

# **2019 YOUTH SURVEY – UNITED KINGDOM**

FEBRUARY 25, 2021



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#### **SUGGESTED CITATION**

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# PARENT INVITATION & PRE-SCREENING

<b>DOMAIN</b> SOURCE	ENGLISH
SAMPLE EMAIL INVITATION	[Email from Nielsen and their partner panels]
	We've found a survey for you!
	Simply click "Continue" to begin the survey.
	NOTE TO ETHICS: This is an email sent to panelists. If panelists select 'continue' they will be directed to a webpage showing the questions below. Partner panels will have slightly different text shown in their email invitations about panel incentives.
PANELIST AGE	[Screen shown by Nielsen]
	What is your age?
	[numeric]
	[If <18 or >100: TERMINATE]
	NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers.
PANELIST GENDER	[Screen shown by Nielsen]
	What is your gender?
	Male
	Female
	NOTE TO ETHICS: This is used as a quota screener by Nielsen; data not provided to researchers.
PARENTAL STATUS	[Screen shown by Nielsen]
	Please choose the options that best describe your household:
	[PROGRAMMER NOTE: Allow participants to select more than one of the first 3 options]
	I am pregnant/expecting a child within the next 9 months
	I have one or more children under the age of 18 living in my household
	I have one or more children aged 18 or older living in my household
	I have no children living in my household and I am not pregnant/expecting a child within the next 9 months
	PROGRAMMER NOTE: If no children under age of 18 living in household show: "Thank you for your interest, unfortunately you do not qualify for this study. We appreciate your participation and thank you for your time. You have earned [panel incentive]."
CHILD AGE AND GENDER	[Screen shown by Nielsen]
	UNIVERSE: Respondents who indicated they had a child under the age of 18 living in the household.
	Please indicate the age and gender of your child or children:  [PROGRAMMER NOTE: Allow participants to select more than one option]
	Boy under age 1
	Girl under age 1

Pov ago 1
Boy age 1 Girl age 1
Boy age 2 Girl age 2
Boy age 3
Girl age 3
Boy age 4
Girl age 4
Boy age 5
Girl age 5
Boy age 6
Girl age 6
Boy age 7
Girl age 7
Boy age 8
Girl age 8
Boy age 9
Girl age 9
Boy age 10
Girl age 10
Boy age 11
Girl age 11
Boy age 12
Girl age 12
Boy age 13
Girl age 13
Boy age 14
Girl age 14
Boy age 15
Girl age 15
Boy age 16
Girl age 16
Boy age 17
Girl age 17
None of the above

# PROGRAMMER NOTE: - All countries: If respondent does NOT have any children age 10-17 show: "Thank you for your interest, unfortunately you do not qualify for this study. We appreciate your participation and thank you for your time. You have earned [panel incentive]." - We have nested age/sex quotas to recruit an equal number of males/females in each age category (10-13/14-17) in UK and USA (only). - UK and USA (only): If respondent only has children whose age/sex match a closed quota (i.e., no children in an open quota) show: "Thank you for your interest, unfortunately you do not qualify for this study. We appreciate your participation and thank you for your time. You have earned [panel incentive]." PARENT PRE-SCREENING [Screen shown by Nielsen] UNIVERSE: Respondents who indicated they had a child between the ages of 10-17 living in the household. You indicated that you have a child in the household between the ages of 10 and 17. After a few more questions for you, we would like to have your child complete a survey, if they qualify. Would you be willing to let your child participate? Please note that your child does not need to be available right now to participate. After you complete the questions for parents/guardians, instructions will be provided for having your child participate when they are available. Yes $\rightarrow$ [REDIRECT PANELIST TO SURVEY IN SURVEYGIZMO] No → Thank you for your time. [TERMINATE] PARENT INFO / CONSENT We would like to conduct a survey with ONE of your CHILDREN AGED 10-17. **COUNTRY SPECIFIC WORDING** Please read the following information, and indicate if you are willing to let your child participate. The survey will examine eating patterns among children. Your child will be asked about the types of food they eat, advertisements they may have seen for food, and their background (e.g., age, weight, smoking, cannabis or alcohol use). Similar surveys are being completed in 5 other countries, so researchers can learn about the types of food children eat and advertisements children see in different parts of the world. The study is being conducted by Professor David Hammond at the University of Waterloo, Canada. The survey will take about 20 minutes. As a thank you for your child's participation, the survey firm will provide you with your usual compensation. We will ask your child a few short questions to see if they are eligible to complete the survey. All other questions are completely voluntary. Your child can withdraw participation at any time, and any data already collected will be deleted by the researcher. There are no known or anticipated risks to your child's participation in the survey. We take your child's privacy very seriously and will keep their identity confidential. We will never share their personal information with any company or marketing firm. All of the information your child provides will be grouped with responses from other participants, which means that there will be no way to identify participants individually from the reports we create. Your child will not be asked to provide their name, address or telephone number. Some parents/guardians may also be invited to complete a survey about eating patterns among adults. If you complete (or recently completed) the survey by the University of Waterloo about eating patterns among adults, your responses and your child's responses may be linked using your survey firm ID number to help the researchers understand your child's food environment.

- The study data will be collected using SurveyGizmo software. Internet protocol (IP) addresses may be recorded by the software program used for this study, but this information will not be used by the researchers or the owners of the program with an intention to identify you or your child. Please note that while we implement security safeguards designed to protect all survey data, when information is transmitted over the internet, there is still a risk your child's responses may be intercepted by a third party (e.g., government agencies, hackers).
- The data will be stored for a minimum of 7 years on a secure University of Waterloo server in Canada. Analyses may also be conducted by international research team members, but only using de-identified data stored on password-protected computers.
- The questions you have answered up to this point are for the survey firm, and will not be shared with the researchers.
- This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Committee (ORE# 41477).

  However, the final decision about participation is yours and your child's. If you have questions for the Committee, please contact the Office of Research Ethics in Canada at 001-519-888-4567 ext. 36005 or ore-ceo@uwaterloo.ca.
- For all other questions about the study, please contact Professor David Hammond of the University of Waterloo in Canada at 001-519-888-4567 ext. 36462 or <a href="mailto:dhammond@uwaterloo.ca">dhammond@uwaterloo.ca</a> or Dr. Jean Adams, a local study researcher from the University of Cambridge in the United Kingdom at 0 1223 769142 or <a href="mailto:jma79@medschl.cam.ac.uk">jma79@medschl.cam.ac.uk</a>.

Please note that your child does not need to be available right now to participate. After you complete the questions for parents/guardians, instructions will be provided for having your child participate when they are available.

By providing your consent, you are not waiving your legal rights or releasing the investigator(s) or involved institution(s) from their legal and professional responsibilities.

## Would you be willing to allow your child to participate in this survey?

By clicking "Yes" below, you confirm that you are the parent/legal guardian of the child participating in this study and agree to allow them to participate.

Yes → [Continue]

No → Thank you for your time. You will now be redirected back to the survey company. [TERMINATE]

CITY

Thanks. Before your child begins the survey, please answer the question below:

#### What city or town does your child live in?

This information helps us to understand the food environment where your child lives. As a reminder, your child's identity will be kept strictly confidential.

Enter city/town: \_\_\_\_\_ [open-text]
Don't know
Refuse to answer

# The remaining questions should be completed by YOUR CHILD AGED 10-17. If your child is not available right now, they may complete the survey later by doing one of the following: a) Leave this survey screen open in your browser, and return to it when your child is ready. OR b) Copy and save the link below and then paste it into your browser when your child is ready. [link] Please note that the link in your email invitation will not bring you back to this survey. When your child is ready, check the box below: My child is ready to begin [Parents/guardians: pass the survey to your child]

# INTRODUCTION

DOMAIN	ENGLISH
SOURCE ELIGIBILITY INTRO	Hellet We have a second of acceptions for your before the company starts
LEIGIBIETT INTIKO	Hello! We have a couple of questions for you before the survey starts.
	[Parents/guardians: please pass the survey to your child]
	[PROGRAMMER NOTE: If respondent uses copied link to try to complete survey after entering an invalid age (<10 or >17 years) show the following message in red font below the above text: "Unfortunately, you were not eligible to participate in the study." and then redirect to ineligible age disqualified screen described below.
	If respondent uses copied link to try to re-complete survey after already completing survey once show the following message in red font below the above text: "You have already completed the survey. Thank you once again for your participation." and then redirect to end screen.]
AGE	How old are you?
CSTADS modified	9 years or younger
<u>CSTADS IIIOdified</u>	10 years
AGE	11 years
	12 years
	13 years
	14 years
	15 years
	16 years
	17 years
	18 years or older
	[PROGRAMMER NOTE: If <10 or >17 show: "Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company."]
	[PROGRAMMER NOTE: Automatic redirect to survey company if over quota.]
SEX	Are you?
Project EAT	Male
Troject EAT	Female
SEX	
	[PROGRAMMER NOTE: Automatic redirect to survey company if over quota.]

INFO LETTER	Before you start, please read this letter and let us know if you agree to participate.
COUNTRY SPECIFIC WORDING	<ul> <li>The survey asks about the kinds of food you eat, advertisements you see for food, and your background (example: your age, weight, smoking, cannabis or alcohol use).</li> <li>Similar surveys are being completed in 5 other countries, so researchers can learn about the types of food children eat and advertisements children see in different parts of the world.</li> <li>You must be between 10 and 17 years of age to participate.</li> <li>The survey will take about 20 minutes.</li> <li>The survey is run by Professor David Hammond at the University of Waterloo, Canada.</li> <li>As a thank you for participating, the survey firm will provide their usual reward to your parent/guardian.</li> <li>You do not have to participate. If you decide to participate, you can click 'refuse to answer' to any question you do not wish to answer, and your parent/guardian will still receive the reward. You can choose to stop participating at any time, but if you close the survey before the end of the survey your parent/guardian will not receive the reward. Any data already collected will be deleted by the researcher. As far as we know, being in this study will not hurt you or make you feel bad.</li> <li>We take your privacy very seriously and will keep your identity confidential. The survey will not have your name on it, so no one will know they are your answers. Only the study researchers will see your answers. Your information will be kept for at least 7 years in a secure location at the University of Waterloo in Canada. Other international study researchers may also analyze your survey responses and would store your information on a password-protected computer.</li> <li>This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Committee (ORE# 41477). If you have questions for the Committee, please contact the Office of Research Ethics in Canada at 001-519-888-4567, ext. 36462 or dhammond@uwaterloo.ca or Dr. Jean Adams, a local study research</li></ul>
CONSENT	
CONCENT	Do you agree to participate in this survey?
CONSENT	Yes → [Continue to survey] No → Thank you for your time. You will now be redirected back to the survey company. [TERMINATE]

# **ENCOURAGEMENT 1**

# ENCOURAGEMENT 1 - DOG



This is NOT a test....but it is an important health survey!

Please answer as honestly as you can. Thanks!

Let's get started!

Click 'next' to continue.

# **DEMOGRAPHICS**

D	5	n	N
ĸ	EG	U	IN

ASH YOUTH SURVEY ADAPTED

COUNTRY SPECIFIC WORDING

REGION\_UK
REGION\_OTEXT\_UK

UNIVERSE: United Kingdom

What region do you live in?

North East

North West

Yorkshire and the Humber

East Midlands

West Midlands

East of England

London

South East

South West

Scotland

Wales

Northern Ireland

	Other (please specify):
	Don't know
	Refuse to answer
	neruse to unswer
EDUCATION LEVEL	UNIVERSE: United Kingdom
	What year are you in at school?
COUNTRY SPECIFIC WORDING	Year 4 or lower
	Year 5
EDUC_CURR_UK	Year 6
EDUC_CURR_OTEXT_UK	Year 7
	Year 8
	Year 9
	Year 10
	Year 11
	Year 12 (6 <sup>th</sup> Form / College / Vocational School)
	Year 13 (6 <sup>th</sup> Form / College / Vocational School)
	University
	Other (please specify):
	I'm not in school/college/university
	Don't know
	Refuse to answer
	neruse to unswer
EDUC_COMP_UK	UNIVERSE: United Kingdom and not in school
EDUC_COMP_OTEXT_UK	What was the last year you finished?
	Year 4 or lower
	Year 5
	Year 6
	Year 7
	Year 8
	Year 9
	Year 10
	Year 11
	Year 12 (6 <sup>th</sup> Form / College / Vocational School)
	Year 13 (6 <sup>th</sup> Form / College / Vocational School)
	University
	Other (please specify):
	Don't know
	Refuse to answer

SCHOOL GRADES	UNIVERSE: United Kingdom
ENERGY DRINK STUDY	What marks do you usually get in school?
COUNTRY SPECIFIC WORDING	0-19% (Mostly Us) 20-29% (Mostly Gs)
EDUC_GRD_UK	30-39% (Mostly Fs)
	40-49% (Mostly Es)
	50-59% (Mostly Ds)
	60-69% (Mostly Cs)
	70-79% (Mostly Bs)
	80-89% (Mostly As)
	90-100% (Mostly A*s)
	Don't know
	Refuse to answer

# PURCHASING AND SPENDING MONEY

CDENIDING MONEY	UNIVERSE II 3 IV
SPENDING MONEY	UNIVERSE: United Kingdom
Adapted from COMPASS	About how much money do you usually get <u>each week</u> to spend on yourself or to save?
	(Remember to include all money from allowances and jobs like baby-sitting, delivering papers, etc.)
COUNTRY SPECIFIC WORDING	£0 (none)
MONEY UK	£1-3
WIGNET_GR	£4-6
	£7-12
	£13-25
	£26-60
	More than £60
	Don't know
	Refuse to answer
SPEND MONEY ON FOOD –	Think about the last 7 days.
LOCATION	Did you buy food or drinks for yourself
COUNTRY SPECIFIC WORDING	
	At a corner shop or convenience shop
BUY_LOC_CONV	At a supermarket
BUY_LOC_GROC	At a fast food/take-away or sit-down restaurant
BUY_LOC_REST	At a school (including canteen, vending machine, tuckshop, etc.)
BUY_LOC_SCH	

BUY_LOC_DKR	[PROGRAMMER NOTE: Use table with yes/no for each location; single DK/R option for question]
	Yes
	No
	Don't know
	Refuse to answer

# DIET SOURCES AND PATTERNS

FOOD SOURCE - EATING OUT	Think about the last 7 days.
FREQUENCY	How many days did you have a meal (breakfast, lunch or evening meal) from restaurants, fast food or take-away places, food stands, or vending
NHANES adapted	machines?
COUNTRY SPECIFIC WORDING	Don't include meals at school.
	0 days (not at all)
EATOUT_FREQ	1 day
	2 days
	3 days
	4 days
	5 days
	6 days
	7 days (every day)
	Don't know
	Refuse to answer
BREAKFAST PATTERNS	Think about the last 7 days.
Adapted from Project-EAT	How many days did you eat breakfast?
Adapted from Project-LAT	0 days (not at all)
BKFST_FREQ	1 day
	2 days
	3 days
	4 days
	5 days
	6 days
	7 days (every day)
	Don't know
	Refuse to answer

FAMILY DINNER PATTERNS Adapted from Project-EAT COUNTRY SPECIFIC WORDING FAM_FREQ	Think about the last 7 days.  How many days did you sit down to eat an evening meal with at least one of your parents/guardians?  0 days (not at all)  1 day  2 days  3 days  4 days  5 days  6 days  7 days (every day)  Don't know
	Refuse to answer
FOOD PREP - DINNER Adapted from PROJECT EAT 2009-2010  COUNTRY SPECIFIC WORDING PREP	Think about the last 7 days.  How many days did you help make an evening meal?  O days (not at all)  1 day  2 days  3 days  4 days  5 days  6 days  7 days (every day)  Don't know  Refuse to answer
COOKING SKILLS	Can you do these things?
COUNTRY SPECIFIC WORDING  SKILL_KNIFE SKILL_MICRO SKILL_STOVE SKILL_MSR SKILL_RECIPE	Use a knife to cut or chop food Use a microwave Use a cooker or oven Measure and mix ingredients Follow a recipe to make a meal  [PROGRAMMER NOTE: show options for each task] No, not at all Yes, with a lot of help Yes, with a little help

	Yes, on my own
	Don't know
	Refuse to answer
	Therape to dribine.
BEVERAGE INTAKE – ANY CONSUMPTION	Did you drink any of these in the last 7 days?
COUNTRY SPECIFIC WORDING	Fizzy drinks like Coke, Pepsi, 7-up, Sprite, ginger beer
	Diet fizzy drinks like Diet Pepsi, Coke Zero
BFQ_1 - BFQ_14	Sports drinks like Lucozade Sport, Powerade
BFQ_DK	Energy drinks like Red Bull, Rockstar, Monster
BFQ_R	Frozen drinks like Slush Puppies, ICEEs
	Coffee or tea with sugar including drinks like lattes, mochas, frappuccinos, iced cappuccinos with sugar
	Coffee or tea with NO sugar including drinks like lattes, cappuccinos with NO sugar
	100% fruit or vegetable juice like orange juice, apple juice
	Fruit drinks like iced tea, fruit punch/cocktail, coconut water
	Flavoured waters or vitamin waters like squash, cordial, Perfectly Clear, Touch of Fruit
	Water including tap, bottled or sparkling water
	Smoothies, protein shakes or drinkable yogurt
	White milk or alternatives like unsweetened soy or almond milk. *Don't include milk in cereal.
	Chocolate or flavoured milk including hot chocolate, and alternatives like sweetened soy or almond milk
	[PROGRAMMER NOTE: Use table with yes/no for each drink type; single DK/R option for question with soft-require prompt; show each section of drinks on a separate screen with main
	question repeated at top of each screen]
	Yes
	No
	Don't know
	Refuse to answer
BEVERAGE INTAKE – AMOUNT	HOW MANY OF THESE DRINKS did you have in the last 7 days?
	For example:
COUNTRY SPECIFIC WORDING	If you had water on Monday for breakfast and Thursday for lunch, that would be 2 drinks.
BFQ 1 N - BFQ 14 N	If you had water every school day at lunch, that would be 5 drinks.
DI Q_1_N - DFQ_14_N	
	[PROGRAMMER NOTE: Only show beverages selected above; show numbers 0-20, more than 20, "Don't Know" and "Refuse to answer" in drop-down list for each]
	[dropdown] Fizzy drinks like Coke, Pepsi, 7-up, Sprite, ginger beer
	[dropdown] Diet fizzy drinks like Diet Pepsi, Coke Zero
	[dropdown] Sports drinks like Lucozade Sport, Powerade

	[dropdown] Energy drinks like Red Bull, Rockstar, Monster [dropdown] Frozen drinks like Slush Puppies, ICEEs [dropdown] Coffee or tea with sugar including drinks like lattes, mochas, frappuccinos, iced cappuccinos with sugar
	[dropdown] Coffee or tea with NO sugar including drinks like lattes, cappuccinos with NO sugar [dropdown] 100% fruit or vegetable juice like orange juice, apple juice [dropdown] Fruit drinks like iced tea, fruit punch/cocktail, coconut water [dropdown] Flavoured waters or vitamin waters like squash, cordial, Perfectly Clear, Touch of Fruit [dropdown] Water including tap, bottled or sparkling water [dropdown] Smoothies, protein shakes or drinkable yogurt [dropdown] White milk or alternatives like unsweetened soy or almond milk. *Don't include milk in cereal.
	[dropdown] Chocolate or flavoured milk including hot chocolate, and alternatives like sweetened soy or almond milk
BEVERAGE INTAKE – DIET DRINKS	UNIVERSE: Respondents age 14-17 [PROGRAMMER NOTE: Show each drink on separate screen; show numbers 0-20 drinks, more than 20 drinks, "Don't Know" and "Refuse to answer" in drop-down list for each]
COUNTRY SPECIFIC WORDING	UNIVERSE: Selected sports drink in last 7 days, and had 1-20 or more times (BFQ_3_N ≠0, DK or R)  You told us you had [#] sports drinks in the last 7 days.
BFQ_3_N_DIET	How many of those were diet, low-calorie or no-calorie like Lucozade Sport Low Cal or Powerade Zero?  [dropdown]
BFQ_4_N_DIET	UNIVERSE: Selected energy drink in last 7 days, and had 1-20 or more times (BFQ_4_N ≠0, DK or R)  You told us you had [#] energy drinks in the last 7 days.  How many of those were diet, low-calorie or no-calorie like Red Bull Sugarfree?  [dropdown]
BFQ_9_N_DIET	UNIVERSE: Selected fruit drink in last 7 days, and had 1-20 or more times (BFQ_9_N ≠0, DK or R)  You told us you had [#] fruit drinks in the last 7 days.  How many of those were diet, low-calorie or no-calorie like unsweetened iced tea?  [dropdown]
BFQ_10_N_DIET	UNIVERSE: Selected flavoured water drink in last 7 days, and had 1-20 or more times (BFQ_10_N ≠0, DK or R) You told us you had [#] flavoured waters or vitamin waters in the last 7 days. How many of those were diet, low-calorie or no-calorie like no-added-sugar squash or Perfectly Clear? [dropdown]

DIET INDICATORS	[PROGRAMMER NOTE: Record date and time, converted to country time zone]
	You just told us about the last 7 days. Now think about yesterday.
COUNTRY SPECIFIC WORDING	Did you have any of the following <u>yesterday</u> ?
	Sugary drinks
EAT_SD	Fast food / take-away from a restaurant
EAT_FF	Sugary cereals
EAT_CEREAL EAT_SNACK	Snacks like crackers, crisps or cereal bars
EAT_DESSERT	Desserts or treats like biscuits, ice cream or sweets
EAT_FV	Desset is of treats like bisealts, fee cream or sweets
EAT_DKR	[PROGRAMMER NOTE: Use table with yes/no for each food; single DK/R option for question]
	Yes
	No No
	Don't know
	Refuse to answer
	Netuse to answer
FRUIT INTAKE	How many times did you eat fruit yesterday?
	Please include fresh, frozen, dried or canned fruit.
FRUIT_FREQ	Don't include fruit juice.
	0 times
	1 time
	2 times
	3 times
	4 times
	5 times
	6 times
	7 times
	8 times
	9 times
	10 or more times
	Don't know
	Refuse to answer
	neruse to answer
VEGETABLE INTAKE	How many times did you eat vegetables yesterday?
	Don't include chips, fried potatoes, or crisps.
COUNTRY SPECIFIC WORDING	
V50 5050	0 times
VEG_FREQ	1 time
L	

2 times
3 times
4 times
5 times
6 times
7 times
8 times
9 times
10 or more times
Don't know
Refuse to answer

# SCHOOL NUTRITION ENVIRONMENT

SCHOOL FOOD LOCATIONS AND	UNIVERSE: Students currently in Year 13 or less, or other (i.e., no post-secondary students; no respondents not currently in school)
PROGRAMS	Does your school have
	A school canteen where you can buy lunch
COUNTRY SPECIFIC WORDING	Vending machines where you can buy food or drinks
SCH PRG CAF	A tuckshop where you can buy food or drinks
SCH_PRG_CAP	A free breakfast program
SCH_PRG_TUCK	A free lunch program
SCH_PRG_BKFST	
SCH_PRG_LUNCH	[PROGRAMMER NOTE: Use table with yes/no/DK for each location/program and R as a separate checkbox below]
	Yes
	No
	Don't know
	Refuse to answer
SCHOOL BREAKFAST PROGRAM	UNIVERSE: Students who have a breakfast program at school
PARTICIPATION	Do you get food from the breakfast program at your school?
	Yes
SCH_BKFST_USE	No
	Don't know
	Refuse to answer

SCHOOL LUNCH PROGRAM	UNIVERSE: Students who have a lunch program at school
PARTICIPATION	Do you get food from the lunch program at your school?
	Yes
SCH_LUNCH_USE	No
	Don't know
	Refuse to answer
SCHOOL FOOD AVAILABILITY	UNIVERSE: Students currently in Year 13 or less, or other (i.e., no post-secondary students; no respondents not currently in school)
OCH NITRY ORFOLE OF MORRING	On a normal school day, can you <u>buy</u> these foods at your school?
COUNTRY SPECIFIC WORDING	Sugary drinks
SCH AVAIL SD	Fast food / take-away
SCH_AVAIL_FF	Sugary cereals
SCH_AVAIL_CEREAL	Fruit or vegetables
SCH_AVAIL_FV	Snacks like crackers, crisps or cereal bars
SCH_AVAIL_SNACK SCH AVAIL DESSERT	Desserts or treats like biscuits, ice cream or sweets
SON_AVAIL_DESSERI	
	[PROGRAMMER NOTE: Use table format]
	Yes / No / Don't Know / Refuse to answer
SCHOOL LUNCH – FOOD	UNIVERSE: Students currently in Year 13 or less, or other (i.e., no post-secondary students; no respondents not currently in school)
	Think about the last time that you ate lunch on a school day.
COUNTRY SPECIFIC WORDING	Did you have
CCU FAT CD	Sugary drinks
SCH_EAT_SD SCH_EAT_FF	Fast food / take-away
SCH_EAT_CEREAL	Sugary cereals
SCH_EAT_FV	Fruit or vegetables
SCH_EAT_SNACK	Snacks like crackers, crisps or cereal bars
SCH_EAT_DESSERT	Desserts or treats like biscuits, ice cream or sweets
	[PROGRAMMER NOTE: Use table format]
	Yes / No / Don't Know / Refuse to answer

# **FOOD SECURITY**

#### FOOD SECURITY FOR CHILDREN

Fram MF, Frongillo EA, Draper CL, Fishbein EM. Development and validation of a child-report assessment of child food insecurity and comparison to parent-report assessment. J Hunger Environ Nutr 8:128–145, 2013.

SECURE1 - SECURE10

### In the last 12 months.....

- 1. Did you worry that food at home would run out before your family was able to get more?
- 2. Did you worry about how hard it is for your parents/guardians to get enough food for your family?
- 3. Were you not able to get the food you wanted because there wasn't enough money?
- 4. Has the size of your meal been cut because your family didn't have enough food?
- 5. Were you hungry but didn't eat because your family didn't have enough food?
- 6. Did you skip a meal because your family didn't have enough food?
- 7. Did you feel tired or weak because your family didn't have enough food to eat?
- 8. Did you feel embarrassed or ashamed because your family didn't have enough food?
- 9. Did you feel sad or mad because your family didn't have enough food?
- 10. Did you feel embarrassed or ashamed about any of the things you or your family had to do to get enough food?

[PROGRAMMER NOTE: Show 1-3 on screen 1, 4-6 on screen 2, and 7-10 on screen 3] Many times / 1 or 2 times / Never / Don't know / Refuse to answer

# **DIET INTENTIONS**

VEGETARIANISM	A vegetarian is someone who rarely or never eats meat.
Project EAT 2009-2010	Are you a vegetarian?
VGTRN	Yes
	No
	Don't know [valid response]
	Refuse to answer

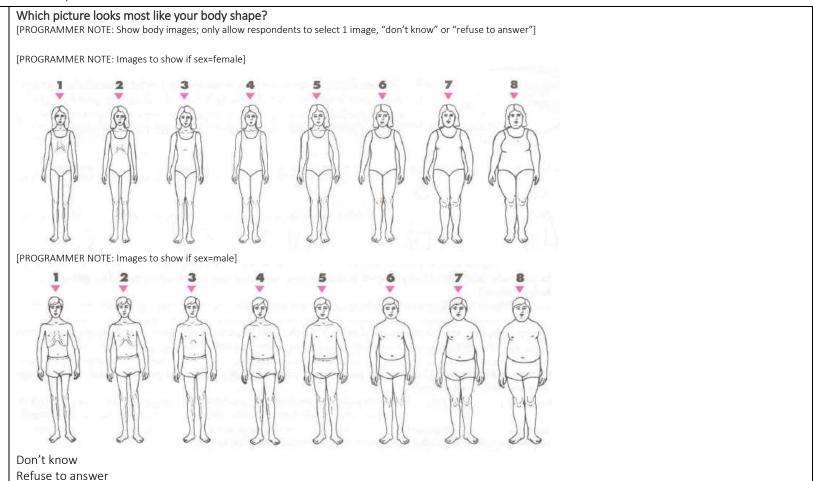
DIET MODIFICATION EFFORTS	UNIVERSE: Respondents age 14-17
	Do you make a special effort to
EFFORT_ORGANIC	
EFFORT_LOCAL	Eat vegetables and fruits
EFFORT_PKG	Drink lots of water
EFFORT_FV EFFORT WATER	Eat protein
EFFORT_PROTEIN	Eat whole grains
EFFORT_GRAIN	Luc whole gruins
EFFORT_SUGAR	Eat less sugar or drink fewer sugary drinks
EFFORT_SWTNR	Eat less low-calorie sweeteners
EFFORT_CAL EFFORT_PROCESS	
EFFORT_SALT	Eat less calories
EFFORT_MEAT	Eat less processed foods
_	Eat less salt
	Eat less meat [PROGRAMMER NOTE: Skip if vegetarian]
	Eat organic foods
	Eat local foods (food grown in your area)
	Buy foods with less packaging
	[PROGRAMMER NOTE: Use table format; show on 3 separate screens]
	Yes / No / Don't know / Refuse to answer

# WEIGHT PERCEPTIONS / LOSS

# BODY SIZE PERCEPTIONS

Adapted from GUTS

WT\_BODY\_F WT\_BODY\_F\_DKR WT\_BODY\_M WT\_BODY\_M\_DKR



## BODY SIZE IDEAL

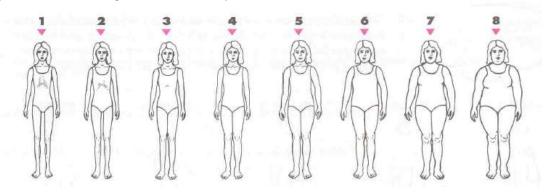
Adapted from GUTS

WT\_IDEAL\_F WT\_IDEAL\_F\_DKR WT\_IDEAL\_M WT\_IDEAL\_M\_DKR

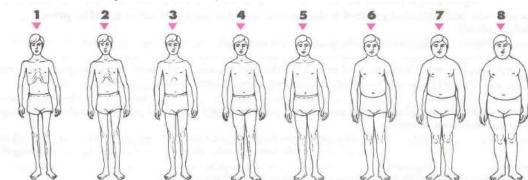
# Which picture looks most like how you WANT YOUR BODY TO LOOK?

[PROGRAMMER NOTE: Show body images; only allow respondents to select 1 image, "don't know" or "refuse to answer"]

[PROGRAMMER NOTE: Images to show if sex=female]



[PROGRAMMER NOTE: Images to show if sex=male]



Don't know Refuse to answer

WEIGHT LOSS EFFORTS	Which of the following are you trying to do about your weight?
	Nothing
From NHANES, GUTS, Project- EAT and others	Stay the same weight
LAT and others	Gain weight
WT_TRY	Lose weight
	Don't know
	Refuse to answer
WEIGHT LOSS DIET	Have you been on a diet to lose weight in the past 12 months?
WE DIET	Yes
WT_DIET	No
	Don't know
	Refuse to answer
WEIGHT TEASE	Do you get teased or made fun of because of your weight?
Adapted from Project EAT	All the time
2003-2004 (B&W)	A lot
	Sometimes
WT_TEASE	Rarely
	Never
	Don't know
	Refuse to answer

# SUGARY DRINK PERCEPTIONS

BEVERAGE BRAND RECALL	An example of a brand of sweets is: Skittles
COUNTRY SPECIFIC WORDING	An example of a crisp brand is: Pringles
BEV_BR1- BEV_BR5 BEV_BR_DKR	Please name up to 5 drink brands: Brand 1: [open-text] Brand 2: [open-text] Brand 3: [open-text] Brand 4: [open-text] Brand 5: [open-text] Rrand 5: [open-text] Rrand 5: [open-text]

# SOFT DRINK PERCEIVED HEALTHINESS

[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question]. Is this type of drink unhealthy or healthy?

Adapted from Adult survey (reduced from 7 to 5 points)

## COUNTRY SPECIFIC IMAGE

SSB\_HLTH\_POP



Very unhealthy
Unhealthy
In the middle
Healthy
Very healthy
Don't know
Refuse to answer

## SOFT DRINK ESTIMATED SUGAR AMOUNT

# COUNTRY SPECIFIC IMAGE

SSB\_SUGAR\_POP

# How much sugar is in this drink?



None
A little
A medium amount
Quite a bit
A lot
Don't know

Refuse to answer

SSB PERCEPTIONS - CONDITION [PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following 2 questions with the same beverage image on screen for each question.] Diet fizzy drink (Diet Coke) **COUNTRY SPECIFIC IMAGES** 100% juice (Orange juice) Energy drink (Red Bull) SSB\_CONDITION Water Sports drink (Gatorade) Chocolate milk Iced tea Unflavoured milk [PROGRAMMER NOTE: Show country-specific images] Drange 355 mL 250 mL 355 mL 355 mL 355 mL 500 mL 500 mL SSB PERCEIVED HEALTHINESS [PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question]. Adapted from Adult survey Is this type of drink unhealthy or healthy? (reduced from 7 to 5 points) [show image] Very unhealthy COUNTRY SPECIFIC IMAGE Unhealthy SSB\_HLTH\_[TYPE] In the middle Healthy Very healthy Don't know Refuse to answer

SSB ESTIMATED SUGAR	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].	
AMOUNT	How much sugar is in this drink?	
	[show image]	
COUNTRY SPECIFIC IMAGE	None	
	A little	
SSB_SUGAR_[TYPE]	A medium amount	
	Quite a bit	
	A lot	
	Don't know	
	Refuse to answer	
SSB CONSUMPTION	Think about how many sugary drinks you normally have in a week.	
SSB_SELF		
	Is the amount you drink	
	Very unhealthy	
	Unhealthy	
	In the middle	
	Healthy	
	Very healthy	
	Don't know	
	Refuse to answer	
SUGAR TAX	Do sugary drinks (like Coke) cost more than drinks without sugar (like Diet Coke)?	
DRINKS_COST	No - they cost the same	
DMMXS_COST	Sugary drinks cost a little more	
	Sugary drinks cost a lot more	
	Don't know	
	Refuse to answer	
OVERALL DIET	Overall, how unhealthy or healthy is the food you usually eat?	
	Very unhealthy	
DIET	Unhealthy	
	In the middle	
	Healthy	
	Very healthy	
	Don't know	
	Refuse to answer	

SELF-REPORTED NUTRITION	[PROGRAMMER NOTE: Show scale vertically on mobile browsers].				
KNOWLEDGE	How much do you know about healthy eating and nutrition?  Please answer on a scale from 0 to 10, where 0 = Nothing, and 10 = A lot.				
NUT_KNOW NUT_KNOW_DKR NUT_KNOW_VERT	0 1 2 3 4 5 6 7 8 9 10  Nothing A lot				
	Don't know Refuse to answer				
FOOD PROCESSING KNOWLEDGE	[PROGRAMMER NOTE: Randomize order of 3 food products, and record order of randomization. Prevent respondents from using back button to return to previous question. Show scale vertically on mobile browsers.]				
COUNTRY SPECIFIC IMAGE	Overall, how healthy is this food?  Please answer on a scale from 0 to 10, where 0 = Not at all healthy, and 10 = Extremely healthy.				
HLTH13	[Show one image with NFT per screen]  0 1 2 3 4 5 6 7 8 9 10				
	Not at all healthy Extremely healthy				
	Don't know Refuse to answer				
	Number of the property of the				
WARNING LABELS	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question]. [PROGRAMMER NOTE: Randomly assign to 1 of 6 label conditions below]				
COUNTRY SPECIFIC IMAGE	Control (no label) Health star rating				
WARN_CONTROL WARN_STAR WARN_OCT WARN_GDA WARN_TRAFFIC WARN_NUTRI	Octagon warning Guideline Daily Amount (GDA) Traffic light Nutri-score				
_					



In your opinion, is this product
Very unhealthy
Unhealthy
In the middle
Healthy
Very healthy
Don't know
Refuse to answer

# MASS MEDIA CAMPAIGNS AND MESSAGING

SCHOOL EDUCATON	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].	
	In the past 12 months, have you learned about healthy eating in school?	
SCH_ED	Yes	
	No	
	Don't know	
	Refuse to answer	
FOOD GUIDE – AWARENESS	UNIVERSE: Respondents from Canada, Australia, UK, USA, Mexico with tailored question in each country (skip in Chile)	
	Have you ever heard of the Eatwell Plate or Eatwell Guide?	
COUNTRY SPECIFIC WORDING	Yes	
	No	
FG_AWARE	Don't know	
	Refuse to answer	
FOOD GUIDE – SCHOOL	UNIVERSE: Respondents who have heard of food guide	
COUNTRY SPECIFIC WORDING	Have you ever learned about the Eatwell Plate or Eatwell Guide in school?	
COUNTRY SPECIFIC WORDING	Yes	
FG SCH	No	
7-0_3677	Don't know	
	Refuse to answer	
FOOD GUIDE – MESSAGES	UNIVERSE: Respondents who have heard of food guide; respondents from Canada, Australia, UK, USA (skip in Mexico and Chile)	
COLINITRY CRECIFIC WORDING	The Eatwell Plate and Eatwell Guide have information about healthy eating.	
COUNTRY SPECIFIC WORDING		
FG MSG1 – FG MSG5	Please write as many main points from the Eatwell Plate or Eatwell Guide as you can remember.	
FG MSG DKR	[5 open text boxes]	
	I don't remember the main point(s)	
	Refuse to answer	

# **FOOD LABELLING**

#### LABEL AWARENESS

UNIVERSE: Australia, United Kingdom, Mexico, Chile

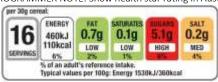
#### **COUNTRY SPECIFIC IMAGE**

LABEL\_AWARE\_UK

We would now like to ask you some questions about food labels on products.

## Have you seen this type of food label on packages or in stores?

[PROGRAMMER NOTE: Show health star rating in Australia, traffic light warning in United Kingdom, Guideline Daily Amount in Mexico, octagon warning in Chile]



Never

Rarely

Sometimes

Often

All the time

Don't know

Refuse to answer

## LABEL USE

FROM 2014 FDA HEALTH AND DIET SURVEY

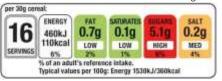
#### **COUNTRY SPECIFIC IMAGE**

LABEL\_USE\_UK

UNIVERSE: Australia, United Kingdom, Mexico, Chile; and label awareness= 'rarely', 'sometimes', 'often', or 'all the time'

## Do you use this type of food label when deciding what to eat or buy?

[PROGRAMMER NOTE: Show health star rating in Australia, traffic light warning in United Kingdom, Guideline Daily Amount in Mexico, octagon warning in Chile]



Never

Rarely

Sometimes

Often

All the time

Don't know

Refuse to answer

#### LABEL UNDERSTANDING

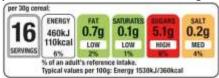
UNIVERSE: Australia, United Kingdom, Mexico, Chile

#### **COUNTRY SPECIFIC IMAGE**

LABEL UNDERSTAND UK

# Do you find this information...

[PROGRAMMER NOTE: Show health star rating in Australia, traffic light warning in United Kingdom, Guideline Daily Amount in Mexico, octagon warning in Chile]



Very hard to understand

Hard to understand

In the middle

Easy to understand

Very easy to understand

Don't know

Refuse to answer

#### NFT AWARENESS

#### **COUNTRY SPECIFIC IMAGE**

NFT\_AWARE\_UK

# Have you seen this type of food label on packages or in stores?

[PROGRAMMER NOTE: Show country-specific Nutrition Facts table in each country]

Nutrition		
Typical Values	Per 100 g	Per 4 grackers
Storgy	1,710 (4)	397 (J
	410 cm	\$5 cal
fet.	9.4 g	2.70
of which salurates	1.10	0.3 g
Carbohydrate	62.3 g	145 g
of Witch augusts	14.5 g.	0.4 a
Filtino	12.0 g	280
Protein	12.2 p	289
Salt	1.3 p	9.30
Reference intake of (3400 kJ/2000 seet)		edutt

Never

Rarely

Sometimes

Often

All the time

Don't know

Refuse to answer

#### NFT USE

FROM 2014 FDA HEALTH AND DIET SURVEY

### COUNTRY SPECIFIC IMAGE

NFT\_USE\_UK

UNIVERSE: nft\_aware\_UK= 'rarely', 'sometimes', 'often', or 'all the time'

## Do you use this type of food label when deciding what to eat or buy?

[PROGRAMMER NOTE: Show country-specific Nutrition Facts table in each country]

Nutrition Typical Values	Per 100 p	Per 4 grackers
Storgy	1,710 (4)	397 kJ
	410 cm	95 ca
fet:	9.4 m	220
of which salurates	1.10	0.3 g
Cartohydrate	62.3 g	1456
of which augusts	14.5 g.	0.40
Filtre	12.0 g	280
Protein	12.2 p	2.5 g
Satt	1.3 p	9.30

Never

Rarely

Sometimes

Often

All the time

Don't know

Refuse to answer

## NFT UNDERSTANDING

### COUNTRY SPECIFIC IMAGE

NFT\_UNDERSTAND\_UK

## Do you find this information...

[PROGRAMMER NOTE: Show country-specific Nutrition Facts table in each country]

Nutrition Typical Values	Per 100 g	Per 4 grackers
Storgy	1,710 (4)	397 kJ
	410 cm	\$5 cal
fet.	9.4 g	220
of which salurates	1.10	0.3 g
Carbohydrate	62.3 g	145 g
of Which augusts	14.5 g.	0.4 0
Filtre	12.0 g	280
Protein	12.2 p	25 g
Salt	1.3 p	9.3g
Reference intake of (0400 kJ/2000 scal)	an average	edutt

Very hard to understand Hard to understand

In the middle

Easy to understand

Very easy to understand

Don't know

## **ENCOURAGEMENT 2**

### **ENCOURAGEMENT 2 - KITTEN**

You're doing great with the survey – keep going!

Click 'next' to continue.



Hang in there!

# **MARKETING**

### MEDIA CHANNELS – TIME -WEEKDAY

MEDIA\_WD\_YTB MEDIA\_WD\_SOC MEDIA\_WD\_SHOW MEDIA\_WD\_GAME MEDIA\_WD\_WEB

# On a <u>normal weekday</u>, how much time do you spend:

Watching YouTube

On social media (including messaging, posting, or liking posts)

Watching TV shows, series, or movies

Playing games on smartphones, computers, or game consoles

Browsing, reading websites, Googling, etc.

[PROGRAMMER NOTE: Show options for each as radio buttons]

0 hours (none)

Up to 15 minutes

Up to 30 minutes

Up to 1 hour

Up to 2 hours

Up to 3 hours

Up to 4 hours

op to 4 hours

More than 4 hours

Don't know

MEDIA CHANNELS – TIME - WEEKEND  MEDIA_WE_YTB MEDIA_WE_SOC MEDIA_WE_SHOW MEDIA_WE_GAME MEDIA_WE_GAME	On a normal WEEKEND day, how much time do you spend: Watching YouTube On social media (including messaging, posting, or liking posts) Watching TV shows, series, or movies Playing games on smartphones, computers, or game consoles Browsing, reading websites, Googling, etc.  [PROGRAMMER NOTE: Show options for each as radio buttons] O hours (none) Up to 15 minutes Up to 30 minutes Up to 1 hour Up to 2 hours Up to 3 hours Up to 4 hours More than 4 hours Don't know Refuse to answer
MEDIA CHANNELS – SOCIAL MEDIA  MEDIA_SOC_FB MEDIA_SOC_IG MEDIA_SOC_TIK MEDIA_SOC_TWT MEDIA_SOC_SC MEDIA_SOC_NONE MEDIA_SOC_DK MEDIA_SOC_R	Do you use?  Select all that apply.  Facebook Instagram TikTok Twitter Snapchat None of the above Don't know Refuse to answer
EXPOSURE TO UNHEALTHY FOOD MARKETING – LOCATION  COUNTRY SPECIFIC WORDING  MKTG_LOC_SHOW MKTG_LOC_ONLINE MKTG_LOC_GAME MKTG_LOC_STORE MKTG_LOC_RADIO	Think about the last 30 days.  Have you seen or heard advertisements for 'unhealthy' foods or drinks in any of these places?  Unhealthy food and drinks include processed foods high in sugar, salt, or saturated fat, such as fizzy drinks, fast food / take-away, crisps, sugary cereals, biscuits and chocolate bars.  Select all that apply.

MKTG LOC MAG	TV shows, series or movies
MKTG_LOC_SIGN	
MKTG_LOC_TRANS	Website or social media
MKTG_LOC_MOV	Video or computer games
MKTG_LOC_SCH	Shops (such as posters, special displays)
MKTG_LOC_REC MKTG_LOC_EVENT	Radio
MKTG_LOC_SAMP	Magazine or newspaper
MKTG_LOC_OTHER	Billboard
MKTG_LOC_OTEXT	Buses, bus stops and other public transport
MKTG_LOC_NONE	Cinemas
MKTG_LOC_DK MKTG_LOC_R	School
WKIG_LOC_K	Recreation or community centre
	Sports event, concert or community event
	Contests, free samples or coupons
	Other (please specify): [open-ended]
	I haven't seen any adverts for unhealthy food in the last 30 days
	Don't know
	Refuse to answer
EXPOSURE TO UNHEALTHY	In the last 30 days, how often did you see or hear advertisements for these kinds of food or drinks?
FOOD MARKETING -	· · · — · ·
FREQUENCY	Adverts for sugary drinks
COUNTRY SPECIFIC WORDING	Adverts for fast food / take-away from a restaurant
	Adverts for sugary cereals
MKTG_FREQ_SD	Adverts for fruit or vegetables
MKTG_FREQ_FF	Adverts for snacks like crackers, crisps or cereal bars
MKTG_FREQ_CEREAL MKTG_FREQ_SNACK	Adverts for desserts or treats like biscuits, ice cream or sweets
MKTG_FREQ_DESSERT	Adversa for deader to deader like bisedits, fee cream or sweets
MKTG_FREQ_FV	[Show options for each as radio buttons]
	Never
	Less than once a week
	Once a week
	A few times a week
	Every day
	More than once a day
	Don't know
	Refuse to answer

EXPOSURE TO MARKETING STRATEGIES	In the last 30 days, have you seen unhealthy food or drinks advertised with any of the following?
MKTG SPORT	Sports teams or athletes
MKTG_SFORT  MKTG_MOVIE	Cartoons or characters from movies or TV (e.g., Superheroes, Disney)
MKTG_COMP	Cartoons or characters made by food companies (e.g., Tony the Tiger, Ronald McDonald)
MKTG_CELEB MKTG_DKR	Famous people
	[PROGRAMMER NOTE: Use table with yes/no for each personality; single DK/R option for question]
	Yes
	No
	Don't know
	Refuse to answer
OWN - PRODUCTS	Think about the clothing, posters, stickers, or other things you have.
COUNTRY SPECIFIC WORDING	Do any of them show a <u>name or logo</u> of <u>unhealthy</u> food or drink companies?
MKTG_PRODUCT	
	[PROGRAMMER NOTE: show note in grey font]
	Remember: Unhealthy food and drinks include processed foods high in sugar, salt, or saturated fat, such as fizzy drinks, fast food / take-away,
	crisps, sugary cereals, biscuits and chocolate bars.
	Yes
	No No
	Don't know
	Refuse to answer
	Therase to unswer
OWN - TOY	Do you have 'Happy Meal' toys or other toys from fast-food restaurants?
	Yes
MKTG_TOY	No No
	Don't know
	Refuse to answer

### BEVERAGE BRAND ADS

### **COUNTRY SPECIFIC JUICE**

BEV\_AD\_COKE BEV\_AD\_BULL BEV\_AD\_JUICE [PROGRAMMER NOTE: Ask for each brand image one at a time; randomize order of screens]

Have you seen any advertisements for this drink brand in the last 30 days? [Show image]

## [Coke]



## [Red Bull]



Red Bull [Country-specific 100% Juice]



Yes

No

Don't know

#### BEVERAGE BRAND AD UNIVERSE: Respondents who saw ad for at least one beverage brand in past 30 days LOCATION [PROGRAMMER NOTE: Randomize to ask question for one of the brands for which the respondent saw an ad (Coca-Cola, Red Bull or Juice)] Where did you see advertisements for this brand? **COUNTRY SPECIFIC WORDING** [Show selected image] BEV [TYPE] LOC SHOW Select all that apply. BEV [TYPE] LOC ONLINE BEV [TYPE] LOC GAME BEV\_[TYPE]\_LOC\_STORE TV shows, series or movies BEV [TYPE] LOC RADIO Website or social media BEV [TYPE] LOC MAG Video or computer games BEV [TYPE] LOC SIGN Shops (such as posters, special displays) BEV [TYPE] LOC TRANS BEV [TYPE] LOC MOV Radio BEV [TYPE] LOC SCH Magazine or newspaper BEV [TYPE] LOC REC Billboard BEV [TYPE] LOC EVENT Buses, bus stops and other public transport BEV [TYPE] LOC SAMP BEV\_[TYPE]\_LOC\_OTHER Cinemas BEV [TYPE] LOC OTEXT School BEV [TYPE] LOC NONE Recreation or community centre BEV\_[TYPE]\_LOC\_DK BEV\_[TYPE]\_LOC\_R Sports event, concert or community event Contests, free samples or coupons Other (please specify): [open-ended] I haven't seen any adverts for this brand in the last 30 days Don't know Refuse to answer BEVERAGE SPORTS [PROGRAMMING NOTE: Randomize to show image for one of three beverage brands (Coca-Cola, Red Bull or Juice); may differ from above] **ADVERTISING** [PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question]. Have you seen this brand advertised by a sports team or athlete in the last 12 months? BEV SPORT COKE [Show randomly selected brand image] BEV SPORT BULL Yes BEV SPORT JUICE No Don't know Refuse to answer

BEVERAGE CELEBRITY	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].
ADVERTISING	Can you think of anyone famous who advertises this brand?
BEV_CELEB_COKE BEV_CELEB_BULL BEV_CELEB_JUICE	[Show same brand image as above] Yes No Don't know Refuse to answer
BEVERAGE TARGET AUDIENCE	Are <u>advertisements</u> for this brand usually aimed at
BEV_[TYPE]_AIM_CH BEV_[TYPE]_AIM_TN BEV_[TYPE]_AIM_AD BEV_[TYPE]_AIM_DKR	[Show same brand image as above] [PROGRAMMER NOTE: Use table with yes/no for each group] Kids 12 and under Teenagers aged 13 to 17 Adults  I've never seen an advertisement for this brand Don't know Refuse to answer
BEVERAGE PREFERENCE	How much would you like to have this drink?
BEV_PREF_COKE BEV_PREF_COKE_DKR BEV_PREF_BULL BEV_PREF_BULL_DKR BEV_PREF_JUICE BEV_PREF_JUICE_DKR	[Show same brand image as above]  Don't know Refuse to answer

# RESTAURANT BRAND ASSOCIATIONS

REST\_AD\_MCD REST\_AD\_SUB REST\_AD\_KFC  $[PROGRAMMER\ NOTE: Prevent\ respondents\ from\ using\ back\ button\ to\ return\ to\ previous\ question].$ 

[PROGRAMMER NOTE: Ask for each brand image one at a time; randomize order of screens]

Have you seen an advertisement for this restaurant in the last 30 days?

[Show image]
[McDonald's]



[Subway]



[KFC]



Yes

No

Don't know

RESTAURANT BRAND AD LOCATION	UNIVERSE: Respondents who saw ad for at least one restaurant brand in past 30 days [PROGRAMMER NOTE: Randomize to ask question for one of the brands for which the respondent saw an ad (McDonalds, Subway or KFC)]
	Where did you see advertisements for this restaurant?
COUNTRY SPECIFIC WORDING	[Show image]
REST_[TYPE]_LOC_SHOW REST_[TYPE]_LOC_ONLINE REST_[TYPE]_LOC_GAME REST_[TYPE]_LOC_STORE REST_[TYPE]_LOC_RADIO REST_[TYPE]_LOC_MAG REST_[TYPE]_LOC_SIGN REST_[TYPE]_LOC_MOV REST_[TYPE]_LOC_MOV REST_[TYPE]_LOC_SCH REST_[TYPE]_LOC_EVENT REST_[TYPE]_LOC_EVENT REST_[TYPE]_LOC_OTHER REST_[TYPE]_LOC_OTHER REST_[TYPE]_LOC_OTHER REST_[TYPE]_LOC_OTEXT REST_[TYPE]_LOC_DONE REST_[TYPE]_LOC_DONE REST_[TYPE]_LOC_DC_R	Select all that apply.  TV shows, series or movies Video or computer games Website or social media Shops (such as posters, special displays) Radio Magazine or newspaper Billboard Buses, bus stops and other public transport Cinemas School Recreation or community centre Sports event, concert or community event Contests, free samples or coupons Other (please specify): [open-ended] I haven't seen any adverts for this restaurant in the last 30 days Don't know Refuse to answer
RESTAURANT SPORTS ADVERTISING  REST_SPORT_MCD	[PROGRAMMING NOTE: Randomize to show image for one of three restaurant brands (McDonalds, Subway or KFC); may differ from above] [PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].  Have you seen this restaurant advertised by a sports team or athlete in the last 12 months?  [Show randomly selected brand image]
REST_SPORT_SUB	Yes
REST_SPORT_KFC	No
	No Don't know
	Refuse to answer

RESTAURANT CELEBRITY	[PROGRAMMER NOTE: Prevent respondents from using back button to return to previous question].
ADVERTISING	Can you think of anyone famous who advertises this restaurant?
	[Show same brand image as above]
REST_CELEB_MCD	Yes
REST_CELEB_SUB REST_CELEB_KFC	No
RESI_CELEB_RFC	Don't know
	Refuse to answer
	Heruse to unswer
RESTAURANT TARGET	Are <u>advertisements</u> for this restaurant usually aimed at
AUDIENCE	[Show same brand image as above]
	[PROGRAMMER NOTE: Use table with yes/no for each group]
REST_[TYPE]_AIM_CH	Kids 12 and under
REST_[TYPE]_AIM_TN	Teenagers aged 13 to 17
REST_[TYPE]_AIM_AD	Adults
	Addits
	I've never seen an advertisement for this restaurant
	Don't know
	Refuse to answer
	Keruse to answer
RESTAURANT PREFERENCE	How much would you like to go to this restaurant?
	[Show same brand image as above]
REST_PREF_MCD	[Show sume brand image as above]
REST_PREF_SUB	
REST_PREF_KFC	
	Don't know
	Refuse to answer
SPORTS PARTICIPATION	Do you play on a sports team?
	Yes
SPORT_PLAY	No
	Don't know
	Refuse to answer

TEAM SPONSORSHIP -	UNIVERSE: Respondents who play on a sports team
EQUIPMENT	Are there any names or logos of food or restaurant companies on your sports equipment (like uniforms or water bottles)?
	Yes
SPORT_EQUIP	No
	Does not apply to me [valid answer]
	Don't know
	Refuse to answer
TEAM SPONSORSHIP – SIGNS	UNIVERSE: Respondents who play on a sports team
	Are there any <u>names or logos</u> of <u>food or restaurant companies</u> on signs or banners at your sports practices, games, tournaments or competitions?
SPORT_SIGN	Yes
	No
	Does not apply to me [valid answer]
	Don't know
	Refuse to answer

# **ENCOURAGEMENT 3**



# DATA QUALITY CHECK 1

DATA QUALITY CHECK - FRUIT	Which of these foods is a <u>fruit</u> ?
DO FRUIT	Bread
DQ_FRUIT	Carrot
	Egg
	Apple
	Milk
	Don't know
	Refuse to answer

# OTHER BEHAVIOURAL/DEMOGRAPHIC CHARACTERISTICS

DRUG USE	UNIVERSE: Age 16-17
	Have you <u>ever</u> used any of the following?
CSTADS modified	Select all that apply.
USE_CIG USE_ECIG	Tobacco cigarettes
USE_MJ	E-cigarettes / vaped nicotine
USE_ALC	Marijuana / cannabis
USE_NONE USE_DK	Alcohol
USE_R	I have never used any of the above
	Don't know
	Refuse to answer
PERCEIVED INCOME ADEQUACY	Does your family have enough money to pay for things your family needs?
INC_ADEQ	Not enough money
INC_ADEQ	Barely enough money
	Enough money
	More than enough money
	Don't know
	Refuse to answer

ETHNICITY – UK	UNIVERSE: United Kingdom
COLUNTRY OR CUEIC WORDING	Which of the following best describes your ethnic or racial background?
COUNTRY SPECIFIC WORDING	WHITE
570.000.000	English / Welsh / Scottish / Northern Irish / British
ETH_UK_WHITE ETH_UK_WHITE_OTEXT	Irish
ETH_UK_MIXED	Gypsy or Irish Traveller
ETH_UK_MIXED_OTEXT	Any other White background (please specify):
ETH UK ASIAN	Any other writte background (please specify).
ETH_UK_ASIAN_OTEXT	AANVED AAAULTIDI E ETUNUO ODOLIDO
ETH_UK_BLACK	MIXED / MULTIPLE ETHNIC GROUPS
ETH_UK_BLACK_OTEXT	White and Black Caribbean
ETH_UK_OTHER	White and Black African
ETH_UK_OTHER_OTEXT	White and Asian
	Any other Mixed / Multiple ethnic background (please specify):
	ASIAN / ASIAN BRITISH
	Indian
	Pakistani
	Bangladeshi
	Chinese
	Any other Asian background (please specify):
	BLACK / AFRICAN / CARIBBEAN / BLACK BRITISH
	African
	Caribbean
	Any other Black / African / Caribbean background (please specify):
	, , , , , , , , , , , , , , , , , , ,
	OTHER ETHNIC GROUP
	Arab
	Any other ethnic group (please specify):
	Don't know
	Refuse to answer
BIRTH LOCATION	Were you born in the United Kingdom?
	Yes
COUNTRY SPECIFIC WORDING	No No
	Don't know
BIRTH_UK	
	Refuse to answer

SELF-REPORTED HEIGHT	How tall are you without shoes?
LIT LINUT	Would you rather answer in:
HT_UNIT HT_CM	Feet and inches
HT_FT	Centimetres
HT_IN	Don't know
	Refuse to answer
	[PROGRAMMER NOTE: show based on response to above]
	UNIVERSE: ht_unit=feet and inches
	Enter feet: ft [numeric, 2-7]
	AND
	Enter inches: in [numeric, 0-11]
	UNIVERSE: ht_unit= centimetres
	Enter centimetres: cm [numeric, 60-250]
SELF-REPORTED HEIGHT	UNIVERSE: ht_unit=feet and inches
CONFIRMATION	You entered [X] feet and [X] inches. Is that right?
HT FTIN CONF	Yes
HT_CM_CONF	No – I need to fix my answer
	Don't know
	Refuse to answer
	UNIVERSE: ht_unit= centimetres
	You entered [X] centimetres. Is that right?
	Yes
	No – I need to fix my answer
	Don't know
	Refuse to answer
	•

SELF-REPORTED HEIGHT	UNIVERSE: ht_ftin_conf, or ht_cm_conf= No – I need to fix my answer
CORRECTION	How tall are you without shoes?
	Would you rather answer in:
HTC_UNIT	Feet and inches
HTC_CM HTC_FT	Centimetres
HTC_IN	Don't know
	Refuse to answer
	Therase to unswer
	[PROGRAMMER NOTE: show based on response to above]
	UNIVERSE: htc_unit=feet and inches
	Enter feet: ft [numeric, 2-7]
	AND
	Enter inches: in [numeric, 0-11]
	UNIVERSE: htc_unit= centimetres
	Enter centimetres: cm [numeric, 60-250]
SELF-REPORTED WEIGHT	How much do you weigh without clothes or shoes?
COUNTRY SPECIFIC UNITS	Would you rather answer in:
	Stones and pounds (st/lb)
WT_UNIT	Pounds (lb)
WT_STLB	Kilograms (kg)
WT_LB WT_KG	Don't know
W1_KO	Refuse to answer
	[PROGRAMMER NOTE: show based on response to above]
	LINIU/CDCC, with the steer on and an arrival of the line
	UNIVERSE: wt_unit= stones and pounds (st/lb)  Enter stones: st [numeric]
	AND
	Enter pounds: lb [numeric, 0-13]
	Enter pounds:
	UNIVERSE: wt_unit= pounds
	Enter pounds: lb [numeric]
	UNIVERSE: wt_unit=kilograms
	Enter kilograms: kg [numeric]

SELF-REPORTED WEIGHT	UNIVERSE: wt_unit= stones and pounds (st/lb)
CONFIRMATION	
CONFINITION	You entered [X] stones and [X] pounds. Is that correct?
COUNTRY SPECIFIC UNITS	Yes
	No – I need to fix my answer
WT_STLB_CONF	Don't know
WT_LB_CONF WT_KG_CONF	Refuse to answer
	UNIVERSE: wt_unit= pounds
	You entered [X] pounds. Is that correct?
	Yes
	No – I need to fix my answer
	Don't know
	Refuse to answer
	UNIVERSE: wt_unit=kilograms
	You entered [X] kilograms. Is that correct?
	Yes
	No – I need to fix my answer
	Don't know
	Refuse to answer
SELF-REPORTED WEIGHT	UNIVERSE: wt_stlb_conf, wt_lb_conf, or wt_kg_conf= No – I need to make a correction
CORRECTION	How much do you weigh without clothes or shoes?
COUNTRY OR CITIC LIMITS	Would you rather answer in:
COUNTRY SPECIFIC UNITS	Stones and pounds (st/lb)
WTC_UNIT	Pounds (lb)
WTC_STLB	Kilograms (kg)
WTC_LB	Don't know
WTC_KG	Refuse to answer
	[PROGRAMMER NOTE: show based on response to above]
	UNIVERSE: wtc_unit= stones and pounds (st/lb)
	Enter stones: st [numeric]
	AND
	Enter pounds: lb [numeric]
	UNIVERSE: wtc_unit= pounds
	Enter pounds: lb [numeric]

UNIVERSE: wtc\_unit=kilograms Enter kilograms: \_\_\_\_\_ kg [numeric] **END SCREEN** You're finished - thank you! **COUNTRY SPECIFIC WORDING** As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Committee (ORE #41477). If you have any questions for the Committee, please contact the Office of Research Ethics in Canada at 001-519-888-4567 ext. 36005 or ore-ceo@uwaterloo.ca. For all other questions about the study, or if you are interested in receiving a copy of the study findings, please contact Professor David Hammond of the University of Waterloo in Canada at 001-519-888-4567 ext. 36462 or dhammond@uwaterloo.ca or Dr. Jean Adams, a local study researcher from the University of Cambridge in the United Kingdom at 0 1223 769142 or jma79@medschl.cam.ac.uk. Click NEXT to return to the survey company's website. Thanks again for your help. Thanks for finishing the survey-you're a hero! REDIRECT You will now be redirected back to the survey company. [Screen shown by Nielsen] NIELSEN END SCREEN Thank you for your participation in this survey! We appreciate your time and thank you for your opinions. You have earned [panel incentive].