



AUSTRALIA SURVEY

WAVE 1 (2017)

OCTOBER 1, 2018



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INTRODUCTION

DOMAIN SOURCE	QUESTION
ELIGIBILITY INTRO	Before you continue to the study information, we need to confirm your eligibility with a few short questions.
AGE AGE	How old are you? [numeric] [f <18: “Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company.”]
INFO	<p>Before you start the survey, please read the following information and let us know if you agree to participate.</p> <ul style="list-style-type: none"> - The survey will examine eating patterns. The study is being conducted by Professor David Hammond at the University of Waterloo, Canada and Dr. Gary Sacks at Deakin University, Australia. - The survey will take about 20 minutes to complete. - You must be 18 years of age or older to participate in the study. - Participation is voluntary and you can skip any question you don’t want to answer. You can choose to stop the study at any time without penalty. If you choose to discontinue the study, you may receive remuneration by declining all further questions until the end of the survey. Any data already collected may be used in the study, unless you contact the researcher to have it deleted. - We take your privacy very seriously and will make every effort to keep your information strictly confidential. We will never share your personal information with any company or marketing firm. The data will be stored for a minimum of 7 years on a secure University of Waterloo server. Internet protocol (IP) addresses may be recorded by the software programs used for this study, but this information will not be used by the researchers or the owners of the programs with an intention to identify you. When information is transmitted over the internet, privacy cannot be guaranteed. There is always a risk your responses may be intercepted by a third party (e.g., government agencies, hackers). - This project has been reviewed and received ethics clearance through Research Ethics Committees at Deakin University and the University of Waterloo. However, the final decision about participation is yours. Participants who have concerns or questions about their involvement in the project may contact the Deakin University Human Research Ethics Office at 03 9251 7123, or research-ethics@deakin.edu.au. - If you have any other questions about the study, please contact Associate Professor. Gary Sacks of Deakin University, at +61 (0) 3 9251 7105 or gary.sacks@deakin.edu.au
CONSENT CONSENT	<p>Based on the information you received, do you agree to take part in this research study being conducted by the University of Waterloo and Associate Professor Gary Sacks of Deakin University?</p> <p>Yes → [continue to survey] No → Thank you for your time. You will now be redirected back to the survey company. [TERMINATE]</p>

DEMOGRAPHICS

DOMAIN SOURCE	QUESTION
PREAMBLE	The first section of this survey includes questions about where you get food, the types of food you eat, the places you eat, and your background.
GENDER CIHR SUGGESTED METHOD (GRETA BAUER, WESTERN) <i>GENDER</i> <i>GENDER_OTEXT</i>	What is your current gender identity? Man Woman Trans male/trans man Trans female/trans woman Gender queer/gender non-conforming Different identity → Please specify: [<i>open-ended</i>] Don't know Refuse to answer
SEX AT BIRTH CIHR SUGGESTED METHOD (GRETA BAUER, WESTERN) <i>SEX</i>	What sex were you assigned at birth, meaning on your original birth certificate? Male Female
STUDENT STATUS <i>STUDENT</i>	Are you currently a student? No Yes, full-time Yes, part-time Don't know Refuse to answer
CURRENT EMPLOYMENT <i>WORK</i>	Do you currently do any paid work at a job or a business? Yes – Full-time (30 hours or more per week) Yes – Part-time (less than 30 hours per week) No – Looking for work No – Not looking for work Don't know Refuse to answer
CHILDREN – ANY <i>CHILD_ANY</i>	Do you have any children (including step-children or adopted children) <u>under the age of 18</u>? Yes No Don't know Refuse to answer
CURRENT LIVING SITUATION <i>LIVE_PARENT</i> <i>LIVE_ROOM</i> <i>LIVE_SPOUSE</i>	What is your current living situation? I live with... (Select all that apply.) My parent(s)/guardian(s) Housemate(s) My partner / spouse My child(ren)

LIVE_CHILD	I live in a residence at school, university or college
LIVE_SCHOOL	I live alone
LIVE_ALONE	Other → Please specify: <i>[open-ended]</i>
LIVE_OTHER	Don't know
LIVE_DK	Refuse to answer
LIVE_R	
LIVE_OTEXT	

FOOD SOURCES

DOMAIN	QUESTION
SOURCE	
FOOD SOURCE – INTRO	<p>The next questions ask about where you got the FOOD YOU ATE IN THE LAST WEEK. We'll ask about drinks later.</p> <p>We will ask about WHERE YOUR FOOD WAS PREPARED, not where you ate it.</p> <p>We'll also ask WHO PREPARED IT.</p> <p>We will start by asking about yesterday, and then work back through each previous day, one by one.</p>
FOOD SOURCE – PREPARATION LOCATION BY DAY & MEAL DAY#_BREAKFAST DAY#_LUNCH DAY#_DINNER DAY#_OTHER	<p>[PROGRAMMER NOTE: Ask for each of the past 7 days.]</p> <p>Remember: We are asking about WHERE your food was PREPARED, not where you ate it. For example: If you made lunch at home and brought it to work or school, this would be prepared at "home." If your food came from home—even if it needed little or no preparation (e.g., an apple or crackers)—that counts as at "home".</p> <p>We're also asking WHO prepared the food. If the food preparation was shared equally with someone else, choose "Home, by you". If someone else did most of the food preparation, choose "Home, by someone else".</p> <p>DO NOT include drinks.</p> <p>[Yesterday,] on [date], please indicate WHERE each meal was PREPARED.</p> <p><i>[Table with meal as row headings and location as column headings]</i></p> <p>BREAKFAST LUNCH DINNER SNACKS/OTHER</p> <p>Home, by you (incl. minimal/no prep) Home, by someone else (family, partner, friend) Restaurant, takeaway, cafeteria, vending machine, etc. Someone else's home</p>

	<p>Did not eat Don't know Refuse to answer</p>
<p>FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED OUTSIDE THE HOME</p> <p>DAY#_B1...B10 DAY#_BDK DAY#_BR DAY#_B90</p> <p>(B/L/D/O)</p>	<p>[UNIVERSE: Respondents who indicated that any food was prepared at “Restaurant, take-out, cafeteria, vending machine, etc.” for any meals.] [PROGRAMMER: Ask separately for each applicable meal by day.]</p> <p>You said you had food prepared outside the home on [date].</p> <p>Please indicate WHERE each of these meals was purchased. [MEAL]</p> <p>Fast food / take-away / Food court (i.e., order from a counter, online or by phone) (e.g. McDonalds, KFC, fish and chip shops, sushi, Noodle Box, Sumo Salad, Subway, Boost Juice)</p> <p>Café/coffee shop / sandwich bar /deli (e.g. local café, Gloria Jeans, The Coffee Club, Starbucks)</p> <p>Sit-down restaurant or pub with a waiter/waitress (e.g. Hog's Breath Café, La Porchetta, Indian restaurant, Thai restaurant,, TGI Fridays)</p> <p>Work or school/university/hospital canteen (NOT including fast food chains)</p> <p>Sandwich/ready- meal from a supermarket (e.g. Woolworths, Coles)</p> <p>Food truck / market food stall / ‘street food’</p> <p>Convenience store / petrol station (e.g. 7-Eleven, BP service station)</p> <p>Leisure centre, recreation, or entertainment venue (e.g. swimming pool)</p> <p>Vending machine</p> <p>Some other place (Please specify):</p> <p>Don't know Refuse to answer</p> <p>Error in Australia Day5_03 and Day5_04: Option that should have been “Work or school/university/hospital canteen (NOT including fast food chains)” was mistakenly shown as “Sandwich/ready- meal from a supermarket (e.g. Woolworths, Coles)”. Option that should have been “Sandwich/ready- meal from a supermarket (e.g. Woolworths, Coles)” was mistakenly shown as “Ready-to-eat / take-away from grocery store”.</p>
<p>FOOD SOURCE – LOCATION</p> <p>FF_WHERE_1...4 FF_WHERE_DK FF_WHERE_R</p>	<p>[UNIVERSE: Respondents who indicated they purchased any meals from a “Fast food / take-away / food court”.]</p> <p>Where were any of the fast food or take-away restaurant(s) that you ate at in the last 7 days located? (Select all that apply)</p> <p>Near your home</p> <p>Near your work or school</p> <p>On your way to or from work or school</p> <p>Other location</p> <p>Don't know Refuse to answer</p>
<p>FOOD SOURCE – FAST FOOD FREQUENCY</p> <p>FF_1... 10 FF_10_OTEXT FF_DK FF_R</p>	<p>[UNIVERSE: Respondents who indicated they purchased any meals from a “Fast food / take-away / food court”.]</p> <p>You told us you ate at a fast food or quick service restaurant(s) [#] time(s) in the last 7 days.</p> <p>We'd like to know what TYPES OF RESTAURANTS these were.</p> <p>HOW MANY TIMES did you eat ate at/from each of the following TYPES OF RESTAURANT(s) in the LAST 7 DAYS?</p> <p># of times</p>

	<p>[numeric] Traditional “burger & fries” (McDonald’s, Hungry Jack’s, Grill’d) [numeric] Sandwich / sub (Subway, etc.) [numeric] Pizza (Pizza Hut, Dominos) [numeric] Chicken (KFC, Red Rooster, Nando’s, etc.) [numeric] Mexican (Mad Mex, Salsa’s Fresh Mex, Guzman y Gomez, etc.) [numeric] Asian / International fast food (Indian, Chinese, kebab, Vietnamese, Sushi, etc.) [numeric] Bakery / Pie shop (Baker’s Delight) [numeric] Ice cream/ frozen yogurt (Baskin Robbins, New Zealand Natural, etc.) [numeric] Fresh food bar (Sumo Salad) [numeric] Some other kind of place → Please specify: [open-ended] Don’t know Refuse to answer</p>
<p>FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME</p> <p>HS_1...3, HS_5...6, HS_8...13 HS_DK HS_R HS_10_OTEXT</p>	<p>[UNIVERSE: Respondents who indicated they prepared any meals “Home: by you”, or “Home: by someone else”]. Please think about the food PREPARED AT HOME (by you or someone else) IN THE LAST 7 DAYS. Where was it purchased? Select all that apply.</p> <p>Supermarket Fruit and veg shop Butcher Deli Fresh food market or farmer’s market Convenience / corner store Warehouse club (e.g., Costco) Ethnic or specialty food store/market (e.g., Asian grocer) Farm box delivery (e.g., Farmers Direct, HelloFresh) Food bank Some other place → Please specify: [open-ended] Don’t know Refuse to answer</p>
<p>FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME BY PERCENTAGE</p> <p>HSP_1...3, HSP_5...6, HSP_8...13 HSP_DK HSP_R</p>	<p>[UNIVERSE: Respondents who indicated they prepared any meals “Home: by you”, or “Home: by someone else”]. Still thinking about the food PREPARED AT HOME IN THE LAST 7 DAYS, how much was purchased from each place?</p> <p>Enter a percentage for each source. Sources must add to 100%.</p> <p>[PROGRAMMER NOTE: Only show locations selected in previous question.] [numeric] Supermarket [numeric] Fruit and veg shop [numeric] Butcher [numeric] Deli [numeric] Fresh food market or farmer’s market [numeric] Convenience / corner store [numeric] Warehouse club (e.g., Costco) [numeric] Ethnic or specialty food store/market (e.g., Asian grocer) [numeric] Farm box delivery (e.g., Farmers Direct, HelloFresh)</p>

	<p>[<i>numeric</i>] Food bank</p> <p>[<i>numeric</i>] [PROGRAMMER: Insert “Some other place” text from previous question]</p> <p>[<i>fill with total</i>] out of 100% Total</p> <p>Don’t know</p> <p>Refuse to answer</p>
<p>READY-TO-EAT MEALS</p> <p><i>READY</i></p> <p><i>READY_DKR</i></p>	<p>Thinking about the meals prepared at home in the last 7 days, what percentage was “ready-to-eat” or “box food” (e.g., microwave, frozen or packaged meals)?</p> <p>This includes foods like frozen pizza, chicken nuggets, frozen dinner, 2 minute noodles, canned soup, baking mixes, instant oats, etc.</p> <p>[<i>slider with anchors; 5% increments</i>]</p> <p>0%</p> <p>100%</p> <p>Don’t know</p> <p>Refuse to answer</p>

BEVERAGE INTAKE

DOMAIN	QUESTION
<p>SOURCE</p> <p>BEVERAGE FREQUENCY QUESTIONNAIRE (BFQ) – NUMBER OF DRINKS BY TYPE</p> <p>ADAPTED FROM SEVERAL OTHER PAPER FFQS FOR BEVERAGES.</p> <p><i>BFQ_#_N</i></p> <p><i>BFQ_NONE</i></p> <p><i>BFQ_DK_N</i></p> <p><i>BFQ_R_N</i></p>	<p>During the PAST 7 DAYS, how many drinks did you have for each of the following beverages?</p> <p>For each category, fill in the <u>number of drinks</u> you had in the boxes below. We’ll ask about the sizes later.</p> <p>[<i>numeric</i>] Regular soft drink or iced tea (Coke, Pepsi, Fanta, Sprite, ginger beer, etc.) <i>*Not including diet soft drink</i></p> <p>[<i>numeric</i>] Diet soft drink (Pepsi Max, Diet Coke, etc.)</p> <p>[<i>numeric</i>] 100% fruit or vegetable juice (orange juice, apple juice, etc.)</p> <p>[<i>numeric</i>] Sweetened fruit drinks (Prima, fruit punch/cocktail, etc.)</p> <p>[<i>numeric</i>] Low-/no-calorie fruit drinks (diet lemonade, unsweetened iced tea, etc.)</p> <p>[<i>numeric</i>] Regular flavoured waters or vitamin waters with calories (cordial, vitamin water, Pump flavoured water)</p> <p>[<i>numeric</i>] Low-/no-calorie flavoured waters or vitamin waters (diet cordial, LQD+, Cottees Squirtz, etc.)</p> <p>[<i>numeric</i>] Regular sports drinks (Gatorade, Powerade, etc.)</p> <p>[<i>numeric</i>] Low-/no-calorie sports drinks (Powerade Zero, etc.)</p> <p>[<i>numeric</i>] Regular energy drinks (Red Bull, V, Mother, etc.)</p> <p>[<i>numeric</i>] Low-/no-calorie energy drinks (Red Bull Sugarfree, etc.)</p> <p>[<i>numeric</i>] Dairy milk or unsweetened milk alternatives (soy, almond, etc.) as a beverage <i>*NOT including milk consumed in cereal, etc.</i></p> <p>[<i>numeric</i>] Flavoured milk, incl. chocolate milk, iced coffee and hot chocolate</p> <p>[<i>numeric</i>] Coffee (instant) or tea (including herbal teas), <u>with milk or sugar</u></p> <p>[<i>numeric</i>] Coffee (instant) or tea (including herbal teas), <u>no milk or sugar</u>, with or without artificial sweetener</p>

[numeric] Espresso style coffees with milk (lattes, mochas, frappucinos, macchiatos, etc.)
 [numeric] Sweetened smoothies, protein shakes, or drinkable yogurt
 [numeric] Unsweetened smoothies, protein shakes, or drinkable yogurt
 [numeric] Beer, cider, coolers
 [numeric] Wine (red, white or sparkling)
 [numeric] Spirits with mixer, cocktails that have calories/sugar (rum & coke, gin & tonic, margarita, martini, etc.)
 [numeric] Spirits with no mixer or diet/non-caloric mix (shots, whiskey on the rocks, vodka & soda, rum & diet, etc.)
 None of the above
 Don't know
 Refuse to answer

BFQ – USUAL SIZE
 ADAPTED FROM
 SEVERAL OTHER PAPER
 FFQS FOR BEVERAGES.

 BFQ_#_SIZE_AUS
 BFQ_#_SIZE_DK_AUS
 BFQ_#_SIZE_R_AUS

[PROGRAMMER NOTE: For each category that there was at least one drink consumed, ask size question - images should only be shown for beverage categories selected above]

For each type of drink, what size did you USUALLY have?
 If you had different sizes, select the picture that is closest to the average size.
 Regular soft drink (Coke, Pepsi, Fanta, Sprite, ginger beer, etc.) *NOT including diet soft drink

Less				
Less than 250 mL	1 cup (250 mL)	Can (375 mL)	Fountain cup (473 mL)	Fountain cup (591 mL)
		More		
Bottle (600 mL)	Fountain cup (710 mL)	More than 710 mL		

Diet soft drink (Diet Pepsi, Coke Zero, etc.)

Less				
Less than 250 mL	1 cup (250 mL)	Can (375 mL)	Fountain cup (473 mL)	Fountain cup (591 mL)
		More		
Bottle (600 mL)	Fountain cup (710 mL)	More than 710 mL		

100% fruit or vegetable juices (orange juice, apple juice, etc.)

Less				
Less than 250 mL	1 cup (250 mL)	Juicebox (250 mL)	Can (375 mL)	Bottle (375 mL)
	More			
Large bottle (500 mL)	More than 500 mL			






Sweetened fruit drinks (Prima, fruit punch/cocktail, etc.)

Less				
Less than 250 mL	1 cup (250 mL)	Juicebox (250 mL)	Can (375 mL)	Small bottle (500 mL)
		More		
Large bottle (800 mL)	Tall can (750 mL)	More than 750 mL		






Low-/no-calorie fruit drinks (diet lemonade, unsweetened iced tea, etc.)

Less				
Less than 250 mL	1 cup (250 mL)	Juicebox (250 mL)	Can (375 mL)	Small bottle (500 mL)
		More		
Large bottle (800 mL)	Tall can (750 mL)	More than 750 mL		

Regular flavoured waters or vitamin waters with calories

Less				
Less than 250 ml	1 cup (250 ml)	Small bottle (330 ml)	Can (375 ml)	Bottle (600 ml)
	More			
Extra large bottle (1 L)	More than 1L			




Low-/no-calorie flavoured waters or vitamin waters (LQD+, Cottees Squirtz, etc.)

Less				
Less than 250 ml	1 cup (250 ml)	Small bottle (330 ml)	Can (375 ml)	Bottle (600 ml)
	More			
Extra large bottle (1 L)	More than 1L			





Regular sports drinks (Gatorade, Powerade, etc.)

Less				More
Less than 250 ml	1 cup (250 ml)	Bottle (600 ml)	XL Bottle (1 L)	More than 1L


Low-/no-calorie sports drinks (G2, Powerade Zero, etc.)

Less				More
Less than 250 mL	1 cup (250 mL)	Bottle (600 mL)	XL Bottle (1 L)	More than 1 L

Regular energy drinks (Red Bull, V, Mother, etc.)





Less				
Less than 250 mL	250 mL	Can (375 mL)	Tall can (500 mL)	Bottle (591 mL)

More


	More
XL Can (710 mL)	More than 710 mL

Programming error: "250 mL" likely should have been labelled "Small can (250 mL)" to match low/no calorie energy drinks.

Low-/no-calorie energy drinks (Red Bull Sugarfree, etc.)

Less				
Less than 250 mL	Small can (250 mL)	Can (375 mL)	Tall can (500 mL)	Bottle (591 mL)

More

	More
XL Can (710 mL)	More than 710 mL






Low-/no-calorie energy drinks (Red Bull Sugarfree, etc.)

Less				
Less than 250 mL	Small can (250 mL)	Can (375 mL)	Tall can (500 mL)	Bottle (591 mL)
	More			
XL Can (710 mL)	More than 710 mL			

White milk or unsweetened milk alternative (soy, almond, etc.), as a beverage *NOT including milk consumed in cereal, etc.

Less				
Less than 250 mL	1 cup (250 mL)	Box (250 mL)	Small carton (250 mL)	Medium carton (500 mL)
	More			
Large carton (1 L)	More than 1 L			

Chocolate milk (incl. hot chocolate), sweetened milk alternative, or other flavoured milk

Less				
Less than 250 mL	1 cup (250 mL)	Small carton (250 mL)	Bottle (500 mL)	Medium carton (500 mL)
	More			
Large carton (1 L)	More than 1 L			

Coffee or tea, with milk or sugar

Less				
Less than 295 mL	Small (295 mL)	1.5 cups (375 mL)	Medium (415 mL)	Large (473 mL)
	More			
Extra large (591 mL)	More than 591 mL			

Coffee or tea, no milk or sugar, with or without artificial sweetener

Less				
Less than 295 mL	Small (295 mL)	1.5 cups (375 mL)	Medium (415 mL)	Large (473 mL)
	More			
Extra large (591 mL)	More than 591 mL			

Specialty coffees (lattes, mochas, frappuccinos, macchiatos, etc.)

Less				
Less than 295 mL	Small (295 mL)	1.5 cups (375 mL)	Bottle (400 mL)	Medium (415 mL)
		More		
Large (473 mL)	Extra large (591 mL)	More than 591 mL		

Sweetened smoothies, protein shakes, or drinkable yogurt

Less				
Less than 90 mL	Extra small bottle (90 mL)	Small bottle (200 mL)	250 mL	375 mL
		More		
500 mL	750 mL	More than 750 mL		

Unsweetened smoothies, protein shakes, or drinkable yogurt

Less				
Less than 90 mL	Extra small bottle (90 mL)	Small bottle (200 mL)	250 mL	375 mL
		More		
500 mL	750 mL	More than 750 mL		

Beer, cider, coolers

Less				
Less than 330 mL	Bottle (330 mL)	Can (375 mL)	Large can (440 mL)	Pine (570 mL)
	More			
Large bottle (750 mL)	More than 750 mL			


Wine (red or white)

Less			More
Less than 150 ml.	150 ml. glass	250 ml. glass	More than 250 ml.

Spirits with mixer, cocktails that have calories
(rum & coke, gin & tonic, margarita, caesar, etc.)

Less				
Less than 250 ml.	1 cup (250 ml.)	Can (375 ml.)	1.5 cups (375 ml.)	2 cups (500 ml.)
More				
More than 500 ml.				

Spirits with no mixer or non-caloric mix
(shots, whiskey on the rocks, vodka & soda, rum & diet coke, etc.)

	Less			
Shot (30 ml.)	Less than 250 ml.	1 cup (250 ml.)	Can (375 ml.)	1.5 cups (375 ml.)
	More			
2 cups (500 ml.)	More than 500 ml.			

Don't know [for each type]
Refuse to answer [for each type]

FOOD PREPARATION AND FOOD SKILLS

DOMAIN SOURCE	QUESTION
FOOD SHOPPING ROLE USDA ERS EATING & HEALTH MODULE <i>SHOP</i>	Do you do <u>most</u> of the food shopping in your household? Yes No Share equally with other(s) Don't know Refuse to answer
MEAL PREPARATION ROLE USDA ERS EATING & HEALTH MODULE <i>PREP</i>	Do you do <u>most</u> of the food <u>preparation</u> in your household? Yes No Share equally with other(s) Don't know Refuse to answer
COOKING SKILLS – GENERAL <i>SKILL_OVERALL</i>	How would you rate your cooking skills? Poor Fair Good Very good Excellent Don't know Refuse to answer
COOKING SKILLS – SPECIFIC (HEAVILY ADAPTED FROM CCHS) <i>SKILL_SALAD</i> <i>SKILL_SOUP</i> <i>SKILL_MEAT</i> <i>SKILL_BAKE</i>	Rate your skill level at making the following foods “from scratch” (i.e., from basic ingredients)? Fresh salad Soups, stews or curries Cooking a piece of raw meat/chicken/fish, or a vegetarian option Baking muffins or cake (not from a mix) Poor Fair Good Very good Excellent Don't know Refuse to answer

FOOD SECURITY

DOMAIN SOURCE	QUESTION
FOOD SECURITY – INTRO USDA HFISM	These next questions are about the food eaten in your household in the last 12 months, since [current month] of last year and whether you were able to afford the food you need.
FOOD SECURITY – HH1 USDA HFISM <i>SECURE1</i>	Which of these statements best describes the food eaten in your household in the last 12 months: You and other household members always had enough of the kinds of foods you wanted to eat. You and other household members had enough to eat, but not always the kinds of food you wanted. Sometimes you and other household members did not have enough to eat. Often you and other household members didn't have enough to eat. Don't know Refuse to answer
FOOD SECURITY – HH2 USDA HFISM <i>SECURE2</i>	Now you will see several statements that may be used to describe the food situation for a household. Please indicate if the statement was often true, sometimes true, or never true for you and other household members <u>IN THE PAST 12 MONTHS</u>. You and other household members worried that food would run out before you got money to buy more. Often true Sometimes true Never true Don't know Refuse to answer
FOOD SECURITY – HH3 USDA HFISM <i>SECURE3</i>	The food that you and other household members bought just didn't last, and there wasn't any money to get more. Often true Sometimes true Never true Don't know Refuse to answer
FOOD SECURITY – HH4 USDA HFISM <i>SECURE4</i>	You and other household members couldn't afford to eat balanced meals. Often true Sometimes true Never true Don't know Refuse to answer
FIRST LEVEL SCREENING	If affirmative response (i.e., "often true" or "sometimes true") to one or more of Questions HH2-HH4, OR, response [3] or [4] to question HH1 (if administered), then continue to Adult Stage 2; otherwise, if children under age 18 are present in the household, skip to Child Stage 1, otherwise skip to End of Food Security Module. A programming error was present that prevented a substantial number of participants from progressing to stage 2 when they should have. In addition, participants with children under age 18 who were not directed to Adult Stage 2 were incorrectly skipped to the end of the Food Security Module instead of to Child Stage 1.

<p>FOOD SECURITY – AD1 USDA HFSM</p> <p><i>SECURE5</i></p>	<p>[PROGRAMMER NOTE: Ask if passed first level screening]</p> <p>In the last 12 months, since last (name of current month), did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food?</p> <p>Yes No Don't know Refuse to answer</p>
<p>FOOD SECURITY – AD1a USDA HFSM</p> <p><i>SECURE5A</i></p>	<p>[PROGRAMMER NOTE: If "Yes" for Food Security – AD1. Only ask if passed first level screening]</p> <p>How often did this happen—almost every month, some months but not every month, or in only 1 or 2 months?</p> <p>Almost every month Some months but not every month Only 1 or 2 months Don't know Refuse to answer</p>
<p>FOOD SECURITY – AD2 USDA HFSM</p> <p><i>SECURE61</i></p>	<p>[PROGRAMMER NOTE: Ask if passed first level screening]</p> <p>In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?</p> <p>Yes No Don't know Refuse to answer</p>
<p>FOOD SECURITY – AD3 USDA HFSM</p> <p><i>SECURE62</i></p>	<p>[PROGRAMMER NOTE: Ask if passed first level screening]</p> <p>In the last 12 months, were you every hungry but didn't eat because there wasn't enough money for food?</p> <p>Yes No Don't know Refuse to answer</p>
<p>FOOD SECURITY – AD4 USDA HFSM</p> <p><i>SECURE63</i></p>	<p>[PROGRAMMER NOTE: Ask if passed first level screening]</p> <p>In the last 12 months, did you lose weight because there wasn't enough money for food?</p> <p>Yes No Don't know Refuse to answer</p>
<p>SECOND LEVEL SCREENING</p>	<p>If affirmative response to one or more of questions AD1 through AD4, then continue to Adult Stage 3; otherwise, if children under age 18 are present in the household, skip to Child Stage 1, otherwise skip to End of Food Security Module.</p> <p>Participants with children under age 18 who were not directed to Adult Stage 3 were incorrectly skipped to the end of the Food Security Module instead of to Child Stage 1.</p>
<p>FOOD SECURITY – AD5 USDA HFSM</p> <p><i>SECURE7</i></p>	<p>[PROGRAMMER NOTE: Ask if passed second level screening]</p> <p>In the last 12 months, did you or other adults in your household ever not eat for a whole day because there wasn't enough money for food?</p> <p>Yes No Don't know Refuse to answer</p>

FOOD SECURITY – AD5a USDA HFSM SECURE7A	[PROGRAMMER NOTE: Ask if passed second level screening and if “Yes” to AD5] How often did this happen? Almost every month Some months but not every month Only 1 or 2 months Don’t know Refuse to answer
CHILD LEVEL 1 SCREENING	Households with no child under age 18, skip to End of Food Security Module. Programming was based on presence of children under age 18, but was not specific to whether the child lived in the household.
FOOD SECURITY – CH1 USDA HFSM CHILD_SECURE1	[PROGRAMMER NOTE: Ask if passed child level 1 screening] Now I'm going to read you several statements that people have made about the food situation of their children. You or other adults in your household relied on only a few kinds of low-cost food to feed the children because you were running out of money to buy food. Often true Sometimes true Never true Don’t know Refuse to answer
FOOD SECURITY – CH2 USDA HFSM CHILD_SECURE2	[PROGRAMMER NOTE: Ask if passed child level 1 screening] You or other adults in your household couldn't feed the children a balanced meal, because you couldn't afford it. Often true Sometimes true Never true Don’t know Refuse to answer
FOOD SECURITY – CH3 USDA HFSM CHILD_SECURE3	[PROGRAMMER NOTE: Ask if passed child level 1 screening] The children were not eating enough because you and other adult members of the household just couldn't afford enough food. Often true Sometimes true Never true Don’t know Refuse to answer
CHILD LEVEL 2 SCREENING	If affirmative response (i.e., "often true" or "sometimes true") to one or more of questions CH1-CH3, then continue to Child Stage 2; otherwise skip to End of Food Security Module.
FOOD SECURITY – CH4 USDA HFSM CHILD_SECURE4	[PROGRAMMER NOTE: Ask if passed child level 2 screening] In the past 12 months, since last [current month] did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food? Yes No Don’t know Refuse to answer Error: this question should have refer to “the size of any of the children’s meals”. Repeated secure5.
FOOD SECURITY – CH5	[PROGRAMMER NOTE: Ask if passed child level 2 screening]

USDA HFSM <i>CHILD_SECURE5</i>	In the last 12 months, did any of the children ever skip meals because there wasn't enough money for food? Yes No Don't know Refuse to answer
FOOD SECURITY – CH5a USDA HFSM <i>CHILD_SECURE5A</i>	[PROGRAMMER NOTE: Ask if "Yes" to CH5] How often did this happen? Almost every month Some months but not every month Only 1 or 2 months Don't know Refuse to answer
FOOD SECURITY – CH6 USDA HFSM <i>CHILD_SECURE6</i>	[PROGRAMMER NOTE: Ask if passed child level 2 screening] In the last 12 months, were the children ever hungry but you just couldn't afford more food? Yes No Don't know Refuse to answer
FOOD SECURITY – CH7 USDA HFSM <i>CHILD_SECURE7</i>	[PROGRAMMER NOTE: Ask if passed child level 2 screening] In the last 12 months, did any of the children ever not eat for a whole day because there wasn't enough money for food? Yes No Don't know Refuse to answer

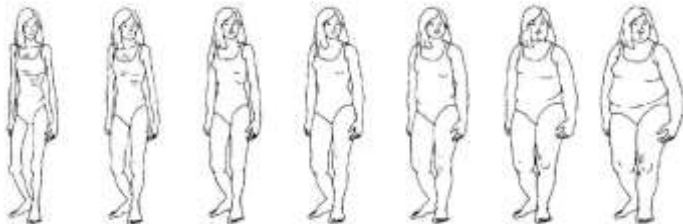
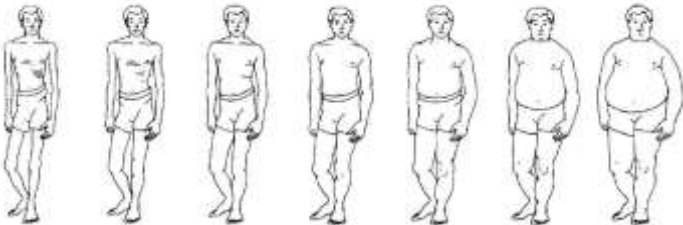
DIETARY PATTERNS AND EFFORTS

DOMAIN SOURCE	QUESTION
BODY IMAGE AND WEIGHT INTRO	The following questions are about eating behaviours, body image and weight. If this raises issues for you, please call The Butterfly Foundation on 1800 334 673 or Lifeline on 13 11 14.
EATING RESTRICTIONS TNT (HEAVILY ADAPTED) <i>RESTRICT_[TYPE]</i> <i>RESTRICT_NONE</i> <i>RESTRICT_DK</i> <i>RESTRICT_R</i> <i>RESTRICT_RELTEXT</i>	Would you describe yourself as: (Select all that apply) Vegetarian Vegan Pescatarian Following a religious practice for eating → Please specify: <i>[open-ended]</i> None of the above Don't know Refuse to answer

DIET MODIFICATION EFFORTS TNT EFFORT_[TYPE] EFFORT_OTEXT	Have you made an effort to consume more or less of the following in the past year?				
	Consume LESS	Consume MORE	No effort made	Don't Know	Refused
Calories					
Carbohydrates					
Fat					
Trans fat					
Protein					
Fibre					
Sugar/Added sugar					
Salt/sodium					
Cholesterol					
Vitamin D					
Fruit and vegetables					
Whole grains					
Dairy products					
All meats					
Red meat (e.g., beef, lamb) only					
Gluten					
'Artificial' low-calorie sweeteners like Aspartame					
'Natural' low-calorie sweeteners like stevia					
Processed foods					
Genetically-modified organisms (GMO)					
Organic foods					
Locally-produced foods					
Ethically-sourced, sustainably-sourced, or fair trade foods					
Nuts and seeds					

	Other → Please specify: [open-ended]						
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WEIGHT LOSS EFFORTS, BODY PERCEPTIONS, AND WEIGHT STIGMA


DOMAIN	QUESTION
<p>PERCEIVED BODY SIZE</p> <p>SOURCE</p> <p>K. MAXIMOVA ET AL. THE ROLE OF UNDERESTIMATING BODY SIZE FOR SELF-ESTEEM AND SELF-EFFICACY AMONG GRADE FIVE CHILDREN IN CANADA. ANNALS OF EPIDEMIOLOGY 2015; 25:753-759.</p> <p>IMAGES FROM (COLLINS, 1991)</p> <p>WT_BODY_F WT_BODY_F_DK WT_BODY_F_R</p> <p>WT_BODY_M WT_BODY_M_DK WT_BODY_M_R</p>	<p>Which body is most like your own body?</p> <p>[Females:]</p>  <p>[Males:]</p>  <p>Don't know Refuse to answer</p>
<p>PERCEIVED WEIGHT</p> <p>CCHS</p> <p>WT_PERCEIVE</p>	<p>Do you consider yourself to be...</p> <p>Obese Overweight Underweight Just about right Don't know Refuse to answer</p>

<p>WEIGHT BEHAVIOUR Adapted from: NHANES, 2009-2010</p> <p>WT_LOSS WT_GAIN WT_SAME WT_NOT WT_DK WT_R</p>	<p>During the <u>past 12 months</u> have you tried to...</p> <p>Select all that apply</p> <p>Lose weight Gain weight Stay the same weight I have not tried to do anything about my weight Don't know Refuse to answer</p>
<p>WEIGHT LOSS METHODS NHANES DIET HISTORY QUESTIONNAIRE (ADAPTED)</p> <p>WT_LOSS_[TYPE] WT_LOSS_NONE WT_LOSS_DK WT_LOSS_R WT_LOSS_DIETTEXT WT_LOSS_OTEXT</p> <p>WT_SAME_[TYPE] WT_SAME_NONE WT_SAME_DK WT_SAME_R WT_SAME_DIETTEXT WT_SAME_OTEXT</p> <p>WT_LOSS_SAME_[TYPE] WT_LOSS_SAME_NONE WT_LOSS_SAME_DK WT_LOSS_SAME_R WT_LOSS_SAME_DIETTEXT WT_LOSS_SAME_OTEXT</p>	<p>PROGRAMMER NOTE: If "Yes" to tried to lose weight and "no" to stay the same in past 12 months: How did you try to lose weight <u>in the past 12 months</u>?</p> <p>PROGRAMMER NOTE: If "no" to tried to lose weight and "yes" to stay the same in past 12 months: How did you try to 'stay the same weight' <u>in the past 12 months</u>?</p> <p>PROGRAMMER NOTE: If "yes" to tried to lose weight and "yes" to stay the same in past 12 months: How did you try to lose weight or 'stay the same weight' <u>in the past 12 months</u>?</p> <p>Skipped meals or fasted Ate less food (amount) Ate less fat Ate less lollies, sugar or sweets Ate fewer carbohydrates Ate more fruits, vegetables or salads Switched to foods with lower calories/kilojoules Followed a special diet or weight loss program (e.g., Atkins, Weight Watchers.) → Please specify: [open-ended] Used a liquid diet formula such as Slimfast or Optifast Did a cleanse or detox diet Exercised Drank a lot of water Got help from a health professional Took diet pills prescribed by a doctor Took other pills, medicines, herbs, or supplements not needing a prescription Took laxatives or vomited Started to smoke or began to smoke again Other → Please specify: [open-ended] None of the above Don't know Refuse to answer</p>
<p>EAT-3 BEHAVIOURAL ITEMS HAINES J, ZIYADEH NJ, FRANKO DL, MCDONALD J, MOND JM, AUSTIN SB.</p>	<p>In the past 3 months, how often have you:</p> <p>... gone on eating binges? (<i>Eating a large amount of food while feeling out of control</i>).</p> <p>... made yourself sick (vomited) to control your weight?</p> <p>Never Less than 1 time a month</p>

<p>SCREENING HIGH SCHOOL STUDENTS FOR EATING DISORDERS: VALIDITY OF BRIEF BEHAVIORAL AND ATTITUDINAL MEASURES. JOURNAL OF SCHOOL HEALTH, 2011; 81(9):530-535.</p> <p><i>EAT3_BINGE</i> <i>EAT3_VOMIT</i></p>	<p>1 to 3 times a month Once a week 2 to 6 times a week Once a day More than once a day Don't know Refuse to answer</p>
<p>EAT-3 ATTITUDINAL ITEM HAINES J, ZIYADEH NJ, FRANKO DL, MCDONALD J, MOND JM, AUSTIN SB. SCREENING HIGH SCHOOL STUDENTS FOR EATING DISORDERS: VALIDITY OF BRIEF BEHAVIORAL AND ATTITUDINAL MEASURES. JOURNAL OF SCHOOL HEALTH, 2011; 81(9):530-535.</p> <p><i>EAT3_THIN</i></p>	<p>I am preoccupied with a desire to be thinner.</p> <p>Always Usually Often Sometimes Rarely Never Don't know Refuse to answer</p>
<p>WEIGHT BIAS ONE ITEM (OF 3) FROM THE FEAR OF FAT SUBSCALE OF THE ANTI-FAT ATTITUDES QUESTIONNAIRE [PUHL RM, LATNER JL, KING K, LUEDICKE J. WEIGHT BIAS AMONG PROFESSIONALS WHO TREAT EATING DISORDERS: ASSOCIATIONS WITH ATTITUDES ABOUT TREATMENT AND PERCEPTIONS OF PATIENT OUTCOMES. INT J EATING DISORD 2014; 47: 65–75.]</p> <p><i>WT_BIAS</i></p>	<p>I worry about becoming fat.</p> <p>Strongly disagree Disagree Neutral Agree Strongly agree Don't know Refuse to answer</p>

SUGARY DRINKS

DOMAIN	QUESTION
<p data-bbox="107 285 180 305">SOURCE</p> <p data-bbox="107 313 254 358">POP PERCEIVED HEALTHINESS</p> <p data-bbox="107 391 243 410"><i>SSB_HLTH_POP</i></p>	<p data-bbox="338 313 995 337">In your opinion, how unhealthy or healthy is this type of drink?</p>  <p data-bbox="338 605 659 889"> Very unhealthy Unhealthy A little unhealthy Neither unhealthy nor healthy A little healthy Healthy Very healthy Don't know Refuse to answer </p>
<p data-bbox="107 930 264 1000">POP ACCEPTABLE FREQUENCY FOR CHILDREN</p> <p data-bbox="107 1032 249 1052"><i>SSB_CHILD_POP</i></p>	<p data-bbox="338 930 1255 954">Imagine that you have a 10-year old child. Is it okay for them to have this type of drink...</p>  <p data-bbox="338 1222 625 1498"> Never Once per month A few times per month Once per week A few times per week Once per day As often as they would like Don't know Refuse to answer </p>

<p>SSB PERCEPTIONS - CONDITION</p> <p><i>SSB_CONDITION</i></p>	<p><i>[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following set of 3 questions with the same beverage image on screen for each question.]</i></p> <p>Diet soft drink (Diet Coke) 100% juice (Orange juice) Energy drink (Red Bull) Water Specialty coffee (Starbucks Frappuccino) Sports drink (Gatorade) Chocolate milk Lipton iced tea (Lipton)</p> 
<p>SSB PERCEIVED HEALTHINESS</p> <p><i>SSB_HLTH_[TYPE]</i></p>	<p>In your opinion, how unhealthy or healthy is this type of drink?</p> <p><i>[show image]</i></p> <p>Very unhealthy Unhealthy A little unhealthy Neither unhealthy nor healthy A little healthy Healthy Very healthy Don't know Refuse to answer</p>
<p>SSB ACCEPTABLE FREQUENCY FOR CHILDREN</p> <p><i>SSB_CHILD_[TYPE]</i></p>	<p>Imagine that you have a 10-year old child. Is it okay for them to have this type of drink....</p> <p><i>[show image]</i></p> <p>Never Once per month</p>

	<p>A few times per month Once per week A few times per week Once per day As often as they would like Don't know Refuse to answer</p>
<p>SSB SUGAR AMOUNT <i>SSB_SUGAR_[TYPE]</i></p>	<p>A 590 mL bottle of Coke has 65 grams of sugar.</p> <p>How much sugar do you think the following beverage contains? <i>[show image with mL label]</i> Error: 591 mL label was not shown for sport drink (Gatorade)</p> <p>Enter number of grams: _____ Don't know Refuse to answer</p>
SSB DEFINITION	The next few questions ask about <u>SUGAR AND SUGARY DRINKS</u>. These are drinks that contain added sugar, like soft drinks, fruit drinks, sports drinks, energy drinks, chocolate milk, and specialty coffees that have added sugar.
<p>SSB SELF CONSUMPTION <i>SSB_SELF</i></p>	<p>Is the amount of sugary drinks you typically have in a week...</p> <p>A very unhealthy amount An unhealthy amount Neither unhealthy nor healthy amount A healthy amount A very healthy amount Don't know Refuse to answer</p>
<p>NON-NUTRITIVE SWEETENERS – PERCEPTIONS <i>SWEETENER_HLTH</i></p>	<p>Do you think that low-calorie sweeteners (such as Splenda, aspartame, stevia, etc.) are....</p> <p>Very unhealthy Unhealthy A little unhealthy Neither unhealthy nor healthy A little healthy Healthy Very healthy Don't know Refuse to answer</p>
<p>SSB SOCIAL NORMS – Q1 <i>SSB_NORMS1</i></p>	<p>People important to me <u>TRY NOT</u> to eat foods high in <u>SUGAR</u>.</p> <p>Strongly agree Agree Neither agree nor disagree Disagree</p>

	<p>Strongly disagree</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>SSB SOCIAL NORMS – Q2</p> <p><i>SSB_NORMS2</i></p>	<p>People important to me <u>THINK I SHOULD NOT</u> eat foods high in <u>SUGAR</u>.</p> <p>Strongly agree</p> <p>Agree</p> <p>Neither agree nor disagree</p> <p>Disagree</p> <p>Strongly disagree</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>SSB SOCIAL NORMS – Q3</p> <p><i>SSB_NORMS3</i></p>	<p>People important to me <u>TRY NOT</u> to drink <u>SUGARY DRINKS</u>.</p> <p>Strongly agree</p> <p>Agree</p> <p>Neither agree nor disagree</p> <p>Disagree</p> <p>Strongly disagree</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>SSB SOCIAL NORMS – Q4</p> <p><i>SSB_NORMS4</i></p>	<p>People important to me <u>THINK I SHOULD NOT</u> drink <u>SUGARY DRINKS</u>.</p> <p>Strongly agree</p> <p>Agree</p> <p>Neither agree nor disagree</p> <p>Disagree</p> <p>Strongly disagree</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>PUBLIC TRUST</p> <p><i>PT_HE_SUGARY_DRINKS</i></p> <p><i>PT_IND_SUGARY_DRINKS</i></p>	<p>Please tell us whether you agree or disagree with the following:</p> <p>I trust messages from <u>health experts</u> on sugary drinks.</p> <p>I trust messages from the <u>food and beverage industry</u> on sugary drinks.</p> <p>Strongly agree</p> <p>Agree</p> <p>Neither agree nor disagree</p> <p>Disagree</p> <p>Strongly disagree</p> <p>Don't know</p> <p>Refuse to answer</p>

NUTRITION KNOWLEDGE


DOMAIN SOURCE	QUESTION
SELF-REPORTED NUTRITION KNOWLEDGE CFDR, OTTAWA, ETC. <i>NUT_KNOW</i>	How would you rate your nutrition knowledge? Not at all knowledgeable A little knowledgeable Somewhat knowledgeable Very knowledgeable Extremely knowledgeable Don't know Refuse to answer
CALORIE KNOWLEDGE ADAPTED FROM PIRON ET AL., 2009; ELBEL ET AL., 2009 USED IN FCMS STUDY <i>CAL_KNOW</i> <i>CAL_KNOW_N</i>	[PROGRAMMER NOTE: Insert sex of participant] On average, how many kilojoules should a healthy, moderately active adult [male/female] consume each day to maintain a healthy weight? Enter number: [<i>numeric</i>] Don't know [<i>valid answer</i>] Refuse to answer
CALORIE GOAL <i>CAL_COUNT</i> <i>CAL_GOAL</i> <i>CAL_GOAL_N</i>	Do you count the kilojoules you consume each day? Never Sometimes Most of the time Don't know Refuse to answer [If sometimes or most of the time, ask:] How many kilojoules do you try to consume each day? Enter number: [<i>numeric</i>] Don't know Refuse to answer
SUGAR KNOWLEDGE OTTAWA HOSPITAL STUDY <i>SUGAR_KNOW</i> <i>SUGAR_KNOW_N</i>	What is the "upper limit" or "most" sugar you should consume in one day? (1 teaspoon = 4 g of sugar) Enter number of grams (g): [<i>numeric</i>] Don't know [<i>valid answer</i>] Refuse to answer

SOURCES OF NUTRITION INFORMATION

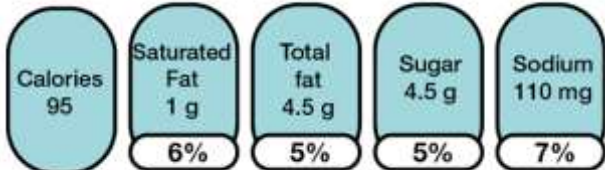
DOMAIN SOURCE	QUESTION
SOURCES OF NUTRITION INFO CCHS_CFG module and TNT integrated content (adapted to be for 12 months rather than 6) <i>INFO_[TYPE]</i> <i>INFO_NONE</i> <i>INFO_DK</i> <i>INFO_R</i> <i>INFO_APPTXT</i> <i>INFO_OTEXT</i>	In the past 12 months, did you get information on food or nutrition from any of the following sources? (Select all that apply) Health professional (e.g., family doctor, nurse, or dietitian) Alternative health practitioner (e.g., Chiropractor, naturopath, homeopath, holistic nutritionist) Health association materials or website (e.g., Heart Foundation, Cancer Council, Diabetes Australia) Fitness programs / personal trainer Weight loss programs (such as Weight Watchers) Your family, friends, or colleagues Australian Dietary Guidelines Government / health agency materials, websites or apps Food company materials, advertisements, websites or apps Nutrition Facts Tables on food products Food product labels Grocery store or pharmacy Magazines, newspapers or books TV or radio General research on the internet Social media or blogs (e.g., Facebook, Twitter) Celebrities (e.g., Sarah Wilson, Mamamia, Kayla Itsines) Mobile app → Which app? <i>[open-ended]</i> Other → Please specify: <i>[open-ended]</i> None of the above Don't know Refuse to answer
PUBLIC EDUCATION <i>PUBLIC_ED1</i>	Do you remember seeing any educational messages or campaigns on healthy eating in the past 12 months? Yes No Don't know Refuse to answer
PUBLIC EDUCATION – DESCRIPTION <i>PUBLIC_ED2</i>	Can you briefly describe the message or campaign? [OPEN TEXT FIELD]
DOCTOR ADVICE <i>DOCADVICE_[TYPE]</i> <i>DOCADVICE_NONE</i> <i>DOCADVICE_DK</i> <i>DOCADVICE_R</i> <i>DOCADVICE_OTEXT</i>	Has a doctor ever advised you to do any of the following? (Select all that apply) Lose weight Reduce sodium or salt intake Reduce cholesterol in your diet Other diet advice:

	None of the above Don't know Refuse to answer
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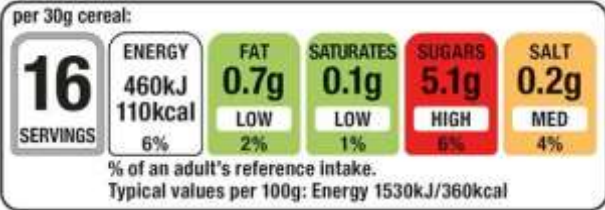
FOOD PACKAGING & LABELLING

DOMAIN SOURCE	QUESTION
NFT USE – Q1 FROM 2014 FDA HEALTH AND DIET SURVEY <i>LABEL_USE</i>	How often do you use nutrition information on food labels when deciding to buy a food product? Never Rarely Sometimes Most of the time Always Don't know Refuse to answer
NFT USE – Q2 FROM 2014 FDA HEALTH AND DIET SURVEY <i>LABEL_EASY</i>	How difficult or easy is it to identify <u>unhealthy</u> foods using food labels? Very difficult Difficult Neither difficult nor easy Easy Very easy Don't know Refuse to answer
NFT AWARENESS <i>NFT_SEEN1...5</i>	PROGRAMMER NOTE: Display label images on screen. Repeat NFT_SEEN, NFT_USE, NFT_UNDERSTAND, and NFT_SUPPORT for each label image. 



One serving of 25 g (4 cookies) contains



% of the daily value



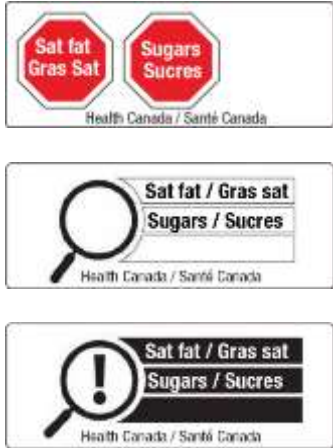
	<div style="border: 1px solid black; padding: 10px; margin-bottom: 10px;"> <p style="text-align: center;">Nutrition Information</p> <p>SERVINGS PER PACKAGE: 11</p> <p>SERVING SIZE: 23.2 g (4 BISCUITS)</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th></th> <th style="text-align: center;">AVG QUANTITY PER SERVING</th> <th style="text-align: center;">% DAILY INTAKE * (PER SERVING)</th> <th style="text-align: center;">AVG QUANTITY PER 100 g</th> </tr> </thead> <tbody> <tr> <td>ENERGY</td> <td style="text-align: center;">397 kJ</td> <td style="text-align: center;">4.6%</td> <td style="text-align: center;">1,710 kJ</td> </tr> <tr> <td>PROTEIN</td> <td style="text-align: center;">2.8 g</td> <td style="text-align: center;">5.7%</td> <td style="text-align: center;">12.2 g</td> </tr> <tr> <td>FAT, TOTAL</td> <td style="text-align: center;">2.2 g</td> <td style="text-align: center;">3.1%</td> <td style="text-align: center;">9.4 g</td> </tr> <tr> <td>-SATURATED</td> <td style="text-align: center;">0.3 g</td> <td style="text-align: center;">1.1%</td> <td style="text-align: center;">1.1 g</td> </tr> <tr> <td>CARBOHYDRATE</td> <td style="text-align: center;">14.5 g</td> <td style="text-align: center;">4.7%</td> <td style="text-align: center;">62.3 g</td> </tr> <tr> <td>-SUGARS</td> <td style="text-align: center;">0.4 g</td> <td style="text-align: center;">0.5%</td> <td style="text-align: center;">1.8 g</td> </tr> <tr> <td>SODIUM</td> <td style="text-align: center;">105 mg</td> <td style="text-align: center;">4.6%</td> <td style="text-align: center;">452 mg</td> </tr> </tbody> </table> <p style="font-size: small; margin-top: 5px;">*Percentage daily intakes are based on an average adult diet of 8700 kJ</p> </div> <p>Have you <u>seen</u> this type of food label on packages or in stores...? <i>[show image]</i> Never Sometimes Often Don't know Refuse to answer</p>		AVG QUANTITY PER SERVING	% DAILY INTAKE * (PER SERVING)	AVG QUANTITY PER 100 g	ENERGY	397 kJ	4.6%	1,710 kJ	PROTEIN	2.8 g	5.7%	12.2 g	FAT, TOTAL	2.2 g	3.1%	9.4 g	-SATURATED	0.3 g	1.1%	1.1 g	CARBOHYDRATE	14.5 g	4.7%	62.3 g	-SUGARS	0.4 g	0.5%	1.8 g	SODIUM	105 mg	4.6%	452 mg
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<p>NFT USE</p> <p><i>NFT_USE1...5</i></p>	<p>PROGRAMMER NOTE: ASK IF NFT_SEEN= 'sometimes' or 'often'</p> <p>Have you <u>used</u> this type of food label to choose the types of food you <u>buy</u>? <i>[show image]</i> Never Sometimes Often Don't know Refuse to answer</p>																																
<p>NFT UNDERSTANDING</p> <p><i>NFT_UNDERSTANDING 1...5</i></p>	<p>Do you find this information... <i>[show image]</i> Very hard to understand Hard to understand Neither hard nor easy Easy to understand Very easy to understand Don't know Refuse to answer</p>																																



<p>NFT SUPPORT <i>NFT_SUPPORT1...5</i></p>	<p>Would you support or oppose a government policy that would require this type of food label... <i>[show image]</i> Support Neutral Oppose Don't know Refuse to answer</p>
<p>FOP SETUP</p>	<p>On the next screen, you will see an image of a grocery product. The products will disappear after a few seconds, after which we will ask you a few questions. Click next when you are ready to see the food product.</p>
<p>FOP VIEW</p>	<p>[PROGRAMMER NOTE: Randomize each participate to one of 11 images. Each image should be displayed on the screen for 4 seconds].</p> <p>1. </p> <p>2. </p>

	<p>3. </p> <p>4. </p> <p>5. </p>
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	<p>6. </p> <p>7. </p> <p>8. </p>
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	<p>9. </p> <p>10. </p> <p>11. </p>
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<p>FOP QUESTIONS</p> <p>AMTSODIUM_[TYPE] AMTFAT_[TYPE] AMTSUGAR_[TYPE]</p>	<p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF NEXT 3 QUESTIONS]</p> <p>Is this amount of <u>sodium</u> in the product....?</p> <p>Low Moderate High Don't know Refuse to answer</p> <p>Is this amount of <u>saturated fat</u> in the product?</p> <p>Low Moderate High Don't know Refuse to answer</p> <p>Is this amount of <u>sugar</u> in the product?</p> <p>Low Moderate High Don't know Refuse to answer</p>
<p>FOP RATE</p> <p>HIGH_SYMB</p>	<p>PROGRAMMER NOTE: Randomize the order the options appear on the screen.</p> <p>Which is the best symbol for informing consumers that a product is 'high in' saturated fat and sugar?</p>  <p>The first symbol consists of two red octagons with white text. The left octagon contains 'Sat fat' over 'Gras Sat'. The right octagon contains 'Sugars' over 'Sucre'. Below the octagons is the text 'Health Canada / Santé Canada'.</p> <p>The second symbol features a magnifying glass icon on the left. To its right, the text 'Sat fat / Gras sat' is positioned above 'Sugars / Sucre'. Below this is 'Health Canada / Santé Canada'.</p> <p>The third symbol features a magnifying glass icon containing a white exclamation mark on the left. To its right, the text 'Sat fat / Gras sat' is positioned above 'Sugars / Sucre'. Below this is 'Health Canada / Santé Canada'.</p>

	  <p>Don't know Refuse to answer</p>
<p>NFT INFLUENCE</p> <p><i>LABEL_OVERALL</i></p>	<p>Overall, how much do food labels influence what you eat?</p> <p>No influence at all A little influence A lot of influence Don't know Refuse to answer</p>

RETAIL ENVIRONMENT

DOMAIN SOURCE	QUESTION
<p>SUPERMARKET PROMOTION – Q1</p> <p><i>SUP_CATALOGUES</i> <i>SHOP_LIST</i></p>	<p>[PROGRAMMER NOTE: AUS ONLY, USE TABLE FORMAT]</p> <p>Do you use any of the following when doing your food shopping?</p> <p>Supermarket Catalogues Shopping List</p> <p>Never Rarely Sometimes Often All the time Don't know Refuse to answer</p>
<p>SUPERMARKET PROMOTION – Q2</p> <p><i>SUP_PROM_UNHEALTHY</i> <i>SUP_PROM_FV</i></p>	<p>[PROGRAMMER NOTE: AUS ONLY, USE TABLE FORMAT]</p> <p>In your opinion, how much do supermarkets promote the following?</p> <p>Unhealthy foods (e.g. soft drinks, chocolates, chips, ice cream, confectionery) Fruits and vegetables</p>

	<p>Not at all A little Somewhat A lot As much as possible Don't know Refuse to answer</p>
<p>SUPERMARKET POLICIES</p> <p><i>POL_AISLE</i> <i>POL_CAL_CHECK</i> <i>POL_SHELF</i> <i>POL_CAL_BINS</i></p>	<p>[PROGRAMMER NOTE: AUS ONLY]</p> <p>Would you support or oppose the following practices in supermarkets ...</p> <p>Fewer end-of-aisle displays containing unhealthy foods or soft drinks Checkouts with only healthy products (e.g. no soft drinks, chocolate, confectionery) More shelf space for fresh and healthier foods such as fruits and vegetables Fewer island bins containing unhealthy foods or soft drinks</p> <p>Support Neutral Oppose Don't know Refuse to answer</p>
<p>SCHOOL RETAIL</p> <p><i>SCHOOL_[TYPE]_NA</i> <i>SCHOOL_[TYPE]_FREE</i> <i>SCHOOL_[TYPE]_BUY</i> <i>SCHOOL_[TYPE]_DK</i> <i>SCHOOL_[TYPE]_R</i></p>	<p>PROGRAMMER NOTE: Ask only if <i>STUDENT=Yes full/part time</i> [Please use table format]</p> <p>Please tell us if the following food or drinks are available at your <u>SCHOOL/COLLEGE/UNIVERSITY</u>. Do not include items you bring from home.</p> <p>Junk food Fresh fruit or vegetables Other healthy snacks Sugary drinks Clean drinking water</p> <p>Not available / Available for free / Available to buy / Don't Know / Refuse to answer</p>
<p>WORK RETAIL</p> <p><i>WORK_[TYPE]_NA</i> <i>WORK_[TYPE]_FREE</i> <i>WORK_[TYPE]_BUY</i> <i>WORK_[TYPE]_DK</i> <i>WORK_[TYPE]_R</i></p>	<p>PROGRAMMER NOTE: Ask only if <i>WORK=yes full/part time</i> [Please use table format]</p> <p>Please tell us if the following food or drinks are available at your <u>WORKPLACE</u>. Do not include items you bring from home.</p> <p>Junk food Fresh fruit or vegetables Other healthy snacks Sugary drinks Clean drinking water</p> <p>Not available / Available for free / Available to buy / Don't Know / Refuse to answer</p>
<p>HOME RETAIL</p> <p><i>HOME_[TYPE]_NA</i> <i>HOME_[TYPE]_BUY</i></p>	<p>Please tell us if stores with the following food or drinks are available within a <u>5-MINUTE WALK FROM YOUR HOME</u>.</p> <p>Junk food Fresh fruit or vegetables</p>

<i>HOME_[TYPE]_DK</i> <i>HOME_[TYPE]_R</i>	Other healthy snacks Sugary drinks Clean drinking water Not available / Available to buy / Don't know / Refuse to answer
NUTRITION INFO IN GROCERY STORES <i>INFO_GROCERY</i>	In your opinion, is nutrition information easy or hard to find in <u>supermarkets</u>? Very hard to find Hard to find Neither hard nor easy Easy to find Very easy to find Don't know Refuse to answer

MENU LABELLING

DOMAIN	QUESTION
<i>SOURCE</i>	
LAST RESTAURANT VISIT <i>FCMS</i> <i>REST_VISIT</i>	When was the last time you visited a restaurant (including a fast-food outlet or coffee shop)? Within 24 hours Within last 7 days Within last month Within last 3 months Within last 6 months Longer than 6 months Don't know Refuse to answer
MENU LABELLING – NOTICING <i>FCMS (ADAPTED)</i> <i>REST_INFO</i>	[PROGRAMMER NOTE: If last restaurant visit was in past 6 months] The last time you visited a restaurant, did you notice any nutrition information? Yes No Don't know Refuse to answer
MENU LABELLING – NOTICING LOCATION <i>REST_INFO_[TYPE]</i> <i>REST_INFO_DK</i> <i>REST_INFO_R</i> <i>REST_INFO_OTEXT</i>	[If yes to noticing:] Where was this information located? (Select all that apply) On the menu/menu board On a poster or sign Next to food item On the item packaging/wrapper

	<p>On the tray liner On a napkin In a pamphlet or brochure On a computer screen / At a kiosk Other → Please specify: <i>[open-ended]</i> Don't know Refuse to answer</p>
<p>MENU LABELLING – ORDER INFLUENCE FCMS <i>REST_INFO_INFL</i></p>	<p>[If yes to noticing:] Did the nutrition information influence what you ordered? Yes No Don't know Refuse to answer</p>
<p>MENU LABELLING – IMPACT FCMS <i>REST_ACT_[TYPE]</i> <i>REST_ACT_NONE</i> <i>REST_ACT_DK</i> <i>REST_ACT_R</i></p>	<p>[PROGRAMMER NOTE: If visited restaurant in past 6 months] In the past 6 months, have you done any of the following because of nutrition information in restaurants? (Select all that apply) Ordered something different Ate less of the food you ordered Changed which restaurants you visit Ate at restaurants less often None of the above Don't know Refuse to answer</p>

FOOD GUIDE / DIETARY RECOMMENDATIONS

DOMAIN SOURCE	QUESTION
FOOD GUIDE – LAST USE OTTAWA AND CFDR (ADAPTED TIME ANCHORS) <i>CFG_LOOK</i>	When was the <u>last time</u> you looked at the Australian Dietary Guidelines, if ever? In the last month In the last 6 months In the last year More than a year ago Never Don't know Refuse to answer
FOOD GUIDE – USE CCHS CFG MODULE (ADAPTED RESPONSE OPTIONS TO SIMPLIFY YOU/HOUSEHOLD) <i>CFG_USE_[TYPE]</i> <i>CFG_USE_NONE</i> <i>CFG_USE_DK</i> <i>CFG_USE_R</i> <i>CFG_USE_OTEXT</i>	[PROGRAMMER NOTE: Skip if "never" looked at CFG] Have you <u>ever</u> used information from the Australian Dietary Guidelines? (Select all that apply) To choose foods To determine how much you need to eat every day To plan meals or to help with grocery shopping To assess how well you are eating To manage your weight To help make healthy choices when eating away from home Other → Please specify: <i>[open-ended]</i> None of the above Don't know Refuse to answer

FOOD MARKETING

DOMAIN SOURCE	QUESTION
<p>EXPOSURE TO MARKETING – SUGARY DRINKS</p> <p><i>MKTG_SSB_[TYPE]</i> <i>MKTG_SSB_NONE</i> <i>MKTG_SSB_DK</i> <i>MKTG_SSB_R</i> <i>MKTG_SSB_OTEXT</i></p>	<p><i>SUGARY DRINKS are drinks that contain added sugar, like soft drinks, fruit drinks, sports drinks, energy drinks, chocolate milk, and specialty coffees that have added sugar.</i></p> <p>In the last 30 days, have you seen or heard any advertisements or promotions for <u>SUGARY DRINKS</u> in the following places? (Select all that apply)</p> <p>TV ads Radio ads Online / internet ads Mobile app / video game Social media (e.g., Twitter, Facebook, Snapchat.) In a text message Magazine or newspaper Billboard or outdoor sign (e.g., posters, transit ads) In movies At school / on campus Signs or displays in stores or restaurants At a recreation/community centre Sports event or sponsorship (e.g., logos or links with events, teams or athletes) Giveaways, samples or special offers Other → Please specify: [<i>open-ended</i>] I haven't seen any marketing for sugary drinks in the last 30 days Don't know Refuse to answer</p>
<p>EXPOSURE TO MARKETING – FAST FOOD</p> <p><i>MKTG_FF_[TYPE]</i> <i>MKTG_FF_NONE</i> <i>MKTG_FF_DK</i> <i>MKTG_FF_R</i> <i>MKTG_FF_OTEXT</i></p>	<p>In the last 30 days, have you seen or heard any advertisements or promotions for <u>FAST FOOD</u> in the following places? (Select all that apply)</p> <p>TV ads Radio ads Online / internet ads (including YouTube) Mobile app / video game Social media (e.g., Twitter, Facebook, Snapchat) In a text message Magazine or newspaper Billboard or outdoor sign (e.g., posters, transit ads) In movies At school / on campus Signs or displays in stores or restaurants At a recreation/community centre Sports event or sponsorship (e.g., logos or links with events, teams or athletes) Giveaways, samples or special offers</p>

	<p>Other → Please specify: [<i>open-ended</i>]</p> <p>I haven't seen any marketing for fast food in the last 30 days</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>PARENT BUY – SSB</p> <p><i>SSB_CHILD_ASK</i></p>	<p>[PROGRAMMER NOTE: If at least 1 child in household]</p> <p>In the last 30 days, have any of your children asked you to buy <u>sugary drinks</u>?</p> <p>Yes</p> <p>No</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>PARENT BUY – FAST FOOD</p> <p><i>FF_CHILD_ASK</i></p>	<p>[PROGRAMMER NOTE: If at least 1 child in household]</p> <p>In the last 30 days, have any of your children asked you to buy <u>fast food</u>?</p> <p>Yes</p> <p>No</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>EXPOSURE TO MARKETING – PARENTS – Q1</p> <p><i>MKTG_CHILD_ASK</i></p>	<p>[PROGRAMMER NOTE: If at least 1 child in household]</p> <p>In the last 30 days, have any of your children asked you to buy <u>any food or drinks that include pictures or characters from children's movies or TV programmes (including cartoons and action films)</u>?</p> <p>Yes</p> <p>No</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>EXPOSURE TO MARKETING – PARENTS – Q2</p> <p><i>MKTG_CHILD_BUY</i></p>	<p>[PROGRAMMER NOTE: If at least 1 child in household]</p> <p>In the last 30 days, <u>have you bought</u> any food or drinks that include pictures or characters from children's movies or TV programmes (including cartoons and action films)?</p> <p>Yes</p> <p>No</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>CHILD – TOY</p> <p><i>MKTG_CHILD_TOY</i></p>	<p>[PROGRAMMER NOTE: If at least 1 child in household]</p> <p>Do any of your children own any <u>'happy meal' toys or other toys</u> from fast-food restaurants?</p> <p>Yes</p> <p>No</p> <p>Don't know</p> <p>Refuse to answer</p>
<p>CHILD – PRODUCTS</p> <p><i>MKTG_CHILD_PRODUCT</i></p>	<p>[PROGRAMMER NOTE: If at least 1 child in household]</p> <p>Do any of your children own any <u>clothing, posters, stickers, or other products</u> that include a brand of sugary drink or fast-food restaurant?</p> <p>Yes</p> <p>No</p> <p>Don't know</p> <p>Refuse to answer</p>

CHILD – ADS – SSB <i>MKTG_CHILD_SSB_AD</i>	<p>[PROGRAMMER NOTE: If at least 1 child in household]</p> <p>In the last 30 days, when watching TV, videos, or movies with your children how often did you see or hear advertisements for SUGARY DRINKS, like soft drink, fruit drinks, sports drinks, or energy drinks?</p> <p>Not at all Rarely Sometimes Often All the time I haven't watched TV, videos, or movies with my children in the last 30 days Don't know Refuse to answer</p>
CHILD – ADS – FF <i>MKTG_CHILD_FF_AD</i>	<p>[PROGRAMMER NOTE: If at least 1 child in household]</p> <p>In the last 30 days, when watching TV, videos, or movies with your children, how often did you see or hear advertisements for FAST FOOD restaurants?</p> <p>Not at all Rarely Sometimes Often All the time I haven't watched TV, videos, or movies with my children in the last 30 days Don't know Refuse to answer</p>
CONCERN ABOUT CHILD'S EXPOSURE TO MARKETING <i>MKTG_CHILD_CONCERN</i>	<p>[PROGRAMMER NOTE: If at least 1 child in household]</p> <p>Are you concerned about the amount of marketing for sugary drinks and fast food that your children see?</p> <p>Not at all concerned A little concerned Somewhat concerned Very concerned Don't know Refuse to answer</p>

PRICE / TAXATION

DOMAIN SOURCE	QUESTION
SUGAR TAX <i>DRINKS_COST</i>	<p>Do drinks with sugar (e.g., Coke) cost more than drinks without sugar (e.g., diet coke/light) in Australia?</p> <p>No Yes – a little more Yes – a lot more Don't know Refuse to answer</p>

POLICY SUPPORT

DOMAIN SOURCE	QUESTION
<p>POLICY SUPPORT (items in second list from Policy Interventions to Reduce Obesity – Knowledge, Attitudes and Beliefs Survey of the Public (Raine))</p> <p><i>POL_CAL_REST</i> <i>POL_CAL_SCH</i> <i>POL_TAX_SSB</i> <i>POL_TAX_SUB</i> <i>POL_TAX_SUGAR</i> <i>POL_TAX_SALT</i> <i>POL_FV_SUB</i> <i>POL_MAX_SALT</i> <i>POL_SCH_PROG</i> <i>POL_SCH_STND</i> <i>POL_ZONE_FF</i> <i>POL_ZONE_CONV</i> <i>POL_ALC</i> <i>POL_BAN_SSB</i> <i>POL_BAN_UNHLTH</i> <i>POL_BAN_FOOD</i> <i>POL_BAN_ALL</i> <i>POL_RESTR_MAXSSB</i> <i>POL_RESTR_SPONS</i> <i>POL_BAN_TOYFF</i> <i>POL_WATERMILK_CHI</i> <i>LDFE</i></p>	<p>We are interested in your opinion about food policies that could be implemented. For each statement, please indicate whether you would support or oppose the policy.</p> <p>Would you support or oppose a government policy that would require...</p> <p>Support Neutral Oppose Don't know Refuse to answer</p> <p>[PROGRAMMER NOTE: RANDOMIZE ORDER OF ITEMS IN LIST]</p> <p>Calorie or kilojoule amounts on menus of chain restaurants Calorie or kilojoule amounts on menus in school canteens Taxes on sugary drinks Taxes on sugary drinks IF the money was spent on subsidizing healthy foods Taxes on foods with high sugar Taxes on foods with high salt Subsidies to reduce the price of fresh fruit and vegetables A maximum limit on salt levels in pre-packaged foods Free breakfast or lunch programs in schools Nutrition standards for school / college / university canteens Planning laws to restrict the number of fast food restaurants near schools Planning laws to restrict the number of convenience stores near schools Nutrition Facts tables (e.g., calories) on alcoholic beverages A ban on marketing sugary drinks to children A ban on marketing unhealthy food and beverages to children A ban on marketing all food and beverages to children A ban on all marketing to children (i.e. toys, entertainment, food and beverages) Restrictions on maximum size (e.g., max of 375 mL) of single-serve soft drink cans and bottles Restrictions on sponsorship of sporting events and teams by food companies such as Coca Cola and McDonalds. A ban on the use toys, vouchers or competitions as part of children's meals at fast-food restaurants Requiring that water or milk are the default drink in children's fast-food 'meal deals'.</p>
<p>MARKETING AGE RESTRICTION</p> <p><i>DEF_CHILD_BAN</i></p>	<p>How would you define 'children' for a ban on marketing food and beverages to children?</p> <p>12 years and under 14 years and under 16 years and under</p>

	<p>17 years and under The ban should apply to people of all ages I do not think marketing should be banned at all Don't know Refuse to answer</p>
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GENERAL HEALTH STATUS & MENTAL HEALTH

DOMAIN SOURCE	QUESTION
FRUIT CONSUMPTION BRFSS FRUIT_PREFER FRUIT_DAY_NUM FRUIT_DAY_DK_R (DAY/WEEK/MONTH/YEAR)	<p>Not including juices, how often did you eat fruit? <i>INCLUDE FRESH, FROZEN OR CANNED FRUIT. DO NOT INCLUDE DRIED FRUITS.</i></p> <p>Do you prefer to answer by the number of times per day, week, month or year? Day Week Month Year Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i> Enter the number of times you eat fruit per day: ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i> Enter the number of times you eat fruit per week: ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i> Enter the number of times you eat fruit per month: ___ per month Don't know Refuse to answer</p>

	<p><i>[Programmer: Show if "Year" is selected.]</i></p> <p>Enter the number of times you eat fruit per year: ___ per year Don't know Refuse to answer</p>
<p>FRUIT JUICE CONSUMPTION BRFSS</p> <p>JUICE_PREFER JUICE_DAY_NUM JUICE_DAY_DK_R</p> <p>(DAY/WEEK/MONTH/YEAR)</p>	<p>Not including fruit-flavored drinks or fruit juices with added sugar, how often did you drink 100% fruit juice such as apple or orange juice?</p> <p><i><u>DO NOT INCLUDE</u> FRUIT-FLAVORED DRINKS WITH ADDED SUGAR LIKE CRANBERRY CLASSIC, COTTEES CORDIAL, LEMON CRUSH, POP TOPS, GATORADE, RIBENA, AND TROPICAL PUNCH.</i></p> <p><i><u>INCLUDE ONLY</u> 100% PURE JUICES OR 100% JUICE BLENDS.</i></p> <p>Do you prefer to answer by the number of times per day, week, month or year? Day Week Month Year Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i></p> <p>Enter the number of times you drink 100% fruit juice per day: ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i></p> <p>Enter the number of times you drink 100% fruit juice per week: ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i></p> <p>Enter the number of times you drink 100% fruit juice per month: ___ per month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Year" is selected.]</i></p> <p>Enter the number of times you drink 100% fruit juice per year: ___ per year Don't know Refuse to answer</p>

<p>SALAD CONSUMPTION BRFSS</p> <p>SALAD_PREFER SALAD_DAY_NUM SALAD_DAY_DK_R</p> <p>(DAY/WEEK/MONTH/YEAR)</p>	<p>How often did you eat a green leafy or lettuce salad, with or without vegetables? <i>INCLUDE SPINACH SALADS.</i></p> <p>Do you prefer to answer by the number of times per day, week, month or year?</p> <p>Day Week Month Year Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i></p> <p>Enter the number of times you eat a salad per day: ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i></p> <p>Enter the number of times you eat a salad per week: ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i></p> <p>Enter the number of times you eat a salad per month: ___ per month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Year" is selected.]</i></p> <p>Enter the number of times you eat a salad per year: ___ per year Don't know Refuse to answer</p>
<p>FRIED POTATO CONSUMPTION BRFSS</p> <p>POTATO_PREFER POTATO_DAY_NUM POTATO_DAY_DK_R</p> <p>(DAY/WEEK/MONTH/YEAR)</p>	<p>How often did you eat any kind of fried potatoes, including french fries, cook at home chips , or hash browns? <i>DO NOT INCLUDE POTATO CHIPS SUCH AS SMITHS CHIPS.</i></p> <p>Do you prefer to answer by the number of times per day, week, month or year?</p> <p>Day Week Month Year</p>

	<p>Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i> Enter the number of times you eat fried potatoes per day: ___ per day Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Week" is selected.]</i> Enter the number of times you eat fried potatoes per week: ___ per week Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Month" is selected.]</i> Enter the number of times you eat fried potatoes per month: ___ per month Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Year" is selected.]</i> Enter the number of times you eat fried potatoes per year: ___ per year Don't know Refuse to answer</p>
<p>OTHER POTATO CONSUMPTION BRFSS</p> <p><i>OTH_POT_PREFER OTH_POT_DAY_NUM OTH_POT_DAY_DK_R</i></p> <p><i>(DAY/WEEK/MONTH/YEAR)</i></p>	<p>How often did you eat any other kind of potatoes, or sweet potatoes, such as baked, boiled, mashed potatoes, or potato salad? <i>INCLUDE ALL TYPES OF POTATOES EXCEPT FRIED. INCLUDE POTATOES AU GRATIN AND SCALLOPED POTATOES.</i></p> <p>Do you prefer to answer by the number of times per day, week, month or year? Day Week Month Year Don't know Refuse to answer</p> <p><i>[Programmer: Show if "Day" is selected.]</i> Enter the number of times you eat other kinds of potatoes per day: ___ per day Don't know Refuse to answer</p>

	<p><i>[Programmer: Show if “Week” is selected.]</i> Enter the number of times you eat other kinds of potatoes per week: ____ per week Don’t know Refuse to answer</p> <p><i>[Programmer: Show if “Month” is selected.]</i> Enter the number of times you eat other kinds of potatoes per month: ____ per month Don’t know Refuse to answer</p> <p><i>[Programmer: Show if “Year” is selected.]</i> Enter the number of times you eat other kinds of potatoes per year: ____ per year Don’t know Refuse to answer</p>
<p>OTHER VEGETABLE CONSUMPTION BRFSS</p> <p>VEG_PREFER VEG_DAY_NUM VEG_DAY_DK_R</p> <p>(DAY/WEEK/MONTH/YEAR)</p>	<p>Not including lettuce salads and potatoes, how often did you eat other vegetables? <u>INCLUDE</u> TOMATOES, GREEN BEANS, CARROTS, CORN, CABBAGE, BEAN SPROUTS, PUMPKIN, AND BROCCOLI. <u>INCLUDE</u> RAW, COOKED, CANNED, OR FROZEN VEGETABLES. <u>DO NOT INCLUDE</u> RICE.</p> <p>Do you prefer to answer by the number of times per day, week, month or year? Day Week Month Year Don’t know Refuse to answer</p> <p><i>[Programmer: Show if “Day” is selected.]</i> Enter the number of times you eat other types of vegetables per day: ____ per day Don’t know Refuse to answer</p> <p><i>[Programmer: Show if “Week” is selected.]</i> Enter the number of times you eat other types of vegetables per week: ____ per week Don’t know Refuse to answer</p>

	<p><i>[Programmer: Show if “Month” is selected.]</i></p> <p>Enter the number of times you eat other types of vegetables per month: ____ per month Don't know Refuse to answer</p> <p><i>[Programmer: Show if “Year” is selected.]</i></p> <p>Enter the number of times you eat other types of vegetables per year: ____ per year Don't know Refuse to answer</p>
GENERAL HEALTH CCHS BRFSS CHMS <i>HLTH_GENERAL</i>	In general, would you say your health is... Poor Fair Good Very good Excellent Don't know Refuse to answer
OVERALL DIET NHANES AND USED IN FCMS <i>DIET</i>	In general, how healthy is your overall diet? Poor Fair Good Very good Excellent Don't know Refuse to answer
MENTAL HEALTH CCHS AND CHMS <i>MENTAL</i>	In general, would you say your mental health is... Poor Fair Good Very good Excellent Don't know Refuse to answer
STRESS CHMS <i>STRESS</i>	Thinking about the amount of stress in your life, would you say that most days are... Not at all stressful Not very stressful A bit stressful Very stressful Extremely stressful

	Don't know Refuse to answer
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OTHER HEALTH BEHAVIOURS

DOMAIN SOURCE	QUESTION
DATA QUALITY CHECK – MONTH <i>DQ_MONTH</i>	What is the current month? January February March April May June July August September October November December Don't know Refuse to answer
SMOKING – PAST 30 DAYS CTADS <i>SMK_30</i>	Have you smoked cigarettes in the past 30 days? No Yes, occasionally Yes, every day Don't know Refuse to answer
MARIJUANA USE – FREQUENCY CSTADS <i>MJ_USE</i>	In the last 12 months, how often did you use marijuana or cannabis (a joint, pot, weed, hash)? I have never used marijuana I have used marijuana but not in the last 12 months Less than once a month Once a month 2 or 3 times a month Once a week 2 or 3 times a week 4 to 6 times a week Every day Don't know Refuse to answer

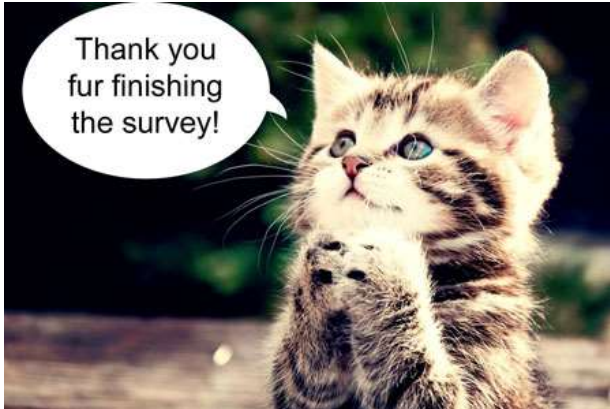
<p>MARIJUANA USE – DRIVEN CSTADS ADAPTED</p> <p><i>MJ_DRIVE</i></p>	<p>[Do not ask if have never used marijuana] Have you ever <u>driven</u> a vehicle within 2 hours of using marijuana? No, never Yes, in the last 30 days Yes, more than 30 days ago Don't know Refuse to answer</p>
<p>MARIJUANA USE – PASSENGER CSTADS ADAPTED</p> <p><i>MJ_PASS</i></p>	<p>Have you ever been a <u>passenger</u> in a vehicle driven by someone who had been using marijuana in the last 2 hours? No, never Yes, in the last 30 days Yes, more than 30 days ago Don't know Refuse to answer</p>
<p>ALCOHOL USE – FREQUENCY CSTADS</p> <p><i>ALC_FREQ</i></p>	<p>In the last 12 months, how often did you have a drink of alcohol that was more than just a sip? <i>A DRINK means: 1 regular sized bottle, can, or glass of beer; 1 glass of wine; 1 bottle or can of cooler; 1 shot of spirits (rum, whiskey, etc.); or 1 mixed drink (1 shot of spirits with soft drink, juice, energy drink, etc.).</i></p> <p>I have never drunk alcohol I did not drink alcohol in the last 12 months I have only had a sip of alcohol Less than once a month Once a month 2 or 3 times a month Once a week 2 or 3 times a week 4 to 6 times a week Every day I do not know <i>[valid answer]</i> Refuse to answer</p>
<p>ALCOHOL USE – BINGE DRINKING CSTADS</p> <p><i>ALC_BINGE</i></p>	<p>[IF DRANK MORE THAN A SIP IN PAST 12 MONTHS. Do not ask if DK/R] In the last 12 months, how often did you have ["5" if male / "4" if female] drinks of alcohol or more on one occasion? <i>A DRINK means: 1 regular sized bottle, can, or glass of beer; 1 glass of wine; 1 bottle or can of cooler; 1 shot of spirits (rum, whiskey, etc.); or 1 mixed drink (1 shot of spirits with soft drink, juice, energy drink, etc.).</i></p> <p>I have never done this I did not have [5/4] or more drinks on one occasion in the last 12 months Less than once a month Once a month 2 to 3 times a month Once a week 2 to 5 times a week Daily or almost daily</p>

	I do not know <i>[valid answer]</i> Refuse to answer
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SOCIODEMOGRAPHIC MEASURES

DOMAIN SOURCE	QUESTION
ABORIGINAL STATUS CCHS ABORIG_AUS	Are you Aboriginal or Torres Strait Islander? Yes No Don't know Refuse to answer
ETHNICITY ITC ADAPTED ETH_AUS ETH_AUS_LANG	Do you speak a language other than English in the home? Yes No Don't know Refuse to answer [If yes:] What language is that? English only Italian Greek Cantonese Mandarin Arabic Vietnamese Other Don't know Refused
HIGHEST EDUCATION EDUC_COMP_AUS	What is the highest level of formal education that you have <u>completed</u>? Did not complete secondary school Year 12 or equivalent Trade certificate or diploma from a technical/vocational school or apprenticeship training Error: The above option was listed twice in the programmed survey. Diploma or certificate from CAE (other than trades certificates or diplomas) Some university, or university certificate/diploma below the bachelor's level Bachelor's degree (e.g., BA, BSc) University degree above the bachelor's level (e.g., Master's, professional school, doctorate) Don't know

	Refuse to answer
PERCEIVED INCOME ADEQUACY <i>INCOME_ADEQ</i>	Thinking about your total monthly income, how difficult or easy is it for you to make ends meet? Very difficult Difficult Neither easy nor difficult Easy Very easy Don't know Refuse to answer
REGION <i>REGION_AUS</i> <i>REGION_AUS_OTEXT</i>	What state or territory do you live in? New South Wales Victoria Queensland Western Australia South Australia Tasmania Australian Capital Territory Northern Territory Other (please specify): _____ Don't know Refused
SELF-REPORTED HEIGHT <i>HT_UNIT</i> <i>HT_CM</i> <i>HT_FT</i> <i>HT_IN</i>	It is helpful to know the height and weight of survey participants. How tall are you without shoes? Would you rather answer in: Feet and inches Centimetres Don't know Refuse to answer [PROGRAMMER: show based on response to above] <i>Enter number: _____ feet [numeric, 3-7]</i> AND <i>Enter number: _____ inches [numeric, 0-12]</i> OR <i>Enter number: _____ cm [numeric, 100-250]</i>

SELF-REPORTED WEIGHT <i>WT_UNIT</i> <i>WT_LB</i> <i>WT_KG</i>	<p>How much do you weigh without clothes or shoes?</p> <p>Would you rather answer in;</p> <p>Pounds (lb)</p> <p>Kilograms (kg)</p> <p>Don't know</p> <p>Refuse to answer</p> <p><i>Enter weight: _____ [kg/lb] [PROGRAMMER: show based on response to above]</i></p>
END SCREEN	<p>You're finished—thank you!</p> <p>As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Committee. If you have any comments or concerns resulting from your involvement please contact the Chief Ethics Officer, Office of Research Ethics at ore-ceo@uwaterloo.ca. Alternatively, you can contact Associate Professor Gary Sacks of Deakin University at +61 (0) 3 9251 7105 or gary.sacks@deakin.edu.au</p> <p>Click NEXT to return to the survey company's website.</p> <p>Thanks again for your help.</p> 
REDIRECT TO NIELSEN	<p>You will now be redirected back to the survey company.</p>