPORTED HEIGHT CORRECTION	89
SELF-REPORTED WEIGHT	90
SELF-REPORTED WEIGHT CONFIRMATION	91

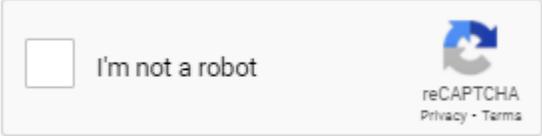
SELF-REPORTED WEIGHT CORRECTION	92
END SCREEN	93
END SCREEN WITH NOTE ABOUT FOLLOW-UP SURVEY	94
REDIRECT TO NIELSEN	94
<b>DIETARY RECALL .....</b>	<b>95</b>
KOALA	95
ASA24-REDIRECT	95
WELCOME	96
INCOMPLETE	96
END SCREEN	96
REDIRECT TO NIELSEN	96
<b>FOLLOW-UP SURVEY: SEPARATE DIETARY RECALL .....</b>	<b>97</b>
SAMPLE INVITATION	97
SURVEY LENGTH CONFIRMATION	97
ELIGIBILITY INTRO	97
AGE	97
SEX AT BIRTH	97
SEX AT BIRTH FOLLOW-UP	98
INFO LETTER FOR FOLLOW-UP SURVEY (SEPARATE RECALL CONTACT)	98
CONSENT	99
PREAMBLE	99
HIGHEST EDUCATION	99
ABORIGINAL STATUS	99
ETHNICITY	100
REGION	100
POSTAL CODE	100
ASA24-REDIRECT	101
WELCOME	101
INCOMPLETE	101
SURVEY EXPERIENCE	102
END SCREEN	103
REDIRECT TO NIELSEN	103

## NIELSEN INVITATION & PRESCREENER

DOMAIN SOURCE	QUESTION
<b>SAMPLE INVITATION</b>  NEW 2019 REVISED 2023	<p><b>We've found a survey for you!</b></p> <p>Simply click “Continue” to begin the survey.</p> <p>NOTE TO ETHICS: This is an email and dashboard app invitation sent to panelists by Nielsen and their partner panels. If panelists select ‘continue’ they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email/dashboard app invitations about panel incentives.</p>
<b>PANELIST AGE</b>  NEW 2019	<p><b>What is your age?</b></p> <p><i>[numeric]</i></p> <p><i>[If &lt;18 or &gt;100: TERMINATE]</i></p> <p>NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers.</p>
<b>PANELIST SEX</b>  NEW 2019 REVISED 2021	<p><b>What sex were you assigned at birth, meaning on your original birth certificate?</b></p> <p>Male</p> <p>Female</p> <p>NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers.</p>
<b>SURVEY LENGTH CONFIRMATION</b>  NEW 2020	<p><b>You MUST complete the survey in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later. Are you willing to participate?</b></p> <p>Yes <i>[REDIRECT TO SURVEY]</i></p> <p>No <i>[TERMINATE]</i></p>
<b>PARENTAL STATUS</b>  NEW 2019	<p><b>Please choose the options that best describe your household:</b></p> <p><i>[PROGRAMMER NOTE: Allow participants to select more than one of the first 3 options]</i></p> <p>I am pregnant/expecting a child within the next 9 months</p> <p>I have one or more children under the age of 18 living in my household</p> <p>I have one or more children aged 18 or older living in my household</p> <p>I have no children living in my household and I am not pregnant/expecting a child within the next 9 months</p> <p>PROGRAMMER NOTE: If no children under age of 18 living in household show: “Thank you for your interest, unfortunately you do not qualify for this study. We appreciate your participation and thank you for your time. You have earned [panel incentive].”</p> <p>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study ‘International Food Policy Study – Youth’. This question is not used to determine eligibility for the present study. The data will not be provided to researchers.</p>
<b>CHILD AGE AND GENDER</b>  NEW 2019 REVISED 2020	<p><i>UNIVERSE: Respondents who indicated they had a child under the age of 18 living in the household.</i></p> <p><b>Please indicate the age and gender of any children under the age of 18 living in your household:</b></p> <p><i>[PROGRAMMER NOTE: Allow participants to select more than one option]</i></p> <p>Boy under age 1</p> <p>Girl under age 1</p>

<p>Boy age 1 Girl age 1 Boy age 2 Girl age 2 Boy age 3 Girl age 3 Boy age 4 Girl age 4 Boy age 5 Girl age 5 Boy age 6 Girl age 6 Boy age 7 Girl age 7 Boy age 8 Girl age 8 Boy age 9 Girl age 9 Boy age 10 Girl age 10 Boy age 11 Girl age 11 Boy age 12 Girl age 12 Boy age 13 Girl age 13 Boy age 14 Girl age 14 Boy age 15 Girl age 15 Boy age 16 Girl age 16 Boy age 17 Girl age 17 None of the above</p> <p>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data will not be provided to researchers.</p>
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## ELIGIBILITY SCREENER &amp; INFORMATION/CONSENT (IN ALCHEMER)

DOMAIN SOURCE	QUESTION
<b>ELIGIBILITY INTRO</b>  <b>REVISED 2024</b>  RECAPTCHA	<p>Before you continue to the study information, we need to confirm your eligibility with a few short questions.</p> <p>Please check the box below, and click 'next' to proceed with the survey.</p>  <p>[PROGRAMMER NOTE: Utilize ReCAPTCHA and Duplicate Protection function based on IP address in Alchemer]</p>
<b>AGE</b>  <b>REVISED 2019</b> AGE	<p><b>How old are you?</b>  [numeric]</p> <p>[If &lt;18 or &gt;100: "Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company."]</p>
<b>SEX AT BIRTH</b> CIHR SUGGESTED METHOD (GRETA BAUER, WESTERN) <b>REVISED 2024</b> SEX	<p><b>What sex were you assigned at birth, meaning on your original birth certificate?</b></p> <p>Male  Female  Don't know  Refuse to answer</p>
<b>SEX AT BIRTH  FOLLOW-UP</b>  <b>NEW 2024</b>  SEX2	<p><i>UNIVERSE: Sex = 'Don't know' or 'Refuse to answer'</i></p> <p>We know this can be a sensitive question for some people. We ask about sex-at-birth because it helps us to understand the profile of survey respondents. If you are not comfortable answering the question, you can choose 'Don't know' or 'Refuse to answer'. (We'll ask about your gender identity later in the survey).</p> <p><b>What sex were you assigned at birth, meaning on your original birth certificate?</b></p> <p>Male  Female  X (not specified on birth certificate)  Don't know  Refuse to answer</p>
<b>DIETARY RECALL  RANDOMIZATION</b>  <b>NEW 2024</b>	<p>[PROGRAMMER NOTE: Randomize 3400 respondents per country to complete main survey only; 500 respondents per country to "status quo" embedded recalls; 500 respondents per country to a stand-alone contact. Initially only randomize respondents to condition 2 or 3 (50:50) to fill those conditions first, and once have enough completes (who also pass the DQ_month and speed for condition 2), then shift to recruiting condition 1 (only).]</p> <p>Version 1: Main survey only  Version 2: Stand-alone contacts  Version 3: Status quo (one dietary recall immediately following main survey)</p>

<p><b>INFO</b></p> <p>REVISED 2019 REVISED 2020 REVISED 2021 REVISED 2022 REVISED 2023 REVISED 2024</p>	<p><b>Before you start the survey, please read the following information and let us know if you agree to participate.</b></p> <ul style="list-style-type: none"> <li>- The survey will examine eating patterns. The study is being conducted by Professor David Hammond at the University of Waterloo, Canada.</li> <li>- You must be 18 years of age or older to participate in the study.</li> <li>- [V1+V2: main survey only &amp; stand-alone contact: The survey will ask you questions about your diet and nutrition, and other health-related behaviours such as smoking and alcohol use. The survey will take about 30 minutes]</li> <li>- [V3: status quo: The survey has two sections: the first section will ask you questions about your diet and nutrition, and other health-related behaviours such as smoking and alcohol use. The second section will ask you about the food you ate yesterday. To complete the second section, you'll be linked to a website run by the U.S. National Institutes of Health. Each section will take 20-30 minutes – about an hour for the entire survey.]</li> <li>- You MUST complete the survey in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later.</li> <li>- Participation is voluntary. You can click 'refuse to answer' to any question you do not wish to answer. You can choose to stop the study at any time without penalty. If you choose to stop participating, you may receive your incentive by selecting 'refuse to answer' for all further questions until the end of the survey. Any data already collected may be used in the study, unless you contact the researcher to have it deleted.</li> <li>- We take your privacy very seriously and will make every effort to keep your information strictly confidential. We will never share your personal information with any company or marketing firm. The study data will be collected using Alchemer software [v3: and the ASA24 system operated by the U.S. National Institutes of Health]. Internet protocol (IP) addresses may be recorded by the software [v1/v2: program / v3: programs] used for this study to avoid duplicate responses in the dataset, but this information will not be used by the researchers or the owners of the programs to identify you personally. When information is transmitted over the internet, privacy cannot be guaranteed. There is always a risk your responses may be intercepted by a third party (e.g., government agencies, hackers).</li> <li>- The data will be stored for a minimum of 7 years on a secure University of Waterloo server in Canada. Analyses may also be conducted by international research team members, but only using de-identified data stored on password-protected computers.</li> <li>- This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829). However, the final decision about participation is yours. Participants who have concerns or questions about their involvement in the project may contact the Office of Research Ethics in Canada at 0011-1-519-888-4567 ext. 36005 or <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>.</li> <li>- If you have any other questions about the study, please contact Professor David Hammond of the University of Waterloo in Canada at 0011-1-519-888-4567 ext. 46462 or <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a> or Associate Professor Gary Sacks, a local study researcher from Deakin University in Australia at 03 9251 7105 or <a href="mailto:gary.sacks@deakin.edu.au">gary.sacks@deakin.edu.au</a>.</li> </ul>
<p><b>CONSENT</b></p> <p>REVISED 2021</p> <p>CONSENT</p>	<p><b>Based on the information you received, do you agree to take part in this research study?</b></p> <p>Yes → [continue to survey]</p> <p>No → Thank you for your time. You will now be redirected back to the survey company. [TERMINATE]</p>

## DEMOGRAPHICS

DOMAIN SOURCE	QUESTION
PREAMBLE REVISED 2020	First, we'd like to ask a few questions about your background.
GENDER CIHR SUGGESTED METHOD (GRETA BAUER, WESTERN)  GENDER GENDER_OTEXT	What is your current gender identity? Man Woman Trans male/trans man Trans female/trans woman Gender queer/gender non-conforming Different identity → Please specify: <i>[open-ended]</i> Don't know Refuse to answer
STUDENT STATUS  STUDENT	Are you currently a student? No Yes, full-time Yes, part-time Don't know Refuse to answer
OCCUPATION ADAPTED FROM CCHS  OCCUP OCCUP_OTEXT	What was your <u>main</u> activity in the <u>past week</u> ? Working at a paid job or business Vacation (from paid work) Looking for paid work Going to school (including vacation from school) Caring for children Household work Retired Maternity/paternity leave Long term illness Volunteering Caregiving other than for children Other (please specify): _____ Don't know Refuse to answer
CHILDREN – ANY  REVISED 2024  CHILD_ANY	Do you have any children (including step-children)? Yes No Don't know Refuse to answer

<b>CHILDREN IN HOME - NUMBER</b> BRFS ADAPTED  <b>REVISED 2024</b>  CHILD_HOME	UNIVERSE: Respondents with children (child_any=yes) <b>How many of your children under the age of 18 live in your household (including step-children)?</b> <i>[dropdown with numbers from 0 to 10]</i> Don't know Refuse to answer
<b>CHILDREN IN HOME – AGES</b>  <b>REVISED 2019</b>  CHILD#_AGE CHILD#_DKR	UNIVERSE: Respondents with at least 1 child <18 in household (child_home>0) <b>Please enter the age[s] of your child[ren] who [is/are] under 18 that live[s] in your household, in years, in the box(es) below.</b> Child #1 Age: <i>[numeric, decimal allowed]</i> Child #2 Age: <i>[numeric, decimal allowed]</i> Child #... [PROGRAMMER NOTE: add rows based on response to number of children living in household, up to 10 children] Don't know Refuse to answer
<b>CURRENT LIVING SITUATION</b>  <b>REVISED 2019</b>  LIVE_PARENT LIVE_SPOUSE LIVE_CHILD LIVE_ADCHILD LIVE_RELATIVE LIVE_ROOM LIVE_SCHOOL LIVE_ALONE LIVE_OTHER LIVE_DK LIVE_R LIVE_OTEXT	[PROGRAMMER NOTE: Only display "My child(ren) under the age of 18" if child_home>0. Only display "My child(ren) age 18 or older" if child_any=yes] <b>What is your current living situation? I live with...</b> (Select all that apply) My parent(s)/guardian(s) My partner / spouse My child(ren) under the age of 18 My child(ren) age 18 or older Brother(s), sister(s), grandchild(ren), in-laws or other relative(s) People not related to me (roommates or housemates) I live in a residence at school, university or college I live alone Other → Please specify: <i>[open-ended]</i> Don't know Refuse to answer

## FOOD SOURCES

DOMAIN SOURCE	QUESTION
<b>FOOD SOURCE – EATING OUT FREQUENCY</b> NHANES adapted  EATOUT EATOUT_DKR	<b>Next, I'm going to ask you about meals. By meal, I mean BREAKFAST, LUNCH AND DINNER.</b>  <b>During the PAST 7 DAYS, how many meals did you get that were PREPARED AWAY FROM HOME in places such as restaurants, fast food or take-away places, food stands, or from vending machines?</b> Only include snacks if they counted as your meal. Do NOT include today.  Enter number: _____ meals [numeric 0-21] Don't know Refuse to answer

<p><b>FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED OUTSIDE THE HOME</b></p> <p><i>EATOUT_LOC1...9 EATOUT_LOC9_OTEXT EATOUT_LOC_DKR</i></p>	<p><i>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout&gt;0)</i></p> <p><b>You said you had [#] meal(s) prepared outside the home in the past 7 days.</b></p> <p><b>How many of these meals did you get from each of the following locations?</b></p> <p># of meals</p> <p>[numeric] <b>Fast food / take-away / café</b> (i.e., order from a counter, online, or by phone)</p> <p>[numeric] <b>Sit-down restaurant or pub with a waiter/waitress</b></p> <p>[numeric] <b>Work or school / university / hospital canteen</b> (NOT including fast food chains)</p> <p>[numeric] <b>Sandwich / ready-meal from a supermarket</b></p> <p>[numeric] <b>Food truck / market food stall / 'street food'</b></p> <p>[numeric] <b>Convenience store / petrol station</b></p> <p>[numeric] <b>Leisure centre, recreation, or entertainment venue</b></p> <p>[numeric] <b>Vending machine</b></p> <p>[numeric] <b>Some other kind of place (Please specify):</b></p> <p>Don't know</p> <p>Refuse to answer</p>
<p><b>FOOD SOURCE – PURCHASE FORMAT FOR FOOD PREPARED OUTSIDE THE HOME</b></p> <p><b>REVISED 2019</b></p> <p><i>FROM_DELSERV FROM_DELDIRECT FROM_NEAR FROM_FAR FROM_DKR</i></p>	<p><i>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout&gt;0)</i></p> <p><b>You said you had [#] meal(s) prepared outside the home in the past 7 days.</b></p> <p><b>How many of those meals were...</b></p> <p>[numeric] Ordered using a food delivery service (e.g., UberEats, Foodora, Deliveroo) and delivered to you</p> <p>[numeric] Ordered directly from a restaurant and delivered to you</p> <p>[numeric] Purchased <b>in person at a restaurant / food outlet within 5 minutes of your home</b> (using your usual mode of transportation, e.g., walk, drive, or public transport), <b>excluding delivery</b></p> <p>[numeric] Purchased <b>in person at a restaurant / food outlet more than 5 minutes away from your home</b> (using your usual mode of transportation, e.g., walk, drive, or public transport), <b>excluding delivery</b></p> <p>Don't know</p> <p>Refuse to answer</p>
<p><b>FOOD SOURCE – PERCENTAGE EAT OUT% PREPARED OUTSIDE HOME</b></p> <p><i>EATOUT_PERC EATOUT_PERC_DKR</i></p>	<p><b>Thinking about ALL THE FOOD YOU ATE during the past 7 days, INCLUDING SNACKS, what percentage was prepared outside the home?</b></p> <p>Enter percentage: _____ [numeric percentage, 0 to 100%]</p> <p>Don't know</p> <p>Refuse to answer</p>
<p><b>FOOD SOURCE – AT HOME INTRO</b></p>	<p><b>We are now going to ask you about the food you ate during the past 7 days that was PREPARED AT HOME.</b></p> <p>For example: If you made lunch at home and brought it to work or school, this would be "prepared at home". If your food came from home - even if it needed little or no preparation (e.g., an apple or crackers) - that counts as "prepared at home". Include food prepared by you or someone else at home.</p> <p>DO NOT include drinks.</p>

<p><b>FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME</b></p> <p>REVISED 2019</p> <p>COUNTRY SPECIFIC WORDING</p> <p>HS_1...3, HS_5...6, HS_8...14 HS_DK HS_R HS_10_OTEXT HS_NONE</p>	<p>Please think about the food you ate that was <b>PREPARED AT HOME DURING THE PAST 7 DAYS</b>. Where was it <b>PURCHASED</b>? Select all that apply.</p> <p>Supermarket Fruit and veg shop Butcher Deli Fresh food market or farmer’s market Convenience / corner store Warehouse club (e.g., Costco) Ethnic or specialty food store/market (e.g., Asian grocer) Farm box delivery (e.g., Farmers Direct, HelloFresh) Food bank Grown by you or someone you know Some other place → Please specify: [open-ended] I have not prepared any food at home in the past 7 days Don’t know Refuse to answer</p>
<p><b>FOOD SOURCE – PURCHASE METHOD FOR FOOD PREPARED AT HOME</b></p> <p>NEW 2020</p> <p>PM_STORE PM_ONLINE PM_FRIEND PM_BANK PM_GROW PM_OTHER PM_OTEXT PM_DK PM_R</p>	<p><i>UNIVERSE: Skip if previously selected “I have not prepared any food at home in the past 7 days” (HS14=Checked)</i></p> <p><b>Still thinking about the food PREPARED AT HOME IN THE PAST 7 DAYS, how/where did you get the food?</b> Select all that apply.</p> <p>In-store Ordered online (delivery or pick-up) Someone outside my household (e.g., friend, relative) purchased my groceries and delivered them Food bank Grown by you or someone you know Some other source → Please specify: [open-ended] Don’t know Refuse to answer</p>
<p><b>READY-TO-EAT MEALS</b></p> <p>READY READY_DKR</p>	<p><i>UNIVERSE: Respondents who did NOT indicate they “have not prepared any food at home in the past 7 days” (HS_none not selected)</i></p> <p><b>Thinking about the MEALS PREPARED AT HOME in the past 7 days, what percentage was “ready-to-eat” or “box food” (e.g., microwave, frozen or packaged meals)?</b> This includes foods like frozen pizza, chicken nuggets, frozen dinner, 2 minute noodles, canned soup, baking mixes, instant oats, etc.</p> <p>Enter percentage: _____ [numeric percentage, 0 to 100%] Don’t know Refuse to answer</p>

<p><b>FOOD SOURCE – MEAL DELIVERY SERVICE USE FOR FOOD PREPARED AT HOME</b> NEW 2022</p> <p>COUNTRY SPECIFIC WORDING</p> <p>MEALKIT</p> <p><b>FOOD SOURCE – MEAL DELIVERY SERVICE USE PREVIOUSLY INCLUDED</b> NEW 2022</p> <p>MEALKIT_INCL</p>	<p>One last question about the food prepared at home:</p> <p>Was any of the food purchased in the past 7 days from a meal kit delivery service (e.g., HelloFresh, Marley Spoon)?</p> <p>Yes No Don't know Refuse to answer</p> <p><i>UNIVERSE: Respondents who indicated they purchased food through a meal-kit delivery service</i></p> <p>When answering questions about where you got your food, did you include the meal kits?</p> <p>Yes No Don't know Refuse to answer</p>
<p><b>ONLINE ORDERING</b> NEW 2022</p> <p>COUNTRY SPECIFIC WORDING</p> <p>ONLN_REST ONLN_GSTORE ONLN_GONLN ONLN_CONV ONLN_ALC ONLN_NONE ONLN_DK ONLN_R</p>	<p>Have you ordered any of the following <u>online or using an app</u>, for pick-up or delivery in the past 30 days? We want to know if YOU have done this (don't include if your family or others have ordered for you). (Select all that apply).</p> <p>Meals/food/drinks from a restaurant or take-away Groceries from a supermarket Groceries from an online-only store (e.g., Amazon) Snacks/food/drinks from a convenience store Alcohol None of the above Don't know Refuse to answer</p>
<p><b>ONLINE ORDERING FREQUENCY</b> NEW 2022</p> <p>COUNTRY SPECIFIC WORDING</p> <p>ONLN_REST_FREQ ONLN_GSTORE_FREQ ONLN_GONLN_FREQ ONLN_CONV_FREQ ONLN_ALC_FREQ</p>	<p><i>UNIVERSE: Respondents who ordered food online/using an app from a convenience store and/or a restaurant, and/or groceries from a supermarket and/or groceries from an online-only stores, and/or alcohol</i></p> <p>[PROGRAMMER NOTE: Only show items selected in previous question.]</p> <p>How often have you ordered <u>meals/food/drinks from a restaurant or take-away</u> online or using an app in the past 30 days?</p> <p>Less than once a week Once a week A few times a week Every day Don't know Refuse to answer</p> <p>How often have you ordered <u>groceries from a supermarket</u> online or using an app in the past 30 days?</p> <p>Less than once a week Once a week A few times a week</p>

	<p>Every day Don't know Refuse to answer</p> <p><b>How often have you ordered <u>groceries from an online-only store (e.g., Amazon)</u> online or using an app in the past 30 days?</b> Less than once a week Once a week A few times a week Every day Don't know Refuse to answer</p> <p><b>How often have you ordered <u>snacks/food/drinks from a convenience store</u> online or using an app in the past 30 days?</b> Less than once a week Once a week A few times a week Every day Don't know Refuse to answer</p> <p><b>How often have you ordered <u>alcohol</u> online or using an app in the past 30 days?</b> Less than once a week Once a week A few times a week Every day Don't know Refuse to answer</p>
<p><b>FOOD BANK USE</b> Adapted from <a href="#">Canadian Household Panel Survey – 2008</a></p> <p><b>NEW 2022</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p><i>FDBANK_USE</i> <i>COMSERV_USE</i></p>	<p><b>In the past 12 months, has anyone in your household used the following:</b></p> <p><b>Food bank</b> Yes No Don't know Refuse to answer</p> <p><b>Other community service that provides free food to people in need</b> Yes No Don't know Refuse to answer</p>



AFF_ACT_DK AFF_ACT_R	Refuse to answer
<b>FOOD AFFORDABILITY - FOOD PURCHASE IMPACT</b>  <b>NEW 2022</b> <b>REVISED 2024 (universe)</b>  <b>COUNTRY SPECIFIC WORDING</b>  AFF_BUY_FV AFF_BUY_MEAT AFF_BUY_MILK AFF_BUY_SNACK AFF_BUY_DESSERT AFF_BUY_BEV AFF_BUY_READY	UNIVERSE: Respondents who indicated that food is a little or much more expensive, or a little or much less expensive <b>Has price affected how much you buy of these foods?</b> [PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION.] <b>Fresh fruits and vegetables</b> <b>Meat</b> <b>Milk and cheese</b> <b>Snacks</b> like crackers, chips or muesli bars <b>Desserts or treats</b> like biscuits, ice cream or lollies <b>Non-alcoholic beverages</b> like soft drinks and juice <b>Microwave, frozen or pre-prepared meals</b>  [PROGRAMMER NOTE: Use table format] Buy less Buy more No change Don't know Refuse to answer

## BEVERAGE INTAKE

DOMAIN SOURCE	QUESTION
<b>BEVERAGE FREQUENCY INTRO</b>	Next, we'd like to ask you about the drinks you've had over the PAST 7 DAYS.  We'll be asking you about different categories of drinks.  First, we'll ask you the TOTAL NUMBER OF DRINKS you've had in each category.  Second, we'll ask you about your USUAL SIZE OF DRINK in each category.

<p><b>BEVERAGE FREQUENCY QUESTIONNAIRE (BFQ) – NUMBER OF DRINKS BY TYPE</b></p> <p>ADAPTED FROM SEVERAL OTHER PAPER FFQS FOR BEVERAGES.</p> <p><b>REVISED 2019</b></p> <p>BFQ_#_N BFQ_NONE BFQ_DK_N BFQ_R_N</p>	<p><b>During the PAST 7 DAYS, HOW MANY DRINKS did you have in each category below?</b></p> <p>For example, if you had 2 regular soft drinks during the past 7 days, you would enter 2 in that box. If you had 1 regular soft drink EACH day, you would enter 7 in that box.</p> <p>[PROGRAMMER NOTE: Responses must be numeric and between 0-100; only allow participant to select 1 of none of the above, DK or R]</p> <p>[numeric] <b>Regular soft drink</b> (Coke, Pepsi, Fanta, Sprite, ginger beer, etc.) <b>*Not including diet soft drink</b></p> <p>[numeric] <b>Diet soft drink</b> (Pepsi Max, Diet Coke, etc.)</p> <p>[numeric] <b>100% fruit or vegetable juice</b> (orange juice, apple juice, etc.)</p> <p>[numeric] <b>Sweetened fruit drinks</b> (Prima, fruit punch/cocktail, iced tea, etc.)</p> <p>[numeric] <b>Low-/no-calorie fruit drinks</b> (diet lemonade, unsweetened iced tea, etc.)</p> <p>[numeric] <b>Tap water</b></p> <p>[numeric] <b>Plain bottled water</b></p> <p>[numeric] <b>Regular flavoured waters or vitamin waters <u>with</u> calories</b> (cordial, Vitaminwater, Pump flavoured water)</p> <p>[numeric] <b>Low-/no-calorie flavoured waters or vitamin waters</b> (diet cordial, LQD+, Cottees Squirtz, etc.)</p> <p>[numeric] <b>Regular sports drinks</b> (Gatorade, Powerade, etc.)</p> <p>[numeric] <b>Low-/no-calorie sports drinks</b> (G2, Powerade Zero, etc.)</p> <p>[numeric] <b>Regular energy drinks</b> (Red Bull, V, Mother, etc.)</p> <p>[numeric] <b>Low-/no-calorie energy drinks</b> (Red Bull Sugarfree, etc.)</p> <p>[numeric] <b>Dairy milk</b> or unsweetened milk alternatives (unsweetened soy, almond, etc.) as a beverage <b>*NOT including milk consumed in cereal, etc.</b></p> <p>[numeric] <b>Flavoured milk</b>, incl. chocolate milk and hot chocolate, or sweetened milk alternatives (sweetened soy, almond, etc.)</p> <p>[numeric] <b>Coffee or tea, <u>with</u> sugar</b> (with or without milk)</p> <p>[numeric] <b>Coffee or tea, <u>no sugar</u></b> (with or without milk or artificial sweetener)</p> <p>[numeric] <b>Sweetened specialty coffees or teas</b> (mochas, frappuccinos, chai lattes, iced coffee, etc.)</p> <p>[numeric] <b>Sweetened smoothies, protein shakes, or drinkable yogurt</b></p> <p>[numeric] <b>Unsweetened smoothies, protein shakes, or drinkable yogurt</b></p> <p>[numeric] <b>Beer, cider, alcopop</b></p> <p>[numeric] <b>Wine</b> (red, white or sparkling)</p> <p>[numeric] <b>Spirits <u>with mixer</u>, cocktails that have calories/sugar</b> (rum &amp; coke, gin &amp; tonic, margarita, martini, etc.)</p> <p>[numeric] <b>Spirits <u>with no mixer</u> or diet/non-caloric mix</b> (shots, whiskey on the rocks, vodka &amp; soda, rum &amp; diet coke, etc.)</p> <p>None of the above</p> <p>Don't know</p> <p>Refuse to answer</p>
<p><b>BFQ SIZE INTRO</b></p> <p><b>NEW 2019</b></p>	<p><b>Now we'll ask you about your USUAL SIZE OF DRINK in each category.</b></p> <p>[PROGRAMMER NOTE: Hidden custom script identifies which drink categories were consumed and should be shown in the following usual size section]</p>

**BFQ – USUAL SIZE**  
 ADAPTED FROM  
 SEVERAL OTHER PAPER  
 FFQS FOR BEVERAGES.

**REVISED 2019**

BFQ\_#\_SIZE\_AUS  
 BFQ\_#\_SIZE\_DK\_AUS  
 BFQ\_#\_SIZE\_R\_AUS

[PROGRAMMER NOTE: For each category that there was at least one drink consumed, ask size question - images should only be shown for beverage categories selected above. Show each category on a separate page with the question header.]

**For each type of drink, what size did you USUALLY have?**

If you had different sizes, select the picture that is closest to the average size.

Regular soft drink (Coke, Pepsi, Fanta, Sprite, ginger beer, etc.) \*NOT including diet soft drink

<b>Less</b>				
Less than 250 mL	1 cup (250 mL)	Can (375 mL)	Fountain cup (473 mL)	Fountain cup (591 mL)
			<b>More</b>	
Bottle (600 mL)	Fountain cup (710 mL)	Large bottle (2 L)	More than 2 L	

Diet soft drink (Diet Pepsi, Coke Zero, etc.)

<b>Less</b>				
Less than 250 mL	1 cup (250 mL)	Can (375 mL)	Fountain cup (473 mL)	Fountain cup (591 mL)
			<b>More</b>	
Bottle (600 mL)	Fountain cup (710 mL)	Large bottle (2 L)	More than 2 L	

100% fruit or vegetable juices (orange juice, apple juice, etc.)

<b>Less</b>				
Less than 250 mL	1 cup (250 mL)	Juicebox (250 mL)	Can (375 mL)	Bottle (375 mL)
	<b>More</b>			
Large bottle (500 mL)	More than 500 mL			

Sweetened fruit drinks (Prima, fruit punch/cocktail, iced tea, etc.)

<b>Less</b>				
Less than 250 mL	1 cup (250 mL)	Juicebox (250 mL)	Can (375 mL)	Small bottle (500 mL)
		<b>More</b>		
Large bottle (600 mL)	Tall can (710 mL)	More than 710 mL		

Low-/no-calorie fruit drinks (diet lemonade, unsweetened iced tea, etc.)

<b>Less</b>				
Less than 250 mL	1 cup (250 mL)	Juicebox (250 mL)	Can (375 mL)	Small bottle (500 mL)
		<b>More</b>		
Large bottle (600 mL)	Tall can (710 mL)	More than 710 mL		

Tap water

<b>Less</b>				
Less than 250 mL	1 cup (250 mL)	1.5 cups (375 mL)	2 cups (500 mL)	Reusable bottle (750 mL)

**More**

More than 750 mL

Plain bottled water

<b>Less</b>				<b>More</b>
Less than 250 mL	Small bottle (250 mL)	Bottle (500 mL)	Large bottle (1 L)	More than 1 L

Regular flavoured waters or vitamin waters with calories (cordial, Vitaminwater, Pump flavoured water)

<b>Less</b>				
Less than 250 mL	1 cup (250 mL)	Small bottle (330 mL)	Can (375 mL)	Bottle (600 mL)

	<b>More</b>
Extra large bottle (1 L)	More than 1 L

Low-/no-calorie flavoured waters or vitamin waters (diet cordial, LQD+, Cottees Squirtz, etc.)

<b>Less</b>				
Less than 250 mL	1 cup (250 mL)	Small bottle (330 mL)	Can (375 mL)	Bottle (600 mL)
	<b>More</b>			
Extra large bottle (1 L)	More than 1 L			

Regular sports drinks (Gatorade, Powerade, etc.)

<b>Less</b>				<b>More</b>
Less than 250 mL	1 cup (250 mL)	Bottle (600 mL)	XL. Bottle (1 L)	More than 1 L

Low-/no-calorie sports drinks (G2, Powerade Zero, etc.)

<b>Less</b>				<b>More</b>
Less than 250 mL	1 cup (250 mL)	Bottle (600 mL)	XL. Bottle (1 L)	More than 1L

Regular energy drinks (Red Bull, V, Mother, etc.)

<b>Less</b>				
Less than 250 mL	Small can (250 mL)	Can (375 mL)	Tall can (500 mL)	Bottle (591 mL)
	<b>More</b>			
XL Can (710 mL)	More than 710 mL			

Low-/no-calorie energy drinks (Red Bull Sugarfree, etc.)

<b>Less</b>				
Less than 250 mL	Small can (250 mL)	Can (375 mL)	Tall can (500 mL)	Bottle (591 mL)
	<b>More</b>			
XL Can (710 mL)	More than 710 mL			

Dairy milk or unsweetened milk alternative (unsweetened soy, almond, etc.), as a beverage *\*NOT including milk consumed in cereal, etc.*

<b>Less</b>				
Less than 250 mL	1 cup (250 mL)	Box (250 mL)	Small carton (250 mL)	Medium carton (500 mL)
	<b>More</b>			
Large carton (1 L)	More than 1 L			

Flavoured milk, incl. chocolate milk and hot chocolate, or sweetened milk alternatives (sweetened soy, almond, etc.)

<b>Less</b>				
Less than 250 mL	1 cup (250 mL)	Small carton (250 mL)	Bottle (500 mL)	Medium carton (500 mL)
	<b>More</b>			
Large carton (1 L)	More than 1 L			

Coffee or tea, with sugar (with or without milk)

<b>Less</b>				
Less than 295 mL	Small (295 mL)	1.5 cups (375 mL)	Medium (415 mL)	Large (473 mL)
	<b>More</b>			
Extra large (591 mL)	More than 591 mL			

Coffee or tea, no sugar (with or without milk or artificial sweetener)

<b>Less</b>				
Less than 295 mL	Small (295 mL)	1.5 cups (375 mL)	Medium (415 mL)	Large (473 mL)
	<b>More</b>			
Extra large (591 mL)	More than 591 mL			

Sweetened specialty coffees or teas (mochas, frappuccinos, chai lattes, iced coffee, etc.)

<b>Less</b>				
Less than 295 mL	Small (295 mL)	1.5 cups (375 mL)	Bottle (400 mL)	Medium (415 mL)
		<b>More</b>		
Large (473 mL)	Extra large (591 mL)	More than 591 mL		

Sweetened smoothies, protein shakes, or drinkable yogurt

<b>Less</b>				
Less than 93 mL	Small bottle (93 mL)	Bottle (200 mL)	1 cup (250 mL)	1.5 cups (375 mL)
		<b>More</b>		
2 cups (500 mL)	Large cup (710 mL)	More than 710 mL		

Unsweetened smoothies, protein shakes, or drinkable yogurt

<b>Less</b>				
Less than 93 mL	Small bottle (93 mL)	Bottle (200 mL)	1 cup (250 mL)	1.5 cups (375 mL)
		<b>More</b>		
2 cups (500 mL)	Large cup (710 mL)	More than 710 mL		

Beer, cider, alcopop

<b>Less</b>				
Less than 285 mL	Pot/middy (285 mL)	Bottle (330 mL)	Can (375 mL)	Large can (440 mL)
		<b>More</b>		
Pint (570 mL)	Large bottle (750 mL)	More than 750 mL		

Wine (red, white or sparkling)

<b>Less</b>			<b>More</b>
Less than 150 mL	150 mL glass	250 mL glass	More than 250 mL

Spirits with mixer, cocktails that have calories/sugar  
(rum & coke, gin & tonic, margarita, martini, etc.)

<b>Less</b>				
Less than 250 mL	1 cup (250 mL)	Can (375 mL)	1.5 cups (375 mL)	2 cups (500 mL)
<b>More</b>				
More than 500 mL				

	<p>Spirits <u>with no mixer</u> or diet/non-caloric mix (shots, whiskey on the rocks, vodka &amp; soda, rum &amp; diet coke, etc.)</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">               Shot (30 mL)         </div> <div style="text-align: center;"> <p><b>Less</b></p> <p>Less than 250 mL</p> </div> <div style="text-align: center;">               1 cup (250 mL)         </div> <div style="text-align: center;">               Can (375 mL)         </div> <div style="text-align: center;">               1.5 cups (375 mL)         </div> </div> <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 20px;"> <div style="text-align: center;">               2 cups (500mL)         </div> <div style="text-align: center;"> <p><b>More</b></p> <p>More than 500 mL</p> </div> </div> <p>Don't know <i>[for each type]</i>              Refuse to answer <i>[for each type]</i></p>
<p><b>BFQ – BULK SIZE CONFIRMATION</b></p> <p><b>NEW 2023</b></p> <p>BFQ_1_BULK              BFQ_2_BULK              BFQ_7_BULK              BFQ_8_BULK              BFQ_9_BULK              BFQ_10_BULK              BFQ_11_BULK              BFQ_14_BULK              BFQ_15_BULK</p>	<p>[PROGRAMMER NOTE: For each selection of a large bulk bottle size (2L pop, 2L diet pop, 1L bottled water OR &gt;1L bottled water, 1L regular flavoured water, 1L low-no calorie flavoured water, 1L regular sports drink, 1L low/no calorie sport drinks, 1L milk OR &gt;1L milk, 1L chocolate milk OR &gt;1L chocolate milk), ask a follow-up question about number of bottles consumed.]</p> <p><b>Just to check...</b>  <b>About <u>how many of these [bottles/cartons]</u> did you drink in the past 7 days, in total?</b>              Don't include sharing with others. Only include the amount that you drank.              [show image of bottle selected]              [PROGRAMMER NOTE: refer to carton for milk and chocolate milk; elsewhere refer to bottle]</p> <p>Less than half a [bottle/carton]              About half a [bottle/carton]              1 [bottle/carton]              2 [bottles/cartons]              3 [bottles/cartons]              4 [bottles/cartons]              5 [bottles/cartons]              6 [bottles/cartons]              7 [bottles/cartons]              8 [bottles/cartons]              9 [bottles/cartons]              10 [bottles/cartons]              More than 10 [bottles/cartons]              Don't know              Refuse to answer</p>

<b>BFQ - CONSUME DEALCOHOLIZED DRINKS</b>  <b>NEW 2023</b>  <i>NONALC_CONS</i>	<p>During the PAST 7 DAYS, did you have any <u>non-alcoholic</u> beer, wine or spirits?</p> <p>Yes No Don't know Refuse to answer</p>
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## FOOD PREPARATION AND FOOD SKILLS

DOMAIN SOURCE	QUESTION
<b>FOOD SHOPPING ROLE</b> ADAPTED FROM <a href="#">USDA: AMERICAN TIME USE SURVEY - EATING &amp; HEALTH MODULE 2014-2016</a> <b>REVISED 2019</b> <i>SHOP</i>	<p><b>How much of the food shopping do you do in your household?</b></p> <p>Most Share equally with other(s) Some, but less than other(s) None Don't know Refuse to answer</p>
<b>FREQUENCY OF PREPARING MAIN MEALS</b> UK NATIONAL DIET AND NUTRITION SURVEY (NDNS)  <i>PREP_FREQ</i>	<p><b>How often do you prepare a main meal for yourself or others?</b></p> <p>Never Only for special occasions Less than once a week One or two days a week Some days (3–4 a week) Most days (5–6 a week) Every day Don't know Refuse to answer</p>
<b>COOKING SKILLS – GENERAL</b>  <i>SKILL_OVERALL</i>	<p><b>Overall, how would you rate your cooking skills?</b></p> <p>Poor Fair Good Very good Excellent Don't know Refuse to answer</p>

## FOOD SECURITY

DOMAIN SOURCE	QUESTION
<b>FOOD SECURITY – INTRO</b> USDA HFSM	These next questions are about the food eaten in your household in the last 12 months, since [current month] of last year, and whether you were able to afford the food you need.
<b>FOOD SECURITY – HH1</b> USDA HFSM  HH1	Which of these statements best describes the food eaten in your household in the last 12 months: You and other household members always had enough of the kinds of foods you wanted to eat. You and other household members had enough to eat, but not always the <u>kinds</u> of food you wanted. Sometimes you and other household members did <u>not</u> have <u>enough</u> to eat. <u>Often</u> you and other household members didn't have enough to eat. Don't know Refuse to answer
<b>FOOD SECURITY – HH INTRO</b>	Now you will see several statements that may be used to describe the food situation for a household. Please indicate if the statement was often true, sometimes true, or never true for you and other household members <u>IN THE LAST 12 MONTHS</u> – that is since last [name of current month].
<b>FOOD SECURITY – HH2</b> USDA HFSM  HH2	You and other household members worried that food would run out before you got money to buy more. Often true Sometimes true Never true Don't know Refuse to answer
<b>FOOD SECURITY – HH3</b> USDA HFSM  HH3	The food that you and other household members bought just didn't last, and there wasn't any money to get more. Often true Sometimes true Never true Don't know Refuse to answer
<b>FOOD SECURITY – HH4</b> USDA HFSM  HH4	You and other household members couldn't afford to eat balanced meals. Often true Sometimes true Never true Don't know Refuse to answer
<b>FIRST LEVEL SCREENING</b>	If affirmative response to one or more of HH1-HH4 (i.e., HH1=3 or 4, or HH2-HH4=1 ("often true") or 2 ("sometimes true"), then continue to AD1; otherwise, if children under age 18 are present in the household (child_home>0), skip to CH1; otherwise skip to End of Food Security Module.
<b>FOOD SECURITY – AD1</b> USDA HFSM  AD1	<i>UNIVERSE: Respondents who passed first level screening</i> In the last 12 months, since last (name of current month), did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food? Yes No Don't know Refuse to answer

<b>FOOD SECURITY – AD1a</b> USDA HFSM  AD1A	<i>UNIVERSE: AD1=1 (yes)</i> <b>How often did this happen?</b> Almost every month Some months but not every month Only 1 or 2 months Don't know Refuse to answer
<b>FOOD SECURITY – AD2</b> USDA HFSM  AD2	<i>UNIVERSE: Respondents who passed first level screening</i> <b>In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?</b> Yes No Don't know Refuse to answer
<b>FOOD SECURITY – AD3</b> USDA HFSM  AD3	<i>UNIVERSE: Respondents who passed first level screening</i> <b>In the last 12 months, were you ever hungry but didn't eat because there wasn't enough money for food?</b> Yes No Don't know Refuse to answer
<b>FOOD SECURITY – AD4</b> USDA HFSM  AD4	<i>UNIVERSE: Respondents who passed first level screening</i> <b>In the last 12 months, did you lose weight because there wasn't enough money for food?</b> Yes No Don't know Refuse to answer
<b>SECOND LEVEL SCREENING</b>	If affirmative response to one or more of AD1-AD4, then continue to AD5; otherwise, if children under age 18 are present in the household (child_home >0), skip to CH1, otherwise skip to End of Food Security Module.
<b>FOOD SECURITY – AD5</b> USDA HFSM  AD5	<i>UNIVERSE: Respondents who passed second level screening</i> <b>In the last 12 months, did you or other adults in your household ever not eat for a whole day because there wasn't enough money for food?</b> Yes No Don't know Refuse to answer
<b>FOOD SECURITY – AD5a</b> USDA HFSM  AD5A	<i>UNIVERSE: AD5=1 (yes)</i> <b>How often did this happen?</b> Almost every month Some months but not every month Only 1 or 2 months Don't know Refuse to answer
<b>CHILD LEVEL 1 SCREENING</b>	Households with no child under age 18 (child_home=0, DK/R), skip to End of Food Security Module.

<b>FOOD SECURITY CHILD INTRO</b>	<i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i> <b>Now you will see several statements that people have made about the food situation of their children.</b>
<b>FOOD SECURITY – CH1</b> USDA HFSM  <i>CH1</i>	<i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i> <b>You or other adults in your household relied on only a few kinds of low-cost food to feed the children because you were running out of money to buy food.</b> Often true Sometimes true Never true Don't know Refuse to answer
<b>FOOD SECURITY – CH2</b> USDA HFSM  <i>CH2</i>	<i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i> <b>You or other adults in your household couldn't feed the children a balanced meal, because you couldn't afford that.</b> Often true Sometimes true Never true Don't know Refuse to answer
<b>FOOD SECURITY – CH3</b> USDA HFSM  <i>CH3</i>	<i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i> <b>The children were not eating enough because you or other adults in your household just couldn't afford enough food.</b> Often true Sometimes true Never true Don't know Refuse to answer
<b>CHILD LEVEL 2 SCREENING</b>	If affirmative response to one or more of CH1-CH3 (i.e., CH1-CH3= 1 ("often true") or 2 ("sometimes true")), then continue to CH4; otherwise skip to End of Food Security Module.
<b>FOOD SECURITY – CH4</b> USDA HFSM  <i>CH4</i>	<i>UNIVERSE: Respondents who passed child level 2 screening</i> <b>In the last 12 months, since last [current month] did you ever cut the size of any of the children's meals because there wasn't enough money for food?</b> Yes No Don't know Refuse to answer
<b>FOOD SECURITY – CH5</b> USDA HFSM  <i>CH5</i>	<i>UNIVERSE: Respondents who passed child level 2 screening</i> <b>In the last 12 months, did any of the children ever skip meals because there wasn't enough money for food?</b> Yes No Don't know Refuse to answer

<b>FOOD SECURITY – CH5a</b> USDA HFSM  CH5A	<i>UNIVERSE: CH5=1 (yes)</i> <b>How often did this happen?</b> Almost every month Some months but not every month Only 1 or 2 months Don't know Refuse to answer
<b>FOOD SECURITY – CH6</b> USDA HFSM  CH6	<i>UNIVERSE: Respondents who passed child level 2 screening</i> <b>In the last 12 months, were the children ever hungry but you just couldn't afford more food?</b> Yes No Don't know Refuse to answer
<b>FOOD SECURITY – CH7</b> USDA HFSM  CH7	<i>UNIVERSE: Respondents who passed child level 2 screening</i> <b>In the last 12 months, did any of the children ever not eat for a whole day because there wasn't enough money for food?</b> Yes No Don't know Refuse to answer
<b>DRINKING WATER SOURCE</b>  NEW 2021 REVISED 2022  COUNTRY SPECIFIC WORDING  WAT_SOURCE WAT_SOURCE_OTEXT	<b>The next questions are about drinking water.</b>  <b>What is the MAIN type of water you drink in your home?</b> Tap water (filtered or unfiltered) Boiled tap water (filtered or unfiltered) Bottled water (any size) Other (specify): _____ Don't know Refuse to answer
<b>WATER SAFETY – DRINK</b>  NEW 2022  WAT_SAFETY	<b>How safe is it to drink the <u>tap water</u> from your home?</b> <b>(Do not include filtered, boiled, or bottled water.)</b> Not at all safe A little safe Somewhat safe Very safe Don't know Refuse to answer

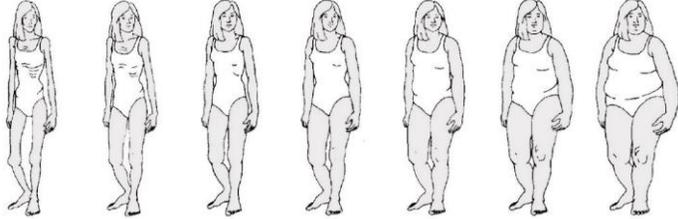
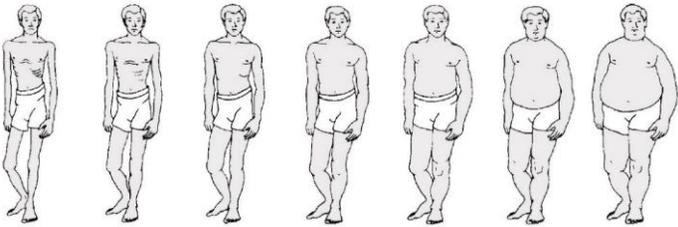
## DIETARY PATTERNS AND EFFORTS

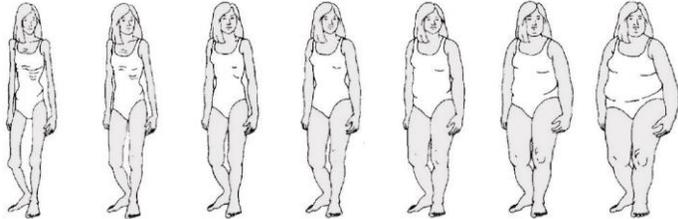
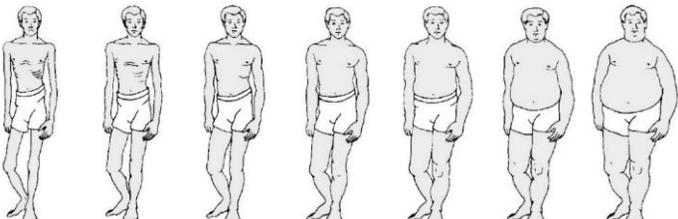
DOMAIN SOURCE	QUESTION
<b>BODY IMAGE AND WEIGHT INTRO</b>	The following questions are about eating behaviours, body image and weight. If this raises issues for you, please call The Butterfly Foundation on 1800 334 673 or Lifeline on 13 11 14.
<b>EATING RESTRICTIONS</b> ADAPTED (HEAVILY) FROM TNT 2015  REVISED 2022 REVISED 2023 (universe)  RESTRICT2_[TYPE] RESTRICT2_NONE RESTRICT2_DK RESTRICT2_R RESTRICT2_RELTEXT	<b>Would you describe yourself as:</b> (Select all that apply) Vegetarian (don't eat meat or fish) Vegan (don't eat animal products: no meat/fish, no dairy, no eggs) Pescatarian (eat fish, but no other meat) Following a religious practice for eating → Please specify: <i>[open-ended]</i> None of the above Don't know Refuse to answer
<b>DIET MODIFICATION EFFORTS CONDITION</b> REVISED 2024	[PROGRAMMER NOTE: Randomize 3300 (75%) respondents to complete the original diet modification effort measure, and 1100 (25%) respondents to complete the modified version.]

<p><b>DIET MODIFICATION EFFORTS</b> ADAPTED FROM TNT 2015</p> <p>REVISED 2019 REVISED 2020 REVISED 2022 REVISED 2023</p> <p>COUNTRY SPECIFIC WORDING</p> <p>EFFORT_[TYPE]</p>	<p><i>UNIVERSE: Respondents randomized to original diet modification efforts measures</i></p> <p><b>Have you made an effort to consume more or less of the following in the past year?</b></p> <table border="1"> <thead> <tr> <th></th> <th>Consume LESS</th> <th>Consume MORE</th> <th>No effort made</th> <th>Don't Know</th> <th>Refuse to answer</th> </tr> </thead> <tbody> <tr><td>Calories</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Fat</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Saturated fat</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Protein</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Fibre</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Sugar / added sugar</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Salt / sodium</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Fruit and vegetables</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Whole grains</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Dairy products</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>All meats</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Red or processed meat (e.g., beef, lamb, deli meat) only</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Sugary drinks</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>100% fruit juice</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>'Artificial' low-calorie sweeteners like aspartame</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>'Natural' low-calorie sweeteners like stevia</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Ultra-processed foods</td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table> <p>[PROGRAMMER: Split on two screens, with first 9 items on screen 1, next 8 items on screen 2]</p>		Consume LESS	Consume MORE	No effort made	Don't Know	Refuse to answer	Calories						Fat						Saturated fat						Protein						Fibre						Sugar / added sugar						Salt / sodium						Fruit and vegetables						Whole grains						Dairy products						All meats						Red or processed meat (e.g., beef, lamb, deli meat) only						Sugary drinks						100% fruit juice						'Artificial' low-calorie sweeteners like aspartame						'Natural' low-calorie sweeteners like stevia						Ultra-processed foods					
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<p><b>DIET MODIFICATION EFFORTS – V3</b></p> <p>NEW 2024</p> <p>COUNTRY SPECIFIC WORDING</p> <p>EFFORT3_[TYPE]</p>	<p><i>UNIVERSE: Respondents randomized to revised diet modification efforts measures</i></p> <p><b>Do you make an effort to consume more or less of the following?</b> <i>If you don't have any, select 'Consume LESS / NONE'.</i></p> <table border="1"> <thead> <tr> <th></th> <th>Consume LESS / NONE</th> <th>Consume MORE</th> <th>No effort made</th> <th>Don't Know</th> <th>Refuse to answer</th> </tr> </thead> <tbody> <tr> <td>[same items as above]</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>		Consume LESS / NONE	Consume MORE	No effort made	Don't Know	Refuse to answer	[same items as above]																																																																																																					
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<p><b>PLANT BASED PROTEIN – SPECIAL EFFORT</b></p> <p>NEW 2022 REVISED 2023 (universe)</p> <p>PLANT2</p>	<p>Do you make a <u>special effort</u> to eat <u>plant-based protein foods</u>, like beans, lentils, nuts, seeds, or soy products like tofu?</p> <p>Yes No I’m not sure what plant-based protein foods are [valid option] Don’t know Refuse to answer</p>
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**WEIGHT LOSS EFFORTS, BODY PERCEPTIONS, AND WEIGHT STIGMA**

<p><b>DOMAIN</b> SOURCE</p>	<p><b>QUESTION</b></p>
<p><b>PERCEIVED BODY SIZE</b></p> <p>K. MAXIMOVA ET AL. THE ROLE OF UNDERESTIMATING BODY SIZE FOR SELF-ESTEEM AND SELF-EFFICACY AMONG GRADE FIVE CHILDREN IN CANADA. ANNALS OF EPIDEMIOLOGY 2015; 25:753-759.</p> <p>IMAGES FROM (COLLINS, 1991) REVISED 2020</p> <p>WT_BODY_F WT_BODY_F_DK WT_BODY_F_R</p> <p>WT_BODY_M WT_BODY_M_DK WT_BODY_M_R</p>	<p>Which body is most like your own body?</p> <p>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</p>  <p>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</p>  <p>Don’t know Refuse to answer</p>

<p><b>BODY SIZE IDEAL</b> ADAPTED FROM GUTS</p> <p><b>NEW 2022</b></p> <p>WT_IDEAL_F WT_IDEAL_F_DK WT_IDEAL_F_R</p> <p>WT_IDEAL_M WT_IDEAL_M_DK WT_IDEAL_M_R</p>	<p><b>Which picture looks most like how you <u>WANT YOUR BODY TO LOOK?</u></b> <i>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</i></p>  <p><i>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</i></p>  <p>Don't know Refuse to answer</p>
<p><b>PERCEIVED WEIGHT</b> CCHS</p> <p>WT_PERCEIVE</p>	<p><b>Do you consider yourself to be...</b></p> <p>Obese Overweight Underweight Just about right Don't know Refuse to answer</p>
<p><b>WEIGHT BEHAVIOUR</b> Adapted from: NHANES, 2009-2010</p> <p>WT_TRY_LOSS WT_TRY_GAIN WT_TRY_SAME WT_TRY_NOT WT_TRY_DK WT_TRY_R</p>	<p><b>During the <u>past 12 months</u> have you tried to...</b> (Select all that apply)</p> <p>Lose weight Gain weight Stay the same weight I have not tried to do anything about my weight Don't know Refuse to answer</p>

<p><b>WEIGHT LOSS METHODS</b> NHANES DIET HISTORY QUESTIONNAIRE (ADAPTED)</p> <p>WT_LOSS_[TYPE] WT_LOSS_NONE WT_LOSS_DK WT_LOSS_R WT_LOSS_DIETTEXT WT_LOSS_OTEXT</p> <p>WT_SAME_[TYPE] WT_SAME_NONE WT_SAME_DK WT_SAME_R WT_SAME_DIETTEXT WT_SAME_OTEXT</p> <p>WT_LOSS_SAME_[TYPE] WT_LOSS_SAME_NONE WT_LOSS_SAME_DK WT_LOSS_SAME_R WT_LOSS_SAME_DIETTEXT WT_LOSS_SAME_OTEXT</p>	<p><i>UNIVERSE: Tried to lose weight, but did not try to stay the same weight (wt_try_loss=1 and wt_try_same=0)</i>  <b>How did you try to lose weight in the past 12 months?</b> (Select all that apply)</p> <p><i>UNIVERSE: Did not try to lose weight, but tried to stay the same weight (wt_try_loss=0 and wt_try_same=1)</i>  <b>How did you try to ‘stay the same weight’ in the past 12 months?</b> (Select all that apply)</p> <p><i>UNIVERSE: Tried to lose weight and tried to stay the same weight (wt_try_loss=1 and wt_try_same=1)</i>  <b>How did you try to lose weight or ‘stay the same weight’ in the past 12 months?</b> (Select all that apply)</p> <p>Skipped meals or fasted  Ate less food (amount)  Ate less fat  Ate less lollies, sugar or sweets  Ate fewer carbohydrates  Ate more fruits, vegetables or salads  Switched to foods with lower calories/kilojoules  Followed a special diet or weight loss program (e.g., Atkins, Weight Watchers.) → Please specify: [open-ended]  Used a liquid diet formula such as Slimfast or Optifast  Did a cleanse or detox diet  Exercised  Drank a lot of water  Got help from a health professional  Took diet pills prescribed by a doctor  Took other pills, medicines, herbs, or supplements not needing a prescription  Took laxatives or vomited  Started to smoke or began to smoke again  Other → Please specify: [open-ended]  None of the above  Don’t know  Refuse to answer</p>
<p><b>DOCTOR ADVICE</b></p> <p><b>NEW 2024</b></p> <p>DOC_ADV</p>	<p><b>In the past 12 months, has a doctor or nurse advised you to do any of the following?</b>  [PROGRAMMER NOTE: Show table with yes/no/DK/R for each item]</p> <p>Lose weight  Exercise more  Reduce sodium or salt intake  Reduce cholesterol in your diet  Eat a healthy, balanced diet  Take weight loss medication</p>

<p><b>WEIGHT LOSS OR DIABETES MEDICATIONS – EVER USE</b></p> <p><b>NEW 2024</b></p> <p>RX_WTDB</p>	<p><b>Have you EVER taken any prescription medications for weight loss and/or diabetes?</b></p> <p>Yes No Don't know Refuse to answer</p>
<p><b>WEIGHT LOSS MEDICATIONS – EVER USE</b></p> <p><b>NEW 2024</b></p> <p>RX_EVER_SMINJ RX_EVER_SMTAB RX_EVER_TIRZ RX_EVER_LIRA RX_EVER_NALT RX_EVER_DULA RX_EVER_PHEN RX_EVER_ORL RX_EVER_EXEN RX_EVER_SET RX_EVER_OTH RX_EVER_OTEXT RX_EVER_NONE RX_EVER_DK RX_EVER_R</p>	<p><i>UNIVERSE: rx_wtdb=yes (ever taken a medication for weight loss or diabetes)</i></p> <p><b>Have you EVER taken any of the following prescription medications?</b> (Select all that apply)</p> <p>Semaglutide injections (e.g., Ozempic, Wegovy) Semaglutide tablets (e.g., Rybelsus) Tirzepatide (e.g., Mounjaro, Zepbound) Liraglutide (e.g., Saxenda, Victoza) Naltrexone-bupropion (e.g., Contrave, Mysimba) Dulaglutide (e.g., Trulicity) Phentermine-topiramate (e.g., Qsymia) Orlistat (e.g., Xenical, Alli, Orlos) Exenatide (e.g., BYDUREON BCise) Setmelanotide (e.g., Imcivree) Other prescription weight loss medication (please specify): _____ None of the above Don't know Refuse to answer</p>
<p><b>WEIGHT LOSS MEDICATIONS – CURRENT</b></p> <p><b>NEW 2024</b></p> <p>RX_CURR_SMINJ RX_CURR_SMTAB RX_CURR_TIRZ RX_CURR_LIRA RX_CURR_NALT RX_CURR_DULA RX_CURR_PHEN RX_CURR_ORL RX_CURR_EXEN RX_CURR_SET RX_CURR_OTH RX_CURR_OTEXT RX_CURR_NONE RX_CURR_DK RX_CURR_R</p>	<p><i>UNIVERSE: rx_ever=ever taken any of 10 pre-specified medications or 'other'</i></p> <p><b>Are you CURRENTLY taking any of the following prescription medications?</b> (Select all that apply)</p> <p>[PROGRAMMER NOTE: only list medications previously selected in 'rx_ever'; as well as 'other prescription weight loss medication', none of the above, don't know and refused].</p> <p>Semaglutide injections (e.g., Ozempic, Wegovy) Semaglutide tablets (e.g., Rybelsus) Tirzepatide (e.g., Mounjaro, Zepbound) Liraglutide (e.g., Saxenda, Victoza) Naltrexone-bupropion (e.g., Contrave, Mysimba) Dulaglutide (e.g., Trulicity) Phentermine-topiramate (e.g., Qsymia) Orlistat (e.g., Xenical, Alli, Orlos) Exenatide (e.g., BYDUREON BCise) Setmelanotide (e.g., Imcivree) Other prescription weight loss medication (please specify): _____ None of the above</p>

	<p>Don't know Refuse to answer</p>
<p><b>WEIGHT LOSS MEDICATIONS – LAST 12 MONTHS</b></p> <p><b>NEW 2024</b></p> <p>RX_12M_SMINJ RX_12M_SMTAB RX_12M_TIRZ RX_12M_LIRA RX_12M_NALT RX_12M_DULA RX_12M_PHEN RX_12M_ORL RX_12M_EXEN RX_12M_SET RX_12M_OTH RX_12M_OTEXT RX_12M_NONE RX_12M_DK RX_12M_R</p>	<p><i>UNIVERSE: rx_curr=none (ever took any of the 10 pre-specified medications or 'other', but not currently)</i> [PROGRAMMER NOTE: Hide back button]</p> <p><b>In the PAST 12 MONTHS, did you take any of the following prescription medications?</b> (Select all that apply)</p> <p>[PROGRAMMER NOTE: only list medications previously selected in 'rx_ever'; as well as 'other prescription weight loss medication', none of the above, don't know and refused].</p> <p>Semaglutide injections (e.g., Ozempic, Wegovy) Semaglutide tablets (e.g., Rybelsus) Tirzepatide (e.g., Mounjaro, Zepbound) Liraglutide (e.g., Saxenda, Victoza) Naltrexone-bupropion (e.g., Contrave, Mysimba) Dulaglutide (e.g., Trulicity) Phentermine-topiramate (e.g., Qsymia) Orlistat (e.g., Xenical, Alli, Orlos) Exenatide (e.g., BYDUREON BCise) Setmelanotide (e.g., Imcivree) Other prescription weight loss medication (please specify): _____ None of the above Don't know Refuse to answer</p>
<p><b>WEIGHT LOSS MEDICATIONS – SEMAGLUTIDE BRAND</b></p> <p><b>NEW 2024</b></p> <p>RX_SM_BRD_OZ RX_SM_BRD_WE RX_SM_BRD_OTH RX_SM_BRD_OTEXT RX_SM_BRD_DK RX_SM_BRD_R</p>	<p><i>UNIVERSE: rx_curr=semaglutide injection</i> <b>What is the name of the Semaglutide injection you are taking?</b> <i>UNIVERSE: rx_12m=semaglutide injection</i> <b>What was the name of the Semaglutide injection you took?</b> (Select all that apply) [PROGRAMMER NOTE: Allow respondents to select all including "I don't know the name" in combination with other brands (but refused=exclusive)]</p> <p>Ozempic Wegovy Other name(s) (please specify): _____ I don't know the name [valid answer] Refuse to answer</p>

<p><b>WEIGHT LOSS MEDICATIONS – TIRZEPATIDE BRAND</b></p> <p><b>NEW 2024</b></p> <p>RX_TR_BRD_MON RX_TR_BRD_ZEP RX_TR_BRD_OTH RX_TR_BRD_OTEXT RX_TR_BRD_DK RX_TR_BRD_R</p>	<p><i>UNIVERSE: rx_curr=tirzepatide injection</i>  <b>What is the name of the Tirzepatide injection you are taking?</b>  <i>UNIVERSE: rx_12m= tirzepatide injection</i>  <b>What was the name of the Tirzepatide injection you took?</b>                  (Select all that apply)                  [PROGRAMMER NOTE: Allow respondents to select all including “I don’t know the name” in combination with other brands (but refused=exclusive)]</p> <p>Mounjaro Zepbound Other name(s) (please specify): _____ I don’t know the name [valid answer] Refuse to answer</p>
<p><b>WEIGHT LOSS MEDICATION OF INTEREST</b></p> <p><b>NEW 2024</b></p> <p>RX_INT</p>	<p><i>UNIVERSE: rx_curr= currently taking two or more of the 10 pre-specified medications</i>                  Randomly select the name of 1 medication type from the types selected by the respondent as being ‘currently’ taken (to insert name in subsequent questions). Exclude any open-text ‘other’ response options from the randomization choices (i.e., if the respondent selected 1 (or more) of the 10 pre-specified medication types, AND entered an ‘other’ type, only include the types of medications that were pre-specified in the list in the randomization choices).</p> <p><i>UNIVERSE: rx_12m=took two or more of the 10 pre-specified medications in past 12 months but not currently</i>                  Randomly select the name of 1 medication type from the types selected by the respondent as taken in the past 12 months (to insert name in subsequent questions). Exclude any open-text ‘other’ response options from the randomization choices (i.e., if the respondent selected 1 (or more) of the 10 pre-specified medication types, AND entered an ‘other’ type, only include the types of medications that were pre-specified in the list in the randomization choices).</p>
<p><b>WEIGHT LOSS MEDICATIONS – REASON</b></p> <p><b>NEW 2024</b></p> <p>RX_RSN RX_RSN_OTEXT</p>	<p><i>UNIVERSE: Using any of 10 pre-specified medications currently or in past 12 months (skip if only selected ‘other’)</i>                  [PROGRAMMER NOTE: Hide back button. Insert name of randomly selected ‘medication of interest’ into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].</p> <p><b>We are going to ask you a few more questions about your use of [name of selected/only medication].</b></p> <p><b>Was the medication prescribed for diabetes, weight loss, or both?</b>                  Diabetes only                  Weight loss only                  Diabetes and weight loss                  Other (please specify): _____                  Don’t know                  Refuse to answer</p>

<p><b>WEIGHT LOSS MEDICATIONS – EXPERIENCE 1</b></p> <p><b>NEW 2024</b></p> <p>RX_EXPC_HLTH  RX_EXPC_UHLTH  RX_EXPC_ENJ  RX_EXPC_PA  RX_EXPC_THNK</p>	<p><i>UNIVERSE: rx_curr=currenty taking a pre-specified medication (skip if only selected 'other')</i>  [PROGRAMMER NOTE: Insert name of randomly selected 'medication of interest' into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].</p> <p><b>We'd like to ask you about your experience taking [name of selected/only medication].</b></p> <p><b>Since I've taken the medication...</b>  I eat healthy foods less often  I eat healthy foods more often  No change  Don't know  Refuse to answer</p> <p><b>Since I've taken the medication...</b>  I eat unhealthy foods less often  I eat unhealthy foods more often  No change  Don't know  Refuse to answer</p> <p><b>Since I've taken the medication...</b>  I get more enjoyment from food  I get less enjoyment from food  No change  Don't know  Refuse to answer</p> <p><b>Since I've taken the medication...</b>  I get more physical activity  I get less physical activity  No change  Don't know  Refuse to answer</p> <p><b>Since I've taken the medication...</b>  I spend more time thinking about food  I spend less time thinking about food  No change  Don't know  Refuse to answer</p>
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<p><b>WEIGHT LOSS MEDICATIONS – EXPERIENCE 2</b></p> <p><b>NEW 2024</b></p> <p>RX_EXPC_EMB RX_EXPC_JUD RX_EXPC_EFF RX_EXPC_COST RX_EXPC_QUAL</p>	<p><i>UNIVERSE: rx_curr=currently taking a pre-specified medication (skip if only selected 'other')</i></p> <p><b>Since I've taken the medication...</b></p> <p>I feel embarrassed to tell people I am taking the medication I feel proud to tell people I am taking the medication Both Neither Don't know Refuse to answer</p> <p><b>Since I've taken the medication...</b></p> <p>I feel like people judge me negatively for taking the medication I feel like people judge me positively for taking the medication Both Neither Don't know Refuse to answer</p> <p><b>Since I've taken the medication...</b></p> <p>I worry about the long-term side effects of the medication I do not worry about the long-term side effects of the medication Don't know Refuse to answer</p> <p><b>Since I've taken the medication...</b></p> <p>I worry about the costs / paying for the medication I do not worry about the costs / paying for the medication Don't know Refuse to answer</p> <p><b>Since I've taken the medication...</b></p> <p>My overall quality of life is better My overall quality of life is worse No change Don't know Refuse to answer</p>
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<p><b>WEIGHT LOSS MEDICATIONS – PAST EXPERIENCE 1</b></p> <p><b>NEW 2024</b></p> <p><i>RX_EXP12_HLTH</i>  <i>RX_EXP12_UN</i>  <i>RX_EXP12_ENJ</i>  <i>RX_EXP12_PA</i>  <i>RX_EXP12_THNK</i></p>	<p><i>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently</i>  [PROGRAMMER NOTE: Insert name of randomly selected ‘medication of interest’ into sentence below. If the respondent only selected 1 medication (among the 10 pre-specified types), then insert that medication name].</p> <p><b>We’d like to ask you about your experience taking [name of selected/only medication].</b></p> <p><b>When I took the medication...</b>  I ate healthy foods less often  I ate healthy foods more often  No change  Don’t know  Refuse to answer</p> <p><b>When I took the medication...</b>  I ate unhealthy foods less often  I ate unhealthy foods more often  No change  Don’t know  Refuse to answer</p> <p><b>When I took the medication...</b>  I got more enjoyment from food  I got less enjoyment from food  No change  Don’t know  Refuse to answer</p> <p><b>When I took the medication...</b>  I got more physical activity  I got less physical activity  No change  Don’t know  Refuse to answer</p> <p><b>When I took the medication...</b>  I spent more time thinking about food  I spent less time thinking about food  No change  Don’t know  Refuse to answer</p>
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<p><b>WEIGHT LOSS MEDICATIONS – PAST EXPERIENCE 2</b></p> <p><b>NEW 2024</b></p> <p><i>RX_EXP12_EMB</i>  <i>RX_EXP12_JUD</i>  <i>RX_EXP12_EFF</i>  <i>RX_EXP12_COST</i>  <i>RX_EXP12_QUAL</i></p>	<p><i>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently</i></p> <p><b>When I took the medication...</b></p> <p>I felt embarrassed to tell people I was taking the medication  I felt proud to tell people I was taking the medication  Both  Neither  Don't know  Refuse to answer</p> <p><b>When I took the medication...</b></p> <p>I felt like people judged me negatively for taking the medication  I felt like people judged me positively for taking the medication  Both  Neither  Don't know  Refuse to answer</p> <p><b>When I took the medication...</b></p> <p>I worried about the long-term side effects of the medication  I did not worry about the long-term side effects of the medication  Don't know  Refuse to answer</p> <p><b>When I took the medication...</b></p> <p>I worried about the costs / paying for the medication  I did not worry about the costs / paying for the medication  Don't know  Refuse to answer</p> <p><b>When I took the medication...</b></p> <p>My overall quality of life was better  My overall quality of life was worse  No change  Don't know  Refuse to answer</p>
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<p><b>WEIGHT LOSS MEDICATIONS – COST</b></p> <p><b>NEW 2024 COUNTRY SPECIFIC WORDING</b></p> <p>RX_COST</p>	<p><i>UNIVERSE: rx_curr=currently taking a pre-specified medication (skip if only selected 'other')</i></p> <p><b>How much do you pay out of pocket for the medication per month?</b></p> <p><i>UNIVERSE: rx_12m= took a pre-specified medication in past 12 months, but not currently (skip if only selected 'other')</i></p> <p><b>How much did you pay out of pocket for the medication per month?</b></p> <p>Dollars: _____ [currency]  Don't know [valid answer]  Refuse to answer</p>
<p><b>WEIGHT LOSS MEDICATIONS – DURATION</b></p> <p><b>NEW 2024</b></p> <p>RX_DUR</p>	<p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication</i></p> <p><b>How long have you been taking the medication?</b></p> <p><i>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently</i></p> <p><b>How long did you take the medication?</b></p> <p>Less than a month  1-3 months  4-6 months  7-12 months  1-2 years  More than two years  Don't know  Refuse to answer</p>
<p><b>WEIGHT LOSS MEDICATIONS – WEIGHT CHANGE</b></p> <p><b>NEW 2024</b></p> <p>RX_WTCNG_CURR  RX_WTCNG_12M</p>	<p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication</i></p> <p><b>Since starting the medication, have you...</b></p> <p>Lost weight  Gained weight  No change  Don't know  Refuse to answer</p> <p><i>UNIVERSE: wt_rx_12m= took pre-specified medication in past 12 months, but not currently</i></p> <p><b>When you took the medication, did you...</b></p> <p>Lose weight  Gain weight  No change  Don't know  Refuse to answer</p>

<p><b>WEIGHT LOSS MEDICATIONS – AMOUNT LOST</b></p> <p><b>NEW 2024</b></p> <p>RX_AMT_UNIT RX_AMT_LB RX_AMT_KG RX_AMT_ST RX_AMT_STLB</p>	<p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication AND rx_wtcng_curr=lost weight</i>  <b>Since starting the medication, how much weight have you lost?</b></p> <p><i>UNIVERSE: rx_12m= took pre-specified medication in past 12 months, but not currently AND rx_wtcng_12m=lose weight</i>  <b>When you took the medication, how much weight did you lose?</b></p> <p>Would you rather answer in:  Pounds (lb)  Kilograms (kg)  Stones and pounds (st/lb)  Don't know  Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p>Enter the number of pounds lost: _____ lb [numeric]</p> <p><i>UNIVERSE: rx_amt_unit=kilograms</i>  Enter the number of kilograms lost: _____ kg [numeric]</p> <p><i>UNIVERSE: rx_amt_unit= stones and pounds (st/lb)</i>  Enter the number of stones lost: _____ st [numeric]</p> <p>AND  Enter the number of pounds lost: _____ lb [numeric, 0-13]</p>
<p><b>WEIGHT LOSS MEDICATIONS – WEIGHT REGAIN</b></p> <p><b>NEW 2024</b></p> <p>RX_REGAIN</p>	<p><i>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently AND rx_wtcng_12m=lose weight</i>  <b>Since you stopped the medication, did you regain any of the weight you lost?</b></p> <p>I didn't regain any of the weight  I regained some of the weight  I regained most of the weight  I regained all of the weight  I didn't lose weight while taking the medication  Don't know  Refuse to answer</p>
<p><b>WEIGHT LOSS MEDICATIONS – SIDE EFFECTS</b></p> <p><a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9486455/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9486455/</a></p> <p><b>NEW 2024</b></p> <p>RX_EFF</p>	<p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication (skip if only selected 'other')</i>  <b>Have you experienced any side effect(s) from taking the medication?</b></p> <p>No  Yes – mild side effect(s)  Yes – moderate effect(s)  Yes - severe side effect(s)  Don't know  Refuse to answer</p>

<p>RX_EFF_[type]</p>	<p>UNIVERSE: rx_eff= yes mild/moderate/severe</p> <p><b>What side effect(s) have you experienced?</b>                  (Select all that apply)                  Nausea and/or vomiting                  Diarrhea                  Fatigue                  Constipation                  Abdominal pain                  Other side effect(s) (please specify): _____                  Don't know                  Refuse to answer</p>
<p><b>WEIGHT LOSS MEDICATIONS – STOPPING REASON</b></p> <p>NEW 2024</p> <p>RX_STOP</p>	<p>UNIVERSE: rx_curr=none (took pre-specified medication previously, but not currently)</p> <p><b>What was the main reason you stopped taking the medication?</b>                  (Select all that apply)</p> <p>I didn't lose weight / it didn't work                  I lost enough weight / it worked                  Side effects                  Cost / too expensive                  I didn't bother to renew my prescription                  Other (please specify): _____                  Don't know                  Refuse to answer</p>
<p><b>WEIGHT LOSS MEDICATIONS – ALCOHOL IMPACT</b></p> <p>NEW 2024</p> <p>RX_ALC_CURR</p> <p>RX_ALC_12M</p>	<p>UNIVERSE: rx_curr= currently taking a pre-specified medication</p> <p><b>Has the medication affected how much alcohol you drink?</b>                  I don't drink alcohol – not applicable                  I drink less                  I drink more                  No effect                  Don't know                  Refuse to answer</p> <p>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently</p> <p><b>Did the medication affect how much alcohol you drank?</b>                  I don't drink alcohol – not applicable                  I drank less                  I drank more                  No effect                  Don't know                  Refuse to answer</p>

<p><b>WEIGHT LOSS MEDICATIONS – SMOKING IMPACT</b></p> <p><b>NEW 2024</b></p> <p><i>RX_SMK_CURR</i></p> <p><i>RX_SMK_12M</i></p>	<p><i>UNIVERSE: rx_curr= currently taking a pre-specified medication</i></p> <p><b>Has the medication affected how much you smoke?</b></p> <p>I don't smoke– not applicable</p> <p>I smoke less</p> <p>I quit smoking</p> <p>I smoke more</p> <p>No effect</p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>UNIVERSE: rx_12m=took pre-specified medication in past 12 months, but not currently</i></p> <p><b>Did the medication affect how much you smoked?</b></p> <p>I don't smoke– not applicable</p> <p>I smoked less</p> <p>I quit smoking</p> <p>I smoked more</p> <p>No effect</p> <p>Don't know</p> <p>Refuse to answer</p>
<p><b>EAT-3 BEHAVIOURAL ITEMS</b></p> <p>HAINES J, ZIYADEH NJ, FRANKO DL, MCDONALD J, MOND JM, AUSTIN SB. SCREENING HIGH SCHOOL STUDENTS FOR EATING DISORDERS: VALIDITY OF BRIEF BEHAVIORAL AND ATTITUDINAL MEASURES. J SCH HEALTH, 2011; 81(9):530-535.</p> <p><i>EAT3_BINGE</i></p> <p><i>EAT3_VOMIT</i></p>	<p><b>In the <u>past 3 months</u>, how often have you:</b></p> <p><b>... gone on eating binges?</b> (<i>Eating a large amount of food while feeling out of control</i>).</p> <p><b>... made yourself sick (vomited) to control your weight?</b></p> <p>Never</p> <p>Less than 1 time a month</p> <p>1 to 3 times a month</p> <p>Once a week</p> <p>2 to 6 times a week</p> <p>Once a day</p> <p>More than once a day</p> <p>Don't know</p> <p>Refuse to answer</p>
<p><b>EAT-3 ATTITUDINAL ITEM</b></p> <p>HAINES J, ZIYADEH NJ, FRANKO DL, MCDONALD J, MOND JM, AUSTIN SB. SCREENING HIGH SCHOOL STUDENTS FOR EATING DISORDERS: VALIDITY OF BRIEF BEHAVIORAL AND ATTITUDINAL</p>	<p><b>I am preoccupied with a desire to be thinner.</b></p> <p>Always</p> <p>Usually</p> <p>Often</p> <p>Sometimes</p> <p>Rarely</p> <p>Never</p> <p>Don't know</p> <p>Refuse to answer</p>

<p>MEASURES. J SCH HEALTH, 2011; 81(9):530-535.</p> <p><i>EAT3_THIN</i></p>	
<p><b>EATING DISORDER</b> <a href="#">CCHS 2024</a></p> <p><b>NEW 2024</b></p> <p><i>WT_ED</i> <i>WT_ED_DX</i></p>	<p><b>Do you have an eating disorder such as anorexia or bulimia?</b></p> <p>Yes No Don't know Refuse to answer</p> <p><i>UNIVERSE: WT_ED=yes</i></p> <p><b>Was the eating disorder ever diagnosed by a doctor, nurse, or other health professional?</b></p> <p>Yes No Don't know Refuse to answer</p>
<p><b>WEIGHT TEASE</b> Adapted from Project EAT 2003-2004 (B&amp;W)</p> <p><b>NEW 2022</b></p> <p><i>WT_TEASE</i></p>	<p><b>Do you get teased or made fun of because of your weight?</b></p> <p>All the time A lot Sometimes Rarely Never Don't know Refuse to answer</p>
<p><b>WEIGHT STIGMA</b> Adapted from Nutter et al., 2018 Framing obesity a disease: Indirect effects of affect and controllability beliefs on weight bias. Weiner B. Judgments of responsibility: a foundation for a theory of social conduct. 1995.</p> <p><b>NEW 2023</b></p> <p><i>WT_BLAZE</i></p>	<p><b>Please tell us whether you agree or disagree with the following:</b></p> <p><b>People are to blame for their body weight.</b></p> <p>Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know Refuse to answer</p>

## SUGARY DRINKS

DOMAIN SOURCE	QUESTION
<p><b>POP PERCEIVED HEALTHINESS</b></p> <p><i>SSB_HLTH_POP</i></p>	<p>In your opinion, how unhealthy or healthy is this type of drink?</p>  <p>600 mL</p> <p>Very unhealthy Unhealthy A little unhealthy Neither unhealthy nor healthy A little healthy Healthy Very healthy Don't know Refuse to answer</p>
<p><b>POP ACCEPTABLE FREQUENCY FOR CHILDREN</b></p> <p><i>SSB_CHILD_POP</i></p>	<p>Imagine that you have a 10-year old child. Is it okay for them to have this type of drink...</p>  <p>600 mL</p> <p>Never Once per month A few times per month Once per week A few times per week Once per day As often as they would like Don't know Refuse to answer</p>

<p><b>SSB PERCEPTIONS - CONDITION</b></p> <p><b>REVISED 2019</b></p> <p>SSB_CONDITION</p>	<p><i>[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following set of 2 questions with the same beverage image on screen for each question.]</i></p> <p>Diet soft drink                  100% juice                  Energy drink                  Water                  Specialty                  Sports drink                  Chocolate milk                  Iced tea                  Milk</p> 
<p><b>SSB PERCEIVED HEALTHINESS</b></p> <p>SSB_HLTH_[TYPE]</p>	<p><b>In your opinion, how unhealthy or healthy is this type of drink?</b></p> <p><i>[show image with mL label]</i></p> <p>Very unhealthy                  Unhealthy                  A little unhealthy                  Neither unhealthy nor healthy                  A little healthy                  Healthy                  Very healthy                  Don't know                  Refuse to answer</p>
<p><b>SSB ACCEPTABLE FREQUENCY FOR CHILDREN</b></p> <p>SSB_CHILD_[TYPE]</p>	<p><b>Imagine that you have a 10-year old child. Is it okay for them to have this type of drink...</b></p> <p><i>[show image with mL label]</i></p> <p>Never                  Once per month                  A few times per month                  Once per week                  A few times per week                  Once per day                  As often as they would like                  Don't know                  Refuse to answer</p>

<b>SSB DEFINITION</b>	<p>The next few questions ask about <u>SUGAR AND SUGARY DRINKS</u>.</p> <p>Sugary drinks are drinks that contain added sugar, like soft drinks, fruit drinks, sports drinks, energy drinks, chocolate milk, and specialty coffees that have added sugar.</p>
<b>SSB SOCIAL NORMS – Q3</b>  REVISÉD 2021 REVISÉD 2023  SSB_NORMS3_V1	<p>People important to me <u>TRY NOT</u> to drink <u>SUGARY DRINKS</u>.</p> <p>Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree  Don't know  Refuse to answer</p>
<b>SWEETENER ACCEPTABILITY FOR CHILDREN</b>  NEW 2020 CYCLED OUT 2023  COUNTRY SPECIFIC WORDING  SWT_CHILD	<p>Please tell us whether you agree or disagree with the following:</p> <p>Children should not consume foods or drinks with artificial or low-kilojoule sweeteners.</p> <p>Strongly agree  Agree  Neither agree nor disagree  Disagree  Strongly disagree  Don't know  Refuse to answer</p>

## NUTRITION KNOWLEDGE

<b>DOMAIN</b> SOURCE	<b>QUESTION</b>
<b>SELF-REPORTED NUTRITION KNOWLEDGE</b> ADAPTED FROM TNT 2015, HOBIN CFDR  NUT_KNOW	<p><b>How would you rate your nutrition knowledge?</b></p> <p>Not at all knowledgeable  A little knowledgeable  Somewhat knowledgeable  Very knowledgeable  Extremely knowledgeable  Don't know  Refuse to answer</p>

## SOURCES OF NUTRITION INFORMATION

DOMAIN SOURCE	QUESTION
<b>PUBLIC EDUCATION</b>  REVISÉD 2020 (underline)  PUBLIC_ED1	Do you remember seeing any educational messages or campaigns on <u>healthy eating</u> from the government or health authorities in the past 12 months? Yes No Don't know Refuse to answer

## FOOD PACKAGING & LABELLING

DOMAIN SOURCE	QUESTION
<b>NUTRITION INFO IN GROCERY STORES</b>  INFO_GROCERY	In your opinion, is nutrition information easy or hard to find in <u>supermarkets</u> ? Very hard to find Hard to find Neither hard nor easy Easy to find Very easy to find Don't know Refuse to answer
<b>LABEL AWARENESS</b>  LABEL_AWARE_AUS	We would now like to ask you some questions about food labels on products.  How often have you <u>seen</u> this type of food label on packages or in stores?    Never Rarely Sometimes Often All the time Don't know Refuse to answer

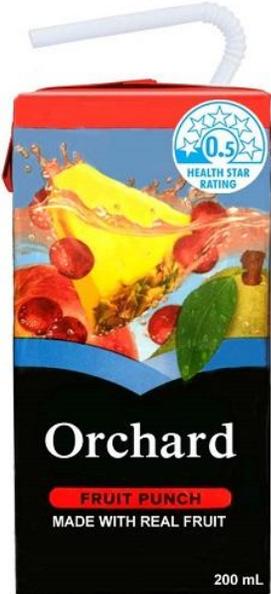
<p><b>LABEL USE</b></p> <p>LABEL_USE_AUS</p>	<p><i>UNIVERSE: label_aware_AUS= 'rarely', 'sometimes', 'often', or 'all the time'</i></p> <p><b>How often do you <u>use</u> this type of food label <u>when deciding to buy a food product</u>?</b></p>  <p>Never Rarely Sometimes Often All the time Don't know Refuse to answer</p>
<p><b>LABEL UNDERSTANDING</b></p> <p>LABEL_UNDERSTAND_AUS</p>	<p><b>Do you find this information...</b></p>  <p>Very hard to understand Hard to understand Neither hard nor easy Easy to understand Very easy to understand Don't know Refuse to answer</p>

**LABEL UNDERSTANDING (OBJECTIVE)**

NEW 2022  
REVISED 2024 (CAN)

FOPL\_OBJ\_HSR

**In your opinion, is this product...**  
[PROGRAMMER NOTE: Show juicebox image with country-specific FOPL (no FOPL in USA, Health Star Rating in Australia, Warning label in Chile/MEX, Traffic Light in UK; in Canada, randomize half the respondents to no FOPL and half to 'High In' label); no NFT to be shown in any country]



- Very unhealthy
- Unhealthy
- In the middle
- Healthy
- Very healthy
- Don't know
- Refuse to answer

<p><b>NFT AWARENESS</b></p> <p><i>NFT_AWARE_AUS</i></p>	<p>How often have you <u>seen</u> this type of food label on packages or in stores?</p> <div data-bbox="352 220 770 565" style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p style="text-align: center;"><b>Nutrition Information</b></p> <p>SERVINGS PER PACKAGE: 11 SERVING SIZE: 23.2 g (4 BISCUITS)</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th></th> <th style="text-align: center;">AVG QUANTITY PER SERVING</th> <th style="text-align: center;">% DAILY INTAKE * (PER SERVING)</th> <th style="text-align: center;">AVG QUANTITY PER 100 g</th> </tr> </thead> <tbody> <tr><td>ENERGY</td><td style="text-align: center;">397 kJ</td><td style="text-align: center;">5%</td><td style="text-align: center;">1,710 kJ</td></tr> <tr><td>PROTEIN</td><td style="text-align: center;">2.8 g</td><td style="text-align: center;">6%</td><td style="text-align: center;">12.2 g</td></tr> <tr><td>FAT, TOTAL</td><td style="text-align: center;">2.2 g</td><td style="text-align: center;">3%</td><td style="text-align: center;">9.4 g</td></tr> <tr><td>-SATURATED</td><td style="text-align: center;">0.3 g</td><td style="text-align: center;">1%</td><td style="text-align: center;">1.1 g</td></tr> <tr><td>CARBOHYDRATE</td><td style="text-align: center;">14.5 g</td><td style="text-align: center;">5%</td><td style="text-align: center;">62.3 g</td></tr> <tr><td>-SUGARS</td><td style="text-align: center;">0.4 g</td><td style="text-align: center;">1%</td><td style="text-align: center;">1.8 g</td></tr> <tr><td>SODIUM</td><td style="text-align: center;">105 mg</td><td style="text-align: center;">5%</td><td style="text-align: center;">452 mg</td></tr> </tbody> </table> <p style="font-size: small;">*Percentage daily intakes are based on an average adult diet of 8700 kJ</p> </div> <p>Never Rarely Sometimes Often All the time Don't know Refuse to answer</p>		AVG QUANTITY PER SERVING	% DAILY INTAKE * (PER SERVING)	AVG QUANTITY PER 100 g	ENERGY	397 kJ	5%	1,710 kJ	PROTEIN	2.8 g	6%	12.2 g	FAT, TOTAL	2.2 g	3%	9.4 g	-SATURATED	0.3 g	1%	1.1 g	CARBOHYDRATE	14.5 g	5%	62.3 g	-SUGARS	0.4 g	1%	1.8 g	SODIUM	105 mg	5%	452 mg
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<p><b>NFT USE</b></p> <p>ADAPTED FROM 2014 FDA HEALTH AND DIET SURVEY</p> <p><i>NFT_USE_AUS</i></p>	<p><i>UNIVERSE: nft_aware_AUS= 'rarely', 'sometimes', 'often', or 'all the time'</i></p> <p>How often do you <u>use</u> this type of food label <u>when deciding to buy a food product?</u></p> <div data-bbox="336 850 753 1195" style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p style="text-align: center;"><b>Nutrition Information</b></p> <p>SERVINGS PER PACKAGE: 11 SERVING SIZE: 23.2 g (4 BISCUITS)</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th></th> <th style="text-align: center;">AVG QUANTITY PER SERVING</th> <th style="text-align: center;">% DAILY INTAKE * (PER SERVING)</th> <th style="text-align: center;">AVG QUANTITY PER 100 g</th> </tr> </thead> <tbody> <tr><td>ENERGY</td><td style="text-align: center;">397 kJ</td><td style="text-align: center;">5%</td><td style="text-align: center;">1,710 kJ</td></tr> <tr><td>PROTEIN</td><td style="text-align: center;">2.8 g</td><td style="text-align: center;">6%</td><td style="text-align: center;">12.2 g</td></tr> <tr><td>FAT, TOTAL</td><td style="text-align: center;">2.2 g</td><td style="text-align: center;">3%</td><td style="text-align: center;">9.4 g</td></tr> <tr><td>-SATURATED</td><td style="text-align: center;">0.3 g</td><td style="text-align: center;">1%</td><td style="text-align: center;">1.1 g</td></tr> <tr><td>CARBOHYDRATE</td><td style="text-align: center;">14.5 g</td><td style="text-align: center;">5%</td><td style="text-align: center;">62.3 g</td></tr> <tr><td>-SUGARS</td><td style="text-align: center;">0.4 g</td><td style="text-align: center;">1%</td><td style="text-align: center;">1.8 g</td></tr> <tr><td>SODIUM</td><td style="text-align: center;">105 mg</td><td style="text-align: center;">5%</td><td style="text-align: center;">452 mg</td></tr> </tbody> </table> <p style="font-size: small;">*Percentage daily intakes are based on an average adult diet of 8700 kJ</p> </div> <p>Never Rarely Sometimes Often All the time Don't know Refuse to answer</p>		AVG QUANTITY PER SERVING	% DAILY INTAKE * (PER SERVING)	AVG QUANTITY PER 100 g	ENERGY	397 kJ	5%	1,710 kJ	PROTEIN	2.8 g	6%	12.2 g	FAT, TOTAL	2.2 g	3%	9.4 g	-SATURATED	0.3 g	1%	1.1 g	CARBOHYDRATE	14.5 g	5%	62.3 g	-SUGARS	0.4 g	1%	1.8 g	SODIUM	105 mg	5%	452 mg
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<p><b>NFT UNDERSTANDING</b></p> <p><i>NFT_UNDERSTAND_A US</i></p>	<p><b>Do you find this information...</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p style="text-align: center;"><b>Nutrition Information</b></p> <p>SERVINGS PER PACKAGE: 11 SERVING SIZE: 23.2 g (4 BISCUITS)</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th></th> <th style="text-align: center;">AVG QUANTITY PER SERVING</th> <th style="text-align: center;">% DAILY INTAKE * (PER SERVING)</th> <th style="text-align: center;">AVG QUANTITY PER 100 g</th> </tr> </thead> <tbody> <tr> <td>ENERGY</td> <td style="text-align: center;">397 kJ</td> <td style="text-align: center;">5%</td> <td style="text-align: center;">1,710 kJ</td> </tr> <tr> <td>PROTEIN</td> <td style="text-align: center;">2.8 g</td> <td style="text-align: center;">6%</td> <td style="text-align: center;">12.2 g</td> </tr> <tr> <td>FAT, TOTAL</td> <td style="text-align: center;">2.2 g</td> <td style="text-align: center;">3%</td> <td style="text-align: center;">9.4 g</td> </tr> <tr> <td>-SATURATED</td> <td style="text-align: center;">0.3 g</td> <td style="text-align: center;">1%</td> <td style="text-align: center;">1.1 g</td> </tr> <tr> <td>CARBOHYDRATE</td> <td style="text-align: center;">14.5 g</td> <td style="text-align: center;">5%</td> <td style="text-align: center;">62.3 g</td> </tr> <tr> <td>-SUGARS</td> <td style="text-align: center;">0.4 g</td> <td style="text-align: center;">1%</td> <td style="text-align: center;">1.8 g</td> </tr> <tr> <td>SODIUM</td> <td style="text-align: center;">105 mg</td> <td style="text-align: center;">5%</td> <td style="text-align: center;">452 mg</td> </tr> </tbody> </table> <p style="font-size: small; margin-top: 5px;">*Percentage daily intakes are based on an average adult diet of 8700 kJ</p> </div> <p>Very hard to understand Hard to understand Neither hard nor easy Easy to understand Very easy to understand Don't know Refuse to answer</p>		AVG QUANTITY PER SERVING	% DAILY INTAKE * (PER SERVING)	AVG QUANTITY PER 100 g	ENERGY	397 kJ	5%	1,710 kJ	PROTEIN	2.8 g	6%	12.2 g	FAT, TOTAL	2.2 g	3%	9.4 g	-SATURATED	0.3 g	1%	1.1 g	CARBOHYDRATE	14.5 g	5%	62.3 g	-SUGARS	0.4 g	1%	1.8 g	SODIUM	105 mg	5%	452 mg
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<p><b>NFT INFLUENCE</b></p> <p><i>LABEL_OVERALL</i></p>	<p><b>Overall, how much do food labels influence what you eat?</b></p> <p>No influence at all A little influence Some influence A lot of influence Very strong influence Don't know Refuse to answer</p>																																
<p><b>DISCUSS LABELS</b></p> <p><b>NEW 2020</b></p> <p><i>LABEL_DISCUSS</i></p>	<p><b>In the last month, how often have you talked to others about nutrition labels on foods or beverages?</b></p> <p>Not at all Once A few times Often Very often Don't know Refuse to answer</p>																																

**FOOD PROCESSING KNOWLEDGE**

REVISED 2019  
REVISED 2020  
REVISED 2022  
REVISED 2023

HLTH1...HLTH11  
HLTH1\_DKR...HLTH11\_DKR  
HLTH1V...HLTH11V  
HLTH\_ORDER  
HLTH\_ORDER\_V

Summary of revisions: 2019 corrected error from 2018 in fat content in milk NFT; and replaced ham deli meat with chicken deli meat. 2020 corrected juice serving size and kJ; deleted "Quaker" from oats ingredient list; corrected milk saturated fat, fat %DV and kJ per 100g; added fish products. 2022 added sugar to applesauce ingredients; increased sodium in tuna; corrected protein per 100g for oats. 2023 deleted 7 products (applesauce, cereal, cheese, deli meat, all 3 fish products). Refer to the User Guide for further information.

[PROGRAMMER NOTE: Randomize order of 8 food products, and record order of randomization. Prevent respondents from using back button to return to previous questions in set. Show scale horizontally on computer browsers, and vertically on smartphone and tablet browsers.]

**Overall, how healthy is this food product?**

Please answer on a scale from 0 to 10, where 0 = Not at all healthy, and 10 = Extremely healthy.

0 1 2 3 4 5 6 7 8 9 10  
Not at all healthy Extremely healthy

Don't know  
Refuse to answer



Nutrition Information			
SERVINGS PER PACKAGE: 4			
SERVING SIZE: 250 mL (1 CUP)			
AVG QUANTITY PER SERVING	% DAILY INTAKE* (PER SERVING)	AVG QUANTITY PER 100 mL	
ENERGY	487 kJ	6%	195 kJ
PROTEIN	0 g	0%	0 g
FAT TOTAL	0 g	0%	0 g
-SATURATED	0 g	0%	0 g
CARBOHYDRATE	27.5 g	9%	10.9 g
-SUGARS	26.8 g	30%	10.7 g
SODIUM	0 mg	0%	0 mg

\*Percentage daily intakes are based on an average adult diet of 8700 kJ

INGREDIENTS: WATER, RECONSTITUTED APPLE JUICE (25%), SUGAR, FOOD ACIDS (MALIC ACID, POTASSIUM CITRATE), FLAVOUR, VITAMIN C.



Nutrition Information			
SERVINGS PER PACKAGE: 33			
SERVING SIZE: 30 g			
AVG QUANTITY PER SERVING	% DAILY INTAKE* (PER SERVING)	AVG QUANTITY PER 100 g	
ENERGY	502 kJ	6%	1,674 kJ
PROTEIN	4.0 g	8%	13.3 g
FAT TOTAL	2.0 g	3%	6.7 g
-SATURATED	0.8 g	2%	1.3 g
CARBOHYDRATE	20.0 g	6%	66.0 g
-SUGARS	0 g	0%	0 g
SODIUM	0 mg	0%	0 mg

\*Percentage daily intakes are based on an average adult diet of 8700 kJ

INGREDIENTS: 100% WHOLE GRAIN ROLLED OATS, NATURALLY CONTAINS OAT BRAN.



Nutrition Information			
SERVINGS PER PACKAGE: 5			
SERVING SIZE: 50 g (1 BAR)			
AVG QUANTITY PER SERVING	% DAILY INTAKE* (PER SERVING)	AVG QUANTITY PER 100 g	
ENERGY	753 kJ	9%	1,506 kJ
PROTEIN	4.0 g	8%	8.0 g
FAT TOTAL	5.0 g	7%	10.0 g
-SATURATED	2.0 g	4%	4.0 g
CARBOHYDRATE	33.0 g	11%	66.0 g
-SUGARS	15.0 g	17%	30.0 g
SODIUM	160 mg	7%	320 mg

\*Percentage daily intakes are based on an average adult diet of 8700 kJ

INGREDIENTS: GRANOLA CRUST: WHOLE GRAIN OATS, SUGAR, PALM OIL WITH TBHQ FOR FRESHNESS, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 (THIAMIN MONONITRATE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID), CORN SYRUP, OAT FIBRE, ISOLATED SOY PROTEIN, MALTODEXTRIN, ACACIA GUM, GLYCEROL, CELLULOSE, WHEAT GLUTEN, INSULIN, NATURAL FLAVOUR, LEAVENING: BAKING SODA, SODIUM ACID PYROPHOSPHATE, SALT, SOY LECITHIN, BUT (PRESERVATIVE), INSTANT FLAVOUR, NONFAT MILK, FILLING: INVERT SUGAR, CORN SYRUP, STRAWBERRY PUREE CONCENTRATE, GYCERIN, SUGAR, MODIFIED CORN STARCH, SODIUM ALGINATE, CITRIC ACID, DICALCIUM PHOSPHATE, METYLCELLULOSE, NATURAL AND ARTIFICIAL FLAVOURS, CARAMEL COLOUR, MALIC ACID, RED-40.



Nutrition Information			
SERVINGS PER PACKAGE: 8			
SERVING SIZE: 250 mL (1 CUP)			
AVG QUANTITY PER SERVING	% DAILY INTAKE* (PER SERVING)	AVG QUANTITY PER 100 mL	
ENERGY	418 kJ	5%	167 kJ
PROTEIN	9.0 g	18%	3.6 g
FAT TOTAL	2.5 g	4%	1.0 g
-SATURATED	1.5 g	6%	0.6 g
CARBOHYDRATE	12.0 g	4%	4.8 g
-SUGARS	11.0 g	12%	4.4 g
SODIUM	115 mg	5%	46 mg

\*Percentage daily intakes are based on an average adult diet of 8700 kJ

INGREDIENTS: PARTLY SKIMMED MILK, VITAMIN A PALMITATE, VITAMIN D3.



Nutrition Information			
SERVINGS PER PACKAGE: 16			
SERVING SIZE: 21 g (1 SLICE)			
AVG QUANTITY PER SERVING	% DAILY INTAKE* (PER SERVING)	AVG QUANTITY PER 100 g	
ENERGY	251 kJ	3%	1,197 kJ
PROTEIN	4.0 g	8%	19.1 g
FAT TOTAL	4.5 g	6%	21.5 g
-SATURATED	2.5 g	10%	12.0 g
CARBOHYDRATE	2.0 g	1%	9.5 g
-SUGARS	2.0 g	2%	9.5 g
SODIUM	220 mg	10%	1,048 mg

\*Percentage daily intakes are based on an average adult diet of 8700 kJ

INGREDIENTS: MILK, CHEDDAR CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WHEY PROTEIN CONCENTRATE, WHEAT, SODIUM CITRATE, CONTAINS LESS THAN 2% OF CALCIUM PHOSPHATE, MODIFIED FOOD STARCH, WHEY PROTEIN CONCENTRATE, SALT, LACTIC ACID, ANNATTO AND PAPRIKA EXTRACT (COLOUR), NATAMUN (A NATURAL MOULD INHIBITOR), ENZYMES, CHEESE CULTURE, VITAMIN D3.

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<p><b>ULTRA-PROCESSED FOOD TERM AWARENESS</b></p> <p><b>NEW 2023</b></p> <p>UPF_AWARE</p>	<p>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p><b>Have you heard of the term 'ultra-processed food'?</b></p> <p>Yes</p> <p>No</p> <p>Don't know</p> <p>Refuse to answer</p>																																																																																								
<p><b>ULTRA PROCESSED FOOD IDENTIFICATION</b></p> <p><b>NEW 2024</b></p> <p>UPF_ID_APPLE</p> <p>UPF_ID_JUICE</p> <p>UPF_ID_OATS</p> <p>UPF_ID_BAR</p> <p>UPF_ID_MILK</p> <p>UPF_ID_CHEESE</p> <p>UPF_ID_CHICK</p> <p>UPF_ID_NUGG</p> <p>UPF_ID_NDKR</p>	<p>[PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p><b>Which, if any, of the following products are ultra-processed?</b></p> <p><i>Select all that apply.</i></p> <p>[PROGRAMMER NOTE: Show 8 products on screen, in random order (no NFTs). Prevent respondents from using back button to return to previous question].</p>  <p>None of these are ultra-processed</p> <p>Don't know [valid answer]</p> <p>Refuse to answer</p>																																																																																								

## MENU LABELLING

DOMAIN SOURCE	QUESTION
<b>LAST RESTAURANT VISIT</b> FCMS  <i>REST_VISIT</i>	[PROGRAMMER NOTE: HIDE BACK BUTTON] <b>When was the last time you visited a restaurant (including a fast-food outlet or coffee shop)?</b> Within the last 24 hours Within the last 7 days Within the last month Within the last 3 months Within the last 6 months Longer than 6 months ago Don't know Refuse to answer
<b>MENU LABELLING – NOTICING</b> FCMS (ADAPTED)  <i>REST_INFO</i>	<i>UNIVERSE: Visited restaurant within last 6 months (rest_visit=1-5)</i> <b>The last time you visited a restaurant, did you notice any nutrition information?</b> Yes No Don't know Refuse to answer
<b>MENU LABELLING – NOTICING LOCATION</b>  <i>REST_INFO_[TYPE]</i> <i>REST_INFO_DK</i> <i>REST_INFO_R</i> <i>REST_INFO_OTEXT</i>	<i>UNIVERSE: Noticed nutrition info (rest_info=yes)</i> <b>Where was this information located? (Select all that apply)</b> On the menu/menu board On a poster or sign Next to a food item On the item packaging/wrapper On the tray liner On a napkin In a pamphlet or brochure On a computer screen / At a kiosk Other → Please specify: [open-ended] Don't know Refuse to answer
<b>ONLINE ORDERING: MENU LABELLING – NOTICING</b>  <b>NEW 2023</b>  <i>ONLN_INFO</i>	<i>UNIVERSE: Ordered restaurant food online in the past 30 days (onln_rest=1)</i> <b>The last time you ordered restaurant food from a website or an app, did you notice any nutrition information?</b> Yes No Don't know Refuse to answer

<p><b>ONLINE ORDERING: NUTRITION INFO ACCESSIBILITY</b></p> <p><b>NEW 2023</b></p> <p>ONLN_INFO_EASE</p>	<p><i>UNIVERSE: Ordered restaurant food online in the past 30 days (onln_rest=1)</i></p> <p><b>In your opinion, is nutrition information easy or hard to find when you are ordering restaurant food online?</b></p> <p>Very hard to find Hard to find Neither hard nor easy Easy to find Very easy to find Don't know Refuse to answer</p>
<p><b>ONLINE GROCERY ORDERING: NUTRITION INFO ACCESSIBILITY</b></p> <p><b>NEW 2024</b></p> <p>ONLN_INFOGR_EASE</p>	<p><i>UNIVERSE: Ordered groceries online in the past 30 days (onln_gstore=1 or onln_gonln=1)</i></p> <p><b>In your opinion, is nutrition information easy or hard to find when you are ordering GROCERIES ONLINE?</b></p> <p>Very hard to find Hard to find Neither hard nor easy Easy to find Very easy to find Don't know Refuse to answer</p>

**FOOD GUIDE / DIETARY RECOMMENDATIONS**

<p><b>DOMAIN</b></p> <p>SOURCE</p>	<p><b>QUESTION</b></p>
<p><b>FOOD GUIDE – LAST USE</b></p> <p>OTTAWA AND CFDR (ADAPTED TIME ANCHORS)</p> <p>FG_LOOK</p>	<p><b>When was the <u>last time</u> you looked at the Australian Dietary Guidelines, if ever?</b></p> <p>In the last month In the last 6 months In the last year More than a year ago Never Don't know Refuse to answer</p>
<p><b>CHILD – SCHOOL FOOD PROGRAM PARTICIPATION</b></p> <p><b>NEW 2023</b></p> <p>SCH_PART</p>	<p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>Does your child get food from a <u>free or reduced-price</u> breakfast or lunch program <u>at their school</u>?</b></p> <p>No Yes – from a breakfast program Yes – from a lunch program Yes – from a breakfast and lunch program Does not apply to me [valid answer] Don't know Refuse to answer</p>

<p><b>CHILD – SCHOOL FOOD PROGRAM PARTICIPATION FREQUENCY</b></p> <p><b>NEW 2024</b></p> <p><i>SCH_PART_FREQ</i></p>	<p><i>UNIVERSE: Child receives food from a free/reduced-price school food program (sch_part=2-4)</i></p> <p><b>How many days per week does your child get food from a <u>free or reduced-price</u> breakfast or lunch program <u>at their school</u>?</b></p> <p>Less than once a week</p> <p>1 day per week</p> <p>2 days per week</p> <p>3 days per week</p> <p>4 days per week</p> <p>5 days per week</p> <p>Don't know</p> <p>Refuse to answer</p>
<p><b>CHILD – SCHOOL FOOD PROGRAM AVAILABILITY</b></p> <p><b>NEW 2023</b></p> <p><i>SCH_AVAIL</i></p>	<p><i>UNIVERSE: Child participates in any school food program (child_home&gt;0 and sch_part=2-4)</i></p> <p><b>Can all students in your child's school get food from the free or reduced-price breakfast or lunch program?</b></p> <p>All students</p> <p>Only students from families who need extra financial help</p> <p>Don't know [valid answer]</p> <p>Refuse to answer</p>

## FOOD MARKETING

DOMAIN SOURCE	QUESTION
<p><b>EXPOSURE TO UNHEALTHY FOOD MARKETING – LOCATION</b></p> <p>REVISED 2019 REVISED 2022 REVISED 2023</p> <p>COUNTRY SPECIFIC WORDING</p> <p>MKTG_LOC_[TYPE] MKTG_LOC_NONE MKTG_LOC_DK MKTG_LOC_R MKTG_LOC_OTEXT</p>	<p>In the last 30 days, have you seen or heard advertisements or promotions for <u>'unhealthy foods'</u> in the following places? (Select all that apply)</p> <p><i>Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soft drinks, fast food, chips, sugary cereals, biscuits and chocolate bars.</i></p> <p>TV (broadcast TV, on-demand, streaming) Radio Online / internet Mobile app / video game Social media (e.g., Twitter/X, Facebook, Instagram) In a text message Magazine or newspaper Billboard or outdoor sign (e.g., posters) On buses, bus stops and other public transport In movies or at movie theatres At school / on campus Signs or displays in supermarkets, convenience stores or restaurants At a recreation/community centre Sports event, concert or community event Giveaways, samples or special offers Other → Please specify: <i>[open-ended]</i> I haven't seen any advertising or promotions for unhealthy food in the last 30 days Don't know Refuse to answer</p>
<p><b>EXPOSURE TO UNHEALTHY FOOD MARKETING – GIVEAWAYS VS SPECIAL OFFERS</b></p> <p>NEW 2022</p> <p>MKTG_LOC_SAMPOF</p>	<p><i>UNIVERSE: Noticed "Giveaways, samples or special offers"</i></p> <p><b>In the last question you selected "Giveaway, samples, or special offers". Did you see...</b></p> <p>Giveaways or samples only Special offers only Both Don't know Refuse to answer</p>

<p><b>EXPOSURE TO UNHEALTHY FOOD MARKETING - FREQUENCY</b></p> <p>REVISED 2019</p> <p>MKTG_FREQ_SD MKTG_FREQ_FF MKTG_FREQ_CEREAL MKTG_FREQ_SNACK MKTG_FREQ_DESSERT MKTG_FREQ_CANDY</p>	<p>In the last 30 days, <u>how often</u> did you see or hear advertisements or promotions for the following?</p> <p>Ads for sugary drinks Ads for fast food / take-away Ads for sugary cereals Ads for snacks such as chips Ads for desserts such as cakes, biscuits, and ice cream Ads for lollies or chocolate bars</p> <p>[Show response options for each item as radio button list]</p> <p>Never Less than once a week Once a week A few times a week Every day More than once a day Don't know Refuse to answer</p>
<p><b>EXPOSURE TO MARKETING STRATEGIES</b></p> <p>MKTG_LICENCED MKTG_COMPANY MKTG_CELEB MKTG_PROSPORT MKTG_RECSPORT MKTG_CULTURE MKTG_NONE MKTG_DK MKTG_R</p>	<p>[PROGRAMMER NOTE: show note in grey font] <i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soft drinks, fast food, chips, sugary cereals, biscuits and chocolate bars.</i></p> <p><b>In the last 30 days, have you seen any of the following?</b> (Select all that apply)</p> <p>Unhealthy food or drinks promoted using characters from movies or TV (e.g., Star Wars, Disney characters) Unhealthy food or drinks with characters created by food companies (e.g., Tony the Tiger, Ronald McDonald) Celebrity endorsements of unhealthy food/drinks Professional sport teams or sporting events sponsored by unhealthy food/drink companies Children's/community sports teams sponsored by unhealthy food/drink companies Cultural or community events sponsored by unhealthy food/drink companies None of the above [Programming note: only allow to select if no other options selected] Don't know Refuse to answer</p>

<p><b>CHILD ASK - MARKETING STRATEGIES</b></p> <p>REVISED 2019 (response format)</p> <p>ASK_LICENCED ASK_COMPANY</p>	<p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i> [PROGRAMMER NOTE: show note in grey font] <i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soft drinks, fast food, chips, sugary cereals, biscuits and chocolate bars.</i></p> <p>In the last 30 days, have your <u>children asked you to buy</u> any <u>unhealthy</u> food or drinks with...</p> <p><b>Characters from movies or TV (e.g., Star Wars, Disney characters)</b> <b>Characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)</b></p> <p>[Show response options for each item as radio button list] Yes No Don't know Refuse to answer</p>
<p><b>PARENT BUY- MARKETING STRATEGIES</b></p> <p>REVISED 2019 (response format)</p> <p>BUY_LICENCED BUY_COMPANY</p>	<p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i> [PROGRAMMER NOTE: show note in grey font] <i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soft drinks, fast food, chips, sugary cereals, biscuits and chocolate bars.</i></p> <p>In the last 30 days, <u>did you buy</u> your children any <u>unhealthy</u> food or drinks with...</p> <p><b>Characters from movies or TV (e.g., Star Wars, Disney characters)</b> <b>Characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)</b></p> <p>[Show response options for each item as radio button list] Yes No Don't know Refuse to answer</p>

<p><b>PESTER POWER</b></p> <p>NEW 2020 REVISED 2021 (underlining)</p> <p>PESTER</p>	<p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i> [PROGRAMMER NOTE: show note in grey font]</p> <p><i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soft drinks, fast food, chips, sugary cereals, biscuits and chocolate bars.</i></p> <p><b>How often do your children <u>ask</u> you to buy unhealthy food or drinks they've seen <u>advertised</u>?</b></p> <p>Never Only for special occasions Less than once a week Some days Every day Don't know Refuse to answer</p>
<p><b>UNHEALTHY FOOD CONSUMPTION FREQUENCY</b></p> <p>REVISED 2019 (response format)</p> <p>EAT_SD EAT_FF EAT_CEREAL EAT_SNACK EAT_DESSERT EAT_CANDY</p>	<p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i></p> <p><b>In a typical week, how often <u>do your children eat or drink...</u></b></p> <p><b>Sugary drinks</b> <b>Fast food / take-away</b> <b>Sugary cereals</b> <b>Snacks such as chips</b> <b>Desserts such as cakes, biscuits, and ice cream</b> <b>Lollies or chocolate bars</b></p> <p>[Show response options for each item as radio button list]</p> <p>More than once a day Every day A few times a week, but not every day Once a week Only on special occasions Never Don't know Refuse to answer</p>
<p><b>CHILD – PRODUCTS</b></p> <p>MKTG_CHILD_PRODUCT</p>	<p><i>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</i> [PROGRAMMER NOTE: show note in grey font]</p> <p><i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soft drinks, fast food, chips, sugary cereals, biscuits and chocolate bars.</i></p> <p><b>Do any of your children own any <u>clothing, posters, stickers, or other products</u> that show a <u>logo or brand of unhealthy food or drinks</u>?</b></p> <p>Yes No Don't know Refuse to answer</p>

<p><b>CHILD – TOY</b></p> <p>MKTG_CHILD_TOY</p>	<p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p><b>Do any of your children own any <u>'Happy Meal' toys or other toys</u> from fast-food restaurants?</b></p> <p>Yes No Don't know Refuse to answer</p>
<p><b>CONCERN ABOUT CHILD'S EXPOSURE TO MARKETING</b></p> <p>CYCLED OUT 2023</p> <p>MKTG_CHILD_CONCERN</p>	<p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p><b>Are you concerned about the amount of marketing for sugary drinks and fast food that your children see?</b></p> <p>Not at all concerned A little concerned Somewhat concerned Very concerned Don't know Refuse to answer</p>
<p><b>SUPPORT FOR BAN ON MARKETING TO KIDS</b></p> <p>NEW 2023</p> <p>M2K_BAN_HSSF</p>	<p><b>Would you support or oppose a government policy that would require...</b></p> <p><b>A ban on advertising <u>to children</u> for food and drinks that have too much sugar, salt or saturated fat</b></p> <p>Support Neutral Oppose Don't know Refuse to answer</p>
<p><b>CHILD MEDIA CHANNELS – TIME ON WEEKDAY</b></p> <p>NEW 2021</p> <p>MEDIA_WD_YTB MEDIA_WD_SOC MEDIA_WD_SHOW MEDIA_WD_GAME MEDIA_WD_WEB</p>	<p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p><b>On a <u>normal weekday</u>, how much time does your youngest (or only) child spend:</b></p> <p>Watching YouTube On social media (including messaging, posting, or liking posts) Watching TV shows, series, or movies Playing games on smartphones, computers, or game consoles Browsing, reading websites, Googling, etc.</p> <p>[PROGRAMMER NOTE: Show options for each as radio buttons]</p> <p>0 hours (none) Up to 15 minutes Up to 30 minutes Up to 1 hour Up to 2 hours Up to 3 hours Up to 4 hours More than 4 hours Don't know Refuse to answer</p>

<p><b>CHILD SOCIAL MEDIA PLATFORM USE</b></p> <p><b>NEW 2021</b> <b>REVISED 2023</b></p> <p>MEDIA_SOC_FB MEDIA_SOC_IG MEDIA_SOC_TIK MEDIA_SOC_TWT MEDIA_SOC_SC MEDIA_SOC_TWITCH MEDIA_SOC_NONE MEDIA_SOC_DK MEDIA_SOC_R</p>	<p>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</p> <p><b>Does your youngest (or only) child use...?</b></p> <p>Select all that apply.</p> <p>Facebook Instagram TikTok Twitter/X Snapchat Twitch None of the above Don't know Refuse to answer</p>
<p><b>FAVOURITE SOCIAL MEDIA INFLUENCERS</b></p> <p><b>NEW 2022</b></p> <p>MEDIA_FAV1-3 MEDIA_FAV_NDKR</p>	<p><b>Who are your three favourite celebrities or influencers to watch or follow on social media?</b></p> <p>Please include entertainment, sports, and other public figures.</p> <p>[3 open text boxes]</p> <p>I don't have any favourites / I don't know [valid answer] Refuse to answer</p>
<p><b>FAVOURITE SOCIAL MEDIA INFLUENCERS – UNHEALTHY PROMOTION</b></p> <p><b>NEW 2023</b></p> <p>MEDIA_FAV_PROM</p>	<p>UNIVERSE: Skip respondents who indicated they had no favourites on social media/don't know or refused; allow to skip question</p> <p><b>Thinking about your favourite celebrities or influencers to watch or follow on social media, <u>have you seen or heard them promote an unhealthy food or drink in the past 30 days?</u></b></p> <p>Yes No Don't know Refuse to answer</p>

## PRICE / TAXATION

DOMAIN SOURCE	QUESTION
<p><b>SUGAR TAX</b></p> <p><b>REVISED 2019</b></p> <p>DRINKS_COST</p>	<p><b>Do drinks with sugar (e.g., Coke) cost more than drinks without sugar (e.g., Diet Coke) in Australia?</b></p> <p>No Yes – a little more Yes – a lot more Don't know Refuse to answer</p>
<p><b>SUGAR TAX - AWARENESS</b></p> <p><b>NEW 2021</b></p> <p>TAX_AWARENESS</p>	<p><b>Is there a special tax on sugary drinks in Australia that makes them more expensive to buy?</b></p> <p>No Yes Don't know Refuse to answer</p>

## POLICY SUPPORT

DOMAIN SOURCE	QUESTION
<p><b>POLICY SUPPORT</b> (items in second list from Policy Interventions to Reduce Obesity – Knowledge, Attitudes and Beliefs Survey of the Public (Raine))</p> <p>REVISED 2019 REVISED 2021 REVISED 2022 REVISED 2023 REVISED 2024</p> <p>COUNTRY SPECIFIC WORDING</p> <p>POL_TAX_SSB POL_TAX_SUB POL_TAX_PH POL_TAX_HSSF POL_SCH_PROG POL_BAN_DISC POL_BAN_DISCVOL POL_BAN_ONLINE POL_BAN_TV POL_BAN_OUT POL_BAN_CHAR</p>	<p>[PROGRAMMER NOTE: HIDE BACK BUTTON.]</p> <p><b>We are interested in your opinion about food policies. For each statement, please indicate whether you would support or oppose the policy.</b></p> <p><b>Would you support or oppose a government policy that would require...</b></p> <p>Support Neutral Oppose Don't know Refuse to answer</p> <p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST.]</p> <p>Taxes on sugary drinks</p> <p>[PROGRAMMER NOTE: Randomize 50% of CAN/AUS/USA respondents and 25% of UK/MEX respondents to each answer one of next two items]</p> <p>Taxes on sugary drinks IF the money was spent on subsidizing healthy foods Taxes on sugary drinks IF the money raised was used to support public health</p> <p>Taxes on unhealthy foods (e.g., those high in sugar, salt, or saturated fat) Free breakfast or lunch programs in schools</p> <p>[PROGRAMMER NOTE: Randomize 50% of respondents to each answer one of next two items]</p> <p>A ban on price discounts for unhealthy food and beverages (e.g., 30% off, or 'buy-one-get-one-free')</p> <p>A ban on multibuy deals for unhealthy food and beverages (e.g., 'buy-one-get-one-free', '3 for 2', free soft drink refills)</p> <p>A ban on marketing of unhealthy food and beverages online/on the internet A ban on advertising of unhealthy food and beverages on TV before 9pm A ban on outdoor advertisements (e.g., at bus stops and billboards) for unhealthy food and beverages A ban on the use of cartoon characters and other elements that may appeal to children on the packaging of unhealthy foods</p>

<p><b>SUSTAINABILITY EFFORTS</b></p> <p><b>NEW 2022</b> <b>CYCLED OUT 2023</b></p> <p><i>SUS_EF_GHG</i> <i>SUS_EF_ORG</i> <i>SUS_EF_LOCAL</i> <i>SUS_EF_SEAS</i> <i>SUS_EF_FAIR</i> <i>SUS_EF_ETH</i> <i>SUS_EF_BIO</i> <i>SUS_EF_PKG</i></p>	<p><b>Do you make a <u>special effort</u> to purchase...</b></p> <p>Foods with low greenhouse gas emissions</p> <p>Organic foods</p> <p>Local foods (food grown in your area)</p> <p>Foods that are in season</p> <p>Fairtrade foods (e.g., fair wages and working conditions)</p> <p>Foods from ethically raised animals</p> <p>Foods with less impact on biodiversity (wildlife, habitat loss, soil health)</p> <p>Foods that have less packaging</p> <p>[PROGRAMMER NOTE: Use table format] Yes / No / Don't know / Refuse to answer</p>
<p><b>BARRIERS TO SUSTAINABLE EATING</b></p> <p><b>NEW 2022</b> <b>CYCLED OUT 2023</b></p> <p><i>SUS_BAR_FAM</i> <i>SUS_BAR_TASTE</i> <i>SUS_BAR_PROT</i> <i>SUS_BAR_INGR</i> <i>SUS_BAR_COST</i> <i>SUS_BAR_SKILL</i> <i>SUS_BAR_TIME</i></p>	<p><b>Some people are trying to eat less meat, other people are not. How much do you agree or disagree with the following statements?</b></p> <p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST]</p> <p>My closest family members do not want to eat less meat</p> <p>I don't like the taste of vegetarian or vegan meals</p> <p>I need to eat meat to get enough iron and protein</p> <p>Ingredients for vegetarian or vegan meals are not always available in shops and supermarkets</p> <p>Meals with less meat are more expensive</p> <p>I don't know how to make meals with less meat</p> <p>I don't have time to prepare meals with less meat</p> <p>Strongly agree</p> <p>Somewhat agree</p> <p>Neither agree nor disagree</p> <p>Somewhat disagree</p> <p>Strongly disagree</p> <p>Don't know</p> <p>Refuse to answer</p>

## HEALTH LITERACY

DOMAIN SOURCE	QUESTION																																
<b>NEWEST VITAL SIGN</b> PFIZER	<p>[PROGRAMMER NOTE: HIDE BACK BUTTON.]</p> <p><b>This information is on the back of a container of ice cream.</b></p> <div style="border: 1px solid black; padding: 10px; margin: 10px auto; width: fit-content;"> <p style="text-align: center;"><b>Nutrition Information</b></p> <p>SERVINGS PER CONTAINER: 4</p> <p>SERVING SIZE: 125 mL (1/2 cup)</p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th></th> <th>AVG QUANTITY PER SERVING</th> <th>% DAILY INTAKE * (PER SERVING)</th> <th>AVG QUANTITY PER 100 mL</th> </tr> </thead> <tbody> <tr> <td>ENERGY</td> <td>1000 kJ</td> <td>11%</td> <td>800 kJ</td> </tr> <tr> <td>PROTEIN</td> <td>4.0 g</td> <td>8%</td> <td>3.2 g</td> </tr> <tr> <td>FAT, TOTAL</td> <td>13.0 g</td> <td>19%</td> <td>10.4 g</td> </tr> <tr> <td>-SATURATED</td> <td>9.0 g</td> <td>38%</td> <td>7.2 g</td> </tr> <tr> <td>CARBOHYDRATE</td> <td>30.0 g</td> <td>10%</td> <td>24.0 g</td> </tr> <tr> <td>-SUGARS</td> <td>23.0 g</td> <td>26%</td> <td>18.4 g</td> </tr> <tr> <td>SODIUM</td> <td>55 mg</td> <td>2%</td> <td>44 mg</td> </tr> </tbody> </table> <p style="font-size: small; margin-top: 5px;">*Percentage daily intakes are based on an average adult diet of 8700 kJ</p> </div> <p>Ingredients: Cream, Skim milk, Liquid sugar, Water, Egg yolks, Brown sugar, Milkfat, Peanut oil, Sugar, Butter, Salt, Carrageenan, Vanilla extract</p> <p>[PROGRAMMER NOTE: show above NFT and text above each of the following NVS questions]</p>		AVG QUANTITY PER SERVING	% DAILY INTAKE * (PER SERVING)	AVG QUANTITY PER 100 mL	ENERGY	1000 kJ	11%	800 kJ	PROTEIN	4.0 g	8%	3.2 g	FAT, TOTAL	13.0 g	19%	10.4 g	-SATURATED	9.0 g	38%	7.2 g	CARBOHYDRATE	30.0 g	10%	24.0 g	-SUGARS	23.0 g	26%	18.4 g	SODIUM	55 mg	2%	44 mg
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NVS_CAL NVS_CAL_N	<p><b>If you eat the entire container, how many kilojoules (kJ) will you eat?</b></p> <p>Enter number of kilojoules (kJ): <i>[open-ended]</i></p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>[Answer: 4000kJ is the only correct answer]</i></p>																																
NVS_CARB NVS_CARB_N	<p><b>If you are allowed to eat 60 grams of carbohydrates as a snack, how much ice cream could you have?</b></p> <p>Enter number of cup(s): <i>[open-ended]</i></p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>[Answer: Any of the following is correct: 1 cup, 250 mL, 2 servings, "half the container" (not "half" or "1/2")]</i></p>																																
NVS_SAT NVS_SAT_N	<p><b>Your doctor advises you to reduce the amount of saturated fat in your diet. You usually have 42 g of saturated fat each day, which includes one serving of ice cream. If you stop eating ice cream, how many grams of saturated fat would you be consuming each day?</b></p> <p>Enter number of grams: <i>[open-ended]</i></p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>[Answer: 33 is the only correct answer]</i></p>																																

<p>NVS_DV NVS_DV_N</p>	<p><b>If you usually eat 10,000 kilojoules (kJ) in a day, what percentage of your daily value of energy will you be eating if you eat one serving?</b></p> <p>Enter percentage: <i>[numeric percentage]</i></p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>[Answer: 10% is the correct answer; 11% is also accepted as correct in Australia only.]</i></p>
<p>NVS_ALG NVS_ALG_WHY NVS_ALG_WHYTEXT</p>	<p><b>Pretend that you are allergic to the following substances: penicillin, peanuts, latex gloves, and bee stings.</b></p> <p><b>Is it safe for you to eat this ice cream?</b></p> <p>Yes</p> <p>No</p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>[Answer: No]</i></p> <p>[If "no", ask:]</p> <p><b>Why not?</b></p> <p>Enter reason: <i>[open-ended]</i></p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>[Answer: Because it has peanut oil or because you might have an allergic reaction]</i></p>

## GENERAL HEALTH STATUS

DOMAIN SOURCE	QUESTION
<p><b>FRUIT CONSUMPTION</b> BRFSS</p> <p>FRUIT_PREFER FRUIT_DAY_NUM FRUIT_DAY_DK_R</p> <p>(DAY/WEEK/MONTH/YEAR)</p>	<p>Now think about the foods you ate or drank during the past month, that is, the past 30 days, including meals and snacks.</p> <p><b>Not including juices, how often did you eat fruit?</b> <i>Include fresh, frozen or canned fruit. Do not include dried fruits.</i></p> <p><b>Do you prefer to answer by the number of times per day, week or month?</b> Day Week Month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i></p> <p><b>Enter the number of times you eat fruit per day:</b> ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i></p> <p><b>Enter the number of times you eat fruit per week:</b> ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i></p> <p><b>Enter the number of times you eat fruit per month:</b> ___ per month Don't know Refuse to answer</p>

<p><b>FRUIT JUICE CONSUMPTION</b> BRFSS</p> <p>JUICE_PREFER JUICE_DAY_NUM JUICE_DAY_DK_R</p> <p>(DAY/WEEK/MONTH/YEAR)</p>	<p><b>Not including fruit-flavored drinks or fruit juices with added sugar, how often did you drink 100% fruit juice such as apple or orange juice?</b> <i>Do not include fruit-flavored drinks with added sugar like cranberry classic, Cotties cordial, lemon crush, Pop Tops, Gatorade, Ribena, and tropical punch. Include only 100% pure juices or 100% juice blends.</i></p> <p><b>Do you prefer to answer by the number of times per day, week or month?</b></p> <p>Day Week Month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i></p> <p><b>Enter the number of times you drink 100% fruit juice per day:</b> ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i></p> <p><b>Enter the number of times you drink 100% fruit juice per week:</b> ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i></p> <p><b>Enter the number of times you drink 100% fruit juice per month:</b> ___ per month Don't know Refuse to answer</p>
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<p><b>SALAD CONSUMPTION</b> BRFSS</p> <p>SALAD_PREFER SALAD_DAY_NUM SALAD_DAY_DK_R</p> <p>(DAY/WEEK/MONTH/YEAR)</p>	<p><b>How often did you eat a green leafy or lettuce salad, with or without vegetables?</b> <i>Include spinach salads.</i></p> <p><b>Do you prefer to answer by the number of times per day, week or month?</b></p> <p>Day Week Month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i></p> <p><b>Enter the number of times you eat a salad per day:</b> ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i></p> <p><b>Enter the number of times you eat a salad per week:</b> ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i></p> <p><b>Enter the number of times you eat a salad per month:</b> ___ per month Don't know Refuse to answer</p>
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<p><b>FRIED POTATO CONSUMPTION</b> BRFSS</p> <p>POTATO_PREFER POTATO_DAY_NUM POTATO_DAY_DK_R</p> <p>(DAY/WEEK/MONTH/YEAR)</p>	<p><b>How often did you eat any kind of fried potatoes, including french fries, cook at home chips, or hash browns?</b> <i>Do not include potato chips such as Smiths Chips.</i></p> <p><b>Do you prefer to answer by the number of times per day, week or month?</b></p> <p>Day Week Month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i></p> <p><b>Enter the number of times you eat fried potatoes per day:</b> ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i></p> <p><b>Enter the number of times you eat fried potatoes per week:</b> ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i></p> <p><b>Enter the number of times you eat fried potatoes per month:</b> ___ per month Don't know Refuse to answer</p>
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<p><b>OTHER POTATO CONSUMPTION</b> BRFSS</p> <p>OTH_POT_PREFER OTH_POT_DAY_NUM OTH_POT_DAY_DK_R</p> <p>(DAY/WEEK/MONTH/YEAR)</p>	<p><b>How often did you eat any other kind of potatoes, or sweet potatoes, such as baked, boiled, mashed potatoes, or potato salad?</b> <i>Include all types of potatoes except fried. Include potatoes au gratin and scalloped potatoes.</i></p> <p><b>Do you prefer to answer by the number of times per day, week or month?</b></p> <p>Day Week Month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i></p> <p><b>Enter the number of times you eat other kinds of potatoes per day:</b> ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i></p> <p><b>Enter the number of times you eat other kinds of potatoes per week:</b> ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i></p> <p><b>Enter the number of times you eat other kinds of potatoes per month:</b> ___ per month Don't know Refuse to answer</p>
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<p><b>OTHER VEGETABLE CONSUMPTION</b> BRFSS</p> <p>VEG_PREFER VEG_DAY_NUM VEG_DAY_DK_R</p> <p>(DAY/WEEK/MONTH/YEAR)</p>	<p><b>Not including lettuce salads and potatoes, how often did you eat other vegetables?</b> <i>Include tomatoes, green beans, carrots, corn, cabbage, bean sprouts, pumpkin, and broccoli.</i> <i>Include raw, cooked, canned, or frozen vegetables.</i> <i>Do not include rice.</i></p> <p><b>Do you prefer to answer by the number of times per day, week or month?</b></p> <p>Day Week Month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i></p> <p><b>Enter the number of times you eat other types of vegetables per day:</b> ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i></p> <p><b>Enter the number of times you eat other types of vegetables per week:</b> ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i></p> <p><b>Enter the number of times you eat other types of vegetables per month:</b> ___ per month Don't know Refuse to answer</p>
<p><b>GENERAL HEALTH</b> CCHS BRFSS CHMS</p> <p>HLTH_GENERAL</p>	<p><b>In general, would you say your health is...</b></p> <p>Poor Fair Good Very good Excellent Don't know Refuse to answer</p>

<b>OVERALL DIET</b> NHANES AND USED IN FCMS  <i>DIET</i>	<b>In general, how healthy is your overall diet?</b> Poor Fair Good Very good Excellent Don't know Refuse to answer																																																		
<b>MENTAL HEALTH</b> CCHS AND CHMS  <i>MENTAL</i>	<b>In general, would you say your mental health is...</b> Poor Fair Good Very good Excellent Don't know Refuse to answer																																																		
<b>STRESS</b> CHMS  <i>STRESS</i>	<b>Thinking about the amount of stress in your life, would you say that most days are...</b> Not at all stressful Not very stressful A bit stressful Very stressful Extremely stressful Don't know Refuse to answer																																																		
<b>CHRONIC DISEASES</b> ADAPTED FROM BRFS CVDINFR4  <b>NEW 2024 (CAN/AUS/UK)</b>  <i>HBP</i> <i>MI</i> <i>CHD</i> <i>STROKE</i> <i>DIABETES</i> <i>CHOLEST</i> <i>OB</i> <i>CA</i> <i>DEPRESS</i>	<b>Has a doctor, nurse, or other health professional ever told you that you have or had ...?</b>  <table border="1" data-bbox="390 1003 1163 1338"> <thead> <tr> <th></th> <th>Yes</th> <th>No</th> <th>Don't know</th> <th>Refuse to answer</th> </tr> </thead> <tbody> <tr> <td>Hypertension or high blood pressure</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Heart attack (myocardial infarction)</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Angina or coronary heart disease</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Stroke</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Diabetes</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>High cholesterol</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Obesity</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Cancer</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Depression</td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>		Yes	No	Don't know	Refuse to answer	Hypertension or high blood pressure					Heart attack (myocardial infarction)					Angina or coronary heart disease					Stroke					Diabetes					High cholesterol					Obesity					Cancer					Depression				
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<p><b>DIABETES TYPE</b> <a href="#">CCHS 2024</a></p> <p><b>NEW 2024</b></p> <p>DB_T1 DB_T2 DB_GEST DB_PRE DB_OTH DB_DK DB_R</p>	<p><i>UNIVERSE: Respondents diagnosed with diabetes</i></p> <p><b>What type of diabetes were you diagnosed with?</b> Select all that apply.</p> <p>Type 1 diabetes Type 2 diabetes Gestational diabetes (diabetes that develops during pregnancy) Pre-diabetes Other types of diabetes Don't know Refuse to answer</p>
<p><b>PREGNANCY</b> <a href="#">CCHS 2024</a></p> <p><b>NEW 2024</b></p> <p>PREG</p>	<p><i>UNIVERSE: Female respondents (SEX=2 or SEX2=2)</i></p> <p><b>To better understand your health information, it is important to know if you are pregnant.</b></p> <p><b>Are you pregnant?</b> Yes No Don't know [valid answer] Refuse to answer</p>

## OTHER HEALTH BEHAVIOURS

DOMAIN SOURCE	QUESTION
<p><b>DATA QUALITY CHECK – MONTH</b></p> <p>DQ_MONTH</p>	<p><b>What is the current month?</b> January February March April May June July August September October November December Don't know Refuse to answer</p>

<p><b>SMOKING – PAST 30 DAYS</b> CTADS  SMK_30</p>	<p><b>Have you smoked cigarettes in the past 30 days?</b> No Yes, occasionally Yes, every day Don't know Refuse to answer</p>
<p><b>MARIJUANA USE – FREQUENCY</b> CSTADS  MJ_USE</p>	<p><b>In the last 12 months, how often did you use marijuana or cannabis (a joint, pot, weed, hash)?</b> I have never used marijuana I have used marijuana but not in the last 12 months Less than once a month Once a month 2 or 3 times a month Once a week 2 or 3 times a week 4 to 6 times a week Every day Don't know Refuse to answer</p>
<p><b>ALCOHOL USE – FREQUENCY</b> CSTADS  <b>CYCLED OUT 2023</b>  ALC_FREQ</p>	<p><b>In the last 12 months, how often did you have a drink of alcohol that was more than just a sip?</b> <i>A DRINK means: 1 regular sized bottle, can, or draft of beer; 1 glass of wine; 1 bottle or can of alcopop; 1 shot of spirits (rum, whiskey, etc.); or 1 mixed drink (1 shot of spirits with soft drink, juice, energy drink, etc.).</i> I have never drank alcohol I did not drink alcohol in the last 12 months I have only had a sip of alcohol Less than once a month Once a month 2 or 3 times a month Once a week 2 or 3 times a week 4 to 6 times a week Every day I do not know <i>[valid answer]</i> Refuse to answer</p>

## SOCIODEMOGRAPHIC MEASURES

DOMAIN SOURCE	QUESTION
<b>ABORIGINAL STATUS</b> ADAPTED FROM AUSTRALIAN CENSUS  <span style="background-color: yellow;">REVISED 2020</span>  ABORIG_AUS_1 ABORIG_AUS_2 ABORIG_AUS_3 ABORIG_AUS_DK ABORIG_AUS_R	<b>Are you of Aboriginal or Torres Strait Islander origin?</b> <i>If you are of both Aboriginal and Torres Strait Islander origin, please select both 'Yes' options.</i> No Yes, Aboriginal Yes, Torres Strait Islander Don't know Refuse to answer
<b>ETHNICITY</b> ITC 4C ADAPTED  ETH_AUS ETH_AUS_LANG1...7 ETH_AUS_LANG_OTEXT ETH_AUS_LANG_DK ETH_AUS_LANG_R	<b>Do you speak a language other than English in the home?</b> Yes No Don't know Refuse to answer  [If yes:] <b>What language is that?</b> (Select all that apply) Italian Greek Cantonese Mandarin Arabic Vietnamese Other (please specify): _____ Don't know Refused
<b>COUNTRY OF BIRTH</b>  BIRTH_AUS	<b>Were you born in Australia?</b> Yes No Don't know Refuse to answer

<p><b>HIGHEST EDUCATION</b> ADAPTED FROM <a href="#">NHANES 2015-2016</a>, <a href="#">CCHS 2014</a></p> <p>EDUC_COMP_AUS</p>	<p><b>What is the highest level of formal education that you have <u>completed</u>?</b></p> <p>Did not complete secondary school Year 12 or equivalent Trade certificate or diploma from a technical/vocational school or apprenticeship training Diploma or certificate from CAE (other than trades certificates or diplomas) Some university, or university certificate/diploma below the bachelor's level Bachelor's degree (e.g., BA, BSc) University degree above the bachelor's level (e.g., Master's, professional school, doctorate) Don't know Refuse to answer</p>
<p><b>PERCEIVED INCOME ADEQUACY</b> <a href="#">LITWIN &amp; SAPIR 2009</a></p> <p>INCOME_ADEQ</p>	<p><b>Thinking about your total monthly income, how difficult or easy is it for you to make ends meet?</b></p> <p>Very difficult Difficult Neither easy nor difficult Easy Very easy Don't know Refuse to answer</p>
<p><b>HOUSEHOLD SIZE</b> ADAPTED FROM NHANES; FCMS; ONTARIO HEALTH STUDY (OHS) COVID-19 QUESTIONNAIRE, 2020; WATERLOO REGION MATTERS SURVEY – COVID-19 EDITION</p> <p><b>NEW 2020</b></p> <p>HHLDSIZE_CH HHLDSIZE_AD</p>	<p><b>How many children (under 18 years of age) currently live in your household?</b> <i>[dropdown with numbers from 0 to 10, more than 10, DK/R]</i> Don't know Refuse to answer</p> <p><b>How many adults (age 18 or older), including yourself, currently live in your household?</b> <i>[dropdown with numbers from 1 to 10, more than 10, DK/R]</i> Don't know Refuse to answer</p> <p><i>Include all family members who live with you all or most of the time.</i></p> <p><i>Do NOT include roommates unless you share income.</i></p>

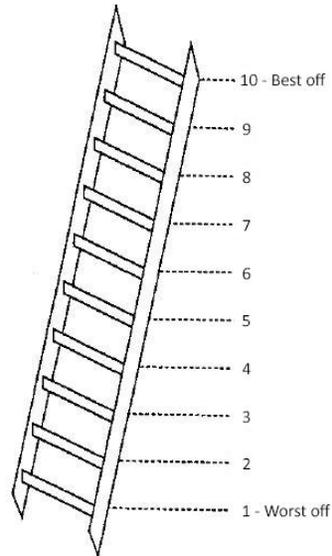
<p><b>HOUSEHOLD INCOME</b>  ADAPTED FROM  CANADIAN  COMMUNITY HEALTH  SURVEY (CCHS) 2020;  US CPS CURRENT  POPULATION SURVEY  (CPS); AUSTRALIAN  CENSUS 2016;  INTERNATIONAL  CANNABIS POLICY  STUDY (ICPS) 2020</p> <p>NEW 2020  REVISED 2021  (underlining)</p> <p>INCOME_AUS</p>	<p><b>What was your <u>total household income</u>, from all sources, before taxes, over the past 12 months?</b></p> <p><i>Include income from work, investments, pensions or government.</i></p> <p><i>Include income from all family members living with you all, or most of the time. Do NOT include roommates unless you share income.</i></p> <p>1= Less than \$10,000  2= \$10,000 to less than \$20,000  3= \$20,000 to less than \$30,000  4= \$30,000 to less than \$40,000  5= \$40,000 to less than \$50,000  6= \$50,000 to less than \$60,000  7= \$60,000 to less than \$70,000  8= \$70,000 to less than \$80,000  9= \$80,000 to less than \$90,000  10= \$90,000 to less than \$100,000  11= \$100,000 to less than \$150,000  12= \$150,000 and over  -77= Don't know  -88= Refuse to answer</p>
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**SUBJECTIVE SOCIAL STATUS**  
 MACARTHUR SCALES  
 OF SUBJECTIVE SOCIAL  
 STATUS ([Bradshaw et al, 2017](#))

REVISED 2019  
 (response format)

SOC\_STATUS

Think of this ladder as representing where people stand in Australia. At the top of the ladder (step 10) are the people who have the most money and education, and the most respected jobs. At the bottom of the ladder (step 1) are the people who have the least money and education, and the least respected jobs or no job.



Where would you place yourself on this ladder? Pick the number for the step that shows where you think you stand at this time in your life, relative to other people in Australia.

[SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST]

- 10 – Best off
- 9
- 8
- 7
- 6
- 5
- 4
- 3
- 2
- 1 – Worst off
- Don't know
- Refuse to answer

<p><b>REGION</b></p> <p><i>REGION_AUS</i> <i>REGION_AUS_OTEXT</i></p>	<p><b>What state or territory do you live in?</b></p> <p>New South Wales Victoria Queensland Western Australia South Australia Tasmania Australian Capital Territory Northern Territory Other (please specify): _____ Don't know Refused</p>
<p><b>POSTAL CODE</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p><i>POSTAL</i> <i>POSTAL_TEXT_AUS</i></p>	<p><b>Please enter your postcode:</b></p> <p><i>Postcodes help us to understand the food environment where you live. As a reminder, all information you provide will be kept strictly confidential and will never be shared.</i></p> <p>Enter: _____ [format 4 numeric digits] Don't know Refuse to answer</p>
<p><b>SELF-REPORTED HEIGHT</b></p> <p><i>HT_UNIT</i> <i>HT_CM</i> <i>HT_FT</i> <i>HT_IN</i></p>	<p><b>It is helpful to know the height and weight of survey participants.</b></p> <p><b>How tall are you without shoes?</b></p> <p>Would you rather answer in: Feet and inches Centimetres Don't know Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: ht_unit=feet and inches</i> <i>Enter feet: _____ ft [numeric, 2-7]</i> AND <i>Enter inches: _____ in [numeric, 0-11]</i></p> <p><i>UNIVERSE: ht_unit= centimetres</i> <i>Enter centimetres: _____ cm [numeric, 60-250]</i></p>

<p><b>SELF-REPORTED HEIGHT CONFIRMATION</b></p> <p><i>HT_FTIN_CONF</i> <i>HT_CM_CONF</i></p>	<p><i>UNIVERSE: ht_unit=feet and inches</i>  <b>You entered [X] feet and [X] inches. Is that correct?</b>                  Yes                  No – I need to make a correction                  Don't know                  Refuse to answer</p> <p><i>UNIVERSE: ht_unit= centimetres</i>  <b>You entered [X] centimetres. Is that correct?</b>                  Yes                  No – I need to make a correction                  Don't know                  Refuse to answer</p>
<p><b>SELF-REPORTED HEIGHT CORRECTION</b></p> <p><i>HTC_UNIT</i> <i>HTC_FT</i> <i>HTC_IN</i> <i>HTC_CM</i></p>	<p><i>UNIVERSE: ht_ftin_conf, or ht_cm_conf= No – I need to make a correction</i>  <b>How tall are you without shoes?</b>                  Would you rather answer in:                  Feet and inches                  Centimetres                  Don't know                  Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: htc_unit=feet and inches</i>                  Enter feet: _____ ft [numeric, 2-7]                  AND                  Enter inches: _____ in [numeric, 0-11]</p> <p><i>UNIVERSE: htc_unit= centimetres</i>                  Enter centimetres: _____ cm [numeric, 60-250]</p>

<p><b>SELF-REPORTED WEIGHT</b></p> <p><b>REVISED 2024</b></p> <p>WT_UNIT WT_KG WT_LB WT_ST WT_STLB</p>	<p><i>UNIVERSE: All male respondents (SEX=1); females who are not pregnant (SEX=2 and PREG#1)</i></p> <p><b>How much do you weigh without clothes or shoes?</b></p> <p><i>UNIVERSE: Female respondents who are pregnant (SEX=2 and PREG=1)</i></p> <p><b>How much did you weigh without clothes or shoes <u>before</u> your pregnancy?</b></p> <p>Would you rather answer in:</p> <p>Kilograms (kg) Pounds (lb) Stones and pounds (st/lb) Don't know Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: wt_unit=kilograms</i> <i>Enter kilograms: _____ kg [numeric]</i></p> <p><i>UNIVERSE: wt_unit= pounds</i> <i>Enter pounds: _____ lb [numeric]</i></p> <p><i>UNIVERSE: wt_unit= stones and pounds (st/lb)</i> <i>Enter stones: _____ st [numeric]</i> AND <i>Enter pounds: _____ lb [numeric, 0-13]</i></p>
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<p><b>SELF-REPORTED WEIGHT CONFIRMATION</b></p> <p><i>WT_KG_CONF</i> <i>WT_LB_CONF</i> <i>WT_STLB_CONF</i></p>	<p><i>UNIVERSE: wt_unit=kilograms</i> <b>You entered [X] kilograms. Is that correct?</b> Yes No – I need to make a correction Don't know Refuse to answer</p> <p><i>UNIVERSE: wt_unit= pounds</i> <b>You entered [X] pounds. Is that correct?</b> Yes No – I need to make a correction Don't know Refuse to answer</p> <p><i>UNIVERSE: wt_unit= stones and pounds (st/lb)</i> <b>You entered [X] stones and [X] pounds. Is that correct?</b> Yes No – I need to make a correction Don't know Refuse to answer</p>
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<p><b>SELF-REPORTED WEIGHT CORRECTION</b></p> <p><b>REVISED 2024</b></p> <p>WTC_UNIT WTC_KG WTC_LB WTC_ST WTC_STLB</p>	<p><i>UNIVERSE: wt_lb_conf, wt_kg_conf, or wt_stlb_conf= No – I need to make a correction</i></p> <p><i>UNIVERSE: All male respondents (SEX=1); females who are not pregnant (SEX=2 and PREG#1)</i></p> <p><b>How much do you weigh without clothes or shoes?</b></p> <p><i>UNIVERSE: Female respondents who are pregnant (SEX=2 and PREG=1)</i></p> <p><b>How much did you weigh without clothes or shoes <u>before</u> your pregnancy?</b></p> <p>Would you rather answer in:</p> <p>Kilograms (kg) Pounds (lb) Stones and pounds (st/lb) Don't know Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: wtc_unit=kilograms</i> <i>Enter kilograms: _____ kg [numeric]</i></p> <p><i>UNIVERSE: wtc_unit= pounds</i> <i>Enter pounds: _____ lb [numeric]</i></p> <p><i>UNIVERSE: wtc_unit= stones and pounds (st/lb)</i> <i>Enter stones: _____ st [numeric]</i> AND <i>Enter pounds: _____ lb [numeric, 0-13]</i></p>
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**END SCREEN****REVISED 2024**  
(universe)

*UNIVERSE: Respondents randomized to survey version 1 (main survey only) AND respondents randomized to version 2 (main survey and follow-up) who fail the DQ\_month question and/or survey\_time\_TS <600 seconds (<10 minutes)*

You're finished—thank you!

As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829). If you have any comments or concerns resulting from your involvement please contact the Office of Research Ethics in Canada at 0011-1-519-888-4567, ext. 36005 or [reb@uwaterloo.ca](mailto:reb@uwaterloo.ca), or Professor David Hammond of the University of Waterloo in Canada at 0011-1-519-888-4567 ext. 46462 or [dhammond@uwaterloo.ca](mailto:dhammond@uwaterloo.ca), or Associate Professor Gary Sacks, a local study researcher from Deakin University in Australia at 03 9251 7105 or [gary.sacks@deakin.edu.au](mailto:gary.sacks@deakin.edu.au).

Click **NEXT** to return to the survey company's website.

Thanks again for your help.



**END SCREEN WITH NOTE ABOUT FOLLOW-UP SURVEY**

**REVISED 2024**

*UNIVERSE: Respondents randomized to version 2 (main survey and follow-up), who correctly select the month (DQ\_month=11 or 12) and survey\_time\_TS ≥600 seconds (10 minutes)*

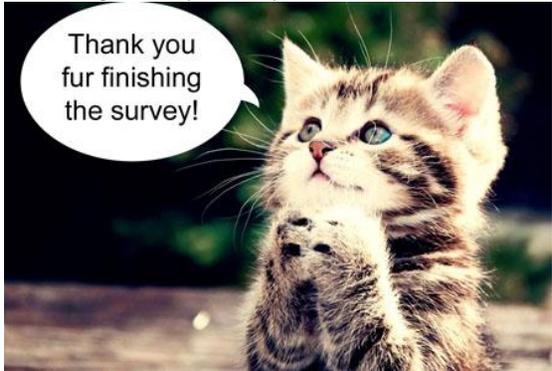
You're finished—thank you!

As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829). If you have any comments or concerns resulting from your involvement please contact the Office of Research Ethics in Canada at 0011-1-519-888-4567, ext. 36005 or [reb@uwaterloo.ca](mailto:reb@uwaterloo.ca), or Professor David Hammond of the University of Waterloo in Canada at 0011-1-519-888-4567 ext. 46462 or [dhammond@uwaterloo.ca](mailto:dhammond@uwaterloo.ca), or Associate Professor Gary Sacks, a local study researcher from Deakin University in Australia at 03 9251 7105 or [gary.sacks@deakin.edu.au](mailto:gary.sacks@deakin.edu.au).

We'd like to invite you to do another survey in about 1 week from now. The survey will be shorter – about 15-20 minutes. Please keep an eye out for an invitation to complete our next nutrition survey.

Click NEXT to return to the survey company's website.

Thanks again for your help.



**REDIRECT TO NIELSEN**

**REVISED 2024**

*UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 1 (MAIN SURVEY ONLY) OR VERSION 2 (MAIN SURVEY AND FOLLOW-UP)*

You will now be redirected back to the survey company.

## DIETARY RECALL

RESPONDENT WILL BE REDIRECTED TO ASA24-AUSTRALIA-2016.

UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)

DOMAIN SOURCE	ENGLISH
<p><b>KOALA</b></p> <p>NEW 2020 REVISED 2024 (universe)</p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO) [PROGRAMMER NOTE: AUSTRALIA, CANADA, UK, USA ONLY]</p> <p><b>Getting tired of the survey? Don't give up, there's just one more section!</b></p> 
<p><b>ASA24-REDIRECT</b></p> <p>NEW 2020 REVISED 2024</p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO) [PROGRAMMER NOTE: CANADA/AUSTRALIA/UK/USA ONLY]</p> <p>To complete the next section of the survey, click on the link below. The link will take you to a website run by the US National Institutes of Health which asks about the food you ate yesterday. Typically, this takes 15-20 minutes.</p> <p>After you have finished telling us about the food you ate, you will be redirected to this website for a few final study details.</p> <p><a href="#">Click HERE to continue to the next section of the survey.</a></p> <p><b>**NOTE:</b> Once you start the next section of the survey, you MUST complete it in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later. <b>**</b></p> <p>[PROGRAMMER NOTE: REDIRECT RESPONDENT TO ASA24-AUSTRALIA-2016]</p>

<p><b>WELCOME</b>                  REVISED 2024                  (universe)</p>	<p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)</i>                  Welcome back! To record your progress, please click NEXT.</p>
<p><b>INCOMPLETE</b>                  NEW 2020                  REVISED 2024                  (universe)</p>	<p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)</i>                  If ASAstatus=incomplete:                  It looks like you didn't finish the last section (i.e., entering your food information). Unfortunately, you are not eligible to continue the survey.                    The survey company will be notified that you did NOT finish the survey.                    Thank you for your time.                    You will now be redirected back to the survey company.</p>
<p><b>END SCREEN</b>                  REVISED 2019                  REVISED 2021                  REVISED 2024                  (universe)</p>	<p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)</i>                  If ASAstatus= complete:  <b>You're finished—thank you!</b>                    As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829). If you have any comments or concerns resulting from your involvement please contact the Office of Research Ethics in Canada at 0011-1-519-888-4567, ext. 36005 or <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>, or Professor David Hammond of the University of Waterloo in Canada at 0011-1-519-888-4567 ext. 46462 or <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, or Associate Professor Gary Sacks, a local study researcher from Deakin University in Australia at 03 9251 7105 or <a href="mailto:gary.sacks@deakin.edu.au">gary.sacks@deakin.edu.au</a>.    <b>Click NEXT to return to the survey company's website.</b>                    Thanks again for your help.</p> 
<p><b>REDIRECT TO NIELSEN</b>                  REVISED 2024                  (universe)</p>	<p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 3 (STATUS QUO)</i>                  You will now be redirected back to the survey company.</p>

**FOLLOW-UP SURVEY: SEPARATE DIETARY RECALL**

RESPONDENT WILL BE REDIRECTED TO ASA24-AUSTRALIA-2016.

UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)

<p><b>DOMAIN</b> SOURCE</p>	<p><b>ENGLISH</b></p>
<p><b>SAMPLE INVITATION</b>  <b>NEW 2024</b></p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</p> <p><b>We've found a survey for you!</b></p> <p>Simply click “Continue” to begin the survey.</p> <p>NOTE TO ETHICS: This is an email and dashboard app invitation sent to panelists by Nielsen and their partner panels. If panelists select ‘continue’ they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email/dashboard app invitations about panel incentives.</p>
<p><b>SURVEY LENGTH CONFIRMATION</b>  <b>NEW 2024</b></p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</p> <p><b>You MUST complete the survey in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later. Are you willing to participate?</b></p> <p>Yes No [TERMINATE]</p> <p>[PROGRAMMING NOTE: Nielsen to route respondents to Alchemer.]</p>
<p><b>ELIGIBILITY INTRO</b>  <b>NEW 2024</b>  RECAPTCHA</p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</p> <p><b>Before you continue to the study information, we need to confirm your eligibility with a few short questions.</b></p> <p><b>Please check the box below, and click ‘Next’ to proceed with the survey.</b></p> <div data-bbox="352 906 898 1044" style="border: 1px solid #ccc; padding: 10px; margin: 10px 0;"> <input type="checkbox"/> I'm not a robot  </div> <p>[PROGRAMMER NOTE: Utilize ReCAPTCHA and Duplicate Protection function based on IP address in Alchemer]</p>
<p><b>AGE</b>  <b>NEW 2024</b>  AGE</p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</p> <p><b>How old are you?</b> [numeric]</p> <p>[If &lt;18 or &gt;100: “Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company.”]</p>
<p><b>SEX AT BIRTH</b> CIHR SUGGESTED METHOD (GRETA BAUER, WESTERN)  <b>REVISED 2024</b>  SEX</p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</p> <p><b>What sex were you assigned at birth, meaning on your original birth certificate?</b></p> <p>Male Female Don’t know Refuse to answer</p>

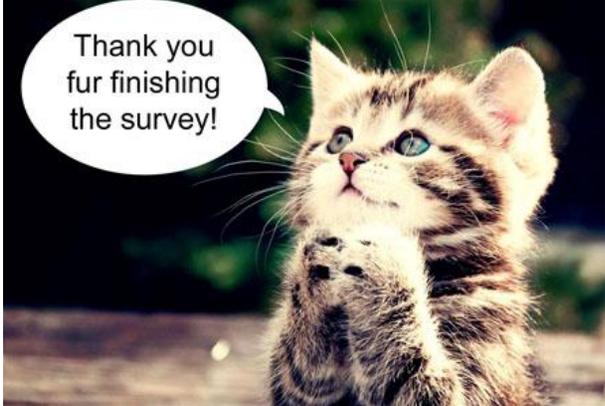
<p><b>SEX AT BIRTH FOLLOW-UP</b></p> <p><b>NEW 2024</b></p> <p>SEX2</p>	<p><i>UNIVERSE: Sex = 'Don't know' or 'Refuse to answer'</i></p> <p>We know this can be a sensitive question for some people. We ask about sex-at-birth because it helps us to understand the profile of survey respondents. If you are not comfortable answering the question, you can choose 'Don't know' or 'Refuse to answer'. (We'll ask about your gender identity later in the survey).</p> <p><b>What sex were you assigned at birth, meaning on your original birth certificate?</b></p> <p>Male Female X (not specified on birth certificate) Don't know Refuse to answer</p>
<p><b>INFO LETTER FOR FOLLOW-UP SURVEY (SEPARATE RECALL CONTACT)</b></p> <p><b>NEW 2024</b></p>	<p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</i></p> <p><b>Before you start the survey, please read the following information and let us know if you agree to participate.</b></p> <ul style="list-style-type: none"> <li>- The survey will examine eating patterns, and will ask you about the food you ate yesterday.</li> <li>- The survey will take 15-20 minutes.</li> <li>- The study is being conducted by Professor David Hammond at the University of Waterloo, Canada. You'll be linked to a website run by the U.S. National Institutes of Health.</li> <li>- You must be 18 years of age or older to participate in the study.</li> <li>- You <b>MUST</b> complete the survey in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will <b>NOT</b> be able to restart or continue later.</li> <li>- Participation is voluntary. You can click 'refuse to answer' to any question you do not wish to answer. You can choose to stop the study at any time without penalty. If you choose to stop participating, you may receive your incentive by selecting 'refuse to answer' for all further questions until the end of the survey. Any data already collected may be used in the study, unless you contact the researcher to have it deleted.</li> <li>- We take your privacy very seriously and will make every effort to keep your information strictly confidential. We will never share your personal information with any company or marketing firm. The study data will be collected using Alchemer software and the ASA24 system operated by the U.S. National Institutes of Health. Internet protocol (IP) addresses may be recorded by the software programs used for this study to avoid duplicate responses in the dataset, but this information will not be used by the researchers or the owners of the programs to identify you personally. When information is transmitted over the internet, privacy cannot be guaranteed. There is always a risk your responses may be intercepted by a third party (e.g., government agencies, hackers).</li> <li>- The data will be stored for a minimum of 7 years on a secure University of Waterloo server in Canada. Analyses may also be conducted by international research team members, but only using de-identified data stored on password-protected computers.</li> <li>- This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Board (REB # 30829). However, the final decision about participation is yours. Participants who have concerns or questions about their involvement in the project may contact the Office of Research Ethics in Canada at 519-888-4567, ext. 36005 or <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>.</li> <li>- If you have any other questions about the study, please contact Professor David Hammond of the University of Waterloo in Canada at 0011-1-519-888-4567 ext. 46462 or <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a> or Associate Professor Gary Sacks, a local study researcher from Deakin University in Australia at 03 9251 7105 or <a href="mailto:gary.sacks@deakin.edu.au">gary.sacks@deakin.edu.au</a>.</li> </ul>

<p><b>CONSENT</b></p> <p><b>NEW 2024</b></p> <p>CONSENT</p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</p> <p><b>Based on the information you received, do you agree to take part in this research study?</b></p> <p>Yes → [continue to survey]</p> <p>No → Thank you for your time. You will now be redirected back to the survey company. [TERMINATE]</p>
<p><b>PREAMBLE</b></p> <p><b>NEW 2024</b></p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</p> <p><b>First, we'd like to ask a few questions about your background.</b></p>
<p><b>HIGHEST EDUCATION</b></p> <p>ADAPTED FROM <a href="#">NHANES 2015-2016</a>, <a href="#">CCHS 2014</a></p> <p><b>NEW 2024</b></p> <p>EDUC_COMP_AUS</p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</p> <p>UNIVERSE: Australia only</p> <p><b>What is the highest level of formal education that you have <u>completed</u>?</b></p> <p>Did not complete secondary school</p> <p>Year 12 or equivalent</p> <p>Trade certificate or diploma from a technical/vocational school or apprenticeship training</p> <p>Diploma or certificate from CAE (other than trades certificates or diplomas)</p> <p>Some university, or university certificate/diploma below the bachelor's level</p> <p>Bachelor's degree (e.g., BA, BSc)</p> <p>University degree above the bachelor's level (e.g., Master's, professional school, doctorate)</p> <p>Don't know</p> <p>Refuse to answer</p>
<p><b>ABORIGINAL STATUS</b></p> <p>ADAPTED FROM AUSTRALIAN CENSUS</p> <p><b>NEW 2024</b></p> <p>ABORIG_AUS_1 ABORIG_AUS_2 ABORIG_AUS_3 ABORIG_AUS_DK ABORIG_AUS_R</p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</p> <p>UNIVERSE: Australia only</p> <p><b>Are you of Aboriginal or Torres Strait Islander origin?</b></p> <p><i>If you are of both Aboriginal and Torres Strait Islander origin, please select both 'Yes' options.</i></p> <p>No</p> <p>Yes, Aboriginal</p> <p>Yes, Torres Strait Islander</p> <p>Don't know</p> <p>Refuse to answer</p>

<p><b>ETHNICITY</b> ITC 4C ADAPTED</p> <p><b>NEW 2024</b></p> <p>ETH_AUS ETH_AUS_LANG1...7 ETH_AUS_LANG_OTEXT ETH_AUS_LANG_DK ETH_AUS_LANG_R</p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL) UNIVERSE: Australia only</p> <p><b>Do you speak a language other than English in the home?</b></p> <p>Yes No Don't know Refuse to answer</p> <p>[If yes:] <b>What language is that?</b> (Select all that apply)</p> <p>Italian Greek Cantonese Mandarin Arabic Vietnamese Other (please specify): _____ Don't know Refuse to answer</p>
<p><b>REGION</b></p> <p><b>NEW 2024</b></p> <p>REGION_AUS REGION_AUS_OTEXT</p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL) UNIVERSE: Australia</p> <p><b>What state or territory do you live in?</b></p> <p>New South Wales Victoria Queensland Western Australia South Australia Tasmania Australian Capital Territory Northern Territory Other (please specify): _____ Don't know Refuse to answer</p>
<p><b>POSTAL CODE</b></p> <p><b>NEW 2024</b></p> <p><b>COUNTRY SPECIFIC WORDING</b></p> <p>POSTAL POSTAL_TEXT_AUS</p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</p> <p><b>Please enter your postcode:</b> Postcodes help us to understand the food environment where you live. As a reminder, all information you provide will be kept strictly confidential and will never be shared.</p> <p>Enter: _____ [format 4 numeric digits] Don't know Refuse to answer</p>

<p><b>ASA24-REDIRECT</b></p> <p><b>NEW 2024</b></p>	<p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</i>  [PROGRAMMER NOTE: CANADA/AUSTRALIA/UK/USA ONLY]</p> <p>To complete the next section of the survey, click on the link below. The link will take you to a website run by the US National Institutes of Health which asks about the food you ate yesterday. Typically, this takes 15-20 minutes.</p> <p>After you have finished telling us about the food you ate, you will be redirected to this website for a few final study details.</p> <p>Click <a href="#">HERE</a> to continue to the next section of the survey.</p> <p><b>**NOTE:</b> Once you start the next section of the survey, you <b>MUST</b> complete it in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will <b>NOT</b> be able to restart or continue later.**</p> <p>[PROGRAMMER NOTE: REDIRECT RESPONDENT TO ASA24-AUSTRALIA-2016]</p>
<p><b>WELCOME</b></p> <p><b>NEW 2024</b></p>	<p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</i></p> <p>Welcome back! To record your progress, please click NEXT.</p>
<p><b>INCOMPLETE</b></p> <p><b>NEW 2024</b></p>	<p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</i>  If ASAsatus=incomplete:</p> <p>It looks like you didn't finish the last section (i.e., entering your food information). Unfortunately, you are not eligible to continue the survey.</p> <p>The survey company will be notified that you did NOT finish the survey.</p> <p>Thank you for your time.</p> <p>You will now be redirected back to the survey company.</p>

<p><b>SURVEY EXPERIENCE</b></p> <p><b>NEW 2024</b></p> <p>SRV_LENGTH SRV_EASE SRV_FINDEASE SRV_MATCH SRV_SKIP</p>	<p>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL) [PROGRAMMER NOTE: HIDE BACK BUTTON]</p> <p><b>We'd like to ask some questions about your experience with the last section where you told us what food you ate yesterday.</b></p> <p><b>Please give us your honest answers - our feelings won't be hurt 😊</b></p> <p><b>How was the length of this survey?</b> Fine A little too long Much too long Don't know Refuse to answer</p> <p><b>How easy or difficult was it to complete?</b> Very easy Somewhat easy In the middle Somewhat difficult Very difficult Don't know Refuse to answer</p> <p><b>How easy or difficult was it to find the foods you wanted to enter?</b> Very easy Somewhat easy In the middle Somewhat difficult Very difficult Don't know Refuse to answer</p> <p><b>How often were you able to find the right match for the food and drinks you ate?</b> Never Only a few food/drink items A quarter of the food/drink items About half of the food/drink items About three-quarters of the food/drink items All food items Don't know Refuse to answer</p>
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	<p><b>Which of the following applies to you...</b></p> <p>I reported all the food/drinks that I ate yesterday</p> <p>I skipped a few food/drink items</p> <p>I skipped a lot of food/drink items</p> <p>Don't know</p> <p>Refuse to answer</p>
<p><b>END SCREEN</b></p> <p><b>NEW 2024</b></p>	<p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</i></p> <p>If ASAstatus= complete:</p> <p><b>You're finished—thank you!</b></p> <p>As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829). If you have any comments or concerns resulting from your involvement please contact the Office of Research Ethics in Canada at 0011-1-519-888-4567, ext. 36005 or <a href="mailto:reb@uwaterloo.ca">reb@uwaterloo.ca</a>, or Professor David Hammond of the University of Waterloo in Canada at 0011-1-519-888-4567 ext. 46462 or <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a>, or Associate Professor Gary Sacks, a local study researcher from Deakin University in Australia at 03 9251 7105 or <a href="mailto:gary.sacks@deakin.edu.au">gary.sacks@deakin.edu.au</a>.</p> <p><b>Click NEXT to return to the survey company's website.</b></p> <p>Thanks again for your help.</p> 
<p><b>REDIRECT TO NIELSEN</b></p> <p><b>NEW 2024</b></p>	<p><i>UNIVERSE: RESPONDENTS RANDOMIZED TO SURVEY VERSION 2 (SEPARATE FOLLOW-UP DIETARY RECALL)</i></p> <p><b>You will now be redirected back to the survey company.</b></p>