



2019 YOUTH SURVEY - AUSTRALIA

SEPTEMBER 22, 2021



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SUGGESTED CITATION

HAMMOND D. INTERNATIONAL FOOD POLICY STUDY: 2019 YOUTH SURVEY – AUSTRALIA. UNIVERSITY OF WATERLOO. SEPTEMBER 2021.

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PARENT INVITATION & PRE-SCREENING

DOMAIN SOURCE	ENGLISH
SAMPLE EMAIL INVITATION	<p>[Email from Nielsen and their partner panels]</p> <p>We've found a survey for you!</p> <p>Simply click "Continue" to begin the survey.</p> <p>NOTE TO ETHICS: This is an email sent to panelists. If panelists select 'continue' they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email invitations about panel incentives.</p>
PANELIST AGE	<p>[Screen shown by Nielsen]</p> <p>What is your age? [numeric] [If <18 or >100: TERMINATE]</p> <p>NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers.</p>
PANELIST GENDER	<p>[Screen shown by Nielsen]</p> <p>What is your gender? Male Female</p> <p>NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers.</p>
PARENTAL STATUS	<p>[Screen shown by Nielsen]</p> <p>Please choose the options that best describe your household: [PROGRAMMER NOTE: Allow participants to select more than one of the first 3 options] I am pregnant/expecting a child within the next 9 months I have one or more children under the age of 18 living in my household I have one or more children aged 18 or older living in my household I have no children living in my household and I am not pregnant/expecting a child within the next 9 months</p> <p>PROGRAMMER NOTE: If no children under age of 18 living in household show: "Thank you for your interest, unfortunately you do not qualify for this study. We appreciate your participation and thank you for your time. You have earned [panel incentive]."</p>
CHILD AGE AND GENDER	<p>[Screen shown by Nielsen]</p> <p><i>UNIVERSE: Respondents who indicated they had a child under the age of 18 living in the household.</i></p> <p>Please indicate the age and gender of your child or children: [PROGRAMMER NOTE: Allow participants to select more than one option] Boy under age 1 Girl under age 1 Boy age 1 Girl age 1</p>

Boy age 2

Girl age 2

Boy age 3

Girl age 3

Boy age 4

Girl age 4

Boy age 5

Girl age 5

Boy age 6

Girl age 6

Boy age 7

Girl age 7

Boy age 8

Girl age 8

Boy age 9

Girl age 9

Boy age 10

Girl age 10

Boy age 11

Girl age 11

Boy age 12

Girl age 12

Boy age 13

Girl age 13

Boy age 14

Girl age 14

Boy age 15

Girl age 15

Boy age 16

Girl age 16

Boy age 17

Girl age 17

None of the above

PROGRAMMER NOTE: If respondent does NOT have any children age 10-17 show: "Thank you for your interest, unfortunately you do not qualify for this study. We appreciate your participation and thank you for your time. You have earned [panel incentive]."

<p>PARENT PRE-SCREENING</p>	<p>[Screen shown by Nielsen] <i>UNIVERSE: Respondents who indicated they had a child between the ages of 10-17 living in the household.</i> You indicated that you have a child in the household between the ages of 10 and 17. After a few more questions for you, we would like to have your child complete a survey, if they qualify. Would you be willing to let your child participate? Please note that your child does not need to be available right now to participate. After you complete the questions for parents/guardians, instructions will be provided for having your child participate when they are available.</p> <p>Yes → [REDIRECT PANELIST TO SURVEY IN SURVEYGIZMO] No → Thank you for your time. [TERMINATE]</p>
<p>PARENT INFO / CONSENT</p> <p>COUNTRY SPECIFIC WORDING</p>	<p>We would like to conduct a survey with ONE of your CHILDREN AGED 10-17.</p> <p>Please read the following information, and indicate if you are willing to let your child participate.</p> <ul style="list-style-type: none"> - The survey will examine eating patterns among children. Your child will be asked about the types of food they eat, advertisements they may have seen for food, and their background (e.g., age, weight, smoking, cannabis or alcohol use). - Similar surveys are being completed in 5 other countries, so researchers can learn about the types of food children eat and advertisements they see in different parts of the world. - The study is being conducted by Professor David Hammond at the University of Waterloo, Canada. - The survey will take about 20 minutes. - As a thank you for your child’s participation, the survey firm will provide you with your usual compensation. - We will ask your child a few short questions to see if they are eligible to complete the survey. All other questions are completely voluntary. Your child can withdraw participation at any time, and any data already collected will be deleted by the researcher. There are no known or anticipated risks to your child’s participation in the survey. - We take your child’s privacy very seriously and will keep their identity confidential. We will never share their personal information with any company or marketing firm. All of the information your child provides will be grouped with responses from other participants, which means that there will be no way to identify participants individually from the reports we create. Your child will not be asked to provide their name, address or telephone number. - Some parents/guardians may also be invited to complete a survey about eating patterns among adults. If you complete (or recently completed) the survey by the University of Waterloo about eating patterns among adults, your responses and your child’s responses may be linked using your survey firm ID number to help the researchers understand your child’s food environment. - The study data will be collected using SurveyGizmo software. Internet protocol (IP) addresses may be recorded by the software program used for this study, but this information will not be used by the researchers or the owners of the program with an intention to identify you or your child. Please note that while we implement security safeguards designed to protect all survey data, when information is transmitted over the internet, there is still a risk your child’s responses may be intercepted by a third party (e.g., government agencies, hackers). - The data will be stored for a minimum of 7 years on a secure University of Waterloo server in Canada. Analyses may also be conducted by international research team members, but only using de-identified data stored on password-protected computers.

	<ul style="list-style-type: none"> - The questions you have answered up to this point are for the survey firm, and will not be shared with the researchers. - This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Committee (ORE# 41477). However, the final decision about participation is yours and your child's. If you have questions for the Committee, please contact the Office of Research Ethics in Canada at 0011-1-519-888-4567 ext. 36005 or ore-ceo@uwaterloo.ca. - For all other questions about the study, please contact Professor David Hammond of the University of Waterloo in Canada at 0011-1-519-888-4567 ext. 36462 or dhammond@uwaterloo.ca or Associate Professor Gary Sacks, a local study researcher from Deakin University in Australia at 03 9251 7105 or gary.sacks@deakin.edu.au. <p><i>Please note that your child does not need to be available right now to participate. After you complete the questions for parents/guardians, instructions will be provided for having your child participate when they are available.</i></p> <p><i>By providing your consent, you are not waiving your legal rights or releasing the investigator(s) or involved institution(s) from their legal and professional responsibilities.</i></p> <p>Would you be willing to allow your child to participate in this survey?</p> <p>By clicking "Yes" below, you confirm that you are the parent/legal guardian of the child participating in this study and agree to allow them to participate.</p> <p>Yes → [Continue] No → Thank you for your time. You will now be redirected back to the survey company. [TERMINATE]</p>
CITY	<p>Thanks. Before your child begins the survey, please answer the question below:</p> <p>What city or town does your child live in?</p> <p><i>This information helps us to understand the food environment where your child lives. As a reminder, your child's identity will be kept strictly confidential.</i></p> <p>Enter city/town: _____ [open-text] Don't know Refuse to answer</p>

<p>HANDOVER TO CHILD</p>	<p>The remaining questions should be completed by YOUR CHILD AGED 10-17.</p> <p>If your child is <u>not</u> available right now, they may complete the survey later by doing one of the following:</p> <p>a) <u>Leave this survey screen open in your browser</u>, and return to it when your child is ready.</p> <p>OR</p> <p>b) <u>Copy and save the link below</u> and then paste it into your browser when your child is ready.</p> <p>[link]</p> <p>Please note that the link in your email invitation will <u>not</u> bring you back to this survey.</p> <p>When your child is ready, check the box below:</p> <p><input type="checkbox"/> My child is ready to begin <i>[Parents/guardians: pass the survey to your child]</i></p>
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INTRODUCTION

<p>DOMAIN SOURCE</p>	<p>ENGLISH</p>
<p>ELIGIBILITY INTRO</p>	<p>Hello! We have a couple of questions for you before the survey starts. <i>[Parents/guardians: please pass the survey to your child]</i></p> <p>[PROGRAMMER NOTE: If respondent uses copied link to try to complete survey after entering an invalid age (<10 or >17 years) show the following message in red font below the above text: “Unfortunately, you were not eligible to participate in the study.” and then redirect to ineligible age disqualified screen described below. If respondent uses copied link to try to re-complete survey after already completing survey once show the following message in red font below the above text: “You have already completed the survey. Thank you once again for your participation.” and then redirect to end screen.]</p>
<p>AGE CSTADS modified AGE</p>	<p>How old are you?</p> <p>9 years or younger 10 years 11 years 12 years 13 years 14 years 15 years 16 years 17 years 18 years or older</p> <p>[PROGRAMMER NOTE: If <10 or >17 show: “Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company.”]</p>

<p>SEX</p> <p>Project EAT</p> <p>SEX</p>	<p>Are you...?</p> <p>Male</p> <p>Female</p>
<p>INFO LETTER</p> <p>COUNTRY SPECIFIC WORDING</p>	<p>Before you start, please read this letter and let us know if you agree to participate.</p> <ul style="list-style-type: none"> - The survey asks about the kinds of food you eat, advertisements you see for food, and your background (example: your age, weight smoking, cannabis or alcohol use). - Similar surveys are being completed in 5 other countries, so researchers can learn about the types of food children eat and advertisements children see in different parts of the world. - You must be between 10 and 17 years of age to participate. - The survey will take about 20 minutes. - The survey is run by Professor David Hammond at the University of Waterloo, Canada. - As a thank you for participating, the survey firm will provide their usual reward to your parent/guardian. - You do not have to participate. If you decide to participate, you can click 'refuse to answer' to any question you do not wish to answer, and your parent/guardian will still receive the reward. You can choose to stop participating at any time, but if you close the survey before the end of the survey your parent/guardian will not receive the reward. Any data already collected will be deleted by the researcher. As far as we know, being in this study will not hurt you or make you feel bad. - We take your privacy very seriously and will keep your identity confidential. The survey will not have your name on it, so no one will know they are your answers. Only the study researchers will see your answers. Your information will be kept for at least 7 years in a secure location at the University of Waterloo in Canada. Other international study researchers may also analyze your survey responses and would store your information on a password-protected computer. - This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Committee (ORE# 41477). If you have questions for the Committee, please contact the Office of Research Ethics in Canada at 0011-1-519-888-4567, ext. 36005 or ore-ceo@uwaterloo.ca. - If you have other questions about the study, please contact Professor David Hammond of the University of Waterloo in Canada at 0011-1-519-888-4567 ext. 36462 or dhammond@uwaterloo.ca or Associate Professor Gary Sacks, a local study researcher from Deakin University in Australia at 03 9251 7105 or gary.sacks@deakin.edu.au.
<p>CONSENT</p> <p>CONSENT</p>	<p>Do you agree to participate in this survey?</p> <p>Yes → [Continue to survey]</p> <p>No → Thank you for your time. You will now be redirected back to the survey company. [TERMINATE]</p>

ENCOURAGEMENT 1

<p>ENCOURAGEMENT 1 - DOG</p>	<div data-bbox="445 305 1003 591" data-label="Image"> </div> <p data-bbox="424 646 1016 675">This is NOT a test....but it is an important health survey!</p> <p data-bbox="424 711 915 740">Please answer as honestly as you can. Thanks!</p> <p data-bbox="424 769 604 799">Let's get started!</p> <p data-bbox="424 834 667 863"><i>Click 'next' to continue.</i></p>
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DEMOGRAPHICS

<p>REGION – AUSTRALIA</p> <p>COUNTRY SPECIFIC WORDING</p> <p><i>REGION_AUS</i> <i>REGION_OTEXT_AUS</i></p>	<p><i>UNIVERSE: Australia</i></p> <p>What state or territory do you live in?</p> <p>New South Wales</p> <p>Victoria</p> <p>Queensland</p> <p>Western Australia</p> <p>South Australia</p> <p>Tasmania</p> <p>Australian Capital Territory</p> <p>Northern Territory</p> <p>Other (please specify): _____</p> <p>Don't know</p> <p>Refuse to answer</p>
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<p>EDUCATION LEVEL - AUSTRALIA</p>	<p><i>UNIVERSE: Australia</i></p>
<p>COUNTRY SPECIFIC WORDING</p>	<p>What year are you in at school?</p>
<p>EDUC_CURR_AUS EDUC_CURR_OTEXT_AUS</p>	<p>Grade 3 or below Grade 4 Grade 5 Grade 6 Year 7 Year 8 Year 9 Year 10 Year 11 Year 12 College or trade school / vocational school TAFE University Other (please specify): _____ I'm not in school Don't know Refuse to answer</p>
<p>EDUC_COMP_AUS EDUC_COMP_OTEXT_AUS</p>	<p><i>UNIVERSE: Australia and "not in school"</i></p>
	<p>What was the last year you finished?</p>
	<p>Grade 3 or below Grade 4 Grade 5 Grade 6 Year 7 Year 8 Year 9 Year 10 Year 11 Year 12 College or trade school / vocational school TAFE University Other (please specify): _____ Don't know Refuse to answer</p>

<p>SCHOOL GRADES - AUSTRALIA</p> <p>ENERGY DRINK STUDY</p> <p>COUNTRY SPECIFIC WORDING</p> <p>EDUC_GRD_AUS</p>	<p><i>UNIVERSE: Australia</i></p> <p>What grades do you usually get in school?</p> <p>Below 50% (Mostly Fs)</p> <p>50-59% (Mostly Ds)</p> <p>60-69% (Mostly Cs)</p> <p>70-79% (Mostly Bs)</p> <p>80-89% (Mostly As or A+s)</p> <p>90-100% (Mostly A+s)</p> <p>Don't know</p> <p>Refuse to answer</p>
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PURCHASING AND SPENDING MONEY

<p>SPENDING MONEY</p> <p>COUNTRY SPECIFIC WORDING</p> <p>COMPASS</p> <p>MONEY_AUS</p>	<p><i>UNIVERSE: Australia, Canada, United States</i></p> <p>About how much money do you usually get <u>each week</u> to spend on yourself or to save?</p> <p><i>(Remember to include all money from allowances and jobs like baby-sitting, delivering papers, etc.)</i></p> <p>\$0 (none)</p> <p>\$1-5</p> <p>\$6-10</p> <p>\$11-20</p> <p>\$21-40</p> <p>\$41-100</p> <p>More than \$100</p> <p>Don't know</p> <p>Refuse to answer</p>
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<p>SPEND MONEY ON FOOD – LOCATION</p> <p>COUNTRY SPECIFIC WORDING</p> <p>BUY_LOC_CONV BUY_LOC_GROC BUY_LOC_REST BUY_LOC_SCH BUY_LOC_DKR</p>	<p>Think about the last 7 days. Did you <u>buy</u> food or drinks for yourself...</p> <p>At a convenience store At a supermarket At a fast food/take-away or sit-down restaurant At a school (including canteen, vending machine, tuckshop, etc.)</p> <p>[PROGRAMMER NOTE: Use table with yes/no for each location; single DK/R option for question]</p> <p>Yes No Don't know Refuse to answer</p>
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DIET SOURCES AND PATTERNS

<p>FOOD SOURCE - EATING OUT FREQUENCY NHANES adapted</p> <p>COUNTRY SPECIFIC WORDING</p> <p>EATOUT_FREQ</p>	<p>Think about the last 7 days. How many days did you have a meal (breakfast, lunch or dinner) from restaurants, fast food or take-away places, food stands, or vending machines? <i>Don't include meals at school.</i></p> <p>0 days (not at all) 1 day 2 days 3 days 4 days 5 days 6 days 7 days (every day) Don't know Refuse to answer</p>
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<p>BREAKFAST PATTERNS</p> <p>Adapted from Project-EAT</p> <p><i>BKFST_FREQ</i></p>	<p>Think about the last 7 days.</p> <p>How many days did you eat breakfast?</p> <p>0 days (not at all)</p> <p>1 day</p> <p>2 days</p> <p>3 days</p> <p>4 days</p> <p>5 days</p> <p>6 days</p> <p>7 days (every day)</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>FAMILY DINNER PATTERNS</p> <p>Adapted from Project-EAT</p> <p>COUNTRY SPECIFIC WORDING</p> <p><i>FAM_FREQ</i></p>	<p>Think about the last 7 days.</p> <p>How many days did you sit down to eat dinner with at least one of your parents/guardians?</p> <p>0 days (not at all)</p> <p>1 day</p> <p>2 days</p> <p>3 days</p> <p>4 days</p> <p>5 days</p> <p>6 days</p> <p>7 days (every day)</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>FOOD PREP - DINNER</p> <p>Adapted from PROJECT EAT 2009-2010</p> <p>COUNTRY SPECIFIC WORDING</p> <p><i>PREP</i></p>	<p>Think about the last 7 days.</p> <p>How many days did you help make <u>dinner</u>?</p> <p>0 days (not at all)</p> <p>1 day</p> <p>2 days</p> <p>3 days</p> <p>4 days</p> <p>5 days</p> <p>6 days</p> <p>7 days (every day)</p> <p>Don't know</p> <p>Refuse to answer</p>

<p>COOKING SKILLS</p> <p>SKILL_KNIFE SKILL_MICRO SKILL_STOVE SKILL_MSR SKILL_RECIPe</p>	<p>Can you do these things...?</p> <p>Use a knife to cut or chop food Use a microwave Use a stove Measure and mix ingredients Follow a recipe to make a meal</p> <p>[PROGRAMMER NOTE: show options for each task] No, not at all Yes, with a lot of help Yes, with a little help Yes, on my own Don't know Refuse to answer</p>
<p>BEVERAGE INTAKE – ANY CONSUMPTION</p> <p>COUNTRY SPECIFIC WORDING</p> <p>BFQ_1 - BFQ_14 BFQ_DK BFQ_R</p>	<p>Did you drink any of these in the last 7 days?</p> <p>Regular soft drinks like Coke, Pepsi, Fanta, Sprite, ginger beer Diet soft drinks like Diet Pepsi, Coke No Sugar Sports drinks like Gatorade, Powerade Energy drinks like Red Bull, V, Mother Frozen drinks like Slurpees, slushies Coffee or tea <u>with sugar</u> including drinks like flat whites, cappuccinos, lattes, iced coffees <u>with sugar</u> Coffee or tea <u>with NO sugar</u> including drinks like flat whites, cappuccinos, lattes <u>with NO sugar</u></p> <p>100% fruit or vegetable juice like orange juice, apple juice Fruit drinks like Prima, fruit punch/cocktail, iced tea, coconut water Flavoured waters or vitamin waters like cordial, Vitaminwater or Pump Water including tap, bottled or sparkling water Smoothies, protein shakes or drinkable yogurt Dairy milk or alternatives like unsweetened soy or almond milk. <i>*Don't include milk in cereal.</i> Chocolate or flavoured milk including hot chocolate, and alternatives like sweetened soy or almond milk</p> <p>[PROGRAMMER NOTE: Use table with yes/no for each drink type; single DK/R option for question with soft-require prompt; show each section of drinks on a separate screen with main question repeated at top of each screen] Yes No</p>

	<p>Don't know Refuse to answer</p>
<p>BEVERAGE INTAKE – AMOUNT</p> <p>COUNTRY SPECIFIC WORDING</p> <p>BFQ_1_N - BFQ_14_N</p>	<p>HOW MANY OF THESE DRINKS did you have in the last 7 days? <i>For example:</i> <i>If you had water on Monday for breakfast and Thursday for lunch, that would be 2 drinks.</i> <i>If you had water every school day at lunch, that would be 5 drinks.</i></p> <p>[PROGRAMMER NOTE: Only show beverages selected above; show numbers 0-20, more than 20, "Don't Know" and "Refuse to answer" in drop-down list for each]</p> <p>[dropdown] Regular soft drinks like Coke, Pepsi, Fanta, Sprite, ginger beer [dropdown] Diet soft drinks like Diet Pepsi, Coke No Sugar [dropdown] Sports drinks like Gatorade, Powerade [dropdown] Energy drinks like Red Bull, V, Mother [dropdown] Frozen drinks like Slurpees, slushies [dropdown] Coffee or tea <u>with</u> sugar including drinks like flat whites, cappuccinos, lattes, iced coffees <u>with</u> sugar [dropdown] Coffee or tea <u>with NO</u> sugar including drinks like flat whites, cappuccinos, lattes <u>with NO</u> sugar [dropdown] 100% fruit or vegetable juice like orange juice, apple juice [dropdown] Fruit drinks like Prima, fruit punch/cocktail, iced tea, coconut water [dropdown] Flavoured waters or vitamin waters like cordial, Vitaminwater or Pump [dropdown] Water including tap, bottled or sparkling water [dropdown] Smoothies, protein shakes or drinkable yogurt [dropdown] Dairy milk or alternatives like unsweetened soy or almond milk. <i>*Don't include milk in cereal.</i> [dropdown] Chocolate or flavoured milk including hot chocolate, and alternatives like sweetened soy or almond milk</p>
<p>BEVERAGE INTAKE – DIET DRINKS</p> <p>COUNTRY SPECIFIC WORDING</p> <p>BFQ_3_N_DIET</p> <p>BFQ_4_N_DIET</p> <p>BFQ_9_N_DIET</p>	<p><i>UNIVERSE: Respondents age 14-17</i> [PROGRAMMER NOTE: Show each drink on separate screen; show numbers 0-20 drinks, more than 20 drinks, "Don't Know" and "Refuse to answer" in drop-down list for each]</p> <p><i>UNIVERSE: Selected sports drink in last 7 days, and had 1-20 or more times (BFQ_3_N ≠ 0, DK or R)</i> You told us you had [#] sports drinks in the last 7 days. How many of those were diet, low-calorie or no-calorie like G2 or Powerade Zero? [dropdown]</p> <p><i>UNIVERSE: Selected energy drink in last 7 days, and had 1-20 or more times (BFQ_4_N ≠ 0, DK or R)</i> You told us you had [#] energy drinks in the last 7 days. How many of those were diet, low-calorie or no-calorie like Red Bull Sugarfree? [dropdown]</p> <p><i>UNIVERSE: Selected fruit drink in last 7 days, and had 1-20 or more times (BFQ_9_N ≠ 0, DK or R)</i> You told us you had [#] fruit drinks in the last 7 days.</p>

<p>BFQ_10_N_DIET</p>	<p>How many of those were diet, low-calorie or no-calorie like unsweetened iced tea? [dropdown]</p> <p><i>UNIVERSE: Selected flavoured water drink in last 7 days, and had 1-20 or more times (BFQ_10_N ≠0, DK or R)</i></p> <p>You told us you had [#] flavoured waters or vitamin waters in the last 7 days.</p> <p>How many of those were diet, low-calorie or no-calorie like diet cordial, LQD+, Cottees Squirtz? [dropdown]</p>
<p>DIET INDICATORS</p> <p>COUNTRY SPECIFIC WORDING</p> <p>EAT_SD EAT_FF EAT_CEREAL EAT_SNACK EAT_DESSERT EAT_FV EAT_DKR</p>	<p>[PROGRAMMER NOTE: Record date and time, converted to country time zone]</p> <p>You just told us about the last 7 days. Now think about yesterday.</p> <p>Did you have any of the following <u>yesterday</u>?</p> <ul style="list-style-type: none"> Sugary drinks Fast food / take-away from a restaurant Sugary cereals Snacks like crackers, chips or muesli bars Desserts or treats like biscuits, ice cream or lollies <p>[PROGRAMMER NOTE: Use table with yes/no for each food; single DK/R option for question]</p> <p>Yes No Don't know Refuse to answer</p>
<p>FRUIT INTAKE</p> <p>FRUIT_FREQ</p>	<p>How many times did you eat fruit yesterday?</p> <p><i>Please include fresh, frozen, dried or canned fruit. Don't include fruit juice.</i></p> <ul style="list-style-type: none"> 0 times 1 time 2 times 3 times 4 times 5 times 6 times 7 times 8 times 9 times 10 or more times

	<p>Don't know Refuse to answer</p>
<p>VEGETABLE INTAKE</p> <p>VEG_FREQ</p>	<p>How many times did you eat <u>vegetables yesterday</u>? <i>Don't include french fries, fried potatoes, or potato chips.</i></p> <p>0 times 1 time 2 times 3 times 4 times 5 times 6 times 7 times 8 times 9 times 10 or more times Don't know Refuse to answer</p>

SCHOOL NUTRITION ENVIRONMENT

<p>SCHOOL FOOD LOCATIONS AND PROGRAMS</p> <p>COUNTRY SPECIFIC WORDING</p> <p>SCH_PRG_CAF SCH_PRG_VEND SCH_PRG_TUCK SCH_PRG_BKFST SCH_PRG_LUNCH</p>	<p><i>UNIVERSE: Students currently in grade 12 or less, or other (i.e., no post-secondary students; no respondents not currently in school)</i></p> <p>Does your school have...</p> <p>A school canteen where you can buy lunch Vending machines where you can buy food or drinks A tuckshop where you can buy food or drinks A free breakfast program A free lunch program</p> <p>[PROGRAMMER NOTE: Use table with yes/no/DK for each location/program and R as a separate checkbox below]</p> <p>Yes No Don't know Refuse to answer</p>
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<p>SCHOOL BREAKFAST PROGRAM PARTICIPATION</p> <p><i>SCH_BKFST_USE</i></p>	<p><i>UNIVERSE: Students who have a breakfast program at school</i></p> <p>Do you get food from the breakfast program at your school?</p> <p>Yes No Don't know Refuse to answer</p>
<p>SCHOOL LUNCH PROGRAM PARTICIPATION</p> <p><i>SCH_LUNCH_USE</i></p>	<p><i>UNIVERSE: Students who have a lunch program at school</i></p> <p>Do you get food from the lunch program at your school?</p> <p>Yes No Don't know Refuse to answer</p>
<p>SCHOOL FOOD AVAILABILITY</p> <p>COUNTRY SPECIFIC WORDING</p> <p><i>SCH_AVAIL_SD</i> <i>SCH_AVAIL_FF</i> <i>SCH_AVAIL_CEREAL</i> <i>SCH_AVAIL_FV</i> <i>SCH_AVAIL_SNACK</i> <i>SCH_AVAIL_DESSERT</i></p>	<p><i>UNIVERSE: Students currently in grade 12 or less, or other (i.e., no post-secondary students; no respondents not currently in school)</i></p> <p>On a normal school day, can you <u>buy</u> these foods at your school?</p> <p>Sugary drinks Fast food / take-away Sugary cereals Fruit or vegetables Snacks like crackers, chips or muesli bars Desserts or treats like biscuits, ice cream or lollies</p> <p>[PROGRAMMER NOTE: Use table format] Yes / No / Don't Know / Refuse to answer</p>
<p>SCHOOL LUNCH – FOOD</p> <p>COUNTRY SPECIFIC WORDING</p> <p><i>SCH_EAT_SD</i> <i>SCH_EAT_FF</i> <i>SCH_EAT_CEREAL</i> <i>SCH_EAT_FV</i> <i>SCH_EAT_SNACK</i> <i>SCH_EAT_DESSERT</i></p>	<p><i>UNIVERSE: Students currently in grade 12 or less, or other (i.e., no post-secondary students; no respondents not currently in school)</i></p> <p>Think about the last time that you ate lunch on a school day.</p> <p>Did you have...</p> <p>Sugary drinks Fast food / take-away Sugary cereals Fruit or vegetables Snacks like crackers, chips or muesli bars Desserts or treats like biscuits, ice cream or lollies</p> <p>[PROGRAMMER NOTE: Use table format] Yes / No / Don't Know / Refuse to answer</p>

FOOD SECURITY

<p>FOOD SECURITY FOR CHILDREN</p> <p>Fram MF, Frongillo EA, Draper CL, Fishbein EM. Development and validation of a child-report assessment of child food insecurity and comparison to parent-report assessment. J Hunger Environ Nutr 8:128–145, 2013.</p> <p><i>SECURE1 – SECURE10</i></p>	<p>In the last 12 months.....</p> <ol style="list-style-type: none"> 1. Did you worry that food at home would run out before your family was able to get more? 2. Did you worry about how hard it is for your parents/guardians to get enough food for your family? 3. Were you not able to get the food you wanted because there wasn't enough money? 4. Has the size of your meal been cut because your family didn't have enough food? 5. Were you hungry but didn't eat because your family didn't have enough food? 6. Did you skip a meal because your family didn't have enough food? 7. Did you feel tired or weak because your family didn't have enough food to eat? 8. Did you feel embarrassed or ashamed because your family didn't have enough food? 9. Did you feel sad or mad because your family didn't have enough food? 10. Did you feel embarrassed or ashamed about any of the things you or your family had to do to get enough food? <p>[PROGRAMMER NOTE: Show 1-3 on screen 1, 4-6 on screen 2, and 7-10 on screen 3] Many times / 1 or 2 times / Never / Don't know / Refuse to answer</p>
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DIET INTENTIONS

<p>VEGETARIANISM</p> <p>Project EAT 2009-2010</p> <p><i>VGTRN</i></p>	<p>A vegetarian is someone who rarely or never eats meat.</p> <p>Are you a vegetarian?</p> <p>Yes No Don't know [valid response] Refuse to answer</p>
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<p>DIET MODIFICATION EFFORTS</p> <p>COUNTRY SPECIFIC WORDING</p> <p><i>EFFORT_ORGANIC</i> <i>EFFORT_LOCAL</i> <i>EFFORT_PKG</i> <i>EFFORT_FV</i> <i>EFFORT_WATER</i> <i>EFFORT_PROTEIN</i> <i>EFFORT_GRAIN</i> <i>EFFORT_SUGAR</i> <i>EFFORT_SWTNR</i> <i>EFFORT_CAL</i> <i>EFFORT_PROCESS</i> <i>EFFORT_SALT</i> <i>EFFORT_MEAT</i></p>	<p><i>UNIVERSE: Respondents age 14-17</i></p> <p>Do you make a <u>special effort</u> to...</p> <p>Eat vegetables and fruits Drink lots of water Eat protein Eat whole grains</p> <p>Eat less sugar or drink fewer sugary drinks Eat less low-calorie sweeteners Eat less kilojoules Eat less processed foods Eat less salt Eat less meat [PROGRAMMER NOTE: Skip if vegetarian]</p> <p>Eat organic foods Eat local foods (food grown in your area) Buy foods with less packaging</p> <p>[PROGRAMMER NOTE: Use table format; show on 3 separate screens] Yes / No / Don't know / Refuse to answer</p>
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WEIGHT PERCEPTIONS / LOSS

BODY SIZE PERCEPTIONS

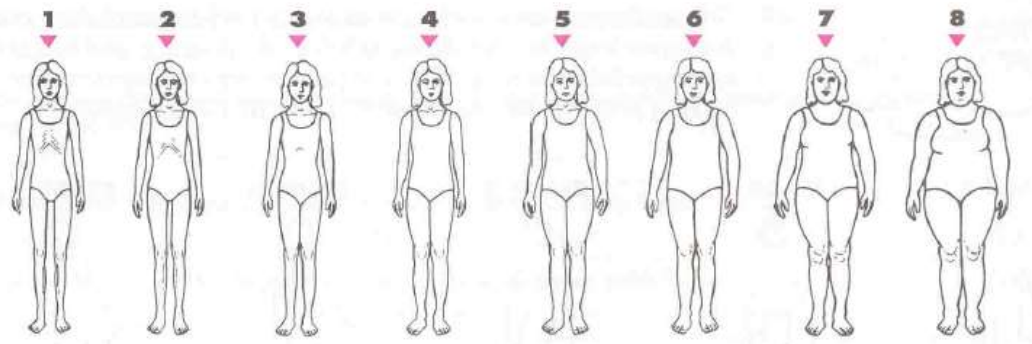
Adapted from GUTS

WT_BODY_F
 WT_BODY_F_DKR
 WT_BODY_M
 WT_BODY_M_DKR

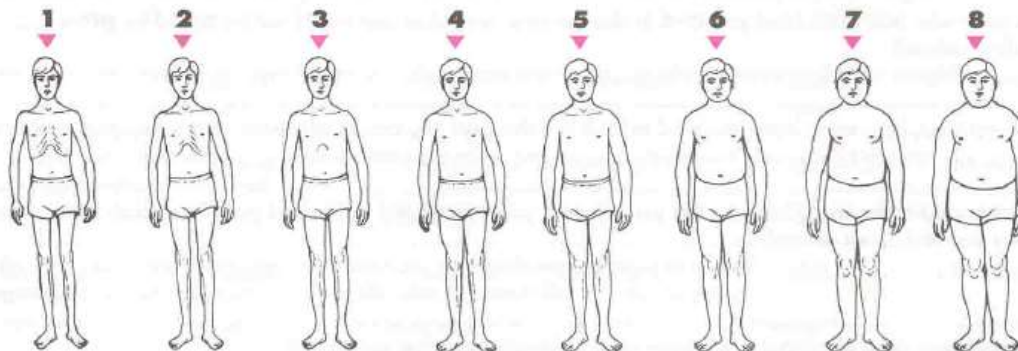
Which picture looks most like your body shape?

[PROGRAMMER NOTE: Show body images; only allow respondents to select 1 image, “don’t know” or “refuse to answer”]

[PROGRAMMER NOTE: Images to show if sex=female]



[PROGRAMMER NOTE: Images to show if sex=male]



Don't know
 Refuse to answer

BODY SIZE IDEAL

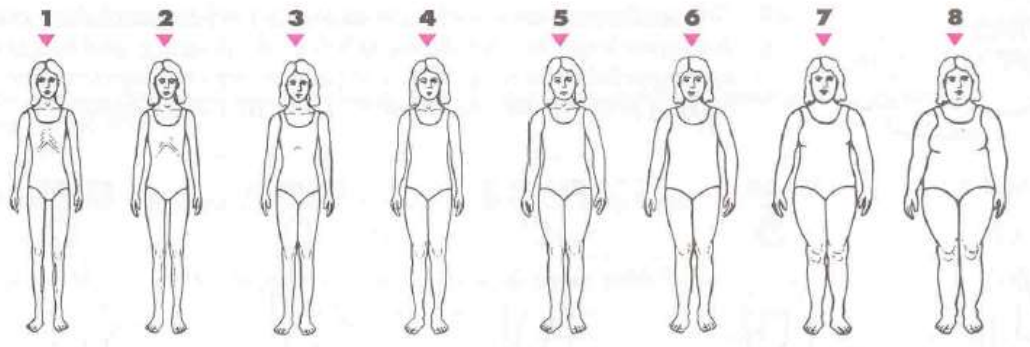
Adapted from GUTS

WT_IDEAL_F
 WT_IDEAL_F_DKR
 WT_IDEAL_M
 WT_IDEAL_M_DKR

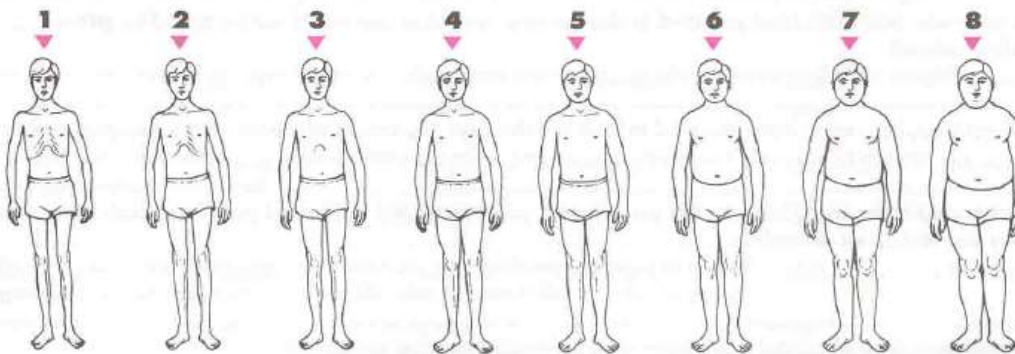
Which picture looks most like how you WANT YOUR BODY TO LOOK?

[PROGRAMMER NOTE: Show body images; only allow respondents to select 1 image, “don’t know” or “refuse to answer”]

[PROGRAMMER NOTE: Images to show if sex=female]



[PROGRAMMER NOTE: Images to show if sex=male]






Don't know
 Refuse to answer

<p>WEIGHT LOSS EFFORTS</p> <p>From NHANES, GUTS, Project-EAT and others</p> <p><i>WT_TRY</i></p>	<p>Which of the following are you trying to do about your weight?</p> <p>Nothing</p> <p>Stay the same weight</p> <p>Gain weight</p> <p>Lose weight</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>WEIGHT LOSS DIET</p> <p><i>WT_DIET</i></p>	<p>Have you been on a diet to lose weight in the past 12 months?</p> <p>Yes</p> <p>No</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>WEIGHT TEASE</p> <p>Adapted from Project EAT 2003-2004 (B&W)</p> <p><i>WT_TEASE</i></p>	<p>Do you get teased or made fun of because of your weight?</p> <p>All the time</p> <p>A lot</p> <p>Sometimes</p> <p>Rarely</p> <p>Never</p> <p>Don't know</p> <p>Refuse to answer</p>



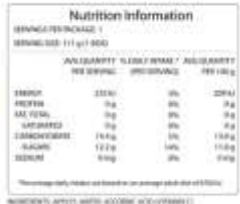


SUGARY DRINK PERCEPTIONS

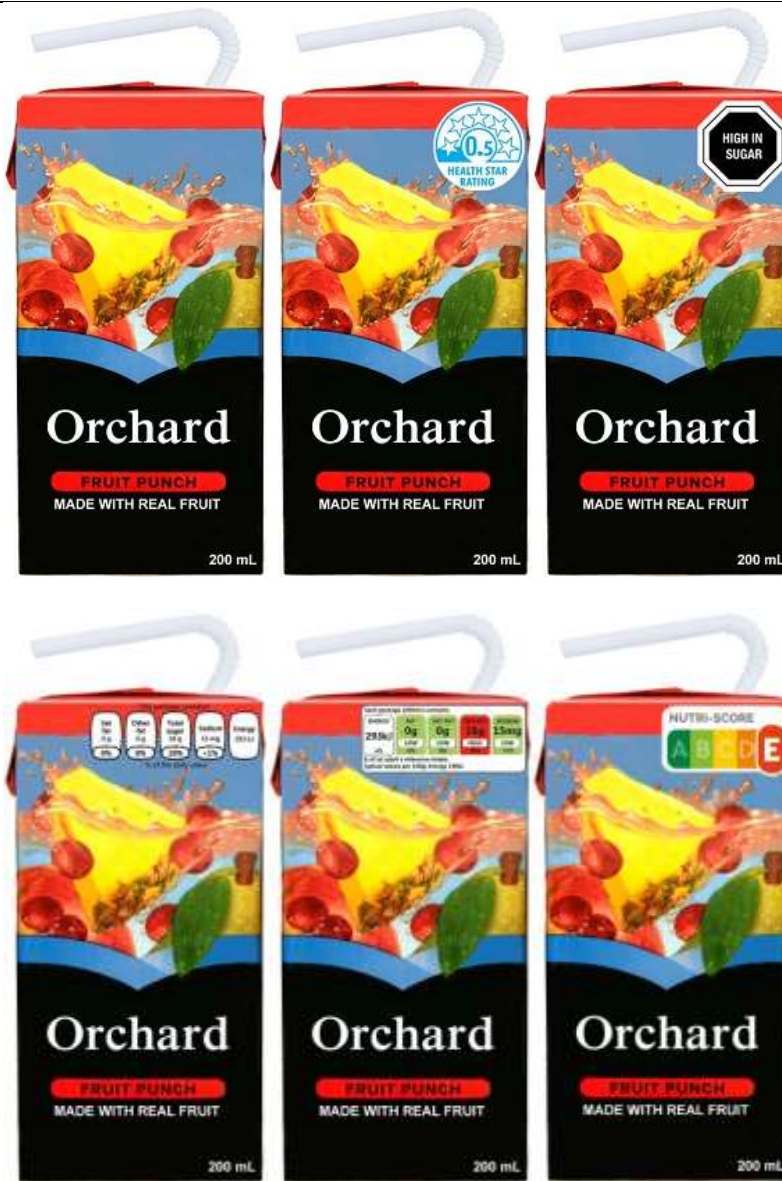
<p>BEVERAGE BRAND RECALL</p> <p>COUNTRY SPECIFIC WORDING</p> <p><i>BEV_BR1- BEV_BR5</i> <i>BEV_BR_DKR</i></p>	<p>An example of a lolly brand is: Skittles</p> <p>An example of a chip brand is: Pringles</p> <p>Please name up to 5 <u>drink brands</u>:</p> <p>Brand 1: [open-text]</p> <p>Brand 2: [open-text]</p> <p>Brand 3: [open-text]</p> <p>Brand 4: [open-text]</p> <p>Brand 5: [open-text]</p> <p>I don't know any drink brands</p> <p>Refuse to answer</p>
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<p>SOFT DRINK PERCEIVED HEALTHINESS</p> <p>Adapted from Adult survey (reduced from 7 to 5 points)</p> <p>COUNTRY SPECIFIC IMAGE</p> <p><i>SSB_HLTH_POP</i></p>	<p>[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].</p> <p>Is this type of drink unhealthy or healthy?</p>  <p>600 mL</p> <p>Very unhealthy Unhealthy In the middle Healthy Very healthy Don't know Refuse to answer</p>
<p>SOFT DRINK ESTIMATED SUGAR AMOUNT</p> <p>COUNTRY SPECIFIC IMAGE</p> <p><i>SSB_SUGAR_POP</i></p>	<p>How much sugar is in this drink?</p>  <p>600 mL</p> <p>None A little A medium amount Quite a bit A lot Don't know Refuse to answer</p>

<p>SSB PERCEPTIONS - CONDITION</p> <p>COUNTRY SPECIFIC IMAGES</p> <p>SSB_CONDITION</p>	<p>[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following 2 questions with the same beverage image on screen for each question.]</p> <p>Diet soft drink (Diet Coke) 100% juice (Orange juice) Energy drink (Red Bull) Water Sports drink (Gatorade) Chocolate milk Iced tea Unflavoured milk</p> <p>[PROGRAMMER NOTE: Show country-specific images]</p> 
<p>SSB PERCEIVED HEALTHINESS</p> <p>Adapted from Adult survey (reduced from 7 to 5 points)</p> <p>COUNTRY SPECIFIC IMAGES</p> <p>SSB_HLTH_[TYPE]</p>	<p>[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].</p> <p>Is this type of drink unhealthy or healthy?</p> <p>[show image]</p> <ul style="list-style-type: none"> Very unhealthy Unhealthy In the middle Healthy Very healthy Don't know Refuse to answer

<p>SSB ESTIMATED SUGAR AMOUNT</p> <p>COUNTRY SPECIFIC IMAGES</p> <p>SSB_SUGAR_[TYPE]</p>	<p>[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].</p> <p>How much sugar is in this drink?</p> <p><i>[show image]</i></p> <ul style="list-style-type: none"> None A little A medium amount Quite a bit A lot Don't know Refuse to answer
<p>SSB CONSUMPTION</p> <p>SSB_SELF</p>	<p>Think about how many sugary drinks you normally have in a week.</p> <p>Is the amount you drink...</p> <ul style="list-style-type: none"> Very unhealthy Unhealthy In the middle Healthy Very healthy Don't know Refuse to answer
<p>SUGAR TAX</p> <p>DRINKS_COST</p>	<p>Do sugary drinks (like Coke) cost more than drinks without sugar (like Diet Coke)?</p> <ul style="list-style-type: none"> No - they cost the same Sugary drinks cost a little more Sugary drinks cost a lot more Don't know Refuse to answer
<p>OVERALL DIET</p> <p>DIET</p>	<p>Overall, how unhealthy or healthy is the food you usually eat?</p> <ul style="list-style-type: none"> Very unhealthy Unhealthy In the middle Healthy Very healthy Don't know Refuse to answer

<p>SELF-REPORTED NUTRITION KNOWLEDGE</p> <p><i>NUT_KNOW</i> <i>NUT_KNOW_DKR</i> <i>NUT_KNOW_VERT</i></p>	<p>[PROGRAMMER NOTE: Show scale vertically on mobile browsers].</p> <p>How much do you know about healthy eating and nutrition?</p> <p>Please answer on a scale from 0 to 10, where 0 = Nothing, and 10 = A lot.</p> <p>0 1 2 3 4 5 6 7 8 9 10</p> <p>Nothing A lot</p> <p>Don't know Refuse to answer</p>
<p>FOOD PROCESSING KNOWLEDGE</p> <p>COUNTRY SPECIFIC IMAGES</p> <p><i>HLTH1...3</i></p>	<p>[PROGRAMMER NOTE: Randomize order of 3 food products, and record order of randomization. Prevent respondents from using back button to return to previous question. Show scale vertically on mobile browsers.]</p> <p>Overall, how healthy is this food?</p> <p>Please answer on a scale from 0 to 10, where 0 = Not at all healthy, and 10 = Extremely healthy.</p> <p>[Show one image with NFT per screen]</p> <p>0 1 2 3 4 5 6 7 8 9 10</p> <p>Not at all healthy Extremely healthy</p> <p>Don't know Refuse to answer</p> <div style="display: flex; justify-content: space-around; align-items: center;">      </div>
<p>WARNING LABELS</p> <p>COUNTRY SPECIFIC IMAGES</p> <p><i>WARN_CONTROL</i> <i>WARN_STAR</i> <i>WARN_OCT</i> <i>WARN_GDA</i> <i>WARN_TRAFFIC</i> <i>WARN_NUTRI</i></p>	<p>[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].</p> <p>[PROGRAMMER NOTE: Randomly assign to 1 of 6 label conditions below]</p> <p>Control (no label) Health star rating Octagon warning Guideline Daily Amount (GDA) Traffic light Nutri-score</p>







	<p>In your opinion, is this product...</p> <p>Very unhealthy Unhealthy In the middle Healthy Very healthy Don't know Refuse to answer</p>
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MASS MEDIA CAMPAIGNS AND MESSAGING

<p>SCHOOL EDUCATION</p> <p><i>SCH_ED</i></p>	<p>[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].</p> <p>In the past 12 months, have you learned about healthy eating in school?</p> <p>Yes No Don't know Refuse to answer</p>
<p>FOOD GUIDE – AWARENESS</p> <p>COUNTRY SPECIFIC WORDING</p> <p><i>FG_AWARE</i></p>	<p><i>UNIVERSE: Respondents from Canada, Australia, UK, USA, Mexico with tailored question in each country (skip in Chile)</i></p> <p>Have you ever heard of the Australian Dietary Guidelines?</p> <p>Yes No Don't know Refuse to answer</p>
<p>FOOD GUIDE – SCHOOL</p> <p>COUNTRY SPECIFIC WORDING</p> <p><i>FG_SCH</i></p>	<p><i>UNIVERSE: Respondents who have heard of food guide</i></p> <p>Have you ever learned about the Australian Dietary Guidelines in school?</p> <p>Yes No Don't know Refuse to answer</p>
<p>FOOD GUIDE – MESSAGES</p> <p>COUNTRY SPECIFIC WORDING</p> <p><i>FG_MSG1 – FG_MSG5</i> <i>FG_MSG_DKR</i></p>	<p><i>UNIVERSE: Respondents who have heard of food guide; respondents from Canada, Australia, UK, USA (skip in Mexico and Chile)</i></p> <p>The Australian Dietary Guidelines have information about healthy eating.</p> <p>Please write as many main points from the Australian Dietary Guidelines as you can remember.</p> <p>[5 open text boxes] I don't remember the main point(s) Refuse to answer</p>


FOOD LABELLING

<p>LABEL AWARENESS</p> <p>COUNTRY SPECIFIC IMAGE</p> <p>LABEL_AWARE_AUS</p>	<p><i>UNIVERSE: Australia, United Kingdom, Mexico, Chile</i></p> <p>We would now like to ask you some questions about food labels on products.</p> <p>Have you seen this type of food label on packages or in stores? [PROGRAMMER NOTE: Show health star rating in Australia, traffic light warning in United Kingdom, Guideline Daily Amount in Mexico, octagon warning in Chile]</p>  <p>Never Rarely Sometimes Often All the time Don't know Refuse to answer</p>
<p>LABEL USE FROM 2014 FDA HEALTH AND DIET SURVEY</p> <p>COUNTRY SPECIFIC IMAGE</p> <p>LABEL_USE_AUS</p>	<p><i>UNIVERSE: Australia, United Kingdom, Mexico, Chile; and label awareness= 'rarely', 'sometimes', 'often', or 'all the time'</i></p> <p>Do you use this type of food label when deciding what to eat or buy? [PROGRAMMER NOTE: Show health star rating in Australia, traffic light warning in United Kingdom, Guideline Daily Amount in Mexico, octagon warning in Chile]</p>  <p>Never Rarely Sometimes Often All the time Don't know Refuse to answer</p>
<p>LABEL UNDERSTANDING</p>	<p><i>UNIVERSE: Australia, United Kingdom, Mexico, Chile</i></p> <p>Do you find this information...</p>

<p>COUNTRY SPECIFIC IMAGE</p> <p>LABEL_UNDERSTAND_AUS</p>	<p>[PROGRAMMER NOTE: Show health star rating in Australia, traffic light warning in United Kingdom, Guideline Daily Amount in Mexico, octagon warning in Chile]</p>  <p>Very hard to understand Hard to understand In the middle Easy to understand Very easy to understand Don't know Refuse to answer</p>
<p>NFT AWARENESS</p> <p>COUNTRY SPECIFIC IMAGE</p> <p>NFT_AWARE_AUS</p>	<p>Have you <u>seen</u> this type of food label on packages or in stores?</p> <p>[PROGRAMMER NOTE: Show country-specific Nutrition Facts table in each country]</p>  <p>Never Rarely Sometimes Often All the time Don't know Refuse to answer</p>
<p>NFT USE FROM 2014 FDA HEALTH AND DIET SURVEY</p> <p>COUNTRY SPECIFIC IMAGE</p> <p>NFT_USE_AUS</p>	<p><i>UNIVERSE: nft_aware_AUS= 'rarely', 'sometimes', 'often', or 'all the time'</i></p> <p>Do you use this type of food label when deciding what to eat or buy?</p> <p>[PROGRAMMER NOTE: Show country-specific Nutrition Facts table in each country]</p>

	<p>Nutrition information</p> <p>SERVINGS PER PACKAGE: 11 SERVING SIZE: 22.2g (1 CRACKER)</p> <table border="1"> <thead> <tr> <th></th> <th>AVERAGE QUANTITY PER SERVING</th> <th>% DAILY VALUE * PER SERVING</th> <th>AVERAGE QUANTITY PER 100g</th> </tr> </thead> <tbody> <tr> <td>ENERGY</td> <td>897 kJ</td> <td>17%</td> <td>1780 kJ</td> </tr> <tr> <td>PROTEIN</td> <td>2.8 g</td> <td>5.7%</td> <td>12.5 g</td> </tr> <tr> <td>FAT TOTAL</td> <td>2.2 g</td> <td>3.1%</td> <td>9.4 g</td> </tr> <tr> <td>SATURATED</td> <td>0.5 g</td> <td>1.1%</td> <td>2.1 g</td> </tr> <tr> <td>CARBOHYDRATE</td> <td>14.5 g</td> <td>29%</td> <td>62.5 g</td> </tr> <tr> <td>SUGARS</td> <td>0.4 g</td> <td>0.8%</td> <td>1.6 g</td> </tr> <tr> <td>SODIUM</td> <td>163 mg</td> <td>3.3%</td> <td>452 mg</td> </tr> </tbody> </table> <p>*Percent Daily Values are based on a diet of average adolescent energy intake.</p> <p>Never Rarely Sometimes Often All the time Don't know Refuse to answer</p>		AVERAGE QUANTITY PER SERVING	% DAILY VALUE * PER SERVING	AVERAGE QUANTITY PER 100g	ENERGY	897 kJ	17%	1780 kJ	PROTEIN	2.8 g	5.7%	12.5 g	FAT TOTAL	2.2 g	3.1%	9.4 g	SATURATED	0.5 g	1.1%	2.1 g	CARBOHYDRATE	14.5 g	29%	62.5 g	SUGARS	0.4 g	0.8%	1.6 g	SODIUM	163 mg	3.3%	452 mg
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<p>NFT UNDERSTANDING</p> <p>COUNTRY SPECIFIC IMAGE</p> <p><i>NFT_UNDERSTAND_AUS</i></p>	<p>Do you find this information...</p> <p>[PROGRAMMER NOTE: Show country-specific Nutrition Facts table in each country]</p> <p>Nutrition information</p> <p>SERVINGS PER PACKAGE: 11 SERVING SIZE: 22.2g (1 CRACKER)</p> <table border="1"> <thead> <tr> <th></th> <th>AVERAGE QUANTITY PER SERVING</th> <th>% DAILY VALUE * PER SERVING</th> <th>AVERAGE QUANTITY PER 100g</th> </tr> </thead> <tbody> <tr> <td>ENERGY</td> <td>897 kJ</td> <td>17%</td> <td>1780 kJ</td> </tr> <tr> <td>PROTEIN</td> <td>2.8 g</td> <td>5.7%</td> <td>12.5 g</td> </tr> <tr> <td>FAT TOTAL</td> <td>2.2 g</td> <td>3.1%</td> <td>9.4 g</td> </tr> <tr> <td>SATURATED</td> <td>0.5 g</td> <td>1.1%</td> <td>2.1 g</td> </tr> <tr> <td>CARBOHYDRATE</td> <td>14.5 g</td> <td>29%</td> <td>62.5 g</td> </tr> <tr> <td>SUGARS</td> <td>0.4 g</td> <td>0.8%</td> <td>1.6 g</td> </tr> <tr> <td>SODIUM</td> <td>163 mg</td> <td>3.3%</td> <td>452 mg</td> </tr> </tbody> </table> <p>*Percent Daily Values are based on a diet of average adolescent energy intake.</p> <p>Very hard to understand Hard to understand In the middle Easy to understand Very easy to understand Don't know Refuse to answer</p>		AVERAGE QUANTITY PER SERVING	% DAILY VALUE * PER SERVING	AVERAGE QUANTITY PER 100g	ENERGY	897 kJ	17%	1780 kJ	PROTEIN	2.8 g	5.7%	12.5 g	FAT TOTAL	2.2 g	3.1%	9.4 g	SATURATED	0.5 g	1.1%	2.1 g	CARBOHYDRATE	14.5 g	29%	62.5 g	SUGARS	0.4 g	0.8%	1.6 g	SODIUM	163 mg	3.3%	452 mg
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SODIUM	163 mg	3.3%	452 mg																														

ENCOURAGEMENT 2

<p>ENCOURAGEMENT 2 - KITTEN</p>	<p>You're doing great with the survey – keep going! Click 'next' to continue.</p> <div style="text-align: center;">  <p>Hang in there!</p> </div>
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MARKETING

<p>MEDIA CHANNELS – TIME - WEEKDAY</p> <p><i>MEDIA_WD_YTB</i> <i>MEDIA_WD_SOC</i> <i>MEDIA_WD_SHOW</i> <i>MEDIA_WD_GAME</i> <i>MEDIA_WD_WEB</i></p>	<p>On a <u>normal weekday</u>, how much time do you spend:</p> <ul style="list-style-type: none"> Watching YouTube On social media (including messaging, posting, or liking posts) Watching TV shows, series, or movies Playing games on smartphones, computers, or game consoles Browsing, reading websites, Googling, etc. <p>[PROGRAMMER NOTE: Show options for each as radio buttons]</p> <ul style="list-style-type: none"> 0 hours (none) Up to 15 minutes Up to 30 minutes Up to 1 hour Up to 2 hours Up to 3 hours Up to 4 hours More than 4 hours Don't know Refuse to answer
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<p>MEDIA CHANNELS – TIME - WEEKEND</p> <p>MEDIA_WE_YTB MEDIA_WE_SOC MEDIA_WE_SHOW MEDIA_WE_GAME MEDIA_WE_WEB</p>	<p>On a <u>normal WEEKEND day</u>, how much time do you spend:</p> <p>Watching YouTube On social media (including messaging, posting, or liking posts) Watching TV shows, series, or movies Playing games on smartphones, computers, or game consoles Browsing, reading websites, Googling, etc.</p> <p>[PROGRAMMER NOTE: Show options for each as radio buttons]</p> <p>0 hours (none) Up to 15 minutes Up to 30 minutes Up to 1 hour Up to 2 hours Up to 3 hours Up to 4 hours More than 4 hours Don't know Refuse to answer</p>
<p>MEDIA CHANNELS – SOCIAL MEDIA</p> <p>MEDIA_SOC_FB MEDIA_SOC_IG MEDIA_SOC_TIK MEDIA_SOC_TWT MEDIA_SOC_SC MEDIA_SOC_NONE MEDIA_SOC_DK MEDIA_SOC_R</p>	<p>Do you use...? <i>Select all that apply.</i></p> <p>Facebook Instagram TikTok Twitter Snapchat None of the above Don't know Refuse to answer</p>
<p>EXPOSURE TO UNHEALTHY FOOD MARKETING – LOCATION</p> <p>COUNTRY SPECIFIC WORDING</p> <p>MKTG_LOC_SHOW MKTG_LOC_ONLINE MKTG_LOC_GAME MKTG_LOC_STORE MKTG_LOC_RADIO MKTG_LOC_MAG</p>	<p>Think about the last 30 days. Have you seen or heard <u>advertisements for 'unhealthy' foods or drinks</u> in any of these places?</p> <p><i>Unhealthy food and drinks include processed foods high in sugar, salt, or saturated fat, such as soft drinks, fast food / take-away, chips, sugary cereals, biscuits and chocolate bars.</i></p> <p><i>Select all that apply.</i></p> <p>TV shows, series or movies</p>

<p>MKTG_LOC_SIGN MKTG_LOC_TRANS MKTG_LOC_MOV MKTG_LOC_SCH MKTG_LOC_REC MKTG_LOC_EVENT MKTG_LOC_SAMP MKTG_LOC_OTHER MKTG_LOC_OTEXT MKTG_LOC_NONE MKTG_LOC_DK MKTG_LOC_R</p>	<p>Website or social media Video or computer games Stores (such as posters, special displays) Radio Magazine or newspaper Billboard Buses, bus stops and other public transport Movie theatres School Recreation or community centre Sports event, concert or community event Contests, free samples or coupons Other (please specify): <i>[open-ended]</i> I haven't seen any ads for unhealthy food in the last 30 days Don't know Refuse to answer</p>
<p>EXPOSURE TO UNHEALTHY FOOD MARKETING - FREQUENCY</p> <p>COUNTRY SPECIFIC WORDING</p> <p>MKTG_FREQ_SD MKTG_FREQ_FF MKTG_FREQ_CEREAL MKTG_FREQ_SNACK MKTG_FREQ_DESSERT MKTG_FREQ_FV</p>	<p>In the last 30 days, <u>how often</u> did you see or hear advertisements for these kinds of food or drinks?</p> <p>Ads for sugary drinks Ads for fast food / take-away from a restaurant Ads for sugary cereals Ads for fruit or vegetables Ads for snacks like crackers, chips or muesli bars Ads for desserts or treats like biscuits, ice cream or lollies</p> <p>[Show options for each as radio buttons] Never Less than once a week Once a week A few times a week Every day More than once a day Don't know Refuse to answer</p>


<p>EXPOSURE TO MARKETING STRATEGIES</p> <p>MKTG_SPORT MKTG_MOVIE MKTG_COMP MKTG_CELEB MKTG_DKR</p>	<p>In the last 30 days, have you seen unhealthy food or drinks advertised with any of the following?</p> <p>Sports teams or athletes Cartoons or characters from movies or TV (e.g., Superheroes, Disney) Cartoons or characters made by food companies (e.g., Tony the Tiger, Ronald McDonald) Famous people</p> <p>[PROGRAMMER NOTE: Use table with yes/no for each personality; single DK/R option for question]</p> <p>Yes No Don't know Refuse to answer</p>
<p>OWN - PRODUCTS</p> <p>COUNTRY SPECIFIC WORDING</p> <p>MKTG_PRODUCT</p>	<p>Think about the <u>clothing, posters, stickers, or other things</u> you have.</p> <p>Do any of them show a <u>name or logo</u> of <u>unhealthy</u> food or drink companies?</p> <p>[PROGRAMMER NOTE: show note in grey font] <i>Remember: Unhealthy food and drinks include processed foods high in sugar, salt, or saturated fat, such as soft drinks, fast food, chips, sugary cereals, biscuits and chocolate bars.</i></p> <p>Yes No Don't know Refuse to answer</p>
<p>OWN – TOY</p> <p>MKTG_TOY</p>	<p>Do you have '<u>Happy Meal</u>' toys or other toys from fast-food restaurants?</p> <p>Yes No Don't know Refuse to answer</p>
<p>BEVERAGE BRAND ADS</p> <p>COUNTRY SPECIFIC JUICE IMAGE</p> <p>BEV_AD_COKE BEV_AD_BULL</p>	<p>[PROGRAMMER NOTE: Ask for each brand image one at a time; randomize order of screens]</p> <p>Have you seen any advertisements for this drink brand in the last 30 days? <i>[Show image]</i></p> <p>[Coke]</p>

<p>BEV_AD_JUICE</p>	 <p>[Red Bull]</p> <p>Yes No Don't know Refuse to answer</p>
<p>BEVERAGE BRAND AD LOCATION</p> <p>COUNTRY SPECIFIC WORDING</p> <p>BEV_[TYPE]_LOC_SHOW BEV_[TYPE]_LOC_ONLINE BEV_[TYPE]_LOC_GAME BEV_[TYPE]_LOC_STORE BEV_[TYPE]_LOC_RADIO BEV_[TYPE]_LOC_MAG BEV_[TYPE]_LOC_SIGN BEV_[TYPE]_LOC_TRANS BEV_[TYPE]_LOC_MOV BEV_[TYPE]_LOC_SCH BEV_[TYPE]_LOC_REC</p>	<p><i>UNIVERSE: Respondents who saw ad for at least one beverage brand in past 30 days</i> [PROGRAMMER NOTE: Randomize to ask question for one of the brands for which the respondent saw an ad (Coca-Cola, Red Bull or Juice)]</p> <p>Where did you see advertisements for this brand? <i>[Show selected image]</i></p> <p><i>Select all that apply.</i></p> <ul style="list-style-type: none"> TV shows, series or movies Website or social media Video or computer games Stores (such as posters, special displays) Radio Magazine or newspaper

<p>BEV_[TYPE]_LOC_EVENT BEV_[TYPE]_LOC_SAMP BEV_[TYPE]_LOC_OTHER BEV_[TYPE]_LOC_OTEXT BEV_[TYPE]_LOC_NONE BEV_[TYPE]_LOC_DK BEV_[TYPE]_LOC_R</p>	<p>Billboard Buses, bus stops and other public transport Movie theatres School Recreation or community centre Sports event, concert or community event Contests, free samples or coupons Other (please specify): <i>[open-ended]</i> I haven't seen any ads for this brand in the last 30 days Don't know Refuse to answer</p>
<p>BEVERAGE SPORTS ADVERTISING</p> <p>BEV_SPORT_COKE BEV_SPORT_BULL BEV_SPORT_JUICE</p>	<p>[PROGRAMMING NOTE: Randomize to show image for one of three beverage brands (Coca-Cola, Red Bull or Juice); may differ from above; prevent respondents from using back button to return to previous question].</p> <p>Have you seen this brand advertised by a sports team or athlete in the last 12 months? <i>[Show randomly selected brand image]</i></p> <p>Yes No Don't know Refuse to answer</p>
<p>BEVERAGE CELEBRITY ADVERTISING</p> <p>BEV_CELEB_COKE BEV_CELEB_BULL BEV_CELEB_JUICE</p>	<p>[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].</p> <p>Can you think of anyone famous who advertises this brand? <i>[Show same brand image as above]</i></p> <p>Yes No Don't know Refuse to answer</p>
<p>BEVERAGE TARGET AUDIENCE</p> <p>BEV_[TYPE]_AIM_CH BEV_[TYPE]_AIM_TN BEV_[TYPE]_AIM_AD BEV_[TYPE]_AIM_DKR</p>	<p>Are <u>advertisements</u> for this brand usually aimed at... <i>[Show same brand image as above]</i> [PROGRAMMER NOTE: Use table with yes/no for each group]</p> <p>Kids 12 and under Teenagers aged 13 to 17 Adults</p> <p>I've never seen an advertisement for this brand Don't know Refuse to answer</p>

<p>BEVERAGE PREFERENCE</p> <p>BEV_PREF_COKE BEV_PREF_COKE_DKR BEV_PREF_BULL BEV_PREF_BULL_DKR BEV_PREF_JUICE BEV_PREF_JUICE_DKR</p>	<p>How much would you like to have this drink? <i>[Show same brand image as above]</i></p>  <p>Don't know Refuse to answer</p>
<p>RESTAURANT BRAND ASSOCIATIONS</p> <p>REST_AD_MCD REST_AD_SUB REST_AD_KFC</p>	<p><small>[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].</small> <small>[PROGRAMMER NOTE: Ask for each brand image one at a time; randomize order of screens]</small></p> <p>Have you seen an advertisement for this restaurant in the last 30 days? <i>[Show image]</i></p> <p>[McDonald's]</p>  <p>[Subway]</p>  <p>[KFC]</p>  <p>Yes No Don't know Refuse to answer</p>

<p>RESTAURANT BRAND AD LOCATION</p> <p>COUNTRY SPECIFIC WORDING</p> <p>REST_[TYPE]_LOC_SHOW REST_[TYPE]_LOC_ONLINE REST_[TYPE]_LOC_GAME REST_[TYPE]_LOC_STORE REST_[TYPE]_LOC_RADIO REST_[TYPE]_LOC_MAG REST_[TYPE]_LOC_SIGN REST_[TYPE]_LOC_TRANS REST_[TYPE]_LOC_MOV REST_[TYPE]_LOC_SCH REST_[TYPE]_LOC_REC REST_[TYPE]_LOC_EVENT REST_[TYPE]_LOC_SAMP REST_[TYPE]_LOC_OTHER REST_[TYPE]_LOC_OTEXT REST_[TYPE]_LOC_NONE REST_[TYPE]_LOC_DK REST_[TYPE]_LOC_R</p>	<p><i>UNIVERSE: Respondents who saw ad for at least one restaurant brand in past 30 days</i> [PROGRAMMER NOTE: Randomize to ask question for one of the brands for which the respondent saw an ad (McDonalds, Subway or KFC)]</p> <p>Where did you see advertisements for this restaurant? <i>[Show image]</i></p> <p>Select all that apply.</p> <ul style="list-style-type: none"> TV shows, series or movies Video or computer games Website or social media Stores (such as posters, special displays) Radio Magazine or newspaper Billboard Buses, bus stops and other public transport Movie theatres School Recreation or community centre Sports event, concert or community event Contests, free samples or coupons Other (please specify): <i>[open-ended]</i> I haven't seen any ads for this restaurant in the last 30 days Don't know Refuse to answer
<p>RESTAURANT SPORTS ADVERTISING</p> <p>REST_SPORT_MCD REST_SPORT_SUB REST_SPORT_KFC</p>	<p>[PROGRAMMING NOTE: Randomize to show image for one of three restaurant brands (McDonalds, Subway or KFC); may differ from above] [PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].</p> <p>Have you seen this restaurant advertised by a sports team or athlete in the last 12 months? <i>[Show randomly selected brand image]</i></p> <ul style="list-style-type: none"> Yes No Don't know Refuse to answer
<p>RESTAURANT CELEBRITY ADVERTISING</p> <p>REST_CELEB_MCD REST_CELEB_SUB REST_CELEB_KFC</p>	<p>[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].</p> <p>Can you think of anyone famous who advertises this restaurant? <i>[Show same brand image as above]</i></p> <ul style="list-style-type: none"> Yes No

	<p>Don't know Refuse to answer</p>
<p>RESTAURANT TARGET AUDIENCE</p> <p><i>REST_[TYPE]_AIM_CH</i> <i>REST_[TYPE]_AIM_TN</i> <i>REST_[TYPE]_AIM_AD</i></p>	<p>Are advertisements for this restaurant usually aimed at... <i>[Show same brand image as above]</i> [PROGRAMMER NOTE: Use table with yes/no for each group]</p> <p>Kids 12 and under Teenagers aged 13 to 17 Adults</p> <p>I've never seen an advertisement for this restaurant Don't know Refuse to answer</p>
<p>RESTAURANT PREFERENCE</p> <p><i>REST_PREF_MCD</i> <i>REST_PREF_SUB</i> <i>REST_PREF_KFC</i></p>	<p>How much would you like to go to this restaurant? <i>[Show same brand image as above]</i></p> <p>  </p> <p>Don't know Refuse to answer</p>
<p>SPORTS PARTICIPATION</p> <p><i>SPORT_PLAY</i></p>	<p>Do you play on a sports team?</p> <p>Yes No Don't know Refuse to answer</p>
<p>TEAM SPONSORSHIP – EQUIPMENT</p> <p><i>SPORT_EQUIP</i></p>	<p><i>UNIVERSE: Respondents who play on a sports team</i></p> <p>Are there any <u>names or logos</u> of <u>food or restaurant companies</u> on your sports equipment (like uniforms or water bottles)?</p> <p>Yes No Does not apply to me [valid answer] Don't know Refuse to answer</p>
<p>TEAM SPONSORSHIP – SIGNS</p>	<p><i>UNIVERSE: Respondents who play on a sports team</i></p>

<p><i>SPORT_SIGN</i></p>	<p>Are there any <u>names or logos of food or restaurant companies</u> on signs or banners at your sports practices, games, tournaments or competitions?</p> <p>Yes No Does not apply to me [valid answer] Don't know Refuse to answer</p>
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ENCOURAGEMENT 3

<p>ENCOURAGEMENT 3 - KOALA</p>	<p>Getting tired? Don't give up, you're almost finished!</p> 
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DATA QUALITY CHECK 1

<p>DATA QUALITY CHECK - FRUIT</p> <p><i>DQ_FRUIT</i></p>	<p>Which of these foods is a <u>fruit</u>?</p> <p>Bread Carrot Egg Apple Milk Don't know Refuse to answer</p>
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OTHER BEHAVIOURAL/DEMOGRAPHIC CHARACTERISTICS

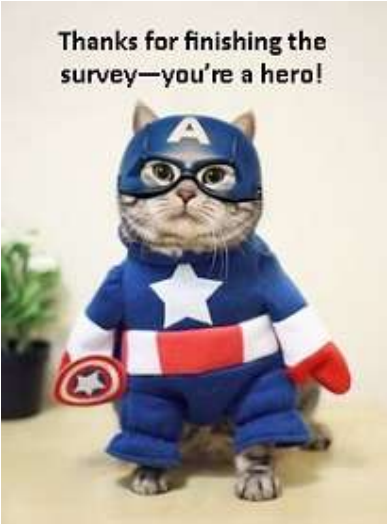
<p>DRUG USE</p> <p>CSTADS modified</p> <p>USE_CIG USE_ECIG USE_MJ USE_ALC USE_NONE USE_DK USE_R</p>	<p><i>UNIVERSE: Age 16-17</i></p> <p>Have you <u>ever</u> used any of the following? <i>Select all that apply.</i></p> <p>Tobacco cigarettes E-cigarettes / vaped nicotine Marijuana / cannabis Alcohol I have never used any of the above Don't know Refuse to answer</p>
<p>PERCEIVED INCOME ADEQUACY</p> <p>INC_ADEQ</p>	<p>Does your family have enough money to pay for things your family needs?</p> <p>Not enough money Barely enough money Enough money More than enough money Don't know Refuse to answer</p>
<p>ABORIGINAL STATUS</p> <p>CCHS</p> <p>COUNTRY SPECIFIC WORDING</p> <p>ABORIG_AUS</p>	<p><i>UNIVERSE: Australia</i></p> <p>Are you Aboriginal or Torres Strait Islander?</p> <p>Yes No Don't know Refuse to answer</p>
<p>ETHNICITY – AUSTRALIA</p> <p>COUNTRY SPECIFIC WORDING</p> <p>ETH_AUS ETH_AUS_LANG1 to ETH_AUS_LANG7 ETH_AUS_LANG_OTEXT ETH_AUS_LANG_DK ETH_AUS_LANG_R</p>	<p><i>UNIVERSE: Australia</i></p> <p>Do you speak a language other than English in the home?</p> <p>Yes No Don't know Refuse to answer</p> <p>[If yes:] What language is that? (Select all that apply) Italian</p>

	<p>Greek Cantonese Mandarin Arabic Vietnamese Other (please specify): _____ Don't know Refuse to answer</p>
<p>BIRTH LOCATION</p> <p>COUNTRY SPECIFIC WORDING</p> <p><i>BIRTH_AUS</i></p>	<p>Were you born in Australia?</p> <p>Yes No Don't know Refuse to answer</p>
<p>SELF-REPORTED HEIGHT</p> <p><i>HT_UNIT</i> <i>HT_CM</i> <i>HT_FT</i> <i>HT_IN</i></p>	<p>How tall are you without shoes?</p> <p>Would you rather answer in:</p> <p>Feet and inches Centimetres Don't know Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above] <i>UNIVERSE: ht_unit=feet and inches</i> Enter feet: _____ ft [numeric, 2-7] AND Enter inches: _____ in [numeric, 0-11]</p> <p><i>UNIVERSE: ht_unit= centimetres</i> Enter centimetres: _____ cm [numeric, 60-250]</p>

<p>SELF-REPORTED HEIGHT CONFIRMATION</p> <p><i>HT_FTIN_CONF</i> <i>HT_CM_CONF</i></p>	<p><i>UNIVERSE: ht_unit=feet and inches</i> You entered [X] feet and [X] inches. Is that right? Yes No – I need to fix my answer Don't know Refuse to answer</p> <p><i>UNIVERSE: ht_unit= centimetres</i> You entered [X] centimetres. Is that right? Yes No – I need to fix my answer Don't know Refuse to answer</p>
<p>SELF-REPORTED HEIGHT CORRECTION</p> <p><i>HTC_UNIT</i> <i>HTC_CM</i> <i>HTC_FT</i> <i>HTC_IN</i></p>	<p><i>UNIVERSE: ht_ftin_conf, or ht_cm_conf= No – I need to fix my answer</i> How tall are you without shoes? Would you rather answer in: Feet and inches Centimetres Don't know Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: htc_unit=feet and inches</i> <i>Enter feet: _____ ft [numeric, 2-7]</i> AND <i>Enter inches: _____ in [numeric, 0-11]</i></p> <p><i>UNIVERSE: htc_unit= centimetres</i> <i>Enter centimetres: _____ cm [numeric, 60-250]</i></p>
<p>SELF-REPORTED WEIGHT</p> <p>COUNTRY SPECIFIC UNITS</p> <p><i>WT_UNIT</i> <i>WT_KG</i> <i>WT_LB</i> <i>WT_ST</i> <i>WT_STLB</i></p>	<p>How much do you weigh without clothes or shoes? Would you rather answer in: Kilograms (kg) Pounds (lb) Stones and pounds (st/lb) Don't know Refuse to answer</p>

	<p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: wt_unit=kilograms</i> <i>Enter kilograms: _____ kg [numeric]</i></p> <p><i>UNIVERSE: wt_unit= pounds</i> <i>Enter pounds: _____ lb [numeric]</i></p> <p><i>UNIVERSE: wt_unit= stones and pounds (st/lb)</i> <i>Enter stones: _____ st [numeric]</i> AND <i>Enter pounds: _____ lb [numeric]</i></p>
<p>SELF-REPORTED WEIGHT CONFIRMATION</p> <p>COUNTRY SPECIFIC UNITS</p> <p><i>WT_KG_CONF</i> <i>WT_LB_CONF</i> <i>WT_STLB_CONF</i></p>	<p><i>UNIVERSE: wt_unit=kilograms</i> You entered [X] kilograms. Is that correct? Yes No – I need to fix my answer Don't know Refuse to answer</p> <p><i>UNIVERSE: wt_unit= pounds</i> You entered [X] pounds. Is that correct? Yes No – I need to fix my answer Don't know Refuse to answer</p> <p><i>UNIVERSE: wt_unit= stones and pounds (st/lb)</i> You entered [X] stones and [X] pounds. Is that correct? Yes No – I need to fix my answer Don't know Refuse to answer</p>
<p>SELF-REPORTED WEIGHT CORRECTION</p> <p>COUNTRY SPECIFIC UNITS</p> <p><i>WTC_UNIT</i></p>	<p><i>UNIVERSE: wt_lb_conf, wt_kg_conf, or wt_stlb_conf= No – I need to make a correction</i> How much do you weigh without clothes or shoes? Would you rather answer in: Kilograms (kg) Pounds (lb)</p>

<p>WTC_KG WTC_LB WTC_ST WTC_STLB</p>	<p>Stones and pounds (st/lb) Don't know Refuse to answer</p> <p>[PROGRAMMER NOTE: show based on response to above]</p> <p><i>UNIVERSE: wtc_unit=kilograms</i> <i>Enter kilograms: _____ kg [numeric]</i></p> <p><i>UNIVERSE: wtc_unit= pounds</i> <i>Enter pounds: _____ lb [numeric]</i></p> <p><i>UNIVERSE: wtc_unit= stones and pounds (st/lb)</i> <i>Enter stones: _____ st [numeric]</i> AND <i>Enter pounds: _____ lb [numeric]</i></p>
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<p>END SCREEN</p>	<p>You're finished - thank you!</p> <p>As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Committee (ORE #41477). If you have any questions for the Committee, please contact the Office of Research Ethics in Canada at 0011-1-519-888-4567 ext. 36005 or ore-ceo@uwaterloo.ca.</p> <p>For all other questions about the study or if you are interested in receiving a copy of the study findings, please contact Professor David Hammond of the University of Waterloo in Canada at 0011-1-519-888-4567 ext. 36462 or dhammond@uwaterloo.ca or Associate Professor Gary Sacks, a local study researcher from Deakin University in Australia at 03 9251 7105 or gary.sacks@deakin.edu.au.</p> <p>Click NEXT to return to the survey company's website.</p> <p>Thanks again for your help.</p> 
<p>REDIRECT</p>	<p>You will now be redirected back to the survey company.</p>
<p>NIelsen END SCREEN</p>	<p>[Screen shown by Nielsen and their partner panels] Thank you for your participation in this survey! We appreciate your time and thank you for your opinions. You have earned [panel incentive].</p>