

2023 YOUTH SURVEY – UNITED KINGDOM

JANUARY 5, 2024



ACKNOWLEDGEMENTS

FUNDING FOR THE INTERNATIONAL FOOD POLICY YOUTH STUDY WAS PROVIDED BY A CANADIAN INSTITUTES OF HEALTH RESEARCH (CIHR) PROJECT GRANT (PJT-162167). ADDITIONAL SUPPORT FOR THE ADULT SURVEY WAS PROVIDED BY THE US NATIONAL INSTITUTE OF DIABETES AND DIGESTIVE AND KIDNEY DISORDERS OF THE NATIONAL INSTITUTES OF HEALTH (R01 DK128967). THE CONTENT IS SOLELY THE RESPONSIBILITY OF THE AUTHORS AND DOES NOT NECESSARILY REPRESENT THE OFFICIAL VIEWS OF THE CANADIAN INSTITUTES FOR HEALTH RESEARCH, OR THE NATIONAL INSTITUTES OF HEALTH. THE STUDY HAS NO AFFILIATIONS WITH THE FOOD INDUSTRY AND THERE ARE NO CONFLICTS OF INTERESTS TO DECLARE.

SUGGESTED CITATION

HAMMOND D. INTERNATIONAL FOOD POLICY STUDY: 2023 YOUTH SURVEY – UNITED KINGDOM. UNIVERSITY OF WATERLOO. JANUARY 2024.

CONTACT

DAVID HAMMOND PhD SCHOOL OF PUBLIC HEALTH SCIENCES UNIVERSITY OF WATERLOO WATERLOO, ON CANADA N2L 3G1 DHAMMOND@UWATERLOO.CA WWW.DAVIDHAMMOND.CA





List of Measures

PARENT INVITATION & PRE-SCREENING	
SAMPLE EMAIL INVITATION	8
PANELIST AGE	8
PANELIST GENDER	8
PARENT INFO / CONSENT	
CITY	
PERCEIVED INCOME ADEQUACY	
HANDOVER TO CHILD	
INTRODUCTION	
ELIGIBILITY INTRO	
AGE	
SEX	
INFO LETTER	
CONSENT	
ENCOURAGEMENT 1	15
ENCOURAGEMENT 1 - DOG	
DEMOGRAPHICS	15
REGION	
EDUCATION LEVEL	
SCHOOL GRADES	
SCHOOL SYSTEM	
SCHOOL ATTENDANCE	
PURCHASING AND SPENDING MONEY	18
SPENDING MONEY	
SPEND MONEY ON FOOD – LOCATION	
DIET SOURCES AND PATTERNS	
FOOD SOURCE - EATING OUT FREQUENCY	
BREAKFAST PATTERNS	
FAMILY DINNER PATTERNS	20
FOOD PREP - DINNER	
BEVERAGE INTAKE – ANY CONSUMPTION	20
BEVERAGE INTAKE – AMOUNT	21

BEVERAGE INTAKE – DIET DRINKS	22
DIET INDICATORS	22
FRUIT INTAKE	23
VEGETABLE INTAKE	23
LAST RESTAURANT VISIT	
MENU LABELLING – NOTICING	
MENU LABELLING – IMPACT	
ONLINE ORDERING	
ONLINE ORDERING FREQUENCY	
SCHOOL NUTRITION ENVIRONMENT	26
SCHOOL NUTRITION ENVIRONMENT PREAMBLE	26
SCHOOL FOOD LOCATIONS AND PROGRAMS	26
SCHOOL FOOD LOCATIONS AND PROGRAMS 2	
SCHOOL BREAKFAST PROGRAM PARTICIPATION	
SCHOOL LUNCH PROGRAM PARTICIPATION	
SCHOOL SNACK PROGRAM PARTICIPATION	
SCHOOL LUNCH PROGRAM TARGET	
SCHOOL LUNCH PROGRAM FOOD AVAILABLE	
SCHOOL FOOD AVAILABILITY	
SCHOOL LUNCH – FOOD	
SCHOOL LUNCH – FOOD SOURCE	
FOOD SECURITY	29
FOOD SECURITY FOR CHILDREN	29
DIET INTENTIONS	29
VEGETARIANISM	29
DIET MODIFICATION EFFORTS	30
PLANT BASED PROTEIN EFFORTS	30
WEIGHT PERCEPTIONS / LOSS	31
BODY SIZE PERCEPTIONS	31
BODY SIZE IDEAL	32
WEIGHT LOSS EFFORTS	33
WEIGHT LOSS DIET	33
WEIGHT TEASE	33
WEIGHT STIGMA	33

SUGARY DRINK PERCEPTIONS	34
BEVERAGE BRAND RECALL	34
SOFT DRINK PERCEIVED HEALTHINESS	34
SOFT DRINK ESTIMATED SUGAR AMOUNT	35
SSB PERCEPTIONS - CONDITION	35
SSB PERCEIVED HEALTHINESS	36
SSB ESTIMATED SUGAR AMOUNT	36
SUGAR TAX	36
OVERALL DIET	
SELF-REPORTED NUTRITION KNOWLEDGE	
FOOD PROCESSING KNOWLEDGE	38
MASS MEDIA CAMPAIGNS AND MESSAGING	39
SCHOOL EDUCATION	39
FOOD GUIDE – AWARENESS	39
FOOD GUIDE – SCHOOL - EVER	39
FOOD LABELLING	40
LABEL AWARENESS	40
LABEL USE	40
LABEL UNDERSTANDING	41
NFT AWARENESS	41
NFT USE	42
NFT UNDERSTANDING	42
LABEL UNDERSTANDING TASK	43
ENCOURAGEMENT 2	44
ENCOURAGEMENT 2 - KITTEN	44
MARKETING	44
MEDIA CHANNELS – TIME - WEEKDAY	44
MEDIA CHANNELS – SOCIAL MEDIA	45
FAVOURITE SOCIAL MEDIA INFLUENCERS	45
EXPOSURE TO UNHEALTHY FOOD MARKETING – LOCATION	
EXPOSURE TO UNHEALTHY FOOD MARKETING - FREQUENCY	
EXPOSURE TO MARKETING STRATEGIES	
OWN - PRODUCTS	
OWN – TOY	47

GAMES	
BEVERAGE BRAND ADS	48
BEVERAGE BRAND AD LOCATION	49
BEVERAGE SPORTS ADVERTISING	49
BEVERAGE CELEBRITY ADVERTISING	50
BEVERAGE TARGET AUDIENCE	50
BEVERAGE PREFERENCE	
RESTAURANT BRAND ASSOCIATIONS	51
RESTAURANT BRAND AD LOCATION	52
RESTAURANT SPORTS ADVERTISING	
RESTAURANT CELEBRITY ADVERTISING	53
RESTAURANT TARGET AUDIENCE	53
RESTAURANT PREFERENCE	
SPORTS PARTICIPATION	53
TEAM SPONSORSHIP – EQUIPMENT	54
TEAM SPONSORSHIP – SIGNS	
SPORTS BETTING - NOTICE ADVERTISEMENTS	54
SPORTS BETTING - NOTICE SPORT TEAMS	
SPORTS BETTING - NORMS	
SPORTS BETTING - BET	
HEALTH MESSAGE EXPERIMENT – CONDITION ASSIGNMENT	55
HEALTH MESSAGE EXPERIMENT – PERCIEVED HEALTHINESS	
HEALTH MESSAGE EXPERIMENT – APPEAL	
BRAND EXPERIMENT – CONDITION ASSIGNMENT	
BRAND EXPERIMENT – MEASURE ASSIGNMENT	
BRAND EXPERIMENT – PERCEIVED TASTE	58
BRAND EXPERIMENT – LIKELIHOOD OF CONSUMPTION	58
ENCOURAGEMENT 3	60
ENCOURAGEMENT 3 - KOALA	60
DATA QUALITY CHECK 1	60
DATA QUALITY CHECK - FRUIT	60
OTHER BEHAVIOURAL/DEMOGRAPHIC CHARACTERISTICS	61
PERCEIVED INCOME ADEQUACY	61
ETHNICITY – UK	

BIRTH LOCATION	62
SELF-REPORTED HEIGHT	63
SELF-REPORTED HEIGHT CONFIRMATION	63
SELF-REPORTED HEIGHT CORRECTION	64
SELF-REPORTED WEIGHT	64
SELF-REPORTED WEIGHT CONFIRMATION	
SELF-REPORTED WEIGHT CORRECTION	66
END SCREEN	67
REDIRECT	67
NIELSEN END SCREEN	67

PARENT INVITATION & PRE-SCREENING

DOMAIN	ENGLISH
SOURCE	
SAMPLE EMAIL INVITATION	[Email from Nielsen and their partner panels]
REVISED 2023	We've found a survey for you!
	Simply click "Continue" to begin the survey.
	Simply click continue to begin the survey.
	NOTE TO ETHICS: This is an email/dashboard app invitation sent to panelists. If panelists select 'continue' they will be directed to a webpage showing the questions below. Partner panels
	will have slightly different text shown in their email/dashboard app invitations about panel incentives.
PANELIST AGE	[Screen shown by Nielsen]
	What is your age?
	[numeric]
	[<i>If <18 or >100:</i> TERMINATE]
	NOTE TO ETHICS: This screen is used by Nielsen to confirm the panelist is age of majority, and as a quota screener for the related adult IFPS survey (Nielsen pre-screens eligibility for
	multiple surveys at the same time); data not provided to researchers.
PANELIST GENDER	[Screen shown by Nielsen]
	What sex were you assigned at birth, meaning on your original birth certificate?
REVISED 2021	Male
	Female
	NOTE TO ETHICS: This screen is used by Nielsen as a quota screener for the related adult IFPS survey – the response does not impact eligibility for the youth survey (Nielsen pre-screens
	eligibility for multiple surveys at the same time); data not provided to researchers.
PARENTAL STATUS	[Screen shown by Nielsen]
	Please choose the options that best describe your household: [PROGRAMMER NOTE: Allow participants to select more than one of the first 3 options]
	I am pregnant/expecting a child within the next 9 months
	I have one or more children under the age of 18 living in my household
	I have one or more children aged 18 or older living in my household
	I have no children living in my household and I am not pregnant/expecting a child within the next 9 months
	PROGRAMMER NOTE: If no children under age of 18 living in household show: "Thank you for your interest, unfortunately you do not qualify for this study. We appreciate your
	participation and thank you for your time. You have earned [panel incentive]."

CHILD AGE AND GENDER	[Screen shown by Nielsen]
	UNIVERSE: Respondents who indicated they had a child under the age of 18 living in the household.
REVISED 2020	Please indicate the age and gender of any children under the age of 18 living in your household:
	[PROGRAMMER NOTE: Allow participants to select more than one option]
	Boy under age 1 Girl under age 1
	Boy age 1 Girl age 1
	Boy age 2 Girl age 2
	Boy age 3 Girl age 3
	Boy age 4 Girl age 4
	Boy age 5 Girl age 5
	Boy age 6 Girl age 6
	Boy age 7 Girl age 7
	Boy age 8 Girl age 8
	Boy age 9 Girl age 9
	Boy age 10 Girl age 10
	Boy age 11 Girl age 11
	Boy age 12 Girl age 12
	Boy age 13 Girl age 13
	Boy age 14 Girl age 14

	Boy age 15
	Girl age 15
	Boy age 16
	Girl age 16
	Boy age 17
	Girl age 17
	None of the above
	PROGRAMMER NOTE: - All countries: If respondent does NOT have any children age 10-17 show: "Thank you for your interest, unfortunately you do not qualify for this study. We appreciate your participation and thank you for your time. You have earned [panel incentive]."
	- We have nested age/sex quotas to recruit an equal number of males/females in each age category (10-13/14-17) in UK and USA (only).
	 UK and USA (only): If respondent <u>only</u> has children whose age/sex match a closed quota (i.e., no children in an open quota) show: "Thank you for your interest, unfortunately you do not qualify for this study. We appreciate your participation and thank you for your time. You have earned [panel incentive]." UK and USA (only): If the quotas for a particular age category (10-13 or 14-17) are full for both male <u>and</u> female categories, and the respondent only has children whose age match that closed quota show: "Thank you for your interest, unfortunately you do not qualify for this study. We appreciate your only has children whose age match that closed quota show: "Thank you for your interest, unfortunately you do not qualify for this study. We appreciate your participation and thank you for your time. You have earned [panel incentive]."
PARENT PRE-SCREENING	[Screen shown by Nielsen] UNIVERSE: Respondents who indicated they had a child between the ages of 10-17 living in the household. PROGRAMMER NOTE: UK and USA: If the quotas for a particular age category (10-13 or 14-17) are full for both male and female categories, insert open age categories in text below. You indicated that you have a child in the household between the ages of 10 and 17 [10 and 13 / 14 and 17]. After a few more questions for you, we would like to have your child complete a survey, if they qualify. Would you be willing to let your child participate?
	Please note that your child does not need to be available right now to participate. After you complete the questions for parents/guardians, instructions will be provided for having your child participate when they are available.
	Yes \rightarrow [REDIRECT PANELIST TO SURVEY IN ALCHEMER]
	No \rightarrow Thank you for your time. [<i>TERMINATE</i>]
PARENT INFO / CONSENT	PROGRAMMER NOTE: Insert 10-13 or 14-17 in wording below if one set of age quotas is full (i.e., for both males and females):
	We would like to conduct a survey with ONE of your CHILDREN AGED 10-17 [10-13 / 14-17].
REVISED 2020 REVISED 2021 REVISED 2023	Please read the following information, and indicate if you are willing to let your child participate.
COUNTRY SPECIFIC WORDING	 The survey will examine eating patterns among children. Your child will be asked about the types of food they eat, advertisements they may have seen for food and other products, and their background (e.g., age, weight, smoking, cannabis or alcohol use). Similar surveys are being completed in 5 other countries, so researchers can learn about the types of food children eat and advertisements children see in different parts of the world. The study is being conducted by Professor David Hammond at the University of Waterloo, Canada.
	- The survey will take about 20 minutes.

 As a thank you for your child's participation, the survey firm will provide you with your usual compensation. We will ask your child a few short questions to see if they are eligible to complete the survey. All other questions are completely voluntary. Your child can click 'refuse to answer' to any question they do not wish to answer, and you will still receive the reward. Your child can choose to stop participating at any time, but if they close the survey before the end of the survey you will not receive the reward, and any data already collected will be deleted by the researcher. There are no known or anticipated risks to your child's participation in the survey. We take your child's privacy very seriously and will keep their identity confidential. We will never share their personal information with any company or marketing firm. All of the information your child provides will be grouped with responses from other participants, which means that there will be no way to identify participants individually from the reports we create. Your child will not be asked to provide their name, address or telephone number. The study data will be collected using Alchemer software. Internet protocol (IP) addresses may be recorded by the software program used for this study to avoid duplicate responses in the dataset, but this information will not be used by the researchers or the owners of the program to identify you or your child personally. Please note that while we implement security safeguards designed to protect all survey data, when information is transmitted over the internet, there is still a risk your child's responses may be intercepted by a third party (e.g., government agencies, hackers). The data will be stored for a minimum of 7 years on a secure University of Waterloo server in Canada. Analyses may also be conducted by international research team members, but only using de-identified data stored on password-protected computers. The q
Kingdom at 01223 769142 or <u>ima79@medschl.cam.ac.uk</u> . Please note that your child does not need to be available right now to participate. After you complete the questions for parents/guardians, instructions will be provided for having your child participate when they are available.
By providing your consent, you are not waiving your legal rights or releasing the investigator(s) or involved institution(s) from their legal and professional responsibilities.
Would you be willing to allow your child to participate in this survey?
By clicking "Yes" below, you confirm that you are the parent/legal guardian of the child participating in this study and agree to allow them to participate.
Yes \rightarrow [<i>Continue</i>] No \rightarrow Thank you for your time. You will now be redirected back to the survey company. [<i>TERMINATE</i>]

СІТҮ	Thanks. Before your child begins the survey, we would like to ask you a couple questions about your child's background.
REVISED 2020	What city or town does your child live in?
	This information helps us to understand the food environment where your child lives.
	As a reminder, your child's identity will be kept strictly confidential.
	Enter city/town: [open-text]
	Don't know
	Refuse to answer
PERCEIVED INCOME	Thinking about your total monthly income, how difficult or easy is it for you to make ends meet?
ADEQUACY LITWIN & SAPIR 2009	Very difficult
	Difficult
<mark>NEW 2020</mark>	Neither easy nor difficult
INCOME_ADEQ	Easy
_ `	Very easy Don't know
	Refuse to answer
HANDOVER TO CHILD	PROGRAMMER NOTE: Insert 10-13 or 14-17 in wording below if one set of age quotas is full (i.e., for both males and females):
	The remaining questions should be completed by YOUR CHILD AGED 10-17 [10-13 / 14-17].
	If your child is <u>not</u> currently available, they may complete the survey later by doing one of the following:
	a) Leave this survey screen open in your browser, and return to it when your child is ready.
	OR b) <u>Copy and save the link below</u> and then paste it into your browser when your child is ready.
	[link]
	Please note that the link in your original survey invitation will <u>not</u> bring you back to this survey.
	When your child is ready, check the box below: My child is ready to begin [Parents/guardians: pass the survey to your child]

INTRODUCTION

DOMAIN	ENGLISH
SOURCE	
ELIGIBILITY INTRO	Hello! We have a couple of questions for you before the survey starts.
	[Parents/guardians: please pass the survey to your child]
	[PROGRAMMER NOTE: If respondent uses copied link to try to complete survey after entering an invalid age (<10 or >17 years) show the following message in red font below the above text: "Unfortunately, you were not eligible to participate in the study." and then redirect to ineligible age disqualified screen described below.
	If respondent uses copied link to try to re-complete survey after already completing survey once show the following message in red font below the above text: "You have already completed the survey. Thank you once again for your participation." and then redirect to end screen.]
AGE	How old are you?
CSTADS modified	9 years or younger
CSTADS mouneu	10 years
AGE	11 years
	12 years
	13 years
	14 years
	15 years
	16 years
	17 years
	18 years or older
	[PROGRAMMER NOTE: If <10 or >17 show: "Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company."]
	[PROGRAMMER NOTE: Automatic redirect to survey company if over quota.]
SEX	What was your sex at birth?
<u>CSTADS</u>	Male
REVISED 2020	Female
SEX	[PROGRAMMER NOTE: Automatic redirect to survey company if over quota.]

INFO LETTER	Before you start, please read this letter and let us know if you agree to participate.
REVISED 2020 REVISED 2021 REVISED 2023 COUNTRY SPECIFIC WORDING	 The survey asks about the kinds of food you eat, advertisements you see for food and other products, and your background (example: your age, weight, smoking, cannabis or alcohol use). Similar surveys are being completed in 5 other countries, so researchers can learn about the types of food children eat and advertisements children see in different parts of the world. You must be between 10 and 17 years of age to participate. The survey will take about 20 minutes. The survey is run by Professor David Hammond at the University of Waterloo, Canada. As a thank you for participating, the survey firm will provide their usual reward to your parent/guardian. You do not have to participate. If you decide to participate, you can click 'refuse to answer' to any question you do not wish to answer, and your parent/guardian will still receive the reward. You can choose to stop participating at any time, but if you close the survey before the end of the survey, your parent/guardian will not receive the reward. Any data already collected will be deleted by the researcher. As far as we know, being in this study will not hurt you or make you feel bad. We take your privacy very seriously and will keep your identity confidential. The survey will not have your name on it, so no one will know they are your answers. Only the study researchers will see your answers. Your information will be kept for at least 7 years in a secure location at the University of Waterloo in Canada. Other international study researchers may also analyze your survey responses and would store your information on a password-protected computer. This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Board (REB# 41477). If you have other questions for the Board, please contact the Office of Research Ethics in Canada at 001-519-888-4567, ext. 36005 or <u>reb@uwaterloo.ca</u>. If you have other questions about the study, please
CONSENT	United Kingdom at 0 1223 769142 or jma79@medschl.cam.ac.uk.
CONSENT	Do you agree to participate in this survey?
CONSENT	Yes \rightarrow [Continue to survey] No \rightarrow Thank you for your time. You will now be redirected back to the survey company. [TERMINATE]

ENCOURAGEMENT 1

ENCOURAGEMENT 1 - DOG	
	This is NOT a testbut it is an important health survey.
	Please answer as honestly as you can. Thanks!
	Let's get started!
	Click 'next' to continue.

DEMOGRAPHICS

REGION	UNIVERSE: United Kingdom
ASH YOUTH SURVEY ADAPTED	What region do you live in?
COUNTRY SPECIFIC WORDING	North East
COUNTRY SPECIFIC WORDING	North West
REGION_UK	Yorkshire and the Humber
REGION_OTEXT_UK	East Midlands
	West Midlands
	East of England
	London
	South East
	South West
	Scotland
	Wales
	Northern Ireland
	Other (please specify):
	Don't know
	Refuse to answer

EDUCATION LEVEL	UNIVERSE: United Kingdom
	What year are you in at school?
COUNTRY SPECIFIC WORDING	Year 4 or lower
	Year 5
EDUC_CURR_UK	Year 6
EDUC_CURR_OTEXT_UK	Year 7
	Year 8
	Year 9
	Year 10
	Year 11
	Year 12 (6 th Form / College / Vocational School)
	Year 13 (6 th Form / College / Vocational School)
	University
	Other (please specify):
	I'm not in school/college/university
	Don't know
	Refuse to answer
EDUC_COMP_UK	UNIVERSE: United Kingdom and not in school
EDUC_COMP_OTEXT_UK	What was the last year you finished?
	Year 4 or lower
	Year 5
	Year 6
	Year 7
	Year 8
	Year 9
	Year 10
	Year 11
	Year 12 (6 th Form / College / Vocational School)
	Year 13 (6 th Form / College / Vocational School)
	University
	Other (please specify):
	Don't know
	Refuse to answer

SCHOOL GRADES	UNIVERSE: United Kingdom
ENERGY DRINK STUDY	What marks do you usually get in school?
COUNTRY SPECIFIC WORDING	0-19% (Mostly Us)
COUNTRY SPECIFIC WORDING	20-29% (Mostly Gs)
EDUC_GRD_UK	30-39% (Mostly Fs)
	40-49% (Mostly Es)
	50-59% (Mostly Ds)
	60-69% (Mostly Cs)
	70-79% (Mostly Bs)
	80-89% (Mostly As)
	90-100% (Mostly A*s)
	Don't know
	Refuse to answer
SCHOOL SYSTEM	UNIVERSE: Students currently in Year 13 or less, or other (i.e., no post-secondary students; no respondents not currently in school)
NEW 2020	Are you taking your classes at school or online/from home?
REVISED 2022 (COVID	
WORDING)	All classes at school
SCH SYSTEM	All classes online/from home
3CH_3131EW	Some classes at school, some classes online/from home
	Don't know
	Refuse to answer
SCHOOL ATTENDANCE	UNIVERSE: Students currently in Year 13 or less, or other (i.e., no post-secondary students; no respondents not currently in school) who go to school for all or some of their classes.
	How often did you go to your school (in the school building) in the last 30 days?
NEW 2020	Never
	Some days
SCH_ATTEND	Most days
	Every school day
	Don't know
	Refuse to answer

PURCHASING AND SPENDING MONEY

SPENDING MONEY	UNIVERSE: United Kingdom
Adapted from COMPASS	About how much money do you usually get <u>each week</u> to spend on yourself or to save?
	(Remember to include all money from allowances and jobs like baby-sitting, delivering papers, etc.)
COUNTRY SPECIFIC WORDING	£0 (none)
	£1-3
MONEY_UK	£4-6
	£7-12
	£13-25
	£26-60
	More than £60
	Don't know
	Refuse to answer
SPEND MONEY ON FOOD -	Think about the last 7 days.
LOCATION	Did you <u>buy</u> food or drinks for yourself
REVISED 2020	
(DK/R response format)	At a corner shop or convenience shop
	At a supermarket
COUNTRY SPECIFIC WORDING	At a fast food/take-away or sit-down restaurant
	At a school (including canteen, vending machine, tuckshop, etc.)
BUY_LOC_CONV BUY_LOC_GROC	
BUY_LOC_REST	[PROGRAMMER NOTE: Use table with yes/no/DK/R for each location]
BUY_LOC_SCH	Yes
	No
	Don't know
	Refuse to answer

DIET SOURCES AND PATTERNS

FOOD SOURCE - EATING OUT FREQUENCY NHANES adapted	Think about the last 7 days. How many days did you have a meal (breakfast, lunch or evening meal) from restaurants, fast food or take-away places, food stands, or vending machines?
COUNTRY SPECIFIC WORDING	Don't include meals at school.
EATOUT_FREQ	0 days (not at all) 1 day 2 days 3 days 4 days 5 days 6 days 7 days (every day) Don't know Refuse to answer
BREAKFAST PATTERNS	Think about the last 7 days.
Adapted from Project-EAT	How many days did you eat breakfast? O days (not at all)
BKFST_FREQ	1 day 2 days 3 days 4 days 5 days 6 days 7 days (every day) Don't know Refuse to answer

FAMILY DINNER PATTERNS	Think about the last 7 days.
Adapted from Project-EAT	How many days did you sit down to eat an evening meal with at least one of your parents/guardians?
COUNTRY SPECIFIC WORDING	0 days (not at all)
COUNTRY SPECIFIC WORDING	1 day
FAM_FREQ	2 days
	3 days
	4 days
	5 days
	6 days
	7 days (every day)
	Don't know
	Refuse to answer
FOOD PREP - DINNER	Think about the last 7 days.
Adapted from PROJECT EAT	How many days did you help make an <u>evening meal</u> ?
2009-2010	0 days (not at all)
COUNTRY SPECIFIC WORDING	1 day
	2 days
PREP	3 days
	4 days
	5 days
	6 days
	7 days (every day)
	Don't know
	Refuse to answer
BEVERAGE INTAKE – ANY CONSUMPTION	Did you drink any of these in the last 7 days?
REVISED 2020	Fizzy drinks like Coke, Pepsi, 7-up, Sprite, ginger beer
(DK/R response format)	Diet fizzy drinks like Diet Pepsi, Coke Zero
	Sports drinks like Lucozade Sport, Powerade
COUNTRY SPECIFIC WORDING	Energy drinks like Red Bull, Rockstar, Monster
	Frozen drinks like Slush Puppies, ICEEs
BFQ_1 - BFQ_14	Coffee or tea with sugar including drinks like lattes, mochas, frappuccinos, iced cappuccinos with sugar
	Coffee or tea with NO sugar including drinks like lattes, cappuccinos with NO sugar
	100% fruit or vegetable juice like orange juice, apple juice
	Fruit drinks like iced tea, fruit punch/cocktail, coconut water
	Flavoured waters or vitamin waters like squash, cordial, Perfectly Clear, Touch of Fruit
	Water including tap, bottled or sparkling water

	Smoothies, protein shakes or drinkable yogurt White milk or alternatives like unsweetened soy or almond milk. *Don't include milk in cereal. Chocolate or flavoured milk including hot chocolate, and alternatives like sweetened soy or almond milk [PROGRAMMER NOTE: Use table with yes/no/DK/R for each drink type; show each section of drinks on a separate screen with main question repeated at top of each screen] Yes No
	Don't know Refuse to answer
BEVERAGE INTAKE – AMOUNT	HOW MANY OF THESE DRINKS did you have in the last 7 days:
COUNTRY SPECIFIC WORDING	For example: If you had water on Monday for breakfast and Thursday for lunch, that would be 2 drinks.
BFQ_1_N - BFQ_14_N	If you had water every school day at lunch, that would be 5 drinks.
	[PROGRAMMER NOTE: Only show beverages selected above; show numbers 0-20, more than 20, "Don't Know" and "Refuse to answer" in drop-down list for each] [<i>dropdown</i>] Fizzy drinks like Coke, Pepsi, 7-up, Sprite, ginger beer
	[<i>dropdown</i>] Diet fizzy drinks like Diet Pepsi, Coke Zero [<i>dropdown</i>] Sports drinks like Lucezade Sport, Dowerade
	[<i>dropdown</i>] Sports drinks like Lucozade Sport, Powerade [<i>dropdown</i>] Energy drinks like Red Bull, Rockstar, Monster
	[<i>dropdown</i>] Frozen drinks like Slush Puppies, ICEEs
	[<i>dropdown</i>] Coffee or tea <u>with</u> sugar including drinks like lattes, mochas, frappuccinos, iced cappuccinos <u>with</u> sugar [<i>dropdown</i>] Coffee or tea <u>with NO</u> sugar including drinks like lattes, cappuccinos <u>with NO</u> sugar
	[dropdown] 100% fruit or vegetable juice like orange juice, apple juice
	[dropdown] Fruit drinks like iced tea, fruit punch/cocktail, coconut water
	[dropdown] Flavoured waters or vitamin waters like squash, cordial, Perfectly Clear, Touch of Fruit
	[<i>dropdown</i>] Water including tap, bottled or sparkling water [<i>dropdown</i>] Smoothies, protein shakes or drinkable yogurt
	[dropdown] White milk or alternatives like unsweetened soy or almond milk. *Don't include milk in cereal.
	[dropdown] Chocolate or flavoured milk including hot chocolate, and alternatives like sweetened soy or almond milk

BEVERAGE INTAKE – DIET	UNIVERSE: Respondents age 14-17
DRINKS	[PROGRAMMER NOTE: Show each drink on separate screen; show numbers 0-20 drinks, more than 20 drinks, "Don't Know" and "Refuse to answer" in drop-down list for each]
COUNTRY SPECIFIC WORDING BFQ_3_N_DIET	UNIVERSE: Selected sports drink in last 7 days, and had 1-20 or more times (BFQ_3_N ≠0, DK or R) You told us you had [#] sports drinks in the last 7 days. How many of those were diet, low-calorie or no-calorie like Lucozade Sport Low Cal or Powerade Zero? [dropdown]
BFQ_4_N_DIET	UNIVERSE: Selected energy drink in last 7 days, and had 1-20 or more times (BFQ_4_N ≠0, DK or R) You told us you had [#] energy drinks in the last 7 days. How many of those were diet, low-calorie or no-calorie like Red Bull Sugarfree? [dropdown]
BFQ_9_N_DIET	UNIVERSE: Selected fruit drink in last 7 days, and had 1-20 or more times ($BFQ_9_N \neq 0$, DK or R) You told us you had [#] fruit drinks in the last 7 days. How many of those were diet, low-calorie or no-calorie like unsweetened iced tea? [dropdown]
BFQ_10_N_DIET	UNIVERSE: Selected flavoured water drink in last 7 days, and had 1-20 or more times ($BFQ_10_N \neq 0$, DK or R) You told us you had [#] flavoured waters or vitamin waters in the last 7 days. How many of those were diet, low-calorie or no-calorie like no-added-sugar squash or Perfectly Clear? [dropdown]
DIET INDICATORS	[PROGRAMMER NOTE: Record date and time, converted to country time zone]
	You just told us about the last 7 days. Now think about yesterday.
REVISED 2020 (DK/R response format)	Did you have any of the following <u>vesterday</u> ?
(Digit response format)	Sugary drinks
COUNTRY SPECIFIC WORDING	Fast food / take-away from a restaurant
	Sugary cereals
EAT_SD	Snacks like crackers, crisps or cereal bars
EAT_FF EAT_CEREAL	Desserts or treats like biscuits, ice cream or sweets
EAT_CEREAL EAT_SNACK	
	[PROGRAMMER NOTE: Use table with yes/no/DK/R for each food]
EAT_FV	Yes
	No Don't know
	Refuse to answer

LAST RESTAURANT VISIT	UNIVERSE: Respondents age 14-17
FCMS	When was the last time you visited a restaurant (including a fast-food outlet or coffee shop)?
NEW 2020	Within the last 24 hours
NEW 2020	Within the last 7 days
REST_VISIT	Within the last month
	Within the last 3 months
	Within the last 6 months
	Longer than 6 months ago
	Don't know
	Refuse to answer
MENU LABELLING - NOTICING	UNIVERSE: Respondents age 14-17; Visited restaurant within last 6 months (rest_visit=1-5)
FCMS (ADAPTED)	The last time you visited a restaurant, did you notice any nutrition information?
NEW 2020	Yes
NLW 2020	No
REST_INFO	Don't know
	Refuse to answer
MENU LABELLING - IMPACT	UNIVERSE: Respondents age 14-17; Visited restaurant within last 6 months (rest_visit=1-5)
FCMS	In the past 6 months, have you done any of the following because of nutrition information in restaurants?
NEW 2020	(Select all that apply)
NEW 2020	Ordered something different
REST_ACT_[TYPE]	Ate less of the food you ordered
REST_ACT_NONE	Changed which restaurants you visit
REST_ACT_DK REST_ACT_R	Ate at restaurants less often
NEST_ACT_N	None of the above
	Don't know
	Refuse to answer

ONLINE ORDERING	UNIVERSE: Respondents aged 14-17
	Have you ordered any of the following <u>online or using an app</u> , for pick-up or delivery in the past 30 days?
NEW 2022	We want to know if YOU have done this (don't include if your family or others have ordered for you).
COUNTRY SPECIFIC WORDING	(Select all that apply).
ONLN_REST	
ONLN_CONV	Meals/food/drinks from a restaurant or take-away
ONLN_NONE	Snacks/food/drinks from a corner shop
ONLN_DK ONLN R	None of the above
ONEN_K	Don't know
	Refuse to answer
ONLINE ORDERING	UNIVERSE: Respondents aged 14-17 who ordered food online/using an app from a corner shop and/or a restaurant
FREQUENCY	
	[PROGRAMMER NOTE: Only show items selected in previous question.]
NEW 2022	
COUNTRY SPECIFIC WORDING	How often have you ordered meals/food/drinks from a restaurant or take-away online or using an app in the past 30 days?
COUNTRY SPECIFIC WORDING	Less than once a week
ONLN_REST_FREQ	Once a week
	A few times a week
	Every day
	Don't know
	Refuse to answer
ONLN_CONV_FREQ	How often have you ordered <u>snacks/food/drinks from a corner shop</u> online or using an app in the past 30 days?
	Less than once a week
	Once a week
	A few times a week
	Every day
	Don't know
	Refuse to answer

SCHOOL NUTRITION ENVIRONMENT

SCHOOL NUTRITION ENVIRONMENT PREAMBLE	UNIVERSE: Students currently in Year 13 or less, or other (i.e., no post-secondary students; no respondents not currently in school) who went to their school in the last 30 days (sch_attend= some, most, or every school day).
NEW 2020 REVISED 2022 (REMOVED COVID WORDING)	Next, we're going to ask you some questions about the kinds of food available at your school.
SCHOOL FOOD LOCATIONS AND PROGRAMS	UNIVERSE: Students currently in Year 13 or less, or other (i.e., no post-secondary students; no respondents not currently in school) who went to their school in the last 30 days (sch_attend= some, most, or every school day). Does your school have
REVISED 2020 (universe and DK/R response format)	A school canteen where you can buy lunch Vending machines where you can buy food or drinks
COUNTRY SPECIFIC WORDING	A tuckshop where you can buy food or drinks A free breakfast program
SCH_PRG_CAF SCH_PRG_VEND SCH_PRG_TUCK SCH_PRG_BKFST SCH_PRG_LUNCH	A free lunch program [PROGRAMMER NOTE: Use table with yes/no/DK/R for each location/program] Yes No Don't know Refuse to answer
SCHOOL FOOD LOCATIONS AND PROGRAMS 2	UNIVERSE: Students currently in Year 13 or less, or other (i.e., no post-secondary students; no respondents not currently in school) who went to their school in the last 30 days (sch_attend= some, most, or every school day). Does your school have a free snack program?
NEW 2021 SCH_PRG_SNACK	Yes No Don't know Refuse to answer
SCHOOL BREAKFAST PROGRAM PARTICIPATION	UNIVERSE: Students who have a breakfast program at school Do you get food from the <u>free breakfast program</u> at your school? Yes
REVISED 2021 REVISED 2022 ('free' version only) SCH BKFSTFREE USE	No Don't know Refuse to answer

SCHOOL LUNCH PROGRAM	UNIVERSE: Students who have a lunch program at school
PARTICIPATION	Do you get food from the free lunch program at your school?
	Yes
REVISED 2021	No
REVISED 2022	Don't know
('free' version only)	
	Refuse to answer
SCH_LUNCHFREE_USE SCHOOL SNACK PROGRAM	UNIVERSE: Students who have a snack program at school
PARTICIPATION	Do you get food from the free snack program at your school?
NEW 2021	Yes
	No
SCH_SNACKFREE_USE	Don't know
	Refuse to answer
SCHOOL LUNCH PROGRAM	UNIVERSE: Students who have a lunch program at school
TARGET	Which students in your school can get food from the <u>free lunch program?</u>
	All students
NEW 2021	
	Only students from families who need extra help
SCH_LUNCH_TARGET	Don't know
	Refuse to answer
SCHOOL LUNCH PROGRAM	UNIVERSE: Students who have a lunch program at school
FOOD AVAILABLE	[PROGRAMMER NOTE: Use "do" if the respondent indicates they get food from lunch program; or "can" if the respondent indicates they do not get food from the lunch program]
	What kind of food [do/can] you get from the <u>free lunch program</u> ?
NEW 2021	Sugary drinks
COUNTRY SPECIFIC WORDING	Fast food / take-away
	Sugary cereals
SCH_LUNCHD/C_SD	Fruit or vegetables
SCH_LUNCHD/C_FF	Snacks like crackers, crisps or cereal bars
SCH_LUNCHD/C_CEREAL	Desserts or treats like biscuits, ice cream or sweets
SCH_LUNCHD/C_FV SCH_LUNCHD/C_SNACK	
SCH_LUNCHD/C_SNACK	[PROGRAMMER NOTE: Use table format]
	Yes / No / Don't Know / Refuse to answer

SCHOOL FOOD AVAILABILITY REVISED 2020 COUNTRY SPECIFIC WORDING SCH_AVAIL_SD SCH_AVAIL_FF SCH_AVAIL_FF SCH_AVAIL_FV SCH_AVAIL_FV SCH_AVAIL_DESSERT	UNIVERSE: Students currently in Year 13 or less, or other (i.e., no post-secondary students; no respondents not currently in school) who went to their school in the last 30 days (sch_attend= some, most, or every school day). On a regular school day, can you <u>buy</u> these foods at your school? Sugary drinks Fast food / take-away Sugary cereals Fruit or vegetables Snacks like crackers, crisps or cereal bars Desserts or treats like biscuits, ice cream or sweets [PROGRAMMER NOTE: Use table format] Yes / No / Don't Know / Refuse to answer
SCHOOL LUNCH – FOOD COUNTRY SPECIFIC WORDING SCH_EAT_SD SCH_EAT_FF SCH_EAT_CEREAL SCH_EAT_FV SCH_EAT_FV SCH_EAT_SNACK SCH_EAT_DESSERT	UNIVERSE: Students currently in Year 13 or less, or other (i.e., no post-secondary students; no respondents not currently in school) Think about the last time that you ate lunch on a school day. Did you have Sugary drinks Fast food / take-away Sugary cereals Fruit or vegetables Snacks like crackers, crisps or cereal bars Desserts or treats like biscuits, ice cream or sweets [PROGRAMMER NOTE: Use table format] Yes / No / Don't Know / Refuse to answer
SCHOOL LUNCH – FOOD SOURCE NEW 2023 SCH_SRC_HM SCH_SRC_SCH SCH_SRC_NEAR SCH_SRC_DK SCH_SRC_DK SCH_SRC_R	UNIVERSE: Students currently in Year 13 or less, or other (i.e., no post-secondary students; no respondents not currently in school) who went to their school in the last 30 days (sch_attend= some, most, or every school day). Think about the last time that you ate lunch on a school day. Was the food you ate for lunch (Select all that apply) From home From school From a shop or restaurant near school Don't know Refuse to answer

FOOD SECURITY

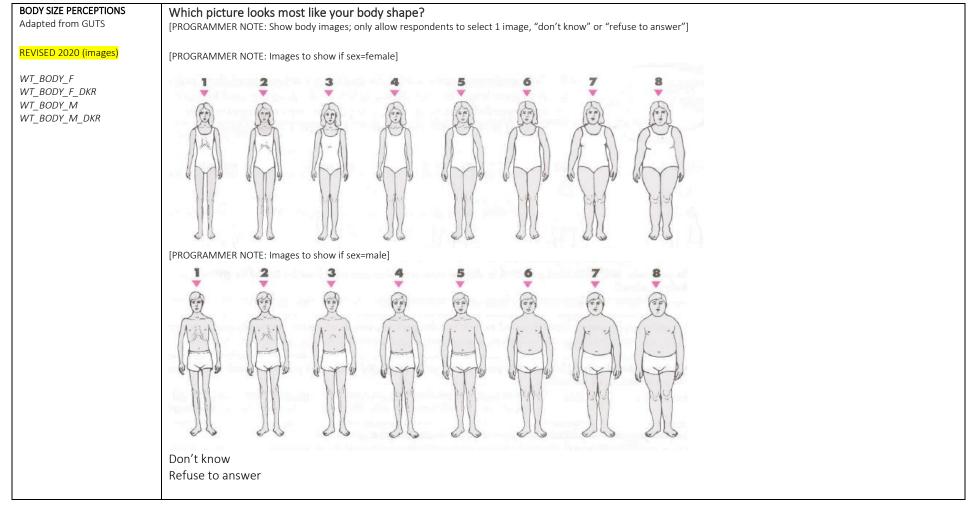
FOOD SECURITY FOR CHILDREN Fram MF, Frongillo EA, Draper	In the last 12 months
CL, Fishbein EM. Development and validation of a child-report assessment of child food insecurity and comparison to parent-report assessment. J Hunger Environ Nutr 8:128– 145, 2013.	1. Did you worry that food at home would run out before your family was able to get more?
	2. Did you worry about how hard it is for your parents/guardians to get enough food for your family?
	3. Were you not able to get the food you wanted because there wasn't enough money?
	4. Has the size of your meal been cut because your family didn't have enough food?
SECURE1 – SECURE10	5. Were you hungry but didn't eat because your family didn't have enough food?
	6. Did you skip a meal because your family didn't have enough food?
	7. Did you feel tired or weak because your family didn't have enough food to eat?
	8. Did you feel embarrassed or ashamed because your family didn't have enough food?
	9. Did you feel sad or mad because your family didn't have enough food?
	10. Did you feel embarrassed or ashamed about any of the things you or your family had to do to get enough food?
	[PROGRAMMER NOTE: Show 1-3 on screen 1, 4-6 on screen 2, and 7-10 on screen 3] Many times / 1 or 2 times / Never / Don't know / Refuse to answer

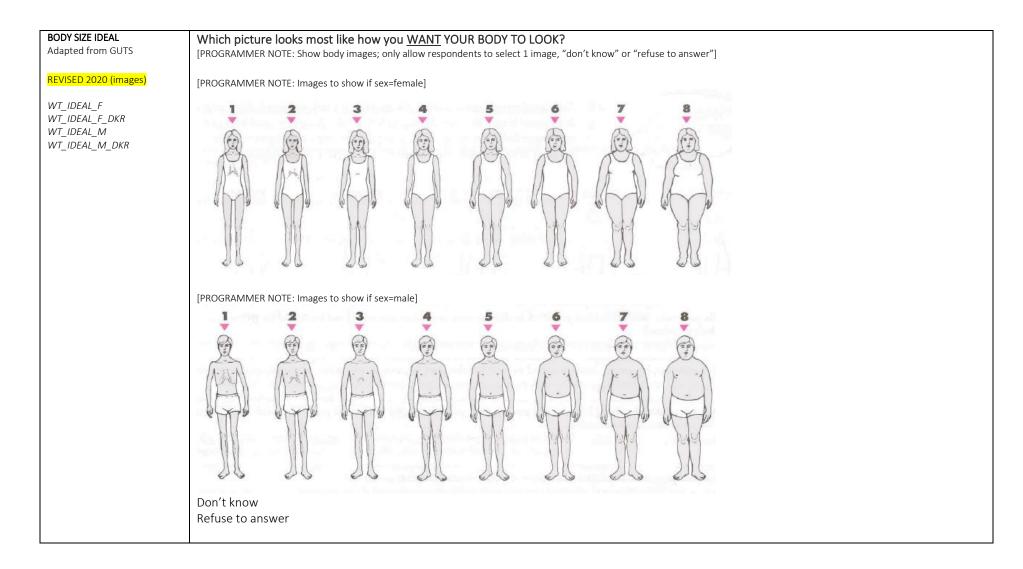
DIET INTENTIONS

VEGETARIANISM Project EAT 2009-2010	A vegetarian is someone who rarely or never eats meat.
VGTRN	Are you a vegetarian? Yes No Don't know [valid response] Refuse to answer

UNIVERSE: Respondents age 14-17
Do you make a <u>special effort</u> to
Eat vegetables and fruits
Drink lots of water
Eat protein
Eat whole grains
Eat less sugar or drink fewer sugary drinks
Eat less low-calorie sweeteners
Eat less calories
Eat less ultra-processed foods
Eat less salt
Eat less meat [PROGRAMMER NOTE: Skip if vegetarian]
Eat organic foods
Eat local foods (food grown in your area)
Buy foods with less packaging
[PROGRAMMER NOTE: Use table format; show on 3 separate screens]
Yes / No / Don't know / Refuse to answer
UNIVERSE: Respondents age 14-17
Do you make a special effort to eat plant-based protein foods, like beans, lentils, nuts, seeds, or soy products like tofu?
Yes
No
I'm not sure what plant-based protein foods are [valid option]
Don't know
Refuse to answer

WEIGHT PERCEPTIONS / LOSS





WEIGHT LOSS EFFORTS	Which of the following are you trying to do about your weight?
From NHANES, GUTS, Project-	Nothing
EAT and others	Stay the same weight
WT_TRY	Gain weight
_	Lose weight
	Don't know
	Refuse to answer
WEIGHT LOSS DIET	Have you been on a diet to lose weight in the past 12 months?
	Yes
WT_DIET	No
	Don't know
	Refuse to answer
WEIGHT TEASE	Do you get teased or made fun of because of your weight?
Adapted from Project EAT	All the time
2003-2004 (B&W)	A lot
WT_TEASE	Sometimes
	Rarely
	Never
	Don't know
	Refuse to answer
WEIGHT STIGMA	
Adapted from <u>Nutter et al.</u>	Please tell us whether you agree or disagree with the following:
2018 Framing obesity a	De suls sus és blance fan ébain bach consiste
disease: Indirect effects of	People are to blame for their body weight.
affect and controllability beliefs on weight bias.	Strongly agree
Weiner B. Judgments of	Agree
responsibility: a foundation for	Neither agree nor disagree
a theory of social conduct.	Disagree Strengty disagree
1995.	Strongly disagree Don't know
<mark>NEW 2023</mark>	Refuse to answer
WT_BLAME	

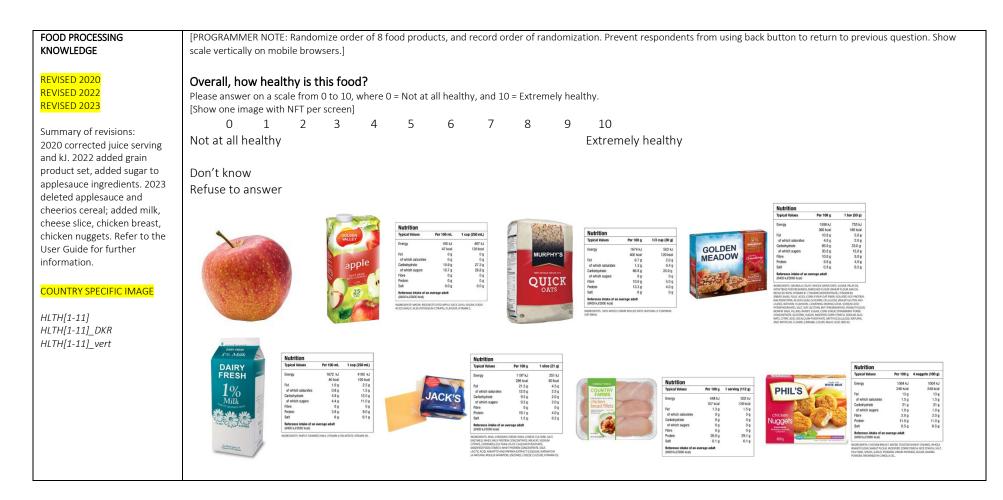
SUGARY DRINK PERCEPTIONS

BEVERAGE BRAND RECALL	An example of a brand of sweets is: Skittles
	An example of a crisp brand is: Pringles
COUNTRY SPECIFIC WORDING	
	Please name up to 5 <u>drink brands</u> :
BEV_BR1- BEV_BR5 BEV_BR_DKR	Brand 1: [open-text]
020_000	Brand 2: [open-text]
	Brand 3: [open-text]
	Brand 4: [open-text]
	Bran
	d 5: [open-text]
	I don't know any drink brands
	Refuse to answer
SOFT DRINK PERCEIVED	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].
HEALTHINESS Adapted from Adult survey	Is this type of drink unhealthy or healthy?
(reduced from 7 to 5 points)	
COUNTRY SPECIFIC IMAGE	
SSB_HLTH_POP	(cer Cola
	500 mL
	Very unhealthy
	Unhealthy
	In the middle
	Healthy
	Very healthy
	Don't know
	Refuse to answer
	1

SOFT DRINK ESTIMATED SUGAR AMOUNT	How much sugar is in this drink?
COUNTRY SPECIFIC IMAGE	
SSB_SUGAR_POP	500 mL
	None
	A little
	A medium amount
	Quite a bit
	A lot
	Don't know
	Refuse to answer
SSB PERCEPTIONS -	[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following 2 questions with the same beverage image on screen for each question.]
CONDITION	Diet fizzy drink (Diet Coke)
COUNTRY SPECIFIC IMAGES	100% juice (Orange juice)
	Energy drink (Red Bull)
SSB_CONDITION	Water
	Sports drink (Gatorade) Chocolate milk
	Iced tea
	Unflavoured milk
	[PROGRAMMER NOTE: Show country-specific images]
	100% 100% Image Image <t< th=""></t<>

SSB PERCEIVED HEALTHINESS	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].
Adapted from Adult survey	Is this type of drink unhealthy or healthy?
(reduced from 7 to 5 points)	[show image]
COUNTRY SPECIFIC IMAGE	Very unhealthy
COUNTRY SPECIFIC IMAGE	Unhealthy
SSB_HLTH_[TYPE]	In the middle
	Healthy
	Very healthy
	Don't know
	Refuse to answer
SSB ESTIMATED SUGAR	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].
AMOUNT	How much sugar is in this drink?
COUNTRY SPECIFIC IMAGE	[show image]
COUNTRY SPECIFIC IMAGE	None
SSB_SUGAR_[TYPE]	A little
,	A medium amount
	Quite a bit
	A lot
	Don't know
	Refuse to answer
SUGAR TAX	Do sugary drinks (like Coke) cost more than drinks without sugar (like Diet Coke)?
DRINKS_COST	No - they cost the same
DNINK5_0031	Sugary drinks cost a little more
	Sugary drinks cost a lot more
	Don't know
	Refuse to answer
OVERALL DIET	Overall, how unhealthy or healthy is the food you usually eat?
	Very unhealthy
DIET	Unhealthy
	In the middle
	Healthy
	Very healthy
	Don't know
	Refuse to answer

	[PROGRAMME How much								?		
	Please answer	•					-				
NUT_KNOW NUT_KNOW_DKR	0	1	2	3	4	5	6	7	8	9	10
NUT_KNOW_VERT	Nothing										A lot
	Don't know Refuse to a										



MASS MEDIA CAMPAIGNS AND MESSAGING

SCHOOL EDUCATION	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].
	In the past 12 months, have you learned about healthy eating in school?
SCH_ED	Yes
	No
	Don't know
	Refuse to answer
FOOD GUIDE – AWARENESS	UNIVERSE: Respondents from Canada, Australia, UK, USA, Mexico with tailored question in each country (skip in Chile)
	Have you ever heard of the Eatwell Plate or Eatwell Guide?
COUNTRY SPECIFIC WORDING	Yes
	No
FG_AWARE	Don't know
	Refuse to answer
FOOD GUIDE – SCHOOL - EVER	UNIVERSE: Respondents who have heard of food guide (skip in Chile)
	Have you ever learned about the Eatwell Plate or Eatwell Guide in school?
COUNTRY SPECIFIC WORDING	Yes
FG SCH	No
10_501	Don't know
	Refuse to answer

FOOD LABELLING

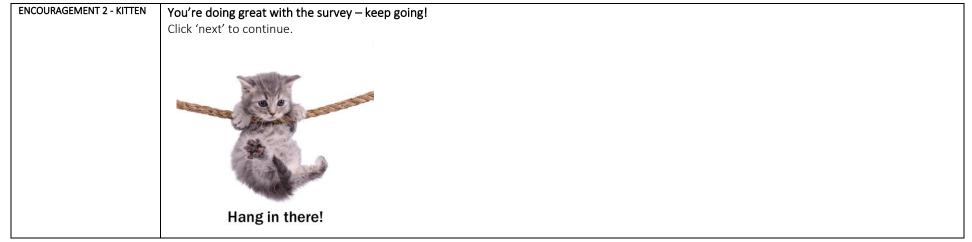
LABEL AWARENESS	UNIVERSE: Australia, United Kingdom, Mexico, Chile
ENDER AWARENESS	We would now like to ask you some questions about food labels on products.
COUNTRY SPECIFIC IMAGE	
LABEL_AWARE_UK	Have you <u>seen</u> this type of food label on packages or in stores? [PROGRAMMER NOTE: Show health star rating in Australia, traffic light warning in United Kingdom, 'excess calories' octagon warning in Mexico (WL_aware_MEX), octagon warnings in Chile]
LABEL USE FROM 2014 FDA HEALTH AND DIET SURVEY COUNTRY SPECIFIC IMAGE LABEL_USE_UK	UNIVERSE: Australia, United Kingdom, Mexico, Chile; and label awareness= 'rarely', 'sometimes', 'often', or 'all the time' Do you use this type of food label when deciding what to eat or buy? [PROGRAMMER NOTE: Show health star rating in Australia, traffic light warning in United Kingdom, 'excess calories' octagon warning in Mexico (WL_use_MEX), octagon warnings in Chile]

LABEL UNDERSTANDING	UNIVERSE: Australia, United Kingdom, Mexico, Chile				
	Do you find this information				
COUNTRY SPECIFIC IMAGE	[PROGRAMMER NOTE: Show health star rating in Australia, traffic light warning in United Kingdom, 'excess calories' octagon warning in Mexico (WL_understand_MEX), octagon				
	warnings in Chile]				
LABEL_UNDERSTAND_UK	per 30g cereal: 16 SERVINGS SERVINGS 10 Car 6% % of an adult's reference intake. Typical values per 100g: Energy 1530kJ/360kcal				
	Very hard to understand				
	Hard to understand				
	In the middle				
	Easy to understand				
	Very easy to understand				
	Don't know				
	Refuse to answer				
NFT AWARENESS					
INFT AWARENESS	Have you <u>seen</u> this type of food label on packages or in stores? [PROGRAMMER NOTE: Show country-specific Nutrition Facts table in each country]				
COUNTRY SPECIFIC IMAGE					
	Nutrition Typical Values Per 100 g Per 4 crackers				
NFT_AWARE_UK	Energy 1,710 kJ 397 kJ 410 cal 95 cal				
	Fat9.4 g2.2 gof which saturates1.1 g0.3 g				
	Carbohydrate 62.3 g 14.5 g of which sugars 14.5 g 0.4 g				
	Fibre 12.0 g 2.8 g Protein 12.2 g 2.8 g				
	From 12.2 g 2.0 g Sait 1.3 g 0.3 g				
	Reference intake of an average adult (8400 kJ/2000 kcal)				
	Never				
	Rarely				
	Sometimes				
	Often				
	All the time				
	Don't know				
	Refuse to answer				

NFT USE	UNIVERSE: nft_aware_UK= 'rarely', 'sometimes', 'often', or 'all the time'
FROM 2014 FDA HEALTH AND	Do you use this type of food label when deciding what to eat or buy?
DIET SURVEY	[PROGRAMMER NOTE: Show country-specific Nutrition Facts table in each country]
COUNTRY SPECIFIC IMAGE	Nutrition Typical Values Per 100 g Per 4 crackers
NFT_USE_UK	Energy 1,710 kJ 397 kJ 410 cal 95 cal
WIT_03L_0K	Fat 9.4 g 2.2 g of which saturates 1.1 g 0.3 g
	Carbohydrate 62.3 g 14.5 g of which sugars 14.5 g 0.4 g
	Fibre 12.0 g 2.8 g
	Protein 12.2 g 2.8 g Salt 1.3 g 0.3 g
	Reference intake of an average adult (8400 kJ/2000 kcal)
	Never
	Rarely
	Sometimes
	Often
	All the time
	Don't know
	Refuse to answer
NFT UNDERSTANDING	Do you find this information
	[PROGRAMMER NOTE: Show country-specific Nutrition Facts table in each country]
COUNTRY SPECIFIC IMAGE	Nutrition
NFT_UNDERSTAND_UK	Typical Values Per 100 g Per 4 crackers Energy 1,710 kJ 397 kJ
NFI_ONDERSTAND_OK	410 cal 95 cal
	of which saturates 1.1 g 0.3 g
	Carbohydrate 62.3 g 14.5 g of which sugars 14.5 g 0.4 g
	Fibre 12.0 g 2.8 g Protein 12.2 g 2.8 g
	Salt 1.3 g 0.3g
	Reference intake of an average adult (8400 kJ/2000 kcal)
	Very hard to understand
	Hard to understand
	In the middle
	Easy to understand
	Very easy to understand
	Don't know
	Refuse to answer
	1

LABEL UNDERSTANDING TASK	In your opinion, is this product
	[Show juicebox image with country-specific FOPL (no FOPL in Canada/USA, Health Star Rating in Australia, Warning label in Chile/MEX, Traffic Light in UK); no NFT to be shown]
<mark>NEW 2022</mark>	
COUNTRY SPECIFIC IMAGE	
FOPL_OBJ_MTL	1 Horizontal Control Horizontal 1 1 Horizontal Horizontal 1 1 1 Horizontal 1 1 1 1 1 1 1 1 1 1 1 1
	and the second se
	Orchard
	FRUIT PUNCH
	200 mL
	Very unhealthy
	Unhealthy
	In the middle
	Healthy
	Very healthy
	Don't know
	Refuse to answer

ENCOURAGEMENT 2



MARKETING

MEDIA CHANNELS – TIME - WEEKDAY	On a <u>normal weekday</u> , how much time do you spend: Watching YouTube			
MEDIA_WD_YTB MEDIA_WD_SOC MEDIA_WD_SHOW MEDIA_WD_GAME MEDIA_WD_WEB	On social media (including messaging, posting, or liking posts) Watching TV shows, series, or movies Playing games on smartphones, computers, or game consoles Browsing, reading websites, Googling, etc.			
	[PROGRAMMER NOTE: Show options for each as radio buttons] O hours (none) Up to 15 minutes Up to 30 minutes Up to 30 minutes Up to 1 hour Up to 2 hours Up to 3 hours Up to 3 hours Up to 4 hours More than 4 hours Don't know Refuse to answer			

MEDIA CHANNELS – SOCIAL	Do you use?
MEDIA	Select all that apply.
	Facebook
REVISED 2020	Instagram
REVISED 2023	TikTok
	Twitter/X
MEDIA_SOC_FB MEDIA_SOC_IG	,
MEDIA_SOC_IG MEDIA SOC TIK	Snapchat
MEDIA_SOC_TWT	Twitch
MEDIA_SOC_SC	None of the above
MEDIA_SOC_NONE	Don't know
MEDIA_SOC_DK	Refuse to answer
MEDIA_SOC_R	
FAVOURITE SOCIAL MEDIA	Who are your three favourite famous people to watch or follow on social media?
INFLUENCERS	Please include famous people like sports stars or movie stars, as well as Instagrammers, TikTokers, and YouTubers.
	[3 open text boxes]
NEW 2021	
REVISED 2022	I don't have any favourites / I don't know [valid answer]
	Refuse to answer
MEDIA_FAV1-3	
MEDIA_FAV_NDKR EXPOSURE TO UNHEALTHY	Think shout the last 20 days
FOOD MARKETING -	Think about the last 30 days.
LOCATION	Have you seen or heard advertisements for 'unhealthy' foods or drinks in any of these places?
REVISED 2020	Unhealthy food and drinks include processed foods high in sugar, salt, or saturated fat, such as fizzy drinks, fast food / take-away, crisps, sugary
REVISED 2022	cereals, biscuits and chocolate bars.
COUNTRY SPECIFIC WORDING	Select all that apply.
MKTG_LOC_SHOW	
MKTG_LOC_ONLINE	TV shows, series or movies
MKTG_LOC_GAME	Website or social media
MKTG_LOC_STORE	Video or computer games
MKTG_LOC_RADIO	Shops (such as posters, special displays)
MKTG_LOC_MAG	Radio
MKTG_LOC_SIGN MKTG_LOC_TRANS	Magazine or newspaper
MKTG_LOC_TRANS	Billboard
MKTG_LOC_SCH	
MKTG_LOC_REC	Buses, bus stops and other public transport
MKTG_LOC_EVENT	Cinemas
MKTG_LOC_SAMP	School
MKTH_LOC_DISC	Recreation or community centre

MKTG_LOC_OTHER MKTG_LOC_OTEXT MKTG_LOC_NONE MKTG_LOC_DK MKTG_LOC_R	Sports event, concert or community event Contests, free samples or coupons Price discounts (e.g., 30% off, buy-one-get-one-free) Other (please specify): [<i>open-ended</i>] I haven't seen any adverts for unhealthy food or drinks in the last 30 days Don't know Refuse to answer
EXPOSURE TO UNHEALTHY FOOD MARKETING - FREQUENCY COUNTRY SPECIFIC WORDING MKTG_FREQ_SD MKTG_FREQ_FF MKTG_FREQ_CEREAL MKTG_FREQ_OESSERT MKTG_FREQ_FV	In the last 30 days, <u>how often</u> did you see or hear advertisements for these kinds of food or drinks? Adverts for sugary drinks Adverts for fast food / take-away from a restaurant Adverts for sugary cereals Adverts for fruit or vegetables Adverts for desserts or treats like crackers, crisps or cereal bars Adverts for desserts or treats like biscuits, ice cream or sweets [Show options for each as radio buttons] Never Less than once a week Once a week A few times a week Every day More than once a day Don't know Refuse to answer

EXPOSURE TO MARKETING STRATEGIES	In the last 30 days, have you seen unhealthy food or drinks advertised with any of the following?
REVISED 2020	Sports teams or athletes
(DK/R response format)	Cartoons or characters from movies or TV (e.g., Superheroes, Disney) Cartoons or characters made by food companies (e.g., Tony the Tiger, Ronald McDonald)
MKTG_SPORT	Famous people
MKTG_MOVIE	
MKTG_COMP MKTG_CELEB	[PROGRAMMER NOTE: Use table with yes/no/DK/R for each personality]
	Yes
	No
	Don't know
	Refuse to answer
OWN - PRODUCTS	Think about the <u>clothing, posters, stickers, or other things</u> you have.
COUNTRY SPECIFIC WORDING	Do any of them show a <u>name or logo</u> of <u>unhealthy</u> food or drink companies?
MKTG_PRODUCT	[PROGRAMMER NOTE: show note in grey font] Remember: Unhealthy food and drinks include processed foods high in sugar, salt, or saturated fat, such as fizzy drinks, fast food / take-away, crisps, sugary cereals, biscuits and chocolate bars.
	Yes
	No
	Don't know
	Refuse to answer
OWN – TOY	Do you have ' <u>Happy Meal' toys or other toys</u> from fast-food restaurants?
MKTG_TOY	Yes
WIKTO_TOT	No
	Don't know
	Refuse to answer
GAMES	Have you ever played a game or entered a competition offered by a restaurant or food/drink company where you can win a prize?
NEW 2022	Yes
	No
MKTG_GAME	Don't know
	Refuse to answer

BEVERAGE BRAND ADS	[PROGRAMMER NOTE: Ask for each brand image one at a time; randomize order of screens; Hide back button]
	Have you seen any advertisements for this drink brand in the last 30 days?
COUNTRY SPECIFIC JUICE	[Show image]
BEV_AD_COKE BEV_AD_BULL BEV_AD_JUICE	[Coke]
	[Red Bull]
	Red Bull [Country-specific 100% Juice]
	innocent
	Yes No Don't know Refuse to answer

BEVERAGE BRAND AD LOCATION	UNIVERSE: Respondents who saw ad for at least one beverage brand in past 30 days [PROGRAMMER NOTE: Randomize to ask question for one of the brands for which the respondent saw an ad (Coca-Cola, Red Bull or Juice)] Where did you see advertisements for this brand?
REVISED 2022	[Show selected image]
COUNTRY SPECIFIC WORDING BEV_[TYPE]_LOC_SHOW BEV_[TYPE]_LOC_ONLINE BEV_[TYPE]_LOC_GAME BEV_[TYPE]_LOC_STORE BEV_[TYPE]_LOC_RADIO BEV_[TYPE]_LOC_SIGN BEV_[TYPE]_LOC_SIGN BEV_[TYPE]_LOC_TRANS BEV_[TYPE]_LOC_MOV BEV_[TYPE]_LOC_SCH BEV_[TYPE]_LOC_SAMP BEV_[TYPE]_LOC_SAMP BEV_[TYPE]_LOC_SAMP BEV_[TYPE]_LOC_DISC BEV_[TYPE]_LOC_OTHER BEV_[TYPE]_LOC_OTEXT	Select all that apply. TV shows, series or movies Website or social media Video or computer games Shops (such as posters, special displays) Radio Magazine or newspaper Billboard Buses, bus stops and other public transport Cinemas School Recreation or community centre Sports event, concert or community event
BEV_[TYPE]_LOC_NONE BEV_[TYPE]_LOC_DK BEV_[TYPE]_LOC_R	Contests, free samples or coupons Price discounts (e.g., 30% off, buy-one-get-one-free) Other (please specify): [open-ended] I haven't seen any adverts for this brand in the last 30 days Don't know Refuse to answer
BEVERAGE SPORTS ADVERTISING BEV_SPORT_COKE BEV_SPORT_BULL BEV_SPORT_JUICE	[PROGRAMMING NOTE: Randomize to show image for one of three beverage brands (Coca-Cola, Red Bull or Juice); may differ from above] [PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question]. Have you seen this brand advertised by a sports team or athlete in the last 12 months? [Show randomly selected brand image] Yes No Don't know Refuse to answer

BEVERAGE CELEBRITY ADVERTISING	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question]. Can you think of anyone famous who advertises this brand?
BEV_CELEB_COKE BEV_CELEB_BULL BEV_CELEB_JUICE	[Show same brand image as above] Yes No Don't know Refuse to answer
BEVERAGE TARGET AUDIENCE BEV_[TYPE]_AIM_CH BEV_[TYPE]_AIM_TN BEV_[TYPE]_AIM_AD BEV_[TYPE]_AIM_DKR	Are advertisements for this brand usually aimed at [Show same brand image as above] [PROGRAMMER NOTE: Use table with yes/no for each group] Kids 12 and under Teenagers aged 13 to 17 Adults I've never seen an advertisement for this brand Don't know Refuse to answer
BEVERAGE PREFERENCE Adapted from Lima et al. 2019	How much would you like to have this drink? [Show same brand image as above]
BEV_PREF_[TYPE] BEV_PREF_[TYPE]_DKR	$\overline{\mathbf{x}}$ $\overline{\mathbf{y}}$ $\underline{\mathbf{y}}$ $\underline{\mathbf{z}}$ $\underline{\mathbf{z}}$ $\underline{\mathbf{z}}$
	Don't know Refuse to answer



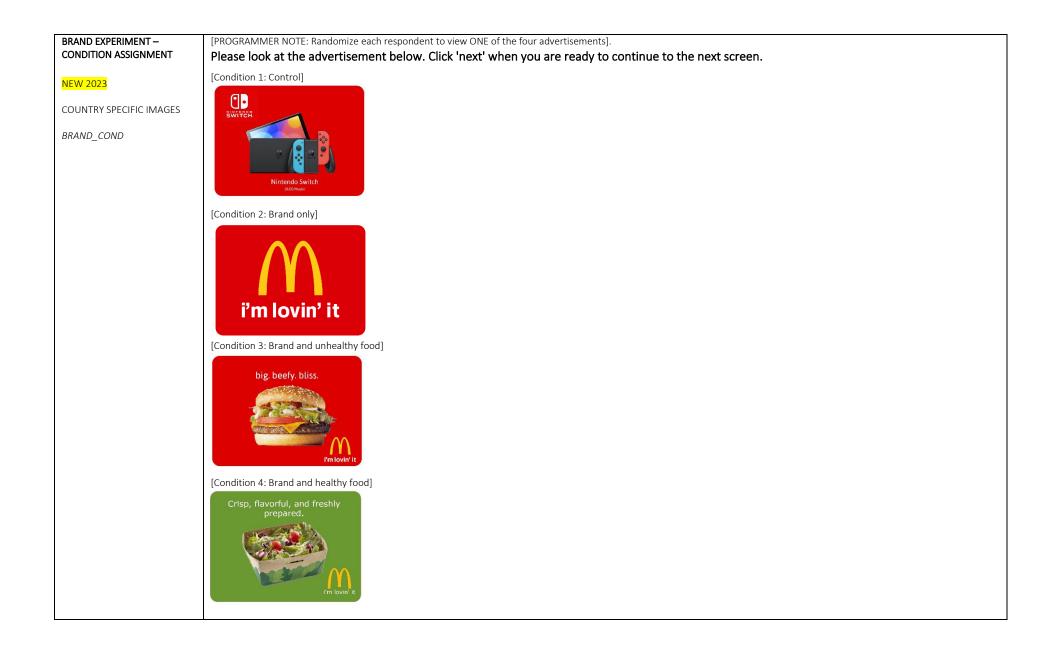
RESTAURANT BRAND AD LOCATION REVISED 2022	UNIVERSE: Respondents who saw ad for at least one restaurant brand in past 30 days [PROGRAMMER NOTE: Randomize to ask question for one of the brands for which the respondent saw an ad (McDonalds, Subway or KFC)] Where did you see advertisements for this restaurant? [Show image]
COUNTRY SPECIFIC WORDING REST_[TYPE]_LOC_SHOW REST_[TYPE]_LOC_ONLINE REST_[TYPE]_LOC_GAME REST_[TYPE]_LOC_STORE REST_[TYPE]_LOC_RADIO REST_[TYPE]_LOC_MAG REST_[TYPE]_LOC_SIGN REST_[TYPE]_LOC_MOV REST_[TYPE]_LOC_MOV REST_[TYPE]_LOC_SCH REST_[TYPE]_LOC_EVENT REST_[TYPE]_LOC_OTEC REST_[TYPE]_LOC_DISC REST_[TYPE]_LOC_OTHER REST_[TYPE]_LOC_OTEXT REST_[TYPE]_LOC_OTEXT REST_[TYPE]_LOC_DK REST_[TYPE]_LOC_R	Select all that apply. TV shows, series or movies Video or computer games Website or social media Shops (such as posters, special displays) Radio Magazine or newspaper Billboard Buses, bus stops and other public transport Cinemas School Recreation or community centre Sports event, concert or community event Contests, free samples or coupons Price discounts (e.g., 30% off, buy-one-get-one-free) Other (please specify): [open-ended] I haven't seen any adverts for this restaurant in the last 30 days Don't know Refuse to answer
RESTAURANT SPORTS ADVERTISING REST_SPORT_MCD REST_SPORT_SUB REST_SPORT_KFC	[PROGRAMMING NOTE: Randomize to show image for one of three restaurant brands (McDonalds, Subway or KFC); may differ from above] [PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question]. Have you seen this restaurant advertised by a sports team or athlete in the last 12 months? [Show randomly selected brand image] Yes No Don't know Refuse to answer

RESTAURANT CELEBRITY	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].
ADVERTISING	Can you think of anyone famous who advertises this restaurant?
	[Show same brand image as above]
REST_CELEB_MCD	Yes
REST_CELEB_SUB REST_CELEB_KFC	No
RESI_CELEB_RFC	Don't know
	Refuse to answer
RESTAURANT TARGET	Are <u>advertisements</u> for this restaurant usually aimed at
AUDIENCE	[Show same brand image as above]
	[PROGRAMMER NOTE: Use table with yes/no for each group]
REST_[TYPE]_AIM_CH	Kids 12 and under
REST_[TYPE]_AIM_TN	Teenagers aged 13 to 17
REST_[TYPE]_AIM_AD	Adults
	Aduits
	I've never seen an advertisement for this restaurant
	Don't know
	Refuse to answer
RESTAURANT PREFERENCE	How much would you like to go to this restaurant?
Adapted from Lima et al. 2019	[Show same brand image as above]
REST_PREF_[TYPE]	
REST_PREF_[TYPE]_DKR	
	Don't know
	Refuse to answer
SPORTS PARTICIPATION	Do you play on a sports team?
	Yes
SPORT_PLAY	No
	Don't know
	Refuse to answer

TEAM SPONSORSHIP -	UNIVERSE: Respondents who play on a sports team
EQUIPMENT	Are there any <u>names or logos</u> of food or restaurant companies on your sports equipment (like uniforms or water bottles)?
	Yes
SPORT_EQUIP	No
	Does not apply to me [valid answer]
	Don't know
	Refuse to answer
TEAM SPONSORSHIP - SIGNS	UNIVERSE: Respondents who play on a sports team
	Are there any names or logos of food or restaurant companies on signs or banners at your sports practices, games, tournaments or competitions?
SPORT_SIGN	Yes
	No
	Does not apply to me [valid answer]
	Don't know
	Refuse to answer
SPORTS BETTING - NOTICE	UNIVERSE: Australia, Canada, United Kingdom, United States (skip in Chile and Mexico)
ADVERTISEMENTS	Have you seen adverts or promotions for sports betting in the last 30 days?
	Yes
<mark>NEW 2023</mark>	No
GMB_AD	Don't know
	Refuse to answer
SPORTS BETTING – NOTICE	Have you seen any sports teams or athletes advertising betting companies in the last 30 days?
SPORT TEAMS	Yes
NEW 2023	No
	Don't know
GMB_AD_TEAM	Refuse to answer
SPORTS BETTING - NORMS	UNIVERSE: Australia, Canada, United Kingdom, United States (skip in Chile and Mexico)
 	Do people your age approve or disapprove of sports betting?
NEW 2023	Strongly approve
CMAR NORMS	Somewhat approve
GMB_NORMS	Neither approve nor disapprove
	Somewhat disapprove
	Strongly disapprove
	Don't know
	Refuse to answer

SPORTS BETTING - BET	UNIVERSE: Australia, Canada, United Kingdom, United States (skip in Chile and Mexico); Respondents aged 14-17
	Have you ever bet money on sports teams?
NEW 2023	Yes
CA40.057	No
GMB_BET	Don't know
	Refuse to answer
HEALTH MESSAGE	[PROGRAMMER NOTE: Randomize each respondent to view ONE of the four advertisements (either one of the two Sprite ads, or one of the two fruit drink ads]
EXPERIMENT - CONDITION	Please look at the advertisement below. Click 'next' when you are ready to continue to the next screen.
ASSIGNMENT	
	[Condition 1: Sprite original] [Condition 2: Sprite with health message]
NEW 2023	Sprite
COUNTRY SPECIFIC IMAGES	
COUNTRY SPECIFIC IMAGES	
HMSG_COND	
_	
	A Sprint Sprint A Spr
	HEAT HEAT HEAT
	HAPPENS. HAPPENS.
	HAPPENS. STAY COOL. STAY COOL.
	STATCOOL. To grow up healthy, don't eat too much fatty, sweet, or salty food
	www.myhealthyeating.ca

	[Condition 3: Fruit drink original] [Condition 4: Fruit drink with health message]
HEALTH MESSAGE	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous screen].
EXPERIMENT – PERCIEVED	Is this type of drink unhealthy or healthy?
HEALTHINESS	[PROGRAMMER NOTE: Display advertisement participant was randomized to]
NEW 2023	Very unhealthy
NEW 2023	Unhealthy
HMSG_HLTH	In the middle
	Healthy
	Very healthy
	Don't know
	Refuse to answer
HEALTH MESSAGE	How much would you like to have this drink?
EXPERIMENT – APPEAL	[PROGRAMMER NOTE: Display advertisement participant was randomized to]
NEW 2023	
	[PROGRAMMER NOTE: Display spaced emojis with radio buttons centered underneath]
HMSG_APPEAL	
	Don't know
	Refuse to answer



BRAND EXPERIMENT -	[PROGRAMMER NOTE: Randomize each respondent to complete ONE of the following two measures: perceived taste OR likelihood of consumption.]
MEASURE ASSIGNMENT	
BRAND_RAND	
BRAND EXPERIMENT -	UNIVERSE: Respondents randomized to the perceived taste measure (brand_rand=1)
PERCEIVED TASTE	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous screen].
	How much would you like to eat this food?
NEW 2023	
BRAND_TASTE	
	[PROGRAMMER NOTE: Display spaced emojis with radio buttons centered underneath]
	Don't know
	Refuse to answer
BRAND EXPERIMENT -	UNIVERSE: Respondents randomized to likelihood of consumption measure (brand_rand=2)
LIKELIHOOD OF	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous screen].
CONSUMPTION	If you could eat one of these foods right now, which one would you choose?
	[PROGRAMMER NOTE: display radio buttons with image on the right of the button; randomize the order the food products are shown on screen]
NEW 2023	
BRAND_CONSUME	Big Mac
	Chicken McNuggets



ENCOURAGEMENT 3

ENCOURAGEMENT 3 - KOALA	Getting tired? Don't give up, you're almost finished!
ENCOURAGEMENT 3 - NOALA	Getting tired? Don't give up, you're almost finished!

DATA QUALITY CHECK 1

DATA QUALITY CHECK - FRUIT	Which of these foods is a <u>fruit</u> ?
DQ_FRUIT	Bread
DQ_FROM	Carrot
	Egg
	Apple
	Milk
	Don't know
	Refuse to answer

OTHER BEHAVIOURAL/DEMOGRAPHIC CHARACTERISTICS

DRUG USE	UNIVERSE: Age 16-17
CSTADS modified	Have you <u>ever</u> used any of the following?
USE_CIG USE_ECIG USE_MJ USE_ALC USE_NONE USE_DK USE_R	Select all that apply. Tobacco cigarettes E-cigarettes / vaped nicotine Marijuana / cannabis Alcohol I have never used any of the above Don't know Refuse to answer
PERCEIVED INCOME ADEQUACY	Does your family have enough money to pay for things your family needs? Not enough money
INC_ADEQ	Barely enough money Enough money More than enough money Don't know Refuse to answer

ETHNICITY – UK	UNIVERSE: United Kingdom
	Which of the following best describes your ethnic or racial background?
COUNTRY SPECIFIC WORDING	WHITE
	English / Welsh / Scottish / Northern Irish / British
ETH_UK_WHITE	Irish
ETH_UK_WHITE_OTEXT ETH_UK_MIXED	Gypsy or Irish Traveller
ETH_UK_MIXED_OTEXT	Any other White background (please specify):
ETH_UK_ASIAN	
ETH_UK_ASIAN_OTEXT	MIXED / MULTIPLE ETHNIC GROUPS
ETH_UK_BLACK	White and Black Caribbean
ETH_UK_BLACK_OTEXT ETH_UK_OTHER	White and Black African
ETH_UK_OTHER_OTEXT	
	White and Asian
	Any other Mixed / Multiple ethnic background (please specify):
	ASIAN / ASIAN BRITISH
	Indian
	Pakistani
	Bangladeshi
	Chinese
	Any other Asian background (please specify):
	BLACK / AFRICAN / CARIBBEAN / BLACK BRITISH
	African
	Caribbean
	Any other Black / African / Caribbean background (please specify):
	OTHER ETHNIC GROUP
	Arab
	Any other ethnic group (please specify):
	Don't know
	Refuse to answer
BIRTH LOCATION	Were you born in the United Kingdom?
	Yes
COUNTRY SPECIFIC WORDING	No
	Don't know
BIRTH_UK	Refuse to answer

SELF-REPORTED HEIGHT	How tall are you without shoes?
	Would you rather answer in:
HT_UNIT HT_CM	Feet and inches
HT_FT	Centimetres
HT_IN	Don't know
	Refuse to answer
	[PROGRAMMER NOTE: show based on response to above]
	UNIVERSE: ht_unit=feet and inches
	<i>Enter feet</i> : ft [numeric, 2-7]
	AND
	Enter inches: in [numeric, 0-11]
	UNIVERSE: ht_unit= centimetres
	Enter centimetres: cm [numeric, 60-250]
SELF-REPORTED HEIGHT	UNIVERSE: ht_unit=feet and inches
CONFIRMATION	You entered [X] feet and [X] inches. Is that right?
	Yes
HT_FTIN_CONF HT_CM_CONF	No – I need to fix my answer
	Don't know
	Refuse to answer
	UNIVERSE: ht_unit= centimetres
	You entered [X] centimetres. Is that right?
	Yes
	No – I need to fix my answer
	Don't know
	Refuse to answer

SELF-REPORTED HEIGHT	UNIVERSE: ht_ftin_conf, or ht_cm_conf= No – I need to fix my answer
CORRECTION	How tall are you without shoes?
	Would you rather answer in:
HTC_UNIT	Feet and inches
HTC_CM HTC_FT	Centimetres
HTC_IN	Don't know
	Refuse to answer
	[PROGRAMMER NOTE: show based on response to above]
	UNIVERSE: htc_unit=feet and inches
	Enter feet: ft [numeric, 2-7]
	AND
	Enter inches: in [numeric, 0-11]
	UNIVERSE: htc_unit= centimetres
	Enter centimetres: cm [numeric, 60-250]
SELF-REPORTED WEIGHT	How much do you weigh without clothes or shoes?
COUNTRY SPECIFIC UNITS	Would you rather answer in:
	Stones and pounds (st/lb)
WT_UNIT	Pounds (lb)
WT_STLB	Kilograms (kg)
WT_LB WT_KG	Don't know
	Refuse to answer
	[PROGRAMMER NOTE: show based on response to above]
	UNIVERCE ut unit_stance and nounds (st //h)
	UNIVERSE: wt_unit= stones and pounds (st/lb) Enter stones: st [numeric]
	AND
	Enter pounds: lb [numeric, 0-13]
	UNIVERSE: wt_unit= pounds
	Enter pounds: Ib [numeric]
	UNIVERSE: wt_unit=kilograms
	Enter kilograms: kg [numeric]

SELF-REPORTED WEIGHT	UNIVERSE: wt_unit= stones and pounds (st/lb)
CONFIRMATION	You entered [X] stones and [X] pounds. Is that correct?
	Yes
COUNTRY SPECIFIC UNITS	No – I need to fix my answer
WT_STLB_CONF	Don't know
WT_LB_CONF	Refuse to answer
WT_KG_CONF	
	UNIVERSE: wt_unit= pounds
	You entered [X] pounds. Is that correct?
	Yes
	No – I need to fix my answer
	Don't know
	Refuse to answer
	UNIVERSE: wt_unit=kilograms
	You entered [X] kilograms. Is that correct?
	Yes
	No – I need to fix my answer
	, Don't know
	Refuse to answer

SELF-REPORTED WEIGHT	UNIVERSE: wt_stlb_conf, wt_lb_conf, or wt_kg_conf= No – I need to make a correction
CORRECTION	How much do you weigh without clothes or shoes?
COUNTRY SPECIFIC UNITS	Would you rather answer in: Stones and pounds (st/lb) Pounds (lb)
WTC_STLB WTC_LB	Kilograms (kg)
WTC_KG	Don't know Refuse to answer
	[PROGRAMMER NOTE: show based on response to above]
	UNIVERSE: wtc_unit= stones and pounds (st/lb)
	Enter stones: st [numeric] AND
	Enter pounds: lb [numeric]
	UNIVERSE: wtc_unit= pounds Enter pounds: lb [numeric]
	UNIVERSE: wtc_unit=kilograms Enter kilograms:kg [numeric]

END SCREEN	You're finished - thank you!
REVISED 2021 COUNTRY SPECIFIC WORDING	As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Board (REB #41477). If you have any questions for the Board, please contact the Office of Research Ethics in Canada at 001-519-888-4567 ext. 36005 or reb@uwaterloo.ca.
	For all other questions about the study, or if you are interested in receiving a copy of the study findings, please contact Professor David Hammond of the University of Waterloo in Canada at 001-519-888-4567 ext. 46462 or <u>dhammond@uwaterloo.ca</u> or Dr. Jean Adams, a local study researcher from the University of Cambridge in the United Kingdom at 01223 769142 or <u>jma79@medschl.cam.ac.uk</u> .
	Click NEXT to return to the survey company's website.
	Thanks again for your help.
PEDIPECT	Thanks for finishing the survey—you're a hero! Image: Comparison of the survey of the surve
REDIRECT	You will now be redirected back to the survey company.
NIELSEN END SCREEN	[Screen shown by Nielsen] Thank you for your participation in this survey! We appreciate your time and thank you for your opinions. You have earned [panel incentive].