ACKNOWLEDGEMENTS

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SUGGESTED CITATION


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### INTRODUCTION

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<td>SMARTPHONES</td>
<td>STOP HERE IF YOU ARE USING A SMARTPHONE! The survey will only work on a laptop, desktop computer or tablet. Do NOT click 'next' if you are using a smartphone: you will be locked out of the survey. Close your browser and reopen the link on a laptop, desktop computer or tablet. [If Smartphone: Sorry, you must be using a laptop, desktop computer, or tablet to take this survey. Thank you for your time. You will now be redirected back to the survey company.]</td>
<td>¡DETÉNGASE AQUÍ SI USTED ESTÁ UTILIZANDO UN SMARTPHONE! La encuesta solo funcionará en una computadora portátil, computadora de escritorio o tablet. NO haga clic en 'siguiente' si está usando un smartphone, pues quedará excluido de la encuesta. Cierre su navegador y vuelva a abrir el enlace en una computadora portátil, computadora de escritorio o tablet. [If Smartphone: Lo sentimos, pero debe usar una computadora portátil, computadora de escritorio o tablet para responder a esta encuesta. Gracias por su tiempo. Ahora se le redirigirá a la empresa que hace la encuesta.]</td>
</tr>
<tr>
<td>ELIGIBILITY INTRO</td>
<td>Before you continue to the study information, we need to confirm your eligibility with a few short questions.</td>
<td>Antes de pasar a la información del estudio, necesitamos confirmar su elegibilidad con unas breves preguntas.</td>
</tr>
<tr>
<td>AGE</td>
<td>How old are you? [numeric] [If &lt;18: “Unfortunately, you are not eligible for the study. Thank you for your time. You will now be redirected back to the survey company.”]</td>
<td>¿Qué edad tiene? [numeric] [If &lt;18: “Desafortunadamente, no es elegible para el estudio. Muchas gracias por su tiempo. Ahora usted será redirigido a la empresa de encuestas.”]</td>
</tr>
<tr>
<td>SEX AT BIRTH</td>
<td>What sex were you assigned at birth, meaning on your original birth certificate? Male Female</td>
<td>¿Qué sexo se le asignó al nacer, es decir, en su acta de nacimiento original? Masculino Femenino</td>
</tr>
<tr>
<td>INFO</td>
<td>Before you start the survey, please read the following information and let us know if you agree to participate. - The survey will examine eating patterns. The study is being conducted by Professor David Hammond at the University of Waterloo, Canada. - The survey will take about 30 minutes to complete. - You must be 18 years of age or older to participate in the study. - Participation is voluntary. You can click ‘refuse to answer’ to any question you do not wish to answer. You can choose to stop the study at any time without penalty. If you choose to discontinue the study, you may receive remuneration by declining all further questions until the end of the survey. Any data already collected may be used in the study, unless you contact the researcher to have it deleted. - We take your privacy very seriously and will make every effort to keep your information strictly confidential. We will never share your personal information with any company or marketing firm. The data will be stored for a minimum of 7 years on a secure University of</td>
<td>Antes de iniciar la encuesta, lea por favor la siguiente información e indíquenos si está de acuerdo en participar. - La encuesta explorará patrones de alimentación. El estudio lo lleva a cabo el Profesor David Hammond de la Universidad de Waterloo en Canadá. - Contestar la encuesta le tomará unos 30 minutos. - Debe tener 18 años de edad para participar en el estudio. - La participación es voluntaria. Puede hacer clic en ‘se negó a responder’ a cualquier pregunta que no desee responder. y se puede saltar cualquier pregunta que no deseé responder. Puede optar por salir del estudio en cualquier momento sin incurrir en ninguna penalidad. Si decide salir del estudio, podría recibir la remuneración si usted declina responder todas las preguntas que siguen hasta el final de la encuesta. Todos los datos recopilados hasta ese momento se usará en el estudio a menos que usted se ponga en contacto con el investigador para que los elimine.</td>
</tr>
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Waterloo server. Internet protocol (IP) addresses may be recorded by the software programs used for this study, but this information will not be used by the researchers or the owners of the programs with an intention to identify you. When information is transmitted over the internet, privacy cannot be guaranteed. There is always a risk your responses may be intercepted by a third party (e.g., government agencies, hackers).

- This project has been reviewed and received ethics clearance through a University of Waterloo Research Ethics Committee (ORE #30829). However, the final decision about participation is yours. Participants who have concerns or questions about their involvement in the project may contact the Office of Research Ethics at 519-888-4567, ext. 36005 or ore-ceo@uwaterloo.ca.

- If you have any questions about the study, please contact Professor David Hammond of the University of Waterloo, at 519-888-4567 ext. 36462 or dhammond@uwaterloo.ca.

- Su privacidad es un asunto de mucha seriedad para nosotros y haremos todo lo posible para mantener su información con la más estricta confidencialidad. Nunca compartiremos sus datos personales con ninguna compañía, ni con ninguna empresa de mercadotecnia. Los datos se almacenarán 7 años como mínimo en un servidor seguro de la Universidad de Waterloo. Las direcciones de protocolo de Internet (IP) podrían quedar registradas en los programas de software usados para este estudio pero no las utilizarán los investigadores ni los propietarios de los program las usarán con el propósito de identificarle a usted. Cuando se transmite información en Internet, no se puede garantizar la privacidad. Siempre existe el riesgo de que sus respuestas sean interceptadas por terceros (por ejemplo, agencias gubernamentales, piratas cibernéticos (hackers)).

- Los aspectos éticos del proyecto fueron revisados y aprobados por el Comité de Ética de la Investigación de la Universidad de Waterloo (ORE #30829). Sin embargo, la decisión final para participar depende de usted. Las personas que entren al estudio y tengan inquietudes o preguntas sobre su participación en el proyecto pueden comunicarse con la Oficina de Ética de la Investigación, al teléfono 519-888-4567, ext. 36005, o al correo electrónico ore-ceo@uwaterloo.ca.

- Si tiene preguntas sobre el estudio, favor de comunicarse con el Profesor David Hammond de la Universidad de Waterloo al teléfono 519-888-4567 ext. 36462, o al correo electrónico dhammond@uwaterloo.ca.

CONSENT

Based on the information you received, do you agree to take part in this research study being conducted by Professor David Hammond of the University of Waterloo?
Yes ➔ [continue to survey]
No ➔ Thank you for your time. You will now be redirected back to the survey company. [TERMINATE]

Con base en la información que recibió, ¿está de acuerdo en formar parte de este estudio de investigación que realiza el Profesor David Hammond de la Universidad de Waterloo?
Sí ➔ [pase a la encuesta]
No ➔ Gracias por su tiempo. Ahora usted se redirige a la empresa de encuestas. [TERMINAR]
# DEMOGRAPHICS

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<td><strong>PREAMBLE</strong></td>
<td>The first section of this survey includes questions about where you get food, the types of food you eat, the places you eat, and your background.</td>
<td>En la primera sección de esta encuesta se incluyen preguntas sobre los lugares donde consigue alimentos, los tipos de alimentos que come, los lugares donde come y sus antecedentes personales.</td>
</tr>
<tr>
<td><strong>GENDER</strong></td>
<td>What is your current gender identity?</td>
<td>Actualmente, ¿cuál es su identidad de género?</td>
</tr>
<tr>
<td></td>
<td>Man</td>
<td>Hombre</td>
</tr>
<tr>
<td></td>
<td>Woman</td>
<td>Mujer</td>
</tr>
<tr>
<td></td>
<td>Trans male/trans man</td>
<td>Trans masculino/hombre trans</td>
</tr>
<tr>
<td></td>
<td>Trans female/trans woman</td>
<td>Trans femenina/mujer trans</td>
</tr>
<tr>
<td></td>
<td>Gender queer/gender non-conforming</td>
<td>Queer/persona que no se ajusta a las normas tradicionales del género</td>
</tr>
<tr>
<td></td>
<td>Different identity → Please specify: [open-ended]</td>
<td>Otra identidad → Favor de especificar: [respuesta abierta]</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td><strong>STUDENT STATUS</strong></td>
<td>Are you currently a student?</td>
<td>¿Estudia actualmente?</td>
</tr>
<tr>
<td><strong>STUDENT</strong></td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td></td>
<td>Yes, full-time</td>
<td>Sí, tiempo completo</td>
</tr>
<tr>
<td></td>
<td>Yes, part-time</td>
<td>Sí, medio tiempo</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td><strong>OCCUPATION</strong></td>
<td>What was your main activity in the past week?</td>
<td>¿Cuál fue su actividad principal la semana pasada?</td>
</tr>
<tr>
<td><strong>ADAPTED FROM CCHS</strong></td>
<td>Working at a paid job or business</td>
<td>Trabajar en un negocio o empleo remunerado</td>
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<td></td>
<td>Vacation (from paid work)</td>
<td>Vacaciones (de un trabajo remunerado)</td>
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<tr>
<td></td>
<td>Looking for paid work</td>
<td>Buscar trabajo remunerado</td>
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<tr>
<td></td>
<td>Going to school (including vacation from school)</td>
<td>Ir a la escuela (incluyendo vacaciones de la escuela)</td>
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<td></td>
<td>Caring for children</td>
<td>Cuidar a los niños</td>
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<tr>
<td></td>
<td>Household work</td>
<td>Trabajo doméstico</td>
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<td></td>
<td>Retired</td>
<td>Retirado</td>
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<td>Licencia de ausencia por maternidad/paternidad</td>
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<td></td>
<td>Long term illness</td>
<td>Enfermedad larga</td>
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<td></td>
<td>Volunteering</td>
<td>Trabajar como voluntario</td>
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<td></td>
<td>Caregiving other than for children</td>
<td>Cuidar a personas que no son niños</td>
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<td></td>
<td>Other (please specify):____________</td>
<td>Otros (especificar):____________</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
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<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
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<td><strong>CHILD_ANY</strong></td>
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<tr>
<td>Do you have any children (including step-children or adopted children)?</td>
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</tr>
<tr>
<td>Yes</td>
<td></td>
<td></td>
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<tr>
<td>No</td>
<td></td>
<td></td>
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<tr>
<td>Don’t know</td>
<td></td>
<td></td>
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<tr>
<td>Refuse to answer</td>
<td></td>
<td></td>
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<td><strong>CHILD_HOME</strong></td>
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<tr>
<td>¿Tiene hijos (incluidos hiastros o hijos adoptivos)?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sí</td>
<td></td>
<td></td>
</tr>
<tr>
<td>No</td>
<td></td>
<td></td>
</tr>
<tr>
<td>No sabe</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Se negó a responder</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>CHILDREN IN HOME – NUMBER</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BFRSS ADAPTED</strong></td>
</tr>
<tr>
<td><strong>CHILD_HOME</strong></td>
</tr>
<tr>
<td>Universe: Respondents with children (child_any=yes)</td>
</tr>
<tr>
<td>How many of your children under the age of 18live in your household (including step-children or adopted children)?</td>
</tr>
<tr>
<td>[Dropdown with numbers up to 10]</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
<tr>
<td><strong>UNIVERSE</strong>: Respondents with children (child_home&gt;0)</td>
</tr>
<tr>
<td>¿Cuántos de sus hijos menores de 18 años viven en su hogar (incluyendo hiastros o hijos adoptados)?</td>
</tr>
<tr>
<td>[Dropdown with numbers up to 10]</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>CHILDREN IN HOME – AGES</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CHILD#_AGE</strong></td>
</tr>
<tr>
<td><strong>CHILD#_DKR</strong></td>
</tr>
<tr>
<td>Universe: Respondents with at least 1 child &lt;18 in household (child_home&gt;0)</td>
</tr>
<tr>
<td>Please enter the age[s] of your child[ren] who [is/are] under 18 that live[s] in your household, in years, in the box(es) below.</td>
</tr>
<tr>
<td>Child 1: [numeric, decimal allowed]</td>
</tr>
<tr>
<td>Child 2: [numeric, decimal allowed]</td>
</tr>
<tr>
<td>Child #... [PROGRAMMER NOTE: add rows based on response to number of children living in household, up to 10 children]</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
<tr>
<td><strong>UNIVERSE</strong>: Respondents with at least 1 child &lt;18 in household (child_home&gt;0)</td>
</tr>
<tr>
<td>Introduzca [la edad/las edades] (en años) de [su hijo/sus hijos] que [es menor/son menores] de 18 años y que [vive/viven] en su hogar, en las casillas que están a continuación.</td>
</tr>
<tr>
<td>Hijo 1: [numeric, decimal allowed]</td>
</tr>
<tr>
<td>Hijo 2: [numeric, decimal allowed]</td>
</tr>
<tr>
<td>Hijo #: [PROGRAMMER NOTE: add rows based on response to number of children living in household, up to 10 children]</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>CURRENT LIVING SITUATION</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>LIVE_PARENT</strong></td>
</tr>
<tr>
<td><strong>LIVE_SPOUSE</strong></td>
</tr>
<tr>
<td><strong>LIVE_CHILD</strong></td>
</tr>
<tr>
<td><strong>LIVE_ADCHILD</strong></td>
</tr>
<tr>
<td><strong>LIVE_RELATIVE</strong></td>
</tr>
<tr>
<td><strong>LIVE_ROOM</strong></td>
</tr>
<tr>
<td><strong>LIVE_SCHOOL</strong></td>
</tr>
<tr>
<td><strong>LIVE_ALONE</strong></td>
</tr>
<tr>
<td><strong>LIVE_OTHER</strong></td>
</tr>
<tr>
<td><strong>LIVE_DK</strong></td>
</tr>
<tr>
<td><strong>LIVE_R</strong></td>
</tr>
<tr>
<td><strong>LIVE_OTEXT</strong></td>
</tr>
<tr>
<td>[PROGRAMMER NOTE: Only display “My child[ren] under the age of 18” if child_home&gt;0. Only display “My child[ren] age 18 or older” if child_any=yes]</td>
</tr>
<tr>
<td>What is your current living situation? I live with... (Select all that apply)</td>
</tr>
<tr>
<td>My parent(s)/guardian(s)</td>
</tr>
<tr>
<td>My partner /spouse</td>
</tr>
<tr>
<td>My child[ren] under the age of 18</td>
</tr>
<tr>
<td>My child[ren] age 18 or older</td>
</tr>
<tr>
<td>Brother(s), sister(s) or other relative(s)</td>
</tr>
<tr>
<td>People not related to me (roommates or housemates)</td>
</tr>
<tr>
<td>I live in a residence at school, university or college</td>
</tr>
<tr>
<td>I live alone</td>
</tr>
<tr>
<td>Other  Please specify: [open-ended]</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
<tr>
<td>[PROGRAMMER NOTE: Only display “My child[ren] under the age of 18” if child_home&gt;0. Only display “My child[ren] age 18 or older” if child_any=yes]</td>
</tr>
<tr>
<td>¿Con quién vive actualmente? Vivo con... (Seleccione todas las opciones que apliquen)</td>
</tr>
<tr>
<td>Mi padre y/o mi madre/tutor(es)</td>
</tr>
<tr>
<td>Mi pareja/cónyuge</td>
</tr>
<tr>
<td>Mi(s) hijo(s) menores de 18 años de edad</td>
</tr>
<tr>
<td>Mi(s) hijo(s) de 18 años de edad o mayor(es)</td>
</tr>
<tr>
<td>Hermano(s), hermana(s) u otro(s) pariente(s)</td>
</tr>
<tr>
<td>Personas que no son familiares (compañeros de casa/habitación)</td>
</tr>
<tr>
<td>Vivo en un dormitorio de la escuela, universidad o colegio</td>
</tr>
<tr>
<td>Vivo solo(a)</td>
</tr>
<tr>
<td>Otro  Favor de especificar: [respuesta abierta]</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>
**FOOD SOURCES**

<table>
<thead>
<tr>
<th>DOMIAN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>FOOD SOURCE – EATING OUT FREQUENCY</strong> NHANES</td>
<td>Next I’m going to ask you about meals. By meal, I mean BREAKFAST, LUNCH AND DINNER. During the PAST 7 DAYS, how many meals did you get that were PREPARED AWAY FROM HOME in places such as restaurants, fast food places, food stands, or from vending machines? Only include snacks if they counted as your meal. Do NOT include today. Enter number: ________ meals [numeric 0-21] Don’t know Refuse to answer</td>
<td>A continuación le voy a preguntar sobre las comidas. Por “comida”, me refiero a DESAYUNO, ALMUERZO y CENA. Durante los ÚLTIMOS 7 DÍAS, ¿cuántas comidas consumió que fueron PREPARADAS FUERA DE LA CASA en lugares como restaurantes, restaurantes de comida rápida, puestos de comida, o máquinas dispensadoras? Solo incluya bocadillos si estos cuentan como su comida. NO incluir las comidas de hoy. Escriba el número: ________ comidas [numeric 0-21] No sabe Se negó a responder</td>
</tr>
</tbody>
</table>

| **FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED OUTSIDE THE HOME** | UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout>0) You said you had [#] meal(s) prepared outside the home in the past 7 days. How many of these meals did you get from each of the following locations? # of meals [numeric] Fast food / quick service / coffee shop (i.e., order from a counter, online, or by phone) [numeric] Sit-down restaurant with a server [numeric] Cafeteria (NOT including fast food chains) [numeric] Ready-to-eat / take-away from grocery store [numeric] Food truck / food stand / ‘street food’ [numeric] Convenience store / gas station [numeric] Sports, recreation, or entertainment venue [numeric] Vending machine [numeric] Some other kind of place (Please specify): Don’t know Refuse to answer | UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout>0) Usted mencionó que consumió [#] comida(s) preparada(s) fuera de la casa en los últimos 7 días. ¿Cuántas de estas comidas consumió de cada uno de los siguientes lugares? # de comidas [numeric] Restaurante o cafetería de comida rápida / servicio rápido / cafetería (que se pide en un mostrador, en línea o por teléfono, por ejem.., Starbucks, McDonalds, Subway) [numeric] Restaurante tradicional con meseros [numeric] Cafetería (SIN incluir cadenas de comida rápida como McDonalds) [numeric] Comida lista para consumirse de tiendas de abarrotes (por ejem.., sandwiches, tortas, pan dulce) [numeric] Puesto de comida ambulante / “comida en la calle” [numeric] Tienda de conveniencia / gasolinería [numeric] Centro deportivo, recreativo o de entretenimiento [numeric] Máquina dispensadora [numeric] Otro tipo de lugar (Favor de especificar): No sabe Se negó a responder |
FOOD SOURCE — PURCHASE FORMAT FOR FOOD PREPARED OUTSIDE THE HOME

UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout>0)

You said you had [#] meal(s) prepared outside the home in the past 7 days.

How many of those meals were...

[numeric] Ordered using a food delivery service (e.g., UberEats, Grubhub) and delivered to you

[numeric] Ordered directly from a restaurant and delivered to you

[numeric] Purchased at a restaurant/food outlet within 5 minutes of your home (using your usual mode of transportation, e.g., walk, drive, or public transport), excluding delivery

[numeric] Purchased at a restaurant/food outlet more than 5 minutes away from your home (using your usual mode of transportation, e.g., walk, drive, or public transport), excluding delivery

Don't know

Refuse to answer

UNIVERSE: Respondents who had at least 1 meal prepared away from home (eatout>0)

Usted mencionó que consumió [#] comida(s) preparada(s) fuera de la casa en los últimos 7 días.

¿Cuántas de esas comidas fueron...

[numeric] Pedidas por medio de un servicio de entrega de alimentos (por ejemplo, UberEats, Grubhub) y entregadas a usted

[numeric] Pedidas directamente a un restaurante y entregadas a usted

[numeric] Compradas en un restaurante/establecimiento de alimentos que está a 5 minutos ó menos de su casa (en su medio de transporte habitual, como por ejemplo, caminando, conduciendo o en transporte público), sin incluir la entrega

[numeric] Compradas en un restaurante/establecimiento de alimentos que está a más de 5 minutos de su casa (en su medio de transporte habitual, como por ejemplo, caminando, conduciendo o en transporte público), sin incluir la entrega

No sabe

Se negó a responder

FOOD SOURCE — FAST FOOD FREQUENCY

UNIVERSE: Respondents who indicated they purchased any meals from a “Fast food / quick service / coffee shop” (eatout_loc1>0)

You told us you ate [#] meal(s) from FAST FOOD OR QUICK SERVICE RESTAURANT(S) in the past 7 days.

How many of these meals did you get from each of the following types of fast food or quick service restaurants?

# of meals

[numeric] Coffee shop / Café / Bakery (Dunkin’ Donuts, Starbucks, etc.)

[numeric] Burger / fries (McDonald’s, Burger King, etc.)

[numeric] Sandwich / sub (Subway, Quizno’s, etc.)

[numeric] Pizza

[numeric] Fried chicken (KFC, Popeye’s, etc.)

[numeric] Fish and chips

[numeric] Mexican (Taco Bell, Chipotle, etc.)

[numeric] Asian / International fast food (Indian, Chinese, kebab, shawarma, etc.)

[numeric] Ice cream / frozen yogurt (Marble Slab, Yogen Fruz, etc.)

[numeric] Fresh food / Smoothie bar (Freshii, Booster Juice, etc.)

[numeric] Some other kind of place ➔ Please specify: [open-ended]

Don’t know

Refuse to answer

UNIVERSE: Respondents who indicated they purchased any meals from a “Fast food / quick service / coffee shop” (eatout_loc1>0)

Usted nos dijo que comió [#] comida(s) en RESTAURANTE(S) DE COMIDA RÁPIDA O SERVICIO RÁPIDO en los últimos 7 días.

¿Cuántas de estas comidas consumió de cada uno de los siguientes tipos de restaurantes de comida rápida o servicio rápido?

# de comidas

[numeric] Café / Panadería (Dunkin Donuts, Starbucks, etc)

[numeric] Restaurante de Hamburguesas y papas fritas (McDonald’s, Burger King, etc.)

[numeric] Sandwich (Subway, Quizno’s, etc.)

[numeric] Pizza

[numeric] Pollo frito (KFC, Popeye’s, etc.)

[numeric] Pescado con papas fritas

[numeric] Comida mexicana (Taco Bell, Chipotle, etc.)

[numeric] Comida rápida internacional u oriental (China, India, kebab, shawarma, etc.)

[numeric] Helado o yogurt helado (Nutrisa)

[numeric] Vendedor de jugos naturales / Smoothies

[numeric] Otro tipo de lugar ➔ Favor de especificar: [respuesta abierta]

No sabe

Se negó a responder
| FOOD SOURCE – % PREPARED OUTSIDE HOME | Thinking about ALL THE FOOD YOU ATE during the past 7 days, INCLUDING SNACKS, what percentage was prepared outside the home?
Enter percentage: _______ [numeric percentage, 0 to 100%]
Don’t know
Refuse to answer |
| --- | --- |
| FOOD SOURCE – AT HOME INTRO | We are now going to ask you about the food you ate during the past 7 days that was PREPARED AT HOME.

For example: If you made lunch at home and brought it to work or school, this would be “prepared at home”. If your food came from home - even if it needed little or no preparation (e.g., an apple or crackers) - that counts as “prepared at home”. Include food prepared by you or someone else at home.

DO NOT include drinks. |
| FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME | Please think about the food you ate that was PREPARED AT HOME DURING THE PAST 7 DAYS. Where was it PURCHASED? Select all that apply.
Grocery store or supercenter
Warehouse club (e.g., Costco)
Convenience / corner store
Drugstore / pharmacy
Farmer’s market, produce stand, or CSA
Ethnic or specialty food store/market
Bulk food store
Grocery delivery
Food bank
Some other place → Please specify: [open-ended]
I have not prepared any food at home in the past 7 days
Don’t know
Refuse to answer |
| FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME | Pensando en TODOS LOS ALIMENTOS QUE COMIÓ en los últimos 7 días, INCLUYENDO BOCADILLOS, ¿qué porcentaje fueron preparados fuera de casa?
Introduzca el porcentaje: [porcentaje numérico de 0 a 100%]
No sabe
Se negó a responder |
| FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME | Ahora le vamos a preguntar sobre los alimentos que comió durante los últimos 7 días que FUERON PREPARADOS EN CASA.

Por ejemplo: si preparó su almuerzo en casa y lo llevó al trabajo o a la escuela, la respuesta sería que fue “preparado en casa”. Si sus alimentos vinieron de su casa, incluso si necesitaron poca o ninguna preparación (por ejem., una manzana o galletas saladas), se considerarán “preparados en casa”. Incluya los alimentos preparados en casa por usted o por alguien más.

NO incluya bebidas.
### FOOD SOURCE – PURCHASE LOCATIONS FOR FOOD PREPARED AT HOME BY PERCENTAGE

**UNIVERSE:** Respondents who indicated they purchased meals from any locations in the previous HS question.

**Still thinking about the food PREPARED AT HOME IN THE PAST 7 DAYS, what percentage of food was purchased from each place?**

Enter a percentage for each source. Sources must add to 100%.

- [PROGRAMMER NOTE: Only show locations selected in previous question.]
  - **numeric** Grocery store or supercenter
  - **numeric** Warehouse club (e.g., Costco)
  - **numeric** Convenience / corner store
  - **numeric** Drugstore / pharmacy
  - **numeric** Farmer’s market, produce stand, or CSA
  - **numeric** Ethnic or specialty food store/market
  - **numeric** Grocery delivery
  - **numeric** Bulk food store
  - **numeric** Food bank
  - **numeric** [PROGRAMMER: Insert “Some other place” text from previous question]

[fill with total] out of 100% Total

Don’t know
Refuse to answer

### READY-TO-EAT MEALS

**READY**

**READY_DKR**

**UNIVERSE:** Respondents who did NOT indicate they “have not prepared any food at home in the past 7 days” (HS_none not selected)

**Thinking about the MEALS PREPARED AT HOME in the past 7 days, what percentage was “ready-to-eat” or “box food” (e.g., microwave, frozen or packaged meals)?**

This includes foods like frozen pizza, chicken fingers, Kraft dinner, minute rice, canned soup, baking mixes, instant oatmeal, toaster waffles, etc.

Enter percentage: __________ [numeric percentage, 0 to 100%]

Don’t know
Refuse to answer

**UNIVERSE:** Respondents who did NOT indicate they “have not prepared any food at home in the past 7 days” (HS_none not selected)

**Pensando todavía en los alimentos PREPARADOS EN CASA EN LOS ÚLTIMOS 7 DÍAS, ¿qué porcentaje de alimentos se compró en cada uno de los siguientes lugares?**

Anote el porcentaje para cada una de las fuentes. El total debe sumar 100%.

[PROGRAMMER NOTE: Only show locations selected in previous question.]

- **numeric** Supermercado o « supercenter » (por ejem., Walmart)
- **numeric** Club o almacén (por ejem., Costco)
- **numeric** Tienda de conveniencia / tienda de abarrotes o tiendita de la esquina

- **numeric** Farmacia
- **numeric** Mercado sobre ruedas o mercado de agricultores
- **numeric** Tienda de especialidades o comida étnica
- **numeric** Tienda de alimentos a granel
- **numeric** Entrega a domicilio
- **numeric** “Food bank” o un lugar donde se distribuyen alimentos gratuitos
- **numeric** [PROGRAMMER: Insert “Some other place” text from previous question]

[anote el total] de 100% en total

No sabe
Se negó a responder

**Introduzca el porcentaje: [porcentaje numérico de 0 a 100%]**

No sabe
Se negó a responder
## BEVERAGE INTAKE

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>BEVERAGE FREQUENCY INTRO</td>
<td>Next, we’d like to ask you about the drinks you’ve had over the PAST 7 DAYS. We’ll be asking you about different categories of drinks. First, we’ll ask you the TOTAL NUMBER OF DRINKS you’ve had in each category. Second, we’ll ask you about your USUAL SIZE OF DRINK in each category.</td>
<td>A continuación quisiéramos preguntarte sobre las bebidas que ha tomado durante los ÚLTIMOS 7 DÍAS. Le preguntaremos acerca de las diferentes categorías de bebidas. Primero le pediremos el NÚMERO TOTAL DE BEBIDAS que ha consumido de cada categoría. En segundo lugar, le preguntaremos acerca del TAMAÑO USUAL DE SU BEBIDA de cada categoría.</td>
</tr>
</tbody>
</table>

### BEVERAGE FREQUENCY QUESTIONNAIRE (BFQ) – NUMBER OF DRINKS BY TYPE ADAPTED FROM SEVERAL OTHER PAPER FFQs FOR BEVERAGES.

<table>
<thead>
<tr>
<th>BFQ_#_N</th>
<th>BFQ_NONE</th>
<th>BFQ_DK_N</th>
<th>BFQ_R_N</th>
</tr>
</thead>
<tbody>
<tr>
<td># OF DRANKS</td>
<td>During the PAST 7 DAYS, HOW MANY DRINKS did you have in each category below? For example, if you had 2 regular sodas or pops during the past 7 days, you would enter 2 in that box. If you had 1 regular soda or pop EACH day, you would enter 7 in that box. [PROGRAMMER NOTE: Responses must be numeric and between 0-100; only allow participant to select 1 of none of the above, DK or R]</td>
<td>En los ÚLTIMOS 7 DÍAS, ¿CUÁNTAS BEBIDAS tomó de cada una de las siguientes categorías? Por ejemplo, si bebió 2 refrescos normales durante los últimos 7 días, escriba “2” en esa casilla. Si tomó 1 refresco normal CADA día, escriba “7” en esa casilla. [PROGRAMMER NOTE: Responses must be numeric and between 0-100; only allow participant to select 1 of none of the above, DK or R]</td>
<td></td>
</tr>
</tbody>
</table>

**# OF DRINKS**

<table>
<thead>
<tr>
<th>numeric</th>
<th>Regular soda or pop (Coke, Pepsi, 7-up, Sprite, root beer, etc) *Not including diet pop</th>
</tr>
</thead>
<tbody>
<tr>
<td>numeric</td>
<td>Diet soda or pop (Diet Pepsi, Coke Zero, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>100% fruit or vegetable juice (orange juice, apple juice, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Sweetened fruit drinks (lemonade, iced tea, SunnyD, fruit punch/cocktail, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Low-/no-calorie fruit drinks (diet lemonade, unsweetened iced tea, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Tap water</td>
</tr>
<tr>
<td>numeric</td>
<td>Plain bottled water</td>
</tr>
<tr>
<td>numeric</td>
<td>Regular flavoured waters or vitamin waters with calories</td>
</tr>
<tr>
<td>numeric</td>
<td>Low-/no-calorie flavoured waters or vitamin waters (Crystal Light, Mio, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Regular sports drinks (Gatorade, Powerade, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Low-/no-calorie sports drinks (G2, Powerade Zero, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Regular energy drinks (Red Bull, Rockstar, Monster, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Low-/no-calorie energy drinks (Red Bull Sugarfree, etc.)</td>
</tr>
</tbody>
</table>

**# DE BEBIDAS**

<table>
<thead>
<tr>
<th>numeric</th>
<th>Bebida refrescos/gaseosas normal (Coca-cola, Pepsi, 7-Up, Sprite, cerveza de raíz, etc) *No incluya bebidas refrescos/gaseosas de dieta</th>
</tr>
</thead>
<tbody>
<tr>
<td>numeric</td>
<td>Bebidas refrescos/gaseosas de dieta (Pepsi de dieta, Coca-cola Zero, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Jugo 100% de fruta o de verduras (jugo de naranja, de manzana, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Bebidas de fruta endulzadas (limonada, té helado, SunnyD, ponche/cocel de frutas, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Bebidas de fruta sin/bajas en calorías (limonada de dieta, té helado sin azúcar, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Agua del grifo</td>
</tr>
<tr>
<td>numeric</td>
<td>Agua simple/natural embotellada</td>
</tr>
<tr>
<td>numeric</td>
<td>Aguas de sabor o vitaminadas normales con calorías</td>
</tr>
<tr>
<td>numeric</td>
<td>Aguas de sabor o vitaminadas sin/bajas en calorías (Crystal Light, Mio, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Bebidas deportivas (Gatorade, Powerade, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Bebidas deportivas sin/bajas en calorías (G2, Powerade Zero, etc.)</td>
</tr>
<tr>
<td>numeric</td>
<td>Bebidas energéticas normales (Red Bull, Rockstar, Monster, etc.)</td>
</tr>
</tbody>
</table>
### International Food Policy Study 2018 – United States Survey

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>[numeric]</td>
<td>White milk or unsweetened milk alternatives (unsweetened soy, almond, etc.) as a beverage <em>NOT including milk consumed in cereal, etc.</em></td>
</tr>
<tr>
<td>[numeric]</td>
<td>Chocolate or flavored milk (incl. hot chocolate), or sweetened milk alternatives (sweetened soy, almond, etc.)</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Coffee or tea, <strong>with</strong> milk/cream or sugar</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Coffee or tea, <strong>no</strong> milk/cream or sugar, with or without artificial sweetener</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Speciality coffees (lattes, mochas, frappucinos, macchiatos, etc.)</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Sweetened smoothies, protein shakes, or drinkable yogurt</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Unsweetened smoothies, protein shakes, or drinkable yogurt</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Beer, cider, coolers</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Wine (red or white)</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Hard alcohol <strong>with mix</strong>, cocktails that have calories (rum &amp; coke, gin &amp; tonic, margarita, etc.)</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Hard alcohol <strong>with no mix or non-caloric mix</strong> (shots, whiskey on the rocks, vodka &amp; soda, rum &amp; diet, etc.)</td>
</tr>
</tbody>
</table>

None of the above  
Don’t know  
Refuse to answer  

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>[numeric]</td>
<td>Bebidas energéticas sin/bajas en calorías (Red Bull Sugarfree, etc.)</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Leche blanca o alternativas a la leche sin endulzar (de soya, almendra sin endulzar, etc.), consumidas como bebida <strong>NO incluya leche consumida con cereal, etc.</strong></td>
</tr>
<tr>
<td>[numeric]</td>
<td>Leche con chocolate o algún otro sabor (incluido chocolate caliente) o alternativas a la leche sin endulzar (de soya, almendra endulzada, etc.)</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Café o té, <strong>con</strong> leche/crema o azúcar</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Café o té, <strong>sin</strong> leche/crema ni azúcar, con o sin endulzante artificial</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Cafés de especialidad (lattes, mochas, frappucinos, macchiatos, etc.)</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Smoothies, licuados de proteína o yogurt para beber con azúcar añadida</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Smoothies, licuados de proteína o yogurt para beber sin azúcar añadida</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Cerveza, sidra, bebidas a base de vino (coolers)</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Vino (tinto o blanco)</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Bebidas alcohólicas mezcladas, cocteles con calorías (ron con Coca-cola, gin &amp; tonic, coctel Margarita, etc.)</td>
</tr>
<tr>
<td>[numeric]</td>
<td>Bebidas alcohólicas no mezcladas o con mezclas no calóricas (shots, whiskey en las rocas, vodka con soda, ron con Coca-cola dietetica, etc.)</td>
</tr>
</tbody>
</table>

Ninguna de las anteriores  
No sabe  
Se negó a responder
**BFQ – USUAL SIZE**  
ADAPTED FROM SEVERAL OTHER PAPER FFQS FOR BEVERAGES.

**BFQ_#_SIZE_USA**  
**BFQ_#_SIZE_DK_USA**  
**BFQ_#_SIZE_R_USA**

**PROGRAMMER NOTE:** For each category that there was at least one drink consumed, ask size question - images should only be shown for beverage categories selected above.

### For each type of drink, what size did you **USUALLY** have?
If you had different sizes, select the picture that is closest to the average size.

**Regular soda or pop** (Coke, Pepsi, 7-Up, Sprite, root beer, etc.) *NOT including diet pop*

<table>
<thead>
<tr>
<th>Size</th>
<th>Image</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less</td>
<td><img src="less.png" alt="Image" /></td>
</tr>
<tr>
<td>More</td>
<td><img src="more.png" alt="Image" /></td>
</tr>
</tbody>
</table>

**Diet soda or pop** (Diet Pepsi, Coke Zero, etc.)

<table>
<thead>
<tr>
<th>Size</th>
<th>Image</th>
</tr>
</thead>
<tbody>
<tr>
<td>Less</td>
<td><img src="less.png" alt="Image" /></td>
</tr>
<tr>
<td>More</td>
<td><img src="more.png" alt="Image" /></td>
</tr>
</tbody>
</table>

### Para cada tipo de bebida, especifique qué tamaño toma **USUALMENTE**.
Si consumió distintos tamaños, seleccione la imagen más cercana al tamaño promedio de sus bebidas.

**Bebida refrescos/gaseosas normal** (Coca-cola, Pepsi, 7-Up, Sprite, cerveza de raíz, etc.) *No incluye bebidas refrescos/gaseosas de dieta*

<table>
<thead>
<tr>
<th>Size</th>
<th>Image</th>
</tr>
</thead>
<tbody>
<tr>
<td>Menos</td>
<td><img src="menos.png" alt="Image" /></td>
</tr>
<tr>
<td>Más</td>
<td><img src="mas.png" alt="Image" /></td>
</tr>
</tbody>
</table>

**Bebidas refrescos/gaseosas de dieta** (Pepsi de dieta, Coca-cola Zero, etc.)

<table>
<thead>
<tr>
<th>Size</th>
<th>Image</th>
</tr>
</thead>
<tbody>
<tr>
<td>Menos</td>
<td><img src="menos.png" alt="Image" /></td>
</tr>
<tr>
<td>Más</td>
<td><img src="mas.png" alt="Image" /></td>
</tr>
</tbody>
</table>
Tap water

Less
- Less than 8 fl oz
- 1 cup (8 fl oz)
- 1.5 cups (12 fl oz)
- 2 cups (16 fl oz)
- Reusable bottle (25 fl oz)

More
- More than 25 fl oz

Plain bottled water

Less
- Less than 8 fl oz
- Small bottle (8 fl oz)
- Bottle (16 fl oz)
- Large bottle (33.8 fl oz)
- More than 33.8 fl oz

More
- More than 25 fl oz

Regular flavoured waiers or vitamin waters with calories

Less
- Less than 8 fl oz
- 1 cup (8 fl oz)
- Small bottle (12 fl oz)
- Can (12 fl oz)
- Bottle (20 fl oz)

More
- More than 25 fl oz

Extra large bottle (33.8 fl oz)

Agua del grifo

Menos
- Menos de 8 fl oz
- 1 taza (8 fl oz)
- Taza y media (12 fl oz)
- 2 tazas (16 fl oz)
- Botella reutilizable (25 fl oz)

Más
- Más de 25 fl oz

Agua simple/natural embotellada

Menos
- Menos de 250 ml
- Botella pequeña (250 ml)
- Botella (500 ml)
- Botella grande (1 l)
- Más de 1 l

Más
- Más de 25 fl oz

Agua de sabo o vitaminadas normales con calorías

Menos
- Menos de 8 fl oz
- 1 vaso (8 fl oz)
- Botella pequeña (12 fl oz)
- Latín (12 fl oz)
- Botella (20 fl oz)

Más
- Más de 25 fl oz

Botella extra grande (33.8 fl oz)
FOOD PREPARATION AND FOOD SKILLS

<table>
<thead>
<tr>
<th>DOMAIN</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>FOOD SHOPPING ROLE</td>
<td>Do you do most of the food shopping in your household?</td>
<td>¿Usted compra la mayoría de los alimentos de su hogar?</td>
</tr>
<tr>
<td>USDA ERS EATING &amp;</td>
<td>Yes</td>
<td>Sí</td>
</tr>
<tr>
<td>HEALTH MODULE</td>
<td>No</td>
<td>No</td>
</tr>
<tr>
<td>SHOP</td>
<td>Share equally with other(s)</td>
<td>Comparte la tarea por igual con otra(s) persona(s)</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td>CONFIDENCE IN 8 COOKING</td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td>TECHNIQUES</td>
<td>Which, if any, of the following cooking techniques do you feel confident about using? (Select all that apply)</td>
<td>¿Cuáles de las siguientes técnicas para cocinar, si es que tiene alguna, utiliza con confianza? (Seleccione todas las que correspondan)</td>
</tr>
<tr>
<td>UK NATIONAL DIET AND</td>
<td>Boiling</td>
<td>Hervir</td>
</tr>
<tr>
<td>NUTRITION SURVEY (NDNS)</td>
<td>Steam ing or poaching</td>
<td>Cocer al vapor o escalfar</td>
</tr>
<tr>
<td>TECH_BOL</td>
<td>Frying</td>
<td>Freír</td>
</tr>
<tr>
<td>TECH_STEAM</td>
<td>Stir frying</td>
<td>Saltear</td>
</tr>
<tr>
<td>TECH_FRY</td>
<td>Grilling</td>
<td>A la parrilla</td>
</tr>
<tr>
<td>TECH_STIRFRY</td>
<td>Oven-baking or roasting</td>
<td>Hornear o asar</td>
</tr>
<tr>
<td>TECH_GRILL</td>
<td>Stewing, braising, or casseroling</td>
<td>Estofar</td>
</tr>
<tr>
<td>TECH_OVEN</td>
<td>Microwaving</td>
<td>Hornear con microondas</td>
</tr>
<tr>
<td>TECH_STEW</td>
<td>None of the above</td>
<td>Ninguna de las anteriores</td>
</tr>
<tr>
<td>TECH_MICRO</td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td>TECH_NONE</td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
<tr>
<td>CONFIDENCE IN COOKING 10 FOODS</td>
<td>Which, if any, of the following foods do you feel confident about cooking? (Select all that apply)</td>
<td></td>
</tr>
<tr>
<td>-------------------------------</td>
<td>------------------------------------------------------------------------------------------------</td>
<td></td>
</tr>
<tr>
<td>UK NATIONAL DIET AND NUTRITION SURVEY (NDNS) – adapted</td>
<td>Red meat</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Chicken</td>
<td></td>
</tr>
<tr>
<td></td>
<td>White fish (cod, haddock)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Oily fish (salmon)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lentils, chickpeas, dry peas, dry beans</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Dry pasta</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Rice</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Potatoes (not french fries)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Green vegetables (cabbage, spinach, broccoli)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Root vegetables (carrots, parsnips)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>None of the above</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ABILITY TO PREPARE 4 TYPES OF DISHES</th>
<th>Would you be able to make the following foods and dishes from beginning to end:</th>
</tr>
</thead>
<tbody>
<tr>
<td>UK NATIONAL DIET AND NUTRITION SURVEY (NDNS)</td>
<td>Convenience foods and ready meals (e.g. frozen pizza, pre-packaged curry &amp; rice)</td>
</tr>
<tr>
<td></td>
<td>A complete meal from ready-made ingredients (e.g. ready-made sauces and pasta to make spaghetti Bolognese)</td>
</tr>
<tr>
<td></td>
<td>A main dish from basic ingredients (raw potatoes, raw meat, onions etc.), possibly following a recipe (e.g. shepherd’s pie, curry)</td>
</tr>
<tr>
<td></td>
<td>A cake or cookies from basic ingredients (flour, milk, eggs, etc.), possibly following a recipe</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FREQUENCY OF PREPARING MAIN MEALS</th>
<th>How often do you prepare a main meal for yourself or others?</th>
</tr>
</thead>
<tbody>
<tr>
<td>UK NATIONAL DIET AND NUTRITION SURVEY (NDNS)</td>
<td>Never</td>
</tr>
<tr>
<td></td>
<td>Only for special occasions</td>
</tr>
<tr>
<td></td>
<td>Less than once a week</td>
</tr>
<tr>
<td></td>
<td>One or two days a week</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>¿Cuáles de los siguientes alimentos, si es que tiene alguno, cocina con confianza? (Seleccione todas las que correspondan)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carne roja</td>
</tr>
<tr>
<td>Pollo</td>
</tr>
<tr>
<td>Pescado blanco (bacalao, eglefino)</td>
</tr>
<tr>
<td>Pescado aceitoso (salmón)</td>
</tr>
<tr>
<td>Lentejas, garbanzos, guisantes secos, frijoles secos</td>
</tr>
<tr>
<td>Pasta seca</td>
</tr>
<tr>
<td>Arroz</td>
</tr>
<tr>
<td>Papas (no papas fritas)</td>
</tr>
<tr>
<td>Verduras (col, espinacas, brócoli)</td>
</tr>
<tr>
<td>Hortalizas de raíz (zanahorias, chirivías)</td>
</tr>
<tr>
<td>Ninguna de las anteriores</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>¿Podría hacer los siguientes alimentos y platillos de principio a fin?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alimentos de preparación fácil y comidas preparadas (por ejem., pizza congelada, curry y arroz pre-empaquetados)</td>
</tr>
<tr>
<td>Una comida completa con ingredientes preparados (por ejem., salsas y pastas preparadas para hacer espaguetis a la boloñesa)</td>
</tr>
<tr>
<td>Un plato principal con ingredientes básicos (papas crudas, carne cruda, cebollas, etc.), posiblemente siguiendo una receta (por ejem., pastel de papa con carne, curry)</td>
</tr>
<tr>
<td>Galletas o un pastel hechos con ingredientes básicos (harina, leche, huevos, etc.), posiblemente siguiendo una receta</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>¿Con qué frecuencia prepara la comida principal para usted o para otros?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nunca</td>
</tr>
<tr>
<td>Solo en ocasiones especiales</td>
</tr>
<tr>
<td>Menos de una vez a la semana</td>
</tr>
<tr>
<td>Uno o dos días a la semana</td>
</tr>
<tr>
<td>PREP_FREQ</td>
</tr>
<tr>
<td>-----------</td>
</tr>
<tr>
<td></td>
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<td></td>
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<td></td>
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<tr>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>COOKING SKILLS – GENERAL</th>
<th>Overall, how would you rate your cooking skills?</th>
<th>En general, ¿cómo calificaría su habilidad para cocinar?</th>
</tr>
</thead>
<tbody>
<tr>
<td>SKILL_OVERALL</td>
<td>Poor</td>
<td>Deficiente</td>
</tr>
<tr>
<td></td>
<td>Fair</td>
<td>Aceptable</td>
</tr>
<tr>
<td></td>
<td>Good</td>
<td>Buena</td>
</tr>
<tr>
<td></td>
<td>Very good</td>
<td>Muy buena</td>
</tr>
<tr>
<td></td>
<td>Excellent</td>
<td>Excelente</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

**FOOD SECURITY**

<table>
<thead>
<tr>
<th>DOMAIN</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>FOOD SECURITY – INTRO USDA HFSM</td>
<td>These next questions are about the food eaten in your household in the last 12 months, since [current month] of last year and whether you were able to afford the food you need.</td>
<td>Las siguientes preguntas se refieren a los alimentos consumidos en su hogar en los últimos 12 meses, desde [mes actual] del año pasado, y si pudo costear los alimentos necesarios.</td>
</tr>
<tr>
<td>FOOD SECURITY – HH1 USDA HFSM</td>
<td>Which of these statements best describes the food eaten in your household in the last 12 months: You and other household members always had enough of the kinds of foods you wanted to eat. You and other household members had enough to eat, but not always the kinds of food you wanted. Sometimes you and other household members did not have enough to eat. Often you and other household members didn’t have enough to eat. Don’t know Refuse to answer</td>
<td>¿Cuál de los siguientes enunciados describe mejor los alimentos que se han consumido en su hogar en los últimos 12 meses? Usted y otros miembros del hogar siempre han tenido una cantidad suficiente del tipo de alimentos que querían. Usted y otros miembros del hogar siempre han tenido una cantidad suficiente, aunque no siempre del tipo de alimentos que querían. Algunas veces usted y otros miembros del hogar no tuvieron suficientes alimentos para comer. Frecuentemente usted y otros miembros del hogar no tuvieron suficientes alimentos para comer. No sabe. Se negó a responder</td>
</tr>
<tr>
<td>FOOD SECURITY – HH INTRO</td>
<td>Now you will see several statements that may be used to describe the food situation for a household. Please indicate if the statement was often true, sometimes true, or never true for you and other household members IN THE LAST 12 MONTHS – that is since last [name of current month].</td>
<td>Ahora leerá varios enunciados que se podrían usar para describir la situación alimentaria en un hogar. Favor de indicar si el enunciado frecuentemente fue verdad, algunas veces fue verdad o nunca fue verdad para usted u otros miembros de su hogar EN LOS ÚLTIMOS 12 MESES, es decir, desde [nombre del mes actual] del año pasado.</td>
</tr>
<tr>
<td><strong>FOOD SECURITY – HH2</strong>&lt;br&gt;<strong>USDA HFSM</strong>&lt;br&gt;<strong>HH2</strong></td>
<td>You and other household members worried that food would run out before you got money to buy more.&lt;br&gt;Often true&lt;br&gt;Sometimes true&lt;br&gt;Never true&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td>Usted y otros miembros de su hogar se preocuparon de que la comida se terminara antes de tener dinero para comprar más.&lt;br&gt;Frecuentemente fue verdad&lt;br&gt;Algunas veces fue verdad&lt;br&gt;Nunca fue verdad&lt;br&gt;No sabe&lt;br&gt;Se negó a responder</td>
</tr>
<tr>
<td><strong>FOOD SECURITY – HH3</strong>&lt;br&gt;<strong>USDA HFSM</strong>&lt;br&gt;<strong>HH3</strong></td>
<td>The food that you and other household members bought just didn't last, and there wasn't any money to get more.&lt;br&gt;Often true&lt;br&gt;Sometimes true&lt;br&gt;Never true&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td>Los alimentos que usted y otros miembros de su hogar compraron simplemente no alcanzaron y no hubo dinero para comprar más.&lt;br&gt;Frecuentemente fue verdad&lt;br&gt;Algunas veces fue verdad&lt;br&gt;Nunca fue verdad&lt;br&gt;No sabe&lt;br&gt;Se negó a responder</td>
</tr>
<tr>
<td><strong>FOOD SECURITY – HH4</strong>&lt;br&gt;<strong>USDA HFSM</strong>&lt;br&gt;<strong>HH4</strong></td>
<td>You and other household members couldn't afford to eat balanced meals.&lt;br&gt;Often true&lt;br&gt;Sometimes true&lt;br&gt;Never true&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td>Usted y otros miembros de su hogar no tuvieron dinero para comidas balanceadas.&lt;br&gt;Frecuentemente fue verdad&lt;br&gt;Algunas veces fue verdad&lt;br&gt;Nunca fue verdad&lt;br&gt;No sabe&lt;br&gt;Se negó a responder</td>
</tr>
</tbody>
</table>

**FIRST LEVEL SCREENING**

If affirmative response to one or more of HH1-HH4 (i.e., HH1=3 or 4, or HH2-HH4=1 (“often true”) or 2 (“sometimes true”), then continue to AD1; otherwise, if children under age 18 are present in the household (child_home>0), skip to CH1; otherwise skip to End of Food Security Module.

If affirmative response to one or more of HH1-HH4 (i.e., HH1=3 or 4, or HH2-HH4=1 (“often true”) or 2 (“sometimes true”), then continue to AD1; otherwise, if children under age 18 are present in the household (child_home>0), skip to CH1; otherwise skip to End of Food Security Module.

**FOOD SECURITY – AD1**<br>**USDA HFSM**<br>**AD1**

**UNIVERSE: Respondents who passed first level screening**

In the last 12 months, since last [name of current month], did you or other adults in your household ever cut the size of your meals or skip meals because there wasn’t enough money for food?<br>Yes<br>No<br>Don’t know<br>Refuse to answer

**UNIVERSE: Respondents who passed first level screening**

En los últimos 12 meses, desde el pasado mes de [nombre del mes actual], ¿usted u otros adultos de su hogar disminuyeron alguna vez el tamaño de sus comidas o dejaron de comer alguna porque no había suficiente dinero para comprar alimentos?<br>Sí<br>No<br>No sabe<br>Se negó a responder

**FOOD SECURITY – AD1a**<br>**USDA HFSM**<br>**AD1a**

**UNIVERSE: AD1=1 (yes)**

How often did this happen?<br>Almost every month<br>Some months but not every month<br>Only 1 or 2 months<br>Don’t know<br>Refuse to answer

**UNIVERSE: AD1=1 (yes)**

¿Cuántas veces le sucedió?<br>Casi todos los meses<br>Algunos meses pero no todos<br>Sólo un mes o dos<br>No sabe<br>Se negó a responder
<table>
<thead>
<tr>
<th>FOOD SECURITY – AD2</th>
<th>UNIVERSITY: Respondents who passed first level screening</th>
</tr>
</thead>
<tbody>
<tr>
<td>In the last 12 months, did you ever eat less than you felt you should because there wasn’t enough money for food?</td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td></td>
</tr>
<tr>
<td>Refuse to answer</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD SECURITY – AD3</th>
<th>UNIVERSITY: Respondents who passed first level screening</th>
</tr>
</thead>
<tbody>
<tr>
<td>In the last 12 months, were you ever hungry but didn’t eat because there wasn’t enough money for food?</td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td></td>
</tr>
<tr>
<td>Refuse to answer</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD SECURITY – AD4</th>
<th>UNIVERSITY: Respondents who passed first level screening</th>
</tr>
</thead>
<tbody>
<tr>
<td>In the last 12 months, did you lose weight because there wasn’t enough money for food?</td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td></td>
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<tr>
<td>Refuse to answer</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>SECOND LEVEL SCREENING</th>
</tr>
</thead>
<tbody>
<tr>
<td>If affirmative response to one or more of AD1-AD4, then continue to AD5; otherwise, if children under age 18 are present in the household (child_home &gt;0), skip to CH1, otherwise skip to End of Food Security Module.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD SECURITY – AD5</th>
<th>UNIVERSITY: Respondents who passed second level screening</th>
</tr>
</thead>
<tbody>
<tr>
<td>In the last 12 months, did you or other adults in your household ever not eat for a whole day because there wasn’t enough money for food?</td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td></td>
</tr>
<tr>
<td>Refuse to answer</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD SECURITY – AD5a</th>
<th>UNIVERSITY: AD5=1 (yes)</th>
</tr>
</thead>
<tbody>
<tr>
<td>How often did this happen?</td>
<td></td>
</tr>
<tr>
<td>Almost every month</td>
<td></td>
</tr>
<tr>
<td>Some months but not every month</td>
<td></td>
</tr>
<tr>
<td>Only 1 or 2 months</td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td></td>
</tr>
<tr>
<td>Refuse to answer</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CHILD LEVEL 1 SCREENING</th>
</tr>
</thead>
<tbody>
<tr>
<td>Households with no child under age 18 (child_home=0, DK/R), skip to End of Food Security Module.</td>
</tr>
</tbody>
</table>
### FOOD SECURITY

#### CHILD INTRO

**UNIVERSE:** At least 1 child <18 years in household (child_home>0)

Now you will see several statements that people have made about the food situation of their children.

**UNIVERSE:** At least 1 child <18 years in household (child_home>0)

Ahora verá varios enunciados reportados por algunas personas acerca de la situación alimentaria de sus hijos.

#### FOOD SECURITY – CH1

**USDA HFSM**

**CH1**

You or other adults in your household relied on only a few kinds of low-cost food to feed the children because you were running out of money to buy food.

- Often true
- Sometimes true
- Never true
- Don’t know
- Refuse to answer

**UNIVERSE:** At least 1 child <18 years in household (child_home>0)

Usted u otros adultos de su hogar utilizaron unos cuantos tipos de alimentos de bajo costo para alimentar a los niños porque se estaban quedando sin dinero para comprar comida.

- Frecuentemente fue verdad
- Algunas veces fue verdad
- Nunca fue verdad
- No sabe
- Se negó a responder

#### FOOD SECURITY – CH2

**USDA HFSM**

**CH2**

You or other adults in your household couldn't feed the children a balanced meal, because you couldn't afford that.

- Often true
- Sometimes true
- Never true
- Don’t know
- Refuse to answer

**UNIVERSE:** At least 1 child <18 years in household (child_home>0)

Usted u otros adultos de su hogar no pudieron alimentar a los niños con una comida balanceada porque no la pudieron pagar.

- Frecuentemente fue verdad
- Algunas veces fue verdad
- Nunca fue verdad
- No sabe
- Se negó a responder

#### FOOD SECURITY – CH3

**USDA HFSM**

**CH3**

The children were not eating enough because you or other adults in your household just couldn't afford enough food.

- Often true
- Sometimes true
- Never true
- Don’t know
- Refuse to answer

**UNIVERSE:** At least 1 child <18 years in household (child_home>0)

Los niños no comieron lo suficiente porque usted u otros integrantes adultos de su hogar simplemente no tuvieron dinero para comprar suficientes alimentos.

- Frecuentemente fue verdad
- Algunas veces fue verdad
- Nunca fue verdad
- No sabe
- Se negó a responder

#### CHILD LEVEL 2 SCREENING

If affirmative response to one or more of CH1-CH3 (i.e., CH1-CH3= 1 ("often true") or 2 ("sometimes true")), then continue to CH4; otherwise skip to End of Food Security Module.

If affirmative response to one or more of CH1-CH3 (i.e., CH1-CH3= 1 ("often true") or 2 ("sometimes true")), then continue to CH4; otherwise skip to End of Food Security Module.

#### FOOD SECURITY – CH4

**USDA HFSM**

**CH4**

In the last 12 months, since last [current month] did you ever cut the size of any of the children’s meals because there wasn’t enough money for food?

- Yes
- No
- Don’t know
- Refuse to answer

**UNIVERSE:** Respondents who passed child level 2 screening

En los últimos 12 meses, desde el pasado mes de [nombre del mes actual], ¿usted alguna redujo el tamaño de alguna de las comidas de los niños porque no había suficiente dinero para comprar alimentos?

- Sí
- No
- No sabe
- Se negó a responder

#### FOOD SECURITY – CH5

**USDA HFSM**

**CH5**

In the last 12 months, did any of the children ever skip meals because there wasn’t enough money for food?

- Yes

**UNIVERSE:** Respondents who passed child level 2 screening

En los últimos 12 meses, ¿alguno de los niños dejó de comer alguno de sus alimentos porque no había suficiente dinero para comprarlos?

- Sí
<table>
<thead>
<tr>
<th><strong>FOOD SECURITY – CH5a</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>USDA HFSM</strong></td>
</tr>
<tr>
<td><strong>CH5A</strong></td>
</tr>
<tr>
<td><strong>UNIVERSE:</strong> CH5=1 (yes)</td>
</tr>
<tr>
<td><strong>How often did this happen?</strong></td>
</tr>
<tr>
<td>Almost every month</td>
</tr>
<tr>
<td>Some months but not every month</td>
</tr>
<tr>
<td>Only 1 or 2 months</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
<tr>
<td><strong>UNIVERSE:</strong> CH5=1 (yes)</td>
</tr>
<tr>
<td><strong>¿Cuántas veces le sucedió?</strong></td>
</tr>
<tr>
<td>Casi todos los meses</td>
</tr>
<tr>
<td>Algunos meses pero no todos</td>
</tr>
<tr>
<td>Sólo un mes o dos</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>FOOD SECURITY – CH6</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>USDA HFSM</strong></td>
</tr>
<tr>
<td><strong>CH6</strong></td>
</tr>
<tr>
<td><strong>UNIVERSE:</strong> Respondents who passed child level 2 screening</td>
</tr>
<tr>
<td><strong>In the last 12 months, were the children ever hungry but you just couldn't afford more food?</strong></td>
</tr>
<tr>
<td>Yes</td>
</tr>
<tr>
<td>No</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
<tr>
<td><strong>UNIVERSE:</strong> Respondents who passed child level 2 screening</td>
</tr>
<tr>
<td><strong>En los últimos 12 meses, ¿los niños se quedaron con hambre alguna vez pero usted simplemente no pudo comprar más alimentos?</strong></td>
</tr>
<tr>
<td>Sí</td>
</tr>
<tr>
<td>No</td>
</tr>
<tr>
<td>No sabe</td>
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<tr>
<td>Se negó a responder</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>FOOD SECURITY – CH7</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>USDA HFSM</strong></td>
</tr>
<tr>
<td><strong>CH7</strong></td>
</tr>
<tr>
<td><strong>UNIVERSE:</strong> Respondents who passed child level 2 screening</td>
</tr>
<tr>
<td><strong>In the last 12 months, did any of the children ever not eat for a whole day because there wasn't enough money for food?</strong></td>
</tr>
<tr>
<td>Yes</td>
</tr>
<tr>
<td>No</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
<tr>
<td><strong>UNIVERSE:</strong> Respondents who passed child level 2 screening</td>
</tr>
<tr>
<td><strong>En los últimos 12 meses, ¿alguno de los niños dejó de comer todo un día porque no había suficiente dinero para comprar alimentos?</strong></td>
</tr>
<tr>
<td>Sí</td>
</tr>
<tr>
<td>No</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

**DIETARY PATTERNS AND EFFORTS**

<table>
<thead>
<tr>
<th><strong>DOMAIN</strong></th>
<th><strong>ENGLISH</strong></th>
<th><strong>SPANISH TRANSLATION</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SOURCE</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>EATING RESTRICTIONS</strong></td>
<td><strong>RESTRICT_NONE</strong></td>
<td><strong>RESTRICT_R</strong></td>
</tr>
<tr>
<td><strong>RESTRICT_[TYPE]</strong></td>
<td><strong>Would you describe yourself as:</strong> (Select all that apply)</td>
<td><strong>Vegetarian</strong></td>
</tr>
<tr>
<td>DIET MODIFICATION EFFORTS</td>
<td>Have you made an effort to consume more or less of the following in the past year?</td>
<td>¿Se ha esforzado por consumir más o menos de los siguientes alimentos en el último año?</td>
</tr>
<tr>
<td>--------------------------</td>
<td>----------------------------------------------------------------------------------</td>
<td>----------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>EFFORT [TYPE] EFFORT OTEXT</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Calories</td>
<td>Calorías</td>
</tr>
<tr>
<td></td>
<td>Consume LESS</td>
<td>Consume MENOS</td>
</tr>
<tr>
<td></td>
<td>Consume MORE</td>
<td>Consume MÁS</td>
</tr>
<tr>
<td></td>
<td>No effort made</td>
<td>No hizo ningún esfuerzo</td>
</tr>
<tr>
<td></td>
<td>Don’t Know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
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<tr>
<td></td>
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<td></td>
</tr>
<tr>
<td></td>
<td>Fat</td>
<td></td>
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<td></td>
<td>Trans fat</td>
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<td></td>
<td>Protein</td>
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<td>Fibre</td>
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<td></td>
<td>Sugar/Added sugar</td>
<td></td>
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<td></td>
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<td></td>
<td>Salt/sodium</td>
<td></td>
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<td></td>
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<tr>
<td></td>
<td>Fruit and vegetables</td>
<td></td>
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<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Whole grains</td>
<td></td>
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<td></td>
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<td></td>
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<tr>
<td></td>
<td>Dairy products</td>
<td></td>
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<td></td>
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<td></td>
</tr>
<tr>
<td></td>
<td>All meats</td>
<td></td>
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<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Red meat (e.g., beef, pork) only</td>
<td></td>
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<td></td>
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<tr>
<td></td>
<td>Alcohol</td>
<td></td>
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<tr>
<td></td>
<td>‘Artificial’ low-calorie sweeteners like aspartame</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>‘Natural’ low-calorie sweeteners like stevia</td>
<td></td>
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<td></td>
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<tr>
<td></td>
<td>Processed foods</td>
<td></td>
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<td></td>
<td></td>
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<tr>
<td></td>
<td>Genetically-modified organisms (GMO)</td>
<td></td>
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</tbody>
</table>
## Weight Loss Efforts, Body Perceptions, and Weight Stigma

### Perceived Body Size

<table>
<thead>
<tr>
<th>Domain Source</th>
<th>English</th>
<th>Spanish Translation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Images from (Collins, 1991)</td>
<td>Don't know &lt;br&gt;Refuse to answer</td>
<td>No sabe &lt;br&gt;Se negó a responder</td>
</tr>
</tbody>
</table>

### Perceived Weight CCHS

<table>
<thead>
<tr>
<th>Domain Source</th>
<th>English</th>
<th>Spanish Translation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do you consider yourself to be...</td>
<td>Obese</td>
<td>¿Usted se considera...?</td>
</tr>
<tr>
<td></td>
<td>Overweight</td>
<td>De peso mayor al normal</td>
</tr>
<tr>
<td></td>
<td>Underweight</td>
<td>De peso menor al normal</td>
</tr>
<tr>
<td></td>
<td>Just about right</td>
<td>De peso adecuado</td>
</tr>
<tr>
<td></td>
<td>Don't know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

### Weight Behaviour

<table>
<thead>
<tr>
<th>Domain Source</th>
<th>English</th>
<th>Spanish Translation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adapted from: NHANES, 2009-2010</td>
<td>During the past 12 months have you tried to... &lt;br&gt;Select all that apply</td>
<td>En los últimos 12 meses ha intentado... &lt;br&gt;(Seleccione todas las opciones que apliquen)</td>
</tr>
<tr>
<td></td>
<td>Lose weight</td>
<td>Bajar de peso</td>
</tr>
<tr>
<td></td>
<td>Gain weight</td>
<td>Subir de peso</td>
</tr>
<tr>
<td></td>
<td>Stay the same weight</td>
<td>Mantener el mismo peso</td>
</tr>
<tr>
<td></td>
<td>I have not tried to do anything about my weight</td>
<td>No ha intentado hacer nada respecto a su peso</td>
</tr>
<tr>
<td></td>
<td>Don't know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>
### Weight Loss Methods

**NHANES Diet History Questionnaire** (Adapted)

- WT_LOSS_TYPE
- WT_LOSS_NONE
- WT_LOSS_DK
- WT_LOSS_R
- WT_LOSS_DIETTEXT
- WT_LOSS_OTEXT
- WT_SAME_TYPE
- WT_SAME_NONE
- WT_SAME_DK
- WT_SAME_R
- WT_SAME_DIETTEXT
- WT_SAME_OTEXT

**UNIVERSE:** Tried to lose weight, but did not try to stay the same weight (wt_try_loss=1 and wt_try_same=0)

**How did you try to lose weight in the past 12 months?**

**UNIVERSE:** Did not try to lose weight, but tried to stay the same weight (wt_try_loss=0 and wt_try_same=1)

**How did you try to 'stay the same weight' in the past 12 months?**

**UNIVERSE:** Tried to lose weight and tried to stay the same weight (wt_try_loss=1 and wt_try_same=1)

**How did you try to lose weight or 'stay the same weight' in the past 12 months?**

- Skipped meals or fasted
- Ate less food (amount)
- Ate less fat
- Ate less candy, sugar or sweets
- Ate fewer carbohydrates
- Ate more fruits, vegetables or salads
- Switched to foods with lower calories
- Followed a special diet or weight loss program (e.g., Atkins, Weight Watchers.) → Please specify: [open-ended]
- Used a liquid diet formula such as Slimfast or Optifast
- Did a cleanse or detox diet
- Did an cleanse or detox diet
- Exercised
- Drank a lot of water
- Got help from a health professional
- Took diet pills prescribed by a doctor
- Took other pills, medicines, herbs, or supplements not needing a prescription
- Took laxatives or vomited
- Started to smoke or began to smoke again
- Other → Please specify: [open-ended]
- None of the above
- Don't know
- Refuse to answer

**EAT-3 Behavioural Items**

**HAINES J, ZIYADEH NJ, FRANKO DL, MCDONALD J, MOND JM, AUSTIN SB. SCREENING HIGH SCHOOL STUDENTS FOR EATING DISORDERS: VALIDITY**

**In the past 3 months, how often have you:**

- *... gone on eating binges?* (Eating a large amount of food while feeling out of control).
- *... made yourself sick (vomited) to control your weight?*

**Never**
- Less than 1 time a month
- 1 to 3 times a month

**En los últimos 3 meses, ¿cuántas veces:**

- *... comió en exceso?* (Comió una gran cantidad de alimentos y se sintió fuera de control).
- *... se provocó el vómito para controlar su peso?*

- Nunca
- Menos de 1 vez al mes
- 1 a 3 veces al mes
<table>
<thead>
<tr>
<th>Weight Bias Item</th>
<th>Translation of Weight Bias Item</th>
<th>Possible Responses</th>
<th>Spanish Translation</th>
<th>Spanish Possible Responses</th>
</tr>
</thead>
<tbody>
<tr>
<td>I worry about becoming fat.</td>
<td>Me preocupa engordar.</td>
<td>Strongly disagree</td>
<td>Completamente en desacuerdo</td>
<td>Siempre en desacuerdo</td>
</tr>
<tr>
<td>Disagree</td>
<td>En desacuerdo</td>
<td>Neutral</td>
<td>Ni de acuerdo ni en desacuerdo</td>
<td>Actualmente</td>
</tr>
<tr>
<td>Agree</td>
<td>De acuerdo</td>
<td>Strongly agree</td>
<td>Completamente de acuerdo</td>
<td>No sabe</td>
</tr>
<tr>
<td>Don’t know</td>
<td>Se negó a responder</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>DOMAIN SOURCE</td>
<td>ENGLISH</td>
<td>SPANISH TRANSLATION</td>
<td></td>
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<tr>
<td>-------------------</td>
<td>-------------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------------------</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| POP PERCEIVED HEALTHINESS  
SSB_HLTH_POP | **In your opinion, how unhealthy or healthy is this type of drink?**  
- Very unhealthy  
- Unhealthy  
- A little unhealthy  
- Neither unhealthy nor healthy  
- A little healthy  
- Healthy  
- Very healthy  
- Don’t know  
- Refuse to answer | **En su opinión, ¿qué tan saludable o poco saludable es este tipo de bebida?**  
- Muy mala para la salud  
- Mala para la salud  
- Un poco mala para la salud  
- Ni mala ni buena para la salud  
- Poco saludable  
- Saludable  
- Muy saludable  
- No sabe  
- Se negó a responder |
| POP ACCEPTABLE FREQUENCY FOR CHILDREN  
SSB_CHILD_POP | **Imagine that you have a 10-year old child. Is it okay for them to have this type of drink...**  
- Never  
- Once per month  
- A few times per month  
- Once per week  
- A few times per week  
- Once per day  
- As often as they would like  
- Don’t know  
- Refuse to answer | **Imagine que tiene un hijo de 10 años de edad. ¿Le parece bien que tome este tipo de bebida?**  
- Nunca  
- Una vez al mes  
- Unas cuantas veces al mes  
- Una vez a la semana  
- Unas cuantas veces a la semana  
- Una vez al día  
- Tantas veces como quiera  
- No sabe  
- Se negó a responder |
### SSB PERCEPTIONS - CONDITION

**SSB_CONDITION**

<table>
<thead>
<tr>
<th>Diet pop</th>
<th>100% juice</th>
<th>Energy drink</th>
<th>Water</th>
<th>Specialty coffee</th>
<th>Sports drink</th>
<th>Chocolate milk</th>
<th>Iced tea</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image1.png" alt="Image" /></td>
<td><img src="image2.png" alt="Image" /></td>
<td><img src="image3.png" alt="Image" /></td>
<td><img src="image4.png" alt="Image" /></td>
<td><img src="image5.png" alt="Image" /></td>
<td><img src="image6.png" alt="Image" /></td>
<td><img src="image7.png" alt="Image" /></td>
<td><img src="image8.png" alt="Image" /></td>
</tr>
</tbody>
</table>

[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following set of 3 questions with the same beverage image on screen for each question.]

### SSB PERCEIVED HEALTHINESS

**SSB_HLTH_TYPE**

In your opinion, how unhealthy or healthy is this type of drink?

- Very unhealthy
- Unhealthy
- A little unhealthy
- Neither unhealthy nor healthy
- A little healthy
- Healthy
- Very healthy
- Don’t know
- Refuse to answer

<table>
<thead>
<tr>
<th>Diet pop</th>
<th>100% juice</th>
<th>Energy drink</th>
<th>Water</th>
<th>Specialty coffee</th>
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<td><img src="image7.png" alt="Image" /></td>
<td><img src="image8.png" alt="Image" /></td>
</tr>
</tbody>
</table>

In your opinion, how unhealthy or healthy is this type of drink?

- Very mala para la salud
- Mala para la salud
- Un poco mala para la salud
- Ni mala ni buena para la salud
- Poco saludable
- Saludable
- Muy saludable
- No sabe
- Se negó a responder

<table>
<thead>
<tr>
<th>Diet pop</th>
<th>100% juice</th>
<th>Energy drink</th>
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<td><img src="image7.png" alt="Image" /></td>
<td><img src="image8.png" alt="Image" /></td>
</tr>
</tbody>
</table>

[PROGRAMMER NOTE: Randomize each respondent to view one beverage and answer the following set of 3 questions with the same beverage image on screen for each question.]
| **SSB ACCEPTABLE FREQUENCY FOR CHILDREN** | Imagine that you have a 10-year old child. Is it okay for them to have this type of drink...  

[show image with fl oz label]  
Never  
Once per month  
A few times per month  
Once per week  
A few times per week  
Once per day  
As often as they would like  
Don’t know  
Refuse to answer | Imagine que tiene un hijo de 10 años de edad. ¿Le parece bien que tome este tipo de bebida?  

[show image with fl oz label]  
Nunca  
Una vez al mes  
Unas cuantas veces al mes  
Una vez a la semana  
Unas cuantas veces a la semana  
Una vez al día  
Tantas veces como quiera  
No sabe  
Se negó a responder |
| **SSB SUGAR AMOUNT** | A 20 fl oz bottle of ‘regular’ Coke has 65 grams of sugar.  
How much sugar do you think the following beverage contains?  

[show image with fl oz label]  
Enter number of grams: ______  
Don’t know  
Refuse to answer | Una botella de Coca ‘normal’ de 20 fl oz tiene 65 gramos de azúcar.  
¿Cuánta azúcar cree usted que contiene la siguiente bebida?  

[show image with fl oz label]  
Ingrese el número de gramos: ______  
No sabe  
Se negó a responder |
| **SSB DEFINITION** | The next few questions ask about SUGAR AND SUGARY DRINKS. Sugary drinks are drinks that contain added sugar, like pop, fruit drinks, sports drinks, energy drinks, chocolate milk, and specialty coffees that have added sugar. | Las siguientes preguntas se refieren a AZÚCAR Y BEBIDAS AZUCARADAS. Las bebidas azucaradas son bebidas que contienen azúcar añadida, como los refrescos/gaseosas, bebidas de fruta, deportivas, energéticas, leche con chocolate y cafés de especialidad a los cuales se les añade azúcar. |
| **SSB SELF CONSUMPTION** | Is the amount of sugary drinks you typically have in a week...  
A very unhealthy amount  
An unhealthy amount  
Neither unhealthy nor healthy amount  
A healthy amount  
A very healthy amount  
Don’t know  
Refuse to answer | La cantidad de bebidas azucaradas que normalmente toma a la semana es...  
Una cantidad muy mala para la salud  
Una cantidad mala para la salud  
Una cantidad ni mala ni buena para la salud  
Una cantidad saludable  
Una cantidad muy saludable  
No sabe  
Se negó a responder |
| **SSB SOCIAL NORMS – Q1** | People important to me TRY NOT to eat foods high in SUGAR.  
Strongly agree  
Agree  
Neither agree nor disagree  
Disagree  
Strongly disagree  
Don’t know  
Refuse to answer | Las personas que me importan TRATAN DE EVITAR alimentos con alto contenido de AZÚCAR.  
Completamente de acuerdo  
De acuerdo  
Ni de acuerdo ni en desacuerdo  
En desacuerdo  
Completamente en desacuerdo  
No sabe  
Se negó a responder |
<table>
<thead>
<tr>
<th>SSB SOCIAL NORMS – Q2</th>
<th>People important to me <strong>THINK I SHOULD NOT</strong> eat foods high in <strong>SUGAR</strong>.</th>
<th>Las personas que me importan <strong>PIENSAN QUE NO DEBO</strong> comer alimentos con alto contenido de <strong>AZÚCAR</strong>.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SSB_NORMS2</strong></td>
<td>Strongly agree</td>
<td>Completemente de acuerdo</td>
</tr>
<tr>
<td></td>
<td>Agree</td>
<td>De acuerdo</td>
</tr>
<tr>
<td></td>
<td>Neither agree nor disagree</td>
<td>Ni de acuerdo ni en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Disagree</td>
<td>En desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Strongly disagree</td>
<td>Completamente en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SSB SOCIAL NORMS – Q3</th>
<th>People important to me <strong>TRY NOT</strong> to drink <strong>SUGARY DRINKS</strong>.</th>
<th>Las personas que me importan <strong>TRATAN DE NO</strong> tomar <strong>BEBIDAS AZUCARADAS</strong>.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SSB_NORMS3</strong></td>
<td>Strongly agree</td>
<td>Completemente de acuerdo</td>
</tr>
<tr>
<td></td>
<td>Agree</td>
<td>De acuerdo</td>
</tr>
<tr>
<td></td>
<td>Neither agree nor disagree</td>
<td>Ni de acuerdo ni en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Disagree</td>
<td>En desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Strongly disagree</td>
<td>Completamente en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SSB SOCIAL NORMS – Q4</th>
<th>People important to me <strong>THINK I SHOULD NOT</strong> drink <strong>SUGARY DRINKS</strong>.</th>
<th>Las personas que me importan <strong>PIENSAN QUE NO DEBO</strong> tomar <strong>BEBIDAS AZUCARADAS</strong>.</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SSB_NORMS4</strong></td>
<td>Strongly agree</td>
<td>Completemente de acuerdo</td>
</tr>
<tr>
<td></td>
<td>Agree</td>
<td>De acuerdo</td>
</tr>
<tr>
<td></td>
<td>Neither agree nor disagree</td>
<td>Ni de acuerdo ni en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Disagree</td>
<td>En desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Strongly disagree</td>
<td>Completamente en desacuerdo</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PUBLIC TRUST</th>
<th><strong>PT_HE_SUGARY_DRINKS</strong></th>
<th>Favor de indicarnos si está de acuerdo o en desacuerdo con lo siguiente:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>I trust messages from <strong>health experts on sugary drinks</strong>.</td>
<td><strong>Confío en los mensajes de los expertos en salud sobre las bebidas azucaradas.</strong></td>
</tr>
<tr>
<td></td>
<td>Strongly agree</td>
<td>Completemente de acuerdo</td>
</tr>
<tr>
<td></td>
<td>Agree</td>
<td>De acuerdo</td>
</tr>
<tr>
<td></td>
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</table>

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<tr>
<th>PUBLIC TRUST</th>
<th><strong>PT_IND_SUGARY_DRINKS</strong></th>
<th>Favor de indicarnos si está de acuerdo o en desacuerdo con lo siguiente:</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>I trust messages from the <strong>food and beverage industry on sugary drinks</strong>.</td>
<td><strong>Confío en los mensajes de la industria de alimentos y bebidas sobre las bebidas azucaradas.</strong></td>
</tr>
<tr>
<td></td>
<td>Strongly agree</td>
<td>Completemente de acuerdo</td>
</tr>
<tr>
<td></td>
<td>Agree</td>
<td>De acuerdo</td>
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<tr>
<td></td>
<td>Neither agree nor disagree</td>
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<tr>
<td></td>
<td>Strongly disagree</td>
<td>Completamente en desacuerdo</td>
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<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>
**SUGAR KNOWLEDGE**

**SF_OBESITY**

**SF_DIABETES**

**SF_TOOTH**

**SD_OBESITY**

**SD_DIABETES**

**SD_TOOTH**

<table>
<thead>
<tr>
<th>Disagree</th>
<th>Strongly disagree</th>
<th>Don’t know</th>
<th>Refuse to answer</th>
<th>Ni de acuerdo ni en desacuerdo</th>
<th>En desacuerdo</th>
<th>Completamente en desacuerdo</th>
<th>No sabe</th>
<th>Se negó a responder</th>
</tr>
</thead>
</table>

Please rate if you feel the following are true or false:

- Eating food high in **SUGAR** increases the risk of obesity.
- Eating food high in **SUGAR** increases the risk of diabetes.
- Eating food high in **SUGAR** increases the risk of tooth decay.
- Frequently drinking **SUGARY DRINKS** increases the risk of obesity.
- Frequently drinking **SUGARY DRINKS** increases the risk of diabetes.
- Frequently drinking **SUGARY DRINKS** increases the risk of tooth decay.

[Insert dropdown list for each of above]

<table>
<thead>
<tr>
<th>True</th>
<th>False</th>
<th>Don’t know</th>
<th>Refuse to answer</th>
</tr>
</thead>
</table>

**NUTRITION KNOWLEDGE**

<table>
<thead>
<tr>
<th>Domain</th>
<th>English</th>
<th>Spanish Translation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Self-reported nutrition knowledge</td>
<td>How would you rate your nutrition knowledge?</td>
<td>¿Cómo calificaría sus conocimientos sobre nutrición?</td>
</tr>
<tr>
<td></td>
<td>Not at all knowledgeable</td>
<td>No sé nada del tema</td>
</tr>
<tr>
<td></td>
<td>A little knowledgeable</td>
<td>Sé muy poco del tema</td>
</tr>
<tr>
<td></td>
<td>Somewhat knowledgeable</td>
<td>Tengo algunos conocimientos sobre el tema</td>
</tr>
<tr>
<td></td>
<td>Very knowledgeable</td>
<td>Conozco muy bien el tema</td>
</tr>
<tr>
<td></td>
<td>Extremely knowledgeable</td>
<td>Conozco extremadamente bien el tema</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
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</tbody>
</table>
### SOURCES OF NUTRITION INFORMATION

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INFO</strong></td>
<td><strong>ENGLISH</strong></td>
<td><strong>SPANISH TRANSLATION</strong></td>
</tr>
<tr>
<td>CCHS FOOD GUIDE module and TNT integrated content (adapted to be for 12 months rather than 6)</td>
<td>In the past 12 months, did you get information on food or nutrition from any of the following sources? (Select all that apply) Health professional (e.g., family doctor, nurse, or dietitian) Alternative health practitioner (e.g., chiropractor, naturopath, homeopath, holistic nutritionist) Health association materials or website (e.g., American Heart Association, American Cancer Society, Academy of Nutrition and Dietetics) Fitness programs / personal trainer Weight loss programs (such as Weight Watchers) Your family, friends, or colleagues MyPlate or the Food Guide Pyramid Government / health agency materials, websites or apps Food company materials, advertisements, websites or apps Nutrition Facts Panels on food products Food product labels Grocery store or pharmacy Magazines, newspapers or books TV or radio General research on the internet Social media or blogs (e.g., Facebook, Twitter) Celebrities (e.g., Gwyneth Paltrow, Food Babe) Mobile app → Which app? [open-ended] Other → Please specify: [open-ended] None of the above Don’t know Refuse to answer</td>
<td>En los últimos 12 meses, ¿obtuvo información sobre alimentos o nutrición de cualquiera de las siguientes fuentes? (Seleccione todas las opciones que apliquen) Profesional de la salud (e.g., médico familiar, enfermera o nutricionista) Profesional de medicina alternativa (e.g., quiropráctico, naturópata, homeópata, nutriólogo holístico) Materiales o sitio web de una entidad de salud (e.g., American Heart Association, American Cancer Society, Academy of Nutrition and Dietetics) Programas de acondicionamiento físico / entrenador físico personal Programas para bajar de peso (como Weight Watchers) Su familia, amistades o colegas La Guía Nutricional “Mi Plato” o La Guía Pirámide de Alimentos Gobierno / materiales de una agencia de salud, sitios web o apps Materiales de una compañía de productos alimenticios, anuncios comerciales, sitios web o apps Tabla de información nutrimental sobre del empaque de los productos alimenticios Etiquetas de productos alimenticios Tienda de abarrotes o farmacia Revistas, periódicos o libros Televisión o radio Investigación general en internet Redes sociales o blogs (e.g., Facebook, Twitter) Celebridades (e.g., Gwyneth Paltrow, Food Babe) App móvil → ¿Cuál app? [respuesta abierta] Otra → Favor de especificar: [respuesta abierta] Ninguna de las anteriores No sabe Se negó a responder</td>
</tr>
<tr>
<td><strong>PUBLIC EDUCATION</strong></td>
<td><strong>PUBLIC_ED1</strong></td>
<td>¿Recuerda haber visto mensajes educativos o campañas del gobierno o de organismos de salud sobre alimentación saludable en los últimos 12 meses? Sí No No sabe Se negó a responder</td>
</tr>
<tr>
<td>PUBLIC EDUCATION – DESCRIPTION</td>
<td>Can you briefly describe the message or campaign? [OPEN TEXT FIELD]</td>
<td>¿Podría describir brevemente el mensaje o la campaña? [CAMPO ABIERTO PARA TEXTO]</td>
</tr>
<tr>
<td>-------------------------------</td>
<td>-------------------------------------------------</td>
<td>------------------------------------------------------------------</td>
</tr>
<tr>
<td>DOCTOR ADVICE</td>
<td>Has a doctor ever advised you to do any of the following? (Select all that apply)</td>
<td>¿Un doctor le ha pedido tomar alguna de las siguientes medidas? (Seleccione todas las opciones que apliquen)</td>
</tr>
<tr>
<td>DOCADVICE_[TYPE]</td>
<td>Lose weight</td>
<td>Bajar de peso</td>
</tr>
<tr>
<td>DOCADVICE_NONE</td>
<td>Reduce sodium or salt intake</td>
<td>Reducir el consumo de sodio o sal</td>
</tr>
<tr>
<td>DOCADVICE_OK</td>
<td>Reduce cholesterol in your diet</td>
<td>Reducir el colesterol de su dieta</td>
</tr>
<tr>
<td>DOCADVICE_R</td>
<td>Reduce sugary drinks</td>
<td>Reducir el consumo de bebidas azucaradas</td>
</tr>
<tr>
<td>DOCADVICE_OTEXT</td>
<td>Eat more fruits and vegetables</td>
<td>Comer más frutas y verduras</td>
</tr>
<tr>
<td>Other diet advice (please specify):</td>
<td>None of the above</td>
<td>Otro consejo alimenticio (favor de especificar):</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>Ninguno de los anteriores</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD PACKAGING &amp; LABELLING</th>
</tr>
</thead>
<tbody>
<tr>
<td>DOMAIN SOURCE</td>
</tr>
<tr>
<td>NUTRITION INFO IN GROCERY STORES</td>
</tr>
<tr>
<td>INFO_GROCERY</td>
</tr>
<tr>
<td></td>
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<td></td>
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<td></td>
</tr>
</tbody>
</table>
### NFT AWARENESS

**NFT_AWARE_USA**

We would now like to ask you some questions about food labels on products.

How often have you **seen** this type of food label on packages or in stores?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Spanish</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>Nunca</td>
</tr>
<tr>
<td>Rarely</td>
<td>Rara vez</td>
</tr>
<tr>
<td>Sometimes</td>
<td>Algunas veces</td>
</tr>
<tr>
<td>Often</td>
<td>Frecuentemente</td>
</tr>
<tr>
<td>All the time</td>
<td>Todo el tiempo</td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

**UNIVERSE:** NFT_AWARE_USA = ‘rarely’, ‘sometimes’, ‘often’, or ‘all the time’

### NFT USE

**NFT_USE_USA**

How often do you **use** this type of food label when deciding to buy a food product?

<table>
<thead>
<tr>
<th>Frequency</th>
<th>Spanish</th>
</tr>
</thead>
<tbody>
<tr>
<td>Never</td>
<td>Nunca</td>
</tr>
<tr>
<td>Rarely</td>
<td>Rara vez</td>
</tr>
<tr>
<td>Sometimes</td>
<td>Algunas veces</td>
</tr>
<tr>
<td>Often</td>
<td>Frecuentemente</td>
</tr>
</tbody>
</table>

**UNIVERSE:** NFT_AWARE_USA = ‘rarely’, ‘sometimes’, ‘often’, or ‘all the time’
<table>
<thead>
<tr>
<th>NFT UNDERSTANDING</th>
<th>Do you find this information...</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Nutrition Facts</strong></td>
<td><strong>Nutrition Facts</strong></td>
</tr>
<tr>
<td>Serving: 320-440 calories (57 g)</td>
<td>Serving: 320-440 calories (57 g)</td>
</tr>
<tr>
<td><em>Calculated from U.S. Food and Drug Administration data.</em></td>
<td><em>Calculated from U.S. Food and Drug Administration data.</em></td>
</tr>
<tr>
<td><strong>Sodium</strong>: 2 mg</td>
<td><strong>Sodium</strong>: 2 mg</td>
</tr>
<tr>
<td><strong>Cholesterol</strong>: 0 mg</td>
<td><strong>Cholesterol</strong>: 0 mg</td>
</tr>
<tr>
<td><strong>Total Carbohydrate</strong>: 15 g</td>
<td><strong>Total Carbohydrate</strong>: 15 g</td>
</tr>
<tr>
<td><strong>Protein</strong>: 1 g</td>
<td><strong>Protein</strong>: 1 g</td>
</tr>
<tr>
<td><strong>Vitamin C</strong>: 10 mg</td>
<td><strong>Vitamin C</strong>: 10 mg</td>
</tr>
<tr>
<td><strong>Iron</strong>: 0 mg</td>
<td><strong>Iron</strong>: 0 mg</td>
</tr>
<tr>
<td><strong>Potassium</strong>: 5 mg</td>
<td><strong>Potassium</strong>: 5 mg</td>
</tr>
<tr>
<td><strong>Copper</strong>: 0 mg</td>
<td><strong>Copper</strong>: 0 mg</td>
</tr>
<tr>
<td><strong>Calcium</strong>: 0 mg</td>
<td><strong>Calcium</strong>: 0 mg</td>
</tr>
<tr>
<td><strong>Magnesium</strong>: 0 mg</td>
<td><strong>Magnesium</strong>: 0 mg</td>
</tr>
<tr>
<td>**<em>Values are based on a 2,000 calorie diet.</em></td>
<td>*<em>Values are based on a 2,000 calorie diet.</em></td>
</tr>
</tbody>
</table>

**Very hard to understand**
**Hard to understand**
**Neither hard nor easy**
**Easy to understand**
**Very easy to understand**
**Don’t know**
**Refuse to answer**

<table>
<thead>
<tr>
<th>NFT INFLUENCE</th>
<th>Overall, how much do food labels influence what you eat?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>LABEL_OVERALL</strong></td>
<td><strong>LABEL_OVERALL</strong></td>
</tr>
<tr>
<td><strong>No influence at all</strong></td>
<td><strong>En general, ¿qué tanta influencia tiene el etiquetado en los alimentos que consume?</strong></td>
</tr>
<tr>
<td><strong>A little influence</strong></td>
<td><strong>Ningún tipo de influencia</strong></td>
</tr>
<tr>
<td><strong>Some influence</strong></td>
<td><strong>Poca influencia</strong></td>
</tr>
<tr>
<td><strong>A lot of influence</strong></td>
<td><strong>Algo de influencia</strong></td>
</tr>
<tr>
<td><strong>Very strong influence</strong></td>
<td><strong>Mucha influencia</strong></td>
</tr>
<tr>
<td><strong>Don’t know</strong></td>
<td><strong>Una fuerte influencia</strong></td>
</tr>
<tr>
<td><strong>Refuse to answer</strong></td>
<td><strong>No sabe</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FOOD PRODUCTS – PERCEIVED HEALTH</th>
<th>Overall, how healthy is this food product?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>HLTH1...13</strong></td>
<td><strong>HLTH1...13</strong></td>
</tr>
<tr>
<td>[PROGRAMMER NOTE: show country specific food categories. Randomize order of 13 food products, and record order of randomization.]</td>
<td>[PROGRAMMER NOTE: show country specific food categories. Randomize order of 12 food products, and record order of randomization.]</td>
</tr>
<tr>
<td><strong>0 1 2 3 4 5 6 7 8 9 10</strong></td>
<td><strong>0 1 2 3 4 5 6 7 8 9 10</strong></td>
</tr>
<tr>
<td><strong>Not at all healthy</strong></td>
<td><strong>Nada saludable</strong></td>
</tr>
<tr>
<td><strong>Extremely healthy</strong></td>
<td><strong>Extremadamente saludable</strong></td>
</tr>
<tr>
<td><strong>Don’t know</strong></td>
<td><strong>No sabe</strong></td>
</tr>
<tr>
<td><strong>Refuse to answer</strong></td>
<td><strong>Se negó a responder</strong></td>
</tr>
</tbody>
</table>
WARNING LABELS

PROGRAMMER NOTE: Randomly assign to 1 of 6 label conditions:
- Control (no label)
- Yellow text warning
- Health star rating
- Chilean warning
- Guideline Daily Amount (GDA)
- Traffic light

PROGRAMMER NOTE: Randomly assign to 1 of 6 label conditions:
- No label - control
- Yellow text warning
- Health star rating
- Chilean warning
- Guideline Daily Amount (GDA)
- Traffic light
In your opinion, is this product...
Very unhealthy
Unhealthy
A little unhealthy
Neither unhealthy nor healthy
A little healthy
Healthy
Very healthy
Don’t know
Refuse to answer
<table>
<thead>
<tr>
<th>RETAIL ENVIRONMENT</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SUPERMARKET POLICIES</strong></td>
<td>[PROGRAMMER NOTE: SHOW 2 RANDOMLY SELECTED ITEMS TO EACH PARTICIPANT; RANDOMIZE ORDER OF ITEM PRESENTATION. HIDE BACK BUTTON. USE TABLE FORMAT.] <strong>Would you support or oppose the following practices in grocery stores …</strong> Fewer end-of-aisle displays containing unhealthy foods or soda/pop Checkouts with only healthy products (e.g., no soda/pop, chocolate, candy) More shelf space for fresh and healthier foods such as fruits and vegetables Support Neutral Oppose Don’t know Refuse to answer</td>
<td>[PROGRAMMER NOTE: SHOW 2 RANDOMLY SELECTED ITEMS TO EACH PARTICIPANT; RANDOMIZE ORDER OF ITEM PRESENTATION. HIDE BACK BUTTON. USE TABLE FORMAT.] <strong>¿Apoyaría o se opondría a las siguientes prácticas en las tiendas de abarrotes?:</strong> Menos mostradores al final del pasillo que contengan alimentos no sanos o refrescos Cajas para pagar donde haya solo productos saludables (por ejemplo, sin refrescos, chocolates, caramelos) Más espacio en los estantes para alimentos frescos y más sanos, como frutas y verduras La apoyaría No la apoyaría ni me opondría Me opondría No sabe Se negó a responder</td>
</tr>
<tr>
<td><strong>HOME RETAIL</strong></td>
<td>[PROGRAMMER NOTE: Hide back button; use table format] <strong>Are the following food or drinks sold in stores you can get to WITHIN 5 MINUTES FROM YOUR HOME, using your usual mode of transportation (e.g., walk, drive, or public transit)?</strong> Junk food Fresh fruit or vegetables Other healthy snacks Sugary drinks Clean drinking water Not available to buy / Available to buy / Don’t know / Refuse to answer</td>
<td>[PROGRAMMER NOTE: Hide back button; use table format] <strong>¿Los siguientes alimentos o bebidas se venden en las tiendas a las que puede llegar DENTRO DE 5 MINUTOS DESDE SU HOGAR utilizando su medio de transporte habitual (por ejemplo, caminar, conducir o usar el transporte público)?</strong> Comida chatarra Frutas o verduras frescas Otros refrigerios saludables Bebidas azucaradas Agua potable limpia No está disponible para su compra / Disponible para su compra / No sabe / Se negó a responder</td>
</tr>
</tbody>
</table>
### SCHOOL RETAIL

**SCHOOL\_[TYPE]_NA**
**SCHOOL\_[TYPE]_FREE**
**SCHOOL\_[TYPE]_BUY**
**SCHOOL\_[TYPE]_DK**
**SCHOOL\_[TYPE]_R**

**UNIVERSE:** Full-time or part-time student (student=2 or 3)

[PROGRAMMER NOTE: Use table format]

**Are the following food or drinks available at your SCHOOL/COLLEGE/UNIVERSITY?**

Do not include items you bring from home.

- Junk food
- Fresh fruit or vegetables
- Other healthy snacks
- Sugary drinks
- Clean drinking water

Not available / Available for free / Available to buy / Don’t Know / Refuse to answer

### WORK RETAIL

**WORK\_[TYPE]_NA**
**WORK\_[TYPE]_FREE**
**WORK\_[TYPE]_BUY**
**WORK\_[TYPE]_DK**
**WORK\_[TYPE]_R**

**UNIVERSE:** Main activity was working at a paid job or business, or vacation (from paid work) (occup=1 or 2)

[PROGRAMMER NOTE: Use table format]

**Are the following food or drinks are available at your WORKPLACE?**

Do not include items you bring from home.

- Junk food
- Fresh fruit or vegetables
- Other healthy snacks
- Sugary drinks
- Clean drinking water

Not available / Available for free / Available to buy / Don’t Know / Refuse to answer

---

**¿Los siguientes alimentos o bebidas se encuentran disponibles en su ESCUELA/UNIVERSIDAD?**

No incluya los artículos que trae de su casa.

- Comida chatarra
- Frutas o verduras frescas
- Otros refrigerios saludables
- Bebidas azucaradas
- Agua potable limpia

No está disponible / Disponible sin costo / Disponible para su compra / No sabe / Se negó a responder

---

**¿Los siguientes alimentos o bebidas se encuentran disponibles en su LUGAR DE TRABAJO?**

No incluya los artículos que trae de su casa.

- Comida chatarra
- Frutas o verduras frescas
- Otros refrigerios saludables
- Bebidas azucaradas
- Agua potable limpia

No está disponible / Disponible sin costo / Disponible para su compra / No sabe / Se negó a responder
## MENU LABELLING

<table>
<thead>
<tr>
<th>Domain Source</th>
<th>English</th>
<th>Spanish Translation</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Last Restaurant Visit</strong>&lt;br&gt;FCMS&lt;br&gt;REST_VISIT</td>
<td>When was the last time you visited a restaurant (including a fast-food outlet or coffee shop)?&lt;br&gt;Within the last 24 hours&lt;br&gt;Within the last 7 days&lt;br&gt;Within the last month&lt;br&gt;Within the last 3 months&lt;br&gt;Within the last 6 months&lt;br&gt;Longer than 6 months ago&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td>¿Cuándo fue la última vez que comió en un restaurante (incluidos establecimientos de comida rápida o cafeterías)?&lt;br&gt;En las últimas 24 horas&lt;br&gt;En los últimos 7 días&lt;br&gt;En el último mes&lt;br&gt;En los últimos 3 meses&lt;br&gt;En los últimos 6 meses&lt;br&gt;Hace más de 6 meses&lt;br&gt;No sabe&lt;br&gt;No se negó a responder</td>
</tr>
<tr>
<td><strong>Menu Labelling – Noticing</strong>&lt;br&gt;FCMS (Adapted)&lt;br&gt;REST_INFO</td>
<td>The last time you visited a restaurant, did you notice any nutrition information?&lt;br&gt;Yes&lt;br&gt;No&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td>La última vez que comió en un restaurante, ¿vio en algún lugar información nutricional?&lt;br&gt;Sí&lt;br&gt;No&lt;br&gt;No sabe&lt;br&gt;No se negó a responder</td>
</tr>
<tr>
<td><strong>Menu Labelling – Noticing Location</strong>&lt;br&gt;FCMS&lt;br&gt;REST_INFO_[TYPE]&lt;br&gt;REST_INFO_DK&lt;br&gt;REST_INFO_R&lt;br&gt;REST_INFO_OTEXT</td>
<td>Where was this information located? (Select all that apply)&lt;br&gt;On the menu/menu board&lt;br&gt;On a poster or sign&lt;br&gt;Next to a food item&lt;br&gt;On the item packaging/wrapper&lt;br&gt;On the tray liner&lt;br&gt;On a napkin&lt;br&gt;In a pamphlet or brochure&lt;br&gt;On a computer screen / At a kiosk&lt;br&gt;Other → Please specify: [open-ended]&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td>¿Dónde se encontraba esa información? (Seleccione todas las opciones que apliquen)&lt;br&gt;En el menú / pizarrón del menú&lt;br&gt;En un póster o letrero&lt;br&gt;Junto al nombre del alimento&lt;br&gt;En el empaque / envoltorio del alimento&lt;br&gt;En la manteleta de papel de la charola&lt;br&gt;En una servilleta&lt;br&gt;En un panfleto o folleto&lt;br&gt;En la pantalla de una computadora / En un kiosco&lt;br&gt;Otro → Favor de especificar: [respuesta abierta]&lt;br&gt;No sabe&lt;br&gt;No se negó a responder</td>
</tr>
<tr>
<td><strong>Menu Labelling – Order Influence</strong>&lt;br&gt;FCMS&lt;br&gt;REST_INFO_INFL</td>
<td>Did the nutrition information influence what you ordered?&lt;br&gt;Yes&lt;br&gt;No&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td>¿La información nutricional influyó en lo que pidió?&lt;br&gt;Sí&lt;br&gt;No&lt;br&gt;No sabe&lt;br&gt;No se negó a responder</td>
</tr>
</tbody>
</table>
**MENU LABELLING – IMPACT**

**FCMS**

<table>
<thead>
<tr>
<th>REST_ACT_[TYPE]</th>
<th>REST_ACT_NONE</th>
<th>REST_ACT_DK</th>
<th>REST_ACT_R</th>
</tr>
</thead>
</table>

**UNIVERSE:** Visited restaurant within last 6 months (rest_visit=1-5)

In the past 6 months, have you done any of the following because of nutrition information in restaurants? (Select all that apply)

- Ordered something different
- Ate less of the food you ordered
- Changed which restaurants you visit
- Ate at restaurants less often
- None of the above
- Don’t know
- Refuse to answer

**UNIVERSE:** Visited restaurant within last 6 months (rest_visit=1-5)

En los últimos 6 meses, ¿ha tomado alguna de las siguientes decisiones debido a la información nutricional de los restaurantes? (Seleccione todas las opciones que apliquen)

- Ordenó algo diferente
- No comió todos los alimentos que ordenó
- Cambió de restaurante
- Comió en restaurantes con menor frecuencia
- Ninguna de las anteriores
- No sabe
- Se negó a responder

---

**FOOD GUIDE / DIETARY RECOMMENDATIONS**

<table>
<thead>
<tr>
<th>FOOD GUIDE – LAST USE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SOURCE</strong></td>
<td><strong>ENGLISH</strong></td>
<td><strong>SPANISH TRANSLATION</strong></td>
</tr>
<tr>
<td>FOOD GUIDE – LAST USE</td>
<td><strong>SOURCE</strong></td>
<td><strong>ENGLISH</strong></td>
</tr>
<tr>
<td>OTTAWA AND CFDR (ADAPTED TIME ANCHORS)</td>
<td>When was the last time you looked at MyPlate or the Food Guide Pyramid, if ever?</td>
<td>¿Cuándo fue la última vez que leyó La Guía Nutricional “Mi Plato” o La Guía Pirámide de Alimentos, si alguna vez tuvo la oportunidad?</td>
</tr>
<tr>
<td>FG_LOOK</td>
<td>In the last month</td>
<td>En el último mes</td>
</tr>
<tr>
<td></td>
<td>In the last 6 months</td>
<td>En los últimos 6 meses</td>
</tr>
<tr>
<td></td>
<td>In the last year</td>
<td>En el último año</td>
</tr>
<tr>
<td></td>
<td>More than a year ago</td>
<td>Hace más de un año</td>
</tr>
<tr>
<td></td>
<td>Never</td>
<td>Nunca</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

**FOOD GUIDE – USE**

<table>
<thead>
<tr>
<th><strong>ENGLISH</strong></th>
<th><strong>SPANISH TRANSLATION</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>SOURCE</strong></td>
<td><strong>ENGLISH</strong></td>
</tr>
<tr>
<td>CCHS FOOD GUIDE MODULE (ADAPTED RESPONSE OPTIONS TO SIMPLIFY YOU/HOUSEHOLD)</td>
<td>Have you ever used information from MyPlate or the Food Guide Pyramid... (Select all that apply)</td>
</tr>
<tr>
<td>FG_USE_[TYPE]</td>
<td>To choose foods</td>
</tr>
<tr>
<td>FG_USE_NONE</td>
<td>To determine how much you need to eat every day</td>
</tr>
<tr>
<td>FG_USE_DK</td>
<td>To plan meals or to help with grocery shopping</td>
</tr>
<tr>
<td>FG_USE_R</td>
<td>To assess how well you are eating</td>
</tr>
<tr>
<td>FG_USE_OTEXT</td>
<td>To manage your weight</td>
</tr>
<tr>
<td>FG_USE_OTEXT</td>
<td>To help make healthy choices when eating away from home</td>
</tr>
<tr>
<td>Other → Please specify: [open-ended]</td>
<td>Otra → Favor de especificar: [respuesta abierta]</td>
</tr>
<tr>
<td>None of the above</td>
<td>Ninguna de las anteriores</td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

**UNIVERSE:** Ever looked at food guide (fg_look ≠ 5)

¿Ha usado alguna vez información de La Guía Nutricional “Mi Plato” o La Guía Pirámide de Alimentos para... (Seleccione todas las opciones que apliquen)

- Seleccionar alimentos
- Determinar cuánto necesita comer todos los días
- Planificar sus comidas o ayudarle a comprar los alimentos
- Evaluar qué tan bien está comiendo
- Controlar su peso
- Ayudarle a tomar decisiones saludables al comer fuera de casa

**UNIVERSE:** Ever looked at food guide (fg_look ≠ 5)

¿Qué fue la última vez que leyó La Guía Nutricional “Mi Plato” o La Guía Pirámide de Alimentos, si alguna vez tuvo la oportunidad?

- En el último mes
- En los últimos 6 meses
- En el último año
- Hace más de un año
- Nunca
- No sabe
- Se negó a responder
**FOOD MARKETING**

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>EXPOSURE TO UNHEALTHY FOOD MARKETING - LOCATION</td>
<td>In the last 30 days, have you seen or heard any advertisements or promotions for ‘unhealthy foods’ in the following places? (Select all that apply)</td>
<td>En los últimos 30 días, ¿ha visto o escuchado anuncios o promociones de “alimentos no saludables” en los siguientes lugares? (Seleccione todos los que correspondan)</td>
</tr>
<tr>
<td>MKTG_LOC_TYPE</td>
<td>Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</td>
<td>Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas, los cereales con azúcar, las galletas y las barras de chocolate.</td>
</tr>
<tr>
<td>MKTG_LOC_NONE</td>
<td>TV</td>
<td>Televisión</td>
</tr>
<tr>
<td>MKTG_LOC_R</td>
<td>Radio</td>
<td>Radio</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>Online / internet</td>
<td>En línea / Internet</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>Mobile app / video game</td>
<td>Apps móviles / videojuegos</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>Social media (e.g., Twitter, Facebook, Instagram)</td>
<td>Redes sociales (por ejem., Twitter, Facebook, Instagram)</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>In a text message</td>
<td>En un mensaje de texto</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>Magazine or newspaper</td>
<td>Revista o periódico</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>Billboard or outdoor sign (e.g., posters)</td>
<td>Anuncio espectacular o letrero en exteriores (por ejem., posters)</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>On buses, bus stops and other public transit</td>
<td>En autobuses, paradas de autobuses y otros transportes públicos</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>In movies or at movie theaters</td>
<td>En películas de cine o en cines</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>At school / on campus</td>
<td>En la escuela / universidad</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>Signs or displays in grocery or convenience stores or restaurants</td>
<td>Letreros o exhibidores de tiendas de conveniencia o de alimentos o restaurantes</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>At a recreation/community center</td>
<td>En un centro recreativo / comunitario</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>Sports event, concert or community event</td>
<td>Evento deportivo, concierto o evento comunitario</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>Giveaways, samples or special offers</td>
<td>Regalos, muestras u ofertas especiales</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>Other ➔ Please specify: [open-ended]</td>
<td>Otro ➔ Favor de especificar: [respuesta abierta]</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>I haven’t seen any advertising or promotions for unhealthy food in the last 30 days</td>
<td>No he visto ningún tipo de publicidad o promoción de alimentos no saludables en los últimos 30 días</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td>MKTG_LOC_O</td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>
### Exposure to Unhealthy Food Marketing - Frequency

<table>
<thead>
<tr>
<th>MKTG_FREQ_SD</th>
<th>MKTG_FREQ_FF</th>
<th>MKTG_FREQ_CEREAL</th>
<th>MKTG_FREQ_SNACK</th>
<th>MKTG_FREQ_DESSERT</th>
<th>MKTG_FREQ_CANDY</th>
</tr>
</thead>
</table>

In the last 30 days, how often did you see or hear advertisements or promotions for the following?

- Sugary drinks
- Fast food
- Sugary cereals
- Snacks such as chips
- Desserts such as cakes, cookies, and ice cream
- Candy or chocolate bars

[Insert dropdown list for each of above]

- Never
- Less than once a week
- Once a week
- A few times a week
- Every day
- More than once a day
- Don’t know
- Refuse to answer

### Exposure to Marketing Strategies

<table>
<thead>
<tr>
<th>MKTG_LICENCED</th>
<th>MKTG_COMPANY</th>
<th>MKTG_CELEB</th>
<th>MKTG_PROSPORT</th>
<th>MKTG_RECSPORT</th>
<th>MKTG_CULTURE</th>
<th>MKTG_DK</th>
<th>MKTG_R</th>
</tr>
</thead>
</table>

[PROGRAMMER NOTE: show note in grey font]

Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.

In the last 30 days, have you seen any of the following? (Select all that apply)

- Unhealthy food or drinks promoted using characters from movies or TV (e.g., Star Wars, Disney characters)
- Unhealthy food or drinks with characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)
- Celebrity endorsements of unhealthy food/drinks
- Professional sport teams or sporting events sponsored by unhealthy food/drink companies
- Children’s/community sports teams sponsored by unhealthy food/drink companies
- Cultural or community events sponsored by unhealthy food/drink companies
- None of the above
- Don’t know
- Refuse to answer

[PROGRAMMER NOTE: show note in grey font]

Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas, los cereales con azúcar, las galletas y las barras de chocolate.

En los últimos 30 días, ¿ha visto alguno de los siguientes? (Seleccione todas las que correspondan)

- Alimentos o bebidas no saludables promocionados con personajes de películas o TV (por ejemplo, Star Wars, personajes de Disney)
- Alimentos o bebidas no saludables con personajes creados por compañías de alimentos (por ejemplo, el Tigre Toño, Ronald McDonald)
- Celebridades que recomiendan comidas/bebidas no saludables
- Equipos deportivos profesionales o eventos deportivos patrocinados por compañías de alimentos/bebidas no saludables
- Equipos deportivos infantiles/comunitarios patrocinados por compañías de alimentos/bebidas no saludables
- Eventos culturales o comunitarios patrocinados por compañías de alimentos/bebidas no saludables
- Ninguna de las anteriores
- No sabe
- Se negó a responder
### Child Ask - Marketing Strategies

**UNIVERSE:** At least 1 child <18 years in household (child_home>0)

Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.

In the last 30 days, have your children asked you to buy any unhealthy food or drinks with...

- Characters from movies or TV (e.g., Star Wars, Disney characters)
- Characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)

[Insert dropdown list for each of above]

- Yes
- No
- Don’t know
- Refuse to answer

### Parent Buy - Marketing Strategies

**UNIVERSE:** At least 1 child <18 years in household (child_home>0)

Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.

In the last 30 days, did you buy your children any unhealthy food or drinks with...

- Characters from movies or TV (e.g., Star Wars, Disney characters)
- Characters created by food companies (e.g., Tony the Tiger, Ronald McDonald)

[Insert dropdown list for each of above]

- Yes
- No
- Don’t know
- Refuse to answer

### Unhealthy Food Consumption Frequency

**UNIVERSE:** At least 1 child <18 years in household (child_home>0)

In a typical week, how often do your children eat or drink...

- Sugary drinks
- Fast food
- Sugary cereals
- Snacks such as chips
- Desserts such as cakes, cookies, and ice cream

**UNIVERSE:** At least 1 child <18 years in household (child_home>0)

Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas, los cereales con azúcar, las galletas y las barras de chocolate.

En los últimos 30 días, ¿le han pedido a sus hijos algún alimento o bebida no saludables con...

- Personajes de películas o TV (por ejemplo, Star Wars, personajes de Disney)?
- Personajes creados por compañías de alimentos (por ejemplo, el Tigre Toño, Ronald McDonald)?

- Sí
- No
- No sabe
- Se negó a responder

Introduzca la frecuencia con la que sus hijos comen o beben en una semana típica...

- Bebidas azucaradas
- Comida rápida
- Cereales azucarados
- Bocadillos como papas fritas
<table>
<thead>
<tr>
<th>EAT_CANDY</th>
<th>Candy or chocolate bars</th>
<th>Postres como pasteles, galletas y helados Barras de chocolate o caramelos</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>[Insert dropdown list for each of above]</td>
<td>[Insert dropdown list for each of above]</td>
</tr>
<tr>
<td>More than once a day</td>
<td></td>
<td>Más de una vez al día</td>
</tr>
<tr>
<td>Every day</td>
<td></td>
<td>Cada día</td>
</tr>
<tr>
<td>A few times a week, but not every day</td>
<td></td>
<td>Algunas veces a la semana, pero no todos los días</td>
</tr>
<tr>
<td>Once a week</td>
<td></td>
<td>Una vez por semana</td>
</tr>
<tr>
<td>Only on special occasions</td>
<td></td>
<td>Solo en ocasiones especiales</td>
</tr>
<tr>
<td>Never</td>
<td></td>
<td>Nunca</td>
</tr>
<tr>
<td>Don’t know</td>
<td></td>
<td>No sabe</td>
</tr>
<tr>
<td>Refuse to answer</td>
<td></td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CHILD – PRODUCTS</th>
<th>CHILD – TOY</th>
<th>MKTG_CHILD_CONCERN</th>
</tr>
</thead>
<tbody>
<tr>
<td>MARKT_CHILD_PRODUC</td>
<td></td>
<td></td>
</tr>
<tr>
<td>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</td>
<td>UNIVERSE: At least 1 child &lt;18 years in household (child_home&gt;0)</td>
<td></td>
</tr>
<tr>
<td>[PROGRAMMER NOTE: show note in grey font]</td>
<td>[PROGRAMMER NOTE: show note in grey font]</td>
<td></td>
</tr>
<tr>
<td>Remember: Unhealthy foods include processed foods high in sugar, salt, or saturated fat, such as soda/pop, fast food, chips, sugary cereals, cookies and chocolate bars.</td>
<td>Recuerde: Entre los alimentos no saludables se incluyen los alimentos procesados con alto contenido de azúcar, sal o grasas saturadas, como los refrescos, las comidas rápidas, las papas fritas, los cereales con azúcar, las galletas y las barras de chocolate.</td>
<td></td>
</tr>
<tr>
<td>Do any of your children own any clothing, posters, stickers, or other products that show a logo or brand of unhealthy food or drinks?</td>
<td>¿Alguno de sus hijos tiene ropa, posters, calcomanías o demás productos que muestren algún logotipo o marca de alimentos o bebidas no saludables?</td>
<td></td>
</tr>
<tr>
<td>Yes</td>
<td>Sí</td>
<td></td>
</tr>
<tr>
<td>No</td>
<td>No</td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
<td></td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
<td></td>
</tr>
</tbody>
</table>

| UNIVERSE: At least 1 child <18 years in household (child_home>0) | UNIVERSE: At least 1 child <18 years in household (child_home>0) |
| MKTG_CHILD_CONCERN |                   |
| Alignement about concern about marketing |                   |
| [PROGRAMMER NOTE: show note in grey font] | [PROGRAMMER NOTE: show note in grey font] |
| Are you concerned about the amount of marketing for sugary drinks and fast food that your children see? | ¿Le preocupa la cantidad de comercialización de bebidas azucaradas y comida rápida que ven sus hijos? |
| Not at all concerned | No me preocupa nada |
| A little concerned | Me preocupa un poco |
| Somewhat concerned | Me preocupa algo |
| Very concerned | Me preocupa mucho |
| Don’t know | No sabe |
| Refuse to answer | Se negó a responder |
### PRICE / TAXATION

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
</table>
| SUGAR TAX     | Do drinks with sugar (e.g., Coke) cost more than drinks without sugar (e.g., diet coke/light) in the US?  
No  
Yes – a little more  
Yes – a lot more  
Don’t know  
Refuse to answer | Las bebidas azucaradas (por ejem., Coca-cola) son más caras que las bebidas sin azúcar (por ejem., Coca-cola dietetica) en los Estados Unidos?  
No  
Sí, un poco más  
Sí, mucho más  
No sabe  
Se negó a responder |

### POLICY SUPPORT

<table>
<thead>
<tr>
<th>DOMAIN SOURCE</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
</table>
| POLICY SUPPORT | We are interested in your opinion about food policies that could be implemented. For each statement, please indicate whether you would support or oppose the policy.  
Would you support or oppose a government policy that would require... | Nos interesa su opinión sobre las políticas alimentarias que se podrían implementar. Por favor indique para cada enunciado si apoyaría o se opondría a la política.  
Apoyaría o se opondría a una política gubernamental que exigiera... |
| POL_CAL_REST | Support  
Neutral  
Oppose  
Don’t know  
Refuse to answer | La apoyaría  
No la apoyaría ni me opondría  
Me opondría  
No sabe  
Se negó a responder |
| POL_CAL_SCH | Calorie amounts on menus of chain restaurants  
Calorie amounts on menus in school cafeterias | Que los menús de las cadenas de restaurantes incluyan la cantidad de calorías de los alimentos  
Que los menús de cafeterías escolares incluyan la cantidad de calorías de los alimentos |
| POL_TAX_SSB | Taxes on sugary drinks  
Taxes on sugary drinks IF the money was spent on subsidizing healthy foods | Impuestos para bebidas azucaradas  
Impuestos para bebidas azucaradas SI el dinero se gastara en subsidiar alimentos saludables |
| POL_TAX_SUB | Taxes on foods with high sugar  
Subsidies to reduce the price of fresh fruit and vegetables  
A ban on unhealthy foods (e.g., sugary drinks, chips, chocolate) at grocery store checkpoints | Impuestos para alimentos con alto contenido de azúcar |
<table>
<thead>
<tr>
<th>Proposal</th>
<th>Proposal</th>
</tr>
</thead>
<tbody>
<tr>
<td>A maximum limit on salt levels in pre-packaged foods</td>
<td>Subsidios para reducir el precio de frutas y verduras frescas</td>
</tr>
<tr>
<td>A ban on trans fats in pre-packaged foods</td>
<td>Prohibir alimentos no saludables (por ejem., bebidas azucaradas, papas</td>
</tr>
<tr>
<td>Labelling of the amount of “added sugars” on pre-packaged foods</td>
<td>fritas, chocolate) en las cajas de las tiendas de supermercado</td>
</tr>
<tr>
<td>Free breakfast or lunch programs in schools</td>
<td>Un límite máximo para los niveles de sal de alimentos empaquetados</td>
</tr>
<tr>
<td>Nutrition standards for school cafeterias</td>
<td>Prohibir las grasas trans en alimentos empaquetados</td>
</tr>
<tr>
<td>Zoning to restrict the number of fast food restaurants near schools</td>
<td>Etiquetado de la cantidad de “azúcares agregados” en alimentos empaquetados</td>
</tr>
<tr>
<td>Calorie amounts and nutrition information on alcoholic beverages</td>
<td>Programas de desayunos o comedas escolares gratuitos</td>
</tr>
<tr>
<td>A ban on marketing unhealthy food and beverages to children</td>
<td>Control de calidad nutrimental de los alimentos ofertados en cafeterias</td>
</tr>
<tr>
<td>Restrictions on the maximum size (e.g., max of 13 fl oz) of single-serve soft drink cans and bottles</td>
<td>escolares Que se regulara el uso de suelo para restringir la cantidad de restaurantes de comida rápida cerca de escuelas</td>
</tr>
<tr>
<td>Restrictions on sponsorship of sporting events and teams by food companies such as Coca Cola and McDonalds</td>
<td>Cantidades de calorías e información nutrimental en las bebidas alcohólicas</td>
</tr>
<tr>
<td>A ban on the use of toys, vouchers or competitions as part of children’s meals at fast-food restaurants</td>
<td>Prohibir la publicidad de alimentos y bebidas que dañan la salud de los niños</td>
</tr>
<tr>
<td>A ban on price discounts for unhealthy food and beverages (e.g., 30% off, or 'buy-one-get-one-free')</td>
<td>Restricciones al tamaño máximo (por ejem., máximo de 13 fl oz) de los refrescos que vienen en latas o botellas para una sola persona</td>
</tr>
<tr>
<td></td>
<td>La implementación de restricciones de patrocinio de eventos y equipos deportivos de parte de compañías de alimentos tales como Coca Cola y McDonalds</td>
</tr>
<tr>
<td></td>
<td>Prohibir el uso de juguetes, vales o concursos durante la comida de los niños en restaurantes de comida rápida</td>
</tr>
<tr>
<td></td>
<td>Prohibir descuentos en los precios de los alimentos y bebidas que no son sanos (por ejem., un 30% de descuento o &quot;compre uno y llévese otro gratis&quot;)</td>
</tr>
<tr>
<td>DOMAIN SOURCE</td>
<td>ENGLISH</td>
</tr>
<tr>
<td>---------------</td>
<td>---------</td>
</tr>
<tr>
<td>NEWEST VITAL SIGN PFIZER</td>
<td>[PROGRAMMER NOTE: HIDE BACK BUTTON.] This information is on the back of a container of ice cream.</td>
</tr>
</tbody>
</table>

**NVS_CAL**

<table>
<thead>
<tr>
<th>If you eat the entire container, how many calories will you eat?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enter number of calories: [open-ended]</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

[Answer: 1000 is the only correct answer]

**NVS_CARb**

<table>
<thead>
<tr>
<th>If you are allowed to eat 60 grams of carbohydrates as a snack, how much ice cream could you have?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Enter number of cup(s): [open-ended]</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

[Answer: Any of the following is correct: 1 cup, 2 servings, “half the container” (not “half” or “250”)]
<table>
<thead>
<tr>
<th>NVS_SAT</th>
<th>NVS_SAT_N</th>
<th>Your doctor advises you to reduce the amount of saturated fat in your diet. You usually have 42 g of saturated fat each day, which includes one serving of ice cream. If you stop eating ice cream, how many grams of saturated fat would you be consuming each day? Enter number of grams: [open-ended] Don’t know Refuse to answer [Answer: 33 is the only correct answer]</th>
</tr>
</thead>
<tbody>
<tr>
<td>NVS_DV</td>
<td>NVS_DV_N</td>
<td>If you usually eat 2,500 calories in a day, what percentage of your daily value of calories will you be eating if you eat one serving? Enter percentage: [numeric percentage] Don’t know Refuse to answer [Answer: 10% is the only correct answer]</td>
</tr>
<tr>
<td>NVS_ALG</td>
<td>NVS_ALG_WHY</td>
<td>Pretend that you are allergic to the following substances: penicillin, peanuts, latex gloves, and bee stings. Is it safe for you to eat this ice cream? Yes No Don’t know Refuse to answer [Answer: No] [If “no”, ask:] Why not? Enter reason: [open-ended] Don’t know Refuse to answer [Answer: Because it has peanut oil or because you might have an allergic reaction]</td>
</tr>
</tbody>
</table>
## General Health Status

<table>
<thead>
<tr>
<th>Domain Source</th>
<th>English</th>
<th>Spanish Translation</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fruit Consumption</strong>&lt;br&gt;BRFSS&lt;br&gt;FRUIT_PREFER&lt;br&gt;FRUIT_DAY_NUM&lt;br&gt;FRUIT_DAY_DK_R&lt;br&gt;(DAY/WEEK/MONTH)</td>
<td>Now think about the foods you ate or drank during the past month, that is, the past 30 days, including meals and snacks.&lt;br&gt;Not including juices, how often did you eat fruit?&lt;br&gt;Include fresh, frozen or canned fruit. Do not include dried fruits.&lt;br&gt;Do you prefer to answer by the number of times per day, week or month?&lt;br&gt;Day&lt;br&gt;Week&lt;br&gt;Month&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer&lt;br&gt;[Programmer: Show if “Day” is selected.]&lt;br&gt;Enter the number of times you eat fruit per day:&lt;br&gt;___ per day&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer&lt;br&gt;[Programmer: Show if “Week” is selected.]&lt;br&gt;Enter the number of times you eat fruit per week:&lt;br&gt;___ per week&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer&lt;br&gt;[Programmer: Show if “Month” is selected.]&lt;br&gt;Enter the number of times you eat fruit per month:&lt;br&gt;___ per month&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td>Ahora piense en todo lo que comió y bebió durante el último mes, es decir, durante los últimos 30 días, incluyendo comidas y bocadillos.&lt;br&gt;Sin contar los jugos, ¿con qué frecuencia come frutas?&lt;br&gt;Incluya la fruta fresca, congelada o enlatada. No incluya frutas secas.&lt;br&gt;¿Prefiere responder con el número de veces al día, a la semana o al mes?&lt;br&gt;Al día&lt;br&gt;A la semana&lt;br&gt;Al mes&lt;br&gt;No sabe&lt;br&gt;Se negó a responder&lt;br&gt;[Programmer: Show if “Day” is selected.]&lt;br&gt;Escriba el número de veces al día que usted come fruta:&lt;br&gt;___ al día&lt;br&gt;No sabe&lt;br&gt;Se negó a responder&lt;br&gt;[Programmer: Show if “Week” is selected.]&lt;br&gt;Escriba el número de veces a la semana que usted come fruta:&lt;br&gt;___ a la semana&lt;br&gt;No sabe&lt;br&gt;Se negó a responder&lt;br&gt;[Programmer: Show if “Month” is selected.]&lt;br&gt;Escriba el número de veces al mes que usted come fruta:&lt;br&gt;___ al mes&lt;br&gt;No sabe&lt;br&gt;Se negó a responder</td>
</tr>
<tr>
<td><strong>Fruit Juice Consumption</strong>&lt;br&gt;BRFSS&lt;br&gt;JUICE_PREFER&lt;br&gt;JUICE_DAY_NUM&lt;br&gt;JUICE_DAY_DK_R&lt;br&gt;(DAY/WEEK/MONTH)</td>
<td>Not including fruit-flavored drinks or fruit juices with added sugar, how often did you drink 100% fruit juice such as apple or orange juice?&lt;br&gt;Do not include fruit-flavored drinks with added sugar like cranberry cocktail, Hi-C, lemonade, Kool-Aid, Gatorade, Tampico, and Sunny Delight. Include only 100% pure juices or 100% juice blends.&lt;br&gt;Do you prefer to answer by the number of times per day, week or month?&lt;br&gt;Day</td>
<td>Sin incluir bebidas con sabor a fruta ni jugos de frutas a los que se agrega azúcar, ¿con qué frecuencia bebió jugo 100% de fruta como jugo de manzana o naranja?&lt;br&gt;No incluya bebidas con sabor a fruta a las que se agrega azúcar, como bebidas con arándano (cranberry cocktail), Hi-C, lemonade, Kool-Aid, Gatorade, Tampico y Sunny Delight. Incluya solamente jugos 100% puros o mezclas de jugos 100% puros.</td>
</tr>
<tr>
<td>How often did you eat a green leafy or lettuce salad, with or without vegetables?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>---</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Include spinach salads.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Do you prefer to answer by the number of times per day, week or month?</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Day</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Month</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Refuse to answer</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>¿Con qué frecuencia comió una ensalada de hojas verdes o lechuga, con o sin verduras?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incluya las ensaladas de espinacas.</td>
</tr>
<tr>
<td>¿Prefiere responder con el número de veces al día, a la semana o al mes?</td>
</tr>
<tr>
<td>Al día</td>
</tr>
<tr>
<td>A la semana</td>
</tr>
<tr>
<td>Al mes</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Enter the number of times you drink 100% fruit juice per day:</th>
</tr>
</thead>
<tbody>
<tr>
<td>___ per day</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Escribe el número de veces al día que usted toma jugo 100% de fruta:</th>
</tr>
</thead>
<tbody>
<tr>
<td>___ al día</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Enter the number of times you eat a salad per day:</th>
</tr>
</thead>
<tbody>
<tr>
<td>___ per day</td>
</tr>
<tr>
<td>Don’t know</td>
</tr>
<tr>
<td>Refuse to answer</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Escribe el número de veces al día que usted come ensalada:</th>
</tr>
</thead>
<tbody>
<tr>
<td>___ al día</td>
</tr>
<tr>
<td>No sabe</td>
</tr>
<tr>
<td>Se negó a responder</td>
</tr>
<tr>
<td><strong>INTERNATIONAL FOOD POLICY STUDY 2018 – UNITED STATES SURVEY</strong></td>
</tr>
<tr>
<td>---</td>
</tr>
</tbody>
</table>

**Enter the number of times you eat a salad per week:**

- ___ per week
- Don’t know
- Refuse to answer

[Programmer: Show if “Month” is selected.]

**Enter the number of times you eat a salad per month:**

- ___ per month
- Don’t know
- Refuse to answer

**Enter the number of times you eat fried potatoes per day:**

- ___ per day
- Don’t know
- Refuse to answer

[Programmer: Show if “Day” is selected.]

**Enter the number of times you eat fried potatoes per week:**

- ___ per week
- Don’t know
- Refuse to answer

[Programmer: Show if “Week” is selected.]

**Enter the number of times you eat fried potatoes per month:**

- ___ per month
- Don’t know
- Refuse to answer

[Programmer: Show if “Month” is selected.]

**How often did you eat any kind of fried potatoes, including french fries, home fries, or hash browns?**

*Do not include potato chips.*

**Do you prefer to answer by the number of times per day, week or month?**

- Day
- Week
- Month
- Don’t know
- Refuse to answer

[Programmer: Show if “Day” is selected.]

**FRIED POTATO CONSUMPTION**

<table>
<thead>
<tr>
<th>BRFSS</th>
</tr>
</thead>
<tbody>
<tr>
<td>POTATO_PREFER</td>
</tr>
<tr>
<td>POTATO_DAY_NUM</td>
</tr>
<tr>
<td>POTATO_DAY_DK_R</td>
</tr>
<tr>
<td>(DAY/WEEK/MONTH)</td>
</tr>
</tbody>
</table>

**¿Con qué frecuencia comió usted algún tipo de papa frita, incluyendo las papas a la francesa, las papas salteadas (home fries) o papas en gajos (hash browns)?**

*No incluya las papitas fritas tipo sabritas.*

**¿Prefiere responder con el número de veces al día, a la semana o al mes?**

- Al día
- A la semana
- Al mes
- No sabe
- Se negó a responder

[Programmer: Show if “Day” is selected.]

**Escriba el número de veces al día que usted come papas fritas:**

- ___ al día
- No sabe
- Se negó a responder

[Programmer: Show if “Week” is selected.]

**Escriba el número de veces a la semana que usted come papas fritas:**

- ___ al mes
- No sabe
- Se negó a responder

[Programmer: Show if “Month” is selected.]

**Escriba el número de veces al mes que usted come papas a fritas:**

- ___ al mes
- No sabe
- Se negó a responder
### OTHER POTATO CONSUMPTION

**BRFSS**

**OTH_POT_PREFER**

**OTH_POT_DAY_NUM**

**OTH_POT_DAY_DK_R**

(DAY/WEEK/MONTH)

How often did you eat any other kind of potatoes, or sweet potatoes, such as baked, boiled, mashed potatoes, or potato salad?  
**Include all types of potatoes except fried. Include potatoes au gratin and scalloped potatoes.**

**Do you prefer to answer by the number of times per day, week or month?**

- Day
- Week
- Month
- Don’t know
- Refuse to answer

[Programmer: Show if “Day” is selected.]

**Enter the number of times you eat other kinds of potatoes per day:**  
___ per day
- Don’t know
- Refuse to answer

[Programmer: Show if “Week” is selected.]

**Enter the number of times you eat other kinds of potatoes per week:**  
___ per week
- Don’t know
- Refuse to answer

[Programmer: Show if “Month” is selected.]

**Enter the number of times you eat other kinds of potatoes per month:**  
___ per month
- Don’t know
- Refuse to answer

### OTHER VEGETABLE CONSUMPTION

**BRFSS**

**VEG_PREFER**

**VEG_DAY_NUM**

**VEG_DAY_DK_R**

(DAY/WEEK/MONTH)

Not including lettuce salads and potatoes, how often did you eat other vegetables?  
**Include tomatoes, green beans, carrots, corn, cabbage, bean sprouts, collard greens, and broccoli.**  
**Include raw, cooked, canned, or frozen vegetables.**  
**Do not include rice.**

**Do you prefer to answer by the number of times per day, week or month?**

- Day
- Week
- Month
- Don’t know
- Refuse to answer

¿Con qué frecuencia comió usted algún otro tipo de papa o camote, como papas al horno, hervidas, en puré o en ensalada?  
**Incluya todos los tipos de papa excepto las fritas. Incluya las papas gratinadas y las papas al escalope.**

¿Prefiere responder con el número de veces al día, a la semana o al mes?

- Al día
- A la semana
- Al mes
- No sabe
- Se negó a responder

¿Con qué frecuencia comió usted algún otro tipo de papa o camote, como papas al horno, hervidas, en puré o en ensalada?  
**Incluya todos los tipos de papa excepto las fritas. Incluya las papas gratinadas y las papas al escalope.**

¿Prefiere responder con el número de veces al día, a la semana o al mes?

- Al día
- A la semana
- Al mes
- No sabe
- Se negó a responder

Sin incluir ensaladas de lechuga ni papas, ¿con qué frecuencia comió otras verduras?  
**Incluya tomates, ejotes, zanahorias, maíz, repollo o col rizada, brotes o germinados de frijol, berza o kale, y brócoli.**  
**Incluya verduras cocidas, cocidas, enlatadas o congeladas.**  
No incluya el arroz.

¿Prefiere responder con el número de veces al día, a la semana o al mes?

- Al día
- A la semana
- Al mes
- No sabe
- Se negó a responder
<table>
<thead>
<tr>
<th>GENERAL HEALTH</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CHHS</strong></td>
</tr>
<tr>
<td><strong>BRFSS</strong></td>
</tr>
<tr>
<td><strong>CHMS</strong></td>
</tr>
<tr>
<td><strong>HLTH_GENERAL</strong></td>
</tr>
</tbody>
</table>

**In general, would you say your health is...**

- Poor
- Fair
- Good
- Very good
- Excellent
- Don’t know
- Refuse to answer

**En general, ¿diría usted que su salud es...?**

- Mala
- Satisfactoria
- Buena
- Muy buena
- Excelente
- No sabe
- Se negó a responder

<table>
<thead>
<tr>
<th>OVERALL DIET</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>NHANES</strong></td>
</tr>
<tr>
<td><strong>AND USED IN FCMS</strong></td>
</tr>
<tr>
<td><strong>DIET</strong></td>
</tr>
</tbody>
</table>

**In general, how healthy is your overall diet?**

- Poor
- Fair
- Good
- Very good
- Excellent
- Don’t know
- Refuse to answer

**En general, ¿cuán saludable es su dieta considerando todos sus alimentos?**

- Mala
- Satisfactoria
- Buena
- Muy buena
- Excelente
- No sabe
- Se negó a responder
### MENTAL HEALTH

**CHHS AND CHMS**

**MENTAL**

<table>
<thead>
<tr>
<th>English</th>
<th>Spanish</th>
</tr>
</thead>
<tbody>
<tr>
<td>In general, would you say your mental health is...</td>
<td>En general, ¿diría usted que su salud mental es...?</td>
</tr>
<tr>
<td>Poor</td>
<td>Mala</td>
</tr>
<tr>
<td>Fair</td>
<td>Satisfactoria</td>
</tr>
<tr>
<td>Good</td>
<td>Buena</td>
</tr>
<tr>
<td>Very good</td>
<td>Muy buena</td>
</tr>
<tr>
<td>Excellent</td>
<td>Excelente</td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

### STRESS

**CHMS**

**STRESS**

<table>
<thead>
<tr>
<th>English</th>
<th>Spanish</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thinking about the amount of stress in your life, would you say that most days are...</td>
<td>Pensando en la cantidad de estrés en su vida, ¿diría usted que la mayoría de sus días son...?</td>
</tr>
<tr>
<td>Not at all stressful</td>
<td>Nada estresantes</td>
</tr>
<tr>
<td>Not very stressful</td>
<td>No muy estresantes</td>
</tr>
<tr>
<td>A bit stressful</td>
<td>Un poco estresantes</td>
</tr>
<tr>
<td>Very stressful</td>
<td>Muy estresantes</td>
</tr>
<tr>
<td>Extremely stressful</td>
<td>Extremadamente estresantes</td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

### OTHER HEALTH BEHAVIOURS

<table>
<thead>
<tr>
<th>Domain</th>
<th>English</th>
<th>Spanish</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DATA QUALITY CHECK</strong></td>
<td><strong>SOURCE</strong></td>
<td><strong>ENGLISH</strong></td>
</tr>
<tr>
<td>DQ_MONTH</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>What is the current month?</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>January</td>
<td>Enero</td>
<td></td>
</tr>
<tr>
<td>February</td>
<td>Febrero</td>
<td></td>
</tr>
<tr>
<td>March</td>
<td>Marzo</td>
<td></td>
</tr>
<tr>
<td>April</td>
<td>Abril</td>
<td></td>
</tr>
<tr>
<td>May</td>
<td>Mayo</td>
<td></td>
</tr>
<tr>
<td>June</td>
<td>Junio</td>
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<tr>
<td>July</td>
<td>Julio</td>
<td></td>
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<tr>
<td>August</td>
<td>Agosto</td>
<td></td>
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<tr>
<td>September</td>
<td>Septiembre</td>
<td></td>
</tr>
<tr>
<td>October</td>
<td>Octubre</td>
<td></td>
</tr>
<tr>
<td>November</td>
<td>Noviembre</td>
<td></td>
</tr>
<tr>
<td>December</td>
<td>Diciembre</td>
<td></td>
</tr>
<tr>
<td>Don’t know</td>
<td>No sabe</td>
<td></td>
</tr>
<tr>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
<td></td>
</tr>
<tr>
<td><strong>SMOKING – PAST 30 DAYS</strong>&lt;br&gt;CTADS&lt;br&gt;SMK_30</td>
<td><strong>Have you smoked cigarettes in the past 30 days?</strong>&lt;br&gt;No&lt;br&gt;Yes, occasionally&lt;br&gt;Yes, every day&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td><strong>¿Ha fumado cigarrillos en los últimos 30 días?</strong>&lt;br&gt;No&lt;br&gt;Sí, ocasionalmente&lt;br&gt;Sí, todos los días&lt;br&gt;No sabe&lt;br&gt;Se negó a responder</td>
</tr>
<tr>
<td><strong>MARIJUANA USE – FREQUENCY</strong>&lt;br&gt;CSTADS&lt;br&gt;MJ_USE</td>
<td><strong>In the last 12 months, how often did you use marijuana or cannabis (a joint, pot, weed, hash)?</strong>&lt;br&gt;I have never used marijuana&lt;br&gt;I have used marijuana but not in the last 12 months&lt;br&gt;Less than once a month&lt;br&gt;Once a month&lt;br&gt;2 or 3 times a month&lt;br&gt;Once a week&lt;br&gt;2 or 3 times a week&lt;br&gt;4 to 6 times a week&lt;br&gt;Every day&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td><strong>En los últimos 12 meses, ¿con qué frecuencia usó marihuana o cannabis (un churro, mota, hierba, hash)?</strong>&lt;br&gt;Nunca he usado marihuana&lt;br&gt;He usado marihuana pero no en los últimos 12 meses&lt;br&gt;Menos de una vez al mes&lt;br&gt;Una vez al mes&lt;br&gt;2 ó 3 veces al mes&lt;br&gt;Una vez a la semana&lt;br&gt;2 ó 3 veces a la semana&lt;br&gt;4 a 6 veces a la semana&lt;br&gt;Todos los días&lt;br&gt;No sabe&lt;br&gt;Se negó a responder</td>
</tr>
<tr>
<td><strong>MARIJUANA USE – DRIVEN</strong>&lt;br&gt;CSTADS ADAPTED&lt;br&gt;MJ_DRIVE</td>
<td><strong>UNIVERSE: Ever used marijuana (mj_use ≠ 1)</strong>&lt;br&gt;<strong>Have you ever driven a vehicle within 2 hours of using marijuana?</strong>&lt;br&gt;No, never&lt;br&gt;Yes, in the last 30 days&lt;br&gt;Yes, more than 30 days ago&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td><strong>¿Alguna vez ha conducido un vehículo dentro de las primeras 2 horas de haber usado marihuana?</strong>&lt;br&gt;No, nunca&lt;br&gt;Sí, en los últimos 30 días&lt;br&gt;Sí, hace más de 30 días&lt;br&gt;No sabe&lt;br&gt;Se negó a responder</td>
</tr>
<tr>
<td><strong>MARIJUANA USE – PASSENGER</strong>&lt;br&gt;CSTADS ADAPTED&lt;br&gt;MJ_PASS</td>
<td><strong>Have you ever been a passenger in a vehicle driven by someone who had been using marijuana in the last 2 hours?</strong>&lt;br&gt;No, never&lt;br&gt;Yes, in the last 30 days&lt;br&gt;Yes, more than 30 days ago&lt;br&gt;Don’t know&lt;br&gt;Refuse to answer</td>
<td><strong>¿Alguna vez ha sido pasajero de un vehículo conducido por alguien que había usado marihuana en las últimas 2 horas?</strong>&lt;br&gt;No, nunca&lt;br&gt;Sí, en los últimos 30 días&lt;br&gt;Sí, hace más de 30 días&lt;br&gt;No sabe&lt;br&gt;Se negó a responder</td>
</tr>
<tr>
<td>ALCOHOL USE - FREQUENCY CSTADS</td>
<td>In the last 12 months, how often did you have a drink of alcohol that was more than just a sip?</td>
<td>En los últimos 12 meses, ¿con qué frecuencia tomó más de un trago de una bebida alcohólica?</td>
</tr>
<tr>
<td>--------------------------------</td>
<td>-----------------------------------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>ALC_FREQ</td>
<td>A DRINK means: 1 regular sized bottle, can, or draft of beer; 1 glass of wine; 1 bottle or can of cooler; 1 shot of liquor (rum, whiskey, etc.); or 1 mixed drink (1 shot of liquor with pop, juice, energy drink, etc.). I have never drank alcohol I did not drink alcohol in the last 12 months I have only had a sip of alcohol Less than once a month Once a month 2 or 3 times a month Once a week 2 or 3 times a week 4 to 6 times a week Every day I do not know [valid answer] Refuse to answer</td>
<td>UNA BEBIDA ALCOHÓLICA significa: 1 botella, lata o tarro de cerveza de tamaño normal; 1 copa de vino; 1 botella o lata de bebida a base de vino (cooler); 1 shot de alguna bebida alcohólica fuerte (ron, whiskey, etc.), o 1 bebida mezclada (1 shot de bebida alcohólica fuerte con refresco/gaseosa, jugo, bebida energética, etc.). Nunca he tomado alcohol No he tomado alcohol en los últimos 12 meses Sólo he tomado un trago de alcohol Menos de una vez al mes Una vez al mes 2 ó 3 veces al mes Una vez a la semana 2 ó 3 veces a la semana 4 a 6 veces a la semana Todos los días No sabe [respuesta válida] Se negó a responder</td>
</tr>
</tbody>
</table>

| ALCOHOL USE – BINGE DRINKING CSTADS | UNIVERSITY: Drank more than a sip of alcohol in last 12 months (alc_freq=4-10); do not ask if DK/R in the last 12 months, how often did you have ["5" if male / "4" if female] drinks of alcohol or more on one occasion? | UNIVERSITY: Drank more than a sip of alcohol in last 12 months (alc_freq=4-10); do not ask if DK/R En los últimos 12 meses, ¿con qué frecuencia tomó ["5" si es hombre / "4" si es mujer] bebidas alcohólicas o más en una sola ocasión? |
| ALC_BINGE                       | A DRINK means: 1 regular sized bottle, can, or draft of beer; 1 glass of wine; 1 bottle or can of cooler; 1 shot of liquor (rum, whiskey, etc.); or 1 mixed drink (1 shot of liquor with pop, juice, energy drink, etc.). I have never done this I did not have [5/4] or more drinks on one occasion in the last 12 months Less than once a month Once a month 2 to 3 times a month Once a week 2 to 5 times a week Daily or almost daily I do not know [valid answer] Refuse to answer | UNA BEBIDA ALCOHÓLICA significa: 1 botella, lata o tarro de cerveza de tamaño normal; 1 copa de vino; 1 botella o lata de bebida a base de vino (cooler); 1 shot de alguna bebida alcohólica fuerte (ron, whiskey, etc.), o 1 bebida mezclada (1 shot de bebida alcohólica fuerte con refresco/gaseosa, jugo, bebida energética, etc.). Nunca lo he hecho No tomé [5/4] bebidas alcohólicas o más en una sola ocasión en los últimos 12 meses Menos de una vez al mes Una vez al mes 2 a 5 veces al mes Una vez a la semana 2 a 5 veces a la semana Todos los días o casi todos los días No sabe [respuesta válida] Se negó a responder |
### SOCIODEMOGRAPHIC MEASURES

<table>
<thead>
<tr>
<th>DOMAIN</th>
<th>ENGLISH</th>
<th>SPANISH TRANSLATION</th>
</tr>
</thead>
</table>
| ETHNICITY          | **People living in the United States come from many different cultural and racial backgrounds. Are you...** (Select all that apply)  
White  
Black or African-American  
Hispanic or Latino  
Asian or Pacific Islander  
Native American Indian  
Other (please specify): ____________  
Don’t know  
Refuse to answer | **Gente que vive en los Estados Unidos pertinence de diferentes raíces culturales y étnicas. ¿Qué grupo le describe mejor...?** (Seleccione todas las opciones que apliquen)  
Blanco  
Negro o Afroamericano  
Hispano o Latino  
Asiático o isleño del Pacífico  
Indio Americano  
Otro (especificar) _______  
No sabe  
Se negó a responder |
| HISPANIC           | **UNIVERSE: Hispanic or Latino (ETH_USA_hispanic=yes)**  
Hispanic and Latinos use different terms to describe themselves. In general, which one of the following terms do you use to describe yourself most often?** (Select all that apply)  
Mexican  
Mexican-American or Chicano  
Puerto Rican  
Cuban  
Cuban-American  
Other (please specify): ____________  
Don’t know  
Refuse to answer | **UNIVERSE: Hispanic or Latina (ETH_USA_hispanic=yes)**  
Hispanos y Latinos usan diferentes términos para describirse a ellos mismos. Por lo general, ¿cuál de los siguientes términos usa con mayor frecuencia para describirse a usted mismo?** (Seleccione todas las opciones que apliquen)  
Mexicano/a  
Mexicano-Americano o Chicano  
Puertorriqueño/a  
Cubano/a  
Cubano-Americano  
Otro (especificar) _______  
No sabe  
Se negó a responder |
| COUNTRY OF BIRTH   | **Were you born in the United States?**  
Yes  
No  
Don’t know  
Refuse to answer | **¿Nació usted en los Estados Unidos?**  
Sí  
No  
No sabe  
Se negó a responder |
<table>
<thead>
<tr>
<th>HIGHEST EDUCATION</th>
<th>What is the highest level of formal education that you have completed?</th>
<th>¿Cuál es el nivel más alto de estudios formales que usted ha concluido?</th>
</tr>
</thead>
<tbody>
<tr>
<td>EDTC ADAPTED</td>
<td>8th Grade or lower</td>
<td>Secundaria completa o menos</td>
</tr>
<tr>
<td>EDUC_COMP_USA</td>
<td>9th Grade</td>
<td>Primer año de preparatoria/bachillerato (9º. grado de high school)</td>
</tr>
<tr>
<td>EDUC_COMP_USA_OTEXT</td>
<td>10th Grade</td>
<td>Segundo año de preparatoria/bachillerato (10º. grado de high school)</td>
</tr>
<tr>
<td></td>
<td>11th Grade</td>
<td>Tercer año de preparatoria/bachillerato (11º. grado de high school)</td>
</tr>
<tr>
<td></td>
<td>12th Grade / high school diploma</td>
<td>Preparatoria / bachillerato completo (12º. grado / diplomado de high school)</td>
</tr>
<tr>
<td></td>
<td>Associate’s degree or vocational / technical certificate</td>
<td>Estudios técnicos o comerciales</td>
</tr>
<tr>
<td></td>
<td>Bachelor’s degree</td>
<td>Licenciatura o Universidad completa</td>
</tr>
<tr>
<td></td>
<td>University degree above the bachelor’s level (e.g., Master’s, professional school, doctorate)</td>
<td>Título universitario más allá del nivel de licenciatura (por ejem., maestría, escuela profesional, doctorado)</td>
</tr>
<tr>
<td></td>
<td>Other (please specify): ___________</td>
<td>Otro (especificar): ___________</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>PERCEIVED INCOME ADEQUACY</th>
<th>Thinking about your total monthly income, how difficult or easy is it for you to make ends meet?</th>
<th>Pensando en sus ingresos mensuales totales, ¿qué tan difícil o fácil le resulta ganar suficiente dinero para vivir sin deudas?</th>
</tr>
</thead>
<tbody>
<tr>
<td>INCOME_ADEQ</td>
<td>Very difficult</td>
<td>Muy difícil</td>
</tr>
<tr>
<td></td>
<td>Difficult</td>
<td>Difícil</td>
</tr>
<tr>
<td></td>
<td>Neither easy nor difficult</td>
<td>Ni fácil ni difícil</td>
</tr>
<tr>
<td></td>
<td>Easy</td>
<td>Fácil</td>
</tr>
<tr>
<td></td>
<td>Very easy</td>
<td>Muy fácil</td>
</tr>
<tr>
<td></td>
<td>Don’t know</td>
<td>No sabe</td>
</tr>
<tr>
<td></td>
<td>Refuse to answer</td>
<td>Se negó a responder</td>
</tr>
</tbody>
</table>
SUBJECTIVE SOCIAL STATUS
(MacArthur Scales of Subjective Social Status, Bradshaw et al, 2017)

SOC_STATUS

Think of this ladder as representing where people stand in the United States. At the top of the ladder (step 10) are the people who have the most money and education, and the most respected jobs. At the bottom of the ladder (step 1) are the people who have the least money and education, and the least respected jobs or no job.

Where would you place yourself on this ladder? Pick the number for the step that shows where you think you stand at this time in your life, relative to other people in the United States.

[PROGRAMMING NOTE: Insert dropdown list]
10 – Best off
9
8
7
6
5
4
3
2
1 – Worst off
Don’t know
Refuse to answer

Piense que esta escalera es una representación de la posición económica y educativa de las personas en Estados Unidos. En la parte superior de la escalera (escalón 10) están las personas que tienen más dinero y educación, y los trabajos más respetados. En la parte inferior de la escalera (escalón 1) están las personas que tienen menos dinero y educación, y los trabajos menos respetados o ningún trabajo.

¿Dónde cree que estaría usted en esta escalera? Elija el número del escalón que muestra dónde cree que se encuentra en este momento de su vida en relación con otras personas en Estados Unidos.

[PROGRAMMING NOTE: Insert dropdown list]
10 - La mejor posición
9
8
7
6
5
4
3
2
1 - La peor posición
No sabe
Se negó a responder
<table>
<thead>
<tr>
<th>REGION</th>
<th>What state do you live in?</th>
</tr>
</thead>
<tbody>
<tr>
<td>REGION_USA_DKRO</td>
<td>[Insert drop-down list of US states]</td>
</tr>
<tr>
<td>REGION_USA</td>
<td>1. Alabama (AL)</td>
</tr>
<tr>
<td>REGION_USA_OTEXT</td>
<td>2. Alaska (AK)</td>
</tr>
<tr>
<td></td>
<td>3. Arizona (AZ)</td>
</tr>
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<th>¿En qué estado vive usted?</th>
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INTERNATIONAL FOOD POLICY STUDY 2018 – UNITED STATES SURVEY

POSTAL CODE

POSTAL
POSTAL_TEXT USA

Please enter your zip code:
Zip codes help us to understand the food environment where you live. As a reminder, all information you provide will be kept strictly confidential and will never be shared.

Enter: ____________ [format: 5 numeric digits]
Don’t know
-77 Refuse to answer

SELF-REPORTED HEIGHT

HT_UNIT
HT_CM
HT_FT
HT_IN

It is helpful to know the height and weight of survey participants.

How tall are you without shoes?
Would you rather answer in:

Feet and inches
Centimeters

[PROGRAMMER NOTE: show based on response to above]

UNIVERSE: ht_unit=feet and inches
Enter feet: ______ ft [numeric, 2-7]
AND
Enter inches: ______ in [numeric, 0-11]

UNIVERSE: ht_unit= centimetres
Enter centimeters: ______ cm [numeric, 60-250]
### SELF-REPORTED HEIGHT CONFIRMATION

**HT_FTIN_CONF**

**HT_CM_CONF**

*UNIVERSE: ht_unit=feet and inches*

You entered [X] feet and [X] inches. Is that correct?
- Yes
- No – I need to make a correction
- Don’t know
- Refuse to answer

*UNIVERSE: ht_unit= centimetres*

You entered [X] centimeters. Is that correct?
- Yes
- No – I need to make a correction
- Don’t know
- Refuse to answer

### SELF-REPORTED HEIGHT CORRECTION

**HTC_UNIT**

**HTC_FF**

**HTC_IN**

**HTC_CM**

How tall are you without shoes?
Would you rather answer in:
- Feet and inches
- Centimetres
- Don’t know
- Refuse to answer

[PROGRAMMER: show based on response to above]

*UNIVERSE: htc_unit=feet and inches*

Enter feet: _____ ft [numeric, 2-7]
AND
Enter inches: _____ in [numeric, 0-11]

*UNIVERSE: htc_unit= centimetres*

Enter centimetres: _____ cm [numeric, 60-250]

### SELF-REPORTED WEIGHT

**WT_UNIT**

**WT_LB**

**WT_KG**

How much do you weigh without clothes or shoes?
Would you rather answer in:
- Pounds (lb)
- Kilograms (kg)
- Don’t know
- Refuse to answer

[PROGRAMMER: show based on response to above]

*UNIVERSE: wt_unit=pounds*

Enter pounds: _____ lb [numeric]

*UNIVERSE: wt_unit=kilograms*

Enter kilograms: _____ kg [numeric]
**SELF-REPORTED WEIGHT CONFIRMATION**

- **WT_LB_CONF**
  - **WT_KG_CONF**

**UNIVERSE**: wt_unit= pounds

You entered [X] pounds. Is that correct?

- Yes
- No – I need to make a correction
- Don’t know
- Refuse to answer

**UNIVERSE**: wt_unit= kilograms

You entered [X] kilograms. Is that correct?

- Yes
- No – I need to make a correction
- Don’t know
- Refuse to answer

**SELF-REPORTED WEIGHT CORRECTION**

- **WTC_UNIT**
  - **WTC_LB**
  - **WTC_KG**

**UNIVERSE**: wt_lb_conf, or wt_kg_conf= No – I need to make a correction

How much do you weigh without clothes or shoes?

Would you rather answer in:

- Pounds (lb)
- Kilograms (kg)
- Don’t know
- Refuse to answer

[PROGRAMMER: show based on response to above]

**UNIVERSE**: wt_unit= pounds

Enter pounds: ______ lb [numeric]

**UNIVERSE**: wt_unit= kilograms

Enter kilograms: ______ kg [numeric]

**END SCREEN**

You’re finished—thank you!

As a reminder, this study has been reviewed by and received ethics clearance through a University of Waterloo Research Ethics Committee (ORE #30829). If you have any comments or concerns resulting from your involvement please contact the Office of Research Ethics at 519-888-4567, ext. 36005 or ore-ceo@uwaterloo.ca, or Professor David Hammond at 519-888-4567 ext. 36462 or dhammond@uwaterloo.ca.

Click NEXT to return to the survey company’s website.

Thanks again for your help.

**UNIVERSE**: wt_unit= pounds

Usted introdujo [X] libras. ¿Es correcto?

- Sí
- No, necesito hacer una corrección
- No sabe
- Se negó a responder

**UNIVERSE**: wt_unit= kilograms

Usted introdujo [X] kilogramos. ¿Es correcto?

- Sí
- No, necesito hacer una corrección
- No sabe
- Se negó a responder

**UNIVERSE**: wt_lb_conf, or wt_kg_conf= No – I need to make a correction

¿Cuánto pesa sin ropa ni zapatos?

¿Prefiere responder usando…?

- Libras (lb)
- Kilogramos (kg)
- No sabe
- Se negó a responder

[PROGRAMMER: show based on response to above]

**UNIVERSE**: wt_unit= pounds

Escriba las libras: ______ lb [numeric]

**UNIVERSE**: wt_unit= kilograms

Escriba los kilogramos: ______ kg [numeric]

¡Ha terminado! ¡Gracias!

Permítame recordarle que los aspectos éticos del presente estudio fueron revisados y autorizados por el Comité de Ética de la Investigación de la Universidad de Waterloo (ORE #30829). Si tiene comentarios o preguntas resultantes de su participación en el proyecto, favor de comunicarse con la Oficina de Ética de la Investigación, al teléfono 519-888-4567, ext. 36005 o al correo electrónico ore-ceo@uwaterloo.ca o con el Profesor David Hammond al teléfono 519-888-4567 ext. 36462 o al correo electrónico dhammond@uwaterloo.ca.

Haga clic en “SIGUIENTE” para regresar al sitio web de la empresa de encuestas.

Una vez más, gracias por su ayuda.
**REDIRECT TO NIELSEN**

<table>
<thead>
<tr>
<th>You will now be redirected back to the survey company.</th>
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<tbody>
<tr>
<td>Ahora usted se redirige a la empresa de encuestas.</td>
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</table>