



UNITED STATES SURVEY

2022 SURVEY (WAVE 6)

JULY 21, 2023



ACKNOWLEDGEMENTS

FUNDING FOR THE INTERNATIONAL FOOD POLICY STUDY WAS PROVIDED BY A CANADIAN INSTITUTES OF HEALTH RESEARCH (CIHR) PROJECT GRANT (PJT-162167), WITH ADDITIONAL SUPPORT FOR THE ADULT SURVEY FROM THE NATIONAL INSTITUTE OF DIABETES AND DIGESTIVE AND KIDNEY DISORDERS OF THE NATIONAL INSTITUTES OF HEALTH (R01 DK128967). THE CONTENT IS SOLELY THE RESPONSIBILITY OF THE AUTHORS AND DOES NOT NECESSARILY REPRESENT THE OFFICIAL VIEWS OF THE CANADIAN INSTITUTES FOR HEALTH RESEARCH, THE NATIONAL INSTITUTES OF HEALTH OR OTHER SOURCES OF FUNDING. THE STUDY HAS NO AFFILIATIONS WITH THE FOOD INDUSTRY AND THERE ARE NO CONFLICTS OF INTERESTS TO DECLARE.

SUGGESTED CITATION

HAMMOND D. INTERNATIONAL FOOD POLICY STUDY: UNITED STATES SURVEY – 2022 SURVEY (WAVE 6). UNIVERSITY OF WATERLOO. JULY 2023.

CONTACT

DAVID HAMMOND PhD
SCHOOL OF PUBLIC HEALTH SCIENCES
UNIVERSITY OF WATERLOO
WATERLOO, ON CANADA N2L 3G1
DHAMMOND@UWATERLOO.CA
WWW.DAVIDHAMMOND.CA



LIST OF MEASURES

| | |
|---|-----------|
| US MAIN SAMPLE – NIELSEN PLATFORM - INVITATION & PRESCREENER..... | 8 |
| SAMPLE EMAIL INVITATION | 8 |
| PANELIST AGE | 8 |
| PANELIST SEX | 8 |
| SURVEY LENGTH CONFIRMATION | 8 |
| PARENTAL STATUS | 8 |
| CHILD AGE AND GENDER | 9 |
| US MEXICAN-AMERICAN OVERSAMPLE - QUALTRICS PLATFORM - INVITATION & PRESCREENER | 10 |
| SAMPLE EMAIL INVITATION | 10 |
| PANELIST AGE | 11 |
| PANELIST SEX | 11 |
| PANELIST ORIGIN | 11 |
| HIGHEST EDUCATION | 11 |
| ELIGIBILITY SCREENER AND INFORMATION/CONSENT (IN ALCHEMER – ALL RESPONDENTS) | 12 |
| ELIGIBILITY INTRO | 12 |
| AGE | 12 |
| ETHNICITY | 12 |
| HISPANIC | 12 |
| HIGHEST EDUCATION | 13 |
| SEX AT BIRTH | 13 |
| INFO - NIELSEN | 13 |
| INFO – QUALTRICS | 15 |
| CONSENT | 16 |
| DEMOGRAPHICS..... | 17 |
| GENDER | 17 |
| STUDENT STATUS | 17 |
| OCCUPATION | 17 |
| CHILDREN – ANY | 17 |
| CHILDREN IN HOME - NUMBER | 18 |
| CURRENT LIVING SITUATION | 18 |
| FOOD SOURCES | 19 |
| FOOD SOURCE – EATING OUT FREQUENCY | 19 |
| FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED OUTSIDE THE HOME | 19 |
| FOOD SOURCE – PURCHASE FORMAT FOR FOOD PREPARED OUTSIDE THE HOME | 20 |
| FOOD SOURCE – % PREPARED OUTSIDE HOME | 20 |
| FOOD SOURCE – AT HOME INTRO | 20 |
| FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME | 21 |
| FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME BY PERCENTAGE | 22 |
| FOOD SOURCE – PURCHASE METHOD FOR FOOD PREPARED AT HOME | 22 |
| FOOD SOURCE – PURCHASE METHOD FOR FOOD PREPARED AT HOME BY PERCENTAGE | 23 |
| READY-TO-EAT MEALS | 23 |
| FOOD SOURCE – MEAL DELIVERY SERVICE USE FOR FOOD PREPARED AT HOME | 24 |
| FOOD SOURCE – MEAL DELIVERY SERVICE USE PREVIOUSLY INCLUDED | 24 |
| ONLINE ORDERING | 24 |
| ONLINE ORDERING FREQUENCY | 25 |
| FOOD BANK USE | 26 |
| FOOD AFFORDABILITY | 27 |
| FOOD AFFORDABILITY ACTIONS | 27 |
| FOOD AFFORDABILITY - FOOD PURCHASE IMPACT | 28 |
| BEVERAGE INTAKE..... | 28 |

| | |
|---|-----------|
| BEVERAGE FREQUENCY INTRO | 28 |
| BEVERAGE FREQUENCY QUESTIONNAIRE (BFQ) – NUMBER OF DRINKS BY TYPE | 29 |
| BFQ SIZE INTRO | 30 |
| BFQ – USUAL SIZE | 31 |
| BFQ – CONSUME AGUAS FRESCAS | 39 |
| BFQ – INCLUDE AGUAS FRESCAS | 39 |
| BFQ – NUMBER OF AGUAS FRESCAS | 39 |
| BFQ – USUAL SIZE OF AGUAS FRESCAS | 40 |
| FOOD PREPARATION AND FOOD SKILLS | 40 |
| FOOD SHOPPING ROLE | 40 |
| FREQUENCY OF PREPARING MAIN MEALS | 41 |
| COOKING SKILLS – GENERAL | 41 |
| FOOD SECURITY | 41 |
| FOOD SECURITY – INTRO | 41 |
| FOOD SECURITY – HH1 | 41 |
| FOOD SECURITY – HH INTRO | 42 |
| FOOD SECURITY – HH2 | 42 |
| FOOD SECURITY – HH3 | 42 |
| FOOD SECURITY – HH4 | 42 |
| FIRST LEVEL SCREENING | 42 |
| FOOD SECURITY – AD1 | 42 |
| FOOD SECURITY – AD1a | 42 |
| FOOD SECURITY – AD2 | 43 |
| FOOD SECURITY – AD3 | 43 |
| FOOD SECURITY – AD4 | 43 |
| SECOND LEVEL SCREENING | 43 |
| FOOD SECURITY – AD5 | 43 |
| FOOD SECURITY – AD5a | 43 |
| CHILD LEVEL 1 SCREENING | 44 |
| FOOD SECURITY CHILD INTRO | 44 |
| FOOD SECURITY – CH1 | 44 |
| FOOD SECURITY – CH2 | 44 |
| FOOD SECURITY – CH3 | 44 |
| CHILD LEVEL 2 SCREENING | 44 |
| FOOD SECURITY – CH4 | 44 |
| FOOD SECURITY – CH5 | 45 |
| FOOD SECURITY – CH5a | 45 |
| FOOD SECURITY – CH6 | 45 |
| FOOD SECURITY – CH7 | 45 |
| DRINKING WATER SOURCE | 45 |
| WATER SAFETY – DRINK | 46 |
| WATER TASTE | 46 |
| WATER SAFETY – FV CLEAN METHOD | 46 |
| DIETARY PATTERNS AND EFFORTS | 47 |
| EATING RESTRICTIONS | 47 |
| DIET MODIFICATION EFFORTS | 48 |
| DIET MODIFICATION EFFORTS | 48 |
| DIET MODIFICATION - SPECIAL EFFORT | 49 |
| PLANT BASED PROTEIN - EFFORT TO CONSUME | 49 |
| PLANT BASED PROTEIN – SPECIAL EFFORT | 49 |
| WEIGHT LOSS EFFORTS, BODY PERCEPTIONS, AND WEIGHT STIGMA | 50 |
| PERCEIVED BODY SIZE | 50 |
| BODY SIZE IDEAL | 51 |
| PERCEIVED WEIGHT | 51 |
| WEIGHT BEHAVIOUR | 51 |
| WEIGHT LOSS METHODS | 52 |

| | |
|--|-----------|
| EAT-3 BEHAVIOURAL ITEMS | 53 |
| EAT-3 ATTITUDINAL ITEM | 53 |
| WEIGHT TEASE | 53 |
| SUGARY DRINKS | 54 |
| POP PERCEIVED HEALTHINESS | 54 |
| POP ACCEPTABLE FREQUENCY FOR CHILDREN | 54 |
| SSB PERCEPTIONS - CONDITION | 55 |
| SSB PERCEIVED HEALTHINESS | 56 |
| SSB ACCEPTABLE FREQUENCY FOR CHILDREN | 56 |
| SSB DEFINITION | 56 |
| SSB SELF CONSUMPTION | 56 |
| SSB SOCIAL NORMS – Q3 | 57 |
| SSB SOCIAL NORMS – Q4 | 57 |
| SSB FAMILY CONSUMPTION FREQUENCY | 57 |
| SSB FRIENDS CONSUMPTION FREQUENCY | 57 |
| SSB IMPORTANCE SOCIAL GATHERING – SELF | 58 |
| SSB IMPORTANCE SOCIAL GATHERING – MEXICAN AMERICANS | 58 |
| SWEETENER ACCEPTABILITY FOR CHILDREN | 58 |
| NUTRITION KNOWLEDGE | 59 |
| SELF-REPORTED NUTRITION KNOWLEDGE | 59 |
| SOURCES OF NUTRITION INFORMATION | 59 |
| SOURCES OF NUTRITION INFO | 59 |
| PUBLIC EDUCATON | 60 |
| FOOD PACKAGING & LABELLING | 60 |
| NUTRITION INFO IN GROCERY STORES | 60 |
| LABEL UNDERSTANDING (OBJECTIVE) | 61 |
| NFT AWARENESS | 62 |
| NFT USE | 63 |
| NFT UNDERSTANDING | 64 |
| NFT INFLUENCE | 64 |
| PURCHASE FREQUENCY AT MEXICAN STORE | 64 |
| WL AWARENESS ON MEXICAN FOOD | 65 |
| WL IMPACT | 65 |
| WL AWARENESS ON MEXICAN DRINKS | 66 |
| DISCUSS LABELS | 66 |
| FOOD PROCESSING KNOWLEDGE | 67 |
| MENU LABELLING | 70 |
| LAST RESTAURANT VISIT | 70 |
| MENU LABELLING – NOTICING | 70 |
| MENU LABELLING – NOTICING LOCATION | 70 |
| MENU LABELLING – ORDER | 71 |
| MENU LABELLING – IMPACT | 71 |
| NUTRITION INFO IN RESTAURANTS | 71 |
| CALORIE LABELLING – AWARENESS | 71 |
| FOOD GUIDE / DIETARY RECOMMENDATIONS | 72 |
| FOOD GUIDE – LAST USE | 72 |
| FOOD GUIDE – USE | 72 |
| FOOD GUIDE – TRUST | 72 |
| FOOD MARKETING..... | 73 |
| EXPOSURE TO UNHEALTHY FOOD MARKETING - LOCATION | 73 |
| EXPOSURE TO UNHEALTHY FOOD MARKETING – GIVEAWAYS VS SPECIAL OFFERS | 73 |
| EXPOSURE TO UNHEALTHY FOOD MARKETING - FREQUENCY | 74 |
| EXPOSURE TO MARKETING STRATEGIES | 75 |
| CHILD ASK - MARKETING STRATEGIES | 75 |
| PARENT BUY- MARKETING STRATEGIES | 76 |

| | |
|---|-----------|
| PESTER POWER | 76 |
| UNHEALTHY FOOD CONSUMPTION FREQUENCY | 77 |
| CHILD – PRODUCTS | 77 |
| CHILD – TOY | 77 |
| CONCERN ABOUT CHILD’S EXPOSURE TO MARKETING | 78 |
| CHILD MEDIA CHANNELS – TIME ON WEEKDAY | 78 |
| CHILD SOCIAL MEDIA PLATFORM USE | 79 |
| FAVOURITE SOCIAL MEDIA INFLUENCERS | 79 |
| PRICE / TAXATION | 79 |
| SUGAR TAX | 79 |
| SUGAR TAX - AWARENESS | 79 |
| SUGAR TAX - IMPACT | 80 |
| POLICY SUPPORT | 81 |
| POLICY SUPPORT | 81 |
| SUSTAINABILITY POLICY SUPPORT | 82 |
| SUSTAINABILITY EFFORTS | 82 |
| BARRIERS TO SUSTAINABLE EATING | 82 |
| HEALTH LITERACY | 84 |
| GENERAL HEALTH STATUS | 86 |
| FRUIT CONSUMPTION | 86 |
| FRUIT JUICE CONSUMPTION | 87 |
| SALAD CONSUMPTION | 88 |
| FRIED POTATO CONSUMPTION | 89 |
| OTHER POTATO CONSUMPTION | 90 |
| OTHER VEGETABLE CONSUMPTION | 91 |
| GENERAL HEALTH | 91 |
| OVERALL DIET | 92 |
| MENTAL HEALTH | 92 |
| STRESS | 92 |
| CHRONIC DISEASES | 92 |
| OTHER HEALTH BEHAVIOURS..... | 93 |
| DATA QUALITY CHECK – MONTH | 93 |
| SMOKING – PAST 30 DAYS | 93 |
| MARIJUANA USE – FREQUENCY | 93 |
| ALCOHOL USE - FREQUENCY | 94 |
| ALCOHOL USE – BINGE DRINKING | 94 |
| SOCIODEMOGRAPHIC MEASURES | 95 |
| ETHNICITY | 95 |
| HISPANIC | 95 |
| COUNTRY OF BIRTH | 95 |
| YEARS OF RESIDENCY | 96 |
| ACCULTURATION SCALE PART 1 | 96 |
| ACCULTURATION SCALE PART 2 | 97 |
| ACCULTURATION SCALE PART 3 | 98 |
| IMPORTANCE OF FOOD | 99 |
| WORRY ABOUT FOOD | 99 |
| HIGHEST EDUCATION | 99 |
| PERCEIVED INCOME ADEQUACY | 100 |
| HOUSEHOLD SIZE | 100 |
| HOUSEHOLD INCOME | 101 |
| INCOME_USA | 101 |
| SUBJECTIVE SOCIAL STATUS | 102 |
| REGION | 103 |
| POSTAL CODE | 104 |
| SELF-REPORTED HEIGHT | 104 |

| | |
|-----------------------------------|-----|
| SELF-REPORTED HEIGHT CONFIRMATION | 105 |
| SELF-REPORTED HEIGHT CORRECTION | 105 |
| SELF-REPORTED WEIGHT | 105 |
| SELF-REPORTED WEIGHT CONFIRMATION | 106 |
| SELF-REPORTED WEIGHT CORRECTION | 106 |

US MAIN SAMPLE (NIELSEN PANELISTS) - DIETARY RECALL & FEEDBACK

SCREEN.....107

| | |
|----------------------|-----|
| KOALA | 107 |
| ASA24-REDIRECT | 107 |
| WELCOME | 108 |
| INCOMPLETE | 108 |
| END SCREEN - NIELSEN | 109 |
| REDIRECT TO NIELSEN | 109 |

MEXICAN AMERICAN OVERSAMPLE - QUALTRICS SAMPLE - FEEDBACK

SCREEN.....110

| | |
|------------------------|-----|
| END SCREEN - QUALTRICS | 110 |
| REDIRECT TO QUALTRICS | 110 |

US MAIN SAMPLE – NIELSEN PLATFORM - INVITATION & PRESCREENER

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|--|---|---|
| SAMPLE EMAIL INVITATION NEW 2019 | We've found a survey for you! Simply click "Continue" to begin the survey. NOTE TO ETHICS: This is an email sent to panelists by Nielsen and their partner panels. If panelists select 'continue' they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email invitations about panel incentives. | ¡Hemos encontrado una encuesta para usted! Solo haga clic en "Continuar" para comenzar con la encuesta. NOTE TO ETHICS: This is an email sent to panelists by Nielsen and their partner panels. If panelists select 'continue' they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email invitations about panel incentives. |
| PANELIST AGE NEW 2019 | What is your age? <i>[numeric]</i> <i>[f <18 or >100: TERMINATE]</i> NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers. | Por favor, indique su edad. <i>[numeric]</i> <i>[f <18 or >100: TERMINATE]</i> NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers. |
| PANELIST SEX NEW 2019 | What sex were you assigned at birth, meaning on your original birth certificate? Male Female NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers. | ¿Qué sexo se le asignó al nacer, es decir, en su acta de nacimiento original? Masculino Femenino NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers. |
| SURVEY LENGTH CONFIRMATION NEW 2020 | You MUST complete the survey in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later. Are you willing to participate? Yes <i>[REDIRECT TO SURVEY]</i> No <i>[TERMINATE]</i> | Usted DEBE completar la encuesta en una sola sesión. Si cierra la sesión o deja la encuesta inactiva durante más de 30 minutos, NO podrá reiniciarla ni continuarla más tarde. ¿Está dispuesto(a) a participar? Sí <i>[REDIRECT TO SURVEY]</i> No <i>[TERMINATE]</i> |
| PARENTAL STATUS NEW 2019 | Please choose the options that best describe your household: <i>[PROGRAMMER NOTE: Allow participants to select more than one of the first 3 options]</i> I am pregnant/expecting a child within the next 9 months I am the parent/legal guardian for one or more children under the age of 18 living in my household I am the parent/legal guardian for one or more children aged 18 or older living in my household I have no children living in my household and I am not pregnant/expecting a child within the next 9 months NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data is not provided to researchers. | Por favor elija las opciones que mejor describan su situación en su hogar: <i>[PROGRAMMER NOTE: Allow participants to select more than one of the first 3 options]</i> Estoy embarazada/esperando un/a hijo/a dentro de 9 meses. Tengo uno/a o más hijos/as menores de 18 años viviendo en mi hogar. Tengo uno/a o más hijos/as de 18 años o mayores viviendo en mi hogar. No tengo hijos/as viviendo en mi hogar y no estoy embarazada/esperando un/a dentro de 9 meses. NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data is not provided to researchers. |

| | | |
|---|---|--|
| <p>CHILD AGE AND GENDER</p> <p>NEW 2019 REVISED 2020</p> | <p><i>UNIVERSE: Respondents who indicated they had a child under the age of 18 living in the household.</i></p> <p>Please indicate the age and gender of any children under the age of 18 living in your household: [PROGRAMMER NOTE: Allow participants to select more than one option]</p> <p>Boy under age 1 Girl under age 1 Boy age 1 Girl age 1 Boy age 2 Girl age 2 Boy age 3 Girl age 3 Boy age 4 Girl age 4 Boy age 5 Girl age 5 Boy age 6 Girl age 6 Boy age 7 Girl age 7 Boy age 8 Girl age 8 Boy age 9 Girl age 9 Boy age 10 Girl age 10 Boy age 11 Girl age 11 Boy age 12 Girl age 12 Boy age 13 Girl age 13 Boy age 14 Girl age 14 Boy age 15 Girl age 15 Boy age 16 Girl age 16</p> | <p><i>UNIVERSE: Respondents who indicated they had a child under the age of 18 living in the household.</i></p> <p>Por favor, indique la edad y el sexo de los niños menores de 18 años que viven en su casa: [PROGRAMMER NOTE: Allow participants to select more than one option]</p> <p>Niño menor de 1 año Niña menor de 1 año Niño de 1 año Niña de 1 año Niño de 2 años Niña de 2 años Niño de 3 años Niña de 3 años Niño de 4 años Niña de 4 años Niño de 5 años Niña de 5 años Niño de 6 años Niña de 6 años Niño de 7 años Niña de 7 años Niño de 8 años Niña de 8 años Niño de 9 años Niña de 9 años Niño de 10 años Niña de 10 años Niño de 11 años Niña de 11 años Niño de 12 años Niña de 12 años Niño de 13 años Niña de 13 años Niño de 14 años Niña de 14 años Niño de 15 años Niña de 15 años Niño de 16 años</p> |
|---|---|--|

| | | |
|--|---|---|
| | <p>Boy age 17 Girl age 17 None of the above</p> <p>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data is not provided to researchers.</p> | <p>Niña de 16 años Niño de 17 años Niña de 17 años Ninguno de los anteriores</p> <p>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data is not provided to researchers.</p> |
|--|---|---|

US MEXICAN-AMERICAN OVERSAMPLE - QUALTRICS PLATFORM - INVITATION & PRESCREENER

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|--|---|--|
| <p>SAMPLE EMAIL INVITATION</p> <p>NEW 2021</p> | <p>A New Survey is Available</p> <p>Hi [name], Someone wants to know what you think...</p> <div style="display: flex; align-items: center; gap: 10px;">  <div style="text-align: center;"> <p>[X]</p> <p>Award Value</p> </div> <div style="text-align: center;"> <p>30 min</p> <p>Time to complete</p> </div> </div> <p>This survey won't be available for long. Act now if you're interested. Take Your Survey</p> <p>Can't open the link? You can copy the link below into your browser.</p> <p>After successfully completing this survey, it may take up to 5 business days to receive in your account.</p> <p>If you cannot participate in this survey we would appreciate it if you could decline participation in this survey by clicking on the following link: Decline survey</p> <p>NOTE TO ETHICS: This is an email sent to panelists by Qualtrics and their partner panels. If panelists select 'continue' they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email invitations about panel incentives.</p> | <p>Hay una Nueva Encuesta Disponible</p> <p>Hola [name], A alguien le gustaría saber qué piensa</p> <div style="display: flex; align-items: center; gap: 10px;">  <div style="text-align: center;"> <p>[X]</p> <p>Valor de la recompensa</p> </div> <div style="text-align: center;"> <p>30 min</p> <p>Tiempo para completar</p> </div> </div> <p>Esta encuesta no estará disponible por mucho tiempo. Actúe ahora si está interesado. Completar Su Encuesta</p> <p>¿No puede abrir la liga? Puede copiar la liga de abajo en su buscador.</p> <p>Una vez que haya completado de manera satisfactoria esta encuesta, podría tomar hasta 5 días hábiles para recibirla en su cuenta.</p> <p>Si no puede participar en esta encuesta agradeceremos que decline su participación en esta encuesta dando clic en la siguiente liga: Declinar encuesta</p> <p>NOTE TO ETHICS: This is an email sent to panelists by Qualtrics and their partner panels. If panelists select 'continue' they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email invitations about panel incentives.</p> |

| | | |
|--|--|---|
| <p>PANELIST AGE</p> | <p>What is your age? <i>[numeric]</i> <i>[If <18 or >100: TERMINATE]</i></p> <p>NOTE TO ETHICS: This is used as a quota screener by Qualtrics.</p> | <p>Por favor, indique su edad. <i>[numeric]</i> <i>[If <18 or >100: TERMINATE]</i></p> <p>NOTE TO ETHICS: This is used as a quota screener by Qualtrics.</p> |
| <p>PANELIST SEX</p> | <p>What sex were you assigned at birth, meaning on your original birth certificate? Male Female NOTE TO ETHICS: This is used as a quota screener by Qualtrics.</p> | <p>¿Qué sexo se le asignó al nacer, es decir, en su acta de nacimiento original? Masculino Femenino NOTE TO ETHICS: This is used as a quota screener by Qualtrics.</p> |
| <p>PANELIST ORIGIN NEW 2021</p> | <p>Do you consider yourself to be Mexican or of Mexican descent? Yes <i>[CONTINUE]</i> No <i>[TERMINATE]</i></p> <p>NOTE TO ETHICS: This is used as an eligibility screener by Qualtrics.</p> | <p>¿Usted se considera Mexicano(a) o de ascendencia Mexicana? Sí <i>[CONTINUE]</i> No <i>[TERMINATE]</i></p> <p>NOTE TO ETHICS: This is used as an eligibility screener by Qualtrics.</p> |
| <p>HIGHEST EDUCATION ADAPTED FROM ITC 4CV1, NHANES 2015-2016, CCHS 2014 REVISED 2021 / MOVED UP FOR OVERSAMPLE REVISED 2022</p> | <p>What is the highest level of formal education that you have <u>completed</u>? 8th Grade or lower 9th Grade 10th Grade 11th Grade 12th Grade / high school diploma Associate’s degree or vocational / technical certificate Bachelor’s degree University degree above the bachelor’s level (e.g., Master’s, professional school, doctorate) Other <i>[QUALTRICS TERMINATE]</i> Don’t know <i>[QUALTRICS TERMINATE]</i> Refuse to answer <i>[QUALTRICS TERMINATE]</i></p> <p>[PROGRAMMER NOTE: Quotas for 1700 Mexican American respondents with 12th Grade or less + 1700 Mexican American respondents with more than 12th Grade]</p> | <p>¿Cuál es el nivel más alto de estudios formales que usted ha <u>concluido</u>? Secundaria completa o menos Primer año de preparatoria/bachillerato (9º. Grado de high school) Segundo año de preparatoria/bachillerato (10º. Grado de high school) Tercer año de preparatoria/bachillerato (11º. Grado de high school) Preparatoria / bachillerato completo (12º. Grado / diplomado de high school) Estudios técnicos o comerciales Licenciatura o Universidad completa Título universitario más allá del nivel de licenciatura (por ejem., maestría, escuela profesional, doctorado) Otro <i>[QUALTRICS TERMINATE]</i> No sabe <i>[QUALTRICS TERMINATE]</i> Se negó a responder <i>[QUALTRICS TERMINATE]</i></p> <p>[PROGRAMMER NOTE: Quotas for 1700 Mexican American respondents with 12th Grade or less + 1700 Mexican American respondents with more than 12th Grade]</p> |

ELIGIBILITY SCREENER AND INFORMATION/CONSENT (IN ALCHEMER – ALL RESPONDENTS)

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|--|---|
| ELIGIBILITY INTRO | Before you continue to the study information, we need to confirm your eligibility with a few short questions. | Antes de pasar a la información del estudio, necesitamos confirmar su elegibilidad con unas breves preguntas. |
| AGE REVISÉD 2019 AGE | How old are you? [numeric] [Ineligible if <18 or >100: “Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company.”] | ¿Qué edad tiene? [numeric] [Ineligible if <18 or >100: “Desafortunadamente, no es elegible para el estudio. Muchas gracias por su tiempo. Ahora usted será redirigido a la empresa de encuestas.”] |
| ETHNICITY ITC ADAPTED REVISÉD 2019 (Spanish) REVISÉD 2020 MOVED UP FOR OVERSAMPLE) REVISÉD 2022 (universe) ETH_USA_WHITE ETH_USA_BLACK ETH_USA_HISPANIC ETH_USA_ASIAN ETH_USA_NATIVE ETH_USA_OTHER ETH_USA_OTEXT ETH_USA_DK ETH_USA_R | <i>UNIVERSE: US Qualtrics oversample; skip if in US main sample (they answer this question near the end of the survey instead)</i> People living in the United States come from many different cultural and racial backgrounds. Are you... (Select all that apply) White Black or African American Hispanic or Latino → [continue] Asian or Pacific Islander Native American Indian Other (please specify): _____ Don’t know Refuse to answer [If ‘oversample’ respondent did NOT select Hispanic or Latino: “Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company.”] | <i>UNIVERSE: US Qualtrics oversample; skip if in US main sample (they answer this question near the end of the survey instead)</i> Gente que vive en los Estados Unidos pertenece a diferentes raíces culturales y étnicas. ¿Qué grupo le describe mejor...? (Seleccione todas las opciones que apliquen) Blanco Negro o Afroamericano Hispano o Latino → [continue] Asiático o isleño del Pacífico Indio Americano Otro (especificar) _____ No sabe Se negó a responder [If ‘oversample’ respondent did NOT select Hispanic or Latino: “Desafortunadamente, no es elegible para el estudio. Muchas gracias por su tiempo. Ahora usted será redirigido a la empresa de encuestas.”] |
| HISPANIC REVISÉD 2020 (MOVED UP FOR OVERSAMPLE) REVISÉD 2022 (universe) HISP_USA_MEX HISP_USA_MEXAM HISP_USA_PUERTO HISP_USA_CUBAN HISP_USA_CUBANAM HISP_USA_OTHER HISP_USA_OTEXT HISP_USA_DK HISP_USA_R | <i>UNIVERSE: US Qualtrics oversample who are Hispanic or Latino (eth_USA_hispanic=yes); Skip if in US main sample (they answer this question near the end of the survey instead)</i> Hispanics and Latinos use different terms to describe themselves. In general, which one of the following terms do you use to describe yourself most often? (Select all that apply) Mexican → [continue] Mexican American or Chicano → [continue] Puerto Rican Cuban Cuban American Other (please specify): _____ Don’t know Refuse to answer | <i>UNIVERSE: US Qualtrics oversample who are Hispanic or Latino (eth_USA_hispanic=yes); Skip if in US main sample (they answer this question near the end of the survey instead)</i> Hispanos y Latinos usan diferentes términos para describirse a ellos mismos. Por lo general, ¿cuál de los siguientes términos usa con mayor frecuencia para describirse a usted mismo? (Seleccione todas las opciones que apliquen) Mexicano/a → [continue] Mexicano/a Americano/a o Chicano/a → [continue] Puertorriqueño/a Cubano/a Cubano/a Americano/a Otro (especificar) _____ No sabe |

| | | |
|---|---|---|
| | <p>[If ‘oversample’ respondent did NOT select ‘Mexican’ or ‘Mexican American or Chicano’: “Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company.”]</p> | <p>Se negó a responder</p> <p>[If ‘oversample’ respondent did NOT select ‘Mexicano/a’ or ‘Mexicano/a Americano/a o Chicano/a’: “Desafortunadamente, no es elegible para el estudio. Muchas gracias por su tiempo. Ahora usted será redirigido a la empresa de encuestas.”]</p> |
| <p>HIGHEST EDUCATION ADAPTED FROM ITC 4CV1, NHANES 2015-2016, CCHS 2014</p> <p>REVISED 2021 (MOVED UP FOR OVERSAMPLE) REVISED 2022 (universe)</p> <p>EDUC_COMP_USA EDUC_COMP_USA_OTEXT</p> | <p>UNIVERSE: US Qualtrics oversample Skip if in US main sample (they answer this question near the end of the survey instead)</p> <p>What is the highest level of formal education that you have completed?</p> <p>8th Grade or lower 9th Grade 10th Grade 11th Grade 12th Grade / high school diploma Associate’s degree or vocational / technical certificate Bachelor’s degree University degree above the bachelor’s level (e.g., Master’s, professional school, doctorate) Other (please specify): _____ [QUALTRICS TERMINATE] Don’t know [QUALTRICS TERMINATE] Refuse to answer [QUALTRICS TERMINATE]</p> <p>[PROGRAMMER NOTE: Quotas in Qualtrics sample for 1700 Mexican American respondents with 12th Grade or less (1530 EN and 170 SP) + 1700 Mexican American respondents with more than 12th Grade (1530 EN and 170 SP)]</p> | <p>UNIVERSE: US Qualtrics oversample Skip if in US main sample (they answer this question near the end of the survey instead)</p> <p>¿Cuál es el nivel más alto de estudios formales que usted ha concluido?</p> <p>Secundaria completa o menos Primer año de preparatoria/bachillerato (9º. Grado de high school) Segundo año de preparatoria/bachillerato (10º. Grado de high school) Tercer año de preparatoria/bachillerato (11º. Grado de high school) Preparatoria / bachillerato completo (12º. Grado / diplomado de high school) Estudios técnicos o comerciales Licenciatura o Universidad completa Título universitario más allá del nivel de licenciatura (por ejem., maestría, escuela profesional, doctorado) Otro (especificar): _____ [QUALTRICS TERMINATE] No sabe [QUALTRICS TERMINATE] Se negó a responder [QUALTRICS TERMINATE]</p> <p>[PROGRAMMER NOTE: Quotas in Qualtrics sample for 1700 Mexican American respondents with 12th Grade or less (1530 EN and 170 SP) + 1700 Mexican American respondents with more than 12th Grade (1530 EN and 170 SP)]</p> |
| <p>SEX AT BIRTH CIHR SUGGESTED METHOD (GRETA BAUER, WESTERN) SEX</p> | <p>What sex were you assigned at birth, meaning on your original birth certificate?</p> <p>Male Female</p> | <p>¿Qué sexo se le asignó al nacer, es decir, en su acta de nacimiento original?</p> <p>Masculino Femenino</p> |
| <p>INFO - NIELSEN</p> <p>REVISED 2021 REVISED 2022</p> | <p>UNIVERSE: US Main Sample (Nielsen panelists)</p> <p>Before you start the survey, please read the following information and let us know if you agree to participate.</p> <ul style="list-style-type: none"> - The survey will examine eating patterns. The study is being conducted by Professor David Hammond at the University of Waterloo, Canada. - You must be 18 years of age or older to participate in the study. - The survey has two sections: the first section will ask you questions about your diet and nutrition, and other health-related behaviors such as smoking and alcohol use. The second section will ask you about the food you ate yesterday. To complete the second section, you’ll be linked to a website run by the U.S. National Institutes of | <p>UNIVERSE: US Main Sample (Nielsen panelists)</p> <p>Antes de iniciar la encuesta, lea por favor la siguiente información e indíquenos si está de acuerdo en participar.</p> <ul style="list-style-type: none"> - La encuesta explorará patrones de alimentación. El estudio lo lleva a cabo el Profesor David Hammond de la Universidad de Waterloo en Canadá. - Debe tener 18 años de edad para participar en el estudio. - La encuesta tiene dos secciones: en la primera sección se le harán preguntas sobre su dieta y nutrición, y otros tipos de comportamientos relacionados con la salud, como los hábitos en cuanto a fumar o consumir alcohol. En la segunda sección se le harán preguntas sobre los alimentos que comió ayer. Para responder a la segunda sección, se le llevará a un sitio web |

| | | |
|--|--|--|
| | <p>Health. Each section will take 20-30 minutes – about an hour for the entire survey.</p> <ul style="list-style-type: none"> - You MUST complete the survey in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later. - Participation is voluntary. You can click ‘refuse to answer’ to any question you do not wish to answer. You can choose to stop the study at any time without penalty. If you choose to discontinue the study, you may receive remuneration by declining all further questions until the end of the survey. Any data already collected may be used in the study, unless you contact the researcher to have it deleted. - We take your privacy very seriously and will make every effort to keep your information strictly confidential. We will never share your personal information with any company or marketing firm. The study data will be collected using Alchemer software and the ASA24 system operated by the U.S. National Institutes of Health. Internet protocol (IP) addresses may be recorded by the software program used for this study to avoid duplicate responses in the dataset, but this information will not be used by the researchers or the owners of the programs to identify you personally. When information is transmitted over the internet, privacy cannot be guaranteed. There is always a risk your responses may be intercepted by a third party (e.g., government agencies, hackers). - The data will be stored for a minimum of 7 years on a secure University of Waterloo server in Canada. Analyses may also be conducted by international research team members, but only using de-identified data stored on password-protected computers. - This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829). However, the final decision about participation is yours. Participants who have concerns or questions about their involvement in the project may contact the Office of Research Ethics in Canada at 1-519-888-4567, ext. 36005 or reb@uwaterloo.ca. - If you have any questions about the study, please contact Professor David Hammond of the University of Waterloo in Canada, at 1-519-888-4567 ext. 46462 or dhammond@uwaterloo.ca, or Dr. James Thrasher, a local study researcher from the University of South Carolina in the United States at 1-803-777-4862 or thrasher@mailbox.sc.edu. | <p>dirigido por los Institutos Nacionales de Salud de Estados Unidos. Cada sección tomará de 20 a 30 minutos y toda la encuesta tomará alrededor de una hora.</p> <ul style="list-style-type: none"> - Usted DEBE completar la encuesta en una sola sesión. Si cierra la sesión o deja la encuesta inactiva durante más de 30 minutos, NO podrá reiniciarla ni continuarla más tarde. - La participación es voluntaria. Puede hacer clic en 'se negó a responder' a cualquier pregunta que no desee responder. y se puede saltar cualquier pregunta que no desee responder. Puede optar por salir del estudio en cualquier momento sin incurrir en ninguna penalidad. Si decide salir del estudio, podría recibir la remuneración si usted declina responder todas las preguntas que siguen hasta el final de la encuesta. Todos los datos recopilados hasta ese momento se podrían usar en el estudio a menos que usted se ponga en contacto con el investigador para que los elimine. - Su privacidad es un asunto de mucha seriedad para nosotros y haremos todo lo posible para mantener su información con la más estricta confidencialidad. Nunca compartiremos sus datos personales con ninguna compañía, ni con ninguna empresa de mercadotecnia. Los datos del estudio se recogerán con el software Alchemer y el sistema ASA24 operado por los Institutos Nacionales de Salud de los Estados Unidos. Las direcciones de protocolo de Internet (IP) podrían quedar registradas en los programas de software usados para este estudio para evitar respuestas duplicadas en la base de datos, pero esta información no será utilizada por los investigadores o los propietarios de los programas para identificarle a usted personalmente. Cuando se transmite información en Internet, no se puede garantizar la privacidad. Siempre existe el riesgo de que sus respuestas sean interceptadas por terceros (por ejemplo, agencias gubernamentales, piratas cibernéticos (hackers)). - Los datos se almacenarán 7 años como mínimo en un servidor seguro de la Universidad de Waterloo en Canadá. Los análisis también pueden ser realizados por los miembros de equipos de investigación internacionales, pero solo utilizando datos sin identificación almacenados en equipos de computación protegidos con contraseñas. - Los aspectos éticos del proyecto fueron revisados y aprobados por el Comité de Ética de la Investigación de la Universidad de Waterloo (REB #30829). Sin embargo, la decisión final para participar depende de usted. Las personas que entren al estudio y |
|--|--|--|

| | | |
|---|---|---|
| | | <p>tengan inquietudes o preguntas sobre su participación en el proyecto pueden comunicarse con la Oficina de Ética de la Investigación, al teléfono en Canadá 1-519-888-4567, ext. 36005, o al correo electrónico reb@uwaterloo.ca.</p> <ul style="list-style-type: none"> - Si tiene preguntas sobre el estudio, favor de comunicarse con el Profesor David Hammond de la Universidad de Waterloo al teléfono en Canadá 1-519-888-4567 ext. 46462, o al correo electrónico dhammond@uwaterloo.ca, o bien con el Dr. James Thrasher, investigador local de la Universidad de Carolina del Sur en los Estados Unidos, al teléfono 1-803-777-4862 o por email a thrasher@mailbox.sc.edu. |
| <p>INFO – QUALTRICS</p> <p>REVISED 2021 REVISED 2022</p> | <p><i>UNIVERSE: US Qualtrics Mexican American oversample</i></p> <p>Before you start the survey, please read the following information and let us know if you agree to participate.</p> <ul style="list-style-type: none"> - The survey will examine eating patterns. The study is being conducted by Professor David Hammond at the University of Waterloo, Canada and Dr. James Thrasher at the University of South Carolina, USA. - You will be asked about your diet and nutrition, and other health-related behaviors such as smoking and alcohol use. - The survey will take about 30 minutes to complete. - You must be 18 years of age or older to participate in the study. - Participation is voluntary. You can click ‘refuse to answer’ to any question you do not wish to answer. You can choose to stop the study at any time without penalty. If you choose to discontinue the study, you may receive remuneration by declining all further questions until the end of the survey. Any data already collected may be used in the study, unless you contact the researchers to have it deleted. - We take your privacy very seriously and will make every effort to keep your information strictly confidential. We will never share your personal information with any company or marketing firm. The study data will be collected using Alchemer software. Internet protocol (IP) addresses may be recorded by the software program used for this study to avoid duplicate responses in the dataset, but this information will not be used by the researchers or the owners of the programs to identify you personally. When information is transmitted over the internet, privacy cannot be guaranteed. There is always a risk your responses may be intercepted by a third party (e.g., government agencies, hackers). | <p><i>UNIVERSE: US Qualtrics Mexican American oversample</i></p> <p>Antes de iniciar la encuesta, lea por favor la siguiente información e indíquenos si está de acuerdo en participar.</p> <ul style="list-style-type: none"> - La encuesta explorará patrones de alimentación. El estudio lo lleva a cabo el Profesor David Hammond de la Universidad de Waterloo en Canadá y el Dr. James Thrasher de la Universidad Carolina del Sur en USA. - Se le harán preguntas sobre su dieta y nutrición, y otros tipos de comportamientos relacionados con la salud, como los hábitos en cuanto a fumar o consumir alcohol. - Contestar la encuesta le tomará unos 30 minutos. - Debe tener 18 años de edad para participar en el estudio. - La participación es voluntaria. Puede hacer clic en ‘se negó a responder’ a cualquier pregunta que no desee responder. Y se puede saltar cualquier pregunta que no desee responder. Puede optar por salir del estudio en cualquier momento sin incurrir en ninguna penalidad. Si decide salir del estudio, podría recibir la remuneración si usted declina responder todas las preguntas que siguen hasta el final de la encuesta. Todos los datos recopilados hasta ese momento se podrían usar en el estudio a menos que usted se ponga en contacto con el investigador para que los elimine. - Su privacidad es un asunto de mucha seriedad para nosotros y haremos todo lo posible para mantener su información con la más estricta confidencialidad. Nunca compartiremos sus datos personales con ninguna compañía, ni con ninguna empresa de mercadotecnia. Los datos del estudio se recogerán con el software Alchemer. Las direcciones de protocolo de Internet (IP) podrían quedar registradas en los programas de software usados |

| | | |
|--|---|---|
| | <ul style="list-style-type: none"> - The data will be stored for a minimum of 7 years on a secure University of Waterloo server in Canada and University of South Carolina server in the United States. Analyses may also be conducted by international research team members, but only using de-identified data stored on password-protected computers. - This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829) and the University of South Carolina Institutional Review Board. However, the final decision about participation is yours. Participants who have concerns or questions about their involvement in the project may contact the University of Waterloo Office of Research Ethics in Canada at 1-519-888-4567, ext. 36005 or reb@uwaterloo.ca. - If you have any questions about the study, please contact Professor David Hammond of the University of Waterloo in Canada, at 1-519-888-4567 ext. 46462 or dhammond@uwaterloo.ca, or Dr. James Thrasher of the University of South Carolina in the United States at 1-803-777-4862 or thrasher@mailbox.sc.edu. | <p>para este estudio para evitar respuestas duplicadas en la base de datos, pero esta información no será utilizada por los investigadores o los propietarios de los programas para identificarle a usted personalmente. Cuando se transmite información en Internet, no se puede garantizar la privacidad. Siempre existe el riesgo de que sus respuestas sean interceptadas por terceros (por ejemplo, agencias gubernamentales, piratas cibernéticos (hackers)).</p> <ul style="list-style-type: none"> - Los datos se almacenarán 7 años como mínimo en un servidor seguro de la Universidad de Waterloo en Canadá y la Universidad de Carolina del Sur en los Estados Unidos. Los análisis también pueden ser realizados por los miembros de equipos de investigación internacionales, pero solo utilizando datos sin identificación almacenados en equipos de computación protegidos con contraseñas. - Los aspectos éticos del proyecto fueron revisados y aprobados por el Comité de Ética de la Investigación de la Universidad de Waterloo (REB #30829) y la Universidad de Carolina del Sur. Sin embargo, la decisión final para participar depende de usted. Las personas que entren al estudio y tengan inquietudes o preguntas sobre su participación en el proyecto pueden comunicarse con la Oficina de Ética de la Investigación de la Universidad de Waterloo, al teléfono en Canadá 1-519-888-4567, ext. 36005, o al correo electrónico reb@uwaterloo.ca. - Si tiene preguntas sobre el estudio, favor de comunicarse con el Profesor David Hammond de la Universidad de Waterloo al teléfono en Canadá 1-519-888-4567 ext. 46462, o al correo electrónico dhammond@uwaterloo.ca, o bien con el Dr. James Thrasher de la Universidad de Carolina del Sur en los Estados Unidos, al teléfono 1-803-777-4862 o por email a thrasher@mailbox.sc.edu. |
| <p>CONSENT</p> <p>REVISED 2021</p> <p><i>CONSENT</i></p> | <p>Based on the information you received, do you agree to take part in this research study?</p> <p>Yes → <i>[continue to survey]</i></p> <p>No → Thank you for your time. You will now be redirected back to the survey company. <i>[TERMINATE]</i></p> | <p>Con base en la información que recibió, ¿está de acuerdo en formar parte de este estudio de investigación?</p> <p>Sí → <i>[pase a la encuesta]</i></p> <p>No → Gracias por su tiempo. Ahora usted se redirige a la empresa de encuestas. <i>[TERMINAR]</i></p> |

DEMOGRAPHICS

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|--|---|
| PREAMBLE REVISED 2020 | First, we'd like to ask a few questions about your background. | Primero, nos gustaría hacer algunas preguntas sobre sus antecedentes. |
| GENDER CIHR SUGGESTED METHOD (GRETA BAUER, WESTERN) GENDER GENDER_OTEXT | What is your current gender identity? Man Woman Trans male/trans man Trans female/trans woman Gender queer/gender non-conforming Different identity → Please specify: [<i>open-ended</i>] Don't know Refuse to answer | Actualmente, ¿cuál es su identidad de género? Hombre Mujer Trans masculino/hombre trans Trans femenina/mujer trans Queer/persona que no se ajusta a las normas tradicionales del género Otra identidad → Favor de especificar: [<i>respuesta abierta</i>] No sabe Se negó a responder |
| STUDENT STATUS STUDENT | Are you currently a student? No Yes, full-time Yes, part-time Don't know Refuse to answer | ¿Estudia actualmente? No Sí, tiempo completo Sí, medio tiempo No sabe Se negó a responder |
| OCCUPATION ADAPTED FROM CCHS OCCUP OCCUP_OTEXT | What was your <u>main</u> activity in the <u>past week</u>? Working at a paid job or business Vacation (from paid work) Looking for paid work Going to school (including vacation from school) Caring for children Household work Retired Maternity/paternity leave Long term illness Volunteering Caregiving other than for children Other (please specify): _____ Don't know Refuse to answer | ¿Cuál fue su actividad <u>principal</u> la <u>semana pasada</u>? Trabajar en un negocio o empleo remunerado Vacaciones (de un trabajo remunerado) Buscar trabajo remunerado Ir a la escuela (incluyendo vacaciones de la escuela) Cuidar a los niños Trabajo doméstico Retirado Licencia de ausencia por maternidad/paternidad Enfermedad larga Trabajar como voluntario Cuidar a personas que no son niños Otros (especificar): _____ No sabe Se negó a responder |
| CHILDREN – ANY CHILD_ANY | Do you have any children (including step-children or adopted children)? Yes No Don't know Refuse to answer | ¿Tiene hijos (incluidos hijastros o hijos adoptivos)? Sí No No sabe Se negó a responder |

| | | |
|---|---|---|
| <p>CHILDREN IN HOME - NUMBER BRFSS ADAPTED</p> <p>CHILD_HOME</p> | <p>UNIVERSE: Respondents with children (child_any=yes)</p> <p>How many of your children under the age of 18 live in your household (including step-children or adopted children)? [dropdown with numbers up to 10]</p> <p>Don't know Refuse to answer</p> | <p>UNIVERSE: Respondents with children (child_any=yes)</p> <p>¿Cuántos de sus hijos menores de 18 años viven en su hogar (incluyendo hijastros o hijos adoptados)? [dropdown with numbers up to 10]</p> <p>No sabe Se negó a responder</p> |
| <p>CHILDREN IN HOME – AGES</p> <p>REVISED 2019</p> <p>CHILD#_AGE CHILD#_DKR</p> | <p>UNIVERSE: Respondents with at least 1 child <18 in household (child_home>0)</p> <p>UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>Please enter the age[s] of your child[ren] who [is/are] under 18 that live[s] in your household, in years, in the box(es) below.</p> <p>Child #1 Age: [numeric, decimal allowed] Child #2 Age: [numeric, decimal allowed] Child #... [PROGRAMMER NOTE: add rows based on response to number of children living in household, up to 10 children]</p> <p>Don't know Refuse to answer</p> | <p>UNIVERSE: Respondents with at least 1 child <18 in household (child_home>0)</p> <p>UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>Introduzca [la edad/las edades] (en años) de [su hijo/sus hijos] que [es menor/son menores] de 18 años y que [vive/viven] en su hogar, en las casillas que están a continuación.</p> <p>Hijo #1 Edad: [numeric, decimal allowed] Hijo #2 Edad: [numeric, decimal allowed] Hijo #: [PROGRAMMER NOTE: add rows based on response to number of children living in household, up to 10 children]</p> <p>No sabe Se negó a responder</p> |
| <p>CURRENT LIVING SITUATION</p> <p>REVISED 2019</p> <p>LIVE_PARENT LIVE_SPOUSE LIVE_CHILD LIVE_ADCHILD LIVE_RELATIVE LIVE_ROOM LIVE_SCHOOL LIVE_ALONE LIVE_OTHER LIVE_DK LIVE_R LIVE_OTEXT</p> | <p>UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>[PROGRAMMER NOTE: Only display "My child(ren) under the age of 18" if child_home>0. Only display "My child(ren) age 18 or older" if child_any=yes]</p> <p>What is your current living situation? I live with... (Select all that apply)</p> <p>My parent(s)/guardian(s) My partner / spouse My child(ren) under the age of 18 My child(ren) age 18 or older Brother(s), sister(s), grandchild(ren), in-laws or other relative(s) People not related to me (roommates or housemates) I live in a residence at school, university or college I live alone Other → Please specify: [open-ended] Don't know Refuse to answer</p> | <p>UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>[PROGRAMMER NOTE: Only display "My child(ren) under the age of 18" if child_home>0. Only display "My child(ren) age 18 or older" if child_any=yes]</p> <p>¿Con quién vive actualmente? Vivo con... (Seleccione todas las opciones que apliquen)</p> <p>Mi padre y/o mi madre/tutor(es) Mi pareja/cónyuge Mi(s) hijo(s) menores de 18 años de edad Mi(s) hijo(s) de 18 años de edad o mayor(es) Hermano(s), hermana(s), nieto(s), parientes políticos u otro(s) pariente(s) Personas que no son familiares (compañeros de casa/habitación) Vivo en un dormitorio de la escuela, universidad o colegio Vivo solo(a) Otro → Favor de especificar: [respuesta abierta] No sabe Se negó a responder</p> |

FOOD SOURCES

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|--|---|--|
| <p>FOOD SOURCE – EATING OUT FREQUENCY NHANES</p> <p><i>EATOUT</i> <i>EATOUT_DKR</i></p> | <p>Next, I’m going to ask you about meals. By meal, I mean BREAKFAST, LUNCH AND DINNER.</p> <p>During the PAST 7 DAYS, how many meals did you get that were PREPARED AWAY FROM HOME in places such as restaurants, fast food places, food stands, or from vending machines? Only include snacks if they counted as your meal. Do NOT include today.</p> <p>Enter number: _____ meals [numeric 0-21] Don’t know Refuse to answer</p> | <p>A continuación, le voy a preguntar sobre las comidas. Por “comida”, me refiero a DESAYUNO, ALMUERZO y CENA.</p> <p>Durante los ÚLTIMOS 7 DÍAS, ¿cuántas comidas consumió que fueron PREPARADAS FUERA DE LA CASA en lugares como restaurantes, restaurantes de comida rápida, puestos de comida, o máquinas dispensadoras? Solo incluya bocadillos si estos cuentan como su comida. NO incluir las comidas de hoy.</p> <p>Escriba el número: _____ comidas [numeric 0-21] No sabe Se negó a responder</p> |
| <p>FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED OUTSIDE THE HOME</p> <p><i>EATOUT_LOC1...9</i> <i>EATOUT_LOC9_OTEXT</i> <i>EATOUT_LOC_DKR</i></p> | <p><i>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout>0)</i> You said you had [#] meal(s) prepared outside the home in the past 7 days.</p> <p>How many of these meals did you get from each of the following locations?</p> <p># of meals [numeric] Fast food / quick service / coffee shop (i.e., order from a counter, online, or by phone) [numeric] Sit-down restaurant with a server [numeric] Cafeteria (NOT including fast food chains) [numeric] Ready-to-eat / take-away from grocery store [numeric] Food truck / food stand / ‘street food’ [numeric] Convenience store / gas station [numeric] Sports, recreation, or entertainment venue [numeric] Vending machine [numeric] Some other kind of place (Please specify): Don't know Refuse to answer</p> | <p><i>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout>0)</i> Usted mencionó que consumió [#] comida(s) preparada(s) fuera de la casa en los últimos 7 días.</p> <p>¿Cuántas de estas comidas consumió de cada uno de los siguientes lugares?</p> <p># de comidas [numeric] Restaurante o cafetería de comida rápida / servicio rápido / cafetería (que se pide en un mostrador, en línea o por teléfono, por ejem., Starbucks, McDonalds, Subway) [numeric] Restaurante tradicional con meseros [numeric] Cafetería (SIN incluir cadenas de comida rápida como McDonalds) [numeric] Comida lista para consumirse de tiendas de abarrotes (por ejem., sandwiches, tortas, pan dulce) [numeric] Puesto de comida ambulante / “comida en la calle” [numeric] Tienda de conveniencia / gasolinería [numeric] Centro deportivo, recreativo o de entretenimiento [numeric] Máquina dispensadora [numeric] Otro tipo de lugar (Favor de especificar): No sabe Se negó a responder</p> |

| | | |
|--|---|--|
| <p>FOOD SOURCE – PURCHASE FORMAT FOR FOOD PREPARED OUTSIDE THE HOME</p> <p>REVISED 2019</p> <p>FROM_DELSERV FROM_DELDIRECT FROM_NEAR FROM_FAR FROM_DKR</p> | <p><i>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout>0)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>You said you had [#] meal(s) prepared outside the home in the past 7 days.</p> <p>How many of those meals were...</p> <p>[numeric] Ordered using a food delivery service (e.g., UberEats, Grubhub) and delivered to you</p> <p>[numeric] Ordered directly from a restaurant and delivered to you</p> <p>[numeric] Purchased in person at a restaurant / food outlet within 5 minutes of your home (using your usual mode of transportation, e.g., walk, drive, or public transport), excluding delivery</p> <p>[numeric] Purchased in person at a restaurant / food outlet more than 5 minutes away from your home (using your usual mode of transportation, e.g., walk, drive, or public transport), excluding delivery</p> <p>Don't know Refuse to answer</p> | <p><i>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout>0)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>Usted mencionó que consumió [#] comida(s) preparada(s) fuera de la casa en los últimos 7 días.</p> <p>¿Cuántas de esas comidas fueron...</p> <p>[numeric] Pedidas por medio de un servicio de entrega de alimentos (por ejemplo, UberEats, Grubhub) y entregadas a usted</p> <p>[numeric] Pedidas directamente a un restaurante y entregadas a usted</p> <p>[numeric] Compradas en persona en un restaurante / establecimiento de alimentos que está a 5 minutos ó menos de su casa (en su medio de transporte habitual, como por ejemplo, caminando, conduciendo o en transporte público), sin incluir la entrega</p> <p>[numeric] Compradas en persona en un restaurante / establecimiento de alimentos que está a más de 5 minutos de su casa (en su medio de transporte habitual, como por ejemplo, caminando, conduciendo o en transporte público), sin incluir la entrega</p> <p>No sabe Se negó a responder</p> |
| <p>FOOD SOURCE – % PREPARED OUTSIDE HOME</p> <p>EATOUT_PERC EATOUT_PERC_DKR</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>Thinking about ALL THE FOOD YOU ATE during the past 7 days, INCLUDING SNACKS, what percentage was prepared outside the home?</p> <p>Enter percentage: _____ [numeric percentage, 0 to 100%]</p> <p>Don't know Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>Pensando en TODOS LOS ALIMENTOS QUE COMIÓ en los últimos 7 días, INCLUYENDO BOCADILLOS, ¿qué porcentaje fueron preparados fuera de casa?</p> <p>Introduzca el porcentaje: [porcentaje numérico de 0 a 100%]</p> <p>No sabe Se negó a responder</p> |
| <p>FOOD SOURCE – AT HOME INTRO</p> | <p>We are now going to ask you about the food you ate during the past 7 days that was PREPARED AT HOME.</p> <p>For example: If you made lunch at home and brought it to work or school, this would be "prepared at home". If your food came from home - even if it needed little or no preparation (e.g., an apple or crackers) - that counts as "prepared at home". Include food prepared by you or someone else at home.</p> <p>DO NOT include drinks.</p> | <p>Ahora le vamos a preguntar sobre los alimentos que comió durante los últimos 7 días que FUERON PREPARADOS EN CASA.</p> <p>Por ejemplo: si preparó su almuerzo en casa y lo llevó al trabajo o a la escuela, la respuesta sería que fue "preparado en casa". Si sus alimentos vinieron de su casa, incluso si necesitaron poca o ninguna preparación (por. ejem., una manzana o galletas saladas), se considerarán "preparados en casa". Incluya los alimentos preparados en casa por usted o por alguien más.</p> <p>NO incluya bebidas.</p> |

| | | |
|--|--|---|
| <p>FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME</p> <p>REVISED 2019</p> <p>HS_1...10, HS_14 HS_DK HS_R HS_10_OTEXT HS_NONE</p> | <p>Please think about the food you ate that was <u>PREPARED AT HOME DURING THE PAST 7 DAYS</u>. Where was it <u>PURCHASED</u>? Select all that apply.</p> <p>Grocery store or supercenter Warehouse club (e.g., Costco) Convenience / corner store Drugstore / pharmacy Farmer’s market, produce stand, or CSA Ethnic or specialty food store / market Bulk food store Grocery delivery Food bank Grown by you or someone you know Some other place → Please specify: [open-ended] I have not prepared any food at home in the past 7 days Don’t know Refuse to answer</p> | <p>Piense por favor en los alimentos que comió que fueron <u>PREPARADOS EN CASA EN LOS ÚLTIMOS 7 DÍAS</u>. ¿Dónde fueron <u>COMPRADOS</u>? Seleccione todas las opciones que apliquen.</p> <p>Supermercado o « supercenter » (por ejem., Walmart) Club o almacén (por ejem., Costco) Tienda de conveniencia / tienda de abarrotes o tiendita de la esquina Farmacia Mercado sobre ruedas o mercado de agricultores Tienda de especialidades o comida étnica Tienda de alimentos a granel Entrega a domicilio “Food bank” o un lugar donde se distribuyen alimentos gratuitos Cultivados / criados por usted o alguien que conoce No he preparado ningún alimento en casa en los últimos 7 días Otro tipo de lugar → Favor de especificar: [respuesta abierta] No sabe Se negó a responder</p> |
|--|--|---|

| | | |
|--|---|--|
| <p>FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME BY PERCENTAGE</p> <p>REVISED 2019</p> <p>HSP_1...10, HSP_14 HSP_DK HSP_R</p> | <p>UNIVERSE: Respondents who indicated they purchased meals from any locations in the previous HS question. UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>Still thinking about the food PREPARED AT HOME IN THE PAST 7 DAYS, what percentage of food was purchased from each place?</p> <p>Enter a percentage for each source. Sources must add to 100%.</p> <p>[PROGRAMMER NOTE: Only show locations selected in previous question.]</p> <p>[numeric] Grocery store or supercenter [numeric] Warehouse club (e.g., Costco) [numeric] Convenience / corner store [numeric] Drugstore / pharmacy [numeric] Farmer’s market, produce stand, or CSA [numeric] Ethnic or specialty food store / market [numeric] Grocery delivery [numeric] Bulk food store [numeric] Food bank [numeric] Grown by you or someone you know [numeric] [PROGRAMMER: Insert “Some other place” text from previous question]</p> <p>[fill with total] out of 100% Total</p> <p>Don’t know Refuse to answer</p> | <p>UNIVERSE: Respondents who indicated they purchased meals from any locations in the previous HS question. UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>Pensando todavía en los alimentos PREPARADOS EN CASA EN LOS ÚLTIMOS 7 DÍAS, ¿qué porcentaje de alimentos se compró en cada uno de los siguientes lugares?</p> <p>Anote el porcentaje para cada una de las fuentes. El total debe sumar 100%.</p> <p>[PROGRAMMER NOTE: Only show locations selected in previous question.]</p> <p>[numeric] Supermercado o « supercenter » (por ejem., Walmart) [numeric] Club o almacén (por ejem., Costco) [numeric] Tienda de conveniencia / tienda de abarrotes o tiendita de la esquina [numeric] Farmacia [numeric] Mercado sobre ruedas o mercado de agricultores [numeric] Tienda de especialidades o comida étnica [numeric] Tienda de alimentos a granel [numeric] Entrega a domicilio [numeric] “Food bank” o un lugar donde se distribuyen alimentos gratuitos [numeric] Cultivados / criados por usted o alguien que conoce [numeric] [PROGRAMMER: Insert “Some other place” text from previous question]</p> <p>[anote el total] de 100% en total</p> <p>No sabe Se negó a responder</p> |
| <p>FOOD SOURCE – PURCHASE METHOD FOR FOOD PREPARED AT HOME</p> <p>NEW 2020</p> <p>PM_STORE PM_ONLINE PM_FRIEND PM_FBANK PM_GROW PM_OTHER PM_OTEXT PM_DK PM_R</p> | <p>UNIVERSE: Skip if previously selected “I have not prepared any food at home in the past 7 days” (HS14=Checked) UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>Still thinking about the food PREPARED AT HOME IN THE PAST 7 DAYS, how/where did you get the food?</p> <p>Select all that apply.</p> <p>In-store Ordered online (delivery or pick-up) Someone outside my household (e.g., friend, relative) purchased my groceries and delivered them Food bank Grown by you or someone you know Some other source → Please specify: [open-ended] Don’t know Refuse to answer</p> | <p>UNIVERSE: Skip if previously selected “I have not prepared any food at home in the past 7 days” (HS14=Checked) UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>Pensando todavía en los alimentos PREPARADOS EN CASA EN LOS ÚLTIMOS 7 DÍAS, ¿cómo/dónde consiguió los alimentos?</p> <p>Seleccione todas las opciones que apliquen.</p> <p>En una tienda Pedido en línea (se entregó o fue recogida) Alguien fuera de mi casa (p. ej., amigo, pariente) compró mis comestibles y me los entregó Bodega de alimentos Cultivados / criados por usted o alguien que conoce Alguna otra fuente → Favor de especificar: [respuesta abierta] No sabe Se negó a responder</p> |

| | | |
|---|--|---|
| <p>FOOD SOURCE – PURCHASE METHOD FOR FOOD PREPARED AT HOME BY PERCENTAGE</p> <p>NEW 2020</p> <p>PMP_STORE PMP_ONLINE PMP_FRIEND PMP_FBANK PMP_GROW PMP_OTHER PMP_DK PMP_R</p> | <p>UNIVERSE: Respondents who indicated they purchased meals using any of the methods in the previous question. UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>What percentage of the food PREPARED AT HOME IN THE PAST 7 DAYS came from each of the following sources?</p> <p>Enter a percentage for each source. Sources must add to 100%.</p> <p>[PROGRAMMER NOTE: Only show methods selected in previous question.] [numeric] In-store [numeric] Ordered online (delivery or pick-up) [numeric] Someone outside my household (e.g., friend, relative) purchased my groceries and delivered them [numeric] Food bank [numeric] Grown by you or someone you know [numeric] [PROGRAMMER: Insert “Some other source” text from previous question]</p> <p>[fill with total] out of 100% Total</p> <p>Don’t know Refuse to answer</p> | <p>UNIVERSE: Respondents who indicated they purchased meals using any of the methods in the previous question. UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>¿Qué porcentaje de alimentos PREPARADOS EN CASA EN LOS ÚLTIMOS 7 DÍAS se compró en cada uno de los siguientes lugares?</p> <p>Anote el porcentaje para cada una de las fuentes. El total debe sumar 100%.</p> <p>[PROGRAMMER NOTE: Only show methods selected in previous question.] [numeric] En una tienda [numeric] Pedido en línea (se entregó o fue recogida) [numeric] Alguien fuera de mi casa (p. ej., amigo, pariente) compró mis comestibles y me los entregó [numeric] Bodega de alimentos [numeric] Cultivados / criados por usted o alguien que conoce [numeric] [PROGRAMMER: Insert “Alguna otra fuente” text from previous question]</p> <p>[fill with total] out of 100% Total</p> <p>No sabe Se negó a responder</p> |
| <p>READY-TO-EAT MEALS</p> <p>READY READY_DKR</p> | <p>UNIVERSE: Respondents who did NOT indicate they “have not prepared any food at home in the past 7 days” (HS_none not selected) UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>Thinking about the MEALS PREPARED AT HOME in the past 7 days, what percentage was “ready-to-eat” or “box food” (e.g., microwave, frozen or packaged meals)?</p> <p>This includes foods like frozen pizza, chicken fingers, Kraft dinner, minute rice, canned soup, baking mixes, instant oatmeal, toaster waffles, etc.</p> <p>Enter percentage: _____ [numeric percentage, 0 to 100%]</p> <p>Don’t know Refuse to answer</p> | <p>UNIVERSE: Respondents who did NOT indicate they “have not prepared any food at home in the past 7 days” (HS_none not selected) UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>Pensando en las COMIDAS PREPARADAS EN CASA en los últimos 7 días, ¿qué porcentaje estaban “listas para comer” o eran “alimentos en caja” (por ejem., para microondas, congelados o comidas empacadas)?</p> <p>Esto incluye alimentos como pizza congelada, nuggets de pollo, arroz instantáneo, sopa enlatada, avena instantánea, etc.</p> <p>Introduzca el porcentaje: [porcentaje numérico de 0 a 100%]</p> <p>No sabe Se negó a responder</p> |

| | | |
|--|--|--|
| <p>FOOD SOURCE – MEAL DELIVERY SERVICE USE FOR FOOD PREPARED AT HOME</p> <p>NEW 2022</p> <p>COUNTRY SPECIFIC WORDING</p> <p>MEALKIT</p> <p>FOOD SOURCE – MEAL DELIVERY SERVICE USE PREVIOUSLY INCLUDED</p> <p>NEW 2022</p> <p>MEALKIT_INCL</p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>One last question about the food prepared at home:</p> <p>Was any of the food purchased in the past 7 days from a meal kit delivery service (e.g., HelloFresh, Blue Apron)?</p> <p>Yes No Don't know Refuse to answer</p> <p><i>UNIVERSE: Respondents who indicated they purchased food through a meal kit delivery service</i></p> <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>When answering questions about where you got your food, did you include the meal kits?</p> <p>Yes No Don't know Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>Una última pregunta sobre los alimentos preparados en casa:</p> <p>¿Algunos de los alimentos comprados en los últimos 7 días era de un servicio de entrega de kits de comida (por ejemplo, HelloFresh, Blue Apron)?</p> <p>Sí No No sabe Se negó a responder</p> <p><i>UNIVERSE: Respondents who indicated they purchased food through a meal kit delivery service</i></p> <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>Al responder a las preguntas sobre dónde obtuvo los alimentos, ¿incluyó los kits de comida?</p> <p>Sí No No sabe Se negó a responder</p> |
| <p>ONLINE ORDERING</p> <p>NEW 2022</p> <p>COUNTRY SPECIFIC WORDING</p> <p>ONLN_REST ONLN_GSTORE ONLN_GONLN ONLN_CONV ONLN_ALC ONLN_NONE ONLN_DK ONLN_R</p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>Have you ordered any of the following <u>online or using an app</u>, for pick-up or delivery in the past 30 days?</p> <p>We want to know if YOU have done this (don't include if your family or others have ordered for you).</p> <p>(Select all that apply).</p> <p>Meals/food/drinks from a restaurant Groceries from a supermarket or supercenter (e.g., Walmart) Groceries from an online-only store (e.g., Amazon) Snacks/food/drinks from a convenience store Alcohol None of the above Don't know Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>¿Ha pedido alguno de los siguientes productos <u>en línea o mediante una aplicación</u> para ir a recogerlos o a domicilio en los últimos 30 días?</p> <p>Queremos saber si USTED lo ha hecho (no incluya si su familia u otras personas la han pedido por usted).</p> <p>(Seleccione todas las opciones que apliquen).</p> <p>Comidas/alimentos/bebidas de un restaurante Alimentos/comestibles de un supermercado o « supercenter » (p. ej., Walmart) Alimentos/comestibles de una tienda en línea (p. ej., Amazon) Bocadillos/alimentos/bebidas de una tienda de conveniencia Alcohol Ninguna de las anteriores No sabe Se negó a responder</p> |

| | | |
|---|--|--|
| <p>ONLINE ORDERING FREQUENCY</p> <p>NEW 2022</p> <p>COUNTRY SPECIFIC WORDING</p> <p>ONLN_REST_FREQ ONLN_GSTORE_FREQ ONLN_GONLN_FREQ ONLN_CONV_FREQ ONLN_ALC_FREQ</p> | <p><i>UNIVERSE: Respondents who ordered food online/using an app from a convenience store and/or a restaurant, and/or groceries from a supermarket and/or groceries from an online-only stores, and/or alcohol</i></p> <p>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</p> <p>[PROGRAMMER NOTE: Only show items selected in previous question.]</p> <p>How often have you ordered <u>meals/food/drinks from a restaurant</u> online or using an app in the past 30 days?</p> <p>Less than once a week Once a week A few times a week Every day Don't know Refuse to answer</p> <p>How often have you ordered <u>groceries from a supermarket or supercenter (e.g., Walmart)</u> online or using an app in the past 30 days?</p> <p>Less than once a week Once a week A few times a week Every day Don't know Refuse to answer</p> <p>How often have you ordered <u>groceries from an online-only store (e.g., Amazon)</u> online or using an app in the past 30 days?</p> <p>Less than once a week Once a week A few times a week Every day Don't know Refuse to answer</p> <p>How often have you ordered <u>snacks/food/drinks from a convenience store</u> online or using an app in the past 30 days?</p> <p>Less than once a week Once a week A few times a week Every day Don't know Refuse to answer</p> | <p><i>UNIVERSE: Respondents who ordered food online/using an app from a convenience store and/or a restaurant, and/or groceries from a supermarket and/or groceries from an online-only stores, and/or alcohol</i></p> <p>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</p> <p>[PROGRAMMER NOTE: Only show items selected in previous question.]</p> <p>¿Con qué frecuencia ha pedido <u>comidas/alimentos/bebidas de un restaurante</u> en línea o mediante una aplicación en los últimos 30 días?</p> <p>Menos de una vez a la semana Una vez por semana Algunas veces a la semana Cada día No sabe Se negó a responder</p> <p>¿Con qué frecuencia ha pedido <u>alimentos/comestibles a un supermercado o « supercenter » (p. ej., Walmart)</u> en línea o mediante una aplicación en los últimos 30 días?</p> <p>Menos de una vez a la semana Una vez por semana Algunas veces a la semana Cada día No sabe Se negó a responder</p> <p>¿Con qué frecuencia ha pedido <u>alimentos/comestibles a una tienda en línea (p. ej., Amazon)</u> en línea o mediante una aplicación en los últimos 30 días?</p> <p>Menos de una vez a la semana Una vez por semana Algunas veces a la semana Cada día No sabe Se negó a responder</p> <p>¿Con qué frecuencia ha pedido <u>bocadillos/alimentos/bebidas a una tienda de conveniencia</u> en línea o mediante una aplicación en los últimos 30 días?</p> <p>Menos de una vez a la semana Una vez por semana Algunas veces a la semana Cada día No sabe Se negó a responder</p> |
|---|--|--|

| | | |
|---|---|--|
| | <p>How often have you ordered <u>alcohol</u> online or using an app in the past 30 days? Less than once a week Once a week A few times a week Every day Don't know Refuse to answer</p> | <p>¿Con qué frecuencia ha pedido <u>alcohol</u> en línea o mediante una aplicación en los últimos 30 días? Menos de una vez a la semana Una vez por semana Algunas veces a la semana Cada día No sabe Se negó a responder</p> |
| <p>FOOD BANK USE Adapted from Canadian Household Panel Survey – 2008 NEW 2022 COUNTRY SPECIFIC WORDING FDBANK_USE COMSERV_USE</p> | <p>In the past 12 months, has anyone in your household used the following:</p> <p>Food bank Yes No Don't know Refuse to answer</p> <p>Other community service that provides free food to people in need Yes No Don't know Refuse to answer</p> | <p>En los últimos 12 meses, ¿alguien de su hogar ha utilizado lo siguiente?</p> <p>Banco de alimentos Sí No No sabe Se negó a responder</p> <p>Otro servicio comunitario que proporcione alimentos gratuitos a personas necesitadas Sí No No sabe Se negó a responder</p> |
| <p>FOOD BANK USE FREQUENCY NEW 2022 FDBANK_FREQ COUNTRY SPECIFIC WORDING COMSERV_FREQ</p> | <p><i>UNIVERSE: Respondents who indicated they used a food bank</i> <i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i> How many times did anyone in your household use a <u>food bank in the past 30 days?</u> None Once Twice Three times Four or more times Don't know Refuse to answer</p> <p><i>UNIVERSE: Respondents who indicated they used a community service to access free food</i> <i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i> How many times did anyone in your household use <u>another community service that provides free food to people in need in the past 30 days?</u> None Once Twice Three times</p> | <p><i>UNIVERSE: Respondents who indicated they used a food bank</i> <i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i> ¿Cuántas veces utilizó alguien de su hogar un <u>banco de alimentos en los últimos 30 días?</u> Ninguno Una vez Dos veces Tres veces Cuatro o más veces No sabe Se negó a responder</p> <p><i>UNIVERSE: Respondents who indicated they used a community service to access free food</i> <i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i> ¿Cuántas veces utilizó alguien de su hogar <u>otro servicio comunitario que proporcione alimentos gratuitos a personas necesitadas en los últimos 30 días?</u> Ninguno Una vez Dos veces</p> |

| | | |
|--|--|--|
| | <p>Four or more times Don't know Refuse to answer</p> | <p>Tres veces Cuatro o más veces No sabe Se negó a responder</p> |
| <p>FOOD AFFORDABILITY NEW 2022 AFF</p> | <p>Has food become more expensive for you in the last 12 months? Much less expensive A little less expensive No change A little more expensive Much more expensive Don't know Refuse to answer</p> | <p>¿Los alimentos le han parecido más caros en los últimos 12 meses? Mucho menos caros Un poco menos caros Sin cambio Un poco más caros Mucho más caros No sabe Se negó a responder</p> |
| <p>FOOD AFFORDABILITY ACTIONS NEW 2022 COUNTRY SPECIFIC WORDING AFF_ACT_BRAND AFF_ACT_LESS AFF_ACT_TYPES AFF_ACT_CHAIN AFF_ACT_BULK AFF_ACT_DISC AFF_ACT_GREW AFF_ACT_SCRATCH AFF_ACT_FDBANK AFF_ACT_REST AFF_ACT_NONE AFF_ACT_DK AFF_ACT_R</p> | <p><i>UNIVERSE: Respondents who indicated that food is a little or much more expensive</i> <i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i> Have you done anything different in the last 12 months because food is more expensive? (Select all that apply). [PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION.] Switched to less expensive brands Bought less food Changed the types of foods I buy Shopped at lower-priced grocery stores or discount chains Bought in bulk or value sizes Used more discount coupons or sales Grew more of my own food Baked or cooked from scratch more Used a food bank or other food assistance Bought less restaurant food None of the above Don't know Refuse to answer</p> | <p><i>UNIVERSE: Respondents who indicated that food is a little or much more expensive</i> <i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i> ¿Ha hecho algo diferente en los últimos 12 meses porque los alimentos son más caros? (Seleccione todas las opciones que apliquen). [PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION.] He cambiado a marcas más baratas He comprado menos alimentos He cambiado los tipos de alimentos que compro He comprado en tiendas de comestibles o cadenas de descuento más baratas He comprado a granel o en tamaños que rindan más He usado más cupones de descuento, ofertas o rebajas He cultivado más alimentos para mí He horneado o cocinado más desde cero Ha recurrido a un banco de alimentos u otro programa de asistencia alimentaria Compré menos comida de restaurantes Ninguna de las anteriores No sabe Se negó a responder</p> |

| | | |
|---|--|--|
| <p>FOOD AFFORDABILITY - FOOD PURCHASE IMPACT</p> <p>NEW 2022</p> <p>COUNTRY SPECIFIC WORDING</p> <p>AFF_BUY_FV AFF_BUY_MEAT AFF_BUY_MILK AFF_BUY_SNACK AFF_BUY_DESSERT AFF_BUY_BEV AFF_BUY_READY</p> | <p><i>UNIVERSE: Respondents who indicated that food is a little or much more expensive</i></p> <p>Has price affected how much you buy of these foods? [PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION.]</p> <p>Fresh fruits and vegetables</p> <p>Meat</p> <p>Milk and cheese</p> <p>Snacks like crackers, chips or granola bars</p> <p>Desserts or treats like cookies, ice cream or candy</p> <p>Non-alcoholic beverages like soda and juice</p> <p>Microwave, frozen or pre-prepared meals</p> <p>[PROGRAMMER NOTE: Use table format]</p> <p>Buy less Buy more No change Don't know Refuse to answer</p> | <p><i>UNIVERSE: Respondents who indicated that food is a little or much more expensive</i></p> <p>¿El precio ha afectado la cantidad que compra de estos alimentos? [PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION.]</p> <p>Frutas y verduras frescas</p> <p>Carne</p> <p>Leche y queso</p> <p>Botanas como galletas saladas, papas fritas/chips o barras de granola</p> <p>Postres o golosinas como galletas, helados o dulces</p> <p>Bebidas no alcohólicas como jugos, refrescos o gaseosas</p> <p>Comidas de microondas, congeladas o ya preparadas</p> <p>[PROGRAMMER NOTE: Use table format]</p> <p>Compra menos Compra más No ha cambiado No sabe Se negó a responder</p> |
|---|--|--|

BEVERAGE INTAKE

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|--|--|---|
| <p>BEVERAGE FREQUENCY INTRO</p> | <p>Next, we'd like to ask you about the drinks you've had over the PAST 7 DAYS.</p> <p>We'll be asking you about different categories of drinks.</p> <p>First, we'll ask you the TOTAL NUMBER OF DRINKS you've had in each category.</p> <p>Second, we'll ask you about your USUAL SIZE OF DRINK in each category.</p> | <p>A continuación, quisiéramos preguntarle sobre las bebidas que ha tomado durante los ÚLTIMOS 7 DÍAS.</p> <p>Le preguntaremos acerca de diferentes categorías de bebidas.</p> <p>Primero le pediremos el NÚMERO TOTAL DE BEBIDAS que ha consumido de cada categoría.</p> <p>En segundo lugar, le preguntaremos acerca del TAMAÑO USUAL DE SU BEBIDA de cada categoría.</p> |

| | | |
|--|--|---|
| <p>BEVERAGE FREQUENCY QUESTIONNAIRE (BFQ) – NUMBER OF DRINKS BY TYPE ADAPTED FROM SEVERAL OTHER PAPER FFQS FOR BEVERAGES.</p> <p>REVISED 2019</p> <p>BFQ_#_N BFQ_NONE BFQ_DK_N BFQ_R_N</p> | <p>During the PAST 7 DAYS, HOW MANY DRINKS did you have in each category below?</p> <p>For example, if you had 2 regular sodas or pops during the past 7 days, you would enter 2 in that box. If you had 1 regular soda or pop EACH day, you would enter 7 in that box.</p> <p>[PROGRAMMER NOTE: Responses must be numeric and between 0-100; only allow participant to select 1 of none of the above, DK or R]</p> <p># OF DRINKS</p> <p>[numeric] Regular soda or pop (Coke, Pepsi, 7-up, Sprite, root beer, etc) *Not including diet pop</p> <p>[numeric] Diet soda or pop (Diet Pepsi, Coke Zero, etc.)</p> <p>[numeric] 100% fruit or vegetable juice (orange juice, apple juice, etc.)</p> <p>[numeric] Sweetened fruit drinks (lemonade, iced tea, SunnyD, fruit punch/cocktail, etc.)</p> <p>[numeric] Low-/no-calorie fruit drinks (diet lemonade, unsweetened iced tea, etc.)</p> <p>[numeric] Tap water</p> <p>[numeric] Plain bottled water</p> <p>[numeric] Regular flavored waters or vitamin waters <u>with</u> calories</p> <p>[numeric] Low-/no-calorie flavored waters or vitamin waters (Crystal Light, Mio, etc.)</p> <p>[numeric] Regular sports drinks (Gatorade, Powerade, etc.)</p> <p>[numeric] Low-/no-calorie sports drinks (G2, Powerade Zero, etc.)</p> <p>[numeric] Regular energy drinks (Red Bull, Rockstar, Monster, etc.)</p> <p>[numeric] Low-/no-calorie energy drinks (Red Bull Sugarfree, etc.)</p> <p>[numeric] White milk or unsweetened milk alternatives (unsweetened soy, almond, etc.) as a beverage *NOT including milk consumed in cereal, etc.</p> <p>[numeric] Chocolate or flavored milk (incl. hot chocolate), or sweetened milk alternatives (sweetened soy, almond, etc.)</p> <p>[numeric] Coffee or tea, <u>with</u> sugar (with or without milk)</p> <p>[numeric] Coffee or tea, <u>no sugar</u> (with or without milk or artificial sweetener)</p> <p>[numeric] Sweetened speciality coffees or teas (mochas, frappuccinos, chai lattes, iced coffee, etc.)</p> <p>[numeric] Sweetened smoothies, protein shakes, or drinkable yogurt</p> <p>[numeric] Unsweetened smoothies, protein shakes, or drinkable yogurt</p> <p>[numeric] Beer, cider, coolers</p> <p>[numeric] Wine (red or white)</p> <p>[numeric] Hard alcohol <u>with mix</u>, cocktails that have calories (rum & coke, gin & tonic, margarita, etc.)</p> | <p>En los ÚLTIMOS 7 DÍAS, ¿CUÁNTAS BEBIDAS tomó de cada una de las siguientes categorías?</p> <p>Por ejemplo, si bebió 2 refrescos normales durante los últimos 7 días, escriba “2” en esa casilla. Si tomó 1 refresco normal CADA día, escriba “7” en esa casilla.</p> <p>[PROGRAMMER NOTE: Responses must be numeric and between 0-100; only allow participant to select 1 of none of the above, DK or R]</p> <p># DE BEBIDAS</p> <p>[numeric] Bebidas refrescos normal (Coca-cola, Pepsi, 7-Up, Sprite, cerveza de raíz, etc.) *No incluya bebidas refrescos de dieta</p> <p>[numeric] Bebidas refrescos de dieta (Pepsi de dieta, Coca-cola Zero, etc.)</p> <p>[numeric] Jugo 100% de fruta o de verduras (jugo de naranja, de manzana, etc.)</p> <p>[numeric] Bebidas de fruta endulzadas (limonada, té helado, SunnyD, ponche/coctel de frutas, etc.)</p> <p>[numeric] Bebidas de fruta sin/bajas en calorías (limonada de dieta, té helado sin azúcar, etc.)</p> <p>[numeric] Agua de la llave</p> <p>[numeric] Agua simple/natural embotellada</p> <p>[numeric] Aguas de sabor o vitaminadas normales <u>con</u> calorías</p> <p>[numeric] Aguas de sabor o vitaminadas sin/bajas en calorías (Crystal Light, Mio, etc.)</p> <p>[numeric] Bebidas deportivas (Gatorade, Powerade, etc.)</p> <p>[numeric] Bebidas deportivas sin/bajas en calorías (G2, Powerade Zero, etc.)</p> <p>[numeric] Bebidas energéticas normales (Red Bull, Rockstar, Monster, etc.)</p> <p>[numeric] Bebidas energéticas sin/bajas en calorías (Red Bull Sugarfree, etc.)</p> <p>[numeric] Leche de vaca o alternativas a la leche, como la leche de soya o de almendras sin endulzante, consumidas como bebida *NO incluya leche consumida con cereal, etc.</p> <p>[numeric] Leche con chocolate o algún otro sabor (incluido chocolate caliente) y alternativas a la leche, como la leche de soya o de almendras con endulzante</p> <p>[numeric] Café o té, <u>con</u> azúcar (con o sin leche)</p> <p>[numeric] Café o té, <u>sin azúcar</u> (con o sin leche o endulzante artificial)</p> <p>[numeric] Cafés o té de especialidad endulzante (mochas, frappuccinos, chai lattes, café helado, etc.)</p> <p>[numeric] Smoothies, licuados de proteína o yogurt para beber con azúcar añadida</p> <p>[numeric] Smoothies, licuados de proteína o yogurt para beber sin azúcar añadida</p> <p>[numeric] Cerveza, sidra, bebidas a base de vino (coolers)</p> |
|--|--|---|

| | | |
|---|---|---|
| | <p>[numeric] Hard alcohol <u>with no mix</u> or non-caloric mix (shots, whiskey on the rocks, vodka & soda, rum & diet coke, etc.)</p> <p>None of the above Don't know Refuse to answer</p> | <p>[numeric] Vino (tinto o blanco)</p> <p>[numeric] Bebidas alcohólicas <u>mezcladas</u>, cocteles con calorías (ron con Coca-cola, gin & tonic, coctel Margarita, etc.)</p> <p>[numeric] Bebidas alcohólicas <u>no mezcladas</u> o con mezclas no calóricas (shots, whiskey en las rocas, vodka con soda, ron con Coca-cola dietetica, etc.)</p> <p>Ninguna de las anteriores No sabe Se negó a responder</p> |
| <p>BFQ SIZE INTRO</p> <p>NEW 2019</p> | <p>Now we'll ask you about your USUAL SIZE OF DRINK in each category.</p> <p>[PROGRAMMER NOTE: Hidden custom script identifies which drink categories were consumed and should be shown in the following usual size section]</p> | <p>Ahora le preguntaremos acerca del TAMAÑO USUAL DE SU BEBIDA de cada categoría.</p> <p>[PROGRAMMER NOTE: Hidden custom script identifies which drink categories were consumed and should be shown in the following usual size section]</p> |

BFQ – USUAL SIZE
 ADAPTED FROM
 SEVERAL OTHER
 PAPER FFQS FOR
 BEVERAGES.

REVISED 2019

BFQ_#_SIZE_USA
 BFQ_#_SIZE_DK_USA
 BFQ_#_SIZE_R_USA

[PROGRAMMER NOTE: For each category that there was at least one drink consumed, ask size question - images should only be shown for beverage categories selected above. Show each category on a separate page with the question header.]

For each type of drink, what size did you USUALLY have?

If you had different sizes, select the picture that is closest to the average size.

Regular soda or pop (Coke, Pepsi, 7-Up, Sprite, root beer, etc.) *NOT including diet pop

| | | | | |
|---|---|---|---|--|
| Less |  |  |  |  |
| Less than 8 fl oz | 1 cup (8 fl oz) | Can (12 fl oz) | Fountain cup (16 fl oz) | Bottle (20 fl oz) |
|  |  |  | More | |
| Fountain cup (20 fl oz) | Fountain cup (24 fl oz) | Large bottle (2 L) | More than 2 L | |

Diet soda or pop (Diet Pepsi, Coke Zero, etc.)

| | | | | |
|---|---|---|--|---|
| Less |  |  |  |  |
| Less than 8 fl oz | 1 cup (8 fl oz) | Can (12 fl oz) | Fountain cup (16 fl oz) | Bottle (20 fl oz) |
|  |  |  | More | |
| Fountain cup (20 fl oz) | Fountain cup (24 fl oz) | Large bottle (2 L) | More than 2 L | |

[PROGRAMMER NOTE: For each category that there was at least one drink consumed, ask size question - images should only be shown for beverage categories selected above. Show each category on a separate page with the question header.]

Para cada tipo de bebida, especifique qué tamaño toma USUALMENTE.

Si consumió distintos tamaños, seleccione la imagen más cercana al tamaño promedio de sus bebidas.

Bebidas refrescos normal (Coca-cola, Pepsi, 7-Up, Sprite, cerveza de raíz, etc.) *No incluya bebidas refrescos de dieta

| | | | | |
|---|---|---|---|---|
| Menos |  |  |  |  |
| Menos de 8 fl oz | 1 vaso (8 fl oz) | Lata (12 fl oz) | Vaso de fuente de sodas (16 fl oz) | Botella (20 fl oz) |
|  |  |  | Más | |
| Vaso de fuente de sodas (20 fl oz) | Vaso de fuente de sodas (24 fl oz) | Botella grande (2 L) | Más de 2 L | |

Bebidas refrescos de dieta (Pepsi de dieta, Coca-cola Zero, etc.)

| | | | | |
|---|---|---|--|--|
| Menos |  |  |  |  |
| Menos de 8 fl oz | 1 vaso (8 fl oz) | Lata (12 fl oz) | Vaso de fuente de sodas (16 fl oz) | Botella (20 fl oz) |
|  |  |  | Más | |
| Vaso de fuente de sodas (20 fl oz) | Vaso de fuente de sodas (24 fl oz) | Botella grande (2 L) | Más de 2 L | |

100% fruit or vegetable juices (orange juice, apple juice, etc.)

| | | | | |
|---|---|---|---|--|
| Less |  |  |  |  |
| Less than 8 fl oz | 1 cup (8 fl oz) | Juicebox (8 fl oz) | Can (12 fl oz) | Bottle (12 fl oz) |
|  | More | | | |
| Large bottle (16 fl oz) | More than 16 fl oz | | | |

Sweetened fruit drinks (lemonade, iced tea, SunnyD, fruit punch/cocktail, etc.)

| | | | | |
|---|---|---|---|--|
| Less |  |  |  |  |
| Less than 8 fl oz | 1 cup (8 fl oz) | Juicebox (8 fl oz) | Can (12 fl oz) | Bottle (16 fl oz) |
|  |  | More | | |
| Large bottle (20 fl oz) | Tall can (24 fl oz) | More than 24 fl oz | | |

Low-/no-calorie fruit drinks (diet lemonade, unsweetened iced tea, etc.)

| | | | | |
|---|---|---|---|--|
| Less |  |  |  |  |
| Less than 8 fl oz | 1 cup (8 fl oz) | Juicebox (8 fl oz) | Can (12 fl oz) | Bottle (16 fl oz) |
|  |  | More | | |
| Large bottle (20 fl oz) | Tall can (24 fl oz) | More than 24 fl oz | | |

Jugo 100% de fruta o de verduras (jugo de naranja, de manzana, etc.)

| | | | | |
|---|---|---|---|---|
| Menos |  |  |  |  |
| Menos de 8 fl oz | 1 vaso (8 fl oz) | Cartón de jugo (8 fl oz) | Lata (12 fl oz) | Botella (12 fl oz) |
|  | Más | | | |
| Botella grande (16 fl oz) | Más de 16 fl oz | | | |

Bebidas de fruta endulzadas (limonada, té helado, SunnyD, ponche/coctel de frutas, etc.)

| | | | | |
|---|---|---|---|---|
| Menos |  |  |  |  |
| Menos de 8 fl oz | 1 vaso (8 fl oz) | Cartón de jugo (8 fl oz) | Lata (12 fl oz) | Botella (16 fl oz) |
|  |  | Más | | |
| Botella grande (20 fl oz) | Lata grande (24 fl oz) | Más de 24 fl oz | | |

Bebidas de fruta sin/bajas en calorías (limonada de dieta, té helado sin azúcar, etc.)

| | | | | |
|---|---|---|---|---|
| Menos |  |  |  |  |
| Menos de 8 fl oz | 1 vaso (8 fl oz) | Cartón de jugo (8 fl oz) | Lata (12 fl oz) | Botella (16 fl oz) |
|  |  | Más | | |
| Botella grande (20 fl oz) | Lata grande (24 fl oz) | Más de 24 fl oz | | |

Tap water

| | | | | |
|--------------------|---|---|---|--|
| Less |  |  |  |  |
| Less than 8 fl oz | 1 cup (8 fl oz) | 1.5 cups (12 fl oz) | 2 cups (16 fl oz) | Reusable bottle (25 fl oz) |
| More | | | | |
| More than 25 fl oz | | | | |

Plain bottled water

| | | | | |
|-------------------|---|---|---|----------------------|
| Less |  |  |  | More |
| Less than 8 fl oz | Small bottle (8 fl oz) | Bottle (16 fl oz) | Large bottle (33.8 fl oz) | More than 33.8 fl oz |

Regular flavored waters or vitamin waters with calories

| | | | | |
|---|--|--|--|---|
| Less |  |  |  |  |
| Less than 8 fl oz | 1 cup (8 fl oz) | Small bottle (12 fl oz) | Can (12 fl oz) | Bottle (20 fl oz) |
|  | More | | | |
| Extra large bottle (33.8 fl oz) | More than 33.8 fl oz | | | |

Agua de la llave

| | | | | |
|------------------|---|---|---|---|
| Menos |  |  |  |  |
| Menos de 8 fl oz | 1 taza (8 fl oz) | Taza y media (12 fl oz) | 2 tazas (16 fl oz) | Botella reutilizable (25 fl oz) |
| Más | | | | |
| Más de 25 fl oz | | | | |

Agua simple/natural embotellada

| | | | | |
|------------------|---|---|---|-------------------|
| Menos |  |  |  | Más |
| Menos de 8 fl oz | Botella pequeña (8 fl oz) | Botella (16 fl oz) | Botella grande (33.8 fl oz) | Más de 33.8 fl oz |

Aguas de sabor o vitaminadas normales con calorías

| | | | | |
|---|--|--|--|--|
| Menos |  |  |  |  |
| Menos de 8 fl oz | 1 vaso (8 fl oz) | Botella pequeña (12 fl oz) | Lata (12 fl oz) | Botella (20 fl oz) |
|  | Más | | | |
| Botella extra grande (33.8 fl oz) | Más de 33.8 fl oz | | | |

Low-/no-calorie flavored waters or vitamin waters (Crystal Light, Mio, etc.)

| | | | | |
|---------------------------------|----------------------|-------------------------|----------------|-------------------|
| Less | | | | |
| Less than 8 fl oz | 1 cup (8 fl oz) | Small bottle (12 fl oz) | Can (12 fl oz) | Bottle (20 fl oz) |
| | More | | | |
| Extra large bottle (33.8 fl oz) | More than 33.8 fl oz | | | |

Regular sports drinks (Gatorade, Powerade, etc.)

| | | | | |
|-------------------|-----------------|-------------------|----------------------|--------------------|
| Less | | | | More |
| Less than 8 fl oz | 1 cup (8 fl oz) | Bottle (20 fl oz) | XL Bottle (32 fl oz) | More than 32 fl oz |

Low-/no-calorie sports drinks (G2, Powerade Zero, etc.)

| | | | | |
|-------------------|-----------------|-------------------|----------------------|--------------------|
| Less | | | | More |
| Less than 8 fl oz | 1 cup (8 fl oz) | Bottle (20 fl oz) | XL Bottle (32 fl oz) | More than 32 fl oz |

Aguas de sabor o vitaminadas sin/bajas en calorías (Crystal Light, Mio, etc.)

| | | | | |
|-----------------------------------|-------------------|----------------------------|-----------------|--------------------|
| Menos | | | | |
| Menos de 8 fl oz | 1 vaso (8 fl oz) | Botella pequeña (12 fl oz) | Lata (12 fl oz) | Botella (20 fl oz) |
| | Más | | | |
| Botella extra grande (33.8 fl oz) | Más de 33.8 fl oz | | | |

Bebidas deportivas (Gatorade, Powerade, etc.)

| | | | | |
|------------------|------------------|--------------------|---------------------------------|-----------------|
| Menos | | | | Más |
| Menos de 8 fl oz | 1 vaso (8 fl oz) | Botella (20 fl oz) | Botella extra grande (32 fl oz) | Más de 32 fl oz |

Bebidas deportivas sin/bajas en calorías (G2, Powerade Zero, etc.)

| | | | | |
|------------------|------------------|--------------------|---------------------------------|-----------------|
| Menos | | | | Más |
| Menos de 8 fl oz | 1 vaso (8 fl oz) | Botella (20 fl oz) | Botella extra grande (32 fl oz) | Más de 32 fl oz |

Regular energy drinks (Rockstar, Red Bull, Monster, etc.)

| | | | | |
|---|---|---|---|--|
| Less |  |  |  |  |
| Less than 8 fl oz | Small can (8 fl oz) | Can (12 fl oz) | Tall can (16 fl oz) | Bottle (20 fl oz) |
|  | More | | | |
| XL Can (24 fl oz) | More than 24 fl oz | | | |

Low-/no-calorie energy drinks (Red Bull Sugarfree, etc.)

| | | | | |
|---|---|---|---|--|
| Less |  |  |  |  |
| Less than 8 fl oz | Small can (8 fl oz) | Can (12 fl oz) | Tall can (16 fl oz) | Bottle (20 fl oz) |
|  | More | | | |
| XL Can (24 fl oz) | More than 24 fl oz | | | |

White milk or unsweetened milk alternative (unsweetened soy, almond, etc.), as a beverage **NOT including milk consumed in cereal, etc.*

| | | | | |
|--------------------|---|---|---|--|
| Less |  |  |  |  |
| Less than 8 fl oz | 1 cup (8 fl oz) | Box (8 fl oz) | Small carton (8 fl oz) | 1 quart (32 fl oz) |
| More | | | | |
| More than 32 fl oz | | | | |

Bebidas energéticas normales (Rockstar, Red Bull, Monster, etc.)

| | | | | |
|---|---|---|---|---|
| Menos |  |  |  |  |
| Menos de 8 fl oz | Lata pequeña (8 fl oz) | Lata (12 fl oz) | Lata grande (16 fl oz) | Botella (20 fl oz) |
|  | Más | | | |
| Lata extra grande (24 fl oz) | Más de 24 fl oz | | | |

Bebidas energéticas sin/bajas en calorías (Red Bull Sugarfree, etc.)

| | | | | |
|---|---|---|---|---|
| Menos |  |  |  |  |
| Menos de 8 fl oz | Lata pequeña (8 fl oz) | Lata (12 fl oz) | Lata grande (16 fl oz) | Botella (20 fl oz) |
|  | Más | | | |
| Lata extra grande (24 fl oz) | Más de 24 fl oz | | | |

Leche de vaca o alternativas a la leche, como la leche de soya o de almendras sin endulzante, consumida como bebida **NO incluya leche consumida con cereal, etc.*

| | | | | |
|------------------|---|---|---|---|
| Menos |  |  |  |  |
| Menos de 8 fl oz | 1 vaso (8 fl oz) | Cartón (8 fl oz) | Cartón pequeño (8 fl oz) | 1 cuarto (32 fl oz) |
| Más | | | | |
| Más de 32 fl oz | | | | |

Chocolate or flavored milk (incl. hot chocolate), or sweetened milk alternative (sweetened soy, almond, etc.)

| | | | | |
|-------------------------|--------------------|--------------------|------------------------|-------------------|
| Less | | | | |
| Less than 8 fl oz | 1 cup (8 fl oz) | Box (8 fl oz) | Small carton (8 fl oz) | Bottle (11 fl oz) |
| | | More | | |
| Large bottle (14 fl oz) | 1 quart (32 fl oz) | More than 32 fl oz | | |

Coffee or tea, with sugar (with or without milk)

| | | | | |
|------------------------|-----------------------|---------------------|-------------------|------------------|
| Less | | | | |
| Less than 8 fl oz | Small/short (8 fl oz) | 1.5 cups (12 fl oz) | Medium (12 fl oz) | Large (16 fl oz) |
| | More | | | |
| Extra large (20 fl oz) | More than 20 fl oz | | | |

Coffee or tea, no sugar (with or without milk or artificial sweetener)

| | | | | |
|------------------------|-----------------------|---------------------|-------------------|------------------|
| Less | | | | |
| Less than 8 fl oz | Small/short (8 fl oz) | 1.5 cups (12 fl oz) | Medium (12 fl oz) | Large (16 fl oz) |
| | More | | | |
| Extra large (20 fl oz) | More than 20 fl oz | | | |

Leche con chocolate o algún otro sabor (incluido chocolate caliente) y alternativas a la leche, como la leche de soya o de almendras con endulzante

| | | | | |
|---------------------------|---------------------|------------------|--------------------------|--------------------|
| Menos | | | | |
| Menos de 8 fl oz | 1 vaso (8 fl oz) | Cartón (8 fl oz) | Cartón pequeño (8 fl oz) | Botella (11 fl oz) |
| | | Más | | |
| Botella grande (14 fl oz) | 1 cuarto (32 fl oz) | Más de 32 fl oz | | |

Café o té, con azúcar (con o sin leche)

| | | | | |
|------------------------------|------------------------|-------------------------|-------------------------|------------------------|
| Menos | | | | |
| Menos de 8 fl oz | Vaso pequeño (8 fl oz) | Taza y media (12 fl oz) | Vaso mediano (12 fl oz) | Vaso grande (16 fl oz) |
| | Más | | | |
| Vaso extra grande (20 fl oz) | Más de 20 fl oz | | | |

Café o té, sin azúcar (con o sin leche o endulzante artificial)

| | | | | |
|------------------------------|------------------------|-------------------------|-------------------------|------------------------|
| Menos | | | | |
| Menos de 8 fl oz | Vaso pequeño (8 fl oz) | Taza y media (12 fl oz) | Vaso mediano (12 fl oz) | Vaso grande (16 fl oz) |
| | Más | | | |
| Vaso extra grande (20 fl oz) | Más de 20 fl oz | | | |

Sweetened specialty coffees or teas (mochas, frappuccinos, chai lattes, iced coffees, etc.)

| | | | | |
|---|---|---|---|--|
| Less |  |  |  |  |
| Less than 8 fl oz | Small/short (8 fl oz) | 1.5 cups (12 fl oz) | Medium (12 fl oz) | Bottle (13.7 fl oz) |
|  |  | More | | |
| Large (16 fl oz) | Extra large (20 fl oz) | More than 20 fl oz | | |

Sweetened smoothies, protein shakes, or drinkable yogurt

| | | | | |
|--|--|---|---|--|
| Less |  |  |  |  |
| Less than 3 fl oz | Small bottle (3 fl oz) | Bottle (6.7 fl oz) | 1 cup (8 fl oz) | 1.5 cups (12 fl oz) |
|  |  | More | | |
| 2 cups (16 fl oz) | Large cup (24 fl oz) | More than 24 fl oz | | |

Unsweetened smoothies, protein shakes, or drinkable yogurt

| | | | | |
|---|---|---|---|--|
| Less |  |  |  |  |
| Less than 3 fl oz | Small bottle (3 fl oz) | Bottle (6.7 fl oz) | 1 cup (8 fl oz) | 1.5 cups (12 fl oz) |
|  |  | More | | |
| 2 cups (16 fl oz) | Large cup (24 fl oz) | More than 24 fl oz | | |

Cafés o té de especialidad endulzante (mochas, frappuccinos, chai lattes, café helado, etc.)

| | | | | |
|---|---|---|---|---|
| Menos |  |  |  |  |
| Menos de 8 fl oz | Vaso pequeño (8 fl oz) | Taza y media (12 fl oz) | Vaso mediano (12 fl oz) | Botella (13.7 fl oz) |
|  |  | Más | | |
| Vaso grande (16 fl oz) | Vaso extra grande (20 fl oz) | Más de 20 fl oz | | |

Smoothies, licuados de proteína o yogurt para beber con azúcar añadida

| | | | | |
|--|--|---|---|---|
| Menos |  |  |  |  |
| Menos de 3 fl oz | Botella pequeña (3 fl oz) | Botella (6.7 fl oz) | 1 taza (8 fl oz) | Taza y media (12 fl oz) |
|  |  | Más | | |
| 2 tazas (16 fl oz) | Vaso grande (24 fl oz) | Más de 24 fl oz | | |

Smoothies, licuados de proteína o yogurt para beber sin azúcar añadida

| | | | | |
|---|---|---|---|---|
| Menos |  |  |  |  |
| Menos de 3 fl oz | Botella pequeña (3 fl oz) | Botella (6.7 fl oz) | 1 taza (8 fl oz) | Taza y media (12 fl oz) |
|  |  | Más | | |
| 2 tazas (16 fl oz) | Vaso grande (24 fl oz) | Más de 24 fl oz | | |

Beer, cider, coolers

Less







Less than 12 fl oz Bottle (12 fl oz) Can (12 fl oz) Tall can (16 fl oz) Pint (16 fl oz)

More

More than 16 fl oz

Wine (red or white)

Less




Standard glass (5 fl oz) Large glass (9 fl oz)

More

More than 9 fl oz

Hard alcohol with mix, cocktails that have calories
(rum & coke, gin & tonic, margarita, etc.)

Less







Less than 8 fl oz 1 cup (8 fl oz) Can (12 fl oz) 1.5 cups (12 fl oz) 2 cups (16 fl oz)

More

More than 16 fl oz

Cerveza, sidra, bebidas a base de vino (coolers)

Menos







Menos de 12 fl oz Botella (12 fl oz) Lata (12 fl oz) Lata grande (16 fl oz) 1 pinta (16 fl oz)

Más

Más de 16 fl oz

Vino (tinto o blanco)

Menos




Copa estándar (5 oz) Copa grande (9 oz)

Más

Más de 9 oz

Bebidas alcohólicas mezcladas, cocteles con calorías
(ron con Coca-cola, gin & tonic, coctel Margarita, etc.)

Menos







Menos de 8 fl oz 1 taza (8 fl oz) Lata (12 fl oz) Taza y media (12 fl oz) 2 tazas (16 fl oz)

Más

Más de 16 fl oz

| | | |
|---|--|--|
| | <p>Hard alcohol <u>with no mix</u> or non-caloric mix (shots, whiskey on the rocks, vodka & soda, rum & diet coke, etc.)</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  Less Shot (1 fl oz) Less than 8 fl oz 1 cup (8 fl oz) </div> <div style="text-align: center;">  More Can (12 fl oz) 1.5 cups (12 fl oz) </div> </div> <p>Don't know [for each type] Refuse to answer [for each type]</p> | <p>Bebidas alcohólicas <u>no mezcladas</u>, o con mezclas no calóricas (shots, whiskey en las rocas, vodka y soda, ron con Coca-cola dietética, etc.)</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">  Menos Shot (1 oz) Menos de 8 fl oz 1 taza (8 fl oz) </div> <div style="text-align: center;">  Más Lata (12 fl oz) 1.5 tazas (12 fl oz) </div> </div> <p>No sabe [para cada tipo de bebidas] Se negó a responder [para cada tipo de bebidas]</p> |
| <p>BFQ – CONSUME AGUAS FRESCAS</p> <p>NEW 2021</p> <p>BFQ_AF</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample and Mexico [PROGRAMMER NOTE: Hide back button]</p> <p>During the PAST 7 DAYS, did you have any AGUAS FRESCAS?</p> <p>Yes No Don't know Refuse to answer</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample and Mexico [PROGRAMMER NOTE: Hide back button]</p> <p>En los ÚLTIMOS 7 DÍAS, ¿usted tomó AGUAS FRESCAS?</p> <p>Sí No No sabe Se negó a responder</p> |
| <p>BFQ – INCLUDE AGUAS FRESCAS</p> <p>NEW 2021</p> <p>BFQ_AF_INCL</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample and Mexico Participants who consumed aguas frescas in past 7 days (BFQ_AF=1)</p> <p>When you answered the earlier questions on drinks, did you include the aguas frescas that you drank?</p> <p>Yes No Don't know Refuse to answer</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample and Mexico Participants who consumed aguas frescas in past 7 days (BFQ_AF=1)</p> <p>Cuando respondió las últimas preguntas sobre bebidas ¿consideró las aguas frescas que tomó?</p> <p>Sí No No sabe Se negó a responder</p> |
| <p>BFQ – NUMBER OF AGUAS FRESCAS</p> <p>NEW 2021</p> <p>BFQ_25_N BFQ_25_DKR</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample and Mexico Participants who consumed aguas frescas in past 7 days (BFQ_AF=1)</p> <p>During the PAST 7 DAYS, HOW MANY AGUAS FRESCAS did you have?</p> <p>For example, if you had 2 aguas frescas during the past 7 days, you would enter 2. If you had 1 agua fresca EACH day, you would enter 7. [PROGRAMMER NOTE: Responses must be numeric between 0-100; soft-require]</p> <p># of Aguas Frescas: [numeric] Don't know Refuse to answer</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample and Mexico Participants who consumed aguas frescas in past 7 days (BFQ_AF=1)</p> <p>En los ÚLTIMOS 7 DÍAS, ¿CUÁNTAS AGUAS FRESCAS tomó?</p> <p>Por ejemplo, si tomó 2 aguas frescas durante los últimos 7 días, escriba "2". Si tomó 1 agua fresca CADA día, escriba "7". [PROGRAMMER NOTE: Responses must be numeric between 0-100; soft-require]</p> <p># de Aguas Frescas: [numeric] No sabe Se negó a responder</p> |

| | | |
|--|---|--|
| <p>BFQ – USUAL SIZE OF AGUAS FRESCAS</p> <p>NEW 2021</p> <p>BFQ_25_SIZE_USA BFQ_25_SIZE_DK_USA BFQ_25_SIZE_R_USA</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample and Mexico Participants who had 1 or more agua fresca in the past 7 days</p> <p>What size of AGUAS FRESCAS did you USUALLY have? If you had different sizes, select the picture that is closest to the average size.</p> <p>Less than 8 fl oz 1 cup (8 fl oz) 2 cups (16 fl oz) Bottle (20 fl oz) Large cup (24 fl oz) 1 liter cup (33.8 fl oz) More than 1 liter</p> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> <p>Less</p>  <p>Less than 8 fl oz</p> </div> <div style="text-align: center;">  <p>1 cup (8 fl oz)</p> </div> <div style="text-align: center;">  <p>2 cups (16 fl oz)</p> </div> <div style="text-align: center;">  <p>Bottle (20 fl oz)</p> </div> <div style="text-align: center;">  <p>Large cup (24 fl oz)</p> </div> </div> <div style="display: flex; justify-content: space-around; align-items: flex-start; margin-top: 10px;"> <div style="text-align: center;">  <p>1 liter cup (33.8 fl oz)</p> </div> <div style="text-align: center;"> <p>More</p> <p>More than 1 liter</p> </div> </div> <p>Don't know Refuse to answer</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample and Mexico Participants who had 1 or more agua fresca in the past 7 days</p> <p>Para las AGUAS FRESCAS, especifique qué tamaño toma USUALMENTE. Si consumió distintos tamaños, seleccione la imagen más cercana al tamaño promedio de sus bebidas.</p> <p>Menos de 8 fl oz 1 taza (8 fl oz) 2 tazas (16 fl oz) Botella (20 fl oz) Vaso grande (24 fl oz) Vaso de a litro (33.8 fl oz) Mas de 1 litro</p> <div style="display: flex; justify-content: space-around; align-items: flex-start;"> <div style="text-align: center;"> <p>Menos</p>  <p>Menos de 8 fl oz</p> </div> <div style="text-align: center;">  <p>1 taza (8 fl oz)</p> </div> <div style="text-align: center;">  <p>2 tazas (16 fl oz)</p> </div> <div style="text-align: center;">  <p>Botella (20 fl oz)</p> </div> <div style="text-align: center;">  <p>Vaso grande (24 fl oz)</p> </div> </div> <div style="display: flex; justify-content: space-around; align-items: flex-start; margin-top: 10px;"> <div style="text-align: center;">  <p>Vaso de a litro (33.8 fl oz)</p> </div> <div style="text-align: center;"> <p>Más</p> <p>Más de 1 litro</p> </div> </div> <p>No sabe Se negó a responder</p> |
|--|---|--|

FOOD PREPARATION AND FOOD SKILLS

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|---|---|
| <p>FOOD SHOPPING ROLE ADAPTED FROM USDA: AMERICAN TIME USE SURVEY - EATING & HEALTH MODULE 2014-2016 REVISED 2019 SHOP</p> | <p>How much of the food shopping do you do in your household? Most Share equally with other(s) Some, but less than other(s) None Don't know Refuse to answer</p> | <p>¿Qué parte de las compras de alimentos de su hogar hace usted? La mayor parte Una parte equitativa con los demás Algo, pero menos que otros Ninguna No sabe Se negó a responder</p> |

| | | |
|--|---|---|
| <p>FREQUENCY OF PREPARING MAIN MEALS UK NATIONAL DIET AND NUTRITION SURVEY (NDNS) <i>PREP_FREQ</i></p> | <p><i>UNIVERSE: Skip for US Mexican American oversample</i> How often do you prepare a main meal for yourself or others? Never Only for special occasions Less than once a week One or two days a week Some days (3–4 a week) Most days (5–6 a week) Every day Don't know Refuse to answer</p> | <p><i>UNIVERSE: Skip for US Mexican American oversample</i> ¿Con qué frecuencia prepara la comida principal para usted o para otros? Nunca Solo en ocasiones especiales Menos de una vez a la semana Uno o dos días a la semana Algunos días (3-4 a la semana) La mayoría de los días (5-6 a la semana) Cada día No sabe Se negó a responder</p> |
| <p>COOKING SKILLS – GENERAL <i>SKILL_OVERALL</i></p> | <p><i>UNIVERSE: Skip for US Mexican American oversample</i> Overall, how would you rate your cooking skills? Poor Fair Good Very good Excellent Don't know Refuse to answer</p> | <p><i>UNIVERSE: Skip for US Mexican American oversample</i> En general, ¿cómo calificaría su habilidad para cocinar? Deficiente Aceptable Buena Muy buena Excelente No sabe Se negó a responder</p> |

FOOD SECURITY

| <p>DOMAIN SOURCE</p> | <p>ENGLISH</p> | <p>SPANISH TRANSLATION</p> |
|---|---|---|
| <p>FOOD SECURITY – INTRO USDA HFSM</p> | <p>These next questions are about the food eaten in your household in the last 12 months, since [current month] of last year, and whether you were able to afford the food you need.</p> | <p>Las siguientes preguntas se refieren a los alimentos consumidos en su hogar en los últimos 12 meses, desde [mes actual] del año pasado, y si pudo costear los alimentos necesarios.</p> |
| <p>FOOD SECURITY – HH1 USDA HFSM <i>HH1</i></p> | <p>Which of these statements best describes the food eaten in your household in the last 12 months: You and other household members always had enough of the kinds of foods you wanted to eat. You and other household members had enough to eat, but not always the <u>kinds</u> of food you wanted. Sometimes you and other household members did <u>not</u> have <u>enough</u> to eat. <u>Often</u> you and other household members didn't have enough to eat. Don't know Refuse to answer</p> | <p>¿Cuál de los siguientes enunciados describe mejor los alimentos que se han consumido en su hogar en los últimos 12 meses? Usted y otros miembros del hogar siempre han tenido una cantidad suficiente del tipo de alimentos que querían Usted y otros miembros del hogar siempre han tenido una cantidad suficiente, aunque no siempre <u>del tipo</u> de alimentos que querían Algunas veces usted y otros miembros del hogar <u>no tuvieron suficientes</u> alimentos para comer <u>Frecuentemente</u> usted y otros miembros del hogar no tuvieron suficientes alimentos para comer No sabe Se negó a responder</p> |

| | | |
|---|---|--|
| FOOD SECURITY – HH INTRO | Now you will see several statements that may be used to describe the food situation for a household. Please indicate if the statement was often true, sometimes true, or never true for you and other household members <u>IN THE LAST 12 MONTHS</u> – that is since last [name of current month]. | Ahora leerá varios enunciados que se podrían usar para describir la situación alimentaria en un hogar. Favor de indicar si el enunciado frecuentemente fue verdad, algunas veces fue verdad o nunca fue verdad para usted u otros miembros de su hogar <u>EN LOS ÚLTIMOS 12 MESES</u> , es decir, desde [name of current month] del año pasado. |
| FOOD SECURITY – HH2 USDA HFSM <i>HH2</i> | You and other household members worried that food would run out before you got money to buy more. Often true Sometimes true Never true Don't know Refuse to answer | Usted y otros miembros de su hogar se preocuparon de que la comida se terminara antes de tener dinero para comprar más. Frecuentemente fue verdad Algunas veces fue verdad Nunca fue verdad No sabe Se negó a responder |
| FOOD SECURITY – HH3 USDA HFSM <i>HH3</i> | The food that you and other household members bought just didn't last, and there wasn't any money to get more. Often true Sometimes true Never true Don't know Refuse to answer | Los alimentos que usted y otros miembros de su hogar compraron simplemente no alcanzaron y no hubo dinero para comprar más. Frecuentemente fue verdad Algunas veces fue verdad Nunca fue verdad No sabe Se negó a responder |
| FOOD SECURITY – HH4 USDA HFSM <i>HH4</i> | You and other household members couldn't afford to eat balanced meals. Often true Sometimes true Never true Don't know Refuse to answer | Usted y otros miembros de su hogar no tuvieron dinero para comidas balanceadas. Frecuentemente fue verdad Algunas veces fue verdad Nunca fue verdad No sabe Se negó a responder |
| FIRST LEVEL SCREENING | If affirmative response to one or more of HH1-HH4 (i.e., HH1=3 or 4, or HH2-HH4=1 ("often true") or 2 ("sometimes true"), then continue to AD1; otherwise, if children under age 18 are present in the household (child_home>0), skip to CH1; otherwise skip to End of Food Security Module. | If affirmative response to one or more of HH1-HH4 (i.e., HH1=3 or 4, or HH2-HH4=1 ("often true") or 2 ("sometimes true"), then continue to AD1; otherwise, if children under age 18 are present in the household (child_home>0), skip to CH1; otherwise skip to End of Food Security Module. |
| FOOD SECURITY – AD1 USDA HFSM <i>AD1</i> | <i>UNIVERSE: Respondents who passed first level screening</i> In the last 12 months, since last [name of current month], did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food? Yes No Don't know Refuse to answer | <i>UNIVERSE: Respondents who passed first level screening</i> En los últimos 12 meses, desde el pasado mes de [nombre del mes actual], ¿usted u otros adultos de su hogar disminuyeron alguna vez el tamaño de sus comidas o dejaron de comer alguna porque no había suficiente dinero para comprar alimentos? Sí No No sabe Se negó a responder |
| FOOD SECURITY – AD1a USDA HFSM | <i>UNIVERSE: AD1=1 (yes)</i> How often did this happen? Almost every month Some months but not every month | <i>UNIVERSE: AD1=1 (yes)</i> ¿Cuántas veces le sucedió? Casi todos los meses Algunos meses pero no todos |

| | | |
|--|---|--|
| AD1A | Only 1 or 2 months Don't know Refuse to answer | Sólo un mes o dos No sabe Se negó a responder |
| FOOD SECURITY – AD2 USDA HFSM AD2 | <i>UNIVERSE: Respondents who passed first level screening</i> In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food? Yes No Don't know Refuse to answer | <i>UNIVERSE: Respondents who passed first level screening</i> En los últimos 12 meses, ¿comió usted menos de lo que creyó que debía comer porque no había suficiente dinero para comprar alimentos? Sí No No sabe Se negó a responder |
| FOOD SECURITY – AD3 USDA HFSM AD3 | <i>UNIVERSE: Respondents who passed first level screening</i> In the last 12 months, were you ever hungry but didn't eat because there wasn't enough money for food? Yes No Don't know Refuse to answer | <i>UNIVERSE: Respondents who passed first level screening</i> En los últimos 12 meses, ¿tuvo hambre alguna vez pero no comió porque no había suficiente dinero para comprar alimentos? Sí No No sabe Se negó a responder |
| FOOD SECURITY – AD4 USDA HFSM AD4 | <i>UNIVERSE: Respondents who passed first level screening</i> In the last 12 months, did you lose weight because there wasn't enough money for food? Yes No Don't know Refuse to answer | <i>UNIVERSE: Respondents who passed first level screening</i> En los últimos 12 meses, ¿bajó de peso porque no había suficiente dinero para comprar alimentos? Sí No No sabe Se negó a responder |
| SECOND LEVEL SCREENING | If affirmative response to one or more of AD1-AD4, then continue to AD5; otherwise, if children under age 18 are present in the household (child_home >0), skip to CH1, otherwise skip to End of Food Security Module. | If affirmative response to one or more of AD1-AD4, then continue to AD5; otherwise, if children under age 18 are present in the household (child_home >0), skip to CH1, otherwise skip to End of Food Security Module. |
| FOOD SECURITY – AD5 USDA HFSM AD5 | <i>UNIVERSE: Respondents who passed second level screening</i> In the last 12 months, did you or other adults in your household ever not eat for a whole day because there wasn't enough money for food? Yes No Don't know Refuse to answer | <i>UNIVERSE: Respondents who passed second level screening</i> En los últimos 12 meses, ¿usted u otros adultos de su hogar dejaron de comer alguna vez todo un día porque no había suficiente dinero para comprar alimentos? Sí No No sabe Se negó a responder |
| FOOD SECURITY – AD5a USDA HFSM AD5A | <i>UNIVERSE: AD5=1 (yes)</i> How often did this happen? Almost every month Some months but not every month Only 1 or 2 months Don't know Refuse to answer | <i>UNIVERSE: AD5=1 (yes)</i> ¿Cuántas veces le sucedió? Casi todos los meses Algunos meses pero no todos Sólo un mes o dos No sabe Se negó a responder |

| | | |
|---|---|---|
| CHILD LEVEL 1 SCREENING | Households with no child under age 18 (child_home=0, DK/R), skip to End of Food Security Module. | Hogares sin menores de 18 años (child_home=0, DK/R), pasar al Final del Módulo de Seguridad Alimentaria. |
| FOOD SECURITY CHILD INTRO | <i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> Now you will see several statements that people have made about the food situation of their children. | <i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> Ahora verá varios enunciados reportados por algunas personas acerca de la situación alimentaria de sus hijos. |
| FOOD SECURITY – CH1 USDA HFSM <i>CH1</i> | <i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> You or other adults in your household relied on only a few kinds of low-cost food to feed the children because you were running out of money to buy food. Often true Sometimes true Never true Don't know Refuse to answer | <i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> Usted u otros adultos de su hogar utilizaron unos cuantos tipos de alimentos de bajo costo para alimentar a los niños porque se estaban quedando sin dinero para comprar comida. Frecuentemente fue verdad Algunas veces fue verdad Nunca fue verdad No sabe Se negó a responder |
| FOOD SECURITY – CH2 USDA HFSM <i>CH2</i> | <i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> You or other adults in your household couldn't feed the children a balanced meal, because you couldn't afford that. Often true Sometimes true Never true Don't know Refuse to answer | <i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> Usted u otros adultos de su hogar no pudieron alimentar a los niños con una comida balanceada porque no la pudieron pagar. Frecuentemente fue verdad Algunas veces fue verdad Nunca fue verdad No sabe Se negó a responder |
| FOOD SECURITY – CH3 USDA HFSM <i>CH3</i> | <i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> The children were not eating enough because you or other adults in your household just couldn't afford enough food. Often true Sometimes true Never true Don't know Refuse to answer | <i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> Los niños no comieron lo suficiente porque usted u otros integrantes adultos de su hogar simplemente no tuvieron dinero para comprar suficientes alimentos. Frecuentemente fue verdad Algunas veces fue verdad Nunca fue verdad No sabe Se negó a responder |
| CHILD LEVEL 2 SCREENING | If affirmative response to one or more of CH1-CH3 (i.e., CH1-CH3= 1 ("often true") or 2 ("sometimes true")), then continue to CH4; otherwise skip to End of Food Security Module. | If affirmative response to one or more of CH1-CH3 (i.e., CH1-CH3= 1 ("often true") or 2 ("sometimes true")), then continue to CH4; otherwise skip to End of Food Security Module. |
| FOOD SECURITY – CH4 USDA HFSM <i>CH4</i> | <i>UNIVERSE: Respondents who passed child level 2 screening</i> In the last 12 months, since last [current month] did you ever cut the size of any of the children's meals because there wasn't enough money for food? Yes No Don't know Refuse to answer | <i>UNIVERSE: Respondents who passed child level 2 screening</i> En los últimos 12 meses, desde el pasado mes de [nombre del mes actual], ¿usted alguna redujo el tamaño de alguna de las comidas de los niños porque no había suficiente dinero para comprar alimentos? Sí No No sabe Se negó a responder |

| | | |
|--|---|--|
| <p>FOOD SECURITY – CH5 USDA HFSM CH5</p> | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i> In the last 12 months, did any of the children ever skip meals because there wasn't enough money for food? Yes No Don't know Refuse to answer</p> | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i> En los últimos 12 meses, ¿alguno de los niños dejó de comer alguno de sus alimentos porque no había suficiente dinero para comprarlos? Sí No No sabe Se negó a responder</p> |
| <p>FOOD SECURITY – CH5a USDA HFSM CH5A</p> | <p><i>UNIVERSE: CH5=1 (yes)</i> How often did this happen? Almost every month Some months but not every month Only 1 or 2 months Don't know Refuse to answer</p> | <p><i>UNIVERSE: CH5=1 (yes)</i> ¿Cuántas veces le sucedió? Casi todos los meses Algunos meses pero no todos Sólo un mes o dos No sabe Se negó a responder</p> |
| <p>FOOD SECURITY – CH6 USDA HFSM CH6</p> | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i> In the last 12 months, were the children ever hungry but you just couldn't afford more food? Yes No Don't know Refuse to answer</p> | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i> En los últimos 12 meses, ¿los niños se quedaron con hambre alguna vez pero usted simplemente no pudo comprar más alimentos? Sí No No sabe Se negó a responder</p> |
| <p>FOOD SECURITY – CH7 USDA HFSM CH7</p> | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i> In the last 12 months, did any of the children ever not eat for a whole day because there wasn't enough money for food? Yes No Don't know Refuse to answer</p> | <p><i>UNIVERSE: Respondents who passed child level 2 screening</i> En los últimos 12 meses, ¿alguno de los niños dejó de comer todo un día porque no había suficiente dinero para comprar alimentos? Sí No No sabe Se negó a responder</p> |
| <p>DRINKING WATER SOURCE NEW 2021 REVISED 2022 COUNTRY SPECIFIC WORDING WAT_SOURCE WAT_SOURCE_OTEXT</p> | <p>The next questions are about drinking water. What is the MAIN type of water you drink in your home? Tap water (filtered or unfiltered) Boiled tap water (filtered or unfiltered) Bottled water (any size [US oversample/MEX.; including garrafones]) Other (specify): _____ Don't know Refuse to answer</p> | <p>Las siguientes preguntas son sobre agua para tomar. ¿Cuál es el PRINCIPAL tipo de agua que bebe en su hogar? Agua de la llave/del grifo (filtrada o sin filtrar) Agua hervida de la llave/del grifo (filtrada o sin filtrar) Agua embotellada (cualquier tamaño [US oversample/MEX.; incluyendo garrafones]) Otro (especifique): _____ No sabe Se negó a responder</p> |

| | | |
|--|---|---|
| <p>WATER SAFETY – DRINK</p> <p>NEW 2022</p> <p>WAT_SAFETY</p> | <p>How safe is it to drink the <u>tap water</u> from your home? (Do not include filtered, boiled, or bottled water.)</p> <p>Not at all safe A little safe Somewhat safe Very safe Don't know Refuse to answer</p> | <p>¿Hasta qué punto es seguro beber el <u>agua de la llave/del grifo</u> de su hogar? (No incluya el agua filtrada, hervida o embotellada).</p> <p>Nada seguro Un poco seguro Algo seguro Muy seguro No sabe Se negó a responder</p> |
| <p>WATER TASTE</p> <p>NEW 2022</p> <p>WAT_TASTE</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>Do you like or dislike the <u>taste</u> of the <u>tap water</u> from your home? (Do not include filtered, boiled, or bottled water.)</p> <p>Like Neither like nor dislike Dislike Not applicable [valid answer] Don't know Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>¿Le gusta o no le gusta el <u>sabor</u> del <u>agua de la llave/del grifo</u> de su hogar? (No incluya el agua filtrada, hervida o embotellada).</p> <p>Me gusta Ni me gusta ni me disgusta No me gusta No aplica [valid answer] No sabe Se negó a responder</p> |
| <p>WATER SAFETY – FV CLEAN METHOD</p> <p>NEW 2022</p> <p>WAT_FV_NO WAT_FV_TAP WAT_FV_FILT WAT_FV_BOT WAT_FV_BOIL WAT_FV_HEAT WAT_FV_WASH WAT_FV_CHL WAT_FV_SOAP WAT_FV_OTHER WAT_FV_OTEXT WAT_FV_DK WAT_FV_R</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i></p> <p>What do you usually use at home to clean fresh fruits and vegetables? Select all that apply.</p> <p>I don't use anything to clean them Tap water from the sink faucet Filtered tap water (e.g., Brita pitcher, PUR faucet filter) Bottled water Boiled tap water Heat (e.g., boiling produce) Fruit and vegetable wash (e.g., Fit, Microdyn) Water mixed with chlorine, bleach, vinegar, or baking soda Soap or detergent Other (please specify): _____ Don't know Refuse to answer</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i></p> <p>¿Qué suele usar en casa para lavar/desinfectar las frutas y verduras frescas? Seleccione todas las opciones que apliquen.</p> <p>No uso nada para lavarlas/desinfectarlas Agua de la llave/<u>del grifo</u> del fregadero Agua de la llave/<u>del grifo</u> filtrada (p. ej., con una jarra Brita, un filtro PUR para grifo) Agua embotellada Agua de la llave/<u>del grifo</u> hervida Calor (p. ej., hirviendo las frutas y verduras) Desinfectante para frutas y verduras (p. ej., Fit, Microdyn) Agua mezclada con cloro, blanqueador, lejía, vinagre o bicarbonato de sodio Jabón o detergente Otro (Favor de especificar) : _____ No sabe Se negó a responder</p> |

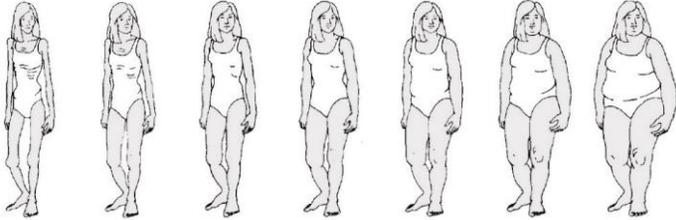
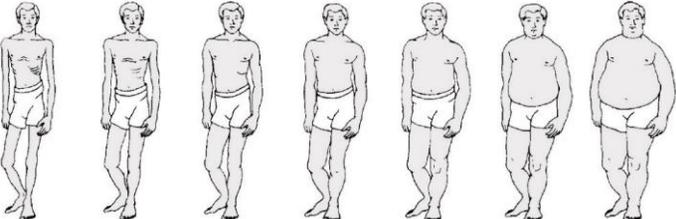
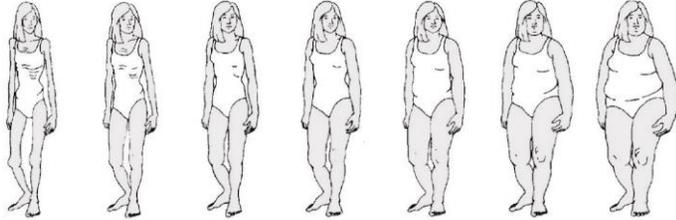
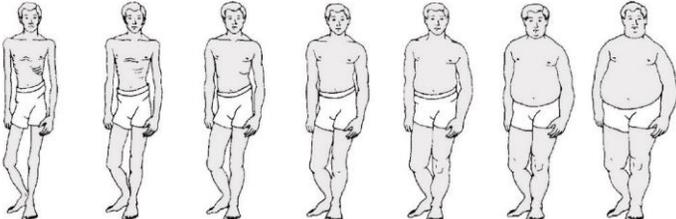
DIETARY PATTERNS AND EFFORTS

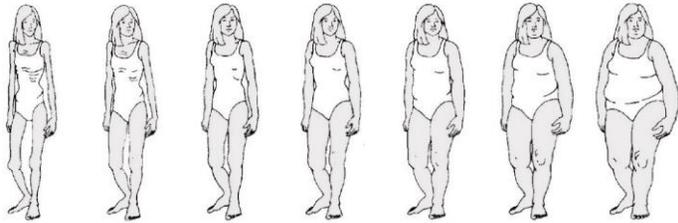
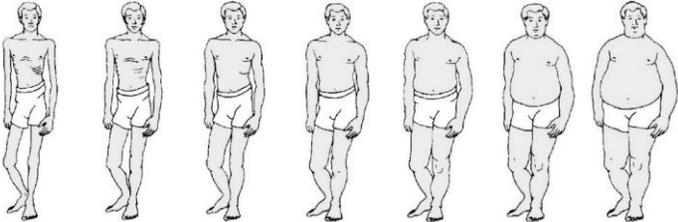
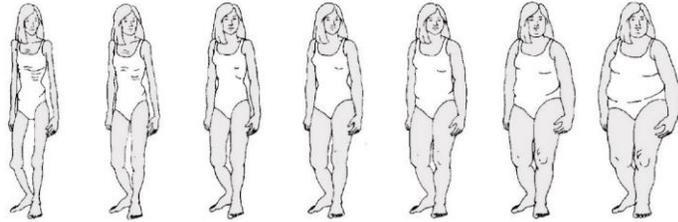
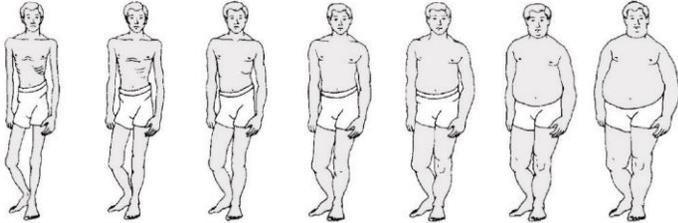
| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|--|---|
| <p>EATING RESTRICTIONS ADAPTED (HEAVILY) FROM TNT 2015</p> <p>REVISED 2022</p> <p><i>RESTRICT_[TYPE]</i> <i>RESTRICT_NONE</i> <i>RESTRICT_DK</i> <i>RESTRICT_R</i> <i>RESTRICT_RELTEXT</i></p> <p><i>RESTRICT2_[TYPE]</i> <i>RESTRICT2_NONE</i> <i>RESTRICT2_DK</i> <i>RESTRICT2_R</i> <i>RESTRICT2_RELTEXT</i></p> | <p>[PROGRAMMER NOTE: Randomly assign respondents to either answer the original question or revised version with definitions]</p> <p>Would you describe yourself as: (Select all that apply)</p> <p>Vegetarian</p> <p>Vegan</p> <p>Pescatarian</p> <p>Following a religious practice for eating → Please specify: <i>[open-ended]</i></p> <p>None of the above</p> <p>Don't know</p> <p>Refuse to answer</p> <p>Would you describe yourself as: (Select all that apply)</p> <p>Vegetarian (don't eat meat or fish)</p> <p>Vegan (don't eat animal products: no meat/fish, no dairy, no eggs)</p> <p>Pescatarian (eat fish, but no other meat)</p> <p>Following a religious practice for eating → Please specify: <i>[open-ended]</i></p> <p>None of the above</p> <p>Don't know</p> | <p>[PROGRAMMER NOTE: Randomly assign respondents to either answer the original question or revised version with definitions]</p> <p>Se describiría como: (Seleccione todas las opciones que apliquen)</p> <p>Vegetariano</p> <p>Vegano</p> <p>Pescetariano</p> <p>Se apega a una práctica religiosa relacionada con los alimentos → Favor de especificar: <i>[respuesta abierta]</i></p> <p>Ninguna de las anteriores</p> <p>No sabe</p> <p>Se negó a responder</p> <p>Se describiría como: (Seleccione todas las opciones que apliquen)</p> <p>Vegetariano (no como carne o pescado)</p> <p>Vegano (no como productos animales: ni carne/pescado, ni lácteos, ni huevos)</p> <p>Pescetariano (como pescado, pero ningún otro tipo de carne)</p> <p>Se apega a una práctica religiosa relacionada con los alimentos → Favor de especificar: <i>[respuesta abierta]</i></p> <p>Ninguna de las anteriores</p> <p>No sabe</p> <p>Se negó a responder</p> |

| <p>DIET MODIFICATION EFFORTS</p> | <p>[PROGRAMMER NOTE: Randomize each respondent to complete ONE of the following two sets of diet modification efforts measures.]</p> | | | | | | <p>[PROGRAMMER NOTE: Randomize each respondent to complete ONE of the following two sets of diet modification efforts measures.]</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|--|--------------|-------------------------|------------|---------------------|--|--|--------------|--------------|----------------|------------|------------------|----------|--|--|--|--|--|-----|--|--|--|--|--|---------------|--|--|--|--|--|---------|--|--|--|--|--|-------|--|--|--|--|--|---------------------|--|--|--|--|--|---------------|--|--|--|--|--|----------------------|--|--|--|--|--|--------------|--|--|--|--|--|----------------|--|--|--|--|--|-----------|--|--|--|--|--|--|--|--|--|--|--|---------------|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-----------------|--|--|--|--|--|--|--|--|--|--|--|--|---------------|-------------|-------------------------|---------|---------------------|----------|--|--|--|--|--|-------|--|--|--|--|--|------------------|--|--|--|--|--|----------|--|--|--|--|--|-------|--|--|--|--|--|-------------------------|--|--|--|--|--|-------------|--|--|--|--|--|-------------------|--|--|--|--|--|-------------------|--|--|--|--|--|---------|--|--|--|--|--|--------------------|--|--|--|--|--|--|--|--|--|--|--|--------------------|--|--|--|--|--|--------------------|--|--|--|--|--|--|--|--|--|--|--|---|--|--|--|--|--|----------------------|--|--|--|--|--|
| <p>DIET MODIFICATION EFFORTS ADAPTED FROM TNT 2015</p> <p>REVISED 2019 REVISED 2020 REVISED 2022</p> <p>COUNTRY SPECIFIC WORDING</p> <p>EFFORT_[TYPE]</p> | <p><i>UNIVERSE: Respondents randomized to original diet modification efforts measures</i></p> <p>Have you made an effort to consume more or less of the following in the past year?</p> <table border="1" data-bbox="331 297 1073 1177"> <thead> <tr> <th></th> <th>Consume LESS</th> <th>Consume MORE</th> <th>No effort made</th> <th>Don't Know</th> <th>Refuse to answer</th> </tr> </thead> <tbody> <tr><td>Calories</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Fat</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Saturated fat</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Protein</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Fiber</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Sugar / added sugar</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Salt / sodium</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Fruit and vegetables</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Whole grains</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Dairy products</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>All meats</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Red or processed meat (e.g., beef, pork, deli meat) only</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Sugary drinks</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>100% fruit juice</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>'Artificial' low-calorie sweeteners like aspartame</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>'Natural' low-calorie sweeteners like stevia</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Processed foods</td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table> <p>[PROGRAMMER: Split on two screens, with first 9 items on screen 1, next 8 items on screen 2]</p> | | | | | | | Consume LESS | Consume MORE | No effort made | Don't Know | Refuse to answer | Calories | | | | | | Fat | | | | | | Saturated fat | | | | | | Protein | | | | | | Fiber | | | | | | Sugar / added sugar | | | | | | Salt / sodium | | | | | | Fruit and vegetables | | | | | | Whole grains | | | | | | Dairy products | | | | | | All meats | | | | | | Red or processed meat (e.g., beef, pork, deli meat) only | | | | | | Sugary drinks | | | | | | 100% fruit juice | | | | | | 'Artificial' low-calorie sweeteners like aspartame | | | | | | 'Natural' low-calorie sweeteners like stevia | | | | | | Processed foods | | | | | | <p><i>UNIVERSE: Respondents randomized to original diet modification efforts measures</i></p> <p>¿Se ha esforzado por consumir más o menos de los siguientes alimentos en el último año?</p> <table border="1" data-bbox="1186 297 2011 1144"> <thead> <tr> <th></th> <th>Consume MENOS</th> <th>Consume MÁS</th> <th>No hizo ningún esfuerzo</th> <th>No sabe</th> <th>Se negó a responder</th> </tr> </thead> <tbody> <tr><td>Calorías</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Grasa</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Grasas saturadas</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Proteína</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Fibra</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Azúcar / azúcar añadida</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Sal / sodio</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Frutas y verduras</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Granos integrales</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Lácteos</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Todo tipo de carne</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Carne roja o procesada (p. ej., res, puerco, carnes frías) solamente</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Bebidas azucaradas</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Jugo 100% de fruta</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Endulzantes 'artificiales' bajos en calorías como el aspartame</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Endulzantes 'naturales' bajos en calorías como stevia</td><td></td><td></td><td></td><td></td><td></td></tr> <tr><td>Alimentos procesados</td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table> <p>[PROGRAMMER: Split on two screens, with first 9 items on screen 1, next 8 items on screen 2]</p> | | | | | | | Consume MENOS | Consume MÁS | No hizo ningún esfuerzo | No sabe | Se negó a responder | Calorías | | | | | | Grasa | | | | | | Grasas saturadas | | | | | | Proteína | | | | | | Fibra | | | | | | Azúcar / azúcar añadida | | | | | | Sal / sodio | | | | | | Frutas y verduras | | | | | | Granos integrales | | | | | | Lácteos | | | | | | Todo tipo de carne | | | | | | Carne roja o procesada (p. ej., res, puerco, carnes frías) solamente | | | | | | Bebidas azucaradas | | | | | | Jugo 100% de fruta | | | | | | Endulzantes 'artificiales' bajos en calorías como el aspartame | | | | | | Endulzantes 'naturales' bajos en calorías como stevia | | | | | | Alimentos procesados | | | | | |
| | Consume LESS | Consume MORE | No effort made | Don't Know | Refuse to answer | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calories | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fat | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated fat | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fiber | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sugar / added sugar | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Salt / sodium | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fruit and vegetables | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Whole grains | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dairy products | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| All meats | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Red or processed meat (e.g., beef, pork, deli meat) only | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sugary drinks | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 100% fruit juice | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 'Artificial' low-calorie sweeteners like aspartame | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 'Natural' low-calorie sweeteners like stevia | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Processed foods | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Consume MENOS | Consume MÁS | No hizo ningún esfuerzo | No sabe | Se negó a responder | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calorías | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Grasa | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Grasas saturadas | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Proteína | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Fibra | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Azúcar / azúcar añadida | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sal / sodio | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Frutas y verduras | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Granos integrales | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Lácteos | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Todo tipo de carne | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Carne roja o procesada (p. ej., res, puerco, carnes frías) solamente | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Bebidas azucaradas | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Jugo 100% de fruta | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Endulzantes 'artificiales' bajos en calorías como el aspartame | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Endulzantes 'naturales' bajos en calorías como stevia | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Alimentos procesados | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| | | |
|---|--|--|
| <p>DIET MODIFICATION - SPECIAL EFFORT</p> <p>NEW 2022</p> <p>COUNTRY SPECIFIC WORDING</p> <p><i>EFFORT2_FV</i> <i>EFFORT2_WATER</i> <i>EFFORT2_PROTEIN</i> <i>EFFORT2_GRAIN</i> <i>EFFORT2_SD</i> <i>EFFORT2_SUGARY</i> <i>EFFORT2_SWTNR</i> <i>EFFORT2_CAL</i> <i>EFFORT2_PROCESS</i> <i>EFFORT2_SALT</i> <i>EFFORT2_MEAT</i></p> | <p><i>UNIVERSE: Respondents randomized to revised diet modification efforts measures</i></p> <p>Do you make a <u>special effort</u> to...</p> <p>Eat vegetables and fruits Drink lots of water Eat protein Eat whole grains</p> <p>Drink fewer sugary drinks Eat less sugary food Eat less low-calorie sweeteners Eat less calories Eat less processed foods Eat less salt Eat less red or processed meat (e.g., beef, pork, deli meat)</p> <p>[PROGRAMMER NOTE: Use table format; show on 2 separate screens] Yes / No / Don't know / Refuse to answer</p> | <p><i>UNIVERSE: Respondents randomized to revised diet modification efforts measures</i></p> <p>¿Haces un <u>esfuerzo especial</u> para...?</p> <p>Comer frutas y verduras Beber mucha agua Comer proteínas Comer granos enteros</p> <p>Beber menos bebidas azucaradas Comer menos alimentos azucarados Comer menos edulcorantes o sustitutos de azúcar bajos en calorías Comer menos calorías Comer menos alimentos procesados Comer menos sal Comer menos carne roja o procesada (p. ej., res, puerco, carnes frías)</p> <p>[PROGRAMMER NOTE: Use table format; show on 2 separate screens] Sí / No / No sabe / Se negó a responder</p> |
| <p>PLANT BASED PROTEIN - EFFORT TO CONSUME</p> <p>NEW 2021 REVISED 2022 (universe)</p> <p><i>PLANT</i></p> | <p><i>UNIVERSE: Respondents randomized to original diet modification efforts measures</i></p> <p>In the past year, have you made an effort to consume more or less <u>plant-based protein foods</u>, like beans, lentils, nuts, seeds, or soy products like tofu?</p> <p>Consume less Consume more No effort made Don't know Refuse to answer</p> | <p><i>UNIVERSE: Respondents randomized to original diet modification efforts measures</i></p> <p>¿En el último año, ha hecho un esfuerzo por consumir más o menos <u>alimentos proteicos de origen vegetal</u>, como frijoles, lentejas, nueces, semillas, o productos de soya como tofu?</p> <p>Consume menos Consume más No hizo ningún esfuerzo No sabe Se negó a responder</p> |
| <p>PLANT BASED PROTEIN – SPECIAL EFFORT</p> <p>NEW 2022</p> <p><i>PLANT2</i></p> | <p><i>UNIVERSE: Respondents randomized to revised diet modification efforts measures</i></p> <p>Do you make a <u>special effort</u> to eat <u>plant-based protein foods</u>, like beans, lentils, nuts, seeds, or soy products like tofu?</p> <p>Yes No I'm not sure what plant-based protein foods are [valid option] Don't know Refuse to answer</p> | <p><i>UNIVERSE: Respondents randomized to revised diet modification efforts measures</i></p> <p>¿Haces un <u>esfuerzo especial</u> para comer <u>alimentos proteicos de origen vegetal</u>, como frijoles, lentejas, nueces, semillas, o productos de soya como tofu?</p> <p>Sí No No estoy seguro de qué son los alimentos proteicos de origen vegetal [valid option] No sabe Se negó a responder</p> |

WEIGHT LOSS EFFORTS, BODY PERCEPTIONS, AND WEIGHT STIGMA

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|--|--|
| <p>PERCEIVED BODY SIZE</p> <p>K. MAXIMOVA ET AL. THE ROLE OF UNDERESTIMATING BODY SIZE FOR SELF-ESTEEM AND SELF-EFFICACY AMONG GRADE FIVE CHILDREN IN CANADA. ANNALS OF EPIDEMIOLOGY 2015; 25:753-759.</p> <p>IMAGES FROM (COLLINS, 1991)</p> <p>REVISED 2020</p> <p>WT_BODY_F WT_BODY_F_DK WT_BODY_F_R</p> <p>WT_BODY_M WT_BODY_M_DK WT_BODY_M_R</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>Which body is most like your own body?</p> <p><i>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</i></p>  <p><i>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</i></p>  <p>Don't know Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>¿Qué cuerpo se parece más al de usted?</p> <p><i>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</i></p>  <p><i>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</i></p>  <p>No sabe Se negó a responder</p> |

| | | |
|--|---|---|
| <p>BODY SIZE IDEAL ADAPTED FROM GUTS</p> <p>NEW 2022</p> <p>WT_IDEAL_F WT_IDEAL_F_DK WT_IDEAL_F_R</p> <p>WT_IDEAL_M WT_IDEAL_M_DK WT_IDEAL_M_R</p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>Which picture looks most like how you WANT YOUR BODY TO LOOK? <i>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</i></p>  <p><i>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</i></p>  <p>Don't know Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>¿Cuál es la imagen que más se parece a cómo QUIERE QUE LUZCA SU CUERPO? <i>UNIVERSE: gender= 2 (woman) or 4 (trans female/trans woman)</i></p>  <p><i>UNIVERSE: gender= 1 (man) or 3 (trans male/trans man)</i></p>  <p>No sabe Se negó a responder</p> |
| <p>PERCEIVED WEIGHT CCHS</p> <p>WT_PERCEIVE</p> | <p>Do you consider yourself to be... Obese Overweight Underweight Just about right Don't know Refuse to answer</p> | <p>¿Usted se considera...? Obeso De peso mayor al normal De peso menor al normal De peso adecuado No sabe Se negó a responder</p> |
| <p>WEIGHT BEHAVIOUR Adapted from: NHANES, 2009-2010</p> <p>WT_TRY_LOSS WT_TRY_GAIN WT_TRY_SAME WT_TRY_NOT WT_TRY_DK WT_TRY</p> | <p>During the <u>past 12 months</u> have you tried to.... (Select all that apply) Lose weight Gain weight Stay the same weight I have not tried to do anything about my weight Don't know Refuse to answer</p> | <p>En los <u>últimos 12 meses</u> ha intentado.... (Seleccione todas las opciones que apliquen) Bajar de peso Subir de peso Mantener el mismo peso No ha intentado hacer nada respecto a su peso No sabe Se negó a responder</p> |

| | | |
|--|---|--|
| <p>WEIGHT LOSS METHODS NHANES DIET HISTORY QUESTIONNAIRE (ADAPTED)</p> <p>WT_LOSS_[TYPE] WT_LOSS_NONE WT_LOSS_DK WT_LOSS_R WT_LOSS_DIETTEXT WT_LOSS_OTEXT</p> <p>WT_SAME_[TYPE] WT_SAME_NONE WT_SAME_DK WT_SAME_R WT_SAME_DIETTEXT WT_SAME_OTEXT</p> <p>WT_LOSS_SAME_[TYPE] WT_LOSS_SAME_NONE WT_LOSS_SAME_DK WT_LOSS_SAME_R WT_LOSS_SAME_DIETTEXT WT_LOSS_SAME_OTEXT</p> | <p>UNIVERSE: Skip for Mexican American Qualtrics oversample <i>UNIVERSE: Tried to lose weight, but did not try to stay the same weight (wt_try_loss=1 and wt_try_same=0)</i></p> <p>How did you try to lose weight in the past 12 months? (Select all that apply)</p> <p><i>UNIVERSE: Did not try to lose weight, but tried to stay the same weight (wt_try_loss=0 and wt_try_same=1)</i></p> <p>How did you try to ‘stay the same weight’ in the past 12 months? (Select all that apply)</p> <p><i>UNIVERSE: Tried to lose weight and tried to stay the same weight (wt_try_loss=1 and wt_try_same=1)</i></p> <p>How did you try to lose weight or ‘stay the same weight’ in the past 12 months? (Select all that apply)</p> <p>Skipped meals or fasted Ate less food (amount) Ate less fat Ate less candy, sugar or sweets Ate fewer carbohydrates Ate more fruits, vegetables or salads Switched to foods with lower calories Followed a special diet or weight loss program (e.g., Atkins, Weight Watchers.) → Please specify: [open-ended] Used a liquid diet formula such as Slimfast or Optifast Did a cleanse or detox diet Exercised Drank a lot of water Got help from a health professional Took diet pills prescribed by a doctor Took other pills, medicines, herbs, or supplements not needing a prescription Took laxatives or vomited Started to smoke or began to smoke again Other → Please specify: [open-ended] None of the above Don’t know Refuse to answer</p> | <p>UNIVERSE: Skip for Mexican American Qualtrics oversample <i>UNIVERSE: Tried to lose weight, but did not try to stay the same weight (wt_try_loss=1 and wt_try_same=0)</i></p> <p>¿Cómo intentó bajar de peso en los últimos 12 meses? (Seleccione todas las opciones que apliquen)</p> <p><i>UNIVERSE: Did not try to lose weight, but tried to stay the same weight (wt_try_loss=0 and wt_try_same=1)</i></p> <p>¿Cómo intentó “mantener el mismo peso” en los últimos 12 meses? (Seleccione todas las opciones que apliquen)</p> <p><i>UNIVERSE: Tried to lose weight and tried to stay the same weight (wt_try_loss=1 and wt_try_same=1)</i></p> <p>¿Cómo intentó bajar de peso o “mantener el mismo peso” en los últimos 12 meses? (Seleccione todas las opciones que apliquen)</p> <p>Dejó de hacer alguna comida o ayunó Comió menos (menor cantidad) Comió menos grasa Comió menos dulces o azúcar Comió menos carbohidratos Comió más frutas, verduras o ensaladas Cambió a alimentos de menos calorías Siguió una dieta especial o programa para bajar de peso (p. ej., Atkins, Weight Watchers) → Favor de especificar: [respuesta abierta] Usó preparados para bebidas dietéticas como Slimfast u Optifast Hizo una dieta de limpieza o desintoxicación Hizo ejercicio Tomó mucha agua Recibió ayuda de un profesional de la salud Tomó pastillas de dieta recetadas por un médico Tomó otras pastillas, medicinas, hierbas o suplementos que no requieren receta médica Tomó laxantes o se provocó el vómito Empezó o volvió a fumar Otro → Favor de especificar: [respuesta abierta] Ninguna de las anteriores No sabe Se negó a responder</p> |
|--|---|--|

| | | |
|--|--|---|
| <p>EAT-3 BEHAVIOURAL ITEMS HAINES J, ZIYADEH NJ, FRANKO DL, MCDONALND J, MOND JM, AUSTIN SB. SCREENING HIGH SCHOOL STUDENTS FOR EATING DISORDERS: VALIDITY OF BRIEF BEHAVIORAL AND ATTITUDINAL MEASURES. JOURNAL OF SCHOOL HEALTH, 2011; 81(9):530-535.</p> <p><i>EAT3_BINGE</i> <i>EAT3_VOMIT</i></p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> In the past 3 months, how often have you: ... gone on eating binges? (<i>Eating a large amount of food while feeling out of control</i>). ... made yourself sick (vomited) to control your weight?</p> <p>Never Less than 1 time a month 1 to 3 times a month Once a week 2 to 6 times a week Once a day More than once a day Don't know Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> En los últimos 3 meses, ¿cuántas veces: ... comió en exceso? (<i>Comió una gran cantidad de alimentos y se sintió fuera de control</i>). ... se provocó el vómito para controlar su peso?</p> <p>Nunca Menos de 1 vez al mes 1 a 3 veces al mes 1 vez a la semana 2 a 6 veces a la semana 1 vez al día Más de 1 vez al día No sabe Se negó a responder</p> |
| <p>EAT-3 ATTITUDINAL ITEM HAINES J, ZIYADEH NJ, FRANKO DL, MCDONALND J, MOND JM, AUSTIN SB. SCREENING HIGH SCHOOL STUDENTS FOR EATING DISORDERS: VALIDITY OF BRIEF BEHAVIORAL AND ATTITUDINAL MEASURES. JOURNAL OF SCHOOL HEALTH, 2011; 81(9):530-535.</p> <p><i>EAT3_THIN</i></p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> I am preoccupied with a desire to be thinner.</p> <p>Always Usually Often Sometimes Rarely Never Don't know Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> Me absorbe el deseo de estar más delgado.</p> <p>Siempre Usualmente Frecuentemente Algunas veces Rara vez Nunca No sabe Se negó a responder</p> |
| <p>WEIGHT TEASE Adapted from Project EAT 2003-2004 (B&W)</p> <p>NEW 2022</p> <p><i>WT_TEASE</i></p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i> Do you get teased or made fun of because of your weight?</p> <p>All the time A lot Sometimes Rarely Never Don't know Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i> ¿Hacen comentarios o se burlan de usted debido a su peso?</p> <p>Todo el tiempo Mucho Algunas veces Rara vez Nunca No sabe Se negó a responder</p> |

SUGARY DRINKS

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|--|--|--|
| <p>POP PERCEIVED HEALTHINESS</p> <p>SSB_HLTH_POP</p> | <p>In your opinion, how unhealthy or healthy is this type of drink?</p>  <p>20 fl oz</p> <p>Very unhealthy Unhealthy A little unhealthy Neither unhealthy nor healthy A little healthy Healthy Very healthy Don't know Refuse to answer</p> | <p>En su opinión, ¿qué tan saludable o poco saludable es este tipo de bebida?</p>  <p>20 fl oz</p> <p>Muy mala para la salud Mala para la salud Un poco mala para la salud Ni mala ni buena para la salud Poco saludable Saludable Muy saludable No sabe Se negó a responder</p> |
| <p>POP ACCEPTABLE FREQUENCY FOR CHILDREN</p> <p>SSB_CHILD_POP</p> | <p>Imagine that you have a 10-year old child. Is it okay for them to have this type of drink...</p>  <p>20 fl oz</p> <p>Never Once per month A few times per month Once per week A few times per week Once per day As often as they would like Don't know Refuse to answer</p> | <p>Imagine que tiene un hijo de 10 años de edad. ¿Le parece bien que tome este tipo de bebida?</p>  <p>20 fl oz</p> <p>Nunca Una vez al mes Unas cuantas veces al mes Una vez a la semana Unas cuantas veces a la semana Una vez al día Tantas veces como quiera No sabe Se negó a responder</p> |

**SSB PERCEPTIONS -
CONDITION**

REVISED 2019

SSB_CONDITION

[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following set of 2 questions with the same beverage image on screen for each question.]

- Diet soda
- 100% juice
- Energy drink
- Water
- Specialty coffee
- Sports drink
- Chocolate milk
- Iced tea
- Milk



[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following set of 2 questions with the same beverage image on screen for each question.]

- Bebida refrescos/gaseosas de dieta
- 100% jugo
- Bebida energética
- Agua
- Café de especialidad
- Bebida deportivas
- Leche con chocolate
- Té helado
- Leche



| | | |
|--|--|--|
| <p>SSB PERCEIVED HEALTHINESS</p> <p><i>SSB_HLTH_[TYPE]</i></p> | <p>In your opinion, how unhealthy or healthy is this type of drink? <i>[show image with fl oz label]</i></p> <p>Very unhealthy Unhealthy A little unhealthy Neither unhealthy nor healthy A little healthy Healthy Very healthy Don't know Refuse to answer</p> | <p>En su opinión, ¿qué tan saludable o poco saludable es este tipo de bebida? <i>[show image with fl oz label]</i></p> <p>Muy mala para la salud Mala para la salud Un poco mala para la salud Ni mala ni buena para la salud Poco saludable Saludable Muy saludable No sabe Se negó a responder</p> |
| <p>SSB ACCEPTABLE FREQUENCY FOR CHILDREN</p> <p><i>SSB_CHILD_[TYPE]</i></p> | <p>Imagine that you have a 10-year old child. Is it okay for them to have this type of drink... <i>[show image with fl oz label]</i></p> <p>Never Once per month A few times per month Once per week A few times per week Once per day As often as they would like Don't know Refuse to answer</p> | <p>Imagine que tiene un hijo de 10 años de edad. ¿Le parece bien que tome este tipo de bebida? <i>[show image with fl oz label]</i></p> <p>Nunca Una vez al mes Unas cuantas veces al mes Una vez a la semana Unas cuantas veces a la semana Una vez al día Tantas veces como quiera No sabe Se negó a responder</p> |
| <p>SSB DEFINITION</p> <p>REVISED 2022</p> | <p>The next few questions ask about SUGAR AND SUGARY DRINKS.</p> <p>Sugary drinks are drinks that contain added sugar, like soda, fruit drinks, sports drinks, energy drinks, chocolate milk, and specialty coffees that have added sugar.</p> | <p>Las siguientes preguntas se refieren a AZÚCAR Y BEBIDAS AZUCARADAS.</p> <p>Las bebidas azucaradas son bebidas que contienen azúcar añadida, como los refrescos/gaseosas, bebidas de fruta, deportivas, energéticas, leche con chocolate y cafés de especialidad a los cuales se les añade azúcar.</p> |
| <p>SSB SELF CONSUMPTION</p> <p><i>SSB_SELF</i></p> | <p>Is the amount of sugary drinks you typically have in a week...</p> <p>A very unhealthy amount An unhealthy amount Neither unhealthy nor healthy amount A healthy amount A very healthy amount Don't know Refuse to answer</p> | <p>La cantidad de bebidas azucaradas que normalmente toma a la semana es...</p> <p>Una cantidad muy mala para la salud Una cantidad mala para la salud Una cantidad ni mala ni buena para la salud Una cantidad saludable Una cantidad muy saludable No sabe Se negó a responder</p> |

| | | |
|---|--|---|
| <p>SSB SOCIAL NORMS – Q3</p> <p>REVISED 2021</p> <p>SSB_NORMS3</p> | <p>PEOPLE IMPORTANT TO ME try <u>not</u> to drink sugary drinks.</p> <p>Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know Refuse to answer</p> | <p>LAS PERSONAS QUE ME IMPORTAN tratan de <u>no</u> tomar bebidas azucaradas.</p> <p>Completamente de acuerdo De acuerdo Ni de acuerdo ni en desacuerdo En desacuerdo Completamente en desacuerdo No sabe Se negó a responder</p> |
| <p>SSB SOCIAL NORMS – Q4</p> <p>REVISED 2021</p> <p>SSB_NORMS4</p> | <p>PEOPLE IMPORTANT TO ME think I should <u>not</u> drink sugary drinks.</p> <p>Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know Refuse to answer</p> | <p>LAS PERSONAS QUE ME IMPORTAN piensan que <u>no</u> debo tomar bebidas azucaradas.</p> <p>Completamente de acuerdo De acuerdo Ni de acuerdo ni en desacuerdo En desacuerdo Completamente en desacuerdo No sabe Se negó a responder</p> |
| <p>SSB FAMILY CONSUMPTION FREQUENCY</p> <p>NEW 2021</p> <p>SD_FREQ_FAM</p> | <p>UNIVERSE: <i>US Mexican American Qualtrics oversample and Mexico</i></p> <p>In the last month, how often do you think MOST OF YOUR FAMILY MEMBERS drank sugary drinks? (Give your best guess)</p> <p>Never Once A few times About once per week Several times per week, but not every day Every day More than once a day Don't know Refuse to answer</p> | <p>UNIVERSE: <i>US Mexican American Qualtrics oversample and Mexico</i></p> <p>En el último mes, ¿con qué frecuencia cree que LA MAYORÍA de los MIEMBROS DE SU FAMILIA tomaron bebidas azucaradas? (Dé su mejor estimación)</p> <p>Nunca Una vez Algunas veces Aproximadamente una vez a la semana Varias veces a la semana, pero no todos los días Todos los días Más de una vez al día No sabe Se negó a responder</p> |
| <p>SSB FRIENDS CONSUMPTION FREQUENCY</p> <p>NEW 2021</p> <p>SD_FREQ_FRND</p> | <p>UNIVERSE: <i>US Mexican American Qualtrics oversample and Mexico</i></p> <p>In the last month, how often do you think MOST OF YOUR FRIENDS drank sugary drinks? (Give your best guess)</p> <p>Never Once A few times About once per week Several times per week, but not every day Every day More than once a day Don't know Refuse to answer</p> | <p>UNIVERSE: <i>US Mexican American Qualtrics oversample and Mexico</i></p> <p>En el último mes, ¿con qué frecuencia cree que LA MAYORÍA de sus AMIGOS tomaron bebidas azucaradas? (Dé su mejor estimación)</p> <p>Nunca Una vez Algunas veces Aproximadamente una vez a la semana Varias veces a la semana, pero no todos los días Todos los días Más de una vez al día No sabe Se negó a responder</p> |

| | | |
|---|--|---|
| <p>SSB IMPORTANCE SOCIAL GATHERING – SELF</p> <p>NEW 2021</p> <p>SD_SOC_SELF</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample and Mexico</p> <p>How important is it <u>FOR YOU TO HAVE SUGARY DRINKS</u> at social gatherings?</p> <p>Not at all important Slightly important Moderately important Important Very important Don't know Refuse to answer</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample and Mexico</p> <p>En las reuniones sociales, ¿qué tan importante es <u>PARA USTED QUE HAYA BEBIDAS AZUCARADAS?</u></p> <p>Nada importante Poco importante Más o menos importante Importante Muy importante No sabe Se negó a responder</p> |
| <p>SSB IMPORTANCE SOCIAL GATHERING – MEXICAN AMERICANS</p> <p>NEW 2021</p> <p>COUNTRY SPECIFIC WORDING</p> <p>SD_SOC_MA</p> | <p>UNIVERSE: US Mexican American oversample</p> <p>How important do you think it is to <u>MEXICAN AMERICANS</u>, in general, <u>TO HAVE SUGARY DRINKS</u> at social gatherings?</p> <p>Not at all important Slightly important Moderately important Important Very important Don't know Refuse to answer</p> | <p>UNIVERSE: US Mexican American oversample</p> <p>En las reuniones sociales, ¿qué tan importante cree que es para <u>LOS MEXICO-AMERICANOS</u>, en general, <u>TOMAR BEBIDAS AZUCARADAS?</u></p> <p>Nada importante Poco importante Más o menos importante Importante Muy importante No sabe Se negó a responder</p> |
| <p>SWEETENER ACCEPTABILITY FOR CHILDREN</p> <p>NEW 2020</p> <p>SWT_CHILD</p> | <p>Please tell us whether you agree or disagree with the following:</p> <p>Children should not consume foods or drinks with artificial or low-calorie sweeteners.</p> <p>Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know Refuse to answer</p> | <p>Favor de indicarnos si está de acuerdo o en desacuerdo con lo siguiente:</p> <p>Los niños no deberían consumir alimentos o bebidas con edulcorantes (sustitutos del azúcar).</p> <p>Completamente de acuerdo De acuerdo Ni de acuerdo ni en desacuerdo En desacuerdo Completamente en desacuerdo No sabe Se negó a responder</p> |

NUTRITION KNOWLEDGE

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|--|--|--|
| SELF-REPORTED NUTRITION KNOWLEDGE ADAPTED FROM TNT 2015, HOBIN CFDR <i>NUT_KNOW</i> | How would you rate your nutrition knowledge? Not at all knowledgeable A little knowledgeable Somewhat knowledgeable Very knowledgeable Extremely knowledgeable Don't know Refuse to answer | ¿Cómo calificaría sus conocimientos sobre nutrición? No sé nada del tema Sé muy poco del tema Tengo algunos conocimientos sobre el tema Conozco muy bien el tema Conozco extremadamente bien el tema No sabe Se negó a responder |

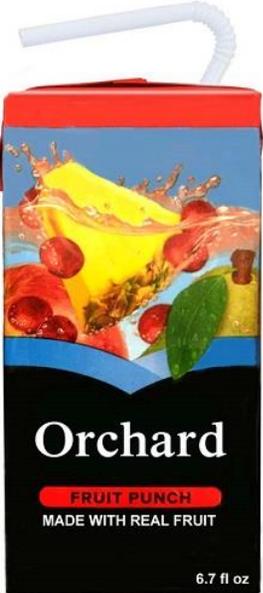
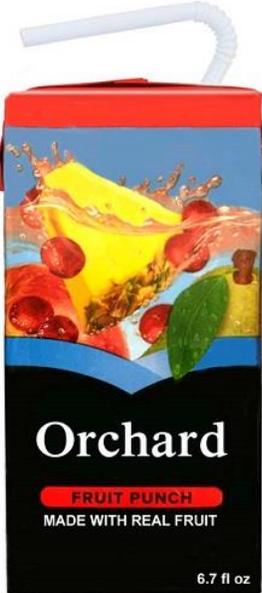
SOURCES OF NUTRITION INFORMATION

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|---|---|
| SOURCES OF NUTRITION INFO CCHS FOOD GUIDE module and TNT integrated content (adapted to be for 12 months rather than 6) REVISED 2019 <i>INFO_[TYPE]</i> <i>INFO_NONE</i> <i>INFO_DK</i> <i>INFO_R</i> <i>INFO_APPTEXT</i> <i>INFO_OTEXT</i> | In the past 12 months, did you get information on food or nutrition from any of the following sources? (Select all that apply) Health professional (e.g., family doctor, nurse, or dietitian) Alternative health practitioner (e.g., chiropractor, naturopath, homeopath, holistic nutritionist) Health association materials or website (e.g., American Heart Association, American Cancer Society, Academy of Nutrition and Dietetics) Fitness programs / personal trainer Weight loss programs (e.g., Weight Watchers) Your family, friends, or colleagues MyPlate or the Food Guide Pyramid Government / health agency materials, websites or apps Food company materials, advertisements, websites or apps Nutrition Facts Panels on food products Nutrition information on the front of food packages Grocery store or pharmacy Magazines, newspapers or books TV or radio General research on the internet Social media or blogs (e.g., Facebook, Twitter) Celebrities (e.g., Gwyneth Paltrow, Food Babe) Mobile app → Which app? [open-ended] Other → Please specify: [open-ended] None of the above | En los últimos 12 meses, ¿obtuvo información sobre alimentos o nutrición de cualquiera de las siguientes fuentes? (Seleccione todas las opciones que apliquen) Profesional de la salud (p. ej., médico familiar, enfermera o nutricionista) Profesional de medicina alternativa (p. ej., quiropráctico, naturópata, homeópata, nutriólogo holístico) Materiales o sitio web de una entidad de salud (p. ej., American Heart Association, American Cancer Society, Academy of Nutrition and Dietetics) Programas de acondicionamiento físico / entrenador físico personal Programas para bajar de peso (p. ej., Weight Watchers) Su familia, amistades o colegas La Guía Nutricional “Mi Plato” o La Guía Pirámide de Alimentos Gobierno / materiales de una agencia de salud, sitios web o apps Materiales de una compañía de productos alimenticios, anuncios comerciales, sitios web o apps Tabla de información nutrimental sobre del empaque de los productos alimenticios Información nutrimental en la parte frontal de los paquetes de alimentos Tienda de abarrotes o farmacia Revistas, periódicos o libros Televisión o radio Investigación general en internet Redes sociales o blogs (p. ej., Facebook, Twitter) Celebrities (p. ej., Gwyneth Paltrow, Food Babe) |

| | | |
|--|---|---|
| | Don't know Refuse to answer | App móvil → ¿Cuál app? [<i>respuesta abierta</i>] Otra → Favor de especificar: [<i>respuesta abierta</i>] Ninguna de las anteriores No sabe Se negó a responder |
| PUBLIC EDUCATON REVISED 2020 (underline) <i>PUBLIC_ED1</i> | Do you remember seeing any educational messages or campaigns on <u>healthy eating</u> from the government or health authorities in the past 12 months? Yes No Don't know Refuse to answer | ¿Recuerda haber visto mensajes educativos o campañas del gobierno o de organismos de salud sobre <u>alimentación saludable</u> en los últimos 12 meses? Sí No No sabe Se negó a responder |

FOOD PACKAGING & LABELLING

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|--|--|---|
| NUTRITION INFO IN GROCERY STORES <i>INFO_GROCERY</i> | In your opinion, is nutrition information easy or hard to find in <u>grocery stores</u> ? Very hard to find Hard to find Neither hard nor easy Easy to find Very easy to find Don't know Refuse to answer | En su opinión, ¿la información nutricional es fácil o difícil de encontrar en <u>las tiendas de alimentos</u> (por ejem., supermercados, abarrotes)? Muy difícil de encontrar Difícil de encontrar Ni fácil ni difícil Fácil de encontrar Muy fácil de encontrar No sabe Se negó a responder |

| | | |
|--|---|---|
| <p>LABEL UNDERSTANDING (OBJECTIVE)</p> <p>NEW 2022</p> <p>FOPL_OBJ_NO</p> | <p>In your opinion, is this product...</p> <p>[Show juicebox image with country-specific FOPL (no FOPL in Canada/USA, Health Star Rating in Australia, Warning label in Chile/MEX, Traffic Light in UK); no NFT to be shown in any country]</p>  <p>Orchard FRUIT PUNCH MADE WITH REAL FRUIT 6.7 fl oz</p> <p>Very unhealthy Unhealthy In the middle Healthy Very healthy Don't know Refuse to answer</p> | <p>En su opinión, este producto es...</p> <p>[Show juicebox image with country-specific FOPL (no FOPL in Canada/USA, Health Star Rating in Australia, Warning label in Chile/MEX, Traffic Light in UK); no NFT to be shown in any country]</p>  <p>Orchard FRUIT PUNCH MADE WITH REAL FRUIT 6.7 fl oz</p> <p>Muy mala para la salud Mala para la salud Medianamente saludable Saludable Muy saludable No sabe Se negó a responder</p> |
|--|---|---|

NFT AWARENESS

REVISED 2020

NFT_AWARE_USA

We would now like to ask you some questions about food labels on products.

How often have you seen this type of food label on packages or in stores?

| Nutrition Facts | |
|-------------------------------------|-----------|
| 11 servings per container | |
| Serving size 4 cookies (23g) | |
| Amount per serving | |
| Calories | 95 |
| <small>% Daily Value*</small> | |
| Total Fat 2g | 3% |
| Saturated Fat 0.3g | 2% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 110mg | 5% |
| Total Carbohydrate 15g | 3% |
| Dietary Fiber 3g | 8% |
| Total Sugars 1g | |
| Includes 1g Added Sugars | 2% |
| Protein 3g | |
| <hr/> | |
| Vitamin D 0mcg | 0% |
| Calcium 52mg | 4% |
| Iron 0.7mg | 4% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

- Never
- Rarely
- Sometimes
- Often
- All the time
- Don't know
- Refuse to answer

Ahora nos gustaría hacerle algunas preguntas sobre las etiquetas de los productos alimenticios.

¿Con qué frecuencia ha visto este tipo de etiquetado en empaques de alimentos o en tiendas?

| Nutrition Facts | |
|-------------------------------------|-----------|
| 11 servings per container | |
| Serving size 4 cookies (23g) | |
| Amount per serving | |
| Calories | 95 |
| <small>% Daily Value*</small> | |
| Total Fat 2g | 3% |
| Saturated Fat 0.3g | 2% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 110mg | 5% |
| Total Carbohydrate 15g | 3% |
| Dietary Fiber 3g | 8% |
| Total Sugars 1g | |
| Includes 1g Added Sugars | 2% |
| Protein 3g | |
| <hr/> | |
| Vitamin D 0mcg | 0% |
| Calcium 52mg | 4% |
| Iron 0.7mg | 4% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

- Nunca
- Rara vez
- Algunas veces
- Frecuentemente
- Todo el tiempo
- No sabe
- Se negó a responder

NFT USE
ADAPTED FROM 2014
FDA HEALTH AND DIET
SURVEY

REVISED 2020

NFT_USE_USA

UNIVERSE: nft_aware_USA= 'rarely', 'sometimes', 'often', or 'all the time'

How often do you use this type of food label when deciding to buy a food product?

| Nutrition Facts | |
|-------------------------------------|-----------|
| 11 servings per container | |
| Serving size 4 cookies (23g) | |
| Amount per serving | |
| Calories | 95 |
| % Daily Value* | |
| Total Fat 2g | 3% |
| Saturated Fat 0.3g | 2% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 110mg | 5% |
| Total Carbohydrate 15g | 3% |
| Dietary Fiber 3g | 8% |
| Total Sugars 1g | |
| Includes 1g Added Sugars | 2% |
| Protein 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 52mg | 4% |
| Iron 0.7mg | 4% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

- Never
- Rarely
- Sometimes
- Often
- All the time
- Don't know
- Refuse to answer

UNIVERSE: nft_aware_USA= 'rarely', 'sometimes', 'often', or 'all the time'

¿Con qué frecuencia usa este tipo de etiquetado de productos alimenticios para decidir si compra algún producto alimenticio?

| Nutrition Facts | |
|-------------------------------------|-----------|
| 11 servings per container | |
| Serving size 4 cookies (23g) | |
| Amount per serving | |
| Calories | 95 |
| % Daily Value* | |
| Total Fat 2g | 3% |
| Saturated Fat 0.3g | 2% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 110mg | 5% |
| Total Carbohydrate 15g | 3% |
| Dietary Fiber 3g | 8% |
| Total Sugars 1g | |
| Includes 1g Added Sugars | 2% |
| Protein 3g | |
| Vitamin D 0mcg | 0% |
| Calcium 52mg | 4% |
| Iron 0.7mg | 4% |
| Potassium 0mg | 0% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

- Nunca
- Rara vez
- Algunas veces
- Frecuentemente
- Todo el tiempo
- No sabe
- Se negó a responder

| | | |
|---|---|--|
| <p>NFT UNDERSTANDING</p> <p>REVISED 2020</p> <p>NFT_UNDERSTAND_U SA</p> | <p>Do you find this information...</p>  <p>Very hard to understand Hard to understand Neither hard nor easy Easy to understand Very easy to understand Don't know Refuse to answer</p> | <p>La información la considera...</p>  <p>Muy difícil de entender Difícil de entender Ni fácil ni difícil Fácil de entender Muy fácil de entender No sabe Se negó a responder</p> |
| <p>NFT INFLUENCE</p> <p>LABEL_OVERALL</p> | <p>Overall, how much do food labels influence what you eat?</p> <p>No influence at all A little influence Some influence A lot of influence Very strong influence Don't know Refuse to answer</p> | <p>En general, ¿qué tanta influencia tiene el etiquetado en los alimentos que consume?</p> <p>Ningún tipo de influencia Poca influencia Algo de influencia Mucha influencia Una fuerte influencia No sabe Se negó a responder</p> |
| <p>PURCHASE FREQUENCY AT MEXICAN STORE</p> <p>NEW 2021</p> <p>MX_BUY</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample</p> <p>In the last month, how often did you purchase food in Mexican stores or markets?</p> <p>Never Rarely Sometimes Often All the time Don't know Refuse to answer</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample</p> <p>En el último mes, ¿con qué frecuencia compró alimentos en tiendas o mercados mexicanos?</p> <p>Nunca Rara vez Algunas veces Frecuentemente Todo el tiempo No sabe Se negó a responder</p> |

| | | |
|--|--|--|
| <p>WL AWARENESS ON MEXICAN FOOD</p> <p>NEW 2021</p> <p>MX_WL_AWARE</p> | <p>UNIVERSE: <i>US Mexican American Qualtrics oversample</i></p> <p>In the last month, how often have you seen this type of food label on Mexican food packages?</p> <p>Include food labels you have seen at stores, at home or any other places.</p>  <p>Never Rarely Sometimes Often All the time Don't know Refuse to answer</p> | <p>UNIVERSE: <i>US Mexican American Qualtrics oversample</i></p> <p>En el último mes, ¿con qué frecuencia ha visto este tipo de etiquetado en empaques de alimentos mexicanos?</p> <p>Incluya etiquetas de alimentos que haya visto en tiendas, en casa o en cualquier otro lugar.</p>  <p>Nunca Rara vez Algunas veces Frecuentemente Todo el tiempo No sabe Se negó a responder</p> |
| <p>WL IMPACT</p> <p>NEW 2020 REVISED 2021 (universe)</p> <p>WL_IMP_[TYPE]</p> | <p>UNIVERSE: <i>US Mexican American Qualtrics oversample</i> UNIVERSE: <i>MX_WL_AWARE = 'rarely', 'sometimes', 'often', or 'all the time'</i></p> <p>Have the warning labels (black octagons) changed whether you buy the following packaged products for you or your family?</p> <p>Cola (Coca-Cola, Pepsi, etc.) Soda (Sprite, Orange Crush, etc.) Diet soda or pop (Coca-Cola Zero, Diet Pepsi, etc.) 100% fruit or vegetable juice Sweetened fruit drinks (lemonade, iced tea, SunnyD, fruit punch/cocktail, etc.) Candy or chocolate bars Snacks such as chips Desserts such as cakes, cookies, and ice cream Sugary cereals</p> <p>Buy less Buy more No change Don't know Refuse to answer</p> | <p>UNIVERSE: <i>US Mexican American Qualtrics oversample</i> UNIVERSE: <i>MX_WL_AWARE = 'rarely', 'sometimes', 'often', or 'all the time'</i></p> <p>¿Las etiquetas de advertencia (los octágonos negros) han cambiado su decisión de comprar los siguientes productos empaquetados para usted o su familia?</p> <p>Bebida refrescos de cola (Coca-Cola, Pepsi, etc.) Bebida refrescos de sabor (Sprite, Orange Crush, etc.) Bebida refrescos de dieta (Coca-Cola Zero, Pepsi de Dieta, etc.) Jugo 100% de fruta o de verduras Bebidas de fruta endulzadas (limonada, té helado, SunnyD, ponche/coctel de frutas, etc.) Barras de chocolate o caramelos Botanas como papas fritas/chips (Sabritas, etc.) Postres como pasteles, galletas y helados Cereales azucarados</p> <p>Compra menos Compra más No ha cambiado No sabe Se negó a responder</p> |

| | | |
|---|--|---|
| <p>WL AWARENESS ON MEXICAN DRINKS</p> <p>NEW 2022</p> <p><i>MX_WL_AWARE_BEV</i></p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i></p> <p>In the last month, how often have you seen this type of label on <u>drinks</u> from Mexico?</p>  <p>Never Rarely Sometimes Often All the time Don't know Refuse to answer</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i></p> <p>En el último mes, ¿con qué frecuencia ha visto este tipo de etiquetado en <u>bebidas</u> procedentes de México?</p>  <p>Nunca Rara vez Algunas veces Frecuentemente Todo el tiempo No sabe Se negó a responder</p> |
| <p>DISCUSS LABELS</p> <p>NEW 2020</p> <p><i>LABEL_DISCUSS</i></p> | <p>In the last month, how often have you talked to others about nutrition labels on foods or beverages?</p> <p>Not at all Once A few times Often Very often Don't know Refuse to answer</p> | <p>En el último mes, ¿con qué frecuencia ha hablado con otras personas sobre las etiquetas nutrimentales de los alimentos o bebidas?</p> <p>Nunca Una vez Unas cuantas veces Frecuentemente Muy a menudo No sabe Se negó a responder</p> |

FOOD PROCESSING KNOWLEDGE

REVISED 2019
REVISED 2020
REVISED 2022

HLTH1... HLTH15
HLTH1_DKR...HLTH15_DKR
HLTH1V...HLTH15V
HLTH_ORDER
HLTH_ORDER_V

Summary of revisions: 2019 corrected error in apple drink from 2018 (converted serving size to fl oz, and 0g total fat); and replaced deli ham with deli chicken. 2020 updated NFT images; deleted "Quaker" from oats ingredient list; corrected flipped scale for cheese slice (mobile version); added fish items to applesauce ingredients; increased added sugar amount in apple drink; increased sodium in tuna. Refer to the User Guide for further information.

[PROGRAMMER NOTE: show country specific food categories. Randomize order of 15 food products, and record order of randomization. Prevent respondents from using back button to return to previous questions in set. Show scale horizontally on computer browsers, and vertically on smartphone and tablet browsers.]

Overall, how healthy is this food product?

Please answer on a scale from 0 to 10, where 0 = Not at all healthy, and 10 = Extremely healthy.

0 1 2 3 4 5 6 7 8 9 10

Not at all healthy

Extremely healthy

Don't know

Refuse to answer



| Nutrition Facts | |
|---------------------------------|----------------|
| 6 servings per container | |
| Serving size 1 container (100g) | |
| Amount per serving | |
| Calories 80 | |
| Total Fat 0g | % Daily Value* |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | 0% |
| Cholesterol 0mg | 0% |
| Sodium 0mg | 0% |
| Total Carbohydrate 19g | 7% |
| Dietary Fiber 1g | 4% |
| Total Sugars 17g | |
| Includes 1g Added Sugars | 17% |
| Protein 1g | |
| Vitamin D 0mg | 0% |
| Calcium 10mg | 1% |
| Iron 0.2mg | 1% |
| Potassium 75mg | 2% |
| Vitamin C 18mg | 20% |

*Percent Daily Values are based on a diet of other people's secrets.

†The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. A diet of other people's secrets is the basis for this information.

INGREDIENTS: APPLES, CANE SYRUP, WATER, ASCORBIC ACID (VITAMIN C).



| Nutrition Facts | |
|--------------------------------|----------------|
| About 4 servings per container | |
| Serving size 8 fl oz (240mL) | |
| Amount per serving | |
| Calories 120 | |
| Total Fat 0g | % Daily Value* |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | 0% |
| Cholesterol 0mg | 0% |
| Sodium 0mg | 0% |
| Total Carbohydrate 29g | 11% |
| Dietary Fiber 0g | 0% |
| Total Sugars 29g | |
| Includes 1g Added Sugars | 14% |
| Protein 0g | |
| Vitamin D 0mg | 0% |
| Calcium 0mg | 0% |
| Iron 0mg | 0% |
| Potassium 250mg | 6% |
| Vitamin C 80mg | 90% |

*Percent Daily Values are based on a diet of other people's secrets.

†The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. A diet of other people's secrets is the basis for this information.

INGREDIENTS: WATER, RECONSTITUTED APPLE JUICE (100% APPLE JUICE), SUGAR, FOOD ACIDS (MALIC ACID, POTASSIUM CITRATE), FLAVOR, VITAMIN C.



| Nutrition Facts | |
|----------------------------|----------------|
| 25 servings per container | |
| Serving size 1/2 cup (40g) | |
| Amount per serving | |
| Calories 160 | |
| Total Fat 2.5g | % Daily Value* |
| Saturated Fat 0.5g | 3% |
| Trans Fat 0g | 0% |
| Cholesterol 0mg | 0% |
| Sodium 0mg | 0% |
| Total Carbohydrate 27g | 10% |
| Dietary Fiber 4g | 14% |
| Total Sugars 0g | |
| Includes 0g Added Sugars | 0% |
| Protein 5g | |
| Vitamin D 0mg | 0% |
| Calcium 27mg | 2% |
| Iron 1.0g | 18% |
| Potassium 100mg | 4% |

*Percent Daily Values are based on a diet of other people's secrets.

†The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. A diet of other people's secrets is the basis for this information.

INGREDIENTS: 100% WHOLE GRAIN ROLLED OATS.

[PROGRAMMER NOTE: show country specific food categories. Randomize order of 15 food products, and record order of randomization. Prevent respondents from using back button to return to previous questions in set. Show scale horizontally on computer browsers, and vertically on smartphone and tablet browsers.]

En general, ¿qué tan saludable es este producto alimenticio?

Por favor responda usando la escala del 0 al 10, donde 0 = Nada saludable y 10 = Extremadamente saludable.

0 1 2 3 4 5 6 7 8 9 10

Nada saludable

Extremadamente saludable

No sabe

Se negó a responder



| Nutrition Facts | |
|---------------------------------|----------------|
| 6 servings per container | |
| Serving size 1 container (100g) | |
| Amount per serving | |
| Calories 80 | |
| Total Fat 0g | % Daily Value* |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | 0% |
| Cholesterol 0mg | 0% |
| Sodium 0mg | 0% |
| Total Carbohydrate 19g | 7% |
| Dietary Fiber 1g | 4% |
| Total Sugars 17g | |
| Includes 1g Added Sugars | 17% |
| Protein 1g | |
| Vitamin D 0mg | 0% |
| Calcium 10mg | 1% |
| Iron 0.2mg | 1% |
| Potassium 75mg | 2% |
| Vitamin C 18mg | 20% |

*Percent Daily Values are based on a diet of other people's secrets.

†The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. A diet of other people's secrets is the basis for this information.

INGREDIENTS: APPLES, CANE SYRUP, WATER, ASCORBIC ACID (VITAMIN C).



| Nutrition Facts | |
|--------------------------------|----------------|
| About 4 servings per container | |
| Serving size 8 fl oz (240mL) | |
| Amount per serving | |
| Calories 120 | |
| Total Fat 0g | % Daily Value* |
| Saturated Fat 0g | 0% |
| Trans Fat 0g | 0% |
| Cholesterol 0mg | 0% |
| Sodium 0mg | 0% |
| Total Carbohydrate 29g | 11% |
| Dietary Fiber 0g | 0% |
| Total Sugars 29g | |
| Includes 1g Added Sugars | 14% |
| Protein 0g | |
| Vitamin D 0mg | 0% |
| Calcium 0mg | 0% |
| Iron 0mg | 0% |
| Potassium 250mg | 6% |
| Vitamin C 80mg | 90% |

*Percent Daily Values are based on a diet of other people's secrets.

†The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. A diet of other people's secrets is the basis for this information.

INGREDIENTS: WATER, RECONSTITUTED APPLE JUICE (100% APPLE JUICE), SUGAR, FOOD ACIDS (MALIC ACID, POTASSIUM CITRATE), FLAVOR, VITAMIN C.



| Nutrition Facts | |
|----------------------------|----------------|
| 25 servings per container | |
| Serving size 1/2 cup (40g) | |
| Amount per serving | |
| Calories 160 | |
| Total Fat 2.5g | % Daily Value* |
| Saturated Fat 0.5g | 3% |
| Trans Fat 0g | 0% |
| Cholesterol 0mg | 0% |
| Sodium 0mg | 0% |
| Total Carbohydrate 27g | 10% |
| Dietary Fiber 4g | 14% |
| Total Sugars 0g | |
| Includes 0g Added Sugars | 0% |
| Protein 5g | |
| Vitamin D 0mg | 0% |
| Calcium 27mg | 2% |
| Iron 1.0g | 18% |
| Potassium 100mg | 4% |

*Percent Daily Values are based on a diet of other people's secrets.

†The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. A diet of other people's secrets is the basis for this information.

INGREDIENTS: 100% WHOLE GRAIN ROLLED OATS.

|  | <p>Nutrition Facts 2 servings per container Serving size 1 fillet (125g) Amount per serving Calories 100</p> <table border="1"> <thead> <tr> <th colspan="2">% Daily Value*</th> </tr> </thead> <tbody> <tr> <td>Total Fat 1g</td> <td>2%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td>0%</td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 10mg</td> <td>3%</td> </tr> <tr> <td>Total Carbohydrate 0g</td> <td>0%</td> </tr> <tr> <td>Dietary Fiber 0g</td> <td>0%</td> </tr> <tr> <td>Total Sugars 0g</td> <td>0%</td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 20g</td> <td>40%</td> </tr> <tr> <td>Vitamin D 0.0mg</td> <td>4%</td> </tr> <tr> <td>Calcium 0.0mg</td> <td>2%</td> </tr> <tr> <td>Iron 0.0mg</td> <td>2%</td> </tr> <tr> <td>Potassium 30.0mg</td> <td>10%</td> </tr> <tr> <td>Potassium 14.0mg</td> <td>2%</td> </tr> </tbody> </table> <p><small>*Percent Daily Values are based on a diet of other people's secrets. © 2018 Ocean Fish Co. All rights reserved. †This is not a food product.</small></p> <p>INGREDIENTS: SKIMPLESS, BONELESS ATLANTIC COO FILLETS.</p> | % Daily Value* | | Total Fat 1g | 2% | Saturated Fat 0g | 0% | Trans Fat 0g | 0% | Cholesterol 0mg | 0% | Sodium 10mg | 3% | Total Carbohydrate 0g | 0% | Dietary Fiber 0g | 0% | Total Sugars 0g | 0% | Includes 0g Added Sugars | 0% | Protein 20g | 40% | Vitamin D 0.0mg | 4% | Calcium 0.0mg | 2% | Iron 0.0mg | 2% | Potassium 30.0mg | 10% | Potassium 14.0mg | 2% |  | <p>Nutrition Facts 2 servings per container Serving size 1/2 cup (85g) Amount per serving Calories 90</p> <table border="1"> <thead> <tr> <th colspan="2">% Daily Value*</th> </tr> </thead> <tbody> <tr> <td>Total Fat 1g</td> <td>2%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td>0%</td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 100mg</td> <td>13%</td> </tr> <tr> <td>Total Carbohydrate 0g</td> <td>0%</td> </tr> <tr> <td>Dietary Fiber 0g</td> <td>0%</td> </tr> <tr> <td>Total Sugars 0g</td> <td>0%</td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 12g</td> <td>24%</td> </tr> <tr> <td>Vitamin D 1.0mg</td> <td>6%</td> </tr> <tr> <td>Calcium 0.0mg</td> <td>0%</td> </tr> <tr> <td>Iron 1.0mg</td> <td>6%</td> </tr> <tr> <td>Potassium 10.0mg</td> <td>4%</td> </tr> </tbody> </table> <p><small>*Percent Daily Values are based on a diet of other people's secrets. © 2018 Ocean Fish Co. All rights reserved. †This is not a food product.</small></p> <p>INGREDIENTS: SKIMPACK TUNA, WATER, SALT.</p> | % Daily Value* | | Total Fat 1g | 2% | Saturated Fat 0g | 0% | Trans Fat 0g | 0% | Cholesterol 0mg | 0% | Sodium 100mg | 13% | Total Carbohydrate 0g | 0% | Dietary Fiber 0g | 0% | Total Sugars 0g | 0% | Includes 0g Added Sugars | 0% | Protein 12g | 24% | Vitamin D 1.0mg | 6% | Calcium 0.0mg | 0% | Iron 1.0mg | 6% | Potassium 10.0mg | 4% |  | <p>Nutrition Facts 2 servings per container Serving size 1 fillet (125g) Amount per serving Calories 100</p> <table border="1"> <thead> <tr> <th colspan="2">% Daily Value*</th> </tr> </thead> <tbody> <tr> <td>Total Fat 1g</td> <td>2%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td>0%</td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 10mg</td> <td>3%</td> </tr> <tr> <td>Total Carbohydrate 0g</td> <td>0%</td> </tr> <tr> <td>Dietary Fiber 0g</td> <td>0%</td> </tr> <tr> <td>Total Sugars 0g</td> <td>0%</td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 20g</td> <td>40%</td> </tr> <tr> <td>Vitamin D 0.0mg</td> <td>4%</td> </tr> <tr> <td>Calcium 0.0mg</td> <td>2%</td> </tr> <tr> <td>Iron 0.0mg</td> <td>2%</td> </tr> <tr> <td>Potassium 30.0mg</td> <td>10%</td> </tr> <tr> <td>Potassium 14.0mg</td> <td>2%</td> </tr> </tbody> </table> <p><small>*Percent Daily Values are based on a diet of other people's secrets. © 2018 Ocean Fish Co. All rights reserved. †This is not a food product.</small></p> <p>INGREDIENTS: SKIMPLESS, BONELESS ATLANTIC COO FILLETS.</p> | % Daily Value* | | Total Fat 1g | 2% | Saturated Fat 0g | 0% | Trans Fat 0g | 0% | Cholesterol 0mg | 0% | Sodium 10mg | 3% | Total Carbohydrate 0g | 0% | Dietary Fiber 0g | 0% | Total Sugars 0g | 0% | Includes 0g Added Sugars | 0% | Protein 20g | 40% | Vitamin D 0.0mg | 4% | Calcium 0.0mg | 2% | Iron 0.0mg | 2% | Potassium 30.0mg | 10% | Potassium 14.0mg | 2% |  | <p>Nutrition Facts 2 servings per container Serving size 1/2 cup (85g) Amount per serving Calories 90</p> <table border="1"> <thead> <tr> <th colspan="2">% Daily Value*</th> </tr> </thead> <tbody> <tr> <td>Total Fat 1g</td> <td>2%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td>0%</td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 100mg</td> <td>13%</td> </tr> <tr> <td>Total Carbohydrate 0g</td> <td>0%</td> </tr> <tr> <td>Dietary Fiber 0g</td> <td>0%</td> </tr> <tr> <td>Total Sugars 0g</td> <td>0%</td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 12g</td> <td>24%</td> </tr> <tr> <td>Vitamin D 1.0mg</td> <td>6%</td> </tr> <tr> <td>Calcium 0.0mg</td> <td>0%</td> </tr> <tr> <td>Iron 1.0mg</td> <td>6%</td> </tr> <tr> <td>Potassium 10.0mg</td> <td>4%</td> </tr> </tbody> </table> <p><small>*Percent Daily Values are based on a diet of other people's secrets. © 2018 Ocean Fish Co. All rights reserved. †This is not a food product.</small></p> <p>INGREDIENTS: SKIMPACK TUNA, WATER, SALT.</p> | % Daily Value* | | Total Fat 1g | 2% | Saturated Fat 0g | 0% | Trans Fat 0g | 0% | Cholesterol 0mg | 0% | Sodium 100mg | 13% | Total Carbohydrate 0g | 0% | Dietary Fiber 0g | 0% | Total Sugars 0g | 0% | Includes 0g Added Sugars | 0% | Protein 12g | 24% | Vitamin D 1.0mg | 6% | Calcium 0.0mg | 0% | Iron 1.0mg | 6% | Potassium 10.0mg | 4% |
|---|---|----------------|--|---------------------|----|------------------|----|--------------|----|------------------------|----|---------------------|-----|-------------------------------|-----|------------------|----|-----------------|----|--------------------------|----|--------------------|-----|-----------------|----|---------------|----|------------|----|------------------|-----|---|---|---|--|---------------------|----|---------------------|----|------------------|----|------------------------|----|------------------------|-----|-------------------------------|-----|------------------------------|----|------------------|----|--------------------------|----|--------------------------|-----|--------------------|-----|-----------------|----|---------------|----|------------------|----|---|---|---|---|---------------------|----|---------------------|----|------------------|----|------------------------|----|------------------------|-----|-------------------------------|-----|------------------------------|----|------------------|----|--------------------------|----|--------------------------|-----|--------------------|-----|-----------------|----|---------------|----|------------------|----|---|---|------------------|----|---|--|------------------|----|---------------------|----|------------------------|----|---------------------|-----|-------------------------------|-----|---------------------|-----|------------------------------|----|--------------------------|----|--------------------|-----|--------------------------|----|--------------------|-----|-----------------|----|------------------|----|------------|----|------------------|----|
| % Daily Value* | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol 0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium 10mg | 3% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Sugars 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Includes 0g Added Sugars | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein 20g | 40% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin D 0.0mg | 4% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium 0.0mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iron 0.0mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium 30.0mg | 10% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium 14.0mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| % Daily Value* | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol 0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium 100mg | 13% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Sugars 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Includes 0g Added Sugars | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein 12g | 24% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin D 1.0mg | 6% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iron 1.0mg | 6% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium 10.0mg | 4% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| % Daily Value* | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol 0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium 10mg | 3% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Sugars 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Includes 0g Added Sugars | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein 20g | 40% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin D 0.0mg | 4% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium 0.0mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iron 0.0mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium 30.0mg | 10% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium 14.0mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| % Daily Value* | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol 0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium 100mg | 13% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Sugars 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Includes 0g Added Sugars | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein 12g | 24% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin D 1.0mg | 6% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iron 1.0mg | 6% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium 10.0mg | 4% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|  | <p>Nutrition Facts 5 servings per container Serving size 1 fillet (90g) Amount per serving Calories 250</p> <table border="1"> <thead> <tr> <th colspan="2">% Daily Value*</th> </tr> </thead> <tbody> <tr> <td>Total Fat 1g</td> <td>2%</td> </tr> <tr> <td>Saturated Fat 1g</td> <td>2%</td> </tr> <tr> <td>Trans Fat 0g</td> <td>0%</td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 400mg</td> <td>20%</td> </tr> <tr> <td>Total Carbohydrate 30g</td> <td>11%</td> </tr> <tr> <td>Dietary Fiber 1g</td> <td>4%</td> </tr> <tr> <td>Total Sugars 1g</td> <td>2%</td> </tr> <tr> <td>Includes 1g Added Sugars</td> <td>2%</td> </tr> <tr> <td>Protein 10g</td> <td>20%</td> </tr> <tr> <td>Vitamin D 0.0mg</td> <td>0%</td> </tr> <tr> <td>Calcium 0.0mg</td> <td>0%</td> </tr> <tr> <td>Iron 0.0mg</td> <td>0%</td> </tr> <tr> <td>Potassium 14.0mg</td> <td>2%</td> </tr> </tbody> </table> <p><small>*Percent Daily Values are based on a diet of other people's secrets. © 2018 Simon's Fish Co. All rights reserved. †This is not a food product.</small></p> <p>INGREDIENTS: POLLOCK FILLETS, TOMATED WHEAT CRUMBS, WATER, WHEAT FLOUR, SALT, MODIFIED CORN STARCH, WHEAT GRAIN WHEAT FLOUR, CORN STARCH, WHEAT GLUTEN, YELLOW CORN FLOUR, SOY PROTEIN ISOLATE, SALT, SUGAR, BAKING POWDER, SPICES.</p> | % Daily Value* | | Total Fat 1g | 2% | Saturated Fat 1g | 2% | Trans Fat 0g | 0% | Cholesterol 0mg | 0% | Sodium 400mg | 20% | Total Carbohydrate 30g | 11% | Dietary Fiber 1g | 4% | Total Sugars 1g | 2% | Includes 1g Added Sugars | 2% | Protein 10g | 20% | Vitamin D 0.0mg | 0% | Calcium 0.0mg | 0% | Iron 0.0mg | 0% | Potassium 14.0mg | 2% |  | <p>Nutrition Facts 5 servings per container Serving size 1 fillet (90g) Amount per serving Calories 250</p> <table border="1"> <thead> <tr> <th colspan="2">% Daily Value*</th> </tr> </thead> <tbody> <tr> <td>Total Fat 1g</td> <td>2%</td> </tr> <tr> <td>Saturated Fat 1g</td> <td>2%</td> </tr> <tr> <td>Trans Fat 0g</td> <td>0%</td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 400mg</td> <td>20%</td> </tr> <tr> <td>Total Carbohydrate 30g</td> <td>11%</td> </tr> <tr> <td>Dietary Fiber 1g</td> <td>4%</td> </tr> <tr> <td>Total Sugars 1g</td> <td>2%</td> </tr> <tr> <td>Includes 1g Added Sugars</td> <td>2%</td> </tr> <tr> <td>Protein 10g</td> <td>20%</td> </tr> <tr> <td>Vitamin D 0.0mg</td> <td>0%</td> </tr> <tr> <td>Calcium 0.0mg</td> <td>0%</td> </tr> <tr> <td>Iron 0.0mg</td> <td>0%</td> </tr> <tr> <td>Potassium 14.0mg</td> <td>2%</td> </tr> </tbody> </table> <p><small>*Percent Daily Values are based on a diet of other people's secrets. © 2018 Simon's Fish Co. All rights reserved. †This is not a food product.</small></p> <p>INGREDIENTS: POLLOCK FILLETS, TOMATED WHEAT CRUMBS, WATER, WHEAT FLOUR, SALT, MODIFIED CORN STARCH, WHEAT GRAIN WHEAT FLOUR, CORN STARCH, WHEAT GLUTEN, YELLOW CORN FLOUR, SOY PROTEIN ISOLATE, SALT, SUGAR, BAKING POWDER, SPICES.</p> | % Daily Value* | | Total Fat 1g | 2% | Saturated Fat 1g | 2% | Trans Fat 0g | 0% | Cholesterol 0mg | 0% | Sodium 400mg | 20% | Total Carbohydrate 30g | 11% | Dietary Fiber 1g | 4% | Total Sugars 1g | 2% | Includes 1g Added Sugars | 2% | Protein 10g | 20% | Vitamin D 0.0mg | 0% | Calcium 0.0mg | 0% | Iron 0.0mg | 0% | Potassium 14.0mg | 2% |  | <p>Nutrition Facts 5 servings per container Serving size 1 fillet (90g) Amount per serving Calories 250</p> <table border="1"> <thead> <tr> <th colspan="2">% Daily Value*</th> </tr> </thead> <tbody> <tr> <td>Total Fat 1g</td> <td>2%</td> </tr> <tr> <td>Saturated Fat 1g</td> <td>2%</td> </tr> <tr> <td>Trans Fat 0g</td> <td>0%</td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 400mg</td> <td>20%</td> </tr> <tr> <td>Total Carbohydrate 30g</td> <td>11%</td> </tr> <tr> <td>Dietary Fiber 1g</td> <td>4%</td> </tr> <tr> <td>Total Sugars 1g</td> <td>2%</td> </tr> <tr> <td>Includes 1g Added Sugars</td> <td>2%</td> </tr> <tr> <td>Protein 10g</td> <td>20%</td> </tr> <tr> <td>Vitamin D 0.0mg</td> <td>0%</td> </tr> <tr> <td>Calcium 0.0mg</td> <td>0%</td> </tr> <tr> <td>Iron 0.0mg</td> <td>0%</td> </tr> <tr> <td>Potassium 14.0mg</td> <td>2%</td> </tr> </tbody> </table> <p><small>*Percent Daily Values are based on a diet of other people's secrets. © 2018 Simon's Fish Co. All rights reserved. †This is not a food product.</small></p> <p>INGREDIENTS: POLLOCK FILLETS, TOMATED WHEAT CRUMBS, WATER, WHEAT FLOUR, SALT, MODIFIED CORN STARCH, WHEAT GRAIN WHEAT FLOUR, CORN STARCH, WHEAT GLUTEN, YELLOW CORN FLOUR, SOY PROTEIN ISOLATE, SALT, SUGAR, BAKING POWDER, SPICES.</p> | % Daily Value* | | Total Fat 1g | 2% | Saturated Fat 1g | 2% | Trans Fat 0g | 0% | Cholesterol 0mg | 0% | Sodium 400mg | 20% | Total Carbohydrate 30g | 11% | Dietary Fiber 1g | 4% | Total Sugars 1g | 2% | Includes 1g Added Sugars | 2% | Protein 10g | 20% | Vitamin D 0.0mg | 0% | Calcium 0.0mg | 0% | Iron 0.0mg | 0% | Potassium 14.0mg | 2% |  | <p>Nutrition Facts 5 servings per container Serving size 1 fillet (90g) Amount per serving Calories 250</p> <table border="1"> <thead> <tr> <th colspan="2">% Daily Value*</th> </tr> </thead> <tbody> <tr> <td>Total Fat 1g</td> <td>2%</td> </tr> <tr> <td>Saturated Fat 1g</td> <td>2%</td> </tr> <tr> <td>Trans Fat 0g</td> <td>0%</td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 400mg</td> <td>20%</td> </tr> <tr> <td>Total Carbohydrate 30g</td> <td>11%</td> </tr> <tr> <td>Dietary Fiber 1g</td> <td>4%</td> </tr> <tr> <td>Total Sugars 1g</td> <td>2%</td> </tr> <tr> <td>Includes 1g Added Sugars</td> <td>2%</td> </tr> <tr> <td>Protein 10g</td> <td>20%</td> </tr> <tr> <td>Vitamin D 0.0mg</td> <td>0%</td> </tr> <tr> <td>Calcium 0.0mg</td> <td>0%</td> </tr> <tr> <td>Iron 0.0mg</td> <td>0%</td> </tr> <tr> <td>Potassium 14.0mg</td> <td>2%</td> </tr> </tbody> </table> <p><small>*Percent Daily Values are based on a diet of other people's secrets. © 2018 Simon's Fish Co. All rights reserved. †This is not a food product.</small></p> <p>INGREDIENTS: POLLOCK FILLETS, TOMATED WHEAT CRUMBS, WATER, WHEAT FLOUR, SALT, MODIFIED CORN STARCH, WHEAT GRAIN WHEAT FLOUR, CORN STARCH, WHEAT GLUTEN, YELLOW CORN FLOUR, SOY PROTEIN ISOLATE, SALT, SUGAR, BAKING POWDER, SPICES.</p> | % Daily Value* | | Total Fat 1g | 2% | Saturated Fat 1g | 2% | Trans Fat 0g | 0% | Cholesterol 0mg | 0% | Sodium 400mg | 20% | Total Carbohydrate 30g | 11% | Dietary Fiber 1g | 4% | Total Sugars 1g | 2% | Includes 1g Added Sugars | 2% | Protein 10g | 20% | Vitamin D 0.0mg | 0% | Calcium 0.0mg | 0% | Iron 0.0mg | 0% | Potassium 14.0mg | 2% | | | | |
| % Daily Value* | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol 0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium 400mg | 20% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate 30g | 11% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber 1g | 4% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Sugars 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Includes 1g Added Sugars | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein 10g | 20% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin D 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iron 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium 14.0mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| % Daily Value* | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol 0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium 400mg | 20% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate 30g | 11% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber 1g | 4% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Sugars 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Includes 1g Added Sugars | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein 10g | 20% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin D 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iron 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium 14.0mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| % Daily Value* | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol 0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium 400mg | 20% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate 30g | 11% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber 1g | 4% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Sugars 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Includes 1g Added Sugars | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein 10g | 20% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin D 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iron 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium 14.0mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| % Daily Value* | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat 0g | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol 0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium 400mg | 20% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate 30g | 11% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber 1g | 4% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Sugars 1g | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Includes 1g Added Sugars | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein 10g | 20% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin D 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iron 0.0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium 14.0mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

MENU LABELLING

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|--|--|
| LAST RESTAURANT VISIT FCMS <i>REST_VISIT</i> | <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> [PROGRAMMER NOTE: HIDE BACK BUTTON] When was the last time you visited a restaurant (including a fast-food outlet or coffee shop)? Within the last 24 hours Within the last 7 days Within the last month Within the last 3 months Within the last 6 months Longer than 6 months ago Don't know Refuse to answer | <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> [PROGRAMMER NOTE: HIDE BACK BUTTON] ¿Cuándo fue la última vez que comió en un restaurante (incluidos establecimientos de comida rápida o cafeterías)? En las últimas 24 horas En los últimos 7 días En el último mes En los últimos 3 meses En los últimos 6 meses Hace más de 6 meses No sabe Se negó a responder |
| MENU LABELLING – NOTICING FCMS (ADAPTED) <i>REST_INFO</i> | <i>UNIVERSE: Visited restaurant within last 6 months (rest_visit=1-5)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> The last time you visited a restaurant, did you notice any nutrition information? Yes No Don't know Refuse to answer | <i>UNIVERSE: Visited restaurant within last 6 months (rest_visit=1-5)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> La última vez que comió en un restaurante, ¿vio en algún lugar información nutricional? Sí No No sabe Se negó a responder |
| MENU LABELLING – NOTICING LOCATION <i>REST_INFO_[TYPE]</i> <i>REST_INFO_DK</i> <i>REST_INFO_R</i> <i>REST_INFO_OTEXT</i> | <i>UNIVERSE: Noticed nutrition info (rest_info=yes)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> Where was this information located? (Select all that apply) On the menu/menu board On a poster or sign Next to a food item On the item packaging/wrapper On the tray liner On a napkin In a pamphlet or brochure On a computer screen / At a kiosk Other → Please specify: [<i>open-ended</i>] Don't know Refuse to answer | <i>UNIVERSE: Noticed nutrition info (rest_info=yes)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> ¿Dónde se encontraba esa información? (Seleccione todas las opciones que apliquen) En el menú / pizarrón del menú En un póster o letrero Junto al nombre del alimento En el empaque / envoltorio del alimento En la manteleta de papel de la charola En una servilleta En un panfleto o folleto En la pantalla de una computadora / En un kiosco Otro → Favor de especificar: [<i>respuesta abierta</i>] No sabe Se negó a responder |

| | | |
|--|--|---|
| <p>MENU LABELLING – ORDER INFLUENCE FCMS REST_INFO_INFL</p> | <p><i>UNIVERSE: Noticed nutrition info (rest_info=yes)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> Did the nutrition information influence what you ordered? Yes No Don't know Refuse to answer</p> | <p><i>UNIVERSE: Noticed nutrition info (rest_info=yes)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> ¿La información nutricional influyó en lo que pidió? Sí No No sabe Se negó a responder</p> |
| <p>MENU LABELLING – IMPACT FCMS REST_ACT_[TYPE] REST_ACT_NONE REST_ACT_DK REST_ACT_R</p> | <p><i>UNIVERSE: Visited restaurant within last 6 months (rest_visit=1-5)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> In the past 6 months, have you done any of the following because of nutrition information in restaurants? (Select all that apply) Ordered something different Ate less of the food you ordered Changed which restaurants you visit Ate at restaurants less often None of the above Don't know Refuse to answer</p> | <p><i>UNIVERSE: Visited restaurant within last 6 months (rest_visit=1-5)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> En los últimos 6 meses, ¿ha tomado alguna de las siguientes decisiones debido a la información nutricional de los restaurantes? (Seleccione todas las opciones que apliquen) Ordenó algo diferente No comió todos los alimentos que ordenó Cambió de restaurante Comió en restaurantes con menor frecuencia Ninguna de las anteriores No sabe Se negó a responder</p> |
| <p>NUTRITION INFO IN RESTAURANTS NEW 2020 REST_INFO_EASE</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> In your opinion, is nutrition information easy or hard to find in restaurants? Very hard to find Hard to find Neither hard nor easy Easy to find Very easy to find Don't know Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> En su opinión, ¿la información nutrimental es fácil o difícil de encontrar en los restaurantes? Muy difícil de encontrar Difícil de encontrar Ni difícil ni fácil Fácil de encontrar Muy fácil de encontrar No sabe Se negó a responder</p> |
| <p>CALORIE LABELLING – AWARENESS NEW 2021 REST_CAL</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> In the United States, do chain restaurants have to display calorie information on menus? Yes No Don't know [valid answer] Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> En los Estados Unidos, ¿los restaurantes de cadena deben incluir información de calorías en los menús? Sí No No sabe [valid answer] Se negó a responder</p> |

FOOD GUIDE / DIETARY RECOMMENDATIONS

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|---|--|
| FOOD GUIDE – LAST USE OTTAWA AND CFDR (ADAPTED TIME ANCHORS) FG_LOOK | <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> When was the <u>last time</u> you looked at MyPlate or the Food Guide Pyramid, if ever? In the last month In the last 6 months In the last year More than a year ago Never Don't know Refuse to answer | <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> ¿Cuándo fue la <u>última vez</u> que leyó La Guía Nutricional “Mi Plato” o La Guía Pirámide de Alimentos, si alguna vez tuvo la oportunidad? En el último mes En los últimos 6 meses En el último año Hace más de un año Nunca No sabe Se negó a responder |
| FOOD GUIDE – USE CCHS FOOD GUIDE MODULE (ADAPTED RESPONSE OPTIONS TO SIMPLIFY YOU/HOUSEHOLD) FG_USE_[TYPE] FG_USE_NONE FG_USE_DK FG_USE_R FG_USE_OTEXT | <i>UNIVERSE: Ever looked at food guide (fg_look ≠ 5)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> Have you <u>ever</u> used information from MyPlate or the Food Guide Pyramid... (Select all that apply) To choose foods To determine how much you need to eat every day To plan meals or to help with grocery shopping To assess how well you are eating To manage your weight To help make healthy choices when eating away from home Other → Please specify: [<i>open-ended</i>] None of the above Don't know Refuse to answer | <i>UNIVERSE: Ever looked at food guide (fg_look ≠ 5)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> ¿Ha usado <u>alguna vez</u> información de La Guía Nutricional “Mi Plato” o La Guía Pirámide de Alimentos para... (Seleccione todas las opciones que apliquen) Seleccionar alimentos Determinar cuánto necesita comer todos los días Planificar sus comidas o ayudarle a comprar los alimentos Evaluar qué tan bien está comiendo Controlar su peso Ayudarle a tomar decisiones saludables al comer fuera de casa Otra → Favor de especificar: [respuesta abierta] Ninguna de las anteriores No sabe Se negó a responder |
| FOOD GUIDE – TRUST NEW 2019 FG_TRUST | <i>UNIVERSE: Ever looked at food guide (fg_look ≠ 5)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> Please tell us whether you agree or disagree with the following statement: I trust the information in MyPlate and the Food Guide Pyramid. Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree Don't know Refuse to answer | <i>UNIVERSE: Ever looked at food guide (fg_look ≠ 5)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> Por favor díganos si está de acuerdo o en desacuerdo con la siguiente afirmación: Confío en la información de MyPlate y de la Pirámide de los Alimentos. Completamente de acuerdo De acuerdo Ni de acuerdo ni en desacuerdo En desacuerdo Completamente en desacuerdo No sabe Se negó a responder |

FOOD MARKETING

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|--|---|
| <p>EXPOSURE TO UNHEALTHY FOOD MARKETING - LOCATION</p> <p>REVISED 2020 (translation) REVISED 2022</p> <p>COUNTRY SPECIFIC WORDING</p> <p>MKTG_LOC_[TYPE] MKTG_LOC_NONE MKTG_LOC_DK MKTG_LOC_R MKTG_LOC_OTEXT</p> | <p>In the last 30 days, have you seen or heard advertisements or promotions for <u>'unhealthy foods'</u> in the following places? (Select all that apply)</p> <p><i>Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p>TV (broadcast/cable TV, on-demand, streaming) Radio Online / internet Mobile app / video game Social media (e.g., Twitter, Facebook, Instagram) In a text message Magazine or newspaper Billboard or outdoor sign (e.g., posters) On buses, bus stops and other public transit In movies or at movie theaters At school / on campus Signs or displays in grocery or convenience stores or restaurants At a recreation/community center Sports event, concert or community event Giveaways, samples or special offers Other → Please specify: [<i>open-ended</i>] I haven't seen any advertising or promotions for unhealthy food in the last 30 days Don't know Refuse to answer</p> | <p>En los últimos 30 días, ¿ha visto o escuchado anuncios o promociones de <u>"alimentos no saludables"</u> en los siguientes lugares? (Seleccione todos los que correspondan)</p> <p><i>Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate.</i></p> <p>Televisión (teledifusión/TV por cable, on-demand, streaming) Radio En línea / Internet Apps móviles / videojuegos Redes sociales (por ejem., Twitter, Facebook, Instagram) En un mensaje de texto Revista o periódico Anuncio espectacular o letrero en exteriores (por ejem., posters) En autobuses, paradas de autobuses y otros transportes públicos En películas de cine o en cines En la escuela / universidad Letreros o exhibidores de tiendas de conveniencia o de alimentos o restaurantes En un centro recreativo / comunitario Evento deportivo, concierto o evento comunitario Regalos, muestras u ofertas especiales Otro → Favor de especificar: [respuesta abierta] No he visto ningún tipo de publicidad o promoción de alimentos no saludables en los últimos 30 días No sabe Se negó a responder</p> |
| <p>EXPOSURE TO UNHEALTHY FOOD MARKETING – GIVEAWAYS VS SPECIAL OFFERS</p> <p>NEW 2022</p> <p>MKTG_LOC_SAMPOF</p> | <p>UNIVERSE: Noticed "Giveaways, samples or special offers" UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</p> <p>In the last question you selected "Giveaway, samples, or special offers". Did you see... Giveaways or samples only Special offers only Both Don't know</p> | <p>UNIVERSE: Noticed "Giveaways, samples or special offers" UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</p> <p>En la última pregunta ha seleccionado "Regalos, muestras u ofertas especiales". ¿Ha visto...? Regalos o muestras solamente Ofertas especiales solamente Ambos</p> |

| | | |
|---|---|---|
| | Refuse to answer | No sabe Se negó a responder |
| <p>EXPOSURE TO UNHEALTHY FOOD MARKETING - FREQUENCY</p> <p>REVISED 2019 REVISED 2020 (translation)</p> <p>MKTG_FREQ_SD MKTG_FREQ_FF MKTG_FREQ_CEREAL MKTG_FREQ_SNACK MKTG_FREQ_DESSERT MKTG_FREQ_CANDY</p> | <p>In the last 30 days, <u>how often</u> did you see or hear advertisements or promotions for the following?</p> <p>Ads for sugary drinks Ads for fast food Ads for sugary cereals Ads for snacks such as chips Ads for desserts such as cakes, cookies, and ice cream Ads for candy or chocolate bars</p> <p>[Show response options for each item as radio button list]</p> <p>Never Less than once a week Once a week A few times a week Every day More than once a day Don't know Refuse to answer</p> | <p>En los últimos 30 días, <u>¿con qué frecuencia</u> vio o escuchó anuncios o promociones para lo siguiente?</p> <p>Anuncios de bebidas azucaradas Anuncios de comida rápida Anuncios de cereales azucarados Anuncios de botanas como papas fritas/chips Anuncios de postres como pasteles, galletas y helados Anuncios de barras de chocolate o caramelos</p> <p>[Show response options for each item as radio button list]</p> <p>Nunca Menos de una vez a la semana Una vez por semana Algunas veces a la semana Cada día Más de una vez al día No sabe Se negó a responder</p> |

| | | |
|---|--|---|
| <p>EXPOSURE TO MARKETING STRATEGIES</p> <p>REVISED 2020 (translation)</p> <p>MKTG_LICENCED MKTG_COMPANY MKTG_CELEB MKTG_PROSPORT MKTG_RECSPORT MKTG_CULTURE MKTG_NONE MKTG_DK MKTG_R</p> | <p>[PROGRAMMER NOTE: show note in grey font] <i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p>In the last 30 days, have you seen any of the following? (Select all that apply)</p> <p>Unhealthy food or drinks promoted using characters from movies or TV (e.g., Star Wars, Disney characters)</p> <p>Unhealthy food or drinks with characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)</p> <p>Celebrity endorsements of unhealthy food/drinks</p> <p>Professional sport teams or sporting events sponsored by unhealthy food/drink companies</p> <p>Children’s/community sports teams sponsored by unhealthy food/drink companies</p> <p>Cultural or community events sponsored by unhealthy food/drink companies</p> <p>None of the above</p> <p>Don’t know</p> <p>Refuse to answer</p> | <p>[PROGRAMMER NOTE: show note in grey font] <i>Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate.</i></p> <p>En los últimos 30 días, ¿ha visto alguno de los siguientes? (Seleccione todas las que correspondan)</p> <p>Alimentos o bebidas no saludables promocionados con personajes de películas o TV (por ejemplo, Star Wars, personajes de Disney)</p> <p>Alimentos o bebidas no saludables con personajes creados por compañías de alimentos (por ejemplo, el Tigre Toño, Ronald McDonald)</p> <p>Celebridades que recomiendan comidas/bebidas no saludables</p> <p>Equipos deportivos profesionales o eventos deportivos patrocinados por compañías de alimentos/bebidas no saludables</p> <p>Equipos deportivos infantiles/comunitarios patrocinados por compañías de alimentos/bebidas no saludables</p> <p>Eventos culturales o comunitarios patrocinados por compañías de alimentos/bebidas no saludables</p> <p>Ninguna de las anteriores</p> <p>No sabe</p> <p>Se negó a responder</p> |
| <p>CHILD ASK - MARKETING STRATEGIES</p> <p>REVISED 2019 (response format) REVISED 2020 (translation)</p> <p>ASK_LICENCED ASK_COMPANY</p> | <p>UNIVERSE: At least 1 child <18 years in household (child_home>0) [PROGRAMMER NOTE: show note in grey font] <i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p>In the last 30 days, have your <u>children asked you to buy any unhealthy food or drinks with...</u></p> <p>Characters from movies or TV (e.g., Star Wars, Disney characters)</p> <p>Characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)</p> <p>[Show response options for each item as radio button list]</p> <p>Yes</p> <p>No</p> <p>Don’t know</p> <p>Refuse to answer</p> | <p>UNIVERSE: At least 1 child <18 years in household (child_home>0) [PROGRAMMER NOTE: show note in grey font] <i>Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate.</i></p> <p>En los últimos 30 días, ¿sus hijos le han pedido que compre alimentos o bebidas <u>no saludables</u> con...</p> <p>Personajes de películas o TV (por ejemplo, Star Wars, personajes de Disney)</p> <p>Personajes creados por compañías de alimentos (por ejemplo, el Tigre Toño, Ronald McDonald)</p> <p>[Show response options for each item as radio button list]</p> <p>Sí</p> <p>No</p> <p>No sabe</p> <p>Se negó a responder</p> |

| | | |
|--|---|---|
| <p>PARENT BUY-MARKETING STRATEGIES</p> <p>REVISED 2019 (response format) REVISED 2020 (translation)</p> <p>BUY_LICENCED BUY_COMPANY</p> | <p><i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> [PROGRAMMER NOTE: show note in grey font] <i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p>In the last 30 days, did you buy your children any <u>unhealthy</u> food or drinks with... Characters from movies or TV (e.g., Star Wars, Disney characters) Characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)</p> <p>[Show response options for each item as radio button list] Yes No Don't know Refuse to answer</p> | <p><i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> [PROGRAMMER NOTE: show note in grey font] <i>Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate.</i></p> <p>En los últimos 30 días, ¿les <u>compró</u> a sus hijos algún alimento o bebida <u>no saludables</u> con... Personajes de películas o TV (por ejemplo, Star Wars, personajes de Disney)? Personajes creados por compañías de alimentos (por ejemplo, el Tigre Toño, Ronald McDonald)?</p> <p>[Show response options for each item as radio button list] Sí No No sabe Se negó a responder</p> |
| <p>PESTER POWER</p> <p>NEW 2020</p> <p>PESTER</p> | <p><i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> [PROGRAMMER NOTE: show note in grey font] <i>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</i></p> <p>How often do your children <u>ask</u> you to buy unhealthy food or drinks they've seen <u>advertised</u>? Never Only for special occasions Less than once a week Some days Every day Don't know Refuse to answer</p> | <p><i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> [PROGRAMMER NOTE: show note in grey font] <i>Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate</i></p> <p>¿Con qué frecuencia le <u>piden</u> sus hijos que compre alimentos o bebidas <u>no saludables</u> que han visto en <u>anuncios</u>? Nunca Solo en ocasiones especiales. Menos de una vez por semana Algunos días Cada día No sabe Se negó a responder</p> |

| | | |
|---|---|--|
| <p>UNHEALTHY FOOD CONSUMPTION FREQUENCY</p> <p>REVISED 2019 (response format) REVISED 2020 (translation)</p> <p>EAT_SD EAT_FF EAT_CEREAL EAT_SNACK EAT_DESSERT EAT_CANDY</p> | <p>UNIVERSE: At least 1 child <18 years in household (child_home>0)</p> <p>In a typical week, how often <u>do your children eat or drink...</u></p> <p>Sugary drinks Fast food Sugary cereals Snacks such as chips Desserts such as cakes, cookies, and ice cream Candy or chocolate bars</p> <p>[Show response options for each item as radio button list]</p> <p>More than once a day Every day A few times a week, but not every day Once a week Only on special occasions Never Don't know Refuse to answer</p> | <p>UNIVERSE: At least 1 child <18 years in household (child_home>0)</p> <p>Introduzca la frecuencia con la que <u>sus hijos comen o beben en una semana típica...</u></p> <p>Bebidas azucaradas Comida rápida Cereales azucarados Botanas como papas fritas/chips Postres como pasteles, galletas y helados Barras de chocolate o caramelos</p> <p>[Show response options for each item as radio button list]</p> <p>Más de una vez al día Cada día Algunas veces a la semana, pero no todos los días Una vez por semana Solo en ocasiones especiales Nunca No sabe Se negó a responder</p> |
| <p>CHILD – PRODUCTS</p> <p>REVISED 2020 (translation)</p> <p>MKTG_CHILD_PRODUCT</p> | <p>UNIVERSE: At least 1 child <18 years in household (child_home>0)</p> <p>UNIVERSE: Skip for Mexican American Qualtrics oversample [PROGRAMMER NOTE: show note in grey font]</p> <p>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</p> <p>Do any of your children own any <u>clothing, posters, stickers, or other products that show a logo or brand of unhealthy food or drinks?</u></p> <p>Yes No Don't know Refuse to answer</p> | <p>UNIVERSE: At least 1 child <18 years in household (child_home>0)</p> <p>UNIVERSE: Skip for Mexican American Qualtrics oversample [PROGRAMMER NOTE: show note in grey font]</p> <p>Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate.</p> <p>¿Alguno de sus hijos tiene <u>ropa, posters, calcomanías o demás productos que muestren algún logotipo o marca de alimentos o bebidas no saludables?</u></p> <p>Sí No No sabe Se negó a responder</p> |
| <p>CHILD – TOY</p> <p>MKTG_CHILD_TOY</p> | <p>UNIVERSE: At least 1 child <18 years in household (child_home>0)</p> <p>UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>Do any of your children own any <u>'Happy Meal' toys or other toys from fast-food restaurants?</u></p> <p>Yes No Don't know Refuse to answer</p> | <p>UNIVERSE: At least 1 child <18 years in household (child_home>0)</p> <p>UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>¿Alguno de sus hijos tiene <u>juguete de 'cajita feliz' o algún otro juguete de restaurantes de comida rápida?</u></p> <p>Sí No No sabe Se negó a responder</p> |

| | | |
|---|---|--|
| <p>CONCERN ABOUT CHILD'S EXPOSURE TO MARKETING</p> <p><i>MKTG_CHILD_CONCERN</i></p> | <p><i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>Are you concerned about the amount of marketing for sugary drinks and fast food that your children see?</p> <p>Not at all concerned A little concerned Somewhat concerned Very concerned Don't know Refuse to answer</p> | <p><i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>¿Le preocupa la cantidad de comercialización de bebidas azucaradas y comida rápida que ven sus hijos?</p> <p>No me preocupa nada Me preocupa un poco Me preocupa algo Me preocupa mucho No sabe Se negó a responder</p> |
| <p>CHILD MEDIA CHANNELS – TIME ON WEEKDAY</p> <p>NEW 2021 REVISED 2022</p> <p><i>MEDIA_WD_YTB</i> <i>MEDIA_WD_SOC</i> <i>MEDIA_WD_SHOW</i> <i>MEDIA_WD_GAME</i> <i>MEDIA_WD_WEB</i></p> | <p><i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>On a normal weekday, how much time does your youngest (or only) child spend:</p> <p>Watching YouTube On social media (including messaging, posting, or liking posts) Watching TV shows, series, or movies Playing games on smartphones, computers, or game consoles Browsing, reading websites, Googling, etc.</p> <p>[PROGRAMMER NOTE: Show options for each as radio buttons]</p> <p>0 hours (none) Up to 15 minutes Up to 30 minutes Up to 1 hour Up to 2 hours Up to 3 hours Up to 4 hours More than 4 hours Don't know Refuse to answer</p> | <p><i>UNIVERSE: At least 1 child <18 years in household (child_home>0)</i> <i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>En un día normal de lunes a viernes, ¿cuánto tiempo pasa su hijo/a menor (o único/a) ..?</p> <p>Viendo YouTube En las redes sociales (incluyendo mensajes, publicaciones o mensajes que te gusten) Viendo programas de televisión, series o películas Jugando con teléfonos inteligentes, computadoras o consolas de videojuegos Navegando o leyendo sitios web, usando Google, etc.</p> <p>[PROGRAMMER NOTE: Show options for each as radio buttons]</p> <p>0 horas (nada) Hasta 15 minutos Hasta 30 minutos Hasta 1 hora Hasta 2 horas Hasta 3 horas Hasta 4 horas Más de 4 horas No sabe Se negó a responder</p> |

| | | |
|---|--|--|
| <p>CHILD SOCIAL MEDIA PLATFORM USE</p> <p>NEW 2021</p> <p>MEDIA_SOC_FB MEDIA_SOC_IG MEDIA_SOC_TIK MEDIA_SOC_TWT MEDIA_SOC_SC MEDIA_SOC_TWITCH MEDIA_SOC_NONE MEDIA_SOC_DK MEDIA_SOC_R</p> | <p>UNIVERSE: At least 1 child <18 years in household (child_home>0) UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>Does your youngest (or only) child use...? Select all that apply.</p> <p>Facebook Instagram TikTok Twitter Snapchat Twitch None of the above Don't know Refuse to answer</p> | <p>UNIVERSE: At least 1 child <18 years in household (child_home>0) UNIVERSE: Skip for Mexican American Qualtrics oversample</p> <p>¿Su su hijo/a menor (o único/a) usa...? Selecciona todos los que correspondan.</p> <p>Facebook Instagram TikTok Twitter Snapchat Twitch Ninguno de los anteriores No sabe Se negó a responder</p> |
| <p>FAVOURITE SOCIAL MEDIA INFLUENCERS</p> <p>NEW 2022</p> <p>MEDIA_FAV1-3 MEDIA_FAV_NDKR</p> | <p>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</p> <p>Who are your three favorite celebrities or influencers to watch or follow on social media? Please include entertainment, sports, and other public figures.</p> <p>[3 open text boxes] I don't have any favorites / I don't know [valid answer] Refuse to answer</p> | <p>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</p> <p>¿Quiénes son sus tres celebridades o influencers favoritos a quienes le gusta ver o seguir en las redes sociales? Por favor incluya personajes del mundo del espectáculo, del deporte y otros personajes públicos.</p> <p>[3 open text boxes] No tiene ningún favorito / No sabe [valid answer] Se negó a responder</p> |

PRICE / TAXATION

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|--|---|
| <p>SUGAR TAX</p> <p>REVISED 2019 (Spanish) REVISED 2021</p> <p>DRINKS_COST</p> | <p>Do drinks with sugar (e.g., Coke) cost more than drinks without sugar (e.g., Diet Coke) in the city where you live?</p> <p>No Yes – a little more Yes – a lot more Don't know Refuse to answer</p> | <p>¿Las bebidas azucaradas (por ejem., Coca-cola) son más caras que las bebidas sin azúcar (por ejem., Coca-cola dietetica) en la ciudad donde usted vive?</p> <p>No Sí, un poco más Sí, mucho más No sabe Se negó a responder</p> |
| <p>SUGAR TAX - AWARENESS</p> <p>NEW 2019 REVISED 2021</p> <p>TAX_AWARENESS</p> | <p>Is there a special tax on sugary drinks in the city where you live that makes them more expensive to buy?</p> <p>No Yes Don't know Refuse to answer</p> | <p>¿Hay un impuesto especial para bebidas azucaradas en la ciudad donde usted vive que las encarezca?</p> <p>No Sí No sabe Se negó a responder</p> |

| | | |
|--|--|--|
| <p>SUGAR TAX - IMPACT</p> <p>NEW 2019 REVISED 2020 (translation) REVISED 2021 (underlining)</p> <p>TAX_[TYPE]</p> | <p>UNIVERSE: UK, Mexico and USA only; and aware of tax on sugary drinks (tax.awareness=yes) UNIVERSE: Skip for Mexican American Qualtrics oversample [PROGRAMMER NOTE: use table format]</p> <p>Has the tax changed whether you buy the following drinks for you or your family?</p> <p>Regular soda or pop Diet soda or pop 100% fruit or vegetable juice Sweetened fruit drinks Low-/no-calorie fruit drinks Plain bottled water Regular flavored waters or vitamin waters <u>with</u> calories Low-/no-calorie flavored waters or vitamin waters Regular sports drinks Low-/no-calorie sports drinks Regular energy drinks Low-/no-calorie energy drinks White milk or unsweetened milk alternatives Chocolate or flavored milk, or sweetened milk alternatives</p> <p>Buy less Buy more No change Don't know Refuse to answer</p> | <p>UNIVERSE: UK, Mexico and USA only; and aware of tax on sugary drinks (tax.awareness=yes) UNIVERSE: Skip for Mexican American Qualtrics oversample [PROGRAMMER NOTE: use table format]</p> <p>¿El impuesto le ha hecho cambiar de opinión respecto a comprar o no las siguientes bebidas para usted o su familia?</p> <p>Bebida refrescos/gaseosas normal Bebidas refrescos/gaseosas de dieta Jugo 100% de fruta o de verduras Bebidas de fruta endulzadas Bebidas de fruta sin/bajas en calorías Agua simple/natural embotellada Aguas de sabor o vitaminadas normales <u>con</u> calorías Aguas de sabor o vitaminadas sin/bajas en calorías Bebidas deportivas Bebidas deportivas sin/bajas en calorías Bebidas energéticas normales Bebidas energéticas sin/bajas en calorías Leche blanca o alternativas a la leche sin endulzar Leche o sustitutos de leche de chocolate, de sabor o endulzados</p> <p>Compra menos Compra más No ha cambiado No sabe Se negó a responder</p> |
|--|--|--|

POLICY SUPPORT

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|--|---|
| <p>POLICY SUPPORT (items in second list from Policy Interventions to Reduce Obesity – Knowledge, Attitudes and Beliefs Survey of the Public (Raine))</p> <p>REVISED 2019 REVISED 2020 (translation) REVISED 2021 REVISED 2022</p> <p>POL_CAL_REST POL_TAX_SSB POL_TAX_SUB POL_TAX_SUGAR POL_SCH_PROG POL_FV_SUB POL_BAN_DISC POL_BAN_ONLINE POL_BAN_TV POL_BAN_CHECKOUT</p> <p>POL_BAN_UNHLTH POL_BAN_OUT POL_BAN_CHAR POL_BAN_CED</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> [PROGRAMMER NOTE: HIDE BACK BUTTON.]</p> <p>We are interested in your opinion about food policies. For each statement, please indicate whether you would support or oppose the policy.</p> <p>Would you support or oppose a government policy that would require...</p> <p>Support Neutral Oppose Don't know Refuse to answer</p> <p>[PROGRAMMER NOTE: SHOW FIRST 10 ITEMS TO EACH PARTICIPANT, AND 2 RANDOMLY SELECTED ITEMS OF REMAINING 4 MEASURES. SPLIT ONTO TWO SCREENS, WITH FIRST 6 ON FIRST SCREEN, AND OTHER 6 ON SECOND SCREEN. RANDOMIZE ORDER OF ITEM PRESENTATION WITHIN EACH SCREEN. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST.]</p> <p>Calorie amounts on menus of chain restaurants Taxes on sugary drinks Taxes on sugary drinks IF the money was spent on subsidizing healthy foods Taxes on foods with high sugar Free breakfast or lunch programs in schools Subsidies to reduce the price of fresh fruit and vegetables</p> <p>A ban on price discounts for unhealthy food and beverages (e.g., 30% off, or 'buy-one-get-one-free')</p> <p>A ban on marketing of unhealthy food and beverages online/on the internet A ban on advertising of unhealthy food and beverages on TV before 9pm A ban on unhealthy foods (e.g., sugary drinks, chips, chocolate) at grocery store checkouts</p> <p>[Randomize to 2 of the following 4 items] A ban on marketing unhealthy food and beverages to children A ban on outdoor advertisements (e.g., at bus stops and billboards) for unhealthy food and beverages A ban on the use of cartoon characters and other elements that may appeal to children on the packaging of unhealthy foods A ban on sales of energy drinks to people under 18 years of age</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i> [PROGRAMMER NOTE: HIDE BACK BUTTON.]</p> <p>Nos interesa su opinión sobre las políticas alimentarias. Por favor indique para cada enunciado si apoyaría o se opondría a la política.</p> <p>Apoyaría o se opondría a una política gubernamental que exigiera...</p> <p>La apoyaría No la apoyaría ni me opondría Me opondría No sabe Se negó a responder</p> <p>[PROGRAMMER NOTE: SHOW FIRST 10 ITEMS TO EACH PARTICIPANT, AND 2 RANDOMLY SELECTED ITEMS OF REMAINING 4 MEASURES. SPLIT ONTO TWO SCREENS, WITH FIRST 6 ON FIRST SCREEN, AND OTHER 6 ON SECOND SCREEN. RANDOMIZE ORDER OF ITEM PRESENTATION WITHIN EACH SCREEN. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST.]</p> <p>Que los menús de las cadenas de restaurantes incluyeran la cantidad de calorías de los alimentos Impuestos para bebidas azucaradas Impuestos para bebidas azucaradas SI el dinero se gastara en subsidiar alimentos saludables Impuestos para alimentos con alto contenido de azúcar Programas de desayunos o comidas escolares gratuitos Subsidios para reducir el precio de frutas y verduras frescas</p> <p>Prohibir descuentos en los precios de los alimentos y bebidas que no son sanos (por ejem., un 30% de descuento o "compre uno y llévese otro gratis") Prohibir la publicidad en internet de alimentos y bebidas que dañan la salud Prohibir la publicidad en la televisión antes de las 9 pm de alimentos y bebidas que dañan la salud Prohibir alimentos no saludables (por ejem., bebidas azucaradas, papas fritas, chocolate) en las cajas de las tiendas de supermercado</p> <p>[Randomize to 2 of the following 4 items] Prohibir la publicidad de alimentos y bebidas que dañan la salud de los niños</p> |

| | | |
|--|---|---|
| | | <p>Prohibir la publicidad en exteriores (por ejemplo, en las paradas de autobús y vallas publicitarias/anuncios espectaculares) de alimentos y bebidas que dañan la salud</p> <p>Prohibir el uso de personajes dibujos animados y otros elementos que puedan resultar atractivos para los niños en el empaque de alimentos y bebidas que dañan la salud</p> <p>Prohibir la venta de bebidas energéticas a menores de 18 años de edad</p> |
| <p>SUSTAINABILITY POLICY SUPPORT</p> <p>NEW 2022</p> <p>POL_SUS_TAX POL_SUS_ENV POL_SUS_WARN</p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>Would you support or oppose a government policy that would require...</p> <p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST]</p> <p>Taxes on red meat (e.g., beef, pork)</p> <p>Labels about environmental sustainability (e.g., carbon footprint) on packaged foods</p> <p>Warning labels on red meat (e.g., eating red meat harms the environment, wildlife and biodiversity)</p> <p>Support Neutral Oppose Don't know Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>Apoyaría o se opondría a una política gubernamental que exigiera...</p> <p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST]</p> <p>Impuestos sobre la carne roja (p. ej., carne de res y de puerco)</p> <p>Etiquetas sobre la sostenibilidad medioambiental (p. ej., huella de carbono) en los alimentos envasados</p> <p>Etiquetas de advertencia sobre la carne roja (p. ej., "el consumo de carne roja perjudica al medio ambiente, la vida silvestre y la biodiversidad")</p> <p>La apoyaría No la apoyaría ni me opondría Me opondría No sabe Se negó a responder</p> |
| <p>SUSTAINABILITY EFFORTS</p> <p>NEW 2022</p> <p>SUS_EF_GHG SUS_EF_ORG SUS_EF_LOCAL SUS_EF_SEAS SUS_EF_FAIR SUS_EF_ETH SUS_EF_BIO SUS_EF_PKG</p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>Do you make a <u>special effort</u> to purchase...</p> <p>Foods with low greenhouse gas emissions</p> <p>Organic foods</p> <p>Local foods (food grown in your area)</p> <p>Foods that are in season</p> <p>Fairtrade foods (e.g., fair wages and working conditions)</p> <p>Foods from ethically raised animals</p> <p>Foods with less impact on biodiversity (wildlife, habitat loss, soil health)</p> <p>Foods that have less packaging</p> <p>[PROGRAMMER NOTE: Use table format] Yes / No / Don't know / Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>¿Haces un <u>esfuerzo especial</u> para comprar...?</p> <p>Alimentos con bajas emisiones de gases de efecto invernadero</p> <p>Alimentos orgánicos</p> <p>Alimentos locales (alimentos cultivados en mi área)</p> <p>Alimentos que sean de temporada</p> <p>Alimentos de comercio justo (p. ej., condiciones de trabajo y salarios justos)</p> <p>Alimentos procedentes de animales criados de manera ética</p> <p>Alimentos con menos impacto en la biodiversidad (vida silvestre, pérdida de hábitat, salud del suelo)</p> <p>Alimentos con menos empaques o envases</p> <p>[PROGRAMMER NOTE: Use table format] Sí / No / No sabe / Se negó a responder</p> |
| <p>BARRIERS TO SUSTAINABLE EATING</p> <p>NEW 2022</p> <p>SUS_BAR_FAM SUS_BAR_TASTE</p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>Some people are trying to eat less meat, other people are not. How much do you agree or disagree with the following statements?</p> <p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST]</p> | <p><i>UNIVERSE: Skip for Mexico low-education and US Mexican American Qualtrics oversamples</i></p> <p>Algunas personas intentan comer menos carne, otras no. ¿En qué medida está de acuerdo o en desacuerdo con las siguientes afirmaciones?</p> <p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEM PRESENTATION. SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST]</p> |

| | | |
|---|--|--|
| <p><i>SUS_BAR_PROT</i> <i>SUS_BAR_INGR</i> <i>SUS_BAR_COST</i> <i>SUS_BAR_SKILL</i> <i>SUS_BAR_TIME</i></p> | <p>My closest family members do not want to eat less meat I don't like the taste of vegetarian or vegan meals I need to eat meat to get enough iron and protein Ingredients for vegetarian or vegan meals are not always available in shops and supermarkets Meals with less meat are more expensive I don't know how to make meals with less meat I don't have time to prepare meals with less meat</p> <p>Strongly agree Somewhat agree Neither agree nor disagree Somewhat disagree Strongly disagree Don't know Refuse to answer</p> | <p>Mis familiares más cercanos no quieren comer menos carne No me gusta el sabor de las comidas vegetarianas o veganas Necesito comer carne para obtener suficientes proteínas y hierro Los ingredientes para las comidas vegetarianas o veganas no siempre están disponibles en los supermercados y tiendas Las comidas con menos carne son más caras No sé cómo preparar comidas con menos carne No tengo tiempo para preparar comidas con menos carne</p> <p>Completamente de acuerdo De acuerdo Ni de acuerdo ni en desacuerdo En desacuerdo Completamente en desacuerdo No sabe Se negó a responder</p> |
|---|--|--|

HEALTH LITERACY

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|--|--|--|--------------------|--|--------------|-----------------------|----------------|--|----------------------|------------|------------------|------------|--------------|--|-------------------------|------------|--------------------|-----------|-------------------------------|------------|------------------|--|------------|--|------------|--|-----------|----|-----------|----|---------|----|------|----|-----------------|--|--|--|--------------------|--|--------------|--|----------------|--|----------------------|------------|------------------|------------|--------------|--|-------------------------|------------|--------------------|-----------|-------------------------------|------------|------------------|-----------|------------------|--|---------------------------|------------|------------|--|----------------|----|--------------|----|----------|----|-----------------|----|-----------------|----|---|-----------------|--|--|--|--------------------|--|--------------|-----------------------|----------------|--|----------------------|------------|------------------|------------|--------------|--|-------------------------|------------|--------------------|-----------|-------------------------------|------------|------------------|--|------------|--|------------|--|-----------|----|-----------|----|---------|----|------|----|-----------------|--|--|--|--------------------|--|--------------|--|----------------|--|----------------------|------------|------------------|------------|--------------|--|-------------------------|------------|--------------------|-----------|-------------------------------|------------|------------------|-----------|------------------|--|---------------------------|------------|------------|--|----------------|----|--------------|----|----------|----|-----------------|----|-----------------|----|
| <p>NEWEST VITAL SIGN PFIZER</p> <p>REVISED 2022 (NFT format)</p> | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON.]</p> <p>This information is on the back of a container of ice cream.</p> <div style="display: flex; justify-content: space-around;"> <table border="1" style="width: 45%;"> <thead> <tr> <th colspan="2">Nutrition Facts</th> </tr> </thead> <tbody> <tr> <td colspan="2">Serving Size 1/2 cup Servings per container 4</td> </tr> <tr> <th colspan="2">Amount Per Serving</th> </tr> <tr> <td>Calories 250</td> <td>Calories from Fat 120</td> </tr> <tr> <th colspan="2">% Daily Value*</th> </tr> <tr> <td>Total Fat 13g</td> <td>20%</td> </tr> <tr> <td>Saturated Fat 9g</td> <td>40%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 28mg</td> <td>12%</td> </tr> <tr> <td>Sodium 55mg</td> <td>2%</td> </tr> <tr> <td>Total Carbohydrate 30g</td> <td>12%</td> </tr> <tr> <td>Dietary Fiber 2g</td> <td></td> </tr> <tr> <td>Sugars 23g</td> <td></td> </tr> <tr> <th colspan="2">Protein 4g</th> </tr> <tr> <td>Vitamin A</td> <td>8%</td> </tr> <tr> <td>Vitamin C</td> <td>0%</td> </tr> <tr> <td>Calcium</td> <td>6%</td> </tr> <tr> <td>Iron</td> <td>0%</td> </tr> </tbody> </table> <table border="1" style="width: 45%;"> <thead> <tr> <th colspan="2">Nutrition Facts</th> </tr> </thead> <tbody> <tr> <td colspan="2">4 servings per container Serving size 1/2 cup</td> </tr> <tr> <th colspan="2">Amount per serving</th> </tr> <tr> <td>Calories 250</td> <td></td> </tr> <tr> <th colspan="2">% Daily Value*</th> </tr> <tr> <td>Total Fat 13g</td> <td>20%</td> </tr> <tr> <td>Saturated Fat 9g</td> <td>40%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 28mg</td> <td>12%</td> </tr> <tr> <td>Sodium 55mg</td> <td>2%</td> </tr> <tr> <td>Total Carbohydrate 30g</td> <td>12%</td> </tr> <tr> <td>Dietary Fiber 2g</td> <td>7%</td> </tr> <tr> <td>Total Sugars 23g</td> <td></td> </tr> <tr> <td>Includes 19g Added Sugars</td> <td>38%</td> </tr> <tr> <th colspan="2">Protein 4g</th> </tr> <tr> <td>Vitamin D 1mcg</td> <td>5%</td> </tr> <tr> <td>Calcium 78mg</td> <td>6%</td> </tr> <tr> <td>Iron 0mg</td> <td>0%</td> </tr> <tr> <td>Potassium 120mg</td> <td>3%</td> </tr> <tr> <td>Vitamin A 72mcg</td> <td>8%</td> </tr> </tbody> </table> </div> <p><small>* Percentage Daily Values are based on a 2,000 calorie diet. Your daily value may be higher or lower depending on your calorie needs.</small></p> <p><small>INGREDIENTS: CREAM, SKIM MILK, LIQUID SUGAR, WATER, EGG YOLKS, BROWN SUGAR, MILKFAT, PEANUT OIL, SUGAR, BUTTER, SALT, CARRAGEENAN, VANILLA EXTRACT.</small></p> <p>[PROGRAMMER NOTE: Randomize respondents to view either the original NFT or updated NFT. Show the same NFT and text above each of the following NVS questions]</p> | Nutrition Facts | | Serving Size 1/2 cup Servings per container 4 | | Amount Per Serving | | Calories 250 | Calories from Fat 120 | % Daily Value* | | Total Fat 13g | 20% | Saturated Fat 9g | 40% | Trans Fat 0g | | Cholesterol 28mg | 12% | Sodium 55mg | 2% | Total Carbohydrate 30g | 12% | Dietary Fiber 2g | | Sugars 23g | | Protein 4g | | Vitamin A | 8% | Vitamin C | 0% | Calcium | 6% | Iron | 0% | Nutrition Facts | | 4 servings per container Serving size 1/2 cup | | Amount per serving | | Calories 250 | | % Daily Value* | | Total Fat 13g | 20% | Saturated Fat 9g | 40% | Trans Fat 0g | | Cholesterol 28mg | 12% | Sodium 55mg | 2% | Total Carbohydrate 30g | 12% | Dietary Fiber 2g | 7% | Total Sugars 23g | | Includes 19g Added Sugars | 38% | Protein 4g | | Vitamin D 1mcg | 5% | Calcium 78mg | 6% | Iron 0mg | 0% | Potassium 120mg | 3% | Vitamin A 72mcg | 8% | <p>[PROGRAMMER NOTE: HIDE BACK BUTTON.]</p> <p>Esta información está en la parte posterior de un envase de helado.</p> <div style="display: flex; justify-content: space-around;"> <table border="1" style="width: 45%;"> <thead> <tr> <th colspan="2">Nutrition Facts</th> </tr> </thead> <tbody> <tr> <td colspan="2">Serving Size 1/2 cup Servings per container 4</td> </tr> <tr> <th colspan="2">Amount Per Serving</th> </tr> <tr> <td>Calories 250</td> <td>Calories from Fat 120</td> </tr> <tr> <th colspan="2">% Daily Value*</th> </tr> <tr> <td>Total Fat 13g</td> <td>20%</td> </tr> <tr> <td>Saturated Fat 9g</td> <td>40%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 28mg</td> <td>12%</td> </tr> <tr> <td>Sodium 55mg</td> <td>2%</td> </tr> <tr> <td>Total Carbohydrate 30g</td> <td>12%</td> </tr> <tr> <td>Dietary Fiber 2g</td> <td></td> </tr> <tr> <td>Sugars 23g</td> <td></td> </tr> <tr> <th colspan="2">Protein 4g</th> </tr> <tr> <td>Vitamin A</td> <td>8%</td> </tr> <tr> <td>Vitamin C</td> <td>0%</td> </tr> <tr> <td>Calcium</td> <td>6%</td> </tr> <tr> <td>Iron</td> <td>0%</td> </tr> </tbody> </table> <table border="1" style="width: 45%;"> <thead> <tr> <th colspan="2">Nutrition Facts</th> </tr> </thead> <tbody> <tr> <td colspan="2">4 servings per container Serving size 1/2 cup</td> </tr> <tr> <th colspan="2">Amount per serving</th> </tr> <tr> <td>Calories 250</td> <td></td> </tr> <tr> <th colspan="2">% Daily Value*</th> </tr> <tr> <td>Total Fat 13g</td> <td>20%</td> </tr> <tr> <td>Saturated Fat 9g</td> <td>40%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 28mg</td> <td>12%</td> </tr> <tr> <td>Sodium 55mg</td> <td>2%</td> </tr> <tr> <td>Total Carbohydrate 30g</td> <td>12%</td> </tr> <tr> <td>Dietary Fiber 2g</td> <td>7%</td> </tr> <tr> <td>Total Sugars 23g</td> <td></td> </tr> <tr> <td>Includes 19g Added Sugars</td> <td>38%</td> </tr> <tr> <th colspan="2">Protein 4g</th> </tr> <tr> <td>Vitamin D 1mcg</td> <td>5%</td> </tr> <tr> <td>Calcium 78mg</td> <td>6%</td> </tr> <tr> <td>Iron 0mg</td> <td>0%</td> </tr> <tr> <td>Potassium 120mg</td> <td>3%</td> </tr> <tr> <td>Vitamin A 72mcg</td> <td>8%</td> </tr> </tbody> </table> </div> <p><small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small></p> <p><small>INGREDIENTS: CREAM, SKIM MILK, LIQUID SUGAR, WATER, EGG YOLKS, BROWN SUGAR, MILKFAT, PEANUT OIL, SUGAR, BUTTER, SALT, CARRAGEENAN, VANILLA EXTRACT.</small></p> <p>[PROGRAMMER NOTE: Randomize respondents to view either the original NFT or updated NFT. Show the same NFT and text above each of the following NVS questions]]</p> | Nutrition Facts | | Serving Size 1/2 cup Servings per container 4 | | Amount Per Serving | | Calories 250 | Calories from Fat 120 | % Daily Value* | | Total Fat 13g | 20% | Saturated Fat 9g | 40% | Trans Fat 0g | | Cholesterol 28mg | 12% | Sodium 55mg | 2% | Total Carbohydrate 30g | 12% | Dietary Fiber 2g | | Sugars 23g | | Protein 4g | | Vitamin A | 8% | Vitamin C | 0% | Calcium | 6% | Iron | 0% | Nutrition Facts | | 4 servings per container Serving size 1/2 cup | | Amount per serving | | Calories 250 | | % Daily Value* | | Total Fat 13g | 20% | Saturated Fat 9g | 40% | Trans Fat 0g | | Cholesterol 28mg | 12% | Sodium 55mg | 2% | Total Carbohydrate 30g | 12% | Dietary Fiber 2g | 7% | Total Sugars 23g | | Includes 19g Added Sugars | 38% | Protein 4g | | Vitamin D 1mcg | 5% | Calcium 78mg | 6% | Iron 0mg | 0% | Potassium 120mg | 3% | Vitamin A 72mcg | 8% |
| Nutrition Facts | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Serving Size 1/2 cup Servings per container 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Amount Per Serving | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calories 250 | Calories from Fat 120 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| % Daily Value* | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat 13g | 20% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat 9g | 40% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat 0g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol 28mg | 12% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium 55mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate 30g | 12% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber 2g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sugars 23g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein 4g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin A | 8% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin C | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium | 6% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iron | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutrition Facts | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 servings per container Serving size 1/2 cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Amount per serving | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calories 250 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| % Daily Value* | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat 13g | 20% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat 9g | 40% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat 0g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol 28mg | 12% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium 55mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate 30g | 12% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber 2g | 7% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Sugars 23g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Includes 19g Added Sugars | 38% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein 4g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin D 1mcg | 5% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium 78mg | 6% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iron 0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium 120mg | 3% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin A 72mcg | 8% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutrition Facts | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Serving Size 1/2 cup Servings per container 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Amount Per Serving | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calories 250 | Calories from Fat 120 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| % Daily Value* | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat 13g | 20% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat 9g | 40% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat 0g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol 28mg | 12% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium 55mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate 30g | 12% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber 2g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sugars 23g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein 4g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin A | 8% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin C | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium | 6% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iron | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Nutrition Facts | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 servings per container Serving size 1/2 cup | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Amount per serving | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calories 250 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| % Daily Value* | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Fat 13g | 20% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Saturated Fat 9g | 40% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Trans Fat 0g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cholesterol 28mg | 12% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Sodium 55mg | 2% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Carbohydrate 30g | 12% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Dietary Fiber 2g | 7% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Sugars 23g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Includes 19g Added Sugars | 38% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Protein 4g | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin D 1mcg | 5% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Calcium 78mg | 6% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Iron 0mg | 0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Potassium 120mg | 3% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Vitamin A 72mcg | 8% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>NVS_CAL NVS_CAL_N</p> | <p>If you eat the entire container, how many calories will you eat?</p> <p>Enter number of calories: <i>[open-ended]</i></p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>[Answer: 1000 is the only correct answer]</i></p> | <p>Si se come todo el helado del recipiente, ¿cuántas calorías comerá?</p> <p>Introduzca el número de calorías: <i>[abierto]</i></p> <p>No sabe</p> <p>Se negó a responder</p> <p><i>[Respuesta: 1000]</i></p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>NVS_CARB NVS_CARB_N</p> | <p>If you are allowed to eat 60 grams of carbohydrates as a snack, how much ice cream could you have?</p> <p>Enter number of cup(s): <i>[open-ended]</i></p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>[Answer: Any of the following is correct: 1 cup, 2 servings, "half the container" (not "half" or "250")]</i></p> | <p>Si se le permite comer 60 gramos de carbohidratos como bocadillo, ¿cuánto helado podría tomar?</p> <p>Introduzca el número de taza (s): <i>[abierto]</i></p> <p>No sabe</p> <p>Se negó a responder</p> <p><i>[Answer: Any of the following is correct: 1 cup, 2 servings, "half the container" (not "half" or "250")]</i></p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

| | | |
|--|--|---|
| <p>NVS_SAT NVS_SAT_N</p> | <p>Your doctor advises you to reduce the amount of saturated fat in your diet. You usually have 42 g of saturated fat each day, which includes one serving of ice cream. If you stop eating ice cream, how many grams of saturated fat would you be consuming each day? Enter number of grams: <i>[open-ended]</i> Don't know Refuse to answer</p> <p><i>[Answer: 33 is the only correct answer]</i></p> | <p>Su médico le recomienda reducir la cantidad de grasa saturada en su dieta. Por lo general, consume 42 g de grasa saturada cada día, que incluyen una porción de helado. Si deja de comer helado, ¿cuántos gramos de grasa saturada consumiría cada día? Introduzca la cantidad de gramos: <i>[abierto]</i> No sabe Se negó a responder</p> <p><i>[Respuesta: 33]</i></p> |
| <p>NVS_DV NVS_DV_N</p> | <p>If you usually eat 2,500 calories in a day, what percentage of your daily value of calories will you be eating if you eat one serving? Enter percentage: <i>[numeric percentage]</i> Don't know Refuse to answer</p> <p><i>[Answer: 10% is the only correct answer]</i></p> | <p>Si normalmente consume 2,500 calorías en un día, ¿qué porcentaje de su valor diario de calorías consumiría si come una porción? Introduzca el porcentaje: <i>[porcentaje numérico]</i> No sabe Se negó a responder</p> <p><i>[Respuesta: 10%]</i></p> |
| <p>NVS_ALG NVS_ALG_WHY NVS_ALG_WHYTEXT</p> | <p>Pretend that you are allergic to the following substances: penicillin, peanuts, latex gloves, and bee stings. Is it safe for you to eat this ice cream? Yes No Don't know Refuse to answer</p> <p><i>[Answer: No]</i></p> <p>[If "no", ask:] Why not? Enter reason: <i>[open-ended]</i> Don't know Refuse to answer</p> <p><i>[Answer: Because it has peanut oil or because you might have an allergic reaction]</i></p> | <p>Haga de cuenta que es alérgico a las siguientes sustancias: penicilina, maní, guantes de látex y picaduras de abeja. ¿Es seguro para usted comer este helado? Sí No No sabe Se negó a responder</p> <p><i>[Respuesta: No]</i></p> <p>[Si responde "no", pregunte:] ¿Por qué no? Introduzca el motivo: <i>[abierto]</i> No sabe Se negó a responder</p> <p><i>[Respuesta: Porque tiene aceite de maní o porque podría tener una reacción alérgica]</i></p> |

GENERAL HEALTH STATUS

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|--|---|--|
| FRUIT CONSUMPTION BRFSS FRUIT_PREFER FRUIT_DAY_NUM FRUIT_DAY_DK_R (DAY/WEEK/MONTH) | <p>Now think about the foods you ate or drank during the past month, that is, the past 30 days, including meals and snacks.</p> <p>Not including juices, how often did you eat fruit? <i>Include fresh, frozen or canned fruit. Do not include dried fruits.</i></p> <p>Do you prefer to answer by the number of times per day, week or month? Day Week Month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i> Enter the number of times you eat fruit per day: ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i> Enter the number of times you eat fruit per week: ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i> Enter the number of times you eat fruit per month: ___ per month Don't know Refuse to answer</p> | <p>Ahora piense en todo lo que comió y bebió durante el último mes, es decir, durante los últimos 30 días, incluyendo comidas y bocadillos.</p> <p>Sin contar los jugos, ¿con qué frecuencia come frutas? <i>Incluya la fruta fresca, congelada o enlatada. No incluya frutas secas.</i></p> <p>¿Prefiere responder con el número de veces al día, a la semana o al mes? Al día A la semana Al mes No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Day" is selected.]</i> Escriba el número de veces al día que usted come fruta: ___ al día No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Week" is selected.]</i> Escriba el número de veces a la semana que usted come fruta: ___ a la semana No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Month" is selected.]</i> Escriba el número de veces al mes que usted come fruta: ___ al mes No sabe Se negó a responder</p> |

| | | |
|--|--|--|
| <p>FRUIT JUICE CONSUMPTION BRFSS</p> <p>JUICE_PREFER JUICE_DAY_NUM JUICE_DAY_DK_R</p> <p>(DAY/WEEK/MONTH)</p> | <p>Not including fruit-flavored drinks or fruit juices with added sugar, how often did you drink 100% fruit juice such as apple or orange juice? <i>Do not include fruit-flavored drinks with added sugar like cranberry cocktail, Hi-C, lemonade, Kool-Aid, Gatorade, Tampico, and Sunny Delight. Include only 100% pure juices or 100% juice blends.</i></p> <p>Do you prefer to answer by the number of times per day, week or month? Day Week Month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i> Enter the number of times you drink 100% fruit juice per day: ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i> Enter the number of times you drink 100% fruit juice per week: ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i> Enter the number of times you drink 100% fruit juice per month: ___ per month Don't know Refuse to answer</p> | <p>Sin incluir bebidas con sabor a fruta ni jugos de frutas a los que se agrega azúcar, ¿con qué frecuencia bebió jugo 100% de fruta como jugo de manzana o naranja? <i>No incluya bebidas con sabor a fruta a las que se agrega azúcar, como bebidas con arándano (cranberry cocktail), Hi-C, lemonade, Kool-Aid, Gatorade, Tampico y Sunny Delight. Incluye solamente jugos 100% puros o mezclas de jugos 100% puros.</i></p> <p>¿Prefiere responder con el número de veces al día, a la semana o al mes? Al día A la semana Al mes No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Day" is selected.]</i> Escriba el número de veces al día que usted toma jugo 100% de fruta: ___ al día No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Week" is selected.]</i> Escriba el número de veces a la semana que usted toma jugo 100% de fruta: ___ a la semana No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Month" is selected.]</i> Escriba el número de veces al mes que usted toma jugo 100% de fruta: ___ al mes No sabe Se negó a responder</p> |
|--|--|--|

| | | |
|--|--|--|
| <p>SALAD CONSUMPTION BRFSS</p> <p>SALAD_PREFER SALAD_DAY_NUM SALAD_DAY_DK_R</p> <p>(DAY/WEEK/MONTH)</p> | <p>How often did you eat a green leafy or lettuce salad, with or without vegetables? <i>Include spinach salads.</i></p> <p>Do you prefer to answer by the number of times per day, week or month? Day Week Month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i> Enter the number of times you eat a salad per day: ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i> Enter the number of times you eat a salad per week: ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i> Enter the number of times you eat a salad per month: ___ per month Don't know Refuse to answer</p> | <p>¿Con qué frecuencia comió una ensalada de hojas verdes o lechuga, con o sin verduras? <i>Incluya las ensaladas de espinacas.</i></p> <p>¿Prefiere responder con el número de veces al día, a la semana o al mes? Al día A la semana Al mes No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Day" is selected.]</i> Escriba el número de veces al día que usted come ensalada: ___ al día No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Week" is selected.]</i> Escriba el número de veces a la semana que usted come ensalada: ___ a la semana No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Month" is selected.]</i> Escriba el número de veces al mes que usted come ensalada: ___ al mes No sabe Se negó a responder</p> |
|--|--|--|

| | | |
|--|--|--|
| <p>FRIED POTATO CONSUMPTION BRFSS</p> <p>POTATO_PREFER POTATO_DAY_NUM POTATO_DAY_DK_R</p> <p>(DAY/WEEK/MONTH)</p> | <p>How often did you eat any kind of fried potatoes, including french fries, home fries, or hash browns? <i>Do not include potato chips.</i></p> <p>Do you prefer to answer by the number of times per day, week or month? Day Week Month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i> Enter the number of times you eat fried potatoes per day: ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i> Enter the number of times you eat fried potatoes per week: ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i> Enter the number of times you eat fried potatoes per month: ___ per month Don't know Refuse to answer</p> | <p>¿Con qué frecuencia comió usted algún tipo de papa frita, incluyendo las papas a la francesa, las papas salteadas (home fries) o papas en gajos (hash browns)? <i>No incluya las papitas fritas tipo sabritas.</i></p> <p>¿Prefiere responder con el número de veces al día, a la semana o al mes? Al día A la semana Al mes No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Day" is selected.]</i> Escriba el número de veces al día que usted come papas fritas: ___ al día No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Week" is selected.]</i> Escriba el número de veces a la semana que usted come papas fritas: ___ a la semana No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Month" is selected.]</i> Escriba el número de veces al mes que usted come papas a fritas: ___ al mes No sabe Se negó a responder</p> |
|--|--|--|

| | | |
|---|--|---|
| <p>OTHER POTATO CONSUMPTION BRFSS</p> <p>OTH_POT_PREFER OTH_POT_DAY_NUM OTH_POT_DAY_DK_R</p> <p>(DAY/WEEK/MONTH)</p> | <p>How often did you eat any other kind of potatoes, or sweet potatoes, such as baked, boiled, mashed potatoes, or potato salad? <i>Include all types of potatoes except fried. Include potatoes au gratin and scalloped potatoes.</i></p> <p>Do you prefer to answer by the number of times per day, week or month? Day Week Month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i></p> <p>Enter the number of times you eat other kinds of potatoes per day: ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i></p> <p>Enter the number of times you eat other kinds of potatoes per week: ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i></p> <p>Enter the number of times you eat other kinds of potatoes per month: ___ per month Don't know Refuse to answer</p> | <p>¿Con qué frecuencia comió usted algún otro tipo de papa o camote, como papas al horno, hervidas, en puré o en ensalada? <i>Incluya todos los tipos de papa excepto las fritas. Incluya las papas gratinadas y las papas al escalope.</i></p> <p>¿Prefiere responder con el número de veces al día, a la semana o al mes? Al día A la semana Al mes No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Day" is selected.]</i></p> <p>Escriba el número de veces al día que usted come otro tipo de papas: ___ al día No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Week" is selected.]</i></p> <p>Escriba el número de veces a la semana que usted come otro tipo de papas: ___ a la semana No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Month" is selected.]</i></p> <p>Escriba el número de veces al mes que usted come otro tipo de papas: ___ al mes No sabe Se negó a responder</p> |
|---|--|---|

| | | |
|--|--|---|
| <p>OTHER VEGETABLE CONSUMPTION BRFSS</p> <p>VEG_PREFER VEG_DAY_NUM VEG_DAY_DK_R</p> <p>(DAY/WEEK/MONTH)</p> | <p>Not including lettuce salads and potatoes, how often did you eat other vegetables? <i>Include</i> tomatoes, green beans, carrots, corn, cabbage, bean sprouts, collard greens, and broccoli. <i>Include</i> raw, cooked, canned, or frozen vegetables. <i>Do not include</i> rice.</p> <p>Do you prefer to answer by the number of times per day, week or month? Day Week Month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i> Enter the number of times you eat other types of vegetables per day: ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i> Enter the number of times you eat other types of vegetables per week: ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i> Enter the number of times you eat other types of vegetables per month: ___ per month Don't know Refuse to answer</p> | <p>Sin incluir ensaladas de lechuga ni papas, ¿con qué frecuencia comió otras verduras? <i>Incluya</i> tomates, ejotes, zanahorias, maíz, repollo o col rizada, brotes o germinados de frijol, berza o kale, y brócoli. <i>Incluya</i> verduras crudas, cocidas, enlatadas o congeladas. <i>No incluya</i> el arroz.</p> <p>¿Prefiere responder con el número de veces al día, a la semana o al mes? Al día A la semana Al mes No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Day" is selected.]</i> Escriba el número de veces al día que usted comió otro tipo de verduras: ___ al día No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Week" is selected.]</i> Escriba el número de veces a la semana que usted come otro tipo de verduras: ___ a la semana No sabe Se negó a responder</p> <p><i>[Programmer: Show if "Month" is selected.]</i> Escriba el número de veces al mes que usted come otro tipo de verduras: ___ al mes No sabe Se negó a responder</p> |
| <p>GENERAL HEALTH CCHS BRFSS CHMS</p> <p>HLTH_GENERAL</p> | <p>In general, would you say your health is... Poor Fair Good Very good Excellent Don't know Refuse to answer</p> | <p>En general, ¿diría usted que su salud es...? Mala Satisfactoria Buena Muy buena Excelente No sabe Se negó a responder</p> |

| <p>OVERALL DIET NHANES AND USED IN FCMS</p> <p><i>DIET</i></p> | <p>In general, how healthy is your overall diet?</p> <p>Poor Fair Good Very good Excellent Don't know Refuse to answer</p> | <p>En general, ¿cuán saludable es su dieta considerando todos sus alimentos?</p> <p>Mala Satisfactoria Buena Muy buena Excelente No sabe Se negó a responder</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|--|---|---|------------|---------------------|------------|------------------|-------------------------------------|--|--|--|--|--------------------------------------|--|--|--|--|----------------------------|--|--|--|--|------------------------------|--|--|--|--|------------------|--|--|--|--|-------------|--|--|--|--|----------------------|--|--|--|--|------------|--|--|--|--|---|--|----|----|---------|---------------------|-----------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|-------------------------------------|--|--|--|--|-----------------|--|--|--|--|----------------|--|--|--|--|---------------------|--|--|--|--|-----------|--|--|--|--|
| <p>MENTAL HEALTH CCHS AND CHMS</p> <p><i>MENTAL</i></p> | <p>In general, would you say your mental health is...</p> <p>Poor Fair Good Very good Excellent Don't know Refuse to answer</p> | <p>En general, ¿diría usted que su salud mental es...?</p> <p>Mala Satisfactoria Buena Muy buena Excelente No sabe Se negó a responder</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>STRESS CHMS</p> <p><i>STRESS</i></p> | <p>Thinking about the amount of stress in your life, would you say that most days are...</p> <p>Not at all stressful Not very stressful A bit stressful Very stressful Extremely stressful Don't know Refuse to answer</p> | <p>Pensando en la cantidad de estrés en su vida, ¿diría usted que la mayoría de sus días son...?</p> <p>Nada estresantes No muy estresantes Un poco estresantes Muy estresantes Extremadamente estresantes No sabe Se negó a responder</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <p>CHRONIC DISEASES ADAPTED FROM BRFS CVDINFR4</p> <p>NEW 2021</p> <p><i>HBP</i> <i>MI</i> <i>CHD</i> <i>DIABETES</i> <i>CHOLEST</i> <i>SKINCA</i> <i>OTHCA</i> <i>DEPRESS</i></p> | <p><i>UNIVERSE: USA and Mexico</i></p> <p>Has a doctor, nurse, or other health professional ever told you that you have or had ...?</p> <table border="1" data-bbox="386 1057 1163 1359"> <thead> <tr> <th></th> <th>Yes</th> <th>No</th> <th>Don't know</th> <th>Refuse to answer</th> </tr> </thead> <tbody> <tr> <td>Hypertension or high blood pressure</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Heart attack (myocardial infarction)</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Angina or coronary disease</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Diabetes or high blood sugar</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>High cholesterol</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Skin cancer</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Other type of cancer</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Depression</td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> | | Yes | No | Don't know | Refuse to answer | Hypertension or high blood pressure | | | | | Heart attack (myocardial infarction) | | | | | Angina or coronary disease | | | | | Diabetes or high blood sugar | | | | | High cholesterol | | | | | Skin cancer | | | | | Other type of cancer | | | | | Depression | | | | | <p><i>UNIVERSE: USA and Mexico</i></p> <p>¿Alguna vez un médico(a), enfermera(o) u otro profesional de la salud le ha dicho que tiene o tuvo...?</p> <table border="1" data-bbox="1209 1057 2003 1359"> <thead> <tr> <th></th> <th>Sí</th> <th>No</th> <th>No sabe</th> <th>Se negó a responder</th> </tr> </thead> <tbody> <tr> <td>Hipertensión o presión alta</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Ataque cardíaco (infarto al miocardio)</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Angina de pecho o enfermedad coronaria</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Diabetes o azúcar alta en la sangre</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Colesterol alto</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Cáncer de piel</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Otro tipo de cáncer</td> <td></td> <td></td> <td></td> <td></td> </tr> <tr> <td>Depresión</td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table> | | Sí | No | No sabe | Se negó a responder | Hipertensión o presión alta | | | | | Ataque cardíaco (infarto al miocardio) | | | | | Angina de pecho o enfermedad coronaria | | | | | Diabetes o azúcar alta en la sangre | | | | | Colesterol alto | | | | | Cáncer de piel | | | | | Otro tipo de cáncer | | | | | Depresión | | | | |
| | Yes | No | Don't know | Refuse to answer | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Hypertension or high blood pressure | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Heart attack (myocardial infarction) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Angina or coronary disease | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Diabetes or high blood sugar | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| High cholesterol | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Skin cancer | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Other type of cancer | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Depression | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Sí | No | No sabe | Se negó a responder | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Hipertensión o presión alta | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ataque cardíaco (infarto al miocardio) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Angina de pecho o enfermedad coronaria | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Diabetes o azúcar alta en la sangre | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Colesterol alto | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Cáncer de piel | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Otro tipo de cáncer | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Depresión | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

OTHER HEALTH BEHAVIOURS

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|---|---|
| DATA QUALITY CHECK – MONTH <i>DQ_MONTH</i> | What is the current month? January February March April May June July August September October November December Don't know Refuse to answer | ¿Cuál es el mes en curso? Enero Febrero Marzo Abril Mayo Junio Julio Agosto Septiembre Octubre Noviembre Diciembre No sabe Se negó a responder |
| SMOKING – PAST 30 DAYS CTADS <i>SMK_30</i> | Have you smoked cigarettes in the past 30 days? No Yes, occasionally Yes, every day Don't know Refuse to answer | ¿Ha fumado cigarrillos en los últimos 30 días? No Sí, ocasionalmente Sí, todos los días No sabe Se negó a responder |
| MARIJUANA USE – FREQUENCY CSTADS <i>MJ_USE</i> | In the last 12 months, how often did you use marijuana or cannabis (a joint, pot, weed, hash)? I have never used marijuana I have used marijuana but not in the last 12 months Less than once a month Once a month 2 or 3 times a month Once a week 2 or 3 times a week 4 to 6 times a week Every day Don't know Refuse to answer | En los últimos 12 meses, ¿con qué frecuencia usó marihuana o cannabis (un churro, mota, hierba, hash)? Nunca he usado marihuana He usado marihuana pero no en los últimos 12 meses Menos de una vez al mes Una vez al mes 2 ó 3 veces al mes Una vez a la semana 2 ó 3 veces a la semana 4 a 6 veces a la semana Todos los días No sabe Se negó a responder |

| | | |
|--|---|--|
| <p>ALCOHOL USE - FREQUENCY CSTADS</p> <p>ALC_FREQ</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>In the last 12 months, how often did you have a drink of alcohol that was more than just a sip?</p> <p><i>A DRINK means: 1 regular sized bottle, can, or draft of beer; 1 glass of wine; 1 bottle or can of cooler; 1 shot of liquor (rum, whiskey, etc.); or 1 mixed drink (1 shot of liquor with pop, juice, energy drink, etc.).</i></p> <p>I have never drank alcohol I did not drink alcohol in the last 12 months I have only had a sip of alcohol Less than once a month Once a month 2 or 3 times a month Once a week 2 or 3 times a week 4 to 6 times a week Every day I do not know <i>[valid answer]</i> Refuse to answer</p> | <p><i>UNIVERSE: Skip for Mexican American Qualtrics oversample</i></p> <p>En los últimos 12 meses, ¿con qué frecuencia tomó más de un trago de una bebida alcohólica?</p> <p><i>UNA BEBIDA ALCOHÓLICA significa: 1 botella, lata o tarro de cerveza de tamaño normal; 1 copa de vino; 1 botella o lata de bebida a base de vino (cooler); 1 shot de alguna bebida alcohólica fuerte (ron, whiskey, etc.), o 1 bebida mezclada (1 shot de bebida alcohólica fuerte con refresco/gaseosa, jugo, bebida energética, etc.).</i></p> <p>Nunca he tomado alcohol No he tomado alcohol en los últimos 12 meses Sólo he tomado un trago de alcohol Menos de una vez al mes Una vez al mes 2 ó 3 veces al mes Una vez a la semana 2 ó 3 veces a la semana 4 a 6 veces a la semana Todos los días No sabe <i>[respuesta válida]</i> Se negó a responder</p> |
| <p>ALCOHOL USE – BINGE DRINKING CSTADS</p> <p>ALC_SEX ALC_BINGE</p> | <p><i>UNIVERSE: For main USA sample only ask those who drank more than a sip of alcohol in last 12 months (alc_freq=4-10); do not ask if DK/R. Ask all US Mexican American Qualtrics oversamples respondents.</i></p> <p>In the last 12 months, how often did you have ["5" if male / "4" if female] drinks of alcohol or more on one occasion?</p> <p><i>A DRINK means: 1 regular sized bottle, can, or draft of beer; 1 glass of wine; 1 bottle or can of cooler; 1 shot of liquor (rum, whiskey, etc.); or 1 mixed drink (1 shot of liquor with pop, juice, energy drink, etc.).</i></p> <p>I have never done this I did not have [5/4] or more drinks on one occasion in the last 12 months Less than once a month Once a month 2 to 3 times a month Once a week 2 to 5 times a week Daily or almost daily I do not know <i>[valid answer]</i> Refuse to answer</p> | <p><i>UNIVERSE: For main USA sample only ask those who drank more than a sip of alcohol in last 12 months (alc_freq=4-10); do not ask if DK/R. Ask all US Mexican American Qualtrics oversamples respondents.</i></p> <p>En los últimos 12 meses, ¿con qué frecuencia tomó ["5" si es hombre / "4" si es mujer] bebidas alcohólicas o más en una sola ocasión?</p> <p><i>UNA BEBIDA ALCOHÓLICA significa: 1 botella, lata o tarro de cerveza de tamaño normal; 1 copa de vino; 1 botella o lata de bebida a base de vino (cooler); 1 shot de alguna bebida alcohólica fuerte (ron, whiskey, etc.), o 1 bebida mezclada (1 shot de bebida alcohólica fuerte con refresco/gaseosa, jugo, bebida energética, etc.).</i></p> <p>Nunca lo he hecho No tomé [5/4] bebidas alcohólicas o más en una sola ocasión en los últimos 12 meses Menos de una vez al mes Una vez al mes 2 a 3 veces al mes Una vez a la semana 2 a 5 veces a la semana Todos los días o casi todos los días No sabe <i>[respuesta válida]</i> Se negó a responder</p> |

SOCIODEMOGRAPHIC MEASURES

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|--|---|
| <p>ETHNICITY ITC ADAPTED</p> <p>REVISED 2019 (Spanish)</p> <p>ETH_USA_WHITE ETH_USA_BLACK ETH_USA_HISPANIC ETH_USA_ASIAN ETH_USA_NATIVE ETH_USA_OTHER ETH_USA_OTEXT ETH_USA_DK ETH_USA_R</p> | <p><i>UNIVERSE: Respondents enrolled in the US main sample (US Mexican American oversample already completed this in the eligibility screener).</i></p> <p>People living in the United States come from many different cultural and racial backgrounds. Are you... (Select all that apply)</p> <p>White Black or African American Hispanic or Latino Asian or Pacific Islander Native American Indian Other (please specify): _____ Don't know Refuse to answer</p> | <p><i>UNIVERSE: Respondents enrolled in the US main sample (US Mexican American oversample already completed this in the eligibility screener).</i></p> <p>Gente que vive en los Estados Unidos pertenece a diferentes raíces culturales y étnicas. ¿Qué grupo le describe mejor...? (Seleccione todas las opciones que apliquen)</p> <p>Blanco Negro o Afroamericano Hispano o Latino Asiático o isleño del Pacífico Indio Americano Otro (especificar) _____ No sabe Se negó a responder</p> |
| <p>HISPANIC</p> <p>HISP_USA_MEX HISP_USA_MEXAM HISP_USA_PUERTO HISP_USA_CUBAN HISP_USA_CUBANAM HISP_USA_OTHER HISP_USA_OTEXT HISP_USA_DK HISP_USA_R</p> | <p><i>UNIVERSE: Hispanic or Latino (eth_USA_hispanic=yes); respondents enrolled in the US main sample (US Mexican American oversample already completed this in the eligibility screener).</i></p> <p>Hispanics and Latinos use different terms to describe themselves. In general, which one of the following terms do you use to describe yourself most often? (Select all that apply)</p> <p>Mexican Mexican American or Chicano Puerto Rican Cuban Cuban American Other (please specify): _____ Don't know Refuse to answer</p> | <p><i>UNIVERSE: Hispanic or Latino (eth_USA_hispanic=yes); respondents enrolled in the US main sample (US Mexican American oversample already completed this in the eligibility screener).</i></p> <p>Hispanos y Latinos usan diferentes términos para describirse a ellos mismos. Por lo general, ¿cuál de los siguientes términos usa con mayor frecuencia para describirse a usted mismo? (Seleccione todas las opciones que apliquen)</p> <p>Mexicano/a Mexicano/a Americano/a o Chicano/a Puertorriqueño/a Cubano/a Cubano/a Americano/a Otro (especificar) _____ No sabe Se negó a responder</p> |
| <p>COUNTRY OF BIRTH</p> <p>BIRTH_USA</p> | <p>Were you born in the United States?</p> <p>Yes No Don't know Refuse to answer</p> | <p>¿Nació usted en los Estados Unidos?</p> <p>Sí No No sabe Se negó a responder</p> |

| | | |
|--|---|---|
| <p>YEARS OF RESIDENCY</p> <p>NEW 2021</p> <p>RESID RESID_YR</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample; respondents who were NOT born in the United States</p> <p>From the time that you FIRST moved to the U.S. to today, about how many years have you lived in the U.S. (50 states + Washington, D.C.)? (Round to the nearest full year)</p> <p>Number of years _____ [numeric] Don't know Refuse to answer</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample; respondents who were NOT born in the United States</p> <p>Desde la PRIMERA vez que usted se mudó a los Estados Unidos hasta el día de hoy, ¿alrededor de cuántos años vivió usted en los Estados Unidos (50 estados y Washington, D.C.)? (Redondear al año completo más cercano)</p> <p>Número de años: [numeric] No sabe Se negó a responder</p> |
| <p>ACCULTURATION SCALE</p> <p>PART 1</p> <p>MARIN 1987</p> <p>NEW 2021</p> <p>ACC1-ACC5</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample</p> <p>In general, what language(s) do you read and speak?</p> <p>Only Spanish Spanish better than English Both equally English better than Spanish Only English Don't know Refuse to answer</p> <p>What was the language(s) you used as a child?</p> <p>Only Spanish More Spanish than English Both equally More English than Spanish Only English Don't know Refuse to answer</p> <p>What language(s) do you usually speak at home?</p> <p>Only Spanish More Spanish than English Both equally More English than Spanish Only English Don't know Refuse to answer</p> | <p>UNIVERSE: US Mexican American Qualtrics oversample</p> <p>Por lo general, ¿qué idioma(s) lee y habla usted?</p> <p>Solo español Español mejor que inglés Ambos por igual Inglés mejor que español Solo inglés No sabe Se negó a responder</p> <p>¿Cuál fué el idioma(a) que habló cuando era niño(a)?</p> <p>Solo español Más español que inglés Ambos por igual Más inglés que español Solo inglés No sabe Se negó a responder</p> <p>Por lo general, ¿en qué idioma(s) habla en su casa?</p> <p>Solo español Más español que inglés Ambos por igual Más inglés que español Solo inglés No sabe Se negó a responder</p> |

| | | |
|--|---|--|
| | <p>In which language(s) do you usually think? Only Spanish More Spanish than English Both equally More English than Spanish Only English Don't know Refuse to answer</p> <p>What language(s) do you usually speak with your friends? Only Spanish More Spanish than English Both equally More English than Spanish Only English Don't know Refuse to answer</p> | <p>Por lo general, ¿en qué idioma piensa? Solo español Más español que inglés Ambos por igual Más inglés que español Solo inglés No sabe Se negó a responder</p> <p>Por lo general, ¿en qué idioma(s) habla con sus amigos(as)? Solo español Más español que inglés Ambos por igual Más inglés que español Solo inglés No sabe Se negó a responder</p> |
| <p>ACCULTURATION SCALE PART 2 MARIN 1987</p> <p>NEW 2021</p> <p>ACC6-ACC8</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i></p> <p>In what language(s) are the TV programs you usually watch? Only Spanish More Spanish than English Both equally More English than Spanish Only English Don't know Refuse to answer</p> <p>In what language(s) are the radio programs you usually listen to? Only Spanish More Spanish than English Both equally More English than Spanish Only English Don't know Refuse to answer</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i></p> <p>Por lo general, ¿en qué idioma(s) son los programas de televisión que usted ve? Solo español Más español que inglés Ambos por igual Más inglés que español Solo inglés No sabe Se negó a responder</p> <p>Por lo general, ¿en qué idioma(s) son los programas de radio que usted escucha? Solo español Más español que inglés Ambos por igual Más inglés que español Solo inglés No sabe Se negó a responder</p> |

| | | |
|---|--|--|
| | <p>In general, in what language(s) are the movies, T.V. and radio programs you prefer to watch and listen to?</p> <p>Only Spanish More Spanish than English Both equally More English than Spanish Only English Don't know Refuse to answer</p> | <p>Por lo general, ¿en qué idioma(s) prefiere oír y ver películas, y programas de radio y televisión?</p> <p>Solo español Más español que inglés Ambos por igual Más inglés que español Solo inglés No sabe Se negó a responder</p> |
| <p>ACCULTURATION SCALE PART 3 MARIN 1987 NEW 2021 ACC9-ACC12</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i></p> <p>Your close friends are:</p> <p>All Latinos/Hispanics More Latinos than Americans About half and half More Americans than Latinos All Americans Don't know Refuse to answer</p> <p>You prefer going to social gatherings/parties at which the people are:</p> <p>All Latinos/Hispanics More Latinos than Americans About half and half More Americans than Latinos All Americans Don't know Refuse to answer</p> <p>The persons you visit or who visit you are:</p> <p>All Latinos/Hispanics More Latinos than Americans About half and half More Americans than Latinos All Americans Don't know Refuse to answer</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i></p> <p>Sus amigos y amigas más cercanos son:</p> <p>Solo latinos Más latinos que americanos Casi mitad y mitad Más americanos que latinos Solo americanos No sabe Se negó a responder</p> <p>Usted prefiere ir a reuniones sociales/fiestas en las cuales las personas son:</p> <p>Solo latinos Más latinos que americanos Casi mitad y mitad Más americanos que latinos Solo americanos No sabe Se negó a responder</p> <p>Las personas que usted visita o le visitan son:</p> <p>Solo latinos Más latinos que americanos Casi mitad y mitad Más americanos que latinos Solo americanos No sabe Se negó a responder</p> |

| | | |
|--|---|---|
| | <p>If you could choose your children’s friends, you would want them to be: All Latinos/Hispanics More Latinos than Americans About half and half More Americans than Latinos All Americans Don’t know Refuse to answer</p> | <p>Si usted pudiera escoger los amigos(as) de su(s) hijo(as), quisiera que ellos(as) fueran: Solo latinos Más latinos que americanos Casi mitad y mitad Más americanos que latinos Solo americanos No sabe Se negó a responder</p> |
| <p>IMPORTANCE OF FOOD ROZIN ET AL. APPETITE 1999. NEW 2022 FOOD_IMP</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i> Please tell us if this statement is true or false for you: Enjoying food is one of the most important pleasures in my life. True False Don’t know Refuse to answer</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i> Por favor díganos si esta afirmación es verdadera o falsa para usted: Disfrutar de la comida es uno de los placeres más importantes de mi vida. Verdadero Falso No sabe Se negó a responder</p> |
| <p>WORRY ABOUT FOOD ADAPTED FROM ROZIN ET AL. APPETITE 1999. NEW 2022 FOOD_WORRY</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i> For this question, choose the answer that first comes to mind. Which word below belongs best with “ice cream”? Delicious Fattening Don’t know Refuse to answer</p> <p>[Scoring: 1 point for delicious; 0 points for fattening]</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i> Para esta pregunta, elija la respuesta que primero que le venga a la mente. ¿Qué palabra de las que aparecen a continuación va mejor con "helado"? Delicioso Engorda No sabe Se negó a responder</p> <p>[Scoring: 1 point for delicious; 0 points for fattening]</p> |
| <p>HIGHEST EDUCATION ADAPTED FROM ITC 4CV1, NHANES 2015-2016, CCHS 2014 EDUC_COMP_USA EDUC_COMP_USA_OTEXT</p> | <p><i>UNIVERSE: USA main sample only</i> What is the highest level of formal education that you have <u>completed</u>? 8th Grade or lower 9th Grade 10th Grade 11th Grade 12th Grade / high school diploma Associate’s degree or vocational / technical certificate Bachelor’s degree University degree above the bachelor’s level (e.g., Master’s, professional school, doctorate) Other (please specify): _____ Don’t know Refuse to answer</p> | <p><i>UNIVERSE: USA main sample only</i> ¿Cuál es el nivel más alto de estudios formales que usted ha <u>concluido</u>? Secundaria completa o menos Primer año de preparatoria/bachillerato (9º. grado de high school) Segundo año de preparatoria/bachillerato (10º. grado de high school) Tercer año de preparatoria/bachillerato (11º. grado de high school) Preparatoria / bachillerato completo (12º. grado / diplomado de high school) Estudios técnicos o comerciales Licenciatura o Universidad completa Título universitario más allá del nivel de licenciatura (por ejem., maestría, escuela profesional, doctorado) Otro (especificar): _____ No sabe Se negó a responder</p> |

| | | |
|---|--|--|
| <p>PERCEIVED INCOME ADEQUACY LITWIN & SAPIR 2009 INCOME_ADEQ</p> | <p>Thinking about your total monthly income, how difficult or easy is it for you to make ends meet? Very difficult Difficult Neither easy nor difficult Easy Very easy Don't know Refuse to answer</p> | <p>Pensando en sus ingresos mensuales totales, ¿qué tan difícil o fácil le resulta ganar suficiente dinero para vivir sin deudas? Muy difícil Difícil Ni fácil ni difícil Fácil Muy fácil No sabe Se negó a responder</p> |
| <p>HOUSEHOLD SIZE ADAPTED FROM NHANES; FCMS; ONTARIO HEALTH STUDY (OHS) COVID-19 QUESTIONNAIRE, 2020; WATERLOO REGION MATTERS SURVEY – COVID-19 EDITION NEW 2020 HHLDSIZE_CH HHLDSIZE_AD</p> | <p>How many children (under 18 years of age) currently live in your household? [dropdown with numbers from 0 to 10, more than 10, DK/R] Don't know Refuse to answer</p> <p>How many adults (age 18 or older), including yourself, currently live in your household? [dropdown with numbers from 1 to 10, more than 10, DK/R] Don't know Refuse to answer</p> <p><i>Include all family members who live with you all or most of the time.</i></p> <p><i>Do NOT include roommates unless you share income.</i></p> | <p>¿Cuántos niños (menores de 18 años) viven actualmente en su hogar? [dropdown with numbers from 0 to 10, more than 10, DK/R] No sabe Se negó a responder</p> <p>¿Cuántos adultos (de 18 años o más), incluyéndose usted, viven actualmente en su hogar? [dropdown with numbers from 1 to 10, more than 10, DK/R] No sabe Se negó a responder</p> <p><i>Incluya a todos los miembros de la familia que viven con usted todo el tiempo o la mayor parte del tiempo.</i></p> <p><i>NO incluya a otros que vivan con usted a menos que compartan los ingresos.</i></p> |

| | | |
|---|--|---|
| <p>HOUSEHOLD INCOME</p> <p>ADAPTED FROM CANADIAN COMMUNITY HEALTH SURVEY (CCHS) 2020; US CPS CURRENT POPULATION SURVEY (CPS); INTERNATIONAL CANNABIS POLICY STUDY (ICPS) 2020</p> <p>NEW 2020</p> <p>INCOME_USA</p> | <p>What was your <u>total household income</u>, from all sources, before taxes, over the past 12 months?</p> <p><i>Include income from work, investments, pensions or government.</i></p> <p><i>Include income from all family members living with you all, or most of the time. Do NOT include roommates unless you share income.</i></p> <p>Less than \$10,000 \$10,000 to less than \$20,000 \$20,000 to less than \$30,000 \$30,000 to less than \$40,000 \$40,000 to less than \$50,000 \$50,000 to less than \$60,000 \$60,000 to less than \$70,000 \$70,000 to less than \$80,000 \$80,000 to less than \$90,000 \$90,000 to less than \$100,000 \$100,000 to less than \$150,000 \$150,000 and over Don't know Refuse to answer</p> | <p>¿Cuál fue el <u>ingreso total de su hogar</u>, de todas las fuentes, antes de impuestos, durante los últimos 12 meses?</p> <p><i>Incluya los ingresos del trabajo, inversiones, pensiones y del gobierno.</i></p> <p><i>Incluya los ingresos de todos los miembros de la familia que viven con usted todo el tiempo o la mayor parte del tiempo. NO incluya a otros que vivan con usted a menos que compartan los ingresos.</i></p> <p>Menos de \$10 000 De \$10 000 a menos de \$20 000 De \$20 000 a menos de \$30 000 De \$30 000 a menos de \$40000 De \$40 000 a menos de \$50 000 De \$50 000 a menos de \$60 000 De \$60 000 a menos de \$70 000 De \$70 000 a menos de \$80 000 De \$80 000 a menos de \$90 000 De \$90 000 a menos de \$100 000 De \$100 000 a menos de \$150 000 \$150 000 y más No sabe Se negó a responder</p> |
|---|--|---|

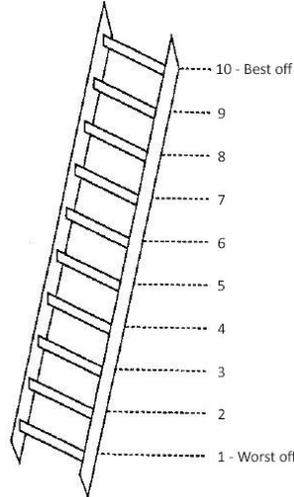
SUBJECTIVE SOCIAL STATUS
 MACARTHUR SCALES OF SUBJECTIVE SOCIAL STATUS (Bradshaw et al, 2017)

REVISED 2019
 (response format)

SOC_STATUS

UNIVERSE: Skip for Mexican American Qualtrics oversample

Think of this ladder as representing where people stand in the United States. At the top of the ladder (step 10) are the people who have the most money and education, and the most respected jobs. At the bottom of the ladder (step 1) are the people who have the least money and education, and the least respected jobs or no job.



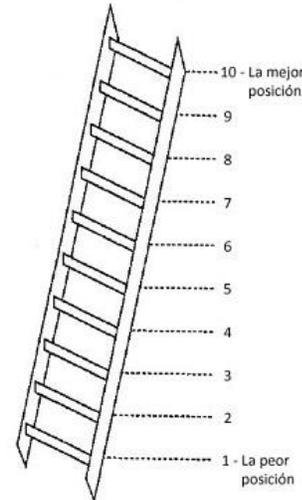
Where would you place yourself on this ladder? Pick the number for the step that shows where you think you stand at this time in your life, relative to other people in the United States.

[SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST]

- 10 – Best off
- 9
- 8
- 7
- 6
- 5
- 4
- 3
- 2
- 1 – Worst off
- Don't know
- Refuse to answer

UNIVERSE: Skip for Mexican American Qualtrics oversample

Piense que esta escalera es una representación de la posición económica y educativa de las personas en Estados Unidos. En la parte superior de la escalera (escalón 10) están las personas que tienen más dinero y educación, y los trabajos más respetados. En la parte inferior de la escalera (escalón 1) están las personas que tienen menos dinero y educación, y los trabajos menos respetados o ningún trabajo.



¿Dónde cree que estaría usted en esta escalera? Elija el número del escalón que muestra dónde cree que se encuentra en este momento de su vida en relación con otras personas en Estados Unidos.

[SHOW RESPONSE OPTIONS FOR EACH ITEM AS RADIO BUTTON LIST]

- 10 - La mejor posición
- 9
- 8
- 7
- 6
- 5
- 4
- 3
- 2
- 1 - La peor posición
- No sabe
- Se negó a responder

| REGION | What state do you live in? | ¿En qué estado vive usted? |
|--|--|--|
| <p>REVISED 2019 (response format)</p> <p>REGION_USA REGION_USA_OTEXT</p> | <ol style="list-style-type: none"> 1. Alabama (AL) 2. Alaska (AK) 3. Arizona (AZ) 4. Arkansas (AR) 5. California (CA) 6. Colorado (CO) 7. Connecticut (CT) 8. Delaware (DE) 9. District of Columbia (DC) 10. Florida (FL) 11. Georgia (GA) 12. Hawaii (HI) 13. Idaho (ID) 14. Illinois (IL) 15. Indiana (IN) 16. Iowa (IA) 17. Kansas (KS) 18. Kentucky (KY) 19. Louisiana (LA) 20. Maine (ME) 21. Maryland (MD) 22. Massachusetts (MA) 23. Michigan (MI) 24. Minnesota (MN) 25. Mississippi (MS) 26. Missouri (MO) 27. Montana (MT) 28. Nebraska (NE) 29. Nevada (NV) 30. New Hampshire (NH) 31. New Jersey (NJ) 32. New Mexico (NM) 33. New York (NY) 34. North Carolina (NC) 35. North Dakota (ND) 36. Ohio (OH) 37. Oklahoma (OK) 38. Oregon (OR) 39. Pennsylvania (PA) 40. Rhode Island (RI) 41. South Carolina (SC) | <ol style="list-style-type: none"> 1. Alabama (AL) 2. Alaska (AK) 3. Arizona (AZ) 4. Arkansas (AR) 5. California (CA) 6. Colorado (CO) 7. Connecticut (CT) 8. Delaware (DE) 9. District of Columbia (DC) 10. Florida (FL) 11. Georgia (GA) 12. Hawaii (HI) 13. Idaho (ID) 14. Illinois (IL) 15. Indiana (IN) 16. Iowa (IA) 17. Kansas (KS) 18. Kentucky (KY) 19. Louisiana (LA) 20. Maine (ME) 21. Maryland (MD) 22. Massachusetts (MA) 23. Michigan (MI) 24. Minnesota (MN) 25. Mississippi (MS) 26. Missouri (MO) 27. Montana (MT) 28. Nebraska (NE) 29. Nevada (NV) 30. New Hampshire (NH) 31. New Jersey (NJ) 32. New Mexico (NM) 33. New York (NY) 34. North Carolina (NC) 35. North Dakota (ND) 36. Ohio (OH) 37. Oklahoma (OK) 38. Oregon (OR) 39. Pennsylvania (PA) 40. Rhode Island (RI) 41. South Carolina (SC) |

| | | |
|--|--|--|
| | <p>42. South Dakota (SD) 43. Tennessee (TN) 44. Texas (TX) 45. Utah (UT) 46. Vermont (VT) 47. Virginia (VA) 48. Washington (WA) 49. West Virginia (WV) 50. Wisconsin (WI) 51. Wyoming (WY) 52. Other (please specify): _____ -77 Don't know -88 Refuse to answer</p> | <p>42. South Dakota (SD) 43. Tennessee (TN) 44. Texas (TX) 45. Utah (UT) 46. Vermont (VT) 47. Virginia (VA) 48. Washington (WA) 49. West Virginia (WV) 50. Wisconsin (WI) 51. Wyoming (WY) 52. Otro (especificar): _____ -77 No sabe -88 Se negó a responder</p> |
| <p>POSTAL CODE</p> <p>COUNTRY SPECIFIC WORDING</p> <p>REVISED 2022 (zip code programming)</p> <p>POSTAL POSTAL_TEXT_USA</p> | <p>Please enter your zip code: <i>Zip codes help us to understand the food environment where you live. As a reminder, all information you provide will be kept strictly confidential and will never be shared.</i></p> <p>Enter: _____ [format: 5 numeric digits] Don't know Refuse to answer</p> | <p>Por favor introduzca su código postal: <i>Los códigos postales nos ayudan a comprender el entorno alimentario en el que vive. Como recordatorio, toda la información que proporcione se mantendrá estrictamente confidencial y nunca se compartirá.</i></p> <p>Introduzca: _____ [format: 5 numeric digits] No sabe Se negó a responder</p> |
| <p>SELF-REPORTED HEIGHT</p> <p>HT_UNIT HT_CM HT_FT HT_IN</p> | <p>It is helpful to know the height and weight of survey participants.</p> <p>How tall are you without shoes? Would you rather answer in: Feet and inches Centimeters Don't know Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p>UNIVERSE: ht_unit=feet and inches Enter feet: _____ ft [numeric, 2-7] AND Enter inches: _____ in [numeric, 0-11]</p> <p>UNIVERSE: ht_unit= centimetres Enter centimeters: _____ cm [numeric, 60-250]</p> | <p>Es útil saber la altura y el peso de los participantes de la encuesta.</p> <p>¿Cuánto mide sin zapatos? ¿Prefiere responder usando...? Pies y pulgadas Centímetros No sabe Se negó a responder</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p>UNIVERSE: ht_unit=feet and inches Escriba los pies: _____ pies [numeric, 2-7] Y Escriba las pulgadas: _____ pulgadas [numeric, 0-11]</p> <p>UNIVERSE: ht_unit= centimetres Escriba los centímetros: _____ cm [numeric, 60-250]</p> |

| | | |
|--|---|--|
| <p>SELF-REPORTED HEIGHT CONFIRMATION</p> <p>HT_FTIN_CONF HT_CM_CONF</p> | <p><i>UNIVERSE: ht_unit=feet and inches</i> You entered [X] feet and [X] inches. Is that correct? Yes No – I need to make a correction Don't know Refuse to answer</p> <p><i>UNIVERSE: ht_unit= centimetres</i> You entered [X] centimeters. Is that correct? Yes No – I need to make a correction Don't know Refuse to answer</p> | <p><i>UNIVERSE: ht_unit=feet and inches</i> Usted introdujo [X] pies y [X] pulgadas. ¿Es correcto? Sí No, necesito hacer una corrección No sabe Se negó a responder</p> <p><i>UNIVERSE: ht_unit= centimetres</i> Usted introdujo [X] centímetros. ¿Es correcto? Sí No, necesito hacer una corrección No sabe Se negó a responder</p> |
| <p>SELF-REPORTED HEIGHT CORRECTION</p> <p>HTC_UNIT HTC_FT HTC_IN HTC_CM</p> | <p><i>UNIVERSE: ht_ftin_conf, or ht_cm_conf= No – I need to make a correction</i> How tall are you without shoes? Would you rather answer in: Feet and inches Centimetres Don't know Refuse to answer</p> <p>[PROGRAMMER: show based on response to above]</p> <p><i>UNIVERSE: htc_unit=feet and inches</i> Enter feet: _____ ft [numeric, 2-7] AND Enter inches: _____ in [numeric, 0-11]</p> <p><i>UNIVERSE: htc_unit= centimetres</i> Enter centimetres: _____ cm [numeric, 60-250]</p> | <p><i>UNIVERSE: ht_ftin_conf, or ht_cm_conf= No – I need to make a correction</i> ¿Cuánto mide sin zapatos? ¿Prefiere responder usando...? Pies y pulgadas Centímetros No sabe Se negó a responder</p> <p>[PROGRAMMER: show based on response to above]</p> <p><i>UNIVERSE: htc_unit=feet and inches</i> Escriba los pies: _____ pies [numeric, 2-7] Y Escriba las pulgadas: _____ pulgadas [numeric, 0-11]</p> <p><i>UNIVERSE: htc_unit= centimetres</i> Escriba los centímetros: _____ cm [numeric, 60-250]</p> |
| <p>SELF-REPORTED WEIGHT</p> <p>WT_UNIT WT_LB WT_KG</p> | <p>How much do you weigh without clothes or shoes? Would you rather answer in: Pounds (lb) Kilograms (kg) Don't know Refuse to answer</p> <p>[PROGRAMMER: show based on response to above]</p> <p><i>UNIVERSE: wt_unit= pounds</i> Enter pounds: _____ lb [numeric]</p> <p><i>UNIVERSE: wt_unit=kilograms</i> Enter kilograms: _____ kg [numeric]</p> | <p>¿Cuánto pesa sin ropa ni zapatos? ¿Prefiere responder usando...? Libras (lb) Kilogramos (kg) No sabe Se negó a responder</p> <p>[PROGRAMMER: show based on response to above]</p> <p><i>UNIVERSE: wt_unit= pounds</i> Escriba las libras: _____ lb [numeric]</p> <p><i>UNIVERSE: wt_unit=kilograms</i> Escriba los kilogramos: _____ kg [numeric]</p> |

| | | |
|---|---|--|
| <p>SELF-REPORTED WEIGHT CONFIRMATION</p> <p>WT_LB_CONF WT_KG_CONF</p> | <p><i>UNIVERSE: wt_unit= pounds</i> You entered [X] pounds. Is that correct? Yes No – I need to make a correction Don't know Refuse to answer</p> <p><i>UNIVERSE: wt_unit=kilograms</i> You entered [X] kilograms. Is that correct? Yes No – I need to make a correction Don't know Refuse to answer</p> | <p><i>UNIVERSE: wt_unit= pounds</i> Usted introdujo [X] libras. ¿Es correcto? Sí No, necesito hacer una corrección No sabe Se negó a responder</p> <p><i>UNIVERSE: wt_unit=kilograms</i> Usted introdujo [X] kilogramos. ¿Es correcto? Sí No, necesito hacer una corrección No sabe Se negó a responder</p> |
| <p>SELF-REPORTED WEIGHT CORRECTION</p> <p>WTC_UNIT WTC_LB WTC_KG</p> | <p><i>UNIVERSE: wt_lb_conf, or wt_kg_conf= No – I need to make a correction</i> How much do you weigh without clothes or shoes? Would you rather answer in: Pounds (lb) Kilograms (kg) Don't know Refuse to answer</p> <p>[PROGRAMMER: show based on response to above]</p> <p><i>UNIVERSE: wtc_unit= pounds</i> Enter pounds: _____ lb [numeric]</p> <p><i>UNIVERSE: wtc_unit=kilograms</i> Enter kilograms: _____ kg [numeric]</p> | <p><i>UNIVERSE: wt_lb_conf, or wt_kg_conf= No – I need to make a correction</i> ¿Cuánto pesa sin ropa ni zapatos? ¿Prefiere responder usando...? Libras (lb) Kilogramos (kg) No sabe Se negó a responder</p> <p>[PROGRAMMER: show based on response to above]</p> <p><i>UNIVERSE: wtc_unit= pounds</i> Escriba las libras: _____ lb [numeric]</p> <p><i>UNIVERSE: wtc_unit=kilograms</i> Escriba los kilogramos: _____ kg [numeric]</p> |

US MAIN SAMPLE (NIELSEN PANELISTS) - DIETARY RECALL & FEEDBACK SCREEN

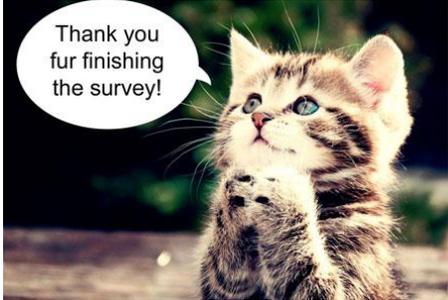
RESPONDENT WILL BE REDIRECTED TO ASA24-2022(USA).

| DOMAIN SOURCE | ENGLISH | SPANISH TRANSLATION |
|---|--|---|
| <p>KOALA</p> <p>NEW 2020</p> | <p><i>UNIVERSE: Australia, Canada, United Kingdom, United States main sample</i></p> <p>Getting tired of the survey? Don't give up, there's just one more section!</p>  | <p><i>UNIVERSE: Australia, Canada, United Kingdom, United States main sample</i></p> <p>¿Se está cansando de la encuesta? No se rinda, ¡solo hay una sección más!</p>  |
| <p>ASA24-REDIRECT</p> <p>NEW 2020</p> | <p><i>UNIVERSE: Australia, Canada, United Kingdom, United States main sample</i></p> <p>To complete the next section of the survey, click on the link below. The link will take you to a website run by the US National Institutes of Health which asks about the food you ate yesterday. Typically, this takes 15-30 minutes.</p> <p>After you have finished telling us about the food you ate, you will be redirected to this website for a few final study details.</p> <p>Click HERE to continue to the next section of the survey.</p> <p>**NOTE: Once you start the next section of the survey, you MUST complete it in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later.**</p> <p>[PROGRAMMING NOTE: REDIRECT RESPONDENT TO ASA24-2022 (USA).]</p> | <p><i>UNIVERSE: Australia, Canada, United Kingdom, United States main sample</i></p> <p>Para completar la siguiente sección de la encuesta, haga clic en el siguiente enlace. El enlace le llevará a un sitio web dirigido por US National Institutes of Health (Institutos Nacionales de Salud de EE.UU.) que le preguntará sobre los alimentos que comió ayer. Típicamente, esto toma de 15 a 30 minutos.</p> <p>Después de que haya terminado de contarnos sobre los alimentos que comió, la página se redirigirá a este sitio web para terminar algunos detalles finales del estudio.</p> <p>Haga clic AQUÍ para continuar con la siguiente sección de la encuesta.</p> <p>**NOTA: Una vez que comience la siguiente sección de la encuesta, DEBE terminarla en una sola sesión. Si cierra la sesión o deja la encuesta inactiva durante más de 30 minutos, NO podrá reiniciar ni continuar más tarde.**</p> <p>[PROGRAMMING NOTE: REDIRECT RESPONDENT TO ASA24-2022 (USA).]</p> |

| | | |
|--------------------------------------|---|---|
| WELCOME NEW 2020 | <i>UNIVERSE: Australia, Canada, United Kingdom, United States main sample</i> Welcome back! To record your progress, please click NEXT. | <i>UNIVERSE: Australia, Canada, United Kingdom, United States main sample</i> ¡Bienvenido de nuevo! Para registrar su avance, por favor haga clic en SIGUIENTE. |
| INCOMPLETE NEW 2020 | <i>UNIVERSE: Australia, Canada, United Kingdom, United States main sample</i> If ASAsatus=incomplete: It looks like you didn't finish the last section (i.e., entering your food information). Unfortunately, you are not eligible to continue the survey. The survey company will be notified that you did NOT finish the survey. Thank you for your time. You will now be redirected back to the survey company. | <i>UNIVERSE: Australia, Canada, United Kingdom, United States main sample</i> If ASAsatus=incomplete: Parece que no ha terminado la última sección (es decir, la introducción de la información de sus alimentos). Desafortunadamente no es elegible para seguir con la encuesta. Se notificará a la empresa de encuestas que usted NO ha terminado la encuesta. Gracias por tu tiempo. Ahora la página será redirigida de vuelta a la empresa de encuestas. |

| | | |
|---|--|--|
| <p>END SCREEN - NIELSEN</p> <p>REVISED 2019 REVISED 2021</p> | <p><i>UNIVERSE: If ASAstatus= complete (UNIVERSE: Australia, Canada, United Kingdom, United States main sample):</i></p> <p>You're finished—thank you!</p> <p>As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Board (REB #30829). If you have any comments or concerns resulting from your involvement please contact the Office of Research Ethics in Canada at 1-519-888-4567, ext. 36005 or reb@uwaterloo.ca, or Professor David Hammond from the University of Waterloo in Canada at 1-519-888-4567 ext. 46462 or dhammond@uwaterloo.ca, or Dr. James Thrasher, a local study researcher from the University of South Carolina in the United States at 1-803-777-4862 or thrasher@mailbox.sc.edu.</p> <p>Click NEXT to return to the survey company's website.</p> <p>Thanks again for your help.</p>  | <p><i>UNIVERSE: If ASAstatus= complete (UNIVERSE: Australia, Canada, United Kingdom, United States main sample):</i></p> <p>¡Ha terminado! ¡Gracias!</p> <p>Permítame recordarle que los aspectos éticos del presente estudio fueron revisados y autorizados por el Comité de Ética de la Investigación de la Universidad de Waterloo (REB #30829). Si tiene comentarios o preguntas resultantes de su participación en el proyecto, favor de comunicarse con la Oficina de Ética de la Investigación, al teléfono en Canadá 1-519-888-4567, ext. 36005 o al correo electrónico reb@uwaterloo.ca o con el Profesor David Hammond de la Universidad de Waterloo, al teléfono en Canadá 1-519-888-4567 ext. 46462 o al correo electrónico dhammond@uwaterloo.ca, o bien con el Dr. James Thrasher, investigador local de la Universidad de Carolina del Sur en los Estados Unidos, al teléfono 1-803-777-4862 ó por email a thrasher@mailbox.sc.edu.</p> <p>Haga clic en "SIGUIENTE" para regresar al sitio web de la empresa de encuestas.</p> <p>Una vez más, gracias por su ayuda.</p>  |
| <p>REDIRECT TO NIELSEN</p> | <p><i>UNIVERSE: US Main Sample (Nielsen)</i></p> <p>You will now be redirected back to the survey company.</p> | <p><i>UNIVERSE: US Main Sample (Nielsen)</i></p> <p>Ahora usted se dirige a la empresa de encuestas.</p> |

MEXICAN AMERICAN OVERSAMPLE - QUALTRICS SAMPLE - FEEDBACK SCREEN

| | | |
|---|--|--|
| <p>END SCREEN - QUALTRICS</p> <p>REVISED 2021</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i></p> <p>You're finished—thank you!</p> <p>As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Board (REB # 30829) and through the University of South Carolina Institutional Review Board. If you have any comments or concerns resulting from your involvement please contact the University of Waterloo Office of Research Ethics in Canada at 1-519-888-4567, ext. 36005 or reb@uwaterloo.ca, or Professor David Hammond from the University of Waterloo in Canada at 1-519-888-4567 ext. 46462 or dhammond@uwaterloo.ca, or Dr. James Thrasher from the University of South Carolina in the United States at 1-803-777-4862 or thrasher@mailbox.sc.edu.</p> <p>Click NEXT to return to the survey company's website.</p> <p>Thanks again for your help.</p>  | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i></p> <p>¡Ha terminado! ¡Gracias!</p> <p>Permítame recordarle que los aspectos éticos del presente estudio fueron revisados y autorizados por el Comité de Ética de la Investigación de la Universidad de Waterloo (REB #30829) y de la Universidad de Carolina del Sur. Si tiene comentarios o preguntas resultantes de su participación en el proyecto, favor de comunicarse con la Oficina de Ética de la Investigación de la Universidad de Waterloo, al teléfono en Canadá 1-519-888-4567, ext. 36005 o al correo electrónico reb@uwaterloo.ca o con el Profesor David Hammond de la Universidad de Waterloo, al teléfono en Canadá 1-519-888-4567 ext. 46462 o al correo electrónico dhammond@uwaterloo.ca, o bien con el Dr. James Thrasher de la Universidad de Carolina del Sur en los Estados Unidos, al teléfono 1-803-777-4862 o por email a thrasher@mailbox.sc.edu.</p> <p>Haga clic en "SIGUIENTE" para regresar al sitio web de la empresa de encuestas.</p> <p>Una vez más, gracias por su ayuda.</p>  |
| <p>REDIRECT TO QUALTRICS</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i></p> <p>You will now be redirected back to the survey company.</p> | <p><i>UNIVERSE: US Mexican American Qualtrics oversample</i></p> <p>Ahora usted se redirige a la empresa de encuestas.</p> |