



# TECHNICAL REPORT

2019 YOUTH SURVEY

DECEMBER 20, 2021



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## FUNDING AND POLICY ON INDUSTRY SUPPORT

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## METHODS

The primary objective of the International Food Policy Study (IFPS) is to evaluate the impact of national-level food policies. The IFPS project consists of repeat cross-sectional surveys conducted annually with adults and youth to examine dietary patterns and policy-relevant behaviours across countries. Adult surveys are conducted in five countries (Australia, Canada, Mexico, the United Kingdom (UK), and the United States (US)), whereas youth surveys are conducted in six countries (Australia, Canada, Chile, Mexico, the UK, and the US). The study provides a quasi-experimental design for evaluating federal-level policies by providing both 'within' and 'between-country' measures over time. The current report describes methodology for the IFPS Youth Surveys; Technical Reports for the IFPS Adult Surveys are available on the project website ([www.foodpolicystudy.com/methods](http://www.foodpolicystudy.com/methods)).

## SAMPLE & RECRUITMENT

The first wave of the IFPS youth survey was conducted in November-December 2019. Online surveys were conducted with youth in 2019 with a total of 11,108 respondents from six countries: Australia (n=1,435), Canada (n=3,682), Chile (n=1,252) Mexico (n=1,616), the UK (n=1,520), and the US (n=1,603).

The sample was recruited through parents/guardians enrolled in the Nielsen Consumer Insights Global Panel, which maintains and/or has partner panels in each country. The panels are recruited using both probability and non-probability sampling methods. The Nielsen panel provides standardized recruitment sampling across countries. For the current study, Nielsen contacted adults from the online panels in each country, using email invitations with unique survey access links. Adult panelists were screened to identify whether they had any children aged 10 to 17 living in their household. Parents/guardians with a potentially eligible child were provided information about the study, and asked for permission for their child to participate. Only one child per household was invited to participate. The child was subsequently screened directly to confirm eligibility based on age and sex. Children aged 10 to 17 years were eligible to participate, with quotas for age and sex groups in the UK and US. Eligible children were provided with information about the study and were asked to provide assent before beginning the survey.

In the UK and US, quotas for age and sex were applied to facilitate recruitment of a diverse sample for males and females in two youth age groups: 10-13 and 14-17 years of age. These quotas were not applied in other countries due to more limited panel sizes. Sample targets were used to recruit English- and French- speaking respondents in Canada proportional to the population distribution. Sample targets were also used to recruit Spanish-speaking respondents in the US; this was considered a target rather than a strictly enforced quota because the US panel had limited sample with Spanish language preferences.

The child's parent/guardian (adult panelist) received remuneration in accordance with their panel's usual incentive structure, which includes points-based or monetary rewards that can be redeemed for e-gift cards, catalog items, cash, donations and/or chances to win monthly prizes. These incentives have been shown to increase response rates and decrease response bias in sub-groups under-represented in surveys, including disadvantaged subgroups.<sup>1,2,3</sup> Remuneration was provided to the parents/guardians, rather than the children because the children did not have their own panelist accounts, and Nielsen and their partner panels did not have contact information for the children.

All data collection was conducted online, which provides several advantages, including the use of product images to assess beverage consumption and in experimental tasks, and the use of ‘skip patterns’ and questionnaire routing to account for differential patterns of use. Online surveys can also reduce social desirability bias, compared to in-person and phone surveys, by providing greater anonymity for sensitive topics such as weight bias and stigma.<sup>4,5</sup>

Online survey methods are well-established, and are emerging as the preferred mode for population-based surveys given declining response rates from random digit dialled (RDD) phone surveys.<sup>6,7,8,9</sup> Until recently, online surveys were constrained by limited internet penetration. However, internet penetration now exceeds “landlines”, even among lower socioeconomic groups: in Australia, Canada, the UK and the US, internet usage in the population approximates 90% or more.<sup>10,11,12,13</sup> Internet penetration is lower in Mexico, but still widespread with approximately 70% of Mexicans using the internet.<sup>14</sup>

Respondents were permitted to complete the survey on desktop or laptop computers, or mobile devices including smartphones or tablets. Some survey measures rendered differently on devices with smaller screen sizes such as smartphones. Measures involving scales from 0 to 10 displayed the scale horizontally on desktops and laptops, and vertically on smartphones and tablets. Overall, just over half (53.6%) of respondents completed the survey on a smartphone (Mexico=46.3%; Canada=47.2%; Australia=47.5%; Chile=56.8%; UK=63.2%; and US=69.4%).

## PARTICIPATION RATES

Table 1 indicates the number of youth survey invitations sent in each country. The youth survey was ‘closed’ when target quotas were met.

**TABLE 1: Dispositions of potential respondents for the IFPS Youth Survey, by country, 2019**

Disposition	Total		Australia		Canada		Chile		Mexico		United Kingdom		United States	
	n	%	n	%	n	%	n	%	n	%	n	%	n	%
Invitations sent	750,034		162,041		411,300		70,748		54,685		34,664		16,596	
Did not access survey	735,265	98.0	160,279	98.9	406,331	98.8	68,796	97.2	52,579	96.1	32,743	94.5	14,537	87.6
Total accessed survey	14,769	2.0	1,762	1.1	4,969	1.2	1,952	2.8	2,106	3.9	1,921	5.5	2,059	12.4
Accessed survey link, unknown eligibility <sup>a</sup>	1,527	0.2	142	0.1	624	0.2	327	0.5	191	0.3	137	0.4	106	0.6
Ineligible <sup>b</sup>	280	0.0	22	0.0	87	0.0	49	0.1	48	0.1	26	0.1	48	0.3
Eligible, no consent	148	0.0	18	0.0	37	0.0	24	0.0	16	0.0	23	0.1	30	0.2
Eligible, partial <sup>c</sup>	1,323	0.2	115	0.1	396	0.1	284	0.4	205	0.4	132	0.4	191	1.2
Completes	11,491	1.5	1,465	0.9	3,825	0.9	1,268	1.8	1,646	3.0	1,603	4.6	1,684	10.1
Excluded, data quality <sup>d</sup>	383	0.0	30	0.0	143	0.0	16	0.0	30	0.1	83	0.2	81	0.5
Complete, retained	11,108	1.5	1,435	0.9	3,682	0.9	1,252	1.8	1,616	3.0	1,520	4.4	1,603	9.7

<sup>a</sup> Parent/guardian did not provide consent, or respondent closed the survey link before the age question (in all countries) and sex screening question (in the US and UK) were completed and eligibility determined

<sup>b</sup> Respondent screened ineligible due to ineligible age (<10 or >17)

<sup>c</sup> Respondent quit the survey before finishing

<sup>d</sup> Respondent failed to state their region or stated their region as in another country or an ineligible region (i.e., a territory in Canada), and/or failed to answer or incorrectly answered the data quality check question, “Which of these foods is a fruit?”, and/or completed the survey in less than 10 minutes, indicating “speeding” and presumably lack of attention.

For commercial panels that include non-probability based sample, the American Association for Public Opinion Research (AAPOR) recommends reporting the ‘participation rate’, also referred to a ‘completion rate’. The participation rate is defined as “the number of respondents who have provided a usable response divided by the total number of initial personal invitations requesting participation”.<sup>15</sup> Participation rates are largely a product of sample management and the amount of sample that is ‘released’ prior to reaching target quotas.

Participation rates for eligible participants were calculated for the current study as follows:

$$\text{Participation Rate} = \text{Completes} / \text{Total Eligible Invites}$$

$$\text{Total Eligible Invites} = \text{Unknown Eligible} - [\text{Unknown Eligible} * (\text{Ineligible} / (\text{Known Eligible} + \text{Unknown Eligible} + \text{Ineligible}))] + \text{Eligible, no consent} + \text{Completes}$$

$$\text{Unknown Eligible} = \text{Did not access survey} + \text{Accessed survey, unknown eligibility}$$

The total participation rate was 1.5%. As shown in Table 1, 750,034 invitations were sent to panelists; 14,769 potential respondents (2.0%) accessed the survey link; and 11,108 respondents (1.5%) completed the IFPS survey and were retained in the sample.

The cooperation rate represents “the proportion of all cases interviewed of all eligible units ever contacted”.<sup>15</sup> Across all countries, the cooperation rate was 76.8%, which was calculated based on AAPOR Cooperation Rate #2, as the percentage of respondents who completed the survey (11,108) of those eligible who accessed the survey link (14,457).

## **SURVEY CONTENT AND DEVELOPMENT**

The study assessed five primary policy domains: school nutrition environments, sugary drink policies, food packaging and labelling, food marketing, and food guide/dietary recommendations. The study has a particular focus on consumer perceptions and behaviours, including dietary patterns, beverage intake, sources of food purchases, food preparation, weight loss behaviour, weight perceptions, sugary drink perceptions, nutrition knowledge, and food security.

Where possible, questionnaire items were drawn or adapted from national surveys and the adult IFPS survey or selected based on previous research. Several new measures were also developed by the research team. Cognitive interviewing was previously conducted with 50 young adults aged 16-30 years in Canada to evaluate the adult version of the beverage frequency measures.<sup>16,17</sup> Cognitive interviewing was also conducted with 8 children aged 10-13 years in Canada to evaluate and improve several new items in the youth survey, including measures on food sources, beverage intake, food security, and food marketing.

Surveys were conducted in English in Australia and the UK; Spanish in Mexico and Chile; English or French in Canada; and English or Spanish in the US (based on the panelist’s known language preference). The youth questionnaire was professionally translated into French survey by Sirois French Translation Services (Montreal, Canada), and into Spanish by Communications Parisella, etc. Inc (Montreal, Canada). Some measures were incorporated from the adult IFPS survey which was previously translated into French by Communications Parisella, etc. Inc, and Spanish by Benton & Associates (Mexico City, Mexico). Translations were reviewed by bilingual research team members who were native in each language and content experts, confirming nutrition-related terminology and adapting country-specific content where necessary, while aiming to maximize comparability across countries. Surveys were adapted for country-specific terminology (e.g., “soda or pop” in

Canada vs. “fizzy drinks” in the UK). Survey teams in each country also reviewed beverage and food lists and images to ensure that the measures were representative of the products available in each market.

The median youth survey completion time across countries was 24 minutes (see Table 2 for time, by country).

**TABLE 2: Median youth survey time, by country, 2019**

Country	Median survey time minutes
Australia	24
Canada – overall	23
Canada – English	23
Canada – French	24
Chile	28
Mexico	28
United Kingdom	19
United States - overall	22
United States – English	22
United States – Spanish	24
OVERALL	24

## DATA INTEGRITY

As a data integrity check, approximate two-thirds through the survey, respondents were asked “Which of these foods is a fruit”, with a list of five food items (bread, carrot, egg, apple, or milk). Respondents who failed to select the correct answer (apple) were excluded from the analytic sample.

Respondents who completed the survey in less than 10 minutes were considered “speeders”. The median survey completion time was substantially longer at 24 minutes, thus those who completed in less than 10 minutes would have presumably lacked attention when responding to the survey questions, and consequently were excluded from the analytic sample.

## ETHICS CLEARANCE

The study was reviewed by and received ethics clearance through a University of Waterloo Research Ethics Committee (ORE # 41477).

## SURVEY WEIGHTS

Post-stratification sample weights were constructed for each country separately based on known population totals by age, sex, region, and ethnicity (except in Canada). Respondents were classified into sex-by-age-by-region groups, and ethnicity-by-region groups (except in Canada). Correspondingly grouped population count and proportion estimates (sex, age, region populations) from each country were obtained.<sup>18,19,20,21,22,23</sup>

Population data on ethnicity from each country were also obtained.<sup>20,23,24,25,26,27,28</sup> Separately by country, a raking algorithm was applied to compute weights that are calibrated to these groupings. The SAS macro “RAKE\_AND\_TRIM\_G4\_V5” was used, with trimming to 5 (rescaled) if necessary.<sup>29,30</sup> Finally, the weights were rescaled to sum to the sample size in each country. Note: as described on page 9, the original approach to weighting ethnicity in the United States was enhanced in October 2021, with revised weights constructed retroactively for the 2019 data; any new papers using the 2019 US data should use these revised weights.



The tables below indicate the age, sex at birth, region, and ethnicity categories used for weighting by country.

## AUSTRALIA

Age groups	Sex at birth	Regions	Ethnicity
1) 10-13 years	1) Male	1) New South Wales	1) Speak language other than English in the home
2) 14-17 years	2) Female	2) Victoria	
		3) Queensland	
		4) Western Australia	2) Speak English only in the home
		5) South Australia	
		6) Tasmania/Australian Capital Territory/ Northern Territory	

Note: Respondents from Tasmania, Australian Capital Territory and Northern Territory were collapsed into one category due to small sample sizes. This means that the Australian data are adjusted to the age, sex and ethnicity of the five larger states but not to Tasmania, Australian Capital Territory, nor Northern Territory individually.

The survey weights for Australia ranged from 0.46 to 3.08.

## CANADA

Age groups	Sex at birth	Regions
1) 10-11 years	1) Male	1) Atlantic Provinces
2) 12-13 years	2) Female	2) Quebec
3) 14-15 years		3) Ontario
4) 16-17 years		4) Prairie Provinces
		5) British Columbia

Note: Canada had a sample size that was more than double that of the other countries which allowed for a finer age breakdown. Ethnicity was not incorporated in the development of weights for Canada due to inconsistent collection methods/response options used in national surveys/census.

The survey weights in Canada ranged from 0.57 to 1.68.

## CHILE

Age groups	Sex at birth	Regions	Ethnicity
1) 10-13 years	1) Male	1) North region	1) Indigenous
2) 14-17 years	2) Female	2) Centre region	2) Not Indigenous
		3) South region	
		4) Santiago region	

The survey weights for Chile ranged from 0.66 to 2.50.

## MEXICO

Age groups	Sex at birth	Regions	Ethnicity
1) 10-14 years	1) Male	1) North region	1) Indigenous
2) 15-17 years	2) Female	2) South region	2) Not Indigenous
		3) Centre region	
		4) Mexico City region	

Note: The Mexico population data used to create the weights was provided in 5-year age group segments with 10-14 years being one of the groups, so the age groups used for weights were adjusted from 10-13 years (used in other countries) to 10-14 years to align with the data.

The survey weights for Mexico ranged from 0.13 to 3.44.



## UNITED KINGDOM

Age groups	Sex at birth	Regions	Ethnicity
1) 10-13 years	1) Male	1) North East	1) White alone
2) 14-17 years	2) Female	2) North West	2) Other
		3) Yorkshire and the Humber	
		4) East Midlands	
		5) West Midlands	
		6) East of England	
		7) London	
		8) South East	
		9) South West	
		10) Scotland	
		11) Wales	
		12) Northern Ireland	

Note: North East, South West, Scotland, Wales, and Northern Ireland were collapsed together and East Midlands and East of England were collapsed together for the ethnicity-by-region groups due to low numbers in the 'Other' ethnicity cells.

The survey weights for the UK ranged from 0.48 to 3.88.

## UNITED STATES

Age groups	Sex at birth	Regions	Ethnicity
1) 10-13 years	1) Male	1) New England	1) White alone and not Hispanic
2) 14-17 years	2) Female	2) Middle Atlantic	2) Other
		3) East North Central	
		4) West North Central	
		5) South Atlantic	
		6) East South Central	
		7) West South Central	
		8) Mountain	
		9) Pacific	

The survey weights for the US ranged from 0.45 to 3.33.

In October 2021, revised US weights were constructed retroactively for the 2019 dataset, and should be used in any new papers. Papers completed before 2022 using data from the 2019 youth survey wave employed weights for US respondents where ethnicity was coded as 'White alone' (regardless of Hispanic status) or 'Other'. When calculating the revised weights, ethnicity was categorized as 'White alone and not Hispanic' or 'Other' to better align with census estimates. Any new papers using the 2019 US data should use these revised weights.

## SAMPLE CHARACTERISTICS

The demographic characteristics of the youth sample, by country, are shown in Table 3.

**TABLE 3: Sample Demographics, by country, IFPS Youth Survey, 2019** n=11,108

Disposition	Australia n=1,435		Canada n=3,682		Chile n=1,252		Mexico n=1,616		United Kingdom n=1,520		United States n=1,603	
	Unweighted % (n)	Weighted % (n)	Unweighted % (n)	Unweighted % (n)	Unweighted % (n)	Weighted % (n)	Unweighted % (n)	Unweighted % (n)	Unweighted % (n)	Weighted % (n)	Unweighted % (n)	Weighted % (n)
<b>Sex</b>												
Male	54.9% (788)	51.4% (737)	52.2% (1,922)	51.0% (1,876)	53.1% (665)	51.1% (640)	56.4% (911)	50.4% (815)	49.3% (750)	51.3% (779)	49.3% (791)	51.0% (818)
Female	45.1% (647)	48.6% (698)	47.8% (1,760)	49.0% (1,806)	46.9% (587)	48.9% (612)	43.6% (705)	49.6% (801)	50.7% (770)	48.7% (741)	50.7% (812)	49.0% (785)
<b>Age</b>												
(mean; SD)	13.3 years (SD=2.23)	13.4 years (SD=2.23)	13.5 years (SD=2.26)	13.5 years (SD=2.30)	13.3 years (SD=2.27)	13.5 years (SD=2.29)	13.4 years (SD=2.21)	13.5 years (SD=2.24)	13.4 years (SD=2.18)	13.4 years (SD=2.18)	13.4 years (SD=2.23)	13.5 years (SD=2.23)
<b>Ethnicity</b>												
Majority	83.0% (1,191)	76.1% (1,092)	74.4% (2,740)	72.8% (2,680)	86.0% (1,077)	83.2% (1,042)	83.5% (1,349)	75.4% (1,218)	88.8% (1,350)	82.1% (1,248)	65.4% (1,049)	51.5% (825)
Minority	16.4% (236)	23.3% (335)	23.7% (871)	25.3% (931)	11.3% (141)	14.4% (181)	13.5% (218)	21.2% (342)	10.3% (157)	17.1% (260)	34.2% (548)	48.0% (770)
Not stated	0.6% (8)	0.6% (8)	1.9% (71)	1.9% (71)	2.7% (34)	2.4% (30)	3.0% (49)	3.4% (56)	0.9% (13)	0.8% (12)	0.4% (6)	0.5% (8)
<b>BMI</b>												
Severe thinness or thinness	2.7% (39)	2.8% (40)	4.1% (150)	4.2% (156)	1.0% (13)	0.9% (11)	1.7% (28)	1.6% (26)	2.5% (38)	2.4% (36)	2.9% (46)	2.8% (45)
Normal	37.2% (534)	39.1% (561)	49.3% (1,816)	49.7% (1,832)	39.9% (500)	41.0% (514)	43.0% (695)	44.4% (718)	34.1% (519)	34.1% (518)	45.1% (723)	45.0% (721)
Overweight	15.8% (227)	14.9% (214)	15.4% (567)	15.3% (562)	19.8% (248)	19.9% (249)	22.7% (367)	22.1% (358)	11.1% (168)	11.5% (175)	20.8% (333)	20.5% (329)
Obesity	9.4% (135)	9.3% (133)	8.6% (315)	8.5% (313)	9.1% (114)	8.9% (112)	10.8% (174)	9.3% (151)	7.7% (117)	7.5% (114)	15.9% (255)	16.1% (258)
Missing – not stated	32.6% (468)	31.6% (454)	20.6% (759)	20.3% (746)	25.4% (318)	24.6% (308)	16.8% (271)	17.5% (284)	42.6% (648)	42.4% (645)	13.0% (208)	13.3% (213)
Missing – extreme values	2.2% (32)	2.3% (32)	2.0% (75)	2.0% (74)	4.7% (59)	4.7% (59)	5.0% (81)	5.0% (80)	2.0% (30)	2.1% (32)	2.4% (38)	2.3% (37)
<b>Perceived Income Adequacy</b>												
Not enough money	5.2% (75)	5.1% (73)	2.9% (108)	3.0% (109)	5.4% (68)	5.8% (73)	3.2% (52)	3.4% (55)	5.0% (76)	4.7% (72)	5.1% (81)	5.1% (81)
Barely enough money	20.1% (289)	19.6% (282)	14.3% (527)	14.4% (531)	24.4% (306)	24.8% (310)	24.3% (393)	25.0% (404)	22.5% (342)	22.1% (336)	24.5% (393)	24.7% (395)
Enough money	61.8% (887)	61.8% (887)	61.3% (2,258)	60.9% (2,243)	64.6% (809)	64.3% (804)	65.6% (1,060)	65.6% (1,060)	61.3% (932)	61.1% (929)	54.0% (866)	54.1% (868)
More than enough money	11.9% (171)	12.5% (180)	20.2% (742)	20.3% (748)	4.6% (57)	4.2% (53)	6.2% (100)	5.5% (89)	9.9% (151)	10.8% (163)	15.7% (252)	15.4% (247)
Not stated	0.9% (13)	0.9% (13)	1.3% (47)	1.4% (50)	1.0% (12)	0.9% (12)	0.7% (11)	0.5% (8)	1.3% (19)	1.3% (20)	0.7% (11)	0.7% (12)

## COMPARISONS WITH NATIONAL BENCHMARK SURVEYS

### Australia

Table 4 compares weighted estimates of ethnicity and BMI from the 2019 IFPS Youth Survey with Australian estimates from the Australian Census of Population and Housing conducted in August 2016 and the National Health Survey collected in 2017-2018.

**TABLE 4: Prevalence estimates for ethnicity and BMI in Australia**

<b>Table 4a. Ethnicity</b>	<b>Census of Population and Housing 2016, ages 10-17<sup>a, b</sup></b>	<b>IFPS Youth 2019, ages 10-17 (n=1,435)</b>
	<b>%</b>	<b>Weighted %</b>
Only speaks English at home	78.7	82.2
Speaks a language besides English at home	16.5	17.2
Not stated	4.9	0.6

<sup>a</sup> Australian Bureau of Statistics. Census of Population and Housing, 2016, Table Builder – Cultural Diversity (LANP and ENGLP). 2018. Accessed April 15, 2019. Available from: <https://guest.censusdata.abs.gov.au/webapi/jsf/tableView/tableView.xhtml#>

<sup>b</sup> Excludes respondents from 'Other Territories'.

<b>Table 4b. BMI</b>	<b>National Health Survey, age 5-17, 2017-2018, directly measured<sup>b</sup></b>	<b>IFPS Youth 2019, ages 10-17, self-reported</b>
	<b>%</b>	<b>Weighted %</b>
Overweight or obese	24.9 <sup>c</sup>	36.6 of those with valid BMI (n=948)
	--	24.2 of the entire sample, including those with missing/not stated BMI (n=1,435)

<sup>b</sup> Australian Bureau of Statistics. National Health Survey: First Results, 2017-2018 - Australia. Available at: <https://www.abs.gov.au/statistics/health/health-conditions-and-risks/national-health-survey-first-results/2017-18>. Source data obtained from 2017-2018 National Health Survey.

<sup>c</sup> A total of 43.9% of respondents aged 2-17 did not have their height, weight or both measured. For these respondents, imputation was used to obtain height, weight and BMI scores.

## Canada

Table 5 compares weighted estimates of ethnicity and BMI from the 2019 IFPS Youth Survey with Canadian estimates from the Canadian Community Health Survey (CCHS) conducted in 2008, 2015 and 2019.

**TABLE 5: Prevalence estimates for ethnicity and BMI in Canada**

<b>Table 5a. Ethnicity</b>	<b>CCHS 2015, age 12+<sup>a</sup></b>	<b>IFPS Youth 2019, ages 10-17 (n=3,682)</b>
	<b>%</b>	<b>Weighted %</b>
White only	77.0	72.8
Chinese only <sup>b</sup>	3.3	7.4
South Asian only	3.4	4.2
Black only	2.0	2.6
Indigenous inclusive <sup>c</sup>	4.7	4.1
Mixed/other/not stated/missing	9.6	8.9

<sup>a</sup> Statistics Canada. 2015 Canadian Community Health Survey (CCHS): Ethnic origin, 2015.

<sup>b</sup> IFPS estimate includes 'East/Southeast Asian (Chinese, Korean, Japanese, Taiwanese descent; Filipino, Vietnamese, Cambodian, Thai, Indonesian, other Southeast Asian descent)'.  
<sup>c</sup> IFPS estimate includes respondents who selected 'Indigenous (First Nations, Metis, Inuit descent)' alone, or in combination with other race categories.

<b>Table 5b. BMI</b>	<b>CCHS 2008, age 12-17, directly measured<sup>d</sup></b>	<b>CCHS 2019, age 12-17 adjusted self-report<sup>e</sup></b>	<b>IFPS Youth 2019, ages 10-17, self-reported</b>
	<b>%</b>	<b>%</b>	<b>Weighted %</b>
Overweight or obese	28.8	24.5 <sup>f</sup>	30.5 of those with valid BMI (n=2,862)
	--	--	23.7 of the entire sample, including those with missing/not stated BMI (n=3,682)

<sup>d</sup> Statistics Canada. Table 13-10-0455-01 Measured youth body mass index (BMI). DOI: <https://doi.org/10.25318/1310045501-eng>. Available at: <https://www150.statcan.gc.ca/t1/tbl1/en/cv.action?pid=1310045501>

<sup>e</sup> Statistics Canada. Table 13-10-0096-21 Body mass index, overweight or obese, self reported, youth (12 to 17 years old). DOI: <https://doi.org/10.25318/1310009601-eng>. Available at: <https://www150.statcan.gc.ca/t1/tbl1/en/tv.action?pid=1310009621>

<sup>f</sup> Non-responses were removed from the CCHS self-reported calculation. CCHS estimates were calculated excluding non-response categories ("refusal", "don't know", and "not stated") in the denominator.

## Chile

Table 6 compares weighted estimates of ethnicity and BMI from the 2019 IFPS Youth Survey with Chilean estimates from the census conducted in 2017, and the Mapa Nutricional Junaeb conducted in 2019.

**TABLE 6: Prevalence estimates for ethnicity and BMI in Chile**

<b>Table 6a. Ethnicity</b>	<b>Censos 2017, ages 10-17<sup>a</sup></b>	<b>IFPS Youth 2019, ages 10-17 (n=1,252)</b>
	<b>%</b>	<b>Weighted %</b>
Indigenous	14.3	14.4
Not indigenous/not stated	85.7	85.6

<sup>a</sup> Instituto Nacional de Estadísticas. Censo de Población y Vivienda, 2017. Available at: <https://www.ine.cl/estadisticas/sociales/censos-de-poblacion-y-vivienda/poblacion-y-vivienda>.

<b>Table 6b. BMI</b>	<b>JUNAEB 2019, ages 14-15, directly measured<sup>b</sup></b>	<b>IFPS Youth 2019, ages 10-17, self-reported</b>
	<b>%</b>	<b>Weighted %</b>
Overweight or obese	47.6	40.7 of those with valid BMI (n=886) 28.8 of the entire sample, including those with missing/not stated BMI (n=1,252)

<sup>b</sup> JUNAEB. Mapa Nutricional 2019. Available at: <https://www.junaeb.cl/wp-content/uploads/2013/03/Mapa-Nutricional-2019-1.pdf>. Source data obtained from Encuesta de Vulnerabilidad Junaeb.

## Mexico

Table 7 compares weighted estimates of ethnicity and BMI from the 2019 IFPS Youth Survey with Mexican estimates from the Encuesta Intercensal conducted in 2015, and ENSANUT collected in 2018-2019.

**TABLE 7: Prevalence estimates for ethnicity and BMI in Mexico**

<b>Table 7a. Ethnicity</b>	<b>Encuesta Intercensal 2015, all ages<sup>a</sup></b>	<b>IFPS Youth 2019, ages 10-17 (n=1,616)</b>
	<b>%</b>	<b>Weighted %</b>
Indigenous	21.5	24.6
Not indigenous/not stated	78.5	75.4

<sup>a</sup> National Institute of Statistics, Geography and Data Processing. Encuesta Intercensal: Principales resultados, 2015. Available at: [http://internet.contenidos.inegi.org.mx/contenidos/productos/prod\\_serv/contenidos/espanol/bvinegi/productos/nueva\\_estruc/promo/eic\\_2015\\_presentacion.pdf](http://internet.contenidos.inegi.org.mx/contenidos/productos/prod_serv/contenidos/espanol/bvinegi/productos/nueva_estruc/promo/eic_2015_presentacion.pdf).

<b>Table 7b. BMI</b>	<b>ENSANUT 2018-19, ages 12-19, directly measured<sup>b</sup></b>	<b>IFPS Youth 2019, ages 10-17, self-reported</b>
	<b>%</b>	<b>Weighted %</b>
Overweight or obese	38.4	40.6 of those with valid BMI (n=1,252)
	--	31.5 of the entire sample, including those with missing/not stated BMI (n=1,616)

<sup>b</sup> Instituto Nacional de Salud Pública. Encuesta Nacional de Salud y Nutrición 2018-19: Resultados Nacionales. Cuernavaca, México: Instituto Nacional de Salud Pública, 2020. Available at: [https://ensanut.insp.mx/encuestas/ensanut2018/doctos/informes/ensanut\\_2018\\_informe\\_final.pdf](https://ensanut.insp.mx/encuestas/ensanut2018/doctos/informes/ensanut_2018_informe_final.pdf).

## United Kingdom

Table 8 compares weighted estimates of ethnicity and BMI from the 2019 IFPS Youth Survey with British estimates from the UK Census, Scotland Census and Northern Ireland Census each collected in 2011, as well as the Health Survey for England in 2017/2018.

**TABLE 8: Prevalence estimates for ethnicity and BMI in the United Kingdom**

<b>Table 8a. Ethnicity</b>	<b>UK Census 2011, ages 10-17<sup>a,b,c</sup></b>	<b>IFPS Youth 2019, ages 10-17 (n=1,520)</b>
	<b>%</b>	<b>Weighted %</b>
White (including Gypsy/Traveller/Irish Traveller)	83.3	82.1
Mixed/Multiple Ethnic Groups	3.7	7.0
Asian/Asian British	8.0	6.4
Black/African/Caribbean/Black British	4.0	3.2
Other Ethnic Group	1.0	0.5
Not stated	--	0.8

<sup>a</sup> Office for National Statistics. Census 2011: CT0702 – Age (SYOA) by sex by ethnic group. Accessed April 29, 2019. Available from: <https://www.ons.gov.uk/peoplepopulationandcommunity/culturalidentity/ethnicity/adhocs/007585ct07022011censusagesyoabysexbyethnicgroupnation>

<sup>b</sup> National Records of Scotland. Scotland's Census 2011: DC2101SC – Ethnic group by sex by age. Accessed April 29, 2019. Available from: <https://www.scotlandscensus.gov.uk/ods-web/standard-outputs.html>

<sup>c</sup> Northern Ireland Statistics and Research Agency. Census 2011: DC2101NI – Ethnic group by age by sex. Accessed April 29, 2019. Available from: <https://www.ninis2.nisra.gov.uk/public/Theme.aspx?themeNumber=136&themeName=Census+2011>

<b>Table 8b. BMI</b>	<b>Health Survey for England 2017/18, ages 11-12, directly measured<sup>d</sup></b>	<b>Health Survey for England 2017/18, ages 13-15, directly measured<sup>d</sup></b>	<b>IFPS Youth 2019, ages 10-17, self-reported</b>
	<b>%</b>	<b>%</b>	<b>Weighted %</b>
Overweight or obese	33.1	36.5	34.3 of those with valid BMI (n=843)
	--	--	19.0 of the entire sample, including those with missing/ not stated BMI (n=1,520)

<sup>d</sup> NHS Digital. Health Survey for England, 2018: Adult and child overweight and obesity. Table 17: Children's overweight and obesity prevalence, by age and sex. Available at: <http://digital.nhs.uk/pubs/hse2018>. Source data obtained from the Health Survey for England 2017 and 2018.



## United States

Table 9 compares weighted estimates of ethnicity and BMI from the 2019 IFPS Youth Survey with American estimates from the United States Census conducted in 2018 and the Youth Risk Behavior Survey collected in 2019.

**TABLE 9: Prevalence estimates for ethnicity and BMI in the United States**

<b>Table 9a. Ethnicity</b>	<b>US Census 2018, ages 10-17 <sup>a</sup></b>	<b>IFPS Youth 2019, ages 10-17 (n=1,603)</b>
	<b>%</b>	<b>Weighted %</b>
White only (and not Hispanic)	51.0	51.5
Black or African American only (and not Hispanic)	13.7	15.0
Other race only (and not Hispanic)	6.2	4.3
Two or more races, and/or Hispanic	29.1	28.7
Not stated	--	0.5

<sup>a</sup> United States Census Bureau, Population Division. Annual State Resident Population Estimates for 6 Race Groups (5 Race Alone Groups and Two or More Races) by Age, Sex, and Hispanic Origin: April 1, 2010 to July 1, 2018. June 2019. Accessed September 20, 2019. Available from <https://www.census.gov/data/tables/time-series/demo/popest/2010s-state-detail.html>

<b>Table 9b. BMI</b>	<b>YRBS 2019, grades 9-12 (ages 14-18) self-reported <sup>b</sup></b>	<b>IFPS Youth 2019, ages 10-17, self-reported</b>
	<b>%</b>	<b>Weighted %</b>
Overweight or obese	31.6 <sup>c</sup>	43.4 of those with valid BMI (n=1,353)
	--	36.7 of the entire sample, including those with missing/ not stated BMI (n=1,603)

<sup>b</sup> Centers for Disease Control and Prevention (CDC). 1991-2019 High School Youth Risk Behavior Survey Data. Available at <http://yrbs-explorer.services.cdc.gov/>. Accessed on January 8, 2021.

<sup>c</sup> Estimates were weighted to represent the all students in grades 9-12 in each jurisdiction.

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