ACKNOWLEDGEMENTS
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SUGGESTED CITATION

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</table>
| SAMPLE EMAIL INVITATION | We've found a survey for you!  
Simply click “Continue” to begin the survey.  
NOTE TO ETHICS: This is an email sent to panelists by Nielsen and their partner panels. If panelists select 'continue' they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email invitations about panel incentives. | ¡Hemos encontrado una encuesta para usted!  
Solo haga clic en "Continuar" para comenzar con la encuesta.  
NOTE TO ETHICS: This is an email sent to panelists by Nielsen and their partner panels. If panelists select 'continue' they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email invitations about panel incentives. |
| PANELIST AGE | What is your age?  
[numeric]  
[If <18 or >100: TERMINATE]  
NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers. | Por favor, indique su edad.  
[numeric]  
[If <18 or >100: TERMINATE]  
NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers. |
| PANELIST GENDER | What is your gender?  
Male  
Female  
NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers. | ¿Es usted...?  
Hombre  
Mujer  
NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers. |
| SURVEY LENGTH CONFIRMATION | UNIVERSITY: Main sample only – not applicable to oversample  
You MUST complete the survey in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later. Are you willing to participate?  
Yes [REDIRECT TO SURVEY]  
No [TERMINATE] | Usted DEBE completar la encuesta en una sola sesión. Si cierra la sesión o deja la encuesta inactiva durante más de 30 minutos, NO podrá reinitiaria ni continuarla más tarde. ¿Está dispuesto(a) a participar?  
Sí [REDIRECT TO SURVEY]  
No [TERMINATE] |
| PANELIST ORIGIN | Are you of Hispanic, Latino or Spanish origin?  
[PROGRAMMER NOTE: Allow participants to select more than one “Yes...” option]  
No, not of Hispanic, Latino or Spanish origin [TERMINATE]  
Yes, Mexican, Mexican-American or Chicano origin [CONTINUE]  
Yes, Puerto Rican origin [TERMINATE UNLESS ALSO MEXICAN]  
Yes, Cuban or Cuban-American origin [TERMINATE UNLESS ALSO MEXICAN]  
Yes, Other Hispanic, Latino or Spanish origin [TERMINATE UNLESS ALSO MEXICAN]  
Don’t know [TERMINATE]  
NOTE TO ETHICS: This is used as a quota screener by Nielsen to determine respondents potentially eligible for the US Mexican American oversample; response does not impact eligibility for the main survey sample; data not provided to researchers. | ¿Es usted de origen hispano, latino o español?  
[PROGRAMMER NOTE: Allow participants to select more than one “Sí...” option]  
No, no soy de origen hispano, latino ni español [TERMINATE]  
Sí, de origen mexicano, méxico-americano o chicano [CONTINUE]  
Sí, de origen puertorriqueño [TERMINATE UNLESS ALSO MEXICAN]  
Sí, de origen cubano o cubano-americano [TERMINATE UNLESS ALSO MEXICAN]  
Sí, de otro origen hispano, latino o español [TERMINATE UNLESS ALSO MEXICAN]  
No lo sé [TERMINATE]  
NOTE TO ETHICS: This is used as a quota screener by Nielsen to determine respondents potentially eligible for the US Mexican American oversample; response does not impact eligibility for the main survey sample; data not provided to researchers. |
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<tr>
<th>PARENTAL STATUS</th>
<th>Please choose the options that best describe your household:</th>
</tr>
</thead>
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<tr>
<td>NEW 2019</td>
<td>[PROGRAMMER NOTE: Allow participants to select more than one of the first 3 options]</td>
</tr>
<tr>
<td></td>
<td>I am pregnant/expecting a child within the next 9 months</td>
</tr>
<tr>
<td></td>
<td>I am the parent/legal guardian for one or more children under the age of 18 living in my household</td>
</tr>
<tr>
<td></td>
<td>I am the parent/legal guardian for one or more children aged 18 or older living in my household</td>
</tr>
<tr>
<td></td>
<td>I have no children living in my household and I am not pregnant/expecting a child within the next 9 months</td>
</tr>
<tr>
<td></td>
<td>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data is not provided to researchers.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CHILD AGE AND GENDER</th>
<th>Please indicate the age and gender of any children under the age of 18 living in your household:</th>
</tr>
</thead>
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<tr>
<td>NEW 2019 REVISED 2020</td>
<td>[PROGRAMMER NOTE: Allow participants to select more than one option]</td>
</tr>
<tr>
<td></td>
<td>Boy under age 1</td>
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<tr>
<td></td>
<td>Girl under age 1</td>
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<tr>
<td></td>
<td>Boy age 1</td>
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<td></td>
<td>Girl age 1</td>
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<td>Boy age 2</td>
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<td>Boy age 7</td>
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<td>Boy age 8</td>
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<td>Boy age 9</td>
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<td></td>
<td>Girl age 9</td>
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<tr>
<td></td>
<td>Boy age 10</td>
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<tr>
<td></td>
<td>Girl age 10</td>
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<table>
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<tr>
<th></th>
<th>UNIVERSE: Respondents who indicated they had a child under the age of 18 living in the household.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Por favor elija las opciones que mejor describan su situación en su hogar:</td>
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<tr>
<td></td>
<td>[PROGRAMMER NOTE: Allow participants to select more than one of the first 3 options]</td>
</tr>
<tr>
<td></td>
<td>Estoy embarazada/esperando un/a hijo/a dentro de 9 meses.</td>
</tr>
<tr>
<td></td>
<td>Tengo uno/a o más hijos/as menores de 18 años viviendo en mi hogar.</td>
</tr>
<tr>
<td></td>
<td>Tengo uno/a o más hijos/as de 18 años o mayores viviendo en mi hogar.</td>
</tr>
<tr>
<td></td>
<td>No tengo hijos/as viviendo en mi hogar y no estoy embarazada/esperando un/a dentro de 9 meses.</td>
</tr>
<tr>
<td></td>
<td>NOTE TO ETHICS: This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data is not provided to researchers.</td>
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<th></th>
<th>UNIVERSE: Respondents who indicated they had a child under the age of 18 living in the household.</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Por favor, indique la edad y el sexo de los niños menores de 18 años que viven en su casa:</td>
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<tr>
<td></td>
<td>[PROGRAMMER NOTE: Allow participants to select more than one option]</td>
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<tr>
<td></td>
<td>Niño menor de 1 año</td>
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<td>Niña menor de 1 año</td>
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<td>Niña de 9 años</td>
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<td>Niño de 10 años</td>
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### INTRODUCTION

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<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
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<tr>
<td>ELIGIBILITY INTRO</td>
<td>Before you continue to the study information, we need to confirm your eligibility with a few short questions.</td>
<td>Antes de pasar a la información del estudio, necesitamos confirmar su elegibilidad con unas breves preguntas.</td>
</tr>
<tr>
<td>AGE</td>
<td>How old are you? [numeric] [If &lt;18 or &gt;100: “Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company.”]</td>
<td>¿Qué edad tiene? [numeric] [If &lt;18 or &gt;100: “Desafortunadamente, no es elegible para el estudio. Muchas gracias por su tiempo. Ahora usted será redirigido a la empresa de encuestas.”]</td>
</tr>
</tbody>
</table>

**NOTE TO ETHICS:** This screen is shown by Nielsen and their partner panels to help identify panelists who should also be contacted for the related study 'International Food Policy Study – Youth'. This question is not used to determine eligibility for the present study. The data is not provided to researchers.
<table>
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<tr>
<th>ETHNICITY</th>
<th>UNIVERSITY: Respondents directed to the US Mexican American oversample (Note: respondents in the main sample will answer this question near the end of the survey, as in previous waves)</th>
<th>Gente que vive en los Estados Unidos pertenece a diferentes raíces culturales y étnicas. ¿Qué grupo le describe mejor...? (Seleccione todas las opciones que apliquen)</th>
</tr>
</thead>
<tbody>
<tr>
<td>ITC ADAPTER REVISED 2019 MOVED UP FOR 2020 OVERSAMPLE (only) ETH_USA_WHITE ETH_USA_BLACK ETH_USA_HISPANIC ETH_USA_ASIAN ETH_USA_NATIVE ETH_USA_OTHER ETH_USA_OTEXT ETH_USA_DK ETH_USA_R</td>
<td>People living in the United States come from many different cultural and racial backgrounds. Are you... (Select all that apply) White Black or African-American Hispanic or Latino [continue] Asian or Pacific Islander Native American Indian Other (please specify): ____________ Don’t know Refuse to answer</td>
<td>Blanco Negro o Afroamericano Hispano o Latino [continue] Asiático o isleño del Pacífico Indio Americano Otro (especificar) _______ No sabe Se negó a responder</td>
</tr>
<tr>
<td>[If ‘oversample’ respondent did NOT select Hispanic or Latino: “Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company.”]</td>
<td>[If ‘oversample’ respondent did NOT select Hispanic or Latino: “Desafortunadamente, no es elegible para el estudio. Muchas gracias por su tiempo. Ahora usted será redirigido a la empresa de encuestas.”]</td>
<td></td>
</tr>
</tbody>
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<thead>
<tr>
<th>HISPANIC</th>
<th>UNIVERSITY: Hispanic or Latino (eth_USA_hispanic=yes); Respondents directed to the US Mexican American oversample (Note: respondents in the main sample, will answer this question near the end of the survey, as in previous waves)</th>
<th>Gente que vive en los Estados Unidos pertenece a diferentes raíces culturales y étnicas. ¿Qué grupo le describe mejor...? (Seleccione todas las opciones que apliquen)</th>
</tr>
</thead>
<tbody>
<tr>
<td>MOVED UP FOR 2020 OVERSAMPLE (only) HISP_USA_MEX HISP_USA_MEXAM HISP_USA PUERTO HISP_USA_CUBAN HISP_USA_CUBANAM HISP_USA OTHER HISP_USA_OTEXT HISP_USA_DK HISP_USA_R</td>
<td>Hispanic and Latinos use different terms to describe themselves. In general, which one of the following terms do you use to describe yourself most often? (Select all that apply) Mexican [continue] Mexican-American or Chicano [continue] Puerto Rican Cuban Cuban-American Other (please specify): ____________ Don’t know Refuse to answer</td>
<td>Mexicano/a [continue] Mexicano/a-Americano/a o Chicano/a [continue] Puertorriqueño/a Cubano/a Cubano/a-Americano/a Otro (especificar) _______ No sabe Se negó a responder</td>
</tr>
<tr>
<td>[If ‘oversample’ respondent did NOT select ‘Mexican’ or ‘Mexican-American or Chicano’: “Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company.”]</td>
<td>[If ‘oversample’ respondent did NOT select ‘Mexicano/a’ or ‘Mexicano/a-Americano/a o Chicano/a’: “Desafortunadamente, no es elegible para el estudio. Muchas gracias por su tiempo. Ahora usted será redirigido a la empresa de encuestas.”]</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SEX AT BIRTH</th>
<th>UNIVERSITY: Hispanic or Latino (eth_USA_hispanic=yes); Respondents directed to the US Mexican American oversample (Note: respondents in the main sample, will answer this question near the end of the survey, as in previous waves)</th>
<th>Gente que vive en los Estados Unidos pertenece a diferentes raíces culturales y étnicas. ¿Qué grupo le describe mejor...? (Seleccione todas las opciones que apliquen)</th>
</tr>
</thead>
<tbody>
<tr>
<td>CIHR SUGGESTED METHOD (GRETA BAUER, WESTERN) SEX</td>
<td>What sex were you assigned at birth, meaning on your original birth certificate? Male Female</td>
<td>¿Qué sexo se le asignó al nacer, es decir, en su acta de nacimiento original? Masculino Femenino</td>
</tr>
<tr>
<td>INFO</td>
<td>Before you start the survey, please read the following information and let us know if you agree to participate.</td>
<td></td>
</tr>
<tr>
<td>----------------------</td>
<td>---------------------------------------------------------------------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>REVISED 2019</td>
<td>- The survey will examine eating patterns. The study is being conducted by Professor David Hammond at the University of Waterloo, Canada.</td>
<td></td>
</tr>
<tr>
<td>REVISED 2020</td>
<td>- You will be asked about your diet and nutrition, the impact of the COVID-19 pandemic, and other health-related behaviours such as smoking and alcohol use.</td>
<td></td>
</tr>
<tr>
<td>UNIVERSITY: US MEXICAN AMERICAN OVERSAMPLE</td>
<td>- The survey will take about 30 minutes to complete.</td>
<td></td>
</tr>
<tr>
<td>UNIVERSITY: US MEXICAN AMERICAN OVERSAMPLE</td>
<td>- You must be 18 years of age or older to participate in the study.</td>
<td></td>
</tr>
<tr>
<td>UNIVERSITY: US MAIN SURVEY SAMPLE</td>
<td>- The survey has two sections: the first section will ask you questions about your diet and nutrition, the impact of the COVID-19 pandemic, and other health-related behaviours such as smoking and alcohol use. The second section will ask you about the food you ate yesterday. To complete the second section, you'll be linked to a website run by the US National Institutes of Health. Each section will take 20-30 minutes – about an hour for the entire survey.</td>
<td></td>
</tr>
<tr>
<td>UNIVERSITY: US MAIN SURVEY SAMPLE</td>
<td>- You MUST complete the survey in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later.</td>
<td></td>
</tr>
<tr>
<td>UNIVERSITY: US MAIN SURVEY SAMPLE</td>
<td>- Participation is voluntary. You can click ‘refuse to answer’ to any question you do not wish to answer. You can choose to stop the study at any time without penalty. If you choose to discontinue the study, you may receive remuneration by declining all further questions until the end of the survey. Any data already collected may be used in the study, unless you contact the researcher to have it deleted.</td>
<td></td>
</tr>
<tr>
<td>UNIVERSITY: US MAIN SURVEY SAMPLE</td>
<td>- We take your privacy very seriously and will make every effort to keep your information strictly confidential. We will never share your personal information with any company or marketing firm. The study data will be collected using Alchemer software [UNIVERSE: US Main Survey Sample: and the ASA24 system operated by the U.S. National Institutes of Health]. Internet protocol (IP) addresses may be recorded by the software program used for this study, but this information will not be used by the researchers or the owners of the programs with an intention to identify you. When information is transmitted over the internet, privacy cannot be guaranteed. There is always a risk your responses may be intercepted by a third party (e.g., government agencies, hackers).</td>
<td></td>
</tr>
<tr>
<td>UNIVERSITY: US MEXICAN AMERICAN OVERSAMPLE</td>
<td>- Se le harán preguntas sobre su dieta y nutrición, el impacto de la pandemia de COVID-19, y otros tipos de comportamiento relacionados con la salud, como los hábitos en cuanto a fumar o consumir alcohol.</td>
<td></td>
</tr>
<tr>
<td>UNIVERSITY: US MEXICAN AMERICAN OVERSAMPLE</td>
<td>- Contestar la encuesta le tomará unos 30 minutos.</td>
<td></td>
</tr>
<tr>
<td>UNIVERSITY: US MEXICAN AMERICAN OVERSAMPLE</td>
<td>- Debe tener 18 años de edad para participar en el estudio.</td>
<td></td>
</tr>
<tr>
<td>UNIVERSITY: US MAIN SURVEY SAMPLE</td>
<td>- La encuesta tiene dos secciones: en la primera sección se le harán preguntas sobre su dieta y nutrición, el impacto de la pandemia de COVID-19, y otros tipos de comportamiento relacionados con la salud, como los hábitos en cuanto a fumar o consumir alcohol. En la segunda sección se le harán preguntas sobre los alimentos que comió ayer. Para responder a la segunda sección, se le llevará a un sitio web dirigido por los Institutos Nacionales de Salud de Estados Unidos. Cada sección tomará de 20 a 30 minutos y toda la encuesta tomará alrededor de una hora.</td>
<td></td>
</tr>
<tr>
<td>UNIVERSITY: US MAIN SURVEY SAMPLE</td>
<td>- Usted DEBE completar la encuesta en una sola sesión. Si cierra la sesión o deja la encuesta inactiva durante más de 30 minutos, NO podrá reiniciarla ni continuarla más tarde.</td>
<td></td>
</tr>
<tr>
<td>UNIVERSITY: US MAIN SURVEY SAMPLE</td>
<td>- La participación es voluntaria. Puede hacer clic en ‘se negó a responder’ a cualquier pregunta que no desee responder. y se puede saltar cualquier pregunta que no desee responder. Puede optar por salir del estudio en cualquier momento sin incurrir en ninguna penalidad. Si decide salir del estudio, podría recibir la remuneración si usted declina responder todas las preguntas que siguen hasta el final de la encuesta. Todos los datos recopilados hasta ese momento se podrían usar en el estudio a menos que usted se ponga en contacto con el investigador para que los elimine.</td>
<td></td>
</tr>
<tr>
<td>UNIVERSITY: US MAIN SURVEY SAMPLE</td>
<td>- Su privacidad es un asunto de mucha seriedad para nosotros y haremos todo lo posible para mantener su información con la más estricta confidencialidad. Nunca compartiremos sus datos personales con ninguna compañía, ni con ninguna empresa de mercadotecnia. Los datos del estudio se recogerán con el software Alchemer [UNIVERSE: US Main Survey Sample: y el sistema ASA24 operado por los Institutos Nacionales de Salud de los Estados Unidos]. Las direcciones de...</td>
<td></td>
</tr>
</tbody>
</table>
**INTERNATIONAL FOOD POLICY STUDY 2020 – UNITED STATES SURVEY**

- The data will be stored for a minimum of 7 years on a secure University of Waterloo server in Canada. Analyses may also be conducted by international research team members, but only using de-identified data stored on password-protected computers.

- This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Committee (ORE #30829). However, the final decision about participation is yours. Participants who have concerns or questions about their involvement in the project may contact the Office of Research Ethics in Canada at 1-519-888-4567, ext. 36005 or ore-ceo@uwaterloo.ca.

- If you have any questions about the study, please contact Professor David Hammond of the University of Waterloo in Canada, at 1-519-888-4567 ext. 46462 or dhammond@uwaterloo.ca, or Dr. James Thrasher, a local study researcher from the University of South Carolina in the United States at 1-803-777-4862 or thrasher@mailbox.sc.edu.

**CONSENT**

Based on the information you received, do you agree to take part in this research study being conducted by Professor David Hammond of the University of Waterloo?

Yes → [continue to survey]

No → Thank you for your time. You will now be redirected back to the survey company. [TERMINATE]

**CONSENT**

Con base en la información que recibió, ¿está de acuerdo en formar parte de este estudio de investigación que realiza el Profesor David Hammond de la Universidad de Waterloo?

Sí → [pase a la encuesta]

No → Gracias por su tiempo. Ahora usted se redirige a la empresa de encuestas. [TERMINAR]
# DEMOGRAPHICS

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>PREAMBLE</td>
<td>First, we’d like to ask a few questions about your background.</td>
<td>Primero, nos gustaría hacer algunas preguntas sobre sus antecedentes.</td>
</tr>
<tr>
<td>GENDER</td>
<td>What is your current gender identity?</td>
<td>Actuellement, ¿cuál es su identidad de género?</td>
</tr>
<tr>
<td></td>
<td>Man</td>
<td>Hombre</td>
</tr>
<tr>
<td></td>
<td>Woman</td>
<td>Mujer</td>
</tr>
<tr>
<td></td>
<td>Trans male/trans man</td>
<td>Trans masculino/hombre trans</td>
</tr>
<tr>
<td></td>
<td>Trans female/trans woman</td>
<td>Trans femenina/mujer trans</td>
</tr>
<tr>
<td></td>
<td>Gender queer/gender non-conforming</td>
<td>Queer/persona que no se ajusta a las normas tradicionales del género</td>
</tr>
<tr>
<td></td>
<td>Different identity → Please specify: [open-ended]</td>
<td>Otra identidad → Favor de especificar: [respuesta abierta]</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td>STUDENT STATUS</td>
<td>Are you currently a student?</td>
<td>¿Estudia actualmente?</td>
</tr>
<tr>
<td>STUDENT</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Yes, full-time</td>
<td>Sí, tiempo completo</td>
</tr>
<tr>
<td></td>
<td>Yes, part-time</td>
<td>Sí, medio tiempo</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td>OCCUPATION</td>
<td>What was your main activity in the past week?</td>
<td>¿Cuál fue su actividad principal la semana pasada?</td>
</tr>
<tr>
<td>OCCUPATION</td>
<td>Working at a paid job or business</td>
<td>Trabajar en un negocio o empleo remunerado</td>
</tr>
<tr>
<td>ADAPTED FROM</td>
<td>Vacation (from paid work)</td>
<td>Vacaciones (de un trabajo remunerado)</td>
</tr>
<tr>
<td>CCHS</td>
<td>Looking for paid work</td>
<td>Buscar trabajo remunerado</td>
</tr>
<tr>
<td></td>
<td>Going to school (including vacation from school)</td>
<td>Ir a la escuela (incluyendo vacaciones de la escuela)</td>
</tr>
<tr>
<td></td>
<td>Caring for children</td>
<td>Cuidar a los niños</td>
</tr>
<tr>
<td></td>
<td>Household work</td>
<td>Trabajo doméstico</td>
</tr>
<tr>
<td></td>
<td>Retired</td>
<td>Retirado</td>
</tr>
<tr>
<td></td>
<td>Maternity/paternity leave</td>
<td>Licencia de ausencia por maternidad/paternidad</td>
</tr>
<tr>
<td></td>
<td>Long term illness</td>
<td>Enfermedad larga</td>
</tr>
<tr>
<td></td>
<td>Volunteering</td>
<td>Trabajar como voluntario</td>
</tr>
<tr>
<td></td>
<td>Caregiving other than for children</td>
<td>Cuidar a personas que no son niños</td>
</tr>
<tr>
<td></td>
<td>Other (please specify):_________</td>
<td>Otros (especificar):_________</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td>CHILDREN – ANY</td>
<td>Do you have any children (including step-children or adopted children)?</td>
<td>¿Tiene hijos (incluidos hijastros o hijos adoptivos)?</td>
</tr>
<tr>
<td>CHILD_ANY</td>
<td>Yes</td>
<td>Sí</td>
</tr>
<tr>
<td></td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td>CHILDREN IN HOME - NUMBER</td>
<td></td>
<td></td>
</tr>
<tr>
<td>---------------------------</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BRFSS ADAPTED</td>
<td></td>
<td></td>
</tr>
<tr>
<td>CHILD_HOME</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**How many of your children under the age of 18 live in your household?**
(including step-children or adopted children)?

- [dropdown with numbers up to 10]
  - Don't know
  - Refuse to answer

**UNIVERSE:** Respondents with children (child_any=yes)

**¿Cuántos de sus hijos menores de 18 años viven en su hogar?**
(incluyendo hijos o hijos adoptados)?

- [dropdown with numbers up to 10]
  - No sabe
  - Se negó a responder

**UNIVERSE:** Respondents with children (child_any=yes)

<table>
<thead>
<tr>
<th>CHILDREN IN HOME – AGES</th>
</tr>
</thead>
<tbody>
<tr>
<td>REVISED 2019</td>
</tr>
<tr>
<td>CHILD#_AGE</td>
</tr>
<tr>
<td>CHILD#_DKR</td>
</tr>
</tbody>
</table>

**Please enter the age[s] of your child[ren] who [is/are] under 18 that live[s] in your household, in years, in the box(es) below.**

- Child #1 Age: [numeric, decimal allowed]
- Child #2 Age: [numeric, decimal allowed]
- Child #… [PROGRAMMER NOTE: add rows based on response to number of children living in household, up to 10 children]
  - Don’t know
  - Refuse to answer

**UNIVERSE:** Respondents with at least 1 child <18 in household (child_home>0)

**Introduzca [la edad/las edades] (en años) de [su hijo/sus hijos] que [es menor/son menores] de 18 años y que [vive/viven] en su hogar, en las casillas que están en continuación.**

- Hijo #1 Edad: [numeric, decimal allowed]
- Hijo #2 Edad: [numeric, decimal allowed]
- Hijo #: [PROGRAMMER NOTE: add rows based on response to number of children living in household, up to 10 children]
  - Don’t know
  - Refuse to answer

**UNIVERSE:** Respondents with at least 1 child <18 in household (child_home>0)

<table>
<thead>
<tr>
<th>CURRENT LIVING SITUATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>REVISED 2019</td>
</tr>
<tr>
<td>LIVE_PARENT</td>
</tr>
<tr>
<td>LIVE_SPOUSE</td>
</tr>
<tr>
<td>LIVE_CHILD</td>
</tr>
<tr>
<td>LIVE_ADCHILD</td>
</tr>
<tr>
<td>LIVE_RELATIVE</td>
</tr>
<tr>
<td>LIVE_ROOM</td>
</tr>
<tr>
<td>LIVE_SCHOOL</td>
</tr>
<tr>
<td>LIVE_ALONE</td>
</tr>
<tr>
<td>LIVE_OTHER</td>
</tr>
<tr>
<td>LIVE_DK</td>
</tr>
<tr>
<td>LIVE_R</td>
</tr>
<tr>
<td>LIVE_OTEXT</td>
</tr>
</tbody>
</table>

**What is your current living situation? I live with…** (Select all that apply)

- My parent(s)/guardian(s)
- My partner / spouse
- My child(ren) under the age of 18
- My child(ren) age 18 or older
- Brother(s), sister(s), grandchild(ren), in-laws or other relative(s)
- People not related to me (roommates or housemates)
- I live in a residence at school, university or college
- I live alone

- Other ➔ Please specify: [open-ended]
  - Don’t know
  - Refuse to answer

**UNIVERSE:** Respondents with at least 1 child <18 in household (child_home>0)

**¿Con quién vive actualmente? Vivo con…** (Seleccione todas las opciones que apliquen)

- Mi padre y/o mi madre/tutor(es)
- Mi pareja/cónyuge
- Mi(s) hijo(s) menores de 18 años de edad
- Mi(s) hijo(s) de 18 años de edad o mayor(es)
- Hermano(s), hermana(s), nieto(s), parientes políticos u otro(s) pariente(s)
- Personas que no son familiares (compañeros de casa/habitación)
- Vivo en un dormitorio de la escuela, universidad o colegio
- Vivo solo(a)

- Otro ➔ Favor de especificar: [respuesta abierta]
  - Don’t know
  - Se negó a responder
**FOOD SOURCES**

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FOOD SOURCE – EATING OUT FREQUENCY NHANES</strong></td>
<td>Next I'm going to ask you about meals. By meal, I mean BREAKFAST, LUNCH AND DINNER. During the PAST 7 DAYS, how many meals did you get that were PREPARED AWAY FROM HOME in places such as restaurants, fast food places, food stands, or from vending machines? Only include snacks if they counted as your meal. Do NOT include today. Enter number: ________ meals [numeric 0-21] Don't know Refuse to answer</td>
<td>A continuación le voy a preguntar sobre las comidas. Por “comida”, me refiero a DESAYUNO, ALMUERZO y CENA. Durante los ÚLTIMOS 7 DÍAS, ¿cuántas comidas consumió que fueron PREPARADAS FUERA DE LA CASA en lugares como restaurantes, restaurantes de comida rápida, puestos de comida, o máquinas dispensadoras? Solo incluya bocadillos si estos cuentan como su comida. NO incluir las comidas de hoy. Escriba el número: ________ comidas [numeric 0-21] No sabe Se negó a responder</td>
</tr>
<tr>
<td><strong>FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED OUTSIDE THE HOME</strong></td>
<td>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout&gt;0) You said you had [#] meal(s) prepared outside the home in the past 7 days. How many of these meals did you get from each of the following locations? # of meals [numeric] Fast food / quick service / coffee shop (i.e., order from a counter, online, or by phone) [numeric] Sit-down restaurant with a server [numeric] Cafeteria (NOT including fast food chains) [numeric] Ready-to-eat / take-away from grocery store [numeric] Food truck / food stand / ‘street food’ [numeric] Convenience store / gas station [numeric] Sports, recreation, or entertainment venue [numeric] Vending machine [numeric] Some other kind of place (Please specify): Don't know Refuse to answer</td>
<td>UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout&gt;0) Usted mencionó que consumió (#) comida(s) preparada(s) fuera de la casa en los últimos 7 días. ¿Cuántas de estas comidas consumió de cada uno de los siguientes lugares? # de comidas [numeric] Restaurante o cafetería de comida rápida / servicio rápido / cafetería (que se pide en un mostrador, en línea o por teléfono, por ejem., Starbucks, McDonalds, Subway) [numeric] Restaurante tradicional con meseros [numeric] Cafetería (SIN incluir cadenas de comida rápida como McDonalds) [numeric] Comida lista para consumirse de tiendas de abarrotes (por ejem., sandwiches, tortas, pan dulce) [numeric] Puesto de comida ambulante / “comida en la calle” [numeric] Tienda de conveniencia / gasolinera [numeric] Centro deportivo, recreativo o de entretenimiento [numeric] Máquina dispensadora [numeric] Otro tipo de lugar (Favor de especificar): No sabe Se negó a responder</td>
</tr>
</tbody>
</table>
### Food Source – Purchase Format for Food Prepared Outside the Home

<table>
<thead>
<tr>
<th>FOOD SOURCE – PURCHASE FORMAT FOR FOOD PREPARED OUTSIDE THE HOME</th>
</tr>
</thead>
<tbody>
<tr>
<td>REVISED 2019</td>
</tr>
<tr>
<td>FROM_DELSERV FROM_DELDIRECT FROM_NEAR FROM_FAR FROM_DKR</td>
</tr>
</tbody>
</table>

**UNIVERSE:** Respondents who had at least 1 meal prepared away from home (eatout>0)

You said you had [#] meal(s) prepared outside the home in the past 7 days.

How many of those meals were...

- [numeric] Ordered using a food delivery service (e.g., UberEats, Grubhub) and delivered to you
- [numeric] Ordered directly from a restaurant and delivered to you
- [numeric] Purchased in person at a restaurant / food outlet within 5 minutes of your home (using your usual mode of transportation, e.g., walk, drive, or public transport), excluding delivery
- [numeric] Purchased in person at a restaurant / food outlet more than 5 minutes away from your home (using your usual mode of transportation, e.g., walk, drive, or public transport), excluding delivery

Don’t know

Refuse to answer

**UNIVERSE:** Respondents who had at least 1 meal prepared away from home (eatout>0)

Usted mencionó que consumió [#] comida(s) preparada(s) fuera de la casa en los últimos 7 días.

¿Cuántas de esas comidas fueron...

- [numeric] Pedidas por medio de un servicio de entrega de alimentos (por ejemplo, UberEats, Grubhub) y entregadas a usted
- [numeric] Pedidas directamente a un restaurante y entregadas a usted
- [numeric] Compradas en persona en un restaurante / establecimiento de alimentos que está a 5 minutos ó menos de su casa (en su medio de transporte habitual, como por ejemplo, caminando, conduciendo o en transporte público), sin incluir la entrega
- [numeric] Compradas en persona en un restaurante / establecimiento de alimentos que está a más de 5 minutos de su casa (en su medio de transporte habitual, como por ejemplo, caminando, conduciendo o en transporte público), sin incluir la entrega

No sabe

Se negó a responder

### Food Source – Fast Food Frequency

<table>
<thead>
<tr>
<th>FOOD SOURCE – FAST FOOD FREQUENCY</th>
</tr>
</thead>
<tbody>
<tr>
<td>FF_1... 11</td>
</tr>
<tr>
<td>FF_11_OTEXT</td>
</tr>
<tr>
<td>FF_DKR</td>
</tr>
</tbody>
</table>

**UNIVERSE:** Respondents who indicated they purchased any meals from a “Fast food / quick service / coffee shop” (eatout_loc1>0)

You told us you ate [#] meal(s) from FAST FOOD OR QUICK SERVICE RESTAURANT(S) in the past 7 days.

How many of these meals did you get from each of the following types of fast food or quick service restaurants?

- # of meals
  - [numeric] Coffee shop / Café / Bakery (Dunkin’ Donuts, Starbucks, etc.)
  - [numeric] Burger / fries (McDonald’s, Burger King, etc.)
  - [numeric] Sandwich / sub (Subway, Quizno’s, etc.)
  - [numeric] Pizza
  - [numeric] Fried chicken (KFC, Popeye’s, etc.)
  - [numeric] Fish and chips
  - [numeric] Mexican (Taco Bell, Chipotle, etc.)
  - [numeric] Asian / International fast food (Indian, Chinese, kebab,shawarma, etc.)
  - [numeric] Ice cream / frozen yogurt (Marble Slab, Yogen Fruz, etc.)
  - [numeric] Fresh food / Smoothie bar (Freshii, Booster Juice, etc.)
  - [numeric] Some other kind of place → Please specify: [open-ended]

Don’t know

Refuse to answer

**UNIVERSE:** Respondents who indicated they purchased any meals from a “Fast food / quick service / coffee shop” (eatout_loc1>0)

Usted nos dijo que comió [#] comida(s) en RESTAURANTE(S) DE COMIDA RÁPIDA O SERVICIO RÁPIDO en los últimos 7 días.

¿Cuántas de estas comidas consumió de cada uno de los siguientes tipos de restaurantes de comida rápida o servicio rápido?

- # de comidas
  - [numeric] Café / Panadería (Dunkin Donuts, Starbucks, etc)
  - [numeric] Restaurante de « Hamburguesas y papas fritas » (McDonald’s, Burger King, etc.)
  - [numeric] Sandwich (Subway, Quizno’s, etc.)
  - [numeric] Pizza
  - [numeric] Pollo frito (KFC, Popeye’s, etc.)
  - [numeric] Pescado con papas fritas
  - [numeric] Comida mexicana (Taco Bell, Chipotle, etc.)
  - [numeric] Comida rápida internacional u oriental (China, India, kebab,shawarma, etc.)
  - [numeric] Helado o yogurt helado (Nutrisa)
  - [numeric] Vendedor de jugos naturales / Smoothies
  - [numeric] Otro tipo de lugar → Favor de especificar: [respuesta abierta]

No sabe

Se negó a responder
| FOOD SOURCE – % PREPARED OUTSIDE HOME | Thinking about ALL THE FOOD YOU ATE during the past 7 days, INCLUDING SNACKS, what percentage was prepared outside the home?  
Enter percentage: __________ [numeric percentage, 0 to 100%]  
Don’t know  
Refuse to answer | Pensando en TODOS LOS ALIMENTOS QUE COMIÓ en los últimos 7 días, INCLUYENDO BOCADILLOS, ¿qué porcentaje fueron preparados fuera de casa?  
Introduzca el porcentaje: [porcentaje numérico de 0 a 100%]  
No sabe  
Se negó a responder |
| --- | --- | --- |
| COVID IMPACT – EATING OUT | Has the COVID-19 pandemic affected how often you eat food PREPARED AWAY FROM HOME?  
I eat A LOT LESS food prepared away from home  
I eat A LITTLE LESS food prepared away from home  
No difference  
I eat A LITTLE MORE food prepared away from home  
I eat A LOT MORE food prepared away from home  
Don’t know  
Refuse to answer | ¿La pandemia de COVID-19 ha afectado la frecuencia con la que come alimentos PREPARADOS FUERA DE CASA?  
Como MUCHOS MENOS alimentos preparados fuera de casa  
Como UN POCO MENOS de alimentos preparados fuera de casa  
No hay diferencia  
Como UN POCO MÁS de alimentos preparados fuera de casa  
Como MUCHOS MÁS alimentos preparados fuera de casa  
No sabe  
Se negó a responder |
| COVID IMPACT – RESTAURANT DELIVERY | Has the COVID-19 pandemic affected how often you have FOOD DELIVERED FROM A RESTAURANT?  
I have A LOT LESS food delivered  
I have A LITTLE LESS food delivered  
No difference  
I have A LITTLE MORE food delivered  
I have A LOT MORE food delivered  
Don’t know  
Refuse to answer | ¿La pandemia de COVID-19 ha afectado la frecuencia con la que LOS RESTAURANTES LE HACEN ENTREGAS DE ALIMENTOS?  
Me entregan MUCHOS MENOS alimentos  
Me entregan UN POCO MENOS de alimentos  
No hay diferencia  
Me entregan UN POCO MÁS de alimentos  
Me entregan MUCHOS MÁS alimentos  
No sabe  
Se negó a responder |
| FOOD SOURCE – AT HOME INTRO | We are now going to ask you about the food you ate during the past 7 days that was PREPARED AT HOME.  
For example: If you made lunch at home and brought it to work or school, this would be "prepared at home". If your food came from home - even if it needed little or no preparation (e.g., an apple or crackers) - that counts as "prepared at home". Include food prepared by you or someone else at home.  
DO NOT include drinks. | Ahora le vamos a preguntar sobre los alimentos que comió durante los últimos 7 días que FUERON PREPARADOS EN CASA.  
Por ejemplo: si preparó su almuerzo en casa y lo llevó al trabajo o a la escuela, la respuesta sería que fue “preparado en casa”. Si sus alimentos vinieron de su casa, incluso si necesitaron poca o ninguna preparación (por ejem., una manzana o galletas saladas), se considerarán “preparados en casa”. Incluya los alimentos preparados en casa por usted o por alguien más.  
NO incluya bebidas. |
<table>
<thead>
<tr>
<th>FOOD SOURCE</th>
<th>PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME</th>
<th>UNIVERSE: Respondents who indicated they purchased meals from any locations in the previous HS question.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Please think about the food you ate that was PREPARED AT HOME DURING THE PAST 7 DAYS. Where was it PURCHASED? Select all that apply.</td>
<td>Pensando todavía en los alimentos PREPARADOS EN CASA EN LOS ÚLTIMOS 7 DÍAS, ¿Dónde fueron COMPRADOS? Seleccione todas las opciones que apliquen,</td>
</tr>
<tr>
<td></td>
<td>Grocery store or supercenter</td>
<td>Supermercado o «supercenter» (por ejem., Walmart)</td>
</tr>
<tr>
<td></td>
<td>Warehouse club (e.g., Costco)</td>
<td>Club o almacén (por ejem., Costco)</td>
</tr>
<tr>
<td></td>
<td>Convenience / corner store</td>
<td>Tienda de conveniencia / tienda de abarrotes o tiendita de la esquina</td>
</tr>
<tr>
<td></td>
<td>Drugstore / pharmacy</td>
<td>Farmacia</td>
</tr>
<tr>
<td></td>
<td>Farmer’s market, produce stand, or CSA</td>
<td>Mercado sobre ruedas o mercado de agricultores</td>
</tr>
<tr>
<td></td>
<td>Ethnic or specialty food store / market</td>
<td>Tienda de especialidades o comida étnica</td>
</tr>
<tr>
<td></td>
<td>Bulk food store</td>
<td>Tienda de alimentos a granel</td>
</tr>
<tr>
<td></td>
<td>Grocery delivery</td>
<td>Entrega a domicilio</td>
</tr>
<tr>
<td></td>
<td>Food bank</td>
<td>“Food bank” o un lugar donde se distribuyen alimentos gratuitos</td>
</tr>
<tr>
<td></td>
<td>Grown by you or someone you know</td>
<td>Cultivados / criados por usted o alguien que conoce</td>
</tr>
<tr>
<td></td>
<td>Some other place ➔ Please specify: [open-ended]</td>
<td>No he preparado ningún alimento en casa en los últimos 7 días</td>
</tr>
<tr>
<td></td>
<td>I have not prepared any food at home in the past 7 days</td>
<td>Otro tipo de lugar ➔ Favor de especificar: [respuesta abierta]</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD SOURCE</th>
<th>PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME BY PERCENTAGE</th>
<th>UNIVERSE: Respondents who indicated they purchased meals from any locations in the previous HS question.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Still thinking about the food PREPARED AT HOME IN THE PAST 7 DAYS, what percentage of food was purchased from each place?</td>
<td>Pensando todavía en los alimentos PREPARADOS EN CASA EN LOS ÚLTIMOS 7 DÍAS, ¿qué porcentaje de alimentos se compró en cada uno de los siguientes lugares?</td>
</tr>
<tr>
<td></td>
<td>Enter a percentage for each source. Sources must add to 100%.</td>
<td>Anote el porcentaje para cada una de las fuentes. El total debe sumar 100%.</td>
</tr>
<tr>
<td></td>
<td>[programmer note: Only show locations selected in previous question.]</td>
<td>[programmer note: Only show locations selected in previous question.]</td>
</tr>
<tr>
<td></td>
<td>[numeric] Grocery store or supercenter</td>
<td>[numeric] Supermercado o «supercenter» (por ejem., Walmart)</td>
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<td></td>
<td>[numeric] Warehouse club (e.g., Costco)</td>
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<tr>
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<td>[numeric] Drugstore / pharmacy</td>
<td>[numeric] Farmacia</td>
</tr>
<tr>
<td></td>
<td>[numeric] Farmer’s market, produce stand, or CSA</td>
<td>[numeric] Mercado sobre ruedas o mercado de agricultores</td>
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<td>[numeric] Grocery delivery</td>
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<td>[numeric] Bulk food store</td>
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<td>[numeric] Food bank</td>
<td>[numeric] “Food bank” o un lugar donde se distribuyen alimentos gratuitos</td>
</tr>
<tr>
<td></td>
<td>[numeric] Grown by you or someone you know</td>
<td>[numeric] Cultivados / criados por usted o alguien que conoce</td>
</tr>
<tr>
<td></td>
<td>[numeric] [programmer: Insert “Some other place” text from previous question]</td>
<td>[numeric] [programmer: Insert “Some other place” text from previous question]</td>
</tr>
<tr>
<td></td>
<td>[fill with total] out of 100% Total</td>
<td>[anote el total] de 100% en total</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>
### FOOD SOURCE – PURCHASE METHOD FOR FOOD PREPARED AT HOME

**NEW 2020**

<table>
<thead>
<tr>
<th>PM_STORE</th>
<th>PM_ONLINE</th>
<th>PM_FRIEND</th>
<th>PM_FBANK</th>
<th>PM_GROW</th>
<th>PM_OTHER</th>
<th>PM_OTEXT</th>
<th>PM_DK</th>
<th>PM_R</th>
</tr>
</thead>
</table>

**UNIVERSE:** Skip if previously selected “I have not prepared any food at home in the past 7 days” (HS14=Checked)

**Still thinking about the food PREPARED AT HOME IN THE PAST 7 DAYS, how/where did you get the food?**
Select all that apply.

- In-store
- Ordered online (delivery or pick-up)
- Someone outside my household (e.g., friend, relative) purchased my groceries and delivered them
- Food bank
- Grown by you or someone you know
- Some other source → Please specify: [open-ended]
- Don’t know
- Refuse to answer

### FOOD SOURCE – PURCHASE METHOD FOR FOOD PREPARED AT HOME BY PERCENTAGE

**NEW 2020**

<table>
<thead>
<tr>
<th>PMP_STORE</th>
<th>PMP_ONLINE</th>
<th>PMP_FRIEND</th>
<th>PMP_FBANK</th>
<th>PMP_GROW</th>
<th>PMP_OTHER</th>
<th>PMP_OTEXT</th>
<th>PMP_DK</th>
<th>PMP_R</th>
</tr>
</thead>
</table>

**UNIVERSE:** Respondents who indicated they purchased meals using any of the methods in the previous question.

**What percentage of the food PREPARED AT HOME IN THE PAST 7 DAYS, came from each of the following sources?**

Enter a percentage for each source. Sources must add to 100%.

- [PROGRAMMER NOTE: Only show methods selected in previous question.]
- [numeric] In-store
- [numeric] Ordered online (delivery or pick-up)
- [numeric] Someone outside my household (e.g., friend, relative) purchased my groceries and delivered them
- [numeric] Food bank
- [numeric] Grown by you or someone you know
- [numeric] [PROGRAMMER: Insert “Some other source” text from previous question]

[fill with total] out of 100% Total

- Don’t know
- Refuse to answer

**UNIVERSE:** Respondents who indicated they purchased meals using any of the methods in the previous question.

**¿Qué porcentaje de alimentos PREPARADOS EN CASA EN LOS ÚLTIMOS 7 DÍAS se compró en cada uno de los siguientes lugares?**

Anote el porcentaje para cada una de las fuentes. El total debe sumar 100%.

- [PROGRAMMER NOTE: Only show methods selected in previous question.]
- [numeric] En una tienda
- [numeric] Pedido en línea (se entregó o fue recogida)
- [numeric] Alguien fuera de mi casa (p. ej., amigo, pariente) compró mis comestibles y me los entregó
- [numeric] Bodega de alimentos
- [numeric] Cultivados / criados por usted o alguien que conoce
- [numeric] [PROGRAMMER: Insert “Alguna otra fuente” text from previous question]

[fill with total] out of 100% Total

- No sabe
- Se negó a responder
<table>
<thead>
<tr>
<th>COVID IMPACT – ONLINE GROCERIES</th>
<th>Has the COVID-19 pandemic affected how often you BUY GROCERIES ONLINE (for delivery or pick-up)?</th>
<th>¿La pandemia de COVID-19 ha afectado la frecuencia con la que COMPRA COMESTIBLES EN LÍNEA (para que los entreguen o para recogerlos)?</th>
</tr>
</thead>
<tbody>
<tr>
<td>NEW 2020</td>
<td>I buy A LOT LESS groceries online&lt;br&gt; I buy A LITTLE LESS groceries online&lt;br&gt; No difference&lt;br&gt; I buy A LITTLE MORE groceries online&lt;br&gt; I buy A LOT MORE groceries online&lt;br&gt; Don’t know&lt;br&gt; Refuse to answer</td>
<td>Compro MUCHOS MENOS comestibles en línea&lt;br&gt; Compro UN POCO MENOS de comestibles en línea&lt;br&gt; No hay diferencia&lt;br&gt; Compro UN POCO MÁS de comestibles en línea&lt;br&gt; Compro MUCHOS más comestibles en línea&lt;br&gt; No sabe&lt;br&gt; Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>COVID IMPACT – CONVENIENCE STORES</th>
<th>Has the COVID-19 pandemic affected how often you BUY GROCERIES FROM CONVENIENCE/CORNER STORES?</th>
<th>¿La pandemia de COVID-19 ha afectado la frecuencia con la que COMPRA COMESTIBLES EN TIENDAS DE LA ESQUINA/DE CONVENIENCIA?</th>
</tr>
</thead>
<tbody>
<tr>
<td>NEW 2020</td>
<td>I buy A LOT LESS groceries from convenience/corner stores&lt;br&gt; I buy A LITTLE LESS groceries from convenience/corner stores&lt;br&gt; No difference&lt;br&gt; I buy A LITTLE MORE groceries from convenience/corner stores&lt;br&gt; I buy A LOT MORE groceries from convenience/corner stores&lt;br&gt; Don’t know&lt;br&gt; Refuse to answer</td>
<td>Compro MUCHOS MENOS comestibles en tiendas de la esquina/de conveniencia&lt;br&gt; Compro UN POCO MENOS de comestibles en las tiendas de la esquina/de conveniencia&lt;br&gt; No hay diferencia&lt;br&gt; Compro UN POCO MÁS de comestibles en las tiendas de la esquina/de conveniencia&lt;br&gt; Compro MUCHOS más comestibles en tiendas de la esquina/de conveniencia&lt;br&gt; No sabe&lt;br&gt; Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>READY-TO-EAT MEALS</th>
<th>Thinking about the MEALS PREPARED AT HOME in the past 7 days, what percentage was “ready-to-eat” or “box food” (e.g., microwave, frozen or packaged meals)?</th>
<th>Pensando en las COMIDAS PREPARADAS EN CASA en los últimos 7 días, ¿qué porcentaje estaban “listas para comer” o eran “alimentos en caja” (por ejem., para microondas, congelados o comidas empacadas)?</th>
</tr>
</thead>
<tbody>
<tr>
<td>READY</td>
<td>This includes foods like frozen pizza, chicken fingers, Kraft dinner, minute rice, canned soup, baking mixes, instant oatmeal, toaster waffles, etc. Enter percentage: [numeric percentage, 0 to 100%]</td>
<td>Esto incluye alimentos como pizza congelada, nuggets de pollo, arroz instantáneo, sopa enlatada, avena instantánea, etc. Introduzca el porcentaje: [porcentaje numérico de 0 a 100%]</td>
</tr>
<tr>
<td>READY_DKR</td>
<td>Don’t know&lt;br&gt; Refuse to answer</td>
<td>No sabe&lt;br&gt; Se negó a responder</td>
</tr>
</tbody>
</table>
**BEVERAGE INTAKE**

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>BEVERAGE FREQUENCY INTRO</td>
<td>Next, we’d like to ask you about the drinks you’ve had over the PAST 7 DAYS. We’ll be asking you about different categories of drinks. First, we’ll ask you the TOTAL NUMBER OF DRINKS you’ve had in each category. Second, we’ll ask you about your USUAL SIZE OF DRINK in each category.</td>
<td>A continuación quisiéramos preguntarle sobre las bebidas que ha tomado durante los ÚLTIMOS 7 DÍAS. Le preguntaremos acerca de las diferentes categorías de bebidas. Primero le pediremos el NÚMERO TOTAL DE BEBIDAS que ha consumido de cada categoría. En segundo lugar, le preguntaremos acerca del TAMANO USUAL DE SU BEBIDA de cada categoría.</td>
</tr>
<tr>
<td>BEVERAGE FREQUENCY QUESTIONNAIRE (BFQ) – NUMBER OF DRINKS BY TYPE ADAPTED FROM SEVERAL OTHER PAPER FFQS FOR BEVERAGES.</td>
<td>During the PAST 7 DAYS, HOW MANY DRINKS did you have in each category below? For example, if you had 2 regular sodas or pops during the past 7 days, you would enter 2 in that box. If you had 1 regular soda or pop EACH day, you would enter 7 in that box. [PROGRAMMER NOTE: Responses must be numeric and between 0-100; only allow participant to select 1 of none of the above, DK or R]</td>
<td>En los ÚLTIMOS 7 DÍAS, ¿CUÁNTAS BEBIDAS tomó de cada una de las siguientes categorías? Por ejemplo, si bebió 2 refrescos normales durante los últimos 7 días, escriba “2” en esa casilla. Si tomó 1 refresco normal CADA día, escriba “7” en esa casilla. [PROGRAMMER NOTE: Responses must be numeric and between 0-100; only allow participant to select 1 of none of the above, DK or R]</td>
</tr>
<tr>
<td><strong># OF DRINKS</strong></td>
<td><strong>Regular soda or pop</strong> (Coke, Pepsi, 7-up, Sprite, root beer, etc) <strong>Not including diet pop</strong></td>
<td><strong>Bebidas refrescos normal</strong> (Coca-cola, Pepsi, 7-Up, Sprite, cerveza de raíz, etc.) <strong>No incluya bebidas refrescos de dieta</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Diet soda or pop</strong> (Diet Pepsi, Coke Zero, etc.)</td>
<td><strong>Bebidas refrescos de dieta</strong> (Pepsi de dieta, Coca-cola Zero, etc.)</td>
</tr>
<tr>
<td></td>
<td><strong>100% fruit or vegetable juice</strong> (orange juice, apple juice, etc.)</td>
<td><strong>Jugo 100% de fruta o de verduras</strong> (jugo de naranja, de manzana, etc.)</td>
</tr>
<tr>
<td></td>
<td><strong>Sweetened fruit drinks</strong> (lemonade, iced tea, SunnyD, fruit punch/cocktail, etc.)</td>
<td><strong>Agua de sabor o vitaminadas normales</strong> con calorías</td>
</tr>
<tr>
<td></td>
<td><strong>Low-/no-calorie fruit drinks</strong> (diet lemonade, unsweetened iced tea, etc.)</td>
<td><strong>Bebidas de fruta endulzadas</strong> (limonada, té helado, SunnyD, ponche/cocktail de frutas, etc.)</td>
</tr>
<tr>
<td></td>
<td><strong>Tap water</strong></td>
<td><strong>Agua de la llave</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Plain bottled water</strong></td>
<td><strong>Agua simple/natural embotellada</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Regular flavored waters or vitamin waters with calories</strong></td>
<td><strong>Aguas de sabor o vitaminadas normales con calorías</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Low-/no-calorie flavored waters or vitamin waters</strong> (Crystal Light, Mio, etc.)</td>
<td><strong>Aguas de sabor o vitaminadas sin/bajas en calorías</strong> (Crystal Light, Mio, etc.)</td>
</tr>
<tr>
<td></td>
<td><strong>Regular sports drinks</strong> (Gatorade, Powerade, etc.)</td>
<td><strong>Bebidas deportivas</strong> (Gatorade, Powerade, etc.)</td>
</tr>
<tr>
<td></td>
<td><strong>Low-/no-calorie sports drinks</strong> (G2, Powerade Zero, etc.)</td>
<td><strong>Bebidas deportivas sin/bajas en calorías</strong> (G2, Powerade Zero, etc.)</td>
</tr>
<tr>
<td></td>
<td><strong>Regular energy drinks</strong> (Red Bull, Rockstar, Monster, etc.)</td>
<td><strong>Bebidas energéticas normales</strong> (Red Bull, Rockstar, Monster, etc.)</td>
</tr>
<tr>
<td></td>
<td><strong>Low-/no-calorie energy drinks</strong> (Red Bull Sugarfree, etc.)</td>
<td><strong>Bebidas energéticas sin/bajas en calorías</strong> (Red Bull Sugarfree, etc.)</td>
</tr>
</tbody>
</table>
For each type of drink, what size did you **USUALLY** have?
If you had different sizes, select the picture that is closest to the average size.

<table>
<thead>
<tr>
<th>(numeric) White milk or unsweetened milk alternatives (unsweetened soy, almond, etc.) as a beverage <strong>NOT including milk consumed in cereal, etc.</strong></th>
<th>[numeric] Leche de vaca o alternativas a la leche, como la leche de soya o de almendras sin endulzante, consumidas como bebida <strong>NO incluya leche consumida con cereal, etc.</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>(numeric) Chocolate or flavored milk (incl. hot chocolate), or sweetened milk alternatives (sweetened soy, almond, etc.)</td>
<td>[numeric] Leche con chocolate o algún otro sabor (incluido chocolate caliente) y alternativas a la leche, como la leche de soya o de almendras con endulzante</td>
</tr>
<tr>
<td>(numeric) Coffee or tea, with sugar (with or without milk)</td>
<td>[numeric] Cafe o té, con azúcar (con o sin leche)</td>
</tr>
<tr>
<td>(numeric) Coffee or tea, no sugar (with or without milk or artificial sweetener)</td>
<td>[numeric] Cafe o té, sin azúcar (con o sin leche o endulzante artificial)</td>
</tr>
<tr>
<td>(numeric) Sweetened specialty coffees or teas (mochas, frappuccinos, chai lattes, iced coffee, etc.)</td>
<td>[numeric] Cafés o té de especialidad endulzante (mochas, frappuccinos, chai lattes, café helado, etc.)</td>
</tr>
<tr>
<td>(numeric) Sweetened smoothies, protein shakes, or drinkable yogurt</td>
<td>[numeric] Smoothies, licuados de proteína o yogurt para beber con azúcar añadida</td>
</tr>
<tr>
<td>(numeric) Unsweetened smoothies, protein shakes, or drinkable yogurt</td>
<td>[numeric] Smoothies, licuados de proteína o yogurt para beber sin azúcar añadida</td>
</tr>
<tr>
<td>(numeric) Beer, cider, coolers</td>
<td>[numeric] Cerveza, sidra, bebidas a base de vino (coilers)</td>
</tr>
<tr>
<td>(numeric) Wine (red or white)</td>
<td>[numeric] Vino (tinto o blanco)</td>
</tr>
<tr>
<td>(numeric) Hard alcohol with mix, cocktails that have calories (rum &amp; coke, gin &amp; tonic, margarita, etc.)</td>
<td>[numeric] Bebidas alcohólicas mezcladas, cocteles con calorías (ron con Coca-cola, gin &amp; tonic, coctel Margarita, etc.)</td>
</tr>
<tr>
<td>(numeric) Hard alcohol with no mix or non-caloric mix (shots, whiskey on the rocks, vodka &amp; soda, rum &amp; diet coke, etc.)</td>
<td>[numeric] Bebidas alcohólicas no mezcladas o con mezclas no calóricas (shots, whiskey en las rocas, vodka con soda, ron con Coca-cola dietetica, etc.)</td>
</tr>
<tr>
<td>None of the above</td>
<td>Ninguna de las anteriores</td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>
### 100% Fruit or Vegetable Juices (orange juice, apple juice, etc.)

- **Less**
  - Less than 8 fl oz
  - 1 cup (8 fl oz)
  - Juicebox (8 fl oz)
  - Can (12 fl oz)
  - Bottle (12 fl oz)
- **More**
  - Large bottle (32 fl oz)
  - More than 32 fl oz

### Sweetened Fruit Drinks (lemonade, iced tea, SunnyD, fruit punch/cocktail, etc.)

- **Less**
  - Less than 8 fl oz
  - 1 cup (8 fl oz)
  - Juicebox (8 fl oz)
  - Can (12 fl oz)
  - Bottle (16 fl oz)
- **More**
  - Large bottle (32 fl oz)
  - Tall can (14 fl oz)
  - More than 24 fl oz

### Low-Calorie Fruit Drinks (diet lemonade, unsweetened iced tea, etc.)

- **Less**
  - Less than 8 fl oz
  - 1 cup (8 fl oz)
  - Juicebox (8 fl oz)
  - Can (12 fl oz)
  - Bottle (16 fl oz)
- **More**
  - Large bottle (32 fl oz)
  - Tall can (14 fl oz)
  - More than 24 fl oz

---

### Jugo 100% de fruta o de verduras (jugo de naranja, de manzana, etc.)

- **Menos**
  - Menos de 8 fl oz
  - 1 vaso (8 fl oz)
  - Cartón de jugo (8 fl oz)
  - Lata (12 fl oz)
  - Botella (16 fl oz)
- **Más**
  - Botella grande (32 fl oz)
  - Más de 32 fl oz

### Bebidas de Fruta Endulzadas (limonada, té helado, SunnyD, ponche, cóctel de frutas, etc.)

- **Menos**
  - Menos de 8 fl oz
  - 1 vaso (8 fl oz)
  - Cartón de jugo (8 fl oz)
  - Lata (12 fl oz)
  - Botella (16 fl oz)
- **Más**
  - Botella grande (32 fl oz)
  - Lata grande (24 fl oz)
  - Más de 24 fl oz

### Bebidas de Fruta sin/Bajas en Calorias (limonada de dieta, té helado sin azúcar, etc.)

- **Menos**
  - Menos de 8 fl oz
  - 1 vaso (8 fl oz)
  - Cartón de jugo (8 fl oz)
  - Lata (12 fl oz)
  - Botella (16 fl oz)
- **Más**
  - Botella grande (32 fl oz)
  - Lata grande (24 fl oz)
  - Más de 24 fl oz
Low-/no-calorie flavored waters or vitamin waters (Crystal Light, Mio, etc.)

Less
- Less than 8 fl oz
- 1 cup (8 fl oz)
- Small bottle (12 fl oz)
- Can (12 fl oz)
- Bottle (20 fl oz)

More
- Extra large bottle (33.8 fl oz)
- More than 33.8 fl oz

Regular sports drinks (Gatorade, Powerade, etc.)

Less
- Less than 8 fl oz
- 1 cup (8 fl oz)
- Bottle (20 fl oz)
- XL bottle (32 fl oz)
- More than 32 fl oz

More

Low-/no-calorie sports drinks (G2, Powerade Zero, etc.)

Less
- Less than 8 fl oz
- 1 cup (8 fl oz)
- Bottle (20 fl oz)
- XL bottle (32 fl oz)
- More than 32 fl oz

More

Aguas de sabor o vitaminadas sin/bajas en calorías (Crystal Light, Mio, etc.)

Menos
- Menos de 8 fl oz
- 1 vaso (8 fl oz)
- Botella pequeña (12 fl oz)
- Lata (12 fl oz)
- Botella (20 fl oz)

Más
- Botella extra grande (33.8 fl oz)
- Más de 33.8 fl oz

Bebidas deportivas (Gatorade, Powerade, etc.)

Menos
- Menos de 8 fl oz
- 1 vaso (8 fl oz)
- Botella (20 fl oz)
- Botella extra grande (32 fl oz)
- Más de 32 fl oz

Más

Bebidas deportivas sin/bajas en calorías (G2, Powerade Zero, etc.)

Menos
- Menos de 8 fl oz
- 1 vaso (8 fl oz)
- Botella (20 fl oz)
- Botella extra grande (32 fl oz)
- Más de 32 fl oz

Más
Regular energy drinks (Rockstar, Red Bull, Monster, etc.)

- Less
  - Less than 8 fl oz
  - Small can (8 fl oz)
  - Can (12 fl oz)
  - Tall can (16 fl oz)
  - Bottle (20 fl oz)

- More
  - XL Can (24 fl oz)
  - More than 24 fl oz

Low-/no-calorie energy drinks (Red Bull Sugarfree, etc.)

- Less
  - Less than 8 fl oz
  - Small can (8 fl oz)
  - Can (12 fl oz)
  - Tall can (16 fl oz)
  - Bottle (20 fl oz)

- More
  - XL Can (24 fl oz)
  - More than 24 fl oz

White milk or unsweetened milk alternative (unsweetened soy, almond, etc.), as a beverage “NOT including milk consumed in cereal, etc.”

- Less
  - Less than 8 fl oz
  - 1 qt (32 fl oz)
  - Small carton (8 fl oz)
  - 1 quart (32 fl oz)

- More
  - More than 32 fl oz

Bebidas energéticas normales (Rockstar, Red Bull, Monster, etc.)

- Menos
  - Menos de 8 fl oz
  - Lata pequeña (8 fl oz)
  - Lata (12 fl oz)
  - Lata grande (16 fl oz)
  - Botella (20 fl oz)

- Más
  - Lata extra grande (24 fl oz)
  - Más de 24 fl oz

Bebidas energéticas sin/bajas en calorías (Red Bull Sugarfree, etc.)

- Menos
  - Menos de 8 fl oz
  - Lata pequeña (8 fl oz)
  - Lata (12 fl oz)
  - Lata grande (16 fl oz)
  - Botella (20 fl oz)

- Más
  - Lata extra grande (24 fl oz)
  - Más de 24 fl oz

Leche de vaca o alternativas a la leche, como la leche de soya o de almendras sin endulzante, consumida como bebida “NO incluya leche consumida con cereal, etc.”

- Menos
  - Menos de 8 fl oz
  - 1 vaso (8 fl oz)
  - Cartón (8 fl oz)
  - Cartón pequeño (8 fl oz)
  - 1 cuarto (32 fl oz)

- Más
  - Más de 32 fl oz
Chocolate or flavored milk (incl. hot chocolate), or sweetened milk alternative (sweetened soy, almond, etc.)

Less
- Less than 8 fl oz
- 1 cup (8 fl oz)
- Large bottle (14 fl oz)
- 1 quart (32 fl oz)
- More than 32 fl oz

More

Coffee or tea, with sugar (with or without milk)

Less
- Less than 8 fl oz
- Small/short (8 fl oz)
- 1.5 cups (12 fl oz)
- Medium (12 fl oz)
- Large (16 fl oz)

More
- Extra large (20 fl oz)
- More than 20 fl oz

Coffee or tea, no sugar (with or without milk or artificial sweetener)

Less
- Less than 8 fl oz
- Small/short (8 fl oz)
- 1.5 cups (12 fl oz)
- Medium (12 fl oz)
- Large (16 fl oz)

More
- Extra large (20 fl oz)
- More than 20 fl oz

Leche con chocolate o algún otro sabor (incluido chocolate caliente) y alternativas a la leche, como la leche de soya o de almendras con endulzante

Menos
- Menos de 8 fl oz
- 1 vaso (8 fl oz)
- Cartón (8 fl oz)
- Cartón pequeño (8 fl oz)
- Botella (11 fl oz)

Más
- Botella grande (14 fl oz)
- 1 vaso (32 fl oz)
- Más de 32 fl oz

Café o té, con azúcar (con o sin leche)

Menos
- Menos de 8 fl oz
- Vaso pequeño (8 fl oz)
- Taza y media (12 fl oz)
- Taza media (12 fl oz)
- Vaso grande (16 fl oz)

Más
- Vaso extra grande (20 fl oz)
- Más de 20 fl oz

Café o té, sin azúcar (con o sin leche o endulzante artificial)

Menos
- Menos de 8 fl oz
- Vaso pequeño (8 fl oz)
- Taza y media (12 fl oz)
- Vaso medio (12 fl oz)
- Vaso grande (16 fl oz)

Más
- Vaso extra grande (20 fl oz)
Sweetered specialty coffees or teas (mochas, frappuccinos, chai lattes, iced coffees, etc.)

- **Less**
  - Less than 6 fl oz
  - Small (8 fl oz)
  - 1.5 cups (12 fl oz)
  - Medium (12 fl oz)
  - Bottle (13.7 fl oz)

- **More**
  - Large (16 fl oz)
  - Extra large (20 fl oz)
  - More than 24 fl oz

Sweetened smoothies, protein shakes, or drinkable yogurt

- **Less**
  - Less than 2 fl oz
  - Small bottle (3 fl oz)
  - Bottle (6.7 fl oz)
  - 1 cup (8 fl oz)
  - 1.5 cups (12 fl oz)

- **More**
  - 2 cups (16 fl oz)
  - Large cup (24 fl oz)
  - More than 24 fl oz

Unsweetered smoothies, protein shakes, or drinkable yogurt

- **Less**
  - Less than 3 fl oz
  - Small bottle (3 fl oz)
  - Bottle (6.7 fl oz)
  - 1 cup (8 fl oz)
  - 1.5 cups (12 fl oz)

- **More**
  - 2 cups (16 fl oz)
  - Large cup (24 fl oz)
  - More than 24 fl oz

Cafés o té de especialidad endulzante (mochas, frappuccinos, chai lattes, café helado, etc.)

- **Menos**
  - Menos de 8 fl oz
  - Vaso pequeño (8 fl oz)
  - Taza y media (12 fl oz)
  - Vaso mediano (12 fl oz)
  - Botella (13.7 fl oz)

- **Más**
  - Vaso grande (16 fl oz)
  - Vaso extra grande (20 fl oz)
  - Más de 20 fl oz

Smoothies, licuados de proteina o yogurts para beber con azúcar añadida

- **Menos**
  - Menos de 3 fl oz
  - Botella pequeña (3 fl oz)
  - Botella (6.7 fl oz)
  - 1 taza (8 fl oz)
  - Taza y media (12 fl oz)

- **Más**
  - 2 tazas (16 fl oz)
  - Vaso grande (24 fl oz)
  - Más de 24 fl oz

Smoothies, licuados de proteina o yogurts para beber sin azúcar añadida

- **Menos**
  - Menos de 3 fl oz
  - Botella pequeña (3 fl oz)
  - Botella (6.7 fl oz)
  - 1 taza (8 fl oz)
  - Taza y media (12 fl oz)

- **Más**
  - 2 tazas (16 fl oz)
  - Vaso grande (24 fl oz)
  - Más de 24 fl oz
Beer, cider, coolers

Less

More than 12 fl oz

Less than 12 fl oz

More

More than 5 fl oz

Wine (red or white)

Less

More than 5 fl oz

Standard glass (5 fl oz)

Less than 5 fl oz

Larger glass (9 fl oz)

More than 9 fl oz

More

Hard alcohol with mix, cocktails that have calories
(rum & coke, gin & tonic, margarita, etc.)

Less

More than 8 fl oz

1 cup (8 fl oz)

Can (12 fl oz)

1.5 cups (12 fl oz)

2 cups (16 fl oz)

More

More than 16 fl oz

Cerveza, sidra, bebidas a base de vino (coolers)

Menos

Menos de 12 fl oz

Botella (12 fl oz)

Lata (12 fl oz)

Latagrande (16 fl oz)

1 pinta (16 fl oz)

Más

Más de 16 fl oz

Vino (tinto blanco)

Menos

Menos de 5 oz

Copa estándar (5 oz)

Copa grande (7 oz)

Más de 9 oz

Bebidas alcohólicas mezcladas, cocteles con calorías
(rum con Coca-cola, gin & tonic, cocktail Margarita, etc.)

Menos

Menos de 8 fl oz

1 taza (8 fl oz)

Lata (12 fl oz)

Taza mediana (13 fl oz)

3 tazas (16 fl oz)

Más

Más de 16 fl oz
## DOMAIN

**FOOD SHOPPING ROLE**

ADAPTED FROM USDA: AMERICAN TIME USE SURVEY - EATING & HEALTH MODULE 2014-2016

REVISED 2019

<table>
<thead>
<tr>
<th>SHOP</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>How much of the food shopping do you do in your household?</td>
<td>¿Qué parte de las compras de alimentos de su hogar hace usted?</td>
<td></td>
</tr>
<tr>
<td>Most</td>
<td>La mayor parte</td>
<td></td>
</tr>
<tr>
<td>Share equally with other(s)</td>
<td>Una parte equitativa con los demás</td>
<td></td>
</tr>
<tr>
<td>Some, but less than other(s)</td>
<td>Algo, pero menos que otros</td>
<td></td>
</tr>
<tr>
<td>None</td>
<td>Ninguna</td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
<td></td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
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**CONFIDENCE IN 8 COOKING TECHNIQUES**

UK NATIONAL DIET AND NUTRITION SURVEY (NDNS)

<table>
<thead>
<tr>
<th>TECH</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
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<tbody>
<tr>
<td>TECH_BOIL</td>
<td>Which, if any, of the following cooking techniques do you feel confident about using? (Select all that apply)</td>
<td>¿Cuáles de las siguientes técnicas para cocinar, si es que tiene alguna, utiliza con confianza? (Seleccione todas las que correspondan)</td>
</tr>
<tr>
<td>TECH_STEAM</td>
<td>Boiling</td>
<td>Hervir</td>
</tr>
<tr>
<td>TECH_FRY</td>
<td>Steaming or poaching</td>
<td>Cocléer al vapor o escalfar</td>
</tr>
<tr>
<td>TECH_STIRFRY</td>
<td>Frying</td>
<td>Freir</td>
</tr>
<tr>
<td>TECH_GRILL</td>
<td>Stir frying</td>
<td>Saltar</td>
</tr>
<tr>
<td>TECH_OVEN</td>
<td>Grilling</td>
<td>A la parrilla</td>
</tr>
<tr>
<td>Oven-baking or roasting</td>
<td>Hornear o asar</td>
<td></td>
</tr>
<tr>
<td>Stewing, braising, or casseroling</td>
<td>Estofar</td>
<td></td>
</tr>
<tr>
<td>Microwaving</td>
<td>Hornear con microondas</td>
<td></td>
</tr>
<tr>
<td>None of the above</td>
<td>Ninguna de las anteriores</td>
<td></td>
</tr>
<tr>
<td>TECH STEW</td>
<td>TECH MICRO</td>
<td>TECH NONE</td>
</tr>
<tr>
<td>-----------</td>
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<td>-----------</td>
</tr>
<tr>
<td>Don’t know</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Refuse to answer</td>
<td></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>CONFIDENCE IN COOKING 10 FOODS</th>
</tr>
</thead>
<tbody>
<tr>
<td>UK NATIONAL DIET AND NUTRITION SURVEY (NDNS) – ADAPTED</td>
</tr>
<tr>
<td>--------------------------------</td>
</tr>
<tr>
<td>COOK_MEAT</td>
</tr>
<tr>
<td>COOK_CHICK</td>
</tr>
<tr>
<td>COOK_WPISH</td>
</tr>
<tr>
<td>COOK_OFISH</td>
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<tr>
<td>COOK_LENTIL</td>
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<td>COOK_PASTA</td>
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<tr>
<td>COOK_RICE</td>
</tr>
<tr>
<td>COOK_POTATO</td>
</tr>
<tr>
<td>COOK_GREEN</td>
</tr>
<tr>
<td>COOK_ROOT</td>
</tr>
<tr>
<td>COOK_NONE</td>
</tr>
<tr>
<td>Which, if any, of the following foods do you feel confident about cooking?</td>
</tr>
<tr>
<td>(Select all that apply)</td>
</tr>
<tr>
<td>Red meat</td>
</tr>
<tr>
<td>Chicken</td>
</tr>
<tr>
<td>White fish (cod, haddock)</td>
</tr>
<tr>
<td>Oily fish (salmon)</td>
</tr>
<tr>
<td>Lentils, chickpeas, dry peas, dry beans</td>
</tr>
<tr>
<td>Dry pasta</td>
</tr>
<tr>
<td>Rice</td>
</tr>
<tr>
<td>Potatoes (not french fries)</td>
</tr>
<tr>
<td>Green vegetables (cabbage, spinach, broccoli)</td>
</tr>
<tr>
<td>Root vegetables (carrots, parsnips)</td>
</tr>
<tr>
<td>None of the above</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CONFIDENCE IN COOKING 10 FOODS</th>
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<tr>
<td>--------------------------------</td>
</tr>
<tr>
<td>COOK_MEAT</td>
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<tr>
<td>COOK_GREEN</td>
</tr>
<tr>
<td>COOK_ROOT</td>
</tr>
<tr>
<td>COOK_NONE</td>
</tr>
<tr>
<td>¿Cuáles de los siguientes alimentos, si es que tiene alguno, cocina con confianza? (Seleccione todas las que correspondan)</td>
</tr>
<tr>
<td>Carne roja</td>
</tr>
<tr>
<td>Pollo</td>
</tr>
<tr>
<td>Pescado blanco (bacalao, eglefino)</td>
</tr>
<tr>
<td>Pescado aceitoso (salmon)</td>
</tr>
<tr>
<td>Lentejas, garbanzos, guisantes secos, frijoles secos</td>
</tr>
<tr>
<td>Pasta seca</td>
</tr>
<tr>
<td>Arroz</td>
</tr>
<tr>
<td>Papas (no papas fritas)</td>
</tr>
<tr>
<td>Verduras (col, espinacas, brócoli)</td>
</tr>
<tr>
<td>Hortalizas de raíz (zanahorias, chirivías)</td>
</tr>
<tr>
<td>Ninguna de las anteriores</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
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</tbody>
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<table>
<thead>
<tr>
<th>ABILITY TO PREPARE 4 TYPES OF DISHES</th>
</tr>
</thead>
<tbody>
<tr>
<td>UK NATIONAL DIET AND NUTRITION SURVEY (NDNS)</td>
</tr>
<tr>
<td>--------------------------------</td>
</tr>
<tr>
<td>PREP_CONV</td>
</tr>
<tr>
<td>PREP_READY_INGRED</td>
</tr>
<tr>
<td>PREP_BASIC_INGRED</td>
</tr>
<tr>
<td>PREP CAKE</td>
</tr>
<tr>
<td>Would you be able to make the following foods and dishes from beginning to end:</td>
</tr>
<tr>
<td>Convenience foods and ready meals (e.g. frozen pizza, pre-packaged curry &amp; rice)</td>
</tr>
<tr>
<td>A complete meal from ready-made ingredients (e.g. ready-made sauces and pasta to make spaghetti Bolognese)</td>
</tr>
<tr>
<td>A main dish from basic ingredients (raw potatoes, raw meat, onions etc.), possibly following a recipe (e.g. shepherd’s pie, curry)</td>
</tr>
<tr>
<td>A cake or cookies from basic ingredients (flour, milk, eggs, etc.), possibly following a recipe</td>
</tr>
<tr>
<td>[Show response options for each food item as radio button list]</td>
</tr>
<tr>
<td>No, not at all</td>
</tr>
<tr>
<td>Yes, with a lot of help</td>
</tr>
<tr>
<td>Yes, with a little help</td>
</tr>
<tr>
<td>Yes, with no help at all</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

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<tr>
<td>PREP_READY_INGRED</td>
</tr>
<tr>
<td>PREP_BASIC_INGRED</td>
</tr>
<tr>
<td>PREP CAKE</td>
</tr>
<tr>
<td>¿Podría hacer los siguientes alimentos y platos de principio a fin?</td>
</tr>
<tr>
<td>Alimentos de preparación fácil y comidas preparadas (por ejem., pizza congelada, curry y arroz pre-empaquetados)</td>
</tr>
<tr>
<td>Una comida completa con ingredientes preparados (por ejem., salsas y pastas preparadas para hacer espaguetis a la boloñesa)</td>
</tr>
<tr>
<td>Un plato principal con ingredientes básicos (papas crudas, carne cruda, cebollas, etc.), posiblemente siguiendo una receta (por ejem., pastel de papa con carne, curry)</td>
</tr>
<tr>
<td>Galletas o un pastel hechos con ingredientes básicos (harina, leche, huevos, etc.), posiblemente siguiendo una receta</td>
</tr>
<tr>
<td>[Show response options for each food item as radio button list]</td>
</tr>
<tr>
<td>No, en lo absoluto</td>
</tr>
<tr>
<td>Sí, con mucha ayuda</td>
</tr>
<tr>
<td>Sí, con un poco de ayuda</td>
</tr>
<tr>
<td>Sí, sin ninguna ayuda</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>
**FREQUENCY OF PREPARING MAIN MEALS**
*UK NATIONAL DIET AND NUTRITION SURVEY (NDNS)*

**PREP_FREQ**

How often do you prepare a main meal for yourself or others?

- Never
- Only for special occasions
- Less than once a week
- One or two days a week
- Some days (3–4 a week)
- Most days (5–6 a week)
- Every day
- Don’t know
- Refuse to answer

**COOKING SKILLS – GENERAL**

**SKILL_OVERALL**

Overall, how would you rate your cooking skills?

- Poor
- Fair
- Good
- Very good
- Excellent
- Don’t know
- Refuse to answer

**FOOD SECURITY**

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>FOOD SECURITY – INTRO</td>
<td>USDA HFSM</td>
<td>These next questions are about the food eaten in your household in the last 12 months, since [current month] of last year and whether you were able to afford the food you need.</td>
</tr>
<tr>
<td>FOOD SECURITY – HH1</td>
<td>USDA HFSM</td>
<td>HH1</td>
</tr>
<tr>
<td><strong>FOOD SECURITY – HH INTRO</strong></td>
<td>Now you will see several statements that may be used to describe the food situation for a household. Please indicate if the statement was often true, sometimes true, or never true for you and other household members <strong>IN THE LAST 12 MONTHS</strong> – that is since last [name of current month].</td>
<td>Ahora leerá varios enunciados que se podrían usar para describir la situación alimentaria en un hogar. Favor de indicar si el enunciado frecuentemente fue verdad, algunas veces fue verdad o nunca fue verdad para usted u otros miembros de su hogar <strong>EN LOS ÚLTIMOS 12 MESES</strong>, es decir, desde [name of current month] del año pasado.</td>
</tr>
<tr>
<td><strong>FOOD SECURITY – HH2 USDA HFSM HH2</strong></td>
<td>You and other household members worried that food would run out before you got money to buy more. Often true Sometimes true Never true Don’t know Refuse to answer</td>
<td>Usted y otros miembros de su hogar se preocuparon de que la comida se terminara antes de tener dinero para comprar más. Frecuentemente fue verdad Algunas veces fue verdad Nunca fue verdad No sabe Se negó a responder</td>
</tr>
<tr>
<td><strong>FOOD SECURITY – HH3 USDA HFSM HH3</strong></td>
<td>The food that you and other household members bought just didn't last, and there wasn't any money to get more. Often true Sometimes true Never true Don’t know Refuse to answer</td>
<td>Los alimentos que usted y otros miembros de su hogar compraron simplemente no alcanzaron y no hubo dinero para comprar más. Frecuentemente fue verdad Algunas veces fue verdad Nunca fue verdad No sabe Se negó a responder</td>
</tr>
<tr>
<td><strong>FOOD SECURITY – HH4 USDA HFSM HH4</strong></td>
<td>You and other household members couldn't afford to eat balanced meals. Often true Sometimes true Never true Don’t know Refuse to answer</td>
<td>Usted y otros miembros de su hogar no tuvieron dinero para comidas balanceadas. Frecuentemente fue verdad Algunas veces fue verdad Nunca fue verdad No sabe Se negó a responder</td>
</tr>
<tr>
<td><strong>FIRST LEVEL SCREENING</strong></td>
<td>If affirmative response to one or more of HH1-HH4 (i.e., HH1=3 or 4, or HH2-HH4=1 (“often true”) or 2 (“sometimes true”), then continue to AD1; otherwise, if children under age 18 are present in the household (child_home&gt;0), skip to CH1; otherwise skip to End of Food Security Module.</td>
<td>Si afirmativo respuesta a uno o más de HH1-HH4 (i.e., HH1=3 o 4, o HH2-HH4=1 (“frecuentemente verdad”) o 2 (“alguna vez verdad”), entonces continúe con AD1; de lo contrario, si hay niños menores de 18 años en el hogar (child_home&gt;0), salte a CH1; de lo contrario, salte al final del módulo de seguridad alimentaria.</td>
</tr>
<tr>
<td><strong>FOOD SECURITY – AD1 USDA HFSM AD1</strong></td>
<td><strong>UNIVERSE: Respondents who passed first level screening</strong> In the last 12 months, since last [name of current month], did you or other adults in your household ever cut the size of your meals or skip meals because there wasn't enough money for food? Yes No Don’t know Refuse to answer</td>
<td><strong>UNIVERSE: Respondents who passed first level screening</strong> En los últimos 12 meses, desde el pasado mes de [nombre del mes actual], ¿usted o otros adultos de su hogar disminuyeron alguna vez el tamaño de sus comidas o dejaron de comer alguna porque no había suficiente dinero para comprar alimentos? Sí No No sabe Se negó a responder</td>
</tr>
<tr>
<td><strong>FOOD SECURITY – AD1a USDA HFSM AD1a</strong></td>
<td><strong>UNIVERSE: AD1=1 (yes)</strong> How often did this happen? Almost every month</td>
<td><strong>UNIVERSE: AD1=1 (yes)</strong> ¿Cuántas veces le sucedió? Casi todos los meses</td>
</tr>
</tbody>
</table>
| AD1A | Some months but not every month  
Only 1 or 2 months  
Don’t know  
Refuse to answer | Algunos meses pero no todos  
Sólo un mes o dos  
No sabe  
Se negó a responder |
|------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| **FOOD SECURITY – AD2**  
USDA HFSM  
AD2 | **UNIVERSE:** Respondents who passed first level screening  
In the last 12 months, did you ever eat less than you felt you should because there wasn’t enough money for food?  
Yes  
No  
Don’t know  
Refuse to answer | **UNIVERSE:** Respondents who passed first level screening  
En los últimos 12 meses, ¿comió usted menos de lo que creyó que debía comer porque no había suficiente dinero para comprar alimentos?  
Sí  
No  
No sabe  
Se negó a responder |
| **FOOD SECURITY – AD3**  
USDA HFSM  
AD3 | **UNIVERSE:** Respondents who passed first level screening  
In the last 12 months, were you ever hungry but didn’t eat because there wasn’t enough money for food?  
Yes  
No  
Don’t know  
Refuse to answer | **UNIVERSE:** Respondents who passed first level screening  
En los últimos 12 meses, ¿tuvo hambre alguna vez pero no comió porque no había suficiente dinero para comprar alimentos?  
Sí  
No  
No sabe  
Se negó a responder |
| **FOOD SECURITY – AD4**  
USDA HFSM  
AD4 | **UNIVERSE:** Respondents who passed first level screening  
In the last 12 months, did you lose weight because there wasn’t enough money for food?  
Yes  
No  
Don’t know  
Refuse to answer | **UNIVERSE:** Respondents who passed first level screening  
En los últimos 12 meses, ¿bajó de peso porque no había suficiente dinero para comprar alimentos?  
Sí  
No  
No sabe  
Se negó a responder |
| **SECOND LEVEL SCREENING** | If affirmative response to one or more of AD1-AD4, then continue to AD5; otherwise, if children under age 18 are present in the household (child_home >0), skip to CH1, otherwise skip to End of Food Security Module. | If affirmative response to one or more of AD1-AD4, then continue to AD5; otherwise, if children under age 18 are present in the household (child_home >0), skip to CH1, otherwise skip to End of Food Security Module. |
| **FOOD SECURITY – AD5**  
USDA HFSM  
AD5 | **UNIVERSE:** Respondents who passed second level screening  
In the last 12 months, did you or other adults in your household ever not eat for a whole day because there wasn’t enough money for food?  
Yes  
No  
Don’t know  
Refuse to answer | **UNIVERSE:** Respondents who passed second level screening  
En los últimos 12 meses, ¿usted o otros adultos de su hogar dejaron de comer alguna vez todo un día porque no había suficiente dinero para comprar alimentos?  
Sí  
No  
No sabe  
Se negó a responder |
| **FOOD SECURITY – AD5a**  
USDA HFSM  
AD5a | **UNIVERSE:** AD5=1 (yes)  
How often did this happen?  
Almost every month  
Some months but not every month  
Only 1 or 2 months  
Don’t know  
Refuse to answer | **UNIVERSE:** AD5=1 (yes)  
¿Cuántas veces le sucedió?  
Casi todos los meses  
Algunos meses pero no todos  
Sólo un mes o dos  
No sabe  
Se negó a responder |
**CHILD LEVEL 1 SCREENING**

Households with no child under age 18 (child_home=0, DK/R), skip to End of Food Security Module.

**FOOD SECURITY CHILD INTRO**

UNIVERSE: At least 1 child <18 years in household (child_home>0)

Now you will see several statements that people have made about the food situation of their children.

**FOOD SECURITY**

UNIVERSE: At least 1 child <18 years in household (child_home>0)

You or other adults in your household relied on only a few kinds of low-cost food to feed the children because you were running out of money to buy food.

- Often true
- Sometimes true
- Never true
- Don’t know
- Refuse to answer

**FOOD SECURITY – CH1**

USDA HFSM

CH1

UNIVERSE: At least 1 child <18 years in household (child_home>0)

You or other adults in your household couldn't feed the children a balanced meal, because you couldn't afford that.

- Often true
- Sometimes true
- Never true
- Don’t know
- Refuse to answer

**FOOD SECURITY – CH2**

USDA HFSM

CH2

UNIVERSE: At least 1 child <18 years in household (child_home>0)

You or other adults in your household couldn't feed the children a balanced meal, because you couldn't afford that.

- Often true
- Sometimes true
- Never true
- Don’t know
- Refuse to answer

**FOOD SECURITY – CH3**

USDA HFSM

CH3

UNIVERSE: At least 1 child <18 years in household (child_home>0)

The children were not eating enough because you or other adults in your household just couldn't afford enough food.

- Often true
- Sometimes true
- Never true
- Don’t know
- Refuse to answer

**CHILD LEVEL 2 SCREENING**

If affirmative response to one or more of CH1-CH3 (i.e., CH1-CH3= 1 ("often true") or 2 ("sometimes true")), then continue to CH4; otherwise skip to End of Food Security Module.

**FOOD SECURITY – CH4**

USDA HFSM

CH4

UNIVERSE: Respondents who passed child level 2 screening

In the last 12 months, since last [current month] did you ever cut the size of any of the children’s meals because there wasn’t enough money for food?

- Yes
- No
- Don’t know
- Refuse to answer

UNIVERSE: Respondents who passed child level 2 screening

En los últimos 12 meses, desde el pasado mes de [nombre del mes actual], ¿usted alguna redujo el tamaño de alguna de las comidas de los niños porque no había suficiente dinero para comprar alimentos?

- Sí
- No
- No sabe
- Se negó a responder
<table>
<thead>
<tr>
<th>FOOD SECURITY – CH5 USDA HFSM</th>
<th>UNIVERSE: Respondents who passed child level 2 screening</th>
<th>In the last 12 months, did any of the children ever skip meals because there wasn’t enough money for food?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Yes</td>
<td>En los últimos 12 meses, ¿alguno de los niños dejó de comer alguno de sus alimentos porque no había suficiente dinero para comprarlos?</td>
</tr>
<tr>
<td></td>
<td>No</td>
<td>Sí</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>No sabe</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD SECURITY – CH5a USDA HFSM</th>
<th>UNIVERSE: CH5=1 (yes)</th>
<th>How often did this happen?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Almost every month</td>
<td>Casi todos los meses</td>
</tr>
<tr>
<td></td>
<td>Some months but not every month</td>
<td>Algunos meses pero no todos</td>
</tr>
<tr>
<td></td>
<td>Only 1 or 2 months</td>
<td>Sólo un mes o dos</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD SECURITY – CH6 USDA HFSM</th>
<th>UNIVERSE: Respondents who passed child level 2 screening</th>
<th>In the last 12 months, were the children ever hungry but you just couldn’t afford more food?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Yes</td>
<td>Sí</td>
</tr>
<tr>
<td></td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD SECURITY – CH7 USDA HFSM</th>
<th>UNIVERSE: Respondents who passed child level 2 screening</th>
<th>In the last 12 months, did any of the children ever not eat for a whole day because there wasn’t enough money for food?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Yes</td>
<td>En los últimos 12 meses, ¿alguno de los niños dejó de comer todo un día porque no había suficiente dinero para comprar alimentos?</td>
</tr>
<tr>
<td></td>
<td>No</td>
<td>Sí</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>No sabe</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD SECURITY – COVID IMPACT – EVER</th>
<th>Has the COVID-19 pandemic affected whether your household has had enough food to eat?</th>
<th>¿La pandemia de COVID-19 ha afectado el hecho que su hogar haya tenido suficientes alimentos para comer o no?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Not at all</td>
<td>Nunca</td>
</tr>
<tr>
<td></td>
<td>A little</td>
<td>Poco</td>
</tr>
<tr>
<td></td>
<td>A lot</td>
<td>Mucho</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>
FOOD SECURITY – COVID IMPACT - REASON

ADAPTED FROM THE FOOD FOUNDATION YOUGOV POLL

NEW 2020

COVID_FSR_MON
COVID_FSR_SHOP
COVID_FSR_OUT
COVID_FSR_OTHER
COVID_FSR_R

UNIVERSE: Respondents who reported that COVID-19 has affected their food security (COVID_FS_EVER=A little or a lot)

You said that since the COVID-19 pandemic started, you/others in your household have not had enough food to eat.

Which, if any, of the following were your reason(s) for this? (Select all that apply).

- I/we did not have enough money for food
- I/we could not access enough food because shops did not have the supplies
- I/we could not access enough food because we could not go out and did not have any other way to get the food we needed
- Other
- Don’t know
- Refuse to answer

FOOD SECURITY – COVID IMPACT – CURRENT

NEW 2020

COVID_FS_CURR

UNIVERSE: Respondents who reported that COVID-19 has affected their food security (COVID_FS_EVER=A little or a lot)

Is the COVID-19 pandemic currently affecting whether your household has enough food to eat?

Not at all
- A little
- A lot
- Don’t know
- Refuse to answer

DIETARY PATTERNS AND EFFORTS

DOMAIN

SOURCE

ENGLISH

SPANISH TRANSLATION

EATING RESTRICTIONS

ADAPTED (HEAVILY) FROM TNT 2015

RESTRICT_TYPE

RESTRICT_NONE

RESTRICT_R

RESTRICT_RELTEXT

Would you describe yourself as: (Select all that apply)
- Vegetarian
- Vegan
- Pescatarian
- Following a religious practice for eating → Please specify: [open-ended]
- None of the above
- Don’t know
- Refuse to answer

Se describiría como: (Seleccione todas las opciones que apliquen)
- Vegetariano
- Vegano
- Pescetariano
- Se apega a una práctica religiosa relacionada con los alimentos → Favor de especificar: [respuesta abierta]
- Ninguna de las anteriores
- No sabe
- Se negó a responder
Have you made an effort to consume more or less of the following in the past year?

<table>
<thead>
<tr>
<th>Effort Type</th>
<th>Consume LESS</th>
<th>Consume MORE</th>
<th>No effort made</th>
<th>Don’t Know</th>
<th>Refuse to answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fat</td>
<td></td>
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<tr>
<td>Saturated fat</td>
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<tr>
<td>Protein</td>
<td></td>
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<tr>
<td>Fibre</td>
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<tr>
<td>Sugar / added sugar</td>
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<td></td>
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<tr>
<td>Salt / sodium</td>
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<tr>
<td>Fruit and vegetables</td>
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<tr>
<td>Whole grains</td>
<td></td>
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<tr>
<td>Dairy products</td>
<td></td>
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<tr>
<td>All meats</td>
<td></td>
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<tr>
<td>Red meat (e.g., beef, pork) only</td>
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<tr>
<td>Sugary drinks</td>
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<tr>
<td>100% fruit juice</td>
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<tr>
<td>‘Artificial’ low-calorie sweeteners like aspartame</td>
<td></td>
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<tr>
<td>‘Natural’ low-calorie sweeteners like stevia</td>
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<tr>
<td>Processed foods</td>
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<tr>
<td>Organic foods</td>
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<tr>
<td>Local foods (food grown in your area)</td>
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<tr>
<td>Ethically-sourced, or fair trade foods</td>
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<tr>
<td>Foods with low greenhouse gas emissions</td>
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</tr>
</tbody>
</table>

¿Se ha esforzado por consumir más o menos de los siguientes alimentos en el último año?

<table>
<thead>
<tr>
<th>Effort Type</th>
<th>Consume MENOS</th>
<th>Consume MÁS</th>
<th>No hizo ningún esfuerzo</th>
<th>No sabe</th>
<th>Se negó a responder</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calorías</td>
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<tr>
<td>Grasa</td>
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<tr>
<td>Grasas saturadas</td>
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<tr>
<td>Proteína</td>
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</tr>
<tr>
<td>Fibra</td>
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<tr>
<td>Azúcar / azúcar añadida</td>
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<tr>
<td>Sal / sodio</td>
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<tr>
<td>Frutas y verduras</td>
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</tr>
<tr>
<td>Granos integrales</td>
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</tr>
<tr>
<td>Lácteos</td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Todo tipo de carne</td>
<td></td>
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</tr>
<tr>
<td>Carne roja (e.g., res, puerco) solamente</td>
<td></td>
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</tr>
<tr>
<td>Bebidas azucaradas</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jugo 100% de fruta</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Endulzantes ‘artificiales’ bajos en calorías como el aspartame</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Endulzantes ‘naturales’ bajos en calorías como stevia</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Alimentos procesados</td>
<td></td>
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</tr>
<tr>
<td>Alimentos orgánicos</td>
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<td></td>
</tr>
<tr>
<td>Alimentos locales (alimentos cultivados en mi área)</td>
<td></td>
<td></td>
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<tr>
<td>Alimentos de origen ético o de comercio justo</td>
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<tr>
<td>Alimentos con bajas emisiones de gases de efecto invernadero</td>
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</tbody>
</table>

[PROGRAMMER: Split on three screens, with first 9 items on screen 1, next 8 items on screen 2, and next 4 on screen 3]
### WEIGHT LOSS EFFORTS, BODY PERCEPTIONS, AND WEIGHT STIGMA

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PERCEIVED BODY SIZE</strong>&lt;br&gt;K. MAXIMOVA ET AL. THE ROLE OF UNDERESTIMATING BODY SIZE FOR SELF-ESTEEM AND SELF-EFFICACY AMONG GRADE FIVE CHILDREN IN CANADA. ANNALS OF EPIDEMIOLOGY 2015; 25:753-759.</td>
<td>Which body is most like your own body?&lt;br&gt;UNIVERSE: gender = 2 (woman) or 4 (trans female/trans woman)&lt;br&gt;Don't know&lt;br&gt;Refuse to answer</td>
<td>¿Qué cuerpo se parece más al de usted?&lt;br&gt;UNIVERSE: gender = 2 (woman) or 4 (trans female/trans woman)&lt;br&gt;No sabe&lt;br&gt;Se negó a responder</td>
</tr>
<tr>
<td>IMAGES FROM (COLLINS, 1991) REVISED 2020&lt;br&gt;WT_BODY_F&lt;br&gt;WT_BODY_F_DK&lt;br&gt;WT_BODY_F_R&lt;br&gt;WT_BODY_M&lt;br&gt;WT_BODY_M_DK&lt;br&gt;WT_BODY_M_R</td>
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<tr>
<td><strong>PERCEIVED WEIGHT</strong>&lt;br&gt;CCHS&lt;br&gt;WT_PERCEIVE</td>
<td>Do you consider yourself to be...&lt;br&gt;Obese&lt;br&gt;Overweight&lt;br&gt;Underweight&lt;br&gt;Just about right&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td>¿Usted se considera..?&lt;br&gt;Obeso&lt;br&gt;De peso mayor al normal&lt;br&gt;De peso menor al normal&lt;br&gt;De peso adecuado&lt;br&gt;No sabe&lt;br&gt;Se negó a responder</td>
</tr>
<tr>
<td><strong>WEIGHT BEHAVIOUR</strong>&lt;br&gt;Adapted from: NHANES, 2009-2010&lt;br&gt;WT_TRY_LOSS&lt;br&gt;WT_TRY_GAIN&lt;br&gt;WT_TRYSAME&lt;br&gt;WT_TRY_NOT&lt;br&gt;WT_TRY_DK&lt;br&gt;WT_TRY</td>
<td>During the past 12 months have you tried to....&lt;br&gt;Select all that apply&lt;br&gt;Lose weight&lt;br&gt;Gain weight&lt;br&gt;Stay the same weight&lt;br&gt;I have not tried to do anything about my weight&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td>En los últimos 12 meses ha intentado....&lt;br&gt;(Seleccione todas las opciones que apliquen)&lt;br&gt;Bajar de peso&lt;br&gt;Subir de peso&lt;br&gt;Mantener el mismo peso&lt;br&gt;No ha intentado hacer nada respecto a su peso&lt;br&gt;No sabe&lt;br&gt;Se negó a responder</td>
</tr>
</tbody>
</table>
WEIGHT LOSS METHODS
NHANES DIET HISTORY QUESTIONNAIRE
(ADAPTED)
WT_LOSS_TYPE
WT_LOSS_NONE
WT_LOSS_DK
WT_LOSS_R
WT_LOSS_DIETTEXT
WT_LOSS_OTEXT
WTSAME_TYPE
WTSAME_NONE
WTSAME_DK
WTSAME_R
WTSAME_DIETTEXT
WTSAME_OTEXT
WT_LOSS_SAME_TYPE
WT_LOSS_SAME_NONE
WT_LOSS_SAME_DK
WT_LOSS_SAME_R
WT_LOSS_SAME_DIETTEXT
WT_LOSS_SAME_OTEXT

WEIGHT LOSS METHODS

**How did you try to lose weight in the past 12 months?**

**UNIVERSE:** Tried to lose weight, but did not try to stay the same weight (wt_try_loss=1 and wt_try_same=0)

**How did you try to 'stay the same weight' in the past 12 months?**

**UNIVERSE:** Tried to lose weight and tried to stay the same weight (wt_try_loss=1 and wt_try_same=1)

**How did you try to lose weight or 'stay the same weight' in the past 12 months?**

**UNIVERSE:** Tried to lose weight, but did not try to stay the same weight (wt_try_loss=1 and wt_try_same=0)

¿Cómo intentó bajar de peso en los últimos 12 meses?

**UNIVERSE:** Did not try to lose weight, but tried to stay the same weight (wt_try_loss=0 and wt_try_same=1)

¿Cómo intentó “mantener el mismo peso” en los últimos 12 meses?

**UNIVERSE:** Tried to lose weight and tried to stay the same weight (wt_try_loss=1 and wt_try_same=1)

¿Cómo intentó bajar de peso o “mantener el mismo peso” en los últimos 12 meses?

Dejó de hacer alguna comida o ayunó
Comió menos (menor cantidad)
Comió menos grasas
Comió menos dulces o azúcar
Comió menos carbohidratos
Comió más frutas, verduras o ensaladas
Cambió a alimentos de menos calorías
Siguió una dieta especial o programa para bajar de peso (e.g., Atkins, Weight Watchers) → Favor de especificar: [respuesta abierta]
Usó preparados para bebidas dietéticas como Slimfast u Optifast
Hizo una dieta de limpieza o desintoxicación
Hizo ejercicio
Tomó mucha agua
Recibió ayuda de un profesional de la salud
Tomó pastillas de dieta recetadas por un médico
Tomó otras pastillas, medicinas, hierbas o suplementos que no requieren receta médica
Tomó laxantes o se provocó el vómito
Empezó o volvió a fumar
Otro → Favor de especificar: [respuesta abierta]
Ninguna de las anteriores
No sabe
Se negó a responder

EAT-3 BEHAVIOURAL ITEMS
HAINES J, ZIYADEH NJ, FRANKO DL, MCDONALD J, MOND JM, AUSTIN SB.
SCREENING HIGH SCHOOL STUDENTS FOR EATING DISORDERS: VALIDITY

In the past 3 months, how often have you:

... gone on eating binges? (Eating a large amount of food while feeling out of control).

... made yourself sick (vomited) to control your weight?

Never
Less than 1 time a month
1 to 3 times a month

En los últimos 3 meses, ¿cúantas veces:

... comió en exceso? (Comió una gran cantidad de alimentos y se sintió fuera de control).

... se provocó el vómito para controlar su peso?

Nunca
Menos de 1 vez al mes
1 a 3 veces al mes
<table>
<thead>
<tr>
<th>OF BRIEF BEHAVIORAL AND ATTITUDINAL MEASURES. JOURNAL OF SCHOOL HEALTH, 2011; 81(9):530-535.</th>
<th>Once a week 2 to 6 times a week Once a day More than once a day Don’t know Refuse to answer</th>
<th>1 vez a la semana 2 a 6 veces a la semana 1 vez al día Más de 1 vez al día No sabe Se negó a responder</th>
</tr>
</thead>
<tbody>
<tr>
<td>EAT3_BINGE</td>
<td>I am preoccupied with a desire to be thinner. Always Usually Often Sometimes Rarely Never Don’t know Refuse to answer</td>
<td>Me absorbe el deseo de estar más delgado. Siempre Usualmente Frecuentemente Algunas veces Rara vez Nunca No sabe Se negó a responder</td>
</tr>
<tr>
<td>EAT3_THIN</td>
<td>I worry about becoming fat. Strongly disagree Disagree Neutral Agree Strongly agree Don’t know Refuse to answer</td>
<td>Me preocupa engordar. Completamente en desacuerdo En desacuerdo Ni de acuerdo ni en desacuerdo De acuerdo Completamente de acuerdo No sabe Se negó a responder</td>
</tr>
<tr>
<td>WT_BIAS</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### SUGARY DRINKS

<table>
<thead>
<tr>
<th><strong>DOMAIN SOURCE</strong></th>
<th><strong>ENGLISH</strong></th>
<th><strong>SPANISH TRANSLATION</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>POP PERCEIVED HEALTHINESS</td>
<td><strong>SSB_HLTH_POP</strong></td>
<td><strong>SSB_HLTH_POP</strong></td>
</tr>
<tr>
<td><strong>In your opinion, how unhealthy or healthy is this type of drink?</strong></td>
<td><strong>En su opinión, ¿qué tan saludable o poco saludable es este tipo de bebida?</strong></td>
<td></td>
</tr>
<tr>
<td>Very unhealthy</td>
<td>Muy mala para la salud</td>
<td></td>
</tr>
<tr>
<td>Unhealthy</td>
<td>Mala para la salud</td>
<td></td>
</tr>
<tr>
<td>A little unhealthy</td>
<td>Un poco mala para la salud</td>
<td></td>
</tr>
<tr>
<td>Neither unhealthy nor healthy</td>
<td>Ni mala ni buena para la salud</td>
<td></td>
</tr>
<tr>
<td>A little healthy</td>
<td>Poco saludable</td>
<td></td>
</tr>
<tr>
<td>Healthy</td>
<td>Saludable</td>
<td></td>
</tr>
<tr>
<td>Very healthy</td>
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<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
<td></td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
<td></td>
</tr>
</tbody>
</table>

| POP ACCEPTABLE FREQUENCY FOR CHILDREN | **SSB_CHILD_POP** | **SSB_CHILD_POP** |
| **Imagine that you have a 10-year old child. Is it okay for them to have this type of drink...** | **Imagine que tiene un hijo de 10 años de edad. ¿Le parece bien que tome este tipo de bebida?** |
| Never | Nunca |
| Once per month | Una vez al mes |
| A few times per month | Unas cuantas veces al mes |
| Once per week | Una vez a la semana |
| A few times per week | Unas cuantas veces a la semana |
| Once per day | Una vez al día |
| As often as they would like | Tantas veces como quiera |
| Don’t know | No sabe |
| Refuse to answer | Se negó a responder |
**SSB PERCEPTIONS - CONDITION**

[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following set of 3 questions with the same beverage image on screen for each question.]

<table>
<thead>
<tr>
<th>SSB_CONDITION</th>
<th>Diet pop</th>
<th>100% juice</th>
<th>Energy drink</th>
<th>Water</th>
<th>Specialty coffee</th>
<th>Sports drink</th>
<th>Chocolate milk</th>
<th>Iced tea</th>
<th>Milk</th>
</tr>
</thead>
<tbody>
<tr>
<td>20 fl oz</td>
<td>12 fl oz</td>
<td>8.4 fl oz</td>
<td>12 fl oz</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>15.7 fl oz</td>
<td>20 fl oz</td>
<td>16 fl oz</td>
<td>16.9 fl oz</td>
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<td></td>
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<tr>
<td>12 fl oz</td>
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</tbody>
</table>

**SSB_CONDITION**

[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following set of 3 questions with the same beverage image on screen for each question.]

<table>
<thead>
<tr>
<th>SSB_CONDITION</th>
<th>Bebida refrescos/gaseosas de dieta</th>
<th>100% jugo</th>
<th>Bebida energética</th>
<th>Agua</th>
<th>Café de especialidad</th>
<th>Bebida deportivas</th>
<th>Leche con chocolate</th>
<th>Té helado</th>
<th>Leche</th>
</tr>
</thead>
<tbody>
<tr>
<td>20 fl oz</td>
<td>12 fl oz</td>
<td>8.4 fl oz</td>
<td></td>
<td>12 fl oz</td>
<td>13.7 fl oz</td>
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<tr>
<td>SSB PERCEIVED HEALTHINESS</td>
<td>In your opinion, how unhealthy or healthy is this type of drink? [show image with fl oz label]</td>
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<tr>
<td>SSB_HLTH_[TYPE]</td>
<td>Very unhealthy</td>
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<td>Don’t know</td>
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<td>Refuse to answer</td>
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<td>En su opinión, ¿qué tan saludable o poco saludable es este tipo de bebida? [show image with fl oz label]</td>
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<td></td>
<td>Muy mala para la salud</td>
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<td>Un poco mala para la salud</td>
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<td>No sabe</td>
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<td></td>
<td>Se negó a responder</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>SSB ACCEPTABLE FREQUENCY FOR CHILDREN</th>
<th>Imagine that you have a 10-year old child. Is it okay for them to have this type of drink... [show image with fl oz label]</th>
</tr>
</thead>
<tbody>
<tr>
<td>SSB_CHILD_[TYPE]</td>
<td>Never</td>
</tr>
<tr>
<td></td>
<td>Once per month</td>
</tr>
<tr>
<td></td>
<td>A few times per month</td>
</tr>
<tr>
<td></td>
<td>Once per week</td>
</tr>
<tr>
<td></td>
<td>A few times per week</td>
</tr>
<tr>
<td></td>
<td>Once per day</td>
</tr>
<tr>
<td></td>
<td>As often as they would like</td>
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<tr>
<td></td>
<td>Don’t know</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
</tr>
<tr>
<td></td>
<td>Imagine que tiene un hijo de 10 años de edad. ¿Le parece bien que tome este tipo de bebida? [show image with fl oz label]</td>
</tr>
<tr>
<td></td>
<td>Nunca</td>
</tr>
<tr>
<td></td>
<td>Una vez al mes</td>
</tr>
<tr>
<td></td>
<td>Unas cuantas veces al mes</td>
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<tr>
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<td>Una vez a la semana</td>
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<tr>
<td></td>
<td>Unas cuantas veces a la semana</td>
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<td>Una vez al día</td>
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<tr>
<td></td>
<td>Tantas veces como quiera</td>
</tr>
<tr>
<td></td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SSB SUGAR AMOUNT</th>
<th>A 20 fl oz bottle of ‘regular’ Coke has 65 grams of sugar.</th>
</tr>
</thead>
<tbody>
<tr>
<td>SSB_SUGAR_[TYPE]</td>
<td>How much sugar do you think the following beverage contains? [show image with fl oz label]</td>
</tr>
<tr>
<td></td>
<td>Enter number of grams: ________</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
</tr>
<tr>
<td></td>
<td>Una botella de Coca ‘normal’ de 20 fl oz tiene 65 gramos de azúcar.</td>
</tr>
<tr>
<td></td>
<td>¿Cuánta azúcar cree usted que contiene la siguiente bebida? [show image with fl oz label]</td>
</tr>
<tr>
<td></td>
<td>Ingrese el número de gramos: ________</td>
</tr>
<tr>
<td></td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SSB DEFINITION</th>
<th>The next few questions ask about SUGAR AND SUGARY DRINKS.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Sugary drinks are drinks that contain added sugar, like pop, fruit drinks, sports drinks, energy drinks, chocolate milk, and specialty coffees that have added sugar.</td>
</tr>
<tr>
<td></td>
<td>Las siguientes preguntas se refieren a AZÚCAR Y BEBIDAS AZUCARADAS.</td>
</tr>
<tr>
<td></td>
<td>Las bebidas azucaradas son bebidas que contienen azúcar añadida, como los refrescos/gaseosas, bebidas de fruta, deportivas, energéticas, leche con chocolate y cafés de especialidad a los cuales se le añade azúcar.</td>
</tr>
<tr>
<td>SSB SELF CONSUMPTION</td>
<td>Is the amount of sugary drinks you typically have in a week...</td>
</tr>
<tr>
<td>----------------------</td>
<td>-------------------------------------------------------------</td>
</tr>
<tr>
<td>SSB_SELF</td>
<td>A very unhealthy amount</td>
</tr>
<tr>
<td></td>
<td>An unhealthy amount</td>
</tr>
<tr>
<td></td>
<td>Neither unhealthy nor healthy amount</td>
</tr>
<tr>
<td></td>
<td>A healthy amount</td>
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<td></td>
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<tr>
<td></td>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SSB SOCIAL NORMS – Q1</th>
<th>People important to me TRY NOT to eat foods high in SUGAR.</th>
<th>Las personas que me importan TRATAN DE EVITAR alimentos con alto contenido de AZÚCAR.</th>
</tr>
</thead>
<tbody>
<tr>
<td>SSB_NORMS1</td>
<td>Strongly agree</td>
<td>Completamente de acuerdo</td>
</tr>
<tr>
<td></td>
<td>Agree</td>
<td>De acuerdo</td>
</tr>
<tr>
<td></td>
<td>Neither agree nor disagree</td>
<td>Ni de acuerdo ni en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Disagree</td>
<td>En desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Strongly disagree</td>
<td>Completamente en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SSB SOCIAL NORMS – Q2</th>
<th>People important to me THINK I SHOULD NOT eat foods high in SUGAR.</th>
<th>Las personas que me importan PIENSAN QUE NO DEBO comer alimentos con alto contenido de AZÚCAR.</th>
</tr>
</thead>
<tbody>
<tr>
<td>SSB_NORMS2</td>
<td>Strongly agree</td>
<td>Completamente de acuerdo</td>
</tr>
<tr>
<td></td>
<td>Agree</td>
<td>De acuerdo</td>
</tr>
<tr>
<td></td>
<td>Neither agree nor disagree</td>
<td>Ni de acuerdo ni en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Disagree</td>
<td>En desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Strongly disagree</td>
<td>Completamente en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SSB SOCIAL NORMS – Q3</th>
<th>People important to me TRY NOT to drink SUGARY DRINKS.</th>
<th>Las personas que me importan TRATAN DE NO tomar BEBIDAS AZUCARADAS.</th>
</tr>
</thead>
<tbody>
<tr>
<td>SSB_NORMS3</td>
<td>Strongly agree</td>
<td>Completamente de acuerdo</td>
</tr>
<tr>
<td></td>
<td>Agree</td>
<td>De acuerdo</td>
</tr>
<tr>
<td></td>
<td>Neither agree nor disagree</td>
<td>Ni de acuerdo ni en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Disagree</td>
<td>En desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Strongly disagree</td>
<td>Completamente en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
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</table>

<table>
<thead>
<tr>
<th>SSB SOCIAL NORMS – Q4</th>
<th>People important to me THINK I SHOULD NOT drink SUGARY DRINKS.</th>
<th>Las personas que me importan PIENSAN QUE NO DEBO tomar BEBIDAS AZUCARADAS.</th>
</tr>
</thead>
<tbody>
<tr>
<td>SSB_NORMS4</td>
<td>Strongly agree</td>
<td>Completamente de acuerdo</td>
</tr>
<tr>
<td></td>
<td>Agree</td>
<td>De acuerdo</td>
</tr>
<tr>
<td></td>
<td>Neither agree nor disagree</td>
<td>Ni de acuerdo ni en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Disagree</td>
<td>En desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Strongly disagree</td>
<td>Completamente en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td>PUBLIC TRUST</td>
<td></td>
<td></td>
</tr>
<tr>
<td>-------------</td>
<td>-------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>PT_HE_SUGARY_DRINKS</td>
<td>PT_IND_SUGARY_DRINKS</td>
<td></td>
</tr>
<tr>
<td>Please tell us whether you agree or disagree with the following:</td>
<td>Favor de indicarnos si está de acuerdo o en desacuerdo con lo siguiente:</td>
<td></td>
</tr>
<tr>
<td>I trust messages from <strong>health experts</strong> on <strong>sugary drinks</strong>.</td>
<td>Confío en los mensajes de los <strong>expertos en salud</strong> sobre las <strong>bebidas azucaradas</strong>.</td>
<td></td>
</tr>
<tr>
<td>Strongly agree</td>
<td>Completamente de acuerdo</td>
<td></td>
</tr>
<tr>
<td>Agree</td>
<td>De acuerdo</td>
<td></td>
</tr>
<tr>
<td>Neither agree nor disagree</td>
<td>Ni de acuerdo ni en desacuerdo</td>
<td></td>
</tr>
<tr>
<td>Disagree</td>
<td>En desacuerdo</td>
<td></td>
</tr>
<tr>
<td>Strongly disagree</td>
<td>Completamente en desacuerdo</td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
<td></td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
<td></td>
</tr>
<tr>
<td>I trust messages from the <strong>food and beverage industry</strong> on <strong>sugary drinks</strong>.</td>
<td>Confío en los mensajes de la <strong>industria de alimentos y bebidas</strong> sobre las <strong>bebidas azucaradas</strong>.</td>
<td></td>
</tr>
<tr>
<td>Strongly agree</td>
<td>Completamente de acuerdo</td>
<td></td>
</tr>
<tr>
<td>Agree</td>
<td>De acuerdo</td>
<td></td>
</tr>
<tr>
<td>Neither agree nor disagree</td>
<td>Ni de acuerdo ni en desacuerdo</td>
<td></td>
</tr>
<tr>
<td>Disagree</td>
<td>En desacuerdo</td>
<td></td>
</tr>
<tr>
<td>Strongly disagree</td>
<td>Completamente en desacuerdo</td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
<td></td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SUGAR KNOWLEDGE</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>REVISED 2019</td>
<td></td>
</tr>
<tr>
<td>SD_OBESITY</td>
<td>SD_DIABETES</td>
</tr>
<tr>
<td>SD_TOOTH</td>
<td></td>
</tr>
<tr>
<td>Please rate if you feel the following are true or false:</td>
<td>Por favor díganos si considera que las siguientes afirmaciones son verdaderas o falsas:</td>
</tr>
<tr>
<td>Frequently drinking sugary drinks increases the risk of <strong>obesity</strong>.</td>
<td>Beber con frecuencia bebidas azucaradas aumenta el riesgo de <strong>obesidad</strong>.</td>
</tr>
<tr>
<td>Frequently drinking sugary drinks increases the risk of <strong>diabetes</strong>.</td>
<td>Beber con frecuencia bebidas azucaradas aumenta el riesgo de <strong>diabetes</strong>.</td>
</tr>
<tr>
<td>Frequently drinking sugary drinks increases the risk of <strong>tooth decay</strong>.</td>
<td>Beber con frecuencia bebidas azucaradas aumenta el riesgo de <strong>caries en los dientes</strong>.</td>
</tr>
<tr>
<td>[Show response options for each item as radio button list]</td>
<td>[Show response options for each item as radio button list]</td>
</tr>
<tr>
<td>True</td>
<td>Verdadero</td>
</tr>
<tr>
<td>False</td>
<td>Falso</td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>
### SWEETENER ACCEPTABILITY FOR CHILDREN

**NEW 2020**

**SWT_CHILD**

Please tell us whether you agree or disagree with the following:

- Children should not consume foods or drinks with artificial or low-calorie sweeteners.
  - Strongly agree
  - Agree
  - Neither agree nor disagree
  - Disagree
  - Strongly disagree
  - Don’t know
  - Refuse to answer

### NUTRITION KNOWLEDGE

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>SELF-REPORTED NUTRITION KNOWLEDGE ADAPTED FROM TNT 2015, HOBIN CFDR NUT_KNOW</td>
<td>How would you rate your nutrition knowledge? Not at all knowledgeable A little knowledgeable Somewhat knowledgeable Very knowledgeable Extremely knowledgeable Don’t know Refuse to answer</td>
<td>¿Cómo calificaría sus conocimientos sobre nutrición? No sé nada del tema Sé muy poco del tema Tengo algunos conocimientos sobre el tema Conozco muy bien el tema Conozco extremadamente bien el tema No sabe Se negó a responder</td>
</tr>
</tbody>
</table>

### SOURCES OF NUTRITION INFORMATION

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>SOURCES OF NUTRITION INFO CCHS FOOD GUIDE module and TNT integrated content (adapted to be for 12 months rather than 6) REVISED 2019 INFO_TYPE INFO_NONE INFO_OK</td>
<td>In the past 12 months, did you get information on food or nutrition from any of the following sources? (Select all that apply) Health professional (e.g., family doctor, nurse, or dietitian) Alternative health practitioner (e.g., chiropractor, naturopath, homeopath, holistic nutritionist) Health association materials or website (e.g., American Heart Association, American Cancer Society, Academy of Nutrition and Dietetics) Fitness programs / personal trainer Weight loss programs (such as Weight Watchers) Your family, friends, or colleagues MyPlate or the Food Guide Pyramid</td>
<td>En los últimos 12 meses, ¿obtuvo información sobre alimentos o nutrición de cualquiera de las siguientes fuentes? (Seleccione todas las opciones que apliquen) Profesional de la salud (e.g., médico familiar, enfermera o nutricionista) Profesional de medicina alternativa (e.g., quiropráctico, naturópata, homeópata, nutriólogo holístico) Materiales o sitio web de una entidad de salud (e.g., American Heart Association, American Cancer Society, Academy of Nutrition and Dietetics) Programas de acondicionamiento físico / entrenador físico personal Programas para bajar de peso (como Weight Watchers) Su familia, amistades o colegas</td>
</tr>
<tr>
<td>INFO_R</td>
<td>INFO_APPTEXT</td>
<td>INFO_OTEXT</td>
</tr>
<tr>
<td>--------</td>
<td>-------------</td>
<td>------------</td>
</tr>
<tr>
<td><strong>Government / health agency materials, websites or apps</strong>&lt;br&gt;Food company materials, advertisements, websites or apps&lt;br&gt;Nutrition Facts Panels on food products&lt;br&gt;Nutrition information on the front of food packages&lt;br&gt;Grocery store or pharmacy&lt;br&gt;Magazines, newspapers or books&lt;br&gt;TV or radio&lt;br&gt;General research on the internet&lt;br&gt;Social media or blogs (e.g., Facebook, Twitter)&lt;br&gt;Celebrities (e.g., Gwyneth Paltrow, Food Babe)&lt;br&gt;Mobile app → Which app? [open-ended]&lt;br&gt;Other → Please specify: [open-ended]&lt;br&gt;None of the above&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td></td>
<td></td>
</tr>
<tr>
<td>La Guía Nutricional “Mi Plato” o La Guía Pirámide de Alimentos&lt;br&gt;Gobierno / materiales de una agencia de salud, sitios web o apps&lt;br&gt;Materiales de una compañía de productos alimenticios, anuncios comerciales, sitios web o apps&lt;br&gt;Tabla de información nutrimental sobre del empaque de los productos alimenticios&lt;br&gt;Información nutrimental en la parte frontal de los paquetes de alimentos&lt;br&gt;Tienda de abarrotes o farmacia&lt;br&gt;Revistas, periódicos o libros&lt;br&gt;Televisión o radio&lt;br&gt;Investigación general en internet&lt;br&gt;Redes sociales o blogs (e.g., Facebook, Twitter)&lt;br&gt;Celebridades (e.g., Gwyneth Paltrow, Food Babe)&lt;br&gt;App móvil → ¿Cuál app? [respuesta abierta]&lt;br&gt;Otra → Favor de especificar: [respuesta abierta]&lt;br&gt;Ninguna de las anteriores&lt;br&gt;No sabe&lt;br&gt;Se negó a responder</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PUBLIC EDUCATION</th>
<th>REVISED 2020 (underline)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PUBLIC_ED1</strong></td>
<td></td>
</tr>
<tr>
<td>Do you remember seeing any educational messages or campaigns on healthy eating from the government or health authorities in the past 12 months?</td>
<td>¿Recuerda haber visto mensajes educativos o campañas del gobierno o de organismos de salud sobre alimentación saludable en los últimos 12 meses?</td>
</tr>
<tr>
<td>Yes</td>
<td>Sí</td>
</tr>
<tr>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PUBLIC EDUCATION – DESCRIPTION</th>
<th>REVISED 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PUBLIC_ED2</strong></td>
<td></td>
</tr>
<tr>
<td>Please tell us the main point(s) of the information you saw or heard. [OPEN TEXT FIELD]</td>
<td>Por favor díganos los puntos principales de la información que vio o oyó. [CAMPO ABIERTO PARA TEXTO]</td>
</tr>
<tr>
<td>I don’t remember the main point(s)</td>
<td>No recuerdo los puntos principales</td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>DOCTOR ADVICE</th>
<th>DOCADVICE_TYPE</th>
<th>DOCADVICE_NONE</th>
<th>DOCADVICE_DK</th>
<th>DOCADVICE_R</th>
<th>DOCADVICE_OTEXT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Has a doctor ever advised you to do any of the following? (Select all that apply)</td>
<td>Lose weight&lt;br&gt;Reduce sodium or salt intake&lt;br&gt;Reduce cholesterol in your diet&lt;br&gt;Reduce sugary drinks&lt;br&gt;Eat more fruits and vegetables&lt;br&gt;Other diet advice (please specify): None of the above&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td>¿Un doctor le ha pedido tomar alguna de las siguientes medidas? (Selezione todas las opciones que apliquen)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bajar de peso</td>
<td>Bajar de peso</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reducir el consumo de sodio o sal</td>
<td>Reducir el consumo de sodio o sal</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reducir el colesterol de su dieta</td>
<td>Reducir el colesterol de su dieta</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Reducir el consumo de bebidas azucaradas</td>
<td>Reducir el consumo de bebidas azucaradas</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Comer más frutas y verduras</td>
<td>Comer más frutas y verduras</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Otro consejo alimenticio (favor de especificar):</td>
<td>Otro consejo alimenticio (favor de especificar):</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ninguno de los anteriores</td>
<td>Ninguno de los anteriores</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>No sabe</td>
<td>No sabe</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Se negó a responder</td>
<td>Se negó a responder</td>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>
## Food Packaging & Labelling

<table>
<thead>
<tr>
<th>Domain Source</th>
<th>English</th>
<th>Spanish Translation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nutrition Info in Grocery Stores INFO_GROCERY</td>
<td>In your opinion, is nutrition information easy or hard to find in grocery stores? Very hard to find Hard to find Neither hard nor easy Easy to find Very easy to find Don’t know Refuse to answer</td>
<td>En su opinión, ¿la información nutricional es fácil o difícil de encontrar en las tiendas de alimentos (por ejem., supermercados, abarrotes)? Muy difícil de encontrar Difícil de encontrar Ni fácil ni difícil Fácil de encontrar Muy fácil de encontrar No sabe Se negó a responder</td>
</tr>
<tr>
<td>NFT Awareness REVISED 2020 NFT_AWARE_USA</td>
<td>We would now like to ask you some questions about food labels on products. How often have you seen this type of food label on packages or in stores?</td>
<td>Ahora nos gustaría hacerle algunas preguntas sobre las etiquetas de los productos alimenticios. ¿Con qué frecuencia ha visto este tipo de etiquetado en empaques de alimentos o en tiendas?</td>
</tr>
<tr>
<td><strong>Nutrition Facts</strong></td>
<td><strong>Nutrition Facts</strong></td>
<td></td>
</tr>
<tr>
<td>11 servings per container</td>
<td>11 servings per container</td>
<td></td>
</tr>
<tr>
<td>Serving size: 4 cookies (23g)</td>
<td>Serving size: 4 cookies (23g)</td>
<td></td>
</tr>
<tr>
<td>Amount per serving</td>
<td>Amount per serving</td>
<td></td>
</tr>
<tr>
<td>Calories</td>
<td>Calories</td>
<td></td>
</tr>
<tr>
<td>95</td>
<td>95</td>
<td></td>
</tr>
<tr>
<td>% Daily Value*</td>
<td>% Daily Value*</td>
<td></td>
</tr>
<tr>
<td>Total Fat 1g</td>
<td>Total Fat 0.5g</td>
<td></td>
</tr>
<tr>
<td>Saturated Fat 0g</td>
<td>Saturated Fat 0g</td>
<td></td>
</tr>
<tr>
<td>Trans Fat 0g</td>
<td>Trans Fat 0g</td>
<td></td>
</tr>
<tr>
<td>Cholesterol 0mg</td>
<td>Cholesterol 0mg</td>
<td></td>
</tr>
<tr>
<td>Sodium 1mg</td>
<td>Sodium 1mg</td>
<td></td>
</tr>
<tr>
<td>Total Carbohydrate 18g</td>
<td>Total Carbohydrate 18g</td>
<td></td>
</tr>
<tr>
<td>Dietary Fiber 2g</td>
<td>Dietary Fiber 2g</td>
<td></td>
</tr>
<tr>
<td>Total Sugars 1g</td>
<td>Total Sugars 1g</td>
<td></td>
</tr>
<tr>
<td>Added Sugars 2%</td>
<td>Added Sugars 2%</td>
<td></td>
</tr>
<tr>
<td>Protein 3g</td>
<td>Protein 3g</td>
<td></td>
</tr>
<tr>
<td>Vitamin D 0%</td>
<td>Vitamin D 0%</td>
<td></td>
</tr>
<tr>
<td>Calcium 0%</td>
<td>Calcium 0%</td>
<td></td>
</tr>
<tr>
<td>Iron 0%</td>
<td>Iron 0%</td>
<td></td>
</tr>
<tr>
<td>Potassium 0%</td>
<td>Potassium 0%</td>
<td></td>
</tr>
<tr>
<td>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</td>
<td>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</td>
<td></td>
</tr>
<tr>
<td>Never</td>
<td>Nunca</td>
<td></td>
</tr>
<tr>
<td>Rarely</td>
<td>Rara vez</td>
<td></td>
</tr>
<tr>
<td>Sometimes</td>
<td>Algunas veces</td>
<td></td>
</tr>
<tr>
<td>Often</td>
<td>Frecuentemente</td>
<td></td>
</tr>
<tr>
<td>All the time</td>
<td>Todo el tiempo</td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
<td></td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
<td></td>
</tr>
</tbody>
</table>
### NFT Use

**Adapted from 2014 FDA Health and Diet Survey**

**NFT_USE_USA**

How often do you use this type of food label when deciding to buy a food product?

**UNIVERSE: nft_aware_USA= ‘rarely’, ‘sometimes’, ‘often’, or ‘all the time’**

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Never</th>
<th>Rarely</th>
<th>Sometimes</th>
<th>Often</th>
<th>All the time</th>
<th>Don’t know</th>
<th>Refuse to answer</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Spanish</strong></td>
<td>Nunca</td>
<td>Rara vez</td>
<td>Algunas veces</td>
<td>Frecuentemente</td>
<td>Todo el tiempo</td>
<td>No sabe</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td><strong>English</strong></td>
<td>Never</td>
<td>Rarely</td>
<td>Sometimes</td>
<td>Often</td>
<td>All the time</td>
<td>Don’t know</td>
<td>Refuse to answer</td>
</tr>
<tr>
<td>** translation**</td>
<td>No</td>
<td>Rare</td>
<td>Some</td>
<td>Often</td>
<td>All the time</td>
<td>Don’t know</td>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

### NFT Understanding

**Adapted from 2014 FDA Health and Diet Survey**

**NFT_UNDERSTAND_USA**

Do you find this information...

**UNIVERSE: nft_aware_USA= ‘rarely’, ‘sometimes’, ‘often’, or ‘all the time’**

<table>
<thead>
<tr>
<th>Difficulty</th>
<th>Very hard to understand</th>
<th>Hard to understand</th>
<th>Neither hard nor easy</th>
<th>Easy to understand</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Spanish</strong></td>
<td>Muy difícil de entender</td>
<td>Difícil de entender</td>
<td>Ni fácil ni difícil</td>
<td>Fácil de entender</td>
</tr>
<tr>
<td><strong>English</strong></td>
<td>Very hard to understand</td>
<td>Hard to understand</td>
<td>Neither hard nor easy</td>
<td>Easy to understand</td>
</tr>
</tbody>
</table>
### NFT CHANGE AWARE

**UNIVERSE:** nft aware USA = ‘rarely’, ‘sometimes’, ‘often’, or ‘all the time’

In the past 12 months, have you noticed **ANY CHANGES** to these labels such as the type of information shown, or how the label looks?

<table>
<thead>
<tr>
<th>Yes</th>
<th>No</th>
<th>Don’t know</th>
<th>Refuse to answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Muy fácil de entender</td>
<td>No sabe</td>
<td>Se negó a responder</td>
<td></td>
</tr>
</tbody>
</table>

### NFT INFLUENCE

**LABEL OVERALL**

Overall, how much do food labels influence what you eat?

- No influence at all
- A little influence
- A lot of influence
- Very strong influence
- Don’t know
- Refuse to answer

<table>
<thead>
<tr>
<th>No influence at all</th>
<th>A little influence</th>
<th>A lot of influence</th>
<th>Very strong influence</th>
<th>Don’t know</th>
<th>Refuse to answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ningún tipo de influencia</td>
<td>Poca influencia</td>
<td>Algo de influencia</td>
<td>Mucha influencia</td>
<td>Una fuerte influencia</td>
<td>No sabe</td>
</tr>
</tbody>
</table>

### DISCUSS LABELS

**NEW 2020**

In the last month, how often have you talked to others about nutrition labels on foods or beverages?

- Not at all
- Once
- A few times
- Often
- Very often
- Don’t know
- Refuse to answer

<table>
<thead>
<tr>
<th>Not at all</th>
<th>Once</th>
<th>A few times</th>
<th>Often</th>
<th>Very often</th>
<th>Don’t know</th>
<th>Refuse to answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nunca</td>
<td>Una vez</td>
<td>Unas cuantas veces</td>
<td>Frequentemente</td>
<td>Muy a menudo</td>
<td>No sabe</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>
Overall, how healthy is this food product?
Please answer on a scale from 0 to 10, where 0 = Not at all healthy, and 10 = Extremely healthy.

0 1 2 3 4 5 6 7 8 9 10
Not at all healthy  Extremely healthy

Don’t know  Refuse to answer

En general, ¿qué tan saludable es este producto alimenticio?
Por favor responda usando la escala del 0 al 10, donde 0 = Nada saludable y 10 = Extremadamente saludable.

0 1 2 3 4 5 6 7 8 9 10
Nada saludable  Extremadamente saludable

No sabe  Se negó a responder
<table>
<thead>
<tr>
<th>DOMAIN</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>SUPERMARKET</td>
<td>Would you support or oppose the following practices in grocery stores ...</td>
<td>¿Apoyaría o se opondría a las siguientes prácticas en las tiendas de abarrotes?:</td>
</tr>
<tr>
<td>POLICIES</td>
<td>Fewer end-of-aisle displays containing unhealthy foods or soda/pop</td>
<td>Menos mostradores al final del pasillo que contengan alimentos no sanos o</td>
</tr>
<tr>
<td>REVISED 2019</td>
<td>Checkouts with only healthy products (e.g., no soda/plop, chocolate,</td>
<td>refrescos</td>
</tr>
<tr>
<td>(response</td>
<td>candy) More shelf space for fresh and healthier foods such as fruits</td>
<td>Cajas para pagar donde haya solo productos saludables (por ejemplo, sin</td>
</tr>
<tr>
<td>format)</td>
<td>and vegetables</td>
<td>refrescos, chocolates, caramels)</td>
</tr>
<tr>
<td>POL_AISLE</td>
<td>SUPPORT</td>
<td>Más espacio en los estantes para alimentos frescos y más sanos, como frutas</td>
</tr>
<tr>
<td>POL_CHECKOUT</td>
<td>Neutral</td>
<td>y verduras</td>
</tr>
<tr>
<td>POL_SHELF</td>
<td>OPPOSE</td>
<td></td>
</tr>
<tr>
<td>POL_AISLE</td>
<td>DON'T KNOW</td>
<td></td>
</tr>
<tr>
<td>PRICE PROMOTIONS</td>
<td>REFUSE TO ANSWER</td>
<td></td>
</tr>
<tr>
<td>PRICE PROMOTIONS</td>
<td>If you saw this type of breakfast cereal at your supermarket, how likely</td>
<td>Si viera este tipo de cereal para el desayuno en su supermercado, ¿qué</td>
</tr>
<tr>
<td>– EXPERIMENT</td>
<td>is it that you would buy it?</td>
<td>probabilidad hay de que lo compre?</td>
</tr>
<tr>
<td>NEW 2020</td>
<td>1. Healthy breakfast cereal</td>
<td></td>
</tr>
<tr>
<td>PROMO_1A-10/2A-2D</td>
<td>A. No price promotion</td>
<td></td>
</tr>
<tr>
<td></td>
<td>B. 30% discount</td>
<td></td>
</tr>
<tr>
<td></td>
<td>C. Multi-buy ‘2 for $X’ (that equals 30% off)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>D. Everyday low price (same price as option A with no promo)</td>
<td></td>
</tr>
</tbody>
</table>
2. Unhealthy breakfast cereal
A. No price promotion
B. 30% discount
C. Multi-buy '2 for $X' (that equals 30% off)
D. Everyday low price (same price as option A with no promo)
Very unlikely to buy it
Unlikely to buy it
May or may not buy it
Likely to buy it
Very likely to buy it
<table>
<thead>
<tr>
<th>PRICE PROMOTIONS - IMPACT OF DISCOUNTS</th>
<th>Se negó a responder</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>NEW 2020</strong></td>
<td></td>
</tr>
<tr>
<td><strong>PROMO_IMP1-6</strong></td>
<td></td>
</tr>
</tbody>
</table>

This next question is about price discounts / ‘specials’ (e.g. 30% off, buy-one-get-one-free) at supermarkets.

When do you buy these products?

Please select one of the options for each product listed.

[PROGRAMMER NOTE: Show radio button list for each item. Randomize order of products]

<table>
<thead>
<tr>
<th>Soda or pop (e.g. cola)</th>
<th>Gaseosa o refresco (p. ej., cola)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diet soda or pop (e.g. diet cola)</td>
<td>Gaseosa o refresco dietético (p. ej., cola dietética)</td>
</tr>
<tr>
<td>Potato chips</td>
<td>Papas fritas/chips</td>
</tr>
<tr>
<td>Cookies</td>
<td>Galletas</td>
</tr>
<tr>
<td>Canned vegetables and beans (e.g. baked beans)</td>
<td>Verduras y frijoles enlatados (p. ej., frijoles horneados)</td>
</tr>
<tr>
<td>Nuts</td>
<td>Nueces</td>
</tr>
</tbody>
</table>

Regularly, whether it’s ‘on sale’ or not
Sometimes, but more likely to when it’s ‘on sale’
Only when it’s ‘on sale’
Rarely or never, even if it’s ‘on sale’

Don’t know
Refuse to answer

[PROGRAMMER NOTE: HIDE BACK BUTTON]
# Menu Labelling

<table>
<thead>
<tr>
<th>Domain</th>
<th>English</th>
<th>Spanish Translation</th>
</tr>
</thead>
</table>
| Last Restaurant Visit FCMS REST_VISIT | **When was the last time you visited a restaurant (including a fast-food outlet or coffee shop)?**  
Within the last 24 hours  
Within the last 7 days  
Within the last month  
Within the last 6 months  
Longer than 6 months ago  
Don’t know  
Refuse to answer | **¿Cuándo fue la última vez que comió en un restaurante (incluidos establecimientos de comida rápida o cafeterías)?**  
En las últimas 24 horas  
En los últimos 7 días  
En el último mes  
En los últimos 3 meses  
En los últimos 6 meses  
Hace más de 6 meses  
No sabe  
Se negó a responder |
| Menu Labelling – Noticing FCMS (adapted) REST_INFO | **The last time you visited a restaurant, did you notice any nutrition information?**  
Yes  
No  
Don’t know  
Refuse to answer | **La última vez que comió en un restaurante, ¿vio en algún lugar información nutricional?**  
Sí  
No  
No sabe  
Se negó a responder |
| Menu Labelling – Noticing Location FCMS (adapted) REST_INFO TYPE REST_INFO DK REST_INFO R REST_INFO OTEXT | **Where was this information located?** (Select all that apply)  
On the menu/menu board  
On a poster or sign  
Next to a food item  
On the item packaging/wrapper  
On the tray liner  
On a napkin  
in a pamphlet or brochure  
On a computer screen / At a kiosk  
Other ➔ Please specify: [open-ended]  
Don’t know  
Refuse to answer | **¿Dónde se encontraba esa información?** (Seleccione todas las opciones que apliquen)  
En el menú / pizarrón del menú  
En un póster o letrero  
Junto al nombre del alimento  
En el empaque / envoltorio del alimento  
En la manteleta de papel de la charola  
En una servilleta  
En un panfleto o folleto  
En la pantalla de una computadora / En un kiosco  
Otro ➔ Favor de especificar: [respuesta abierta]  
No sabe  
Se negó a responder |
| Menu Labelling – Order Influence FCMS REST_INFO INFL | **Did the nutrition information influence what you ordered?**  
Yes  
No  
Don’t know  
Refuse to answer | **¿La información nutricional influyó en lo que pidió?**  
Sí  
No  
No sabe  
Se negó a responder |
### MENU LABELLING – IMPACT

**FCMS**

- **REST_ACT_{TYPE}**
- **REST_ACT_NONE**
- **REST_ACT_DK**
- **REST_ACT_R**

**UNIVERSE:** Visited restaurant within last 6 months (rest_visit=1-5)

In the past 6 months, have you done any of the following because of nutrition information in restaurants? (Select all that apply)
- Ordered something different
- Ate less of the food you ordered
- Changed which restaurants you visit
- Ate at restaurants less often
- None of the above
- Don’t know
- Refuse to answer

**UNIVERSE:** Visited restaurant within last 6 months (rest_visit=1-5)

En los últimos 6 meses, ¿ha tomado alguna de las siguientes decisiones debido a la información nutricional de los restaurantes? (Seleccione todas las opciones que apliquen)
- Ordenó algo diferente
- No comió todos los alimentos que ordenó
- Cambió de restaurante
- Comió en restaurantes con menor frecuencia
- Ninguna de las anteriores
- No sabe
- Se negó a responder

### NUTRITION INFO IN RESTAURANTS

**NEW 2020**

**REST_INFO_EASE**

In your opinion, is nutrition information easy or hard to find in restaurants?
- Very hard to find
- Hard to find
- Neither hard nor easy
- Easy to find
- Very easy to find
- Don’t know
- Refuse to answer

En su opinión, ¿la información nutrimental es fácil o difícil de encontrar en los restaurantes?
- Muy difícil de encontrar
- Difícil de encontrar
- Ni difícil ni fácil
- Fácil de encontrar
- Muy fácil de encontrar
- No sabe
- Se negó a responder

### FOOD GUIDE / DIETARY RECOMMENDATIONS

**DOMAIN**

- **SOURCE**
- **ENGLISH**
- **SPANISH TRANSLATION**

**FOOD GUIDE – LAST USE**

- **OTTAWA AND CFDR (ADAPTED TIME ANCHORS)**
- **FG_LOOK**

When was the last time you looked at MyPlate or the Food Guide Pyramid, if ever?
- In the last month
- In the last 6 months
- In the last year
- More than a year ago
- Never
- Don’t know
- Refuse to answer

¿Cuándo fue la última vez que leyó La Guía Nutricional “Mi Plato” o La Guía Pirámide de Alimentos, si alguna vez tuvo la oportunidad?
- En el último mes
- En los últimos 6 meses
- En el último año
- Hace más de un año
- Nunca
- No sabe
- Se negó a responder
<table>
<thead>
<tr>
<th>FOOD GUIDE – USE</th>
<th>UNIVERSE: Ever looked at food guide (fg_look ≠ 5)</th>
</tr>
</thead>
<tbody>
<tr>
<td>FG_USE__[TYPE]</td>
<td>Have you ever used information from MyPlate or the Food Guide Pyramid...</td>
</tr>
<tr>
<td>FG_USE_NONE</td>
<td>(Select all that apply)</td>
</tr>
<tr>
<td>FG_USE_R</td>
<td>To choose foods</td>
</tr>
<tr>
<td>FG_USE_OTEXT</td>
<td>To determine how much you need to eat every day</td>
</tr>
<tr>
<td>FG_USE_DK</td>
<td>To plan meals or to help with grocery shopping</td>
</tr>
<tr>
<td>FG_USE_NONE</td>
<td>To assess how well you are eating</td>
</tr>
<tr>
<td>FG_USE_R</td>
<td>To manage your weight</td>
</tr>
<tr>
<td>FG_USE_OTEXT</td>
<td>To help make healthy choices when eating away from home</td>
</tr>
<tr>
<td>Other → Please specify: [open-ended]</td>
<td>None of the above</td>
</tr>
<tr>
<td>FG_USE_NONE</td>
<td>Don’t know</td>
</tr>
<tr>
<td>FG_USE_OTEXT</td>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD GUIDE – MESSAGES</th>
</tr>
</thead>
<tbody>
<tr>
<td>NEW 2019</td>
</tr>
<tr>
<td>FG_MSG1-S</td>
</tr>
<tr>
<td>FG_MSG_DKR</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>UNIVERSE: Ever looked at food guide (fg_look ≠ 5)</th>
</tr>
</thead>
<tbody>
<tr>
<td>MyPlate and the Food Guide Pyramid have information about healthy eating.</td>
</tr>
<tr>
<td>Please write as many main points from MyPlate or the Food Guide Pyramid as you can remember.</td>
</tr>
<tr>
<td>[5 open text boxes]</td>
</tr>
<tr>
<td>I don’t remember the main points</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD GUIDE – TRUST</th>
</tr>
</thead>
<tbody>
<tr>
<td>NEW 2019</td>
</tr>
<tr>
<td>FG_TRUST</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>UNIVERSE: Ever looked at food guide (fg_look ≠ 5)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Please tell us whether you agree or disagree with the following statement:</td>
</tr>
<tr>
<td>I trust the information in MyPlate and the Food Guide Pyramid.</td>
</tr>
<tr>
<td>Strongly agree</td>
</tr>
<tr>
<td>Agree</td>
</tr>
<tr>
<td>Neither agree nor disagree</td>
</tr>
<tr>
<td>Disagree</td>
</tr>
<tr>
<td>Strongly disagree</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>UNIVERSE: Ever looked at food guide (fg_look ≠ 5)</th>
</tr>
</thead>
<tbody>
<tr>
<td>¿Ha usado alguna vez información de La Guía Nutricional “Mi Plato” o La Guía Pirámide de Alimentos para...</td>
</tr>
<tr>
<td>(Seleccione todas las opciones que apliquen)</td>
</tr>
<tr>
<td>Seleccionar alimentos</td>
</tr>
<tr>
<td>Determinar cuánto necesita comer todos los días</td>
</tr>
<tr>
<td>Planificar sus comidas o ayudarle a comprar los alimentos</td>
</tr>
<tr>
<td>Evaluar qué tan bien está comiendo</td>
</tr>
<tr>
<td>Controlar su peso</td>
</tr>
<tr>
<td>Ayudarle a tomar decisiones saludables al comer fuera de casa</td>
</tr>
<tr>
<td>Otra → Favor de especificar: [respuesta abierta]</td>
</tr>
<tr>
<td>Ninguna de las anteriores</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>UNIVERSE: Ever looked at food guide (fg_look ≠ 5)</th>
</tr>
</thead>
<tbody>
<tr>
<td>MyPlate y la Pirámide de los Alimentos tienen información sobre la alimentación saludable.</td>
</tr>
<tr>
<td>Por favor escribe todos los puntos principales que puedas recordar de MyPlate o de la Pirámide de los Alimentos.</td>
</tr>
<tr>
<td>[5 open text boxes]</td>
</tr>
<tr>
<td>No recuerdo el(los) punto(s) principal(es)</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>UNIVERSE: Ever looked at food guide (fg_look ≠ 5)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Por favor díganos si está de acuerdo o en desacuerdo con la siguiente afirmación:</td>
</tr>
<tr>
<td>Confío en la información de MyPlate y de la Pirámide de los Alimentos.</td>
</tr>
<tr>
<td>Completamente de acuerdo</td>
</tr>
<tr>
<td>De acuerdo</td>
</tr>
<tr>
<td>Ni de acuerdo ni en desacuerdo</td>
</tr>
<tr>
<td>En desacuerdo</td>
</tr>
<tr>
<td>Completamente en desacuerdo</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
<tr>
<td>DOMAIN SOURCE</td>
</tr>
<tr>
<td>---------------</td>
</tr>
<tr>
<td>EXPOSURE TO UNHEALTHY FOOD MARKETING - LOCATION</td>
</tr>
<tr>
<td>REVISED 2020 (translation)</td>
</tr>
<tr>
<td>MKTG_LOC_TYPE</td>
</tr>
<tr>
<td>MKTG_LOC_NONE</td>
</tr>
<tr>
<td>MKTG_LOC_DK</td>
</tr>
<tr>
<td>MKTG_LOC_R</td>
</tr>
<tr>
<td>MKTG_LOC_OTEXT</td>
</tr>
<tr>
<td>MKTG_LOC_OTEXT</td>
</tr>
<tr>
<td>MKTG_LOC_OTEXT</td>
</tr>
<tr>
<td>MKTG_LOC_OTEXT</td>
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<tr>
<td>MKTG_LOC_OTEXT</td>
</tr>
<tr>
<td>MKTG_LOC_OTEXT</td>
</tr>
<tr>
<td>MKTG_LOC_OTEXT</td>
</tr>
</tbody>
</table>
### Exposure to Unhealthy Food Marketing - Frequency

**MKTG_FREQ_SD**

**MKTG_FREQ_FF**

**MKTG_FREQ_CEREAL**

**MKTG_FREQ_SNACK**

**MKTG_FREQ_DESSERT**

**MKTG_FREQ_CANDY**

In the last 30 days, how often did you see or hear advertisements or promotions for the following?

- Ads for sugary drinks
- Ads for fast food
- Ads for sugary cereals
- Ads for snacks such as chips
- Ads for desserts such as cakes, cookies, and ice cream
- Ads for candy or chocolate bars

[Show response options for each item as radio button list]

- Never
- Less than once a week
- Once a week
- A few times a week
- Every day
- More than once a day
- Don’t know
- Refuse to answer

---

En los últimos 30 días, ¿con qué frecuencia vio o escuchó anuncios o promociones para lo siguiente?

- Anuncios de bebidas azucaradas
- Anuncios de comida rápida
- Anuncios de cereales azucarados
- Anuncios de botanas como papas fritas/chips
- Anuncios de postres como pasteles, galletas y helados
- Anuncios de barras de chocolate o caramelos

[Show response options for each item as radio button list]

- Nunca
- Menos de una vez a la semana
- Una vez por semana
- Algunas veces a la semana
- Cada día
- Más de una vez al día
- No sabe
- Se negó a responder
EXPOSURE TO MARKETING STRATEGIES

REVISED 2020

Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.

In the last 30 days, have you seen any of the following? (Select all that apply)

- Unhealthy food or drinks promoted using characters from movies or TV (e.g., Star Wars, Disney characters)
- Unhealthy food or drinks with characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)
- Celebrity endorsements of unhealthy food/drinks
- Professional sport teams or sporting events sponsored by unhealthy food/drink companies
- Children’s/community sports teams sponsored by unhealthy food/drink companies
- Cultural or community events sponsored by unhealthy food/drink companies
- None of the above
- Don’t know
- Refuse to answer

-child_home>0

CHILD ASK - MARKETING STRATEGIES

REVISED 2019

Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.

In the last 30 days, have your children asked you to buy any unhealthy food or drinks with...

Characters from movies or TV (e.g., Star Wars, Disney characters)
Characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)

[Show response options for each item as radio button list]

Yes
No
Don’t know
Refuse to answer

UNIVERSE: At least 1 child <18 years in household (child_home>0)

UNIVERSE: At least 1 child <18 years in household (child_home>0)
| PARENT BUY- MARKETING STRATEGIES | **UNIVERSE:** At least 1 child <18 years in household (child_home>0)  
[PROGRAMMER NOTE: show note in grey font]  
Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.  

In the last 30 days, **did you buy** your children any unhealthy food or drinks with...  
Characters from movies or TV (e.g., Star Wars, Disney characters)  
Characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)  

[Show response options for each item as radio button list]  
Yes  
No  
Don’t know  
Refuse to answer | **UNIVERSE:** At least 1 child <18 years in household (child_home>0)  
[PROGRAMMER NOTE: show note in grey font]  
Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate.  

En los últimos 30 días, **¿les compró** a sus hijos algún alimento o bebida no saludables con...  
Personajes de películas o TV (por ejemplo, Star Wars, personajes de Disney)?  
Personajes creados por compañías de alimentos (por ejemplo, el Tigre Toño, Ronald McDonald)?  

[Show response options for each item as radio button list]  
Sí  
No  
No sabe  
Se negó a responder |
| --- | --- |
| **PESTER POWER** | **UNIVERSE:** At least 1 child <18 years in household (child_home>0)  
[PROGRAMMER NOTE: show note in grey font]  
Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.  

How often do your children **ask** you to buy unhealthy food or drinks they've seen advertised?  
Never  
Only for special occasions  
Less than once a week  
Some days  
Every day  
Don’t know  
Refuse to answer | **UNIVERSE:** At least 1 child <18 years in household (child_home>0)  
[PROGRAMMER NOTE: show note in grey font]  
Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas/chips, los cereales con azúcar, las galletas y las barras de chocolate  
¿Con qué frecuencia le **piden** sus hijos que compre alimentos o bebidas no saludables que han visto en **anuncios**?  
Nunca  
Solo en ocasiones especiales.  
Menos de una vez por semana  
Algunos días  
Cada día  
No sabe  
Se negó a responder |
| **UNHEALTHY FOOD CONSUMPTION FREQUENCY** | **UNIVERSE:** At least 1 child <18 years in household (child_home>0)  
In a typical week, how often **do your children eat or drink**...  
Sugary drinks  
Fast food  
Sugary cereals  
Snacks such as chips  
Desserts such as cakes, cookies, and ice cream  
Candy or chocolate bars | **UNIVERSE:** At least 1 child <18 years in household (child_home>0)  
Introduzca la frecuencia con la que **sus hijos comen o beben** en una semana típica...  
Bebidas azucaradas  
Comida rápida  
Cereales azucarados  
Botanas como papas fritas/chips |
<table>
<thead>
<tr>
<th>EAT_FF</th>
<th>EAT_CEREAL</th>
<th>EAT_SNACK</th>
</tr>
</thead>
<tbody>
<tr>
<td>More than once a day</td>
<td>Every day</td>
<td>A few times a week, but not every day</td>
</tr>
<tr>
<td>Once a week</td>
<td>Only on special occasions</td>
<td>Never</td>
</tr>
<tr>
<td>Don’t know</td>
<td>Refuse to answer</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>EAT_DESSERT</th>
<th>EAT_CANDY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Postres como pasteles, galletas y helados</td>
<td>Barras de chocolate o caramelos</td>
</tr>
<tr>
<td>[Show response options for each item as radio button list]</td>
<td>[Show response options for each item as radio button list]</td>
</tr>
<tr>
<td>Más de una vez al día</td>
<td>Cada día</td>
</tr>
<tr>
<td>Algunas veces a la semana, pero no todos los días</td>
<td>Una vez por semana</td>
</tr>
<tr>
<td>Solo en ocasiones especiales</td>
<td>Nunca</td>
</tr>
<tr>
<td>No sabe</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CHILD – PRODUCTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</td>
</tr>
<tr>
<td>[PROGRAMMER NOTE: show note in grey font]</td>
</tr>
<tr>
<td>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</td>
</tr>
<tr>
<td>Do any of your children own any clothing, posters, stickers, or other products that show a logo or brand of unhealthy food or drinks?</td>
</tr>
<tr>
<td>Yes</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CHILD – TOY</th>
</tr>
</thead>
<tbody>
<tr>
<td>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</td>
</tr>
<tr>
<td>[PROGRAMMER NOTE: show note in grey font]</td>
</tr>
<tr>
<td>Do any of your children own any 'Happy Meal' toys or other toys from fast-food restaurants?</td>
</tr>
<tr>
<td>Yes</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CONCERN ABOUT CHILD’S EXPOSURE TO MARKETING</th>
</tr>
</thead>
<tbody>
<tr>
<td>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</td>
</tr>
<tr>
<td>Are you concerned about the amount of marketing for sugary drinks and fast food that your children see?</td>
</tr>
<tr>
<td>Not at all concerned</td>
</tr>
<tr>
<td>Somewhat concerned</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
</tbody>
</table>

| | UNIVERSE: At least 1 child <18 years in household (child_home>0) |
| | ¿Le preocupa la cantidad de comercialización de bebidas azucaradas y comida rápida que ven sus hijos? |
| | No me preocupa nada | Me preocupa un poco |
| | Me preocupa algo | Me preocupa mucho |
| | No sabe | Se negó a responder |
## PRICE / TAXATION

<table>
<thead>
<tr>
<th><strong>DOMAIN SOURCE</strong></th>
<th><strong>ENGLISH</strong></th>
<th><strong>SPANISH TRANSLATION</strong></th>
</tr>
</thead>
</table>
| **SUGAR TAX**     | Do drinks with sugar (e.g., Coke) cost more than drinks without sugar (e.g., Diet Coke) in the US?  
REVISED 2019  
(Spanish)  
DRINKS_COST | ¿Las bebidas azucaradas (por ejem., Coca-cola) son más caras que las bebidas sin azúcar (por ejem., Coca-cola dietetica) en los Estados Unidos?  
No  
Yes – a little more  
Yes – a lot more  
Don’t know  
Refuse to answer | |
| **SUGAR TAX**     | Is there a special tax on sugary drinks in the US that makes them more expensive to buy?  
NEW 2019  
TAX_AWARENESS | ¿Hay un impuesto especial para bebidas azucaradas en los Estados Unidos que las encarezca?  
No  
Yes  
Don’t know  
Refuse to answer | |
| **SUGAR TAX**     | Has the tax changed whether you buy the following drinks for you or your family?  
NEW 2019  
REVISED 2020  
(Translation)  
TAX_TYPE | ¿El impuesto le ha hecho cambiar de opinión respecto a comprar o no las siguientes bebidas para usted o su familia?  
Bebida refrescos/gaseosas normal  
Bebidas refrescos/gaseosas de dieta  
Jugo 100% de fruta o de verduras  
Bebidas de fruta endulzadas  
Bebidas de fruta sin/bajas en calorías  
Agua simple/natural embotellada  
Agüas de sabor o vitaminadas normales con calorías  
Agüas de sabor o vitaminadas sin/bajas en calorías  
Bebidas deportivas  
Bebidas deportivas sin/bajas en calorías  
Bebidas energéticas normales  
Bebidas energéticas sin/bajas en calorías  
Leche blanca o alternativas a la leche sin endulzar  
Leche o sustitutos de leche de chocolate, de sabor o endulzados  
Buy less  
Buy more |
We are interested in your opinion about food policies that could be implemented. For each statement, please indicate whether you would support or oppose the policy.

Would you support or oppose a government policy that would require...

- Support
- Neutral
- Oppose
- Don’t know
- Refuse to answer

Calorie amounts on menus of chain restaurants
Taxes on sugary drinks
Taxes on sugary drinks IF the money was spent on subsidizing healthy foods
Taxes on foods with high sugar
Subsidies to reduce the price of fresh fruit and vegetables
A ban on unhealthy foods (e.g., sugary drinks, chips, chocolate) at grocery store checkouts
A maximum limit on salt levels in pre-packaged foods
Labelling of the amount of “added sugars” on pre-packaged foods
Free breakfast or lunch programs in schools
Nutrition standards for school cafeterias
Zoning to restrict the number of fast food restaurants near schools
A ban on marketing unhealthy food and beverages to children
Restrictions on sponsorship of sporting events and teams by food companies such as Coca Cola and McDonalds

Nos interesa su opinión sobre las políticas alimentarias que se podrían implementar. Por favor indique para cada enunciado si apoyaría o se opondría a la política.

Apoyaría o se opondría a una política gubernamental que exigiera...

- La apoyaría
- No la apoyaría ni me opondría
- Me opondría
- No sabe
- Se negó a responder

Que los menús de las cadenas de restaurantes incluyeran la cantidad de calorías de los alimentos
Impuestos para bebidas azucaradas
Impuestos para bebidas azucaradas SI el dinero se gastara en subsidiar alimentos saludables
Impuestos para alimentos con alto contenido de azúcar
Impuestos para alimentos con alto contenido de azúcar Subsídios para reducir el precio de frutas y verduras frescas
Prohibir alimentos no saludables (p. ej., bebidas azucaradas, papas fritas/chips, chocolate) en las cajas de las tiendas de supermercado
Un límite máximo para los niveles de sal de alimentos preempaquetados
Etiqetado de la cantidad de “azúcares agregados” en alimentos preempaquetados
Programas de desayunos o comidas escolares gratuitos
Control de calidad nutrimental de los alimentos ofertados en cafeterías escolares
<table>
<thead>
<tr>
<th>A ban on the use of toys, vouchers or competitions as part of children’s meals at fast-food restaurants</th>
<th>Que se regule el uso de suelo para restringir la cantidad de restaurantes de comida rápida cerca de escuelas</th>
</tr>
</thead>
<tbody>
<tr>
<td>A ban on price discounts for unhealthy food and beverages (e.g., 30% off, or ‘buy-one-get-one-free’)</td>
<td>Prohibir la publicidad de alimentos y bebidas que dañan la salud de los niños</td>
</tr>
<tr>
<td></td>
<td>La implementación de restricciones de patrocinio de eventos y equipos deportivos de parte de compañías de alimentos tales como Coca Cola y McDonalds</td>
</tr>
<tr>
<td></td>
<td>Prohibir el uso de juguetes, vales o concursos durante la comida de los niños en restaurantes de comida rápida</td>
</tr>
<tr>
<td></td>
<td>Prohibir descuentos en los precios de los alimentos y bebidas que no son sanos (por ejem., un 30% de descuento o &quot;compre uno y llévese otro gratis&quot;)</td>
</tr>
</tbody>
</table>

**HEALTH LITERACY**

<table>
<thead>
<tr>
<th>DOMAIN</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>SOURCE</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>[PROGRAMMER NOTE: HIDE BACK BUTTON.]</td>
<td>[PROGRAMMER NOTE: HIDE BACK BUTTON.]</td>
</tr>
<tr>
<td></td>
<td>This information is on the back of a container of ice cream.</td>
<td>Esta información está en la parte posterior de un envase de helado.</td>
</tr>
</tbody>
</table>

![Nutrition Facts](image_url1)  
![Nutrition Facts](image_url2)  

[PROGRAMMER NOTE: show above NFT and text above each of the following NVS questions]
<table>
<thead>
<tr>
<th>NVS_CAL</th>
<th>NVS_CAL_N</th>
<th>If you eat the entire container, how many calories will you eat? Enter number of calories: [open-ended] Don’t know Refuse to answer</th>
<th>Si se come todo el helado del recipiente, ¿cuántas calorías comerá? Introduzca el número de calorías: [abierto] No sabe Se negó a responder</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>[Answer: 1000 is the only correct answer]</td>
<td>[Respuesta: 1000]</td>
</tr>
<tr>
<td>NVS_CARBNVS_CARBN</td>
<td>If you are allowed to eat 60 grams of carbohydrates as a snack, how much ice cream could you have? Enter number of cup(s): [open-ended] Don’t know Refuse to answer</td>
<td>Si se le permite comer 60 gramos de carbohidratos como bocadillo, ¿cuánto helado podría tomar? Introduzca el número de taza(s): [abierto] No sabe Se negó a responder</td>
<td></td>
</tr>
</tbody>
</table>
|         |           | [Answer: Any of the following is correct: 1 cup, 2 servings, “half the container” (not “half” or “250”)]                                                                                         | [Answer: Any of the following is correct: 1 cup, 2 servings, “half the container” (not “half” or “250”)]|}
<p>| NVS_SAT | NVS_SAT_N | Your doctor advises you to reduce the amount of saturated fat in your diet. You usually have 42 g of saturated fat each day, which includes one serving of ice cream. If you stop eating ice cream, how many grams of saturated fat would you be consuming each day? Enter number of grams: [open-ended] Don’t know Refuse to answer | Su médico le recomienda reducir la cantidad de grasa saturada en su dieta. Por lo general, consume 42 g de grasa saturada cada día, que incluyen una porción de helado. Si deja de comer helado, ¿cuántos gramos de grasa saturada consumiría cada día? Introduzca la cantidad de gramos: [abierto] No sabe Se negó a responder |
|         |           | [Answer: 33 is the only correct answer]                                                                                                                                                            | [Respuesta: 33]                                                                                                                                                                                   |
| NVS_DV | NVS_DV_N | If you usually eat 2,500 calories in a day, what percentage of your daily value of calories will you be eating if you eat one serving? Enter percentage: [numeric percentage] Don’t know Refuse to answer | Si normalmente consume 2,500 calorías en un día, ¿qué porcentaje de su valor diario de calorías consumiría si come una porción? Introduzca el porcentaje: [porcentaje numérico] No sabe Se negó a responder |
|         |           | [Answer: 10% is the only correct answer]                                                                                                                                                           | [Respuesta: 10%]                                                                                                                                                                                  |
| NVS_ALGNVS_ALG_NWHYNVS_ALG_WHYTEXT | Pretend that you are allergic to the following substances: penicillin, peanuts, latex gloves, and bee stings. Is it safe for you to eat this ice cream? Yes No Don’t know Refuse to answer | Haga de cuenta que es alérgico a las siguientes sustancias: penicilina, maní, guantes de látex y picaduras de abeja. ¿Es seguro para usted comer este helado? Sí No No sabe Se negó a responder |
|         |           | [Answer: No]                                                                                                                                                                                         | [Respuesta: No]                                                                                                                                                                                    |
|         |           | [If “no”, ask:] Why not?                                                                                                                                                                           | [Si responde “no”, pregunte:] ¿Por qué no?                                                                                                                                                         |</p>
<table>
<thead>
<tr>
<th>DOMAIN</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>FRUIT CONSUMPTION</td>
<td>Now think about the foods you ate or drank during the past month, that is, the past 30 days, including meals and snacks.</td>
<td>Ahora piense en todo lo que comió y bebió durante el último mes, es decir, durante los últimos 30 días, incluyendo comidas y bocadillos.</td>
</tr>
<tr>
<td></td>
<td>Not including juices, how often did you eat fruit? Include fresh, frozen or canned fruit. Do not include dried fruits.</td>
<td>Sin contar los jugos, ¿con qué frecuencia come frutas? Incluya la fruta fresca, congelada o enlatada. No incluya frutas secas.</td>
</tr>
<tr>
<td></td>
<td>Do you prefer to answer by the number of times per day, week or month?</td>
<td>¿Prefiere responder con el número de veces al día, a la semana o al mes?</td>
</tr>
<tr>
<td></td>
<td>Day</td>
<td>Al día</td>
</tr>
<tr>
<td></td>
<td>Week</td>
<td>A la semana</td>
</tr>
<tr>
<td></td>
<td>Month</td>
<td>Al mes</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td></td>
<td>Enter the number of times you eat fruit per day: ___ per day</td>
<td>Escribe el número de veces al día que usted come fruta: ___ al día</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td></td>
<td>Enter the number of times you eat fruit per week: ___ per week</td>
<td>Escribe el número de veces a la semana que usted come fruta: ___ a la semana</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td></td>
<td>Enter the number of times you eat fruit per month: ___ per month</td>
<td>Escribe el número de veces al mes que usted come fruta: ___ al mes</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>
### FRUIT JUICE CONSUMPTION

**BRFSS**

**JUICE_PREFER**

**JUICE_DAY_NUM**

**JUICE_DAY_DK_R**

**(DAY/WEEK/MONTH)**

<table>
<thead>
<tr>
<th>Question</th>
<th>Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not including fruit-flavored drinks or fruit juices with added sugar, how often did you drink 100% fruit juice such as apple or orange juice?</td>
<td>Do not include fruit-flavored drinks with added sugar like cranberry cocktail, Hi-C, lemonade, Kool-Aid, Gatorade, Tampico, and Sunny Delight. Include only 100% pure juices or 100% juice blends.</td>
</tr>
<tr>
<td>Do you prefer to answer by the number of times per day, week or month?</td>
<td>Day Week Month Don’t know Refuse to answer</td>
</tr>
<tr>
<td>Enter the number of times you drink 100% fruit juice per day:</td>
<td>___ per day Don’t know Refuse to answer</td>
</tr>
<tr>
<td>Enter the number of times you drink 100% fruit juice per week:</td>
<td>___ per week Don’t know Refuse to answer</td>
</tr>
<tr>
<td>Enter the number of times you drink 100% fruit juice per month:</td>
<td>___ per month Don’t know Refuse to answer</td>
</tr>
</tbody>
</table>

### SALAD CONSUMPTION

**BRFSS**

**SALAD_PREFER**

**SALAD_DAY_NUM**

**SALAD_DAY_DK_R**

**(DAY/WEEK/MONTH)**

<table>
<thead>
<tr>
<th>Question</th>
<th>Instructions</th>
</tr>
</thead>
<tbody>
<tr>
<td>How often did you eat a green leafy or lettuce salad, with or without vegetables?</td>
<td>Include spinach salads.</td>
</tr>
<tr>
<td>Do you prefer to answer by the number of times per day, week or month?</td>
<td>Day Week Month Don’t know Refuse to answer</td>
</tr>
<tr>
<td>¿Con qué frecuencia comió una ensalada de hojas verdes o lechuga, con o sin verduras?</td>
<td>Incluya las ensaladas de espinacas.</td>
</tr>
<tr>
<td>¿Prefirió responder con el número de veces al día, a la semana o al mes?</td>
<td>Al día A la semana Al mes No sabe Se negó a responder</td>
</tr>
</tbody>
</table>
How often did you eat any kind of fried potatoes, including french fries, home fries, or hash browns?
Do not include potato chips.

Do you prefer to answer by the number of times per day, week or month?
Day
Week
Month
Don’t know
Refuse to answer

Enter the number of times you eat fried potatoes per day:
___ per day
Don’t know
Refuse to answer

[Programmer: Show if “Day” is selected.]

Enter the number of times you eat fried potatoes per week:
___ per week
Don’t know
Refuse to answer

[Programmer: Show if “Week” is selected.]

Enter the number of times you eat fried potatoes per month:
___ per month
Don’t know
Refuse to answer

[Programmer: Show if “Month” is selected.]
<table>
<thead>
<tr>
<th>OTHER POTATO CONSUMPTION</th>
<th>ENTER THE NUMBER OF TIMES YOU EAT FRIED POTATOES PER MONTH:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BRFSS</strong></td>
<td><strong>___ per month</strong></td>
</tr>
<tr>
<td><strong>OTH_POT_PREFER</strong></td>
<td><strong>Don’t know</strong></td>
</tr>
<tr>
<td><strong>OTH_POT_DAY_NUM</strong></td>
<td><strong>Refuse to answer</strong></td>
</tr>
<tr>
<td><strong>OTH_POT_DAY_DK_R</strong></td>
<td><strong>(DAY/WEEK/MONTH)</strong></td>
</tr>
<tr>
<td><strong>(DAY/WEEK/MONTH)</strong></td>
<td><strong>How often did you eat any other kind of potatoes, or sweet potatoes, such as baked, boiled, mashed potatoes, or potato salad?</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Include all types of potatoes except fried. Include potatoes au gratin and scalloped potatoes.</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Do you prefer to answer by the number of times per day, week or month?</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Day</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Week</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Month</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Don’t know</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Refuse to answer</strong></td>
</tr>
<tr>
<td></td>
<td><strong>[Programmer: Show if &quot;Day&quot; is selected.]</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Enter the number of times you eat other kinds of potatoes per day:</strong></td>
</tr>
<tr>
<td></td>
<td><strong>___ per day</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Don’t know</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Refuse to answer</strong></td>
</tr>
<tr>
<td></td>
<td><strong>[Programmer: Show if &quot;Week&quot; is selected.]</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Enter the number of times you eat other kinds of potatoes per week:</strong></td>
</tr>
<tr>
<td></td>
<td><strong>___ per week</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Don’t know</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Refuse to answer</strong></td>
</tr>
<tr>
<td></td>
<td><strong>[Programmer: Show if &quot;Month&quot; is selected.]</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Enter the number of times you eat other kinds of potatoes per month:</strong></td>
</tr>
<tr>
<td></td>
<td><strong>___ per month</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Don’t know</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Refuse to answer</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>OTHER VEGETABLE CONSUMPTION</th>
<th>ENTER THE NUMBER OF TIMES YOU EAT OTHER VEGETABLES?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BRFSS</strong></td>
<td><strong>Not including lettuce salads and potatoes, how often did you eat other vegetables?</strong></td>
</tr>
<tr>
<td><strong>VEG_PREFER</strong></td>
<td><strong>Include tomatoes, green beans, carrots, corn, cabbage, bean sprouts, collard greens, and broccoli.</strong></td>
</tr>
<tr>
<td><strong>VEG_DAY_NUM</strong></td>
<td><strong>Include raw, cooked, canned, or frozen vegetables.</strong></td>
</tr>
<tr>
<td><strong>VEG_DAY_DK_R</strong></td>
<td><strong>Do not include rice.</strong></td>
</tr>
<tr>
<td><strong>(DAY/WEEK/MONTH)</strong></td>
<td><strong>Sin incluir ensaladas de lechuga ni papas, ¿con qué frecuencia comió otras verduras?</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Incluya tomates, ejotes, zanahorias, maíz, repollo o col rizada, brotes o germinados de frijol, berza o kale, y brócoli.</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Incluya verduras crudas, cocidas, enlatadas o congeladas.</strong></td>
</tr>
<tr>
<td></td>
<td><strong>No incluya el arroz.</strong></td>
</tr>
<tr>
<td>Module</td>
<td>Question</td>
</tr>
<tr>
<td>-----------------</td>
<td>--------------------------------------------------------------------------</td>
</tr>
<tr>
<td>GENERAL HEALTH</td>
<td>Do you prefer to answer by the number of times per day, week or month?</td>
</tr>
<tr>
<td></td>
<td>Day</td>
</tr>
<tr>
<td></td>
<td>Week</td>
</tr>
<tr>
<td></td>
<td>Month</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
</tr>
<tr>
<td></td>
<td>Enter the number of times you eat other types of vegetables per day:</td>
</tr>
<tr>
<td></td>
<td>___ per day</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
</tr>
<tr>
<td></td>
<td>Enter the number of times you eat other types of vegetables per week:</td>
</tr>
<tr>
<td></td>
<td>___ per week</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
</tr>
<tr>
<td></td>
<td>Enter the number of times you eat other types of vegetables per month:</td>
</tr>
<tr>
<td></td>
<td>___ per month</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
</tr>
<tr>
<td>OVERALL DIET</td>
<td>In general, would you say your health is...</td>
</tr>
<tr>
<td></td>
<td>Poor</td>
</tr>
<tr>
<td></td>
<td>Fair</td>
</tr>
<tr>
<td></td>
<td>Good</td>
</tr>
<tr>
<td></td>
<td>Very good</td>
</tr>
<tr>
<td></td>
<td>Excellent</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
</tr>
<tr>
<td></td>
<td>In general, how healthy is your overall diet?</td>
</tr>
<tr>
<td></td>
<td>Poor</td>
</tr>
<tr>
<td></td>
<td>Fair</td>
</tr>
<tr>
<td></td>
<td>Good</td>
</tr>
<tr>
<td></td>
<td>Very good</td>
</tr>
<tr>
<td></td>
<td>Excellent</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
</tr>
<tr>
<td>Category</td>
<td>Question</td>
</tr>
<tr>
<td>-------------------------------</td>
<td>---------------------------------------------------------------------------</td>
</tr>
<tr>
<td><strong>MENTAL HEALTH</strong></td>
<td><strong>CCHS AND CHMS</strong></td>
</tr>
<tr>
<td></td>
<td>In general, would you say your mental health is...</td>
</tr>
<tr>
<td></td>
<td><strong>CHMS</strong></td>
</tr>
<tr>
<td></td>
<td>Thinking about the amount of stress in your life, would you say that most days are...</td>
</tr>
<tr>
<td><strong>ORAL HEALTH</strong></td>
<td><strong>ADAPTED FROM AUSTRALIA NATIONAL STUDY OF ADULT ORAL HEALTH (NSAOH) 2017/2018</strong></td>
</tr>
<tr>
<td></td>
<td>How would you rate your overall oral and dental health (teeth, gums, mouth or denture)?</td>
</tr>
<tr>
<td><strong>COVID IMPACT – PHYSICAL HEALTH</strong></td>
<td>Compared to before the COVID-19 pandemic, my PHYSICAL HEALTH is...</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>COVID IMPACT – DIET QUALITY</strong></td>
<td>Compared to before the COVID-19 pandemic, my OVERALL DIET is...</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## COVID IMPACT — MENTAL HEALTH

### NEW 2020

**COVID_MENTAL**

Compared to before the COVID-19 pandemic, my MENTAL HEALTH is...

- A lot worse
- A little worse
- No difference
- A little better
- A lot better
- Don't know
- Refuse to answer

Compareda con mi salud mental antes de la pandemia de COVID-19, mi SALUD MENTAL está ahora...

- Mucho peor
- Un poco peor
- No hay diferencia
- Un poco mejor
- Mucho mejor
- No sabe
- Se negó a responder

## COVID ILLNESS

### NEW 2020

**COVID_ILL**

Have you had COVID-19?

- No
- Yes – confirmed by test
- I believe I had COVID-19, but was not tested
- Don’t know [valid response]
- Refuse to answer

¿Ha tenido COVID-19?

- No
- Sí, confirmado por una prueba
- Creo que tuve COVID-19, pero no hice la prueba
- No sabe [valid response]
- Se negó a responder

## OTHER HEALTH BEHAVIOURS

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DATA QUALITY CHECK – MONTH</strong></td>
<td><strong>DQ_MONTH</strong></td>
<td><strong>DQ_MONTH</strong></td>
</tr>
<tr>
<td><strong>What is the current month?</strong></td>
<td>January</td>
<td>Enero</td>
</tr>
<tr>
<td></td>
<td>February</td>
<td>Febrero</td>
</tr>
<tr>
<td></td>
<td>March</td>
<td>Marzo</td>
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<td></td>
<td>April</td>
<td>Abril</td>
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<td></td>
<td>May</td>
<td>Mayo</td>
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<tr>
<td></td>
<td>June</td>
<td>Junio</td>
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<tr>
<td></td>
<td>July</td>
<td>Julio</td>
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<td></td>
<td>August</td>
<td>Agosto</td>
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<td></td>
<td>September</td>
<td>Septiembre</td>
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<tr>
<td></td>
<td>October</td>
<td>Octubre</td>
</tr>
<tr>
<td></td>
<td>November</td>
<td>Noviembre</td>
</tr>
<tr>
<td></td>
<td>December</td>
<td>Diciembre</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td>SMOKING – PAST 30 DAYS</td>
<td>Have you smoked cigarettes in the past 30 days?</td>
<td>¿Ha fumado cigarrillos en los últimos 30 días?</td>
</tr>
<tr>
<td>-------------------------</td>
<td>------------------------------------------------</td>
<td>---------------------------------------------</td>
</tr>
<tr>
<td>CTADS</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Yes, occasionally</td>
<td>Sí, ocasionalmente</td>
</tr>
<tr>
<td></td>
<td>Yes, every day</td>
<td>Sí, todos los días</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>MARIJUANA USE – FREQUENCY</th>
<th>In the last 12 months, how often did you use marijuana or cannabis (a joint, pot, weed, hash)?</th>
<th>En los últimos 12 meses, ¿con qué frecuencia usó mariguana o cannabis (un churro, mota, hierba, hash)?</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSTADS</td>
<td>I have never used marijuana</td>
<td>Nunca he usado mariguana</td>
</tr>
<tr>
<td>MJ_USE</td>
<td>I have used marijuana but not in the last 12 months</td>
<td>He usado mariguana pero no en los últimos 12 meses</td>
</tr>
<tr>
<td></td>
<td>Less than once a month</td>
<td>Menos de una vez al mes</td>
</tr>
<tr>
<td></td>
<td>Once a month</td>
<td>Una vez al mes</td>
</tr>
<tr>
<td></td>
<td>2 or 3 times a month</td>
<td>2 ó 3 veces al mes</td>
</tr>
<tr>
<td></td>
<td>Once a week</td>
<td>Una vez a la semana</td>
</tr>
<tr>
<td></td>
<td>2 or 3 times a week</td>
<td>2 ó 3 veces a la semana</td>
</tr>
<tr>
<td></td>
<td>4 to 6 times a week</td>
<td>4 a 6 veces a la semana</td>
</tr>
<tr>
<td></td>
<td>Every day</td>
<td>Todos los días</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>MARIJUANA USE – DRIVEN</th>
<th>Have you ever driven a vehicle within 2 hours of using marijuana?</th>
<th>¿Alguna vez ha conducido un vehículo dentro de las primeras 2 horas de haber usado mariguana?</th>
</tr>
</thead>
<tbody>
<tr>
<td>MJ_DRIVE</td>
<td>No, never</td>
<td>No, nunca</td>
</tr>
<tr>
<td></td>
<td>Yes, in the last 30 days</td>
<td>Sí, en los últimos 30 días</td>
</tr>
<tr>
<td></td>
<td>Yes, more than 30 days ago</td>
<td>Sí, hace más de 30 días</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>MARIJUANA USE – PASSENGER</th>
<th>Have you ever been a passenger in a vehicle driven by someone who had been using marijuana in the last 2 hours?</th>
<th>¿Alguna vez ha sido pasajero de un vehículo conducido por alguien que había usado mariguana en las últimas 2 horas?</th>
</tr>
</thead>
<tbody>
<tr>
<td>MJ_PASS</td>
<td>No, never</td>
<td>No, nunca</td>
</tr>
<tr>
<td></td>
<td>Yes, in the last 30 days</td>
<td>Sí, en los últimos 30 días</td>
</tr>
<tr>
<td></td>
<td>Yes, more than 30 days ago</td>
<td>Sí, hace más de 30 días</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td>ALCOHOL USE - FREQUENCY</td>
<td>In the last 12 months, how often did you have a drink of alcohol that was more than just a sip?</td>
<td></td>
</tr>
<tr>
<td>-------------------------</td>
<td>--------------------------------------------------------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>CSTADS</td>
<td>A DRINK means: 1 regular sized bottle, can, or draft of beer; 1 glass of wine; 1 bottle or can of cooler; 1 shot of liquor (rum, whiskey, etc.); or 1 mixed drink (1 shot of liquor with pop, juice, energy drink, etc.).</td>
<td></td>
</tr>
<tr>
<td>ALC_FREQ</td>
<td>I have never drank alcohol</td>
<td></td>
</tr>
<tr>
<td></td>
<td>I did not drink alcohol in the last 12 months</td>
<td></td>
</tr>
<tr>
<td></td>
<td>I have only had a sip of alcohol</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Less than once a month</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Once a month</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2 or 3 times a month</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Once a week</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2 or 3 times a week</td>
<td></td>
</tr>
<tr>
<td></td>
<td>4 to 6 times a week</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Every day</td>
<td></td>
</tr>
<tr>
<td></td>
<td>I do not know [valid answer]</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>UNIVERSE:</strong> Drank more than a sip of alcohol in last 12 months (alc_freq=4-10); do not ask if DK/R in the last 12 months, how often did you have [“5” if male / “4” if female] drinks of alcohol or more on one occasion?</td>
<td></td>
</tr>
<tr>
<td></td>
<td>A DRINK means: 1 regular sized bottle, can, or draft of beer; 1 glass of wine; 1 bottle or can of cooler; 1 shot of liquor (rum, whiskey, etc.); or 1 mixed drink (1 shot of liquor with pop, juice, energy drink, etc.).</td>
<td></td>
</tr>
<tr>
<td></td>
<td>I have never done this</td>
<td></td>
</tr>
<tr>
<td></td>
<td>I did not have [5/4] or more drinks on one occasion in the last 12 months</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Less than once a month</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Once a month</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2 to 3 times a month</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Once a week</td>
<td></td>
</tr>
<tr>
<td></td>
<td>2 to 5 times a week</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Daily or almost daily</td>
<td></td>
</tr>
<tr>
<td></td>
<td>I do not know [valid answer]</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>UNIVERSE:</strong> Drank more than a sip of alcohol in last 12 months (alc_freq=4-10); do not ask if DK/R</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ALCOHOL USE – BINGE DRINKING</th>
<th>En los últimos 12 meses, ¿con qué frecuencia tomó más de un trago de una bebida alcohólica?</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSTADS</td>
<td>UNA BEBIDA ALCOHÓLICA significa: 1 botella, lata o tarro de cerveza de tamaño normal; 1 copa de vino; 1 botella o lata de bebida a base de vino (cooler); 1 shot de alguna bebida alcohólica fuerte (ron, whiskey, etc.), o 1 bebida mezclada (1 shot de bebida alcohólica fuerte con refresco/gaseosa, jugo, bebida energética, etc.).</td>
</tr>
<tr>
<td>ALC_SEX</td>
<td>Nunca he tomado alcohol</td>
</tr>
<tr>
<td>ALC_BINGE</td>
<td>No he tomado alcohol en los últimos 12 meses</td>
</tr>
<tr>
<td></td>
<td>Sólo he tomado un trago de alcohol</td>
</tr>
<tr>
<td></td>
<td>Menos de una vez al mes</td>
</tr>
<tr>
<td></td>
<td>Una vez al mes</td>
</tr>
<tr>
<td></td>
<td>2 ó 3 veces al mes</td>
</tr>
<tr>
<td></td>
<td>Una vez a la semana</td>
</tr>
<tr>
<td></td>
<td>2 ó 3 veces a la semana</td>
</tr>
<tr>
<td></td>
<td>4 a 6 veces a la semana</td>
</tr>
<tr>
<td></td>
<td>Todos los días</td>
</tr>
<tr>
<td></td>
<td>No sabe [respuesta válida]</td>
</tr>
<tr>
<td></td>
<td>Se negó a responder</td>
</tr>
<tr>
<td></td>
<td><strong>UNIVERSE:</strong> [respuesta válida]** [valid answer]</td>
</tr>
</tbody>
</table>

| ALC_FREQ                    | **UNIVERSE:** Drank more than a sip of alcohol in last 12 months (alc_freq=4-10); do not ask if DK/R |

|                         | En los últimos 12 meses, ¿con qué frecuencia tomó [“5” si es hombre / “4” si es mujer] bebidas alcohólicas o más en una sola ocasión? |
|                         | UNA BEBIDA ALCOHÓLICA significa: 1 botella, lata o tarro de cerveza de tamaño normal; 1 copa de vino; 1 botella o lata de bebida a base de vino (cooler); 1 shot de alguna bebida alcohólica fuerte (ron, whiskey, etc.), o 1 bebida mezclada (1 shot de bebida alcohólica fuerte con refresco/gaseosa, jugo, bebida energética, etc.). |
|                         | Nunca lo he hecho                                                                           |
|                         | No tomé [5/4] bebidas alcohólicas o más en una sola ocasión en los últimos 12 meses         |
|                         | Menos de una vez al mes                                                                     |
|                         | Una vez al mes                                                                              |
|                         | 2 a 3 veces al mes                                                                          |
|                         | Una vez a la semana                                                                         |
|                         | 2 a 5 veces a la semana                                                                     |
|                         | Todos los días                                                                             |
|                         | No sabe [respuesta válida]                                                                  |
|                         | Se negó a responder                                                                         |
### COVID IMPACT – ALCOHOL

**NEW 2020**

**COVID_ALC**

<table>
<thead>
<tr>
<th>Has the COVID-19 pandemic affected how much alcohol you drink?</th>
</tr>
</thead>
<tbody>
<tr>
<td>I drink A LOT LESS alcohol</td>
</tr>
<tr>
<td>I drink A LITTLE LESS alcohol</td>
</tr>
<tr>
<td>No difference</td>
</tr>
<tr>
<td>I drink A LITTLE MORE alcohol</td>
</tr>
<tr>
<td>I drink A LOT MORE alcohol</td>
</tr>
<tr>
<td>Not applicable</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

**¿La pandemia de COVID-19 ha afectado la cantidad de alcohol que bebe?**

- Bebo MUCHO MENOS alcohol
- Bebo UN POCO MENOS de alcohol
- No hay diferencia
- Bebo UN POCO MÁS de alcohol
- Bebo MUCHO MÁS alcohol
- No se aplica
- No sabe
- Se negó a responder

### COVID IMPACT – PHYSICAL ACTIVITY

**NEW 2020**

**COVID_PA**

<table>
<thead>
<tr>
<th>Has the COVID-19 pandemic affected your level of physical activity?</th>
</tr>
</thead>
<tbody>
<tr>
<td>I am A LOT LESS physically active</td>
</tr>
<tr>
<td>I am A LITTLE LESS physically active</td>
</tr>
<tr>
<td>No difference</td>
</tr>
<tr>
<td>I am A LITTLE MORE physically active</td>
</tr>
<tr>
<td>I am A LOT MORE physically active</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

**¿La pandemia de COVID-19 ha afectado su nivel de actividad física?**

- Soy MUCHO MENOS activo(a) físicamente
- Soy UN POCO MENOS activo(a) físicamente
- No hay diferencia
- Soy UN POCO MÁS activo(a) físicamente
- Soy MUCHO MÁS activo(a) físicamente
- No sabe
- Se negó a responder

---

### SOCIODEMOGRAPHIC MEASURES

<table>
<thead>
<tr>
<th>DOMAIN</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>ETHNICITY</td>
<td>UNIVERSITY: Respondents enrolled in the US main sample (US Mexican American oversample already completed this in the eligibility screener). People living in the United States come from many different cultural and racial backgrounds. Are you... (Select all that apply)</td>
<td>GENTE que vive en los Estados Unidos pertenece a diferentes raíces culturales y étnicas. ¿Qué grupo le describe mejor...? (Seleccione todas las opciones que apliquen)</td>
</tr>
<tr>
<td>ETH_USA_WHITE</td>
<td>White</td>
<td>Blanco</td>
</tr>
<tr>
<td>ETH_USA_BLACK</td>
<td>Black or African-American</td>
<td>Negro o Afroamericano</td>
</tr>
<tr>
<td>ETH_USA_HISPANIC</td>
<td>Hispanic or Latino</td>
<td>Hispano o Latino</td>
</tr>
<tr>
<td>ETH_USA_ASIAN</td>
<td>Asian or Pacific Islander</td>
<td>Asiático o isleño del Pacífico</td>
</tr>
<tr>
<td>ETH_USA_NATIVE</td>
<td>Native American Indian</td>
<td>Indio Americano</td>
</tr>
<tr>
<td>ETH_USA_OTHER</td>
<td>Other (please specify): ____________</td>
<td>Otro (especificar) _______</td>
</tr>
<tr>
<td>ETH_USA_DK</td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td>ETH_USA_R</td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td><strong>HISPANIC</strong></td>
<td><strong>COUNTRY OF BIRTH</strong></td>
<td><strong>HIGHEST EDUCATION</strong></td>
</tr>
<tr>
<td>---</td>
<td>---</td>
<td>---</td>
</tr>
<tr>
<td><strong>UNIVERSE:</strong> Hispanic or Latino (eth_USA_hispanic=yes; respondents enrolled in the US main sample (US Mexican American oversample already completed this in the eligibility screener). Hispanic and Latinos use different terms to describe themselves. In general, which one of the following terms do you use to describe yourself most often? (Select all that apply) Mexican Mexican-American or Chicano Puerto Rican Cuban Cuban-American Other (please specify): __________ Don’t know Refuse to answer</td>
<td><strong>UNIVERSE:</strong> Hispanic or Latino (eth_USA_hispanic=yes; respondents enrolled in the US main sample (US Mexican American oversample already completed this in the eligibility screener). Hispános y Latinos usan diferentes términos para describirse a ellos mismos. Por lo general, ¿cuál de los siguientes términos usa con mayor frecuencia para describirse a usted mismo? (Seleccione todas las opciones que apliquen) Mexicano/a Mexicano/a-Americano/a o Chicano/a Puertorriqueño/a Cubano/a Cubano/a-Americano/a Otro (especificar) ______ No sabe Se negó a responder</td>
<td><strong>UNIVERSE:</strong> Adapted from ITC 4CV1, NHANES 2015-2016, CCHS 2014. <strong>EDUC_COMP_USA OTEXT</strong> What is the highest level of formal education that you have completed? 8th Grade or lower 9th Grade 10th Grade 11th Grade 12th Grade / high school diploma Associate’s degree or vocational / technical certificate Bachelor’s degree University degree above the bachelor’s level (e.g., Master’s, professional school, doctorate) Other (please specify): __________ Don’t know Refuse to answer</td>
</tr>
<tr>
<td>HOUSEHOLD SIZE</td>
<td>How many children (under 18 years of age) currently live in your household? [dropdown with numbers from 0 to 10, more than 10, DK/R]</td>
<td>¿Cuántos niños (menores de 18 años) viven actualmente en su hogar? [dropdown with numbers from 0 to 10, more than 10, DK/R]</td>
</tr>
<tr>
<td>----------------</td>
<td>--------------------------------------------------------------------------------</td>
<td>--------------------------------------------------------------------------------</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td></td>
<td>How many adults (age 18 or older), including yourself, currently live in your household? [dropdown with numbers from 1 to 10, more than 10, DK/R]</td>
<td>¿Cuántos adultos (de 18 años o más), incluyéndose usted, viven actualmente en su hogar? [dropdown with numbers from 1 to 10, more than 10, DK/R]</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td></td>
<td>Include all family members who live with you all or most of the time. Do NOT include roommates unless you share income.</td>
<td>Incluya a todos los miembros de la familia que viven con usted todo el tiempo o la mayor parte del tiempo. NO incluya a otros que viven con usted a menos que compartan los ingresos.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>HOUSEHOLD INCOME</th>
<th>What was your total household income, from all sources, before taxes, over the past 12 months?</th>
<th>¿Cuál fue el ingreso total de su hogar, de todas las fuentes, antes de impuestos, durante los últimos 12 meses?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Include income from work, investments, pensions or government.</td>
<td>Incluya los ingresos del trabajo, inversiones, pensiones y del gobierno.</td>
</tr>
<tr>
<td></td>
<td>Include income from all family members living with you all, or most of the time. Do NOT include roommates unless you share income.</td>
<td>Incluya los ingresos de todos los miembros de la familia que viven con usted todo el tiempo o la mayor parte del tiempo. NO incluya a otros que vivan con usted a menos que compartan los ingresos.</td>
</tr>
<tr>
<td></td>
<td>Less than $10,000</td>
<td>Menos de $1 000</td>
</tr>
<tr>
<td></td>
<td>$10,000 to less than $20,000</td>
<td>De $10 000 a menos de $20 000</td>
</tr>
<tr>
<td></td>
<td>$20,000 to less than $30,000</td>
<td>De $20 000 a menos de $30 000</td>
</tr>
<tr>
<td></td>
<td>$30,000 to less than $40,000</td>
<td>De $30 000 a menos de $40 000</td>
</tr>
<tr>
<td></td>
<td>$40,000 to less than $50,000</td>
<td>De $40 000 a menos de $50 000</td>
</tr>
<tr>
<td></td>
<td>$50,000 to less than $60,000</td>
<td>De $50 000 a menos de $60 000</td>
</tr>
<tr>
<td></td>
<td>$60,000 to less than $70,000</td>
<td>De $60 000 a menos de $70 000</td>
</tr>
<tr>
<td></td>
<td>$70,000 to less than $80,000</td>
<td>De $70 000 a menos de $80 000</td>
</tr>
<tr>
<td></td>
<td>$80,000 to less than $90,000</td>
<td>De $80 000 a menos de $90 000</td>
</tr>
<tr>
<td></td>
<td>$90,000 to less than $100,000</td>
<td>De $90 000 a menos de $100 000</td>
</tr>
<tr>
<td></td>
<td>$100,000 to less than $150,000</td>
<td>De $100 000 a menos de $150 000</td>
</tr>
<tr>
<td></td>
<td>$150,000 and over</td>
<td>$150 000 y más</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>
### COVID Impact – Finances

*Adapted from Canadian Perspective Survey Series – Impacts of COVID-19*

#### New 2020

<table>
<thead>
<tr>
<th>COVID_Finance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Has the COVID-19 pandemic affected your ability to meet financial obligations or essential needs, such as rent or mortgage payments, utilities and groceries?</td>
</tr>
<tr>
<td>Major impact</td>
</tr>
<tr>
<td>Moderate impact</td>
</tr>
<tr>
<td>Minor impact</td>
</tr>
<tr>
<td>No impact</td>
</tr>
<tr>
<td>Too soon to tell</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

#### Subjective Social Status

*MacArthur Scales of Subjective Social Status (Bradshaw et al., 2017)*

#### Revised 2019 (Response format)

<table>
<thead>
<tr>
<th>SOC_STATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Think of this ladder as representing where people stand in the United States. At the top of the ladder (step 10) are the people who have the most money and education, and the most respected jobs. At the bottom of the ladder (step 1) are the people who have the least money and education, and the least respected jobs or no job.</td>
</tr>
</tbody>
</table>

Where would you place yourself on this ladder? Pick the number for the step that shows where you think you stand at this time in your life, relative to other people in the United States.

[Show response options for each item as radio button list]

- 10 – Best off
- 9
- 8
- 7
- 6
- 5

### COVID Impact – Finances

*Adapted from Canadian Perspective Survey Series – Impacts of COVID-19*

#### New 2020

<table>
<thead>
<tr>
<th>COVID_Finance</th>
</tr>
</thead>
<tbody>
<tr>
<td>¿La pandemia COVID-19 afectó su capacidad para cumplir con sus obligaciones financieras o necesidades esenciales, como el alquiler, los pagos de la hipoteca, la electricidad, el teléfono o los comestibles?</td>
</tr>
<tr>
<td>Afectó mucho</td>
</tr>
<tr>
<td>Afectó moderadamente</td>
</tr>
<tr>
<td>Afectó poco</td>
</tr>
<tr>
<td>No afectó</td>
</tr>
<tr>
<td>Demasiado pronto para decir</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

#### Subjective Social Status

*MacArthur Scales of Subjective Social Status (Bradshaw et al., 2017)*

#### Revised 2019 (Response format)

<table>
<thead>
<tr>
<th>SOC_STATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Piense que esta escalera es una representación de la posición económica y educativa de las personas en Estados Unidos. En la parte superior de la escalera (escalón 10) están las personas que tienen más dinero y educación, y los trabajos más respetados. En la parte inferior de la escalera (escalón 1) están las personas que tienen menos dinero y educación, y los trabajos menos respetados o ningún trabajo.</td>
</tr>
</tbody>
</table>

¿Dónde cree que estaría usted en esta escalera? Elija el número del escalón que muestra dónde cree que se encuentra en este momento de su vida en relación con otras personas en Estados Unidos.

[Show response options for each item as radio button list]

- 10 - La mejor posición
- 9
- 8
- 7
- 6
<table>
<thead>
<tr>
<th></th>
<th>Worst off</th>
<th>Don’t know</th>
<th>Refuse to answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>La peor posición</td>
<td>No sabe</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>REGION</th>
<th>What state do you live in?</th>
<th>¿En qué estado vive usted?</th>
</tr>
</thead>
<tbody>
<tr>
<td>REGION_USA</td>
<td>1. Alabama (AL)</td>
<td>1. Alabama (AL)</td>
</tr>
<tr>
<td></td>
<td>2. Alaska (AK)</td>
<td>2. Alaska (AK)</td>
</tr>
<tr>
<td></td>
<td>3. Arizona (AZ)</td>
<td>3. Arizona (AZ)</td>
</tr>
<tr>
<td></td>
<td>4. Arkansas (AR)</td>
<td>4. Arkansas (AR)</td>
</tr>
<tr>
<td></td>
<td>5. California (CA)</td>
<td>5. California (CA)</td>
</tr>
<tr>
<td></td>
<td>6. Colorado (CO)</td>
<td>6. Colorado (CO)</td>
</tr>
<tr>
<td></td>
<td>7. Connecticut (CT)</td>
<td>7. Connecticut (CT)</td>
</tr>
<tr>
<td></td>
<td>8. Delaware (DE)</td>
<td>8. Delaware (DE)</td>
</tr>
<tr>
<td></td>
<td>9. District of Columbia (DC)</td>
<td>9. District of Columbia (DC)</td>
</tr>
<tr>
<td></td>
<td>10. Florida (FL)</td>
<td>10. Florida (FL)</td>
</tr>
<tr>
<td></td>
<td>11. Georgia (GA)</td>
<td>11. Georgia (GA)</td>
</tr>
<tr>
<td></td>
<td>13. Idaho (ID)</td>
<td>13. Idaho (ID)</td>
</tr>
<tr>
<td></td>
<td>15. Indiana (IN)</td>
<td>15. Indiana (IN)</td>
</tr>
<tr>
<td></td>
<td>16. Iowa (IA)</td>
<td>16. Iowa (IA)</td>
</tr>
<tr>
<td></td>
<td>17. Kansas (KS)</td>
<td>17. Kansas (KS)</td>
</tr>
<tr>
<td></td>
<td>18. Kentucky (KY)</td>
<td>18. Kentucky (KY)</td>
</tr>
<tr>
<td></td>
<td>19. Louisiana (LA)</td>
<td>19. Louisiana (LA)</td>
</tr>
<tr>
<td></td>
<td>20. Maine (ME)</td>
<td>20. Maine (ME)</td>
</tr>
<tr>
<td></td>
<td>21. Maryland (MD)</td>
<td>21. Maryland (MD)</td>
</tr>
<tr>
<td></td>
<td>22. Massachusetts (MA)</td>
<td>22. Massachusetts (MA)</td>
</tr>
<tr>
<td></td>
<td>23. Michigan (MI)</td>
<td>23. Michigan (MI)</td>
</tr>
<tr>
<td></td>
<td>24. Minnesota (MN)</td>
<td>24. Minnesota (MN)</td>
</tr>
<tr>
<td></td>
<td>25. Mississippi (MS)</td>
<td>25. Mississippi (MS)</td>
</tr>
<tr>
<td></td>
<td>26. Missouri (MO)</td>
<td>26. Missouri (MO)</td>
</tr>
<tr>
<td></td>
<td>27. Montana (MT)</td>
<td>27. Montana (MT)</td>
</tr>
<tr>
<td></td>
<td>28. Nebraska (NE)</td>
<td>28. Nebraska (NE)</td>
</tr>
<tr>
<td></td>
<td>29. Nevada (NV)</td>
<td>29. Nevada (NV)</td>
</tr>
<tr>
<td></td>
<td>30. New Hampshire (NH)</td>
<td>30. New Hampshire (NH)</td>
</tr>
<tr>
<td></td>
<td>31. New Jersey (NJ)</td>
<td>31. New Jersey (NJ)</td>
</tr>
<tr>
<td></td>
<td>32. New Mexico (NM)</td>
<td>32. New Mexico (NM)</td>
</tr>
<tr>
<td></td>
<td>33. New York (NY)</td>
<td>33. New York (NY)</td>
</tr>
<tr>
<td>34. North Carolina (NC)</td>
<td>34. North Carolina (NC)</td>
<td></td>
</tr>
<tr>
<td>35. North Dakota (ND)</td>
<td>35. North Dakota (ND)</td>
<td></td>
</tr>
<tr>
<td>36. Ohio (OH)</td>
<td>36. Ohio (OH)</td>
<td></td>
</tr>
<tr>
<td>37. Oklahoma (OK)</td>
<td>37. Oklahoma (OK)</td>
<td></td>
</tr>
<tr>
<td>38. Oregon (OR)</td>
<td>38. Oregon (OR)</td>
<td></td>
</tr>
<tr>
<td>40. Rhode Island (RI)</td>
<td>40. Rhode Island (RI)</td>
<td></td>
</tr>
<tr>
<td>41. South Carolina (SC)</td>
<td>41. South Carolina (SC)</td>
<td></td>
</tr>
<tr>
<td>42. South Dakota (SD)</td>
<td>42. South Dakota (SD)</td>
<td></td>
</tr>
<tr>
<td>43. Tennessee (TN)</td>
<td>43. Tennessee (TN)</td>
<td></td>
</tr>
<tr>
<td>44. Texas (TX)</td>
<td>44. Texas (TX)</td>
<td></td>
</tr>
<tr>
<td>45. Utah (UT)</td>
<td>45. Utah (UT)</td>
<td></td>
</tr>
<tr>
<td>46. Vermont (VT)</td>
<td>46. Vermont (VT)</td>
<td></td>
</tr>
<tr>
<td>47. Virginia (VA)</td>
<td>47. Virginia (VA)</td>
<td></td>
</tr>
<tr>
<td>49. West Virginia (WV)</td>
<td>49. West Virginia (WV)</td>
<td></td>
</tr>
<tr>
<td>50. Wisconsin (WI)</td>
<td>50. Wisconsin (WI)</td>
<td></td>
</tr>
<tr>
<td>51. Wyoming (WY)</td>
<td>51. Wyoming (WY)</td>
<td></td>
</tr>
<tr>
<td>52. Other (please specify): __________</td>
<td>52. Otro (especificar): __________</td>
<td></td>
</tr>
<tr>
<td>-77 Don’t know</td>
<td>-77 No sabe</td>
<td></td>
</tr>
<tr>
<td>-88 Refuse to answer</td>
<td>-88 Se negó a responder</td>
<td></td>
</tr>
</tbody>
</table>

**POSTAL CODE**

**Please enter your zip code:**

*Zip codes help us to understand the food environment where you live. As a reminder, all information you provide will be kept strictly confidential and will never be shared.*

Enter: ____________ [format: 5 numeric digits]

Don’t know

Refuse to answer

**POSTAL _TEXT_ USA**

**Por favor introduzca su código postal:**

*Los códigos postales nos ayudan a comprender el entorno alimentario en el que vive. Como recordatorio, toda la información que proporcione se mantendrá estrictamente confidencial y nunca se compartirá.*

Introduzca: ____________ [format: 5 numeric digits]

No sabe

Se negó a responder
**SELF-REPORTED HEIGHT**

<table>
<thead>
<tr>
<th>HT_UNIT</th>
<th>HT_CM</th>
<th>HT_FT</th>
<th>HT_IN</th>
</tr>
</thead>
</table>

It is helpful to know the height and weight of survey participants.

How tall are you without shoes?
Would you rather answer in:
Feet and inches
Centimeters
Don’t know
Refuse to answer

[PROGRAMMER NOTE: show based on response to above]

**UNIVERSE:** ht_unit=feet and inches

Enter feet: ______ ft [numeric, 2-7]
AND
Enter inches: ______ in [numeric, 0-11]

**UNIVERSE:** ht_unit= centimetres

Enter centimeters: ______ cm [numeric, 60-250]

---

**SELF-REPORTED HEIGHT CONFIRMATION**

<table>
<thead>
<tr>
<th>HT_FTN_CONF</th>
<th>HT_CM_CONF</th>
</tr>
</thead>
</table>

**UNIVERSE:** ht_unit=feet and inches

You entered [X] feet and [X] inches. Is that correct?
Yes
No – I need to make a correction
Don’t know
Refuse to answer

**UNIVERSE:** ht_unit= centimetres

You entered [X] centimeters. Is that correct?
Yes
No – I need to make a correction
Don’t know
Refuse to answer

---

**UNIVERSE:** ht_unit=feet and inches

Usted introdujo [X] pies y [X] pulgadas. ¿Es correcto?
Sí
No, necesito hacer una corrección
No sabe
Se negó a responder

**UNIVERSE:** ht_unit= centimetres

Usted introdujo [X] centímetros. ¿Es correcto?
Sí
No, necesito hacer una corrección
No sabe
Se negó a responder
### Self-Reported Height

**UNIVERSE:** ht_ftin_conf, or ht_cm_conf= No – I need to make a correction

**How tall are you without shoes?**
Would you rather answer in:
- Feet and inches
- Centimetres
- Don’t know
- Refuse to answer

[PROGRAMMER: show based on response to above]

**UNIVERSE:** htc_unit=feet and inches
*Enter feet:* ______ ft [numeric, 2-7]
*AND*
*Enter inches:* _____ in [numeric, 0-11]

**UNIVERSE:** htc_unit= centimetres
*Enter centimetres:* ______ cm [numeric, 60-250]

### Self-Reported Weight

**UNIVERSE:** wt_unit= pounds
*Enter pounds:* ______ lb [numeric]

**UNIVERSE:** wt_unit= kilograms
*Enter kilograms:* ______ kg [numeric]

### Self-Reported Weight Confirmation

**UNIVERSE:** wt_unit= pounds
*You entered [X] pounds. Is that correct?*
- Yes
- No – I need to make a correction
- Don’t know
- Refuse to answer

**UNIVERSE:** wt_unit= kilograms
*You entered [X] kilograms. Is that correct?*
- Yes
- No – I need to make a correction
- Don’t know
- Refuse to answer

---

¿Cuánto mide sin zapatos?
¿Prefiere responder usando...?
- Pies y pulgadas
- Centímetros
- No sabe
- Se negó a responder

---

¿Cuánto pesa sin ropa ni zapatos?
¿Prefiere responder usando...
- Libras (lb)
- Kilogramos (kg)
- No sabe
- Se negó a responder

---

Usted introdujo [X] libras. ¿Es correcto?
- Sí
- No, necesito hacer una corrección
- No sabe
- Se negó a responder

---

Usted introdujo [X] kilogramos. ¿Es correcto?
- Sí
- No, necesito hacer una corrección
- No sabe
- Se negó a responder
| SELF-REPORTED WEIGHT CORRECTION | How much do you weigh without clothes or shoes?  
WTC_UNIT  
WTC_LB  
WTC_KG | ¿Cuánto pesa sin ropa ni zapatos?  
WTC_CONF= No – I need to make a correction  
[PROGRAMMER: show based on response to above]  
UNIVERSE: wt_lb_conf, or wt_kg_conf= No – I need to make a correction  
WTC_UNIT= pounds  
Enter pounds: ______ lb [numeric]  
WTC_UNIT=kilograms  
Enter kilograms: ______ kg [numeric]  
[PROGRAMMER: show based on response to above]  
UNIVERSE: wt_lbs, or wt_kgs= No – I need to make a correction  
WTC_UNIT= pounds  
Enter pounds: ______ lb [numeric]  
WTC_UNIT=kilograms  
Enter kilograms: ______ kg [numeric]  
| COVID IMPACT – WEIGHT | Has the COVID-19 pandemic affected your weight?  
NEW 2020  
COVID_WT | ¿La pandemia COVID-19 ha afectado a su peso?  
NEW 2020  
COVID_WT | I have LOST A LOT of weight  
I have LOST A LITTLE weight  
No difference  
I have GAINED A LITTLE weight  
I have GAINED A LOT of weight  
Don’t know  
Refuse to answer  
[PROGRAMMER: show based on response to above]  
UNIVERSE: wt_loss_gain= No – I need to make a correction  
COVID_WT= LOST A LOT  
COVID_WT= LOST A LITTLE  
COVID_WT= NO DIFFERENCE  
COVID_WT= GAINED A LITTLE  
COVID_WT= GAINED A LOT  
COVID_WT= DON’T KNOW  
COVID_WT= REFUSE TO ANSWER  
WTC_UNIT= pounds  
Enter pounds: ______ lb [numeric]  
WTC_UNIT=kilograms  
Enter kilograms: ______ kg [numeric]  
[PROGRAMMER: show based on response to above]  
UNIVERSE: wt_loss_gain= No – I need to make a correction  
COVID_WT= LOST A LOT  
COVID_WT= LOST A LITTLE  
COVID_WT= NO DIFFERENCE  
COVID_WT= GAINED A LITTLE  
COVID_WT= GAINED A LOT  
COVID_WT= DON’T KNOW  
COVID_WT= REFUSE TO ANSWER  
WTC_UNIT= pounds  
Enter pounds: ______ lb [numeric]  
WTC_UNIT=kilograms  
Enter kilograms: ______ kg [numeric]  
[PROGRAMMER: show based on response to above]  
UNIVERSE: wt_loss_gain= No – I need to make a correction  
COVID_WT= LOST A LOT  
COVID_WT= LOST A LITTLE  
COVID_WT= NO DIFFERENCE  
COVID_WT= GAINED A LITTLE  
COVID_WT= GAINED A LOT  
COVID_WT= DON’T KNOW  
COVID_WT= REFUSE TO ANSWER  
WTC_UNIT= pounds  
Enter pounds: ______ lb [numeric]  
WTC_UNIT=kilograms  
Enter kilograms: ______ kg [numeric] |
**DIETARY RECALL**
RESPONDENT WILL BE REDIRECTED TO ASA24-2020 (USA).

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
</table>
| PANDA         | **UNIVERSE: Australia, Canada, United Kingdom, United States main sample**
Getting tired of the survey? Don’t give up, there’s just one more section! | **UNIVERSE: Australia, Canada, United Kingdom, United States main sample**
¿Se está cansando de la encuesta? No se rinda, ¡solo hay una sección más! |

![Image](image1.png)

**ASA24-REDIRECT**

**NEW 2020**

**UNIVERSE: Australia, Canada, United Kingdom, United States main sample**

To complete the next section of the survey, click on the link below. The link will take you to a website run by the US National Institutes of Health which asks about the food you ate yesterday. Typically, this takes 15-30 minutes.

After you have finished telling us about the food you ate, you will be redirected to this website for a few final study details.

Click **HERE** to continue to the next section of the survey.

**NOTE:** Once you start the next section of the survey, you MUST complete it in one sitting. If you log out or leave the survey inactive for more than 30 minutes, you will NOT be able to restart or continue later.**

[PROGRAMMING NOTE: REDIRECT RESPONDENT TO ASA24-2020 (USA).]

**UNIVERSE: Australia, Canada, United Kingdom, United States main sample**

Para completar la siguiente sección de la encuesta, haga clic en el siguiente enlace. El enlace le llevará a un sitio web dirigido por US National Institutes of Health (Institutos Nacionales de Salud de EE.UU.) que le preguntará sobre los alimentos que comió ayer. Típicamente, esto toma de 15 a 30 minutos.

Después de que haya terminado de contarnos sobre los alimentos que comió, la página se redirigirá a este sitio web para terminar algunos detalles finales del estudio.

Haga clic **AQUÍ** para continuar con la siguiente sección de la encuesta.

**NOTA:** Una vez que comience la siguiente sección de la encuesta, DEBE terminarla en una sola sesión. Si cierra la sesión o deja la encuesta inactiva durante más de 30 minutos, NO podrá reiniciar ni continuar más tarde.**

[PROGRAMMING NOTE: REDIRECT RESPONDENT TO ASA24-2020 (USA).]
### Welcome

**NEW 2020**

**UNIVERSE: Australia, Canada, United Kingdom, United States main sample**

Welcome back! To record your progress, please click NEXT.

**UNIVERSE: Australia, Canada, United Kingdom, United States main sample**

¡Bienvenido de nuevo! Para registrar su avance, por favor haga clic en SIGUIENTE.

### Incomplete

**NEW 2020**

**UNIVERSE: Australia, Canada, United Kingdom, United States main sample**

If ASAstatus=incomplete:

It looks like you didn’t finish the last section (i.e., entering your food information). Unfortunately, you are not eligible to continue the survey.

The survey company will be notified that you did NOT finish the survey.

Thank you for your time.

You will now be redirected back to the survey company.

**UNIVERSE: Australia, Canada, United Kingdom, United States main sample**

Parece que no ha terminado la última sección (es decir, la introducción de la información de sus alimentos). Desafortunadamente no es elegible para seguir con la encuesta.

Se notificará a la empresa de encuestas que usted NO ha terminado la encuesta.

Gracias por tu tiempo.

Ahora la página será redirigida de vuelta a la empresa de encuestas.

### End Screen

**REVISED 2019**

**UNIVERSE: US Mexican American oversample, OR**

If ASAstatus= complete (**UNIVERSE: Australia, Canada, United Kingdom, United States main sample**):

You’re finished—thank you!

As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Committee (ORE #30829). If you have any comments or concerns resulting from your involvement please contact the Office of Research Ethics in Canada at 1-519-888-4567, ext. 36005 or ore-ceo@uwaterloo.ca, or Professor David Hammond from the University of Waterloo in Canada at 1-519-888-4567 ext. 46462 or dhammond@uwaterloo.ca, or Dr. James Thrasher, a local study researcher from the University of South Carolina in the United States at 1-803-777-4862 or thrasher@mailbox.sc.edu.

Click NEXT to return to the survey company’s website.

Thanks again for your help.

**UNIVERSE: US Mexican American oversample, OR**

If ASAstatus= complete (**UNIVERSE: Australia, Canada, United Kingdom, United States main sample**):

¡Ha terminado! ¡Gracias!

Permitame recordarle que los aspectos éticos del presente estudio fueron revisados y autorizados por el Comité de Ética de la Investigación de la Universidad de Waterloo (ORE #30829). Si tiene comentarios o preguntas resultantes de su participación en el proyecto, favor de comunicarse con la Oficina de Ética de la Investigación, al teléfono en Canadá 1-519-888-4567, ext. 36005 o al correo electrónico ore-ceo@uwaterloo.ca o con el Profesor David Hammond de la Universidad de Waterloo, al teléfono en Canadá 1-519-888-4567 ext. 46462 o al correo electrónico dhammond@uwaterloo.ca, o bien con el Dr. James Thrasher, investigador local de la Universidad de Carolina del Sur en los Estados Unidos, al teléfono 1-803-777-4862 ó por email a thrasher@mailbox.sc.edu.

Haga clic en “SIGUIENTE” para regresar al sitio web de la empresa de encuestas.

Una vez más, gracias por su ayuda.
| REDIRECT TO NIELSEN | You will now be redirected back to the survey company. | Ahora usted se redirige a la empresa de encuestas. |